

MBS Centre Ltd

England & Wales · Charity number 1151593

Details

Other names	MARYLEBONE BANGLADESH SOCIETY, MARYLEBONE BANGLADESH SOCIETY LTD
Status	Registered
Legal form	Charitable company
Company number	07451584
Registered	2013-04-10
Register	View on the Charity Commission register

Contact

Address Marylebone Bangladesh Society
Community Centre
19 Samford Street
London
NW8 8ER

Phone 02077249746

Email info@mbs-uk.org

Website www.mbs-uk.org

Activities

Objects: (A)TO PROVIDE OR ASSIST IN THE PROVISION OF FACILITIES FOR THE RECREATION AND OTHER LEISURE TIME OCCUPATION FOR THE INHABITANTS OF ST. JOHN'S WOOD, MARYLEBONE, PADDINGTON AREA AND IN PARTICULAR PERSONS OF BANGLADESHI ORIGIN IN THE INTERESTS OF SOCIAL WELFARE AND WITH THE OBJECT OF IMPROVING THEIR CONDITION OF LIFE.(B)TO ADVANCE EDUCATION AMONG THE INHABITANTS OF ST. JOHN'S WOOD, MARYLEBONE, PADDINGTON AND THE SURROUNDING AREA AND IN PARTICULAR AMONG PERSONS OF BANGLADESHI ORIGIN.(C)TO PROMOTE GOOD RACE RELATIONS IN ST. JOHN'S WOOD,MARYLEBONE, PADDINGTON AND THE SURROUNDING AREA BY ENDEAVOURING TO ELIMINATE DISCRIMINATION ON GROUNDS OF RACE AND ENCOURAGING EQUALITY OF OPPORTUNITY BETWEEN PERSONS OF DIFFERENT RACIAL GROUPS.

Activities: Welfare Rights Advice, Supplementary School, Youth Club, Health Related Activities for the community.

Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** General Charitable Purposes, Education/training, The Advancement Of Health Or Saving Of Lives, The Prevention Or Relief Of Poverty, Arts/culture/heritage/science, Amateur Sport, Economic/community Development/employment, Recreation
- **Who:** Children/young People, Elderly/old People, People With Disabilities

Geography

- City Of Westminster

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£429,743	£412,162	-	-
2024-03-31	£479,163	£439,207	-	-
2023-03-31	£328,044	£272,058	-	-
2022-03-31	£222,920	£210,175	-	-
2021-03-31	£239,904	£179,701	-	-

Trustees

Name	Role	Appointed
INTAJ ALI	Chair	2013-02-11
ABDUS HAMID		2013-02-11
MEHFUZ AHMED		2013-02-11
MOHAMMED MAHBUBUR RAHMAN		2013-02-11
SHAHIN AHMED CHOWDHURY		2013-02-11
SHAMIM AHMED		2013-02-11
WALI AHMED		2013-02-11

MBS Centre Ltd

England & Wales - Charity number 1151593

Accounts

Registered Charity No: 1151593
Company Registration No: 07451584

MBS CENTRE LTD
(Company Limited by Guarantee)
19 SAMFORD STREET
LONDON
NW8 8ER



REPORT OF TRUSTEES AND FINANCIAL STATEMENTS

PREPARED BY
MOHAMMAD SHAH & CO LLP
CHARTERED ACCOUNTANTS

BANK HOUSE
209 Merton Road
Wimbledon
London SW19 1EE

MBS CENTRE LTD
(Company Limited by Guarantee)

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MBS CENTRE LTD

(Company Limited by Guarantee)

LEGAL & ADMINISTRATIVE INFORMATION

Organisation Name & Address : MBS Centre Ltd
19 Samford Street
London
NW8 8ER
Telephone: 020 7724 9746

List of Executive Committee Members of MBS Centre Ltd

Chairman : Intaj Ali
Vice-Chair : Wali Ahmed
Secretary : Shahin Ahmed Chowdhury
Treasurer : Abdus Samad Hamid
E/C Member : Mehfuz Ahmed
E/C Member : Mahbubur Rahman Khukon
E/C Member : Shamim Ahmed
:

Independent Examiner : Mohammad Shah & Co. LLP
Chartered Accountants
BANK HOUSE
209 Merton Road
London SW19 1EE

Bankers : Santander Bank Plc
Bridle Road
Bootle
L30 4GB

MBS CENTRE LTD

REPORT OF THE TRUSTEES

The Trustees, who are also the directors of the charity for the purpose of the Companies Act 2016, present their report with the financial statement of the charity for the year ended 31 March 2025. The Trustees have adopted the provisions of the Statement of Recommended Practice (SORP) 'Accounting and Reporting by charities' issues in March 2005.

Our Vision

Our overarching vision is for a thriving and vibrant local community in north part of Westminster.

Our Aims

MBS Centre Ltd (MBS) is a grass-roots, community-led charity established in 1979 to provide much needed support in the areas of social welfare, education and development, and health and wellbeing for the wider community.

We aim to:

- Promote or assist in the provision of facilities and other leisure time occupation of the local residences in the City of Westminster.
- Promote education and good race relations by endeavouring to eliminate discrimination on grounds of race and encouraging equal opportunities between persons of different background.
- Increase resilience, social cohesion, and foster community spirit.

GOVERNANCE AND MANAGEMENT

Governance

The Charity is registered as a Charitable Company Limited by Guarantee and is governed according to its Memorandum and Articles of Association. The Charity has no share capital or debentures, hence there are no Directors' Interests requiring disclosure. In the event of the Charity being wound up, each member is required to contribute an amount not exceeding £1.

There are seven Management Committee members, and we meet every quarter as one group to ensure that MBS remains on track to delivery our annual commitment of service and support to our communities. Operational matters are delegated to the Centre Manger who in turn oversees the staff who deliver each of our services. There are no other sub-committees of the Management Committee, however, we have the capacity to convene special 'task and finish' groups from amongst the overall Committee should the need arise (e.g. to look closely at financial matters, staffing issues, etc.). We recognise that our Management Committee members all give their time free of charge and therefore believe that we need to limit the burden placed on them.

Strategic Approach

Our strategic approach over the past year has been to:

- Continue to deliver high-quality services to our communities.
- Identify areas of our operational management which need improvement.
- Strengthen relationships with our partners and benefactors.

Operational Management

Our operational staff comprise:

- Centre Manager: responsible for supporting all MBS staff, reporting to the Management Committee, overseeing strategic direction of the organisation, leading partnership work, undertaking fundraising and maintaining positive relations with the community.
- Finance and Administrative Officer: responsible for day-to-day administrative duties and finance work.
- 11 other project staff including Youth Workers, Advice Workers, Health Project Workers.

MBS CENTRE LTD **REPORT OF THE TRUSTEES**

Reserves and Reserves Policy

MBS is committed to using its resources in pursuit of its charitable objectives. It is also committed, however, to maintaining a level of reserves that is prudent to meet ongoing liabilities, sufficient to ensure that all service delivery commitments can be met and to protect the long-term future of our operations. Our reserves policy seeks to balance these priorities by holding a level of reserves sufficient to:

- Ensure the availability of sufficient working funds in hand.
- Provide a breathing space in case of unexpected loss of income to ensure that services can be maintained. And
- Provide sufficient funds for an orderly winding-down in the event of a need to cease activity.

Results

The net incoming resources for the year amounted to £17,581 (2024 £39,956).

Risk Statement

The Management Committee has acted so that the systems have been established to enable regular reports to be produced so that necessary steps can be taken to lessen these risks.

This Report has been prepared in accordance with the Statement of Recommended Practice- Accounting and Reporting by Charities issued in March 2005.

Statement of Responsibility to the Trustees

The Charities Act requires the Management Committee to prepare financial statements for each financial year which gives a true and fair view of the state of affairs of the Society for that year. In preparing those financial statements, the Management Committee is required to:

- Select suitable accounting policies, apply them consistently and include them in financial statements.
- State whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statement.
- Prepare the accounts on the going concern basis unless it is inappropriate to presume that the Society will continue to operate.

The Management Committee is responsible for maintaining proper books of accounts with respect to the Society's transactions and its assets and liabilities, for maintaining satisfactory system of internal control over the Society's book of accounts and transaction. The Management Committee is also responsible for the safeguarding of assets of the Society - taking reasonable steps for the prevention and detection of fraud and other irregularities.

Volunteers

At MBS, we believe in the power of community and collective action to drive positive change. Through the dedication of our volunteers we work to improve education, promote environmental and social conversation, and support the underserved communities. Our goal is to empower individuals to contribute their time, skills, and passion to create meaningful impact while fostering personal growth and community connection. MBS will continue to work hard to maintain strong connections with our community of volunteers and support them to achieve their full potential by making them feel valued and motivated.

MBS CENTRE LTD
REPORT OF THE MANAGEMENT COMMITTEE

In this reporting year, we had the support of 14 volunteers including four young volunteers who provided support to our Youth Workers. One of our strategic goals around volunteering is that we want to grow a pool of young volunteers with a multitude of diverse talents. We aim to do this by reaching out through our existing channels but also by establishing new ones.

Risk Management

The Trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error. Trustees receive updates from Centre Manager and discuss the threat of risks and direct the Manager to take reasonable mitigation steps.

Partnership Working

MBS' Management Committee members, staff and volunteers are committed to partnership working. This is an area we want to develop further in future and explore joint service delivery with others. We recognise that resources are going to be scarcer in the future, but the needs of our communities are unlikely to reduce. We therefore believe one of the ways to manage with less is to join forces with others with common interests and complementary aims.

During the last year we have worked in partnership with:

- Young Westminster Foundation
- London Tigers
- BME Health Forum
- Fourth Feathers Youth and Community Centre
- Westminster Citizens Advice
- North Paddington Youth Club
- Church Street Regeneration Team
- Westminster City Council
- Making Communities Work and Grow
- One Westminster
- Age UK Westminster
- Kongelese Centre for Information and Advice
- Local schools
- And many other local voluntary and statutory organisations

Partnership work has centred around referrals and sharing expertise/experiences. We are committed to nurturing strong, sustainable relationships with our hope to build on this for future years and explore how we can increase efficiencies by sharing resources where this is possible. We note the sensitivities of partners, ensuring open communication, transparency, and a unified vision for the future. Through these partnerships we strive to make a difference that none of us can achieve alone.

MBS CENTRE LTD

REPORT OF THE MANAGEMENT COMMITTEE

Projects Delivered in 2024-2025

Advice and Information

Our Advice and Information Project continued to support individuals and families facing disadvantages due to language barriers and limited understanding of the welfare rights system. The service remained a vital source of support for some of the most vulnerable members of the community.

Throughout the year, the programme delivered in-person drop-in sessions and appointments on Mondays, Tuesdays and Thursdays (10:00 am – 4:00 pm), providing advice in Bengali and Arabic for those clients who had language barriers.

Support provided included:

- Welfare benefits advice and claims support.
- Housing advice, including rehousing, repairs and homelessness.
- Debt advice, particularly relating to Council Tax and utility arrears.
- Support to understand utility bills and manage household finances.
- Guidance navigating the health and care system.

As a result of the cost-of-living crisis, the Advice and Information Project experienced increased demand across several key areas:

- Applications for food vouchers.
- Debt support, especially for utility bills.
- Uptake of benefit top-ups and entitlements.
- Access to SIM cards providing free internet and calls.

During this continued cost-of-living crisis, we noticed the following key trends:

- An increase in the number of clients experiencing mental health difficulties.
- More working-age adults are becoming unemployed and claiming Universal Credit or other benefits.
- A significant rise in disability benefit claims, including PIP, Attendance Allowance and DLA.
- High levels of digital exclusion, particularly among clients who faced difficulties accessing increasingly online systems and application processes.

Sign-posting and referrals remained a core function of the Advice and Information Project, ensuring clients accessed the most appropriate specialist support. Referrals were made to the following organisations, which resulted in improved outcomes for service users:

- Westminster Citizens Advice.
- Age UK Westminster.
- Westminster City Council's Housing Solutions Team.

Overall, the Advice and Information Project played a crucial role in reducing financial hardship, improving access to essential services, and supporting clients to navigate complex systems. The year demonstrated the continued importance of bilingual face-to-face advice, and strong partnerships with other organisations in responding to growing community needs.

MBS CENTRE LTD **REPORT OF THE MANAGEMENT COMMITTEE**

Health Advocacy Project

Our Health Advocacy project began in September 2022 and continued throughout 2025. MBS has supported a number of regular clients who rely on the service for help with managing their healthcare needs. These needs include:

- Booking GP appointments.
- Rearranging hospital appointments.
- Interpreting letters from the NHS for those who are unable to read or write.

We have also assisted several clients in completing registration forms for new GP surgeries and dental practices. This personalised support has helped clients feel more confident and empowered when navigating the healthcare system.

Healthy Lifestyle Programme

The Healthy Lifestyle Project was a 12-week group programme designed to improve overall health and wellbeing by helping participants develop sustainable healthy habits

Through initial assessments, goal setting, weekly group sessions, and ongoing support, participants were encouraged to increase physical activity, improve diet, manage stress, and establish regular exercise routines. The programme fostered motivation and accountability through peer support, facilitator guidance, and practical resources.

Despite challenges such as time constraints and motivation dips, participants showed strong engagement and made positive changes in physical activity, eating habits, confidence, and mental wellbeing, with many reporting readiness to maintain these lifestyle changes beyond the programme.

Healthy Communities Fund

The Healthy Community Fund supported community wellbeing by delivering inclusive activities focused on physical activity, nutrition and healthy lifestyles. The programme successfully engaged adults across the community, supporting improved health, confidence and long-term wellbeing. Activities included:

- Exercise classes and swimming sessions.
- Cook and eat workshops.
- Nutrition education.
- Staff training to strengthen local delivery capacity.

Throughout the year, the impact the programme has had include:

- Increased participation and engagement in physical activity.
- Improved knowledge and practical skills around healthy eating and fitness.
- Greater confidence, improved fitness and healthier lifestyle choices among participants.
- Reduced isolation and increased access to appropriate services.
- Strengthened local capacity through training and partnership working.

With strong engagement, inclusive delivery and consistent support, the programme enabled participants to develop skills, adopt healthier habits and improve overall wellbeing. The programme demonstrated significant positive impact and established a strong foundation for continued, community-focused delivery.

MBS CENTRE LTD **REPORT OF THE MANAGEMENT COMMITTEE**

Tea Coffee Drop-in

Our Tea and Coffee Drop-in continues to provide members of the community to meet up in a safe environment, encouraging interaction and build relationships, reducing isolation and fostering a sense of community. It offers a break from routine, promoting relaxation and stress relief. The session runs twice a week and incorporates a variety of employment and health-

Winter vaccination

The Winter Vaccination Programme in NHS North West London supported residents to stay well during winter by promoting flu and COVID-19 vaccinations, (including targeted awareness of the children's flu nasal spray for eligible age groups) by providing clear guidance on where to access the right health services. The programme increased awareness of vaccination benefits, improved understanding of healthcare pathways, and helped reduce pressure on health services during the winter

Older People's Project

Our project for people aged 55 and over has continued to grow, with increased participation. The project supports older adults to remain active, improve their diet, and reduce isolation and loneliness, while promoting independence, confidence

Activities that were delivered include:

- Weekly exercise classes: supporting mobility, strength, flexibility and overall physical health.
- Massage sessions: promoting relaxation, pain relief, circulation and improved wellbeing.
- Healthy lifestyle sessions (monthly): covering maintaining good health, healthy eating and managing chronic illnesses.
- Healthy luncheon club: providing nutritious meals in a welcoming social setting, encouraging healthy eating while reducing isolation and strengthening social connections.
- Step into learning – digital skills: supporting participants to develop essential digital skills, including:
 - Using computers and smartphones
 - Joining online meetings (e.g. Zoom)
 - Setting up and using email accounts.

For many participants, these sessions were their first experience of using digital technology, helping to increase confidence, independence and social inclusion.

Youth Provisions

Thanks to the generous support of our funders, we successfully delivered a wide range of activities to over 200 young people across our youth provision this year. Our youth club provides a safe and inclusive space where children and young people can grow, learn and thrive under the guidance of qualified youth workers.

Core Activities Delivered

- PS5 and FIFA tournaments, table tennis, board games (chess, Monopoly), movie nights and live sports.
- Brazilian Jiu Jitsu, football, gymnastics and multisport sessions.
- Scrapbooking, tote bag printing, sewing, henna painting, calligraphy and weekly crochet sessions.
- Crime awareness, education and employment pathways, mental and physical wellbeing, e-safety, cyberbullying and learn
- Half-term and summer programmes including the Holiday Activity Fund (HAF), trips, and indoor/outdoor activities.
- First Aid, safeguarding and volunteering opportunities.

MBS CENTRE LTD **REPORT OF THE MANAGEMENT COMMITTEE**

Targeted Youth Clubs

Senior Youth Club: supported through sport, workshops, trips and mentoring, promoting confidence, leadership, teamwork and positive decision-making. Detached and virtual youth work expanded engagement, while individual guidance supported education, training and employment pathways.

Girls Youth Club: delivered engaging activities focused on confidence, wellbeing and leadership. Creative sessions and volunteering opportunities strengthened resilience, independence and social connection, with strong family and community engagement.

Junior Youth Club: offered a variety of age-appropriate activities including football, gymnastics, Jiu Jitsu and chess, supporting physical activity, ski development and positive social interaction.

Specialist Programmes

The Holiday Activity Fund (HAF) provided nutritious meals alongside sports, creative and educational activities for children eligible for free school meals, reducing holiday food insecurity and promoting healthy lifestyles.

Football and Mediation Project (Church Street): a 12-month violence-reduction programme engaging young people aged 16–25 through weekly football and facilitated workshops, improving confidence, conflict-resolution skills and community cohesion.

Grants and support from the local council and partner organisations were instrumental in strengthening our delivery, securing match funding from other trusts, increasing project hours and expanding the reach and impact of our youth services.

Acknowledgements

The Management Committee would like to thank our benefactors and supporters:

John Lyon's Charity
BBC Children in Need
The Henry Smith Charity
Howard De Walden Estate
Paddington Development Trust
Young Westminster Foundation
London Marathon Charitable Trust
Healthy Communities Fund
London Community Foundation
The National Lottery Community Fund
BME Health Forum
NHS
Westminster City Council
Trust for London
Edward Harvist Trust

MBS CENTRE LTD
REPORT OF THE MANAGEMENT COMMITTEE

Statement as to Disclosure of Information to Independent Examiner

So far as the Trustees are aware, there is no relevant information of which the charitable company's independent examiners are unaware. Each trustee has taken all the steps that he or she ought to have taken as a trustee in order to make himself or herself aware of any relevant audit information and to establish that the charity's auditors are aware of that information.

This report was approved by the Board of Trustees on 4 December 2024 and signed on its behalf by:

A handwritten signature in black ink, appearing to read 'Intaj Ali', written in a cursive style.

Intaj Ali
Chairman
Date: 18 December 2025

REPORT OF THE INDEPENDENT EXAMINER
TO THE MANAGEMENT COMMITTEE OF
MBS CENTRE LTD

Independent Examiners Report to the Trustees for the year ended 31. March 2025.

The financial statements laid out in this report have been prepared under the historical cost convention and in accordance with the Statement of Recommendation Practice. Accounting and Reporting by Charities Commission issued in October 2000 and applicable Accounting Standards and the Charities Act 1993.

Responsibilities of the Trustees and the Management Committee as the Charity's Trustees, you are responsible for the preparation of the accounts and that you consider the audit requirements of Section 43 (2) of the Charities Act 1913, this act does not apply. It is my responsibility to state that on the basis of procedures specified in the general directions given by the Charity Commissioners under section 43 (7) of the Act, whether particular matters have come to my attention.

Basis of Independent examiners' Statement

The examination ran the accounts were carried out in accordance with the general direction given by the Charities Commissioner. The examination includes:

A review of the accounting records kept by the Charity.

A comparison of the accounts presented with, those records made available

It includes consideration of any unusual items of the disclosures in the accounts

Finally, making explanation from you as the Trustees concerning any such matters relating to the accounts. The examination also includes examination of any such matters of evidence relevant to the account of disclosures to the financial statements. It includes assessment of the significant estimates and judgments made in the preparation of the financial statements, and of whether the accounting policies are appropriate to the charity's circumstances consistently applied and adequately disclosed. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit on the view given by the accounts.

Independent Examiners Statement

In connection with our examination no matter has come to our attention:

1. Which gives us reasonable cause to believe that in any material respect the requirements:

To keep accounting records in accordance with section 41 of the Act; and

To prepare accounts which accord with the accounting records and comply with the accounting requirements of the Act

Have not been met; or

2. To which in our opinion attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Opinion

In our opinion the financial statement as prepared give a true and fair view of the charity's state of affairs as at 31 March 2025 giving that the incoming resources and their application in the year then ended have been properly prepared with general direction given by the Charities Commissioner.


MOHAMMAD SHAH & CO. LLP
CHARTERED ACCOUNTANTS
BANK HOUSE, 209 Merton Road, London SW19 1EE
Date: 18 December 2025

MBS CENTRE LTD**(Company Limited by Guarantee)****INCOME AND EXPENDITURE ACCOUNT****FOR THE YEAR ENDED 31 MARCH 2025**

	Restricted Fund	Unrestricted fund	Total 2025	Total fund 2024
Incoming Resources				
Grants	300,607	-	300,607	323,365
Other	-	46,794	46,794	45,446
Interest Received	-	707	707	465
Rental/Hire Income	-	81,635	81,635	109,887
	<u>300,607</u>	<u>129,136</u>	<u>429,743</u>	<u>479,163</u>
Direct Charitable Expenditure				
BBC Children In Need	3,240	-	3,240	9,929
Westminster CC/Others	35,345	-	35,345	32,335
Westminster CC Core Fund	30,000	-	30,000	-
John Lyon's Charity	40,229	-	40,229	39,285
Young Westminster Foundation	18,187	-	18,187	17,467
UK Youth	-	-	-	-
WCC Ward Budget	4,151	-	4,151	4,472
Trust for London	5,685	-	5,685	24,305
The Henry Smith Charity	31,400	-	31,400	33,024
Edward Harvist Trust	1,645	-	1,645	-
People's Health Trust	-	-	-	1,200
LCF Together for London	-	-	-	10,000
The National Lottery Community Fund	38,109	-	38,109	40,008
WCC Neighbourhood CIL	12,200	-	12,200	-
London Marathon Charitable Trust	14,943	-	14,943	8,787
BME Health Forum (Health Programmes)	24,693	-	24,693	18,211
One Westminster	400	-	400	-
NHS Winter /Cancer Campaign	5,889	-	5,889	4,111
Howard De Walden Estate	10	-	10	9,990
Emergency Grant (WCC)	-	-	-	9,600
Community Priorities Programme (WCC)	7,661	-	7,661	15,792
Healthy Communities Fund (WCC)	24,080	-	24,080	1,612
Paddington Development Trust	2,000	-	2,000	-
Reserve Funds and other	-	112,295	112,295	159,079
	<u>299,867</u>	<u>112,295</u>	<u>412,162</u>	<u>439,207</u>
Net surplus/Deficiency for the year	740	16,841	17,581	39,956
Funds at 1 April 2024	93,776	128,982	222,758	182,802
Funds at 31 March 2025	<u>94,516</u>	<u>145,823</u>	<u>240,339</u>	<u>222,758</u>

MBS CENTRE LTD
(Company Limited by Guarantee)
BALANCE SHEET AS AT 31 MARCH 2025

	NOTES	2025		2024	
		£	£	£	£
Fixed Assets	5		2		2
Current Assets					
Debtors	7	33,846		53,984	
Cash at Bank and in Hand		<u>209,691</u>		<u>176,271</u>	
		243,537		230,255	
Less: Current Liabilities					
Creditors: Amounts falling due		<u>(3,200)</u>		<u>(7,499)</u>	
Net Current Assets			<u>240,337</u>		<u>222,756</u>
Total Assets			240,339		222,758
Accumulated Funds					
Restricted Funds	4		94,516		93,776
Unrestricted Funds	4		<u>145,823</u>		<u>128,982</u>
			240,339		222,758

These financial statements were approved by the Executive Committee on and signed on their behalf by:



Chairman
Intaj Ali



General Secretary
Shahin Chowdhury



Treasurer
Abdus Hamid

MBS CENTRE LTD
(Company Limited by Guarantee)

NOTES TO THE ACCOUNTS

FOR THE YEAR ENDED 31 MARCH 2025

1 Accounting Policies

1.1 Basis of Preparation

The accounts have been prepared under the historical cost convention. The accounts have been prepared in accordance with the Statement of Recommended Practice, "Accounting and Reporting by Charities".

1.2 Grants are taken to the income and expenditure account on accrual basis. One off donations are taken to the income and expenditure accounts on receivable basis.

1.3 Membership fees are taken to the income and expenditure account on a receipt basis.

1.4 The charity is not registered for VAT and accordingly expenditure is shown gross of irrecoverable VAT.

1.5 Tangible Fixed Assets & Depreciation

Tangible fixed assets are stated at cost less depreciation. Depreciation is provided at rates calculated to write off the cost less estimated residual value of each asset over its expected useful life, as follows:

Furniture , Fixtures & Equipment	20% On Cost
Computer Equipment	25% On Cost

2. Grants and Interest received

	Restricted	Unrestricted	Total 2025	Total 2024
	£	£	£	£
BBC Children In Need	-	-	-	10,000
Westminster CC/Other	35,946	-	35,946	28,831
Westminster CC Core Fund	30,000	-	30,000	-
John Lyon's Charity	40,000	-	40,000	40,000
Young Westminster Foundation	13,054	-	13,054	23,996
UK Youth	20,000	-	20,000	-
WCC Ward Budget	4,151	-	4,151	4,472
Edward Harvist Trust (WCC)	1,645	-	1,645	-
Trust for London	-	-	-	36,150
The Henry Smith Charity	30,000	-	30,000	30,000
People's Health Trust	-	-	-	2,494
LCF Together for London	-	-	-	10,000
The National Lottery Community Fund	40,475	-	40,475	39,874
WCC Neighbourhood CIL	12,200	-	12,200	-
London Marathon Charitable Trust	15,730	-	15,730	8,000
NHS (Winter/Cancer Campaign)	2,500	-	2,500	7,500
BME Health Forum	23,916	-	23,916	24,500
Howard De Walden Estate	-	-	-	10,000
Emergency Grant (WCC)	-	-	-	9,600
Community Priorities Programme (WCC)	-	-	-	23,453
Healthy Communities Fund (WCC)	28,990	-	28,990	14,495
Paddington Development Trust	2,000	-	2,000	-
Other income	-	46,794	46,794	45,446
Rental Income	-	81,635	81,635	109,887
Interest Received	-	707	707	465
	<u>300,607</u>	<u>129,136</u>	<u>429,743</u>	<u>479,163</u>

MBS CENTRE LTD
(Company Limited by Guarantee)
NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31 MARCH 2025

3. Employees

The average number of employee (part-time and full-time) during the year was as follows:-

	2025	2024
Number of employees	18	18
	18	18

Employment Cost

	2025	2024
Wages and NIC	132,627	146,662
	132,627	146,662

There were no employees whose annual emoluments were £50,000 or more.

4. Movements of funds

notes	Balance 31/03/2024	Incoming resources	Resour-ces expended	Balance 31/03/2025
BBC Children In Need	3,240	-	3,240	-
Westminster CC/Other	4,318	35,946	35,345	4,919
Westminsterr CC Core Fund	-	30,000	30,000	-
John Lyon's Charity	27,244	40,000	40,229	27,015
WCC Neighbourhood CIL	-	12,200	12,200	-
Young Westminster Foundation	14,284	13,054	18,187	9,151
UK Youth	-	20,000	-	20,000
WCC Ward Budget	-	4,151	4,151	-
Edward Harvist Trust	-	1,645	1,645	-
Trust for London	5,685	-	5,685	-
The Henry Smith Charity	4,982	30,000	31,400	3,582
People's Health Trust	-	-	-	-
LCF Together for London	1	-	-	1
The National Lottery Community Fund	5,427	40,475	38,109	7,793
One Westminster	400	-	400	-
BME Health Forum	5,039	23,916	24,693	4,262
NHS Winter/Cancer Campaign	3,389	2,500	5,889	-
London Marathon Charitable Trust	787	15,730	14,943	-
Howard De Walden Estate	10	-	10	-
Paddington Development Trust	-	2,000	2,000	-
Community Priorities Programme (WCC)	7,661	-	7,661	-
Healthy Communities Fund (WCC)	12,883	28,990	24,080	17,793
Restricted Fund	93,776	300,607	299,867	94,516
Unrestricted Fund	128,982	129,136	112,295	145,823
	222,758	429,743	412,162	240,339

MBS CENTRE LTD**(Company Limited by Guarantee)****NOTES TO THE ACCOUNTS****FOR THE YEAR ENDED 31 MARCH 2025****5. Fixed assets**

	Furniture fittings & Equip- ments	Computer equipts	Total
At Cost			
Balance 1 April 2024	21,865	13,514	35,379
At 31 March 2025	21,865	13,514	35,379
Depreciation			
Balance 1 April 2024	21,864	13,513	35,377
Charge for the year	-	-	-
	21,864	13,513	35,377
Net Book Value			
At 31 March 2024	1	1	2
At 31 March 2025	1	1	2

6. Fixed assets setoff against grant received.

	Lease	F & F	Total
Cost	152,992	8,958	161,950
Less 100% grant received	(152,992)	(8,958)	(161,950)
At 31 March 2024	-	-	-
At 31 March 2025	-	-	-

7. Debtors

	2025	2024
	£	£
Prime Rent	-	25,337
Prime Utilities	12,245	17,675
BME Healthy Life Style	4,000	-
WCC Ward Budget	4,151	4,472
NHS Winter / Cancer Campaign	1,250	6,500
WCC Neighbourhood CIL	12,200	-
	33,846	53,984

8. Creditors

	2,025	2,024
	£	£
Other creditors	1,800	4,899
Rent arrears	-	-
Accountancy	1,400	2,600
	3,200	7,499

MBS Centre Ltd

England & Wales - Charity number 1151593

Accounts

Registered Charity No: 1151593
Company Registration No: 07451584

MARYLEBONE BANGLADESH SOCIETY LTD
(Company Limited by Guarantee)
19 SAMFORD STREET
LONDON
NW8 8ER



REPORT OF TRUSTEES AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024

PREPARED BY
MOHAMMAD SHAH & CO LLP
CHARTERED ACCOUNTANTS

BANK HOUSE
209 Merton Road
Wimbledon
London SW19 1EE

MARYLBONE BANGLADESH SOCIETY LTD
(Company Limited by Guarantee)

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MARYLBONE BANGLADESH SOCIETY LTD

(Company Limited by Guarantee)

LEGAL & ADMINISTRATIVE INFORMATION

Organisation Name & Address : Marylebone Bangladesh Society
19 Samford Street
London
NW8 8ER
Telephone: 020 7724 9746

List of Executive Committee Members of Marylebone Bangladesh Society

Chairman : Intaj Ali
Vice-Chair : Wali Ahmed
Secretary : Shahin Ahmed Chowdhury
Treasurer : Abdus Samad Hamid
E/C Member : Mehfuz Ahmed
E/C Member : Mahbubur Rahman Khukon
E/C Member : Shamim Ahmed
:
Independent Examiner : Mohammad Shah & Co. LLP
Chartered Accountants
BANK HOUSE
209 Merton Road
London SW19 1EE
Bankers : Santander Bank Plc
Bridle Road
Bootle
L30 4GB

MARYLEBONE BANGLADESH SOCIETY LTD **REPORT OF THE TRUSTEES**

The Trustees, who are also the directors of the charity for the purpose of the Companies Act 2016, present their report with the financial statement of the charity for the year ended 31st March 2024. The Trustees have adopted the provisions of the Statement of Recommended Practice (SORP) 'Accounting and Reporting by charities' issues in March 2005.

Our Vision

Our overarching vision is for a thriving and vibrant local community in north part of Westminster.

Our Aims

Marylebone Bangladesh Society (MBS) is a grass-roots, community-led charity established in 1979 to provide much needed support in the areas of social welfare, education and development, and health and wellbeing for the wider community.

We aim to:

- Promote or assist in the provision of facilities and other leisure time occupation of the local residences in the City of Westminster.
- Promote education and good race relations by endeavouring to eliminate discrimination on grounds of race and encouraging equal opportunities between persons of different background.
- Increase resilience, social cohesion, and foster community spirit.

GOVERNANCE AND MANAGEMENT

Governance

The Charity is registered as a Charitable Company Limited by Guarantee and is governed according to its Memorandum and Articles of Association. The Charity has no share capital or debentures, hence there are no Directors' Interests requiring disclosure. In the event of the Charity being wound up, each member is required to contribute an amount not exceeding £1.

There are seven Management Committee members, and we meet every quarter as one group to ensure that MBS remains on track to delivery our annual commitment of service and support to our communities. Operational matters are delegated to the Centre Manger who in turn oversees the staff who deliver each of our services. There are no other sub-committees of the Management Committee, however, we have the capacity to convene special 'task and finish' groups from amongst the overall Committee should the need arise (e.g. to look closely at financial matters, staffing issues, etc.). We recognise that our Management Committee members all give their time free of charge and therefore believe that we need to limit the burden placed on them.

Strategic Approach

Our strategic approach over the past year has been to:

- Continue to deliver high-quality services to our communities.
- Identify areas of our operational management which need improvement.
- Strengthen relationships with our partners and benefactors.

Operational Management

Our operational staff comprise:

- Centre Manager: responsible for supporting all MBS staff, reporting to the Management Committee, overseeing strategic direction of the organisation, leading partnership work, undertaking fundraising and maintaining positive relations with the community.
- Finance and Administrative Officer: responsible for day-to-day administrative duties and finance work.
- Ten other project staff including Youth Workers, Advice Workers, Health Project Workers.

MARYLEBONE BANGLADESH SOCIETY LTD
REPORT OF THE TRUSTEES

Reserves and Reserves Policy

MBS is committed to using its resources in pursuit of its charitable objectives. It is also committed, however, to maintaining a level of reserves that is prudent to meet ongoing liabilities, sufficient to ensure that all service delivery commitments can be met and to protect the long-term future of our operations. Our reserves policy seeks to balance these priorities by holding a level of reserves sufficient to:

- Ensure the availability of sufficient working funds in hand.
- Provide a breathing space in case of unexpected loss of income to ensure that services can be maintained. And
- Provide sufficient funds for an orderly winding-down in the event of a need to cease activity.

Results

The net incoming resources for the year amounted to £39,956 (2023 £55,986).

Risk Statement

The Management Committee has acted so that the systems have been established to enable regular reports to be produced so that necessary steps can be taken to lessen these risks.

This Report has been prepared in accordance with the Statement of Recommended Practice- Accounting and Reporting by Charities issued in March 2005.

Statement of Responsibility to the Trustees

The Charities Act requires the Management Committee to prepare financial statements for each financial year which gives a true and fair view of the state of affairs of the Society for that year. In preparing those financial statements, the Management Committee is required to:

- Select suitable accounting policies, apply them consistently and include them in financial statements.
- State whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statement.
- Prepare the accounts on the going concern basis unless it is inappropriate to presume that the Society will continue to operate.

The Management Committee is responsible for maintaining proper books of accounts with respect to the Society's transactions and its assets and liabilities, for maintaining satisfactory system of internal control over the Society's book of accounts and transaction. The Management Committee is also responsible for the safeguarding of assets of the Society - taking reasonable steps for the prevention and detection of fraud and other irregularities.

Volunteers

At MBS, we believe in the power of community and collective action to drive positive change. Through the dedication of our volunteers we work to improve education, promote environmental and social conversation, and support the underserved communities. Our goal is to empower individuals to contribute their time, skills, and passion to create meaningful impact while fostering personal growth and community connection. MBS will continue to work hard to maintain strong connections with our community of volunteers and support them to achieve their full potential by making them feel valued and motivated.

MARYLEBONE BANGLADESH SOCIETY LTD
REPORT OF THE MANAGEMENT COMMITTEE

In this reporting year, we had the support of 14 volunteers including four young volunteers who provided support to our Youth Workers. One of our strategic goals around volunteering is that we want to grow a pool of young volunteers with a multitude of diverse talents. We aim to do this by reaching out through our existing channels but also by establishing new ones.

Risk Management

The Trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error. Trustees receive updates from Centre Manager and discuss the threat of risks and direct the Manager to take reasonable mitigation steps.

Partnership Working

MBS' Management Committee members, staff and volunteers are committed to partnership working. This is an area we want to develop further in future and explore joint service delivery with others. We recognise that resources are going to be scarcer in the future, but the needs of our communities are unlikely to reduce. We therefore believe one of the ways to manage with less is to join forces with others with common interests and complementary aims.

During the last year we have worked in partnership with:

- Young Westminster Foundation
- London Tigers
- BME Health Forum
- Fourth Feathers Youth and Community Centre
- Westminster Citizens Advice
- North Paddington Youth Club
- Church Street Regeneration Team
- Westminster City Council
- Making Communities Work and Grow
- One Westminster
- Age UK Westminster
- Kongeese Centre for Information and Advice
- Local schools
- And many other local voluntary and statutory organisations

Partnership work has centred around referrals and sharing expertise/experiences. We are committed to nurturing strong, sustainable relationship with our hope to build on this for future years and explore how we can increase efficiencies by sharing resources where this is possible. We note the sensitivities of partners, ensuring open communication, transparency, and a unified vision for the future. Through these partnership we strive to make a difference that none of us can achieve alone.

Achievements and Performance

The communities we serve live mainly in six wards, four of which are amongst 10-20% of the most deprived wards in the UK and living below the poverty line. Over 50% of the population in these wards are from BAME and Refugee backgrounds. Seventy-eight per cent of the children from these wards come from families that receive means-tested benefits.

MARYLEBONE BANGLADESH SOCIETY LTD
REPORT OF THE MANAGEMENT COMMITTEE

Projects Delivered in 2023-2024

Advice and Information

With over 45 years of our Advice and Information service, we continue to providing help to users who are disadvantaged by their lack of the English language and knowledge and understanding of the welfare rights system.

This programme comprises in-person drop-in/appointments on Mondays, Tuesdays and Thursdays between 10 am – 4 pm, offering bilingual advice in Bengali and Arabic on welfare rights issues such as: welfare benefits claims, housing (including re-housing, repair, and homelessness), debt advice including Council Tax, support with understanding utility bills, and help navigating the health system.

This year, as a result of the cost-of-living crisis, we have seen a rise in the following cases:

- **Application for food vouchers**
- **Debts, in particular utilities**
- **Uptake of top-up benefits**
- **Uptake of SIM cards to access free internet and calls**

Sign posting and referring clients to more appropriate agencies such as Westminster Citizens Advice or Age UK Westminster, Westminster City Council's Housing Solution team, etc., was also a key function of the Advice and Information service so that the best solutions could be achieved for our clients.

Key observations through advice work

- We have seen an increase in the number of people suffering from mental health issues.
- More working-age people becoming unemployed and claiming Universal Credit or other benefits.
- Disability benefits (PIP, AA, or DLA) claims were much higher.
- Most clients (aged 35+) were digitally illiterate and facing difficulties because of sudden implementation of online applications and processes.

HEALTH AND WELLBEING PROGRAMME

Tea and Coffee Drop-in

Our Tea and Coffee Drop-in continues to provide members of the community to meet up in a safe environment, encouraging interaction and build relationships, reducing isolation and fostering a sense of community. It offers a break from routine, promoting relaxation and stress relief. The session runs twice a week and incorporates a variety of employment and health-related workshops.

Emotional Support Project

In partnership with the BME Health Forum and four other organisations, staff provided emotional support to local community members affected by the cost-of-living crisis.

Case Study

Client A had been very stressed by family issues. He has very little time for himself and feels very trapped inside and can't see any way out. Listing all the issues and possible ways to deal with them can take a long time. In the meantime, to relieve some of the stress, Client A has started to visit the park twice a week as well as doing some exercise.

MARYLEBONE BANGLADESH SOCIETY LTD
REPORT OF THE MANANGEMENT COMMITTEE

Health Advocacy

With our Health Advocacy project well underway, our health advocate provided support and awareness to empower communities regarding any issues relating to health. Work entailed booking appointments with GPs and hospitals, helping complete GP/dental registration forms, dealing with health service fines, translations, referrals and sign-posting etc.

This project's aims are to reduce health inequalities experienced by BAME communities in north west London. In the short term, it seeks to achieve this by recruiting bilingual advocates to help people to access services, and in the longer term, at scale, by recording their experiences to inform changes within NHS systems to improve access.

NHS Winter Outreach

We continue to assist and relay key messages that the NHS wanted to promote in winter 2023.

Outreach was carried out through distribution of leaflets, one-to-one discussions, advice surgeries, workshops, events, and in the form of quizzes for young people, as well as sign-posting.

NHS Cancer Screening

Primarily focusing on the BAME communities within the marginalised and deprived borough of Westminster, particularly in Church Street and Little Venice, we chose to focus on bowel, breast and cervical cancer screening awareness covered by the NHS national screening programme. However recognising the needs of our communities, we expanded our focus to include prostate cancer awareness. This addition was particularly important for engaging male members of our community who are often under-represented in health awareness campaigns. Our community work revealed that many cancer diagnoses were occurring at later stages (2-3 onwards) which is particularly shocking for patients. By focusing on these specific cancers we aimed to increase early detection, which significantly improves survival rate.

Combining in-person events with digital outreach the cancer screening project continued in the new year.

Community Priorities Programme

Reached out to women of all ages, empowering them and building connections in our community. The classes and enrichment activities enabled these women to develop new skills, experience a sense of achievement through their progression and accomplishment and grow their confidence.

The sewing classes provided participants with essential skills like creating, repairing, and upcycling clothing, promoting sustainable practices to reduce reliance on fast fashion and textile waste. Students learned to use sewing machines, apply basic and advanced stitching techniques, work with different fabrics, and create patterns, culminating in the production of traditional attire. They were also taught to mend clothes for reuse. Women-only swimming sessions were organised to promote inclusivity and community engagement. Participants learned about accessing discounted services in Westminster, obtaining Everyone Active cards, and booking online via the app. These sessions not only improved cardiovascular health and muscle strength but also enhanced mental wellbeing, reduced stress, and fostered social connections amongst attendees. Massage sessions offered significant benefits, such as alleviating muscle pain from medical conditions, reducing stress and anxiety, and improving overall relaxation. Participants reported improved mobility, emotional well-being, and a refreshed mindset, enabling them to lead more active and positive lives.

MARYLEBONE BANGLADESH SOCIETY LTD

REPORT OF THE MANAGEMENT COMMITTEE

ESOL classes integrated digital inclusion activities, helping students improve their English skills in reading, writing, speaking, and listening. They learned practical digital tasks such as booking GP appointments, using WhatsApp, and browsing the internet. With support from the City of Westminster Council and Vodafone, free SIM cards were provided, and some participants joined a digital inclusion workshop for over-55s. These sessions equipped students with essential digital skills, enabling them to stay connected with their communities and reducing social isolation.

Our museum trips celebrated local culture and history, offering participants an enriching experience. Visits to renowned London museums like the British Museum and Science Museum sparked curiosity, boosted confidence, and encouraged independent exploration of the city, while potentially reducing carbon emissions through local travel.

Women's Exercise Classes

The exercise classes provided participants with an opportunity to improve their physical health, build strength and enhance flexibility. Designed for all abilities, the sessions promoted well-being. The trainers also explained to users the benefits of fitness and exercise to tackle illness and sickness. They also discussed the benefit of healthy eating.

Youth Provision

With great generosity from funders, we have been very fortunate to be able to deliver various activities to over 165 young people during the year. Our youth club is a great place for children to develop under the guidance of our qualified Youth Workers.

- **General:** PS5 and FIFA tournaments, table tennis, board games such as chess and Monopoly, movie nights and live sports.
- **Physical disciplines:** martial arts classes – Brazilian Jiu Jitsu and Muay Thai, also Football and Multisports sessions.
- **Creative Art:** scrapbook, tote bag printing, sewing, art work, henna painting, calligraphy.
- **Workshops:** crime, education, employment, physical/mental health wellbeing, E- safety, cyber bullying.
- **Half term and summer** – HAF programme, trips, indoor and outdoor activities.
- **Training** - First Aid, volunteering.

Grants and support received from the local council and organisations have been instrumental in enhancing our Youth Project capabilities, particularly enhancing us to secure match-funding from other trusts, which in turn has allowed us to increase our project hours and expand our work.

Older People's Project

Continuing from the previous year our project for people aged 55 and over has seen an increase in participation. The purpose of this project is to help older people become more active, improve their diet and reduce isolation and loneliness.

Activities delivered as part of this project are: weekly exercise classes, monthly healthy lifestyle sessions discussing how to maintain good health, healthy eating and how to manage chronic illnesses, step into learning sessions – teaching people digital skills (for many it was the first time) such as using a computer, smartphone and joining Zoom sessions, setting up and using email accounts.

MARYLEBONE BANGLADESH SOCIETY LTD
REPORT OF THE MANAGEMENT COMMITTEE

Emergency Grant

Westminster City Council's Emergency Grant was extremely helpful helping us to come out of the financial crisis we were facing. With this grant, we were able to carry out essential repairs and maintenance work to our premises. With unexpected increase in utility bills we were able to save our reserves and it enabled us to pay for the increase in our bills. We were also able to increase the rates we pay volunteers and coaches for their work as they have been impacted by the increased cost of living. The grant also helped us cover unexpected increase in venue costs.

Looking Forward

Since our inception in 1979, MBS has been dedicated to empowering the community, fostering education, and advocating change. We have achieved incredible milestones that have shaped lives and strengthened communities. This year we celebrate our 45th Anniversary and we look forward to continue to remain committed to building on this legacy, embracing innovation and addressing the challenges of tomorrow.

Acknowledgements

The Management Committee would like to thank our benefactors and supporters:

John Lyon's Charity
BBC Children in Need
The Henry Smith Charity
Howard De Walden Estate
Neighbourhood Keepers (WCC)
Young Westminster Foundation
London Marathon Charitable Trust
People's Health Trust
London Community Foundation
The National Lottery Community Fund
BME Health Forum
NHS
Westminster City Council
Trust for London

Statement as to Disclosure of Information to Independent Examiner

So far as the Trustees are aware, there is no relevant information of which the charitable company's independent examiners are unaware. Each trustee has taken all the steps that he or she ought to have taken as a trustee in order to make himself or herself aware of any relevant audit information and to establish that the charity's auditors are aware of that information.

This report was approved by the Board of Trustees on 4 December 2024 and signed on its behalf by:



Intaj Ali
Chairman

Date: 4 December 2024

REPORT OF THE INDEPENDENT EXAMINER

TO THE MANAGEMENT COMMITTEE OF

MARYLEBONE BANGLADESH SOCIETY LTD

Independent Examiners Report to the Trustees for the year ended 31 March 2024.

The financial statements laid out in this report have been prepared under the historical cost convention and in accordance with the Statement of Recommendation Practice. Accounting and Reporting by Charities Commission issued in October 2000 and applicable Accounting Standards and the Charities Act 1993.

Responsibilities of the Trustees and the Management Committee as the Charity's Trustees, you are responsible for the preparation of the accounts and that you consider the audit requirements of Section 43 (2) of the Charities Act 19133, this act does not apply. It is my responsibility to state that on the basis of procedures specified in the general directions given by the Charity Commissioners under section 43 (7) of the Act, whether particular matters have come to my attention.

Basis of Independent examiners' Statement

The examination ran the accounts were carried out in accordance with the general direction given by the Charities Commissioner. The examination includes:

A review of the accounting records kept by the Charity.

A comparison of the accounts presented with, those records made available

It includes consideration of any unusual items of the disclosures in the accounts

Finally, making explanation from you as the Trustees concerning any such matters relating to the accounts. The examination also includes examination of any such matters of evidence relevant to the account of disclosures to the financial statements. It includes assessment of the significant estimates and judgments made in the preparation of the financial statements, and of whether the accounting policies are appropriate to the charity's circumstances consistently applied and adequately disclosed. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit on the view given by the accounts.

Independent Examiners Statement

In connection with our examination no matter has come to our attention:

1. Which gives us reasonable cause to believe that in any material respect the requirements:

To keep accounting records in accordance with section 41 of the Act: and

To prepare accounts which accord with the accounting records and comply with the accounting requirements of the Act

Have not been met; or

2. To which in our opinion attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Opinion

In our opinion the financial statement as prepared give a true and fair view of the charity's state of affairs as at 31 March 2023 giving that the incoming resources and their application in the year then ended have been properly prepared with general direction given by the Charities Commissioner.

Mohammad Shah & Co. LLP
MOHAMMAD SHAH & CO. LLP

CHARTERED ACCOUNTANTS

BANK HOUSE, 209 Merton Road, London SW19 1EE

Date: 4 December 2024

MARYLEBONE BANGLADESH SOCIETY LTD**(Company Limited by Guarantee)****INCOME AND EXPENDITURE ACCOUNT****FOR THE YEAR ENDED 31 MARCH 2024**

	Restricted Fund	Unrestricted fund	Total 2024	Total fund 2023
Incoming Resources				
Grants	323,365	-	323,365	224,239
Donation/Other	-	45,446	45,446	8,614
Interest Received	-	465	465	106
Rental/Hire Income	-	109,887	109,887	95,085
	<u>323,365</u>	<u>155,798</u>	<u>479,163</u>	<u>328,044</u>
Direct Charitable Expenditure				
BBC Children In Need	9,929	-	9,929	10,000
Westminster CC	32,335	-	32,335	23,755
John Lyon's Charity	39,285	-	39,285	20,387
Neighbourhood Keepers (WCC)	-	-	-	11,571
Young Westminster Foundation	17,467	-	17,467	32,248
Street Games	-	-	-	2,088
WCC Ward Budget	4,472	-	4,472	1,666
Trust for London	24,305	-	24,305	19,010
The Henry Smith Charity	33,024	-	33,024	6,994
Community Contribution Fund (WCC)	-	-	-	17,078
People's Health Trust	1,200	-	1,200	12,488
LCF Together for London	10,000	-	10,000	7,959
The National Lottery Community Fund	40,008	-	40,008	31,986
Westminster Amalgamated Charity	-	-	-	1,525
London Marathon Charitable Trust	8,787	-	8,787	-
BME Health Forum (Health Programmes)	18,211	-	18,211	8,750
One Westminster	-	-	-	9,600
NHS Winter /Cancer Campaign	4,111	-	4,111	3,500
Howard De Walden Estate	9990	-	9990	-
Emergency Grant (WCC)	9600	-	9600	-
Community Priorities Programme (WCC)	15792	-	15792	-
Healthy Communities Fund (WCC)	1612	-	1612	-
Reserve Funds and other	-	159,079	159,079	51,453
	<u>280,128</u>	<u>159,079</u>	<u>439,207</u>	<u>272,058</u>
Net surplus/Deficiency for the year	43,237	(3,281)	39,956	55,986
Funds at 1 April 2023	50,539	132,263	182,802	126,816
Funds at 31 March 2024	<u>93,776</u>	<u>128,982</u>	<u>222,758</u>	<u>182,802</u>

MARYLEBONE BANGLADESH SOCIETY LTD
(Company Limited by Guarantee)
BALANCE SHEET AS AT 31 MARCH 2024

	NOTES	2024		2023	
		£	£	£	£
Fixed Assets	5		2		2
Current Assets					
Debtors	7	53,984		9,337	
Cash at Bank and in Hand		<u>176,271</u>		<u>207,663</u>	
		230,255		217,000	
Less: Current Liabilities					
Creditors: Amounts falling due		<u>(7,499)</u>		<u>(34,200)</u>	
Net Current Assets			<u>222,756</u>		<u>182,800</u>
Total Assets			<u>222,758</u>		<u>182,802</u>
Accumulated Funds					
Restricted Funds	4		93,776		50,539
Unrestricted Funds	4		<u>128,982</u>		<u>132,263</u>
			222,758		182,802

These financial statements were approved by the Executive Committee on and signed on their behalf by:



Chairman
Intaj Ali



General Secretary
Shahin Chowdhury



Treasurer
Abdus Hamid

MARYLEBONE BANGLADESH SOCIETY LTD

(Company Limited by Guarantee)

NOTES TO THE ACCOUNTS

FOR THE YEAR ENDED 31 MARCH 2024

1 Accounting Policies

1.1 Basis of Preparation

The accounts have been prepared under the historical cost convention. The accounts have been prepared in accordance with the Statement of Recommended Practice, "Accounting and Reporting by Charities".

1.2 Grants are taken to the income and expenditure account on accrual basis. One off donations are taken to the income and expenditure accounts on receivable basis.

1.3 Membership fees are taken to the income and expenditure account on a receipt basis.

1.4 The charity is not registered for VAT and accordingly expenditure is shown gross of irrecoverable VAT.

1.5 Tangible Fixed Assets & Depreciation

Tangible fixed assets are stated at cost less depreciation. Depreciation is provided at rates calculated to write off the cost less estimated residual value of each asset over its expected useful life, as follows:

Furniture , Fixtures & Equipment	20% On Cost
Computer Equipment	25% On Cost

2. Grants and Interest received

	Restricted	Unrestricted	Total 2024	Total 2023
	£	£	£	£
BBC Children In Need	10,000	-	10,000	10,500
Westminster CC/Other	28,831	-	28,831	31,577
John Lyon's Charity	40,000	-	40,000	44,000
Neighbourhood Keepers (WCC)	-	-	-	11,571
Young Westminster Foundation	23,996	-	23,996	11,434
Street Games	-	-	-	-
WCC Ward Budget	4,472	-	4,472	1,666
Community Contribution Fund (WCC)	-	-	-	17,078
Trust for London	36,150	-	36,150	12,850
The Henry Smith Charity	30,000	-	30,000	15,000
People's Health Trust	2,494	-	2,494	8,729
LCF Together for London	10,000	-	10,000	-
The National Lottery Community Fund	39,874	-	39,874	37,547
Westminster Amalgamated Charity	-	-	-	-
London Marathon Charitable Trust	8,000	-	8,000	-
One Westminster	-	-	-	10,000
NHS (Winter/Cancer Campaign)	7,500	-	7,500	3,500
BME Health Forum	24,500	-	24,500	7,500
Howard De Walden Estate	10,000	-	10,000	-
Emergency Grant (WCC)	9,600	-	9,600	-
Community Priorities Programme (WCC)	23,453	-	23,453	-
Healthy Communities Fund (WCC)	14,495	-	14,495	-
Donation/others	-	45,446	45,446	8,614
Rental Income	-	109,887	109,887	95,085
HMRC & Council Grants	-	-	-	1,287
Interest Received	-	465	465	106
	<u>323,365</u>	<u>155,798</u>	<u>479,163</u>	<u>328,044</u>

MARYLBONE BANGLADESH SOCIETY LTD

(Company Limited by Guarantee)

NOTES TO THE ACCOUNTS

FOR THE YEAR ENDED 31 MARCH 2024

3. Employees

The average number of employee (part-time and full-time) during the year was as follows:-

	2024	2023
Number of employees	18	13
	<u>18</u>	<u>13</u>

Employment Cost

	2024	2023
Wages and NIC	146,662	107,764
	<u>146,662</u>	<u>107,764</u>

There were no employees whose annual emoluments were £50,000 or more.

4. Movements of funds

notes	Balance 31/03/2023	Incoming resources	Resour-ces expended	Balance 31/03/2024
BBC Children In Need	3,169	10,000	9,929	3,240
Westminster CC	7,822	28,831	32,335	4,318
John Lyon's Charity	26,529	40,000	39,285	27,244
Neighbourhood Keepers (WCC)	-	-	-	-
Young Westminster Foundation	7,755	23,996	17,467	14,284
Street Games	-	-	-	-
WCC Ward Budget	-	4,472	4,472	-
Trust for London	(6,160)	36,150	24,305	5,685
The Henry Smith Charity	8,006	30,000	33,024	4,982
Community Contribution Fund (WCC)	-	-	-	-
People's Health Trust	(1,294)	2,494	1,200	-
LCF Together for London	1	10,000	10,000	1
The National Lottery Community Fund	5,561	39,874	40,008	5,427
Westminster Amalgamated Charity	-	-	-	-
One Westminster	400	-	-	400
BME Health Forum	(1,250)	24,500	18,211	5,039
NHS Winter/Cancer Campaign	-	7,500	4,111	3,389
London Marathon Charitable Trust	-	8,000	8,787	(787)
Howard De Walden Estate	-	10,000	9,990	10
Emergency Grant (WCC)	-	9,600	9,600	-
Community Priorities Programme (WCC)	-	23,453	15,792	7,661
Healthy Communities Fund (WCC)	-	14,495	1,612	12,883
Restricted Fund	<u>50,539</u>	<u>323,365</u>	<u>280,128</u>	<u>93,776</u>
Unrestricted Fund	<u>132,263</u>	<u>155,798</u>	<u>159,079</u>	<u>128,982</u>
	<u>182,802</u>	<u>479,163</u>	<u>439,207</u>	<u>222,758</u>

MARYLEBONE BANGLADESH SOCIETY LTD

(Company Limited by Guarantee)

NOTES TO THE ACCOUNTS

FOR THE YEAR ENDED 31 MARCH 2024

5. Fixed assets

	Furniture fittings & Equip- ents	Computer equipts	Total
At Cost			
Balance 1 April 2023	21,865	13,514	35,379
At 31 March 2024	21,865	13,514	35,379
Depreciation			
Balance 1 April 2023	21,864	13,513	35,377
Charge for the year	-	-	-
	21,864	13,513	35,377
Net Book Value			
At 31 March 2023	1	1	2
At 31 March 2024	1	1	2

6. Fixed assets setoff against grant received.

	Lease	F & F	Total
Cost	152,992	8,958	161,950
Less 100% grant received	(152,992)	(8,958)	(161,950)
At 31 March 2022	-	-	-
At 31 March 2023	-	-	-

7. Debtors

	2024	2023
	£	£
Prime Rent	25,337	-
Prime Utilities	17,675	-
Neighbourhood Keepers (WCC)	-	4,171
WCC Ward Budget	4472	1,666
NHS Winter / Cancer Campaign	6500	3,500
	53,984	9,337

8. Creditors

	2024	2023
	£	£
Other creditors	4,899	0
Rent arrears		33,000
Accountancy	2,600	1,200
	7,499	34,200

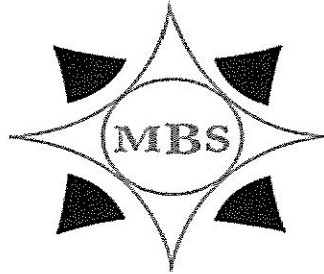
MBS Centre Ltd

England & Wales - Charity number 1151593

Accounts

Registered Charity No: 1151593
Company Registration No: 07451584

MARYLEBONE BANGLADESH SOCIETY LTD
(Company Limited by Guarantee)
19 SAMFORD STREET
LONDON
NW8 8ER



REPORT OF TRUSTEES AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023

PREPARED BY
MOHAMMAD SHAH & CO LLP
CHARTERED ACCOUNTANTS

BANK HOUSE
209 Merton Road
Wimbledon
London SW19 1EE

MARYLBONE BANGLADESH SOCIETY LTD
(Company Limited by Guarantee)

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MARYLEBONE BANGLADESH SOCIETY LTD

(Company Limited by Guarantee)

LEGAL & ADMINISTRATIVE INFORMATION

Organisation Name & Address : Marylebone Bangladesh Society
19 Samford Street
London
NW8 8ER
Telephone: 020 7724 9746

List of Executive Committee Members of Marylebone Bangladesh Society

Chairman : Intaj Ali
Vice-Chair : Shahin Ahmed Chowdhury
Secretary : Mehfuz Ahmed
Vice-Secretary : Mahbubur Rahman Khukon
Treasurer : Abdus Samad Hamid
Assistant Treasurer : Wali Ahmed
Publicity & Organising Secretary : Shamim Ahmed
E/C Member : Foisol Uddin (Resigned March 2023)
E/C Member : Mortuja Ali
E/C Member : Pahmida Kabir

Independent Examiner : Mohammad Shah & Co. LLP
Chartered Accountants
BANK HOUSE
209 Merton Road
London SW19 1EE

Bankers : Santander Bank Plc
Bridle Road
Bootle
L30 4GB

MARYLEBONE BANGLADESH SOCIETY LTD **REPORT OF THE TRUSTEES**

The Trustees, who are also the directors of the charity for the purpose of the Companies Act 2016, present their report with the financial statement of the charity for the year ended 31st March 2023. The trustees have adopted the provisions of the Statement of Recommended Practice (SORP) 'Accounting and Reporting by charities' issues in March 2005

Our Vision

Our overarching vision is for a thriving and vibrant local community in north part of Westminster.

Our Aims

Marylebone Bangladesh Society (MBS) is a grass-roots community led charity established in 1979 to provide much needed support in the areas of social welfare, education and development, and health and wellbeing for the wider community.

We aim to:

- Promote or assist in the provision of facilities and other leisure time occupation of the local residences in the City of Westminster.
- Promote Education and good race relations by endeavouring to eliminate discrimination on grounds of race and encouraging equal opportunity between persons of different background.
- Increase resilience, social cohesion, and foster community spirit.

GOVERNANCE AND MANAGEMENT

Governance

The Charity is registered as a charitable company limited by guarantee and is governed according to its Memorandum and Articles of Association. The Charity has no share capital or debentures, hence there are no Directors' Interests requiring disclosure. In the event of the Charity being wound up, each member is required to contribute an amount not exceeding £1.

There are 10 Management Committee members, and we meet every quarter as one group to ensure that MBS remains on track to delivery our annual commitment of service and support to our communities. Operational matters are delegated to the Centre Manager who in turn oversees the staff who deliver each of our services. There are no other sub-committee of the Management Committee, however, we have the capacity to convene special 'task and finish' groups from amongst the overall Committee should the need arise (e.g. to look closely at financial matters, staffing issues, etc). We recognise that our Management Committee members all give their time free of charge and therefore believe that we need to limit the burden placed on them.

Strategic Approach

Our strategic approach over the past year has been to:

- Continue to deliver high quality services to our communities
- Identify areas of our operational management which need improvement
- Strengthen relationships with our partners and benefactors

Operational Management

Our operational staff comprise

- Centre Manager: responsible for supporting all MBS staff, reporting to the Management Committee, overseeing strategic direction of the organisation, leading partnership work, undertaking fundraising and maintaining positive relations with the community.
- Finance and Administrative Officer: responsible for day-to-day administrative duties and finance work.
- 10 other project staff including Youth Workers, Advice Workers, Health Project Workers.

MARYLBONE BANGLADESH SOCIETY LTD **REPORT OF THE TRUSTEES**

Reserves and reserves policy

MBS is committed to using its resources in pursuit of its charitable objects. It is also committed, however, to maintaining a level of reserves that is prudent to meet ongoing liabilities, sufficient to ensure that all service delivery commitments can be met and to protect the long-term future of our operations. Our reserves policy seeks to balance these priorities by holding a level of reserves sufficient to:

- Ensure the availability of sufficient working funds in hand;
- Provide a breathing space in case of unexpected loss of income to ensure that services can be maintained; and
- Provide sufficient funds for an orderly winding-down in the event of a need to cease activity.

Results

The net incoming resources for the year amounted to £55,986 (2022 £12,745).

Risk statement

The management committee have examined the major strategic , business and operational risks which the charity faces and confirm that the systems have been established to enable regular reports to be produced so that necessary steps can be taken to lessen these risks.

This Report has been prepared in accordance with the Statement of Recommended Practice- Accounting and Reporting by charities issued in March 2005.

Statement of responsibility to the Trustees

The charities act requires the Management Committee to prepare financial statements for each financial year which gives a true and fair view of the state of affairs of the society for that year. In preparing those financial statements, the Management Committee is required to

- Select suitable accounting policies, apply them consistently and state them in financial statements;
- State whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statement;
- Prepare the accounts on the going concern basis unless it is inappropriate to presume that the Society will continue to operate.

The Management Committee is responsible for maintaining proper books of accounts with respect to the Society's transactions and its assets and liabilities, for maintaining satisfactory system of internal control over the Society's book of accounts and transaction. The management Committee is also responsible for the safeguarding of assets of the Society- taking reasonable steps for the prevention and detection of fraud and other irregularities.

Volunteers

MBS's commitment to serve our community relies on active and willing volunteers who know the communities we serve and often come from the local area. We want to acknowledge the work of our former volunteers from all those years ago when they began the work of MBS to serve the local Bangladeshi community. MBS's current Management Committee and staff members are committed to continuing the legacy of our founding members and last year's contribution from our volunteers (including, of course, our Management Committee) is a testament to that vision. MBS will continue to work hard to maintain strong connections with our community of volunteers and support them to achieve their full potential.

MARYLBONE BANGLADESH SOCIETY LTD

Report of the Management Committee

In this reporting year, we had the support of 14 volunteers including 4 young volunteers who provided support to our Youth Workers. One of our strategic goals around volunteering is that we want to grow a pool of younger volunteers with a multitude of diverse talents. We aim to do this by reaching out through our existing channels but also by establishing new ones.

Risk management

The Trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error. Trustees receive updates from Centre Manager and discuss the threat of risks and direct the Manager to take reasonable mitigation steps.

Partnership working

MBS' management committee members, staff and volunteers are committed to partnership working. This is an area we want to develop further in future and explore joint service delivery with others. We recognise that resources are going to be scarcer in the future, but the needs of our communities are unlikely to reduce. We therefore believe one of the ways to manage with less is to join forces with others with common interests and complementary aims.

During the last year we have worked in partnership with:

During the last year we have worked in partnership with:

- Young Westminster Foundation
- London Tigers
- BME Health Forum
- Fourth Feathers Youth and Community Centre
- Westminster Citizens Advice
- North Paddington Youth Club
- Church Street Regeneration Team
- Westminster City Council
- Making Communities Work and Grow
- One Westminster
- Age UK Westminster
- Kongelese Centre for Information and Advice
- Local schools
- And many other local voluntary and statutory organisations

Partnership work has centred around referrals and sharing expertise/experiences. We hope to build on this for future years and explore how we can increase efficiencies by sharing resources where this is possible. We note the sensitivities around familiarity and cultural competency and will work within these needs but be creative so that they do not limit the potential of sharing services.

Achievements and performance

The communities we serve live mainly in 6 wards, 4 of which are amongst 10-20% of the most deprived wards in the UK and living below the poverty line. Over 50% of the population in these wards are from BAME and Refugee backgrounds. 78% of the children from these wards come from families that receive means tested benefits.

MARYLEBONE BANGLADESH SOCIETY LTD

Report of the Management Committee

Projects Delivered in 2023

Advice and Information:

Our Advice and Information service is an integral part of our organisation, providing help to users who are disadvantaged by their lack of the English language and knowledge and understanding of the welfare rights system.

This programme comprises in-person drop-in/appointments on Mondays, Tuesdays and Thursdays between 10 am – 4 pm, offering bi-lingual advice in Bengali and Arabic on welfare rights issues such as: welfare benefits claims, housing (including re-housing, repair, and homelessness), debt advice including Council Tax, support with understanding utility bills, and help navigating the health system.

This year, as a result of the cost-of-living crisis, we have seen a rise in the following cases:

- **Application for food vouchers**
- **Debts, in particular utilities**

Sign posting and referring clients to more appropriate agencies such as Citizen Advice Bureau or Age UK Westminster, Westminster City Council's Housing Solution team, etc., was also a key function of the Advice and Information programme so that the best solutions could be achieved for our clients.

Key observations through advice work

- We have seen an increase in the number of people suffering from mental health issues.
- More working-aged people becoming unemployed and claiming Universal Credit or other benefits.
- Failure rate of most Disability benefits (PIP, AA, or DLA) claims was much higher than before and most of these claims had to go through appeals.
- An increase in family relationship breakdown.
- An increase in domestic violence and in cases where men were victims of domestic violence including physical, psychological, and verbal abuse.
- More older working-age men (aged between 50 and 64) were suffering from mental health issues and feeling isolated as they lost their jobs or business.
- Most clients (aged 35+) were digitally illiterate and facing difficulties because of sudden implementation of online applications and processes.

This year, we achieved the Advice Quality Standard (AQA) quality mark

HEALTH AND WELLBEING PROGRAMME

Tea and Coffee Drop in

With the greatest appreciation of our volunteers, MBS Tea and Coffee Drop-in continues to provide female members of the community to meet up in a safe environment, socialise, and make new friends. The continuation of such a programme is vital for our community members' mental wellbeing. The session runs twice a week and incorporates a variety of employment and health-related workshops.

MARYLEBONE BANGLADESH SOCIETY LTD
Report of the Management Committee

Women's Fitness Classes

We deliver two fitness classes for women every week. Local women are able stay active physically and mentally through these weekly exercise classes. The fitness instructor taught participants how to warm up and do various forms of exercises which they can do outside of sessions and within their homes. The trainers also explained to users the benefits of fitness and exercise to tackle illness and sickness.

NHS Winter Outreach

Through this project we were able assist and relay key messages that the NHS wanted to promote in winter 2022. Some of the key messages were:

- How to stay safe and healthy in the winter.
- Covid vaccination.
- How to help your unwell child.
- Group A Strep.
- And others.

Outreach was carried out through distribution of leaflets, one-to-one discussions, advice surgeries, workshops, events, and in the form of quizzes for young people, as well as signposting.

Westminster Protects

This was a 5-month project funded by One Westminster to increase the uptake of covid vaccines and improve the awareness of mental health issues affecting the local community and where to seek help. We worked with people of all ages and tackled conspiracy theories regarding COVID-19 including misinformation from anti-vaxxers around vaccine safety etc. We also worked on raising awareness on how to live with long-Covid.

Health Advocacy

This project aims are to reduce health inequalities experienced by BAME communities in north west London. In the short term, it seeks to achieve this by recruiting bilingual advocates to help people to access services, and in the longer term, at scale, by recording their experiences to inform changes within NHS systems to improve access.

Emotional Support Project

emotional support to local people affected by the cost-of-living crisis. Staff were provided training and support by the BME Health Forum.

YOUTH PROVISION

We delivered eight youth club sessions every week – four for senior boys, aged 11+; two for juniors aged 8-12; and two for girls aged 11+. We also delivered the HAF program during school holidays for young people aged 6-14 years. Our youth clubs are a great place for young people of all backgrounds to meet others and have fun, build confidence, and gain leadership skills – all under the guidance of qualified Youth Workers. We had a variety of activities for young people to enjoy:

- Indoors: PSS and FIFA tournaments, table tennis, board games such as chess and Monopoly, movie nights and live sports, martial arts classes – Brazilian Jiu Jitsu and Muay Thai, workshops around crime, education and employment, baking, henna painting, learning how to do calligraphy writing and much more.
- Outdoors: Football training including matches, outreach into local neighbourhoods including detached youth activities, trips during school holidays to theme parks, bowling, and adventure activities such as Ninja Warriors

MARYLEBONE BANGLADESH SOCIETY LTD

Report of the Management Committee

Our youth program is designed based on the feedback we receive from young people. Our youth volunteering programme provides an opportunity for our young people to give back to the community through football coaching, mentoring programmes and assisting with the youth club sessions.

This year, Westminster City Council provided us with a Healthy Winter grant with which we provided a warm space and meals for young people as well a weekly fitness session.

OLDER PEOPLE'S PROJECT

This project started in May 2022 and is for people aged 55 and over. The purpose of this project is help older people become more active, improve their diet and reduce isolation and loneliness.

Activities we delivered as part of this project are: weekly exercise classes and lunch clubs for men and women, cultural events, seaside trip to Clacton, monthly healthy lifestyle sessions discussing how to maintain good health, healthy eating and how to manage chronic illnesses, step into learning sessions – teaching people digital skills (for many it was the first time) such as using a computer, smartphone and joining Zoom sessions, setting up and using email accounts.

LOOKING FORWARD

We have started working on a transformation plan which will see MBS having a new identity, reflecting the communities we serve and the oncoming challenges we want to navigate successfully. With the support of our longstanding funders, partners, and supporters we have embarked on a journey to redefine our role in the community, rejuvenate our purpose, and move MBS into a better organisational health to handle the future more successfully.

We are looking forward to MBS undergoing rebranding and changes such as a more diverse management committee reflecting those we serve. However, we are ever clearer that we need to preserve MBS's heritage and the work the founder members had done when the organisation began over 40 years ago.

ACKNOWLEDGEMENTS

The Management Committee would like to thank our benefactors and supporters:

- John Lyon's Charity
- BBC Children in Need
- The Henry Smith Charity
- Westminster Amalgamated Charity
- Neighbourhood Keepers (WCC)
- Young Westminster Foundation
- Community Contribution Fund
- People's Health Trust
- London Community Foundation
- The National Lottery Community Fund
- BME Health Forum
- Paddington Central
- One Westminster
- Westminster City Council
- Trust for London
- Westminster Amalgamated Charity
- Street Games

MARYLEBONE BANGLADESH SOCIETY LTD

Report of the Management Committee

Active Communities Programme (con..d)

Statement as to Disclosure of Information to Independent Examiner

So far as the Trustees are aware, there is no relevant information of which the charitable company's Independent examiners are unaware, and each trustee has taken all the steps that he or she ought to have taken as a trustee in order to make himself or herself aware of any relevant audit information and to establish that the charity's auditors are of that information.

This report was approved by the Board of Trustees on 23 November 2023 and signed on its behalf by:



Intaj Ali

Chairman

Date: 23 November 2023

REPORT OF THE INDEPENDENT EXAMINER
TO THE MANAGEMENT COMMITTEE OF
MARYLEBONE BANGLADESH SOCIETY LTD

Independent Examiners Report to the Trustees for the year ended 31 March 2023.

The financial statements laid out in this report have been prepared under the historical cost convention and in accordance with the Statement of Recommendation Practice. Accounting and Reporting by Charities Commission issued in October 2000 and applicable Accounting Standards and the Charities Act 1993.

Responsibilities of the Trustees and the Management Committee as the Charity's Trustees, you are responsible for the preparation of the accounts and that you consider the audit requirements of Section 43 (2) of the Charities Act 19133, this act does not apply. It is my responsibility to state that on the basis of procedures specified in the general directions given by the Charity Commissioners under section 43 (7) of the Act, whether particular matters have come to my attention.

Basis of Independent examiners' Statement

The examination ran the accounts were carried out in accordance with the general direction given by the Charities Commissioner. The examination includes:

A review of the accounting records kept by the Charity.

A comparison of the accounts presented with, those records made available

It includes consideration of any unusual items of the disclosures in the accounts

Finally, making explanation from you as the Trustees concerning any such matters relating to the accounts. The examination also includes examination of any such matters of evidence relevant to the account of disclosures to the financial statements. It includes assessment of the significant estimates and judgments made in the preparation of the financial statements, and of whether the accounting policies are appropriate to the charity's circumstances consistently applied and adequately disclosed. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit on the view given by the accounts.

Independent Examiners Statement

In connection with our examination no matter has come to our attention:

1. Which gives us reasonable cause to believe that in any material respect the requirements:

To keep accounting records in accordance with section 41 of the Act: and

To prepare accounts which accord with the accounting records and comply with the accounting requirements of the Act

Have not been met; or

2. To which in our opinion attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Opinion

In our opinion the financial statement as prepared give a true and fair view of the charity's state of affairs as at 31 March 2023 giving that the incoming resources and their application in the year then ended have been properly prepared with general direction given by the Charities Commissioner.

Mohammad Shah & Co. LLP
MOHAMMAD SHAH & CO. LLP
CHARTERED ACCOUNTANTS
BANK HOUSE, 209 Merton Road, London SW19 1EE
Date: 23 November 2023

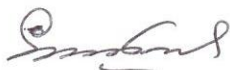
MARYLEBONE BANGLADESH SOCIETY LTD**(Company Limited by Guarantee)****INCOME AND EXPENDITURE ACCOUNT****FOR THE YEAR ENDED 31 MARCH 2023**

	Restricted Fund	Unrestricted fund	Total 2023	Total fund 2022
Incoming Resources				
Grants	222,952	1,287	224,239	170,104
Donation/Other	-	8,614	8,614	6,739
Interest Received	-	106	106	2
Rental/Hire Income	-	95,085	95,085	46,075
	<u>222,952</u>	<u>105,092</u>	<u>328,044</u>	<u>222,920</u>
Direct Charitable Expenditure				
BBC Children In Need	10,000	-	10,000	10,000
Westminster CC	23,755	-	23,755	28,762
John Lyon's Charity	20,387	-	20,387	37,292
Neighbourhood Keepers (WCC)	11,571	-	11,571	8,193
Young Westminster Foundation	32,248	-	32,248	32,956
Street Games	2,088	-	2,088	3,513
WCC Ward Budget	1,666	-	1,666	3,514
Together for London	19,010	-	19,010	-
The Henry Smith Charity	6,994	-	6,994	-
Community Contribution Fund (WCC)	17,078	-	17,078	1,808
People's Health Trust	12,488	-	12,488	10,931
London Community Foundation/Pad	7,959	-	7,959	2,040
The National Lottery Community Fund	31,986	-	31,986	-
Westminster Amalgamated Charity	1,525	-	1,525	1,525
Sport England (This Girl can)	-	-	-	3,555
BME Health Forum	8,750	-	8,750	-
One Westminster	9,600	-	9,600	-
NHS Healthy Winter Grant	3,500	-	3,500	-
Reserve Funds and other	-	51,453	51,453	66,086
	<u>220,605</u>	<u>51,453</u>	<u>272,058</u>	<u>210,175</u>
Net surplus/Deficiency for the year	2,347	53,639	55,986	12,745
Funds at 1 April 2022	48,192	78,624	126,816	114,071
Funds at 31 March 2023	<u>50,539</u>	<u>132,263</u>	<u>182,802</u>	<u>126,816</u>

MARYLEBONE BANGLADESH SOCIETY LTD
(Company Limited by Guarantee)
BALANCE SHEET AS AT 31 MARCH 2023

	NOTES	2023		2022	
		£	£	£	£
Fixed Assets	5		2		2
Current Assets					
Debtors	7	9,337		1,287	
Cash at Bank and in Hand		207,663		153,443	
		<u>217,000</u>		<u>154,730</u>	
Less: Current Liabilities					
Creditors: Amounts falling due		<u>(34,200)</u>		<u>(27,916)</u>	
Net Current Assets			182,800		126,814
Total Assets			<u>182,802</u>		<u>126,816</u>
Accumulated Funds					
Restricted Funds	4		50,539		48,192
Unrestricted Funds	4		132,263		78,624
			<u>182,802</u>		<u>126,816</u>

These financial statements were approved by the Executive Committee on and signed on their behalf by:



Chairman
Intaj Ali



General Secretary
Mehfuz Ahmed



Treasurer
Abdus Hamid

MARYLEBONE BANGLADESH SOCIETY LTD

(Company Limited by Guarantee)

NOTES TO THE ACCOUNTS

FOR THE YEAR ENDED 31 MARCH 2023

1 Accounting Policies

1.1 Basis of Preparation

The accounts have been prepared under the historical cost convention. The accounts have been prepared in accordance with the Statement of Recommended Practice, "Accounting and Reporting by Charities".

1.2 Grants are taken to the income and expenditure account on accrual basis. One off donations are taken to the income and expenditure accounts on receivable basis.

1.3 Membership fees are taken to the income and expenditure account on a receipt basis.

1.4 The charity is not registered for VAT and accordingly expenditure is shown gross of irrecoverable VAT.

1.5 Tangible Fixed Assets & Depreciation

Tangible fixed assets are stated at cost less depreciation. Depreciation is provided at rates calculated to write off the cost less estimated residual value of each asset over its expected useful life, as follows:

Furniture , Fixtures & Equipment 20% On Cost

Computer Equipment 25% On Cost

2. Grants and Interest received

	Restricted	Unrestric- ted	Total 2023	Total 2022
	£	£	£	£
BBC Children In Need	10,500	-	10,500	12,500
Westminster CC/Other	31,577	-	31,577	24,200
John Lyon's Charity	44,000	-	44,000	39,000
Neighbourhood Keepers (WCC)	11,571	-	11,571	9,960
Young Westminster Foundation	11,434	-	11,434	33,000
Street Games	-	-	-	2,400
WCC Ward Budget	1,666	-	1,666	3,514
Community Contribution fund (WCC)	17,078	-	17,078	-
Together for London	12,850	-	12,850	-
The Henry Smith Charity	15,000	-	15,000	-
People's Health Trust	8,729	-	8,729	6,235
London Community Foundation/ pad	-	-	-	10,000
The National Lottery Community Fund	37,547	-	37,547	-
Westminster Amalgamated Charity	-	-	-	3,050
Sport England (this girl can)	-	-	-	3,555
One Westminster	10,000	-	10,000	-
NHS Healthy Wintre Grant	3,500	-	3,500	-
BME Health Forum	7,500	-	7,500	-
Donation/others	-	8,614	8,614	6,739
Rental Income	-	95,085	95,085	46,075
HMRC & Council Grants	-	1,287	1,287	22,690
Interest Received	-	106	106	2
	<u>222,952</u>	<u>105,092</u>	<u>328,044</u>	<u>222,920</u>

MARYLBONE BANGLADESH SOCIETY LTD
(Company Limited by Guarantee)
NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31 MARCH 2023

3. Employees

The average number of employee (part-time and full-time) during the year was as follows:-

	2023	2022
Number of employees	13	9
	13	9

Employment Cost

	2023	2022
Wages and NIC	107,764	71,907
	107,764	71,907

There were no employees whose annual emoluments were £50,000 or more.

4. Movements of funds

	notes	Balance 31/03/2022	Incoming resources	Resour-ces expended	Balance 31/03/2023
BBC Children In Need		2,669	10,500	10,000	3,169
Westminster CC		-	31,577	23,755	7,822
John Lyon's Charity		2,916	44,000	20,387	26,529
Neighbourhood Keepers (WCC)		-	11,571	11,571	-
Young Westminster Foundation		28,569	11,434	32,248	7,755
Street Games		2,088	-	2,088	-
WCC Ward Budget		-	1,666	1,666	-
Together for London		-	12,850	19,010	(6,160)
The Henry Smith Charity		-	15,000	6,994	8,006
Community Contribution Fund (WCC)		-	17,078	17,078	-
People's Health Trust		2,465	8,729	12,488	(1,294)
London Community Foundation/ pad		7,960	-	7,959	1
The National Lottery Community Fund		-	37,547	31,986	5,561
Westminster Amalgamated Charity		1,525	-	1,525	-
One Westminster		-	10,000	9,600	400
BME Health Forum		-	7,500	8,750	(1,250)
NHS Healthy Winter Grant		-	3,500	3,500	-
Restricted Fund		48,192	222,952	220,605	50,539
Unrestricted Fund		78,624	105,092	51,453	132,263
		126,816	328,044	272,058	182,802

MARYLBONE BANGLADESH SOCIETY LTD

(Company Limited by Guarantee)

NOTES TO THE ACCOUNTS

FOR THE YEAR ENDED 31 MARCH 2023

5. Fixed assets

	Furniture fittings & Equip- ments	Computer equipts	Total
At Cost			
Balance 1 April 2022	21,865	13,514	35,379
At 31 March 2023	21,865	13,514	35,379
Depreciation			
Balance 1 April 2022	21,864	13,513	35,377
Charge for the year	-	-	-
	21,864	13,513	35,377
Net Book Value			
At 31 March 2022	1	1	2
At 31 March 2023	1	1	2

6. Fixed assets setoff against grant received.

	Lease	F & F	Total
Cost	152,992	8,958	161,950
Less 100% grant received	(152,992)	(8,958)	(161,950)
At 31 March 2022	-	-	-
At 31 March 2023	-	-	-

7. Debtors

	2023	2022
	£	£
BME Health Forum	-	-
Westminster CC (table tennis)	-	-
Neighbourhood Keepers	4171	-
WCC Ward Budget	1666	-
NHS Healthy Wintre Grant	3500	-
Business Rates Refund	-	1,287
	9,337	1,287

8. Creditors

	2023	2022
	£	£
Rent arrears	33,000	26,716
Accountancy	1,200	1,200
	34,200	27,916

MBS Centre Ltd

England & Wales - Charity number 1151593

Accounts

Registered Charity No: 1151593
Company Registration No: 07451584

MARYLEBONE BANGLADESH SOCIETY LTD
(Company Limited by Guarantee)
19 SAMFORD STREET
LONDON
NW8 8ER

REPORT OF TRUSTEES AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022

PREPARED BY
MOHAMMAD SHAH & CO LLP
CHARTERED ACCOUNTANTS

BANK HOUSE
209 Merton Road
Wimbledon
London SW19 1EE

MARYLEBONE BANGLADESH SOCIETY LTD
(Company Limited by Guarantee)

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MARYLEBONE BANGLADESH SOCIETY LTD

(Company Limited by Guarantee)

LEGAL & ADMINISTRATIVE INFORMATION

Organisation Name & Address : Marylebone Bangladesh Society
19 Samford Street
London
NW8 8ER
Telephone: 020 7724 9746

List of Executive Committee Members of Marylebone Bangladesh Society

Chairman : Intaj Ali
Vice-Chair : Shahin Ahmed Chowdhury
Secretary : Mehfuz Ahmed
Vice-Secretary : Mahbubur Rahman Khukon
Treasurer : Abdus Samad Hamid
Assistant Treasurer : Wali Ahmed
Publicity & Organising Secretary : Shamim Ahmed
E/C Member : Foisol Uddin
E/C Member : Mortuja Ali
E/C Member : Pahmida Kabir

Independent Examiner : Mohammad Shah & Co. LLP
Chartered Accountants
BANK HOUSE
209 Merton Road
London SW19 1EE

Bankers : Santander Bank Plc
Bridle Road
Bootle
L30 4GB

MARYLEBONE BANGLADESH SOCIETY LTD

Report of the Management Committee

The Trustees, who are also the directors of the charity for the purpose of the Companies Act 2016, present their report with the financial statement of the charity for the year ended 31st March 2022. The trustees have adopted the provisions of the Statement of Recommended Practice (SORP) 'Accounting and Reporting by charities' issues in March 2005

Our vision

Our overarching vision is for a thriving and vibrant local community in north part of Westminster.

Our Aims

Marylebone Bangladesh Society (MBS) is a grass-roots community led charity established in 1979 to provide much needed support in the areas of social welfare, education and development, and health and wellbeing for the wider community.

We aim to:

- Promote or assist in the provision of facilities and other leisure time occupation of the local residences in the City of Westminster.
- Promote Education and good race relations by endeavouring to eliminate discrimination on grounds of race and encouraging equal opportunity between persons of different background.
- Increase resilience, social cohesion, and foster community spirit.

GOVERNANCE AND MANAGEMENT

Governance

The Charity is registered as a charitable company limited by guarantee and is governed according to its Memorandum and Articles of Association. The Charity has no share capital or debentures, hence there are no Directors' Interests requiring disclosure. In the event of the Charity being wound up, each member is required to contribute an amount not exceeding £1.

There are 10 Management Committee members, and we meet every quarter as one group to ensure that MBS remains on track to delivery our annual commitment of service and support to our communities. Operational matters are delegated to the Centre Manger who in turn oversees the staff who deliver each of our services. There are no other sub-committee of the Management Committee, however, we have the capacity to convene special 'task and finish' groups from amongst the overall Committee should the need arise (e.g. to look closely at financial matters, staffing issues, etc). We recognise that our Management Committee members all give their time free of charge and therefore believe that we need to limit the burden placed on them.

Recruitment, Selection, and Training of Committee Members

We did not have any vacancies on the Management Committee during the reporting year. However, we have discussed the need to review the skills and experiences within our committee and whether further diversification is needed. For example, we have one female member within our committee, and it is our view that we need to recruit and / or make space to attract more female members. We believe this will help bring a richer perspective in terms of lived experience and alternative thinking.

We have taken on some consultancy support to help develop our thinking further and implement a plan of action which the management committee look forward to reporting on in next year's Report of the Trustees. We can confirm that the work will include a transformation programme to see MBS become fitter for the future.

Strategic Approach

Our strategic approach over the past year has been to:

- Continue to deliver high quality services to our communities
- Identify areas of our operational management which need improvement
- Strengthen relationships with our partners and benefactors

MARYLEBONE BANGLADESH SOCIETY LTD

Report of the Management Committee

Reserves and reserves policy

MBS is committed to using its resources in pursuit of its charitable objects. It is also committed, however, to maintaining a level of reserves that is prudent to meet ongoing liabilities, sufficient to ensure that all service delivery commitments can be met and to protect the long-term future of our operations. Our reserves policy seeks to balance these priorities by holding a level of reserves sufficient to:

- Ensure the availability of sufficient working funds in hand;
- Provide a breathing space in case of unexpected loss of income to ensure that services can be maintained; and
- Provide sufficient funds for an orderly winding-down in the event of a need to cease activity.

Results

The net incoming resources for the year amounted to £12,745 (2021 £60,203).

Risk statement

The management committee have examined the major strategic, business and operational risks which the charity faces and confirm that the systems have been established to enable regular reports to be produced so that necessary steps can be taken to lessen these risks.

This Report has been prepared in accordance with the Statement of Recommended Practice- Accounting and Reporting by charities issued in March 2005.

Statement of responsibility to the Committee

The charities act requires the Management Committee to prepare financial statements for each financial year which gives a true and fair view of the state of affairs of the society for that year. In preparing those financial statements, the Management Committee is required to

- Select suitable accounting policies, apply them consistently and state them in financial statements;
- State whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statement;
- Prepare the accounts on the going concern basis unless it is inappropriate to presume that the Society will continue to operate.

The Management Committee is responsible for maintaining proper books of accounts with respect to the Society's transactions and its assets and liabilities, for maintaining satisfactory system of internal control over the Society's book of accounts and transaction. The management Committee is also responsible for the safeguarding of assets of the Society- taking reasonable steps for the prevention and detection of fraud and other irregularities.

Operational Management

Staff

Our operational staff comprise:

- One Centre Manager: responsible for supporting all MBS staff, reporting to the Management Committee, overseeing strategic direction of the organisation, leading partnership work, undertaking fundraising and maintaining positive relations with the community
- One Community Development Officer: responsible for providing advice service and supporting Centre Manager with operational management such as policy development, fundraising, etc.
- One Youth Project Co-ordinator, one Senior Youth Worker and six sessional Youth Workers: responsible for overseeing and delivering youth activities and building partnerships with relevant youth organisations
- One Finance and Administrative Officer: responsible for day-to-day administrative duties and finance work.

MARYLEBONE BANGLADESH SOCIETY LTD

Report of the Management Committee

Volunteers

MBS' commitment to serve our community relies on active and willing volunteers who know the communities we serve. In this reporting year, we had the support of four male and four female part time volunteers. We were also fortunate enough to have six young people volunteer to support our Youth Workers. One of our strategic goals around volunteering is that we want to grow a pool of younger volunteers with a multitude of diverse talents. We aim to do this by reaching out through our existing channels but also by establishing new ones.

Risk management

The Trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error. Trustees receive updates from Centre Manager and discuss the threat of risks and direct the Manager to take reasonable mitigation steps.

Partnership working

MBS' management committee members, staff and volunteers are committed to partnership working. This is an area we want to develop further in future and explore joint service delivery with others. We recognise that resources are going to be scarcer in the future, but the needs of our communities are unlikely to reduce. We therefore believe one of the ways to manage with less is to join forces with others with common interests and complementary aims.

During the last year we have worked in partnership with:

- Young Westminster Foundation
- London Tigers
- BME Health Forum
- Fourth Feathers Youth and Community Centre
- Westminster Citizens Advice
- North Paddington Youth Club
- Kongolese Centre for Information and Advice
- Street Games
- Future Men
- Making Communities Work and Grow
- Age UK Westminster
- And many other local and statutory organisations

Partnership work has centred around referrals and sharing expertise/experiences. We hope to build on this for future years and explore how we can increase efficiencies by sharing resources where this is possible. We note the sensitivities around familiarity and cultural competency and will work within these needs but be creative so that they do not limit the potential of sharing services.

Achievements and performance

The communities we serve live mainly in 6 wards, 4 of which are amongst 10-20% of the most deprived wards in the UK and living below the poverty line. Over 50% of the population in these wards are from BAME and Refugee backgrounds. 78% of the children from these wards come from families that receive means tested benefits.

We found that most people who were presenting with Universal Credit needs had their income affected due to unemployment and being on furlough. Our service users were also reporting several other related issues such as increase in stress levels affecting family harmony, debt issues, delays of furlough payments (of those who were self-employed). This in turn affected people's mental and sometimes physical health.

During the post-pandemic time our staff and Committee members are responding swiftly to needs, thanks to funding that helped relieve some of the pressures faced by community members who rely on us.

MARYLEBONE BANGLADESH SOCIETY LTD

Report of the Management Committee

Advice and Information:

Our Advice and Information service is an integral part of our organisation, providing help to users who are disadvantaged by their lack of the English language and knowledge and understanding of the welfare system.

This programme comprises in-person drop-in/appointments on Tuesdays and Thursdays between 10am – 1pm and 2pm – 4pm, offering bi-lingual advice on Welfare rights, Housing (including rehousing, repair, and homelessness), Debts including Council Tax, utilities, bills, and health.

Sign posting and referring clients to more appropriate agencies such as Citizen Advice Bureau or Age UK Westminster, Westminster City Council's Housing Solution team, etc., was also a key function of the Advice and Information programme so that the best solutions could be achieved for our clients.

Throughout the year we have had:

- 440 onsite visits made
- 16 individuals were carers
- 33 individuals were disabled
- 59% of advice was in Welfare rights, 24% was for Housing issues including repair, rehousing and homelessness, 19% on bills including council tax, utilities, rent arrears etc., and 8% other.

Observation

- We have seen an increase in the number of people suffering from mental health issues.
- More working aged people becoming unemployed and claiming Universal Credit or other benefits.
- Higher numbers of Disability benefits (PIP, AA, or DLA) claims were being rejected than before and most of these claims had to go through appeals.
- An increase in family relationship breakdown.
- An increase in domestic violence and an increase in cases where men were victims of domestic violence, including physical, psychological, and verbal abuse.
- More older working age men (aged between 50 and 64) were suffering from mental health issues feeling isolated as they lost their jobs or business
- Most clients (aged 35+) were digitally illiterate and facing difficulties because of sudden implementation of online applications and processes.

HEALTH AND WELLBEING PROGRAMME

Tea and Coffee Drop in

Although this drop in is purely run by volunteers and has no funding, its popularity has gone from strength to strength. Continuing a service that the community requires and utilises in the most positive way provides a gratifying sense of achievement to all of us in our community centre. The drop-in runs twice a week and has over 50 women attending it (over both sessions) allowing them to meet in safe environment for refreshing conversations that help their mental health.

Church Street Brazilian Jiu Jitsu and Women's Fitness Classes Project

With the extension of Neighbourhood Keepers programme (part of the Church Street Futures Regeneration programme) until July, we were able to continue supporting women and young people by helping them stay active mentally and physically. We supported parents and families with effective discipline and exercise for mind body and soul. This project provided local people with a fantastic opportunity to participate in activities where they were able to meet up with others in a safe environment.

- 43 women from in and around Church Street participated in our exercise classes.
- 20 boys and 15 girls participated in Jiu Jitsu classes.

MARYLEBONE BANGLADESH SOCIETY LTD

Report of the Management Committee

HEALTH AND WELLBEING PROGRAMME

Church Street Brazilian Jiu Jitsu and Women's Fitness Classes Project (con..d)

Brazilian Jiu Jitsu was extremely popular and a specific form of martial arts that invited young people from all backgrounds and physical abilities to perform on the ground with a function of exercise and positive competition.

The fitness instructors of both activities taught participants how to warm up and do various forms of exercises which they can do outside of sessions and within their homes. The trainers also explained to users the benefits of fitness and exercise to tackle illness and sickness. They also discussed healthy eating.

90% of the participants told us that they would not have done exercise if we did not run this project and that this project has helped them improve their physical and mental health during the pandemic and provided participants with the opportunity to meet other people.

This Girl Can

Swimming is enjoyed by many; however, a lot of females do not have access to this due to religious/cultural reasons, self-awareness, accessibility etc. With the help of Sports England Community Fund, we were happy to be able to provide swimming sessions for women with the help of our Volunteers. Due to restrictions in the aftermath of Covid, and policy changes we faced a lot of difficulties in gaining access to the swimming pool for a set number of female swimmers. We managed to access 9 Swimming Sessions which proved to be an enormous success with up to 15 women turning up to each session. With re-adjustment we delivered 24 HIIT Sessions. Again, any form of exercise proved to be popular.

Youth Provision

Our youth service continues to provide a range of activities throughout the year to young people aged 8-25yrs. Activities include:

- Baking/Food Technology
- Girls' football sessions
- Boxing
- Glass Painting/Decorating/Bracelet Making
- Exercise and play
- Safe computer practice support
- Quiz, Role play/Intervention and Secondary school Transition workshop
- Brazilian Jiu Jitsu, Board Games, Social interaction and social skills development
- Trips during school holidays, indoor competitions, outdoor Games including Football, basketball, cricket, and badminton.
- Afghan Refugee project – we worked in partnership with YWF and welcomed young Afghan refugees housed in our area by the government. We delivered a variety of sports activities.
- Youth Voice in partnership with YWF where our young people were given opportunities to have their say in the Church Street Regeneration.

Continued from our previous year our sessions are split into 3 categories:

- Junior Youth Club for 8-12yrs
- Girls only Youth Club for 11-19yrs
- Senior Boys Club for 11-25yrs

Throughout the year we deliver both indoor and outdoor activities during school holidays. Our dedicated outreach team continues to work with young people on the streets and strengthens community relationship. Last year alone we have worked with over 150 young people from the Church St Ward and neighbouring areas.

One of our new projects have been to support both young people and parents on low income especially with rising living cost. Many parents are struggling to cope with the financial burden that follows. We have been delivering DFE's Holiday Activity and Food (HAF) programme which provided fun activities and hot, healthy, nutritious food and a break for struggling parents during school holiday time.

Our core beneficiaries are from the BAME community and are made up of young people from over 15 different ethnic background, including

- Moroccan
- Bangladeshi
- Kurdish
- Eritrean
- Iranian
- Black Mixed
- Afghan and Mixed Other

MARYLEBONE BANGLADESH SOCIETY LTD

Report of the Management Committee

Youth Provision (con..d)

We have for the first time successfully managed to put together the first Brazilian jiu Jitsu school in the Church Street ward. The idea was to set up a theme and stem point for young people in the community to access martial arts provisions that promote a safe and secure art that offers solutions to bullying. Jiu Jitsu also increasing self-confidence develops a skill that may be lifesaving in future.

With the new Dojo up and running, we will be able to engage the community with a focus on improving the mental and physical well-being of residents, alongside sharing many life skills found within the Martial Arts. Over 50 young people from 8yrs – 25yrs have signed up. The project has been a success and we are working on continuing this adventure.

Our most popular activity is Brazilian Jiu Jitsu, as this has offered structure, discipline alongside an anti-bullying programme to help boost self-moral. This has been an enormous success and has created such a positive feel for these young people especially in their day-to-day interactions in school with peers.

Case study:

Name: E.A Age: 9 years School: ARK

This person joined our junior programme over a year ago. He joined our BJJ (Brazilian JIU JITSU) programme after complaining about previous encounters with bullying in his school. His mother was very worried and even though he attended Karate, he lacked a self-assurance and confidence.

He has been on the BJJ programme for over 8 months and every day he participates with joy and passion. He interacts with staff and peers regularly - brimming with confidence. He now understands how to conduct himself in daunting interactions, whilst dealing with the bullying by standing up for himself and knowing how to position himself.

Contrary to his previous disposition, he now stands up straight and speaks directly and with conviction, clearly showing signs of confidence learnt through the BJJ scheme.

EA is now someone who welcomes new young people to the junior programme whilst leading them and continuously making others feel comfortable.

His mother is overjoyed with the progress and is desperate for her daughter who is younger to join the programme.

“Thank you. We tried everything to help EA with the bullying problems and his father and I were about to take him out of school... That is how serious it was... but not anymore.” EA’s mother

Junior Programme & Case Study

The Junior youth club has been running successfully for several years. The plus points are that the young people are familiar with each other and enjoy each other’s company. MBS is a safe space and works alongside parents and families who are very much integral in the planning of the programme.

Our activities are designed to ensure that the young people have a say in how we conduct and meet their actual requirements by empowering them to learn specific skills within the programme. We ensure the young people are surrounded by a positive healthy and safe environment throughout the time with us. Parents are supportive and help volunteers build stronger relations with their own children and others.

Although we have struggled with the size of our premises, we are hoping to benefit from an extension to our facilities. We have managed to create the best possible environment for the young people to compete, enjoy and learn on their journey with us.

Active Communities Programme

Due to restriction and the pandemic, our active community Programme had a delayed start but last year saw an extraordinarily successful start to the Programme which we have been lucky to secure for 2 years from the Peoples Health Trust.

Delivering 46 football sessions, 46 Muay Thai sessions with 63 people, allowing participants to be involved in shaping the direction of the project right from the start.

MARYLEBONE BANGLADESH SOCIETY LTD

Report of the Management Committee

Active Communities Programme (con..d)

100% of the participants reported that they feel encouraged to take the lead and ownership of the activities, through their contribution to the project design, delivery, and development. Many people have seen one another in the area before but never interacted. Through this project, with the help of the excellent skills of the trainers who helped break the ice and make the sessions fun, our participants are interacting with one another and making new friends. Many have told us that they meet up outside of our sessions to socialise and play football in the park. Some fathers have told us that their bonds with their sons are stronger as they play sports together.

Older people in the group have said they are enjoying testing their stamina against the younger group which is helping to motivate them to get fitter.

95% of participants report that they feel more connected within their community and have had the opportunity to form new friendships with other participants due to taking part in this project.

95% of participants report that their social network has expanded through their involvement in this project.

Young Leaders

Continuing from last year, we delivered one final workshop for Life in Prison and the Effects. We have had incredibly positive feedback from the young people. They found the workshop enjoyable and highly informative on the current issues surrounding young people.

Community Events

Our Family trip this year was to Margate and was a huge hit among the families that participated. Over 150 community members went to the trip and had great fun at the beach.

Our women's Eid Party is a well sought out event. With lots of fun and games and great food, the event is a huge highlight to the end of Ramadan. Over 80 women shared their joys.

Looking forward

We intend to strengthen our organisational capacity by making small but key improvements to our strategic and operational management. We will do this through use of additional consultancy support which will help us deliver key objectives, namely: a transformation programme for our organisation, clearer processes for staff to follow and demonstrate performance of our services, and additional fundraising.

As mentioned in this report, we will explore how best to diversify our committee so that we better represent who we serve. We want to amplify the voices of our young people and will aim to reflect this at management committee level. We want to grow our funding portfolio and strengthen our financial future.

ACKNOWLEDGEMENTS

The Management Committee would like to thank our benefactors and supporters:

- John Lyon's Charity
- BBC Children in Need
- The Neighbourhood Keepers Programme (WCC)
- Young Westminster Foundation
- Street Games
- City of Westminster Charitable Trust Community Contribution Fund
- People's Health Trust
- BME Health Forum
- The London Community Foundation and The Paddington Central Community Fund
- Westminster City Council
- Westminster Community Homes
- Residential Management Group
- Westminster Amalgamated Charity
- ESC Lottery Fund
- London Youth

MARYLEBONE BANGLADESH SOCIETY LTD

Report of the Management Committee

Active Communities Programme (con..d)

Statement as to Disclosure of Information to Independent Examiner

So far as the Trustees are aware, there is no relevant information of which the charitable company's Independent examiners are unaware, and each trustee has taken all the steps that he or she ought to have taken as a trustee in order to make himself or herself aware of any relevant audit information and to establish that the charity's auditors are of that information.

This report was approved by the Board of Trustees on 29 November 2022 and signed on its behalf by:



Intaj Ali

Chairman

Date: 29 November 2022

REPORT OF THE INDEPENDENT EXAMINER
TO THE MANAGEMENT COMMITTEE OF
MARYLEBONE BANGLADESH SOCIETY LTD

Independent Examiners Report to the Trustees for the year ended 31 March 2022.

The financial statements laid out in this report have been prepared under the historical cost convention and in accordance with the Statement of Recommendation Practice. Accounting and Reporting by Charities Commission issued in October 2000 and applicable Accounting Standards and the Charities Act 1993.

Responsibilities of the Trustees and the Management Committee as the Charity's Trustees, you are responsible for the preparation of the accounts and that you consider the audit requirements of Section 43 (2) of the Charities Act 19133, this act does not apply. It is my responsibility to state that on the basis of procedures specified in the general directions given by the Charity Commissioners under section 43 (7) of the Act, whether particular matters have come to my attention.

Basis of Independent examiners' Statement

The examination ran the accounts were carried out in accordance with the general direction given by the Charities Commissioner. The examination includes:

A review of the accounting records kept by the Charity.

A comparison of the accounts presented with, those records made available

It includes consideration of any unusual items of the disclosures in the accounts

Finally, making explanation from you as the Trustees concerning any such matters relating to the accounts. The examination also includes examination of any such matters of evidence relevant to the account of disclosures to the financial statements. It includes assessment of the significant estimates and judgments made in the preparation of the financial statements, and of whether the accounting policies are appropriate to the charity's circumstances consistently applied and adequately disclosed. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit on the view given by the accounts.

Independent Examiners Statement

In connection with our examination no matter has come to our attention:

1. Which gives us reasonable cause to believe that in any material respect the requirements:

To keep accounting records in accordance with section 41 of the Act: and

To prepare accounts which accord with the accounting records and comply with the accounting requirements of the Act

Have not been met; or

2. To which in our opinion attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Opinion

In our opinion the financial statement as prepared give a true and fair view of the charity's state of affairs as at 31 March 2022 giving that the incoming resources and their application in the year then ended have been properly prepared with general direction given by the Charities Commissioner.

MOHAMMAD SHAH & CO. LLP
CHARTERED ACCOUNTANTS
BANK HOUSE, 209 Merton Road, London SW19 1EE

Date: 29 November 2022

MARYLEBONE BANGLADESH SOCIETY LTD**(Company Limited by Guarantee)****INCOME AND EXPENDITURE ACCOUNT****FOR THE YEAR ENDED 31 MARCH 2022**

	Restricted Fund	Unrestr- cted fund	Total 2022	Total fund 2021
Incoming Resources				
Grants	147,414	22,690	170,104	205,675
Donation/Other	-	6,739	6,739	8,825
Interest Received	-	2	2	2
Rental/Hire Income	-	46,075	46,075	25,402
	<u>147,414</u>	<u>75,506</u>	<u>222,920</u>	<u>239,904</u>
Direct Charitable Expenditure				
BBC Children In Need	10,000	-	10,000	7,331
Westminster CC/Dept of Education	28,762	-	28,762	10,551
John Lyon's Charity	37,292	-	37,292	27,872
Neighbourhood Keepers (WCC)	8,193	-	8,193	12,397
Young Westminster Foundation	32,956	-	32,956	15,896
Street Games	3,513	-	3,513	3,499
WCC Ward Budget	3,514	-	3,514	-
Community Contribution Fund (WCC)	1,808	-	1,808	3,254
People's Health Trust	10,931	-	10,931	323
London Community Foundation	2,040	-	2,040	9977
The National Lottery Community Fund	-	-	-	8952
Westminster Amalgated	1,525	-	1,525	-
Sports England (This Girl Can)	3,555	-	3,555	-
Reserve Funds and other	-	66,086	66,086	79,649
	<u>144,089</u>	<u>66,086</u>	<u>210,175</u>	<u>179,701</u>
Net surplus/Deficiency for the year	3,325	9,420	12,745	60,203
Funds at 1 April 2021	44,867	69,204	114,071	53,868
Funds at 31 March 2022	<u>48,192</u>	<u>78,624</u>	<u>126,816</u>	<u>114,071</u>

MARYLEBONE BANGLADESH SOCIETY LTD
(Company Limited by Guarantee)
BALANCE SHEET AS AT 31 MARCH 2022

	NOTES	2022		2021	
		£	£	£	£
Fixed Assets	5		2		2
Current Assets					
Debtors	7	1,287		4,502	
Cash at Bank and in Hand		153,443		134,665	
		<u>154,730</u>		<u>139,167</u>	
Less: Current Liabilities					
Creditors: Amounts falling due		<u>(27,916)</u>		<u>(25,098)</u>	
Net Current Assets			126,814		114,069
Total Assets			<u>126,816</u>		<u>114,071</u>
Accumulated Funds					
Restricted Funds	4		48,192		44,867
Unrestricted Funds	4		78,624		69,204
			<u>126,816</u>		<u>114,071</u>

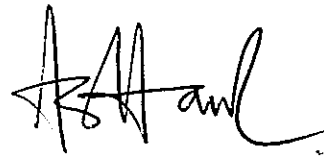
These financial statements were approved by the Executive Committee on and signed on their behalf by:



Chairman
Intaj Ali



General Secretary
Mehfuz Ahmed



Treasurer
Abdus Hamid

MARYLEBONE BANGLADESH SOCIETY LTD
(Company Limited by Guarantee)

NOTES TO THE ACCOUNTS

FOR THE YEAR ENDED 31 MARCH 2022

1 Accounting Policies

1.1 Basis of Preparation

The accounts have been prepared under the historical cost convention. The accounts have been prepared in accordance with the Statement of Recommended Practice, "Accounting and Reporting by Charities".

1.2 Grants are taken to the income and expenditure account on accrual basis. One off donations are taken to the income and expenditure accounts on receivable basis.

1.3 Membership fees are taken to the income and expenditure account on a receipt basis.

1.4 The charity is not registered for VAT and accordingly expenditure is shown gross of irrecoverable VAT.

1.5 Tangible Fixed Assets & Depreciation

Tangible fixed assets are stated at cost less depreciation. Depreciation is provided at rates calculated to write off the cost less estimated residual value of each asset over its expected useful life, as follows:

Furniture, Fixtures & Equipment	20% On Cost
Computer Equipment	25% On Cost

2. Grants and Interest received

	Restricted	Unrestricted	Total 2022	Total 2021
	£	£	£	£
BBC Children In Need	12,500		12,500	7,500
Westminster CC/Other	24,200		24,200	16,987
John Lyon's Charity	39,000		39,000	-
Neighbourhood Keepers (WCC)	9,960		9,960	12,934
Young Westminster Foundation	33,000		33,000	35,774
Street Games	2,400		2,400	6,700
WCC Ward Budget	3,514		3,514	5,782
Community Contribution fund (WCC)	-		-	3,630
People's Health Trust	6,235		6,235	-
London Community Foundation/ pad	10,000		10,000	9,977
The National Lottery Community Fund	-		-	8,952
Westminster Amalgated	3,050		3,050	-
Sports England (This Girl Can)	3,555		3,555	-
Donation/others	-	6,739	6,739	8,825
Rental Income	-	46,075	46,075	25,402
HMRC & Council Grants	-	22,690	22,690	97,439
Interest Received	-	2	2	2
	<u>147,414</u>	<u>75,506</u>	<u>222,920</u>	<u>239,904</u>

MARYLBONE BANGLADESH SOCIETY LTD
(Company Limited by Guarantee)
NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31 MARCH 2022

3. Employees

The average number of employee (part-time and full-time) during the year was as follows:-

	2022	2021
Number of employees	8	9
	<u>8</u>	<u>9</u>

Employment Cost

	2022	2021
Wages and NIC	78,811	71,907
	<u>78,811</u>	<u>71,907</u>

There were no employees whose annual emoluments were £50,000 or more.

4. Movements of funds

	notes	Balance 31/03/2021	Incoming resources	Resour-ces expended	Balance 31/03/2022
BBC Children In Need		169	12,500	10,000	2,669
Westminster CC/Department of Ed		4,562	24,200	28,762	-
John Lyon's Charity		1,208	39,000	37,292	2,916
Neighbourhood Keepers (WCC)		(1,767)	9,960	8,193	-
Young Westminster Foundation		28,525	33,000	32,956	28,569
Street Games		3,201	2,400	3,513	2,088
WCC Ward Budget		-	3,514	3,514	-
Community Contribution Fund (WCC)		1,808	-	1,808	-
People's Health Trust		7,161	6,235	10,931	2,465
London Community Foundation/ pad		-	10,000	2,040	7,960
The National Lottery Community Fund		-	-	-	-
Westminster Amalgated		-	3,050	1,525	1,525
Sports England (This Girl Can)		-	3,555	3,555	-
Restricted Fund		<u>44,867</u>	<u>147,414</u>	<u>144,089</u>	<u>48,192</u>
Unrestricted Fund	2	<u>69,204</u>	<u>75,506</u>	<u>66,086</u>	<u>78,624</u>
		<u>114,071</u>	<u>222,920</u>	<u>210,175</u>	<u>126,816</u>

MARYLBONE BANGLADESH SOCIETY LTD**(Company Limited by Guarantee)****NOTES TO THE ACCOUNTS****FOR THE YEAR ENDED 31 MARCH 2022****5. Fixed assets**

	Furniture fittings & Equipm- ents	Computer equipts	Total
At Cost			
Balance 1 April 2021	21,865	13,514	35,379
At 31 March 2022	21,865	13,514	35,379
Depreciation			
Balance 1 April 2021	21,864	13,513	35,377
Charge for the year	-	-	-
	21,864	13,513	35,377
Net Book Value			
At 31 March 2021	1	1	2
At 31 March 2022	1	1	2

6. Fixed assets setoff against grant received.

	Lease	F & F	Total
Cost	152,992	8,958	161,950
Less 100% grant received	(152,992)	(8,958)	(161,950)
At 31 March 2021	-	-	-
At 31 March 2022	-	-	-

7. Debtors

	2022	2021
	£	£
BME Health Forum	-	2,200
Westminster CC (table tennis)	-	240
Business Rates Refund	1,287	2,062
	1,287	4,502

8. Creditors

	2022	2021
	£	£
Other taxes and social security costs	-	565
Rent arrears	26,716	23,333
Accountancy	1,200	1,200
	27,916	25,098

MBS Centre Ltd

England & Wales - Charity number 1151593

Accounts

Registered Charity No: 1151593
Company Registration No: 07451584

MARYLEBONE BANGLADESH SOCIETY LTD
(Company Limited by Guarantee)
19 SAMFORD STREET
LONDON
NW8 8ER

REPORT OF TRUSTEES AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021

PREPARED BY
MOHAMMAD SHAH & CO LLP
CHARTERED ACCOUNTANTS

BANK HOUSE
209 Merton Road
Wimbledon
London SW19 1EE

MARYLBONE BANGLADESH SOCIETY LTD
(Company Limited by Guarantee)

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MARYLEBONE BANGLADESH SOCIETY LTD

(Company Limited by Guarantee)

LEGAL & ADMINISTRATIVE INFORMATION

Organisation Name & Address : Marylebone Bangladesh Society
19 Samford Street
London
NW8 8ER
Telephone: 020 7724 9746

List of Executive Committee Members of Marylebone Bangladesh Society

Chairman : Intaz Ali
Secretary : Mehfuz Ahmed
Treasurer : Abdus Samad Hamid
Assistant Treasurer : Wali Ahmed
Publicity & Organising Secretary : Shamim Ahmed
Educational & Cultural Secretary : Mahbubur Rahman Khukon
E/C Member : Shahin Ahmed Chowdhury
E/C Member : Foisol Uddin
E/C Member : Mortuja Ali
E/C Member : Pahnida Kabir

Independent Examiner : Mohammad Shah & Co. LLP
Chartered Accountants
BANK HOUSE
209 Merton Road
London SW19 1EE

Bankers : Santander Bank Plc
Bridle Road
Bootle
L30 4GB

MARYLEBONE BANGLADESH SOCIETY LTD

Report of the Management Committee

The Trustees, who are also the directors of the charity for the purpose of the Companies Act 2016, present their report ended 31st March 2021. The trustees have adopted the provisions of the Statement of Recommended Practice (SORP) 'Accounting and Reporting by charities' issued in March 2005.

Our Vision

Our overarching vision is for a thriving and vibrant local community in north part of Westminster.

Our Aims

Marylebone Bangladesh Society (MBS) is a grass-roots community led charity established in 1979 to provide much needed support in the areas of social welfare, education and development, and health and wellbeing of the wider community.

We aim to:

- Promote or assist in the provision of facilities and other leisure time occupation of the local residences in the City of Westminster;
- Promote education, good race relations by endeavouring to eliminate discrimination on grounds of race and encouraging equality of opportunity between persons of different background; and
- Increase resilience, social cohesion, and foster community spirit.

Governance

The charity is registered as a charitable company limited by guarantee and is governed by its Memorandum and Articles of Association. The charity has no share capital or debentures, hence there are no Directors' Interests requiring disclosure.

In the event of the Charity being wound up each member is required to contribute an amount not exceeding £1.

There are 10 Management Committee members, and we meet every 2 months as one group to ensure that MBS remains on track to delivery our annual commitment of service and support to our communities. Operational matters are delegated to the Centre Manager who in turn oversees the staff who deliver each of our services. There are no other sub-committee of the Management Committee, however, we have the capacity to convene special 'task and finish' groups from amongst the overall Committee should the need arise (e.g. to look closely at financial matters, staffing issues, etc). We recognise that our Management Committee members all give their time free of charge and therefore believe that we need to limit the burden placed on them.

Recruitment, Selection and Training of Committee Members

We did not have any vacancies on the Management Committee during the reporting year. However, we have discussed the need to review the skills and experiences within our committee and whether further diversification is needed. For example, we have one female member within our committee, and it is our view that we need to recruit and / or make space to attract more female members. We believe this will help bring a richer perspective in terms of lived experience and alternative thinking.

We have taken on some consultancy support to help develop our thinking further and implement a plan of action which the management committee look forward to reporting on in next year's Report.

MARYLEBONE BANGLADESH SOCIETY LTD

Report of the Management Committee

Strategic Approach

Our strategic approach over the past year has been to:

- Continue to deliver high quality services to our communities
- Remain responsive to our communities' needs despite the limitations of Covid restrictions
- Identify areas of our operational management which need improvement
- Learn from the pandemic and apply this knowledge to evolve as an organisation
- Strengthen relationships with our partners and funders

Reserves and reserves policy

MBS is committed to using its resources in pursuit of its charitable objects. It is also committed, however, to maintaining a level of reserves that is prudent to meet ongoing liabilities, sufficient to ensure that all service delivery commitments can be met and to protect the long-term future of our operations. Our reserves policy seeks to balance these priorities by holding a level of reserves sufficient to:

- Ensure the availability of sufficient working funds in hand;
- Provide a breathing space in case of unexpected loss of income to ensure that services can be maintained;
and
- Provide sufficient funds for an orderly winding-down in the event of a need to cease activity.

Results

The net incoming resources for the year amounted to £60,203 (2020 £7,776).

Risk Statement

The Management Committee have examined the major strategic, business and operational risks which the charity faces and confirm that systems have been established to enable regular reports to be produced so that the necessary steps can be taken to lessen these risks.

This report has been prepared in accordance with the Statement of Recommended Practice - Accounting and Reporting by Charities issued in March 2005.

Statement of responsibility to the Committee

The Charities Act requires the Management Committee to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the Society for that year. In preparing those financial statements, the Management Committee is required to

- Select suitable accounting policies, apply them consistently and state them in financial statements;
- State whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- Prepare the accounts on the going concern basis unless it is inappropriate to presume that the Society will continue to operate.

The Management Committee is responsible for maintaining proper books of accounts with respect to the Society's

MARYLEBONE BANGLADESH SOCIETY LTD

Report of the Management Committee

Statement of responsibility to the Committee (con..d)

transaction and its assets and liabilities, for maintaining satisfactory system of internal control over the Society's book of accounts and transactions. The Management Committee is also responsible for the safeguarding of assets of the Society - taking reasonable steps for the prevention and detection of fraud and other irregularities.

Operational Management

Staff (all part time)

Our operational staff comprise:

- 1 Centre Manager: responsible for supporting all MBS staff, reporting to the Management Committee, overseeing strategic direction of the organisation, leading partnership work, undertaking fundraising and maintaining positive relations with the community.
- 1 Community Development Officer: responsible for providing advice service and supporting Centre Manager with operational management such as policy development, fundraising, etc.
- 1 Youth Project Co-ordinator, 1 Senior Youth Worker and 4 sessional Youth Workers: responsible for overseeing and delivering youth activities and building partnerships with relevant youth organisations.
- 1 Finance and Administrative Officer: responsible for day-to-day administrative duties and finance work.

Volunteers

Volunteering is at the core of MBS' commitment to serve our community. We want to acknowledge the work of our former volunteers, all those years ago when they began the work of MBS to serve the local Bangladeshi community. Their legacy is what we want to carry forward and last year's contribution from our volunteers (including of course our Management Committee) is a testament to the vision of our founding members – that MBS will carry on drawing on our committed community members and grow a new generation of volunteers

In 2020/2021 we had the support of 4 male and 4 female part time volunteers. We were also fortunate enough to have 6 young people volunteer to support our Youth Workers during the pandemic. One of our strategic goals around volunteering is that we want to grow a pool of younger volunteers with a diversity of talents. We will aim to do this by reaching out through our existing channels but also establishing new ones.

Risk management

The Trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.

Trustees receive updates from Centre Manager and discuss the threat of risks and direct the Manager to take reasonable mitigation steps.

Partnership working

MBS' management committee members, staff and volunteers are committed to partnership working. This is an area we want to develop further in future and explore joint service delivery with others. We recognise that resources are

MARYLEBONE BANGLADESH SOCIETY LTD

Report of the Management Committee

Partnership working (con..d)

going to be scarcer in the future but the needs of our communities are unlikely to reduce and therefore we believe one of the ways to manage with less is to join forces with others with common interests and complementary aims.

During 2020/21 we have worked in partnership with:

- Young Westminster Foundation
- London Tigers
- BME Health Forum
- Fourth Feathers Youth and Community Centre
- Citizen Advice Westminster
- North Paddington Youth Club
- The Avenues Youth Project
- Street Games
- Westminster City Council
- Future Men
- Making Communities Work and Grow
- Age UK Westminster
- And many other local and statutory organisations

Partnership work has centred around referrals and sharing expertise/experiences. We hope to build on this for future years and explore how we can increase efficiencies by sharing resources where this is possible

Achievements and Performances

The Bangladeshi Community in Westminster live mainly in 6 wards which are amongst 10-20% of the most deprived wards in the UK and living below the poverty line. Over 50% of the population in these wards are from Black, Asian and Minority Ethnic communities (BAME) and Refugee backgrounds. 78% of the children from these wards come from families that receive means tested benefits.

The Covid 19 crisis, along with language barriers, has had a disproportionate effect on the local community. During the various lockdowns, and since, our staff and board members have been inundated with phone calls from the local community members seeking help related to financial matters. People have been struggling to apply for benefits online due to lack of computer literacy, language barrier and not being aware of their welfare benefit entitlements. Many were new to Universal Credit as they have never needed to claim this before

We found that most people who were presenting with Universal Credit needs had their income affected due to unemployment and being on furlough. Our service users were also reporting several other related issues such as increase in stress levels affecting family harmony, debt issues, delays of furlough payments (those who were self-employed). This in turn affected people's mental and sometimes physical health

MARYLEBONE BANGLADESH SOCIETY LTD

Report of the Management Committee

Achievements and Performances (con..d)

Our staff and board members were quick to respond, and we were able to secure funding that helped relieve some of the pressures faced by people who rely on us.

Advice and Information

Our Advice and Information service comprises in-person drop-in/appointments on Tuesdays and Thursdays between 10am – 12noon and 2pm – 4pm. We offer bi-lingual advice on welfare benefits, housing related advice including repairs, and other similar advice.

During the pandemic we restructured our Advice service to comply with government guidelines on face-to-face service delivery and moved contact with clients to telephone only. We continued to provide advice on the key areas such as welfare benefits and housing etc. Over the year over 130 people accesses our one to one advice sessions face to face and via telephone.

Emotional Support Project

We have worked in partnership with BME Health Forum, a local partner charity specialising in tackling health issues within the BME community. We delivered our Emotional Support Project to 25 residents in the Church Street Ward, Westminster City Council. We used our local knowledge and long-established connections in the local area to identify people who are suffering from emotional issues. These emotional issues were affecting people's mental health, physical health and therefore quality of life.

Our support included one to one confidential sessions for each person delivered over 8 half-hour telephone calls. Each person was able to talk about their personal emotional challenges in a safe and confidential space and explore practical steps that could help reduce such challenges. Together with each person, we helped develop a plan they could follow at a pace they were confident in and comfortable with. It was crucial that we helped them set goals that were realistic and kept them motivated to stay on course to achieving them. We are pleased to say that 23 out of the 25 people we worked with reported a real positive difference in their lives leading to improved emotional wellbeing.

Tea and Coffee Drop-in

Following the success of our tea and coffee drop-in sessions from previous years, the need to continue these was overwhelming. With no funding to run such sessions, these are run purely by volunteers. With two sessions a week, we have a drop-in with over 50 women. These sessions allow the local ladies to meet in a safe environment to socialise allowing their mental health to be refreshed.

Health and Wellbeing Programme, Church Street Brazilian Jiu Jitsu and Women's Fitness Classes Project

With our successful fundraising from the Neighbourhood Keepers programme (part of the Church Street Futures regeneration programme), we were able to secure funding to support women and young people through COVID 19 by helping them stay active mentally and physically. We supported parents and families with effective discipline and exercise for mind body and soul.

This project provided local people with a great opportunity to participate in activities where they were able to meet up with others in a safe environment as soon as the lockdown rules were relaxed in July 2020.

We provided 2 women-only exercise classes and 2 Brazilian Jiu Jitsu classes (one for male and one for female) starting from July 2020 as soon as the first lockdown rules were eased, and gyms were allowed to open. We then switched over to online sessions when the second lockdown was introduced. We were able to make the change as swiftly as possible due to the close working relationship of our Management Committee and staff

MARYLEBONE BANGLADESH SOCIETY LTD

Report of the Management Committee

Health and Wellbeing Programme, Church Street Brazilian Jiu Jitsu and Women's Fitness Classes Project (con..d)

Exercise and the Jiu Jitsu classes were led by instructors who taught participants how to undertake some of the exercises within their homes. The instructors helped participants understand the value of exercise and fitness as these bring wider health benefit, even to sufferers of long-term illnesses. Advice on healthy eating was also integrated into the sessions.

85% of the participants told us that they would not have undertaken any exercise if they did not participate in this project and that this project has helped them improve their physical and mental health during the pandemic. They also reported that they were able to interact with and socialise with other people.

85% of the participants told us that they would not have undertaken any exercise if they did not participate in this project and that this project has helped them improve their physical and mental health during the pandemic. They also reported that they were able to interact with and socialise with other people.

Some of the comments included:

"I never thought I would enjoy it this much"; "This is actually more technical than I thought"; and "This is like a chess match".

Youth Service

Our youth service provides a range of activities throughout the year to young people aged 8-25yrs. Our youth club is a year-round weekly activity. The sessions are split into 3 categories: Senior Boys Club with an age group from 11-19yrs, Girls Youth Club for 11-19yrs and Junior youth Club for 8-12yrs. We also organised special summer and other school holiday programmes.

Youth Club: our youth club runs four days each week and offers a range of activities for both boy and girls. As well as a range of sporting/leisure time activities, in the past year we were able to focus on healthy lifestyles including healthy eating, Body Mass Index, etc. We also ran football sessions and Mui Tai. Our focus wasn't just on social activities because we included advice and guidance to young people too. For example, we included advice on staying safe and out of trouble.

We undertook extra outreach work over the past year to introduce our Club to a greater number of young people. As a result, we were able to access hard-to-reach young people and increased the numbers of young people who use our club.

Through the provision of our youth clubs and related activities over the past year, we have supported over 170 young people aged 8-25 yrs.

Summer holiday programme: Due to the detrimental effect of lockdown on our young people (both mentally and physically), our summer programme continued with the theme of keeping young people fit and active. We were lucky enough to receive funding for lots of stay-fit activities. These included indoor skydiving which was the first time for us at MBS. Other activities ranged from indoor surfing and scuba diving to cinema and bar-b-q. We also managed to squeeze in pottery, Zip Wire, Go Karting and a fun-filled trip to Thorpe Park. We were able to include a healthy meal to our summer programme for the young people who participated in the physically demanding activities

Our summer programme emphasised the need for young people to stay healthy and safe and we focused on 'prevention' as the key aim. Later in the year we also organised a bon-fire night with an emphasis on safety and how to use fireworks safely.

We believe in providing a range of free and / or affordable activities for our young people to enjoy. We want our young people to enjoy being themselves and being as carefree as possible with safety in mind.

Young Leaders

Continuing from last year, we delivered further workshops around Leadership, Conflict Resolution 2; Aftermath and consequences of knife crime; Anti-social Behaviour and Drugs Misuse. We have had very positive feedback from the young people. They found the workshop enjoyable and very informative on the current issues surrounding young people.

MARYLEBONE BANGLADESH SOCIETY LTD

Report of the Management Committee

Covid-19 Response

We took our role in fighting the spread of the pandemic seriously and worked with the BME Health Forum to:

- Provide information on contact tracing to 150 people – informing communities about the service, why people were being asked to self-isolate and to pass on the contact information of their recent contacts; and
- Facilitate the completion of two vaccine take up surveys. We helped 198 people complete their surveys due to their language difficulties.

We were also supported by London Community Fund to:

- Distribute PPE (hand sanitisers and face masks) to 150 local families; and
- Translate Covid safety leaflets into Bengali and distributed these to households.

We were also supported by London Community Fund to:

- Distribute PPE (hand sanitisers and face masks) to 150 local families; and
- Translate Covid safety leaflets into Bengali and distributed these to households.

And with the support from National Lottery Community Fund, we were able to:

- Offer telephone calls to help people understand the rules around Covid isolation.

Covid brought about challenging times for all and therefore during lockdown we had to think of innovative ideas to keep young people engaged during these trying time.

Our Youth Workers had to look at ways to adapt what they had delivered previously, ensuring contact is maintained during the Covid-19 pandemic.

Our young people came together under the supervision of our Senior Youth Worker and in partnership with Free Cakes for Kids they distributed food to our local NHS Key Workers. We also gave colouring books for adults to enable them to showcase their artistic talents and a personalised packet of seeds to grow a plant at home so that they can be in touch with nature even though they were indoors. During the beginning of lockdown, we gave out activity packs which included board games for the family to get together and have fun.

Techniques used include online interaction which we called "The virtual club". We established a WhatsApp group for parents of younger people to tap in and access 'Quarantine Competitions' and 'Challenges and Activities'. We set up a programme that includes online based activities to support and stimulate individuals to work and contribute as a means of education, entertainment, mental and physical health support.

Some of the other activities we delivered to keep young people engaged during Covid lockdown included:

- FIFA Tournament
- Easter Egg hunt
- Fitness and exercise challenge
- Football skills challenge
- Baking competition
- Origami workshop
- Art competition and pizza making competition

MARYLEBONE BANGLADESH SOCIETY LTD

Report of the Management Committee

Covid-19 Response (con..d)

- Online quizzes
- Ramadan health benefit sessions; and
- Telephone and messaging support for parents offering light touch counselling and advise.

Prizes for the winners of competitions and challenges were collected individually by parents on a set date to ensure social distancing was maintained. We also showcased their work via social platforms such as Instagram and WhatsApp

We consulted our young people and 88% reported they missed the outside world and wanted to return to normal with 12% saying they didn't mind either way.

Some of the outcomes we have achieved:

- Gratitude from young people comparing us to other organisations where the support offer isn't as good;
- Parents letting us know that they are really grateful someone was providing support and activities for young people during lockdown;
- One parent said, "I'm so glad my child is doing something productive during lockdown instead of watching TV all day.";
- Our older young people found it rewarding and motivating to assist our Youth Workers with outreach;
- We learned that there are many ways to effectively communicate and engage local people;
- Young people realised they need social activity for mental stimulation more than ever before;
- Social media plays a transformative role in young people's lives; and
- Zoom and other online engagement tools offer opportunities to involve people in decision making.

Looking forward

We intend to strengthen our organisational capacity by making small but key improvements to our strategic and operational management. We will do this through use of additional consultancy support which will help us deliver key objectives, namely: a business plan for our organisation, clearer processes for staff to follow and demonstrate performance of our services, and additional fundraising.

As mentioned in this report, we will explore how best to diversify our committee so that better we represent who we serve.

We want to amplify the voices of our young people and will aim to reflect this at management committee level.

We want to grow our funding portfolio and strengthen our financial future.

Acknowledgements

The Management Committee would like to thank our funders and supporters:

- John Lyons Charity
- BBC Children in Need
- Neighbourhood Keepers (WCC)
- Young Westminster Foundation
- Street Games

MARYLEBONE BANGLADESH SOCIETY LTD

Report of the Management Committee

Acknowledgements (con..d)

- Community Contribution Fund
- People's Health Trust
- London Community Foundation
- The National Lottery Community Fund
- BME Health Forum
- Westminster City Council
- Many others who have supported us.

Approved by the management committee and signed on their behalf:



**Chairperson
INTAZ ALI**

Date: 21 October 2021

REPORT OF THE INDEPENDENT EXAMINER
TO THE MANAGEMENT COMMITTEE OF
MARYLEBONE BANGLADESH SOCIETY LTD

Independent Examiners Report to the Trustees for the year ended 31 March 2021.

The financial statements laid out in this report have been prepared under the historical cost convention and in accordance with the Statement of Recommendation Practice. Accounting and Reporting by Charities Commission issued in October 2000 and applicable Accounting Standards and the Charities Act 1993.

Responsibilities of the Trustees and the Management Committee as the Charity's Trustees, you are responsible for the preparation of the accounts and that you consider the audit requirements of Section 43 (2) of the Charities Act 19133, this act does not apply. It is my responsibility to state that on the basis of procedures specified in the general directions given by the Charity Commissioners under section 43 (7) of the Act, whether particular matters have come to my attention.

Basis of Independent examiners' Statement

The examination ran the accounts were carried out in accordance with the general direction given by the Charities Commissioner. The examination includes:

A review of the accounting records kept by the Charity.

A comparison of the accounts presented with, those records made available

It includes consideration of any unusual items of the disclosures in the accounts

Finally, making explanation from you as the Trustees concerning any such matters relating to the accounts. The examination also includes examination of any such matters of evidence relevant to the account of disclosures to the financial statements. It includes assessment of the significant estimates and judgments made in the preparation of the financial statements, and of whether the accounting policies are appropriate to the charity's circumstances consistently applied and adequately disclosed. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit on the view given by the accounts.

Independent Examiners Statement

In connection with our examination no matter has come to our attention:

1. Which gives us reasonable cause to believe that in any material respect the requirements:

To keep accounting records in accordance with section 41 of the Act: and

To prepare accounts which accord with the accounting records and comply with the accounting requirements of the Act

Have not been met; or

2. To which in our opinion attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Opinion

In our opinion the financial statement as prepared give a true and fair view of the charity's state of affairs as at 31 March 2021 giving that the incoming resources and their application in the year then ended have been properly prepared with general direction given by the Charities Commissioner.


MOHAMMAD SHAH & CO. LLP

CHARTERED ACCOUNTANTS

BANK HOUSE, 209 Merton Road, London SW19 1EE

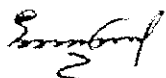
MARYLEBONE BANGLADESH SOCIETY LTD**(Company Limited by Guarantee)****INCOME AND EXPENDITURE ACCOUNT****FOR THE YEAR ENDED 31 MARCH 2021**

	Restricted Fund	Unrestricted fund	Total 2021	Total fund 2020
Incoming Resources				
Grants	108,236	97,439	205,675	127,928
Donation/Other		8,825	8,825	9,939
Interest Received	-	2	2	42
Rental/Hire Income	-	25,402	25,402	59,320
	<u>108,236</u>	<u>131,668</u>	<u>239,904</u>	<u>197,229</u>
Direct Charitable Expenditure				
BBC Children In Need	7,331	-	7,331	10,000
Westminster CC/Other	10,551	-	10,551	13,245
John Lyon's Charity	27,872	-	27,872	39,087
City Bridge Trust		-	-	22,967
Neighbourhood Keepers (WCC)	12,397	-	12,397	9,860
Young Westminster Foundation	15,896	-	15,896	16,015
Street Games	3,499	-	3,499	2,500
WCC Ward Budget	-	-	-	5,782
Edward Harvist Trust	-	-	-	2,000
Community Contribution Fund (WCC)	3,254	-	3,254	2,198
People's Health Trust	323	0	323	0
London Community Foundation	9977	0	9977	0
The National Lottery Community Fund	8952	0	8952	0
Reserve Funds and other	-	79,649	79,649	65,799
	<u>100,052</u>	<u>79,649</u>	<u>179,701</u>	<u>189,453</u>
Net surplus/Deficiency for the year	8,184	52,019	60,203	7,776
Funds at 1 April 2020	36,683	17,185	53,868	46,092
Funds at 31 March 2021	<u>44,867</u>	<u>69,204</u>	<u>114,071</u>	<u>53,868</u>

MARYLEBONE BANGLADESH SOCIETY LTD
(Company Limited by Guarantee)
BALANCE SHEET AS AT 31 MARCH 2021

	NOTES	2021		2020	
		£	£	£	£
Fixed Assets	5		2		2
Current Assets					
Debtors	7	4,502		9,282	
Cash at Bank and in Hand		134,665		46,772	
		<u>139,167</u>		<u>56,054</u>	
Less: Current Liabilities					
Creditors: Amounts falling due		<u>(25,098)</u>		<u>(2,188)</u>	
Net Current Assets			114,069		53,866
Total Assets			<u>114,071</u>		<u>53,868</u>
Accumulated Funds					
Restricted Funds	4		44,867		36,683
Unrestricted Funds	4		69,204		17,185
			<u>114,071</u>		<u>53,868</u>

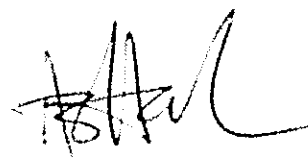
These financial statements were approved by the Executive Committee on and signed on their behalf by:



Chairman
Intiaz Ali



General Secretary
Mehfuz Ahmed



Treasurer
Abdus Hamid

Date: 21 October 2021

MARYLEBONE BANGLADESH SOCIETY LTD
(Company Limited by Guarantee)

NOTES TO THE ACCOUNTS

FOR THE YEAR ENDED 31 MARCH 2021

1 Accounting Policies

1.1 Basis of Preparation

The accounts have been prepared under the historical cost convention. The accounts have been prepared in accordance with the Statement of Recommended Practice, "Accounting and Reporting by Charities".

1.2 Grants are taken to the income and expenditure account on accrual basis. One off donations are taken to the income and expenditure accounts on receivable basis.

1.3 Membership fees are taken to the income and expenditure account on a receipt basis.

1.4 The charity is not registered for VAT and accordingly expenditure is shown gross of irrecoverable VAT.

1.5 Tangible Fixed Assets & Depreciation

Tangible fixed assets are stated at cost less depreciation. Depreciation is provided at rates calculated to write off the cost less estimated residual value of each asset over its expected useful life, as follows:

Furniture , Fixtures & Equipment	20% On Cost
Computer Equipment	25% On Cost

2. Grants and Interest received

	Restricted	Unrestric- ted	Total 2021	Total 2020
	£	£	£	£
BBC Children In Need	7,500	-	7,500	10,000
Westminster CC/Other	16,987	-	16,987	15,200
John Lyon's Charity	-	-	-	39,000
City Bridge Trust	-	-	-	16,500
Neighbourhood Keepers (WCC)	12,934	-	12,934	7,556
Young Westminster Foundation	35,774	-	35,774	24,058
Street Games	6,700	-	6,700	2,500
WCC Ward Budget	5,782	-	5,782	-
Edward Harvist Trust	-	-	-	2,000
Community Contribution fund (WCC)	3,630	-	3,630	3,630
People's Health Trust	-	-	-	7,484
London Community Foundation	9,977	-	9,977	-
The National Lottery Community Fund	8,952	-	8,952	-
Donation/others	-	8,825	8,825	9,939
Rental Income	-	25,402	25,402	59,320
HMRC & Council Grants	-	97,439	97,439	-
Interst Received	-	2	2	42
	<u>108,236</u>	<u>131,668</u>	<u>239,904</u>	<u>197,229</u>

MARYLEBONE BANGLADESH SOCIETY LTD
(Company Limited by Guarantee)
NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31 MARCH 2021

3. Employees

The average number of employee (part-time and full-time) during the year was as follows:-

	2021	2020
Number of employees	9	9
	9	9

Employment Cost

	2021	2020
Wages and NIC	71,907	79,121
	71,907	79,121

There were no employees whose annual emoluments were £50,000 or more.

4. Movements of funds

	notes	Balance 31/03/2020	Incoming resources	Resour-ces expended	Balance 31/03/2021
BBC Children In Need		-	7,500	7,331	169
Westminster CC/Other		(1,874)	16,987	10,551	4,562
John Lyon's Charity		29,080	-	27,872	1,208
Neighbourhood Keepers (WCC)		(2,304)	12,934	12,397	(1,767)
Young Westminster Foundation		8,647	35,774	15,896	28,525
Street Games		-	6,700	3,499	3,201
Community Contribution Fund (WCC)		1,432	3,630	3,254	1,808
People's Health Trust		7,484	-	323	7,161
London Community Foundation		-	9,977	9,977	-
The National Lottery Community Fund		-	8,952	8,952	-
WCC Ward Budget		(5,782)	5,782	-	-
Restricted Fund		36,683	108,236	100,052	44,867
Unrestricted Fund	2	17,185	131,668	79,649	69,204
		53,868	239,904	179,701	114,071

MARYLEBONE BANGLADESH SOCIETY LTD**(Company Limited by Guarantee)****NOTES TO THE ACCOUNTS****FOR THE YEAR ENDED 31 MARCH 2021****5. Fixed assets**

	Furniture fittings & Equipm- ents	Computer equipts	Total
At Cost			
Balance 1 April 2020	21,865	13,514	35,379
At 31 March 2021	21,865	13,514	35,379
Depreciation			
Balance 1 April 2020	21,864	13,513	35,377
Charge for the year	-	-	-
	21,864	13,513	35,377
Net Book Value			
At 31 March 2020	1	1	2
At 31 March 2021	1	1	2

6. Fixed assets setoff against grant received.

	Lease	F & F	Total
Cost	152,992	8,958	161,950
Less 100% grant received	(152,992)	(8,958)	(161,950)
At 31 March 2020	-	-	-
At 31 March 2021	-	-	-

7. Debtors

	2021	2020
	£	£
BME Health Forum	2,200	-
Westminster CC (table tennis)	240	-
Business Rates Refund	2,062	-
Westminster CC (Youth)	-	2,500
Ward Budget	-	5,782
Rent arrear	-	1,000
	4,502	9,282

8. Creditors

	2021	2020
	£	£
Other taxes and social security costs	565	988
Rent arrears	23,333	-
Accountancy	1,200	1,200
	25,098	2,188