

SAIL (SEXUAL ABUSE AND INCEST LINE)

England & Wales · Charity number 1152263

Details

Status Registered

Legal form Charitable company

Company number [08436085](#)

Registered 2013-06-03

Register [View on the Charity Commission register](#)

Contact

Address 12 Soresby Street
Chesterfield
S40 1JN

Phone 01246 559 889

Email ruth.gartland@sailderbyshire.org.uk

Website www.sailderbyshire.org.uk

Activities

Objects: THE RELIEF AND PREVENTION OF THE FURTHER SUFFERING OF PEOPLE IN THE DERBYSHIRE AREA WHO ARE SURVIVORS OF CHILDHOOD SEXUAL ABUSE OR INCEST, BY THE PROVISION OF ASSISTANCE, SUPPORT AND SERVICES OR AS THE TRUSTEES SHALL FROM TIME TO TIME DECIDE.

Activities: SAIL provides face to face counselling and support to survivors (18+) of child sexual abuse who live in Derbyshire. We also provide information to supporters of survivors (relatives/friends/workers) and training on the issues of CSA to workers when resources allow.

Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** General Charitable Purposes, The Advancement Of Health Or Saving Of Lives
- **Who:** Elderly/old People, People With Disabilities, People Of A Particular Ethnic Or Racial Origin, Other Defined Groups, The General Public/mankind

Geography

- **Area of benefit:** DERBYSHIRE
- Derbyshire

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£420,947	£468,332	-	-
2024-03-31	£530,410	£512,421	£409,479	13
2023-03-31	£544,927	£369,403	£391,490	9
2022-03-31	£260,000	£248,000	-	-
2021-03-31	£323,002	£232,777	-	-

Trustees

Name	Role	Appointed
Michelle Grant	Chair	2014-11-18
Alison Thornton-Delve		2016-01-18
Andrew Agar		2026-02-15
Lewis Hanney		2020-09-21
Louise Nicholas		2026-02-15
Sarah Pinfold		2026-02-15
jane Dackiewicz		2026-02-15

SAIL (SEXUAL ABUSE AND INCEST LINE)

England & Wales - Charity number 1152263

Accounts

Company registration number: 08436085
Charity registration number: 1152263

**SAIL(SEXUAL ABUSE AND INCEST LINE)
TRUSTEES' REPORT AND
FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025**



Nicholson Tax & Accounts
8 Chapel Street
Belper
DE56 1AR

**SAIL(Sexual Abuse And Incest Line)
Contents**

	Page
Trustees' Report	1—5
Independent Examiner's Report	6
Statement of Financial Activities (including Income and Expenditure Account)	7
Comparative Statement of Financial Activities (including Income and Expenditure Account)	8
Balance Sheet	9
Notes to the Financial Statements	10—14
The following pages do not form part of the statutory accounts:	
Detailed Statement of Financial Activities (including Income and Expenditure Account)	15—16

SAIL(Sexual Abuse And Incest Line)
Company No. 08436085
Trustees' Report For The Year Ended 31 March 2025

The trustees present their report and the financial statements for the year ended 31 March 2025.

Objectives and Activities

Aims and Objectives

The relief and prevention of the further suffering of people in the Derbyshire area, who are survivors of childhood sexual abuse, incest or sexual violence by the provision of assistance, support and services or as the Trustees shall from time to time decide.

The aims of the charity are to provide free, specialist counselling and choice of support services for victims of sexual violence, to help them develop coping strategies not only to survive, but to thrive.

Significant Activities

Principal activities

Summary of the main activities undertaken for public benefit;

Therapy

SAIL provides face to face and remote counselling, support, and information to survivors of child sexual abuse, incest and sexual violence(18+) who live in Derbyshire. Therapy and is provided by a in DerbySAIL provides face to face and remote counselling, support, and information to survivors of child

sexual abuse, incest and sexual violence(18+) who live in Derby and Derbyshire

Therapy and Counselling is delivered by specially trained dedicated team of qualified volunteer Counsellors, subcontracted Counsellors and placement Counsellors- who meet SAIL's stringent criteria.

During this year SAIL provided 4084 Counselling sessions.

Group Therapy and Peer Group - This year SAIL's groups took place online, both Group Therapy and Peer Group Therapy were offered.

Helpline

Helpline Contacts - This year SAIL's helpline received 3444 contacts. Wellbeing Calls - During the year, 214 wellbeing calls were made to clients.

ISVA(Independent Sexual Violence Advisors)

During this year SAIL's ISVA's received 2989 contacts

Training Delivery

In Partnership with Derbyshire County Council and SV2, SAIL delivers bi-monthly webinars around the topic of sexual violence awareness.

In carrying out these activities, the Trustees have had regard to the guidance issued by the Charity Commission on public benefit.

Achievements and Performance

Main Achievements

It has been a busy and rewarding year for SAIL. During this time, we have developed Counselling hubs across the County and City to better meet individual need in Ashbourne, Long Eaton, Derby, Matlock and Heanor.

SAIL's Counselling service has achieved re accreditation with BACP(British Association of Counsellors and Psychotherapists) and our ISVA(Independent Sexual Violence Advisor) Service has achieved re accreditation with Lime Culture.

SAIL's Male Support Worker has developed outreach plans to increase access to the service for men as well as offering counselling, advocacy and Group Therapy.

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**SAIL(Sexual Abuse And Incest Line)
Trustees' Report (continued)
For The Year Ended 31 March 2025**

Main Achievements - continued

We have been able to provide an increased amount of Counselling sessions and assessments in response to an increase in demand for our services.
SAIL has achieved reaccreditation with Helplines Standards Partnership and our specialist helpline continues to offer phone, email and text service support as well as regular wellbeing calls to those on our waiting list.
We provided Art Therapy, Drama Therapy, Group Therapy and a Peer support group.
Recruitment for further volunteer counsellors and helpline workers continued, along with the recruitment of additional supervisors to meet the growing needs of the service.
We have partnered with other local organisations and provided training and knowledge sharing.
Our client feedback and case studies of our exceptional work with survivors are available to view in our Annual Report.

Financial Review

Financial Position

SAIL's funding is secure until 2026 with some funding confirmed until 2027. Along with other small charity organisations, SAIL is reliant on grant funding for our core service.
SAIL, with the aid of sound financial management and the support of the staff and volunteers, generated a positive financial outcome for the period.
The core funding sources for SAIL are currently the Ministry of Justice, The National Lottery Community Fund and Derby and Derbyshire ICB. It is the long-term aim of SAIL, which is particularly vulnerable to cuts in statutory funding, to build up unrestricted funds (the free reserves of the organisation) equivalent to three months average running costs. In this financial year, three months running costs would be £94,530.
The charity had £362,094 in reserves on 31st March 2025 of which £261,722 were unrestricted.
The Trustees feel that this level of unrestricted reserves is sufficient to meet the demands of our reserves policy.

Additional Note

Future Plans

Our aims during the next 12 months include the continuation of our work towards creating a sustainable service to meet the needs of our community. We plan to continue to maintain and develop SAIL's ongoing work through further recruitment. As well as further developing the organisation by strengthening governance, recruiting new Trustees.

Structure, Governance and Management

Governing Document

The Company (Company number 8436085) was incorporated on 8th March 2013 and its Memorandum and Articles of Association govern it. Its legal status is that of a company limited by guarantee and is a registered charity (Charity number 1152263). It took over the funds of the unincorporated charity number 1108117, also known as SAIL. These funds were transferred on 1st April 2014. It has no share capital and the liability of each member in the event of winding up is limited to £1. Overall management of the Charity is the responsibility of the Trustee directors who are elected and co-opted under the terms of the memorandum and articles of association. Day to day project activity is carried out by paid staff and volunteers.

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**SAIL(Sexual Abuse And Incest Line)
Trustees' Report (continued)
For The Year Ended 31 March 2025**

Governing Document - continued

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Trustee Selection Methods

Under the requirements of the Memorandum and Articles of Association, the members of the Management Committee are elected to serve for a period of a year after which they must be re-elected at the next Annual General Meeting. The Management Committee seeks to ensure that the needs of the beneficiaries are appropriately reflected through the diversity of the Trustee body.

To enhance the potential pool of Trustees, SAIL advertises on a running basis with the local volunteer centre and also networks with local groups of differing professionals as a way of ensuring a broad mix of skills is represented on the Management Committee.

Reference and Administrative Details

Trustees

Miss GR Binnie
Mrs M Grant
Miss A Thornton-Delve
Mr Lewis Hanney
Miss A Gaunt

Charity Number

1152263

Company Number

08436085

Independent Examiner

Eric O'Connor
Nicholson Tax & Accounts
8 Chapel Street
Belper
DE56 1AR

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**SAIL(Sexual Abuse And Incest Line)
Trustees' Report (continued)
For The Year Ended 31 March 2025**

Reference and Administrative Details - continued

REFERENCE AND ADMINISTRATION INFORMATION

Name of Charity SAIL (Sexual Abuse And Incest Line)

Charity registration number 1152263

Company registration number 8436085

Principal address 12 Soresby Street

Chesterfield

England

S40 1JN

Trustees

The Trustees and Officers serving during the year and since the year end were as follows;

Miss GR Binnie

Miss M Grant

Miss A Thornton-Delve

Mr Lewis Hanney

Independent examiners Nicholson Tax & Accounts

8 Chapel Street

Belper

Derbyshire

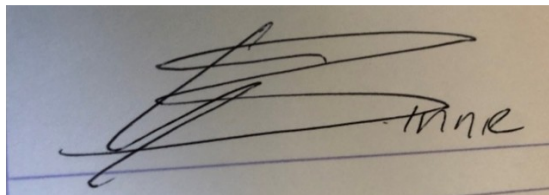
DE56 1AR

**SAIL(Sexual Abuse And Incest Line)
Trustees' Report (continued)
For The Year Ended 31 March 2025**

Small Company Rules

This report has been prepared in accordance with the special provisions relating to companies subject to the small companies regime within Part 15 of the Companies Act 2006.

The trustees' report was approved by the board of trustees and signed on its behalf by:

A photograph of a handwritten signature in black ink on a light-colored surface. The signature is stylized and appears to be 'GR Binnie'. The letters are connected and fluid.

Miss GR Binnie

Trustee

11th December 2025

SAIL(Sexual Abuse And Incest Line)
Independent Examiner's Report to the Trustees of SAIL(Sexual Abuse And Incest Line)
For The Year Ended 31 March 2025

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2025.

Responsibilities and Basis of Report

As the charity trustees of the Company (and also its directors for the purposes of company law), you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ("the 2006 Act").

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent Examiner's Statement

Since the Company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of The Association of Accounting Technicians, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Eric O'Connor
11th December 2025
8 Chapel Street
Belper
DE56 1AR

SAIL(Sexual Abuse And Incest Line)
Statement of Financial Activities (including Income and Expenditure Account)
For The Year Ended 31 March 2025

		Unrestricted funds	Restricted funds	2025 Total funds	2024 Total funds
	Notes	£	£	£	£
INCOME AND ENDOWMENTS FROM:					
Donations and legacies	3	206,859	214,088	420,947	530,410
EXPENDITURE ON:					
Charitable activities:	4				
Finance		(271)	-	(271)	(250)
Governance		(1,678)	(11,017)	(12,695)	(8,948)
Running costs		(22,694)	(118,627)	(141,321)	(198,037)
Salaries and pensions		(123,212)	(190,833)	(314,045)	(305,186)
		(147,856)	(320,476)	(468,332)	(512,421)
NET (EXPENDITURE)/INCOME		59,003	(106,388)	(47,385)	17,989
NET MOVEMENT IN FUNDS		59,003	(106,388)	(47,385)	17,989
RECONCILIATION OF FUNDS:					
Total funds brought forward		202,719	206,760	409,479	391,490
TOTAL FUNDS CARRIED FORWARD	9	261,722	100,372	362,094	409,479

The notes on pages 10 to 14 form part of these financial statements.

SAIL(Sexual Abuse And Incest Line)
Comparative Statement of Financial Activities (including Income and Expenditure Account)
For The Year Ended 31 March 2025

		2024		
	Notes	Unrestricted funds	Restricted funds	Total funds
		£	£	£
INCOME AND ENDOWMENTS FROM:				
Donations and legacies	3	185,932	344,478	530,410
EXPENDITURE ON:				
Charitable activities:	4			
Finance		-	(250)	(250)
Governance		(2,596)	(6,352)	(8,948)
Running costs		(32,035)	(166,002)	(198,037)
Salaries and pensions		(130,495)	(174,691)	(305,186)
		(165,126)	(347,295)	(512,421)
NET INCOME		20,806	(2,817)	17,989
Transfers between funds	9	43,558	(43,558)	-
NET MOVEMENT IN FUNDS		64,364	(46,375)	17,989
RECONCILIATION OF FUNDS:				
Total funds brought forward		138,355	253,135	391,490
TOTAL FUNDS CARRIED FORWARD	9	202,719	206,760	409,479

The notes on pages 10 to 14 form part of these financial statements.

**SAIL(Sexual Abuse And Incest Line)
Balance Sheet
As At 31 March 2025**

		Unrestricted funds	Restricted funds	2025 Total funds	2024 Total funds
	Notes	£	£	£	£
CURRENT ASSETS					
Cash at bank and in hand		364,497	-	364,497	412,201
		364,497	-	364,497	412,201
Creditors: Amounts Falling Due Within One Year	8	(2,403)	-	(2,403)	(2,722)
NET CURRENT ASSETS (LIABILITIES)		362,094	-	362,094	409,479
TOTAL ASSETS LESS CURRENT LIABILITIES		362,094	-	362,094	409,479
NET ASSETS		362,094	-	362,094	409,479
FUNDS OF THE CHARITY					
Restricted Funds				100,372	206,760
Unrestricted Funds				261,722	202,719
TOTAL FUNDS	9			362,094	409,479

For the year ending 31 March 2025 the charitable company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the charitable company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

On behalf of the board



Mrs M Grant

Trustee

11th December 2025

The notes on pages 10 to 14 form part of these financial statements.

**SAIL(Sexual Abuse And Incest Line)
Notes to the Financial Statements
For The Year Ended 31 March 2025**

1. General Information

SAIL(Sexual Abuse And Incest Line) is a company limited by guarantee, incorporated in England & Wales, registered number 08436085 and registered charity number 1152263. The registered office is .

2. Accounting Policies

2.1. Basis of Preparation of Financial Statements

The financial statements have been prepared in accordance with the Charities SORP (FRS 102) "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)", Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the Companies Act 2006.

The charitable company is a Public Benefit Entity as defined by FRS 102.

2.2. Incoming Resources

All incoming resources are included in the statement of financial activities when the Charity is entitled to the income and the amount can be quantified with reasonable accuracy.

2.3. Resources Expended

Liabilities are recognised as resources expended when there is a legal or constructive obligation committing the Charity to the expenditure

2.4. Cash and Cash Equivalents

Cash and cash equivalents are basic financial assets and include cash in hand and deposits held at call with banks, other short-term highly liquid investments that mature in no more than three months from the date of acquisition and are readily convertible to a known amount of cash with insignificant risk of change in value, and bank overdrafts.

3. Income from Donations and Legacies

	Unrestricted	Restricted	2025
	funds	funds	Total
	£	£	£
Donations and gifts	2,859	-	2,859
Grants	204,000	214,088	418,088
	206,859	214,088	420,947
			2024
	Unrestricted	Restricted	Total
	funds	funds	funds
	£	£	£
Donations and gifts	3,182	-	3,182
Grants	182,750	344,478	527,228
	185,932	344,478	530,410

**SAIL(Sexual Abuse And Incest Line)
Notes to the Financial Statements (continued)
For The Year Ended 31 March 2025**

4. Analysis of Expenditure

			2025
	Activities undertaken directly	Support costs (see note 5)	Total
	£	£	£
Finance	-	271	271
Governance	-	12,695	12,695
Running costs	51,330	89,991	141,321
Salaries and pensions	-	314,045	314,045
	<u>51,330</u>	<u>417,002</u>	<u>468,332</u>
			2024
	Activities undertaken directly	Support costs (see note 5)	Total
	£	£	£
Finance	-	250	250
Governance	-	8,948	8,948
Running costs	76,765	121,272	198,037
Salaries and pensions	-	305,186	305,186
	<u>76,765</u>	<u>435,656</u>	<u>512,421</u>

5. Support Costs

					2025
	Finance	Governance	Running costs	Salaries and pensions	Total
	£	£	£	£	£
Employee costs	-	-	26,274	314,045	340,319
Premises expenses	-	-	34,251	-	34,251
General administration	-	-	29,466	-	29,466
Interest payable	271	-	-	-	271
Governance costs	-	12,695	-	-	12,695
	<u>271</u>	<u>12,695</u>	<u>89,991</u>	<u>314,045</u>	<u>417,002</u>

**SAIL(Sexual Abuse And Incest Line)
Notes to the Financial Statements (continued)
For The Year Ended 31 March 2025**

					2024
	Finance	Governance	Running costs	Salaries and pensions	Total
	£	£	£	£	£
Employee costs	-	-	33,140	305,186	338,326
Premises expenses	-	-	32,217	-	32,217
General administration	-	-	55,915	-	55,915
Interest payable	250	-	-	-	250
Governance costs	-	8,948	-	-	8,948
	<u>250</u>	<u>8,948</u>	<u>121,272</u>	<u>305,186</u>	<u>435,656</u>

6. Staff Costs

Staff costs were as follows:

	2025	2024
	£	£
Wages and salaries	314,045	305,471
Other pension costs	14,835	15,921
	<u>328,880</u>	<u>321,392</u>

No employees received employee benefits (excluding employer pension costs) for the reporting period of more than £60,000.

7. Average Number of Employees

Average number of employees during the year was: 18 (2024: 16)

8. Creditors: Amounts Falling Due Within One Year

	2025	2024
	£	£
Accruals and deferred income	2,403	2,722
	<u>2,403</u>	<u>2,722</u>

9. Movement in Funds

	As at 1 April 2024	Income	Expenditure	As at 31 March 2025
	£	£	£	£
Unrestricted funds				
General:				
General unrestricted fund	202,719	206,859	(147,856)	261,722
Restricted funds				
Alchemey Foundation	-	1,000	-	1,000
Big Lottery	162,300	89,477	(206,051)	45,726
Ministry of Justice	25,083	75,410	(70,371)	30,122
PCC	12,458	24,920	(21,623)	15,755

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SAIL(Sexual Abuse And Incest Line)
Notes to the Financial Statements (continued)
For The Year Ended 31 March 2025

SV/DV	2,842	23,281	(22,431)	3,692
PCC/CCG	1,133	-	-	1,133
£90k ICB	2,944	-	-	2,944
Total restricted funds	206,760	214,088	(320,476)	100,372
Total funds	409,479	420,947	(468,332)	362,094

	As at 1 April 2023	Income	Expenditure	Transfers	As at 31 March 2024
	£	£	£	£	£
Unrestricted funds					
General:					
General unrestricted fund	138,355	185,932	(165,126)	43,558	202,719
Restricted funds					
Big Lottery	177,161	195,730	(210,591)	-	162,300
Ministry of Justice	17,636	100,547	(93,100)	-	25,083
PCC	8,174	24,920	(20,636)	-	12,458
SV/DV	2,432	23,281	(22,871)	-	2,842
PCC/CCG	1,133	-	-	-	1,133
£90k ICB	3,041	-	(97)	-	2,944
Move On Group	2,000	-	-	(2,000)	-
Lloyds	41,558	-	-	(41,558)	-
Total restricted funds	253,135	344,478	(347,295)	(43,558)	206,760
Total funds	391,490	530,410	(512,421)	-	409,479

10. Transactions with Trustees

No trustee expenses have been incurred.

11. Related Party Disclosures

There have been no related party transactions in the reporting period that require disclosure, except for those disclosed in the Transactions with Trustees note.

SAIL(Sexual Abuse And Incest Line)
Notes to the Financial Statements (continued)
For The Year Ended 31 March 2025

12. Company limited by guarantee

The company is limited by guarantee and has no share capital.

Every member of the company undertakes to contribute to the assets of the company, in the event of a winding up, such an amount as may be required not exceeding £1.

SAIL(Sexual Abuse And Incest Line)
Detailed Statement of Financial Activities (including Income and Expenditure Account)
For The Year Ended 31 March 2025

	2025	2024
	Total funds	Total funds
	£	£
INCOME AND ENDOWMENTS FROM:		
Donations and legacies		
Donations and gifts	2,859	3,182
Grants	418,088	527,228
	420,947	530,410
	420,947	530,410
EXPENDITURE ON:		
Charitable Activities:		
Finance		
Bank charges	(271)	(250)
	(271)	(250)
Governance		
Accountancy fees	(2,164)	(2,202)
Legal fees	(9,720)	(3,780)
Professional fees	(811)	(2,966)
	(12,695)	(8,948)
Running costs		
Counselling	(51,330)	(76,765)
Supervision	(14,835)	(15,921)
Assessments	-	(285)
Staff training	(10,361)	(13,581)
Staff expenses	(1,078)	(3,353)
Office costs and room hire	(25,361)	(32,217)
Rates	(2,320)	-
Light and heat	(6,570)	-
Volunteer expenses	(7,975)	(10,733)
Computer and IT consumables	(4,794)	(25,086)
Insurance	(562)	(471)
Printing, postage and stationery	(3,666)	(2,716)
Advertising and marketing costs	(7,151)	(7,770)
Telecommunications and data costs	(5,142)	(8,682)
Sundry expenses	(176)	(457)
	(141,321)	(198,037)

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SAIL(Sexual Abuse And Incest Line)
Detailed Statement of Financial Activities (including Income and Expenditure Account) (continued)
For The Year Ended 31 March 2025

Salaries and pensions

Wages and salaries	(314,045)	(305,186)
	<u>(314,045)</u>	<u>(305,186)</u>
	(468,332)	(512,421)
NET (EXPENDITURE)/INCOME	<u>(47,385)</u>	<u>17,989</u>

SAIL (SEXUAL ABUSE AND INCEST LINE)

England & Wales - Charity number 1152263

Accounts



NICHOLSON
Tax & Accounts

8 Chapel Street, Belper, Derbyshire DE56 1AR Tel: 01773 827070 info@nicholsontaxandaccounts.co.uk

The Registrar of Companies
Companies House
Crown Way
Maindy
Cardiff
CF14 3UZ

James Brown/SAI1809

23rd December 2024

Dear Sir,

SAIL (Sexual Abuse And Incest Line) – Company Number 08436085

With reference to the above we enclose a copy of the report of the trustees and financial statements for the year ended 31st March 2024. We shall be grateful if you will update your records accordingly.

Yours faithfully,



Nicholson Tax & Accounts

Charity Number: 1152263
Company Number: 8436085
(England and Wales)

SAIL (Sexual Abuse And Incest Line)

Report of the Trustees and Unaudited Financial Statements

For the Year Ended 31st March 2024

**SAIL (Sexual Abuse And Incest Line)
Contents Page
For the Year Ended 31st March 2024**

Report of the Trustees	1 to 4
Independent Examiner's Report to the Trustees	5
Statement of Financial Activities	6
Statement of Financial Position	7
Notes to the Financial Statements	8 to 11
Detailed Statement of Financial Activities	12 to 15

SAIL (Sexual Abuse And Incest Line)
Report of the Trustees
For the Year Ended 31st March 2024

The Trustees, who are also directors for the purposes of company law, have pleasure in presenting their report and the financial statements for the charitable company for the year ended 31st March 2024.

The Trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and the Republic of Ireland (FRS 102) (effective 1st January 2019)

OBJECTIVES AND ACTIVITIES

Objectives and aims

The relief and prevention of the further suffering of people in the Derbyshire area, who are survivors of childhood sexual abuse, incest or sexual violence by the provision of assistance, support and services or as the Trustees shall from time to time decide.

The aims of the charity are to provide free, specialist counselling and choice of support services for victims of sexual violence, to help them develop coping strategies not only to survive, but to thrive.

Principal activities

Summary of the main activities undertaken for public benefit;

Therapy

SAIL provides face to face and remote counselling, support, and information to survivors of child sexual abuse, incest and sexual violence (18+) who live in Derbyshire. Therapy is provided by a specially trained dedicated team of qualified volunteer Counsellors, subcontracted Counsellors and placement Counsellors- who meet SAIL's stringent criteria.

During this year SAIL provided 3280 Counselling sessions.

Group Therapy and Peer Group - This year SAIL's groups took place online, both Group Therapy and Peer Group Therapy were offered.

Helpline

Helpline Contacts - This year SAIL's helpline received 2093 contacts.

Wellbeing Calls - During the year, 254 wellbeing calls were made to clients.

ISVA (Independent Sexual Violence Advisors)

During this year SAIL's ISVA's received 2357 contacts

Training Delivery

In Partnership with Derbyshire County Council and SV2, SAIL delivers bi-monthly webinars around the topic of sexual violence awareness.

In carrying out these activities, the Trustees have had regard to the guidance issued by the Charity Commission on public benefit.

SAIL (Sexual Abuse And Incest Line)
Report of the Trustees
For the Year Ended 31st March 2024

ACHIEVEMENTS AND PERFORMANCE

It has been a busy and rewarding year for SAIL. During this time, we have developed Counselling hubs across the County and City to better meet individual need in Ashbourne, Long Eaton, Derby, Matlock and Heanor.

SAIL's Counselling service has achieved accreditation with BACP (British Association of Counsellors and Psychotherapists) and our ISVA (Independent Sexual Violence Advisor) Service has achieved reaccreditation with Lime Culture.

SAIL's Male Support Worker has developed outreach plans to increase access to the service for men as well as offering counselling and support sessions.

We have been able to provide an increased amount of Counselling sessions and assessments in response to an increase in demand for our services.

SAIL has achieved reaccreditation with Helplines Standards Partnership and our specialist helpline continues to offer phone, email and text service support as well as regular wellbeing calls to those on our waiting list.

We provided Art Therapy, Drama Therapy, Group Therapy and a Peer support group.

Recruitment for further volunteer counsellors and helpline workers continued, along with the recruitment of additional supervisors to meet the growing needs of the service.

We have partnered with other local organisations and provided training and knowledge sharing.

Our client feedback and case studies of our exceptional work with survivors are available to view in our Annual Report.

FINANCIAL REVIEW

SAIL's funding is secure until 2027 with some funding confirmed until 2026. Along with other small charity organisations, SAIL is reliant on grant funding for our core service.

SAIL, with the aid of sound financial management and the support of the staff and volunteers, generated a positive financial outcome for the period.

The core funding sources for SAIL are currently the Ministry of Justice, The National Lottery Community Fund and Derby and Derbyshire ICB. It is the long-term aim of SAIL, which is particularly vulnerable to cuts in statutory funding, to build up unrestricted funds (the free reserves of the organisation) equivalent to three months average running costs. In this financial year, three months running costs would be £92,347.

The charity had £409,479 in reserves on 31st March 2024 of which £202,719 were unrestricted.

The Trustees feel that this level of unrestricted reserves is sufficient to meet the demands of our reserves policy.

FUTURE PLANS

Our aims during the next 12 months include the continuation of our work towards creating a sustainable service to meet the needs of our community.

We plan to continue to maintain and develop SAIL's ongoing work through further recruitment. As well as further developing the organisation by strengthening governance, recruiting new Trustees.

**SAIL (Sexual Abuse And Incest Line)
Report of the Trustees
For the Year Ended 31st March 2024**

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The Company (Company number 8436085) was incorporated on 8th March 2013 and its Memorandum and Articles of Association govern it. Its legal status is that of a company limited by guarantee and is a registered charity (Charity number 1152263). It took over the funds of the unincorporated charity number 1108117, also known as SAIL. These funds were transferred on 1st April 2014. It has no share capital and the liability of each member in the event of winding up is limited to £1. Overall management of the Charity is the responsibility of the Trustee directors who are elected and co-opted under the terms of the memorandum and articles of association. Day to day project activity is carried out by paid staff and volunteers.

SAIL (Sexual Abuse And Incest Line)
Report of the Trustees
For the Year Ended 31st March 2024

Under the requirements of the Memorandum and Articles of Association, the members of the Management Committee are elected to serve for a period of a year after which they must be re-elected at the next Annual General Meeting. The Management Committee seeks to ensure that the needs of the beneficiaries are appropriately reflected through the diversity of the Trustee body. To enhance the potential pool of Trustees, SAIL advertises on a running basis with the local volunteer centre and also networks with local groups of differing professionals as a way of ensuring a broad mix of skills is represented on the Management Committee.

REFERENCE AND ADMINISTRATION INFORMATION

Name of Charity	SAIL (Sexual Abuse And Incest Line)
Charity registration number	1152263
Company registration number	8436085
Principal address	12 Soresby Street Chesterfield England S40 1JN

Trustees

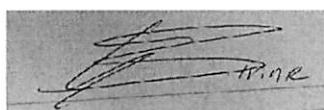
The Trustees and Officers serving during the year and since the year end were as follows;

Miss GR Binnie
Mrs M Grant
Miss A Thornton-Delve
Mr Lewis Hanney
Miss A Gaunt

Independent examiners

Nicholson Tax & Accounts
8 Chapel Street
Belper
Derbyshire
DE56 1AR

Approved by the Board of Trustees and signed on its behalf by



Miss GR Binnie
Trustee

**SAIL (Sexual Abuse And Incest Line)
Independent Examiners Report to the Trustees
For the Year Ended 31st March 2024**

I report to the Trustees on my examination of the accounts of the charitable company for the year ended 31 March 2024.

Responsibilities and basis of report

As the charity Trustees, who are also directors for the purposes of company law, are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act')

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiners statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



.....
Eric O'Connor

Nicholson Tax & Accounts
8 Chapel Street
Belper
Derbyshire
DE56 1AR

SAIL (Sexual Abuse And Incest Line)
Statement of Financial Activities (including Income and Expenditure Account)
For the Year Ended 31st March 2024

	Notes	Unrestricted funds	Restricted funds	2024	2023
		£	£	£	£
Income and endowments from;					
Donations and legacies	2	3,182		3,182	1,797
Charitable Activities	3	182,750	344,478	527,228	543,130
Total		185,932	344,478	530,410	544,927
Expenditure on;					
Charitable activities	4	163,786	348,635	512,421	369,403
Total		163,786	348,635	512,421	369,403
Net income/ (expenditure)		22,146	-4,157	17,989	175,524
Reconciliation of funds					
Total funds brought forward		134,406	257,084	391,490	215,966
Total funds carried forward		156,552	252,927	409,479	391,490

**SAIL (Sexual Abuse And Incest Line)
Statement of Financial Position
For the Year Ended 31st March 2024**

	Notes	2024	2023
Current assets			
Debtors	5	0	0
Cash at bank and in hand		412,201	400,310
		412,201	400,310
Creditors; amounts falling due within one year			
	6	-2,722	-8,820
Net current assets		409,479	391,490
Total assets less current liabilities		409,479	391,490
Net assets		409,479	391,490
The funds of the charity			
Restricted income funds	7	206,760	253,135
Unrestricted income funds	7	202,719	138,355
Total funds		409,479	391,490

For the year ended 31 March 2024 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

- The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476

- The Trustees acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts. These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved and authorised for issue by the board and signed on its behalf by;

Michelle Grant

.....
Mrs M Grant

**SAIL (Sexual Abuse And Incest Line)
Notes to the Financial Statements
For the Year Ended 31st March 2024**

1. Accounting Policies

Basis of accounting

The financial statements have been prepared under the historical cost convention, except for are included at market value and the revaluation of certain fixed assets and in accordance with the Charities investments which SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), and the Companies Act 2006.

SAIL (Sexual Abuse And Incest Line) meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note(s).

Funds

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the Trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Incoming resources

All incoming resources are included in the statement of financial activities when the Charity is entitled to the income and the amount can be quantified with reasonable accuracy.

The following specific policies are applied to particular categories of income:

Resources expended

Liabilities are recognised as resources expended when there is a legal or constructive obligation committing the Charity to the expenditure

Taxation

The charity is exempt from corporation tax on its charitable activities

2. Income from donations and legacies

	Unrestricted funds	Restricted funds	2024	2023
	£	£	£	£
Donations received	3,182	0	3,182	1,797
	<u>3,182</u>	<u>0</u>	<u>3,182</u>	<u>1,797</u>

**SAIL (Sexual Abuse And Incest Line)
Notes to the Financial Statements
For the Year Ended 31st March 2024**

3. Income from charitable activities

	Unrestricted funds	Restricted funds	2024	2023
	£	£	£	£
Lloyds	0		0	2,250
PCC		24,920	24,920	24,920
ICB Core	182,750		182,750	177,202
Big Lottery		195,730	195,730	154,156
Ministry of Justice		100,547	100,547	75,410
£90k ICB		0	0	90,000
SVDV		23,281	23,281	19,192
	<u>182,750</u>	<u>344,478</u>	<u>527,228</u>	<u>543,130</u>

4. Costs of charitable activities by fund type

	Unrestricted funds	Restricted funds	2024	2023
	£	£	£	£
PCC		20,634	20,634	23,348
PCC/CCG		0	0	103
ICB Core	163,786	0	163,786	165,842
Big Lottery		211,932	211,932	5,614
Ministry of Justice		93,100	93,100	70,777
£90k ICB		97	97	86,959
SVDV		22,872	22,872	16,760
	<u>163,786</u>	<u>348,635</u>	<u>512,421</u>	<u>369,403</u>

5. Debtors

	2024	2023
	£	£
Amounts due after more than one year;		
Prepayments and accrued income	<u>0</u>	<u>0</u>
	<u>0</u>	<u>0</u>

SAIL (Sexual Abuse And Incest Line)
Notes to the Financial Statements
For the Year Ended 31st March 2024

6. Creditors: amounts falling due within one year

	2024	2023
	£	£
Accruals and deferred income	2,722	8,820
	2,722	8,820

7. Movement in funds

Unrestricted Funds

	Balance at 01/04/2023	Incoming resources	Outgoing resources	Fund transfer	Balance at 31/03/2024
	£	£	£	£	£
<i>General</i>					
ICB Core	138,355	185,932	165,126	2,000	161,161
Lloyds	0	0	0	41,558	41,558
	138,355	185,932	165,126	43,558	202,719

Unrestricted - Previous Year

	Balance at 01/04/2022	Incoming resources	Outgoing resources	Fund transfer	Balance at 31/03/2023
	£	£	£	£	£
<i>General</i>					
ICB Core	125,257	179,056	165,900	-58	138,355
	125,257	179,056	165,900	-58	138,355

SAIL (Sexual Abuse And Incest Line)
Notes to the Financial Statements
For the Year Ended 31st March 2024

Restricted Funds

	Balance at 01/04/2023	Incoming resources	Outgoing resources	Fund transfer	Balance at 31/03/2024
	£	£	£	£	£
Move On Group	2,000			2,000	0
Lloyds	41,558			41,558	0
PCC	8,174	24,920	20,635		12,459
PCC/CCG	1,133				1,133
Big Lottery	177,161	195,730	210,591		162,300
Ministry of Justice	17,636	100,547	93,100		25,083
£90k ICB	3,041		97		2,944
SVDV	2,432	23,281	22,872		2,841
	253,135	344,478	347,295	43,558	206,760

Restricted Funds - Previous Year

	Balance at 01/04/2022	Incoming resources	Outgoing resources	Fund transfer	Balance at 31/03/2023
	£	£	£	£	£
Lottery Covid 19 Response	-58	0		58	0
Move On Group	2,000				2,000
Lloyds	39,308	2,250	0		41,558
PCC	6,602	24,920	23,348		8,174
PCC/CCG	1,236		103		1,133
Big Lottery	28,619	154,156	5,614		177,161
Ministry of Justice	13,003	75,410	70,777		17,636
£90k ICB	0	90,000	86,959		3,041
SVDV	0	19,192	16,760		2,432
	90,710	365,928	203,561	58	253,135

SAIL (Sexual Abuse And Incest Line)
Detailed Statement of Financial Activities
For the Year Ended 31st March 2024

	2024	2023
	£	£
INCOME AND ENDOWMENT		
Donations and legacies		
Donations	3,182	1,797
	3,182	1,797
 Charitable activities		
Grants (ICB Core)	182,750	177,202
Grants (Big Lottery)	195,730	154,156
Grants (PCC)	24,920	24,920
Grants (£90k ICB)	0	90,000
Grants (SVDV)	23,281	19,192
Grants (Lloyds)	0	2,250
Grants (Ministry of Justice)	100,547	75,410
	527,228	543,130
 Total incoming resources	530,410	544,927
 EXPENDITURE		
Charitable activities		
Room hire (ICB Core)	2,544	4,949
Room hire & running costs (£90k ICB)	0	2,649
Room hire & running costs (MOJ)	858	780
Room hire & running costs (Big Lottery)	8,111	0
Office costs (ICB Core)	1,624	2,233
Office costs (£90k ICB)	58	842
Office costs (Big Lottery)	3,013	0
Office costs (Ministry of Justice)	21	0
Office costs (PCC)	680	0
Office costs (SV/DV)	115	0
Carried forward	17,024	11,453

	2024	2023
	£	£
brought forward	17,024	11,453
Staff costs – (Core)	130,495	117,003
Staff costs – (PCC/CCG)	0	103
Staff costs – (Ministry of Justice)	19,183	40,898
Staff costs – wages & salaries (£90k ICB)	0	29,718
Staff costs - wages & salaries (Big Lottery)	130,453	1,149
Staff costs – (PCC)	16,288	16,834
Staff costs – (SVDV)	8,767	10,464
Volunteer expenses (£90k ICB)	0	3,682
Volunteer expenses (ICB Core)	6,462	5,503
Volunteer expenses (MOJ)	0	125
Volunteer expenses (Big Lottery)	4,271	0
Staff expenses (ICB Core)	2,304	1,183
Staff expenses (Big Lottery)	474	59
Staff expenses (PCC)	183	9
Staff expenses (SVDV)	46	127
Staff expenses (MOJ)	346	233
Training costs (Ministry of Justice)	6,239	1,165
Training costs (PCC)	278	3,743
Training costs (£90k ICB)	0	1,534
Training costs (ICB Core)	3,488	6,474
Training costs (Big Lottery)	3,276	0
Training costs (SV/DV)	300	0
Counselling (Ministry of Justice)	60,650	12,410
Counselling (£90k ICB)	0	30,870
Counselling (SVDV)	2,940	120
Counselling (Big Lottery)	9,675	0
Counselling (ICB Core)	3,500	0
Supervision (ICB Core)	1,958	6,400
Supervision (£90k ICB)	0	5,180
Supervision (PCC)	360	150
Supervision (Ministry of Justice)	3,220	775
Supervision (Big Lottery)	9,868	300
Supervision (SVDV)	515	395
Helplines (ICB Core)	518	179
Helplines (Big Lottery)	4,026	0
Helplines (£90k ICB)	0	306
Assessments (£90k ICB)	0	1,710
Assessments (MOJ)	285	0
	447,392	310,254
SUPPORT COSTS		
Management		
Rent and rates (£90k ICB)	0	1,555
Rent and rates (ICB Core)	417	862
Rent and rates (MOJ)	42	5,861
Rent and rates (PCC)	0	0
Rent and rates (Big Lottery)	14,734	3,725
	15,193	12,003
carried forward	15,193	12,003

SAIL (Sexual Abuse And Incest Line)
Detailed Statement of Financial Activities
For the Year Ended 31st March 2024

	2024	2023
brought forward	15,193	12,003
Insurance (ICB Core)	0	471
Insurance (Big Lottery)	471	0
IT Costs (ICB Core)	4,638	3,559
IT Costs (£90k ICB)	0	4,865
IT Costs (Big Lottery)	9,286	0
IT Costs (PCC)	1,757	447
IT costs (Ministry of Justice)	1,577	4,150
IT costs (SVDV)	7,828	5,581
Postage and stationery (PCC)	706	1,344
Postage and stationery (£90k ICB)	39	1,021
Postage and stationery (ICB Core)	439	7,182
Postage and stationery (Ministry of Justice)	0	2,669
Postage and stationery (SV/DV)	1,532	0
Advertising (£90k ICB)	0	789
Advertising (Big Lottery)	3,988	719
Advertising (PCC)	306	0
Advertising (ICB Core)	2,343	1,167
Advertising (MOJ)	625	903
Advertising (SV/DV)	508	0
Communication charges (ICB Core)	0	1,741
Communication charges (PCC)	78	30
Communication charges (£90k ICB)	0	1,416
Communication charges (Big Lottery)	3,686	135
Communication charges (Ministry of Justice)	54	412
Communication charges (SVDV)	320	72
Sundries (Ministry of Justice)	0	0
Sundries (ICB Core)	457	13
Sundries (Big Lottery)	0	35
	55,831	50,724

SAIL (Sexual Abuse And Incest Line)
Detailed Statement of Financial Activities
For the Year Ended 31st March 2024

	2024	2023
	£	£
Finance		
Bank charges (Big Lottery)	250	211
	250	211
Governance costs		
Accountancy fees (ICB Core)	0	1,404
Accountancy fees (£90k ICB)	0	822
Accountancy fees (PCC)	0	72
Accountancy fees (Ministry of Justice)	0	396
Accountancy fees (Big Lottery)	2,202	0
Legal fees (ICB Core)	0	4,320
Legal fees (Big Lottery)	3,780	0
Professional fees (ICB Core)	2,596	1,258
Professional fees (Big Lottery)	370	0
	8,948	8,272
Total resources expended	512,421	369,461
Net Income	17,989	175,524

SAIL (SEXUAL ABUSE AND INCEST LINE)

England & Wales - Charity number 1152263

Accounts

Charity Number: 1152263
Company Number: 8436085
(England and Wales).

SAIL (Sexual Abuse And Incest Line)

Report of the Trustees and Unaudited Financial Statements

For the Year Ended 31st March 2023

SAIL (Sexual Abuse And Incest Line)
Contents Page
For the Year Ended 31st March 2023

Report of the Trustees	1 to 4
Independent Examiner's Report to the Trustees	5
Statement of Financial Activities	6
Statement of Financial Position	7
Notes to the Financial Statements	8 to 11
Detailed Statement of Financial Activities	12 to 15

SAIL (Sexual Abuse And Incest Line)
Report of the Trustees
For the Year Ended 31st March 2023

The Trustees, who are also directors for the purposes of company law, have pleasure in presenting their report and the financial statements for the charitable company for the year ended 31st March 2023.

The Trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and the Republic of Ireland (FRS 102) (effective 1st January 2019)

OBJECTIVES AND ACTIVITIES

Objectives and aims

The relief and prevention of the further suffering of people in the Derbyshire area, who are survivors of childhood sexual abuse, incest or sexual violence by the provision of assistance, support and services or as the Trustees shall from time to time decide.

The aims of the charity are to provide free, specialist counselling and choice of support services for victims of sexual violence, to help them develop coping strategies not only to survive, but to thrive.

Principal activities

Summary of the main activities undertaken for public benefit;

Therapy

SAIL provides face to face and remote counselling, support, and information to survivors of child sexual abuse, incest and sexual violence (18+) who live in Derbyshire. Therapy is provided by a specially trained dedicated team of qualified volunteer Counsellors, subcontracted Counsellors and placement Counsellors - who meet SAIL's stringent criteria.

During this year SAIL provided 3037 Counselling sessions.

Group Therapy and Peer Group - This year SAIL's groups took place online, both Group Therapy and Peer Group Therapy were offered.

Helpline

Helpline Contacts - This year SAIL's helpline received 1818 contacts.

Wellbeing Calls - During the year, 235 wellbeing calls were made to clients.

ISVA (Independent Sexual Violence Advisors)

During this year SAIL's ISVA's received 354 contacts

Training Delivery

In Partnership with Derbyshire County Council and SV2, SAIL delivers bi-monthly webinars around the topic of sexual violence awareness.

Summary of the main activities undertaken for public benefit

In carrying out these activities, the Trustees have had regard to the guidance issued by the Charity Commission on public benefit.

**SAIL (Sexual Abuse And Incest Line)
Report of the Trustees
For the Year Ended 31st March 2023**

ACHIEVEMENTS AND PERFORMANCE

It has been a busy and rewarding year for SAIL. During this post-covid time, we have embedded our remote service delivery into all of our service provision resulting in a hybrid service to better meet individual client need.

Our counselling service encouraged clients back into our premises and this resulted in nearly double the number of clients seen and referral interest as the previous year.

SAIL has been recognised for contribution to success of victim services by the PCC.

SAIL's helplines Standards accredited helpline continued to offer phone, email and text service support as well as regular wellbeing calls to those on our waiting list.

We provided Art Therapy, Drama Therapy, Group Therapy and a Peer support group.

We expanded our counselling hubs to meet need in Belper, Long Eaton and Matlock.

Recruitment for further volunteer counsellors and helpline workers continued, along with the recruitment of additional supervisors to meet the growing needs of the service.

We have partnered with other local organisations and provided training and knowledge sharing.

Our client feedback and case studies of our exceptional work with survivors are available to view in our Annual Report.

FINANCIAL REVIEW

SAIL's funding is secure until 2024 with some funding confirmed until 2025. Along with other small charity organisations, SAIL is reliant on grant funding for our core service.

SAIL, with the aid of sound financial management and the support of the staff and volunteers, generated a positive financial outcome for the period.

The core funding sources for SAIL are currently the Ministry of Justice, The National Lottery Community Fund and Derby and Derbyshire ICB. It is the long-term aim of SAIL, which is particularly vulnerable to cuts in statutory funding, to build up unrestricted funds (the free reserves of the organisation) equivalent to three months average running costs. In this financial year, three months running costs would be £91,000.

The charity had £391,695 in reserves on 31st March 2023 of which £138,560 were unrestricted.

The Trustees feel that this level of unrestricted reserves is sufficient to meet the demands of our reserves policy.

FUTURE PLANS

Our aims during the next 12 months include the continuation of our return to face-to-face services as well as embedding learning from the provision of remote services to increase access and client choice.

We will work to assist our community's focus on recovery. We plan to continue to maintain and develop SAIL's ongoing work by recruiting new volunteers. As well as further developing the organisation by strengthening governance recruiting new Trustees and completing further and new accreditations of our Counselling service.

**SAIL (Sexual Abuse And Incest Line)
Report of the Trustees
For the Year Ended 31st March 2023**

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The Company (Company number 8436085) was incorporated on 8th March 2013 and its Memorandum and Articles of Association govern it. Its legal status is that of a company limited by guarantee and is a registered charity (Charity number 1152263). It took over the funds of the unincorporated charity number 1108117, also known as SAIL. These funds were transferred on 1st April 2014. It has no share capital and the liability of each member in the event of winding up is limited to £1. Overall management of the Charity is the responsibility of the Trustee directors who are elected and co-opted under the terms of the memorandum and articles of association. Day to day project activity is carried out by paid staff and volunteers.

SAIL (Sexual Abuse And Incest Line)
Report of the Trustees
For the Year Ended 31st March 2023

Under the requirements of the Memorandum and Articles of Association, the members of the Management Committee are elected to serve for a period of a year after which they must be re-elected at the next Annual General Meeting. The Management Committee seeks to ensure that the needs of the beneficiaries are appropriately reflected through the diversity of the Trustee body. To enhance the potential pool of Trustees, SAIL advertises on a running basis with the local volunteer centre and also networks with local groups of differing professionals as a way of ensuring a broad mix of skills is represented on the Management Committee.

REFERENCE AND ADMINISTRATION INFORMATION

Name of Charity	SAIL (Sexual Abuse And Incest Line)
Charity registration number	1152263
Company registration number	8436085
Principal address	12 Soresby Street Chesterfield England S40 1JN

Trustees

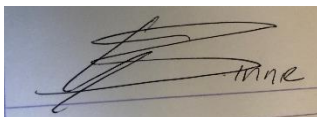
The Trustees and Officers serving during the year and since the year end were as follows;

Miss GR Binnie
Miss M Grant
Miss A Thornton-Delve
Miss Suzanne Carden
Mr Lewis Hanney
Miss A Gaunt

Independent examiners

Nicholson Tax & Accounts
8 Chapel Street
Belper
Derbyshire
DE56 1AR

Approved by the Board of Trustees and signed on its behalf by



Miss G Binnie
Trustee

**SAIL (Sexual Abuse And Incest Line)
Independent Examiners Report to the Trustees
For the Year Ended 31st March 2023**

I report to the Trustees on my examination of the accounts of the charitable company for the year ended 31 March 2023.

Responsibilities and basis of report

As the charity Trustees, who are also directors for the purposes of company law, are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act')

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiners statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



.....
Eric O'Connor

Nicholson Tax & Accounts
8 Chapel Street
Belper
Derbyshire
DE56 1AR

SAIL (Sexual Abuse And Incest Line)
Statement of Financial Activities (including Income and Expenditure Account)
For the Year Ended 31st March 2023

	Notes	Unrestricted funds	Restricted funds	2023	2022
		£	£	£	£
Income and endowments from;					
Donations and legacies	2	1,797		1,797	1,895
Charitable Activities	3	177,202	365,928	543,130	264,103
Total		178,999	365,928	544,927	265,998
Expenditure on;					
Charitable activities	4	165,900	203,503	369,403	253,906
Total		165,900	203,503	369,403	253,906
Net income/ (expenditure)		13,099	162,425	175,524	12,092
Reconciliation of funds					
Total funds brought forward		121,308	94,659	215,967	203,875
Total funds carried forward		134,407	257,084	391,491	215,967

**SAIL (Sexual Abuse And Incest Line)
Statement of Financial Position
For the Year Ended 31st March 2023**

	Notes	2023	2022
Current assets			
Debtors	5	0	0
Cash at bank and in hand		400,310	218,146
		<u>400,310</u>	<u>218,146</u>
Creditors; amounts falling due within one year	6	-8,820	-2,179
Net current assets		<u>391,490</u>	<u>215,967</u>
Total assets less current liabilities		<u>391,490</u>	<u>215,967</u>
Net assets		<u>391,490</u>	<u>215,967</u>
The funds of the charity			
Restricted income funds	7	253,135	90,710
Unrestricted income funds	7	138,355	125,257
Total funds		<u>391,490</u>	<u>215,967</u>

For the year ended 31 March 2023 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

- The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476
- The Trustees acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts. These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved and authorised for issue by the board and signed on its behalf by;

Michelle Grant

.....
Miss M Grant

**SAIL (Sexual Abuse And Incest Line)
Notes to the Financial Statements
For the Year Ended 31st March 2023**

1. Accounting Policies

Basis of accounting

The financial statements have been prepared under the historical cost convention, except for are included at market value and the revaluation of certain fixed assets and in accordance with the Charities investments which SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), and the Companies Act 2006.

SAIL (Sexual Abuse And Incest Line) meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note(s).

Funds

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the Trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Incoming resources

All incoming resources are included in the statement of financial activities when the Charity is entitled to the income and the amount can be quantified with reasonable accuracy.

The following specific policies are applied to particular categories of income:

Resources expended

Liabilities are recognised as resources expended when there is a legal or constructive obligation committing the Charity to the expenditure

Taxation

The charity is exempt from corporation tax on its charitable activities

2. Income from donations and legacies

	Unrestricted funds	Restricted funds	2023	2022
	£	£	£	£
Donations received	1,797		1,797	1,895
	1,797	0	1,797	1,895

SAIL (Sexual Abuse And Incest Line)
Notes to the Financial Statements
For the Year Ended 31st March 2023

3. Income from charitable activities

	Unrestricted funds	Restricted funds	2023	2022
	£	£	£	£
Lloyds		2,250	2,250	30,000
Lottery Covid 19 Response			0	-8,490
PCC		24,920	24,920	24,920
ICB Core	177,260		177,260	15,000
Big Lottery		154,156	154,156	0
PCC/CCG			0	134,629
Ministry of Justice		75,410	75,410	62,321
£90k ICB		90,000	90,000	
SVDV		19,192	19,192	
	<u>177,260</u>	<u>365,928</u>	<u>543,188</u>	<u>258,380</u>

4. Costs of charitable activities by fund type

	Unrestricted funds	Restricted funds	2023	2022
	£	£	£	£
Covid 19 Fund			0	54
DCMS			0	251
Lloyds			0	10,692
PCC		21,455	21,455	23,050
PCC/CCG		103	103	105,708
ICB Core	165,900		165,900	220
Big Lottery		789	789	9,468
Ministry of Justice		56,386	56,386	57,210
£90k ICB		76,491	76,491	0
SVDV		11,107	11,107	0
Support costs		37,230	37,230	41,529
	<u>165,900</u>	<u>203,561</u>	<u>369,461</u>	<u>248,182</u>

5. Debtors

2023 **2022**

£ £

Amounts due after more than one year;

Prepayments and accrued income	0	0
	<u>0</u>	<u>0</u>

SAIL (Sexual Abuse And Incest Line)
Notes to the Financial Statements
For the Year Ended 31st March 2023

6. Creditors: amounts falling due within one year

	2023	2022
	£	£
Accruals and deferred income	8,820	2,179
	8,820	2,179

7. Movement in funds

Unrestricted Funds

	Balance at 01/04/2022	Incoming resources	Outgoing resources	Fund transfer	Balance at 31/03/2023
	£	£	£	£	£
<i>General</i>					
ICB Core	125,257	179,056	165,900	-58	138,355
	125,257	179,056	165,900	-58	138,355

Unrestricted - Previous Year

	Balance at 01/04/2021	Incoming resources	Outgoing resources	Fund transfer	Balance at 31/03/2022
	£	£	£	£	£
<i>General</i>					
ICB Core	102,868	16,886	220	5,723	125,257
	102,868	16,886	220	5,723	125,257

**SAIL (Sexual Abuse And Incest Line)
Notes to the Financial Statements
For the Year Ended 31st March 2023**

Restricted Funds

	Balance at 01/04/2022	Incoming resources	Outgoing resources	Fund transfer	Balance at 31/03/2023
	£	£	£	£	£
Lottery Covid 19 Response	-58	0		58	0
Move On Group	2,000				2,000
Lloyds	39,308	2,250	0		41,558
PCC	6,602	24,920	23,348		8,174
PCC/CCG	1,236		103		1,133
Big Lottery	28,619	154,156	5,614		177,161
Ministry of Justice	13,003	75,410	70,777		17,636
£90k ICB	0	90,000	86,959		3,041
SVDV	0	19,192	16,760		2,432
	90,710	365,928	203,561	58	253,135

Restricted Funds - Previous Year

	Balance at 01/04/2021	Incoming resources	Outgoing resources	Fund transfer	Balance at 31/03/2022
	£	£	£	£	£
PCC/ CCG	0	134,629	133,393		1,236
Big Lottery	43,260	9	14,649	0	28,619
Covid 19 Fund	1,890	0	116	-1,774	0
DCMS	4,245	0	296	-3,949	0
Lloyds	20,000	30,000	10,692	0	39,308
Lottery Covid 19 Response	8,490	-8,490	58	0	-58
PCC Fund	5,880	24,920	24,198	0	6,602
Move On Group	2,000	0	0	0	2,000
Ministry of Justice	15,242	62,321	64,560	0	13,003
	101,007	243,389	247,962	-5,723	90,710

SAIL (Sexual Abuse And Incest Line)
Detailed Statement of Financial Activities
For the Year Ended 31st March 2023

	2023	2022
	£	£
INCOME AND ENDOWMENT		
Donations and legacies		
Donations	1,797	1,895
	1,797	1,895
 Charitable activities		
Grants (ICB Core)		
Grants (Big Lottery)		
Grants (PCC)		
Grants (£90k ICB)		
Grants (SVDV)		
Grants (Lloyds) 12 of 15		
Grants (PCC/CCG)		
Grants (Lottery Covid 19 Response)		
Grants (Ministry of Justice)	177,260	15,000
	154,156	0
	24,920	24,920
	90,000	0
	19,192	0
	2,250	30,000
	0	134,629
	0	-8,490
	75,410	62,321
	543,188	258,380
 Total incoming resources	 544,985	 260,275
 EXPENDITURE		
Charitable activities		
Room hire (ICB Core)	4,949	0
Room hire & running costs (£90k ICB)	2,649	0
Room hire & running costs (PCC/CCG)	0	2,209
Room hire & running costs (MOJ)	780	0
Office costs (ICB Core)	2,233	0
Office costs (Covid 19 Fund)	0	29
Office costs (£90k ICB)	842	0
Office costs (Ministry of Justice)	0	614
Office costs (PCC)	0	2,137
Office costs (PCC/ CCG)	0	2,057
Carried forward	11,453	7,046

	2023	2022
	£	£
brought forward	11,453	7,046
Staff costs – (Core)	117,003	220
Staff costs – (Lloyds)	0	10,692
Staff costs – (PCC/CCG)	103	96,153
Staff costs – (Ministry of Justice)	40,898	23,123
Staff costs – wages & salaries (£90k ICB)	29,718	0
Staff costs - wages & salaries (Big Lottery)	1,149	8,475
Staff costs – wages & salaries (Covid 19 Fund)	0	25
Staff costs – (PCC)	16,834	19,463
Staff costs – (DCMS)	0	201
Staff costs – (SVDV)	10,464	0
Volunteer expenses (£90k ICB)	3,682	0
Volunteer expenses (ICB Core)	5,503	0
Volunteer expenses (PCC/CCG)	0	581
Volunteer expenses (MOJ)	125	0
Staff expenses (ICB Core)	1,183	0
Staff expenses (Big Lottery)	59	0
Staff expenses (PCC)	9	0
Staff expenses (SVDV)	127	0
Staff expenses (MOJ)	233	0
Training costs (Ministry of Justice)	1,165	7,149
Training costs (PCC)	3,743	1,100
Training costs (PCC/CCG)	0	1,477
Training costs (£90k ICB)	1,534	0
Training costs (ICB Core)	6,474	0
Training costs (Big Lottery)	0	520
Counselling (Ministry of Justice)	12,410	20,350
Counselling (£90k ICB)	30,870	0
Counselling (SVDV)	120	0
Supervision (ICB Core)	6,400	0
Supervision (DCMS)	0	50
Supervision (£90k ICB)	5,180	0
Supervision (PCC)	150	350
Supervision (PCC/CCG)	0	2,925
Supervision (Ministry of Justice)	775	5,975
Supervision (Big Lottery)	300	475
Supervision (SVDV)	395	0
Helplines (ICB Core)	179	0
Helplines (£90k ICB)	306	0
Helplines (PCC/CCG)	0	306
Assessments (£90k ICB)	1,710	0
	310,254	206,656
SUPPORT COSTS		
Management		
Rent and rates (£90k ICB)	1,555	0
Rent and rates (ICB Core)	862	0
Rent and rates (PCC/CCG)	0	16,585
Rent and rates (MOJ)	5,861	0
Rent and rates (Big Lottery)	3,725	1,281
	12,003	17,866
carried forward	12,003	17,866

SAIL (Sexual Abuse And Incest Line)
Detailed Statement of Financial Activities
For the Year Ended 31st March 2023

	2023	2022
brought forward	12,003	17,866
Insurance (ICB Core)	471	0
Insurance (Big Lottery)	0	419
Insurance (PCC/CCG)	0	1,091
IT Costs (ICB Core)	3,559	0
IT Costs (£90k ICB)	4,865	0
IT Costs (Big Lottery)	0	3,480
IT Costs (DCMS)	0	45
IT Costs (Lottery Covid 19 Response)	0	58
IT Costs (PCC)	447	807
IT Costs (Covid 19 Fund)	0	50
IT costs (Ministry of Justice)	4,150	5,428
IT costs (PCC/CCG)	0	4,040
IT costs (SVDV)	5,581	0
Postage and stationery (PCC)	1,344	0
Postage and stationery (£90k ICB)	1,021	0
Postage and stationery (ICB Core)	7,182	0
Postage and stationery (Ministry of Justice)	2,669	0
Advertising (£90k ICB)	789	0
Advertising (Big Lottery)	719	0
Advertising (PCC)	0	197
Advertising (PCC/CCG)	0	72
Advertising (ICB Core)	1,167	0
Advertising (MOJ)	903	0
Communication charges (Covid 19 Fund)	0	12
Communication charges (ICB Core)	1,741	0
Communication charges (PCC)	30	66
Communication charges (£90k ICB)	1,416	0
Communication charges (Big Lottery)	135	1
Communication charges (Ministry of Justice)	412	1,810
Communication charges (SVDV)	72	0
Communication charges (PCC/ CCG)	0	716
Sundries (Ministry of Justice)	0	35
Sundries (ICB Core)	13	0
Sundries (Big Lottery)	35	0
	50,724	36,193

14 of 15
SAIL (Sexual Abuse And Incest Line)
Detailed Statement of Financial Activities
For the Year Ended 31st March 2023

	2023	2022
	£	£
Finance		
Bank charges (PCC/CCG)	0	145
Bank charges (Big Lottery)	211	0
	211	145
Governance costs		
Accountancy fees (ICB Core)	1,404	0
Accountancy fees (£90k ICB)	822	0
Accountancy fees (PCC)	72	77
Accountancy fees (Ministry of Justice)	396	77
Accountancy fees (PCC/CCG)	0	835
Legal fees (ICB Core)	4,320	0
Legal fees (PCC/CCG)	0	4,200
Professional fees (ICB Core)	1,258	0
	8,272	5,189
 Total resources expended	 369,461	 248,183
 Net Income	 175,524	 12,092

SAIL (SEXUAL ABUSE AND INCEST LINE)

England & Wales - Charity number 1152263

Accounts

Charity Number: 1152263
Company Number: 8436085
(England and Wales)

SAIL (Sexual Abuse And Incest Line)

Report of the Trustees and Unaudited Financial Statements

For the Year Ended 31st March 2022

SAIL (Sexual Abuse Incest Line)

And

Contents Page

For the Year Ended 31st March 2022

Report of the Trustees	1 to 4
Independent Examiner's Report to the Trustees	5
Statement of Financial Activities	6
Statement of Financial Position	7
Notes to the Financial Statements	8 to 11
Detailed Statement of Financial Activities	12 to 15

SAIL (Sexual Abuse And Incest Line)
Report of the Trustees
For the Year Ended March 2022
31st

The Trustees, who are also directors for the purposes of company law, have pleasure in presenting their report and the financial statements for the charitable company for the year ended 31st March 2022.

The Trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and the Republic of Ireland (FRS 102) (effective 1st January 2019)

OBJECTIVES AND ACTIVITIES

Objectives and aims

The relief and prevention of the further suffering of people in the Derbyshire area, who are survivors of childhood sexual abuse, incest or sexual violence by the provision of assistance, support and services or as the Trustees shall from time to time decide.

The aims of the charity are to provide free, specialist counselling and choice of support services for victims of sexual violence, to help them develop coping strategies not only to survive, but to thrive.

Principal activities

Summary of the main activities undertaken for public benefit;

Therapy

SAIL provides face to face and remote counselling, support, and information to survivors of child sexual abuse, incest and sexual violence (18+) who live in Derbyshire. Therapy is provided by a specially trained dedicated team of qualified volunteer Counsellors, subcontracted Counsellors and placement Counsellors - who meet SAIL's stringent criteria.

During this year SAIL provided 1526 Counselling sessions.

Group Therapy and Peer Group - This year SAIL's groups took place online.

Helpline

Helpline Contacts - This year saw a 170% increase in the use of SAIL's helpline resulting in 2374 contact! Wellbeing Calls - During the year, 235 wellbeing calls were made to clients.

ISVA (Independent Sexual Violence Advisors)

During this year SAIL's ISVA's received 258 contacts

Training Delivery

In Partnership with Derbyshire County Council and SV2, SAIL delivers bi-monthly webinars around the topic of sexual violence awareness.

Summary of the main activities undertaken for public benefit

SAIL (Sexual Abuse Incest Line)
Report of the Trustees
For the Year Ended March 2022

In carrying out these activities, the Trustees have had regard to the guidance issued by the Charity Commission on public benefit.

And

31st

ACHIEVEMENTS AND PERFORMANCE

Throughout the year we maintained the running of our services remotely and towards the end of the year began a return to face-to-face services, offering Counselling and a choice of wrap around support services to adult survivors of childhood sexual abuse, incest, and sexual violence.

We offered an online Pre-Therapy Group and online Peer Group support.

Our helpline service continued its expansion- offering wellbeing calls and sessions as well as a text and email service in order to increase access and remove barriers to this service.

SAIL achieved The Helplines Standards Accreditation, a nationally recognised standard, which defines and accredits best practice in helpline work. Being awarded the Helplines Standards Accreditation demonstrates SAIL is working to the highest standards and ensures clients are receiving the best service possible.

We increased our ISVA (Independent Sexual Violence Advisor) service by securing funding for another ISVA role. Lime Culture Accreditation was achieved during the year.

Funding is secure for the 2022-2023

FINANCIAL REVIEW

SAIL's funding is secure until 2024. Along with other small charity organisations, SAIL is reliant on grant funding for our core service. Within the funding landscape and throughout the Pandemic, planning has been challenging. However due to the dedication of the team and support of funders, service development has taken place. SAIL, with the aid of sound financial management and the support of the staff and volunteers, generated a positive financial outcome for the period.

The core funding sources for SAIL are currently the Ministry of Justice, The National Lottery Community Fund and Derby and Derbyshire ICB. It is the long-term aim of SAIL, which is particularly vulnerable to cuts in statutory funding, to build up unrestricted funds (the free reserves of the organisation) equivalent to three months average running costs. In this financial year, three months running costs would be E36160

The charity had E215967 in reserves on 31st March 2022 of which E121308 were unrestricted.

The Trustees feel that this level of unrestricted reserves is sufficient to meet the demands of our reserves policy.

FUTURE PLANS

Our aims during the next 12 months include the continuation of our return to face-to-face services as well as embedding learning from the provision of remote services to increase access and client choice. We will work to assist our community's focus on recovery. We plan to continue to maintain and develop

SAIL (Sexual Abuse And Incest Line)

Report of the Trustees

For the Year Ended March 2022

SAIL's ongoing work by recruiting new volunteers. As well as further developing the organisation by strengthening governance recruiting new Trustees and completing further and new accreditations of our Counselling service.

31st

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The Company (Company number 8436085) was incorporated on 8th March 2013 and its Memorandum and Articles of Association govern it. Its legal status is that of a company limited by guarantee and is a registered charity (Charity number 1152263). It took over the funds of the unincorporated charity number 1108117, also known as SAIL. These funds were transferred on 1st April 2014. It has no share capital and the liability of each member in the event of winding up is limited to £1. Overall management of the Charity is the responsibility of the Trustee directors who are elected and co-opted under the terms of the memorandum and articles of association. Day to day project activity is carried out by paid staff and volunteers.

SAIL (Sexual Abuse And Incest Line)
Report of the Trustees
For the Year Ended March 2022
31st

Under the requirements of the Memorandum and Articles of Association, the members of the Management Committee are elected to serve for a period of a year after which they must be re-elected at the next Annual General Meeting. The Management Committee seeks to ensure that the needs of the beneficiaries are appropriately reflected through the diversity of the Trustee body. To enhance the potential pool of Trustees, SAIL advertises on a running basis with the local volunteer centre and also networks with local groups of differing professionals as a way of ensuring a broad mix of skills is represented on the Management Committee.

REFERENCE AND ADMINISTRATION INFORMATION

Name of Charity	SAIL (Sexual Abuse And Incest Line)
Charity registration number	1152263
Company registration number	8436085
Principal address	12 Soresby Street Chesterfield England S40 1JN

Trustees

The Trustees and Officers serving during the year and since the year end were as follows;

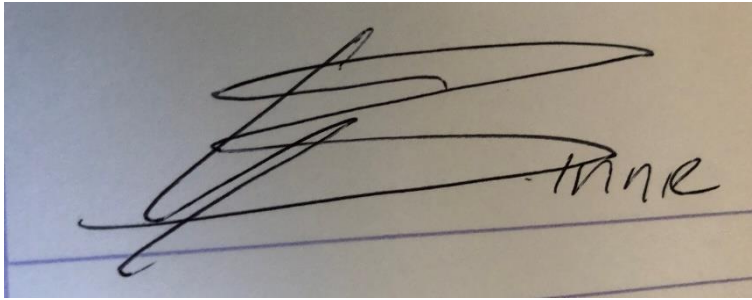
Miss GR Binnie
Miss M Grant
Miss A Thornton-Delve
Miss Suzanne Carden
Mr Lewis Hanney
Miss A Gaunt

Independent examiners

Nicholson Tax & Accounts
8 Chapel Street
Belper
Derbyshire
DE56 1AR

Approved by the Board of Trustees and signed on its behalf by

SAIL (Sexual Abuse And Incest Line)

A handwritten signature in blue ink on a light-colored background. The signature is stylized and appears to be 'G Binnie'. There is a horizontal line drawn across the page below the signature.

Miss G Binnie
Trustee

Independent Examiners Report to the Trustees
For the Year Ended 31st March 2022

I report to the Trustees on my examination of the accounts of the charitable company for the year ended 31 March 2022.

Responsibilities and basis of report

As the charity Trustees, who are also directors for the purposes of company law, are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 (the 2006 Act')

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts carried out under section 145 of the Charities Act 2011 (the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiners statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

SAIL (Sexual Abuse And Incest Line)

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Eric O'Connor

Nicholson Tax & Accounts
8 Chapel Street
Belper
Derbyshire
DE56 IAR

Statement of Financial Activities (including Income and Expenditure Account)
For the Year Ended 31st March 2022

Notes

	18,660	243,389	262,049	328,542
	220	249,737	249,957	238,317
	220	249,737	249,957	238,317
	18,440	-6,348	12,092	90,225
	102,868	101,007	203,875	113,650
	121,308	94,659	215,967	203,875
	Unrestricted	Restricted	2022	2021
	funds	funds	funds	funds

Income and endowments from;
Donations and legacies
Charitable Activities
Total

Charitable activities Total

Net income/ (expenditure)

Expenditure on;

Reconciliation of funds Total funds brought forward Total
funds carried forward 2 1,886 9 1,895 1,711
3 16,774 243,380 260,154 326,831

SAIL (Sexual Abuse And Incest Line)
 Financial
 For Ended 31st 2022
 Statement of Position the Year
 March

	Notes	2022	2021
		218,146	206,934
		-2,179	-
		215,967	203,875
		215,967	203,875
		215,967	203,875
		90,710	101,007
		125,257	102,868
		215,967	203,875
Current assets			
Debtors	5		829
Cash at bank and in hand		218,146	206,105
Creditors; amounts falling due within one year	6		
Net current assets			
Total assets less current liabilities			
Net assets			
The funds of the charity			
Restricted income funds	7		
Unrestricted income funds	7		
Total funds			

For the year ended 31 March 2022 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476

SAIL (Sexual Abuse And Incest Line)

Notes to the Financial Statements

For the Year Ended 31st March 2022

The Trustees acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts. These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved and authorised for issue by the board and signed on its behalf by;



Miss M Grant

1. Accounting Policies

Basis of accounting

The financial statements have been prepared under the historical cost convention, except for are included at market value and the revaluation of certain fixed assets and in accordance with the Charities investments which SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of

Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), and the Companies Act 2006.

SAIL (Sexual Abuse And Incest Line) meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note(s).

Funds

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the Trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Incoming resources

SAIL (Sexual Abuse And Incest Line)

Notes to the Financial Statements

For the Year Ended 31st March 2022

All incoming resources are included in the statement of financial activities when the Charity is entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policies are applied to particular categories of income:

Resources expended

Liabilities are recognised as resources expended when there is a legal or constructive obligation committing the Charity to the expenditure

Taxation

The charity is exempt from corporation tax on its charitable activities

2. Income from donations and legacies

	Unrestricted funds	Restricted funds	2022	2021 funds
Donations received	1,886	9	1,895	1,711
	<hr/>	<hr/>	<hr/>	<hr/>
	1,886	9	1,895	1,711

3. Income from charitable activities

	Unrestricted funds	Restricted funds	2022	2021
Covid 19 Fund			o	26,971
DCMS			o	12,593
Lloyds		30,000	30,000	20,000
Lottery Covid 19 Response		-8,490	-8,490	87,489
PCC		24,920	24,920	18,690
Move on Group			o	2,000
Core	15,000		15,000	29,288
Big Lottery Awards For All			o	82,442
PCC/CCG		134,629	134,629	
Ministry of Justice		62,321	62,321	47,358

SAIL (Sexual Abuse And Incest Line)

Notes to the Financial Statements 2021/22

For the Year Ended 31st March 2022

4. Costs of charitable activities by fund type	Unrestricted funds	Restricted funds		2021
		2022	2021	
		E	E	
Covid 19 Fund		54	54	7,496
DCMS		251	251	6,539
Lloyds		10,692	10,692	
Lottery Covid 19 Response	220	0	0	276
PCC PCC/CCG		23,050	23,050	12,354
Core		105,708	105,708	
Big Lottery			220	
Awards For All		9,468	9,468	62,120
Ministry of Justice			0	5,538
Support costs		57,210	57,210	31,310
		41,529	41,529	48,684
5. Debtors	220	247,963	248,183	238,317

	2022	2021
Amounts due after more than one year; Prepayments and accrued income		E
6. Creditors: amounts falling due within one year		
Accruals and deferred income	0	829
	0	829

7. Movement in funds
Unrestricted Funds

General
Core

Unrestricted - Previous Year

General
Core

2022 2021

SAIL (Sexual Abuse And Incest Line)

Notes to the Financial Statements

For the Year Ended 31st March 2022

2,179	3,059
2,179	3,059

Balance at Incoming 01/04/2021 resources	Outgoing resources	Fund transfer	Balance at 31/03/2022
102,868	16,886	220	1,774
102,868	16,886	220	1,774
102,868	16,886	220	1,774

Balance at Incoming 01/04/2020 resources	Outgoing resources	Fund transfer	Balance at 31/03/2021
E			
71,869	25,461	o	5,538
71,869	25,461	o	5,538
71,869	25,461	o	5,538

Restricted Funds

	Balance at Incoming 01/04/2021 resources	Outgoing resources	Fund transfer	Balance at 31/03/2022
PCC/ CCG	o	134,629	133,393	1,236
Big Lottery	43,260	9	14,649	28,620
Covid 19 Fund	1,890		116	-1.7
DCMS	4,245		296	-3,949
Lloyds	20,000	30,000	10,692	39,308
Lottery Covid 19 Response	8,490	-8,490	58	-58
PCC Fund	5,880	24,920	24,198	6,602
Move On Group	2,000			2,000
Ministry of Justice	15,242	62,321	64,560	13,003

SAIL (Sexual
Abuse And Incest
Line)

Notes to the
Financial
Statements

For the Year

Ended 31st March
2022

	101,007	247,963	-5,723	90,710
Restricted Funds - Previous Year	243,389			
	Balance at Incoming 01/04/2020 resources	Outgoing resources		Balance at 31/03/2021
Awards for All	5,538	-	o	
Big Lottery	34,410	82,442	73,592	
Covid 19 Fund	o	-	Fund transfer	
DCMS	26,971	o	25,081	
Lloyds	12,593	-8,348		
Lottery Covid 19 Response	o		-5,538	o
PCC Fund	20,000	o	-	43,260
Move On Group	87,489	-	78,999	1,890
Ministry of Justice	o	-		4,245
	18,690	12,810		o
	o	2,000	-	20,000
	1,833	47,358	33,949	o
	41,781	-	-5,538	15,242
	297,543	232,779		101,007

SAIL (Sexual Abuse And Incest Line)

Detailed Statement of Financial Activities
For the Year Ended 31st March 2022

	2022	2021
	1,895	1,711
	15,000	23,748
		82,442
	24,920	18,690
		2,000
		26,971
		12,593
	30,000	20,000
	134,629	
	-8,490	87,489
	62,321	47,358
	258,380	321,291
	260,275	323,002
		-1,423
	0	-2,039
		-765
	-2,209	
	-29	-1,100
		-1,100
	-614	
	-2,137	
	-2,057	
INCOME AND ENDOWMENT		
Donations and legacies		
Donations	1,895	1,711
Charitable activities		
Grants (Core)		
Grants (Big Lottery)		
Grants (pcc)		
Grants (Move on Group)		
Grants (Covid 19 Fund)		

Grants (DCMS)
 Grants (Lloyds)
 Grants (PCC/CCG)
 Grants (Lottery Covid 19 Response)
 Grants (Ministry of Justice)

Total incoming resources

EXPENDITURE

Charitable activities Room hire (Core)
 Room hire (Covid 19)
 Room hire & running costs(Big Lottery)
 Room hire & running costs (Lottery Covid 19 Response)
 Room hire (CVS)
 Room hire & running costs (PCC/CCG)
 Office costs (Core)
 Office costs (Covid 19 Fund)
 Office costs (DCMS)
 Office costs (Ministry of Justice)
 Office costs (PCC)
 Office costs (pcc/ CCG)

Carried forward -7,046
 brought forward -6,427

Staff costs — (Core)	Staff costs — wages & salaries (Ministry of Justice)
Staff costs — (Lloyds)	Counselling (Ministry of Justice)
Staff costs- (PCC/CCG)	Supervision (Covid 19 Fund)
Staff costs — (Ministry of Justice)	Supervision (DCMS)
Staff costs — wages & salaries (Lottery Covid 19 Response)	Supervision (Lottery Covid 19 Response)
Staff costs - wages & salaries (Big Lottery)	Supervision (PCC)
Staff costs — wages & salaries (Covid 19 Fund)	Supervision (PCC/CCG)
Staff costs- (pcc)	Supervision (Ministry of Justice)
Staff costs- (DCMS)	Supervision (Big Lottery)
Volunteer expenses (Covid 19 Fund)	Helplines (Big Lottery)
Volunteer expenses (Lottery Covid 19 Response)	Helplines
Volunteer expenses (PCC/CCG)	es
Volunteer expenses (Big Lottery)	(Lottery Covid 19
Staff expenses (Big Lottery)	19
Training costs (Ministry of Justice)	
Training costs (PCC)	
Training costs (PCC/CCG)	
Training costs (Covid 19 Fund)	
Training costs (Lottery Covid 19 Response) Training costs (Big Lottery)	

Response) Helplines (PCC/CCG)		-1,100	-2,707
		-1,477	
			-2,380
			-760
SUPPORT COSTS		-520	-89
Management			-17,410
Rent and rates (Lottery Covid 19 Response)		-20,350	-11,100
Rent and rates (Core)			-982
Rent and rates (PCC/CCG)		-50	-450
Rent (Big Lottery) carried forward			-4,125
2022	2021	-350	-580
		-2,925	
	E	-5,975	-2,500
	-6,427	-475	-3,675
-7,046		o	-3,750
-220			
-10,692		_341	
-96,153		-306	
-23,123			
o	-59,725		
-8,475	-50,461		-206,656 -183,937
-25	-1,604		
-19,463	-9,068		
-201	-4,988	-7,439	
	-77		
	-218	-16,585	
-581		-1,281	-7,150
	-204		
	-16		
		-17,866	-14,589
-7,149	-300		

SAIL (Sexual Abuse And Incest Line)
Detailed Statement of Financial
Activities

	brought forward	-17,866	-
			14,589
Room hire (Ministry of Justice)			-816
Insurance (Lottery Covid 19 Response)			-419
Insurance (Big Lottery)		-419	-357
Insurance (PCC/CCG)		-1,091	
IT Costs (Big Lottery)		-3,480	-
			2,847
IT Costs (DCMS)		-45	-
			1,208
IT Costs (Lottery Covid 19 Response)		-58	-
			1,812
IT Costs (PCC)		-807	-290

IT Costs (covid 19 Fund)	-50	-
		8,942
IT costs (Ministry of Justice)	-5,428	-
IT costs (PCC/CCG)		1,144
Postage and stationery (Covid 19 Fund)		-
		3,825
Postage and stationery (DCMS)		-280
Postage and stationery (Lottery Covid 19 Response)		-10
Postage and stationery (Big Lottery)		-241
Postage and stationery (Ministry of Justice)		-120
Advertising (Covid 19 Fund)		-550
Advertising (Big Lottery)		-122
Advertising (PCC)	-197	
Advertising (PCC/CCG)	-72	
Communication (Covid 19 Fund)	-12	-
		3,252
Communication (Lottery Covid 19 Response)		-561
Communication (PCC)	-66	
Communication (DCMS)		-321
Communication (Big Lottery)	-1	-65
Communication charges (Ministry of Justice)	-1,810	-559
Communication charges (PCC/ CCG)	-716	
Sundries (Ministry of Justice)	-35	
Sundries (Covid 19 Fund)		-44
Sundries (Big Lottery)		

For the Year Ended 31st March 2022

0

SAIL (Sexual Abuse And Incest Line)

Detailed Statement of Financial Activities
For the Year Ended 31st March 2022

	-145	-
		143
		-2,152
	-835	-
		166
		-
	-4,200	704
		-1,800
		-
		900
		-
		600
	-5,189	-6,322
	-248,183	-
		232,777
	12,092	90,225
Finance		
Bank charges (Covid 19 Fund)		-71
Bank charges (PCC/CCG)	-145	
Bank charges (Big Lottery)		-72

Governance costs

Accountancy fees (Lottery Covid 19 Response)

Accountancy fees (PCC)

Accountancy fees (Ministry of Justice)

Accountancy fees (PCC/CCG)

Accountancy fees (Big Lottery)

Legal fees (Big Lottery)

Legal fees (Covid 19 Fund)

Legal fees (PCC/CCG)

Legal fees (Lottery Covid 19 Response)

Total resources expended

Net Income

SAIL (SEXUAL ABUSE AND INCEST LINE)

England & Wales - Charity number 1152263

Accounts

Charity number: 1152263
Company number: 08436085
(England and Wales)

SAIL (Sexual Abuse And Incest Line)

Report of the Trustees and Unaudited Financial Statements

For the Year Ended 31 March 2021

SAIL (Sexual Abuse And Incest Line)
Contents Page
For the Year Ended 31 March 2021

Report of the Trustees	1 to 3
Independent Examiner's Report to the Trustees	4
Statement of Financial Activities	5
Statement of Financial Position	6
Notes to the Financial Statements	7 to 10
Detailed Statement of Financial Activities	11 to 12

SAIL (Sexual Abuse And Incest Line) Report of the Trustees For the Year Ended 31 March 2021

The Trustees, who are also directors for the purposes of company law, have pleasure in presenting their report and the financial statements for the charitable company for the year ended 31 March 2021. The Trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and the Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

The relief and prevention of the further suffering of people in the Derbyshire area, who are survivors of childhood sexual abuse or incest, by the provision of assistance, support, and services or as the Trustees shall from time to time decide.

The aims of the charity are to provide free, specialist counselling and support for victims of childhood sexual abuse, incest, and sexual violence, to help them develop coping strategies not only to survive, but to thrive.

Principal activities

Summary of the main activities undertaken for public benefit

Therapy

SAIL provides face to face counselling, support, and information to survivors of child sexual abuse, incest and sexual violence (18+) who live in Derbyshire. A dedicated team of volunteer counsellors either qualified or placement counsellors who are qualified to a minimum provide the majority of the direct counselling service alongside subcontracted counsellors. During this year SAIL provided 1466 Counselling sessions.

Helpline Contacts - This year saw a 128% increase in the use of SAIL's helpline resulting in 1392 contacts.

ISVA (Independent Sexual Violence Advisor) - During this year SAIL's ISVA's supported 277 clients.

Wellbeing Calls - During the year 564 wellbeing calls were made to clients.

In carrying out these activities, the Trustees have had regard to the guidance issued by the Charity Commission on public benefit.

Summary of the main activities undertaken for public benefit

In carrying out these activities, the Trustees have had regard to the guidance issued by the Charity Commission on public benefit.

ACHIEVEMENTS AND PERFORMANCE

During the year we maintained the running of our services remotely. Offering counselling and a choice of support services to adult survivors of childhood sexual abuse, incest, and rape.

We offered an online Pre-Therapy Group.

Our helpline service was expanded to offer email and text options to increase access to this service during the challenges of the pandemic.

We increased our ISVA (Independent Sexual Violence Advisor) service by securing funding for another ISVA post.

Not all funding is secure for year 2021 – 2022.

FINANCIAL REVIEW

SAIL's funding is secure until March 2022. Along with other small charity organisations, SAIL is reliant on grant funding for our core service. Within this funding landscape, it has been challenging to plan or develop the service. Nevertheless, SAIL, with the aid of sound financial management and the support of staff and volunteers, generated a positive financial outcome for the period. The Core funding sources for SAIL are currently the Ministry of Justice, The National Lottery Community Fund and Derby and Derbyshire CCG.

It is the long-term aim of SAIL, which is particularly vulnerable to cuts in statutory funding, to build up unrestricted funds (the free reserves of the organisation) equivalent to three months average annual expenditure. In this financial year, three months running costs would be £29,000.

~~(08)~~

The charity had £203,875 in reserves on 31st March 2021 of which £102,868 were unrestricted. The Trustees feel that this level of unrestricted reserves is sufficient to meet the demands of our reserves policy.

FUTURE PLANS

Our aims during the next 12 months are to return to face to face services as we work to assist our community's focus on recovery. We plan to continue to maintain and develop SAIL's on-going work by recruiting new volunteers. As well as further developing the organisation by strengthening governance, recruiting new Trustees, and completing the accreditation of all of our services.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The Company (Company number 8436085) was incorporated on 8th March 2013 and its Memorandum and Articles of Association govern it. Its legal status is that of a company limited by guarantee and is a registered charity (Charity number 1152263). It took over the funds of the unincorporated charity number 1108117, also known as SAIL. These funds were transferred on 1st April 2014. It has no share capital and the liability of each member in the event of winding up is limited to £1. Overall management of the Charity is the responsibility of the Trustee directors who are elected and co-opted under the terms of the memorandum and articles of association. Day to day project activity is carried out by paid staff and volunteers.

**SAIL (Sexual Abuse And Incest Line)
Report of the Trustees Continued
For the Year Ended 31 March 2021**

Under the requirements of the Memorandum and Articles of Association, the members of the Management Committee are elected to serve for a period of a year after which they must be re-elected at the next Annual General Meeting. The Management Committee seeks to ensure that the needs of the beneficiaries are appropriately reflected through the diversity of the Trustee body. To enhance the potential pool of Trustees, SAIL advertises on a running basis with the local volunteer centre and also networks with local groups of differing professionals as a way of ensuring a broad mix of skills is represented on the Management Committee.

REFERENCE AND ADMINISTRATIVE INFORMATION

Name of Charity	SAIL (Sexual Abuse And Incest Line)
Charity registration number	1152263
Company registration number	08436085
Principal address	12 Soresby Street Chesterfield England S40 1JN

Trustees

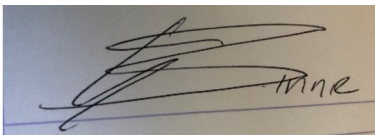
The Trustees and Officers serving during the year and since the year end were as follows:

Miss G R Binnie
Miss M Grant
Miss A Thornton-Delve
Miss Suzanne Carden
Mr Lewis Hanney

Independent examiners

Nicholson Tax & Accounts
8 Chapel Street
Belper
Derbyshire
DE56 1AR

Approved by the Board of Trustees and signed on its behalf by

A photograph of a handwritten signature in black ink on a light-colored surface. The signature is stylized and appears to be 'G Binnie'. The word 'Binnie' is written in a cursive script.

Miss G Binnie
Trustee

**SAIL (Sexual Abuse And Incest Line)
Independent Examiners Report to the Trustees
For the Year Ended 31 March 2021**

I report to the Trustees on my examination of the accounts of the charitable company for the year ended 31 March 2021.

Responsibilities and basis of report

As the charity Trustees, who are also directors for the purposes of company law, are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiners statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.


Eric O'Connor (Oct 7, 2021 15:07 GMT+1)

Eric O'Connor

Nicholson Tax & Accounts
8 Chapel Street
Belper
Derbyshire
DE56 1AR

SAIL (Sexual Abuse And Incest Line)
Statement of Financial Activities (including Income and Expenditure
Account) For the Year Ended 31 March 2021

	Notes	Unrestricted funds £	Restricted funds £	2021 £	2020 £
Income and endowments from:					
Donations and legacies	2	1,711	-	1,711	622
Charitable activities	3	29,288	297,543	326,831	222,270
Total		30,999	297,543	328,542	222,892
Expenditure on:					
Charitable activities	4	-	(238,317)	(238,317)	(203,921)
Total		-	(238,317)	(238,317)	(203,921)
Net income/expenditure		30,999	59,226	90,225	18,971
Reconciliation of funds					
Total funds brought forward		71,869	41,781	113,650	94,679
Total funds carried forward		102,868	101,007	203,875	113,650

SAIL (Sexual Abuse And Incest Line)
Statement of Financial Position
For the Year Ended 31 March 2021

	Notes	2021 £	2020 £
Current assets			
Debtors	5	829	7,700
Cash at bank and in hand		206,105	117,129
		206,934	124,829
Creditors: amounts falling due within one year	6	(3,059)	(11,179)
Net current assets		203,875	113,650
Total assets less current liabilities		203,875	113,650
Net assets		203,875	113,650
The funds of the charity			
Restricted income funds	7	101,007	41,781
Unrestricted income funds	7	102,868	71,869
Total funds		203,875	113,650

For the year ended 31 March 2021 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

- The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476,
- The Trustees acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts. These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

The financial statements were approved and authorised for issue by the Board and signed on its behalf by:



.....
Miss M. Grant.....

SAIL (Sexual Abuse And Incest Line)
Notes to the Financial Statements
For the Year Ended 31 March 2021

1. Accounting Policies

Basis of accounting

The financial statements have been prepared under the historical cost convention, except for investments which are included at market value and the revaluation of certain fixed assets and in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), and the Companies Act 2006.

SAIL (Sexual Abuse And Incest Line) meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note(s).

Funds

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the Trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Incoming resources

All incoming resources are included in the statement of financial activities when the Charity is entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policies are applied to particular categories of income:

Resources expended

Liabilities are recognised as resources expended when there is a legal or constructive obligation committing the Charity to the expenditure:

Taxation

The charity is exempt from corporation tax on its charitable activities.

2. Income from donations and legacies

	Unrestricted funds £	Restricted funds £	2021 £	2020 £
Donations received	1,711	-	1,711	622
	1,711	-	1,711	622

SAIL (Sexual Abuse And Incest Line)
Notes to the Financial Statements Continued
For the Year Ended 31 March 2021

3. Income from charitable activities

	Unrestricted funds £	Restricted funds £	2021 £	2020 £
<i>Covid 19 Fund</i>	-	26,971	26,971	-
<i>DCMS</i>	-	12,593	12,593	-
<i>Lloyds</i>	-	20,000	20,000	-
<i>Lottery Covid 19 Response</i>	-	87,489	87,489	-
<i>PCC</i>	-	18,690	18,690	-
<i>Move on Group</i>	-	2,000	2,000	-
<i>Core</i>	29,288	-	29,288	15,000
<i>Big Lottery</i>	-	82,442	82,442	174,131
<i>Awards For All</i>	-	-	-	1,567
<i>Ministry of Justice</i>	-	47,358	47,358	31,572
	29,288	297,543	326,831	222,270

4. Costs of charitable activities by fund type

	Unrestricted funds £	Restricted funds £	2021 £	2020 £
<i>Core</i>	-	-	-	5,348
<i>Covid 19 Fund</i>	-	7,496	7,496	-
<i>DCMS</i>	-	6,539	6,539	-
<i>Big Lottery</i>	-	62,120	62,120	129,274
<i>Lloyds</i>	-	-	-	-
<i>Lottery Covid 19 Response</i>	-	64,276	64,276	-
<i>Awards For All</i>	-	5,538	5,538	51
<i>Ministry of Justice</i>	-	31,310	31,310	29,739
<i>PCC Fund</i>	-	12,354	12,354	-
<i>Move on Group</i>	-	-	-	-
<i>Support costs</i>	-	48,684	48,684	39,509
	-	238,317	238,317	203,921

5. Debtors

	2021 £	2020 £
Amounts due after more than one year:		
Prepayments and accrued income	829	7,700
	829	7,700

6. Creditors: amounts falling due within one year

	2021	2020
	£	£
Accruals and deferred income	3,059	11,179
	3,059	11,179

7. Movement in funds**Unrestricted Funds**

	Balance at 01/04/2020	Incoming resources	Outgoing resources	Fund transfer	Balance at 31/03/2021
	£	£	£	£	£
<i>General</i>					
CORE	71,869	25,461	-	5,538	102,868
	71,869	25,461	-	5,538	102,868

Unrestricted Funds – Previous Year

	Balance at 01/04/2019	Incoming resources	Outgoing resources	Fund transfer	Balance at 31/03/2020
	£	£	£	£	£
<i>General</i>					
CORE	62,856	15,622	(6,609)	-	71,869
	62,856	15,622	(6,609)	-	71,869

SAIL (Sexual Abuse And Incest Line)
Notes to the Financial Statements Continued
For the Year Ended 31 March 2021

Restricted Funds

	Balance at 01/04/2020 £	Incoming resources £	Outgoing resources £	Fund Transfer £	Balance at 31/03/2021 £
Awards for All	5,538	-	-	(5,538)	-
Big Lottery	34,410	82,442	(73,592)	-	43,260
Covid 19 Fund	-	26,971	(25,081)	-	1,890
DCMS	-	12,593	(8,348)	-	4,245
Lloyds	-	20,000	-	-	20,000
Lottery Covid 19 Response	-	87,489	(78,999)	-	8,490
PCC Fund	-	18,690	(12,810)	-	5,880
Move On Group	-	2,000	-	-	2,000
Ministry of Justice	1,833	47,358	(33,949)	-	15,242
	41,781	297,543	(232,779)	(5,538)	101,007

Restricted Funds – Previous Year

	Balance at 01/04/2019 £	Incoming resources £	Outgoing resources £	Balance at 31/03/2020 £
Awards for All	4,022	1,567	(51)	5,538
Big Lottery	27,801	174,131	(167,522)	34,410
Ministry of Justice	-	31,572	(29,739)	1,833
	31,823	207,270	(197,312)	41,781

SAIL (Sexual Abuse And Incest Line)
Notes to the Financial Statements Continued
For the Year Ended 31 March 2021

	2021	2020
	£	£
INCOME AND ENDOWMENT		
Donations and legacies		
Donations	1,711	622
	1,711	622
 Charitable activities		
Grants (Core)	23,748	15,000
Grants (Big Lottery)	82,442	174,131
Grants (Awards For All)	-	1,567
Grants (PCC)	18,690	-
Grants (Move on Group)	2,000	-
Grants (Covid 19 Fund)	26,971	-
Grants (DCMS)	12,593	-
Grants (Lloyds)	20,000	-
Grants (Lottery Covid 19 Response)	87,489	-
Grants (Ministry of Justice)	47,358	31,572
	321,291	222,270
Total incoming resources	323,002	222,892
 EXPENDITURE		
Charitable activities		
Room hire (Core)	-	(4,018)
Room hire (Covid 19)	(1,423)	-
Office costs (Core)	-	(3,423)
Staff costs – wages & salaries (Lottery Covid 19 Response)	(59,725)	-
Staff costs - wages & salaries (Big Lottery)	(50,461)	(107,203)
Staff costs – wages & salaries (Covid 19 Fund)	(1,604)	-
Staff costs – (PCC)	(9,068)	-
Staff costs – (DCMS)	(4,988)	-
Volunteer expenses (Covid 19 Fund)	(77)	-
Volunteer expenses (Lottery Covid 19 Response)	(218)	-
Volunteer expenses (Big Lottery)	(204)	(2,683)
Staff expenses (Big Lottery)	(16)	(6,394)
Supervision costs (Big Lottery)	(3,675)	(5,375)
Training costs (Ministry of Justice)	(300)	(2,987)
Training costs (PCC)	(2,707)	-
Training costs (Covid 19 Fund)	(2,380)	-
Training costs (Lottery Covid 19 Response)	(760)	-
Training costs (Big Lottery)	(89)	(4,564)
Room hire & running costs (Big Lottery)	(2,039)	(3,055)
Room hire & running costs (Lottery Covid 19 Response)	(765)	-
Room hire (CVS)	-	-
Office costs (Covid 19 Fund)	(1,100)	-
Office costs (DCMS)	(1,100)	-
Office costs (Awards For All)	-	(51)
Staff costs – wages & salaries (Ministry of Justice)	(17,410)	(11,682)
Counselling (Ministry of Justice)	(11,100)	(9,724)
Supervision (Covid 19 Fund)	(982)	-
Supervision (DCMS)	(450)	-
Supervision (Lottery Covid 19 Response)	(4,125)	-
Supervision (PCC)	(580)	-
Helplines (Big Lottery)	(3,750)	-
Helplines (Lottery Covid 19 Response)	(341)	-

SAIL (Sexual Abuse And Incest Line)
Notes to the Financial Statements Continued
For the Year Ended 31 March 2021

Supervision (Ministry of Justice)	(2,500)	(2,980)
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SAIL (Sexual Abuse And Incest Line)
Notes to the Financial Statements Continued
For the Year Ended 31 March 2021

	(183,937)	(164,139)
SUPPORT COSTS		
Management		
Sundries (Covid 19 Fund)	(44)	(241)
Rent and rates (Lottery Covid 19 Response)	(7,439)	-
Insurance (Lottery Covid 19 Response)	(419)	-
Rent and rates (Core)	-	(1,021)
Insurance (Big Lottery)	(357)	(969)
IT Costs (Big Lottery)	(2,847)	(5,906)
IT Costs (DCMS)	(1,208)	-
IT Costs (Lottery Covid 19 Response)	(1,812)	-
IT Costs (PCC)	(290)	-
IT Costs (Covid 19 Fund)	(8,943)	-
Postage and stationery (Covid 19 Fund)	(3,825)	-
Postage and stationery (DCMS)	(280)	-
Postage and stationery (Lottery Covid 19 Response)	(10)	-
Postage and stationery (Big Lottery)	(241)	(1,802)
Postage and stationery (Ministry of Justice)	(120)	-
Advertising (Covid 19 Fund)	(550)	-
Advertising (Big Lottery)	(122)	(2,381)
Sundries (Big Lottery)	-	(794)
Rent (Big Lottery)	(7,150)	(15,872)
Communication (Covid 19 Fund)	(3,252)	-
Communication (Lottery Covid 19 Response)	(561)	-
Communication (DCMS)	(321)	-
Communication (Big Lottery)	(65)	(3,692)
IT costs (Ministry of Justice)	(1,144)	(1,892)
Communication charges (Ministry of Justice)	(559)	(42)
Room hire (Ministry of Justice)	(816)	(11)
Sundries (Ministry of Justice)	-	(420)
	(42,375)	(35,043)
Finance		
Bank charges (Covid 19 Fund)	(71)	-
Bank charges (Big Lottery)	(72)	(151)
	(143)	(151)
Governance costs		
Accountancy fees (Lottery Covid 19 Response)	(2,152)	-
Accountancy fees (PCC)	(166)	-
Accountancy fees (Big Lottery)	(704)	(2,753)
Legal fees (Big Lottery)	(1,800)	(1,835)
Legal fees (Covid 19 Fund)	(900)	-
Legal fees (Lottery Covid 19 Response)	(600)	-
	(6,322)	(4,588)
Total resources expended	(232,777)	(203,921)
Net Income	90,225	18,971

SAIL (Sexual Abuse And Incest Line)
Notes to the Financial Statements Continued
For the Year Ended 31 March 2021
of 12

12

This page does not form part of the statutory financial statements