

**HEALTHWATCH SUTTON**

**Company No: 08171224**  
**(A Company Limited by Guarantee and not having a Share Capital)**

**Charity No: 1151601**

**FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31 MARCH 2024**

**Kingston Burrowes Audit Ltd**  
308 Ewell Road  
Surbiton  
Surrey  
KT6 7AL

# **HEALTHWATCH SUTTON**

**Company No: 08171224**  
**(A Company Limited by Guarantee and not having a Share Capital)**

**Charity No: 1151601**

## **TRUSTEES' REPORT AND ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2024**

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**HEALTHWATCH SUTTON**  
**Company No: 08171224**  
**Charity No: 1151601**  
**TRUSTEES' REPORT AND ACCOUNTS**  
**FOR THE YEAR ENDED 31 MARCH 2024**

The Board of Directors/Trustees presents its report and audited financial statements for the year ended 31 March 2024.

**Reference and Administrative Information**

Charity No.	1151601
Company No.	08171224
Registered Office and Principal address:	Granfers Community Centre 73-79 Oakhill Road, Sutton Surrey SM1 3AA

**Board of Directors/Trustees who served during the year and up to the date of this report:**

<b>Chairperson:</b>	Janet Wingrove
<b>Vice Chairperson:</b>	David Elliman
<b>Director and Trustee:</b>	David Elliman
<b>Director and Trustee:</b>	Mahendra Patel
<b>Director and Trustee:</b>	Shiraz Sethna
<b>Director and Trustee:</b>	Noor Sumun
<b>Director and Trustee:</b>	Janet Wingrove

<b>Staff Team:</b>	Pete Flavell – Chief Executive Officer Andrew McDonald – Health Engagement Projects Officer Colin Wilson – Communications, Engagement and Projects Officer Alyssa Chase-Vilchez – Executive Officer Iyinoluwa Oshinowo – Engagement Coordinator Lorraine Davis – Team Administrator
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<b>Bankers:</b>	Barclays Bank PLC 43 High Street Sutton Surrey SM1 1DR
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<b>Independent Examiner:</b>	Kevin Fisher BA, FCA, CTA Kingston Burrowes Audit Ltd 308 Ewell Road Surrey Surrey KT6 7AL
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**HEALTHWATCH SUTTON  
REPORT OF THE TRUSTEES  
FOR THE YEAR ENDED 31 MARCH 2024**

**1. Structure, governance and management**

Healthwatch Sutton (HWS) is the consumer champion for health and social care in Sutton. HWS was incorporated on the 7<sup>th</sup> August 2012 and achieved charitable status on 11<sup>th</sup> April 2013 it is therefore both a Company limited by Guarantee (08171224) and a registered Charity (1151601).

HWS is governed by a Board of Directors/Trustees who meet bi-monthly to oversee the strategic direction and development of the organisation. Following the Articles of Association, three Trustees stood down at the AGM. As all had completed 3 previous terms they could not stand for re-election. Janet Wingrove took up the Chair role with David Elliman remaining as Vice-chair. A period of trustee recruitment followed, as only 5 Trustees remained.

The members of HWS are local voluntary organisations and individual residents who have an interest in health and social care and support the work of HWS.

HWS is now part of the Together for Sutton partnership. Our core contract for delivery of the statutory duties of local Healthwatch sits within the Making Informed Choices (MIC) contract tendered by the London Borough of Sutton. This contract incorporates all information and advice, advocacy and local Healthwatch services commissioned by Sutton Council.

Healthwatch Sutton information and advice service is not carried out within the core contract delivered by Healthwatch Sutton. It is incorporated in the delivery of the full range of information and advice services provided within the MIC contract and provide by Citizens Advice Sutton, Age UK Sutton and Sutton Carers Centre.

The NHS Complaint Advocacy service for Sutton residents is provided under the MIC contract under separate contract by Advocacy for All.

The MIC contract started on 1 July 2022 and covers a period of 5 years with potential to extend for one year and further year if agreed by the commissioners.

**Recruitment and Appointment of new Trustees**

Trustees are recruited and co-opted on to the Board of Healthwatch Sutton during the course of the year to meet the requirements of the organisation. At the Annual General Meeting the membership vote as to decide if they should be elected to the board.

**2. Financial Review**

HWS's core source of income to deliver the organisation's statutory duties comes from the London Borough of Sutton and in 2023/24, £93,539 was received to deliver these activities of the organisation. This amount precludes the delivery of the statutory Healthwatch information and signposting service that is delivered under a separate part of the Making Informed Choices contract (as part of the Together for Sutton partnership's information and advice offering).

Additional funding has been given to the value of £40,968 by South West London (SWL) Integrated Care Board (ICB) to support GP practice's Patient Participation Groups in the London Borough of Sutton, and the Patient Reference Group that has representative from the PPGs across the Borough. This funding also provides support for Primary Care Network public engagement and other public engagement projects.

From 5 July 2022, Healthwatch started a new contract to provide representation for six Healthwatch organisations within South West London at SWL ICB. The contract is for 2 years with an agreed 1-year extension. The annual value of the contract is £110,000. To deliver this contract an Executive Officer and an Engagement Coordinator have been employed.

Other grants totalled £800.

There were no significant one-off costs were incurred during the year.



**HEALTHWATCH SUTTON**  
**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31 MARCH 2024**  
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**Reserves policy**

Reserves should provide the charity with adequate financial stability and the means for it to carry out its charitable and statutory objectives for the foreseeable future.

The Trustees propose to maintain free reserves at a level which is sufficient to meet operational expenditure to enable the charity to be managed efficiently, to provide for termination costs and to have a buffer against shortfalls.

The Trustees review the amount of reserves that are required to ensure they are adequate to fulfil the charity's continuing obligations yearly

**3. Public Benefit Statement**

HWS Trustees have complied with their duty to have due regard to the guidance on public benefit published by the Commission in exercising their powers or duties. The activities delivered during 2023/24 have been entirely in accordance with the charitable objectives.

**4. Objectives and Activities**

**4.1 The Objects of the Charity are:**

1. the advancement of health and the relief of those in need, including by: making the views and experiences of members of the general public known to health and social care providers, commissioners and those responsible for public health;
2. the advancement of citizenship and community development, including ensuring local people have a voice in the development, delivery and equality of access to local health and care services and facilities;
3. the advancement of education, including the provision of training and the development of skills for volunteers and the wider community in understanding, reviewing and monitoring local health and care services and facilities;
4. any other exclusively charitable purposes as the Trustees see fit; in particular (but not exclusively) in Sutton and neighbouring areas of South London.
5. This provision may be amended by special resolution but only with the prior written consent of the Commission.

**4.2 Activities**

HWS gives people a chance to have their say and help to improve local health and social care services. It does this through the following activities:

- Actively finding out what people think about health and social care services.
- Using local people's views and experiences to influence and improve local people's health and wellbeing through statutory and other organisations, primarily through writing reports and making recommendations.
- Having voting rights on the local Health and Wellbeing Board and making recommendations on how health and social care services should be run.
- Sharing information and ideas with other local Healthwatch groups, Healthwatch England and the Care Quality Commission.

**HEALTHWATCH SUTTON**  
**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31 MARCH 2024**  
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**5. Achievements and Performance**

The main achievements during 2023/24 were as follows.

**5.1 Improving mental health support for children**

We surveyed over 1,000 Sutton children aged 9 to 11 about their mental wellbeing and compared the results with a survey of children the same age we completed just before the pandemic. Children's mental health has got worse.

**Key findings**

- Many children have poor mental health. Over half of the children we surveyed have had trouble sleeping or have felt lonely.
- Children's mental health has got worse since the pandemic. The proportion who have had trouble sleeping has increased by 17 percent and those who have felt lonely by 16 percent.
- Girls had more problems than boys. Almost six out of ten girls have felt lonely, but only four out of ten boys have.
- Children feel less able to rely on parents. Before the pandemic, 63 percent of children said they would go to their parents if they had a problem. Now only 54 percent say this.
- Children use social media for which they aren't old enough. Three quarters of the children use social media, though almost all of the platforms they use have minimum ages of 13 or 16. The number of children saying that they are free to look at anything online without adult supervision has increased slightly.
- Children worry less about SATs and going to secondary school. There has been a marked reduction in the numbers of children who were very unhappy or unhappy about these topics.

**The action we took**

- We sent the report to Sutton Council, to South West London ICB and to South West London St George's NHS Trust, which provides mental health services in Sutton.
- All these bodies wrote formal responses to the report.
- We also wrote individual reports for each of the ten schools which had taken part in the survey.
- We organised two meetings for parents and carers at the schools we surveyed.
- We presented the report at the local Health and Wellbeing board, where a whole meeting was dedicated to discussing the issues it raised.
- We met with the Head of Children's Services at Sutton Council to discuss the report.
- We sent our report to Healthwatch England, who shared it with the minister responsible for children's health.

**Children's mental health: developing a response**

As well as highlighting these problems, we wanted to investigate possible solutions. We examined whether a social prescribing project would help provide more support for primary school pupils' mental health.

- We carried out a scoping exercise to assess whether a social prescribing project could be developed in the borough.
- A social prescribing project which supports secondary school students exists in the neighbouring borough of Merton and is funded by South West London ICB. We met with their staff to discuss launching a similar project for primary school pupils in Sutton.
- We met with the ICB to discuss development plans, including a design event for a wide range of stakeholders.

**What difference did we make?**

- Professionals such as teachers were already concerned about pupils' mental wellbeing. We were able to back up their concerns with robust research and statistics.
- We raised awareness of this issue with local and national stakeholders.
- We took steps towards developing a project that we hope will address some of these issues.



**HEALTHWATCH SUTTON**  
**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31 MARCH 2024**  
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## **5.2 Advice and information**

If you feel lost and don't know where to turn, Healthwatch Sutton is part of the Together for Sutton network. We provide information through our website and newsletter, and our colleagues at Advocacy for All and Citizens Advice Sutton provide free and confidential advice and support on health and care issues.

This year we've helped people by:

- Sending out a regular newsletter to our mailing list of over 400 people
- Producing materials explaining changes to NHS services
- Working with Citizens Advice Sutton and Advocacy for All to provide advice and support services

### **Keeping people up to date with health issues**

We send out a monthly newsletter to over 400 people. We know that people find the newsletter useful because mailings have been opened by an average 44% of recipients, some 10% above the average for charity mailings.

We also regularly attended outreach events at venues including Holy Trinity Wallington, the Phoenix Centre and St Helier Festival.

## **5.3 Addressing concerns about hospital repairs and redevelopment**

In May 2023 we were disturbed to read media reports that buildings at St Helier Hospital were in a "shocking state of disrepair". ITV News reported that one ward was closed because its foundations were sinking, an Intensive Care Unit was shut because it was impossible to install a modern ventilation system, and maternity ward reception experienced regular leaks through the ceiling. Improvements to the hospital are planned as part of the New Hospital Programme.

### **The action we took**

- We wrote to the Managing Director of the Hospital Trust, who assured us that the hospital did everything it could to provide safe and effective care, while commenting that "our patients deserve a better environment" for their care.
- We highlighted on our website that plans for the New Hospital Programme were not moving forwards.
- We continued to raise awareness of issues with hospital redevelopment, publishing summaries of reports by the National Audit Office and the Public Accounts Committee, both of which raised serious concerns with the New Hospital Programme.
- In February 2024, the CQC rated the St Helier maternity unit as requiring improvement, due to problems with the building and other issues. We are planning a project around maternity care for 2024 -25.

## **5.4 Hearing from all communities**

Over the past year, we have worked hard to make sure we hear from everyone within our local area. We consider it important to reach out to the communities we hear from less frequently to gather their feedback and make sure their voice is heard, and services meet their needs.

This year we have reached different communities by:

- Attending outreach events targetting deprived local communities
- Supporting groups like the Patient Reference Group, which represents patients from most surgeries in Sutton
- Working with GPs to improve their compliance with the Accessible Information Standard, improving services for disabled people.

### **Helping ensure all patients' voices are heard**

We support local groups which ensure that both GP practices and staff from South West London ICB hear from patients about their experiences of care services.

**HEALTHWATCH SUTTON**  
**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31 MARCH 2024**  
/contd...

**Patient Participation Groups**

Every GP practice now runs a Patient Participation Group or PPG, where patients can provide feedback. In Sutton there are 19 PPGs.

- We regularly shared information with all local PPGs about opportunities for further patient engagement, such as the consultation on Sutton Council's Dementia Strategy.
- Staff attended meetings of four PPGs, offering advice and support for recruiting members, and information about how PPGs can contribute to NHS patient engagement in Sutton.

**Patient Reference Group**

Each PPG sends delegates to the Patient Reference Group or PRG, which hears speakers and feeds back to ICB staff about local services. Healthwatch staff provide admin support for the PRG.

- We supported five PRG meetings, which discussed GP surgery websites, mental health services, general changes to accessing GP services, learning disability access to GP services and dental services.
- The group heard speakers from Sutton Primary Care Networks, Sutton Place (South West London ICS), South West London and St George's Mental Health Trust and Sutton Local Dental Committee.
- The PRG gave feedback to support two projects, one around learning disability and hidden disability access to primary care, and another around patient experience of access changes at GP practices.

**GP experience survey**

We worked with other local stakeholders to carry out a large patient survey in March and April 2024. We will publish a report in the summer of 2024.

- Our survey was shared by Sutton PCNs, Volunteer Centre Sutton and Sutton Patient Reference Group.

**5.5 Volunteering**

We're supported by a team of amazing volunteers who are at the heart of what we do. Thanks to their efforts in the community, we're able to understand what is working and what needs improving.

This year our volunteers:

- Carried out Enter and View visits to help local care homes improve what they do
- Helped raise awareness of Healthwatch and health issues by supporting our outreach and publicity work
- Provided admin support for key tasks such as organising our AGM

Our volunteers provide vital support to Healthwatch Sutton, helping us with tasks including Enter and View visits, admin support and outreach work.

We're especially grateful to volunteers who act as Healthwatch Sutton trustees, bringing their years of experience and in-depth knowledge to the role.

Launa Watson left our board this year after eight years and is retiring to live in Jamaica – the photo shows our goodbye event with trustees and staff.

Our longstanding volunteer and former trustee Shri Mehrotra, also shown in the photo, comments that "volunteering with Healthwatch Sutton has been an invaluable experience and has equipped me with up-to-date knowledge and new skills."



**HEALTHWATCH SUTTON**  
**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31 MARCH 2024**  
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**5.6 The way we work**

**Involvement of volunteers and lay people in our governance and decision-making**

Our Healthwatch Board consists of five members who work on a voluntary basis to provide direction, oversight and scrutiny of our activities. Our Board ensures that decisions about priority areas of work reflect the concerns and interests of our diverse local community.

Throughout 2023/24, the Board met six times and made decisions on matters such as agreeing the draft budget for the year and assessing regular reports on project work.

We ensure wider public involvement in deciding our work priorities.

**Methods and systems used across the year to obtain people's experiences**

We use a wide range of approaches to ensure that as many people as possible can provide us with insight into their experience of using services. During 2023/24, we have been available by phone, and email, provided a web form on our website and through social media, as well as attending meetings of community groups and forums.

We ensure that this annual report is made available to as many members of the public and partner organisations as possible. We will publish it on our website and make printed copies available from our office and as part of our outreach events work.

**Responses to recommendations**

We had no providers who did not respond to requests for information or recommendations. There were no issues or recommendations escalated by us to Healthwatch England Committee, so no resulting reviews or investigations.

**Taking people's experiences to decision-makers**

We ensure that people who can make decisions about services hear about the insights and experiences that have been shared with us.

In our local authority area, for example, we take information to the Health and Wellbeing Board, Integrated Neighbourhood Teams and the Sutton Place Communications Staff Group.

We also take insight and experiences to decision-makers in SW London ICS. For example, in collaboration with other SW London Healthwatch we are represented on thirteen ICS committees and working groups. We also share our data with Healthwatch England to help address health and care issues at a national level.

**Healthwatch representatives**

Healthwatch Sutton is represented on the Sutton Health and Wellbeing Board by Pete Flavell, our Chief Executive. During 2023/24 our representative has effectively carried out this role by raising issues including an entire meeting discussing children's mental health in response to our report on this issue.

Healthwatch Sutton is represented on the South West London Integrated Care Partnership and Integrated Care Board by Alyssa Chase-Vilchez, who is also a member of the Children, Young People, and Maternity System Board, the Dentistry steering group, the Health Inequalities Board, the Older People Delivery Group, the Mental Health Partnership Delivery Group, the Mental Health Delivery Group, the Patient & Community Engagement Group, the Patient Experience and Engagement Group, the South London Research Collaborative and the System Quality Council. Our staff member Iyinoluwa Oshinowa is a member of the South West London Mental Health Co-production Working Group.

**HEALTHWATCH SUTTON  
REPORT OF THE TRUSTEES  
FOR THE YEAR ENDED 31 MARCH 2024**  
/contd...

**5.7 Your voice heard at a wider level**

We collaborate with other Healthwatch to ensure the experiences of people in Sutton influence decisions made about services at South West London Integrated Care System (ICS) level.

This year we've worked with Healthwatch across South West London to achieve:

- We helped ensure continued availability of virtual wards to South West London residents. We spoke with people in Croydon, Merton, and Wandsworth to understand their views about virtual wards. Our report was referenced in a South West London-wide business case that successfully extended the virtual wards programme, which helps people stay out of hospitals and receive treatment at home where possible.
- We worked with partners to advocate for more accessible dentistry services. We have been working alongside dentists, NHS management, and public health colleagues as part of a new initiative that aims to bring dental services to the people that struggle the most with access, and to help support preventative care.
- We employed a South West London Engagement Coordinator. We welcomed Iyinoluwa Oshinowo, who formerly worked in academic mental health research, to our team to help strengthen our capacity to undertake collaborative community engagement across South West London boroughs, including work on virtual wards and the Accessible Information Standard.
- We strengthened the SW London ICS's digital inclusion strategy. The ICS is rolling out digital platforms and apps to help streamline access to care and support people in self-managing their conditions. We helped ensure that people who are digitally excluded because of poor access to devices or the internet, lack of comfort with digital platforms, disability, and/or low English skills are still able to access services and support.

**Accessible information standard**

South West London Healthwatch organisations have won a grant from the ICS to collaboratively engage with people living with certain disabilities and their carers to improve how GP practices meet their communication and health information needs.

In this work, we aim to improve adherence to the Accessible Information Standard, legal guidance that describes how practices should meet the communication and health information needs of people with certain disabilities that affect communication.

To progress this work, we have already:

- Built relationships with voluntary sector organisations that support people living with disabilities that affect communication, including D/deafness, blindness, neurodiverse conditions, learning disability, and neurological conditions.
- Collaborated with GP practices to understand the enablers and barriers to implementing the Standard.

**Empowering the ICS to take a patient-centred approach**

We provide representation on 12 different South West London Integrated ICS committees and working groups focused on issues ranging from maternity to end of life care.

- These committees draw together representatives from the NHS, Healthwatch, the voluntary sector, and local authority.
- The committees include those dedicated to maternity and children and young people's health, mental health, older people's health, and disease prevention and inequalities.
- We initiated and co-facilitate a working group comprised of other Healthwatch organisations nationally to discuss how to maximise our impact and influence on these ICS committees.

In 2023, South West London Healthwatch organisations collaborated closely with the ICS Patient and Public Engagement team to ensure that our residents influence decisions about their health and care. With the support of this team, Healthwatch helped embed learnings from over 1,000 residents into the ICS's five-year strategy documents, which contain a list of initiatives that directly address residents' concerns.



**HEALTHWATCH SUTTON  
REPORT OF THE TRUSTEES  
FOR THE YEAR ENDED 31 MARCH 2024  
/contd...**

We now represent the patient voice on new ICS committees and working groups dedicated to providing oversight of ICS strategy delivery. These committees provide us with a platform to shape the implementation of projects using insights we have heard from patients, carers and the public. We also champion best practices in engagement and encourage ICS colleagues to use these in developing new health and care initiatives.

**5.8 Next steps**

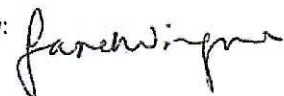
Over the next year, we will keep reaching out to every part of society, especially people in the most deprived areas, so that those in power hear their views and experiences.

We will also work together with partners and our local Integrated Care System to help develop an NHS culture where, at every level, staff strive to listen and learn from patients to make care better.

Our top three priorities for the next year are:

1. Carrying out an assessment of local maternity services.
2. Talking to users of domiciliary care services about the care they received.
3. Reporting on services provided by local pharmacists, for example regarding the availability of medications.

Approved by the Board of Trustees on 19/12/2024 and signed on its behalf by:



Janet Wingrove  
Trustee



**Independent Examiner's Report to the Trustees of:**

**HEALTHWATCH SUTTON**

I report to the charity trustees on my examination of the accounts of the company for the year ended 31 March 2024, which are set out on pages 11 to 15.

**Responsibilities and basis of report**

As the charity trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your company's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

**Independent examiner's statement**

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



K Fisher BA, FCA, CTA  
For and on behalf of Kingston Burrowes Audit Ltd  
Statutory Auditors  
308 Ewell Road  
Surbiton  
Surrey  
KT6 7AL

20-12-2024

**HEALTHWATCH SUTTON**  
**STATEMENT OF FINANCIAL ACTIVITIES**  
**(Incorporating Income and Expenditure Account)**  
**FOR THE YEAR ENDED 31 MARCH 2024**

	Notes	2024 £	2023 £
<b>INCOME</b>			
Donations		-	244
Incoming resources from charitable activities	2	245,127	288,021
		<u>245,127</u>	<u>288,265</u>
<b>EXPENDITURE</b>			
Charitable activities	3	251,255	235,612
		<u>251,255</u>	<u>235,612</u>
<b>NET MOVEMENT IN FUNDS</b>		(6,128)	52,653
<b>Reconciliation of Funds</b>			
Fund balances brought forward	8	93,716	41,063
<b>Fund balances carried forward</b>	8	<u>£87,588</u>	<u>£93,716</u>

All funds are unrestricted.

All income and expenditure is derived from continuing activities.

The notes form part of these Financial Statements

**HEALTHWATCH SUTTON**  
(Company No: 08171224)

**BALANCE SHEET**

**AS AT 31 MARCH 2024**

	Notes	2024 £	2023 £
<b>CURRENT ASSETS</b>			
Debtors	6	34,196	317
Cash at Bank		69,275	99,257
		<u>103,471</u>	<u>99,574</u>
<b>CREDITORS:</b>			
Amounts falling due within one year	7	15,883	5,858
<b>NET ASSETS</b>		<u>£87,588</u>	<u>£93,716</u>
<b>FUNDS</b>			
Unrestricted funds	8	<u>£87,588</u>	<u>£93,716</u>

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2024.

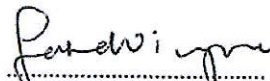
The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2024 in accordance with Section 476 of the companies Act 2006.

The directors acknowledge their responsibilities for:

- (a) ensuring that the company keeps accounting records which comply with Section 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit for loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

These Financial Statements have been prepared in accordance with the Special Provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by the Board of Trustees on 19 / 12 2024 and signed on its behalf by:

  
Janet Wingrove

Trustee

The notes form part of these Financial Statements.



**HEALTHWATCH SUTTON**  
**NOTES TO THE FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31 MARCH 2024**

**1. ACCOUNTING POLICIES**

**a) Basis of preparation and assessment of going concern**

The financial statements have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated. The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102), the Charities Act 2011, the Companies Act 2006 and UK Generally Accepted Accounting Practice.

The Charity constitutes a public benefit entity as defined by FRS 102.

The trustees consider that there are no material uncertainties about the Charity's ability to continue as a going concern.

The significant accounting policies have been consistently applied to all years presented unless otherwise stated.

**b) Fund Accounting**

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Restricted funds are those funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the charity for specific purposes.

**c) Company Status**

The charity is a company limited by guarantee and is registered in England and Wales. The members of the company are the trustees. In the event of the charity being wound-up, the liability in respect of the guarantee is limited to £1 per member of the charity. The address of the registered office is given in the Reference and Administrative Information on page 1.

**d) Incoming Resources**

All incoming resources are included in the Statement of Financial Activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy. Income from contracts which are related to performance is recognised as the charity earns the right to consideration by its performance.

**e) Resources Expended**

All expenditure is accounted for on an accruals basis.

Charitable activities comprise those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity and include independent examination fees and costs linked to the strategic management of the charity.

**f) Pension Costs**

The charity operates a defined contribution pension scheme for the benefit of its employees. The cost of contributions are charged to the Statement of Financial Activities in the year they are payable.

# HEALTHWATCH SUTTON

## NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2024

/contd...

### 1. ACCOUNTING POLICIES (cont'd)

#### g) Leases

Operating lease rentals are charged to the Statement of Financial Activities on a straight line basis over the period of the lease.

#### h) Debtors and creditors receivable/payable within one year

Debtors and creditors with no stated interest rate and which are receivable or payable within one year are recorded at transaction price. Any losses arising from impairment are recognised in expenditure.

### 2. INCOME FROM CHARITABLE ACTIVITIES

	2024 £	2023 £
Contracts		
London Borough of Sutton	93,359	94,979
NHS Sutton Clinical Commissioning Group	40,968	40,968
NHS South West London Integrated Care Board	110,000	82,500
NHS Core 20 Plus Funding	-	52,690
Other organisations	800	16,884
	<u>£245,127</u>	<u>£288,021</u>

All of the £288,021 recognised in 2023 related to unrestricted funds.

### 3. CHARITABLE ACTIVITIES

	Direct costs £	Grant funding of activities £	Support costs £	TOTAL 2024 £	TOTAL 2023 £
Staff and volunteers costs	200,138	-	-	200,138	121,402
Subcontractors	-	18,000	-	18,000	82,459
Property costs	-	-	7,892	7,892	6,388
General running costs	-	-	8,332	8,332	7,740
Management costs	-	-	5,200	5,200	5,200
ICT costs	-	-	4,490	4,490	4,709
Finance costs	-	-	1,480	1,480	2,600
Other support costs	-	-	4,323	4,323	3,680
Governance costs (note 4)	-	-	1,400	1,400	1,434
	<u>£200,138</u>	<u>£18,000</u>	<u>£33,117</u>	<u>£251,255</u>	<u>£235,612</u>

All of the £235,612 expenditure recognised in 2023 related to unrestricted funds.

All of the above costs relate to the sole activity of the Charity which is to offer people a chance to have their say and help improve local health and social care services.

**HEALTHWATCH SUTTON**  
**NOTES TO THE FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31 MARCH 2024**  
/cont'd....

<b>4. GOVERNANCE COSTS</b>	<b>2024</b>	<b>2023</b>
	<b>£</b>	<b>£</b>
Independent Examiner's fees	1,400	1,434
Board Meetings and AGM	-	-
Other costs	-	-
	<u>£1,400</u>	<u>£1,434</u>
<b>5. STAFF COSTS</b>	<b>2024</b>	<b>2023</b>
	<b>£</b>	<b>£</b>
Wages and salaries	171,188	105,135
Social Security costs	17,389	10,684
Pension costs	7,663	3,765
Other direct costs	3,898	1,818
	<u>£200,138</u>	<u>£121,402</u>
	<b>No:</b>	<b>No:</b>
Average number of employees based on full-time equivalents and on employee numbers	<u>5</u>	<u>6</u>

No employee received remuneration amounting to more than £60,000 in either period, excluding employers national insurance and employer pension contributions.

Total employee benefits received by key management amounted to £58,155 (2023 : £55,600).

Under FRS 102, employee benefits include gross salary, benefits in kind, employer's national insurance and employer's pension costs.

<b>6. DEBTORS</b>	<b>2024</b>	<b>2023</b>
Other debtors and prepayments	<u>£34,196</u>	<u>£317</u>
<b>7. CREDITORS: Amounts falling due within one year</b>	<b>2024</b>	<b>2023</b>
Other creditors and accruals	<u>£15,883</u>	<u>£5,858</u>

<b>8. STATEMENT OF FUNDS</b>	<b>At</b>	<b>Incoming</b>	<b>Resources</b>	<b>At</b>
	<b>31 March</b>	<b>Resources</b>	<b>Expended</b>	<b>31 March</b>
	<b>2023</b>	<b>£</b>	<b>£</b>	<b>2024</b>
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
Unrestricted funds				
General funds	<u>£93,716</u>	<u>£245,127</u>	<u>£(251,255)</u>	<u>£87,588</u>

The General Fund represents the free resources of the charity which are not designated for particular purposes.

**9. RELATED PARTIES**

During the year, 0 trustees (2023: 0) were reimbursed for expenses (2023: £Nil).

The trustees received no remuneration in either year.



