

Charity Number: 1152263  
Company Number: 8436085  
(England and Wales)

SAIL (Sexual Abuse And Incest Line)

Report of the Trustees and Unaudited Financial Statements

For the Year Ended 31st March 2022

SAIL (Sexual Abuse Incest Line)

And

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For the Year Ended 31st March 2022

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SAIL (Sexual Abuse And Incest Line)  
Report of the Trustees  
For the Year Ended March 2022  
31st

The Trustees, who are also directors for the purposes of company law, have pleasure in presenting their report and the financial statements for the charitable company for the year ended 31st March 2022.

The Trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and the Republic of Ireland (FRS 102) (effective 1st January 2019)

#### OBJECTIVES AND ACTIVITIES

##### Objectives and aims

The relief and prevention of the further suffering of people in the Derbyshire area, who are survivors of childhood sexual abuse, incest or sexual violence by the provision of assistance, support and services or as the Trustees shall from time to time decide.

The aims of the charity are to provide free, specialist counselling and choice of support services for victims of sexual violence, to help them develop coping strategies not only to survive, but to thrive.

##### Principal activities

Summary of the main activities undertaken for public benefit;

##### Therapy

SAIL provides face to face and remote counselling, support, and information to survivors of child sexual abuse, incest and sexual violence (18+) who live in Derbyshire. Therapy is provided by a specially trained dedicated team of qualified volunteer Counsellors, subcontracted Counsellors and placement Counsellors - who meet SAIL's stringent criteria.

During this year SAIL provided 1526 Counselling sessions.

Group Therapy and Peer Group - This year SAIL's groups took place online.

##### Helpline

Helpline Contacts - This year saw a 170% increase in the use of SAIL's helpline resulting in 2374 contact! Wellbeing Calls - During the year, 235 wellbeing calls were made to clients.

##### ISVA (Independent Sexual Violence Advisors)

During this year SAIL's ISVA's received 258 contacts

##### Training Delivery

In Partnership with Derbyshire County Council and SV2, SAIL delivers bi-monthly webinars around the topic of sexual violence awareness.

Summary of the main activities undertaken for public benefit

## SAIL (Sexual Abuse Incest Line)

### Report of the Trustees

For the Year Ended March 2022

In carrying out these activities, the Trustees have had regard to the guidance issued by the Charity Commission on public benefit.

And

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## ACHIEVEMENTS AND PERFORMANCE

Throughout the year we maintained the running of our services remotely and towards the end of the year began a return to face-to-face services, offering Counselling and a choice of wrap around support services to adult survivors of childhood sexual abuse, incest, and sexual violence.

We offered an online Pre-Therapy Group and online Peer Group support.

Our helpline service continued its expansion- offering wellbeing calls and sessions as well as a text and email service in order to increase access and remove barriers to this service.

SAIL achieved The Helplines Standards Accreditation, a nationally recognised standard, which defines and accredits best practice in helpline work. Being awarded the Helplines Standards Accreditation demonstrates SAIL is working to the highest standards and ensures clients are receiving the best service possible.

We increased our ISVA (Independent Sexual Violence Advisor) service by securing funding for another ISVA role. Lime Culture Accreditation was achieved during the year.

Funding is secure for the 2022-2023

## FINANCIAL REVIEW

SAIL's funding is secure until 2024. Along with other small charity organisations, SAIL is reliant on grant funding for our core service. Within the funding landscape and throughout the Pandemic, planning has been challenging. However due to the dedication of the team and support of funders, service development has taken place. SAIL, with the aid of sound financial management and the support of the staff and volunteers, generated a positive financial outcome for the period.

The core funding sources for SAIL are currently the Ministry of Justice, The National Lottery Community Fund and Derby and Derbyshire ICB. It is the long-term aim of SAIL, which is particularly vulnerable to cuts in statutory funding, to build up unrestricted funds (the free reserves of the organisation) equivalent to three months average running costs. In this financial year, three months running costs would be £36160

The charity had £215967 in reserves on 31st March 2022 of which £121308 were unrestricted.

The Trustees feel that this level of unrestricted reserves is sufficient to meet the demands of our reserves policy.

## FUTURE PLANS

Our aims during the next 12 months include the continuation of our return to face-to-face services as well as embedding learning from the provision of remote services to increase access and client choice. We will work to assist our community's focus on recovery. We plan to continue to maintain and develop

## SAIL (Sexual Abuse And Incest Line)

### Report of the Trustees

For the Year Ended March 2022

SAIL's ongoing work by recruiting new volunteers. As well as further developing the organisation by strengthening governance recruiting new Trustees and completing further and new accreditations of our Counselling service.

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## STRUCTURE, GOVERNANCE AND MANAGEMENT

### Governing document

The Company (Company number 8436085) was incorporated on 8th March 2013 and its Memorandum and Articles of Association govern it. Its legal status is that of a company limited by guarantee and is a registered charity (Charity number 1152263). It took over the funds of the unincorporated charity number 1108117, also known as SAIL. These funds were transferred on 1st April 2014. It has no share capital and the liability of each member in the event of winding up is limited to £1. Overall management of the Charity is the responsibility of the Trustee directors who are elected and co-opted under the terms of the memorandum and articles of association. Day to day project activity is carried out by paid staff and volunteers.

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31st

Under the requirements of the Memorandum and Articles of Association, the members of the Management Committee are elected to serve for a period of a year after which they must be re-elected at the next Annual General Meeting. The Management Committee seeks to ensure that the needs of the beneficiaries are appropriately reflected through the diversity of the Trustee body. To enhance the potential pool of Trustees, SAIL advertises on a running basis with the local volunteer centre and also networks with local groups of differing professionals as a way of ensuring a broad mix of skills is represented on the Management Committee.

REFERENCE AND ADMINISTRATION INFORMATION

Name of Charity	SAIL (Sexual Abuse And Incest Line)
Charity registration number	1152263
Company registration number	8436085
Principal address	12 Soresby Street Chesterfield England S40 1JN

Trustees

The Trustees and Officers serving during the year and since the year end were as follows;

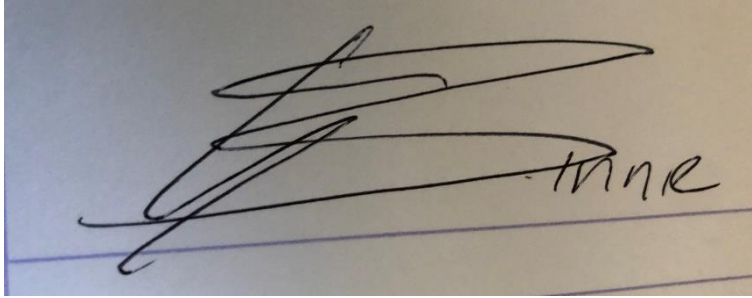
Miss GR Binnie  
Miss M Grant  
Miss A Thornton-Delve  
Miss Suzanne Carden  
Mr Lewis Hanney  
Miss A Gaunt

Independent examiners

Nicholson Tax & Accounts  
8 Chapel Street  
Belper  
Derbyshire  
DE56 1AR

Approved by the Board of Trustees and signed on its behalf by

## SAIL (Sexual Abuse And Incest Line)

A handwritten signature in black ink on a light-colored background. The signature is stylized and appears to be 'G Binnie'.

Miss G Binnie  
Trustee

### Independent Examiners Report to the Trustees For the Year Ended 31st March 2022

I report to the Trustees on my examination of the accounts of the charitable company for the year ended 31 March 2022.

#### Responsibilities and basis of report

As the charity Trustees, who are also directors for the purposes of company law, are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 (the 2006 Act')

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

#### Independent examiners statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

# SAIL (Sexual Abuse And Incest Line)

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Eric O'Connor

Nicholson Tax & Accounts  
8 Chapel Street  
Belper  
Derbyshire  
DE56 IAR

## Statement of Financial Activities(including Income and Expenditure Account) For the Year Ended 31st March 2022

Notes

	18,660	243,389	262,049	328,542
	220	249,737	249,957	238,317
	220	249,737	249,957	238,317
	18,440	-6,348	12,092	90,225
	102,868	101,007	203,875	113,650
	121,308	94,659	215,967	203,875
	Unrestricted Restricted 2022 2021 funds funds			

Income and endowments from;  
Donations and legacies  
Charitable Activities  
Total

Charitable activities Total

Net income/ (expenditure)

Expenditure on;

Reconciliation of funds Total funds brought forward Total  
funds carried forward 2 1,886 9 1,895 1,711  
3 16,774 243,380 260,154 326,831





SAIL (Sexual Abuse And Incest Line)  
Financial  
For Ended 31st 2022  
Statement of Position the Year  
March

	Notes	2022	2021
		218,146	206,934
		-2,179	-
		215,967	203,875
		215,967	203,875
		215,967	203,875
		90,710	101,007
		125,257	102,868
		215,967	203,875
Current assets			
Debtors	5		829
Cash at bank and in hand		218,146	206,105
Creditors; amounts falling due within one year	6		
Net current assets			
Total assets less current liabilities			
Net assets			
The funds of the charity			
Restricted income funds	7		
Unrestricted income funds	7		
Total funds			

For the year ended 31 March 2022 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476

## SAIL (Sexual Abuse And Incest Line)

### Notes to the Financial Statements

For the Year Ended 31st March 2022

The Trustees acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts. These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved and authorised for issue by the board and signed on its behalf by;



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Miss M Grant

#### 1. Accounting Policies

##### Basis of accounting

The financial statements have been prepared under the historical cost convention, except for are included at market value and the revaluation of certain fixed assets and in accordance with the Charities investments which SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of

Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), and the Companies Act 2006.

SAIL (Sexual Abuse And Incest Line) meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note(s).

##### Funds

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the Trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

##### Incoming resources

## SAIL (Sexual Abuse And Incest Line)

### Notes to the Financial Statements

For the Year Ended 31st March 2022

All incoming resources are included in the statement of financial activities when the Charity is entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policies are applied to particular categories of income:

#### Resources expended

Liabilities are recognised as resources expended when there is a legal or constructive obligation committing the Charity to the expenditure

#### Taxation

The charity is exempt from corporation tax on its charitable activities

### 2. Income from donations and legacies

	Unrestricted funds	Restricted funds	2022	2021 funds
Donations received	1,886	9	1,895	1,711
	<hr/>	<hr/>	<hr/>	<hr/>
	1,886	9	1,895	1,711

### 3. Income from charitable activities

	Unrestricted funds	Restricted funds	2022	2021
Covid 19 Fund			o	26,971
DCMS			o	12,593
Lloyds		30,000	30,000	20,000
Lottery Covid 19 Response		-8,490	-8,490	87,489
PCC		24,920	24,920	18,690
Move on Group			o	2,000
Core	15,000		15,000	29,288
Big Lottery			o	82,442
Awards For All				
PCC/CCG		134,629	134,629	
Ministry of Justice		62,321	62,321	47,358

SAIL (Sexual Abuse And Incest Line)

Notes to the Financial Statements 2021/22

For the Year Ended 31st March 2022

4. Costs of charitable activities by fund type funds

	Unrestricted fund	Restricted	2022	2021
		E	E	
Covid 19 Fund		54	54	7,496
DCMS		251	251	6,539
Lloyds		10,692	10,692	
Lottery Covid 19 Response	220	o		276
PCC PCC/CCG		23,050	23,050	12,354
Core		105,708	105,708	
Big Lottery			220	
Awards For All		9,468	9,468	62,120
Ministry of Justice			O	5,538
Support costs		57,210	57,210	31,310
		41,529	41,529	48,684
5. Debtors	220	247,963	248,183	238,317

	2022	2021
Amounts due after more than one year; Prepayments and accrued income		E
6. Creditors: amounts falling due within one year		
Accruals and deferred income	o	829
	O	829

7. Movement in funds  
Unrestricted Funds

General  
Core

Unrestricted - Previous Year

General  
Core

2022 2021

SAIL (Sexual Abuse And Incest Line)

Notes to the Financial Statements

For the Year Ended 31st March 2022

2,179	3,059
2,179	3,059

Balance at Incoming 01/04/2021 resources	Outgoing resources	Fund transfer	Balance at 31/03/2022
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102,868	16,886	220	1,774	121,308
102,868	16,886	220	1,774	121,308

Balance at Incoming 01/04/2020 resources	Outgoing resources	Fund transfer	Balance at 31/03/2021
---	-----------------------	------------------	--------------------------

E

71,869	25,461	0	5,538	102,868
71,869	25,461	0	5,538	102,868

Restricted Funds

Balance at Incoming 01/04/2021 resources	Outgoing resources	Fund transfer	Balance at 31/03/2022
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PCC/ CCG	0	134,629	133,393	1,236
Big Lottery	43,260	9	14,649	28,620
Covid 19 Fund	1,890		116	-1.7
DCMS	4,245		296	-3,949
Lloyds	20,000	30,000	10,692	39,308
Lottery Covid 19 Response	8,490	-8,490	58	-58
PCC Fund	5,880	24,920	24,198	6,602
Move On Group	2,000			2,000
Ministry of Justice	15,242	62,321	64,560	13,003

For the Year  
Ended 31st March  
2022

For the Year	101,007	247,963	-5,723	90,710
Ended 31st March 2022	243,389			
Restricted Funds - Previous Year	Balance at Incoming 01/04/2020 resources	Outgoing resources		
	5,538	o		
Awards for All	34,410	82,442	-	Balance at
Big Lottery			73,592	31/03/2021
Covid 19 Fund	O	-	Fund transfer	
DCMS	26,971	o	25,081	
Lloyds	12,593	-8,348		
Lottery Covid 19 Response	O		-5,538	O
PCC Fund	20,000	o	-	43,260
Move On Group	87,489		78,999	1,890
Ministry of Justice	O	-		4,245
				20,000
	18,690		12,810	8,490
	O 2,000	-		5,880
	1,833	47,358	33,949	2,000
	41,781	-	-5,538	15,242
	297,543	232,779		101,007

# SAIL (Sexual Abuse And Incest Line)

## Detailed Statement of Financial Activities For the Year Ended 31st March 2022

	2022	2021
	1,895	1,711
	15,000	23,748
		82,442
	24,920	18,690
		2,000
		26,971
		12,593
	30,000	20,000
	134,629	
	-8,490	87,489
	62,321	47,358
	258,380	321,291
	260,275	323,002
		-1,423
	o	-2,039
		-765
	-2,209	
	-29	-1,100
		-1,100
	-614	
	-2,137	
	-2,057	
INCOME AND ENDOWMENT		
Donations and legacies		
Donations	1,895	1,711
Charitable activities		
Grants (Core)		
Grants (Big Lottery)		
Grants (pcc)		
Grants (Move on Group)		
Grants (Covid 19 Fund)		



Grants (DCMS)  
 Grants (Lloyds)  
 Grants (PCC/CCG)  
 Grants (Lottery Covid 19 Response)  
 Grants (Ministry of Justice)

Total incoming resources

## EXPENDITURE

Charitable activities Room hire (Core)  
 Room hire (Covid 19)  
 Room hire & running costs(Big Lottery)  
 Room hire & running costs (Lottery Covid 19 Response)  
 Room hire (CVS)  
 Room hire & running costs (PCC/CCG)  
 Office costs (Core)  
 Office costs (Covid 19 Fund)  
 Office costs (DCMS)  
 Office costs (Ministry of Justice)  
 Office costs (PCC)  
 Office costs (pcc/ CCG)

Carried forward -7,046  
 brought forward -6,427

Staff costs — (Core)	Staff costs — wages & salaries (Ministry of Justice)
Staff costs — (Lloyds)	Counselling (Ministry of Justice)
Staff costs- (PCC/CCG)	Supervision (Covid 19 Fund)
Staff costs — (Ministry of Justice)	Supervision (DCMS)
Staff costs — wages & salaries (Lottery Covid 19 Response)	Supervision (Lottery Covid 19 Response)
Staff costs - wages & salaries (Big Lottery)	Supervision (PCC)
Staff costs — wages & salaries (Covid 19 Fund)	Supervision (PCC/CCG)
Staff costs- (pcc)	Supervision (Ministry of Justice)
Staff costs- (DCMS)	Supervision (Big Lottery)
Volunteer expenses (Covid 19 Fund)	Helplines (Big Lottery)
Volunteer expenses (Lottery Covid 19 Response)	es
Volunteer expenses (PCC/CCG)	(Lotter
Volunteer expenses (Big Lottery)	y Covid
Staff expenses (Big Lottery)	19
Training costs (Ministry of Justice)	
Training costs (PCC)	
Training costs (PCC/CCG)	
Training costs (Covid 19 Fund)	
Training costs (Lottery Covid 19 Response) Training costs (Big Lottery)	

Response) Helplines (PCC/CCG)		-1,100	-2,707
		-1,477	
			-2,380
			-760
SUPPORT COSTS		-520	-89
Management			-17,410
Rent and rates (Lottery Covid 19 Response)		-20,350	-11,100
Rent and rates (Core)			-982
Rent and rates (PCC/CCG)		-50	-450
Rent (Big Lottery) carried forward			-4,125
2022	2021	-350	-580
		-2,925	
	E	-5,975	-2,500
	-6,427	-475	-3,675
-7,046			-3,750
-220		o	
-10,692		_341	
-96,153		-306	
-23,123			
o	-59,725		
-8,475	-50,461	-206,656	-183,937
-25	-1,604		
-19,463	-9,068		
-201	-4,988	-7,439	
	-77		
	-218	-16,585	
-581		-1,281	-7,150
	-204		
	-16	-17,866	-14,589
-7,149	-300		

SAIL (Sexual Abuse And Incest Line)  
Detailed Statement of Financial  
Activities

	brought forward	-17,866	-
			14,589
Room hire (Ministry of Justice)			-816
Insurance (Lottery Covid 19 Response)			-419
Insurance (Big Lottery)		-419	-357
Insurance (PCC/CCG)		-1,091	
IT Costs (Big Lottery)		-3,480	-
			2,847
IT Costs (DCMS)		-45	-
			1,208
IT Costs (Lottery Covid 19 Response)		-58	-
			1,812
IT Costs (PCC)		-807	-290

IT Costs (covid 19 Fund)	-50	-
		8,942
IT costs (Ministry of Justice)	-5,428	-
IT costs (PCC/CCG)		1,144
Postage and stationery (Covid 19 Fund)		-
		3,825
Postage and stationery (DCMS)		-280
Postage and stationery (Lottery Covid 19 Response)		-10
Postage and stationery (Big Lottery)		-241
Postage and stationery (Ministry of Justice)		-120
Advertising (Covid 19 Fund)		-550
Advertising (Big Lottery)		-122
Advertising (PCC)	-197	
Advertising (PCC/CCG)	-72	
Communication (Covid 19 Fund)	-12	-
		3,252
Communication (Lottery Covid 19 Response)		-561
Communication (PCC)	-66	
Communication (DCMS)		-321
Communication (Big Lottery)	-1	-65
Communication charges (Ministry of Justice)	-1,810	-559
Communication charges (PCC/ CCG)	-716	
Sundries (Ministry of Justice)	-35	
Sundries (Covid 19 Fund)		-44
Sundries (Big Lottery)		

For the Year Ended 31st March 2022

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SAIL (Sexual Abuse And Incest Line)

Detailed Statement of Financial Activities  
For the Year Ended 31st March 2022

	-145	-
		143
		-2,152
		-
	-835	166
		-
	-4,200	704
		-1,800
		-
		900
		-
		600
	-5,189	-6,322
	-248,183	-
		232,777
	12,092	90,225
Finance		
Bank charges (Covid 19 Fund)		-71
Bank charges (PCC/CCG)	-145	
Bank charges (Big Lottery)		-72

Governance costs

Accountancy fees (Lottery Covid 19 Response)

Accountancy fees (PCC)

Accountancy fees (Ministry of Justice)

Accountancy fees (PCC/CCG)

Accountancy fees (Big Lottery)

Legal fees (Big Lottery)

Legal fees (Covid 19 Fund)

Legal fees (PCC/CCG)

Legal fees (Lottery Covid 19 Response)

Total resources expended

Net Income