



Trustees' Annual Report

for the period

From (start date) to (end date)

Section A

Reference and administration details

Charity name

ATHLOS

Other names the charity is known by

Registered charity number (if any)

1151887

Charity's principal address

239, TATHAM ROAD
LHANISTEN
CARDIFF
Postcode CF14 5FF

Names of the charity trustees who manage the charity

	Trustee Name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	PETER RADFORD			
2	TOM MURRAY			
3	JOHN LISTER			
4	NEIL CARTER			
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Names of the trustees for the charity, if any (for example, any custodian trustees)

Name	Dates acted if not for whole year

Section A

Reference and administration details (continued)

Names and addresses of advisers (optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (optional information)

Section B

Structure, governance and management

Description of the charity's trusts

Type of governing document
(eg trust deed, constitution)

How the charity is constituted
(eg trust, association, company)

Trustee selection methods
(eg appointed by, elected by)

Additional governance issues (optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
 - relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

Section C

Objectives and activities

Summary of the objects of the charity set out in its governing document

TO ADVANCE THE EDUCATION OF THE PUBLIC IN THE SPORT OF ATHLETICS BY ASSEMBLING LITERATURE AND OTHER MATERIAL AND MAKING SUCH MATERIAL UNIVERSALLY AVAILABLE.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

AS ABOVE

Additional details of objectives and activities (optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Section D

Achievements and performance

Summary of the main achievements of the charity during the year

THE CONTINUATION OF THE ONLINE AVAILABILITY OF MATERIAL

Section E

Financial review

Brief statement of the charity's policy on reserves

TO ENABLE THE COSTS OF MEETING ITS OBJECTS TO BE COVERED INTO THE FUTURE

Details of any funds materially in deficit

N/A

Further financial review details (optional information)

You **may choose** to include additional information, where relevant, about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Section F

Other optional information

Section G

Declaration

The trustees declare that they have approved the trustees' report above

Signed on behalf of the charity's trustees

Signature(s)



Full name(s)

JOHN. LISTER

Position (eg Secretary, Chair, etc)

TRUSTEE ADMINISTRATOR

Date

020223



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name **ATHLOS** No (if any) **1151887**

Receipts and payments accounts

CC16a

For the period from **01-01-22** to **31.12.22** Period start date **31.12.22** Period end date **31.12.22**

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	-	-	-	-	-
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	-	-	-	-	-
A3 Payments					
WEBSITE COSTS	603	-	-	-	3052
DONATION	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	603	-	-	-	3052
A4 Asset and investment purchases. (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	603	-	-	-	3052
Total payments	603	-	-	-	3052
Net of receipts/(payments)	(603)	-	-	-	(3052)
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	15753	-	-	-	18805
Cash funds this year end	15150	-	-	-	15753

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Barclays Current	15150 -	-	-
		-	-	-
		-	-	-
		-	-	-
	Total cash funds	15150 -	-	-
(agree balances with receipts and payments account(s))		OK	OK	OK

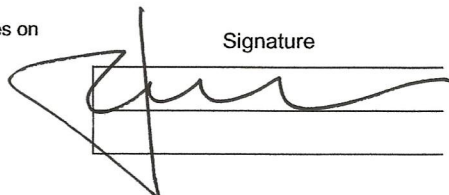
	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	J.T. Lister	21/12/23