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The Registrar of Companies
Companies House
Crown Way
Maindy
Cardiff
CF14 3UZ

James Brown/SAI1809

23rd December 2024

Dear Sir,

SAIL (Sexual Abuse And Incest Line) – Company Number 08436085

With reference to the above we enclose a copy of the report of the trustees and financial statements for the year ended 31st March 2024. We shall be grateful if you will update your records accordingly.

Yours faithfully,

Nicholson Tax & Accounts

Charity Number: 1152263
Company Number: 8436085
(England and Wales)

SAIL (Sexual Abuse And Incest Line)

Report of the Trustees and Unaudited Financial Statements

For the Year Ended 31st March 2024

SAIL (Sexual Abuse And Incest Line)
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SAIL (Sexual Abuse And Incest Line)
Report of the Trustees
For the Year Ended 31st March 2024

The Trustees, who are also directors for the purposes of company law, have pleasure in presenting their report and the financial statements for the charitable company for the year ended 31st March 2024.

The Trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and the Republic of Ireland (FRS 102) (effective 1st January 2019)

OBJECTIVES AND ACTIVITIES

Objectives and aims

The relief and prevention of the further suffering of people in the Derbyshire area, who are survivors of childhood sexual abuse, incest or sexual violence by the provision of assistance, support and services or as the Trustees shall from time to time decide.

The aims of the charity are to provide free, specialist counselling and choice of support services for victims of sexual violence, to help them develop coping strategies not only to survive, but to thrive.

Principal activities

Summary of the main activities undertaken for public benefit;

Therapy

SAIL provides face to face and remote counselling, support, and information to survivors of child sexual abuse, incest and sexual violence (18+) who live in Derbyshire. Therapy is provided by a specially trained dedicated team of qualified volunteer Counsellors, subcontracted Counsellors and placement Counsellors- who meet SAIL's stringent criteria.

During this year SAIL provided 3280 Counselling sessions.

Group Therapy and Peer Group - This year SAIL's groups took place online, both Group Therapy and Peer Group Therapy were offered.

Helpline

Helpline Contacts - This year SAIL's helpline received 2093 contacts.

Wellbeing Calls - During the year, 254 wellbeing calls were made to clients.

ISVA (Independent Sexual Violence Advisors)

During this year SAIL's ISVA's received 2357 contacts

Training Delivery

In Partnership with Derbyshire County Council and SV2, SAIL delivers bi-monthly webinars around the topic of sexual violence awareness.

In carrying out these activities, the Trustees have had regard to the guidance issued by the Charity Commission on public benefit.

SAIL (Sexual Abuse And Incest Line)
Report of the Trustees
For the Year Ended 31st March 2024

ACHIEVEMENTS AND PERFORMANCE

It has been a busy and rewarding year for SAIL. During this time, we have developed Counselling hubs across the County and City to better meet individual need in Ashbourne, Long Eaton, Derby, Matlock and Heanor.

SAIL's Counselling service has achieved accreditation with BACP (British Association of Counsellors and Psychotherapists) and our ISVA (Independent Sexual Violence Advisor) Service has achieved reaccreditation with Lime Culture.

SAIL's Male Support Worker has developed outreach plans to increase access to the service for men as well as offering counselling and support sessions.

We have been able to provide an increased amount of Counselling sessions and assessments in response to an increase in demand for our services.

SAIL has achieved reaccreditation with Helplines Standards Partnership and our specialist helpline continues to offer phone, email and text service support as well as regular wellbeing calls to those on our waiting list.

We provided Art Therapy, Drama Therapy, Group Therapy and a Peer support group.

Recruitment for further volunteer counsellors and helpline workers continued, along with the recruitment of additional supervisors to meet the growing needs of the service.

We have partnered with other local organisations and provided training and knowledge sharing. Our client feedback and case studies of our exceptional work with survivors are available to view in our Annual Report.

FINANCIAL REVIEW

SAIL's funding is secure until 2027 with some funding confirmed until 2026. Along with other small charity organisations, SAIL is reliant on grant funding for our core service.

SAIL, with the aid of sound financial management and the support of the staff and volunteers, generated a positive financial outcome for the period.

The core funding sources for SAIL are currently the Ministry of Justice, The National Lottery Community Fund and Derby and Derbyshire ICB. It is the long-term aim of SAIL, which is particularly vulnerable to cuts in statutory funding, to build up unrestricted funds (the free reserves of the organisation) equivalent to three months average running costs. In this financial year, three months running costs would be £92,347.

The charity had £409,479 in reserves on 31st March 2024 of which £202,719 were unrestricted.

The Trustees feel that this level of unrestricted reserves is sufficient to meet the demands of our reserves policy.

FUTURE PLANS

Our aims during the next 12 months include the continuation of our work towards creating a sustainable service to meet the needs of our community.

We plan to continue to maintain and develop SAIL's ongoing work through further recruitment. As well as further developing the organisation by strengthening governance, recruiting new Trustees.

SAIL (Sexual Abuse And Incest Line)
Report of the Trustees
For the Year Ended 31st March 2024

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The Company (Company number 8436085) was incorporated on 8th March 2013 and its Memorandum and Articles of Association govern it. Its legal status is that of a company limited by guarantee and is a registered charity (Charity number 1152263). It took over the funds of the unincorporated charity number 1108117, also known as SAIL. These funds were transferred on 1st April 2014. It has no share capital and the liability of each member in the event of winding up is limited to £1. Overall management of the Charity is the responsibility of the Trustee directors who are elected and co-opted under the terms of the memorandum and articles of association. Day to day project activity is carried out by paid staff and volunteers.

SAIL (Sexual Abuse And Incest Line)
Report of the Trustees
For the Year Ended 31st March 2024

Under the requirements of the Memorandum and Articles of Association, the members of the Management Committee are elected to serve for a period of a year after which they must be re-elected at the next Annual General Meeting. The Management Committee seeks to ensure that the needs of the beneficiaries are appropriately reflected through the diversity of the Trustee body. To enhance the potential pool of Trustees, SAIL advertises on a running basis with the local volunteer centre and also networks with local groups of differing professionals as a way of ensuring a broad mix of skills is represented on the Management Committee.

REFERENCE AND ADMINISTRATION INFORMATION

Name of Charity	SAIL (Sexual Abuse And Incest Line)
Charity registration number	1152263
Company registration number	8436085
Principal address	12 Soresby Street Chesterfield England S40 1JN

Trustees

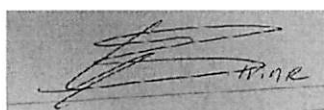
The Trustees and Officers serving during the year and since the year end were as follows;

Miss GR Binnie
Mrs M Grant
Miss A Thornton-Delve
Mr Lewis Hanney
Miss A Gaunt

Independent examiners

Nicholson Tax & Accounts
8 Chapel Street
Belper
Derbyshire
DE56 1AR

Approved by the Board of Trustees and signed on its behalf by



Miss GR Binnie
Trustee

SAIL (Sexual Abuse And Incest Line)
Independent Examiners Report to the Trustees
For the Year Ended 31st March 2024

I report to the Trustees on my examination of the accounts of the charitable company for the year ended 31 March 2024.

Responsibilities and basis of report

As the charity Trustees, who are also directors for the purposes of company law, are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act')

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiners statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



.....
Eric O'Connor

Nicholson Tax & Accounts
8 Chapel Street
Belper
Derbyshire
DE56 1AR

SAIL (Sexual Abuse And Incest Line)
Statement of Financial Activities(including Income and Expenditure Account)
For the Year Ended 31st March 2024

	Notes	Unrestricted funds	Restricted funds	2024	2023
		£	£	£	£
Income and endowments from;					
Donations and legacies	2	3,182		3,182	1,797
Charitable Activities	3	182,750	344,478	527,228	543,130
Total		185,932	344,478	530,410	544,927
Expenditure on;					
Charitable activities	4	163,786	348,635	512,421	369,403
Total		163,786	348,635	512,421	369,403
Net income/ (expenditure)		22,146	-4,157	17,989	175,524
Reconciliation of funds					
Total funds brought forward		134,406	257,084	391,490	215,966
Total funds carried forward		156,552	252,927	409,479	391,490

SAIL (Sexual Abuse And Incest Line)
Statement of Financial Position
For the Year Ended 31st March 2024

	Notes	2024	2023
Current assets			
Debtors	5	0	0
Cash at bank and in hand		412,201	400,310
		<u>412,201</u>	<u>400,310</u>
Creditors; amounts falling due within one year	6	-2,722	-8,820
Net current assets		<u>409,479</u>	<u>391,490</u>
Total assets less current liabilities		<u>409,479</u>	<u>391,490</u>
Net assets		<u>409,479</u>	<u>391,490</u>
The funds of the charity			
Restricted income funds	7	206,760	253,135
Unrestricted income funds	7	202,719	138,355
Total funds		<u>409,479</u>	<u>391,490</u>

For the year ended 31 March 2024 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

- The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476

- The Trustees acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts. These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved and authorised for issue by the board and signed on its behalf by;

Michelle Grant

.....

Mrs M Grant

SAIL (Sexual Abuse And Incest Line)
Notes to the Financial Statements
For the Year Ended 31st March 2024

1. Accounting Policies

Basis of accounting

The financial statements have been prepared under the historical cost convention, except for are included at market value and the revaluation of certain fixed assets and in accordance with the Charities investments which SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), and the Companies Act 2006.

SAIL (Sexual Abuse And Incest Line) meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note(s).

Funds

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the Trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Incoming resources

All incoming resources are included in the statement of financial activities when the Charity is entitled to the income and the amount can be quantified with reasonable accuracy.

The following specific policies are applied to particular categories of income:

Resources expended

Liabilities are recognised as resources expended when there is a legal or constructive obligation committing the Charity to the expenditure

Taxation

The charity is exempt from corporation tax on its charitable activities

2. Income from donations and legacies

	Unrestricted funds	Restricted funds	2024	2023
	£	£	£	£
Donations received	3,182	0	3,182	1,797
	<u>3,182</u>	<u>0</u>	<u>3,182</u>	<u>1,797</u>

SAIL (Sexual Abuse And Incest Line)
Notes to the Financial Statements
For the Year Ended 31st March 2024

3. Income from charitable activities

	Unrestricted funds	Restricted funds	2024	2023
	£	£	£	£
Lloyds	0		0	2,250
PCC		24,920	24,920	24,920
ICB Core	182,750		182,750	177,202
Big Lottery		195,730	195,730	154,156
Ministry of Justice		100,547	100,547	75,410
£90k ICB		0	0	90,000
SVDV		23,281	23,281	19,192
	<u>182,750</u>	<u>344,478</u>	<u>527,228</u>	<u>543,130</u>

4. Costs of charitable activities by fund type

	Unrestricted funds	Restricted funds	2024	2023
	£	£	£	£
PCC		20,634	20,634	23,348
PCC/CCG		0	0	103
ICB Core	163,786	0	163,786	165,842
Big Lottery		211,932	211,932	5,614
Ministry of Justice		93,100	93,100	70,777
£90k ICB		97	97	86,959
SVDV		22,872	22,872	16,760
	<u>163,786</u>	<u>348,635</u>	<u>512,421</u>	<u>369,403</u>

5. Debtors

	2024	2023
	£	£
Amounts due after more than one year;		
Prepayments and accrued income	<u>0</u>	<u>0</u>
	<u>0</u>	<u>0</u>

SAIL (Sexual Abuse And Incest Line)
Notes to the Financial Statements
For the Year Ended 31st March 2024

6. Creditors: amounts falling due within one year

	2024	2023
	£	£
Accruals and deferred income	2,722	8,820
	<u>2,722</u>	<u>8,820</u>

7. Movement in funds

Unrestricted Funds

	Balance at 01/04/2023	Incoming resources	Outgoing resources	Fund transfer	Balance at 31/03/2024
	£	£	£	£	£
<i>General</i>					
ICB Core	138,355	185,932	165,126	2,000	161,161
Lloyds	0	0	0	41,558	41,558
	<u>138,355</u>	<u>185,932</u>	<u>165,126</u>	<u>43,558</u>	<u>202,719</u>

Unrestricted - Previous Year

	Balance at 01/04/2022	Incoming resources	Outgoing resources	Fund transfer	Balance at 31/03/2023
	£	£	£	£	£
<i>General</i>					
ICB Core	125,257	179,056	165,900	-58	138,355
	<u>125,257</u>	<u>179,056</u>	<u>165,900</u>	<u>-58</u>	<u>138,355</u>

SAIL (Sexual Abuse And Incest Line)
Notes to the Financial Statements
For the Year Ended 31st March 2024

Restricted Funds

	Balance at 01/04/2023	Incoming resources	Outgoing resources	Fund transfer	Balance at 31/03/2024
	£	£	£	£	£
Move On Group	2,000			2,000	0
Lloyds	41,558			41,558	0
PCC	8,174	24,920	20,635		12,459
PCC/CCG	1,133				1,133
Big Lottery	177,161	195,730	210,591		162,300
Ministry of Justice	17,636	100,547	93,100		25,083
£90k ICB	3,041		97		2,944
SVDV	2,432	23,281	22,872		2,841
	253,135	344,478	347,295	43,558	206,760

Restricted Funds - Previous Year

	Balance at 01/04/2022	Incoming resources	Outgoing resources	Fund transfer	Balance at 31/03/2023
	£	£	£	£	£
Lottery Covid 19 Response	-58	0		58	0
Move On Group	2,000				2,000
Lloyds	39,308	2,250	0		41,558
PCC	6,602	24,920	23,348		8,174
PCC/CCG	1,236		103		1,133
Big Lottery	28,619	154,156	5,614		177,161
Ministry of Justice	13,003	75,410	70,777		17,636
£90k ICB	0	90,000	86,959		3,041
SVDV	0	19,192	16,760		2,432
	90,710	365,928	203,561	58	253,135

SAIL (Sexual Abuse And Incest Line)
Detailed Statement of Financial Activities
For the Year Ended 31st March 2024

	2024	2023
	£	£
INCOME AND ENDOWMENT		
Donations and legacies		
Donations	3,182	1,797
	<u>3,182</u>	<u>1,797</u>
Charitable activities		
Grants (ICB Core)	182,750	177,202
Grants (Big Lottery)	195,730	154,156
Grants (PCC)	24,920	24,920
Grants (£90k ICB)	0	90,000
Grants (SVDV)	23,281	19,192
Grants (Lloyds)	0	2,250
Grants (Ministry of Justice)	100,547	75,410
	<u>527,228</u>	<u>543,130</u>
Total incoming resources	<u>530,410</u>	<u>544,927</u>
EXPENDITURE		
Charitable activities		
Room hire (ICB Core)	2,544	4,949
Room hire & running costs (£90k ICB)	0	2,649
Room hire & running costs (MOJ)	858	780
Room hire & running costs (Big Lottery)	8,111	0
Office costs (ICB Core)	1,624	2,233
Office costs (£90k ICB)	58	842
Office costs (Big Lottery)	3,013	0
Office costs (Ministry of Justice)	21	0
Office costs (PCC)	680	0
Office costs (SV/DV)	115	0
Carried forward	<u>17,024</u>	<u>11,453</u>

	2024	2023
	£	£
brought forward	17,024	11,453
Staff costs – (Core)	130,495	117,003
Staff costs – (PCC/CCG)	0	103
Staff costs – (Ministry of Justice)	19,183	40,898
Staff costs – wages & salaries (£90k ICB)	0	29,718
Staff costs - wages & salaries (Big Lottery)	130,453	1,149
Staff costs – (PCC)	16,288	16,834
Staff costs – (SVDV)	8,767	10,464
Volunteer expenses (£90k ICB)	0	3,682
Volunteer expenses (ICB Core)	6,462	5,503
Volunteer expenses (MOJ)	0	125
Volunteer expenses (Big Lottery)	4,271	0
Staff expenses (ICB Core)	2,304	1,183
Staff expenses (Big Lottery)	474	59
Staff expenses (PCC)	183	9
Staff expenses (SVDV)	46	127
Staff expenses (MOJ)	346	233
Training costs (Ministry of Justice)	6,239	1,165
Training costs (PCC)	278	3,743
Training costs (£90k ICB)	0	1,534
Training costs (ICB Core)	3,488	6,474
Training costs (Big Lottery)	3,276	0
Training costs (SV/DV)	300	0
Counselling (Ministry of Justice)	60,650	12,410
Counselling (£90k ICB)	0	30,870
Counselling (SVDV)	2,940	120
Counselling (Big Lottery)	9,675	0
Counselling (ICB Core)	3,500	0
Supervision (ICB Core)	1,958	6,400
Supervision (£90k ICB)	0	5,180
Supervision (PCC)	360	150
Supervision (Ministry of Justice)	3,220	775
Supervision (Big Lottery)	9,868	300
Supervision (SVDV)	515	395
Helplines (ICB Core)	518	179
Helplines (Big Lottery)	4,026	0
Helplines (£90k ICB)	0	306
Assessments (£90k ICB)	0	1,710
Assessments (MOJ)	285	0
	447,392	310,254
SUPPORT COSTS		
Management		
Rent and rates (£90k ICB)	0	1,555
Rent and rates (ICB Core)	417	862
Rent and rates (MOJ)	42	5,861
Rent and rates (PCC)	0	0
Rent and rates (Big Lottery)	14,734	3,725
	15,193	12,003
carried forward	15,193	12,003

SAIL (Sexual Abuse And Incest Line)
Detailed Statement of Financial Activities
For the Year Ended 31st March 2024

	2024	2023
brought forward	15,193	12,003
Insurance (ICB Core)	0	471
Insurance (Big Lottery)	471	0
IT Costs (ICB Core)	4,638	3,559
IT Costs (£90k ICB)	0	4,865
IT Costs (Big Lottery)	9,286	0
IT Costs (PCC)	1,757	447
IT costs (Ministry of Justice)	1,577	4,150
IT costs (SVDV)	7,828	5,581
Postage and stationery (PCC)	706	1,344
Postage and stationery (£90k ICB)	39	1,021
Postage and stationery (ICB Core)	439	7,182
Postage and stationery (Ministry of Justice)	0	2,669
Postage and stationery (SV/DV)	1,532	0
Advertising (£90k ICB)	0	789
Advertising (Big Lottery)	3,988	719
Advertising (PCC)	306	0
Advertising (ICB Core)	2,343	1,167
Advertising (MOJ)	625	903
Advertising (SV/DV)	508	0
Communication charges (ICB Core)	0	1,741
Communication charges (PCC)	78	30
Communication charges (£90k ICB)	0	1,416
Communication charges (Big Lottery)	3,686	135
Communication charges (Ministry of Justice)	54	412
Communication charges (SVDV)	320	72
Sundries (Ministry of Justice)	0	0
Sundries (ICB Core)	457	13
Sundries (Big Lottery)	0	35
	55,831	50,724

SAIL (Sexual Abuse And Incest Line)
Detailed Statement of Financial Activities
For the Year Ended 31st March 2024

	2024	2023
	£	£
Finance		
Bank charges (Big Lottery)	250	211
	250	211
Governance costs		
Accountancy fees (ICB Core)	0	1,404
Accountancy fees (£90k ICB)	0	822
Accountancy fees (PCC)	0	72
Accountancy fees (Ministry of Justice)	0	396
Accountancy fees (Big Lottery)	2,202	0
Legal fees (ICB Core)	0	4,320
Legal fees (Big Lottery)	3,780	0
Professional fees (ICB Core)	2,596	1,258
Professional fees (Big Lottery)	370	0
	8,948	8,272
Total resources expended	512,421	369,461
Net Income	17,989	175,524