

The Company Registration Number is :- 07259502

The Charity Registration Number is :- 1152417

ISHA FOUNDATION

(A company limited by guarantee)

Report and Accounts

31 May 2021

ISHA FOUNDATION

Report and accounts for the year ended 31 May 2021

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ISHA FOUNDATION

Reference and administrative details

Charity name	ISHA FOUNDATION	
Company registration number	07259502	
Charity registration number	1152417	
Principal office	PO Box SL1 3DR 111 Whitby Road Big Yellow Storage Company Ltd Slough England SL1 3DR	
Registered office	PO Box SL1 3DR 111 Whitby Road Big Yellow Storage Company Ltd Slough England SL1 3DR	
Trustees	Rahul Prakash	Appointed 12 March 2021
	Vinod Rao	Appointed 12 March 2021
	Moumita Sen Sarma	
	Nathalie Thome	
	Ellie Zabbal	
	Arun Patel	Resigned 22 April 2021
Bankers	Lawrence C Bloom	Resigned 24 March 2021
	Barclays Bank	
	1 Churchill Place	
	London	
Auditors	E14 5HP	
	Lall Ondhia Ltd	
	Chartered Certified Accountant	
	Charter House	
	8-10 Station Road	
	Manor Park, London	
	E12 5BT	

ISHA FOUNDATION

Trustees' Annual Report for the year ended 31 May 2021

The Trustees present their Report and Accounts for the year ended 31 May 2021.

Objectives and activities of the charity

The purposes of the charity as set out in its governing document.

The primary objective of the charitable Company is to advance the education of the public in the art and practise of yoga and meditation, in particular but not exclusively in Kriya Yoga, Pranayama and Hatha Yoga. The trustees are satisfied that company has achieved its objectives in the year under review.

The main activities undertaken during the year to further the charity's purpose for the public benefit.

Isha Foundation continues to support the wellbeing of general public through the science of yoga and meditations, and even more intensely during the challenging times of coronavirus pandemic. Free Inner Engineering Online programmes for the healthcare workers, heavily discounted online programmes for general public, free webinar sessions, practice support sessions with trained teachers, increased social media presence of Sadhguru's offerings have touched the lives of many thousands of people and it continues to encourage people to focus on their physical, mental and inner well-beings, especially during the challenging external circumstances.

Isha Foundation aims to continue with the above and introduce further use of technology to enhance its core objective of the advancement of the knowledge and education of the public in the art of yoga and meditation.

The trustees confirm that they have complied with the duty in Section 4 of the Charities Act 2011 to have due regard to the Charity Commission's general guidance on public benefit.

The main achievements and performance of the charity during the year.

The outbreak of the Covid19 pandemic since March 2020 has had a profound impact on our programme activities. We have stopped performing all the in-person Yoga Programmes and the operation of all such activities will not be undertaken till it is practically and legally safe for gatherings of people. Due to the pandemic situation, we have developed a new strategic direction to operate mainly through online mode and we made yoga programmes accessible for people via webinars and online recorded sessions.

During such difficult times, we have offered Inner Engineering Online (IEO) programmes free of any cost to all Covid warriors working in healthcare facilities. Furthermore, the rest of the wider public has also been offered these programmes at a reduced rate. There has been a huge uptake of these programmes as well as our other online free meditation offerings. Over 20,000 people participated in IEO programme across 30 UK & Europe countries. Over 5,000 participants attended online initiation into the Shambhavi Mahamudra Meditation practice.

Grace of Yoga, a special online yoga programme was offered with Sadhguru in Mar 2021. The programme offered powerful yogic practices for health and well-being. Over 3,500 participants from UK & Europe attended this online programme.

Sadhguru, Founder of Isha Foundation devised specific yogic practice Simha Kriya that supports the immune system and enhances lung capacity, and its was offered free of cost via online video training.

Sadhguru Exclusive was launched to offer access to rare and unseen footages and videos of Sadhguru's teaching to wider public. There are over 7,500 active subscribers to this site who benefit by having closer access to weekly new videos and learnings.

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Trustees' Annual Report for the year ended 31 May 2021

We have seen rise in the sales of IshaLife products such as yoga accessories, books and other wellbeing products through the website sales during this financial year.

All activities at the Isha Yoga Centre, London had to be closed down due to the Covid lockdown since March 2020. Furthermore, due to the uncertainty surrounding the viability of running that centre in the foreseeable future, a decision was made to opt out of the lease and property was returned to landlord at the end of June 2020.

As we had switched to online mode of working as a way forward, after the requisite procedures on restructuring and adequate considerations by trustees, some of the positions were identified as redundant and the relevant staff members had to be served with appropriate notices.

Fundraising activities during the year.

The charity generates funds mainly from yoga programme fees, sales of yoga accessories and donations from the meditators. There have been no other fundraising activities.

Governance, structure and management of the charity

The methods used to recruit and appoint new charity trustees.

Trustees appointed are recommended by the trustees holding office. Trustees are invited on board once they prove and demonstrate a full understanding of Isha and its objectives.

The chair of the trustees is responsible for the induction of any new trustee which involves awareness of a trustee's responsibilities, the governing document administrative procedures and the history and philosophical approach of the charity. A new trustee would receive copies of the previous year's annual report and accounts, and a copy of the Charity Commission leaflet 'The Essential Trustee: What you Need to Know'.

The policies and procedures for the induction and training of trustees.

Trustees are briefed on their duties, responsibilities and obligations by reference to the guidelines published by the Charity Commission.

The charity's organisational structure.

The Organisation is governed by its Memorandum and Articles of Association.

All the activities of the Isha Foundation are run by dedicated volunteers and few fulltime employees. These include programme promotion, registrations, programme planning, coordination, communication and supporting yoga practices of the participants etc.

There have been a number of changes in personnel and senior management team in the recent year. Mr Arun Patel and Mr Lawrence Bloom resigned as Trustees of the Isha Foundation in April 2021 and March 2021 respectively. Mr Rahul Prakash and Mr Vinod Rao have been appointed as Trustees and Directors in March 2021. Mr Saurabh Jain and Mr Senthil Kaniappan are trained yoga teachers and are Isha Regional Coordinators.

The Charity is managed by the Trustees supported by the Regional Co-ordinators, employees, volunteers - both dedicated and part time.

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Trustees' Annual Report for the year ended 31 May 2021

Risk management

Risks relating to effective and efficient management of the Foundation's resources are regularly monitored by the management and the trustees. Adequate procedures and controls have been put into place to cover these and in particular risks related to the governance, operations and financial matters.

Financial review

The charity's financial position at the end of the year ended 31 May 2021

The financial position of the charity at 31 May 2021 and comparatives for the prior period, as more fully detailed in the accounts, can be summarised as follows:-

	2021	2020
	£	£
Net Income before revaluation	1,672,810	506,297
Revaluation gain during the year	-	-
Net income	1,670,810	506,297
Unrestricted Revenue Funds available for the general purposes of the charity	3,434,144	1,783,844
Total Funds	3,421,462	1,783,844

Financial review of the position at the reporting date, 31 May 2021 .

The trustees are committed to maintain an adequate, justified and reasonable level of reserve in line with the guidance from the Charity Commission and governing documents. It is trustees' aim to ensure that reserves are available equivalent to at least twelve month's running cost.

Policies on reserves.

Reserves are held to fund the charity's future growth plans and to ensure that the programmes would run without any financial challenges for minimum of twelve months during these uncertain times. Funds would also be required to service the exponential growth expected over the next few years.

Availability and adequacy of assets of each of the funds

The board of trustees is satisfied that the charity's assets in each fund are available and adequate to fulfil its obligations in respect of each fund.

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Trustees' Annual Report for the year ended 31 May 2021

Plans For the Future

Isha Foundation is now offering more online yoga tools and webinar sessions to support general wellbeing of public during these challenging times. Steps are taken to reach a much wider public by offering these programmes in many different languages. Sadhguru, Founder of Isha Foundation is connecting with public more closely with the use of social media platforms and raising their inner awareness as well as on the improvement of their mental and physical well-being.

The traffic for Isha's core programmes such as Inner Engineering and other online offerings is expected to increase many folds over the next years. We plan to reopen the in-person programmes and we may first restart with the Hatha Yoga Programmes initially once it is safe for gathering people.

We hired legal counsel, Bates Wells to advise on Isha's legal structure to operate within UK & Europe. Based on the advice, we will be restructuring Isha entities in the UK in the next financial year. We plan to set-up a separate UK trading entity for the IshaLife activities called IshaLife Limited. This will be a wholly owned subsidiary of Isha Foundation, charitable entity. We also plan to merge Isha Institute of Inner Sciences (UK charity- 1116816) with the Isha Foundation next-year.

Statement as to disclosure of information to auditors

The trustees state that so far as each of the trustees at the time, this report is approved and are aware:-

- a) There is no relevant audit information of which the auditors are unaware, and
- b) The trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and establish that the auditors are aware of that information.

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Trustees' Annual Report for the year ended 31 May 2021

Statement of Trustees' Responsibilities

The trustees (who are also the directors of Isha Foundation for the purposes of Company law) are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which gives a true and fair view of the affairs of the charitable company and the incoming resources and application of the resources, including the net income or expenditure, of the charitable company for the year.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgments and accounting estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue to operate.

The trustees are responsible for keeping adequate accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and which enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report was approved by the board of trustees on 18.2.22


R. Prakash
Trustee

ISHA FOUNDATION

Independent auditors' report to the trustees of ISHA FOUNDATION

Opinion

We have audited the financial statements of Isha Foundation (the 'charity') for the year ended 31 May 2021 which comprise Statement of Financial Activities, Balance Sheet and notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 The Financial Reporting Standard applicable in the UK and Republic of Ireland (United Kingdom Generally Accepted Accounting Practice).

In our opinion, the financial statements:

- give a true and fair view of the state of the charity's affairs as at 31 May 2021 and of its incoming resource and application of resources for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the entity's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The trustees are responsible for the other information. The other information comprises the information included in the Trustees Annual Report other than the financial statements and our auditor's report thereon. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon. In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Opinions on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the trustees' report for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the trustees' report has been prepared in accordance with applicable legal requirements.

ISHA FOUNDATION

Independent auditors' report to the trustees of ISHA FOUNDATION

Matters on which we are required to report by exception

In the light of the knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the trustees' report.

We have nothing to report in respect of the following matters in relation to which the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept, or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit.

Responsibilities of trustees

As explained more fully in the trustees' responsibilities statement within the trustees' annual report the trustees are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charity or to cease operations, or have no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

The following laws and regulations were identified as being of significance to the entity:

- Those laws and regulations considered to have a direct effect on the financial statements include UK financial reporting standards, Company Law, Charity Law, Money Laundering legislation, and Data Protection legislation.

Audit procedures undertaken in response to the potential risks relating to irregularities (which include fraud and non-compliance with laws and regulations) comprised of: inquiries of management and those charged with governance as to whether the entity complies with such laws and regulations; enquiries with the same concerning any actual or potential litigation or claims; review of minutes; testing the appropriateness of entries in the nominal ledger, including journal entries; reviewing transactions around the end of the reporting period; and the performance of analytical procedures to identify unexpected movements in account balances which may be indicative of fraud.

No instances of material non-compliance were identified. However, the likelihood of detecting irregularities, including fraud, is limited by the inherent difficulty in detecting irregularities, the effectiveness of the entity's controls, and the nature, timing and extent of the audit procedures performed. Irregularities that result from fraud might be inherently more difficult to detect than irregularities that result from error. As explained above, there is an unavoidable risk that material misstatements may not be detected, even though the audit has been planned and performed in accordance with ISAs (UK).

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at: <https://www.frc.org.uk/auditorsresponsibilities>. This description forms part of our auditor's report.

ISHA FOUNDATION

Independent auditors' report to the trustees of ISHA FOUNDATION

Use of our report

This report is made solely to the charity's trustees, as a body, in accordance with Part 4 of the Charities (Accounts and Reports) Regulations 2008. Our audit work has been undertaken so that we might state to the charity's trustees those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charity and the charity's trustees as a body, for our audit work, for this report, or for the opinions we have formed.



Harsh Karitilal Ondhia
(Senior Statutory Auditor)
for and on behalf of
Lall Ondhia Ltd
Chartered Certified Accountant
Accountants and Statutory Auditors
Date: 18/12/22

Charter House
8-10 Station Road
Manor Park
London
E12 5BT

ISHA FOUNDATION - Statement of Financial Activities for the year ended 31 May 2021

Statement of Financial Activities for the year ended 31 May 2021

	Current year Unrestricted Funds	Current year Restricted Funds	Current year Total Funds	Prior Year Total Funds
	2021	2021	2021	2020
	£	£	£	£
Income				
Donations	167,834	10,682	178,316	27,000
Charitable activities	3,322,906	-	3,322,906	2,283,699
Investments	2,166	-	2,166	1,932
Total income	3,492,706	10,682	3,503,388	2,312,631
Expenditures				
Charitable activities	1,782,456	12,682	1,795,138	1,778,734
Governance cost	37,440	-	37,440	27,600
Total expenditure	1,819,896	12,682	1,832,578	1,806,334
Net income for the year	1,672,810	(2,000)	1,670,810	506,297
Net income after transfers	1,672,810	(2,000)	1,670,810	506,297
Net movement in funds	1,672,810	(2,000)	1,670,810	506,297
Total funds brought forward	1,781,844	2,000	1,783,844	1,277,547
Prior period adjustments	(20,510)		(20,510)	
Total funds carried forward	3,434,144	-	3,434,144	1,783,844

The notes attached on pages 15 to 23 form an integral part of these accounts.

ISHA FOUNDATION - Statement of Financial Activities for the year ended 31 May 2021

Statement of Financial Activities for the year ended 31 May 2020

	Prior Year Unrestricted Funds 2020 £	Prior Year Restricted Funds 2020 £	Prior Year Total Funds 2020 £
Income from:			
Donations	25,000	2,000	27,000
Charitable activities	2,283,699	-	2,283,699
Investments	1,932	-	1,932
Total income	2,310,631	2,000	2,312,631
Expenditure on:			
Charitable activities	1,778,734	-	1,778,734
Governance costs	27,600	-	27,600
Total expenditure	1,806,334	-	1,806,334
Net income for the year	504,297	2,000	506,297
Net income after transfers	504,297	2,000	506,297
Net movement in funds	504,297	2,000	506,297
Reconciliation of funds:-			
Total funds brought forward	1,277,547	-	1,277,547
Total funds carried forward	1,781,844	2,000	1,783,844

The notes attached on pages 15 to 23 form an integral part of these accounts.

ISHA FOUNDATION - Balance Sheet as at 31 May 2021

	Notes	2021 £	2020 £
Fixed assets			
Tangible assets	5	28,510	38,147
Current assets			
Debtors	6	23,714	84,004
Stock		208,026	274,105
Cash at bank and in hand		3,316,163	1,670,605
Total current assets		<u>3,547,903</u>	<u>2,028,714</u>
Creditors: amounts falling due within one year	7	<u>(131,832)</u>	<u>(263,941)</u>
Net current assets		3,416,071	1,764,773
		<u>3,444,581</u>	<u>1,802,920</u>
Total assets less current liabilities			
Creditors: amounts falling due after more than one year	8	(10,437)	(19,076)
The total net assets of the charity		<u>3,434,144</u>	<u>1,783,844</u>
The total net assets of the charity are funded by the funds of the charity, as follows:-			
Restricted funds			
Restricted Revenue Funds	10	-	2,000
Unrestricted Funds			
Unrestricted Revenue Funds	10	3,434,144	1,781,844
Designated Funds			
Total charity funds		<u>3,434,144</u>	<u>1,783,844</u>

Approved by the board of trustees on 18.2.22


R Prakash
Trustee

The notes attached on pages 15 to 23 form an integral part of these accounts.

ISHA FOUNDATION

Cash Flow Statement for the year ended 31 May 2021

	2021 £	2020 £
Cash flows from operating activities		
Net cash provided by operating activities as shown below	<u>1,645,558</u>	<u>537,510</u>
Cash flows from investing activities		
Proceeds from sale of property, plant and equipment	-	(29,418)
Net cash used in investing activities	<u>-</u>	<u>(29,418)</u>
Cash flows from financing activities		
Capital repayments	-	19,076
Net cash provided by financing activities	<u>-</u>	<u>19,076</u>
Overall cash provided by all activities	<u>1,645,558</u>	<u>527,168</u>
Cash movements		
Change in cash and cash equivalents from activities in the year ended 31 May 2021	1,645,558	527,168
Cash and cash equivalents at 1 June 2020	1,670,605	1,143,437
Cash at bank and in hand less overdrafts at 31 May	<u>3,316,163</u>	<u>1,670,605</u>

ISHA FOUNDATION

Cash Flow Statement for the year ended 31 May 2021

Reconciliation of net income to net cash flow from operating activities

Net income as shown in the Statement of Financial Activities	1,670,810	506,297
Adjustments for :-		
Depreciation charges	7,629	37,273
Loss on the sale of Fixed and Intangible Assets	2,008	-
Other gains and losses-Prior year adjustments	(20,510)	-
Decrease/(increase) in stocks	66,079	(98,140)
Decrease/(increase) in debtors	60,290	(37,546)
(Decrease)/increase in creditors, excluding loans	(140,748)	129,628
Increase in provisions	-	-
Net cash provided by operating activities	1,645,558	537,510
Analysis of cash and cash equivalents		
	2021	2020
	£	£
Cash in hand at for the year ended 31 May 2021	3,316,163	1,670,605
Total cash and cash equivalents	3,316,163	1,670,605

ISHA FOUNDATION

Notes to the Accounts for the year ended 31 May 2021

1 Accounting policies

Basis of preparation and accounting convention

The accounts have been prepared on the accruals basis, in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (Charities SORP (FRS102)) and the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

They also comply with the Companies Act 2006 and the Charities Act 2011.

The trust constitutes a public benefit entity as defined by FRS102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

Income recognition

Donations are recognised where there is entitlement, certainty of receipt and the amount can be measured with sufficient reliability.

Investment income is recognised on a receivable basis.

Income from charitable activities include income recognised as earned (as the related goods or services are provided) under contract, and recognised where there is entitlement, certainty of receipt and the amount can be measured with sufficient reliability.

All income is accounted for gross, before deducting any related fees or costs.

Recognition of liabilities and expenditure

A liability, and the related expenditure, is recognised when a legal or constructive obligation exists as a result of a past event, and when it is more likely than not that a transfer of economic benefits will be required in settlement, and when the amount of the obligation can be measured or reliably estimated.

Charitable expenditures comprise those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be directly allocated to such activities and those costs of an indirect nature necessary to support them.

Tangible fixed asset and depreciation

All gains on fixed asset revaluations, whether realised or unrealised, are included in the Statement of Financial Activities.

Depreciation

Depreciation is provided on tangible fixed assets so as to write off the cost less any estimated residual value, over their expected useful economic life as follows:

ISHA FOUNDATION

Notes to the Accounts for the year ended 31 May 2021

Stock

Stocks are valued at the lower of cost and net realisable value after making due allowance for obsolete and slow moving items.

Debtors

Trade debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost using the effective interest method, less provision for impairment. A provision for impairment of trade debtors is established when there is objective evidence that the charity will not be able to collect all amount due according to the original terms of receivables.

Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short term liquid investments with original maturities of three months or less and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

Creditors

Trade creditors are recognised initially at the transaction price. They are subsequently measured at amortised cost using the effective interest method. Short term trade creditors are measured at the transaction price. Other financial liabilities, including bank loans, are measured at fair value, net of transaction costs, and are measured subsequently at amortised cost using effective interest method.

Taxation

The charity is exempt from corporation tax on income and gains falling within section 505 of the Taxes Act 1988 or section 252 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects.

Hire purchase

Assets obtained under hire purchase contracts are capitalised in the balance sheet and are depreciated over their estimated useful lives.

The interest element of these obligation is charged to the statement of financial activities over the relevant period. The capital element of the future payments is treated as a liability.

Fund accounting

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of an appeal or as implied by law.

2 Net surplus before tax in the financial year

	2021	2020
	£	£
The net surplus before tax in the financial year is stated after charging:-		
Depreciation of owned fixed assets	3,432	32,027
Depreciation of assets held under finance leases and hire purchase contracts	4,197	5,245
Auditors' remuneration for non audit work	-	1,200
Auditors' remuneration	9,000	2,100

ISHA FOUNDATION

Notes to the Accounts for the year ended 31 May 2021

3 Interest payable

	2021 £	2020 £
Hire Purchase interest	888	518
	<u>888</u>	<u>518</u>

4 Staff costs and emoluments

Salary costs

	2021 £	2020 £
Salaries	464,033	462,176
Social security costs	51,915	-
Pension costs	7,115	-

Total salaries, wages and related costs

<u>523,063</u>	<u>462,176</u>
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Average number of employees

<u>11</u>	<u>16</u>
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The number of employees whose employee benefits (excluding employer pension costs) exceeded £60,000 was :

	2021	2020
£60,001 - £70,000	2	1
£70,001 - £80,000	Nil	1
	<u>2</u>	<u>2</u>

5 Tangible fixed assets

	Plant & Machinery £	Motor Vehicles £	Total £
Cost			
At 1 June 2020	31,119	26,229	57,348
Disposals	(3,922)	-	(3,922)
At 31 May 2021	<u>27,197</u>	<u>26,229</u>	<u>53,426</u>
Depreciation			
At 1 June 2020	13,955	5,246	19,201
Charge for the year	3,432	4,197	7,629
On disposals	(1,914)	-	(1,914)
At 31 May 2021	<u>15,473</u>	<u>9,443</u>	<u>24,916</u>
Net book value			
At 31 May 2021	<u>11,724</u>	<u>16,786</u>	<u>28,510</u>
At 31 May 2020	<u>17,164</u>	<u>20,983</u>	<u>38,147</u>

ISHA FOUNDATION

Notes to the Accounts for the year ended 31 May 2021

6 Debtors

	2021	2020
	£	£
Prepayments and accrued income	23,714	84,004
	<u>23,714</u>	<u>84,004</u>

7 Creditors: amounts falling due within one year

	2021	2020
	£	£
Accruals	9,000	3,406
Trade creditors	7,616	44,295
Other creditors	1,935	-
Deferred Income - Unrestricted & designated funds	45,630	214,561
Finance lease and HP contracts	4,320	-
PAYE, NIC VAT and other taxes	63,331	1,679
	<u>131,832</u>	<u>263,941</u>

8 Creditors: amounts falling due after one year

	2021	2020
	£	£
Finance lease and HP contracts	10,437	19,076
	<u>10,437</u>	<u>19,076</u>

9 Net assets by fund

At 31 May 2021

	Unrestricted funds	Designated funds	Restricted funds	Total Funds
	£	£	£	£
Tangible Fixed Assets	28,510	-	-	28,510
Current Assets	3,547,903	-	-	3,547,903
Creditors falling due within one year	(131,832)	-	-	(131,832)
Creditors falling due after more than one year	(10,437)	-	-	(10,437)
	<u>3,434,144</u>	<u>-</u>	<u>-</u>	<u>3,434,144</u>

At 1 June 2020

	Unrestricted funds	Designated funds	Restricted funds	Total Funds
	£	£	£	£
Tangible Fixed Assets	38,147	-	-	38,147
Current Assets	2,028,714	-	-	2,028,714
Creditors falling due within one year	(263,941)	-	-	(263,941)
Creditors falling due after more than one year	(19,076)	-	-	(19,076)
	<u>1,783,844</u>	<u>-</u>	<u>-</u>	<u>1,783,844</u>

ISHA FOUNDATION

Notes to the Accounts for the year ended 31 May 2021

10 Change in total funds over the year as shown in Note 9, analysed by individual funds

	Funds brought forward from 2020	Movement in funds in 2021	Prior Year Adjustments in 2021	Funds carried forward to 2022
	£	See Note 11 £	£	£
Unrestricted and designated funds:-				
Unrestricted Revenue Funds	1,781,844	1,672,810	(20,510)	3,434,144
Total unrestricted and designated funds	1,781,844	1,672,810	(20,510)	3,434,144
Restricted funds:-				
Restricted Revenue Funds	2,000	(2,000)	-	-
Total restricted funds	2,000	(2,000)	-	-
Total charity funds	1,783,844	1,670,810	(20,510)	3,434,144

Change in total funds over the year as shown in Note 9, analysed by individual funds - prior year

	Funds brought forward from 2019	Movement in funds in 2020	Transfers between funds in 2020	Funds carried forward to 2021
	£	See Note 11 £	£	£
Unrestricted and designated funds:-				
Unrestricted Revenue Funds	1,277,547	504,297	-	1,781,844
Unrestricted Revaluation Reserve	-	-	-	-
Total unrestricted and designated funds	1,277,547	504,297	-	1,781,844
Restricted funds:-				
Restricted Revenue Funds	-	2,000	-	2,000
Total restricted funds	-	2,000	-	2,000
Total charity funds	1,277,547	506,297	-	1,783,844

ISHA FOUNDATION

Notes to the Accounts for the year ended 31 May 2021

11 Analysis of movements in funds over the year as shown in Note 10

	Income	Expenditure	Other Gains & Losses	Movement in funds
	2021	2021	2021	2021
	£	£	£	£
Unrestricted and designated funds:-				
Unrestricted Revenue Funds	3,492,706	(1,819,896)	-	1,672,810
Restricted funds:-				
Restricted Revenue Funds	10,682	(12,682)	-	(2,000)
	3,503,388	(1,832,578)	-	1,670,810

Analysis of movements in funds over the year as shown in Note 10 - prior year

	Income	Expenditure	Other Gains & Losses	Movement in funds
	2020	2020	2020	2020
	£	£	£	£
Unrestricted and designated funds:-				
Unrestricted Revenue Funds	2,310,631	1,806,334	-	504,297
Restricted funds:-				
Restricted Revenue Funds	2,000	-	-	2,000
	2,312,631	1,806,334	-	506,297

ISHA FOUNDATION

Notes to the Accounts for the year ended 31 May 2021

12 Income from Donations

	Current year Unrestricted Funds 2021 £	Current year Restricted Funds 2021 £	Current year Total Funds 2021 £	Prior Year Total Funds 2020 £
Donations and gifts				
Donations and gifts from individuals	6,740	-	6,740	27,000
Government grants (CJRS)	160,894	-	160,894	-
Council grants	-	10,682	10,682	-
Total income from donations	167,634	10,682	178,316	27,000

13 Income from charitable activities

	Current year Unrestricted Funds 2021 £	Current year Restricted Funds 2021 £	Current year Total Funds 2021 £	Prior Year Total Funds 2020 £
Primary purpose and ancillary trading				
Promoting yoga	2,818,460	-	2,818,460	1,873,241
Books and merchandise sales	504,446	-	504,446	410,458
Total from charitable activities	3,322,906	-	3,322,906	2,283,699

14 Investment income

	Current year Unrestricted Funds 2021 £	Current year Restricted Funds 2021 £	Current year Total Funds 2021 £	Prior Year Total Funds 2020 £
Bank interest receivables	2,166	-	2,166	1,932
Total investment income	2,166	-	2,166	1,932

ISHA FOUNDATION

Notes to the Accounts for the year ended 31 May 2021

15 Expenditure on charitable activities - Direct spending

	Current year Unrestricted Funds 2021 £	Current year Restricted Funds 2021 £	Current year Total Funds 2021 £	Prior Year Total Funds 2020 £
Gross wages and salaries - charitable activities	523,063	-	523,063	462,176
Travel and Subsistence - Charitable Activities	3,586	-	3,586	96,759
Promoting Yoga	484,689	12,682	497,371	69,322
Consultancy fees	122,791	-	122,791	123,602
Total direct spending	1,134,129	12,682	1,146,811	751,859

16 Expenditure on charitable activities - Charitable trading

	Current year Unrestricted Funds 2021 £	Current year Restricted Funds 2021 £	Current year Total Funds 2021 £	Prior Year Total Funds 2020 £
Books, DVD and materials	426,901	-	426,901	431,398
Total charitable trading costs	426,901	-	426,901	431,398

17 Support costs for charitable activities

	Current year Unrestricted Funds 2021 £	Current year Restricted Funds 2021 £	Current year Total Funds 2021 £	Prior Year Total Funds 2020 £
Venue hire and office services	66,411	-	66,411	382,783
Office and program supplies	88,201	-	88,201	153,929
Equipment, repairs, expenses and Insurance	3,317	-	3,317	8,947
Bank charges	9,279	-	9,279	9,200
Hire Purchase interest	45,701	-	45,701	2,827
Depreciation & Amortisation in total	888	-	888	518
Total support costs	7,629	-	7,629	37,273

ISHA FOUNDATION

Notes to the Accounts for the year ended 31 May 2021

18 Other Expenditure - Governance costs

	Current year Unrestricted Funds	Current year Restricted Funds	Current year Total Funds	Prior Year Total Funds
	2021	2021	2021	2020
	£	£	£	£
Auditor's fees	9,000	-	9,000	2,100
Accountancy fees	-	-	-	25,500
Legal and professional fees	28,440	-	28,440	-
Total governance costs	37,440	-	37,440	27,600

19 Total Charitable expenditure

	Current year Unrestricted Funds	Current year Restricted Funds	Current year Total Funds	Prior Year Total Funds
	2021	2021	2021	2020
	£	£	£	£
Total direct spending	1,134,129	12,682	1,146,811	751,859
Total charitable trading costs	426,901	-	426,901	431,398
Total support costs	221,426	-	221,426	595,477
Total governance costs	37,440	-	37,440	27,600
Total charitable expenditure	1,819,896	12,682	1,832,578	1,806,334

20 Related parties

Isha Foundation is run on the aims and objectives as practised by Isha Foundation India although both the organisations run independently of each other.

21 Trustees' remuneration and expenses

There are no trustees remunerated or paid expenses during the year. (2020:Nil)

22 Ultimate controlling party

The charity is not under the control of any ultimate controlling party, the trustees collectively controls the charity.