

HELPING OLDER PEOPLE NEW FOREST

England & Wales · Charity number 1152294

Details

Status Registered

Legal form Charitable company

Company number [08326735](#)

Registered 2013-06-05

Register [View on the Charity Commission register](#)

Contact

Address 1a Kingsbury's Lane
Ringwood
Hampshire
BH24 1EL

Phone 01425 705995

Email contact@hopenewforest.org

Website www.hopenewforest.org

Activities

Objects: TO PROMOTE THE FOLLOWING PURPOSES FOR THE BENEFIT OF THE PUBLIC AND/OR OLDER PEOPLE IN AND AROUND THE NEW FOREST IN HAMPSHIRE1. ASSISTING OLDER PEOPLE IN NEED BY REASON OF ILL HEALTH, DISABILITY, FINANCIAL HARDSHIP, SOCIAL EXCLUSION OR OTHER DISADVANTAGE; AND2. SUCH OTHER CHARITABLE PURPOSES FOR THE BENEFIT OF OLDER PEOPLE AS THE TRUSTEES MAY FROM TIME TO TIME DECIDE, THE OUTCOME OF THIS BEING THE PROMOTION OF THE WELLBEING OF OLDER PEOPLE.

Activities: Charity helping older people in the New Forest

Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** The Prevention Or Relief Of Poverty, Other Charitable Purposes
- **Who:** Elderly/old People

Geography

- Hampshire

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£203,774	£184,355	-	-
2024-03-31	£131,109	£139,253	-	-
2023-03-31	£131,109	£135,235	-	-
2022-03-31	£92,741	£123,434	-	-
2021-03-31	£132,389	£103,326	-	-

Trustees

Name	Role	Appointed
CHARLES WILLIAM DAULBY		2025-03-17
DONALD NEIL WILLIAM TWEEDDALE TUNGATE		2013-06-05
MARIE MORGAN		2021-02-25
STEPHEN ROBERT WILLIAMS		2013-06-05

Accounts

HELPING OLDER PEOPLE NEW FOREST
(A Company Limited By Guarantee)

Registered Company No: 08326735 (England and Wales)
Registered Charity No: 1152294

REPORT OF THE TRUSTEES AND
FINANCIAL STATEMENTS FOR THE YEAR ENDED
31 March 2025

HELPING OLDER PEOPLE NEW FOREST

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HELPING OLDER PEOPLE NEW FOREST

REFERENCE AND ADMINISTRATIVE DETAILS

Charity Number	1152294
Registered Company Number	08326735 (England and Wales)
Principal Address	1a Kingsburys Lane Ringwood BH24 1EL
Trustees	Mr D N W Tungate Mr S R Williams Mrs M Morgan Mr C W Daulby
Directors	Mr D N W Tungate Mr S R Williams Mrs M Morgan Mr C W Daulby
Accountants and Independent Examiners	MB Accountancy

HELPING OLDER PEOPLE NEW FOREST

TRUSTEES' ANNUAL REPORT

FOR THE YEAR ENDED 31 MARCH 2025

Objectives and Activities

The charitable objectives of the Charity as set out in our governing document are to promote the following purposes for the benefit of the public and/or older people in and around the New Forest in Hampshire:

- assisting older people in need by reason of ill health, disability, financial hardship, social exclusion or other disadvantage; and
- such other charitable purposes for the benefit of older people as the trustees may from time to time decide, the outcome of this being the promotion of the wellbeing of older people.

The Charity's overall aim is to deliver good quality, sustainable services to older people, their carers, friends and relatives by virtue of information, advice and befriending. Services are provided by fully trained advisers. The Charity also runs a befriending service. All services are safe, impartial, fully accessible, confidential and user friendly.

The Charity has developed our approaches based on our charitable objectives as follows:

- support in terms of need, bereavement, loneliness and isolation
- older people are supported to live independently
- older people are less likely to use health and care services
- assist pensioners with financial matters including benefits and the filling in of forms
- older people are supported to engage with local service delivery

The trustees in complying with these duties report that the Charity works to provide benefit to older people, their carers, friends and relatives in the New Forest. It does this by providing services to meet known needs. Services are open and accessible and involve the local community, and are free at the point of delivery. The Charity works cooperatively with other organisations to maximise public benefit.

Achievements and Performance

The trustee board met on four occasions during the period and the trustees attendance at the meetings were:

Mr D N W Tungate	4 of 4
Mr S R Williams	4 of 4
Mrs M Morgan	4 of 4
Mr C W Daulby	4 of 4

As always, our fundraising team have been busy seeking funding to cover both the cost of providing services and core funding. We make many applications for grants and began the year with a successful award from a very supportive foundation. A key element of our core funding comes from our two shops at New Milton and Ringwood and so we have been carefully monitoring shop income and costs throughout the year.

HELPING OLDER PEOPLE NEW FOREST

TRUSTEES' ANNUAL REPORT

FOR THE YEAR ENDED 31 MARCH 2025

We provide two vital services for older people in the western side of the New Forest. Although ours is often thought of as an affluent area, there is widespread isolation and loneliness among older residents. This is where our befrienders and service comes in.

Our other service is support which gives advice, information and help on a wide range of issues such as access to health and social care, housing, finance and benefits. We maintain a 'drop in' arrangement at New Milton but the bulk of the service is delivered by home visits.

Overall, it has been another positive and successful year.

Financial Review

We have maintained a satisfactory financial position but would like to increase our level of reserves when possible.

Structure, Governance and Management

The Company was incorporated on 11 December 2012 as a charitable company limited by guarantee and not having a share capital. The Charity has no current members.

Statement of Trustees Responsibilities

The trustees (who are also the directors of the Charity for the purposes of company law) are responsible for preparing the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial period which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to:

- select suitable accounting practices and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

HELPING OLDER PEOPLE NEW FOREST

TRUSTEES' ANNUAL REPORT

FOR THE YEAR ENDED 31 MARCH 2025

In so far as the trustees are aware:

- there is no relevant examination information of which the charitable company's examiners are unaware; and
- the trustees have taken all steps that they ought to have taken to make themselves aware of any relevant examination information and to establish that the examiners are aware of that information.

Signed on Behalf of the Board of Trustees:

A handwritten signature in black ink, appearing to read 'S R Williams', written over a dotted line.

Mr S R Williams

Chairman

Date: 27 November 2025

HELPING OLDER PEOPLE NEW FOREST

INDEPENDENT EXAMINER'S REPORT **FOR THE YEAR ENDED 31 MARCH 2025**

I report to the trustees on my examination of the accounts (set out on Pages 6 to 11) of the above charity ("the Trust").

Responsibilities and Basis of Report

As the Charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

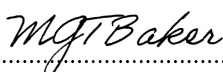
I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent Examiner's Statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act;
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.


.....

Mr M G T Baker

MB Accountancy

Date: 27 November 2025

HELPING OLDER PEOPLE NEW FOREST

STATEMENT OF FINANCIAL ACTIVITIES

FOR THE YEAR ENDED 31 MARCH 2025

	Note	Unrestricted Funds £	Restricted Funds £	Endowment Funds £	2025 Total Funds £	2024 Total Funds £
Incoming Resources	2					
Grants and Donations		42,480	45,150	-	87,630	44,298
Charitable Activities		116,144	-	-	116,144	106,568
Other Income		-	-	-	-	669
Total Incoming Resources		158,624	45,150	-	203,774	151,535
Resources Expended	3					
Premises Costs		32,898	-	-	32,898	28,366
Administration Expenses		39,432	8,526	-	47,958	34,787
Charitable Activities		70,932	29,559	-	100,491	77,299
Legal and Professional		1,200	-	-	1,200	1,414
Finance Costs		1,466	-	-	1,466	1,564
Depreciation		342	-	-	342	741
Total Resources Expended		146,270	38,085	-	184,355	144,171
Net Income/(Expenditure)		12,354	7,065	-	19,419	7,364
Other Recognised Gains/(Losses)		-	-	-	-	-
Net Movement in Funds		12,354	7,065	-	19,419	7,364
Reconciliation of Funds						
Total Funds Brought Forward		-4,120	14,518	-	10,398	3,034
Total Funds Carried Forward		8,234	21,583	-	29,817	10,398

All activities for the current period derive from continuing operations. None of the Company's activities were acquired or discontinued during the year and there were no recognised gains and losses for 2025 or 2024 other than those included in the Statement of Financial Activities.

The notes on Pages 8 to 12 form an integral part of these accounts.

HELPING OLDER PEOPLE NEW FOREST

BALANCE SHEET

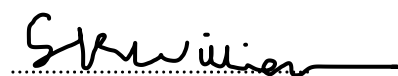
AS AT 31 MARCH 2025

	Note	Unrestricted Funds £	Restricted Funds £	Endowment Funds £	2025 Total Funds £	2024 Total Funds £
Fixed Assets						
Tangible Assets	5	732	-	-	732	207
Current Assets						
Stocks	6	2,850	-	-	2,850	3,500
Debtors	7	11,430	-	-	11,430	9,592
Cash at Bank and in Hand	8	25,153	21,583	-	46,736	28,394
		39,433	21,583	-	61,016	41,486
Creditors	9	1,931	-	-	1,931	1,295
		1,931	-	-	1,931	1,295
Net Current Assets/(Liabilities)		37,502	21,583	-	59,085	40,191
Creditors: Amounts Falling Due After One Year	9	30,000	-	-	30,000	30,000
Total Net Assets/(Liabilities)		8,234	21,583	-	29,817	10,398
Total Funds		8,234	21,583	-	29,817	10,398

- For the financial year in question the company was entitled to exemption under Section 477 of the Companies Act 2006 relating to small companies.
- No members have required the company to obtain an audit of its accounts for the year in question in accordance with Section 476 of the Companies Act 2006.
- The directors acknowledge their responsibility for complying with the requirements of the Act with respect to accounting records and for the preparation of accounts.

The accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

Approved by the Trustees and Signed on Their Behalf by:



Mr S R Williams (Chairman)

Date: 27 November 2025

HELPING OLDER PEOPLE NEW FOREST

NOTES TO THE FINANCIAL STATEMENTS

1 Accounting Policies

(a) Basis of Accounting

These financial statements have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these financial statements.

The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their financial statements in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014 and with the Charities Act 2011.

The Charity constitutes a public benefit entity as defined by FRS 102.

(b) Going Concern

There are no concerns about the Charity's ability to continue as a going concern.

(c) Recognition of Income

Grants and Donations

Grants and donations are only included in the SoFA when the general income recognition criteria are met (5.10 to 5.12 FRS102 SORP).

Tax Reclaims on Donations and Gifts

Gift Aid receivable is included in income when there is a valid declaration from the donor. Any Gift Aid amount recovered on a donation is considered to be part of that gift and is treated as an addition to the same fund as the initial donation unless the donor or the terms of the appeal have specified otherwise.

Charitable Activities

These are included in the Statement of Financial Activities (SoFA) when the Charity becomes entitled to the resources, it is more likely than not that the trustees will receive the resources and the monetary value can be measured with sufficient reliability.

(d) Stock

Stocks held for sale as part of charitable trade are measured at the lower of cost or net realisable value.

(e) Liability Recognition

Liabilities are recognised where it is more likely than not that there is a legal or constructive obligation committing the Charity to pay out resources and the amount of the obligation can be measured with reasonable certainty.

(f) Resources Expended

Costs have been allocated based on how they were consumed in relation to each activity. The allocation of expenditure is shown in note 3.

HELPING OLDER PEOPLE NEW FOREST

NOTES TO THE FINANCIAL STATEMENTS

(g) Tangible Assets

These are capitalised if they can be used for more than one year and cost at least £250. They are valued at cost and the depreciation rates and methods used are as follows:

Premises	Over Lease Term
Computers	25% Straight Line Basis
Fixtures and Fittings	20% Straight Line Basis
Office Equipment	20% Straight Line Basis

2 Allocation of Income

	Shops	Fundraising	Befriending Service	Support Service	Total Costs
	£	£	£	£	£
Grants and Donations	-	42,480	30,225	14,925	87,630
Charitable Activities	114,194	1,950	-	-	116,144
Other Income	-	-	-	-	-
Total Income	114,194	44,430	30,225	14,925	203,774

3 Allocation of Expenditure

	Shops	Fundraising	Befriending Service	Support Service	Total Costs
	£	£	£	£	£
Premises Costs	32,898	-	-	-	32,898
Administration Expenses	18,417	21,015	4,270	4,256	47,958
Charitable Activities	67,417	3,515	20,655	8,904	100,491
Legal and Professional	-	1,200	-	-	1,200
Finance Costs	1,466	-	-	-	1,466
Depreciation	-	342	-	-	342
Total Expenditure	120,198	26,072	24,925	13,160	184,355

HELPING OLDER PEOPLE NEW FOREST

NOTES TO THE FINANCIAL STATEMENTS

4 Paid Employees

Staff Costs

	2025	2024
	£	£
Salaries and Wages	100,454	77,299
Social Security Costs	-	-
Pension Costs	37	-
	100,491	77,299

No employees received employee benefits (excluding employer pension costs) of more than £60,000.

Average Head Count in the Year

	2025	2024
Shops	10	10
Fundraising	1	1
Befriending Service	2	1
Support Service	2	2
	15	14

5 Tangible Fixed Assets

	Premises	Computers	Fixtures and Fittings	Office Equipment	Total
	£	£	£	£	£
COST					
Brought Forward	25,523	2,805	6,717	3,510	38,555
Additions	-	-	-	867	867
Disposals	-	-	-	-	-
Carried Forward	25,523	2,805	6,717	4,377	39,422
DEPRECIATION					
Brought Forward	25,523	2,676	6,717	3,432	38,348
Charge for Year	-	129	-	213	342
Disposals	-	-	-	-	-
Carried Forward	25,523	2,805	6,717	3,645	38,690
NET BOOK VALUE					
At 31 March 2025	-	-	-	732	732
At 31 March 2024	-	129	-	78	207

HELPING OLDER PEOPLE NEW FOREST

NOTES TO THE FINANCIAL STATEMENTS

6 Stocks

	2025	2024
	£	£
Donated Goods	2,850	3,500
	2,850	3,500

7 Debtors and Prepayments

	2025	2024
	£	£
Rent Deposit	2,539	2,539
Gift Aid	5,390	3,552
Other Debtors	3,501	3,501
	11,430	9,592

8 Cash at Bank and in Hand

	2025	2024
	£	£
Cash at Bank	46,686	28,344
Petty Cash	50	50
	46,736	28,394

9 Creditors and Accruals

	2025	2024
	£	£
Other Creditors	413	272
Taxation and Social Security	1,518	1,023
	1,931	1,295

Amounts Falling Due After One Year:

Loans	30,000	30,000
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10 Transactions with Trustees and Related Parties

None of the trustees have been paid any remuneration or received any other benefits from an employment with the Charity or a related party.

No trustee expenses have been incurred and there have been no related party transactions in the reporting period.

HELPING OLDER PEOPLE NEW FOREST

NOTES TO THE FINANCIAL STATEMENTS

11 Pension Commitments

The Charity operates a defined contribution scheme (NEST).

Accounts

HELPING OLDER PEOPLE NEW FOREST
(A Company Limited By Guarantee)

Registered Company No: 08326735 (England and Wales)
Registered Charity No: 1152294

REPORT OF THE TRUSTEES AND
FINANCIAL STATEMENTS FOR THE YEAR ENDED
31 March 2024

HELPING OLDER PEOPLE NEW FOREST

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HELPING OLDER PEOPLE NEW FOREST

REFERENCE AND ADMINISTRATIVE DETAILS

Charity Number	1152294
Registered Company Number	08326735 (England and Wales)
Principal Address	1a Kingsburys Lane Ringwood BH24 1EL
Trustees	Mr D N W Tungate Mr S R Williams Mrs M Morgan Mrs P C Inglis Mrs M Clarke (Resigned)
Directors	Mr D N W Tungate Mr S R Williams Mrs M Morgan
Accountants and Independent Examiners	MB Accountancy

HELPING OLDER PEOPLE NEW FOREST

TRUSTEES' ANNUAL REPORT

FOR THE YEAR ENDED 31 MARCH 2024

Objectives and Activities

The charitable objectives of the Charity as set out in our governing document are to promote the following purposes for the benefit of the public and/or older people in and around the New Forest in Hampshire:

- assisting older people in need by reason of ill health, disability, financial hardship, social exclusion or other disadvantage; and
- such other charitable purposes for the benefit of older people as the trustees may from time to time decide, the outcome of this being the promotion of the wellbeing of older people.

The Charity's overall aim is to deliver good quality, sustainable services to older people, their carers, friends and relatives by virtue of information, advice and befriending. Services are provided by fully trained advisers. The Charity also runs a befriending service. All services are safe, impartial, fully accessible, confidential and user friendly.

The Charity has developed our approaches based on our charitable objectives as follows:

- support in terms of need, bereavement, loneliness and isolation
- older people are supported to live independently
- older people are less likely to use health and care services
- assist pensioners with financial matters including benefits and the filling in of forms
- older people are supported to engage with local service delivery

The trustees in complying with these duties report that the Charity works to provide benefit to older people, their carers, friends and relatives in the New Forest. It does this by providing services to meet known needs. Services are open and accessible and involve the local community, and are free at the point of delivery. The Charity works cooperatively with other organisations to maximise public benefit.

Achievements and Performance

The trustee board met on four occasions during the period and the trustees attendance at the meetings were:

Mr D N W Tungate	4 of 4
Mr S R Williams	4 of 4
Mrs M Morgan	4 of 4
Mrs P C Inglis	4 of 4

As always, our fundraising team have been busy seeking funding to cover both the cost of providing services and core funding. We make many applications for grants and began the year with a successful award from a very supportive foundation. A key element of our core funding comes from our two shops at New Milton and Ringwood and so we have been carefully monitoring shop income and costs throughout the year.

HELPING OLDER PEOPLE NEW FOREST

TRUSTEES' ANNUAL REPORT

FOR THE YEAR ENDED 31 MARCH 2024

We provide two vital services for older people in the western side of the New Forest. Although ours is often thought of as an affluent area, there is widespread isolation and loneliness among older residents. This is where our befriending service comes in. We have been able to recruit more enthusiastic volunteers to act as befrienders but demand for the service continues to grow. We have been planning an expansion of befriending in the northern part of our district to try to meet the needs of older people there.

Our other service is support which gives advice, information and help on a wide range of issues such as access to health and social care, housing, finance and benefits. We maintain a 'drop in' arrangement at New Milton but the bulk of the service is delivered by home visits.

We held a staff event at Bransgore during the summer to recognise the importance of the contributions from our staff and volunteers in providing and developing our services which was well received.

Overall, it has been another positive and successful year.

Financial Review

We have maintained a satisfactory financial position but would like to increase our level of reserves when possible.

The lease for our New Milton shop was due to expire during the remaining part of 2024 so trustees had to carry out a careful and detailed assessment of income and costs to enable an informed decision to be made on renewal of the lease in the coming financial year. We are mindful that our shop provides a 'presence' for our Charity in New Milton as well as a source of income.

Structure, Governance and Management

The Company was incorporated on 11 December 2012 as a charitable company limited by guarantee and not having a share capital. The Charity has no current members.

Statement of Trustees Responsibilities

The trustees (who are also the directors of the Charity for the purposes of company law) are responsible for preparing the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial period which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to:

- select suitable accounting practices and then apply them consistently;

HELPING OLDER PEOPLE NEW FOREST

TRUSTEES' ANNUAL REPORT

FOR THE YEAR ENDED 31 MARCH 2024

- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the trustees are aware:

- there is no relevant examination information of which the charitable company's examiners are unaware; and
- the trustees have taken all steps that they ought to have taken to make themselves aware of any relevant examination information and to establish that the examiners are aware of that information.

Signed on Behalf of the Board of Trustees:



Mr S R Williams
Chairman

Date: 9th January 2025

HELPING OLDER PEOPLE NEW FOREST

INDEPENDENT EXAMINER'S REPORT **FOR THE YEAR ENDED 31 MARCH 2024**

I report to the trustees on my examination of the accounts (set out on Pages 6 to 11) of the above charity ("the Trust").

Responsibilities and Basis of Report

As the Charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent Examiner's Statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act;
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.


.....

Mr M G T Baker
MB Accountancy

Date:

HELPING OLDER PEOPLE NEW FOREST

STATEMENT OF FINANCIAL ACTIVITIES **FOR THE YEAR ENDED 31 MARCH 2024**

	Note	Unrestricted Funds £	Restricted Funds £	Endowment Funds £	2024 Total Funds £	2023 Total Funds £
Incoming Resources	2					
Grants and Donations		4,298	40,000	-	44,298	21,720
Charitable Activities		106,568	-	-	106,568	109,389
Other Income		669	-	-	669	-
Total Incoming Resources		111,535	40,000	-	151,535	131,109
Resources Expended	3					
Premises Costs		28,366	-	-	28,366	34,162
Administration Expenses		18,325	16,462	-	34,787	34,002
Charitable Activities		59,603	17,696	-	77,299	63,932
Legal and Professional		1,414	-	-	1,414	2,603
Finance Costs		1,564	-	-	1,564	1,735
Depreciation		741	-	-	741	2,819
Total Resources Expended		110,013	34,158	-	144,171	139,253
Net Income/(Expenditure)		1,522	5,842	-	7,364	-8,144
Other Recognised Gains/(Losses)		-	-	-	-	-
Net Movement in Funds		1,522	5,842	-	7,364	-8,144
Reconciliation of Funds						
Total Funds Brought Forward		-5,642	8,676	-	3,034	11,178
Total Funds Carried Forward		-4,120	14,518	-	10,398	3,034

All activities for the current period derive from continuing operations. None of the Company's activities were acquired or discontinued during the year and there were no recognised gains and losses for 2024 or 2023 other than those included in the Statement of Financial Activities.

The notes on Pages 8 to 12 form an integral part of these accounts.

HELPING OLDER PEOPLE NEW FOREST

BALANCE SHEET

AS AT 31 MARCH 2024

	Note	Unrestricted Funds £	Restricted Funds £	Endowment Funds £	2024 Total Funds £	2023 Total Funds £
Fixed Assets						
Tangible Assets	5	207	-	-	207	948
Current Assets						
Stocks	6	3,500	-	-	3,500	4,000
Debtors	7	9,592	-	-	9,592	5,994
Cash at Bank and in Hand	8	13,876	14,518	-	28,394	26,454
		26,968	14,518	-	41,486	36,448
Creditors	9	1,295	-	-	1,295	4,362
		1,295	-	-	1,295	4,362
Net Current Assets/(Liabilities)		25,673	14,518	-	40,191	32,086
Creditors: Amounts Falling Due After One Year	9	30,000	-	-	30,000	30,000
Total Net Assets/(Liabilities)		-4,120	14,518	-	10,398	3,034
Total Funds		-4,120	14,518	-	10,398	3,034

- For the financial year in question the company was entitled to exemption under Section 477 of the Companies Act 2006 relating to small companies.
- No members have required the company to obtain an audit of its accounts for the year in question in accordance with Section 476 of the Companies Act 2006.
- The directors acknowledge their responsibility for complying with the requirements of the Act with respect to accounting records and for the preparation of accounts.

The accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

Approved by the Trustees and Signed on Their Behalf by:



Mr S R Williams (Chairman)

Date: 9th January 2025

HELPING OLDER PEOPLE NEW FOREST

NOTES TO THE FINANCIAL STATEMENTS

1 Accounting Policies

(a) Basis of Accounting

These financial statements have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these financial statements.

The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their financial statements in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014 and with the Charities Act 2011.

The Charity constitutes a public benefit entity as defined by FRS 102.

(b) Going Concern

There are no concerns about the Charity's ability to continue as a going concern.

(c) Recognition of Income

Grants and Donations

Grants and donations are only included in the SoFA when the general income recognition criteria are met (5.10 to 5.12 FRS102 SORP).

Tax Reclaims on Donations and Gifts

Gift Aid receivable is included in income when there is a valid declaration from the donor. Any Gift Aid amount recovered on a donation is considered to be part of that gift and is treated as an addition to the same fund as the initial donation unless the donor or the terms of the appeal have specified otherwise.

Charitable Activities

These are included in the Statement of Financial Activities (SoFA) when the Charity becomes entitled to the resources, it is more likely than not that the trustees will receive the resources and the monetary value can be measured with sufficient reliability.

(d) Stock

Stocks held for sale as part of non-charitable trade are measured at the lower of cost or net realisable value.

(e) Liability Recognition

Liabilities are recognised where it is more likely than not that there is a legal or constructive obligation committing the Charity to pay out resources and the amount of the obligation can be measured with reasonable certainty.

(f) Resources Expended

Costs have been allocated based on how they were consumed in relation to each activity. The allocation of expenditure is shown in note 3.

HELPING OLDER PEOPLE NEW FOREST

NOTES TO THE FINANCIAL STATEMENTS

(g) Tangible Assets

These are capitalised if they can be used for more than one year and cost at least £250. They are valued at cost and the depreciation rates and methods used are as follows:

Premises	Over Lease Term
Computers	25% Straight Line Basis
Fixtures and Fittings	20% Straight Line Basis
Office Equipment	20% Straight Line Basis

2 Allocation of Income

	Shops	Fundraising	Befriending Service	Support Service	Total Costs
	£	£	£	£	£
Grants and Donations	-	4,298	21,500	18,500	44,298
Charitable Activities	106,568	-	-	-	106,568
Other Income	-	669	-	-	669
Total Income	106,568	4,967	21,500	18,500	151,535

3 Allocation of Expenditure

	Shops	Fundraising	Befriending Service	Support Service	Total Costs
	£	£	£	£	£
Premises Costs	28,366	-	-	-	28,366
Administration Expenses	9,063	9,262	8,629	7,833	34,787
Charitable Activities	57,451	2,152	8,734	8,962	77,299
Legal and Professional	-	1,414	-	-	1,414
Finance Costs	1,564	-	-	-	1,564
Depreciation	-	741	-	-	741
Total Expenditure	96,444	13,569	17,363	16,795	144,171

HELPING OLDER PEOPLE NEW FOREST

NOTES TO THE FINANCIAL STATEMENTS

4 Paid Employees

Staff Costs

	2024	2023
	£	£
Salaries and Wages	77,299	71,747
Social Security Costs	-	-
Pension Costs	-	-
	77,299	71,747

No employees received employee benefits (excluding employer pension costs) of more than £60,000.

Average Head Count in the Year

	2024	2023
Shops	10	9
Fundraising	1	-
Befriending Service	1	1
Support Service	2	1
	14	11

5 Tangible Fixed Assets

	Premises	Computers	Fixtures and Fittings	Office Equipment	Total
	£	£	£	£	£
COST					
Brought Forward	25,523	2,805	6,717	3,510	38,555
Additions	-	-	-	-	-
Disposals	-	-	-	-	-
Carried Forward	25,523	2,805	6,717	3,510	38,555
DEPRECIATION					
Brought Forward	25,523	1,975	6,717	3,392	37,607
Charge for Year	-	701	-	40	741
Disposals	-	-	-	-	-
Carried Forward	25,523	2,676	6,717	3,432	38,348
NET BOOK VALUE					
At 31 March 2024	-	129	-	78	207
At 31 March 2023	-	830	-	118	948

HELPING OLDER PEOPLE NEW FOREST

NOTES TO THE FINANCIAL STATEMENTS

6 Stocks

	2024	2023
	£	£
Donated Goods	3,500	4,000
	3,500	4,000

7 Debtors and Prepayments

	2024	2023
	£	£
Rent Deposit	2,539	2,539
Gift Aid	3,552	2,500
Prepayments and Accrued Income	3,501	955
	9,592	5,994

8 Cash at Bank and in Hand

	2024	2023
	£	£
Cash at Bank	28,344	26,358
Petty Cash	50	96
	28,394	26,454

9 Creditors and Accruals

	2024	2023
	£	£
Accruals and Deferred Income	272	4,244
Taxation and Social Security	1,023	118
	1,295	4,362

Amounts Falling Due After One Year:

Loans	30,000	30,000
-------	---------------	---------------

10 Transactions with Trustees and Related Parties

None of the trustees have been paid any remuneration or received any other benefits from an employment with the Charity or a related party.

No trustee expenses have been incurred and there have been no related party transactions in the reporting period.

HELPING OLDER PEOPLE NEW FOREST

NOTES TO THE FINANCIAL STATEMENTS

11 Pension Commitments

The Charity operates a defined contribution scheme (NEST).

Accounts

 Mail

 Compose

 Chat

 Meet

 Donna

 Emma

 Georgina

 Group

 Jenny

 Kerry

 Kirsten

 Laura

 Natalie

 Pauline

 Ruth

 Sarah

 Shirley

 Tina

 Tracy

 Trustees

 Volunteers

 Promotion

 Articles

 Awards

 Printing

 Social Media

 Statutory

 X-Archive

Helping Older People New Forest – Trustees’ Annual Report for the Year Ended 31 March 2023

Helping Older People New Forest, also known as HOPE (New Forest), is a company limited by guarantee with no share capital as well as a registered charity.

Charity Registration Number: 1152294

Company Registration Number: 08326735

Registered Address:

1a Kingsbury's Lane,
Ringwood,
BH24 1EL

Trustees:

Mrs M Clarke, FCCA

Mr D N W Tungate

Mr S R Williams

Mrs P C Inglis

Mrs M Morgan

General Manager:

Mr S G Anderton

Accountants & Independent Examiners:

Davis Burton Williams & Co. Chartered Certified Accountants
Office B11, Sutton Business Centre
Restmor Way,
Wallington
Surrey, SM6 7AH

**HELPING OLDER PEOPLE NEW FOREST
(A Company Limited By Guarantee)**

**Registered Company No: 08326735 (England and Wales)
Registered Charity No: 1152294**

**REPORT OF THE TRUSTEES AND
FINANCIAL STATEMENTS FOR THE YEAR ENDED
31st March 2023**



DAVIS, BURTON, WILLIAMS & CO.

Chartered Certified Accountants
Office B11, Sutton Business Centre
Restmor Way, Wallington
Surrey, SM6 7AH

HELPING OLDER PEOPLE NEW FOREST

Report and accounts

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Report of the Examiners	5
Statement of Financial Activities	6-7
Balance Sheet	8
Notes to the accounts	9-11

HELPING OLDER PEOPLE NEW FOREST

Report of the Trustees for the year ended 31st March 2023

Organisational structure

The company was incorporated on the 11 December 2012 as a charitable company limited by guarantee and not having a share capital. The charity has no current members.

OBJECTIVES AND ACTIVITIES

Objectives and aims

HOPe's charitable objectives are set out in our governing document and we have developed our approaches based on these.

To promote the following purposes for the benefit of the public and/or older people in and around the New Forest in Hampshire

- Support in times of need, bereavement, loneliness and isolation.
- Older people are supported to live independently.
- Older people are less likely to use health and care services.
- Assist pensioners with financial matters including benefits and the filling in of forms.
- Older people are supported to engage with local service delivery

HOPe's overall aim is to deliver good quality, sustainable services to older people, their carers, friends and relatives by virtue of information and advice and befriending.

Services are provided by fully trained advisers. Hope also runs a befriending service. All services are safe, impartial, fully accessible, confidential and user friendly.

Strategic Direction of the Charity

- To strive to meet the needs of the older population of the New Forest - as far as we are able.
- To offer services which make a real difference.
- To engage with local people and communities and to involve them in our work.
- To ensure a strong, professional organisation which is self supporting and sustainable in the long term.
- To work in partnership with other organisations so that together we can strengthen our impact.

Delivery of Public Benefit

The Trustees in complying with these duties report that HOPe works to provide benefit to older people, their carers, friends and relatives in the New Forest. It does this by providing services to meet known needs. Services are open and accessible and involve the local community. They are free at the point of delivery. HOPe works cooperatively with other organisations to maximise public benefit.

HELPING OLDER PEOPLE NEW FOREST

Report of the Trustees for the year ended 31st March 2023

The trustees who are also directors of the charity, Helping Older People New Forest, known as HOPE, for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2023.

Reference and Administrative Details

Registered Company number
08326735 (England and Wales)

Registered Charity number
1152294

Registered Office
1A Kingsburys Lane
Ringwood
Hampshire
BH24 1EL

Trustees/Directors
Mrs M Clarke, FCCA
Mr D N W Tungate
Mr S R Williams
Mrs P C Inglis
Mrs M Morgan

Accountants & Independent Examiners
Davis Burton Williams & Co.
Chartered Certified Accountants
Office B11, Sutton Business Centre
Restmor Way, Wallington
Surrey, SM6 7AH

Structure, Governance and Management **Governing document**

The organisation is a charitable company limited by guarantee incorporated on 11 December 2012.

The company was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed under its Articles of Association. In the event of the company being wound up the members are required to contribute such an amount as may be required (not exceeding £1).

Recruitment and appointment of new trustees

The Directors of the company are also charity trustees for the purposes of charity law and under the company's Articles.

HELPING OLDER PEOPLE NEW FOREST

Report of the Trustees for the year ended 31st March 2023

STATEMENT OF TRUSTEES RESPONSIBILITIES continued

The Trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the Trustees are aware:

- there is no relevant examination information of which the charitable company's examiners are unaware: and
- the Trustees have taken all steps that they ought to have taken to make themselves aware of any relevant examination information and to establish that the examiners are aware of that information.

Trustees attendance at meetings

There were 4 meetings and the Trustees attendance at the meetings were:

Mrs M Clarke - 1 of 4

Mr D N W Tungate - 4 of 4

Mr S R Williams - 4 of 4

Mrs P C Inglis - 4 of 4

Mrs M Morgan - 4 of 4

STATEMENT AS TO DISCLOSURE OF INFORMATION TO ACCOUNTANTS

So far as the Trustees are aware, there is no relevant information (as defined by Section 418 of the Companies Act 2006) of which the charitable company's accountants are unaware, and each Trustee has taken all the steps that they ought to have taken as a Trustee in order to make them aware of any examination information and to establish that the charitable company's examiners are aware of that information.

ON BEHALF OF THE BOARD OF TRUSTEES



.....
Chair Hope - Trustee

Date: 11th October 2023

HELPING OLDER PEOPLE NEW FOREST

Report of the Trustees for the year ended 31st March 2023

ACHIEVEMENT AND PERFORMANCE

The charity has met all targets with performance meeting expectations

Review of the Year's Activities

The year has seen considerable developments in both our core services. On the information and advice side of things we have grown our provision such that we are now carrying out an average of 30 home visits a month. We have also expanded our reach beyond the traditional confines of the core area of operation to the whole of the Western New Forest. This work is in addition to the growth in the shop based information and support activities. On the befriending service, we have continued to grow our volunteer befriender workforce and deal with an ever increasing number of referrals from a number of agencies specialising in the health and wellbeing of our target audience.

Our shops have benefitted from the boost provided by inflationary prices on the High Street, forcing people to seek out bargains rather than paying full prices that they are unable to afford. This has been particularly marked as we have deliberately changed the profile to one of quality, with attendant increases in pricing. This does not mean that the year has been easy, we also face inflation in running costs but we are well placed to ride out the current economic difficulties.

Financial review

Reserve policy

The trustees consider it appropriate to increase the operating reserves to ensure the charity can maintain its operation, in the event of a funding fall out. This remains an ongoing objective.

STATEMENT OF TRUSTEES RESPONSIBILITIES

The Trustees (who are also the directors of Helping Older People New Forest for the purposes of company law) are responsible for preparing the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Trustees to prepare financial statements for each financial period which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgments and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business

HELPING OLDER PEOPLE NEW FOREST

STATEMENT OF FINANCIAL ACTIVITIES for the 31 MARCH 2023

	Unrestricted Funds £	Restricted Funds £	2023 Total Funds £	2022 Total Funds £
<u>INCOMING RESOURCES</u>				
Grants	-	-	-	6,667
Donations - Other	1,720	-	1,720	1,255
Befriending	-	5,000	5,000	1,885
Information and Advice	-	15,000	15,000	5,000
Sales	109,389	-	109,389	77,220
Furlough Scheme	-	-	-	714
<u>Total Incoming Resources</u>	<u>111,109</u>	<u>20,000</u>	<u>131,109</u>	<u>92,741</u>
<u>RESOURCES EXPENDED</u>				
Charitable Activities: -				
Information and Advice	11,169	21,403	32,572	22,292
Befriending	11,169	1,863	13,032	14,871
Fundraising	89,347	-	89,347	82,633
Publicity - Including Website Costs	284	-	284	358
	<u>111,969</u>	<u>23,266</u>	<u>135,235</u>	<u>120,154</u>
Governance Costs: -				
Administration	13	-	13	13
Insurance	1,415	-	1,415	1,310
Accountancy Fees	2,590	-	2,590	1,957
	<u>4,018</u>	<u>-</u>	<u>4,018</u>	<u>3,280</u>

HELPING OLDER PEOPLE NEW FOREST

Independent Examiners Report for the year ended 31st March 2023

INDEPENDENT EXAMINER'S REPORT

I report on the accounts of the charity for the year ended 31 March 2023, which are set out on pages 6 to 11.

Respective responsibilities of the Trustees and Examiner

As described on page 3 the charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:-

- examine the accounts under section 145 of the Charities 2011 Act;
- to follow the procedures laid down in the General Directions given by the Charity Commissioner under section 145 (5)(b) of the 2011 Act;
- to state whether particular matters have come to my attention.

Basis of Independent Examiner's Report

My examination was carried out in accordance with the General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently I do not express an audit opinion on the view given by the accounts.

Independent Examiner's Statement

In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that in any material respect the requirements

- to keep accounting records in accordance with section 130 of the 2011 Act; and

- to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act have not been met: or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



.....
P R Williams F.C.C.A - (Independent Examiner)

Davis Burton Williams & Co

Chartered Certified Accountants

Office B11, Sutton Business Centre

Restmor Way, Wallington

Surrey, SM6 7AH

Date 15TH OCTOBER 2023

HELPING OLDER PEOPLE NEW FOREST

BALANCE SHEET as at 31 MARCH 2023

	Note	2023	2022
		£	£
<u>FIXED ASSETS</u>			
Tangible Assets	3	948	3,172
<u>CURRENT ASSETS</u>			
Stocks	4	4,000	4,000
Debtors	5	5,994	5,498
Cash at Bank and in Hand		26,454	20,905
		<u>36,448</u>	<u>30,403</u>
<u>CURRENT LIABILITIES</u>			
Creditors	6	<u>(4,362)</u>	<u>(7,397)</u>
<u>NET CURRENT ASSETS</u>			
		32,086	23,006
Creditors: amounts falling due after more than one year	7	(30,000)	(15,000)
<u>NET ASSETS</u>			
		<u>3,034</u>	<u>11,178</u>
<u>RESTRICTED FUNDS</u>			
		8,676	11,942
<u>UNRESTRICTED FUNDS</u>			
General Purposes Fund		<u>(5,642)</u>	<u>(764)</u>
<u>TOTAL FUNDS</u>			
		<u>3,034</u>	<u>11,178</u>

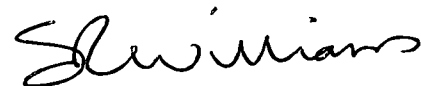
For the financial year in question the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

No members have required the company to obtain an audit of its accounts for the year in question in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibility for complying with the requirements of the Act with respect to accounting records and for the preparation of accounts.

The accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

Approved by the Trustees and signed on their behalf by:



Signed Chair



Signed

TREASURER

Date 11 OCTOBER 2023

The notes on pages 9 to 11 form an integral part of these accounts.

HELPING OLDER PEOPLE NEW FOREST

STATEMENT OF FINANCIAL ACTIVITIES for the 31 MARCH 2023 (continued)

	Unrestricted Funds £	Restricted Funds £	2023 Total Funds £	2022 Total Funds £
<u>RESOURCES EXPENDED (continued)</u>				
<u>Total Expenditure</u>	<u>115,987</u>	<u>23,266</u>	<u>139,253</u>	<u>123,434</u>
<u>Net Incoming / (outgoing) Resources for the period</u>	(4,878)	(3,266)	(8,144)	(30,693)
Total Funds brought forward	(764)	11,942	11,178	41,871
<u>TOTAL FUNDS CARRIED FORWARD</u>	<u>(5,642)</u>	<u>8,676</u>	<u>3,034</u>	<u>11,178</u>

All activities for the current period derive from continuing operations.

None of the company's activities were acquired or discontinued during the year and there were no recognised gains and losses for 2023 or 2022 other than those included in the profit and loss account.

The notes on pages 9 to 11 form an integral part of these accounts.

HELPING OLDER PEOPLE NEW FOREST

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023 (continued)

3 Fixed Assets

	Premises £	Computers £	Fixtures & Fittings £	Office Equipment £	Total £
COST					
At 1.4.2022	25,523	2,405	6,680	3,352	37,960
Additions	-	400	37	158	595
Disposals	-	-	-	-	-
At 31.3.2023	<u>25,523</u>	<u>2,805</u>	<u>6,717</u>	<u>3,510</u>	<u>38,555</u>
DEPRECIATION					
At 1.4.2022	23,974	1,274	6,188	3,352	34,788
Charge for year	1,549	701	529	40	2,819
Disposals	-	-	-	-	-
At 31.3.2023	<u>25,523</u>	<u>1,975</u>	<u>6,717</u>	<u>3,392</u>	<u>37,607</u>
NET BOOK VALUE					
31.3.2023	<u>-</u>	<u>830</u>	<u>-</u>	<u>118</u>	<u>948</u>
31.3.2022	<u>1,549</u>	<u>1,131</u>	<u>492</u>	<u>-</u>	<u>3,172</u>

4 Stocks

	2023 £	2022 £
Stock	<u>4,000</u>	<u>4,000</u>

5 Debtors

	2023 £	2022 £
Debtors and accrued income	<u>5,994</u>	<u>5,498</u>

6 Creditors - falling due within one year

	2023 £	2022 £
Accruals	<u>4,362</u>	<u>7,397</u>

7 Creditors - falling due after one year

	2023 £	2022 £
Other Creditors - Loans	<u>30,000</u>	<u>15,000</u>

7 Funds

	Unrestricted Funds £	Restricted Funds £	2023 Total Funds £
At 1st April 2022	(764)	11,942	11,178
Incoming resources	111,109	20,000	131,109
Outgoing resources	(115,987)	(23,266)	(139,253)
At 31st March 2023	<u>(5,642)</u>	<u>8,676</u>	<u>3,034</u>
Represented by:			
Tangible Fixed Assets	948	-	948
Net Current Assets	32,086	-	32,086
Liabilities due after one year	(30,000)	-	(30,000)
	<u>3,034</u>	<u>-</u>	<u>3,034</u>

Restricted Funds

These are amounts received by Helping Older People New Forest to be expended on specific purposes.

HELPING OLDER PEOPLE NEW FOREST

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023

1 Accounting Policies

(a) Basis of Accounting

The financial statements have been prepared under the historical cost convention and in accordance with the Statement of Recommended Practice "Accounting and Reporting by Charities" (SORP 2005) issued in March 2005 and applicable UK Accounting Standards and the Charities Act 2011.

(b) Depreciation of Fixed Assets

Depreciation is provided on tangible fixed assets at rates calculated to write off the cost of each asset over its estimated useful life as follows:-

Premises	Depreciation over term of lease
Fixtures & Fittings	20% straight line basis
Office Equipment	20% straight line basis
Computers	25% straight line basis

(c) Incoming Resources

All incoming resources are recognised once the charity has entitlement to the resources, it is certain that the resources will be received and the monetary value of incoming resources can be measured with sufficient reliability.

(d) Allocation of Overhead and Support Costs

Overhead and support costs have been allocated between charitable activities and governance costs in proportion to the estimated administrative burden applicable to each activity. The allocation of overhead and support costs is analysed in note 2.

(e) Governance Costs

Governance costs comprise all costs involved in the public accountability of the charity and its compliance with regulation and good practice.

2 Allocation of Support Costs and Overheads

The breakdown of support costs and how these were allocated between Charitable Activities is shown in the tables below.

<u>Total Costs</u>	£
Administration expenses	6,309
Salaries	66,232
Premises costs	36,325
Depreciation	2,819
	<u>111,685</u>

<u>Allocated as follows:</u>	£
<u>Charitable activities-</u>	
Information and advice	10% 11,169
Fundraising	80% 89,347
Befriending	10% 11,169
	<u>111,685</u>

HELPING OLDER PEOPLE NEW FOREST

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023 (continued)

7 Funds (continued)

The charity is a public benefit entity

Restricted Funds Analysis

	Balance b/fwd	Received	Expended	Balance c/fwd
Hants CC	1,242	-	(1,242)	
Edward Gostling	700	-	(700)	-
Henry Smith	10,000	-	(9,461)	539
A E Cooper Deane	-	5,000	-	5,000
Anonymous	-	15,000	(11,863)	3,137
	<u>11,942</u>	<u>20,000</u>	<u>(23,266)</u>	<u>8,676</u>

8 Employees' Remuneration

Total remuneration (excluding employers' NI contributions) for the period amounted to £71,747 (2022 - £52,157).

The average number of paid staff for the period were:

Welfare Services	:	2 part-time employee
Administration	:	9 part-time employees

9 Trustees Remuneration and Expenses

No remuneration directly or indirectly out of the funds of the charity was paid or payable for the period to any trustee or to any person or persons known to be connected with any of them.

10 Pension Commitments

The charity operates a Nest workplace pension scheme.

**HELPING OLDER PEOPLE NEW FOREST
(A Company Limited By Guarantee)**

**Registered Company No: 08326735 (England and Wales)
Registered Charity No: 1152294**

**REPORT OF THE TRUSTEES AND
FINANCIAL STATEMENTS FOR THE YEAR ENDED
31st March 2023**



DAVIS, BURTON, WILLIAMS & CO.

Chartered Certified Accountants
Office B11, Sutton Business Centre
Restmor Way, Wallington
Surrey, SM6 7AH

HELPING OLDER PEOPLE NEW FOREST

Report and accounts

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HELPING OLDER PEOPLE NEW FOREST

Report of the Trustees for the year ended 31st March 2023

Organisational structure

The company was incorporated on the 11 December 2012 as a charitable company limited by guarantee and not having a share capital. The charity has no current members.

OBJECTIVES AND ACTIVITIES

Objectives and aims

HOPe's charitable objectives are set out in our governing document and we have developed our approaches based on these.

To promote the following purposes for the benefit of the public and/or older people in and around the New Forest in Hampshire

- Support in times of need, bereavement, loneliness and isolation.
- Older people are supported to live independently.
- Older people are less likely to use health and care services.
- Assist pensioners with financial matters including benefits and the filling in of forms.
- Older people are supported to engage with local service delivery

HOPe's overall aim is to deliver good quality, sustainable services to older people, their carers, friends and relatives by virtue of information and advice and befriending.

Services are provided by fully trained advisers. Hope also runs a befriending service. All services are safe, impartial, fully accessible, confidential and user friendly.

Strategic Direction of the Charity

- To strive to meet the needs of the older population of the New Forest - as far as we are able.
- To offer services which make a real difference.
- To engage with local people and communities and to involve them in our work.
- To ensure a strong, professional organisation which is self supporting and sustainable in the long term.
- To work in partnership with other organisations so that together we can strengthen our impact.

Delivery of Public Benefit

The Trustees in complying with these duties report that HOPe works to provide benefit to older people, their carers, friends and relatives in the New Forest. It does this by providing services to meet known needs. Services are open and accessible and involve the local community. They are free at the point of delivery. HOPe works cooperatively with other organisations to maximise public benefit.

HELPING OLDER PEOPLE NEW FOREST

Report of the Trustees for the year ended 31st March 2023

The trustees who are also directors of the charity, Helping Older People New Forest, known as HOPE, for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2023.

Reference and Administrative Details

Registered Company number
08326735 (England and Wales)

Registered Charity number
1152294

Registered Office
1A Kingsburys Lane
Ringwood
Hampshire
BH24 1EL

Trustees/Directors
Mrs M Clarke, FCCA
Mr D N W Tungate
Mr S R Williams
Mrs P C Inglis
Mrs M Morgan

Accountants & Independent Examiners
Davis Burton Williams & Co.
Chartered Certified Accountants
Office B11, Sutton Business Centre
Restmor Way, Wallington
Surrey, SM6 7AH

Structure, Governance and Management **Governing document**

The organisation is a charitable company limited by guarantee incorporated on 11 December 2012.

The company was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed under its Articles of Association. In the event of the company being wound up the members are required to contribute such an amount as may be required (not exceeding £1).

Recruitment and appointment of new trustees

The Directors of the company are also charity trustees for the purposes of charity law and under the company's Articles.

HELPING OLDER PEOPLE NEW FOREST

Report of the Trustees for the year ended 31st March 2023

STATEMENT OF TRUSTEES RESPONSIBILITIES continued

The Trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the Trustees are aware:

- there is no relevant examination information of which the charitable company's examiners are unaware: and
- the Trustees have taken all steps that they ought to have taken to make themselves aware of any relevant examination information and to establish that the examiners are aware of that information.

Trustees attendance at meetings

There were 4 meetings and the Trustees attendance at the meetings were:

Mrs M Clarke - 1 of 4

Mr D N W Tungate - 4 of 4

Mr S R Williams - 4 of 4

Mrs P C Inglis - 4 of 4

Mrs M Morgan - 4 of 4

STATEMENT AS TO DISCLOSURE OF INFORMATION TO ACCOUNTANTS

So far as the Trustees are aware, there is no relevant information (as defined by Section 418 of the Companies Act 2006) of which the charitable company's accountants are unaware, and each Trustee has taken all the steps that they ought to have taken as a Trustee in order to make them aware of any examination information and to establish that the charitable company's examiners are aware of that information.

ON BEHALF OF THE BOARD OF TRUSTEES



.....
Chair Hope - Trustee

Date: 11th October 2023

HELPING OLDER PEOPLE NEW FOREST

Report of the Trustees for the year ended 31st March 2023

ACHIEVEMENT AND PERFORMANCE

The charity has met all targets with performance meeting expectations

Review of the Year's Activities

The year has seen considerable developments in both our core services. On the information and advice side of things we have grown our provision such that we are now carrying out an average of 30 home visits a month. We have also expanded our reach beyond the traditional confines of the core area of operation to the whole of the Western New Forest. This work is in addition to the growth in the shop based information and support activities. On the befriending service, we have continued to grow our volunteer befriender workforce and deal with an ever increasing number of referrals from a number of agencies specialising in the health and wellbeing of our target audience.

Our shops have benefitted from the boost provided by inflationary prices on the High Street, forcing people to seek out bargains rather than paying full prices that they are unable to afford. This has been particularly marked as we have deliberately changed the profile to one of quality, with attendant increases in pricing. This does not mean that the year has been easy, we also face inflation in running costs but we are well placed to ride out the current economic difficulties.

Financial review

Reserve policy

The trustees consider it appropriate to increase the operating reserves to ensure the charity can maintain its operation, in the event of a funding fall out. This remains an ongoing objective.

STATEMENT OF TRUSTEES RESPONSIBILITIES

The Trustees (who are also the directors of Helping Older People New Forest for the purposes of company law) are responsible for preparing the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Trustees to prepare financial statements for each financial period which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgments and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business

HELPING OLDER PEOPLE NEW FOREST

STATEMENT OF FINANCIAL ACTIVITIES for the 31 MARCH 2023

	Unrestricted Funds £	Restricted Funds £	2023 Total Funds £	2022 Total Funds £
<u>INCOMING RESOURCES</u>				
Grants	-	-	-	6,667
Donations - Other	1,720	-	1,720	1,255
Befriending	-	5,000	5,000	1,885
Information and Advice	-	15,000	15,000	5,000
Sales	109,389	-	109,389	77,220
Furlough Scheme	-	-	-	714
<u>Total Incoming Resources</u>	<u>111,109</u>	<u>20,000</u>	<u>131,109</u>	<u>92,741</u>
<u>RESOURCES EXPENDED</u>				
Charitable Activities: -				
Information and Advice	11,169	21,403	32,572	22,292
Befriending	11,169	1,863	13,032	14,871
Fundraising	89,347	-	89,347	82,633
Publicity - Including Website Costs	284	-	284	358
	<u>111,969</u>	<u>23,266</u>	<u>135,235</u>	<u>120,154</u>
Governance Costs: -				
Administration	13	-	13	13
Insurance	1,415	-	1,415	1,310
Accountancy Fees	2,590	-	2,590	1,957
	<u>4,018</u>	<u>-</u>	<u>4,018</u>	<u>3,280</u>

HELPING OLDER PEOPLE NEW FOREST

Independent Examiners Report for the year ended 31st March 2023

INDEPENDENT EXAMINER'S REPORT

I report on the accounts of the charity for the year ended 31 March 2023, which are set out on pages 6 to 11.

Respective responsibilities of the Trustees and Examiner

As described on page 3 the charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:-

- examine the accounts under section 145 of the Charities 2011 Act;
- to follow the procedures laid down in the General Directions given by the Charity Commissioner under section 145 (5)(b) of the 2011 Act;
- to state whether particular matters have come to my attention.

Basis of Independent Examiner's Report

My examination was carried out in accordance with the General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently I do not express an audit opinion on the view given by the accounts.

Independent Examiner's Statement

In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that in any material respect the requirements

- to keep accounting records in accordance with section 130 of the 2011 Act; and

- to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act have not been met: or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



.....
P R Williams F.C.C.A - (Independent Examiner)

Davis Burton Williams & Co

Chartered Certified Accountants

Office B11, Sutton Business Centre

Restmor Way, Wallington

Surrey, SM6 7AH

Date 15th OCTOBER 2023

HELPING OLDER PEOPLE NEW FOREST

BALANCE SHEET as at 31 MARCH 2023

	Note	2023	2022
		£	£
<u>FIXED ASSETS</u>			
Tangible Assets	3	948	3,172
<u>CURRENT ASSETS</u>			
Stocks	4	4,000	4,000
Debtors	5	5,994	5,498
Cash at Bank and in Hand		26,454	20,905
		<u>36,448</u>	<u>30,403</u>
<u>CURRENT LIABILITIES</u>			
Creditors	6	<u>(4,362)</u>	<u>(7,397)</u>
<u>NET CURRENT ASSETS</u>			
		32,086	23,006
Creditors: amounts falling due after more than one year	7	(30,000)	(15,000)
<u>NET ASSETS</u>			
		<u>3,034</u>	<u>11,178</u>
<u>RESTRICTED FUNDS</u>			
		8,676	11,942
<u>UNRESTRICTED FUNDS</u>			
General Purposes Fund		<u>(5,642)</u>	<u>(764)</u>
<u>TOTAL FUNDS</u>			
		<u>3,034</u>	<u>11,178</u>

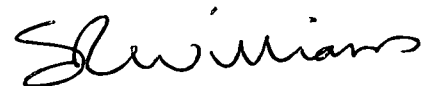
For the financial year in question the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

No members have required the company to obtain an audit of its accounts for the year in question in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibility for complying with the requirements of the Act with respect to accounting records and for the preparation of accounts.

The accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

Approved by the Trustees and signed on their behalf by:



Signed Chair



Signed

TREASURER

Date 11 OCTOBER 2023

The notes on pages 9 to 11 form an integral part of these accounts.

HELPING OLDER PEOPLE NEW FOREST

STATEMENT OF FINANCIAL ACTIVITIES for the 31 MARCH 2023 (continued)

	Unrestricted Funds £	Restricted Funds £	2023 Total Funds £	2022 Total Funds £
<u>RESOURCES EXPENDED (continued)</u>				
<u>Total Expenditure</u>	<u>115,987</u>	<u>23,266</u>	<u>139,253</u>	<u>123,434</u>
<u>Net Incoming / (outgoing) Resources for the period</u>	<u>(4,878)</u>	<u>(3,266)</u>	<u>(8,144)</u>	<u>(30,693)</u>
Total Funds brought forward	(764)	11,942	11,178	41,871
<u>TOTAL FUNDS CARRIED FORWARD</u>	<u>(5,642)</u>	<u>8,676</u>	<u>3,034</u>	<u>11,178</u>

All activities for the current period derive from continuing operations.

None of the company's activities were acquired or discontinued during the year and there were no recognised gains and losses for 2023 or 2022 other than those included in the profit and loss account.

The notes on pages 9 to 11 form an integral part of these accounts.

HELPING OLDER PEOPLE NEW FOREST

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023 (continued)

3 Fixed Assets

	Premises £	Computers £	Fixtures & Fittings £	Office Equipment £	Total £
COST					
At 1.4.2022	25,523	2,405	6,680	3,352	37,960
Additions	-	400	37	158	595
Disposals	-	-	-	-	-
At 31.3.2023	<u>25,523</u>	<u>2,805</u>	<u>6,717</u>	<u>3,510</u>	<u>38,555</u>
DEPRECIATION					
At 1.4.2022	23,974	1,274	6,188	3,352	34,788
Charge for year	1,549	701	529	40	2,819
Disposals	-	-	-	-	-
At 31.3.2023	<u>25,523</u>	<u>1,975</u>	<u>6,717</u>	<u>3,392</u>	<u>37,607</u>
NET BOOK VALUE					
31.3.2023	<u>-</u>	<u>830</u>	<u>-</u>	<u>118</u>	<u>948</u>
31.3.2022	<u>1,549</u>	<u>1,131</u>	<u>492</u>	<u>-</u>	<u>3,172</u>

4 Stocks

	2023 £	2022 £
Stock	<u>4,000</u>	<u>4,000</u>

5 Debtors

	2023 £	2022 £
Debtors and accrued income	<u>5,994</u>	<u>5,498</u>

6 Creditors - falling due within one year

	2023 £	2022 £
Accruals	<u>4,362</u>	<u>7,397</u>

7 Creditors - falling due after one year

	2023 £	2022 £
Other Creditors - Loans	<u>30,000</u>	<u>15,000</u>

7 Funds

	Unrestricted Funds £	Restricted Funds £	2023 Total Funds £
At 1st April 2022	(764)	11,942	11,178
Incoming resources	111,109	20,000	131,109
Outgoing resources	(115,987)	(23,266)	(139,253)
At 31st March 2023	<u>(5,642)</u>	<u>8,676</u>	<u>3,034</u>
Represented by:			
Tangible Fixed Assets	948	-	948
Net Current Assets	32,086	-	32,086
Liabilities due after one year	(30,000)	-	(30,000)
	<u>3,034</u>	<u>-</u>	<u>3,034</u>

Restricted Funds

These are amounts received by Helping Older People New Forest to be expended on specific purposes.

HELPING OLDER PEOPLE NEW FOREST

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023

1 Accounting Policies

(a) Basis of Accounting

The financial statements have been prepared under the historical cost convention and in accordance with the Statement of Recommended Practice "Accounting and Reporting by Charities" (SORP 2005) issued in March 2005 and applicable UK Accounting Standards and the Charities Act 2011.

(b) Depreciation of Fixed Assets

Depreciation is provided on tangible fixed assets at rates calculated to write off the cost of each asset over its estimated useful life as follows:-

Premises	Depreciation over term of lease
Fixtures & Fittings	20% straight line basis
Office Equipment	20% straight line basis
Computers	25% straight line basis

(c) Incoming Resources

All incoming resources are recognised once the charity has entitlement to the resources, it is certain that the resources will be received and the monetary value of incoming resources can be measured with sufficient reliability.

(d) Allocation of Overhead and Support Costs

Overhead and support costs have been allocated between charitable activities and governance costs in proportion to the estimated administrative burden applicable to each activity. The allocation of overhead and support costs is analysed in note 2.

(e) Governance Costs

Governance costs comprise all costs involved in the public accountability of the charity and its compliance with regulation and good practice.

2 Allocation of Support Costs and Overheads

The breakdown of support costs and how these were allocated between Charitable Activities is shown in the tables below.

<u>Total Costs</u>	£
Administration expenses	6,309
Salaries	66,232
Premises costs	36,325
Depreciation	2,819
	<u>111,685</u>

<u>Allocated as follows:</u>	£
<u>Charitable activities-</u>	
Information and advice	10% 11,169
Fundraising	80% 89,347
Befriending	10% 11,169
	<u>111,685</u>

HELPING OLDER PEOPLE NEW FOREST

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023 (continued)

7 Funds (continued)

The charity is a public benefit entity

Restricted Funds Analysis

	Balance b/fwd	Received	Expended	Balance c/fwd
Hants CC	1,242	-	(1,242)	
Edward Gostling	700	-	(700)	-
Henry Smith	10,000	-	(9,461)	539
A E Cooper Deane	-	5,000	-	5,000
Anonymous	-	15,000	(11,863)	3,137
	<u>11,942</u>	<u>20,000</u>	<u>(23,266)</u>	<u>8,676</u>

8 Employees' Remuneration

Total remuneration (excluding employers' NI contributions) for the period amounted to £71,747 (2022 - £52,157).

The average number of paid staff for the period were:

Welfare Services	:	2 part-time employee
Administration	:	9 part-time employees

9 Trustees Remuneration and Expenses

No remuneration directly or indirectly out of the funds of the charity was paid or payable for the period to any trustee or to any person or persons known to be connected with any of them.

10 Pension Commitments

The charity operates a Nest workplace pension scheme.

Accounts

**HELPING OLDER PEOPLE NEW FOREST
(A Company Limited By Guarantee)**

**Registered Company No: 08326735 (England and Wales)
Registered Charity No: 1152294**

**REPORT OF THE TRUSTEES AND
FINANCIAL STATEMENTS FOR THE YEAR ENDED
31st March 2022**

DAVIS, BURTON, WILLIAMS & CO.

**Chartered Certified Accountants
Office B11, Sutton Business Centre
Restmor Way, Wallington
Surrey, SM6 7AH**

HELPING OLDER PEOPLE NEW FOREST
Report and accounts
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HELPING OLDER PEOPLE NEW FOREST

Report of the Trustees for the year ended 31st March 2022

The trustees who are also directors of the charity, Helping Older People New Forest, known as HOPE, for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2022.

Reference and Administrative Details

Registered Company number

08326735 (England and Wales)

Registered Charity number

1152294

Registered Office

25 Kensington Park
Milford On Sea
Lymington
Hampshire SO41 0WD

Trustees/Directors

Mrs M Clarke, FCCA
Mr D N W Tungate
Mr S R Williams
Mrs P C Inglis
Mrs M Morgan

Accountants & Independent Examiners

Davis Burton Williams & Co.
Chartered Certified Accountants
Office B11, Sutton Business Centre
Restmor Way, Wallington
Surrey, SM6 7AH

Structure, Governance and Management

Governing document

The organisation is a charitable company limited by guarantee incorporated on 11 December 2012.

The company was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed under its Articles of Association. In the event of the company being wound up the members are required to contribute such an amount as may be required (not exceeding £1).

Recruitment and appointment of new trustees

The Directors of the company are also charity trustees for the purposes of charity law and under the company's Articles.

The Trustees seek to ensure that the needs of this group are appropriately reflected through the diversity of the trustee body to enhance the potential skill set and experience of Trustees.

HELPING OLDER PEOPLE NEW FOREST

Report of the Trustees for the year ended 31st March 2022

Induction and training of new trustees

Potential new Trustees are to be invited to attend a short training session with the Trustees of the charity to familiarise themselves with the charity and the context within which it operates.

Organisational structure

The company was incorporated on the 11 December 2012 as a charitable company limited by guarantee and not having a share capital. Its members are such persons admitted to membership by the Trustees.

OBJECTIVES AND ACTIVITIES

Objectives and aims

HOPe's charitable objectives are as follows:-

To promote the following purposes for the benefit of the public and/or older people in and around the New Forest in Hampshire

- Support in times of need, bereavement, loneliness and isolation.
- Older people are supported to live independently.
- Older people are less likely to use health and care services.
- Assist pensioners with financial matters including benefits and the filling in of forms.
- Older people are supported to engage with local service delivery

HOPe's overall aim is to deliver good quality, sustainable services to older people, their carers, friends and relatives.

HOPe is a locally based charity and relies on local support for local people.

Priority is given to offering information and advice services. Services are provided by fully trained advisers. Hope also runs a befriending service. All services are safe, impartial, fully accessible, confidential and user friendly.

Strategic Direction of the Charity

- To strive to meet the needs of the older population of the New Forest - as far as we are able.
- To offer services which make a real difference.
- To engage with local people and communities and to involve them in our work.
- To ensure a strong, professional organisation which is self supporting and sustainable in the long term.
- To work in partnership with other organisations so that together we can strengthen our impact.

Delivery of Public Benefit

The Trustees in complying with these duties report that HOPe works to provide benefit to older people, their carers, friends and relatives in the New Forest. It does this by providing services to meet known needs. Services are open and accessible and involve the local community. They are free at the point of delivery. HOPe works cooperatively with other organisations to maximise public benefit.

HELPING OLDER PEOPLE NEW FOREST

Report of the Trustees for the year ended 31st March 2022

ACHIEVEMENT AND PERFORMANCE

The charity has met all targets with performance meeting expectations

Review of the Year's Activities

The start of the year coincided with the UK Government's 'Roadmap out of Covid-19' and in many ways we could coin this heading for the year under review. As with most charities, the lockdown presented considerable financial and logistical challenges that we have had to spend much of this the year recovering and rebuilding from.

Due to their now well documented 'vulnerable' category we had already lost large numbers of mature volunteers who no longer felt able to continue due to the inherent health risks being out in public. This further impacted our ability to deliver core services and we spent much of the year trying to recruit new people. We were somewhat successful in this endeavour but still lack enough volunteers and continue to try our best to attract people.

Despite these difficulties, our shops were fully reopened, we started to rebuild our befriending service and improved on our ability to offer home visits to those needing support with form filling, benefit applications and the general impact of digital discrimination.

Again, thanks to the impact of Covid, this proved to be a very difficult year for fundraising, with many more charities chasing a share of a smaller amount of money.

Nevertheless, we ended the year in a good position having found our own roadmap out of Covid-19, putting the building blocks into place for what will hopefully be a very productive subsequent year.

Financial review

Reserve policy

The trustees consider it appropriate to increase the operating reserves to ensure the charity can maintain its operation, in the event of a funding fall out. This remains an ongoing objective.

STATEMENT OF TRUSTEES RESPONSIBILITIES

The Trustees (who are also the directors of Helping Older People New Forest for the purposes of company law) are responsible for preparing the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Trustees to prepare financial statements for each financial period which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgments and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business

HELPING OLDER PEOPLE NEW FOREST

Report of the Trustees for the year ended 31st March 2022

STATEMENT OF TRUSTEES RESPONSIBILITIES continued

The Trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the Trustees are aware:

- there is no relevant examination information of which the charitable company's examiners are unaware: and
- the Trustees have taken all steps that they ought to have taken to make themselves aware of any relevant examination information and to establish that the examiners are aware of that information.

Trustees attendance at meetings

Due to Covid there was 2 meetings and the Trustees attendance at the meetings were:

Mrs M Clarke - 3 of 3

Mr D N W Tungate - 3 of 3

Mr S R Williams - 3 of 3

Mrs P C Inglis - 2 of 3

Mrs M Morgan - 3 of 3

STATEMENT AS TO DISCLOSURE OF INFORMATION TO ACCOUNTANTS

So far as the Trustees are aware, there is no relevant information (as defined by Section 418 of the Companies Act 2006) of which the charitable company's accountants are unaware, and each Trustee has taken all the steps that they ought to have taken as a Trustee in order to make them aware of any examination information and to establish that the charitable company's examiners are aware of that information.

ACCOUNTANTS

The accountants, Davis, Burton, Williams & Co. will be proposed for re-appointment in the forthcoming Annual General Meeting.

ON BEHALF OF THE BOARD OF TRUSTEES

.....
- Trustee

Date:

HELPING OLDER PEOPLE NEW FOREST

Independent Examiners Report for the year ended 31st March 2022

INDEPENDENT EXAMINER'S REPORT

I report on the accounts of the charity for the year ended 31 March 2022, which are set out on pages 6 to 11.

Respective responsibilities of the Trustees and Examiner

As described on page 3 the charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed. It is my responsibility to:-

- examine the accounts under section 145 of the Charities 2011 Act;
- to follow the procedures laid down in the General Directions given by the Charity Commissioner under section 145 (5)(b) of the 2011 Act;
- to state whether particular matters have come to my attention.

Basis of Independent Examiner's Report

My examination was carried out in accordance with the General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently I do not express an audit opinion on the view given by the accounts.

Independent Examiner's Statement

In connection with my examination, no matter has come to my attention:

- (1) which gives me reasonable cause to believe that in any material respect the requirements
 - to keep accounting records in accordance with section 130 of the 2011 Act; and
 - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act have not been met: or
- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

.....
P R Williams F.C.C.A - (Independent Examiner)
Davis Burton Williams & Co
Chartered Certified Accountants
Office B11, Sutton Business Centre
Restmor Way, Wallington
Surrey, SM6 7AH
Date 2022

HELPING OLDER PEOPLE NEW FOREST

STATEMENT OF FINANCIAL ACTIVITIES for the 31 MARCH 2022

	Unrestricted Funds £	Restricted Funds £	2022 Total Funds £	2021 Total Funds £
<u>INCOMING RESOURCES</u>				
Grants	6,667	-	6,667	69,169
Donations - Other	1,255	-	1,255	8,022
Befriending	-	1,885	1,885	5,000
Information and Advice - Ringwood	-	5,000	5,000	-
Sales	77,220	-	77,220	23,516
Legacies	-	-	-	7,164
Furlough Scheme	714	-	714	19,518
<u>Total Incoming Resources</u>	<u>85,856</u>	<u>6,885</u>	<u>92,741</u>	<u>132,389</u>
<u>RESOURCES EXPENDED</u>				
Charitable Activities: -				
Information and Advice	18,534	3,758	22,292	20,612
Befriending	10,329	4,542	14,871	5,941
Fundraising	82,633	-	82,633	72,968
Publicity - Including Website Costs	358	-	358	48
	<u>111,854</u>	<u>8,300</u>	<u>120,154</u>	<u>99,569</u>
Governance Costs: -				
Administration	13	-	13	13
Insurance	1,310	-	1,310	1,282
Accountancy Fees	1,957	-	1,957	2,372
	<u>3,280</u>	<u>-</u>	<u>3,280</u>	<u>3,667</u>

HELPING OLDER PEOPLE NEW FOREST

STATEMENT OF FINANCIAL ACTIVITIES for the 31 MARCH 2022 (continued)

	Unrestricted Funds £	Restricted Funds £	2022 Total Funds £	2021 Total Funds £
<u>RESOURCES EXPENDED (continued)</u>				
<u>Total Expenditure</u>	<u>115,134</u>	<u>8,300</u>	<u>123,434</u>	<u>103,236</u>
<u>Net Incoming / (outgoing) Resources for the period</u>	(29,278)	(1,415)	(30,693)	29,153
Total Funds brought forward	28,514	13,357	41,871	12,718
<u>TOTAL FUNDS CARRIED FORWARD</u>	<u>(764)</u>	<u>11,942</u>	<u>11,178</u>	<u>41,871</u>

All activities for the current period derive from continuing operations.

None of the company's activities were acquired or discontinued during the year and there were no recognised gains and losses for 2022 or 2021 other than those included in the profit and loss account.

The notes on pages 9 to 11 form an integral part of these accounts.

HELPING OLDER PEOPLE NEW FOREST

BALANCE SHEET as at 31 MARCH 2022

	Note	2022		2021	
		£	£	£	£
<u>FIXED ASSETS</u>					
Tangible Assets	3		3,172		6,229
<u>CURRENT ASSETS</u>					
Stocks	4	4,000		4,000	
Debtors	5	5,498		3,932	
Cash at Bank and in Hand		20,905		30,612	
		<u>30,403</u>		<u>38,544</u>	
<u>CURRENT LIABILITIES</u>					
Creditors	6	<u>(22,397)</u>		<u>(14,508)</u>	
<u>NET CURRENT ASSETS</u>			8,006		24,036
<u>NET ASSETS</u>			<u>11,178</u>		<u>30,265</u>
<u>RESTRICTED FUNDS</u>			11,942		13,357
<u>UNRESTRICTED FUNDS</u>					
General Purposes Fund			<u>(764)</u>		<u>28,514</u>
<u>TOTAL FUNDS</u>			<u>11,178</u>		<u>41,871</u>

For the financial year in question the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

No members have required the company to obtain an audit of its accounts for the year in question in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibility for complying with the requirements of the Act with respect to accounting records and for the preparation of accounts.

The accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

Approved by the Trustees and signed on their behalf by:

.....
Signed

..... M Clarke
Signed

Date 2022

The notes on pages 9 to 11 form an integral part of these accounts.

HELPING OLDER PEOPLE NEW FOREST

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2022

1 Accounting Policies

(a) Basis of Accounting

The financial statements have been prepared under the historical cost convention and in accordance with the Statement of Recommended Practice "Accounting and Reporting by Charities" (SORP 2005) issued in March 2005 and applicable UK Accounting Standards and the Charities Act 2011.

(b) Depreciation of Fixed Assets

Depreciation is provided on tangible fixed assets at rates calculated to write off the cost of each asset over its estimated useful life as follows:-

Premises	Depreciation over term of lease
Fixtures & Fittings	20% straight line basis
Office Equipment	20% straight line basis
Computers	25% straight line basis

(c) Incoming Resources

All incoming resources are recognised once the charity has entitlement to the resources, it is certain that the resources will be received and the monetary value of incoming resources can be measured with sufficient reliability.

(d) Allocation of Overhead and Support Costs

Overhead and support costs have been allocated between charitable activities and governance costs in proportion to the estimated administrative burden applicable to each activity. The allocation of overhead and support costs is analysed in note 2.

(e) Governance Costs

Governance costs comprise all costs involved in the public accountability of the charity and its compliance with regulation and good practice.

2 Allocation of Support Costs and Overheads

The breakdown of support costs and how these were allocated between Charitable Activities is shown in the tables below.

<u>Total Costs</u>	£
Administration expenses	8,239
Salaries	56,466
Premises costs	33,406
Depreciation	5,180
	<u>103,291</u>

<u>Allocated as follows:</u>	£
<u>Charitable activities-</u>	
Information and advice	10% 10,329
Fundraising	80% 82,633
Befriending	10% 10,329
	<u>103,291</u>

HELPING OLDER PEOPLE NEW FOREST

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2022 (continued)

3 Fixed Assets

	Premises £	Computers £	Fixtures & Fittings £	Office Equipment £	Total £
COST					
At 1.4.2021	25,523	897	6,065	3,352	35,837
Additions	-	1,508	615	-	2,123
Disposals	-	-	-	-	-
At 31.3.2022	<u>25,523</u>	<u>2,405</u>	<u>6,680</u>	<u>3,352</u>	<u>37,960</u>
DEPRECIATION					
At 1.4.2021	19,294	897	6,065	3,352	29,608
Charge for year	4,680	377	123	-	5,180
Disposals	-	-	-	-	-
At 31.3.2022	<u>23,974</u>	<u>1,274</u>	<u>6,188</u>	<u>3,352</u>	<u>34,788</u>
NET BOOK VALUE					
31.3.2022	<u>1,549</u>	<u>1,131</u>	<u>492</u>	<u>-</u>	<u>3,172</u>
31.3.2021	<u>6,229</u>	<u>-</u>	<u>-</u>	<u>-</u>	<u>6,229</u>

4 Stocks

	2022 £	2021 £
Stock	<u>4,000</u>	<u>4,000</u>

5 Debtors

	2022 £	2021 £
Debtors and accrued income	<u>5,498</u>	<u>3,932</u>

6 Creditors - falling due within one year

	2022 £	2021 £
Accruals	7,397	2,902
Other Creditors - Loans	15,000	-
	<u>22,397</u>	<u>2,902</u>

7 Funds

	Unrestricted Funds £	Restricted Funds £	2022 Total Funds £
At 1st April 2021	28,514	13,357	41,871
Incoming resources	85,856	6,885	92,741
Outgoing resources	(115,134)	(8,300)	(123,434)
At 31st March 2022	<u>(764)</u>	<u>11,942</u>	<u>11,178</u>
Represented by:			
Tangible Fixed Assets	3,172	-	3,172
Net Current Assets	8,006	-	8,006
	<u>11,178</u>	<u>-</u>	<u>11,178</u>

Restricted Funds

These are amounts received by Helping Older People New Forest to be expended on specific purposes.

HELPING OLDER PEOPLE NEW FOREST

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2022 (continued)

7 Funds (continued)

The charity is a public benefit entity

Restricted Funds Analysis

	Balance b/fwd	Received	Expended	Balance c/fwd
Hants CC	(643)	1,885	-	1,242
Edward Gostling	9,000	-	(8,300)	700
Henry Smith	5,000	5,000	-	10,000
	<u>13,357</u>	<u>6,885</u>	<u>(8,300)</u>	<u>11,942</u>

8 Employees' Remuneration

Total remuneration (excluding employers' NI contributions) for the period amounted to £52,157 (2021 - £36,909).

The average number of paid staff for the period were:

Welfare Services	:	2 part-time employee
Administration	:	5 part-time employees

9 Trustees Remuneration and Expenses

No remuneration directly or indirectly out of the funds of the charity was paid or payable for the period to any trustee or to any person or persons known to be connected with any of them.

10 Pension Commitments

The charity operates a Nest workplace pension scheme.

Accounts

**HELPING OLDER PEOPLE NEW FOREST
(A Company Limited By Guarantee)**

**Registered Company No: 08326735 (England and Wales)
Registered Charity No: 1152294**

**REPORT OF THE TRUSTEES AND
FINANCIAL STATEMENTS FOR THE YEAR ENDED
31st March 2021**

DAVIS, BURTON, WILLIAMS & CO.

**Chartered Certified Accountants
Office B11, Sutton Business Centre
Restmor Way, Wallington
Surrey, SM6 7AH**

HELPING OLDER PEOPLE NEW FOREST
Report and accounts
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Notes to the accounts	9-11

HELPING OLDER PEOPLE NEW FOREST

Report of the Trustees for the year ended 31st March 2021

The trustees who are also directors of the charity, Helping Older People New Forest, known as HOPE, for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2021.

Reference and Administrative Details

Registered Company number

08326735 (England and Wales)

Registered Charity number

1152294

Registered Office

25 Kensington Park
Milford On Sea
Lymington
Hampshire SO41 0WD

Trustees/Directors

Mrs M Clarke, FCCA
Mrs C M Coats (Resigned 21st August 2020)
Mr D N W Tungate
Mr S R Williams
Mrs P C Inglis
Mrs M Morgan (Appointed 25th February 2021)

Accountants & Independent Examiners

Davis Burton Williams & Co.
Chartered Certified Accountants
Office B11, Sutton Business Centre
Restmor Way, Wallington
Surrey, SM6 7AH

Structure, Governance and Management

Governing document

The organisation is a charitable company limited by guarantee incorporated on 11 December 2012.

The company was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed under its Articles of Association. In the event of the company being wound up the members are required to contribute such an amount as may be required (not exceeding £1).

Recruitment and appointment of new trustees

The Directors of the company are also charity trustees for the purposes of charity law and under the company's Articles.

The Trustees seek to ensure that the needs of this group are appropriately reflected through the diversity of the trustee body to enhance the potential skill set and experience of Trustees.

HELPING OLDER PEOPLE NEW FOREST

Report of the Trustees for the year ended 31st March 2021

Induction and training of new trustees

Potential new Trustees are to be invited to attend a short training session with the Trustees of the charity to familiarise themselves with the charity and the context within which it operates.

Organisational structure

The company was incorporated on the 11 December 2012 as a charitable company limited by guarantee and not having a share capital. Its members are such persons admitted to membership by the Trustees.

OBJECTIVES AND ACTIVITIES

Objectives and aims

HOPe's charitable objectives are as follows:-

To promote the following purposes for the benefit of the public and/or older people in and around the New Forest in Hampshire

- Support in times of need, bereavement, loneliness and isolation.
- Older people are supported to live independently.
- Older people are less likely to use health and care services.
- Assist pensioners with financial matters including benefits and the filling in of forms.
- Older people are supported to engage with local service delivery

HOPe's overall aim is to deliver good quality, sustainable services to older people, their carers, friends and relatives.

HOPe is a locally based charity and relies on local support for local people.

Priority is given to offering information and advice services. Services are provided by fully trained advisers. Hope also runs a befriending service. All services are safe, impartial, fully accessible, confidential and user friendly.

Strategic Direction of the Charity

- To strive to meet the needs of the older population of the New Forest - as far as we are able.
- To offer services which make a real difference.
- To engage with local people and communities and to involve them in our work.
- To ensure a strong, professional organisation which is self supporting and sustainable in the long term.
- To work in partnership with other organisations so that together we can strengthen our impact.

Delivery of Public Benefit

The Trustees in complying with these duties report that HOPe works to provide benefit to older people, their carers, friends and relatives in the New Forest. It does this by providing services to meet known needs. Services are open and accessible and involve the local community. They are free at the point of delivery. HOPe works cooperatively with other organisations to maximise public benefit.

HELPING OLDER PEOPLE NEW FOREST

Report of the Trustees for the year ended 31st March 2021

ACHIEVEMENT AND PERFORMANCE

The charity has met all targets with performance meeting expectations

Review of the Year's Activities

As we came into the year the first lockdown continued to bite and since then there have been successive barriers to keeping our shops trading. Despite the difficulties created we were able to access a number of funding sources and we also benefited from the support given by the Government to the retail sector.

The result of this is that we ended the year in a positive position. Both of our services (Information and Advice & Befriending) provided a limited service during the lockdown periods and are now in the process of returning to full strength. Both shops are now open and trading at good levels.

Last year it was mentioned that we hoped to extend the scope of the service to beyond the New Milton area. An application was made to Hampshire County Council to fund this extension during the 2021-2022 year and we were successful in this endeavour.

Financial review

Reserve policy

The trustees consider it appropriate to increase the operating reserves to ensure the charity can maintain its operation, in the event of a funding fall out. This remains an ongoing objective.

STATEMENT OF TRUSTEES RESPONSIBILITIES

The Trustees (who are also the directors of Helping Older People New Forest for the purposes of company law) are responsible for preparing the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Trustees to prepare financial statements for each financial period which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgments and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business

HELPING OLDER PEOPLE NEW FOREST

Report of the Trustees for the year ended 31st March 2021

STATEMENT OF TRUSTEES RESPONSIBILITIES continued

The Trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the Trustees are aware:

- there is no relevant examination information of which the charitable company's examiners are unaware: and
- the Trustees have taken all steps that they ought to have taken to make themselves aware of any relevant examination information and to establish that the examiners are aware of that information.

Trustees attendance at meetings

Due to Covid there was only 1 meeting and the Trustees attendance at the meetings were:

Mrs M Clarke - 1 of 1

Mr D N W Tungate - 1 of 1

Mr S R Williams - 1 of 1

Mrs P C Inglis - 1 of 1

STATEMENT AS TO DISCLOSURE OF INFORMATION TO ACCOUNTANTS

So far as the Trustees are aware, there is no relevant information (as defined by Section 418 of the Companies Act 2006) of which the charitable company's accountants are unaware, and each Trustee has taken all the steps that they ought to have taken as a Trustee in order to make them aware of any examination information and to establish that the charitable company's examiners are aware of that information.

ACCOUNTANTS

The accountants, Davis, Burton, Williams & Co. will be proposed for re-appointment in the forthcoming Annual General Meeting.

ON BEHALF OF THE BOARD OF TRUSTEES


.....
M CLARKE - Trustee

Date: 19.11.21

HELPING OLDER PEOPLE NEW FOREST

Independent Examiners Report for the year ended 31st March 2021

INDEPENDENT EXAMINER'S REPORT

I report on the accounts of the charity for the year ended 31 March 2021, which are set out on pages 8 to 11.

Respective responsibilities of the Trustees and Examiner

As described on page 3 the charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:-

- examine the accounts under section 145 of the Charities 2011 Act;
- to follow the procedures laid down in the General Directions given by the Charity Commissioner under section 145 (5)(b) of the 2011 Act;
- to state whether particular matters have come to my attention.

Basis of Independent Examiner's Report

My examination was carried out in accordance with the General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently I do not express an audit opinion on the view given by the accounts.

Independent Examiner's Statement

In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that in any material respect the requirements

- to keep accounting records in accordance with section 130 of the 2011 Act; and

- to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act have not been met: or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.


P R Williams F.C.C.A - (Independent Examiner)
Davis Burton Williams & Co
Chartered Certified Accountants
Office B11, Sutton Business Centre
Restmor Way, Wallington
Surrey, SM6 7AH
Date 19/11/2021

HELPING OLDER PEOPLE NEW FOREST

STATEMENT OF FINANCIAL ACTIVITIES for the 31 MARCH 2021

	Unrestricted Funds £	Restricted Funds £	2021 Total Funds £	2020 Total Funds £
<u>INCOMING RESOURCES</u>				
Grants	69,169	-	69,169	5,000
Donations - Other	8,022	-	8,022	1,534
Befriending	-	5,000	5,000	9,000
Information and Advice - Ringwood	-	-	-	5,000
Fund Raising	-	-	-	2,068
Sales	23,516	-	23,516	76,417
Legacies	7,164	-	7,164	-
Furlough Scheme	19,518	-	19,518	19,518
<u>Total Incoming Resources</u>	<u>127,389</u>	<u>5,000</u>	<u>132,389</u>	<u>99,019</u>
<u>RESOURCES EXPENDED</u>				
Charitable Activities: -				
Information and Advice	20,612	-	20,612	21,756
Befriending	-	5,941	5,941	6,395
Fundraising	72,968	-	72,968	77,815
Publicity - Including Website Costs	48	-	48	359
Mobility Scooter Training Refund	-	-	-	150
	<u>93,628</u>	<u>5,941</u>	<u>99,569</u>	<u>106,475</u>
Governance Costs: -				
Administration	13	-	13	263
Insurance	1,282	-	1,282	1,483
Accountancy Fees	2,372	-	2,372	1,825
	<u>3,667</u>	<u>-</u>	<u>3,667</u>	<u>3,571</u>

HELPING OLDER PEOPLE NEW FOREST

STATEMENT OF FINANCIAL ACTIVITIES for the 31 MARCH 2021 (continued)

	Unrestricted Funds £	Restricted Funds £	2021 Total Funds £	2020 Total Funds £
<u>RESOURCES EXPENDED (continued)</u>				
<u>Total Expenditure</u>	<u>97,295</u>	<u>5,941</u>	<u>103,236</u>	<u>110,046</u>
<u>Net Incoming / (outgoing) Resources for the period</u>	30,094	(941)	29,153	(11,027)
Total Funds brought forward	(1,580)	14,298	12,718	23,745
<u>TOTAL FUNDS CARRIED FORWARD</u>	<u>28,514</u>	<u>13,357</u>	<u>41,871</u>	<u>12,718</u>

All activities for the current period derive from continuing operations.

None of the company's activities were acquired or discontinued during the year and there were no recognised gains and losses for 2021 or 2020 other than those included in the profit and loss account.

The notes on pages 9 to 11 form an integral part of these accounts.

HELPING OLDER PEOPLE NEW FOREST

BALANCE SHEET as at 31 MARCH 2021

	Note	2021	2020
		£	£
<u>FIXED ASSETS</u>			
Tangible Assets	3	6,229	5,971
<u>CURRENT ASSETS</u>			
Stocks	4	4,000	2,000
Debtors	5	3,932	6,794
Cash at Bank and in Hand		30,612	12,461
		<u>38,544</u>	<u>21,255</u>
<u>CURRENT LIABILITIES</u>			
Creditors	6	<u>(2,902)</u>	<u>(14,508)</u>
<u>NET CURRENT ASSETS</u>		35,642	6,747
<u>NET ASSETS</u>		<u>41,871</u>	<u>12,718</u>
<u>RESTRICTED FUNDS</u>		13,357	14,298
<u>UNRESTRICTED FUNDS</u>			
General Purposes Fund		<u>28,514</u>	<u>(1,580)</u>
<u>TOTAL FUNDS</u>		<u>41,871</u>	<u>12,718</u>

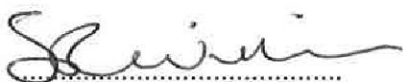
For the financial year in question the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

No members have required the company to obtain an audit of its accounts for the year in question in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibility for complying with the requirements of the Act with respect to accounting records and for the preparation of accounts.

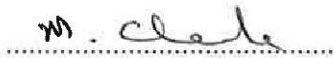
The accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

Approved by the Trustees and signed on their behalf by:



Signed

S.R. W I L I A M S



Signed

M Clarke

Date 19th November 2021

The notes on pages 9 to 11 form an integral part of these accounts.

HELPING OLDER PEOPLE NEW FOREST

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2021

1 Accounting Policies

(a) Basis of Accounting

The financial statements have been prepared under the historical cost convention and in accordance with the Statement of Recommended Practice "Accounting and Reporting by Charities" (SORP 2005) issued in March 2005 and applicable UK Accounting Standards and the Charities Act 2011.

(b) Depreciation of Fixed Assets

Depreciation is provided on tangible fixed assets at rates calculated to write off the cost of each asset over its estimated useful life as follows:-

Premises	Depreciation over term of lease
Fixtures & Fittings	20% straight line basis
Office Equipment	20% straight line basis
Computers	25% straight line basis

(c) Incoming Resources

All incoming resources are recognised once the charity has entitlement to the resources, it is certain that the resources will be received and the monetary value of incoming resources can be measured with sufficient reliability.

(d) Allocation of Overhead and Support Costs

Overhead and support costs have been allocated between charitable activities and governance costs in proportion to the estimated administrative burden applicable to each activity. The allocation of overhead and support costs is analysed in note 2.

(e) Governance Costs

Governance costs comprise all costs involved in the public accountability of the charity and its compliance with regulation and good practice.

2 Allocation of Support Costs and Overheads

The breakdown of support costs and how these were allocated between Charitable Activities is shown in the tables below.

<u>Total Costs</u>	£
Administration expenses	7,200
Salaries	32,673
Premises costs	17,371
Depreciation	3,616
	<u>60,860</u>

<u>Allocated as follows:</u>	£
<u>Charitable activities-</u>	
Information and advice	20% 12,172
Fundraising	75% 45,645
Befriending	5% 3,043
	<u>60,860</u>

The allocation above does not include the costs incurred by Ringwood amounting to £13,410.

HELPING OLDER PEOPLE NEW FOREST

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2021 (continued)

3 Fixed Assets

	Premises £	Computers £	Fixtures & Fittings £	Office Equipment £	Total £
COST					
At 1.4.2020	21,725	897	6,065	3,352	32,039
Additions	3,798	-	-	-	3,798
Disposals	-	-	-	-	-
At 31.3.2021	<u>25,523</u>	<u>897</u>	<u>6,065</u>	<u>3,352</u>	<u>35,837</u>
DEPRECIATION					
At 1.4.2020	16,005	646	6,065	3,352	26,068
Charge for year	3,289	251	-	-	3,540
Disposals	-	-	-	-	-
At 31.3.2021	<u>19,294</u>	<u>897</u>	<u>6,065</u>	<u>3,352</u>	<u>29,608</u>
NET BOOK VALUE					
31.3.2021	<u>6,229</u>	<u>-</u>	<u>-</u>	<u>-</u>	<u>6,229</u>
31.3.2020	<u>5,720</u>	<u>251</u>	<u>-</u>	<u>-</u>	<u>5,971</u>

4 Stocks

	2021 £	2020 £
Stock	<u>4,000</u>	<u>2,000</u>

5 Debtors

	2021 £	2020 £
Debtors and accrued income	<u>3,932</u>	<u>6,794</u>

6 Creditors - falling due within one year

	2021 £	2020 £
Accruals	2,902	4,508
Other Creditors - Loans	-	10,000
	<u>2,902</u>	<u>14,508</u>

7 Funds

	Unrestricted Funds £	Restricted Funds £	2021 Total Funds £
At 1st April 2020	(1,580)	14,298	12,718
Incoming resources	127,389	5,000	132,389
Outgoing resources	(97,295)	(5,941)	(103,236)
At 31st March 2021	<u>28,514</u>	<u>13,357</u>	<u>41,871</u>
Represented by:			
Tangible Fixed Assets	6,229	-	6,229
Net Current Assets	<u>35,642</u>	<u>-</u>	<u>35,642</u>
	<u>41,871</u>	<u>-</u>	<u>41,871</u>

Restricted Funds

These are amounts received by Helping Older People New Forest to be expended on specific purposes.

HELPING OLDER PEOPLE NEW FOREST

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2021 (continued)

7 Funds (continued)

The charity is a public benefit entity

Restricted Funds Analysis

	Balance b/fwd	Received	Expended	Balance c/fwd
Hants CC	5,298	-	(5,941)	(643)
Edward Gostling	4,000	5,000	-	9,000
Henry Smith	5,000	-	-	5,000
	<u>14,298</u>	<u>5,000</u>	<u>(5,941)</u>	<u>13,357</u>

8 Employees' Remuneration

Total remuneration (excluding employers' NI contributions) for the period amounted to £36,909 (2020 - £36,765).

The average number of paid staff for the period were:

Welfare Services	:	1 part-time employee
Administration	:	4 part-time employees

9 Trustees Remuneration and Expenses

No remuneration directly or indirectly out of the funds of the charity was paid or payable for the period to any trustee or to any person or persons known to be connected with any of them.

10 Pension Commitments

The charity operates a Nest workplace pension scheme.