
THE HEALTH FORUM
(Private Company Limited by Guarantee)

REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024
COMPANY REG NO. 08013774
CHARITY NO. 1151980

THE HEALTH FORUM
(Private Company Limited by Guarantee)
Contents

	<u>Page</u>
Legal and administration information	1
Report of the trustees	2-6
Independent examiners' report	7
Statement of Financial Activities	8
Balance Sheet	9
Accounting policies	10
Notes forming part of the financial statements	11-13
Detailed income & expenditure account	14

Pages 7 and 14 do not form part of the statutory accounts.

THE HEALTH FORUM
(Private Company Limited by Guarantee)
Legal and Administrative Information

Board of Trustees	Edward Kay Kiu Chan* Judith Mary Blakeman* Filsan Hassan Ali* Gladys Marion Jusu-Sheriff* Meerat Kaur* Marie Tameze* Kaveh Kalantari* David Truswell* Alison Devlin* Abdul Aziz Toki* Halaleh Taheri*
--------------------------	---

*** Trustees are also for the purpose of the Companies Act 2006 company directors.**

Company Secretary	Nafsika Thalassis
--------------------------	-------------------

Administration and registered office	Churchstreet Neighbourhood Centre Cherwell House Penfold Street London NW8 8PT
---	---

Charity registration no.:	1151980
----------------------------------	---------

Company registration no.:	08013774 (England & Wales)
----------------------------------	----------------------------

Reporting accountants	Liondaris & Co Certified Accountants Coach House Bellevue Road London N11 3NY
------------------------------	--

Bankers:	The Co-operative Bank
-----------------	-----------------------

Funding authorities:	North West London CCG Westminster Council Kensington & Chelsea Social Council Royal Borough of Kensington & Chelsea City of London Comic Relief Imperial Health Charity Imperial College London
-----------------------------	--

THE HEALTH FORUM

(Private Company Limited by Guarantee)

Directors' & Trustees' Report for the Year Ended 31 March 2024

The trustees, who are also directors of the charity for the purposes of the Companies Act, present their annual report together with the audited financial statements of the charity for the year ended 31 March 2024.

Structure, Governance and Management

Governing Document

The Health Forum operating under 'BME Health Forum' is a company limited by guarantee and obtained charitable status from the Charity Commission on 10 May 2013. The company was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed under its Articles of Association. In the event of the company being wound up members are required to contribute an amount not exceeding £1.

The Board delegates the day-to-day operation of the organisation to the Executive Director. The Trustees meet formally once every 3 months.

Recruitment & Appointment of Trustees

The Trustees and Directors who have served throughout the year are shown on page 1. Appointment of directors/trustees is governed by the Memorandum & Articles of Association.

Trustee Induction and Training

All new Board Members are introduced to current Board Members, and Receive an Induction pack which includes a Board Handbook. All Board Members participate in training on good governance.

Charitable Objectives

The preservation and protection of health and promotion of good health with a particular focus on, but not limited to, people from the black and minority ethnic communities, principally in, but not limited to, the London Boroughs of Kensington and Chelsea, Westminster and Hammersmith & Fulham. The aim of the forum is to inform policy, locally and nationally and assist in promulgating effective policies and good practice in order to contribute to reducing health inequalities and improved health outcomes for people from the black and minority ethnic communities.

Risk Management

The trustees review the major risks that the charity faces on a regular basis and are satisfied that systems are in place to mitigate exposure to the major risks. Internal risks are minimised by the implementation of policies and procedures for authorisation of all transactions and projects and to ensure consistent quality of delivery for all operational aspects of the charitable company. These procedures are periodically reviewed to ensure that they still meet the needs of the charity.

Public Benefit

All our activities aim to reduce health inequalities and improve health and wellbeing outcomes for people from deprived communities and ensure that health and social policies and service development are informed by the views of local communities.

Section 4 of the Charities Act 2011

The trustees actively review guidance issued by the Charity Commission as required by section 4 of the Charities Act 2011, to ensure compliance with such guidance.

Activities and achievements

The trustees consider that the charity's activities in meeting its objectives have been most satisfactory during the year under review.

Future developments

Some funding has now been secured for the Charity's core activities for 2023/24. This is a good position but we need to continue to build on it to ensure we continue to deliver services for BME communities.

Summary

The BME Health Forum had a very successful year in 2023/24. We delivered 14 projects, including 12 partnerships. The projects delivered services, awareness and engagement opportunities for nearly 4 thousand Global Majority (GM) residents. Our projects focused on residents who are not fluent English speakers and were delivered in 9 community languages as well as English. We funded 15 Global Majority organisations a total of £205,020 and gave an additional £96,149 as grants to 12 organisations on behalf of the Royal Marsden. We recruited an additional member of staff, Mercyline Ndeti who is our Organisation Development Manager.

THE HEALTH FORUM**(Private Company Limited by Guarantee)****Directors' & Trustees' Report for the Year Ended 31 March 2024****(Continued)****Summary (continued)**

The work we do with our partners directly impacts the health and wellbeing of residents as we help remove the barriers that stop people accessing services such as lack of information and awareness, communication barriers, digital exclusion, no access to transport, culturally inappropriate services. We also provide the emotional and practical support that helps clients manage the other aspects of their lives from finances to housing. At the same time, a key focus of our work is systems change -we work with NHS and LA partners to remove the barriers faced by our clients at a system level.

Organisations funded by the BME Health Forum in 2023-24	
Al-Hasaniya Moroccan Women's Centre	36,225
Abul Mageed Educational Trust	3,600
Baraka Community	10,500
Central Mosque of Brent	10,500
Education & Skills Development	3,400
Ethiopian Women's Empowerment Group (EWEG)	15,750
Fifty Plus Aged Eritrean Welfare Association	3,050
FORWARD	13,000
French African Welfare Association	32,175
Golden Opportunity - Skills & Development	10,430
Iranian Association	49,095
Marylebone Bangladesh Society	24,500
Midaye Somali Development Network	27,425
Middle Eastern Women and Society	11,335
Nomad Media	7,800
Nubian Sudanese Association	2,500
Pathway to Wellness	500
SHEWISE	10,494
SW1 Islamic Centre	3,300
Somali Parents Association	9,825
Sudanese Community	2,100
The Upper Room	10,500
The Advocacy Project	500
Westminster Bangladesh Trust	1,300
Total	299,804

Core Funding from the North West London ICB and Royal Borough Kensington & Chelsea

We are very grateful for the core funding we received which allows us to employ a member of staff and carry out a lot of our engagement work as well as fund some of our running costs. The funding covers the cost of our public meetings and this year we held 4 well attended meetings where we showcased the work of our partners from the suicide prevention project, cancer awareness projects, health advocacy, Staying Safe project and Winter Well campaign. We also had a number of presentations from NHS organisations and Local authorities, and we shared a lot of funding opportunities.

Our core funding also supports the work behind our weekly newsletter and website updates. We use the newsletter to advertise services, information campaigns, projects, events, jobs and funding opportunities on behalf of the NHS, our local community, the voluntary sector and statutory partners.

Our core funding allows for staff time to engage with NHS organisations such as Imperial Healthcare NHS Trust, Imperial College London, Chelsea and Westminster, Northwick Park, CLCH, CNWL and many others. We are happy with the work we have been doing to bring about systems change to improve the patient experience for Global Majority groups, focusing on language and communication barriers, digital exclusion, the need for advocacy and patient empowerment and involvement and how to support patients attend appointments.

THE HEALTH FORUM
(Private Company Limited by Guarantee)
Directors' & Trustees' Report for the Year Ended 31 March 2024
(Continued)

Infrastructure Support

This project has begun very positively. In the 4 months since the project started, we have helped 7 organisations with their fundraising activities, resulting in 6 successful funding applications.

Partnerships

1) Awareness raising and engagement around barriers to accessing information and services:

We delivered 7 projects in partnership with 19 Global Majority organisations on Cancer, Safeguarding, suicide prevention and immunisation/accessing services in winter months. These projects reached a combined total of over 3000 residents. Many residents told us that they would now attend cancer screening and other services as a direct result of our work, that they are now aware of what cancer symptoms to look out for and that early diagnosis is important, that their understanding of suicide and safeguarding have improved and they would be willing to access services and signpost others to services when needed:

Staying Safe Project (funded by Biborough Adult Social Care Services, managed by the Advocacy Project)

We worked with 13 grassroots BME community organisations (including Al-Manaar Muslim Cultural Centre, AMET, Eritrean Welfare Association, French African Welfare Association, Hope Foundation, Iranian Association, Marylebone Bangladesh Society, Midaye Somali Development Network, Migrant Organise, Sudanese Community and Information Centre, Sudanese Supplementary School, WAND UK, and Westminster Bangladeshi Welfare Trust) which completed "train the trainer" training about Safeguarding Adults. Eleven of these organisations delivered 12 workshops to their communities to inform them about safeguarding practice which were attended by **200** people. The workshops were delivered in different languages, including Arabic, French, Bengali, Farsi, Tigrinya and English.

Suicide Prevention project (funded by Rethink)

We worked with 4 GM organisations (AMET, ESDEG, The Iranian Association and the Sudanese Information and Advice Centre). The project raised awareness of suicide and mental health. Our partners engaged clients through surveys, workshops and events which focused on suicide awareness and promoting the mental health and wellbeing of their clients. They were attended by **116** clients. The survey revealed valuable insights about GM residents' awareness and knowledge about suicide and where to find help and services. For more information about the survey findings please go to our website: www.bmehf.org.uk

Winter Campaign Project (funded by the ICB)

We worked with 5 GM organisations: Eritrean Welfare Association, ESDEG, Iranian Association, SW1 Islamic Centre and Westminster Bangladeshi Welfare Trust, to deliver information to communities about NHS vaccination campaigns, how to stay well in winter and how to seek help when needed. Our survey was completed by **100** service users and gave information on barriers to accessing pharmacies, 111 and 999 services.

Cancer Screen, Detect and Protect Project (funded by the ICB- NHS)

We worked with 7 organisations (AMET, FORWARD, Middle Eastern Women and Society Organisation, Iranian Association, SW1 Islamic Centre, Sudanese Nubian Association, WAND UK). Collectively we delivered 46 workshops on bowel, breast, cervical, prostate and testicular cancers and screening programs engaging **2576** service users. The project collected feedback on barriers and concerns but also increased knowledge of cancer symptoms and screening.

Health Screening Project (funded by the ICB-NHS)

We worked with 4 GM organisations (AMET, ESDEG, Ethiopian Women's Empowerment Group, and the Iranian Association) to engage with **102** residents about the barriers to accessing health screening.

Cancer Awareness: Communication & Awareness Projects (funded by the Royal Marsden, NHS Trust)

We worked with 5 GM organisations (AMET, ESDEG, Iranian Association, SW1 Islamic Centre & Westminster Bangladeshi Welfare Trust) to deliver 2 projects. The first project engaged with **60** service users to hear about concerns and interest regarding cancer and screening programs and the second project delivered 10 workshops with **157** participants to deliver information and collect feedback and concerns. Participants said that they were much more likely to attend screening and encourage families to attend now that they understood more about the programs.

2) Delivering support services to residents from Global Majority groups

We helped nearly 600 residents with support services in 5 projects delivered by 8 organisations. The projects made a marked difference to residents, helping them access essential services, removing barriers to services based on language, digital exclusion, and cultural differences, supporting them to know their rights, access financial support and improving their emotional wellbeing and general health. All projects focused on residents who are not fluent English speakers, and projects were delivered in Amharic, Arabic, Farsi, French, Lingala, Sorani, Sylheti and Tigrinia.

THE HEALTH FORUM

(Private Company Limited by Guarantee)

Directors' & Trustees' Report for the Year Ended 31 March 2024

(Continued)

Community Living Well (funded by the ICB-NHS, managed by KCSC).

We worked with 4 GM organisations (Al-Hasaniya Moroccan Women's network, French African Welfare Association, Iranian Association, Midaye Somali Development Network) to support **89** clients registered with GPs in Kensington & Chelsea and North Westminster. We delivered 469 emotional wellbeing peer-support sessions to clients who speak little or no English. Clients reported an increase in Emotional Wellbeing of approximately 90%.

Grenfell mental wellbeing project (funded by the Royal Borough of Kensington & Chelsea)

We worked with 5 GM organisations (Al-Hasaniya Moroccan Women's Centre, Eritrean Welfare Association, Ethiopian Women's Empowerment Group, French African Welfare Association and Midaye Somali Development Network) to support **43** clients and spent 386 hours of support. Clients reported an improvement in their general health of 22% and an improvement in their emotional wellbeing of 19%.

Health Advocacy Project (funded by the National Lottery)

This project contributes directly to reducing health inequalities by removing barriers to accessing services and supporting clients to make the best use of NHS services. We worked with 6 organisations (Al-Hasaniya Moroccan Women's Centre, Ethiopian Women's Empowerment Group, French African Welfare Trust, Iranian Association, Marylebone Bangladesh Society and Midaye Somali Development Network) to support **339** residents who speak little or no English access services satisfactorily. The project improved clients' access to health services, supported clients to access interpreters, helped clients advocate for the care they needed and overcome institutional barriers, and supported clients access transport for medical appointments. We also worked with the ICB, GP federations and hospital trusts to highlight the barriers clients face and get commitments to systems change.

On the Breadline Multi-Lingual Emotional Wellbeing Project (funded by Comic Relief)

We worked with 4 GM organisations (Al-Hasaniya Moroccan Women's network, Iranian Association, Midaye Somali Development Network, Middle Eastern Women and Society organisation) to support **90** clients facing financial difficulties, with emotional support and practical help over the cost-of-living crisis. Clients reported an average increase in Emotional Wellbeing of 66% and an average increase in general health of 52%.

Together for London Project (funded by the London Community Fund)

We worked with 3 GM organisations (Ethiopian Women's Empowerment Group, Marylebone Bangladesh Society and Middle Eastern Women's Society Organisation) to support **36** clients with 1:1 support around mental health, welfare benefits and other support.

Financial review

Total income for the year amounted to £510,949 with total expenditure amounting to £479,580 leaving a surplus in the year of £31,369.

Accumulated reserves at the balance sheet date amounted to £111,660, of which £111,660 represent income reserves.

Reserves Policy

The trustees have established a policy where unrestricted reserves should be at equivalent to 6 months of annual expenditure by setting up a designated reserve, namely 'Staff & Running Cost Reserve'. At the year end the reserves held in this fund amounted to £64,000, restricted reserves of £15,000 and unrestricted general reserve of £32,660. Overall the trustees consider the financial position of the charity to be satisfactory.

Responsibilities of Trustees

The trustees are required by company law to prepare financial statements for each financial year which give a true and fair view of the charity's financial activities during the year and of its financial position at the end of the year. In preparing those financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;
- make judgments and estimates that are reasonable and prudent;
- prepare financial statements on a going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping adequate accounting records which disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

THE HEALTH FORUM
(Private Company Limited by Guarantee)
Directors' & Trustees' Report for the Year Ended 31 March 2024
(Continued)

Trustee Members

The trustees who are directors for the purpose of company law who have served during the year and up to the date of this report are set out on page 1.

Reporting Accountants

A resolution proposing the appointment of Liodaris & Co as Reporting Accountants will be put to the members at the next AGM.

Approval

This report has been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities (revised in May 2008) and in accordance with the Provisions of Part 15 of the Companies Act 2006 applicable to companies subject to the small companies regime.

Approved by the trustees and signed on its behalf:

.....
Name: K Kalantari

Signed by:

FF0E34CF033744B...

Date - 4 December 2024

THE HEALTH FORUM

INDEPENDENT EXAMINERS REPORT TO THE TRUSTEES OF THE HEALTH FORUM

I report to the Trustees on my examination of the accounts of The Health Forum (the charity), charity number 1151980, for the year ended 31 March 2024, which are set out on pages 8 to 13.

Responsibilities and basis of report

I report to the trustees on my examination of the accounts of the above charity ("The Trust") for the year ended 31 March 2024.

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145((5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with my examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act 2011
- the accounts did not accord with the accounting records: or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matter in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

DocuSigned by:

Christos Liondaris

6E0A697887F34F6...

C Liondaris

Christos Liondaris & Co

Certified Accountants

Coach House, Bellevue Road, London, N11 3NY

Date - 4 December 2024

THE HEALTH FORUM
(Private Company Limited by Guarantee)
Statement of financial activities
for the year ended 31 March 2024

	<u>Notes</u>	<u>Restricted Funds</u> £	<u>Unrestricted Funds</u> £	<u>Total 2023/24</u> £	<u>Total 2022/23</u> £
Incoming Resources					
Grants receivable	1	453,542	57,057	510,599	310,369
Other income & donations		-	350	350	2,448
Total incoming resources		<u>453,542</u>	<u>57,407</u>	<u>510,949</u>	<u>312,817</u>
Resources Expended					
Direct charitable expenditure	2	434,497	41,038	475,535	352,221
Management and administration	3	4,045	-	4,045	1,944
Total resources expended		<u>438,542</u>	<u>41,038</u>	<u>479,580</u>	<u>354,165</u>
NET SURPLUS/(DEFICIT)		<u>15,000</u>	<u>16,369</u>	<u>31,369</u>	<u>(41,348)</u>
		<u>Restricted Funds</u> £	<u>Unrestricted/ designated Funds</u> £	<u>Total 2023/24</u> £	<u>Total 2022/23</u> £
Net movement in funds for the year		15,000	16,369	31,369	(41,348)
Total funds brought forward			80,291	80,291	121,639
Transfer (to)/from in the year		-	-	-	-
Total funds carried forward		<u>15,000</u>	<u>96,660</u>	<u>111,660</u>	<u>80,291</u>

The statement of financial activities includes all gains and losses in the year. All incoming resources and resources expended derive from continuing activities.

THE HEALTH FORUM
(Private Company Limited by Guarantee)
BALANCE SHEET
AS AT 31 MARCH 2024

	<u>Notes</u>	<u>2023/24</u>		<u>2022/23</u>	
		£	£	£	£
Current Assets					
Debtors	4	10,341		41,184	
Cash at bank and in hand		341,159		142,588	
		351,500		183,772	
Creditors: amounts falling due within one year	5	(239,840)		(103,481)	
Net current assets		111,660		80,291	
Total assets less current liabilities		111,660		80,291	
Funds					
Restricted funds					
- Grants fund	6	15,000		-	
Designated funds					
- staff & running costs fund	6	64,000		64,000	
Unrestricted income funds:					
- general funds	6	32,660		16,291	
		111,660		80,291	

The Company is a private company limited by guarantee and incorporated in England. Its registered office is at Churchstreet Neighbourhood Centre, Chartwell House, Penfold Street. London NW8 8PT.

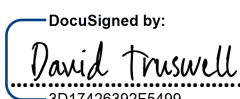
The company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibility for complying with the requirements of the Companies Act 2006 with respect to accounting records and for the preparation of the accounts.

The accounts have been prepared in accordance with the micro entity provisions of the Companies Act 2006 and FRS 105, The Financial Reporting Standard applicable to the Micro-entities Regime. The accounts have been delivered in accordance with the provisions applicable to companies subject to the small companies regime. The income and expenditure account has not been delivered to the Registrar of Companies.

Approved by the Trustees /Directors and signed on their behalf on 4 December 2024

DocuSigned by:

 3D17426392F5499
 Name: D Truswell

Trustee & Company Director

THE HEALTH FORUM
(Private Company Limited by Guarantee)
NOTES TO THE FINANCIAL STATEMENTS
for the year ended 31 March 2024

Accounting policies

The principal accounting policies adopted, judgments and key sources of estimation uncertainty in the preparation of financial statements are as follows

Basis of Preparation

The accounts have been prepared in accordance with the micro entity provisions of the Companies Act 2006 and FRS105, The Financial Reporting Standard applicable to Micro-Entities Regime. The accounts have been delivered in accordance with the provisions applicable to companies subject to the small companies regime.

Incoming resources

Income (including income from government and other grants) is recognised when the charity has entitlement to the funds, any performance conditions attached to the items of income have been met, it is probable that the income will be received and the amount can be measured reliably.

Interest and investment income receivable

Interest on funds held on deposit and income from investments held is included when receivable and the amount can be measured reliably by the charity.

Fund accounting

Unrestricted funds are available to spend on activities that further any of the purposes of charity. Designated funds are unrestricted funds of the charity which the trustees have decided at their discretion to set aside for a specific purpose. Restricted funds are donations or grants which the donor has specified are to be solely used for a particular purpose or area of the Trust's work or projects being undertaken by the Trust.

Expenditure and irrecoverable VAT

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably. Expenditure is classified under the following headings:

- cost of raising funds comprise the cost of commercial trading
- expenditure on charitable activities includes the cost of operating the nursery and outreach services
- management and administration includes support costs for those functions that assist the work of the charity

Irrecoverable VAT is charged as a cost against the activity for which the expenditure has been incurred.

Taxation

As a grant aided charity with charitable status the charity's activities do not create a charge to corporation tax.

Operating leases

Rentals paid under operating leases are charged to income on a straight line basis over the lease term.

Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably.

Financial instruments

The trust has only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. The charity does not acquire put options, derivatives or other complex financial instruments. The main form of financial risk faced by the charity is that of volatility in equity and investment markets due to wider economic conditions, the attitude of investors to risk, and changes in sentiment concerning equities.

Pensions

The Trust operates a defined contribution pension scheme.

THE HEALTH FORUM
(Private Company Limited by Guarantee)
Notes to the financial statements
for the year ended 31 March 2024

	2023/24	2022/23
	£	£
1 Grants receivable & other income		
North West London CCG	52,300	41,152
North West London CCG - Cancer project	40,000	-
Kensington & Chelsea Social Council (unrestricted)	34,526	30,333
R B of Kensington & Chelsea	17,000	17,000
The Royal Marsden	199,000	-
R B of Kensington & Chelsea	-	12,376
City of London	23,500	-
Comic Relief	71,470	20,000
RKBC - Grenfell (unrestricted)	6,750	15,750
National Lottery	163,273	150,000
London Community Foundation	-	10,000
ICB - Suicide Project	10,000	-
Imperial College London	17,476	1,498
The Advocacy Project (unrestricted)	6,006	-
Other income (Unrestricted)	350	950
	<u>641,651</u>	<u>299,059</u>
Add: Amounts deferred 2023:		
Comic Relief	15,000	108,333
National Lottery	62,500	-
Kensington & Chelsea Social Council (unrestricted)	6,000	-
London Community Foundation	6,950	-
RKBC - Grenfell (unrestricted)	4,125	-
	<u>736,226</u>	<u>407,392</u>
Less: Amounts deferred:		
Comic Relief	(1,950)	(15,000)
National Lottery	(75,000)	(62,500)
The Royal Marsden	(101,851)	-
Kensington & Chelsea Social Council (unrestricted)	-	(6,000)
NHS NWL Cancer Project	(22,500)	-
Imperial Charity	(17,476)	-
City of London	(6,500)	-
RKBC - Grenfell	-	(4,125)
London Community Foundation	-	(6,950)
	<u>510,949</u>	<u>312,817</u>
Analysis of Grants Receivable & Other Income		
Restricted	453,542	287,534
Unrestricted	57,407	25,283
	<u>510,949</u>	<u>312,817</u>
2 Direct charitable expenditure		
Staff costs	161,127	120,451
Staff pension costs	9,051	6,823
Commissioning expenses	299,804	218,944
Other running costs	5,553	6,003
	<u>475,535</u>	<u>352,221</u>
3 Management & administration costs		
Accountancy	4,045	1,944
	<u>4,045</u>	<u>1,944</u>

THE HEALTH FORUM
(Private Company Limited by Guarantee)
Notes to the financial statements
for the year ended 31 March 2024

	2023/24	2022/23
4 Debtors		
Accrued income	10,341	41,184
5 Creditors		
Amounts falling due within one year:		
Other taxation & social security	5,035	3,463
Deferred income	225,277	94,575
Other creditors & accruals	9,528	5,443
	<u>239,840</u>	<u>103,481</u>

	01/04/2023	Income	2023/24 Expenditure	Transfers	31/03/2024
6 Reserve Funds					
Analysis of funds:					
Core Funding (funded by West London CCG)	-	52,300	(52,300)	-	-
Cancer project (funded by West London CCG)	-	17,500	(14,500)	-	3,000
Core Funding (funded by R B Kensington & Chelsea)	-	17,000	(17,000)	-	-
Grenfell (Funded by R B Kensington & Chelsea)	-	10,875	-	(10,875)	-
National Lottery	-	150,773	(150,773)	-	-
The Royal Marsden	-	97,149	(89,149)	-	8,000
Cornerstone (funded by City of London)	-	17,000	(17,000)	-	-
Comic Relief - Intermediary Grant Project	-	84,520	(84,520)	-	-
ICB -Suicide Project	-	10,000	(6,000)	-	4,000
London Community Foundation	-	6,950	(6,950)	-	-
	-	464,067	(438,192)	(10,875)	15,000
Unrestricted:					
Community Living Well Project (Funded by KCSC & West London CCG)	-	40,526	(30,513)	-	10,013
Grenfell (Funded by R B Kensington & Chelsea)	-	-	(10,875)	10,875	-
The Advocacy Project	-	6,006	-	-	6,006
Designated fund - staff & running costs	64,000	-	-	-	64,000
Unrestricted - general reserve	16,291	350	-	-	16,641
	<u>80,291</u>	<u>510,949</u>	<u>(479,580)</u>	<u>-</u>	<u>111,660</u>

Details of projects undertaken during the year under review are included in the Directors'/Trustees Report on pages 2 to 6.

THE HEALTH FORUM**(Private Company Limited by Guarantee)****Notes to the financial statements****for the year ended 31 March 2024**

	01/04/2022	Income	2022/23 Expenditure	Transfers	31/03/2023
6 Reserve Funds					
Analysis of funds:					
Core Funding (funded by West London CCG)	4,441	41,152	(45,593)	-	-
Core Funding (funded by Royal Borough of Kensington & Chelsea)	-	17,000	(17,000)	-	-
Grenfell (funded by R B Kensington & Chelsea)	-	11,625	(11,625)	-	-
National Lottery	-	87,500	(87,500)	-	-
Voluntary Sector Support Community Research (Funded by West London CCG)		-		-	-
Community Research Project (Funded by City Bridge Trust)		-		-	-
Focus Group Engagement (Funded by West London CCG)		-			-
Cornerstone (funded by City of London)	6,000	-	(6,000)	-	-
Community Research Project (Funded by City of London)	-	-	-	-	-
Comic Relief - Intermediary Grant Project	18,693	113,333	(132,026)	-	-
Adapt & Innovate Project	-	12,376	(12,376)	-	-
London Community Foundation	-	3,050	(3,050)		-
	29,134	286,036	(315,170)	-	-
Unrestricted:					
Community Living Well Project (Funded by KCSC & West London CCG)	10,750	24,333	(35,083)		-
Neighbourhood Keepers Project (Funded by Westminster City Council)					-
Oureach Vaccination Project (Funded by Westminster City Council & R B Kensington & Chelsea)	3,455	-	(3,455)		-
Designated fund - staff & running costs	55,500	-	-	8,500	64,000
Unrestricted - general reserve	22,800	2,448	(457)	(8,500)	16,291
	121,639	312,817	(354,165)	-	80,291

7 Analysis between fund balances

	Restricted	2023/24 Unrestricted	Total
Net Current Assets	15,000	96,660	111,660
	Restricted	2022/23 Unrestricted	Total
Net Current Assets	-	80,291	80,291

8 Transactions with Board of Trustees

No remuneration is payable to the Trustees. Any transactions involving the Trustees were carried out in the normal course of activities undertaken by the Charity.

THE HEALTH FORUM
(Private Company Limited by Guarantee)
Detailed income and expenditure account
for the year ended 31 March 2024

	2023/24	2022/23
	£	£
Income		
Grants receivable	510,599	310,369
Donations & income	350	2,448
	<u>510,949</u>	<u>312,817</u>
Direct charitable expenditure:		
Staff costs	170,178	127,274
Commissioning projects	299,804	218,944
Room hire	2,326	1,850
Forum meeting expenses	1,197	802
Equipment & repairs	499	1,039
Insurance	570	609
Printing, postage & stationery	335	870
Telephone & internet costs	240	480
Website	134	273
Travel	-	31
Sundry expenses	252	49
	<u>475,535</u>	<u>352,221</u>
Management & administration costs:		
Accountancy	4,045	1,944
	<u>4,045</u>	<u>1,944</u>
NET INCOMINGS/(OUTGOINGS) IN YEAR	<u><u>31,369</u></u>	<u><u>(41,348)</u></u>