



2021-2022





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forgetmenotchorus.com
Charity number: 1151812



Introduction

Described as ‘a spa for the soul’, Forget-me-not Chorus supports those living with and alongside dementia through the power of song.

Inclusive singing sessions in community, care home, hospital, and online settings empower participants to use and share their creative voice: stimulating pride, educating others and challenging stigma. Meaningful participation is achieved by offering access to a singing community that is inclusive and supportive of everyone impacted by the condition.

Over ten years’ experience has taken FMNC from one Cardiff-based pilot choir to an innovative, pioneering service now accessed across the UK and beyond.

During the 2020 Covid-19 pandemic, FMNC created Forget-me-not sessions through film, led sessions through the smallest crack in an open window, and we strove to reach those who needed the joy of music in whatever way we could.

This adaptation of services has become part of the bedrock of FMNC services and allowed us to reach many, many more people living with and alongside dementia than we could have ever imagined.



Dathliad o'r
Celfyddydau 2021

Celebration of
the Arts 2021

WINNER

Gwobr Hodge Foundation Prize



Our Service

Pre-pandemic, FMNC ran ten choirs in Wales. As the pandemic drove us to evolve our physical offering to a virtual one, we seized the opportunity to significantly extend our reach. Through 2021 as restrictions began to ease, we have developed a working model meaning that we can support all, wherever they are in their dementia journey.

We have five strands of work:

1. Community

- North Wales, Newport, Cardiff North, Cardiff South & Vale, and Zoom

2. Singing Strong Care Home Chorus

- 3 in North Wales
- 6 in Cornwall
- 1 in Blaenau Gwent
- 4 in Cardiff & Vale
- Care homes that join us on the weekly Zoom from throughout the UK

3. Singing Strong Forte Care Home

- 3 homes in Cardiff and the Vale

4. Hospital in-patient services

- Cardiff & Vale – University Hospital Llandough Mental Health Service for Older Persons & St David's Hospital, Cardiff

5. Pre-recorded Singing Sessions

- Sing, sing together (x2)
- Shalom, my friend
- Sing with me, dance with me
- Cân o'r galon
- Canwch gyda fi, dawnsiwch gyda fi

"Music is a safe
kind of high"

– Jimi Hendrix



Artistic Projects

With Joy My Soul Sings: Celebrating 10 years of FMNC

Choristers from across the UK: Cardiff to Copenhagen, Monmouth to Massachusetts, Newport to New Jersey and Halifax to Hong Kong joined FMNC to rehearse and record the premiere of *With Joy My Soul Sings*, composed by David Harrington for text by Louise Osborn. With international soprano Rebecca Evans CBE as soloist, we celebrated the joy of singing with our global massed choir, expressing the power of song to unite and inspire through this special and unique choral commission.

Prior to the premiere, we were thrilled to host *A Creative Conversation* via Zoom where we welcomed David Harrington, Louise Osborn and band members to tell our FMNC community about the creative process, and share the audio track for the first time.

With Joy My Soul Sings premiered via Zoom on June 18 2021, introduced by friend of FMNC, Dame Kiri Te Kanawa.

[Watch the full film here](#)

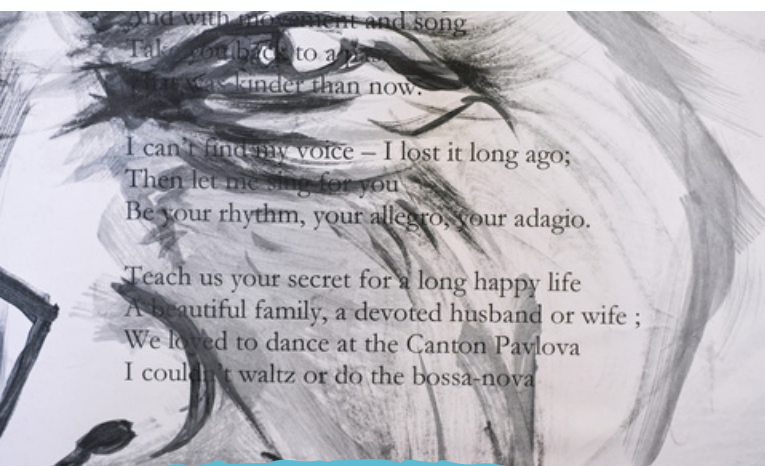


Digital Threads: A HARP (Health, Arts, Research, People) project

In Spring 2021, as research revealed people with dementia were being disproportionately affected by the pandemic, we launched *Digital Threads* – an online music and poetry programme aimed at keeping inpatients with dementia cognitively active and socially connected. Across Wales, family and friends were unable to visit inpatients with dementia, and health care staff were overwhelmed. Many people with the condition experienced symptoms worsening more quickly and connections with loved ones were being lost. With that in mind, we tested a new approach to working at St David's Hospital in Cardiff, using interactive singing and movement sessions to help inpatients with dementia tell their personal stories artistically, keeping them cognitively and physically active.

In total, we worked with approximately 70 patients, favouring quality of experience over quantity, and have witnessed a positive impact on people. One patient, a folk band singer, was initially sceptical and disengaged. However, he opened up after we played a song called *An Elephant Never Forgets*. We also worked with a man who spoke little English when we met. He did not respond to our sessions until we sang him a traditional folk song from his country, where he sang along for the first time in his native tongue – a powerful moment of connection. The poetry produced by the project has inspired artwork by renowned Welsh artist Nathan Wyburn.

This, and an audio reading of the poems by *It's a Sin* actor Callum Scott Howells, can be found on our [immersive website](#), and the artwork is displayed at the hospital.



A wondrous new world of online connection,
A computer screen filled with a patchwork of faces,
Where smiles appear, as if by magic –
Animated across St David's hospital wards.
Songs to move to, rhythms of heart,
As memories are evoked and tears are shed
Melodies soar and laughter is shared.
Some from their chairs and some from their beds.



Magic Moments
Memories we've been sharing
Magic moments
When two hearts are caring

Bespoke Workshop Leader Training

Crucial to our success, all members of our professional music team are deeply inspired by music, and want to share their passion for singing in a setting where everyone can feel happy contributing, whatever their ability. Over the last year, we have honed our unique training and mentoring programme which equips our team to deliver sessions 'the Forget-me-not Way': quite unlike any other programme in the UK.

How the power of song makes a real difference

We harness the power and meaning of music and song to help people with dementia, and make a genuine difference. Research ([International Longevity Centre UK/Utley Foundation, 2018](#)) found evidence that music has significant physical and mental health benefits for those with dementia and helps them retain their speech and language skills longer. Analysis showed that music helps to minimise some of the behavioural and psychological symptoms such as agitation, can help to tackle anxiety and depression, and importantly helps improve quality of life.

Crucially, we make a difference to those living alongside dementia too. In addition to the physical and emotional benefits that singing brings, being part of FMNC provides families and carers with mutual support and understanding, as they have the opportunity to meet with and share experiences with people who are on a similar journey.

“ We know the positive effect that music can have. People who may be quiet or reserved can be transformed when they hear a song they recognise - joining in with singing, or even having a dance. ”

- Dr James Pickett, Head of Research, Alzheimer's Society



Our Values



CREATING COMMUNITIES

A devastating impact of dementia is the sense of isolation that it can bring.

We provide a trusting environment that encourages a community of mutual support and understanding. A safe, inclusive space where all behaviours are accepted.



JOY

Dementia is devastating.

We create singing communities where joy and laughter are the norm, providing an escape from the relentless caring routine.



EMPOWERING

Dementia debilitates. As the disease progresses, it will reduce capabilities, making what were formerly everyday activities a huge challenge. This drains confidence and leads to a sense of isolation.

We provide a meaningful artistic platform; restoring pride, bringing pleasure and raising awareness of the impact of living with and alongside dementia.



EXCELLENCE

A diagnosis of dementia is often accompanied by the perception that people are no longer able to contribute and consequently can be patronised and marginalised.

We counter this perception by always working to the highest possible standards. Collaborating with professional artists creates performance works of the highest artistic merit, exceeding expectations and building self-esteem.

Impact

138

community
sessions

supporting 120 people living with and alongside dementia in the community - in our local community choirs in Cardiff North, Cardiff South, Newport and North Wales and also those from further afield from Cornwall to Scotland via Zoom.



162

care
home.
sessions

We have run sessions in-person sessions in 12 care homes supporting over 360 residents and staff.





35 care home Zooms

attended by 15 care homes,
supporting over 150 residents and
staff.



27 hospital sessions

across two sites, in day rooms, at
bedsides and in garden spaces.




8 pre-recorded singing sessions

available FREE for all to access via Youtube,
DVD and download. Professionally filmed
resource specially designed to bring joy,
movement and song to all.



Pre-recorded Singing sessions

"Forget-me-not Chorus is an amazing interactive resource that the residents engage in every time. Music has a way of reaching individuals with dementia when nothing else can, and it always raises spirits here at Llys Elia." 

Activities Co-ordinator, Llys Elia



Our Virtual Session library is now live!

	2020	April 2022
No. of care homes using our virtual sessions	52	941
Location of care homes	Wales	UK-wide
Accessibility	Free via YouTube & FMNC website	Free via YouTube & FMNC website, DVDs now available in direct response to feedback
Language	English	English & Cymraeg

Our commitment remains to offer our films and DVDs free of charge to any individual or care home that requests them.

Our Team



Kate Woolveridge
Artistic Director



Sarah Teagle
Administrative Director



Katherine Harri
Head of Fundraising



10

trustees

9

music
leaders

11

pianists

1

new staff
member

3

freelance
project
managers

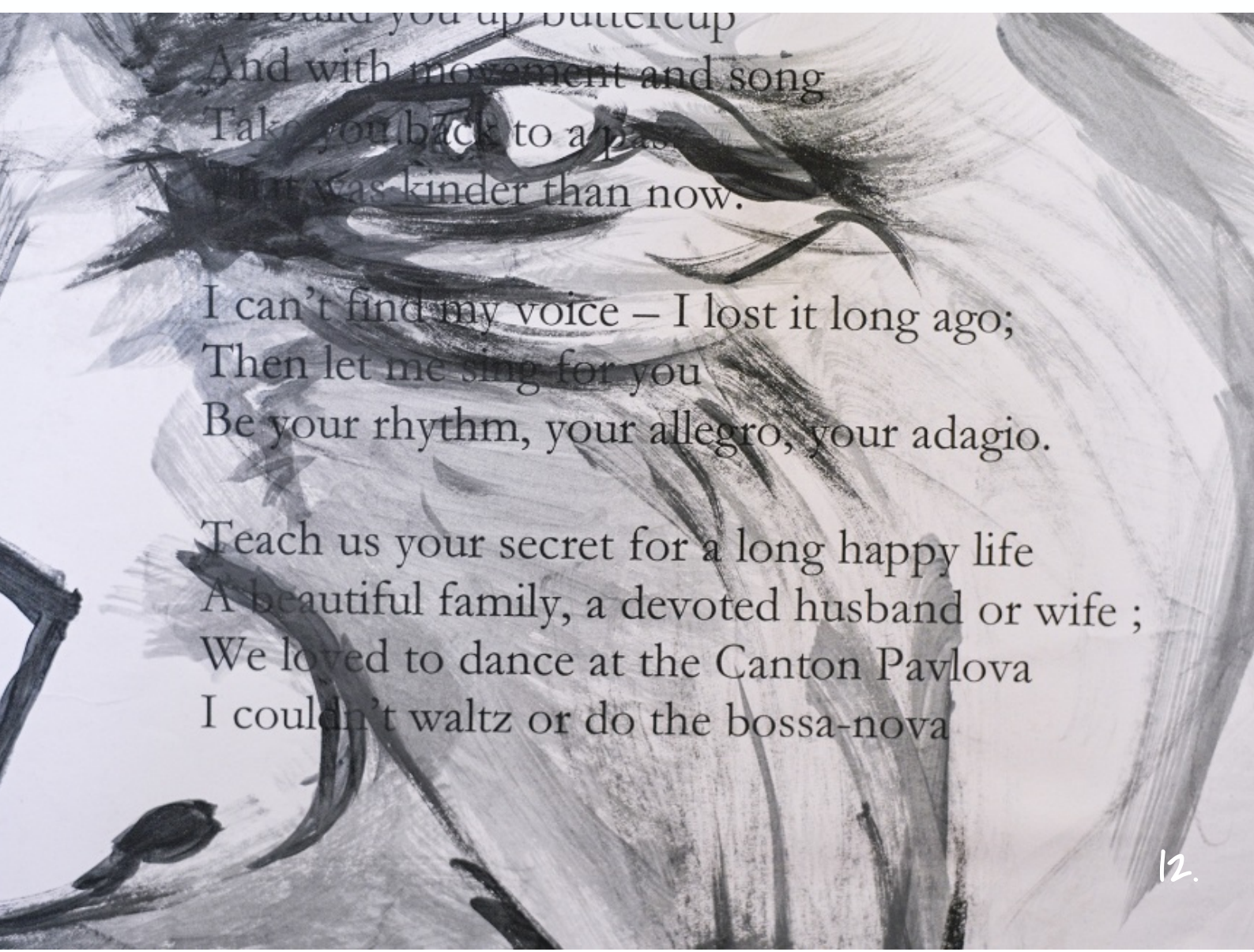
2

freelance
project
assistants

Future Plans

In the next year we aim to:

- expand the reach of our Singing Strong Care Home Chorus programme and aim to support 20 care homes throughout Wales and the South West of England.
- pilot a new community service designed for those bereaved through dementia
- create further pre-recorded singing sessions and develop the format to give participants a new multi-experience session
- pilot an intergenerational project, pairing primary schools and care homes, fostering penpal relationships and giving residents and pupils the opportunity to sing alongside each other



And with movement and song
Take you back to a past
That was kinder than now.

I can't find my voice – I lost it long ago;
Then let me sing for you
Be your rhythm, your allegro, your adagio.

Teach us your secret for a long happy life
A beautiful family, a devoted husband or wife ;
We loved to dance at the Canton Pavlova
I couldn't waltz or do the bossa-nova



Fundraising

Forget-me-not Chorus has always had a prudent financial approach; looking to ensure that there are sufficient funds to meet ongoing responsibilities, but also to ensure that a surplus is generated year-on-year to build the charity's reserves and enable continued expansion and development.

A Fundraising & Development Strategy Document prepared by the Head of Development offers a brief analysis of the fundraising history of FMNC, with an overview of the charity's position as it approaches the end of each financial year. The 'live' document explores the sustainability of all current income streams, identifying factors that have influenced development to date, and addresses potential challenges in the next financial year. New income streams are explored, with suggested action points set out as short, medium and longer term plans. A diverse range of income streams is essential for sustainability. Agreed measurable goals/key performance indicators allowing constant evaluation throughout the year to ensure that targets are met.

While certain income streams were closed or dramatically reduced as a result of the pandemic, we increased our number of Trust & Foundation applications and remain ever-grateful to the flexibility of funders and the emergency funding made available.

Forget-me not Chorus is grateful for every donation that helps us to make a difference through the power of song.

We extend sincere appreciation for all donations of all sizes: those made by individuals, corporate supporters, and Friends of FMNC. We say a special thank you to those who made gifts in memory of a loved one.

We are fortunate to receive support from a number of trusts and foundations whose awards may cover core costs, fund new projects, and/or support specific activities and programmes of work.

Trust & Foundation funding received in the financial year ending April 30th 2022 includes:



We are grateful for the generosity of those who took on a fundraising challenge for FMNC

Charity name: Forget-me-not Chorus
Other names charity is known by: The Forget-me-not Chorus Cardiff, FMNC
Charity number: 1151812
Charity's operating address: 5 Lewis Road, Llandough, CF64 2LW

Names of the Charity Trustees who Manage the Charity

	<i>Trustee Name</i>	<i>Office (if any)</i>	<i>Appointed if not whole year</i>	<i>Retired</i>
1:	David Jackson	Chair		
2:	Peter Curran	Treasurer		July 2021
3:	Bryan Hughes	Vice Chair		
4:	David Hill	Treasurer	August 2021	
5:	Jackie Askey			
6:	Dr. Rosie Tope			
7:	Dr. Haydn Mayo			
8:	Dr. Gavin Davies			
9:	Dr. Gwawr Ifan			
10:	Dendy Vickery			
11:	Non Tudur Williams		September 2021	

Names & Addresses of Advisors (Delete rows which are not relevant)

<i>Name</i>	<i>Address & Postcode</i>
HSJ Accountants	Severn House, Hazell Drive, Newport, NP10 8FY

Names of Senior Staff with Delegated Responsibilities

<i>Name</i>	<i>Role</i>
1: Kate Woolveridge	Artistic Director
2: Sarah Teagle	Administrative Director
3: Katherine Harri	Head of Development



FORGET
ME NOT
CHORUS

forgetmenotchorus.com

Charity number: 1151812



Company registration number: 08501560

Charity registration number: 1151812

The Forget-Me-Not Chorus Cardiff

(A company limited by guarantee)

Annual Report and Financial Statements

for the Year Ended 30 April 2022

HSJ Accountants Ltd
Severn House
Hazell Drive
Newport
South Wales
NP10 8FY

The Forget-Me-Not Chorus Cardiff

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The Forget-Me-Not Chorus Cardiff

Independent Examiner's Report to the trustees of The Forget-Me-Not Chorus Cardiff ("the Company")

I report to the charity trustees on my examination of the accounts of the Company for the year ended 30 April 2022.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of The Forget-Me-Not Chorus Cardiff are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.


Independent examiner's statement

Since the Company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of , which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of The Forget-Me-Not Chorus Cardiff as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Mr Andrew Hill FCCA ACA DChA BFP

Severn House
Hazell Drive
Newport
South Wales
NP10 8FY

28 February 2023

The Forget-Me-Not Chorus Cardiff

Statement of Financial Activities for the Year Ended 30 April 2022 (Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

	Note	Unrestricted funds £	Restricted funds £	Total 2022 £
Income and Endowments from:				
Donations and legacies	3	62,864	209,464	272,328
Charitable activities	4	6,760	-	6,760
Other trading activities	5	4,964	-	4,964
Other income	6	208	-	208
Total income		<u>74,796</u>	<u>209,464</u>	<u>284,260</u>
Expenditure on:				
Charitable activities	7	<u>(59,377)</u>	<u>(166,745)</u>	<u>(226,122)</u>
Total expenditure		<u>(59,377)</u>	<u>(166,745)</u>	<u>(226,122)</u>
Net income		<u>15,419</u>	<u>42,719</u>	<u>58,138</u>
Net movement in funds		15,419	42,719	58,138
Reconciliation of funds				
Total funds brought forward		<u>99,192</u>	<u>51,644</u>	<u>150,836</u>
Total funds carried forward	16	<u><u>114,611</u></u>	<u><u>94,363</u></u>	<u><u>208,974</u></u>

The notes on pages 5 to 13 form an integral part of these financial statements.

The Forget-Me-Not Chorus Cardiff

Statement of Financial Activities for the Year Ended 30 April 2022 (Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

	Note	Unrestricted funds £	Restricted funds £	Total 2021 £
Income and Endowments from:				
Donations and legacies	3	90,318	106,195	196,513
Charitable activities	4	8,995	-	8,995
Other trading activities	5	83	-	83
Other income	6	19,797	-	19,797
Total income		<u>119,193</u>	<u>106,195</u>	<u>225,388</u>
Expenditure on:				
Charitable activities	7	<u>(106,003)</u>	<u>(54,551)</u>	<u>(160,554)</u>
Total expenditure		<u>(106,003)</u>	<u>(54,551)</u>	<u>(160,554)</u>
Net income		<u>13,190</u>	<u>51,644</u>	<u>64,834</u>
Net movement in funds		13,190	51,644	64,834
Reconciliation of funds				
Total funds brought forward		<u>86,002</u>	<u>-</u>	<u>86,002</u>
Total funds carried forward	16	<u>99,192</u>	<u>51,644</u>	<u>150,836</u>

All of the charity's activities derive from continuing operations during the above two periods.

The funds breakdown for 2021 is shown in note 16.

The notes on pages 5 to 13 form an integral part of these financial statements.

The Forget-Me-Not Chorus Cardiff

(Registration number: 08501560)

Balance Sheet as at 30 April 2022

	Note	2022 £	2021 £
Current assets			
Debtors	12	8,610	-
Cash at bank and in hand	13	<u>215,182</u>	<u>150,836</u>
		223,792	150,836
Creditors: Amounts falling due within one year	14	<u>(14,818)</u>	<u>-</u>
Net assets		<u>208,974</u>	<u>150,836</u>
Funds of the charity:			
Restricted income funds			
Restricted funds		94,363	51,644
Unrestricted income funds			
Unrestricted funds		<u>114,611</u>	<u>99,192</u>
Total funds	16	<u>208,974</u>	<u>150,836</u>

For the financial year ending 30 April 2022 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

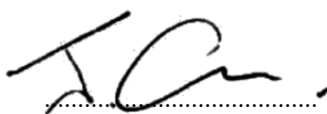
Directors' responsibilities:

- The members have not required the charity to obtain an audit of its accounts for the year in question in accordance with section 476; and
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

The financial statements on pages 2 to 13 were approved by the trustees, and authorised for issue on 27 February 2023 and signed on their behalf by:



Mr D M Jackson
Trustee



Mrs J Askey
Trustee

The notes on pages 5 to 13 form an integral part of these financial statements.

The Forget-Me-Not Chorus Cardiff

Notes to the Financial Statements for the Year Ended 30 April 2022

1 Charity status

The charity is limited by guarantee, incorporated in Wales, and consequently does not have share capital. Each of the trustees is liable to contribute an amount not exceeding £1 towards the assets of the charity in the event of liquidation.

The address of its registered office is:

5 Lewis Road
Llandough
Cardiff
CF64 2LW

These financial statements were authorised for issue by the trustees on 27 February 2023.

2 Accounting policies

Summary of significant accounting policies and key accounting estimates

The principal accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all the years presented, unless otherwise stated.

Statement of compliance

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)) (issued in October 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Basis of preparation

The Forget-Me-Not Chorus Cardiff meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

Going concern

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern nor any significant areas of uncertainty that affect the carrying value of assets held by the charity.

Exemption from preparing a cash flow statement

The charity opted to early adopt Bulletin 1 published on 2 February 2016 and have therefore not included a cash flow statement in these financial statements.

Income and endowments

All income is recognised once the charity has entitlement to the income, it is probable that the income will be received and the amount of the income receivable can be measured reliably.

The Forget-Me-Not Chorus Cardiff

Notes to the Financial Statements for the Year Ended 30 April 2022

Donations and legacies

Donations are recognised when the charity has been notified in writing of both the amount and settlement date. In the event that a donation is subject to conditions that require a level of performance by the charity before the charity is entitled to the funds, the income is deferred and not recognised until either those conditions are fully met, or the fulfilment of those conditions is wholly within the control of the charity and it is probable that these conditions will be fulfilled in the reporting period.

Legacy gifts are recognised on a case by case basis following the grant of probate when the administrator/executor for the estate has communicated in writing both the amount and settlement date. In the event that the gift is in the form of an asset other than cash or a financial asset traded on a recognised stock exchange, recognition is subject to the value of the gift being reliably measurable with a degree of reasonable accuracy and the title to the asset having been transferred to the charity.

Grants receivable

Grants are recognised when the charity has an entitlement to the funds and any conditions linked to the grants have been met. Where performance conditions are attached to the grant and are yet to be met, the income is recognised as a liability and included on the balance sheet as deferred income to be released.

Expenditure

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Governance costs

These include the costs attributable to the charity's compliance with constitutional and statutory requirements, including audit, strategic management and trustees's meetings and reimbursed expenses.

Taxation

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

The Forget-Me-Not Chorus Cardiff

Notes to the Financial Statements for the Year Ended 30 April 2022

Trade debtors

Trade debtors are amounts due from customers for merchandise sold or services performed in the ordinary course of business.

Trade debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost using the effective interest method, less provision for impairment. A provision for the impairment of trade debtors is established when there is objective evidence that the charity will not be able to collect all amounts due according to the original terms of the receivables.

Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

Trade creditors

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of business from suppliers. Accounts payable are classified as current liabilities if the charity does not have an unconditional right, at the end of the reporting period, to defer settlement of the creditor for at least twelve months after the reporting date. If there is an unconditional right to defer settlement for at least twelve months after the reporting date, they are presented as non-current liabilities.

Trade creditors are recognised initially at the transaction price and subsequently measured at amortised cost using the effective interest method.

Fund structure

Unrestricted income funds are general funds that are available for use at the trustees discretion in furtherance of the objectives of the charity.

Restricted income funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

Pensions and other post retirement obligations

The charity operates a defined contribution pension scheme which is a pension plan under which fixed contributions are paid into a pension fund and the charity has no legal or constructive obligation to pay further contributions even if the fund does not hold sufficient assets to pay all employees the benefits relating to employee service in the current and prior periods.

Contributions to defined contribution plans are recognised in the Statement of Financial Activities when they are due. If contribution payments exceed the contribution due for service, the excess is recognised as a prepayment.

The Forget-Me-Not Chorus Cardiff

Notes to the Financial Statements for the Year Ended 30 April 2022

3 Income from donations and legacies

	Unrestricted funds General £	Restricted funds £	Total 2022 £	Total 2021 £
Donations and legacies;				
Donations from individuals	17,757	22,819	40,576	69,409
Legacies	2,630	-	2,630	2,253
Gift aid reclaimed	1,250	-	1,250	3,209
Grants, including capital grants;				
Grants from other charities	40,122	186,645	226,767	115,472
Regular giving and capital donations	1,105	-	1,105	6,170
	<u>62,864</u>	<u>209,464</u>	<u>272,328</u>	<u>196,513</u>

4 Income from charitable activities

	Unrestricted funds General £	Total 2022 £	Total 2021 £
Choir & musical activities	<u>6,760</u>	<u>6,760</u>	<u>8,995</u>

5 Income from other trading activities

	Unrestricted funds General £	Total funds £	Total 2021 £
Events income;			
Other events income	<u>4,964</u>	<u>4,964</u>	<u>83</u>
	<u>4,964</u>	<u>4,964</u>	<u>83</u>

6 Other income

	Unrestricted funds General £	Total 2022 £	Total 2021 £
Fees and supplies	<u>208</u>	<u>208</u>	<u>19,797</u>

The Forget-Me-Not Chorus Cardiff

Notes to the Financial Statements for the Year Ended 30 April 2022

7 Expenditure on charitable activities

	Note	Unrestricted funds General £	Restricted funds £	Total 2022 £	Total 2021 £
Choir & musical activities		48,640	48,129	96,769	49,206
Staff costs		9,769	118,616	128,385	110,647
Governance costs	8	968	-	968	701
		<u>59,377</u>	<u>166,745</u>	<u>226,122</u>	<u>160,554</u>

8 Analysis of governance and support costs

Governance costs

	Unrestricted funds General £	Total 2022 £	Total 2021 £
Independent examiner fees			
Examination of the financial statements	858	858	700
Legal fees	110	110	-
Other governance costs	-	-	1
	<u>968</u>	<u>968</u>	<u>701</u>

9 Trustees remuneration and expenses

No trustees, nor any persons connected with them, have received any remuneration from the charity during the year.

No trustees have received any reimbursed expenses or any other benefits from the charity during the year.

The Forget-Me-Not Chorus Cardiff

Notes to the Financial Statements for the Year Ended 30 April 2022

10 Staff costs

The aggregate payroll costs were as follows:

	2022	2021
	£	£
Staff costs during the year were:		
Wages and salaries	118,616	105,535
Social security costs	7,972	5,123
Pension costs	1,797	(11)
	<u>128,385</u>	<u>110,647</u>

The monthly average number of persons (including senior management / leadership team) employed by the charity during the year expressed as full time equivalents was as follows:

	2022	2021
	No	No
Charitable activities	<u>4</u>	<u>4</u>

No employee received emoluments of more than £60,000 during the year.

The Forget-Me-Not Chorus Cardiff

Notes to the Financial Statements for the Year Ended 30 April 2022

11 Taxation

The charity is a registered charity and is therefore exempt from taxation.

12 Debtors

	2022
	£
Trade debtors	8,610

13 Cash and cash equivalents

	2022	2021
	£	£
Cash at bank	215,182	150,836

14 Creditors: amounts falling due within one year

	2022
	£
Trade creditors	11,267
Other taxation and social security	2,964
Other creditors	587
	14,818

15 Pension and other schemes

Defined contribution pension scheme

The charity operates a defined contribution pension scheme. The pension cost charge for the year represents contributions payable by the charity to the scheme and amounted to £1,797 (2021 - £(11)).

The Forget-Me-Not Chorus Cardiff

Notes to the Financial Statements for the Year Ended 30 April 2022

16 Funds

	Balance at 1 May 2021 £	Incoming resources £	Resources expended £	Balance at 30 April 2022 £
Unrestricted funds				
<i>General</i>				
General funds	99,192	74,796	(59,377)	114,611
Restricted funds				
Arts Council of Wales	10,125	21,964	(24,089)	8,000
Glamorgan Voluntary Services	4,390	9,930	(11,998)	2,322
Masonic Charitable Foundation	4,583	-	(4,583)	-
The Big Give	14,148	22,819	(18,698)	18,269
Community Foundation in Wales	8,483	5,000	(8,483)	5,000
GAVO	3,166	-	(3,166)	-
Conwy CC	1,391	2,905	(2,796)	1,500
D'oly carte	4,583	-	(4,583)	-
Ty Cerdd	525	-	(525)	-
Vale of Glamorgan	250	-	(250)	-
Arts Council of England	-	13,028	(6,528)	6,500
Paul and Nick Harvey Fund - Utley	-	15,000	(12,500)	2,500
The Foyle Foundation	-	10,000	(8,750)	1,250
The Waterloo Foundation	-	15,000	(7,000)	8,000
C3SC	-	4,340	(1,447)	2,893
WCVA	-	23,619	-	23,619
Global Make Some Noise	-	14,510	-	14,510
Lloyds Bank	-	9,000	(9,000)	-
NESTA	-	14,750	(14,750)	-
Newport City Council	-	8,280	(8,280)	-
Postcode Lottery	-	19,319	(19,319)	-
Total restricted funds	<u>51,644</u>	<u>209,464</u>	<u>(166,745)</u>	<u>94,363</u>
Total funds	<u>150,836</u>	<u>284,260</u>	<u>(226,122)</u>	<u>208,974</u>

The Forget-Me-Not Chorus Cardiff

Notes to the Financial Statements for the Year Ended 30 April 2022

	Balance at 1 May 2020 £	Incoming resources £	Resources expended £	Balance at 30 April 2021 £
Unrestricted funds				
<i>General</i>				
General funds	86,002	119,192	(106,002)	99,192
Restricted				
Arts Council of Wales	-	20,250	(10,125)	10,125
Glamorgan Voluntary Services	-	4,390	-	4,390
Masonic Charitable Foundation	-	5,000	(417)	4,583
The Big Give	-	47,394	(33,246)	14,148
Community Foundation in Wales	-	16,967	(8,484)	8,483
GAVO	-	4,750	(1,584)	3,166
Conwy CC	-	1,670	(279)	1,391
D'oly carte	-	5,000	(417)	4,583
Ty Cerdd	-	525	-	525
Vale of Glamorgan	-	250	-	250
Total restricted funds	<u>-</u>	<u>106,196</u>	<u>(54,552)</u>	<u>51,644</u>
Total funds	<u><u>86,002</u></u>	<u><u>225,388</u></u>	<u><u>(160,554)</u></u>	<u><u>150,836</u></u>

17 Analysis of net assets between funds

	Unrestricted funds General £	Restricted funds £	Total funds at 30 April 2022 £
Current assets	129,429	94,363	223,792
Current liabilities	<u>(14,818)</u>	<u>-</u>	<u>(14,818)</u>
Total net assets	<u><u>114,611</u></u>	<u><u>94,363</u></u>	<u><u>208,974</u></u>
	Unrestricted funds General £	Restricted funds £	Total funds at 30 April 2021 £
Current assets	<u><u>99,192</u></u>	<u><u>51,644</u></u>	<u><u>150,836</u></u>