

Charity Number: 1152263
Company Number: 8436085
(England and Wales).

SAIL (Sexual Abuse And Incest Line)

Report of the Trustees and Unaudited Financial Statements

For the Year Ended 31st March 2023

SAIL (Sexual Abuse And Incest Line)
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For the Year Ended 31st March 2023

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**SAIL (Sexual Abuse And Incest Line)
Report of the Trustees
For the Year Ended 31st March 2023**

The Trustees, who are also directors for the purposes of company law, have pleasure in presenting their report and the financial statements for the charitable company for the year ended 31st March 2023.

The Trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and the Republic of Ireland (FRS 102) (effective 1st January 2019)

OBJECTIVES AND ACTIVITIES

Objectives and aims

The relief and prevention of the further suffering of people in the Derbyshire area, who are survivors of childhood sexual abuse, incest or sexual violence by the provision of assistance, support and services or as the Trustees shall from time to time decide.

The aims of the charity are to provide free, specialist counselling and choice of support services for victims of sexual violence, to help them develop coping strategies not only to survive, but to thrive.

Principal activities

Summary of the main activities undertaken for public benefit;

Therapy

SAIL provides face to face and remote counselling, support, and information to survivors of child sexual abuse, incest and sexual violence (18+) who live in Derbyshire. Therapy is provided by a specially trained dedicated team of qualified volunteer Counsellors, subcontracted Counsellors and placement Counsellors - who meet SAIL's stringent criteria.

During this year SAIL provided 3037 Counselling sessions.

Group Therapy and Peer Group - This year SAIL's groups took place online, both Group Therapy and Peer Group Therapy were offered.

Helpline

Helpline Contacts - This year SAIL's helpline received 1818 contacts.

Wellbeing Calls - During the year, 235 wellbeing calls were made to clients.

ISVA (Independent Sexual Violence Advisors)

During this year SAIL's ISVA's received 354 contacts

Training Delivery

In Partnership with Derbyshire County Council and SV2, SAIL delivers bi-monthly webinars around the topic of sexual violence awareness.

Summary of the main activities undertaken for public benefit

In carrying out these activities, the Trustees have had regard to the guidance issued by the Charity Commission on public benefit.

SAIL (Sexual Abuse And Incest Line)
Report of the Trustees
For the Year Ended 31st March 2023

ACHIEVEMENTS AND PERFORMANCE

It has been a busy and rewarding year for SAIL. During this post-covid time, we have embedded our remote service delivery into all of our service provision resulting in a hybrid service to better meet individual client need.

Our counselling service encouraged clients back into our premises and this resulted in nearly double the number of clients seen and referral interest as the previous year.

SAIL has been recognised for contribution to success of victim services by the PCC.

SAIL's helplines Standards accredited helpline continued to offer phone, email and text service support as well as regular wellbeing calls to those on our waiting list.

We provided Art Therapy, Drama Therapy, Group Therapy and a Peer support group.

We expanded our counselling hubs to meet need in Belper, Long Eaton and Matlock.

Recruitment for further volunteer counsellors and helpline workers continued, along with the recruitment of additional supervisors to meet the growing needs of the service.

We have partnered with other local organisations and provided training and knowledge sharing.

Our client feedback and case studies of our exceptional work with survivors are available to view in our Annual Report.

FINANCIAL REVIEW

SAIL's funding is secure until 2024 with some funding confirmed until 2025. Along with other small charity organisations, SAIL is reliant on grant funding for our core service.

SAIL, with the aid of sound financial management and the support of the staff and volunteers, generated a positive financial outcome for the period.

The core funding sources for SAIL are currently the Ministry of Justice, The National Lottery Community Fund and Derby and Derbyshire ICB. It is the long-term aim of SAIL, which is particularly vulnerable to cuts in statutory funding, to build up unrestricted funds (the free reserves of the organisation) equivalent to three months average running costs. In this financial year, three months running costs would be £91,000.

The charity had £391,695 in reserves on 31st March 2023 of which £138,560 were unrestricted.

The Trustees feel that this level of unrestricted reserves is sufficient to meet the demands of our reserves policy.

FUTURE PLANS

Our aims during the next 12 months include the continuation of our return to face-to-face services as well as embedding learning from the provision of remote services to increase access and client choice.

We will work to assist our community's focus on recovery. We plan to continue to maintain and develop SAIL's ongoing work by recruiting new volunteers. As well as further developing the organisation by strengthening governance recruiting new Trustees and completing further and new accreditations of our Counselling service.

SAIL (Sexual Abuse And Incest Line)
Report of the Trustees
For the Year Ended 31st March 2023

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The Company (Company number 8436085) was incorporated on 8th March 2013 and its Memorandum and Articles of Association govern it. Its legal status is that of a company limited by guarantee and is a registered charity (Charity number 1152263). It took over the funds of the unincorporated charity number 1108117, also known as SAIL. These funds were transferred on 1st April 2014. It has no share capital and the liability of each member in the event of winding up is limited to £1. Overall management of the Charity is the responsibility of the Trustee directors who are elected and co-opted under the terms of the memorandum and articles of association. Day to day project activity is carried out by paid staff and volunteers.

SAIL (Sexual Abuse And Incest Line)
Report of the Trustees
For the Year Ended 31st March 2023

Under the requirements of the Memorandum and Articles of Association, the members of the Management Committee are elected to serve for a period of a year after which they must be re-elected at the next Annual General Meeting. The Management Committee seeks to ensure that the needs of the beneficiaries are appropriately reflected through the diversity of the Trustee body. To enhance the potential pool of Trustees, SAIL advertises on a running basis with the local volunteer centre and also networks with local groups of differing professionals as a way of ensuring a broad mix of skills is represented on the Management Committee.

REFERENCE AND ADMINISTRATION INFORMATION

Name of Charity	SAIL (Sexual Abuse And Incest Line)
Charity registration number	1152263
Company registration number	8436085
Principal address	12 Soresby Street Chesterfield England S40 1JN

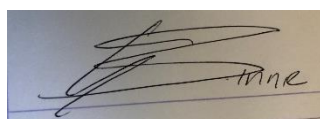
Trustees

The Trustees and Officers serving during the year and since the year end were as follows;

Miss GR Binnie
Miss M Grant
Miss A Thornton-Delve
Miss Suzanne Carden
Mr Lewis Hanney
Miss A Gaunt

Independent examiners	Nicholson Tax & Accounts 8 Chapel Street Belper Derbyshire DE56 1AR
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Approved by the Board of Trustees and signed on its behalf by



Miss G Binnie
Trustee

SAIL (Sexual Abuse And Incest Line)
Independent Examiners Report to the Trustees
For the Year Ended 31st March 2023

I report to the Trustees on my examination of the accounts of the charitable company for the year ended 31 March 2023.

Responsibilities and basis of report

As the charity Trustees, who are also directors for the purposes of company law, are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act')

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiners statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



.....
Eric O'Connor

Nicholson Tax & Accounts
8 Chapel Street
Belper
Derbyshire
DE56 1AR

SAIL (Sexual Abuse And Incest Line)
Statement of Financial Activities (including Income and Expenditure Account)
For the Year Ended 31st March 2023

	Notes	Unrestricted funds	Restricted funds	2023	2022
		£	£	£	£
Income and endowments from;					
Donations and legacies	2	1,797		1,797	1,895
Charitable Activities	3	177,202	365,928	543,130	264,103
Total		178,999	365,928	544,927	265,998
Expenditure on;					
Charitable activities	4	165,900	203,503	369,403	253,906
Total		165,900	203,503	369,403	253,906
Net income/ (expenditure)		13,099	162,425	175,524	12,092
Reconciliation of funds					
Total funds brought forward		121,308	94,659	215,967	203,875
Total funds carried forward		134,407	257,084	391,491	215,967

**SAIL (Sexual Abuse And Incest Line)
Statement of Financial Position
For the Year Ended 31st March 2023**

	Notes	2023	2022
Current assets			
Debtors	5	0	0
Cash at bank and in hand		400,310	218,146
		<u>400,310</u>	<u>218,146</u>
Creditors; amounts falling due within one year	6	-8,820	-2,179
Net current assets		391,490	215,967
Total assets less current liabilities		<u>391,490</u>	<u>215,967</u>
Net assets		<u>391,490</u>	<u>215,967</u>
The funds of the charity			
Restricted income funds	7	253,135	90,710
Unrestricted income funds	7	138,355	125,257
Total funds		<u>391,490</u>	<u>215,967</u>

For the year ended 31 March 2023 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

- The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476
- The Trustees acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts. These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved and authorised for issue by the board and signed on its behalf by;

Michelle Grant

.....
Miss M Grant

SAIL (Sexual Abuse And Incest Line)
Notes to the Financial Statements
For the Year Ended 31st March 2023

1. Accounting Policies

Basis of accounting

The financial statements have been prepared under the historical cost convention, except for are included at market value and the revaluation of certain fixed assets and in accordance with the Charities investments which SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), and the Companies Act 2006.

SAIL (Sexual Abuse And Incest Line) meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note(s).

Funds

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the Trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Incoming resources

All incoming resources are included in the statement of financial activities when the Charity is entitled to the income and the amount can be quantified with reasonable accuracy.

The following specific policies are applied to particular categories of income:

Resources expended

Liabilities are recognised as resources expended when there is a legal or constructive obligation committing the Charity to the expenditure

Taxation

The charity is exempt from corporation tax on its charitable activities

2. Income from donations and legacies

	Unrestricted funds	Restricted funds	2023	2022
	£	£	£	£
Donations received	1,797		1,797	1,895
	1,797	0	1,797	1,895

SAIL (Sexual Abuse And Incest Line)
Notes to the Financial Statements
For the Year Ended 31st March 2023

3. Income from charitable activities

	Unrestricted funds	Restricted funds	2023	2022
	£	£	£	£
Lloyds		2,250	2,250	30,000
Lottery Covid 19 Response			0	-8,490
PCC		24,920	24,920	24,920
ICB Core	177,260		177,260	15,000
Big Lottery		154,156	154,156	0
PCC/CCG			0	134,629
Ministry of Justice		75,410	75,410	62,321
£90k ICB		90,000	90,000	
SVDV		19,192	19,192	
	<u>177,260</u>	<u>365,928</u>	<u>543,188</u>	<u>258,380</u>

4. Costs of charitable activities by fund type

	Unrestricted funds	Restricted funds	2023	2022
	£	£	£	£
Covid 19 Fund			0	54
DCMS			0	251
Lloyds			0	10,692
PCC		21,455	21,455	23,050
PCC/CCG		103	103	105,708
ICB Core	165,900		165,900	220
Big Lottery		789	789	9,468
Ministry of Justice		56,386	56,386	57,210
£90k ICB		76,491	76,491	0
SVDV		11,107	11,107	0
Support costs		37,230	37,230	41,529
	<u>165,900</u>	<u>203,561</u>	<u>369,461</u>	<u>248,182</u>

5. Debtors

2023 **2022**

£ £

Amounts due after more than one year;

Prepayments and accrued income	0	0
	<u>0</u>	<u>0</u>

SAIL (Sexual Abuse And Incest Line)
Notes to the Financial Statements
For the Year Ended 31st March 2023

6. Creditors: amounts falling due within one year

	2023	2022
	£	£
Accruals and deferred income	8,820	2,179
	<u>8,820</u>	<u>2,179</u>

7. Movement in funds

Unrestricted Funds

	Balance at 01/04/2022	Incoming resources	Outgoing resources	Fund transfer	Balance at 31/03/2023
	£	£	£	£	£
<i>General</i>					
ICB Core	125,257	179,056	165,900	-58	138,355
	<u>125,257</u>	<u>179,056</u>	<u>165,900</u>	<u>-58</u>	<u>138,355</u>

Unrestricted - Previous Year

	Balance at 01/04/2021	Incoming resources	Outgoing resources	Fund transfer	Balance at 31/03/2022
	£	£	£	£	£
<i>General</i>					
ICB Core	102,868	16,886	220	5,723	125,257
	<u>102,868</u>	<u>16,886</u>	<u>220</u>	<u>5,723</u>	<u>125,257</u>

SAIL (Sexual Abuse And Incest Line)
Notes to the Financial Statements
For the Year Ended 31st March 2023

Restricted Funds

	Balance at 01/04/2022	Incoming resources	Outgoing resources	Fund transfer	Balance at 31/03/2023
	£	£	£	£	£
Lottery Covid 19 Response	-58	0		58	0
Move On Group	2,000				2,000
Lloyds	39,308	2,250	0		41,558
PCC	6,602	24,920	23,348		8,174
PCC/CCG	1,236		103		1,133
Big Lottery	28,619	154,156	5,614		177,161
Ministry of Justice	13,003	75,410	70,777		17,636
£90k ICB	0	90,000	86,959		3,041
SVDV	0	19,192	16,760		2,432
	90,710	365,928	203,561	58	253,135

Restricted Funds - Previous Year

	Balance at 01/04/2021	Incoming resources	Outgoing resources	Fund transfer	Balance at 31/03/2022
	£	£	£	£	£
PCC/ CCG	0	134,629	133,393		1,236
Big Lottery	43,260	9	14,649	0	28,619
Covid 19 Fund	1,890	0	116	-1,774	0
DCMS	4,245	0	296	-3,949	0
Lloyds	20,000	30,000	10,692	0	39,308
Lottery Covid 19 Response	8,490	-8,490	58	0	-58
PCC Fund	5,880	24,920	24,198	0	6,602
Move On Group	2,000	0	0	0	2,000
Ministry of Justice	15,242	62,321	64,560	0	13,003
	101,007	243,389	247,962	-5,723	90,710

SAIL (Sexual Abuse And Incest Line)
Detailed Statement of Financial Activities
For the Year Ended 31st March 2023

	2023	2022
	£	£
INCOME AND ENDOWMENT		
Donations and legacies		
Donations	1,797	1,895
	<u>1,797</u>	<u>1,895</u>
Charitable activities		
Grants (ICB Core)		
Grants (Big Lottery)		
Grants (PCC)		
Grants (£90k ICB)		
Grants (SVDV)		
Grants (Lloyds)	12 of 15	
Grants (PCC/CCG)		
Grants (Lottery Covid 19 Response)		
Grants (Ministry of Justice)		
	177,260	15,000
	154,156	0
	24,920	24,920
	90,000	0
	19,192	0
	2,250	30,000
	0	134,629
	0	-8,490
	<u>75,410</u>	<u>62,321</u>
	543,188	258,380
Total incoming resources	<u>544,985</u>	<u>260,275</u>
EXPENDITURE		
Charitable activities		
Room hire (ICB Core)	4,949	0
Room hire & running costs (£90k ICB)	2,649	0
Room hire & running costs (PCC/CCG)	0	2,209
Room hire & running costs (MOJ)	780	0
Office costs (ICB Core)	2,233	0
Office costs (Covid 19 Fund)	0	29
Office costs (£90k ICB)	842	0
Office costs (Ministry of Justice)	0	614
Office costs (PCC)	0	2,137
Office costs (PCC/ CCG)	0	2,057
Carried forward	<u>11,453</u>	<u>7,046</u>

	2023 £	2022 £
brought forward	11,453	7,046
Staff costs – (Core)	117,003	220
Staff costs – (Lloyds)	0	10,692
Staff costs – (PCC/CCG)	103	96,153
Staff costs – (Ministry of Justice)	40,898	23,123
Staff costs – wages & salaries (£90k ICB)	29,718	0
Staff costs - wages & salaries (Big Lottery)	1,149	8,475
Staff costs – wages & salaries (Covid 19 Fund)	0	25
Staff costs – (PCC)	16,834	19,463
Staff costs – (DCMS)	0	201
Staff costs – (SVDV)	10,464	0
Volunteer expenses (£90k ICB)	3,682	0
Volunteer expenses (ICB Core)	5,503	0
Volunteer expenses (PCC/CCG)	0	581
Volunteer expenses (MOJ)	125	0
Staff expenses (ICB Core)	1,183	0
Staff expenses (Big Lottery)	59	0
Staff expenses (PCC)	9	0
Staff expenses (SVDV)	127	0
Staff expenses (MOJ)	233	0
Training costs (Ministry of Justice)	1,165	7,149
Training costs (PCC)	3,743	1,100
Training costs (PCC/CCG)	0	1,477
Training costs (£90k ICB)	1,534	0
Training costs (ICB Core)	6,474	0
Training costs (Big Lottery)	0	520
Counselling (Ministry of Justice)	12,410	20,350
Counselling (£90k ICB)	30,870	0
Counselling (SVDV)	120	0
Supervision (ICB Core)	6,400	0
Supervision (DCMS)	0	50
Supervision (£90k ICB)	5,180	0
Supervision (PCC)	150	350
Supervision (PCC/CCG)	0	2,925
Supervision (Ministry of Justice)	775	5,975
Supervision (Big Lottery)	300	475
Supervision (SVDV)	395	0
Helplines (ICB Core)	179	0
Helplines (£90k ICB)	306	0
Helplines (PCC/CCG)	0	306
Assessments (£90k ICB)	1,710	0
	310,254	206,656
SUPPORT COSTS		
Management		
Rent and rates (£90k ICB)	1,555	0
Rent and rates (ICB Core)	862	0
Rent and rates (PCC/CCG)	0	16,585
Rent and rates (MOJ)	5,861	0
Rent and rates (Big Lottery)	3,725	1,281
	12,003	17,866
carried forward	12,003	17,866

SAIL (Sexual Abuse And Incest Line)
Detailed Statement of Financial Activities
For the Year Ended 31st March 2023

	2023	2022
brought forward	12,003	17,866
Insurance (ICB Core)	471	0
Insurance (Big Lottery)	0	419
Insurance (PCC/CCG)	0	1,091
IT Costs (ICB Core)	3,559	0
IT Costs (£90k ICB)	4,865	0
IT Costs (Big Lottery)	0	3,480
IT Costs (DCMS)	0	45
IT Costs (Lottery Covid 19 Response)	0	58
IT Costs (PCC)	447	807
IT Costs (Covid 19 Fund)	0	50
IT costs (Ministry of Justice)	4,150	5,428
IT costs (PCC/CCG)	0	4,040
IT costs (SVDV)	5,581	0
Postage and stationery (PCC)	1,344	0
Postage and stationery (£90k ICB)	1,021	0
Postage and stationery (ICB Core)	7,182	0
Postage and stationery (Ministry of Justice)	2,669	0
Advertising (£90k ICB)	789	0
Advertising (Big Lottery)	719	0
Advertising (PCC)	0	197
Advertising (PCC/CCG)	0	72
Advertising (ICB Core)	1,167	0
Advertising (MOJ)	903	0
Communication charges (Covid 19 Fund)	0	12
Communication charges (ICB Core)	1,741	0
Communication charges (PCC)	30	66
Communication charges (£90k ICB)	1,416	0
Communication charges (Big Lottery)	135	1
Communication charges (Ministry of Justice)	412	1,810
Communication charges (SVDV)	72	0
Communication charges (PCC/ CCG)	0	716
Sundries (Ministry of Justice)	0	35
Sundries (ICB Core)	13	0
Sundries (Big Lottery)	35	0
	50,724	36,193

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SAIL (Sexual Abuse And Incest Line)
Detailed Statement of Financial Activities
For the Year Ended 31st March 2023

	2023	2022
	£	£
Finance		
Bank charges (PCC/CCG)	0	145
Bank charges (Big Lottery)	211	0
	211	145
Governance costs		
Accountancy fees (ICB Core)	1,404	0
Accountancy fees (£90k ICB)	822	0
Accountancy fees (PCC)	72	77
Accountancy fees (Ministry of Justice)	396	77
Accountancy fees (PCC/CCG)	0	835
Legal fees (ICB Core)	4,320	0
Legal fees (PCC/CCG)	0	4,200
Professional fees (ICB Core)	1,258	0
	8,272	5,189
Total resources expended	369,461	248,183
Net Income	175,524	12,092