



UMN Support Trust

Report and accounts

For the Year Ended 17 September 2023

Report and Accounts

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Legal and Administrative Information

Members of the Company, all of whom are appointed as Directors and Trustees

Christopher Mark Galpin
Joel Andrew Hafvenstein
Dhana Lama
Peter Stuart Lockwood
Alan Penn
David Andrew Rodgers
Richard Hugh Sykes (resigned 02-09-23)
Caroline Anne Trimble

Secretary

Peter Lockwood (appointed 04-03-23)

Registered Office

Langtang
Berry Lane
East Hanney
Wantage
OX12 0JB

Coordinating Trustee and primary contact

David Rodgers (from September 2022)

Bankers

Lloyds Bank
PO Box 1000
BX1 1LT

Date of Incorporation

18 September 2012

Company Number

8219609

Registration number

1151842

Date entered onto Register of Charities

30 April 2013

Website

www.umnsupporttrust.org

Independent Examiners

ASM (D) Ltd
79 Cunninghams Lane, Dungannon, Co Tyrone,
BT71 6BX

Independent Examiner's report to the Trustees of UMN Support Trust

We report on the financial statements of the UMN Support Trust for the year ended 17 September 2023 as set out on pages 10 to 13.

Respective Responsibilities of Trustees and Examiner

The Trustees (who are also the Directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The Trustees consider that an audit is not required for this year (under section 144(2) of the Charities Act 2011 (the 2011 Act)) and that an independent examination is needed.

Having satisfied ourselves that the charity is not subject to audit under company law and is eligible for independent examination, it is our responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the General Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

Basis of the Independent Examiner's Report

We have examined your charity accounts as required under section 145 of the Charities Act and our examination was carried out in accordance with the general Directions given by the Charity Commission under section 145(5)(b) of the Charities Act.

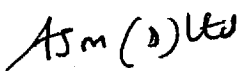
Our examination included a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also included consideration of any unusual items or disclosures in the accounts and seeking explanations from you as charity trustees concerning any such matters.

Our role is to state whether any material matters have come to our attention giving us cause to believe:

1. That accounting records were not kept in accordance with section 130 of the Charities Act
2. That the accounts do not accord with those accounting records
3. That the accounts do not comply with the accounting requirements of the Charities (Accounts and Reports) Regulations 2008
4. That there is further information needed for a proper understanding of the accounts to be reached.

Independent Examiner's Statement

We have completed our examination and have no concerns in respect of the matters (1) to (4) listed above and, in connection with following the Directions of the Charity Commission, we have found no matters that require drawing to your attention.

Signed: 

Name: ASM (D) Ltd

Address: 79 Cunninghams Lane, Dungannon, Co Tyrone, BT71 6BX

Date: 04 March 2024

Report of the Directors and Trustees for year ending 17 September 2022

The Directors, who are also the Trustees of the charity, have pleasure in submitting their report for the year. The Directors, all of whom served as Trustees, are listed on page 3, and this, together with the other statutory information, forms part of this report.

Structure, Governance and Management

UMN Support Trust ('UMNST') was incorporated on 18 September 2012 and is governed by the Articles and Memorandum of Association that were put in place at the time of incorporation. There have been no changes since incorporation.

A minimum of two, and up to five, Trustees can be appointed by the members (currently Alan Penn, Christopher Mark Galpin, Joel Hafvenstein, Richard Sykes, and Peter Lockwood). **United Mission to Nepal ("UMN")** can nominate UMNST Trustees provided that the nominated Trustees do not form a majority and the total number of Trustees does not exceed ten or be less than three. David Rodgers, Dhana Lama and Caroline Trimble are the current Trustees nominated by UMN. New Trustees would be expected to have some experience in the operation of charities, development work to alleviate the root causes of poverty and preferably some understanding of Nepal and the needs of the poorer and poorest communities.

C.M. Galpin and J. A. Hafvenstein are both previous Executive Directors of UMN. J.A. Hafvenstein is currently based in Kathmandu. D. Lama is the current UMN Executive Director and a Nepali Citizen. P. S. Lockwood has many years of experience working in Nepal with UMN and is now based in the UK. A. Penn was the UMN Funding Management Coordinator for six years until returning to the UK in 2012. Alan was Coordinating Trustee for UMN Support Trust from its founding until September 2022. D. A. Rodgers worked with UMN in the 1990s and is currently chair of the UMN Board of Trustees. David took over from Alan as Coordinating Trustee in September 2022. R. H. Sykes previously worked in Nepal with International Nepal Fellowship and was a member of the UMN Board of Trustees for eight years until May 2019. C. A. Trimble is Director of Finance and Operations at BMS UK and has been a member of the UMN Board of Trustees since 2021.

Objects, Activities and Public Benefit

UMNST is an independent Christian charity focusing on addressing poverty primarily in Nepal by, but not solely, promoting the charitable purposes of UMN, an International Non- Government Organisation that has worked only in Nepal for 68 years to alleviate poverty.

Support will be given to specific community-based poverty alleviation programmes undertaken by UMN's Nepali partner organisations by publicising, promoting and financially supporting those programmes. UMN's contribution of advising and field monitoring of the projects and simultaneously capacity building the partner organisations will also be included in the budget of the programmes that UMNST supports.

In addition, UMNST will publicise, promote, and support the work of UMN Medical and Development Trust (UMN MDT). UMN MDT is a Nepali organisation founded in 2020 to hold and coordinate the work of the two rural mission hospitals, Tansen and Okhaldhunga. These were founded in 1954 and the early 1960s and were previously part of the UMN group of organisations. UMN MDT will also undertake development work. UMN and UMN MDT have the same Board members who are a mix of Nepali and expatriates and Dhana Lama is Executive Director of both organisations.

MAJOR EVENTS

Grants to UMN Medical and Development Trust:

All grants for the hospitals at Tansen and Okhaldhunga are made through UMN MDT. These grants consisted of designated and undesignated funds; undesignated funds are used at the discretion of MDT. All designated donations were passed on to either UMN or UMN MDT within the financial year.

The amounts granted to UMN MDT during the year was £99,380 as follows:-

- **Okhaldhunga Community Hospital**
 - **£9,380 - Community Rehabilitation Project**
 - **£4,660 - General Hospital Expenses and Equipment**
 - **£11,080 - Medical Assistance Fund** (to Assist those who cannot afford to pay the total cost of treatment)
- **United Mission Hospital Tansen:**
 - **£9,730 – General Hospital Expenses and Equipment**
 - **£8,780 – Medical Assistance Fund** (to Assist those who cannot afford to pay the total cost of treatment)
 - **£21,770 – Welcoming Newborns** (special appeal to refurbish the neonatal facilities)
- **UMN MDT**
 - **£3,280 – Save Our Hospitals Appeal** – to be apportioned by UMN MDT between Okhaldhunga and Tansen (Designated Fund)
- **Development Grants – UMN MDT**
 - **£30,700 - Hospital and Community Mental Health Programme**

Mental health is a neglected problem in Nepal. A national mental health survey in 2020 showed that among the adult participants, 10% had had a mental problem in their lifetime, and 4.3% had a mental disorder at the time of the survey. Suicide is the leading cause of death among women of reproductive age (15-39 years of age), with 21% of these suicides below the age of 18.

Okhaldhunga hospital had over 350 patients with mental health issues in twelve months, and Tansen had 2657. Within these, 160 patients had attempted to take their own lives by suicide. The total

Grants to United Mission to Nepal:

The amounts granted to UMN during the year was £69,790 as follows:-

a. £5,500 Sustainable Economic and Environment Development (SEED) project.

SEED project aims to bring about justice for all, most importantly the poorest, through ecological balance in natural resource management practice and equitable economic growth. To achieve this, the project will work together with communities, local institutions including Churches and local governments to conserve environmental resources for a sustainable future. Further, it will support communities to improve competitiveness in skill and production for economic growth. And, it will also enhance the capacity of local government to develop a legal framework and system to conserve the environment for the greater good.

The proposed project has identified problems that are prioritised by communities, specifically by Dalits, women, adolescents, persons with disabilities, etc. of Putha Uttarganga Gaunpalika in Rukum-east district of Nepal. Community-based institutions including local churches have assured to collaborate to bring the most important changes in the society. Problems related to socio-economic and environmental degradation have always been one of the major concerns of local government.

Amid, COVID outbreak, the proposed working area too has its impact on the people living there and coming back to their home. The impact has been felt beyond the proposed SEED beneficiaries. Hence, at least in the initial one and half to two years of the program, the project has planned to focus on livelihood restoration for the genuine needy. In coordination with different stakeholders, especially in leadership of local government, various income generating program i.e. cash for work or food for work to minimize the impact due to loss of livelihoods opportunities. (Unrestricted funds)

b. £9,100 Semanata Project.

In Nawalparasi, the project area, poverty and inequality are deeply rooted social problems with discriminations against Muslim, Dalits, Musahar, women, person with disabilities and landless. They are not included in decision-making process, and they have limited/poor access to resources and opportunities. The societal beliefs in the communities of the proposed project area, Palhinandan Rural Municipalities are constructed through a long-held belief that men are born superior and they are the head of the family, and they take full responsibility and authority to manage it. The major familial decisions from owning a piece of property to educating children and to marrying are done mostly by men. This leaves women without a say in matters pertaining to their wellbeing.

The project proposes to address the situation by empowering women, daughters-in-law, husbands, in-laws and adolescent girls and boys. For this, we aim to collaborate with local government, civil societies and like-minded organizations. By implementing projects, we envisage empowered groups of daughters-in-law (who have the lowest status and highest vulnerability), husbands and in-laws (whose attitude and behavior change are essential for addressing the gender issues) working together with multi-stakeholders to address the incidences of violence against women. (Unrestricted funds)

c. £360 Gift a Kit Appeal Girls are often excluded from school attendance and activities during their menstrual time. This programme provides the materials to enable girls to make sanitary wear giving them the confidence to attend school during these times. (Designated funding)

d. £100 UMN Disasters Relief fund – this fund is used following natural disasters in UMN's working areas.

The geography of Nepal means that natural disasters such as floods, landslides, droughts and

- e. **£32,300 Hospital and Community Mental Health Programme** (see details under MDT above, designated funds)
- f. **£410 Stronger She** designated funding from a special appeal organised by UMN Communications, which worked on gender issues.
- g. **£20,000 Integrated Development** : UMN will reach out to at least 100 churches in remote rural areas of western Nepal (in both hills and plains) to promote a theology and vision of integral mission and encourage church-led initiatives among the poorest people in their community. This will require application of principles and learning from earlier church/community transformation projects to a context with fewer and less confident churches. It is expected to result in sustained poverty reduction activities by community-grounded institutions, increased social harmony between Christians and non-Christians, and improved local perceptions of the Nepali Christian community, as churches live out their full Biblical calling to love their neighbours. (Unrestricted funds)
- h. **£ 2,020 COVID Second Wave Appeal**, this grant is used to support communities, in UMN's working areas, suffering from the aftermath of the COVID pandemic. (Designated funds)

Sources of Income

Income is received from:

- individuals, small organisations, church groups and trusts known to the UMNST Trustees
- those who know or learn of the work of UMN and its two hospitals,
- those who know or learned of and understand the significant physical, financial and resource needs of a large portion of the population of Nepal.
- those who wish to encourage and support the practical experience that small Nepali organisations are gaining by working with UMN's experienced staff on projects to address some of the priority poverty areas within their community.
- Gift Aid – as UMN Support Trust is a registered charity we are able to boost the value of donations from UK taxpayers by 25%.

UMNST has also benefitted from bequests from former supporters or expatriates who have previously worked for UMN or its hospitals.

UMNST's PayPal account offers the ability to receive eleven different currencies and publicity of this account has facilitated some overseas financial support.

UMNST is holding £840,000 of UMN's reserves in a loan account which is repayable to UMN on 28 days' notice. Income from the investment of these funds forms part of UMNST's income.

Outgoings

- UMNST will keep its costs to a minimum. All of the Trustees provide their services voluntarily. They can monitor some of the work in Nepal at negligible personal cost.
- Apart from fees charged by PayPal in relation to donations and transactional fees charged by Lloyds Bank, the main cost is for the financial software used to support the appropriate financial record keeping.
- Two of the Trustees are based in Kathmandu, and two more visit Nepal at least twice a year.
- The Trustees have no desire to build significant reserves but may smooth out a large inflow of funds

- ✓ or carry over funds received late in the financial year.
- The Trustees are not able to consider unsolicited requests for funding as all the current Trustees are already familiar with a significant number of charitable needs and organisations that are addressing poverty in Nepal.

The Trustees confirm that they have referred to the guidance in the Charity Commission's general guidance on public benefit when reviewing the Trust's aims and objectives, planning activities, setting the grant-making policy and monitoring the fund's usage.

Projects for 2023/24

- UMNST will continue publicising and supporting any natural disaster in Nepal requiring a response from UMN or its Nepali partner organisations.
- UMN and UMN MDT will identify community projects that require funding assistance for UMNST to consider for promotion.
- UMN's Mission hospitals at Tansen and Okhaldhunga will continue to receive support.
- Some supporters will undoubtedly favour specific areas of the work of UMN and its hospitals. UMNST will ensure they make grants to and monitor appropriate projects to ensure that funds granted were used effectively per the supporters' wishes.

The Trustees are unlikely, at this time, to widen their area of support in Nepal.

Statement of Directors' Responsibilities

The Directors are responsible for preparing the Report of the Directors and the financial statements under the applicable law and regulations. Company law and the Charity Commission require the Directors to prepare financial statements for each financial year. The Directors have elected to prepare the financial statements under the charity's 'Statement of Recommended Practice (revised 2005)' and under the requirements of annual Corporate reporting and taking into account the fact that the company is a 'small' company. The Directors must only approve the financial statements if they are satisfied that they give an accurate and fair view of the company's state of affairs, its income and expenditure for that period, and its charitable status. In preparing these financial statements, the Directors are required to

- Select suitable accounting policies and then apply them consistently.
- Make judgements and accounting estimates that are reasonable and prudent.
- Prepare the financial statements on an ongoing basis unless it is inappropriate to presume that the company will continue to operate.


The Directors are responsible for keeping proper accounting records that are sufficient to show and explain the company's transactions and disclose with reasonable accuracy at any time the financial position of the company and to enable them to ensure that the financial statements meet the requirements of the Companies Acts and the Charity Commission. They are also responsible for safeguarding the company's assets, ensuring that the funds are used properly and transparently for the benefit of those suffering from personal, community or institutional poverty in accordance with the charity's objectives, and for the prevention and detection of fraud and other irregularities.

Directors' Interests

No director has had any beneficial interest in any contract or arrangement of a material nature with the company during the period under review.

Report Approved by the Directors (who are also Trustees) on 02/03/2024

The company has taken advantage of the small companies' exemption in preparing the Directors' report.



David Rodgers (Director)

Statement of Financial Activities (including Income and Expenditure Account) for the year (12 months) ending 17 September 2023

Operating Account

| | Note | Undesignated | Restricted | Total | 2021/22 | 2020/21 |
|----------------------------------|------|--------------|------------|---------|---------|----------|
| | | Funds | Funds | Funds | Total | Total |
| INCOMING RESOURCES | | 2022/23 | 2022/23 | 2022/23 | | |
| Sales processed for UMN | 1 | | 832 | 832 | 390 | 341 |
| Donations - UMN | | | 75,030 | 75,030 | 43,034 | 27,954 |
| Donations - MDT | | | 85,466 | 85,466 | 67,844 | 699,773 |
| Donations - Unrestricted | | 7,495 | | 7,495 | 5,760 | 61,724 |
| Investment Income | 2 | 13,328 | | 13,328 | 11,423 | 9,813 |
| Gift Aid – UMN | | | 1,930 | 1,930 | 4,912 | 9,017 |
| Gift Aid – MDT | | | 5,853 | 5,853 | 5,160 | 8,522 |
| Gift Aid - unrestricted | | 1,591 | | 1,591 | 1,445 | - |
| Bank Interest | | 612 | | 612 | | |
| Total incoming resources | | 23,026 | 169,111 | 192,137 | 139,968 | 755,420 |
| | | | | | | |
| | | | | | | |
| Sales – due to UMN | | 9 | 825 | 834 | 400 | 341 |
| Grants - MDT | | 265 | 99,115 | 99,380 | 78,750 | 67,220 |
| Grants - UMN | | 156 | 69,634 | 69,790 | 50,000 | 53,700 |
| Bank Charges (PayPal and Lloyds) | | 105 | 106 | 211 | 256 | - |
| Management & administration | 3 | 78 | | 78 | 900 | 843,438 |
| | | | | | | |
| | | | | | | |
| Total resources expended | | 613 | 169,680 | 170,293 | 130,306 | 964,699 |
| | | | | | | |
| Nett movement | | 22,413 | (569) | 21,844 | 9,662 | -209,279 |
| | | | | | | |
| Operating Funds brought forward | | 4,899 | 42,022 | 46,921 | 37,259 | 246,538 |
| Operating Funds carried forward | | 27,312 | 41,453 | 68,765 | 46,921 | 37,259 |

Investment account

| | Note | Undesignated | Restricted | Total | 2021/22 | 2020/21 |
|--|------|--------------|------------|-----------|-----------|-----------|
| | | Funds | Funds | Funds | Total | Total |
| Unrealised gains / (losses) on Investments | | | (24,557) | (24,557) | (77,241) | 175,542 |
| | | | | | | |
| Value of Investments | | | 1,111,930 | 1,111,930 | 1,136,487 | 1,213,728 |
| Value of Loan to be Repaid | | | 840,000 | 840,000 | 840,000 | 840,000 |
| Nett investment value carried forward | | | 271,930 | 271,930 | 296,487 | 373,728 |

Total Funds

| | Note | Undesignated | Restricted | Total | 2021/22 | 2020/21 |
|-----------------------------|------|--------------|------------|---------|---------|---------|
| | | Funds | Funds | Funds | Total | Total |
| Total Funds carried forward | | 27,312 | 313,383 | 340,695 | 343,443 | 410,987 |

Balance Sheet - For the year ending 17 September 2023

| | 2022/23 | Notes | 2021/22 | 2020/21 |
|--|-----------|-------|-----------|-----------|
| Fixed Assets | - | | - | - |
| | | | | |
| Current Assets | | | | |
| Stocks | - | | - | - |
| Debtors | 1,050 | 3 | 1,137 | 77 |
| Value of Investments | 1,111,930 | 4 | 1,136,487 | 1,213,728 |
| Cash at bank and in hand | 67,715 | | 45,819 | 37,182 |
| | 1,180,695 | | 1,183,443 | 1,250,987 |
| Current Liabilities | | | | |
| Creditors – loans falling due within one year | 840,000 | 5 | 840,000 | 840,000 |
| | | | | |
| Total assets less current liabilities | 340,695 | | 343,443 | 410,987 |
| | | | | |
| Creditors– amounts falling due after more than one year | - | | - | - |
| Nett Assets | 340,695 | | 343,443 | 410,987 |
| | | | | |
| Funds Balance Carried Forward | 340,695 | | 343,443 | 410,987 |
| | | | | |
| Designation of Balance | | | | |
| Undesignated | 27,312 | | 4,969 | 530 |
| | | | | |
| Restricted funds, UMN | 41,443 | | 34,185 | 36,400 |
| Restricted funds, MDT | 10 | | 7,802 | 329 |
| Restricted funds – Nett unrealised value of investments | 271,930 | | 296,487 | 373,728 |
| | 340,695 | | 343,443 | 410,987 |

For the year ending 17/9/2023, the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the company to obtain an audit of its accounts for the year in question under section 476 of the Companies Act 2006 relating to small companies.
- The Directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.
- These accounts have been prepared per the provisions applicable to companies subject to the small companies' regime.

Accounts were approved by the Directors, who are also the Trustees, on 02 March 2024 and signed on their behalf by:

.....
David Rodgers

Notes forming part of the Financial Statements for the year ended 17 September 2023

Accounting Policies

The principal accounting policies are summarised below.

Basis of accounting

The accrual accounts and financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities issued in March 2005 and in accordance with the special provisions applicable to companies subject to the small companies' regime.

Fund accounting

Unrestricted funds are available for use at the Trustees' discretion in furtherance of the general objectives of the charity.

Designated funds are unrestricted funds earmarked by the Trustees for particular purposes.

Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of a funding appeal for specific projects.

Incoming resources

All incoming resources are included in the statement of financial activities when the charity is entitled to and virtually certain to receive the income, and the amount can be quantified with reasonable accuracy.

The following policies are applied to particular categories of income:

Voluntary income is received through grants, donations and gifts and is included in the Statement of Financial Activities when receivable. Grants, where entitlement is not conditional on the delivery of a specific performance by the charity, are recognised when the charity becomes unconditionally entitled to the grant.

Donated services and facilities and the value of volunteer services have not been included in these accounts.

Investment income is included when received.

Incoming resources from charitable trading activity are accounted for when earned.

Resources expended

Expenditure is recognised on an accrual basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered and is reported as part of the expenditure to which it relates.

Costs of generating funds comprise the costs associated with attracting voluntary income and the costs of trading for fundraising purposes.

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes costs that can be allocated directly to such activities and those of an indirect nature necessary to support them.

Loans Received

UMNST has received loans from related organisations. These funds have been invested either in established charitable investment funds or through a financial firm which manages a portfolio of investments on behalf of UMNST. The loans have no fixed maturity date and are interest-free. They are subject to repayment upon 28 days' notice, at the lower of the realisable value of the related investments and the principal amount of the loan. Therefore, no loss will be incurred by UMNST. Any interest or dividends received or realised gains will be used by UMNST for charitable grants in line with UMNST's aims and in line with any acceptable restriction by the lender.

Note 1. – Sales.

UMNST allowed UMN to use UMNST's PayPal facility on the UMN website to sell calendars, Christmas cards and a commemorative book. UMNST passed 100% of the proceeds to UMN and therefore incurred no profit or loss.

Note 2 – Investment Income

As described above under 'loans received'. UMN Support Trust receives dividend payments from the investment managed by Smith and Williamson, (now called Evelyn).

Note 3 – Management Costs

Management costs consist of charges for the use of Liberty Accounts. (2022 - fees payable to Anthony Collins Solicitors for a legal opinion received (£900))

Note 4 – Debtors

HM Revenue and Customs for Income Tax refunds made under the UK Gift Aid scheme.

Note 5 – Investments held as Current Assets

The underlying investments are valued at market value at 17 September 2023

- COIF Charities Investment Fund Accumulation Units (£196,802)
- Schroder Charity Multi-Asset Fund (£152,514)
- Smith & Williamson Investment Services – managed portfolio (£454,463)
- Link Solutions – Trojan Fund 'S' Accumulation Units (£308,151)

Note 6 – Creditors – amount falling due in less than one year

Loan from UMN subject to 28 days' notice of repayment and valued at the lower of the market value of the related investments or original loan amount of £840,000.

There is no amount due to be paid to UMN for sales made up to September 2023.

Note re Taxation

As a charitable company UMNST is exempt from tax for the income of the charity under sections 466 to 493 of the Corporation Tax Act 2010.