

Charity number: 1152263
Company number: 08436085
(England and Wales)

SAIL (Sexual Abuse And Incest Line)

Report of the Trustees and Unaudited Financial Statements

For the Year Ended 31 March 2021

SAIL (Sexual Abuse And Incest Line)
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For the Year Ended 31 March 2021

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SAIL (Sexual Abuse And Incest Line)

Report of the Trustees

For the Year Ended 31 March 2021

The Trustees, who are also directors for the purposes of company law, have pleasure in presenting their report and the financial statements for the charitable company for the year ended 31 March 2021. The Trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and the Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

The relief and prevention of the further suffering of people in the Derbyshire area, who are survivors of childhood sexual abuse or incest, by the provision of assistance, support, and services or as the Trustees shall from time to time decide.

The aims of the charity are to provide free, specialist counselling and support for victims of childhood sexual abuse, incest, and sexual violence, to help them develop coping strategies not only to survive, but to thrive.

Principal activities

Summary of the main activities undertaken for public benefit

Therapy

SAIL provides face to face counselling, support, and information to survivors of child sexual abuse, incest and sexual violence (18+) who live in Derbyshire. A dedicated team of volunteer counsellors either qualified or placement counsellors who are qualified to a minimum provide the majority of the direct counselling service alongside subcontracted counsellors. During this year SAIL provided 1466 Counselling sessions.

Helpline Contacts - This year saw a 128% increase in the use of SAIL's helpline resulting in 1392 contacts.

ISVA (Independent Sexual Violence Advisor) - During this year SAIL's ISVA's supported 277 clients.

Wellbeing Calls - During the year 564 wellbeing calls were made to clients.

In carrying out these activities, the Trustees have had regard to the guidance issued by the Charity Commission on public benefit.

Summary of the main activities undertaken for public benefit

In carrying out these activities, the Trustees have had regard to the guidance issued by the Charity Commission on public benefit.

ACHIEVEMENTS AND PERFORMANCE

During the year we maintained the running of our services remotely. Offering counselling and a choice of support services to adult survivors of childhood sexual abuse, incest, and rape.

We offered an online Pre-Therapy Group.

Our helpline service was expanded to offer email and text options to increase access to this service during the challenges of the pandemic.

We increased our ISVA (Independent Sexual Violence Advisor) service by securing funding for another ISVA post.

Not all funding is secure for year 2021 – 2022.

FINANCIAL REVIEW

SAIL's funding is secure until March 2022. Along with other small charity organisations, SAIL is reliant on grant funding for our core service. Within this funding landscape, it has been challenging to plan or develop the service. Nevertheless, SAIL, with the aid of sound financial management and the support of staff and volunteers, generated a positive financial outcome for the period. The Core funding sources for SAIL are currently the Ministry of Justice, The National Lottery Community Fund and Derby and Derbyshire CCG.

It is the long-term aim of SAIL, which is particularly vulnerable to cuts in statutory funding, to build up unrestricted funds (the free reserves of the organisation) equivalent to three months average annual expenditure. In this financial year, three months running costs would be £29,000.

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The charity had £203,875 in reserves on 31st March 2021 of which £102,868 were unrestricted. The Trustees feel that this level of unrestricted reserves is sufficient to meet the demands of our reserves policy.

FUTURE PLANS

Our aims during the next 12 months are to return to face to face services as we work to assist our community's focus on recovery. We plan to continue to maintain and develop SAIL's on-going work by recruiting new volunteers. As well as further developing the organisation by strengthening governance, recruiting new Trustees, and completing the accreditation of all of our services.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The Company (Company number 8436085) was incorporated on 8th March 2013 and its Memorandum and Articles of Association govern it. Its legal status is that of a company limited by guarantee and is a registered charity (Charity number 1152263). It took over the funds of the unincorporated charity number 1108117, also known as SAIL. These funds were transferred on 1st April 2014. It has no share capital and the liability of each member in the event of winding up is limited to £1. Overall management of the Charity is the responsibility of the Trustee directors who are elected and co-opted under the terms of the memorandum and articles of association. Day to day project activity is carried out by paid staff and volunteers.

SAIL (Sexual Abuse And Incest Line)
Report of the Trustees Continued
For the Year Ended 31 March 2021

Under the requirements of the Memorandum and Articles of Association, the members of the Management Committee are elected to serve for a period of a year after which they must be re-elected at the next Annual General Meeting. The Management Committee seeks to ensure that the needs of the beneficiaries are appropriately reflected through the diversity of the Trustee body. To enhance the potential pool of Trustees, SAIL advertises on a running basis with the local volunteer centre and also networks with local groups of differing professionals as a way of ensuring a broad mix of skills is represented on the Management Committee.

REFERENCE AND ADMINISTRATIVE INFORMATION

Name of Charity	SAIL (Sexual Abuse And Incest Line)
Charity registration number	1152263
Company registration number	08436085
Principal address	12 Soresby Street Chesterfield England S40 1JN

Trustees

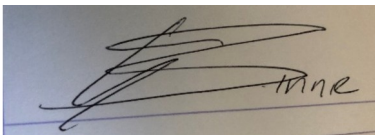
The Trustees and Officers serving during the year and since the year end were as follows:

Miss G R Binnie
Miss M Grant
Miss A Thornton-Delve
Miss Suzanne Carden
Mr Lewis Hanney

Independent examiners

Nicholson Tax & Accounts
8 Chapel Street
Belper
Derbyshire
DE56 1AR

Approved by the Board of Trustees and signed on its behalf by

A photograph of a handwritten signature in black ink on a light-colored surface. The signature is stylized and appears to read 'G Binnie'.

Miss G Binnie
Trustee

SAIL (Sexual Abuse And Incest Line)
Independent Examiners Report to the Trustees
For the Year Ended 31 March 2021

I report to the Trustees on my examination of the accounts of the charitable company for the year ended 31 March 2021.

Responsibilities and basis of report

As the charity Trustees, who are also directors for the purposes of company law, are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiners statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.


Eric O'Connor (Oct 7, 2021 15:07 GMT+1)

Eric O'Connor

Nicholson Tax & Accounts
8 Chapel Street
Belper
Derbyshire
DE56 1AR

SAIL (Sexual Abuse And Incest Line)
Statement of Financial Activities (including Income and Expenditure
Account) For the Year Ended 31 March 2021

	Notes	Unrestricted funds £	Restricted funds £	2021 £	2020 £
Income and endowments from:					
Donations and legacies	2	1,711	-	1,711	622
Charitable activities	3	29,288	297,543	326,831	222,270
Total		30,999	297,543	328,542	222,892
Expenditure on:					
Charitable activities	4	-	(238,317)	(238,317)	(203,921)
Total		-	(238,317)	(238,317)	(203,921)
Net income/expenditure		30,999	59,226	90,225	18,971
Reconciliation of funds					
Total funds brought forward		71,869	41,781	113,650	94,679
Total funds carried forward		102,868	101,007	203,875	113,650

SAIL (Sexual Abuse And Incest Line)
Statement of Financial Position
For the Year Ended 31 March 2021

	Notes	2021 £	2020 £
Current assets			
Debtors	5	829	7,700
Cash at bank and in hand		206,105	117,129
		206,934	124,829
Creditors: amounts falling due within one year	6	(3,059)	(11,179)
Net current assets		203,875	113,650
Total assets less current liabilities		203,875	113,650
Net assets		203,875	113,650
The funds of the charity			
Restricted income funds	7	101,007	41,781
Unrestricted income funds	7	102,868	71,869
Total funds		203,875	113,650

For the year ended 31 March 2021 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

- The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476,
- The Trustees acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts. These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

The financial statements were approved and authorised for issue by the Board and signed on its behalf by:



.....
Miss M. Grant.....

SAIL (Sexual Abuse And Incest Line)
Notes to the Financial Statements
For the Year Ended 31 March 2021

1. Accounting Policies

Basis of accounting

The financial statements have been prepared under the historical cost convention, except for investments which are included at market value and the revaluation of certain fixed assets and in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), and the Companies Act 2006.

SAIL (Sexual Abuse And Incest Line) meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note(s).

Funds

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the Trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Incoming resources

All incoming resources are included in the statement of financial activities when the Charity is entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policies are applied to particular categories of income:

Resources expended

Liabilities are recognised as resources expended when there is a legal or constructive obligation committing the Charity to the expenditure:

Taxation

The charity is exempt from corporation tax on its charitable activities.

2. Income from donations and legacies

	Unrestricted funds £	Restricted funds £	2021 £	2020 £
Donations received	1,711	-	1,711	622
	1,711	-	1,711	622

SAIL (Sexual Abuse And Incest Line)
Notes to the Financial Statements Continued
For the Year Ended 31 March 2021

3. Income from charitable activities

	Unrestricted funds £	Restricted funds £	2021 £	2020 £
<i>Covid 19 Fund</i>	-	26,971	26,971	-
<i>DCMS</i>	-	12,593	12,593	-
<i>Lloyds</i>	-	20,000	20,000	-
<i>Lottery Covid 19 Response</i>	-	87,489	87,489	-
<i>PCC</i>	-	18,690	18,690	-
<i>Move on Group</i>	-	2,000	2,000	-
<i>Core</i>	29,288	-	29,288	15,000
<i>Big Lottery</i>	-	82,442	82,442	174,131
<i>Awards For All</i>	-	-	-	1,567
<i>Ministry of Justice</i>	-	47,358	47,358	31,572
	29,288	297,543	326,831	222,270

4. Costs of charitable activities by fund type

	Unrestricted funds £	Restricted funds £	2021 £	2020 £
<i>Core</i>	-	-	-	5,348
<i>Covid 19 Fund</i>	-	7,496	7,496	-
<i>DCMS</i>	-	6,539	6,539	-
<i>Big Lottery</i>	-	62,120	62,120	129,274
<i>Lloyds</i>	-	-	-	-
<i>Lottery Covid 19 Response</i>	-	64,276	64,276	-
<i>Awards For All</i>	-	5,538	5,538	51
<i>Ministry of Justice</i>	-	31,310	31,310	29,739
<i>PCC Fund</i>	-	12,354	12,354	-
<i>Move on Group</i>	-	-	-	-
<i>Support costs</i>	-	48,684	48,684	39,509
	-	238,317	238,317	203,921

5. Debtors

	2021 £	2020 £
Amounts due after more than one year:		
Prepayments and accrued income	829	7,700
	829	7,700

6. Creditors: amounts falling due within one year

	2021	2020
	£	£
Accruals and deferred income	3,059	11,179
	3,059	11,179

7. Movement in funds

Unrestricted Funds

	Balance at 01/04/2020 £	Incoming resources £	Outgoing resources £	Fund transfer £	Balance at 31/03/2021 £
<i>General</i>					
CORE	71,869	25,461	-	5,538	102,868
	71,869	25,461	-	5,538	102,868

Unrestricted Funds – Previous Year

	Balance at 01/04/2019 £	Incoming resources £	Outgoing resources £	Fund transfer £	Balance at 31/03/2020 £
<i>General</i>					
CORE	62,856	15,622	(6,609)	-	71,869
	62,856	15,622	(6,609)	-	71,869

SAIL (Sexual Abuse And Incest Line)
Notes to the Financial Statements Continued
For the Year Ended 31 March 2021

Restricted Funds

	Balance at 01/04/2020 £	Incoming resources £	Outgoing resources £	Fund Transfer £	Balance at 31/03/2021 £
Awards for All	5,538	-	-	(5,538)	-
Big Lottery	34,410	82,442	(73,592)	-	43,260
Covid 19 Fund	-	26,971	(25,081)	-	1,890
DCMS	-	12,593	(8,348)	-	4,245
Lloyds	-	20,000	-	-	20,000
Lottery Covid 19 Response	-	87,489	(78,999)	-	8,490
PCC Fund	-	18,690	(12,810)	-	5,880
Move On Group	-	2,000	-	-	2,000
Ministry of Justice	1,833	47,358	(33,949)	-	15,242
	41,781	297,543	(232,779)	(5,538)	101,007

Restricted Funds – Previous Year

	Balance at 01/04/2019 £	Incoming resources £	Outgoing resources £	Balance at 31/03/2020 £
Awards for All	4,022	1,567	(51)	5,538
Big Lottery	27,801	174,131	(167,522)	34,410
Ministry of Justice	-	31,572	(29,739)	1,833
	31,823	207,270	(197,312)	41,781

SAIL (Sexual Abuse And Incest Line)
Notes to the Financial Statements Continued
For the Year Ended 31 March 2021

	2021 £	2020 £
INCOME AND ENDOWMENT		
Donations and legacies		
Donations	1,711	622
	1,711	622
Charitable activities		
Grants (Core)	23,748	15,000
Grants (Big Lottery)	82,442	174,131
Grants (Awards For All)	-	1,567
Grants (PCC)	18,690	-
Grants (Move on Group)	2,000	-
Grants (Covid 19 Fund)	26,971	-
Grants (DCMS)	12,593	-
Grants (Lloyds)	20,000	-
Grants (Lottery Covid 19 Response)	87,489	-
Grants (Ministry of Justice)	47,358	31,572
	321,291	222,270
Total incoming resources	323,002	222,892
EXPENDITURE		
Charitable activities		
Room hire (Core)	-	(4,018)
Room hire (Covid 19)	(1,423)	-
Office costs (Core)	-	(3,423)
Staff costs – wages & salaries (Lottery Covid 19 Response)	(59,725)	-
Staff costs - wages & salaries (Big Lottery)	(50,461)	(107,203)
Staff costs – wages & salaries (Covid 19 Fund)	(1,604)	-
Staff costs – (PCC)	(9,068)	-
Staff costs – (DCMS)	(4,988)	-
Volunteer expenses (Covid 19 Fund)	(77)	-
Volunteer expenses (Lottery Covid 19 Response)	(218)	-
Volunteer expenses (Big Lottery)	(204)	(2,683)
Staff expenses (Big Lottery)	(16)	(6,394)
Supervision costs (Big Lottery)	(3,675)	(5,375)
Training costs (Ministry of Justice)	(300)	(2,987)
Training costs (PCC)	(2,707)	-
Training costs (Covid 19 Fund)	(2,380)	-
Training costs (Lottery Covid 19 Response)	(760)	-
Training costs (Big Lottery)	(89)	(4,564)
Room hire & running costs (Big Lottery)	(2,039)	(3,055)
Room hire & running costs (Lottery Covid 19 Response)	(765)	-
Room hire (CVS)	-	-
Office costs (Covid 19 Fund)	(1,100)	-
Office costs (DCMS)	(1,100)	-
Office costs (Awards For All)	-	(51)
Staff costs – wages & salaries (Ministry of Justice)	(17,410)	(11,682)
Counselling (Ministry of Justice)	(11,100)	(9,724)
Supervision (Covid 19 Fund)	(982)	-
Supervision (DCMS)	(450)	-
Supervision (Lottery Covid 19 Response)	(4,125)	-
Supervision (PCC)	(580)	-
Helplines (Big Lottery)	(3,750)	-
Helplines (Lottery Covid 19 Response)	(341)	-

SAIL (Sexual Abuse And Incest Line)
Notes to the Financial Statements Continued
For the Year Ended 31 March 2021

Supervision (Ministry of Justice)	(2,500)	(2,980)
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SAIL (Sexual Abuse And Incest Line)
Notes to the Financial Statements Continued
For the Year Ended 31 March 2021

	(183,937)	(164,139)
SUPPORT COSTS		
Management		
Sundries (Covid 19 Fund)	(44)	(241)
Rent and rates (Lottery Covid 19 Response)	(7,439)	-
Insurance (Lottery Covid 19 Response)	(419)	-
Rent and rates (Core)	-	(1,021)
Insurance (Big Lottery)	(357)	(969)
IT Costs (Big Lottery)	(2,847)	(5,906)
IT Costs (DCMS)	(1,208)	-
IT Costs (Lottery Covid 19 Response)	(1,812)	-
IT Costs (PCC)	(290)	-
IT Costs (Covid 19 Fund)	(8,943)	-
Postage and stationery (Covid 19 Fund)	(3,825)	-
Postage and stationery (DCMS)	(280)	-
Postage and stationery (Lottery Covid 19 Response)	(10)	-
Postage and stationery (Big Lottery)	(241)	(1,802)
Postage and stationery (Ministry of Justice)	(120)	-
Advertising (Covid 19 Fund)	(550)	-
Advertising (Big Lottery)	(122)	(2,381)
Sundries (Big Lottery)	-	(794)
Rent (Big Lottery)	(7,150)	(15,872)
Communication (Covid 19 Fund)	(3,252)	-
Communication (Lottery Covid 19 Response)	(561)	-
Communication (DCMS)	(321)	-
Communication (Big Lottery)	(65)	(3,692)
IT costs (Ministry of Justice)	(1,144)	(1,892)
Communication charges (Ministry of Justice)	(559)	(42)
Room hire (Ministry of Justice)	(816)	(11)
Sundries (Ministry of Justice)	-	(420)
	(42,375)	(35,043)
Finance		
Bank charges (Covid 19 Fund)	(71)	-
Bank charges (Big Lottery)	(72)	(151)
	(143)	(151)
Governance costs		
Accountancy fees (Lottery Covid 19 Response)	(2,152)	-
Accountancy fees (PCC)	(166)	-
Accountancy fees (Big Lottery)	(704)	(2,753)
Legal fees (Big Lottery)	(1,800)	(1,835)
Legal fees (Covid 19 Fund)	(900)	-
Legal fees (Lottery Covid 19 Response)	(600)	-
	(6,322)	(4,588)
Total resources expended	(232,777)	(203,921)
Net Income	90,225	18,971

SAIL (Sexual Abuse And Incest Line)
Notes to the Financial Statements Continued
For the Year Ended 31 March 2021

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This page does not form part of the statutory financial statements