
THE HEALTH FORUM
(Private Company Limited by Guarantee)

REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025
COMPANY REG NO. 08013774
CHARITY NO. 1151980

THE HEALTH FORUM
(Private Company Limited by Guarantee)
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Pages 14 to 18 do not form part of the statutory accounts.

THE HEALTH FORUM
(Private Company Limited by Guarantee)
Legal and Administrative Information

Board of Trustees	Edward Kay Kiu Chan MBE* Judith Mary Blakeman* Filsan Hassan Ali* - resigned 10 February 2025 Gladys Marion Jusu-Sheriff* Meerat Kaur* - resigned 10 February 2025 Marie Tameze* Kaveh Kalantari* David Truswell* Alison Devlin* Abdul Aziz Toki* Halaleh Taheri* Zohra Davis*
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*** Trustees are also for the purpose of the Companies Act 2006 company directors.**

Company Secretary	Nafsika Thalassis
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Administration and registered office	Churchstreet Neighbourhood Centre Cherwell House Penfold Street London NW8 8PT
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Charity registration no.:	1151980
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Company registration no.:	08013774 (England & Wales)
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Reporting accountants	Liondaris & Co Certified Accountants 1st Floor Woodgate Studios 2-8 Games Road Cockfosters EN4 9HN
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Bankers:	The Co-operative Bank
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Funding authorities:	North West London CCG Westminster Council Kensington & Chelsea Social Council Royal Borough of Kensington & Chelsea City of London Comic Relief Imperial Health Charity
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THE HEALTH FORUM
(Private Company Limited by Guarantee)
Directors' & Trustees' Report for the Year Ended 31 March 2025

The trustees, who are also directors of the charity for the purposes of the Companies Act, present their annual report together with the audited financial statements of the charity for the year ended 31 March 2025.

Structure, Governance and Management
Governing Document

The Health Forum operating under 'BME Health Forum' is a company limited by guarantee and obtained charitable status from the Charity Commission on 10 May 2013. The company was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed under its Articles of Association. In the event of the company being wound up members are required to contribute an amount not exceeding £1.

The Board delegates the day-to-day operation of the organisation to the Executive Director. The Trustees meet formally once every 3 months.

Recruitment & Appointment of Trustees

The Trustees and Directors who have served throughout the year are shown on page 1. Appointment of directors/trustees is governed by the Memorandum & Articles of Association.

Trustee Induction and Training

All new Board Members are introduced to current Board Members, and Receive an Induction pack which includes a Board Handbook. All Board Members participate in training on good governance.

Charitable Objectives

The preservation and protection of health and promotion of good health with a particular focus on, but not limited to, people from the black and minority ethnic communities, principally in, but not limited to, the London Boroughs of Kensington and Chelsea, Westminster and Hammersmith & Fulham. The aim of the forum is to inform policy, locally and nationally and assist in promulgating effective policies and good practice in order to contribute to reducing health inequalities and improved health outcomes for people from the black and minority ethnic communities.

Risk Management

The trustees review the major risks that the charity faces on a regular basis and are satisfied that systems are in place to mitigate exposure to the major risks. Internal risks are minimised by the implementation of policies and procedures for authorisation of all transactions and projects and to ensure consistent quality of delivery for all operational aspects of the charitable company. These procedures are periodically reviewed to ensure that they still meet the needs of the charity.

Public Benefit

All our activities aim to reduce health inequalities and improve health and wellbeing outcomes for people from deprived communities and ensure that health and social policies and service development are informed by the views of local communities.

Section 4 of the Charities Act 2011

The trustees actively review guidance issued by the Charity Commission as required by section 4 of the Charities Act 2011, to ensure compliance with such guidance.

Activities and achievements

The trustees consider that the charity's activities in meeting its objectives have been most satisfactory during the year under review.

Future developments

Some funding has now been secured for the Charity's core activities for 2025/26. This is a good position but we need to continue to build on it to ensure we continue to deliver services for BME communities.

Summary

The BME Health Forum had a very successful year in 2024/25. We delivered nine partnership projects, and we funded 17 Global Majority (GM) organisations a total of £238,680 to deliver these partnerships with us. In our engagement work, we reached 407 residents directly (and many more residents indirectly through those residents' social networks). In our project delivery we reached 786 residents and delivered some excellent outcomes. We deliver systems change for global majority communities in all our work.

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Directors' & Trustees' Report for the Year Ended 31 March 2025
(Continued)

Systems change work

We continue to work with NHS trusts and the local Integrated Care Board pushing for systemic change in the way patients from global majority communities are treated and particularly patients who are not fluent English speakers. We sit on a number of panels and steering groups and attend over 100 NHS meetings per year. Our lobbying with NHS Imperial College Healthcare trust led to the funding of a post-holder looking at the issue of interpreting services and has succeeded in increasing the use of interpreters. The trust has also adopted mobile video interpreting which can be used in maternity and A&E at short notice. We continue to lobby trusts to adopt our health advocacy model which gives the BME Health Forum daily feedback on where the gaps in services are and where patient experience for global majority patients is poor. There is currently a proposal for the NHS to adopt this model in maternity services, which we are hopeful will be funded.

We support trusts engaged in anti-racism work, and we reiterate that it is essential to look at the patient experience of global majority patients to inform this work, whereas many organisations focus their anti-racism work exclusively on staff. We were pleased that we were able to persuade Imperial Healthcare Trust to conduct ten workshops with global majority patients to look at the experience of racism and discrimination as patients. This work informed the launch of the Trust's Anti Racism Strategy in September 2024, which included an interview with one of our Health Advocates, used for staff training.

Another important aspect of our systems change work is our public meetings where we showcase the work of the BME Health Forum and other GM organisations in front of NHS and LA colleagues as well as funders and other VCS and global majority partners. We held four public meetings on the themes of mental health, cancer, health advocacy and emotional wellbeing. These meetings showcase the innovative work that BME Health Forum or its partners are delivering in these areas and how they meet the needs of the community, plugging gaps left by the statutory sector. We presented projects we have delivered, and where these have been commissioned by the statutory sector, we showed that as well as delivering certain key messages e.g. about the importance of cancer screening, we also showcase the barriers communities face e.g. in accessing cancer screening. We believe that these meetings influence statutory partners. For example, a vcs-led global majority mental health project was commissioned by Westminster Council after commissioners attended a meeting hearing the work of partners delivering mental health support with very different models from those used in the NHS e.g. the tree of life model and using a collaborative group approach. In another instance, the findings from a BME Health Forum report from a suicide prevention project, around the experience of stigma faced by GM communities around mental health was cited by the NHS who commissioned a vcs-led mental health project focusing on young people. In both instances, the BME Health Forum was successful in showcasing evidence from the community that mainstream mental health services did not always work for global majority communities and that a bespoke, community led, culturally appropriate service was more likely to be effective.

Additionally, we work with local authorities to effect systemic change in the way global majority residents are treated. We work with the Royal Borough of Kensington and Chelsea and Westminster City council on a number of projects, but our Staying Safe project has been the most influential in changing how the councils engage with global majority communities with regard to safeguarding. We have been able to establish a coproduction model to plan the group's activities and training which culminated in coproducing published guides giving residents information about safeguarding, translated in seven community languages. Because the organisations were active participants in the production of the guides and agree with the content, the guides are widely publicised and reach many residents.

Partnerships with the global majority organisations

The BME Health Forum relies on partnerships with GM organisations to deliver its work. BME Health Forum staff fundraise to make these partnerships possible, and we are thankful to City Bridge Foundation, Comic Relief, Imperial Healthcare Charity, National Lottery, NHS NWL Integrated Care Board, the NW and SW London Cancer Alliance, the Royal Borough of Kensington and Chelsea and the Royal Marsden for funding us. In 2024/25, we were able to pass on £238,680 of the funding we received to 17 GM organisations to deliver nine partnership projects. We also funded another seven organisations with £71,254 through our partnership with the Royal Marsden.

Organisations funded by the BME Health Forum in 2024-25	
Al-Hasaniya Moroccan Women's Centre	30,600
Al-manaar	5,308
Abul Mageed Educational Trust	9,054
Central London You	500
Chinese Information and Advice Centre*	10,000
Education & Skills Development	11,386
Ethiopian Women's Empowerment Group (EWEG)	18,308

Foundation For Women	3,700
French African Welfare Association	18,510
Hillington Mind*	10,353
Iranian Association	44,351
Marylebone Bangladesh Society	23,916
Midaye Somali Development Network	34,476
Middle Eastern Women and Society	17,351
Neighbourhood Doulas	5,974
Nubian Sudanese Association	4,676
Pathway to Wellness*	8,410
RCCT*	7,673
Social Interest Group*	7,980
SW1 Islamic Centre	3,700
The Advocacy Project*	9,984
Third Sector Together*	16,854
Wand UK	5,000
Westminster Bangladesh Trust	1,870
Total	309,934

*Organisations funded as part of our partnership with the Royal Marsden.

Feedback from partners and other organisations

We regularly survey our partners to ensure that we are meeting their needs. In October 2024, we conducted a survey and received 31 responses from organisations about their views on our impact.

- 97% think we are driven by and for the communities we serve
- 90% find information provided by us very useful
- 84% say we are a very effective advocate of BME organisations and communities
- 74% say we are very helpful in helping their organisation achieve its goals
- 71% think our projects are very effective in reducing health inequalities

Engagement Work

Our engagement work focuses on prevention. We work with GM organisations and their services users to ensure that local people are well informed but also that they have the opportunity to give feedback to statutory providers about gaps in services. Our engagement work this year focused on safeguarding, cancer, and vaccinations (HPV, Flu and Covid).

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(Continued)

The BME Safeguarding Network (funded by City Bridge trust)

This network was launched in May 2024 and is delivered in collaboration with RBKC, the Safeguarding Adults Executive Board and The Advocacy Project. The network is designed to use coproduction to build trust, raise awareness and empower communities to recognise and respond to safeguarding concerns more confidently.

We worked with 20 local GM community organisations that meet quarterly, engage with local service providers and take part in discussions about safeguarding adults. Organisations took part in training such as 'Raising Awareness of Prevent' and 'Putting Safeguarding Policy into Practice'. We also supported organisations with developing and strengthening their safeguarding policies and procedures, with a focus on putting them into practical use. We published guides about safeguarding translated into community languages.

Winter Campaign Project (funded by NWL ICB)

We worked with four Global Majority (GM) organisations: the Education and Skills Development Group, SW1 Islamic Centre, the Iranian Association, and For Women, to deliver information to communities about NHS vaccination campaigns, how to stay well in winter and how to seek help when needed. Surveys were completed by 100 service users and gave information to the NHS on barriers faced by communities in accessing pharmacies, 111 and 999 services.

Human Papillomavirus Vaccine Project (funded by the Royal Marsden Partners NW& SW London Cancer Alliance)

We collaborated with five GM organisations: Abdul Mageed Educational Trust, Sudanese Supplementary School, Iranian Association, SW1 Islamic Centre and WAND UK to deliver information to communities about the HPV vaccine and to raise awareness about it. Our partners collectively engaged with 150 service users to promote the vaccine, while the health professionals involved in leading the workshops promoted the key messages and answered the questions service users raised to increase the uptake of the vaccine.

Cancer project (funded by the Royal Marsden)

We completed a project started in the previous year, working with Westminster Bangladeshi Welfare Trust, Abdul Mageed Educational Trust, Education, Skills Development Group, Iranian Association and SW1 Islamic Centre. The project delivered ten workshops with 157 participants to deliver information and collect feedback and concerns. Participants said that they were much more likely to attend screening and encourage families to attend now that they understood more about the programs.

Collaboration and Capacity Building

The staff team participate in strategic meetings organised by public sector organisations including North West London Integrated Care Board, NHS England, Imperial College Healthcare NHS Trust, Chelsea & Westminster NHS Trust, Imperial College London, Central London Community Healthcare NHS Trust, the Local Authorities, and the GLA. We contribute to plans to reduce health inequalities, removing barriers in involving GM communities in research and generally promoting the health and wellbeing of the GM communities in London.

Locally, we work with the NHS and our local CVS organisations One Westminster, and Kensington & Chelsea Social Council to shape local priorities such as the VCS mental health strategy, the role of the INT navigators and the use of the vibrant and healthy community funds.

We delivered additional training to ten organisations to support them with project management, and we gave four organisations 1:1 support with fundraising applications. Two applications were successful, bringing in £177,000 and £19,000 for the organisations we supported.

Project Delivery

Healthy Lifestyles Programme (funded by RBKC Community Public Health Programme)

We collaborated with five GM organisations based in Kensington and Chelsea: Midaye Somali Development Network, Al Manaar (The Muslim Cultural Heritage Centre), Sudanese Nubian Association (SNA), Ethiopian Women's Empowerment Group (EWEG) and Neighbourhood Doulas to deliver a Healthy Lifestyles project during October 2024 to June 2027. Our partners successfully engaged with a total of 107 service users who they supported to adopt a healthier lifestyle during this reporting period. As a partnership, they delivered a total of 93 sessions including physical activity sessions and healthy eating support with a total of 987 attendances. Physical activity sessions included Zumba sessions, spinning classes, yoga, football, walking and learning to use step counting apps. Many service users achieved outstanding outcomes including healthier eating habits, changed behaviours, and increased physical activity. A total of 60 service users lost weight, and 18 service users became aware that their blood pressure was high and were referred to their GPs to seek medical advice and support. Thirty-one staff and volunteers completed training that was made available by RBKC as part of the funded programme, including 'Exercise and mental health', 'Diabetes primary prevention', 'understanding mental capacity' courses.

Health Advocacy Project (funded by the National Lottery)

This project contributes directly to reducing health inequalities by removing barriers to accessing services and supporting clients to make the best use of NHS services. We worked with six GM organisations (Al-Hasaniya Moroccan Women's Centre, Ethiopian Women's Empowerment Group, French African Welfare Association, Iranian Association, Marylebone Bangladesh Society and Midaye Somali Development Network) to help 456 residents who speak little or no English to access services and improved health outcomes. The project improved clients' access to health services, helped clients to access interpreters, helped clients advocate for the care they needed and overcome institutional barriers, and supported clients in accessing transport for medical appointments. We also worked with the ICB, GP federations and hospital trusts to highlight the barriers clients face and get commitments to systems change.

On the Breadline Multi-Lingual Emotional Wellbeing Project (funded by Comic Relief)

We worked with four GM organisations (Al-Hasaniya Moroccan Women's network, Iranian Association, Midaye Somali Development Network, Middle Eastern Women and Society organisation) to support 91 clients facing financial difficulties, with emotional support and practical help over the cost-of-living crisis. Clients reported an average increase in Emotional Wellbeing of 42% and an average increase in general health of 40%.

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(Continued)

My Care My Way (funded by the ICB-NHS, managed by KCSC)

We were commissioned to join this project as it had been identified that patients from GM communities, particularly those who do not speak English fluently, were underserved. We worked with three GM organisations (French African Welfare Association, Iranian Association and Midaye Somali Development Network) to provide intensive support to nine clients aged 65 and over, identified by their GPs as needing holistic and proactive care to reduce the risk of unplanned hospital admissions or emergency care. Our involvement in this project required us to complete the NHS Data Protection and Security toolkit, which has significantly improved our policy and practice.

Healthy Lifestyles, Health Equalities Project - February 2024 to March 2025 (funded by Imperial Health Charity's Compassionate Communities grant programme)

We worked with five community organisations: MEWSO, Iranian Association, Education and Skills Development Group, Abdul Mageed Educational Trust and Marylebone Bangladesh Society. Our target participants were BME residents of Brent, Ealing, Hammersmith & Fulham, Harrow, Hillingdon, Hounslow, Kensington & Chelsea and Westminster who face significant language barriers.

The overall aim was to support participants to make sustainable healthy lifestyle changes. There were three cohorts of 10–12 participants who met weekly for three months. The sessions were designed to be culturally appropriate and led by a trained facilitator from participants' community. The main themes covered were healthy eating, being more active and understanding how to use health services.

Feedback from participants showed the programme made a real difference, with some describing it as life-changing for both them and their families. Out of 123 total participants, 66 reported being more active, 67 said they were eating more healthily and 81 said they would recommend the programme to others. Almost three-quarters stated that they better understood how to access health services and a third used a health service directly because of the project.

Thanks

We want to thank the staff and trustees of the BME Health Forum as well as our partner organisations, their staff and volunteers who make this work possible.

Financial review

Total income for the year amounted to £525,196 with total expenditure amounting to £519,295 leaving a surplus in the year of £5,901.

Accumulated reserves at the balance sheet date amounted to £117,561, of which £117,561 represent income reserves.

Reserves Policy

The trustees have established a policy where unrestricted reserves should be at equivalent to 6 months of annual expenditure by setting up a designated reserve, namely 'Staff & Running Cost Reserve'. At the year end the reserves held in this fund amounted to £95,000, restricted reserves of £15,000 and unrestricted general reserve of £32,660. Overall the trustees consider the financial position of the charity to be satisfactory.

Responsibilities of Trustees

The trustees are required by company law to prepare financial statements for each financial year which give a true and fair view of the charity's financial activities during the year and of its financial position at the end of the year. In preparing those financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;
- make judgments and estimates that are reasonable and prudent;
- prepare financial statements on a going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping adequate accounting records which disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

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Directors' & Trustees' Report for the Year Ended 31 March 2025
(Continued)

Trustee Members

The trustees who are directors for the purpose of company law who have served during the year and up to the date of this report are set out on page 1.

Reporting Accountants

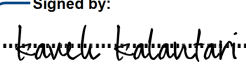
A resolution proposing the appointment of Liodaris & Co as Reporting Accountants will be put to the members at the next AGM.

Approval

This report has been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities (revised in May 2008) and in accordance with the Provisions of Part 15 of the Companies Act 2006 applicable to companies subject to the small companies regime.

Approved by the trustees and signed on its behalf:

.....
Name: K Kalantari

Signed by:

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Date - 15/12/2025

THE HEALTH FORUM
INDEPENDENT EXAMINERS REPORT TO THE TRUSTEES OF THE HEALTH FORUM

I report to the Trustees on my examination of the accounts of The Health Forum (the charity), charity number 1151980, for the year ended 31 March 2025, which are set out on pages 8 to 13.

Responsibilities and basis of report

I report to the trustees on my examination of the accounts of the above charity ("The Trust") for the year ended 31 March 2025.

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145((5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with my examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act 2011
- the accounts did not accord with the accounting records: or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matter in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

DocuSigned by:
Christos Liondaris
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C Liondaris
Christos Liondaris & Co
Certified Accountants

1st Floor Woodgate Studios, 2-8 Games Road, Cockfosters, EN4 9HN

Date - 16/12/2025

THE HEALTH FORUM
(Private Company Limited by Guarantee)
Statement of financial activities
for the year ended 31 March 2025

	<u>Notes</u>	<u>Restricted Funds</u> £	<u>Unrestricted Funds</u> £	<u>Total 2024/25</u> £	<u>Total 2023/24</u> £
Incoming Resources					
Grants receivable	1	500,137	25,059	525,196	510,599
Other income & donations		-	-	-	350
Total incoming resources		<u>500,137</u>	<u>25,059</u>	<u>525,196</u>	<u>510,949</u>
Resources Expended					
Direct charitable expenditure	2	512,497	4,158	516,655	475,535
Management and administration	3	2,640	-	2,640	4,045
Total resources expended		<u>515,137</u>	<u>4,158</u>	<u>519,295</u>	<u>479,580</u>
NET SURPLUS/(DEFICIT)		<u>(15,000)</u>	<u>20,901</u>	<u>5,901</u>	<u>31,369</u>
		<u>Restricted Funds</u> £	<u>Unrestricted/ designated Funds</u> £	<u>Total 2024/25</u> £	<u>Total 2023/24</u> £
Net movement in funds for the year		(15,000)	20,901	5,901	31,369
Total funds brought forward		15,000	96,660	111,660	80,291
Transfer (to)/from in the year		-	-	-	-
Total funds carried forward		<u>-</u>	<u>117,561</u>	<u>117,561</u>	<u>111,660</u>

The statement of financial activities includes all gains and losses in the year. All incoming resources and resources expended derive from continuing activities.

THE HEALTH FORUM
(Private Company Limited by Guarantee)
BALANCE SHEET
AS AT 31 MARCH 2025

	Notes	2024/25		2023/24	
		£	£	£	£
Current Assets					
Debtors	4	56,730		10,341	
Cash at bank and in hand		<u>230,208</u>		<u>341,159</u>	
		286,938		351,500	
Creditors: amounts falling due within one year	5	<u>(169,377)</u>		<u>(239,840)</u>	
Net current assets		<u>117,561</u>		<u>111,660</u>	
Total assets less current liabilities		<u><u>117,561</u></u>		<u><u>111,660</u></u>	
Funds					
Restricted funds					
- Grants fund	6	-		15,000	
Designated funds					
- staff & running costs fund	6	95,000		64,000	
Unrestricted income funds:					
- general funds	6	<u>22,561</u>		<u>32,660</u>	
		<u><u>117,561</u></u>		<u><u>111,660</u></u>	

The Company is a private company limited by guarantee and incorporated in England. Its registered office is at Churchstreet Neighbourhood Centre, Chartwell House, Penfold Street. London NW8 8PT.

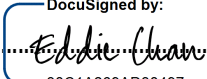
The company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibility for complying the requirements of the Companies Act 2006 with respect to accounting records and for the preparation of the accounts.

The accounts have been prepared in accordance with the micro entity provisions of the Companies Act 2006 and FRS 105, The Financial Reporting Standard applicable to the Micro-entities Regime. The accounts have been delivered in accordance with the provisions applicable to companies subject to the small companies regime. The income and expenditure account has not been delivered to the Registrar of Companies.

Approved by the Trustees /Directors and signed on their behalf on 4 December 2024

DocuSigned by:

Name: E Chan MBE
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Trustee & Company Director

THE HEALTH FORUM
(Private Company Limited by Guarantee)
NOTES TO THE FINANCIAL STATEMENTS
for the year ended 31 March 2025

Accounting policies

The principal accounting policies adopted, judgments and key sources of estimation uncertainty in the preparation of financial statements are as follows

Basis of Preparation

The accounts have been prepared in accordance with the micro entity provisions of the Companies Act 2006 and FRS105, The Financial Reporting Standard applicable to Micro-Entities Regime. The accounts have been delivered in accordance with the provisions applicable to companies subject to the small companies regime.

Incoming resources

Income (including income from government and other grants) is recognised when the charity has entitlement to the funds, any performance conditions attached to the items of income have been met, it is probable that the income will be received and the amount can be measured reliably.

Interest and investment income receivable

Interest on funds held on deposit and income from investments held is included when receivable and the amount can be measured reliably by the charity.

Fund accounting

Unrestricted funds are available to spend on activities that further any of the purposes of charity. Designated funds are unrestricted funds of the charity which the trustees have decided at their discretion to set aside for a specific purpose. Restricted funds are donations or grants which the donor has specified are to be solely used for a particular purpose or area of the Trust's work or projects being undertaken by the Trust.

Expenditure and irrecoverable VAT

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably. Expenditure is classified under the following headings:

- cost of raising funds comprise the cost of commercial trading
- expenditure on charitable activities includes the cost of operating the nursery and outreach services
- management and administration includes support costs for those functions that assist the work of the charity

Irrecoverable VAT is charged as a cost against the activity for which the expenditure has been incurred.

Taxation

As a grant aided charity with charitable status the charity's activities do not create a charge to corporation tax.

Operating leases

Rentals paid under operating leases are charged to income on a straight line basis over the lease term.

Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably.

Financial instruments

The trust has only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. The charity does not acquire put options, derivatives or other complex financial instruments. The main form of financial risk faced by the charity is that of volatility in equity and investment markets due to wider economic conditions, the attitude of investors to risk, and changes in sentiment concerning equities.

Pensions

The Trust operates a defined contribution pension scheme.

THE HEALTH FORUM
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Notes to the financial statements
for the year ended 31 March 2025

	2024/25	2023/24
	£	£
1 Grants receivable & other income		
North West London CCG - (Restricted)	-	52,300
North West London CCG - Cancer project (Restricted)	-	40,000
Kensington & Chelsea / CLW - (Unrestricted)	8,742	-
Kensington & Chelsea / MCMW - (Unrestricted)	12,056	34,526
R B of Kensington & Chelsea - (Restricted)	40,084	17,000
The Royal Marsden - (Restricted)	-	199,000
Westminster Arts - Resonate Arts - (Unrestricted)	3,600	-
Westminster Council Translation - (Unrestricted)	3,500	-
City of London - (Restricted)	49,250	23,500
Comic Relief - (Restricted)	74,823	71,470
Comic Relief - (Unrestricted)	102	-
RKBC - Grenfell - (Unrestricted)	-	6,750
RKBC - Staying Safe - (Unrestricted)	185	-
The National Lottery Community Fund - (Restricted)	172,943	163,273
ICB - Suicide Project - (Restricted)	-	10,000
ICB Core Funding (Restricted)	49,348	-
ICB Winter - (Unrestricted)	6,000	-
Imperial Healthcare Charity - (Restricted)	21,358	17,476
The Advocacy Project - (Unrestricted)	-	6,006
Other income - (Unrestricted)	100	350
	<u>442,091</u>	<u>641,651</u>
Add: Amounts deferred 2024:		
Comic Relief - (Restricted)	1,950	15,000
The National Lottery Community Fund - (Restricted)	75,000	62,500
The Royal Marsden - (Restricted)	101,851	-
NHS NWL Cancer Project - (Restricted)	22,500	-
Imperial Healthcare Charity - (Restricted)	17,476	-
Kensington & Chelsea Social Council - (Unrestricted)	-	6,000
City of London - (Restricted)	6,500	-
London Community Foundation - (Restricted)	-	6,950
RKBC - Grenfell - (Unrestricted)	-	4,125
	<u>667,368</u>	<u>736,226</u>
Less: Amounts deferred:		
Comic Relief - (Restricted)	-	(1,950)
The National Lottery Community Fund - (Restricted)	(86,472)	(75,000)
The Royal Marsden - (Restricted)	(17,293)	(101,851)
Kensington & Chelsea / MCMW - (Unrestricted)	(9,226)	-
NHS NWL Cancer Project - (Restricted)	-	(22,500)
NWL ICB (NHS) - (Restricted)	(7,641)	0
Imperial Healthcare Charity - (Restricted)	-	(17,476)
City of London - (Restricted)	(4,293)	(6,500)
R B of Kensington & Chelsea - (Restricted)	(17,247)	-
	<u>525,196</u>	<u>510,949</u>
Analysis of Grants Receivable & Other Income		
Restricted	500,137	453,542
Unrestricted	25,059	57,407
	<u>525,196</u>	<u>510,949</u>
2 Direct charitable expenditure		
Staff costs	186,796	161,127
Staff pension costs	10,443	9,051
Commissioning expenses	309,934	299,804
Other costs	9,482	5,553
	<u>516,655</u>	<u>475,535</u>

THE HEALTH FORUM
(Private Company Limited by Guarantee)
Notes to the financial statements
for the year ended 31 March 2025

	2024/25	2023/24
3 Management & administration costs		
Other costs	2,640	4,045
4 Debtors		
Accrued income	56,730	10,341
5 Creditors		
Amounts falling due within one year:		
Other taxation & social security	5,067	5,035
Deferred income	142,172	225,277
Other creditors & accruals	22,138	9,528
	169,377	239,840

	01/04/2023	Income	2024/25 Expenditure	Transfers	31/03/2024
6 Reserve Funds					
Analysis of funds:					
Restricted:					
R B of Kensington & Chelsea	-	22,837	(22,791)	(46)	-
Cornerstone (funded by City of London) - City Bridge	-	51,457	(51,457)	-	-
Imperial Healthcare charity	-	38,834	(40,537)	1,703	-
The National Lottery Community Fund - Reaching Communities/Partnerships	-	161,471	(161,438)	(33)	-
The Royal Marsden	8,000	84,558	(89,699)	(2,859)	-
Comic Relief	-	76,773	(76,252)	(521)	-
NWL ICB (NHS) - Core Funding	-	41,707	(41,707)	-	-
ICB -Suicide Project	4,000	-	-	(4,000)	-
Cancer project (funded by West London CCG)	3,000	22,500	(22,500)	(3,000)	-
	15,000	500,137	(506,381)	(8,756)	-
Unrestricted:					
Community Living Well Project (Funded by KCSC & West London CCG)	10,013	8,742	-	(18,755)	-
The Advocacy Project	6,006	-	(5,784)	(222)	-
MCMW	-	2,830	-	(2,830)	-
ICB Winter campaign	-	6,000	(4,800)	(1,200)	-
Resonate Arts	-	3,600	(2,330)	(1,270)	-
Designated fund - staff & running costs	64,000	-	-	31,000	95,000
Unrestricted - general reserve	16,641	3,887	-	2,033	22,561
	111,660	525,196	(519,295)	-	117,561

Details of projects undertaken during the year under review are included in the Directors'/Trustees Report on pages 2 to 6.

THE HEALTH FORUM
(Private Company Limited by Guarantee)
Notes to the financial statements
for the year ended 31 March 2025

	01/04/2023	Income	2023/24 Expenditure	Transfers	31/03/2024
6 Reserve Funds					
Analysis of funds:					
Core Funding (funded by West London CCG)		52,300	(52,300)	-	
Cancer project (funded by West London CCG)	-	17,500	(14,500)	-	3,000
Core Funding (funded by R B Kensington & Chelsea)	-	17,000	(17,000)	-	-
Grenfell (Funded by R B Kensington & Chelsea)	-	10,875	-	(10,875)	-
National Lottery		150,773	(150,773)	-	-
The Royal Marsden Cornerstone (funded by City of London)		97,149	(89,149)	-	8,000
		17,000	(17,000)		-
Comic Relief - Intermediary Grant Project		84,520	(84,520)	-	-
ICB -Suicide Project					
	-	10,000	(6,000)	-	4,000
London Community Foundation		6,950	(6,950)	-	-
	-	464,067	(438,192)	(10,875)	15,000
Unrestricted:					
Community Living Well Project (Funded by KCSC & West London CCG)		40,526	(30,513)		10,013
Grenfell (Funded by R B Kensington & Chelsea)			(10,875)	10,875	-
The Advocacy Project		6,006			6,006
Designated fund - staff & running costs	64,000	-	-		64,000
Unrestricted - general reserve	16,291	350	-	-	16,641
	80,291	510,949	(479,580)	-	111,660

7 Analysis between fund balances

	2024/25		Total
	Restricted	Unrestricted	
Net Current Assets	-	117,561	117,561
	2023/24		Total
	Restricted	Unrestricted	
Net Current Assets	15,000	96,660	111,660

8 Transactions with Board of Trustees

No remuneration is payable to the Trustees. Any transactions involving the Trustees were carried out in the normal course of activities undertaken by the Charity.

THE HEALTH FORUM
(Private Company Limited by Guarantee)
Detailed income and expenditure account
for the year ended 31 March 2025

	2024/25	2023/24
	£	£
Income		
Grants receivable	525,196	510,599
Donations & income		350
	<u>525,196</u>	<u>510,949</u>
Direct charitable expenditure:		
Staff costs	197,239	170,178
Commissioning projects	309,934	299,804
Consultancy fees	500	-
Contractors	2,250	-
Room hire	3,335	2,326
Forum meeting expenses	1,262	1,197
Equipment & repairs	430	499
Insurance	570	570
Printing, postage & stationery	400	335
Telephone & internet costs	480	240
Website	134	134
Training	108	-
Sundry expenses	13	252
	<u>516,655</u>	<u>475,535</u>
Management & administration costs:		
Accountancy	2,640	4,045
	<u>2,640</u>	<u>4,045</u>
NET INCOMINGS/(OUTGOINGS) IN YEAR	<u><u>5,901</u></u>	<u><u>31,369</u></u>