

A CHILD OF MINE

England & Wales · Charity number 1152159

Details

Status Registered

Legal form Other

Registered 2013-05-23

Register [View on the Charity Commission register](#)

Contact

Address A Child Of Mine
1 The Green
Stafford
ST17 4BH

Phone 07803751229

Email hello@achildofmine.org.uk

Website www.achildofmine.org.uk

Activities

Objects: THE CHARITY'S OBJECTS ('THE OBJECTS') ARE THE OBJECTS OF THE CHARITY IS TO RELIEVE THE MENTAL AND PHYSICAL SICKNESS OF PERSONS RESIDENT IN ENGLAND AND WALES SUFFERING FROM THE BEREAVEMENT OF A CHILD (UNDER THE AGE OF 18) BY THE PROVISION OF ADVICE AND SUPPORT FOR SUCH PERSONS THROUGH EMAIL, TELEPHONE, WORKING WITH HEALTHCARE PROFESSIONALS TO IMPROVE BEREAVEMENT CARE, SOCIAL MEDIA AND THROUGH AN ONLINE WEBSITE. TO PROMOTE AND PROTECT THE PHYSICAL AND MENTAL HEALTH/WELLBEING OF SUFFERERS WHOSE CHILD HAS DIED (UNDER THE AGE OF 18) IN ENGLAND AND WALES THROUGH THE PROVISION OF FINANCIAL ASSISTANCE, SUPPORT, EDUCATION AND PRACTICAL ADVICE. FINANCIAL ASSISTANCE WILL BE PROVIDED TO PARENTS (OR, CARERS AND GUARDIANS) WHOSE CHILD HAS DIED (UNDER THE AGE OF 18) AND ARE RESIDENT IN STAFFORDSHIRE.

Activities: We provide a variety of support and information to families and professionals after a child's death. We research information required by bereaved families or professionals and signpost to suitable support. We work directly with professionals to improve care and ensure awareness of bereaved parents' needs. We run playgroups for bereaved families and by referral provide small financial grants.

Classification

- **How:** Provides Other Finance, Provides Advocacy/advice/information
- **What:** Other Charitable Purposes
- **Who:** The General Public/mankind

Geography

- Staffordshire

Finances

Period end	Income	Expenditure	Assets	Employees
2025-06-30	£76,707	£73,663	-	-
2024-06-30	£71,966	£66,018	-	-
2023-06-30	£65,923	£77,639	-	-
2022-06-30	£52,742	£49,798	-	-
2021-06-30	£92,979	£54,558	-	-

Trustees

Name	Role	Appointed
P KEARNS	Chair	2013-05-03
Andrea Elaine Hoy		2024-02-03
Bryan Charles Pryce		2026-01-17
C ANDREWS		2013-05-03
Elizabeth Anne Lennon		2022-09-10
Helen Taylor		2018-02-17
Nicola Kate Cardenas Blanco		2022-10-29
Sue Culver		2018-02-17

A CHILD OF MINE

England & Wales - Charity number 1152159

Accounts

A Child of Mine
Annual Report and Unaudited Financial Statements
for the financial year ended 30 June 2025

Carthy Accountants Limited
33 Eastgate Street
Stafford
ST16 2LZ

Charity Number: 1152159

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A Child of Mine
REFERENCE AND ADMINISTRATIVE INFORMATION

Trustees	Nicola Kate Cardenas Blanco Elizabeth Anne Lennon Andrea Hoy Helen Taylor Sue Culver Catherine Andrews
Chairperson	Pamela Kearns
Charity Number in England and Wales	1152159
Principal Address	1 The Green Stafford ST17 4BH
Independent Examiner	Carthy Accountants Limited 33 Eastgate Street Stafford ST16 2LZ

A Child of Mine TRUSTEES' REPORT

for the financial year ended 30 June 2025

The trustees present their Trustees' Report and the unaudited financial statements for the financial year ended 30 June 2025.

The financial statements are prepared in accordance with the Charities Act 2011, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their financial statements in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

The Trustees' Report contains the information required to be provided in the Trustees' Annual Report under the Statement of Recommended Practice (SORP) guidelines. The trustees of the charity are also charity trustees for the purpose of charity law and under the charity's constitution are known as members of the board of trustees.

In this report the trustees of A Child of Mine present a summary of its purpose, governance, activities, achievements and finances for the financial year 30 June 2025.

The charity is a registered charity and although not obliged to comply with the Statement of Recommended Practice applicable in the UK and Republic of Ireland FRS 102, the organisation has implemented its recommendations where relevant in these financial statements.

Mission, Objectives and Strategy

Mission Statement

To Provide emotional and practical support to bereaved parents and families. To work in partnership with health professionals to improve the care and support available when a child dies.

Objectives

The charity objectives, as outlined in the constitution, are to alleviate the mental and physical suffering of bereaved parents and families in England and Wales by providing advice, support, and practical guidance. This includes working with healthcare professionals to improve bereavement care and utilizing various channels such as email, telephone, face-to-face meetings, social media, and an online website. Additionally, the charity aims to promote and protect the physical and mental health and wellbeing of bereaved parents and families by providing financial assistance, support, education, and practical advice. Financial assistance is available to families who have lost a child under the age of 18 and reside in Staffordshire.

Structure, Governance and Management

Governance

A Child of Mine is governed by its constitution, adopted on 23rd April 2013.

Composition of the Board and Board Appointment Process

The current board of 7 Trustees will be re-appointed or appointed at the Annual General Meeting in December 2025.

Upon appointment, all Trustees are provided with an introduction to the charity by the Chair and others as deemed appropriate and provided with information from the Charity Commission on the roles and responsibilities of a charity trustee. The board of Trustees come from a range of professional backgrounds relevant to the charity's objectives.

Risk Review

The Trustees have assessed the major risks to which the charity is exposed, those related to the operations and finances of the Charity and are satisfied that systems are in place to mitigate any exposure to the major risks. These procedures are periodically reviewed.

Attendance at Board meetings

The charity's governance remained robust throughout the year. The Board of Trustees fulfilled its fiduciary and strategic duties, meeting a total of six times over the financial period to oversee operations, review financial performance, and set the direction for future service delivery.

A Child of Mine continues to operate efficiently and effectively. The Trustees, with their diverse skills and knowledge, have contributed significantly to defining the charity's objectives, reviewing milestones and raising awareness of the charity's activities. The Board looks forward to the coming year, aiming to further deliver on the charity's objectives, expand the charity's reach, secure additional resources, and intensify fundraising efforts.

Financial Review

The results for the financial year are set out on page 10 and additional notes are provided showing income and expenditure in greater detail.

A Child of Mine TRUSTEES' REPORT

for the financial year ended 30 June 2025

Results and Dividends

At the end of the financial year the charity has assets of £117,756 (2024 - £118,262) and liabilities of £1,622 (2024 - £5,172). The net assets of the charity have increased by £3,044.

In accordance with the Constitution, the trustees retire by rotation and, being eligible, offer themselves for re-election.

Compliance with Sector-Wide Legislation and Standards

The charity engages pro-actively with legislation, standards and codes which are developed for the sector. A Child of Mine subscribes to and is compliant with the following:

- The Charities SORP (FRS 102)

Achievements

Despite the ongoing challenging climate within the charity sector, we are profoundly proud to have not only maintained but significantly expanded our reach this year. Our strategic decision, taken in recent years, to alternate support groups between online and face-to-face sessions has been instrumental in extending our services to a much wider geographical area, ensuring our support remains accessible and flexible for families. As we marked our 12th year as a registered charity in May 2025, we remain dedicated to keeping our services and deep engagement with the families we support our utmost priority, looking forward to the next year with both appreciation for the challenges and determination for continued growth.

We are always incredibly proud to be recognised and respected by our peers, including bereavement teams at major UK children's hospitals. The palliative care team at Great Ormond Street Hospital even considers us the "go-to charity for child loss." As one Bereavement Service Manager at Great Ormond Street put it, "I hold your work in high esteem and believe what you do for bereaved parents is extraordinary. I will continue to promote A Child of Mine."

We are honoured to continue our position on the National Children's Hospital Bereavement Network which has continued to be an online meeting with a face to face once a year. This is a huge testament to the work we are doing and has enabled us to develop new key relationships with other children's hospitals across the country and gives the group a parent voice. Our work with the Child Death Overview Process (CDOP) has grown this year and we are grateful to be working more closely with the specialist nurses to provide education for student nurses and other agency staff. These relationships help us develop and further our aims as a charity, and they are vital for us to move forward to provide the best possible support we can. We were deeply privileged to receive acknowledgment from the Chief Superintendent at Staffordshire Police for the essential work we carry out in relation to child death support. This recognition highlights the critical nature of our services within the wider professional network.

Our commitment to reaching every bereaved parent across the UK was demonstrated by the resounding success of National Bereaved Parents Day, which was held on 3rd July 2024. This marked the fifth year of the campaign and was designed to acknowledge and unite every parent who has experienced loss, whether in pregnancy, infancy, or a child at any age.

The day was impactful, reaching over 5 million people nationally. The success was significantly boosted by key partner organisations, with charities and services such as Ronald McDonald House Charities UK, Sands, Samaritans, and the NHS all actively sharing and supporting the day. We were encouraged to see so many organisations holding their own services, acknowledging the day, and parents getting actively involved. We aim to leverage this momentum to make the 2025 campaign even bigger and better, securing wider engagement across all sectors. The Board is pleased of the dedication shown by our staff, volunteers, and the wider community that supports our mission. We look forward to building on these achievements in the next financial year.

This year, we focused on meeting the diverse needs of our community and expanding our geographical reach. Recognising a significant gap in local services, we successfully launched a new support group specifically for those who have experienced the loss of an adult child. This group provides a vital, tailored space for shared grief and currently meets regularly at our Stafford office.

We extended our outreach into the Staffordshire Moorlands area with two successful initiatives coinciding with Baby Loss Awareness Week in October: establishing a new, well-attended memorial service in Cheadle on 15th October, and coordinating a beautiful ribbon display to visually acknowledge and commemorate baby loss awareness in the local community.

Volunteer efforts continue to be the backbone of our support services and community spirit. A wonderful new community group called "Crochet of Mine" was established this year. This dedicated group crochets and knits beautiful items that are placed in our memory boxes for bereaved parents, adding a personal and comforting touch. They have also been instrumental in creating items specifically for our fundraising efforts. Additionally, we are delighted to have welcomed a couple of new volunteers who are now helping regularly in the office, greatly improving our administrative efficiency and allowing staff to dedicate more time to core support services.

Working with local businesses and community organisations is extremely important for us as it helps develop relationships within our community and creates opportunities for mutual benefit. This year, we made significant

A Child of Mine TRUSTEES' REPORT

for the financial year ended 30 June 2025

progress in formalising our corporate engagement strategy and deepening local support. We are delighted to announce two major "Charity of the Year" partnerships: The Hex Group chose A Child of Mine for 2025 and 2026, providing valuable fundraising and marketing support to enhance our profile and stability, while Stafford Building Society also selected us, offering crucial sponsorship for our annual charity ball in 2025. In terms of corporate and grant support, we established a new partnership with Homes Plus, who provided both dedicated volunteers and a valuable grant specifically to support the running of our teenage support group. The Elm Group have also supported our work in jointly sponsoring our teenage group throughout 2025. We secured sponsorship for our other groups from Cheadle Running Club and Stone Lions Club and our playgroup was awarded grant funding for 2025 and 2026 from the National Lottery. Additionally, we are grateful that This is Fitness has continued its support of the charity throughout the year. Finally, we successfully engaged with local community organisations, including Rotary Clubs, Lions, and Inner Wheel groups. Their support was instrumental in raising funds and significantly increasing awareness of our cause within the local community.

We have found fundraising has continued to be challenging again this year due to cost of living increases and what we see as a sign of the times currently. We did add a new fundraising event to our calendar this year in a Christmas Wreath making workshop and this was well attended, and we hope to replicate this next year. We are saddened to say that we had to take the decision to postpone our Charity Ball in October 2024. The reasoning for this was on many levels but it was the right decision to make and again sadly a sign of the times in the current economic climate. That said, we have been extremely grateful to our community who have supported the charity in events that have raised comparable levels of funding to what we would have raised through our charity ball, which has helped greatly.

The trustees continue to focus on maintaining the appropriate balance between financial stability and investment in charitable activity, and the Board regularly reviews the levels of an appropriate reserves policy. Given the current economic volatility and the ongoing impact of the cost-of-living crisis, it remains important that we hold a level of reserves that can sustain our core activity until we have a clearer picture of short- and medium-term fundraising potential. We aim to hold a target level of free reserves of around £40,000, which the trustees consider to be approximately six months of core expenditure, including staff salaries, accommodation costs, and general running costs.

Designated funds are ring-fenced for a specified future use. We currently have £11,370 of designated funds to support specific projects and pieces of work agreed by the Trustees and cannot be used for the general running costs of the charity. W

Activities

A Child of Mine has continued to focus on its activities as set out in the constitution. There are many activities which contribute to achieving our objectives: We provide emotional and spiritual support, financial support, advice, practical guidance, information, and vital peer support directly to bereaved families after a child's death, through group work and 1-2-1 sessions.

We strive to improve professional care for families whose child has died. We do this by working closely with both bereaved families and multi-agency professionals to help improve care and educate on the needs and experiences of bereaved parents.

We further this by the provision of information for families and professionals, attending regular meetings with key healthcare professionals, lecturing, networking, focus groups and multi-agency alliances. We partner with other relevant charity organisations to work together to ultimately support our beneficiaries. We also sit on some prevalent bereavement groups across the West Midlands including: the charity's CEO being a member of the regional networking group for the Child Death Overview Panel (CDOP), lay member for the Staffordshire Child Death Overview Panel and for the Black Country Neonatal death reviews, the National Children's Hospitals Bereavement Network, Staffordshire Bereavement Alliance, Friends of Stafford Cemeteries and an independent chair for LeDeR governance group (Learning from the lives and deaths of people with learning a disability and autism).

For families within our area of benefit we provide small financial grants (via referral). We offer several different support groups, which include a 'Stay and Play Playgroup', for bereaved parents and their children born before or after loss, a teenage group for bereaved young people, building confidence through humour and creative activities. We also host a drop-in peer support group for bereaved parents, in partnership with our local child death nurse specialists. These drop-in sessions run at two venues across Staffordshire. We also run 2 baby loss support groups specifically for those who have lost in early pregnancy and those who have experienced a stillbirth/baby loss. All these groups have been well attended this year and have continued to provide valuable support for those who need it.

We provide 2 memorial services for families within Staffordshire, these services are hosted by Cheadle Methodist Church and St Mary's Church in Stafford. They offer a safe place to come and remember those children or babies that were lost too soon. They provide an emotional outlet and a place to meet others who have also lost children.

"We get so much comfort attending your services, just being with others who have experienced the sae loss" –

A Child of Mine TRUSTEES' REPORT

for the financial year ended 30 June 2025
Hayley, a bereaved mother.

In 2020 we established a National Awareness Day for bereaved parents which is held on 3rd July each year. On the lead up to the day we share stories from many bereaved parents as a way of uniting this community regardless of when they have lost and in what circumstance. It is a powerful day and opens the conversation that babies and child die, and it is okay for us to talk about it.

The Future

We are looking forward to the next 12 months and further growing ACOM. In 2026 we celebrate 13 years of being a registered charity. We are still very aware that we are in a difficult economic environment, nevertheless our income has been maintained this year. Nevertheless, we are cognisant that there is likely to be an ongoing impact on charity funding and community fundraising in the short/medium term. However, building on our services and relationships with healthcare professionals and increasing the communication and reach within our community we are confident that we will continue to sustain and fund our charitable activities.

We aim to look at further developing the support we can provide, for the mental health and wellbeing of our families. We have also identified the need for grandparents' group which, maybe in partnership with Birmingham Children's Hospital, and we will look to address this in the new financial year. We are still looking to offer wellbeing workshops, pamper days and other ways to support our bereaved families and to improve their wellbeing.

I would like to take this opportunity to thank everyone who has been involved in the charity to date. To our fabulous trustees, staff, supporters, and volunteers without whom, we would not be able to make such a difference to our families' lives.

We aim to look at further developing the support we can provide, in particular for the mental health and wellbeing of our families. We have also identified the need for an adult child loss group which we will look to address in the new financial year. We are still looking to offer wellbeing workshops, pamper days and other ways to support our bereaved families and to improve their wellbeing.

I would like to take this opportunity to thank everyone who has been involved in the charity to date. To our fabulous trustees, staff, supporters and volunteers without whom, we would not be able to make such a difference to our families' lives.

Approved by the Board of Trustees on 6th March 26 and signed on its behalf by:



Pamela Kearns
Chairperson

A Child of Mine
STATEMENT OF TRUSTEES' RESPONSIBILITIES
for the financial year ended 30 June 2025

The trustees are responsible for preparing the financial statements in accordance with applicable law and regulations.

The law applicable to charities in England and Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the assets, liabilities and financial position of the charity as at the financial year end date and of the surplus or deficit of the charity and otherwise comply with the Charities Act 2011.

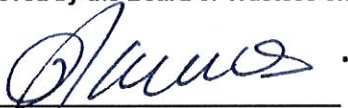
In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;
- make judgements and accounting estimates that are reasonable and prudent;
- state whether the financial statements have been prepared in accordance with applicable accounting standards, identify those standards, and note the effect and the reasons for any material departure from those standards; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees confirm that they have complied with the above requirements in preparing the financial statements.

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charity's transactions and disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the Board of Trustees on 6th March 26 and signed on its behalf by:



Pamela Kearns
Chairperson

A Child of Mine

INDEPENDENT EXAMINER'S REPORT TO THE BOARD OF TRUSTEES OF A CHILD OF MINE

We have examined the financial statements of the charity for the financial year ended 30 June 2025, which comprise the Statement of Financial Activities, the Balance Sheet and the related notes.

This report is made solely to the charity's members, as a body, in accordance with section 145 of the Charities Act 2011. Our work has been undertaken so that we might compile the financial statements that we have been engaged to compile, report to the Board of Trustees that we have done so, and state those matters that we have agreed to state to them in this report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charity and the charity's members, as a body, for our work, or for this report.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011. The charity's trustees consider that an audit is not required for this financial year under Section 145 of the Charities Act 2011 and that an independent examination is required.

It is our responsibility to:

- examine the financial statements under section 145 of the Act;
- follow the procedures laid down by the general Directions given by the Charity Commission under section 145(5) of the Charities Act 2011; and
- state whether particular matters have come to our attention.

Basis of independent examiner's report

Our examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the financial statements presented with those records. It also includes consideration of any unusual items or disclosures in the financial statements and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with our examination, no matter has come to our attention which gives us cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Charities Act 2011
- the financial statements do not accord with those accounting records
- the financial statements do not comply with the accounting requirements of the Charities Act
- the financial statements have not been prepared in accordance with the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102)
- there is further information needed for a proper understanding of the accounts to be reached.

We have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Carthy Accountants Limited
CARTHY ACCOUNTANTS LIMITED
33 Eastgate Street
Stafford
ST16 2LZ

Date:

A Child of Mine STATEMENT OF FINANCIAL ACTIVITIES

for the financial year ended 30 June 2025

	Notes	Unrestricted Funds 2025 £	Restricted Funds 2025 £	Total Funds 2025 £	Unrestricted Funds 2024 £	Restricted Funds 2024 £	Total Funds 2024 £
Income							
Donations and legacies	4.1	61,098	15,200	76,298	51,009	17,841	68,850
Charitable activities							
- Grants from governments and other co-funders	4.2	-	-	-	2,641	-	2,641
Investments	4.3	409	-	409	-	-	-
Other income	4.4	-	-	-	475	-	475
Total income		61,507	15,200	76,707	54,125	17,841	71,966
Expenditure							
Charitable activities	5.1	65,349	7,739	73,088	54,039	11,979	66,018
Other expenditure	5.2	1,643	(1,068)	575	-	-	-
Total Expenditure		66,992	6,671	73,663	54,039	11,979	66,018
Net income/(expenditure)		(5,485)	8,529	3,044	86	5,862	5,948
Transfers between funds		-	-	-	218	(218)	-
Net movement in funds for the financial year		(5,485)	8,529	3,044	304	5,644	5,948
Reconciliation of funds:							
Total funds beginning of the year	14	88,476	24,614	113,090	88,172	18,970	107,142
Total funds at the end of the year		82,991	33,143	116,134	88,476	24,614	113,090

The Statement of Financial Activities includes all gains and losses recognised in the financial year.
All income and expenditure relate to continuing activities.

A Child of Mine
BALANCE SHEET

as at 30 June 2025

	Notes	2025 £	2024 £
Fixed Assets			
Tangible assets	9	1,726	2,301
Current Assets			
Debtors	10	1,250	986
Cash at bank and in hand		114,780	114,975
		116,030	115,961
Creditors: Amounts falling due within one year	11	(1,622)	(5,172)
Net Current Assets		114,408	110,789
Total Assets less Current Liabilities		116,134	113,090
Funds			
Restricted trust funds		33,143	24,614
Designated funds (Unrestricted)		11,370	11,370
General fund (unrestricted)		71,621	77,106
Total funds	14	116,134	113,090

The financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime and in accordance with FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland", applying Section 1A of that Standard.

Approved by the Board of Trustees and authorised for issue on 6th March 26 and signed on its behalf by



Pamela Kearns
Chairperson

A Child of Mine

NOTES TO THE FINANCIAL STATEMENTS

for the financial year ended 30 June 2025

1. GENERAL INFORMATION

A Child of Mine is a charity incorporated in the United Kingdom. The registered office of the charity is 1 The Green, Stafford, ST17 4BH, United Kingdom which is also the principal place of business of the charity. The financial statements have been presented in Pound (£) which is also the functional currency of the charity.

2. SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES

The following accounting policies have been applied consistently in dealing with items which are considered material in relation to the charity's financial statements.

Basis of preparation

The financial statements have been prepared on the going concern basis under the historical cost convention, modified to include certain items at fair value. The financial statements have been prepared in accordance with the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland FRS 102", applying Section 1A of that Standard.

As permitted by the Companies Act 2006, the charity has varied the standard formats in that act for the Statement of Financial Activities and the Balance Sheet. Departures from the standard formats are to comply with the requirements of the Charities SORP and are in compliance with section 4.7, 10.6 and 15.2 of that SORP.

Statement of compliance

The financial statements of the charity for the financial year ended 30 June 2025 have been prepared on the going concern basis and in accordance with the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland FRS 102", applying Section 1A of that Standard.

Fund accounting

The following are the categories of funds maintained:

Restricted funds

Restricted funds represent income received which can only be used for particular purposes, as specified by the donors. Such purposes are within the overall objectives of the charity.

Unrestricted funds

Unrestricted funds consist of General and Designated funds.

- General funds represent amounts which are expendable at the discretion of the board, in furtherance of the objectives of the charity.

- Designated funds comprise unrestricted funds that the board has, at its discretion, set aside for particular purposes. These designations have an administrative purpose only, and do not legally restrict the board's discretion to apply the fund.

Income

Income is recognised by inclusion in the Statement of Financial Activities only when the charity is legally entitled to the income, performance conditions attached to the item(s) of income have been met, the amounts involved can be measured with sufficient reliability and it is probable that the income will be received by the charity.

Income from charitable activities

Income from charitable activities include income earned from the supply of services under contractual arrangements and from performance related grants which have conditions that specify the provision of particular services to be provided by the charity. Income from government and other co-funders is recognised when the charity is legally entitled to the income because it is fulfilling the conditions contained in the related funding agreements. Where a grant is received in advance, its recognition is deferred and included in creditors. Where entitlement occurs before income is received, it is accrued in debtors.

Grants from governments and other co-funders typically include one of the following types of conditions:

- Performance based conditions: whereby the charity is contractually entitled to funding only to the extent that the core objectives of the grant agreement are achieved. Where the charity is meeting the core objectives of a grant agreement, it recognises the related expenditure, to the extent that it is reimbursable by the donor, as income.

A Child of Mine

NOTES TO THE FINANCIAL STATEMENTS

for the financial year ended 30 June 2025

-Time based conditions: whereby the charity is contractually entitled to funding on the condition that it is utilised in a particular period. In these cases the charity recognises the income to the extent it is utilised within the period specified in the agreement.

In the absence of such conditions, assuming that receipt is probable and the amount can be reliably measured, grant income is recognised once the charity is notified of entitlement.

Grants received towards capital expenditure are credited to the Statement of Financial Activities when received or receivable, whichever is earlier.

Expenditure

Expenditure is analysed between costs of charitable activities and raising funds. The costs of each activity are separately accumulated and disclosed, and analysed according to their major components. Expenditure is recognised when a legal or constructive obligation exists as a result of a past event, a transfer of economic benefits is required in settlement and the amount of the obligation can be reliably measured. Support costs are those functions that assist the work of the charity but cannot be attributed to one activity. Such costs are allocated to activities in proportion to staff time spent or other suitable measure for each activity.

Tangible fixed assets and depreciation

Tangible fixed assets are stated at cost or at valuation, less accumulated depreciation. The charge to depreciation is calculated to write off the original cost or valuation of tangible fixed assets, less their estimated residual value, over their expected useful lives as follows:

Fixtures, fittings and equipment	25% Reducing balance
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Debtors

Debtors are recognised at the settlement amount due after any discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due. Income recognised by the charity from government agencies and other co-funders, but not yet received at financial year end, is included in debtors.

Cash at bank and in hand

Cash at bank and in hand comprises cash on deposit at banks requiring less than three months notice of withdrawal.

Taxation

No current or deferred taxation arises as the charity has been granted charitable exemption. Irrecoverable valued added tax is expensed as incurred.

3. PROVISIONS AVAILABLE FOR AUDITS OF SMALL ENTITIES

In common with many other charity of our size and nature, we use our auditors to assist with the preparation of the financial statements.

4. INCOME

4.1	DONATIONS AND LEGACIES	Unrestricted Funds £	Restricted Funds £	2025 £	2024 £
	Donations and legacies	61,098	15,200	76,298	68,850
4.2	CHARITABLE ACTIVITIES	Unrestricted Funds £	Restricted Funds £	2025 £	2024 £
	Grants from governments and other co-funders:				
	Income from charitable activities	-	-	-	2,641
4.3	INVESTMENTS	Unrestricted Funds £	Restricted Funds £	2025 £	2024 £
	Investments	409	-	409	-

A Child of Mine

NOTES TO THE FINANCIAL STATEMENTS

for the financial year ended 30 June 2025

4.4	OTHER INCOME	Unrestricted Funds £	Restricted Funds £	2025 £	2024 £	
	Other income	-	-	-	475	
<hr/>						
5.	EXPENDITURE					
5.1	CHARITABLE ACTIVITIES	Direct Costs £	Other Costs £	Support Costs £	2025 £	2024 £
	Expenditure on charitable activities	73,088	-	-	73,088	66,018
<hr/>						
5.2	OTHER EXPENDITURE	Direct Costs £	Other Costs £	Support Costs £	2025 £	2024 £
	Other expenditure	575	-	-	575	-
<hr/>						
6.	NET INCOME			2025 £	2024 £	
	Net Income is stated after charging/(crediting):					
	Depreciation of tangible assets			575	767	
<hr/>						
7.	INVESTMENT AND OTHER INCOME			2025 £	2024 £	
	Bank interest			409	667	
<hr/>						
8.	EMPLOYEES AND REMUNERATION					
	Number of employees			2025 Number	2024 Number	
	The average number of persons employed (including executive trustees) during the financial year was as follows: 2					
	Employees			2	2	
<hr/>						
	The staff costs comprise:			2025 £	2024 £	
	Wages and salaries			59,279	51,075	
<hr/>						

A Child of Mine

NOTES TO THE FINANCIAL STATEMENTS

for the financial year ended 30 June 2025

9. TANGIBLE FIXED ASSETS	Fixtures, fittings and equipment £	Total £
Cost		
At 30 June 2025	6,695	6,695
Depreciation		
At 1 July 2024	4,394	4,394
Charge for the financial year	575	575
At 30 June 2025	4,969	4,969
Net book value		
At 30 June 2025	<u>1,726</u>	<u>1,726</u>
At 30 June 2024	<u>2,301</u>	<u>2,301</u>
10. DEBTORS	2025	2024
	£	£
Other debtors	-	986
Prepayments and accrued income	1,250	-
	<u>1,250</u>	<u>986</u>
11. CREDITORS	2025	2024
Amounts falling due within one year	£	£
Taxation and social security costs (Note 12)	470	395
Other creditors	192	127
Accruals and deferred income	960	4,650
	<u>1,622</u>	<u>5,172</u>
12. TAXATION AND SOCIAL SECURITY	2025	2024
	£	£
Creditors:		
PAYE / NI	<u>470</u>	<u>395</u>
13. RESERVES	2025	2024
	£	£
At the beginning of the year	113,090	107,142
Surplus for the financial year	3,044	5,948
At the end of the year	<u>116,134</u>	<u>113,090</u>

A Child of Mine

NOTES TO THE FINANCIAL STATEMENTS

for the financial year ended 30 June 2025

14. FUNDS

14.1 RECONCILIATION OF MOVEMENT IN FUNDS	Unrestricted Funds £	Restricted Funds £	Total Funds £
At 1 July 2023	88,172	18,970	107,142
Movement during the financial year	304	5,644	5,948
At 30 June 2024	88,476	24,614	113,090
Movement during the financial year	(5,485)	8,529	3,044
At 30 June 2025	82,991	33,143	116,134

14.2 ANALYSIS OF MOVEMENTS ON FUNDS

	Balance 1 July 2024 £	Income £	Expenditure £	Transfers between funds £	Balance 30 June 2025 £
Restricted funds					
Dads group	848	-	-	-	848
Our Space	981	2,750	1,915	-	1,816
Sunshine and Rainbows	391	8,170	2,073	-	6,488
Mariposa	244	900	70	-	1,074
Publications	1,179	-	-	-	1,179
PPE	-	-	-	536	536
Resource library	630	880	241	-	1,269
Pamper Day	3,000	-	-	-	3,000
Butterfly boxes	16,805	-	2,682	-	14,123
Overhead costs	-	500	500	-	-
Gayle 1-2-1 costs	-	2,000	-	-	2,000
Training	536	-	-	(536)	-
Snowdrops	-	414	34	-	380
Adult Loss Group	-	-	430	-	430
	24,614	15,614	7,085	-	33,143
Unrestricted funds					
Pamper Days	6,500	-	-	-	6,500
Christmas Presents	2,000	-	-	-	2,000
Watercolour experience	-	960	960	-	-
Publications	2,870	-	-	-	2,870
Unrestricted General	77,106	60,133	65,618	-	71,621
	88,476	61,093	(66,578)	-	82,991
Total funds	113,090	76,707	73,663	-	116,134

15. POST-BALANCE SHEET EVENTS

There have been no significant events affecting the Charity since the financial year-end.

A CHILD OF MINE

England & Wales - Charity number 1152159

Accounts

A Child of Mine
Annual Report and Unaudited Financial Statements
for the financial year ended 30 June 2024

Carthy Accountants Limited
33 Eastgate Street
Stafford
ST16 2LZ

Charity Number: 1152159

A Child of Mine

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A Child of Mine

REFERENCE AND ADMINISTRATIVE INFORMATION

Trustees

Nicola Kate Cardenas Blanco
Elizabeth Anne Lennon
Helen Taylor
Catherine Andrews
Andrea Hoy (Appointed 3 February 2024)
Sue Culver

Chairperson

Pamela Kearns

Charity Number in England and Wales

1152159

Independent Examiner

Carthy Accountants Limited
33 Eastgate Street
Stafford
ST16 2LZ

A Child of Mine

TRUSTEES' REPORT

for the financial year ended 30 June 2024

The trustees present their Trustees' Report and the unaudited financial statements for the financial year ended 30 June 2024.

The financial statements are prepared in accordance with the Charities Act 2011, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their financial statements in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

The Trustees' Report contains the information required to be provided in the Trustees' Annual Report under the Statement of Recommended Practice (SORP) guidelines. The trustees of the charity are also charity trustees for the purpose of charity law and under the charity's constitution are known as members of the board of trustees.

In this report the trustees of A Child of Mine present a summary of its purpose, governance, activities, achievements and finances for the financial year 30 June 2024.

The charity is a registered charity and although not obliged to comply with the Statement of Recommended Practice applicable in the UK and Republic of Ireland FRS 102, the organisation has implemented its recommendations where relevant in these financial statements.

Mission, Objectives and Strategy

Mission Statement

To Provide emotional and practical support to bereaved parents and families. To work in partnership with health professionals to improve the care and support available when a child dies.

Objectives

The charity objectives, as outlined in the constitution, are to alleviate the mental and physical suffering of bereaved parents and families in England and Wales by providing advice, support, and practical guidance. This includes working with healthcare professionals to improve bereavement care and utilizing various channels such as email, telephone, face-to-face meetings, social media, and an online website. Additionally, the charity aims to promote and protect the physical and mental health and wellbeing of bereaved parents and families by providing financial assistance, support, education, and practical advice. Financial assistance is available to families who have lost a child under the age of 18 and reside in Staffordshire.

Structure, Governance and Management

Governance

A Child of Mine is governed by its constitution, adopted on 23rd April 2013.

Composition of the Board and Board Appointment Process

The current board of 7 Trustees will be re-appointed or appointed at the Annual General Meeting in December 2024.

Upon appointment, all Trustees are provided with an introduction to the charity by the Chair and others as deemed appropriate and provided with information from the Charity Commission on the roles and responsibilities of a charity trustee. The board of Trustees come from a range of professional backgrounds relevant to the charity's objectives. The Trustees meet regularly, and 7 meetings were held during this financial period 1st July 2023- 30 June 2024

Risk Review

The Trustees have assessed the major risks to which the charity is exposed, those related to the operations and finances of the Charity and are satisfied that systems are in place to mitigate any exposure to the major risks. These procedures are periodically reviewed.

Financial Review

The results for the financial year are set out on page 10 and additional notes are provided showing income and expenditure in greater detail.

Results and Dividends

At the end of the financial year the charity has assets of £118,262 (2023 - £108,730) and liabilities of £5,172 (2023 - £1,588). The net assets of the charity have increased by £5,948.

In accordance with the Constitution, the trustees retire by rotation and, being eligible, offer themselves for re-election.

A Child of Mine TRUSTEES' REPORT

for the financial year ended 30 June 2024

Compliance with Sector-Wide Legislation and Standards

The charity engages pro-actively with legislation, standards and codes which are developed for the sector. A Child of Mine subscribes to and is compliant with the following:

- The Charities SORP (FRS 102)

Achievements

For the last few years, we have spoken about how proud we are to have been able to grow in such a difficult climate. However, we are extremely proud once again to have increased our reach and to a much wider area as we took the decision last year to alternate a couple of our groups between online and face to face. We continue to work hard to keep our services and our engagement with the families we support a priority. We also marked our 11th year of being a registered charity in May 2024 and are looking forward to the next year ahead albeit we appreciate still in challenging times for the charity sector.

We are incredibly proud to be recognized and respected by our peers, including bereavement teams at major UK children's hospitals. The palliative care team at Great Ormond Street Hospital even considers us the "go-to charity for child loss". As one Bereavement Service Manager at Great Ormond Street put it "I hold your work in high esteem and believe what you do for bereaved parents is extraordinary. I will continue to promote A Child of Mine".

We are honoured to continue our position on the National Children's Hospital Bereavement Network which has continued to be an online meeting with a face to face meeting once a year. This is a huge testament to the work we are doing and has enabled us to develop new key relationships with other children's hospitals across the country and gives the group a parent voice. Our work with the Child Death Overview Process (CDOP) has grown this year and we are honoured to be working more closely with the specialist nurses to provide education for student nurses and other agency staff. These relationships help us develop and further our aims as a charity and they are vital for us to move forward to provide the best possible support we can.

Our National Bereaved Parents Day was held on 3rd July 2023. This was the 4th year of hosting the day and this year reached over 5 million people which was incredible. We know that there are many awareness days for loss over the year, with baby loss awareness week in October probably the best known. However, we wanted to acknowledge and join every bereaved parent whether they had lost in pregnancy, or after or a child at any age. The day was so impactful and it was wonderful to see other charities and organisations sharing and support the day with charities like Ronald McDonald House Charities UK, Sands, Samaritans and NHS joining in.

Working with businesses is extremely important for us as it helps develop relationships within our community and ways in which we can work together for mutual benefit. This year we were fortunate to continue our work with a charity called Pilotlight, who offered us a mentoring program with Directors from Autotrader. The aim was to develop a strategy for A Child of Mine to approach corporates to offer leaders and managers a way to support their staff after a child loss. This is important to businesses as a way to improve staff retention and wellbeing. This project is now ready to run; our workplace support has been developed and includes a fully interactive 3-hour workshop for managers/leader which aims to develop a confidence and understanding when supporting their employees. An employee who feels supported is more likely to be more productive and stay.

In the last year we worked hard to increase support and engagement with our families. During 23/24 we have supported over 700 people through signposting, peer/emotional support, information, or by attending one of our groups.

We were honoured to be chosen in July 2023 for a visit by the Chair of Trustees for the Charity Commission Mr Orlando Fraser KC and Mr Nick Baker, Chief Operating Officer. It was so valuable to have the opportunity to ask questions and gain insights from such influential people. It was a pleasure to meet them, and we were honoured that they took the time out to visit our charity. Mr Fraser was very complementary about the charity and described us as a local charity with a national influence.

We have also continued to increase our resource library that our families can utilise. The library is still a work in progress as we add new titles to its inventory, but we have a large variety of books about different kinds of loss and written from different kinds of perspectives, mothers, fathers and grandparents and a selection of bereavement books for children. We have found the library has been a great support for our families that couldn't afford to buy a book, or who just wanted to try reading a few different books without committing to buy. We lend out the books to any family that feels it would be of help.

We have found fundraising has continued to be a challenge again this year due to cost of living increases and what we can see as a sign of the times currently. We did add a new fundraising event to our calendar this year in a Christmas Wreath making workshop and this was well attended, and we hope to replicate this next year. We are saddened to say that we had to take the decision to postpone our Charity Ball in 2024. The reasoning for this was on many levels, but it was the right decision to make and again sadly a sign of the times in the current economic climate. That said, we have been extremely grateful to our community who have supported the charity in events that have raised comparable levels of funding to what we would have raised through our charity ball which has helped

A Child of Mine

TRUSTEES' REPORT

for the financial year ended 30 June 2024
immensely.

We note that our part time member of staff left late 2023 due to unforeseen personal circumstances and the post was vacant for 6 months which did have an impact on our activities due to a lack of resources. However, I am pleased to say that we recruited a new member of staff in May 2024, and they have settled in well to the lifestyle of a small charity. We also acknowledge member of Trustee Board who joined us in February 2024. Andrea is a great asset to the charity and is instrumental in helping the charity reach its aims and goals.

The trustees continue to consider the appropriate balance of financial stability and investment in charitable activity. The Board regularly review the levels of an appropriate reserves policy. Given the length of time likely until we recover fully after the impact of the Covid pandemic and the cost of living crisis it is important we continue to hold a level of reserves which can sustain our activity until we have a better picture of what fundraising might look like, both in the short and medium term. We aim to hold a target level of free reserves of around £40,000, which the trustees consider to be approximately six months of core expenditure, including staff salaries, accommodation costs and general running costs.

Designated funds are ring-fenced for a specified future use. We currently have £11,400 of designated funds to support specific projects and pieces of work agreed by the Trustees and cannot be used for the general running costs of the charity. We hope these designated funds will increase in the coming year as we start working on new projects and partnerships.

The Future

We are looking forward to the next 12 months and further growing A Child of Mine. In 2025 we celebrate 12 years of being a registered charity. We are still very aware that we are in a difficult economic environment, nevertheless our income has been maintained this year. Nevertheless, we are cognisant that there is likely to be an ongoing impact on charity funding and community fundraising in the short/medium term. However, building on our services and relationships with healthcare professionals and increasing the communication and reach within our community we are confident that we will continue to sustain and fund our charitable activities.

We aim to look at further developing the support we can provide, in particular for the mental health and wellbeing of our families. We have also identified the need for an adult child loss group which we will look to address in the new financial year. We are still looking to offer wellbeing workshops, pamper days and other ways to support our bereaved families and to improve their wellbeing.

I would like to take this opportunity to thank everyone who has been involved in the charity to date. To our fabulous trustees, staff, supporters and volunteers without whom, we would not be able to make such a difference to our families' lives.

Activities

A Child of Mine has continued to focus on its activities as set out in the constitution. There are many activities which contribute to achieving our objective: We provide emotional and spiritual support, financial support, advice, practical guidance, information, and vital peer support directly to bereaved families after a child's death, through group work and 1-2-1 sessions.

We strive to improve professional care for families whose child has died. We do this by working closely with both bereaved families and multiagency professionals to help improve care and educate on the needs and experiences of bereaved parents. We further this by the provision of information for families and professionals, attending regular meetings with key healthcare professionals, lecturing, networking, focus groups and multi-agency alliances. We partner with other relevant charity organisations to work together to ultimately supporting our beneficiaries. We also sit on some relevant bereavement groups across the West Midlands include: the charity CEO being a member of the regional networking group for the Child Death Overview Panel (CDOP), lay member for the Staffordshire Death Overview Panel and for the Black Country Neonatal death review, the National Children's Hospitals Bereavement Network, Staffordshire Bereavement Alliance, Friends of Stafford Cemeteries and an independent chair for LeDeR (learning from the lives and deaths of people with a learning disability and autism).

For families within our area of benefit we provide small financial grants (via referral). We offer several different support groups, which include a "Stay and Play Playgroup" for bereaved parents and their children born before or after loss, a teenage group for bereaved young people, building confidence through humour and creative activities and a drop in peer support group for bereaved parents, in partnership with local child death nurse specialists. These drop in sessions run at two venues across Staffordshire. We also run 2 baby loss support groups specifically for those who have lost in early pregnancy and those who have experienced a stillbirth/baby loss. All these groups have been well attended this year and have continued to provide valuable support for those who need it.

We provide 2 memorial services for families within Staffordshire, these services are hosted by Penkridge Methodist Church and St Mary's Church in Stafford. They offer a safe place to come and remember those children or babies that were lost too soon. They provide an emotional outlet and a place to meet others who have also lost children.

**A Child of Mine
TRUSTEES' REPORT**

for the financial year ended 30 June 2024

"We love coming to your services and just being with others who get it, brings us comfort" - Ashley, a bereaved father.

In 2020 we established a National Awareness Day for bereaved parents which is held on 3rd July each year. On the lead up to the day we share stories from many bereaved parents as a way of uniting this community regardless of when they have lost and in what circumstance. It is a powerful day and opens up the conversation that babies and children die and it is okay for us to talk about it.

Approved by the Board of Trustees on 28 February 2025 and signed on its behalf by:



Pamela Kearns
Chairperson

A Child of Mine
STATEMENT OF TRUSTEES' RESPONSIBILITIES
for the financial year ended 30 June 2024

The trustees are responsible for preparing the financial statements in accordance with applicable law and regulations.

The law applicable to charities in England and Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the assets, liabilities and financial position of the charity as at the financial year end date and of the surplus or deficit of the charity and otherwise comply with the Charities Act 2011.

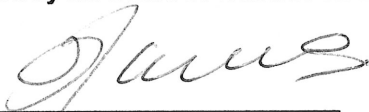
In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;
- make judgements and accounting estimates that are reasonable and prudent;
- state whether the financial statements have been prepared in accordance with applicable accounting standards, identify those standards, and note the effect and the reasons for any material departure from those standards; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees confirm that they have complied with the above requirements in preparing the financial statements.

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charity's transactions and disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the Board of Trustees on 28 February 2025 and signed on its behalf by:



Pamela Kearns
Chairperson

A Child of Mine

INDEPENDENT EXAMINER'S REPORT TO THE BOARD OF TRUSTEES OF A CHILD OF MINE

We have examined the financial statements of the charity for the financial year ended 30 June 2024, which comprise the Statement of Financial Activities, the Balance Sheet and the related notes.

This report is made solely to the charity's members, as a body, in accordance with section 145 of the Charities Act 2011. Our work has been undertaken so that we might compile the financial statements that we have been engaged to compile, report to the Board of Trustees that we have done so, and state those matters that we have agreed to state to them in this report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charity and the charity's members, as a body, for our work, or for this report.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011. The charity's trustees consider that an audit is not required for this financial year under Section 145 of the Charities Act 2011 and that an independent examination is required.

It is our responsibility to:

- examine the financial statements under section 145 of the Act;
- follow the procedures laid down by the general Directions given by the Charity Commission under section 145(5) of the Charities Act 2011; and
- state whether particular matters have come to our attention.

Basis of independent examiner's report

Our examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the financial statements presented with those records. It also includes consideration of any unusual items or disclosures in the financial statements and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with our examination, no matter has come to our attention which gives us cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Charities Act 2011
- the financial statements do not accord with those accounting records
- the financial statements do not comply with the accounting requirements of the Charities Act
- the financial statements have not been prepared in accordance with the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102)
- there is further information needed for a proper understanding of the accounts to be reached.

We have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Carthy Accountants Limited
CARTHY ACCOUNTANTS LIMITED
33 Eastgate Street
Stafford
ST16 2LZ

Date: 28 February 2025

A Child of Mine

STATEMENT OF FINANCIAL ACTIVITIES

for the financial year ended 30 June 2024

	Notes	Unrestricted Funds 2024 £	Restricted Funds 2024 £	Total Funds 2024 £	Unrestricted Funds 2023 £	Restricted Funds 2023 £	Total Funds 2023 £
Income							
Donations and legacies	4.1	51,009	17,841	68,850	29,325	26,493	55,818
Charitable activities							
- Grants from governments and other co-funders	4.2	2,641	-	2,641	-	-	-
Other trading activities	4.3	-	-	-	10,111	(81)	10,030
Other income	4.4	475	-	475	74	-	74
Total income		54,125	17,841	71,966	39,510	26,412	65,922
Expenditure							
Charitable activities	5.1	54,039	11,979	66,018	50,410	27,228	77,638
Net income/(expenditure)		86	5,862	5,948	(10,900)	(816)	(11,716)
Transfers between funds		218	(218)	-	(470)	470	-
Net movement in funds for the financial year		304	5,644	5,948	(11,370)	(346)	(11,716)
Reconciliation of funds:							
Total funds beginning of the year	14	88,172	18,970	107,142	99,542	19,316	118,858
Total funds at the end of the year		88,476	24,614	113,090	88,172	18,970	107,142

The Statement of Financial Activities includes all gains and losses recognised in the financial year. All income and expenditure relate to continuing activities.

A Child of Mine BALANCE SHEET

as at 30 June 2024

	Notes	2024 £	2023 £
Fixed Assets			
Tangible assets	9	2,301	3,068
Current Assets			
Debtors	10	986	1,163
Cash at bank and in hand		114,975	105,662
		115,961	106,825
Creditors: Amounts falling due within one year	11	(5,172)	(2,751)
Net Current Assets		110,789	104,074
Total Assets less Current Liabilities		113,090	107,142
Funds			
Restricted trust funds		24,614	18,970
Designated funds (Unrestricted)		11,370	20,558
General fund (unrestricted)		77,106	67,614
Total funds	14	113,090	107,142

The financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime and in accordance with FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland", applying Section 1A of that Standard.

Approved by the Board of Trustees and authorised for issue on 28 February 2025 and signed on its behalf by



Pamela Kearns
Chairperson

A Child of Mine

NOTES TO THE FINANCIAL STATEMENTS

for the financial year ended 30 June 2024

1. GENERAL INFORMATION

A Child of Mine is a charity incorporated in the United Kingdom. The registered office of the charity is 1 The Green, Stafford, ST17 4BH, United Kingdom which is also the principal place of business of the charity. The financial statements have been presented in Pound (£) which is also the functional currency of the charity.

2. SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES

The following accounting policies have been applied consistently in dealing with items which are considered material in relation to the charity's financial statements.

Basis of preparation

The financial statements have been prepared on the going concern basis under the historical cost convention, modified to include certain items at fair value. The financial statements have been prepared in accordance with the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland FRS 102", applying Section 1A of that Standard.

As permitted by the Companies Act 2006, the charity has varied the standard formats in that act for the Statement of Financial Activities and the Balance Sheet. Departures from the standard formats are to comply with the requirements of the Charities SORP and are in compliance with section 4.7, 10.6 and 15.2 of that SORP.

Statement of compliance

The financial statements of the charity for the financial year ended 30 June 2024 have been prepared on the going concern basis and in accordance with the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland FRS 102", applying Section 1A of that Standard.

Fund accounting

The following are the categories of funds maintained:

Restricted funds

Restricted funds represent income received which can only be used for particular purposes, as specified by the donors. Such purposes are within the overall objectives of the charity.

Unrestricted funds

Unrestricted funds consist of General and Designated funds.

- General funds represent amounts which are expendable at the discretion of the board, in furtherance of the objectives of the charity.

- Designated funds comprise unrestricted funds that the board has, at its discretion, set aside for particular purposes. These designations have an administrative purpose only, and do not legally restrict the board's discretion to apply the fund.

Income

Income is recognised by inclusion in the Statement of Financial Activities only when the charity is legally entitled to the income, performance conditions attached to the item(s) of income have been met, the amounts involved can be measured with sufficient reliability and it is probable that the income will be received by the charity.

Income from charitable activities

Income from charitable activities include income earned from the supply of services under contractual arrangements and from performance related grants which have conditions that specify the provision of particular services to be provided by the charity. Income from government and other co-funders is recognised when the charity is legally entitled to the income because it is fulfilling the conditions contained in the related funding agreements. Where a grant is received in advance, its recognition is deferred and included in creditors. Where entitlement occurs before income is received, it is accrued in debtors.

Grants from governments and other co-funders typically include one of the following types of conditions:

- Performance based conditions: whereby the charity is contractually entitled to funding only to the extent that the core objectives of the grant agreement are achieved. Where the charity is meeting the core objectives of a grant agreement, it recognises the related expenditure, to the extent that it is reimbursable by the donor, as income.

A Child of Mine

NOTES TO THE FINANCIAL STATEMENTS

for the financial year ended 30 June 2024

-Time based conditions: whereby the charity is contractually entitled to funding on the condition that it is utilised in a particular period. In these cases the charity recognises the income to the extent it is utilised within the period specified in the agreement.

In the absence of such conditions, assuming that receipt is probable and the amount can be reliably measured, grant income is recognised once the charity is notified of entitlement.

Grants received towards capital expenditure are credited to the Statement of Financial Activities when received or receivable, whichever is earlier.

Expenditure

Expenditure is analysed between costs of charitable activities and raising funds. The costs of each activity are separately accumulated and disclosed, and analysed according to their major components. Expenditure is recognised when a legal or constructive obligation exists as a result of a past event, a transfer of economic benefits is required in settlement and the amount of the obligation can be reliably measured. Support costs are those functions that assist the work of the charity but cannot be attributed to one activity. Such costs are allocated to activities in proportion to staff time spent or other suitable measure for each activity.

Tangible fixed assets and depreciation

Tangible fixed assets are stated at cost or at valuation, less accumulated depreciation. The charge to depreciation is calculated to write off the original cost or valuation of tangible fixed assets, less their estimated residual value, over their expected useful lives as follows:

Fixtures, fittings and equipment - 25% Reducing balance

Debtors

Debtors are recognised at the settlement amount due after any discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due. Income recognised by the charity from government agencies and other co-funders, but not yet received at financial year end, is included in debtors.

Cash at bank and in hand

Cash at bank and in hand comprises cash on deposit at banks requiring less than three months notice of withdrawal.

Taxation

No current or deferred taxation arises as the charity has been granted charitable exemption. Irrecoverable valued added tax is expensed as incurred.

3. PROVISIONS AVAILABLE FOR AUDITS OF SMALL ENTITIES

In common with many other charity of our size and nature, we use our auditors to assist with the preparation of the financial statements.

4. INCOME

4.1 DONATIONS AND LEGACIES	Unrestricted Funds £	Restricted Funds £	2024 £	2023 £
Donations and legacies	51,009	17,841	68,850	55,818
	<u>51,009</u>	<u>17,841</u>	<u>68,850</u>	<u>55,818</u>
4.2 CHARITABLE ACTIVITIES	Unrestricted Funds £	Restricted Funds £	2024 £	2023 £
Grants from governments and other co-funders:				
Income from charitable activities	2,641	-	2,641	-
	<u>2,641</u>	<u>-</u>	<u>2,641</u>	<u>-</u>
4.3 OTHER TRADING ACTIVITIES	Unrestricted Funds £	Restricted Funds £	2024 £	2023 £
Other trading activities	-	-	-	10,030
	<u>-</u>	<u>-</u>	<u>-</u>	<u>10,030</u>

A Child of Mine

NOTES TO THE FINANCIAL STATEMENTS

for the financial year ended 30 June 2024

4.4	OTHER INCOME		Unrestricted Funds	Restricted Funds	2024	2023
			£	£	£	£
	Other income		<u>475</u>	<u>-</u>	<u>475</u>	<u>74</u>
5.	EXPENDITURE					
5.1	CHARITABLE ACTIVITIES	Direct Costs	Other Costs	Support Costs	2024	2023
		£	£	£	£	£
	Expenditure on charitable activities	66,018	-	-	66,018	77,571
	Governance Costs (Note 5.2)	-	-	-	-	67
		<u>66,018</u>	<u>-</u>	<u>-</u>	<u>66,018</u>	<u>77,638</u>
5.2	GOVERNANCE COSTS	Direct Costs	Other Costs	Support Costs	2024	2023
		£	£	£	£	£
	Charitable activities - governance costs	-	-	-	-	67
6.	NET INCOME				2024	2023
					£	£
	Net Income is stated after charging/(crediting):					
	Depreciation of tangible assets				<u>767</u>	<u>1,023</u>
7.	INVESTMENT AND OTHER INCOME				2024	2023
					£	£
	Bank interest				<u>667</u>	<u>-</u>
8.	EMPLOYEES AND REMUNERATION					
	Number of employees				2024	2023
	The average number of persons employed (including executive trustees) during the financial year was as follows:				Number	Number
	Employees				<u>2</u>	<u>2</u>
	The staff costs comprise:				2024	2023
					£	£
	Wages and salaries				<u>51,075</u>	<u>61,580</u>

A Child of Mine

NOTES TO THE FINANCIAL STATEMENTS

for the financial year ended 30 June 2024

9. TANGIBLE FIXED ASSETS

	Fixtures, fittings and equipment £	Total £
Cost		
At 30 June 2024	6,695	6,695
Depreciation		
At 1 July 2023	3,627	3,627
Charge for the financial year	767	767
At 30 June 2024	4,394	4,394
Net book value		
At 30 June 2024	<u>2,301</u>	<u>2,301</u>
At 30 June 2023	<u>3,068</u>	<u>3,068</u>
10. DEBTORS	2024	2023
	£	£
Other debtors	986	-
Taxation and social security costs (Note 12)	-	1,163
	<u>986</u>	<u>1,163</u>
11. CREDITORS	2024	2023
Amounts falling due within one year	£	£
Taxation and social security costs (Note 12)	395	-
Other creditors	127	2,751
Accruals and deferred income	4,650	-
	<u>5,172</u>	<u>2,751</u>
12. TAXATION AND SOCIAL SECURITY	2024	2023
	£	£
Debtors:		
PAYE / NI	-	1,163
Creditors:		
PAYE / NI	<u>395</u>	<u>-</u>
13. RESERVES	2024	2023
	£	£
At the beginning of the year	107,142	118,858
Surplus/(Deficit) for the financial year	5,948	(11,716)
At the end of the year	<u>113,090</u>	<u>107,142</u>

A Child of Mine
NOTES TO THE FINANCIAL STATEMENTS
for the financial year ended 30 June 2024

14. FUNDS**14.1 RECONCILIATION OF MOVEMENT IN FUNDS**

	Unrestricted Funds £	Restricted Funds £	Total Funds £
At 1 July 2022	99,542	19,316	118,858
Movement during the financial year	(11,370)	(346)	(11,716)
At 30 June 2023	88,172	18,970	107,142
Movement during the financial year	304	5,644	5,948
At 30 June 2024	88,476	24,614	113,090

14.2 ANALYSIS OF MOVEMENTS ON FUNDS

	Balance 1 July 2023 £	Income £	Expenditure £	Transfers between funds £	Balance 30 June 2024 £
Restricted funds					
Dads group	848	-	-	-	848
Our Space	2,985	-	2,004	-	981
Sunshine and Rainbows	1,873	-	1,482	-	391
Mariposa	539	-	295	-	244
Publications	2,341	-	1,162	-	1,179
Advertising	600	-	600	-	-
PPE	550	-	-	(550)	-
Resource library	772	-	142	-	630
Penkridge groups	500	500	1,000	-	-
Pamper Day	3,000	-	-	-	3,000
Butterfly boxes	-	17,341	318	(218)	16,805
Christmas gifts	88	-	88	-	-
Computer equipment	381	-	381	-	-
Gayle 1-2-1 costs	2,493	-	2,493	-	-
Summer ball sponsor	2,000	-	2,000	-	-
Training	-	-	14	550	536
	18,970	17,841	11,979	(218)	24,614
Unrestricted funds					
Butterfly Boxes	6,030	-	-	(6,030)	-
Pamper Days	6,528	-	28	-	6,500
Christmas Presents	2,000	-	-	-	2,000
10 year anniversary event	5,500	-	-	(5,500)	-
10 year event contingency	500	-	-	(500)	-
Publications	-	-	-	2,870	2,870
Unrestricted General	67,614	54,125	54,011	9,378	77,106
	88,172	54,125	(54,039)	218	88,476
Total funds	107,142	71,966	66,018	-	113,090

15. POST-BALANCE SHEET EVENTS

There have been no significant events affecting the Charity since the financial year-end.

A CHILD OF MINE

England & Wales - Charity number 1152159

Accounts

Charity number: 1152159

A Child of Mine

UNAUDITED ACCOUNTS
FOR THE YEAR ENDED 30/06/2023

Prepared By:
Carthy Accountants Limited
Certified Practising Accountants
33 Eastgate Street
Stafford
Staffordshire
ST16 2LZ

**FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30/06/2023**

TRUSTEES

Pamela Kearns
Elizabeth Lennon
Susan Culver
Helen Taylor
Catherine Andrews
Nicola Kate Cardenas Blanco

REGISTERED OFFICE

1 The Green
Stafford
ST17 4BH

CHARITY NUMBER

1152159

ACCOUNTANTS

Carthy Accountants Limited
Certified Practising Accountants
33 Eastgate Street
Stafford
Staffordshire
ST16 2LZ

**ACCOUNTS
FOR THE YEAR ENDED 30/06/2023**

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FOR THE YEAR ENDED 30/06/2023

TRUSTEES' REPORT

The Trustees of A Child of Mine are pleased to present their annual report and financial statements for the year ended 30/06/2023

PRINCIPAL ACTIVITIES

The principal activity of the charity in the year under review was to provide emotional and practical support to bereaved parents and families .

STRUCTURE GOVERNANCE AND MANAGEMENT

The Trustees of A Child of Mine are pleased to present their annual report and financial statements for the year ending 30th June 2023

A Child of Mine is governed by its constitution, adopted 23rd April 2013. There are currently 6 Trustees who will be re-appointed or appointed at the Annual General Meeting.

Upon appointment, all Trustees are provided with an introduction to the charity by the Chair and others as deemed appropriate. The board of Trustees come from a range of professional backgrounds relevant to the charity's objectives. The Trustees meet regularly, and 7 meetings were held during this financial period 1st July 2022 – 30th June 2023.

RISK REVIEW

The Trustees have assessed the major risks to which the charity is exposed, in particular those related to the operations and finances of the Charity and are satisfied that systems are in place to mitigate any exposure to the major risks. These procedures are periodically reviewed.

OVERVIEW

A Child of Mine (ACOM) continues to be run in a well organised and positive way. Thanks, must go to the charity's Trustees who all bring valuable skills and knowledge. They have continued to help raise awareness of A Child of Mine, and its objectives. We are looking forward to expanding the charity in the coming year, bringing in new resources and increasing our fundraising activities.

OBJECTIVES

The objectives of the charity as defined in the constitution are to relieve mental and physical sickness of person's resident in England and Wales suffering from the bereavement of a child by the provision of advice and support through, email, telephone, face to face, working with healthcare professionals to improve bereavement care, social media and through an online website. We also aim to promote and protect the physical and mental health/wellbeing of sufferers whose child has died in England and Wales through the provision of financial assistance, support, education and practical advice. (Financial assistance will be provided to families whose child has died under the age of 18 and are resident within Staffordshire).

ACTIVITIES

A Child of Mine has continued to focus its activities set out in the constitution. There are many activities which contribute to achieving our objectives: We provide emotional & spiritual support, financial support, advice, practical guidance, information, and vital peer support directly to bereaved families after a child's death, through group work and 1-2-1 sessions.

FOR THE YEAR ENDED 30/06/2023

TRUSTEES' REPORT

We strive to improve professional care for families whose child has died. We do this by working closely with both bereaved families and multi-agency professionals to help improve care and educate on the needs and experiences of bereaved parents. We further this by the provision of information for families and professionals, attending regular meetings with key healthcare professionals, lecturing, networking, focus groups and multi-agency alliances. We partner with other relevant charity organisations to work together ultimately supporting our beneficiaries. We also sit on some prevalent bereavement groups across the West Midlands including: the regional networking group for the Child Death Overview Panel (CDOP), a lay member for the Staffordshire Child Death Overview Panel and for the Black Country Neonatal death reviews, the National Children's Hospitals Bereavement Network, Staffordshire Bereavement Alliance, Friends of Stafford Cemeteries and an independent chair for LeDeR (Learning from the lives and deaths of people with learning a disability and autism).

For families within our area of benefit we provide small financial grants (via referral). We offer several different support groups every month, which include a 'Stay and Play Playgroup', for bereaved parents and their children born before or after loss. A teenage group for bereaved young people, building confidence through humour and creative activities. A drop-in peer support group for bereaved parents, in partnership with local child death nurse specialists. These drop in's run at two venues across Staffordshire. We also run 2 baby loss support groups specifically for those who have lost in early pregnancy and those who have experienced a stillbirth/baby loss. All these groups have been well attended this year and have continued to provide valuable support for those who need it.

We provide 2 memorial services for families within Staffordshire, these services are hosted by Penkridge Methodist Church and St Mary's Church in Stafford. They offer a safe place to come and remember those children or babies that were lost too soon. They provide an emotional outlet and a place to meet others who have also lost children. "We love coming to your services, and just being with other who get it, brings us comfort" – Ashley, a bereaved father.

ACHIEVEMENTS

For the last few years, we have spoken about how proud we are to have been able to grow in such a difficult climate. However, we are extremely proud once again to have increased our reach and to a much wider area as we took the decision to alternate a couple of our groups between online and face to face. We continue to work hard to keep our services and our engagement with the families we support a priority. We also marked our 10th year of being a registered charity in May 2023 and are looking forward to the next year ahead albeit we appreciate still in challenging times for the charity sector.

We are always proud to be acknowledged and respected by our peers, including the bereavement teams within the main Children's hospitals across the UK and, being regarded as the "go to charity for child loss" by the palliative care team in Great Ormond Street. "I hold you in high esteem and think what you do for bereaved parents is phenomenal. I will continue to promote your work with A Child of Mine." - Bereavement Service Manager at Great Ormond Street.

We are honoured to continue our position on the National Children's Hospital Bereavement Network which has continued to be an online meeting with a face to face once a year. This is a huge testament to the work we are doing and has enabled us to develop new key relationships with other children's hospitals across the country and gives the group a parent voice. Our work with the Child Death Overview Process (CDOP) has grown this year and we are honoured to be working more closely with the specialist nurses to provide education for student nurses and other agency staff. These relationships help us develop and further our aims as a charity, and they are vital for us to move forward to provide the best possible support we can.

FOR THE YEAR ENDED 30/06/2023

TRUSTEES' REPORT

Our work with the Bereavement Team at Birmingham Children's Hospital has continued but there have been some changes in the team, so we are looking to connect with the new members. We do regularly receive family referrals from them within our area of benefit and we still provide support on their staff study days when required. The feedback from this is always outstanding and proves that a parent's experience is extremely valuable to help professionals improve their care and relationships with families. "I found this really helpful to support me in saying the right thing to parents who are going through a bereavement." - Family support worker.

Our National Bereaved Parents Day was held on 3rd July 2023 this was the 3th year of hosting the day and this year reached over 5 million people which was incredible. We know that there are many awareness days for loss over the year, with baby loss awareness week in October probably the best known. However, we wanted to acknowledge and join every bereaved parent whether they had lost in pregnancy, or after or a child at any age. The day was so impactful, and it was wonderful to see other charities and organisations sharing and supporting the day with charities like Ronald McDonald House Charities UK, Sands, Samaritans, and NHS joining in.

Working with business' is extremely important for us as it helps develop relationships within our community and ways in which we can work together for mutual benefit. This year we were lucky to work with a charity called Pilotlight, they offered us a mentoring program with Directors from Autotrader. The aim was to develop a strategy for A Child of Mine to approach corporates to offer leaders and managers a way to support their staff after a loss. A way to improve staff retention and wellbeing. This project is still in development, but Autotrader have helped us with collateral and resources and helped to identify specific companies to approach. We look forward to rolling out this project in the next year.

During 22/23 we have supported directly over 600 people through signposting, peer/emotional support, information, or by attending one of our groups. However, as last year we worked hard to increase support and engagement with our families. It has been good to be back face to face after last year's restrictions and a sense of normality has returned.

This year we also finally established our bereaved dad's group which had been delayed from past years due to Covid restrictions. It has been good to get them together and we arranged a night out for them which they very much enjoyed. Dads can be forgotten after loss, and they deal with their grief differently to the mother so it is great we can provide a safe place for them to meet.

We have also continued to increase our resource library that our families can utilize. The library is still a work in progress as we add new titles to its inventory, but we have a large variety of books about different kinds of loss and written from different kinds of perspectives, mothers, fathers, and grandparents and a selection of bereavement books for children. We have found the library has been a great support for our families that couldn't afford to buy a book, or who just wanted to try reading a few different books without committing to buy. We lend out the books to any family that feels it would be of help.

We have found fundraising has continued to be challenging again this year due to the lasting impact of COVID. We are seeing a change in how fundraising is done however, after reluctantly postponing our annual charity ball for the past 2 years, we were delighted to be back this year. The ball is our main fundraiser, and we were delighted that this year we raised just under £12,000. We also added a couple of other new fundraising events to our calendar this year in a jewellery making workshop and a watercolour experience. These events were very well attended and successful, and we very much look forward to hosting these events again next year.

INDEPENDENT EXAMINER'S STATEMENT

FOR THE YEAR ENDED 30/06/2023

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF A CHILD OF MINE

I report on the accounts of the company for the year ended 30/06/2023 .

RESPECTIVE RESPONSIBILITIES OF TRUSTEES AND EXAMINER

The trustees are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

Having satisfied myself that the charity is not subject to an audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- state whether particular matters have come to my attention.

BASIS OF INDEPENDENT EXAMINERS STATEMENT

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statement below.

INDEPENDENT EXAMINERS STATEMENT

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

FOR THE YEAR ENDED 30/06/2023

TRUSTEES' REPORT

The trustees continue to consider the appropriate balance of financial stability and investment in charitable activity. The board regularly review the levels of an appropriate reserves policy. Given the length of time likely until we recover fully after covid and the cost of living crisis, it is important we continue to hold a level of reserves which can sustain our activity until we have a better picture of what fundraising might look like, both in the short- and medium-term. We aim to hold a target level of free reserves of around £40,000, which the trustees consider to be approximately six months of core expenditure, including staff salaries, accommodation costs and general running costs.

Designated reserves which are set aside for a specified future use.

We currently have around £11,500 of designated funds set aside to support specific projects and pieces of work and cannot be used for the general running costs of the charity. We hope these designated funds will increase in the coming year as we start working on new projects and partnerships.

THE FUTURE

We are looking forward to the next 12 months and growing ACOM further and in 2024 we celebrate 11 years of being a registered charity. We are still very aware that we are in a difficult environment after 2 years of a global pandemic, we have seen a decrease in our income and acknowledge that the cost-of-living crisis will also affect funding and community fundraising in the short/medium term. However, building on our services and relationships with healthcare professionals and increasing the communication and reach within our community we are confident that we will continue to sustain and fund our charitable activities.

We aim to look at further developing our support, and in particular the mental health and wellbeing of our families. We aim to offering wellbeing workshops, pamper days and other ways to support our bereaved families and to improve their wellbeing.

I would like to take this opportunity to thank everyone who has been involved in the charity to date. To our fabulous trustees, staff, supporters, and volunteers without whom, we would not be able to make such a difference to our family's lives.

The report was prepared in accordance with the special provisions within Part 15 of the Companies Act 2006.

This report was approved by the Board of Trustees on 16/03/2024

Pamela Kearns
Chair

INDEPENDENT EXAMINER'S STATEMENT

FOR THE YEAR ENDED 30/06/2023

Carthy Accountants

Date:

Carthy Accountants Limited
Certified Practising Accountants
33 Eastgate Street
Stafford
Staffordshire
ST16 2LZ

**Statement of Financial Activities
for the year ended 30/06/2023**

	Unrestricted funds	Restricted funds	2023 Total	2022 Total
	£	£	£	£
Income				
Income from generated funds				
Income from Investments	-	-	-	3
Income from charitable activities	36,925	28,493	65,923	52,741
Total Income and endowments	<u>36,925</u>	<u>28,493</u>	<u>65,923</u>	<u>52,744</u>
Expenses				
Costs of generating funds				
Expenditure on Raised funds	(1,560)	1,560	-	-
Expenditure on Charitable activities	49,386	27,748	77,639	49,797
Total Expenses	<u>47,826</u>	<u>29,308</u>	<u>77,639</u>	<u>49,797</u>
Net gains on investments				
Net Income	(10,901)	(815)	(11,716)	2,947
Transfers between funds	(470)	470	-	-
Gains/(losses) on revaluation of fixed assets				
Net movement in funds:				
Net income for the year	<u>(11,371)</u>	<u>(345)</u>	<u>(11,716)</u>	<u>2,947</u>
Total funds brought forward	99,543	19,316	118,859	115,912
Net funds carried forward	<u><u>88,172</u></u>	<u><u>18,971</u></u>	<u><u>107,143</u></u>	<u><u>118,859</u></u>

This statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities

A Child of Mine

BALANCE SHEET AT 30/06/2023

	Notes	2023 £	2022 £
FIXED ASSETS			
Tangible assets	3	3,067	2,009
CURRENT ASSETS			
Debtors (amounts falling due within one year)	4	1,163	3,126
Cash at bank and in hand		<u>105,664</u>	<u>114,232</u>
		106,827	117,358
CREDITORS: Amounts falling due within one year	5	<u>2,751</u>	<u>508</u>
NET CURRENT ASSETS		<u>104,076</u>	<u>116,850</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>107,143</u>	<u>118,859</u>
CAPITAL AND RESERVES			
Unrestricted funds			
General fund	6	67,814	99,542
Designated funds		20,358	-
Restricted funds	7	<u>18,971</u>	<u>19,317</u>
		<u>107,143</u>	<u>118,859</u>

For the year ending 30/06/2023 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the board of trustees on 16/03/2024 and signed on their behalf by



.....
Pamela Kearns
Trustee

**NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 30/06/2023**

1. ACCOUNTING POLICIES

1a. Basis Of Accounting

The accounts have been prepared under the historical cost convention.

The accounts have been prepared in accordance with FRS102 - The Financial Reporting Standard applicable in the UK and Republic of Ireland and the Companies Act 2006 and the requirements of the Statement of Recommended Practice, Accounting and Reporting by Charities.

1b. Incoming Resources

All incoming resources are included on the Statement of Financial Activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy.

1c. Resources Expended

Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

1d. Allocation And Apportionment Of Costs

All costs relate to the single activity of the charitable company and are recognised accordingly.

1e. Fund Accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Designated funds are funds set aside by the trustees out of unrestricted general funds for the specific future purposes or projects.

1f. Depreciation

Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives.

Equipment	reducing balance 25%
-----------	----------------------

A Child of Mine

1g. Turnover

Turnover represents the invoiced value of goods and services supplied by the company, net of value added tax and trade discounts.

2. EMPLOYEES

	2023	2022
	No.	No.
Average number of employees	3	2

3. TANGIBLE FIXED ASSETS

	Equipment	Total
	£	£
Cost		
At 01/07/2022	4,614	4,614
Additions	2,081	2,081
At 30/06/2023	<u>6,695</u>	<u>6,695</u>
Depreciation		
At 01/07/2022	2,605	2,605
For the year	1,023	1,023
At 30/06/2023	<u>3,628</u>	<u>3,628</u>
Net Book Amounts		
At 30/06/2023	<u>3,067</u>	<u>3,067</u>
At 30/06/2022	<u>2,009</u>	<u>2,009</u>

4. DEBTORS

	2023	2022
	£	£
Amounts falling due within one year:		
Other debtors	1,163	3,126
	<u>1,163</u>	<u>3,126</u>

5. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023	2022
	£	£
Taxation and social security	-	508
Other creditors	111	-
	<u>111</u>	<u>-</u>
	<u>111</u>	<u>508</u>

6. UNRESTRICTED FUNDS

	Brought forward	Incoming resources	Outgoing resources	Transfers	Carried forward
	£	£	£	£	£
General fund	99,543	36,925	(47,626)	(21,028)	67,814
Butterfly boxes	-	-	-	6,030	6,030
Pamper days	-	-	-	6,528	6,528
Christmas presents	-	-	-	2,000	2,000
10 year anniversary event	-	-	(200)	5,500	5,300
10 year event contingency	-	-	-	500	500
	<u>99,543</u>	<u>36,925</u>	<u>(47,826)</u>	<u>(470)</u>	<u>88,172</u>
	<u>99,543</u>	<u>36,925</u>	<u>(47,826)</u>	<u>(470)</u>	<u>88,172</u>

7. RESTRICTED FUNDS

	Brought forward	Incoming resources	Outgoing resources	Transfers	Carried forward
	£	£	£	£	£
Dads Group	1,000	-	(152)	-	848
Our Space	4,894	-	(2,409)	-	2,485
Sunshine and Rainbows	3,720	3,500	(4,847)	-	2,373
Mariposa	1,172	-	(633)	-	539
Publications	4,000	-	(1,659)	-	2,341
Advertising	600	-	-	-	600
PPE	550	-	-	-	550
Resource library	-	1,000	(228)	-	772
Penkridge groups	-	500	-	-	500
Pamper Day	3,000	-	-	-	3,000
National Lottery	-	10,000	(10,000)	-	-
Butterfly boxes	380	-	(850)	470	-
Christmas gifts	-	1,000	(912)	-	88
Computer equipment	-	3,000	(2,619)	-	381
Gayle 1-2-1 costs	-	7,494	(5,000)	-	2,494
Summer ball sponsor	-	2,000	-	-	2,000
	<u>19,316</u>	<u>28,494</u>	<u>(29,309)</u>	<u>470</u>	<u>18,971</u>
	<u>19,316</u>	<u>28,494</u>	<u>(29,309)</u>	<u>470</u>	<u>18,971</u>

A Child of Mine

Incoming Resources
for the year ended 30/06/2023

	2023	2022
	£	£
Incoming resources		
Incoming resources from generated funds		
Investment income		
Interest received	-	3
	<u>-</u>	<u>3</u>
	<u>-</u>	<u>3</u>
	<u>65,923</u>	<u>52,741</u>
	<u>65,923</u>	<u>52,744</u>

A Child of Mine

Expenses
for the year ended 30/06/2023

	2023	2022
	£	£
Expenses		
Costs of generating funds		
Charitable Activities		
Support groups	16,041	4,425
Wages and pension costs	31,647	33,471
Office Hire	3,942	3,788
Travel and other expenses	2,780	1,201
Fundraising	12,673	813
Postage and stationery	3,852	1,924
Publications and information packs	1,419	418
Insurance	627	643
Just Giving charges	274	504
Accountancy fees	600	-
Professional fees	-	355
Stationery & office supplies	623	-
Telephone and email	1,075	994
Subscriptions	1,063	591
Depreciation of equipment	1,023	670
	<u>77,639</u>	<u>49,797</u>
	<u>77,639</u>	<u>49,797</u>

A CHILD OF MINE

England & Wales - Charity number 1152159

Accounts

Charity number: 1152159

A Child of Mine

**UNAUDITED ACCOUNTS
FOR THE YEAR ENDED 30/06/2022**

Prepared By:
Carthy Accountants Limited
Certified Practising Accountants
33 Eastgate Street
Stafford
Staffordshire
ST16 2LZ

**FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30/06/2022**

TRUSTEES

Pamela Kearns

Elizabeth Lennon

Susan Culver

Helen Taylor

Catherine Andrews

Warren Dix (RESIGNED 13/07/2022)

Michael Carthy (RESIGNED 08/12/2021)

REGISTERED OFFICE

17 Eastgate Street

Stafford

ST16 2LZ

CHARITY NUMBER

1152159

ACCOUNTANTS

Carthy Accountants Limited

Certified Practising Accountants

33 Eastgate Street

Stafford

Staffordshire

ST16 2LZ

**ACCOUNTS
FOR THE YEAR ENDED 30/06/2022**

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FOR THE YEAR ENDED 30/06/2022

TRUSTEES' REPORT

The Trustees of A Child of Mine are pleased to present their annual report and financial statements for the year ended 30/06/2022

PRINCIPAL ACTIVITIES

The principal activity of the charity in the year under review was to provide emotional and practical support to bereaved parents and families .

STRUCTURE GOVERNANCE AND MANAGEMENT

GOVERNING DOCUMENT

The organisation is an unincorporated association registered as a charity on 23 May 2013.

It is governed by its constitution adopted on 23rd April 2013 and most recently updated in November 2017. It was registered with Charity Commission on 23 May 2013.

Its principal purpose is to provide emotional and practical support to bereaved parents and families. To work in partnership with health professionals to improve the care and support available when a child dies.

RECRUITMENT AND APPOINTMENT OF TRUSTEES

The Trustees may appoint any person who is willing to act as a trustee.

Membership is open to individuals over eighteen, or organisations who are approved by the trustees. The board of Trustees come from a range of professional backgrounds relevant to the charity's objectives.

Once a new trustee is appointed training is provided via a presentation detailing the roles and responsibilities of a trustee and continual support from the other trustees to ensure they are fulfilling the requirements.

Each of the trustees shall retire with effect from the conclusion of the next annual general meeting following from their appointment, but shall be eligible for re-election at that annual general meeting.

RISK REVIEW

The Trustees have assessed the major risks to which the charity is exposed, in particular those related to the operations and finances of the Charity and are satisfied that systems are in place to mitigate any exposure to the major risks. These procedures are periodically reviewed.

OVERVIEW

A Child of Mine (ACOM) continues to be run in a well organised and positive way. Thanks, must go to the charity's Trustees who all bring valuable skills and knowledge. They have continued to help raise awareness of A Child of Mine, and its objectives. We are looking forward to expanding the charity in the coming year, bringing in new resources and increasing our fundraising activities.

OBJECTIVES

The objectives of the charity as defined in the constitution are to relieve mental and physical sickness of person's resident in England and Wales suffering from the bereavement of a child by the provision of advice and support through, email, telephone, face to face, working with healthcare professionals to improve bereavement care, social media and through an online website. We also aim to promote and protect the physical and mental health/wellbeing of sufferers whose child has died in England and Wales through the provision of financial assistance, support, education and practical advice. (Financial assistance will be provided to families whose child has died under the age of 18 and are resident within Staffordshire).

FOR THE YEAR ENDED 30/06/2022

TRUSTEES' REPORT

ACTIVITIES

A Child of Mine has continued to focus its activities set out in the constitution. There are many activities which contribute to achieving our objectives: We provide emotional & spiritual support, financial support, advice, practical guidance, information and vital peer support directly to bereaved families after a child's death, through group work and 1-2-1 sessions.

We strive to improve professional care for families whose child has died. We do this by working closely with both bereaved families and multi-agency professionals to help improve care and educate on the needs and experiences of bereaved parents. We further this by the provision of information for families and professionals, attending regular meetings with key healthcare professionals, lecturing, networking, focus groups and multi-agency alliances. We partner with other relevant charity organisations to work together ultimately supporting our beneficiaries. We also sit on some prevalent bereavement groups across the West Midlands including: the regional networking group for the Child Death Overview Panel (CDOP), a lay member for the Staffordshire Child Death Overview Panel and for the Black Country Neonatal death reviews, West Midlands Regional CDOP Network, the National Children's Hospitals Bereavement Network, Staffordshire Bereavement Alliance, Friends of Stafford Cemeteries and LeDeR (Learning from the lives and deaths of people with learning a disability and autism)

For families within our area of benefit we provide small financial grants (via referral). We offer several different support groups every month, which include a 'Stay and Play Playgroup', for bereaved parents and their children born before or after loss. A teenage group for bereaved young people, building confidence through humour, and drop-in peer support groups for bereaved parents, in partnership with local child death nurse specialists. These drop in's normally run in several venues across Staffordshire. We also run 2 baby loss support groups specifically for those who have lost in early pregnancy and those who have experienced a stillbirth/baby loss. All the above groups had been run virtually due to COVID-19 and continued this year with ongoing restrictions. However, we did manage to welcome these groups face to face in March 2022 and our group for young people managed to meet in person outside from July 2021 and inside from October 2021 socially distancing.

We normally provide 2 memorial services for families within Staffordshire, these services are hosted by Penkridge Methodist Church and St Mary's Church in Stafford. They offer a safe place to come and remember those children or babies that were lost too soon. They provide an emotional outlet and a place to meet others who have also lost children. "Such a beautiful service! Thank you so much, and for all the support you have given" - a bereaved mother. We ran our baby loss service at Penkridge in October 2021 in person and it was very well attended however, we didn't hold the St Mary's service due to the new strain of Covid.

ACHIEVEMENTS

For the last few years, we have spoken about how proud we are to have been able to grow in such a difficult climate. We have also reported how COVID-19 has impacted us as a charity over the past couple of years. With some restrictions still in place we have found we have had to continue to adapt as guidelines changed, we have had to become creative, changing the way we work but still being able to offer the support that is vital to our families. However, we are extremely proud once again to have increased our reach and to a much wider area as some of our support continued online. We have worked hard to keep our services and our engagement with the families we support a priority in such worrying times. We also marked our 9th year of being a registered charity and are looking forward to the next year ahead albeit we appreciate still in very challenging times.

FOR THE YEAR ENDED 30/06/2022

TRUSTEES' REPORT

We are always proud to be acknowledged and respected by our peers, including the bereavement teams within the main Children's hospitals across the UK and, being regarded as the "go to charity for child loss" by the palliative care team in Great Ormond Street. "I hold you in high esteem and think what you do for bereaved parents is phenomenal. I will continue to promote your work with A Child of Mine." - Bereavement Service Manager at Great Ormond Street.

We are honoured to continue our position on the National Children's Hospital Bereavement Network which has been meeting monthly online throughout the pandemic and we have decided this will continue with one face to face meet up a year. This is a huge testament to the work we are doing and has enabled us to develop new key relationships with other children's hospitals across the country and gives the group a parent voice. Our work with the Child Death Overview Process (CDOP) has grown this year and we are honoured to be working more closely with the specialist nurses to provide education for student nurses and other agency staff. These relationships help us develop and further our aims as a charity, and they are vital for us to move forward to provide the best possible support we can.

Our work with the Bereavement Team at Birmingham Children's Hospital has continued with a strong relationship. The team there have had some personnel changes and it has been good to work with the new members. We regularly receive family referrals from them within our area of benefit and we still provide talks on a parent's perspective on their study days. The feedback from this is always outstanding and proves that a parent's experience is extremely valuable to help professionals improve their care and relationships with families. "I found this really helpful to support me in saying the right thing to parents who are going through a bereavement." - Family support worker.

Our second awareness day National Bereaved Parents Day was held on 3rd July 2021. We know that there are many awareness days for loss over the year, with baby loss awareness week in October probably the best known. However, we wanted to acknowledge and join together every bereaved parent whether they had lost in pregnancy, or after or a child at any age. The day was a huge success reaching 10 times more than last year with over 3.5 million people. It was wonderful to see that other charities and organisations sharing and supporting the day with charities like Ronald McDonald House Charities UK, Sands, Samaritans and NHS joining in.

Working with local business' is extremely important for us as it helps develop relationships within our community and ways in which we can work together for mutual benefit. This year has been no exception and we must acknowledge and thank the following companies for their support: This is Fitness, who very generously support the charity and regularly arrange challenges for their members as fundraising events for ACOM throughout the year. Tony's Ices continue their support towards the charity with a percentage of their charity ice-creams coming back to ACOM. Carthy Accountants, Networkin, Sainsbury's, Nowell Meller, Stafford Railway Building Society and Veolia have all helped to support the charity in some way this year and we hope to continue to build on these relationships in the coming year.

During 21/22 we have supported directly over 500 people through signposting, peer/emotional support, information, or by attending one of our groups. It has been another challenging year with continuous changing restrictions due to Covid. However, as last year we worked hard to continue our support and engagement with our families. As the restrictions lifted fully in early 2022, we managed to get back face to face in the Spring of for all our groups.

For most of this year we have not held our playgroups for the younger children, once again due to Covid. We aimed to hold a Christmas party in December 2021 for them to come together but a new strain of Covid came around, so we made the decision to postpone the party as we didn't want anyone getting ill for Christmas. The restrictions lifted in 2022 and it was great to welcome our families back in March 2022 after 2 years away.

FOR THE YEAR ENDED 30/06/2022

TRUSTEES' REPORT

We have also continued our resource library that our families can utilize. The library is still a work in progress as we add new titles to its inventory, but we have a large variety of books about different kinds of loss and written from different kinds of perspectives, mothers, fathers and grandparents and also a selection of bereavement books for children. We have found the library has been a great support for our families that couldn't afford to buy a book, or who just wanted to try reading a few different books without committing to buy. We lend out the books to any family that feels it would be of help.

Fundraising continued to be challenging again this year and due to COVID we reluctantly postponed our annual charity ball once again. The ball is our main fundraiser bringing in over £11,000 in 2019. As with our charitable activities we have had to adapt quickly and look to grant funding to continue our work. We have been able to secure some restricted pots of funding and were successful in receiving some lottery funding again. COVID-19 has had a big impact on us regarding fundraising as we have not been able to hold any events in the community, so grant funding has been made priority until we can get back to more traditional ways of raising funds.

The trustees continue to consider the appropriate balance of financial stability and investment in charitable activity. The pandemic has highlighted the importance of an appropriate reserves policy. Given the length of time likely until we recover fully after the pandemic, it is important we continue to hold a level of reserves which can sustain our activity until we have a better picture of what fundraising might look like, both in the short- and medium-term. We aim to hold a target level of free reserves of around £35,000, which the trustees consider to be approximately six months of core expenditure, including staff salaries, accommodation costs and general running costs.

Designated reserves which are set aside for a specified future use. We currently have around £21,000 of designated funds set aside to support specific projects and pieces of work and cannot be used for the general running costs of the charity. We hope these designated funds will increase in the coming year as we start working on new projects and partnerships.

THE FUTURE

We are looking forward to the next 12 months and growing ACOM further and in 2023 we celebrate 10 years of being a registered charity. We are still very aware that we are in a difficult environment after 2 years of a global pandemic, we have seen a significant decrease in our income and acknowledge that the cost-of-living crisis will also affect funding and community fundraising in the short/medium term. However, building on our services and relationships with healthcare professionals and increasing the communication and reach within our community we are confident that we will continue to sustain and fund our charitable activities.

We aim to look at further developing our support, and in particular the mental health and wellbeing of our families. We have seen first-hand the impact that COVID-19 has had amongst our parents and siblings. We aim to offering wellbeing workshops, pamper days and other ways to support our bereaved families and to improve their wellbeing.

I would like to take this opportunity to thank everyone who has been involved in the charity to date. To our fabulous trustees, staff, supporters and volunteers without whom, we would not be able to make such a difference to our family's lives

The report was prepared in accordance with the special provisions within Part 15 of the Companies Act 2006.

This report was approved by the Board of Trustees on 03/02/2023

FOR THE YEAR ENDED 30/06/2022

TRUSTEES' REPORT

Pamela Kearns
Chair

INDEPENDENT EXAMINER'S STATEMENT

FOR THE YEAR ENDED 30/06/2022

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF A CHILD OF MINE

I report on the accounts of the company for the year ended 30/06/2022 .

RESPECTIVE RESPONSIBILITIES OF TRUSTEES AND EXAMINER

The trustees are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed. The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of Independent Certified Practising Accountants.

Having satisfied myself that the charity is not subject to an audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- state whether particular matters have come to my attention.

BASIS OF INDEPENDENT EXAMINERS STATEMENT

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statement below.

INDEPENDENT EXAMINERS STATEMENT

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

INDEPENDENT EXAMINER'S STATEMENT
FOR THE YEAR ENDED 30/06/2022

Carthy Accountants

Date: 06/01/2022

Carthy Accountants Limited
Certified Practising Accountants
33 Eastgate Street
Stafford
Staffordshire
ST16 2LZ

Statement of Financial Activities
for the year ended 30/06/2022

	Unrestricted funds	Restricted funds	2022 Total	2021 Total
	£	£	£	£
Income				
Income from generated funds				
Income from Investments	3	-	3	-
Income from charitable activities	30,333	22,408	52,742	92,979
Total Income and endowments	30,336	22,408	52,745	92,979
Expenses				
Costs of generating funds				
Expenditure on Charitable activities	34,128	15,669	49,798	54,558
Total Expenses	34,128	15,669	49,798	54,558
Net gains on investments				
Net Income	(3,792)	6,739	2,947	38,421
Transfers between funds	3,298	(3,298)	-	-
Gains/(losses) on revaluation of fixed assets				
Net movement in funds:				
Net income for the year	(494)	3,441	2,947	38,421
Total funds brought forward	100,037	15,876	115,912	77,491
Net funds carried forward	99,543	19,317	118,859	115,912

This statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities

BALANCE SHEET AT 30/06/2022

	Notes	2022 £	2021 £
FIXED ASSETS			
Tangible assets	3	2,009	1,829
CURRENT ASSETS			
Debtors (amounts falling due within one year)	4	3,126	4,743
Cash at bank and in hand		<u>114,232</u>	<u>109,979</u>
		117,358	114,722
CREDITORS: Amounts falling due within one year	5	<u>508</u>	<u>639</u>
NET CURRENT ASSETS		<u>116,850</u>	<u>114,083</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>118,859</u>	<u>115,912</u>
CAPITAL AND RESERVES			
Unrestricted funds			
General fund	6	99,542	100,037
Restricted funds			
	7	<u>19,317</u>	<u>15,875</u>
		<u>118,859</u>	<u>115,912</u>

For the year ending 30/06/2022 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the board of trustees on 03/02/2023 and signed on their behalf by



Pamela Kearns
Trustee

**NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 30/06/2022**

1. ACCOUNTING POLICIES

1a. Basis Of Accounting

The accounts have been prepared under the historical cost convention.

The accounts have been prepared in accordance with FRS102 - The Financial Reporting Standard applicable in the UK and Republic of Ireland and the Companies Act 2006 and the requirements of the Statement of Recommended Practice, Accounting and Reporting by Charities.

1b. Incoming Resources

All incoming resources are included on the Statement of Financial Activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy.

1c. Resources Expended

Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

1d. Allocation And Apportionment Of Costs

All costs relate to the single activity of the charitable company and are recognised accordingly.

1e. Fund Accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Designated funds are funds set aside by the trustees out of unrestricted general funds for the specific future purposes or projects.

1f. Depreciation

Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives.

Equipment

reducing balance 25%

1g. Turnover

Turnover represents the invoiced value of goods and services supplied by the company, net of value added tax and trade discounts.

2. EMPLOYEES

	2022	2021
	No.	No.
Average number of employees	2	2

3. TANGIBLE FIXED ASSETS

	Equipment £	Total £
Cost		
At 01/07/2021	3,764	3,764
Additions	850	850
At 30/06/2022	4,614	4,614
Depreciation		
At 01/07/2021	1,935	1,935
For the year	670	670
At 30/06/2022	2,605	2,605
Net Book Amounts		
At 30/06/2022	2,009	2,009
At 30/06/2021	1,829	1,829

4. DEBTORS

	2022	2021
	£	£
Amounts falling due within one year:		
Other debtors	3,126	4,743
	3,126	4,743

5. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022	2021
	£	£
Taxation and social security	508	387
Other creditors	-	252
	508	639

6. UNRESTRICTED FUNDS

	Brought forward	Incoming resources	Outgoing resources	Transfers	Carried forward
	£	£	£	£	£
General fund	100,037	30,336	(34,129)	3,298	99,542
	100,037	30,336	(34,129)	3,298	99,542

7. RESTRICTED FUNDS

	Brought forward	Incoming resources	Outgoing resources	Transfers	Carried forward
	£	£	£	£	£
Dads Group	1,000	-	-	-	1,000
Our space	4,362	2,434	(1,902)	-	4,894
Sunshine and Rainbows	758	4,491	(1,529)	-	3,720
Mariposa	1,270	-	(98)	-	1,172
Publications	4,000	-	-	-	4,000
Advertising	600	-	-	-	600
PPE	587	-	(37)	-	550
Pamper Day	-	3,000	-	-	3,000
National Lottery	-	10,000	(10,000)	-	-
Butterfly boxes	-	400	(20)	-	380
Christmas gifts	-	750	(750)	-	-
Laptop	-	850	(850)	-	-
Overhead costs	-	483	(483)	-	-
	3,299	-	-	(3,298)	1
	15,876	22,408	(15,669)	(3,298)	19,317

A Child of Mine

Incoming Resources
for the year ended 30/06/2022

	2022	2021
	£	£
Incoming resources		
Incoming resources from generated funds		
Investment income		
Interest received	<u>3</u>	<u>-</u>
	3	-
	<u>3</u>	<u>-</u>
	<u>52,742</u>	<u>92,979</u>
	<u>52,745</u>	<u>92,979</u>

A Child of Mine

**Expenses
for the year ended 30/06/2022**

	2022	2021
	£	£
Expenses		
Costs of generating funds		
Charitable Activities		
Support groups	4,426	1,994
Wages and pension costs	33,471	35,625
Office Hire	3,788	4,116
Travel and other expenses	1,201	711
Fundraising	813	1,647
Postage and stationery	1,924	9,306
Publications and information packs	418	111
Insurance	643	849
Just Giving charges	504	199
Professional fees	355	-
Telephone and email	994	-
Subscriptions	591	-
Depreciation of equipment	670	-
	<u>49,798</u>	<u>54,558</u>
	<u>49,798</u>	<u>54,558</u>

A CHILD OF MINE

England & Wales - Charity number 1152159

Accounts

Registered charity number
1152159

A CHILD OF MINE
REPORT OF THE TRUSTEES AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 June 2021

**A Child Of Mine
Report and accounts
Contents**

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A Child Of Mine Trustees Report 2021

The Trustees of A Child Of Mine are pleased to present their annual report and financial statements for the year ending 30th June 2021

A Child Of Mine is governed by its constitution, adopted 23rd April 2013. There are currently 7 Trustees who will be re-appointed or appointed at the Annual General Meeting.

Upon appointment, all Trustees are provided with an introduction to the charity by the Chair and others as deemed appropriate. The board of Trustees come from a range of professional backgrounds relevant to the charity's objectives. The Trustees meet regularly, and 7 meetings were held during this financial period 1st July 2020 – 30th June 2021.

Risk Review

The Trustees have assessed the major risks to which the charity is exposed, in particular those related to the operations and finances of the Charity and are satisfied that systems are in place to mitigate any exposure to the major risks. These procedures are periodically reviewed.

Overview

A Child Of Mine (ACOM) continues to be run in a well organised and positive way. Thanks, has to go to the charity's Trustees who all bring valuable skills and knowledge. They have continued to help raise awareness of A Child Of Mine, and its objectives. We are looking forward to expanding the charity in the coming year, bringing in new resources and increasing our fundraising activities.

Mission Statement

"To provide emotional and practical support to bereaved parents and families. To work in partnership with health professionals to improve the care and support available when a child dies."

Objectives

The objectives of the charity as defined in the constitution are to relieve mental and physical sickness of person's resident in England and Wales suffering from the bereavement of a child by the provision of advice and support through email, telephone, working with healthcare professionals to improve bereavement care, social media and through an online website. We also aim to promote and protect the physical and mental health/wellbeing of sufferers whose child has died in England and Wales through the provision of financial assistance, support, education and practical advice. (Financial assistance will be provided to families whose child has died under the age of 18 and are resident within Staffordshire).

Activities

A Child Of Mine has continued to focus its activities set out in the constitution. There are many activities which contribute to achieving our objectives: We provide emotional & spiritual support, financial support, advice, practical guidance, information and vital peer support directly to bereaved families after a child's death, through group work and 1-2-1 sessions.

We strive to improve professional care for families whose child has died. We do this by working closely with both bereaved families and multi-agency professionals to help improve care and educate on the needs and experiences of bereaved parents. We further this by: the provision of information for families and professionals, attending regular meetings with key healthcare professionals, lecturing, networking, focus groups and multi-agency alliances. We partner with other relevant charity organisations to work together ultimately supporting our beneficiaries. We also sit on some prevalent bereavement groups across the West Midlands including: the regional networking group for the Child Death Overview Panel, a lay member for the Staffordshire Child Death Overview Panel and for the Black Country Neonatal death reviews, the National Paediatric Hospitals Bereavement Network, South Staffordshire End of Life Care Action Alliance, Staffordshire Bereavement Network and a Thematic Suicide Review for the Child Death Overview Panel.

For families within our area of benefit we provide small financial grants (via referral). We offer several different support groups every month, which include a 'Stay and Play Playgroup', for bereaved parents and their children born before or after loss. A teenage group for bereaved young people, building confidence through humour, and drop in support groups for bereaved parents, in partnership with local child death nurse specialists. These drop in's normally run in several venues across Staffordshire. In addition to these groups, we are delighted to continue our group in partnership with Uttoxeter Cares. This is a very successful drop in session covering the east of the county for bereaved parents. We also run 2 baby loss support groups specifically for those who have lost in early pregnancy and those who have experienced a stillbirth/baby loss, the latter is a new group introduced at the beginning of 2020. All of the above groups have been run virtually due to COVID-19, we have not been able to hold any face to face meetings this year however, we do have plans to start getting our groups back in person in the Autumn of 2021.

We normally provide 2 memorial services for families within Staffordshire, these services are hosted by Penkrige Methodist Church and St Mary's Church in Stafford. They offer a safe place to come and remember those children or babies that were lost too soon. They provide an emotional outlet and a place to meet others who have also lost children. "Such a beautiful service! Thank you so much, and for all of the support you have given" - a bereaved mother. We ran our baby loss service at Penkrige in October 2020 via a live stream due to COVID-19 and we were not able to hold our Memorial service in Stafford at Christmas unfortunately due to restrictions.

Achievements

For the last few years we have spoken about how proud we are to have been able to grow in such a difficult climate. We feel that this year has tested us more than before, as we have worked through the continuing pandemic and COVID-19. We have had to continue to adapt

as guidelines changed, we have had to become creative, changing the way we work but still being able to offer the support that is vital to our families. We are extremely proud once again to have increased our reach and to a much wider area as our support continued online. We have worked hard to keep our services and our engagement with the families we support a priority in such worrying times. We also marked our 8th year of being a registered charity and are looking forward to the next year ahead albeit still in very challenging times.

We are always proud to be acknowledged and respected by our peers, including the bereavement teams within the main Children's hospitals across the UK and, being regarded as the "go to charity for child loss" by the palliative care team in Great Ormond Street. *"I hold you in high esteem and think what you do for bereaved parents is phenomenal. I will continue to promote your work with A Child of Mine."* - Bereavement Service Manager at Great Ormond Street.

We are honoured to continue our position on the National Paediatric Bereavement Network which has been meeting monthly online throughout the pandemic. This is a huge testament to the work we are doing and has enabled us to develop new key relationships with other children's hospitals across the country, and also gives the group a parent voice. Our work with the Child Death Overview Process (CDOP) has grown this year and we are honoured to be working more closely with the specialist nurses to provide education for student nurses and other agency staff. These relationships help us develop and further our aims as a charity, and they are vital for us to move forward to provide the best possible support we can.

Our work with the Bereavement Team at Birmingham Children's Hospital has continued with a strong relationship. The team there have had some personnel changes and it has been good to work with the new members. We regularly receive family referrals from them within our area of benefit and we still provide talks on their study days. The feedback from this is always outstanding and proves that a parent's experience is extremely valuable to help professionals improve their care and relationships with families. *"I found this really helpful to support me in saying the right thing to parents who are going through a bereavement."* - Family support worker.

This year we launched the first ever National Bereaved Parents Day on 3rd July. We know that there are many awareness days for loss over the year, with baby loss awareness week in October probably the best known. However, we wanted to acknowledge and join together every bereaved parent whether they had lost in pregnancy, or after at any age. The day was a huge success reaching over 350,000 people, it was great to see people across the country acknowledging the day and sharing posts on social media and photos of their children.

Working with local business' is extremely important for us as it helps develop relationships within our community and ways in which we can work together for mutual benefit. This year has been no exception and we must acknowledge and thank the following companies for their support: This is Fitness, who very generously support the charity and regularly arrange challenges for their members as fundraising events for ACOM throughout the year.

Tony's Ices continue their support towards the charity with a percentage of their charity ice-creams coming back to ACOM. Unkown Marketing, , Carthy Accountants, Networkin, Tesco's and Sainsbury's have all helped to support the charity in some way this year and we hope to continue to build on these relationships in the coming year. We are also looking at writing a bereavement policy for businesses to use if a member of staff loses a baby or child. We are working with Employment Law Solutions to be able to put this in place and then offer this to local companies to help them best support their employees in the case of such a tragic loss.

During 20/21 we have supported directly over 652 people through signposting, peer/emotional support, information, or by attending one of our groups. This is an increase of 22% on last year with which we are delighted and is evidence that the charity is succeeding in meeting its objectives. We are reaching more families at a time when they need it most and are seeing an increase in referrals through healthcare professionals, word of mouth and through our social media pages.

This year has once again been incredibly difficult due to COVID-19. However, as a charity we have continued to adapt the way we work and raise funds. We are still holding all of our Support Groups albeit virtually, these groups have been well attended and also allowed us to expand our reach. One of our Miscarriage groups saw families from across the country and even one international attendee. We are hoping that some of our groups will be back face to face in Autumn 2021 and the majority we aim to be back in person by the beginning of 2022.

As we have not been able to hold our playgroups for the younger children and our groups for the older children we wanted to still keep engaging with them somehow. We continued the first half of this year to send out a small gift for all of the 48 children we regularly support each week. Some of these gifts have been donated to us and some we have sourced. The feedback has been incredible and we are so happy that we can still keep supporting these families during such restricted times. However, due to funding later in the year we did make the decision to slow the frequency of these gifts. We have held an online quiz each month for the older children and when restrictions allowed we have met up outside for a walk and a hot drink, which the families have found valuable.

We have also established a resource library that our families can utilize. The library is a work in progress but has a large variety of books about different kinds of loss and written from different kinds of perspectives, mothers, fathers and grandparents. We have found the library has been a great support for our families that couldn't afford to buy a book, or who just wanted to try reading a few different books without committing to buy. We lend out the books to any family that feels it would be of help.

Fundraising has also been very different this year and due to COVID we reluctantly postponed our annual charity ball once again. The ball is our main fundraiser bringing in over £11,000 in 2019. As with our charitable activities we have had to adapt quickly and look to grant funding to continue our work. We have been able to secure some restricted pots of funding and also were successful in receiving some lottery funding again. COVID-19 has had a big impact on us in regards to fundraising as we have not been able to hold any

events in the community so grant funding has been made priority until we can get back to more traditional ways of raising funds.

We have certain designated funds set aside to support specific projects and pieces of work and cannot be used for the general running costs of the charity. We hope these designated funds will increase in the coming year as we start working on new projects and partnerships. We are working more to extend our professional education/lecturing which will enable us to provide additional value to support our charitable activities in the future. This year we have continued working closely with the Child Death Specialist Nurses in Staffordshire, providing joint training/education to student nurses. This has been well received and we are working on more joint work with the Child Death Overview Panel (CDOP) to educate professionals working with a bereaved family.

The Future

We are very much looking forward to the next 12 months and growing ACOM further. Building on our services and relationships with healthcare professionals and increasing the communication and reach within the community and nationwide. We continue to have restrictions put upon us by COVID but we will keep adapting and keep looking at new ways we can keep engaging, connecting and supporting our families.

We aim to look at further developing our support, and in particular the mental health and wellbeing of our families. We have seen first-hand the impact that COVID-19 has had amongst our parents and siblings. We aim to look into offering wellbeing workshops, pamper days and other ways to support our bereaved families and to improve their wellbeing.

I would like to take this opportunity to thank everyone who has been involved in the charity to date. To our fabulous trustees, supporters and volunteers without whom, we would not be able to make such a difference to our families lives.

Warren Dix

Chair

8th December 2021

A Child Of Mine
Statement of Financial Activities (including Income & Expenditure Account
for the year ended 30 June 2021

	Notes	Unrestricted funds 2021 £	Restricted funds 2021 £	Total fund 2021 £	Unrestricted funds 2020 £	Restricted funds 2020 £	Total fund 2020 £
Incoming Resources							
Donations & grants		82,679	10,300	92,979	41,838	25,510	67,348
Other income				-	14		14
Total incoming resources		<u>82,679</u>	<u>10,300</u>	<u>92,979</u>	<u>41,852</u>	<u>25,510</u>	<u>67,362</u>
Resources expended							
Resources expended	2	50,442	4,116	54,558	29,587	27,786	57,373
Other expenses	2	-	-	-	-	-	-
Total resources expended		<u>50,442</u>	<u>4,116</u>	<u>54,558</u>	<u>29,587</u>	<u>27,786</u>	<u>57,373</u>
Net income for the year		<u>32,237</u>	<u>6,184</u>	<u>38,421</u>	<u>12,265</u>	<u>- 2,276</u>	<u>9,989</u>

**A Child Of Mine
Balance Sheet
as at 30 June 2021**

	Notes	2021 £	2020 £
Fixed assets			
Tangible assets	3	1,829	-
		<u>1,829</u>	<u>-</u>
Current assets			
Debtors		4,743	3,827
Cash at bank and in hand		109,979	73,664
		<u>114,722</u>	<u>77,491</u>
Creditors: amounts falling due within one year			
		(639)	-
		<u>114,083</u>	<u>77,491</u>
Total assets less current liabilities			
		<u>115,912</u>	<u>77,491</u>
Net Assets			
		<u>115,912</u>	<u>77,491</u>
Unrestricted funds			
General funds	4	100,037	67,800
Restricted funds			
	4	15,875	9,691
Retained Funds			
		<u>115,912</u>	<u>77,491</u>
		-	-

These accounts are prepared in accordance with the special provisions of Part VII of the Companies Act 2003 relating to small entities.

Approved by the management committee on 8 December 2021 and

Warren Dix (Chairman)

A Child Of Mine
Notes to the Accounts
for the year ended 30 June 2020

1 Accounting policies

Basis of accounting

The financial statements have been prepared under the historical cost convention, and in accordance with the Companies Act 2003 and the Statement of Recommended Practice: Accounting and Reporting by Charities issued

Fund accounting

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of an appeal.

Depreciation

Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives.

Office and other equipment 20% straight line

2 Resources expended

	Unrestricted funds £	Restricted funds £
Support groups	1,994	
Charity ball		
Wages and pension costs	35,625	
Office hire	-	4,116
Travel and other expenses	711	
Fund raising	1,647	
Printing, postage and stationery	9,306	
Publications and information packs	111	
Insurance	849	
Just Giving charges	199	
	50,442	4,116
<u>Other expenses</u>	£	£
Deprecation		
Advertising		
Professional fees		
	-	-

3 Tangible fixed assets

	Office and other equipment £	Total £
Cost		
At 1 July 2020	1,935	1,935
Additions	1,829	
At 30 June 2021	3,764	1,935
Depreciation		
At 1 July 2020	1,935	1,935
Charge	-	-
At 30 June 2021	1,935	1,935
Net book value		
At 30 June 2021	1,829	1,829
At 30 June 2020	-	-

4 Movements in funds

	At 1 July 2020 £	Incoming resources £	Resources expended £	At 30 June 21 £
<u>Restricted funds</u>				
Donations & grants	9,691	10,300	4,116	15,875
<u>Unrestricted funds</u>				
Donations & grants	66,237	82,679	50,442	98,474
Other income	1,563	-		1,563
	67,800	82,679	50,442	100,037