

Kids in Mind

England & Wales · Charity number 1151610

Details

Other names	THE CYRIL PASKIN MEMORIAL TRUST, THE PASKIN CHILDREN'S TRUST, Kids in Mind
Status	Registered
Legal form	Charitable company
Company number	08389165
Registered	2013-04-11
Register	View on the Charity Commission register

Contact

Address Berkeley House
Barnet Road
London Colney
Hertfordshire
AL2 1BG

Phone 01727 742920

Email info@kidsinmind.uk

Website www.kidsinmind.uk

Activities

Objects: (I) TO PROMOTE THE PRESERVATION OF GOOD MENTAL HEALTH IN PARTICULAR BY ENABLING AND EMPOWERING EVERYONE EXPERIENCING MENTAL HEALTH PROBLEMS TO LIVE WITH, MANAGE AND RECOVER FROM THEIR CONDITION.(II) TO PROVIDE OR ASSIST IN THE PROVISION OF FACILITIES FOR RECREATION AND PHYSICAL EDUCATION AND LEISURE TIME OCCUPATIONS IN THE UK AND BRITISH ISLES SUCH FACILITIES TO BE PROVIDED FOR PERSONS WHO BY REASON OF YOUTH AGE INFIRMITY OR RECREATION OR DISABLEMENT POVERTY OR SOCIAL OR ECONOMIC CIRCUMSTANCES MAY HAVE NEED OF SUCH FACILITIES WITH THE OBJECT OF IMPROVING THE CONDITIONS OF LIFE FOR THE BENEFICIARIES.(III) TO PROVIDE FUNDS FOR MEDICAL RESEARCH AND TO PROVIDE ASSISTANCE FOR PERSONS WHO BY REASON OF INFIRMITY OR DISABLEMENT MAY HAVE NEED OF SUCH ASSISTANCE WITH THE OBJECT OF IMPROVING THE CONDITIONS OF LIFE OF SUCH PERSON.(IV) To advance the education of children and young people, in particular but not exclusively by providing educational resources, activities, and support that enhance learning and development.

Activities: To provide, or assist in the provision of facilities for health recreation, education, leisure, and to provide funds for medical research, in the United Kingdom, for children and youth who by reason of their age, infirmity, disability, poverty or economic circumstances, may have need of such facilities with the object of improving their conditions of life.

Classification

- **How:** Makes Grants To Individuals, Makes Grants To Organisations, Provides Services, Sponsors Or Undertakes Research, Other Charitable Activities
- **What:** The Advancement Of Health Or Saving Of Lives, Disability, The Prevention Or Relief Of Poverty, Recreation
- **Who:** Children/young People, People With Disabilities, People Of A Particular Ethnic Or Racial Origin, Other Charities Or Voluntary Bodies

Geography

- Northern Ireland
- Scotland
- Throughout England And Wales

Finances

Period end	Income	Expenditure	Assets	Employees
2025-02-28	£1,637,930	£984,603	£1,091,641	1
2024-02-29	£398,079	£22,935	-	-
2023-02-28	£9,720	£2,871	-	-
2022-02-28	£0	£4,210	-	-
2021-02-28	£7,500	£31,480	-	-

Trustees

Name	Role	Appointed
Simon Mann	Chair	2014-02-24
Anthony David Erwin Metzger		2025-01-21
Christina Maria Beaver		2024-02-07
Finlay J MacLeod		2025-04-30
GORDON MOULDS		2013-04-10
Jeremy Fish		2025-10-22
Kevin Howard Mack		2025-01-21
Mairiona McInally-Kier		2025-10-22

Kids in Mind

England & Wales - Charity number 1151610

Accounts

KIDS IN MIND
(A Company Limited by Guarantee)

TRUSTEES' REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 28 FEBRUARY 2025

KIDS IN MIND
(A Company Limited by Guarantee)

CONTENTS

	Page
Trustees' Report	1 - 7
Trustees' Responsibilities Statement	8
Independent Auditors' Report on the Financial Statements	9 - 12
Statement of Financial Activities	13
Balance Sheet	14 - 15
Statement of Cash Flows	16
Notes to the Financial Statements	17 - 28

KIDS IN MIND
(A Company Limited by Guarantee)

TRUSTEES' REPORT
FOR THE YEAR ENDED 28 FEBRUARY 2025

The Trustees present their annual report together with the financial statements of the Kids in Mind for the year 1 March 2024 to 28 February 2025. The Annual Report serves the purposes of both a Trustees' report, under charity law, and a directors' report under company law. The Trustees confirm that the Annual Report and financial statements of the Charitable Company comply with the current statutory requirements, the requirements of the Charitable Company's governing document and the provisions of the Statement of Recommended Practice (SORP) applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2019).

Since the Company qualifies as small under section 382 of the Companies Act 2006, the Strategic Report required of medium and large companies under the Companies Act 2006 (Strategic Report and Directors' Report) Regulations 2013 has been omitted.

Objectives and activities

a. Overview

Kids in Mind have had another successful year.

Kids in Mind provided wellbeing services in domestic abuse refuges around the UK, to 988 children and 421 mothers. The feedback from refuge staff, mothers, and our own team of professional wellbeing practitioners has been extremely positive with numerous reports of children being much calmer and better behaved

Safeguarding Disclosures

Kids in Mind has experienced a notable number of disclosures from children throughout the year. These disclosures have provided refuge staff and social workers with important information, enabling them to strengthen safeguarding measures for the children under their care. This unexpected openness from the children has contributed significantly to their wellbeing. The increased level of communication has been instrumental in supporting the well-being and security of the children, further demonstrating the impact of Kids in Mind's programmes and collaborative approach.

Rotary Partnership

As an official Rotary partner, KiM provided over 3000 festive toy boxes containing at least 8 brand new toys per box to children who escaped serious domestic violence and found sanctuary in a women's refuge. In addition, KiM provided a further 27,487 loose toys to other disadvantaged children.

Rotary's involvement has also helped raise awareness of the needs of children affected by domestic abuse and supported the development of new initiatives tailored to support their mental health and wellbeing. Through ongoing cooperation, Kids in Mind and Rotary continue to work together to maximise the positive outcomes for children and families recovering from the effects of domestic violence.

Toy Trust

There is substantial evidence to indicate that the provision of toys can have a significant and positive impact on the mental health and emotional wellbeing of disadvantaged children. Within the context of Kids in Mind's wellbeing programmes, and specifically play therapy, Comfort bears are utilised by our wellbeing practitioners as an essential tool to foster trust, provide a sense of security, and offer comfort and distraction from the daily challenges faced by the children in refuge.

The Trustees wish to formally express their sincere gratitude to The Toy Trust for their generous ongoing support of this initiative. This thoughtful contribution has materially enhanced our ability to deliver therapeutic support and has played a vital role in promoting a sense of safety and emotional stability for every child benefitting from our services.

KIDS IN MIND
(A Company Limited by Guarantee)

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 28 FEBRUARY 2025

Objectives and activities (continued)

Toy Partnerships

We are also grateful for the remarkable generosity demonstrated by many of the industry toy companies, in particular Hasbro and Aurora, and the kind-hearted contributors from the Olympia Toy Fair and Cash for Kids. These contributions made an extraordinary difference in the lives of children who during the festive season were unlikely to receive any other presents. We also received other significant contributions which were greatly appreciated.

It is important to express our gratitude for the incredible support Hasbro has extended to us throughout the year. Their generosity has been instrumental in the success of our toy box and loose toy initiative, with donations of thousands of toys bringing joy to countless children. Beyond their toy donations, Hasbro has also gone above and beyond by connecting us with other like-minded companies and individuals, fostering a network of support that is truly invaluable. Moreover, we were incredibly fortunate to be invited to participate as a partner charity in the Hasbro Global Day of Joy held each December. This opportunity has allowed us to further our mission and reach even more children in need. Further, the Hasbro team in Newport also demonstrated their commitment by volunteering their time and effort to assemble and pack an astounding 2000 toy boxes. Their dedication and hard work has made a significant impact to the children we support. We are deeply grateful for Hasbro's unwavering support and partnership. Their contributions have made a tangible difference in the lives of many, and we look forward to continuing this wonderful collaboration in the future.

It is also important to mention the contribution of Yodel who kindly distributed our toy boxes to refuges around the country for no charge.

b. Policies and objectives

Vision: Be the UK's leading Charity bringing well-being and mental health support into the lives of disadvantaged children who have escaped serious domestic violence and found sanctuary in a Women's refuge.

Mission: Through mental health and wellbeing programmes, Kids in Mind helps children to cope with the emotional and physical scars of domestic violence and to restore their wellbeing and self-esteem. It also partners with other agencies and individual professionals to provide a holistic approach to mental health and wellbeing for domestic abuse victims. Kids in Mind believes that every child deserves a chance to heal and thrive.

Aim: Year on year, through our services, provide mental health and wellbeing support to more disadvantaged children and young people who have escaped domestic violence and found sanctuary in a refuge or safe house.

In setting objectives and planning for activities, the Trustees have given due consideration to general guidance published by the Charity Commission relating to public benefit, including the guidance 'Public benefit: running a charity (PB2)'.

KIDS IN MIND
(A Company Limited by Guarantee)

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 28 FEBRUARY 2025

Objectives and activities (continued)

c. Strategies for achieving objectives

By the end of the financial year 2025/26, the charity will be supporting 250 individual refuge children through multiple **well-being** and **mental health** sessions, which aims to support, inform, inspire and provide coping strategies bespoke to the individual child.

By the end of the financial year 2025/26, provide online well-being training for volunteer helpers to conduct communal child-safe well-being activities for refuge children that reinforce coping mechanisms and strategies.

By the end of 2025/26, support 1000 refuge children with well-being and/or mental health sessions/workshops.

By the end of financial year 2025/26, provide every child in a Kids in Mind supported refuge with specific individual toys aimed at supporting the wellbeing play therapeutic sessions.

In partnership with Rotary, provide the opportunity for every child in refuge to receive a toy box during the festive season and provide administrative and financial support for the Rotary Children's Fun Day.

d. Activities undertaken to achieve objectives

Building a network of professionals and volunteers who are trained and supported in providing well-being and mental health support to children in refuge.

Working closely with other mental health and wellbeing children's charities.

Source free or heavily discounted toys and games to provide fun activities within refuge.

Work closely and gain partnerships with corporate companies and organisations such as Rotary in order for them to provide volunteering time to support the children, refuge and well-being sessions.

Kids in Mind will be providing wellbeing and mental health support, art therapy, music therapy and play therapy sessions into refuges.

Domestic abuse is a widespread issue that can have devastating and long-lasting effects on its victims. It can have a particularly severe impact on children who witness and/or experience abuse in the home. Women's refuges provide a safe haven for women and children escaping domestic abuse, but these children need additional support to help them overcome the trauma they have experienced.

The NSPCC state that one in five children in the UK has been exposed to domestic abuse, and this exposure can result in long-term emotional, psychological and behavioural problems. According to Birmingham Crisis Centre, over 50% of children that have found sanctuary in a Women's Refuge have personally suffered abuse (mainly sexual) - 70% at the hands of their father. Children that have suffered sexual abuse and have gone through the refuge system have the highest rate of suicide, excluded from school and runaways of any group.

Between 2010 and 2012, due to council funding difficulties, the first casualties were the funded children workers in refuge; unfortunately, in 2020, the impact of Covid again impacted on funding streams, which resulted in a further reduction in the number of children workers in refuge. As of 2023, the number of refuges providing mental health or well-being support for the children has dramatically fallen to around 30% of refuges; this is an area that needs urgent attention.

KIDS IN MIND
(A Company Limited by Guarantee)

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 28 FEBRUARY 2025

Objectives and activities (continued)

e. Refuge Children

Children who have experienced domestic abuse often suffer from a range of mental health issues, including anxiety, depression, post-traumatic stress disorder (PTSD), and behavioural problems. These children also struggle with trust issues, have difficulty forming attachments and with school and social relationships, and struggle with self-esteem and self-worth. Domestic abuse can also affect children's physical health, including causing sleep disturbances, eating problems, and increased susceptibility to illness.

Living in a women's refuge can be a significant change for children who have fled abusive households, and the transition causes additional stress and anxiety. Children in these situations may feel isolated from their peers, have difficulty adjusting to new routines and rules, and may feel unsafe or unsure of their new environment. They may also feel guilt or responsibility for the abuse that they have witnessed or experienced.

Type 3 complex trauma which affects most of the children in domestic abuse refuges, refers to prolonged and repeated exposure to traumatic events. For children who have suffered domestic abuse, this form of trauma is particularly relevant. The cumulative impact of type 3 complex trauma leads to profound disruptions in a child's development. Kids in Mind focuses on targeted therapeutic crisis recovery which is the first stage to trauma recovery and is vital for their future well-being.

Refuges offer practical support such as temporary accommodation, safety planning, and access to legal and financial advice. However, children in women's refuges also need emotional support to help them overcome the trauma they have experienced.

f. The Importance of Mental Health Support

Mental health and wellbeing support is essential for children who have experienced domestic abuse. A recent report by Women's Aid found that children living in women's refuges are more likely to experience mental health issues such as depression and anxiety than their peers. The report also found that children who have experienced domestic abuse are at increased risk of developing mental health problems in later life, such as post-traumatic stress disorder (PTSD).

Mental health and wellbeing support can help children to process their experiences and emotions, build resilience, and develop coping strategies. This support can take many forms, including one-to-one counselling, group therapy, and non verbal sessions such as music, drama, play, art etc. The Women's Aid report recommends that all children living in women's refuges should have access to mental health and wellbeing support.

g. The Benefits of Well-being Sessions

Well-being classes, such as yoga and mindfulness, are also beneficial for children who have experienced domestic abuse. These classes can help children to regulate their emotions, reduce stress and anxiety, and improve their overall well-being. A recent report by the Centre for Mental Health found that yoga can be particularly effective for children who have experienced trauma, as it can help them to feel more grounded and present in their bodies.

The Women's Aid report recommends that women's refuges should provide a range of well-being classes for children, including yoga, mindfulness, and other forms of exercise. These classes can be delivered by trained professionals or volunteers and can be tailored to the needs of individual children..

KIDS IN MIND
(A Company Limited by Guarantee)

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 28 FEBRUARY 2025

Objectives and activities (continued)

h. Main activities undertaken to further the Company's purposes for the public benefit

The Trustees follow the Charity commission guidance on public benefit and use holistic approach to encapsulate the types of activities provided.

The Trustees have paid due regard to guidance issued by charity commission in deciding what activities the Company undertake.

i. Partnerships

The Trustess intend to partner organisations that will support our wellbeing and mental health services.

Achievements and performance

a. Main achievements of the Company

Professional wellbeing practitioners have incorporated practical coping strategies in their sessions, which have helped to equip children with tools to manage stress, process emotions and build resilience.

In addition to the work of professional wellbeing practitioners, the provision of volunteering support has enabled the delivery of a variety of sessions within the refuge environment. These sessions are specifically designed for children with type 3 complex trauma and include activities such as yoga, art, music, and play. By offering a diverse range of creative and therapeutic opportunities, these sessions aim to foster emotional expression, promote relaxation, and support the overall well-being of the children.

All sessions incorporate practical coping strategies, equipping children with tools to manage stress, process emotions and build resilience.

Financial review

a. Going concern

After making appropriate enquiries, the Trustees have a reasonable expectation that the Company has adequate resources to continue in operational existence for the foreseeable future. For this reason, they continue to adopt the going concern basis in preparing the financial statements. Further details regarding the adoption of the going concern basis can be found in the accounting policies.

b. Reserves policy

By the end of financial year 2027/28, to hold a reserve to meet the more robust Charity Commission's recommended policy of 6 months staff costs, funds to meet a year's children's services and the loss of a major fund-raising event. Adopting this policy will ensure we meet the Charity Commissions latest policy advice to 'hold not too much or too little reserves.

KIDS IN MIND
(A Company Limited by Guarantee)

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 28 FEBRUARY 2025

c. Principal funding

The principle funding sources were income generated through fundraising and significant in kind support.

Medium term funding by the Philip Gower Foundation has been secured to support staff costs which in turn enables the delivery of wellbeing and mental health services.

Structure, governance and management

a. Constitution

Kids in Mind is registered as a charitable company limited by guarantee.

b. Methods of appointment or election of Trustees

The management of the Company is the responsibility of the Trustees.

c. Financial risk management

The Trustees have assessed the major risks to which the Company is exposed, in particular those related to the operations and finances of the Company, and are satisfied that systems and procedures are in place to mitigate exposure to the major risks.

Reference and administrative details of the Company, its trustees and advisers

Trustees	Simon Mann, Chairman Christina Beaver Andrea Margolin Air Commodore Gordon Moulds CBE DL (RAF Rtd) Chris Osborne Kevin Mack Anthony Metzger KC (appointed 3 February 2025) Chris Lavender (resigned 7 February 2025)
-----------------	---

Company registered number	08389165
----------------------------------	----------

Charity registered number	1151610
----------------------------------	---------

Registered office	Unit 13 Breasy Place Burroughs Gardens Hendon London NW4 4AT
--------------------------	--

Chief Executive Officer	Julian Margolin MBE
--------------------------------	---------------------

KIDS IN MIND
(A Company Limited by Guarantee)

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 28 FEBRUARY 2025

Independent auditors Milton Avis LLP
Chartered Accountant
120 Baker Street
London
W1U 6TU

Disclosure of information to auditors

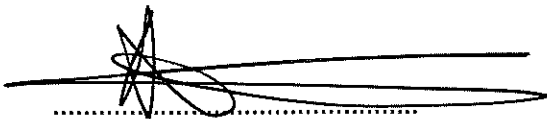
Each of the persons who are Trustees at the time when this Trustees' Report is approved has confirmed that:

- so far as that Trustee is aware, there is no relevant audit information of which the charity's auditors are unaware, and
- that Trustee has taken all the steps that ought to have been taken as a Trustee in order to be aware of any relevant audit information and to establish that the charity's auditors are aware of that information.

Auditors

The auditors, Milton Avis LLP, have indicated their willingness to continue in office. The designated Trustees will propose a motion reappointing the auditors at a meeting of the Trustees.

Approved by order of the members of the board of Trustees on 22 October 2025 and signed on their behalf by:



.....
Simon Mann
Chairman

KIDS IN MIND
(A Company Limited by Guarantee)

STATEMENT OF TRUSTEES' RESPONSIBILITIES
FOR THE YEAR ENDED 28 FEBRUARY 2025

The Trustees (who are also the directors of the Company for the purposes of company law) are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Trustees to prepare financial statements for each financial . Under company law, the Trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the Company and of its incoming resources and application of resources, including its income and expenditure, for that period. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles of the Charities SORP (FRS 102);
- make judgments and accounting estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards (FRS 102) have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Company will continue in business.

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the Company's transactions and disclose with reasonable accuracy at any time the financial position of the Company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the Company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

KIDS IN MIND
(A Company Limited by Guarantee)

INDEPENDENT AUDITORS' REPORT TO THE TRUSTEES OF KIDS IN MIND

Opinion

We have audited the financial statements of Kids in Mind (the 'Charitable Company') for the year ended 28 February 2025 which comprise the Statement of Financial Activities, the Balance Sheet, the Statement of Cash Flows and the related notes, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the Charitable Company's affairs as at 28 February 2025 and of its incoming resources and application of resources, including its income and expenditure for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Charities Act 2011.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditors' responsibilities for the audit of the financial statements section of our report. We are independent of the Charitable Company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the United Kingdom, including the Financial Reporting Council's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the Trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the Trustees with respect to going concern are described in the relevant sections of this report.

KIDS IN MIND
(A Company Limited by Guarantee)

INDEPENDENT AUDITORS' REPORT TO THE TRUSTEES OF KIDS IN MIND (CONTINUED)

Other information

The other information comprises the information included in the Annual Report other than the financial statements and our Auditors' Report thereon. The Trustees are responsible for the other information contained within the Annual Report. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon. Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit, or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Matters on which we are required to report by exception

We have nothing to report in respect of the following matters where the Charities (Accounts and Reports) Regulations 2008 requires us to report to you if, in our opinion:

- the information given in the Trustees' Report is inconsistent in any material respect with the financial statements; or
- sufficient accounting records have not been kept; or
- the financial statements are not in agreement with the accounting records and returns; or
- we have not received all the information and explanations we require for our audit.

Responsibilities of trustees

As explained more fully in the Trustees' Responsibilities Statement, the Trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the Trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the Trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the Trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

KIDS IN MIND
(A Company Limited by Guarantee)

INDEPENDENT AUDITORS' REPORT TO THE TRUSTEES OF KIDS IN MIND (CONTINUED)

Auditors' responsibilities for the audit of the financial statements

We have been appointed as auditor under section 144 of the Charities Act 2011 and report in accordance with the Act and relevant regulations made or having effect thereunder.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an Auditors' Report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

We gained an understanding of the legal and regulatory framework applicable to the charitable company and industry in which the Charitable Company operates focusing on those laws and regulations that have a direct effect on the determination of material amounts and disclosures in the financial statements. The laws we considered in this context were the Charities Act 2011 together with Charities Statement of Recommended Practice (FRS102) 2019.

We considered compliance with this framework and performed audit procedures on these areas as considered necessary. In addition we considered provisions of other laws and regulations that may or may not have a direct effect on the financial statements but compliance with which might be fundamental to the Charitable Company's ability to operate or to avoid a material penalty. We also considered opportunities and incentives that may exist within the charitable company and the group for fraud. The laws and regulations considered in this context were the Companies Act 2006, General Data Protection Regulation (GDPR), Anti-fraud, bribery and corruption legislation.

Auditing standards limit the required audit procedures to identify non-compliance with these laws and regulations to enquiry of the Trustees and other management and inspection of regulatory and legal correspondence, if any. Our procedures involved enquiries with management, review of the reporting to the directors with respect to compliance with laws and regulation, review of board meeting minutes and review of legal correspondence.

We identified the greatest risk of material impact on the financial statements from irregularities, including fraud, to be within the recognition of donation income and override of controls by management including significant estimates and judgements. Our audit procedures to respond to these risks included, but were not limited to:

- . agreement of the financial statement disclosures to underlying supporting documentation;
- . enquiries of management;
- . testing of journal postings made during the year to identify the potential management override of controls;
- . review of minutes of board meetings throughout the period; and
- . Obtaining an understanding of the control environment in monitoring compliance with laws and regulations.

Our audit procedures were designed to respond to risks of material misstatement in the financial statements, recognising that the risk of not detecting a material misstatement due to fraud is higher than the risk of not detecting one resulting from error, as fraud may involve deliberate concealment by, for example forgery, misrepresentations or through collusion. There are inherent limitations in the audit procedures performed and the further removed non compliance with laws and regulations is from the events and transactions reflected in the financial statements, the less likely we are to become aware of it.

KIDS IN MIND
(A Company Limited by Guarantee)

INDEPENDENT AUDITORS' REPORT TO THE TRUSTEES OF KIDS IN MIND (CONTINUED)

Because of the inherent limitations of an audit, there is a risk that we will not detect all irregularities, including those leading to a material misstatement in the financial statements or non-compliance with regulation. This risk increases the more that compliance with a law or regulation is removed from the events and transactions reflected in the financial statements, as we will be less likely to become aware of instances of non-compliance. The risk is also greater regarding irregularities occurring due to fraud rather than error, as fraud involves intentional concealment, forgery, collusion, omission or misrepresentation.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at: www.frc.org.uk/auditorsresponsibilities. This description forms part of our Auditors' Report.

Use of our report

This report is made solely to the Charitable Company's trustees, as a body, in accordance with Part 4 of the Charities (Accounts and Reports) Regulations 2008. Our audit work has been undertaken so that we might state to the Charitable Company's trustees those matters we are required to state to them in an Auditors' Report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the Charitable Company's and its trustees, as a body, for our audit work, for this report, or for the opinions we have formed.



Stephen Sampson (Senior Statutory Auditor)

for and on behalf of
Milton Avis LLP
Chartered Accountant
120 Baker Street
London
W1U 6TU

22 October 2025

Milton Avis LLP are eligible to act as auditors in terms of section 1212 of the Companies Act 2006.

KIDS IN MIND
(A Company Limited by Guarantee)

**STATEMENT OF FINANCIAL ACTIVITIES (INCORPORATING INCOME AND EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 28 FEBRUARY 2025**

	Note	Restricted funds 2025 £	Unrestricted funds 2025 £	Total funds 2025 £	Total funds 2024 £
Income from:					
Donations and legacies	3	182,630	1,321,981	1,504,611	398,079
Other trading activities	4	-	132,564	132,564	-
Investments	5	-	755	755	-
Total income		182,630	1,455,300	1,637,930	398,079
Expenditure on:					
Raising funds	6	-	79,540	79,540	162
Charitable activities	7	66,022	839,041	905,063	22,773
Total expenditure		66,022	918,581	984,603	22,935
Net movement in funds		116,608	536,719	653,327	375,144
Reconciliation of funds:					
Total funds brought forward		-	438,314	438,314	63,170
Net movement in funds		116,608	536,719	653,327	375,144
Total funds carried forward		116,608	975,033	1,091,641	438,314

The Statement of Financial Activities includes all gains and losses recognised in the year.

The notes on pages 17 to 28 form part of these financial statements.

KIDS IN MIND
(A Company Limited by Guarantee)
REGISTERED NUMBER: 08389165

BALANCE SHEET
AS AT 28 FEBRUARY 2025

	Note	28 February 2025 £	29 February 2024 £
Fixed assets			
Tangible assets	12	584	-
Investments	13	100	-
		<u>684</u>	<u>-</u>
Current assets			
Stocks	14	782,705	309,946
Debtors	15	23,541	-
Cash at bank and in hand		306,888	128,368
		<u>1,113,134</u>	<u>438,314</u>
Current liabilities			
Creditors: amounts falling due within one year	16	(22,177)	-
		<u>1,090,957</u>	<u>438,314</u>
Net current assets		<u>1,090,957</u>	<u>438,314</u>
Total net assets		<u><u>1,091,641</u></u>	<u><u>438,314</u></u>
Charity funds			
Restricted funds	17	116,608	-
Unrestricted funds	17	975,033	438,314
Total funds		<u><u>1,091,641</u></u>	<u><u>438,314</u></u>

KIDS IN MIND
(A Company Limited by Guarantee)
REGISTERED NUMBER: 08389165

BALANCE SHEET (CONTINUED)
AS AT 28 FEBRUARY 2025

The entity was entitled to exemption from audit under section 477 of the Companies Act 2006.

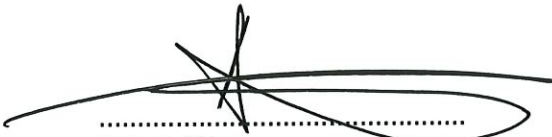
The members have not required the entity to obtain an audit for the year in question in accordance with section 476 of the Companies Act 2006.

However, an audit is required in accordance with section 144 of the Charities Act 2011.

The Trustees acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and preparation of financial statements.

The financial statements have been prepared in accordance with the provisions applicable to entities subject to the small companies regime.

The financial statements were approved and authorised for issue by the Trustees on 22 October 2025 and signed on their behalf by:



.....
Simon Mann
Chairman



.....
Christina Beaver
Trustee

The notes on pages 17 to 28 form part of these financial statements.

KIDS IN MIND
(A Company Limited by Guarantee)

STATEMENT OF CASH FLOWS
FOR THE YEAR ENDED 28 FEBRUARY 2025

	Note	2025 £	2024 £
Cash flows from operating activities			
Net cash used in operating activities	19	191,768	74,918
		<hr/>	<hr/>
Cash flows from investing activities			
Purchase of tangible fixed assets		(730)	-
Purchase of investments		(12,518)	-
		<hr/>	<hr/>
Net cash (used in)/provided by investing activities		(13,248)	-
		<hr/>	<hr/>
Change in cash and cash equivalents in the year		178,520	74,918
Cash and cash equivalents at the beginning of the year		128,368	53,450
		<hr/>	<hr/>
Cash and cash equivalents at the end of the year	20	306,888	128,368
		<hr/> <hr/>	<hr/> <hr/>

The notes on pages 17 to 28 form part of these financial statements

KIDS IN MIND
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 28 FEBRUARY 2025

1. General information

The Charitable Company is incorporated in the UK with its registered office at Unit 13 Breasy Place Burroughs Gardens, Hendon, London NW4 4AT. The Charitable Company is limited by guarantee, not having share capital. The Charitable Company is a charity providing support to children suffering from domestic abuse.

2. Accounting policies

2.1 Basis of preparation of financial statements

The financial statements have been prepared in accordance with the Charities SORP (FRS 102) - Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Kids in Mind meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy.

2.2 Income

All income is recognised once the Charitable Company has entitlement to the income, it is probable that the income will be received and the amount of income receivable can be measured reliably.

Grants are included in the Statement of Financial Activities on a receivable basis. The balance of income received for specific purposes but not expended during the period is shown in the relevant funds on the Balance Sheet. Where income is received in advance of entitlement of receipt, its recognition is deferred and included in creditors as deferred income. Where entitlement occurs before income is received, the income is accrued.

Gifts in kind donated for distribution are included at valuation and recognised as income when they are received. Gifts donated for resale are included as income when they are sold.

Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

2.3 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use.

KIDS IN MIND
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 28 FEBRUARY 2025

2. Accounting policies (continued)

2.3 Expenditure (continued)

Expenditure on raising funds includes all expenditure incurred by the Charitable Company to raise funds for its charitable purposes and includes costs of all fundraising activities events and non-charitable trading.

Expenditure on charitable activities is incurred on directly undertaking the activities which further the Charitable Company's objectives, as well as any associated support costs.

2.4 Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the Charitable Company; this is normally upon notification of the interest paid or payable by the institution with whom the funds are deposited.

2.5 Tangible fixed assets and depreciation

Tangible fixed assets are initially recognised at cost. After recognition, under the cost model, tangible fixed assets are measured at cost less accumulated depreciation and any accumulated impairment losses. All costs incurred to bring a tangible fixed asset into its intended working condition should be included in the measurement of cost.

Depreciation is charged so as to allocate the cost of tangible fixed assets less their residual value over their estimated useful lives, using the straight-line method.

Depreciation is provided on the following basis:

Office equipment	-	20%
------------------	---	-----

2.6 Investments

Fixed asset investments are a form of financial instrument and are initially recognised at their transaction cost and subsequently measured at fair value at the Balance Sheet date, unless the value cannot be measured reliably in which case it is measured at cost less impairment. Investment gains and losses, whether realised or unrealised, are combined and presented as 'Gains/(Losses) on investments' in the Statement of Financial Activities.

Investments in subsidiaries are valued at cost.

2.7 Stocks

Stocks are valued at the lower of cost and net realisable value after making due allowance for obsolete and slow-moving stocks.

2.8 Debtors

Trade and other debtors are recognised at the settlement amount after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

KIDS IN MIND
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 28 FEBRUARY 2025

2. Accounting policies (continued)

2.9 Cash at bank and in hand

Cash at bank and in hand includes cash with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

2.10 Liabilities and provisions

Liabilities are recognised when there is an obligation at the Balance Sheet date as a result of a past event, it is probable that a transfer of economic benefit will be required in settlement, and the amount of the settlement can be estimated reliably.

2.11 Fund accounting

General funds are unrestricted funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the Company and which have not been designated for other purposes.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the Company for particular purposes. The costs of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

Investment income, gains and losses are allocated to the appropriate fund.

3. Income from donations and legacies

	Restricted funds 2025 £	Unrestricted funds 2025 £	Total funds 2025 £
Donations	82,630	1,316,142	1,398,772
Philip Gower Foundation	100,000	-	100,000
Gift Aid	-	5,839	5,839
	182,630	1,321,981	1,504,611

	<i>Unrestricted funds 2024 £</i>	<i>Total funds 2024 £</i>
Donations	348,079	348,079
Grants	50,000	50,000
	398,079	398,079

KIDS IN MIND
(A Company Limited by Guarantee)

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 28 FEBRUARY 2025**

4. Income from other trading activities

Income from fundraising events

	Unrestricted funds 2025 £	Total funds 2025 £	<i>Total funds 2024 £</i>
Fundraising from Foundations	16,526	16,526	-

Income from non charitable trading activities

	Unrestricted funds 2025 £	Total funds 2025 £	<i>Total funds 2024 £</i>
Minor Event Income	100,705	100,705	-
Sales of Merchandise	15,333	15,333	-
	116,038	116,038	-

5. Investment income

	Unrestricted funds 2025 £	Total funds 2025 £	<i>Total funds 2024 £</i>
Cash interest income	755	755	-

KIDS IN MIND
(A Company Limited by Guarantee)

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 28 FEBRUARY 2025**

6. Expenditure on raising funds

Costs of raising voluntary income

	Unrestricted funds 2025 £	Total funds 2025 £
Costs of Donation Income	79,540	79,540

	<i>Unrestricted funds 2024 £</i>	<i>Total funds 2024 £</i>
Costs of Donation Income	162	162

7. Analysis of expenditure on charitable activities

Summary by fund type

	Restricted funds 2025 £	Unrestricted funds 2025 £	Total 2025 £
Cost of Events and Support Costs	62,035	793,953	855,988
Cost of Merchandise	3,987	45,088	49,075
	<u>66,022</u>	<u>839,041</u>	<u>905,063</u>

KIDS IN MIND
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 28 FEBRUARY 2025

7. Analysis of expenditure on charitable activities (continued)

Summary by fund type (continued)

	<i>Unrestricted funds 2024 £</i>	<i>Total 2024 £</i>
Support Costs	13,783	13,783
Cost of Activities	8,990	8,990
	22,773	22,773
	22,773	22,773

8. Analysis of expenditure by activities

	Activities undertaken directly 2025 £	Support costs 2025 £	Total funds 2025 £
Support Costs	816,827	39,161	855,988
Cost of Merchandise	49,075	-	49,075
	865,902	39,161	905,063
	865,902	39,161	905,063

	<i>Activities undertaken directly 2024 £</i>	<i>Support costs 2024 £</i>	<i>Total funds 2024 £</i>
Support Costs	2,220	11,563	13,783
Cost of activities	8,990	-	8,990
	11,210	11,563	22,773
	11,210	11,563	22,773

9. Auditors' remuneration

The auditors' remuneration amounts to an auditor fee of £12,500 (2024 - £4,200).

KIDS IN MIND
(A Company Limited by Guarantee)

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 28 FEBRUARY 2025**

10. Staff costs

	2025 £	2024 £
Wages and salaries	4,000	-
	4,000	-
	4,000	-

The average number of persons employed by the Charitable Company during the year was as follows:

	2025 No.	2024 No.
Admin	1	1
	1	1
	1	1

No employee received remuneration amounting to more than £60,000 in either year.

11. Trustees' remuneration and expenses

During the year, no Trustees received any remuneration or other benefits (2024 - £NIL).

During the year ended 28 February 2025, no Trustee expenses have been incurred (2024 - £NIL).

12. Tangible fixed assets

	Office equipment £
Cost or valuation	
Additions	730
	730
At 28 February 2025	730
Depreciation	
Charge for the year	146
	146
At 28 February 2025	146

KIDS IN MIND
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 28 FEBRUARY 2025

12. Tangible fixed assets (continued)

	Office equipment £
Net book value	
At 28 February 2025	584
At 29 February 2024	-

13. Fixed asset investments

	Investments in subsidiary companies £
Cost or valuation	
Additions	100
At 28 February 2025	100
Net book value	
At 28 February 2025	100

Principal subsidiaries

The following was a subsidiary undertaking of the Company:

Name	Class of shares	Holding	Included in consolidation
Kids in Mind Trading Ltd	Ordinary	100%	Yes

KIDS IN MIND
(A Company Limited by Guarantee)

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 28 FEBRUARY 2025**

14. Stocks

	28 February 2025	<i>29 February 2024</i>
	£	£
Stocks	782,705	<i>309,946</i>

All stocks are held by the charity and comprise of donated toys.

15. Debtors

	28 February 2025	<i>29 February 2024</i>
	£	£
Due within one year		
Trade debtors	1,000	-
Other debtors	20,938	-
Gift aid recoverable	1,603	-
	23,541	<i>-</i>

16. Creditors: Amounts falling due within one year

	28 February 2025	<i>29 February 2024</i>
	£	£
Trade creditors	1,771	-
Other creditors	306	-
Accruals and deferred income	20,100	-
	22,177	<i>-</i>

KIDS IN MIND
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 28 FEBRUARY 2025

17. Statement of funds

Statement of funds - current year

	Balance at 1 March 2024 £	Income £	Expenditure £	Balance at 28 February 2025 £
Unrestricted funds				
General Funds	438,314	1,455,300	(918,581)	975,033
	<u>438,314</u>	<u>1,455,300</u>	<u>(918,581)</u>	<u>975,033</u>
	Balance at 1 March 2024 £	Income £	Expenditure £	Balance at 28 February 2025 £
Restricted funds				
Restricted Funds	-	182,630	(66,022)	116,608
	<u>-</u>	<u>182,630</u>	<u>(66,022)</u>	<u>116,608</u>
Total of funds	<u>438,314</u>	<u>1,637,930</u>	<u>(984,603)</u>	<u>1,091,641</u>

Statement of funds - prior year

	Balance at 1 March 2023 £	Income £	Expenditure £	Balance at 29 February 2024 £
Unrestricted funds				
General Funds	63,170	398,079	(22,935)	438,314
	<u>63,170</u>	<u>398,079</u>	<u>(22,935)</u>	<u>438,314</u>

KIDS IN MIND
(A Company Limited by Guarantee)

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 28 FEBRUARY 2025**

18. Analysis of net assets between funds

Analysis of net assets between funds - current year

	Restricted funds 28 February 2025 £	Unrestricted funds 28 February 2025 £	Total funds 28 February 2025 £
Tangible fixed assets	-	584	584
Fixed asset investments	-	100	100
Current assets	116,608	996,526	1,113,134
Creditors due within one year	-	(22,177)	(22,177)
Total	<u>116,608</u>	<u>975,033</u>	<u>1,091,641</u>

Analysis of net assets between funds - prior year

	<i>Unrestricted funds 29 February 2024 £</i>	<i>Total funds 29 February 2024 £</i>
Current assets	438,314	438,314
Total	<u>438,314</u>	<u>438,314</u>

KIDS IN MIND
(A Company Limited by Guarantee)

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 28 FEBRUARY 2025**

19. Reconciliation of net movement in funds to net cash flow from operating activities

	28 February 2025	<i>29 February 2024</i>
	£	£
Net income for the year (as per Statement of Financial Activities)	653,327	375,144
Adjustments for:		
Depreciation charges	146	-
Increase in stocks	(472,759)	(309,946)
Decrease/(increase) in debtors	(11,123)	9,720
Increase in creditors	22,177	-
Net cash provided by operating activities	191,768	74,918

20. Analysis of cash and cash equivalents

	28 February 2025	<i>29 February 2024</i>
	£	£
Cash in hand	306,888	128,368
Total cash and cash equivalents	306,888	128,368

21. Analysis of changes in net debt

	At 1 March 2024	Cash flows	Acquisition and disposal of subsidiaries	Other non- cash changes	At 28 February 2025
	£	£	£	£	£
Cash at bank and in hand	128,368	191,768	(12,518)	(730)	306,888

Kids in Mind

England & Wales - Charity number 1151610

Accounts

KIDS IN MIND
(A Company Limited by Guarantee)

UNAUDITED
TRUSTEES' REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 29 FEBRUARY 2024

KIDS IN MIND
(A Company Limited by Guarantee)

CONTENTS

	Page
Trustees' Report	1 - 6
Trustees' Responsibilities Statement	7
Independent Examiner's Report	8
Statement of Financial Activities	9
Balance Sheet	10 - 11
Notes to the Financial Statements	12 - 19

KIDS IN MIND
(A Company Limited by Guarantee)

TRUSTEES' REPORT
FOR THE YEAR ENDED 29 FEBRUARY 2024

The Trustees present their annual report together with the financial statements of the Kids in Mind for the year 1 March 2023 to 29 February 2024. The Annual Report serves the purposes of both a Trustees' report and a directors' report under company law. The Trustees confirm that the Annual Report and financial statements of the charitable company comply with the current statutory requirements, the requirements of the charitable company's governing document and the provisions of the Statement of Recommended Practice (SORP) applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2019).

Since the Company qualifies as small under section 382 of the Companies Act 2006, the Strategic Report required of medium and large companies under the Companies Act 2006 (Strategic Report and Directors' Report) Regulations 2013 has been omitted.

Objectives and activities

a. Policies and objectives

To ensure that the public are aware of the charities focus, it was deemed essential by the Trustees to change the name of the charity from "The Paskin Children's Trust" to "Kids in Mind" which better reflects the charities highest priorities.

Vision: Be the UK's leading charity bringing well-being and mental health support into the lives of disadvantaged children who have escaped serious domestic violence and found sanctuary in a Women's refuge.

Mission: Through mental health programmes Kids in Mind helps children to cope with the emotional and physical scars of domestic violence and to restore their wellbeing and self esteem. It also partners with other agencies and individual professionals to provide a holistic approach to mental health and wellbeing for domestic abuse victims. Kids in Mind believes that every child deserves a chance to heal and thrive.

Aim: Year on year, through our services, provide mental health support to more disadvantaged children and young people who have escaped domestic violence and found sanctuary in a refuge or safe house.

In setting objectives and planning for activities, the Trustees have given due consideration to general guidance published by the Charity Commission relating to public benefit, including the guidance 'Public benefit: running a charity (PB2)'.

KIDS IN MIND
(A Company Limited by Guarantee)

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 29 FEBRUARY 2024

Objectives and activities (continued)

b. Strategies for achieving objectives

By end of financial year 2024/25, the charity will be supporting 500 refuge children through well-being and mental health sessions, which aims to support, inform and inspire them.

By end of financial year 2024/25, provide on-line well-being training for volunteer helpers in order to conduct communal child-safe well-being activities for refuge children.

By end of financial year 2024/25, provide every child in a Kids in Mind refuge with specific individual toys aimed at supporting the wellbeing play therapy sessions.

By end of 2026/27, supporting 100 refuges with well-being and/or mental health classes/workshops on a regular basis.

By end of financial year 2026/27, provide every 7+ year old child arriving in a supported refuge with the opportunity to attend a counselling session and attend in-house regular well-being sessions.

By end of financial year 2026/27, fund a reserve to meet the previous Charity Commission's recommended policy of 6 months staff costs, funds to meet a year's children services and the loss of a major fund raising event.

Working with mental health partners, develop services to support refuge children who have personally suffered serious abuse in order to provide long term counselling and support to those in greatest need.

Government reports and independent studies have consistently identified that disadvantaged children benefit greatly from sharing positive experiences with other children suffering from the same disadvantage. They tend to share experiences in a matter of fact way with each other whereas they will not engage or believe an adult/carer etc. Vivaly they learn they are not alone and/or not at fault, even though adults may well have told them this many times. The aim of our mental health and well-being sessions is to provide small groups of refuge children with positive reinforcement (and Fun!) in a safe environment. Nationally we will be unique.

Measurable outcome: increase the number of children attending a well-being or mental health session:

Year 1	500
Year 2	1,500
Year 3	3,000

KIDS IN MIND
(A Company Limited by Guarantee)

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 29 FEBRUARY 2024

Objectives and activities (continued)

c. Activities undertaken to achieve objectives

Building a network of professionals and volunteers who are trained and supported in providing well-being and mental health support to children in refuge.

Working closely with other mental health charities.

Source free or heavily discounted toys and games to provide fun activities within refuge.

Work closely and gain partnerships with corporate companies and organisations such as Rotary in order for them to provide volunteering time to support the children, refuge and well-being sessions.

As from 31 March 2024, Kids in Mind will be providing wellbeing and mental health support, art therapy, music therapy and play therapy sessions into refuges.

Domestic abuse is a widespread issue that can have devastating and long-lasting effects on its victims. It can have a particularly severe impact on children who witness and/or experience abuse in the home. Women's refuges provide a safe haven for women and children escaping domestic abuse, but these children need additional support to help them overcome the trauma they have experienced.

The NSPCC state that one in five children in the UK has been exposed to domestic abuse, and this exposure can result in long-term emotional, psychological and behavioural problems. According to Birmingham Crisis Centre, over 50% of children that have found sanctuary in a Women's Refuge have personally suffered abuse (mainly sexual) - 70% at the hands of their father. Children that have suffered sexual abuse and have gone through the refuge system have the highest rate of suicide, excluded from school and runaways of any group.

Between 2010 and 2012, due to council funding difficulties, the first casualties were the funded children workers in refuge; unfortunately, in 2020, the impact of Covid again impacted on funding streams, which resulted in a further reduction in the number of children workers in refuge. As of 2023, the number of refuges providing mental health or well-being support for the children has dramatically fallen to around 30% of refuges; this is an area that needs urgent attention.

d. Refuge Children

Children who have experienced domestic abuse often suffer from a range of mental health issues, including anxiety, depression, post-traumatic stress disorder (PTSD), and behavioural problems. These children also struggle with trust issues, have difficulty forming attachments and with school and social relationships, and struggle with self-esteem and self-worth. Domestic abuse can also affect children's physical health, including causing sleep disturbances, eating problems, and increased susceptibility to illness.

Living in a women's refuge can be a significant change for children who have fled abusive households, and the transition causes additional stress and anxiety. Children in these situations may feel isolated from their peers, have difficulty adjusting to new routines and rules, and may feel unsafe or unsure of their new environment. They may also feel guilt or responsibility for the abuse that they have witnessed or experienced.

Refuges offer practical support such as temporary accommodation, safety planning, and access to legal and financial advice. However, children in women's refuges also need emotional support to help them overcome the trauma they have experienced.

KIDS IN MIND
(A Company Limited by Guarantee)

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 29 FEBRUARY 2024

Objectives and activities (continued)

e. The Importance of Mental Health Support

Mental health support is essential for children who have experienced domestic abuse. A recent report by Women's Aid found that children living in women's refuges are more likely to experience mental health issues such as depression and anxiety than their peers. The report also found that children who have experienced domestic abuse are at increased risk of developing mental health problems in later life, such as post-traumatic stress disorder (PTSD).

Mental health support can help children to process their experiences and emotions, build resilience, and develop coping strategies. This support can take many forms, including one-to-one counselling, group therapy, and art therapy. The Women's Aid report recommends that all children living in women's refuges should have access to mental health support.

f. The Benefits of Well-being Sessions

Well-being classes, such as yoga and mindfulness, are also beneficial for children who have experienced domestic abuse. These classes can help children to regulate their emotions, reduce stress and anxiety, and improve their overall well-being. A recent report by the Centre for Mental Health found that yoga can be particularly effective for children who have experienced trauma, as it can help them to feel more grounded and present in their bodies.

The Women's Aid report recommends that women's refuges should provide a range of well-being classes for children, including yoga, mindfulness, and other forms of exercise. These classes can be delivered by trained professionals or volunteers and can be tailored to the needs of individual children.

g. Main activities undertaken to further the Company's purposes for the public benefit

The Trustees follow the Charity commission guidance on public benefit and use holistic approach to encapsulate the types of activities provided.

The trustees have paid due regard to guidance issued by charity commission in deciding what activities the Company undertake.

h. Partnerships

The Trustess intend to partner organisations that will support our wellbeing and mental health services.

Achievements and performance

a. Main achievements of the Company

Standardised wellbeing, art, music and play sessions have been produced and a team of wellbeing practitioners have been identified.

Refuges have signed up to receive the Kids in Mind services.

Fund raising to achieve the ambitious first year target of supporting 500 refuge children with wellbeing and mental health support has started.

Financial review

KIDS IN MIND
(A Company Limited by Guarantee)

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 29 FEBRUARY 2024

a. Going concern

After making appropriate enquiries, the Trustees have a reasonable expectation that the Company has adequate resources to continue in operational existence for the foreseeable future. For this reason, they continue to adopt the going concern basis in preparing the financial statements. Further details regarding the adoption of the going concern basis can be found in the accounting policies.

b. Reserves policy

By end of financial year 2026/27, fund a reserve to meet the previous Charity Commission's recommended policy of 6 months staff costs, funds to meet a year's children services and the loss of a major fund raising event.

c. Principal funding

The principle funding sources were donations of toys amounting to £309,946 together with income generated through fundraising.

Medium term funding by the Philip Gower Foundation has been secured to support staff costs which in turn enables the delivery of wellbeing and mental health services.

Structure, governance and management

a. Constitution

Kids in Mind is registered as a charitable company limited by guarantee.

b. Methods of appointment or election of Trustees

The management of the Company is the responsibility of the Trustees.

c. Financial risk management

The Trustees have assessed the major risks to which the Company is exposed, in particular those related to the operations and finances of the Company, and are satisfied that systems and procedures are in place to mitigate exposure to the major risks.

Reference and administrative details of the Company, its trustees and advisers

Trustees

Simon Mann, Chairman
Christina Beaver (appointed 7 February 2024)
Chris Lavender (appointed 7 February 2024)
Andrea Margolin (appointed 7 February 2024)
Air Commodore Gordon Moulds CBE DL (RAF Rtd)
Chris Osborne (appointed 7 February 2024)
Simon Kosky (resigned 7 February 2024)
Stuart Paskin (resigned 7 February 2024)

KIDS IN MIND
(A Company Limited by Guarantee)

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 29 FEBRUARY 2024

Company registered number 08389165

Charity registered number 1151610

Registered office Unit 13 Breasy Place
 Burroughs Gardens
 Hendon
 London
 NW4 4AT

Chief Executive Officer Julian Margolin

Approved by order of the members of the board of Trustees and signed on their behalf by:

.....
Simon Mann

Date: 10 April 2024

KIDS IN MIND
(A Company Limited by Guarantee)

STATEMENT OF TRUSTEES' RESPONSIBILITIES
FOR THE YEAR ENDED 29 FEBRUARY 2024

The Trustees (who are also the directors of the Company for the purposes of company law) are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Trustees to prepare financial statements for each financial year. Under company law, the Trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the Company and of its incoming resources and application of resources, including its income and expenditure, for that period. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles of the Charities SORP (FRS 102);
- make judgments and accounting estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards (FRS 102) have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Company will continue in business.

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the Company's transactions and disclose with reasonable accuracy at any time the financial position of the Company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the Company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

KIDS IN MIND
(A Company Limited by Guarantee)

INDEPENDENT EXAMINER'S REPORT
FOR THE YEAR ENDED 29 FEBRUARY 2024

Independent Examiner's Report to the Trustees of Kids in Mind ('the Company')

I report to the charity Trustees on my examination of the accounts of the Company for the year ended 29 February 2024.

Responsibilities and Basis of Report

As the Trustees of the Company (and its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the Company's accounts carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent Examiner's Statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

This report is made solely to the Company's Trustees, as a body, in accordance with Part 4 of the Charities (Accounts and Reports) Regulations 2008. My work has been undertaken so that I might state to the Company's Trustees those matters I am required to state to them in an Independent Examiner's Report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the Company and the Company's Trustees as a body, for my work or for this report.

Signed:

Dated: 10 April 2024

Stephen Sampson

Milton Avis LLP
120 Baker Street
London
W1U 6TU

KIDS IN MIND
(A Company Limited by Guarantee)

**STATEMENT OF FINANCIAL ACTIVITIES (INCORPORATING INCOME AND EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 29 FEBRUARY 2024**

	Note	Unrestricted funds 2024 £	Total funds 2024 £	<i>Total funds 2023 £</i>
Income from:				
Donations and legacies	3	364,146	364,146	9,720
Other trading activities	4	33,933	33,933	-
Total income		398,079	398,079	9,720
Expenditure on:				
Raising funds	5	2,382	2,382	2,436
Charitable activities	6	20,553	20,553	435
Total expenditure		22,935	22,935	2,871
Net movement in funds		375,144	375,144	6,849
Reconciliation of funds:				
Total funds brought forward		63,170	63,170	56,321
Net movement in funds		375,144	375,144	6,849
Total funds carried forward		438,314	438,314	63,170

The Statement of Financial Activities includes all gains and losses recognised in the year.

The notes on pages 12 to 19 form part of these financial statements.

KIDS IN MIND
(A Company Limited by Guarantee)
REGISTERED NUMBER: 08389165

BALANCE SHEET
AS AT 29 FEBRUARY 2024

	Note	29 February 2024 £	28 February 2023 £
Current assets			
Stocks	10	309,946	-
Debtors	11	-	9,720
Cash at bank and in hand		128,368	53,450
		<u>438,314</u>	<u>63,170</u>
Net current assets		438,314	63,170
Total assets less current liabilities		438,314	63,170
Net assets excluding pension asset		438,314	63,170
Total net assets		438,314	63,170
Charity funds			
	13	-	-
Unrestricted funds	13	438,314	63,170
Total funds		438,314	63,170

The Company was entitled to exemption from audit under section 477 of the Companies Act 2006.

The members have not required the company to obtain an audit for the year in question in accordance with section 476 of Companies Act 2006.

The Trustees acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and preparation of financial statements.

The financial statements have been prepared in accordance with the provisions applicable to entities subject to the small companies regime.

The financial statements were approved and authorised for issue by the Trustees and signed on their behalf by:

KIDS IN MIND
(A Company Limited by Guarantee)
REGISTERED NUMBER: 08389165

BALANCE SHEET (CONTINUED)
AS AT 29 FEBRUARY 2024

.....
Simon Mann

Date: 10 April 2024

The notes on pages 12 to 19 form part of these financial statements.

KIDS IN MIND
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 29 FEBRUARY 2024

1. General information

The company is incorporated in the UK with its registered office at Unit 13 Breasy Place Burroughs Gardens, Hendon, London NW4 4AT. The company is limited by guarantee, not having share capital. The company is a charity providing support to children suffering from domestic abuse.

2. Accounting policies

2.1 Basis of preparation of financial statements

The financial statements have been prepared in accordance with the Charities SORP (FRS 102) - Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Kids in Mind meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy.

2.2 Income

All income is recognised once the Company has entitlement to the income, it is probable that the income will be received and the amount of income receivable can be measured reliably.

Grants are included in the Statement of Financial Activities on a receivable basis. The balance of income received for specific purposes but not expended during the period is shown in the relevant funds on the Balance Sheet. Where income is received in advance of entitlement of receipt, its recognition is deferred and included in creditors as deferred income. Where entitlement occurs before income is received, the income is accrued.

2.3 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use.

Expenditure on raising funds includes all expenditure incurred by the Company to raise funds for its charitable purposes and includes costs of all fundraising activities events and non-charitable trading.

Expenditure on charitable activities is incurred on directly undertaking the activities which further the Company's objectives, as well as any associated support costs.

All expenditure is inclusive of irrecoverable VAT.

KIDS IN MIND
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 29 FEBRUARY 2024

2. Accounting policies (continued)

2.4 Stocks

Stocks are valued at the lower of cost and net realisable value after making due allowance for obsolete and slow-moving stocks. Cost includes all direct costs and an appropriate proportion of fixed and variable overheads.

2.5 Debtors

Trade and other debtors are recognised at the settlement amount after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

2.6 Cash at bank and in hand

Cash at bank and in hand includes cash and short-term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

2.7 Financial instruments

The Company only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

2.8 Fund accounting

General funds are unrestricted funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the Company and which have not been designated for other purposes.

3. Income from donations and legacies

	Unrestricted funds 2024 £	Total funds 2024 £
Donations		
Donation of Toys	309,946	309,946
Donation of Services	4,200	4,200
Grants		
Philip Gower Foundation	50,000	50,000
	<hr/> 364,146 <hr/>	<hr/> 364,146 <hr/>

KIDS IN MIND
(A Company Limited by Guarantee)

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 29 FEBRUARY 2024**

3. Income from donations and legacies (continued)

	<i>Unrestricted funds 2023 £</i>	<i>Total funds 2023 £</i>
Donations		
London Marathon Donation	9,720	9,720
	9,720	9,720
Subtotal detailed disclosure	9,720	9,720

4. Income from other trading activities

Income from fundraising events

	Unrestricted funds 2024 £	Total funds 2024 £	<i>Total funds 2023 £</i>
Cash Donations	33,933	33,933	-
	33,933	33,933	-

5. Expenditure on raising funds

Costs of raising voluntary income

	Unrestricted funds 2024 £	Total funds 2024 £
Fundraising - London Marathon	2,220	2,220
Donations to Other Charities	162	162
	2,382	2,382
	2,382	2,382

KIDS IN MIND
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 29 FEBRUARY 2024

5. Expenditure on raising funds (continued)

Costs of raising voluntary income (continued)

	<i>Unrestricted funds 2023 £</i>	<i>Total funds 2023 £</i>
Fundraising - London Marathon	2,220	2,220
Donations to Other Charities	216	216
	2,436	2,436
	2,436	2,436

6. Analysis of expenditure on charitable activities

Summary by fund type

	Unrestricted funds 2024 £	Total 2024 £
Support Costs	20,553	20,553
	20,553	20,553

	<i>Unrestricted funds 2023 £</i>	<i>Total 2023 £</i>
Support Costs	435	435
	435	435

KIDS IN MIND
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 29 FEBRUARY 2024

7. Analysis of expenditure by activities

	Activities undertaken directly 2024 £	Support costs 2024 £	Total funds 2024 £
Support Costs	8,990	11,563	20,553
		<i>Support costs 2023 £</i>	<i>Total funds 2023 £</i>
Support Costs		435	435

8. Independent examiner's remuneration

The independent examiner's remuneration amounts to an independent examiner fee of £4,200 (2023 - £nil). No fee charged as services were donated free of charge to benefit the charity.

9. Trustees' remuneration and expenses

During the year, no Trustees received any remuneration or other benefits (2023 - £NIL).

During the year ended 29 February 2024, no Trustee expenses have been incurred (2023 - £NIL).

10. Stocks

	29 February 2024 £	<i>28 February 2023 £</i>
Stocks	309,946	-

All stocks are held by the charity and comprise of donated toys and vouchers.

KIDS IN MIND
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 29 FEBRUARY 2024

11. Debtors

	29 February 2024	<i>28 February 2023</i>
	£	£
Other debtors	-	9,720
	<hr/>	<hr/>
	-	9,720
	<hr/>	<hr/>
	-	9,720
	<hr/> <hr/>	<hr/> <hr/>

12. Financial instruments

	29 February 2024	<i>28 February 2023</i>
	£	£
Financial assets		
Financial assets measured at fair value through income and expenditure	128,368	53,450
	<hr/> <hr/>	<hr/> <hr/>

KIDS IN MIND
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 29 FEBRUARY 2024

13. Statement of funds

Statement of funds - current year

	Balance at 1 March 2023	Income	Expenditure	Balance at 29 February 2024
	£	£	£	£
Unrestricted funds				
Unrestricted Fund	<u>63,170</u>	<u>398,079</u>	<u>(22,935)</u>	<u>438,314</u>

Statement of funds - prior year

	<i>Balance at 1 March 2022</i>	<i>Income</i>	<i>Expenditure</i>	<i>Balance at 28 February 2023</i>
	£	£	£	£
Unrestricted funds				
Unrestricted Fund	<u>56,321</u>	<u>9,720</u>	<u>(2,871)</u>	<u>63,170</u>

14. Analysis of net assets between funds

Analysis of net assets between funds - current period

	Unrestricted funds 29 February 2024	Total funds 29 February 2024
	£	£
Current assets	438,314	438,314
Total	<u>438,314</u>	<u>438,314</u>

KIDS IN MIND
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 29 FEBRUARY 2024

14. Analysis of net assets between funds (continued)

Analysis of net assets between funds - prior period

	<i>Unrestricted funds</i>	<i>Total funds</i>
	<i>28 February 2023</i>	<i>28 February 2023</i>
	£	£
Debtors due after more than one year	9,720	9,720
Current assets	53,450	53,450
Total	<u>63,170</u>	<u>63,170</u>