

**SAIL(SEXUAL ABUSE AND INCEST LINE)
TRUSTEES' REPORT AND
FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025**



Nicholson Tax & Accounts
8 Chapel Street
Belper
DE56 1AR

SAIL(Sexual Abuse And Incest Line)
Contents

	Page
Trustees' Report	1—5
Independent Examiner's Report	6
Statement of Financial Activities (including Income and Expenditure Account)	7
Comparative Statement of Financial Activities (including Income and Expenditure Account)	8
Balance Sheet	9
Notes to the Financial Statements	10—14
The following pages do not form part of the statutory accounts:	
Detailed Statement of Financial Activities (including Income and Expenditure Account)	15—16

SAIL(Sexual Abuse And Incest Line)
Company No. 08436085
Trustees' Report For The Year Ended 31 March 2025

The trustees present their report and the financial statements for the year ended 31 March 2025.

Objectives and Activities

Aims and Objectives

The relief and prevention of the further suffering of people in the Derbyshire area, who are survivors of childhood sexual abuse, incest or sexual violence by the provision of assistance, support and services or as the Trustees shall from time to time decide.

The aims of the charity are to provide free, specialist counselling and choice of support services for victims of sexual violence, to help them develop coping strategies not only to survive, but to thrive.

Significant Activities

Principal activities

Summary of the main activities undertaken for public benefit;

Therapy

SAIL provides face to face and remote counselling, support, and information to survivors of child sexual abuse, incest and sexual violence(18+) who live in Derbyshire. Therapy and is provided by a in DerbySAIL provides face to face and remote counselling, support, and information to survivors of child

sexual abuse, incest and sexual violence(18+) who live in Derby and Derbyshire

Therapy and Counselling is delivered by specially trained dedicated team of qualified volunteer Counsellors, subcontracted Counsellors and placement Counsellors- who meet SAIL's stringent criteria.

During this year SAIL provided 4084 Counselling sessions.

Group Therapy and Peer Group - This year SAIL's groups took place online, both Group Therapy and Peer Group Therapy were offered.

Helpline

Helpline Contacts - This year SAIL's helpline received 3444 contacts. Wellbeing Calls - During the year, 214 wellbeing calls were made to clients.

ISVA(Independent Sexual Violence Advisors)

During this year SAIL's ISVA's received 2989 contacts

Training Delivery

In Partnership with Derbyshire County Council and SV2, SAIL delivers bi-monthly webinars around the topic of sexual violence awareness.

In carrying out these activities, the Trustees have had regard to the guidance issued by the Charity Commission on public benefit.

Achievements and Performance

Main Achievements

It has been a busy and rewarding year for SAIL. During this time, we have developed Counselling hubs across the County and City to better meet individual need in Ashbourne, Long Eaton, Derby, Matlock and Heanor.

SAIL's Counselling service has achieved re accreditation with BACP(British Association of Counsellors and Psychotherapists) and our ISVA(Independant Sexual Violence Advisor) Service has achieved reaccreditation with Lime Culture.

SAIL's Male Support Worker has developed outreach plans to increase access to the service for men as well as offering counselling, advocacy and Group Therapy.

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**SAIL(Sexual Abuse And Incest Line)
Trustees' Report (continued)
For The Year Ended 31 March 2025**

Main Achievements - continued

We have been able to provide an increased amount of Counselling sessions and assessments in response to an increase in demand for our services.
SAIL has achieved reaccreditation with Helplines Standards Partnership and our specialist helpline continues to offer phone, email and text service support as well as regular wellbeing calls to those on our waiting list.
We provided Art Therapy, Drama Therapy, Group Therapy and a Peer support group.
Recruitment for further volunteer counsellors and helpline workers continued, along with the recruitment of additional supervisors to meet the growing needs of the service.
We have partnered with other local organisations and provided training and knowledge sharing.
Our client feedback and case studies of our exceptional work with survivors are available to view in our Annual Report.

Financial Review

Financial Position

SAIL's funding is secure until 2026 with some funding confirmed until 2027. Along with other small charity organisations, SAIL is reliant on grant funding for our core service.
SAIL, with the aid of sound financial management and the support of the staff and volunteers, generated a positive financial outcome for the period.
The core funding sources for SAIL are currently the Ministry of Justice, The National Lottery Community Fund and Derby and Derbyshire ICB. It is the long-term aim of SAIL, which is particularly vulnerable to cuts in statutory funding, to build up unrestricted funds (the free reserves of the organisation) equivalent to three months average running costs. In this financial year, three months running costs would be £94,530.
The charity had £362,094 in reserves on 31st March 2025 of which £261,722 were unrestricted.
The Trustees feel that this level of unrestricted reserves is sufficient to meet the demands of our reserves policy.

Additional Note

Future Plans

Our aims during the next 12 months include the continuation of our work towards creating a sustainable service to meet the needs of our community. We plan to continue to maintain and develop SAIL's ongoing work through further recruitment. As well as further developing the organisation by strengthening governance, recruiting new Trustees.

Structure, Governance and Management

Governing Document

The Company (Company number 8436085) was incorporated on 8th March 2013 and its Memorandum and Articles of Association govern it. Its legal status is that of a company limited by guarantee and is a registered charity (Charity number 1152263). It took over the funds of the unincorporated charity number 1108117, also known as SAIL. These funds were transferred on 1st April 2014. It has no share capital and the liability of each member in the event of winding up is limited to £1. Overall management of the Charity is the responsibility of the Trustee directors who are elected and co-opted under the terms of the memorandum and articles of association. Day to day project activity is carried out by paid staff and volunteers.

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**SAIL(Sexual Abuse And Incest Line)
Trustees' Report (continued)
For The Year Ended 31 March 2025**

Governing Document - continued

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Trustee Selection Methods

Under the requirements of the Memorandum and Articles of Association, the members of the Management Committee are elected to serve for a period of a year after which they must be re-elected at the next Annual General Meeting. The Management Committee seeks to ensure that the needs of the beneficiaries are appropriately reflected through the diversity of the Trustee body.

To enhance the potential pool of Trustees, SAIL advertises on a running basis with the local volunteer centre and also networks with local groups of differing professionals as a way of ensuring a broad mix of skills is represented on the Management Committee.

Reference and Administrative Details

Trustees

Miss GR Binnie
Mrs M Grant
Miss A Thornton-Delve
Mr Lewis Hanney
Miss A Gaunt

Charity Number

1152263

Company Number

08436085

Independent Examiner

Eric O'Connor
Nicholson Tax & Accounts
8 Chapel Street
Belper
DE56 1AR

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**SAIL(Sexual Abuse And Incest Line)
Trustees' Report (continued)
For The Year Ended 31 March 2025**

Reference and Administrative Details - continued

REFERENCE AND ADMINISTRATION INFORMATION

Name of Charity SAIL (Sexual Abuse And Incest Line)

Charity registration number 1152263

Company registration number 8436085

Principal address 12 Soresby Street

Chesterfield

England

S40 1JN

Trustees

The Trustees and Officers serving during the year and since the year end were as follows;

Miss GR Binnie

Miss M Grant

Miss A Thornton-Delve

Mr Lewis Hanney

Independent examiners Nicholson Tax & Accounts

8 Chapel Street

Belper

Derbyshire

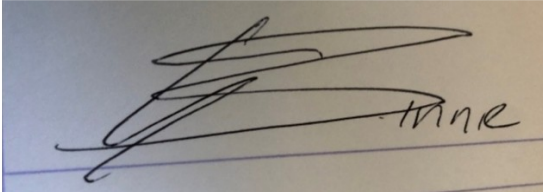
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**SAIL(Sexual Abuse And Incest Line)
Trustees' Report (continued)
For The Year Ended 31 March 2025**

Small Company Rules

This report has been prepared in accordance with the special provisions relating to companies subject to the small companies regime within Part 15 of the Companies Act 2006.

The trustees' report was approved by the board of trustees and signed on its behalf by:

A photograph of a handwritten signature in black ink on a light-colored surface. The signature is stylized and appears to be 'GR Binnie'.

Miss GR Binnie

Trustee

11th December 2025

SAIL(Sexual Abuse And Incest Line)
Independent Examiner's Report to the Trustees of SAIL(Sexual Abuse And Incest Line)
For The Year Ended 31 March 2025

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2025.

Responsibilities and Basis of Report

As the charity trustees of the Company (and also its directors for the purposes of company law), you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ("the 2006 Act").

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent Examiner's Statement

Since the Company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of The Association of Accounting Technicians, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Eric O'Connor
11th December 2025
8 Chapel Street
Belper
DE56 1AR

SAIL(Sexual Abuse And Incest Line)
Statement of Financial Activities (including Income and Expenditure Account)
For The Year Ended 31 March 2025

				2025	2024
		Unrestricted funds	Restricted funds	Total funds	Total funds
	Notes	£	£	£	£
INCOME AND ENDOWMENTS FROM:					
Donations and legacies	3	206,859	214,088	420,947	530,410
EXPENDITURE ON:					
Charitable activities:	4				
Finance		(271)	-	(271)	(250)
Governance		(1,678)	(11,017)	(12,695)	(8,948)
Running costs		(22,694)	(118,627)	(141,321)	(198,037)
Salaries and pensions		(123,212)	(190,833)	(314,045)	(305,186)
		(147,856)	(320,476)	(468,332)	(512,421)
NET (EXPENDITURE)/INCOME		59,003	(106,388)	(47,385)	17,989
NET MOVEMENT IN FUNDS		59,003	(106,388)	(47,385)	17,989
RECONCILIATION OF FUNDS:					
Total funds brought forward		202,719	206,760	409,479	391,490
TOTAL FUNDS CARRIED FORWARD	9	261,722	100,372	362,094	409,479

The notes on pages 10 to 14 form part of these financial statements.

SAIL(Sexual Abuse And Incest Line)
Comparative Statement of Financial Activities (including Income and Expenditure Account)
For The Year Ended 31 March 2025

				2024
		Unrestricted funds	Restricted funds	Total funds
	Notes	£	£	£
INCOME AND ENDOWMENTS FROM:				
Donations and legacies	3	185,932	344,478	530,410
EXPENDITURE ON:				
Charitable activities:	4			
Finance		-	(250)	(250)
Governance		(2,596)	(6,352)	(8,948)
Running costs		(32,035)	(166,002)	(198,037)
Salaries and pensions		(130,495)	(174,691)	(305,186)
		(165,126)	(347,295)	(512,421)
NET INCOME		20,806	(2,817)	17,989
Transfers between funds	9	43,558	(43,558)	-
NET MOVEMENT IN FUNDS		64,364	(46,375)	17,989
RECONCILIATION OF FUNDS:				
Total funds brought forward		138,355	253,135	391,490
TOTAL FUNDS CARRIED FORWARD	9	202,719	206,760	409,479

The notes on pages 10 to 14 form part of these financial statements.

SAIL(Sexual Abuse And Incest Line)
Balance Sheet
As At 31 March 2025

			2025	2024
		Unrestricted funds	Restricted funds	Total funds
	Notes	£	£	£
CURRENT ASSETS				
Cash at bank and in hand		364,497	-	364,497
		364,497	-	412,201
Creditors: Amounts Falling Due Within One Year	8	(2,403)	-	(2,403)
				(2,722)
NET CURRENT ASSETS (LIABILITIES)		362,094	-	362,094
				409,479
TOTAL ASSETS LESS CURRENT LIABILITIES		362,094	-	362,094
				409,479
NET ASSETS		362,094	-	362,094
				409,479
FUNDS OF THE CHARITY				
Restricted Funds				100,372
Unrestricted Funds				206,760
				261,722
TOTAL FUNDS	9			202,719
				362,094
				409,479

For the year ending 31 March 2025 the charitable company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the charitable company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

On behalf of the board



Mrs M Grant

Trustee

11th December 2025

The notes on pages 10 to 14 form part of these financial statements.

**SAIL(Sexual Abuse And Incest Line)
Notes to the Financial Statements
For The Year Ended 31 March 2025**

1. General Information

SAIL(Sexual Abuse And Incest Line) is a company limited by guarantee, incorporated in England & Wales, registered number 08436085 and registered charity number 1152263. The registered office is .

2. Accounting Policies

2.1. Basis of Preparation of Financial Statements

The financial statements have been prepared in accordance with the Charities SORP (FRS 102) "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)", Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the Companies Act 2006.

The charitable company is a Public Benefit Entity as defined by FRS 102.

2.2. Incoming Resources

All incoming resources are included in the statement of financial activities when the Charity is entitled to the income and the amount can be quantified with reasonable accuracy.

2.3. Resources Expended

Liabilities are recognised as resources expended when there is a legal or constructive obligation committing the Charity to the expenditure

2.4. Cash and Cash Equivalents

Cash and cash equivalents are basic financial assets and include cash in hand and deposits held at call with banks, other short-term highly liquid investments that mature in no more than three months from the date of acquisition and are readily convertible to a known amount of cash with insignificant risk of change in value, and bank overdrafts.

3. Income from Donations and Legacies

	2025		
	Unrestricted funds	Restricted funds	Total funds
	£	£	£
Donations and gifts	2,859	-	2,859
Grants	204,000	214,088	418,088
	206,859	214,088	420,947
	2024		
	Unrestricted funds	Restricted funds	Total funds
	£	£	£
Donations and gifts	3,182	-	3,182
Grants	182,750	344,478	527,228
	185,932	344,478	530,410

SAIL(Sexual Abuse And Incest Line)
Notes to the Financial Statements (continued)
For The Year Ended 31 March 2025

4. Analysis of Expenditure

	2025		
	Activities undertaken directly	Support costs (see note 5)	Total
	£	£	£
Finance	-	271	271
Governance	-	12,695	12,695
Running costs	51,330	89,991	141,321
Salaries and pensions	-	314,045	314,045
	<u>51,330</u>	<u>417,002</u>	<u>468,332</u>

	2024		
	Activities undertaken directly	Support costs (see note 5)	Total
	£	£	£
Finance	-	250	250
Governance	-	8,948	8,948
Running costs	76,765	121,272	198,037
Salaries and pensions	-	305,186	305,186
	<u>76,765</u>	<u>435,656</u>	<u>512,421</u>

5. Support Costs

	2025			
	Finance	Governance	Running costs	Salaries and pensions
	£	£	£	£
Employee costs	-	-	26,274	314,045
Premises expenses	-	-	34,251	-
General administration	-	-	29,466	-
Interest payable	271	-	-	-
Governance costs	-	12,695	-	-
	<u>271</u>	<u>12,695</u>	<u>89,991</u>	<u>314,045</u>
	<u>271</u>	<u>12,695</u>	<u>89,991</u>	<u>314,045</u>

SAIL(Sexual Abuse And Incest Line)
Notes to the Financial Statements (continued)
For The Year Ended 31 March 2025

	2024			
	Finance	Governance	Running costs	Salaries and pensions
	£	£	£	£
Employee costs	-	-	33,140	305,186
Premises expenses	-	-	32,217	-
General administration	-	-	55,915	-
Interest payable	250	-	-	-
Governance costs	-	8,948	-	-
	250	8,948	121,272	305,186
				435,656

6. Staff Costs

Staff costs were as follows:

	2025	2024
	£	£
Wages and salaries	314,045	305,471
Other pension costs	14,835	15,921
	328,880	321,392

No employees received employee benefits (excluding employer pension costs) for the reporting period of more than £60,000.

7. Average Number of Employees

Average number of employees during the year was: 18 (2024: 16)

8. Creditors: Amounts Falling Due Within One Year

	2025	2024
	£	£
Accruals and deferred income	2,403	2,722

9. Movement in Funds

	As at 1 April 2024	Income	Expenditure	As at 31 March 2025
	£	£	£	£
Unrestricted funds				
General:				
General unrestricted fund	202,719	206,859	(147,856)	261,722
Restricted funds				
Alchemey Foundation	-	1,000	-	1,000
Big Lottery	162,300	89,477	(206,051)	45,726
Ministry of Justice	25,083	75,410	(70,371)	30,122
PCC	12,458	24,920	(21,623)	15,755

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SAIL(Sexual Abuse And Incest Line)
Notes to the Financial Statements (continued)
For The Year Ended 31 March 2025

SV/DV	2,842	23,281	(22,431)	3,692
PCC/CCG	1,133	-	-	1,133
£90k ICB	2,944	-	-	2,944
Total restricted funds	206,760	214,088	(320,476)	100,372
Total funds	409,479	420,947	(468,332)	362,094

	As at 1 April 2023 £	Income £	Expenditure £	Transfers £	As at 31 March 2024 £
Unrestricted funds					
General:					
General unrestricted fund	138,355	185,932	(165,126)	43,558	202,719
Restricted funds					
Big Lottery	177,161	195,730	(210,591)	-	162,300
Ministry of Justice	17,636	100,547	(93,100)	-	25,083
PCC	8,174	24,920	(20,636)	-	12,458
SV/DV	2,432	23,281	(22,871)	-	2,842
PCC/CCG	1,133	-	-	-	1,133
£90k ICB	3,041	-	(97)	-	2,944
Move On Group	2,000	-	-	(2,000)	-
Lloyds	41,558	-	-	(41,558)	-
Total restricted funds	253,135	344,478	(347,295)	(43,558)	206,760
Total funds	391,490	530,410	(512,421)	-	409,479

10. Transactions with Trustees

No trustee expenses have been incurred.

11. Related Party Disclosures

There have been no related party transactions in the reporting period that require disclosure, except for those disclosed in the Transactions with Trustees note.

SAIL(Sexual Abuse And Incest Line)
Notes to the Financial Statements (continued)
For The Year Ended 31 March 2025

12. Company limited by guarantee

The company is limited by guarantee and has no share capital.

Every member of the company undertakes to contribute to the assets of the company, in the event of a winding up, such an amount as may be required not exceeding £1.

SAIL(Sexual Abuse And Incest Line)
Detailed Statement of Financial Activities (including Income and Expenditure Account)
For The Year Ended 31 March 2025

	2025	2024
	Total funds	Total funds
	£	£
INCOME AND ENDOWMENTS FROM:		
Donations and legacies		
Donations and gifts	2,859	3,182
Grants	418,088	527,228
	<hr/> 420,947	<hr/> 530,410
	420,947	530,410
EXPENDITURE ON:		
Charitable Activities:		
Finance		
Bank charges	(271)	(250)
	<hr/> (271)	<hr/> (250)
Governance		
Accountancy fees	(2,164)	(2,202)
Legal fees	(9,720)	(3,780)
Professional fees	(811)	(2,966)
	<hr/> (12,695)	<hr/> (8,948)
Running costs		
Counselling	(51,330)	(76,765)
Supervision	(14,835)	(15,921)
Assessments	-	(285)
Staff training	(10,361)	(13,581)
Staff expenses	(1,078)	(3,353)
Office costs and room hire	(25,361)	(32,217)
Rates	(2,320)	-
Light and heat	(6,570)	-
Volunteer expenses	(7,975)	(10,733)
Computer and IT consumables	(4,794)	(25,086)
Insurance	(562)	(471)
Printing, postage and stationery	(3,666)	(2,716)
Advertising and marketing costs	(7,151)	(7,770)
Telecommunications and data costs	(5,142)	(8,682)
Sundry expenses	(176)	(457)
	<hr/> (141,321)	<hr/> (198,037)

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SAIL(Sexual Abuse And Incest Line)
Detailed Statement of Financial Activities (including Income and Expenditure Account) (continued)
For The Year Ended 31 March 2025

Salaries and pensions

Wages and salaries	(314,045)	(305,186)
	(314,045)	(305,186)
	(468,332)	(512,421)
NET (EXPENDITURE)/INCOME	(47,385)	17,989