

REGISTERED COMPANY NUMBER: 08341899 (England and Wales)
REGISTERED CHARITY NUMBER: 1151494

Report of the Trustees and
Unaudited Financial Statements
for the Year Ended 31 March 2025
for
Surrey Drug And Alcohol Care Limited

Gilroy & Brookes Accountants Limited
Suite 15
The Enterprise Centre
Coxbridge Business Park
Farnham
Surrey
GU10 5EH

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Surrey Drug And Alcohol Care Limited

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for the Year Ended 31 March 2025

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Surrey Drug And Alcohol Care Limited

Report of the Trustees
for the Year Ended 31 March 2025

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2025

The Directors/Trustees have pleasure in presenting their report and Financial Statements for the period ended 31 March 2025.

REFERENCE AND ADMINISTRATIVE DETAILS

Company Registered number	08341899 (England and Wales)
Registered Charity number	1151494
Registered Office	Suites G09 & G10 Part Ground Floor Old Millmead House Millmead Guildford England GU2 4BB
Trustees	Mrs R McKeown (appointed 22-03-2022) and appointed Chair 28-10-2023 Mr M Tasker (appointed 19-10-2019) Mr G Witcomb (appointed 28-10-2023) Mr M Warren (appointed 28-10-2023) Mrs K Rivers (appointed 28-10-2023) Mrs W Coad (appointed 22-03-2022)
Company Secretary	Miss E Bassett (appointed 01-04-2019 - retired 11-12-2024) Mr Marc Warren (appointed 11-12-2024)
Independent Examiner	Mrs Anna Coote MAAT Gilroy & Brookes Accountants Ltd Chartered Accountants Suite 15 The Enterprise Centre Coxbridge Business Park Farnham Surrey Farnham GU10 5EH
Bankers	HSBC Bank 6 Commercial Way Woking Surrey GU1 3UQ

Approved by order of the board of trustees on 18th August, 2025 and signed on its behalf by:

Mrs Rebecca McKeown, Chair

A handwritten signature in black ink, consisting of a large, stylized 'R' followed by a long, horizontal, wavy line that loops back under the 'R'.

Surrey Drug And Alcohol Care Limited

Report of the Trustees
for the Year Ended 31 March 2025

OBJECTIVES AND ACTIVITIES
ORGANISATION & GOVERNANCE

The Company was incorporated on 27 December 2012 as a company limited by guarantee not having any share capital. The Charity is controlled by its governing document, a deed of trust, as defined by the Companies Act 2006.

The Company was registered as a Charity with the Charity Commission (Registration Number 1151494) on 03 April 2013.

The Directors are charity Trustees as defined by section 177 of the Charities Act 2011. Trustees and Associate Directors are appointed and voted into office by voting members of Surrey Drug and Alcohol Limited (SDAC) at the Annual General Meeting and serve for a period of up to three years. Trustees do not have any shares.

Trustees consider their training needs at least once a year to ensure the effective governance of the charitable company and attend specific courses to develop their competencies for their respective roles as deemed necessary. Board meetings are held a minimum of six times a year.

STRUCTURE, GOVERNANCE, MANAGEMENT

Chair:	Mrs R McKeown (appointed 28-10-2023)
Company Secretary:	Miss E Bassett (appointed 01-04-2019 - retired 11-12-2024) Mr Marc Warren (appointed 11-12-2024)
Trustees:	Mrs R McKeown (appointed 22-03-2022) Mrs W Coad (appointed 22-03-2022) Mrs K Rivers (appointed 28-10-2023) Mr M Tasker (appointed 19-10-2019) Mr G Witcomb (appointed 28-10-2023) Mr M Warren (appointed 28-10-2023) Treasurer
Independent Examiner:	Anna Coote MAAT, SKS Gilroy & Brookes Accountants Ltd, Suite 15, The Enterprise Centre, Coxbridge Business Park, Farnham , GU105EH
Bankers:	HSBC Bank, 6 Commercial Way, Woking, Surrey, GU1 3UQ

CHARITABLE OBJECTS

The object of the charity shall be to relieve sickness, particularly amongst persons suffering from addiction to drugs and alcohol in Surrey and Borders.

It will do this particularly by:

1. Providing advice and guidance to substance users and their friends and relatives.
2. To advance education on the harmful effects of drugs and alcohol amongst young students engaged in full-time education in Surrey and to provide information on how to engage with local NHS services.
3. To provide advice and guidance to those suffering from mental health issues and those closely affected by them.

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4. To provide advice and guidance for interested professionals.
5. To collect and disseminate information on all matters affecting substance use, particularly to prevent substance.
6. To collect and disseminate information on all matters affecting people with mental health issues.
7. To raise funds and invite contributions from any person or persons whatsoever by way of subscription, donation, and otherwise provided that the organisation shall not undertake any permanent trading activities in raising funds.
8. To do all such lawful things shall further the objects of the organisation.

Chair's Report - Surrey Drug and Alcohol Care (SDAC)

For the Year Ending 31 March 2025

It is a privilege to present my second report as Chair of Surrey Drug and Alcohol Care (SDAC), having taken on this role in October 2023. This past year has been a time of deep reflection, renewal, and adaptation across the charity, as we continued to navigate rising need and considerable pressure across the health and care landscape. Despite these challenges, our commitment to providing free, confidential, and non-judgmental support for those affected by substance use and mental health concerns in Surrey has never wavered.

I remain inspired by the dedication, skill, and humanity that underpin all that SDAC does. Whether answering a call at 3 am, delivering trauma-informed counselling, or writing a grant application late into the evening, everyone in our community plays a part in helping people feel less alone. We have responded to rising needs in our communities, navigated staff, and structural changes, and worked hard to keep our services open in an increasingly challenging funding landscape. I extend my deepest thanks to our staff, volunteers, Trustees, and supporters-this year has not been easy, but despite the pressures, what remains constant is the spirit of SDAC-our unwavering commitment to people affected by substance use and mental health issues, and our determination to ensure that help is available when it's needed the most.

Extending Our Reach: 24/7 Support

One of the most significant developments this year was the successful implementation of an out-of-hours call handling service, meaning we are now available to support people 24 hours a day, 7 days a week. This has allowed us to respond to increasing demand, particularly from those in crisis outside of typical working hours and remains one of our most important commitments: to be there whenever someone needs us.

Operational Change and Resilience

In May 2024, we restructured our administrative team from a single Coordinator model to a three-person job share-a move aimed at increasing flexibility and consistency. We're grateful to Emma, Josh, and Sagar, who supported us during this time of change.

As the year progressed, we welcomed our new administrative team-Laura and Tariq-who have already shown exceptional commitment and care. While still settling into their roles, they've stepped into a fast-paced environment with positivity and professionalism. We thank them for all they have done and continue to do.

This has been a challenging period of change, but also one that has presented opportunities to review and strengthen some of our internal processes, laying the foundation for greater stability and clarity going forward.

Sustained Client Impact

Our Telephone Counselling Service (TCS) remains a cornerstone of SDAC's work. Over the past year, we have supported over 500 clients, delivering over 7,000 counselling sessions. However, this does not include the additional sessions that counsellors provide for those attending group therapy sessions, 3-month check-up calls, and calls made daily to clients (to those most vulnerable but counsellors do not charge for. Counsellors made over 4,000 of these types of calls to ensure that their clients have the best opportunity for success.

Many of these individuals were reaching out for support for the first time.

Surrey Drug And Alcohol Care Limited

Report of the Trustees for the Year Ended 31 March 2025

Key outcomes include:

- . 87% of clients referred required no further support following counselling sessions or went into our appropriate groups.
- . Improvements reported across emotional well-being, physical health, self-care, relationships, and self-esteem.
- . Increasing engagement from families, couples, significant others, and people bereaved by addiction

Our Boot Camp and Boot Camp Recovery Groups, grounded in the 12 Steps, foster a powerful sense of connection and accountability. For many, these groups have been a lifeline-a stepping stone to long-term recovery, reconnection with loved ones, and renewed hope.

Evolving Specialist Services

We have continued to deliver and grow a range of specialist services, including:

- . A People on Probation programme, offering trauma-informed therapy to those rebuilding their lives after prison.
- . Ongoing facilitation of our Drug-Related Death and Non-Fatal Overdose groups, which provide unique, compassionate support to those grieving complex and traumatic losses.

These services are designed with and for people with lived experience. They reflect our belief that every voice matters-and that healing must happen within understanding communities.

Governance and Leadership

This year saw continuity within our Board of Trustees. While Marc Warren joined in 2023, this year marked his first full reporting period as Treasurer, during which time he has brought rigour, clarity, and valuable insight to our financial oversight. His input has been vital in refining our reporting and forecasting processes, particularly as we face an increasingly difficult funding environment.

We also continue to benefit immensely from the dedication, wisdom, and long-standing service of Mike Tasker, Giles Witcomb, and Kay Rivers-all of whom bring unique strengths and unwavering commitment to the governance of SDAC.

Mike Tasker has provided steady, thoughtful oversight to our governance processes and continues to bring calm assurance and valuable perspective to Board discussions. His attention to detail, especially in operational integrity, ensures that we remain not only compliant but compassionate in how we deliver services.

Giles Witcomb, one of our longest-serving Trustees, has been a consistent and trusted voice at SDAC. His insight into the charity's history and evolution is matched by a forward-looking mindset that helps us balance our values with the changing needs of those we support. Giles's counsel is always clear, considered, and rooted in care for both our people and our purpose.

Kay Rivers brings energy, compassion, and a powerful sense of accountability to the Board. She is deeply attuned to the human side of governance, constantly reminding us of the lived realities behind the data and championing the well-being of both staff and service users. Her input has been particularly important during times of organisational change.

We also extend our sincere thanks to Greg Poulter and David Kerr, who stepped down from the Board during the year. Greg's long-standing involvement with SDAC has been marked by deep loyalty and commitment, while David brought valuable insight into corporate engagement and fundraising during his time with us. We are incredibly grateful to both for their dedication and support during their tenure.

Together, Mike, Giles, and Kay represent the heart of SDAC's Board culture: principled, generous, and committed to ensuring the charity continues to grow without ever losing sight of why we exist. Their support and guidance this year have been invaluable, and I am extremely grateful to serve alongside them.

With Special Thanks

Surrey Drug And Alcohol Care Limited

Report of the Trustees for the Year Ended 31 March 2025

This Chair's Report would not be complete without a heartfelt tribute to Wendy Coad, former Chair and our ongoing TCS Services Manager. Wendy is the beating heart of SDAC-her leadership is quiet but powerful, grounded in care, experience, and a deep understanding of what people in crisis truly need.

Throughout this year, Wendy has continued to hold multiple roles, supporting staff and volunteers, ensuring the quality of our service delivery, and helping to shape the strategic direction of our telephone counselling and group support work. Her ability to remain calm and considerate under pressure is nothing short of extraordinary.

She has mentored new team members, guided volunteers, supported vulnerable clients, and remained unwavering in her commitment to ensuring SDAC remains a safe, trusted place for all. Wendy embodies everything that SDAC stands for-compassion, clarity, commitment-and we are deeply indebted to her for all she has done and continues to do.

Financial Position and Funding

In an environment where demand continues to rise and funding remains scarce, SDAC has worked hard to maintain service delivery across all programmes. We closed the year with reserves of £60,231, a vital safeguard in an increasingly volatile landscape.

We are grateful to the funders and supporters who have stood by us this year, including:

- . The National Lottery Awards for All
- . Sackler Trust
- . Borrows Charitable Trust
- . Surrey Police and Crime Commissioner's Community Safety Fund

These grants and donations have helped us maintain and grow essential services, including our domestic violence counselling, significant others group, and Boot Camp programmes.

Reflections and Looking Forward

This year has not been without struggle. Keeping all our services running has required constant focus, creativity, and compromise. But being a small, agile charity means we can adapt quickly to adversity, make decisions swiftly, and remain truly person-centred in all that we do.

We now look to the future with cautious optimism. Our priorities for the year ahead include:

- . Strengthening our trustee, volunteer, and counselling teams
- . Embedding trauma-informed practices more widely
- . Exploring new funding models and partnerships
- . Deepening our impact measurement and storytelling

We will continue to place lived experience at the heart of our work and advocate for those who are often ignored, stigmatised, or left behind.

Personal Reflection

As Chair of SDAC, my role is not only a professional responsibility but a deeply personal commitment. Through my own experiences and understanding, I carry with me a deep awareness of the pain, isolation, and complexity that so often accompany addiction and mental health struggles. That perspective shapes everything I bring to this role-from the decisions we make as a Board to the way we support our staff, volunteers, and clients. I am determined to ensure that anyone who reaches out for help is met with compassion, dignity, and practical support. I know, first-hand, how powerful it can be to have someone truly listen and believe in your ability to change. It is a privilege to help create that space for others, and I remain committed to making sure SDAC is there, day or night, for everyone who needs us.

In Gratitude

Surrey Drug And Alcohol Care Limited

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for the Year Ended 31 March 2025

To our helpline volunteers, counsellors, group facilitators, staff, and Board: thank you. Every hour you give, every conversation you hold, every moment of care you extend-it all matters. It all saves lives. Together, we continue to build a charity that offers people not only support, but dignity, agency, and hope.

Rebecca McKeown
Chair of Trustees

Fundraising for the Telephone Counselling Service 2024-25

Trusts and Foundation grants, and donations

Securing funding is becoming a harder task to achieve each year; funding pots are getting smaller, with more worthy causes applying for the same pot. And so we are, as ever, indebted to many Trusts, Foundations, Schemes, and individuals for the support given to us over the past year. Without such generosity, we would not be able to help clients at their greatest time of need. We would like to thank all those who continue to support us and those who donated to us for the first time, we are extremely grateful.

We would like to thank those who continue to support our Fundraising Appeal - Hamamelis Trust, Elmbridge Annual Grants, William Allen Young Charitable Trust, James Wise Charitable Trust, Ardwick Foundation, Leigh Trust, Fitton Trust, Bassil Shippam & Alsford Trust, Billmeir Charitable Trust, Aspire, Byfleet United Charity, Souter Charitable Trust, Marsh Charitable Trust.

We would also like to thank those who chose to support us for the first time - Barleycorn Trust, Theodore Maxxy Charitable Trust, and Ewell Parochial Trust.

We would also like to acknowledge and thank the following -

- . National Lottery Awards for All, which granted us £19,999 towards our Bootcamp Intensive Telephone Counselling Programme.
- . Rotary Club of Woking District Trust Fund also supported our Bootcamp Programme with a generous donation of £4,000..
- FB Coales No 4 (Family) Trust has supported us for many years, and this last donation of £1,000 is our final payment from them. We are extremely grateful to all those who have been involved in the decisions to support us.
- . Borrows Charitable Trust has supported us for many years, and we have built up a wonderful relationship with Sally Borrows (Trustee). We are so incredibly grateful for the generosity they have not only demonstrated over the years, but most recently the £30,000 pledge for over 3 years. We are due to receive the final £10,000 in November this year.
- . Hillcote Trust have also supported us for many years, most recently with a £5,000 donation. We are sad to hear that the trust is closing down in a few years and again reiterate our sincere thanks to those who have chosen to support us. We admire the great support for the causes the Trustees have given.
- . Sackler Trust generously granted us £8,000 in December 2024 towards our Bootcamp Programme.
- . Martin Geddes Charitable Trust continues to generously support us, and we have also built a good relationship with the Trustee, Judi Geisler. The Trust continues to support our work, for which we are so grateful.
- . Surrey PCC Fund Community Safety Fund continues to support our various projects; most recently, £5,000 towards our new Domestic Violence/Addiction Group Counselling Service. This specific programme is for survivors/friends/family/perpetrators of Domestic Violence (DV).
- . John Cowan Foundation is sadly another Foundation closing down. We would like to thank them for their continued support over the past few years.

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Review of principal activities and plans

Telephone Counselling Service

Our free Telephone Counselling Service has been running since 2011 originally aimed at those clients deemed to be hard to reach due to disabilities, nonattendance at walk-in services, people in rural areas without easy access to transport, those with children making it difficult to find childcare or have the time to attend sessions, shift workers who cannot attend regular sessions or high-profile users who required discretion for sessions. On referral, clients are contacted within 5 working days maximum and offered sessions at a time that would suit them.

Our counselling service offers a range of services for the client; we normally offer weekly one-to-one counselling sessions via telephone for clients struggling with substance use and any associated mental health issues. Clients are encouraged to work out their recovery pathway from addiction, which takes many forms, in a safe space. More intensive interventions are also available if the client feels this course of action is needed. These are confidential counselling sessions that are offered initially every week for 12 weeks; however, they can be tailored to each client's needs and extended further. People are genuinely in crisis, and we at SDAC and TCS do so much more behind the scenes.

Our own lived experiences help to enable us to navigate a client's story. For our clients, co-occurring mental health and addiction is often presented, alongside the stigma and fears and anxiety of public perception experienced by them. Many clients, 27%, experience multiple disadvantages to recovery, including homelessness, mental health struggles, physical health, and substance use. Falling between the gaps of mental health and substance use services is integrated within SDAC services. Our groups offer mutual aid support, offering support at high-level stress events, offering strategies when others feel overwhelmed, enabling self-compassion and self-care, and bringing about improvement in each other's tolerance to situations they encounter. Clients in treatment show substantial improvement and progress.

We have worked with people using alcohol and or drugs, with alcohol, crack and cocaine being the highest spend per week at over £100 for many clients.

The telephone counselling service for drug and alcohol difficulties is also available to significant others, who will be able to gain help and knowledge of addictions. Couples and families who wish to work through struggles that addiction in the family might have contributed to were developed during 2024, and follow-on groups enabled a continuous support network.

During the year, we worked with 487 clients, many of whom have never received treatment previously. 87% of those referred required no further support following counselling sessions or went into our appropriate groups.

We worked with:

- . 52% male and 48% female,
- . and 6% of significant other clients.
- . Aged between the ages of 31-50 years of age.
- . 51% were self-referred through our SDAC Helpline, others through i-access, Catalyst, and Royal Surrey Hospital Alcohol Liaison.. Ethnicity ranged across many countries and included refugees and the traveller population.
- . 51% were employed.
- . 57 were or had been in the armed forces or police,.
- . And 73 were significant among those who had been in the police or armed forces. 21% reported experiencing domestic violence,
- . With a further 44% reporting sexual, physical, emotional/psychological abuse.

Improvements seen by clients were:

- . 49% said physical health,
- . 65 % emotional health,
- . 58% self-esteem,
- . 60% self-care, and
- . 43 % had an improvement in meaningful use of time, among some of the data collected.

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Overall, 85% of clients reported that at the end of sessions, they had completed treatment successfully, achieving their personal goals, many of which were alcohol or drug-free.

Feedback from group facilitators:

Family counselling is crucial for several reasons. Domestic abuse can deeply affect the emotional and psychological well-being of all family members involved, and counselling family group provides a safe and structured environment to address these complex issues. Addictions can be a shared struggle to understand and manage.

The group is a unique space to restore communication. Estrangement often arises when there is a breakdown in trust and communication. SDAC counsellors can facilitate open and honest communication, allowing family members to voice their pain and fears while also encouraging empathy and understanding. The process can slowly rebuild the lines of communication that may have been severed and empower family members to reclaim their autonomy to make informed decisions about their relationships. For a family member, they can learn to help each other, understand their rights and boundaries and the importance of self-care, whether that involves forgiveness, maintaining distance or seeking a way to rebuild the relationship. Counselling offers a pathway for the family to regain control over their lives, find healing and rebuild or reframe relationships in a healthy, supportive way.

Feedback from Family and Couples Groups:

We set agreed boundaries and looked at confidentiality. The sessions focus on building trust and being aware that opening up carries the risk of being hurt again after repeated reconciliation attempts. Communication didn't work well at times, although the group sessions were flexible in who would attend each and were left entirely up to us as a family to decide. It was clear we all needed different things to happen and not happen, and we all felt it very clearly how complex all our needs are and how to meet them would take time and for us all to look at what we could do to make improvements in ourselves and as a family.

People on Probation Project

We were co-commissioned for the project between KSS Probation and Surrey County Council in July 2024. The project ran from October 2024 till 31st March 2025. We have been further co-commissioned for a further year, 2025-26. Practitioners referred People on Probation for counselling sessions for specialist support about harmful substance misuse. This service is unique and offers bespoke counselling over 12 sessions, or more if required. Referrals can be direct from a Person on Probation or through Probation Practitioners. Referral to counselling is voluntary and confidential, and no action will be taken should they not engage in our service. Managing a prison sentence with underlying historical struggles, ADHD, past trauma, lack of contact with family and fear of release into the community and being around those who use substances.

Feedback from a client:

1. I completed 12 sessions with my counsellor, and found it helped me so much, I asked for more, which was granted.
2. Never thought about counselling till I had a prison sentence. Continuing to work on self-care, going to the gym, clean and sober, aware I need to keep safe and away from temptations.
3. I am learning to make better decisions.

Feedback from the counsellor taken from client sessions and anonymised for confidentiality.

"Having used cannabis for around 6 years before prison, the client has overwhelming sensory reactions, racy brain, and paranoia. Childhood trauma, a long-ago prison sentence, and now keenly trying to look at learning and progressing in life. Other clients have experienced trauma whilst in prison, being a witness to violent attacks on others and suicides. On release, some fear contact with people who could trigger their substance use, so they tend to isolate themselves. Clients have said that the counselling is non-judgmental, supportive, and easily accessible."

By the end of March 2025, we had 8 people on probation client's complete treatment.

For Males:

- . 50% had used drugs,

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for the Year Ended 31 March 2025

- . 12.5% had drugs and mental health struggles,
- . 25% had Alcohol and mental health struggles,
- . 12.5 % had drug/alcohol and mental health struggles.
- . Age ranges 25 - 60 years

And of these:

- . 84% successfully engaged and completed 12 sessions or more, with
- . 16% with long-term trauma or effects of being in the armed services or police service at some point.
- . A staggering 34% raised domestic violence as a discussion point,
- . 34% had children under 16 years of age.
- . 67% agreed they had achieved or mostly achieved their goals.
- .. 34% were completely free of drug use,
- . 17% had reduced all substance use.
- . Improvements in physical health, emotional, psychological, self-esteem and self-care were noted for all clients attending sessions over the weeks.

Feedback from various clients for our Telephone Counselling Service

I stopped drinking alcohol! My therapist, Inma, and I discussed how to overcome my addiction. Originally, I was looking for a drug therapy to stop drinking, but I quickly realised that would not be necessary. My counsellor was always on time, positively instilled confidence in me such that I now don't drink alcohol.'

'Inma was incredibly supportive, bringing supportive strategies into the sessions for me to help combat my addiction. Understanding my struggles, being knowledgeable and offering advice, alongside her empathy, was key to our sessions. She spoke openly and frankly, which supported my process.'

'My counsellor was a good listener, which helped as I am a great talker! Being able to be honest with someone and then realising what I had been through was unfair. I was a victim, and not keeping this trauma to myself anymore was liberating. A wonderful service offered to someone like me, whose alcohol addiction led to financial despair. This service is so accessible and free. Thank you for being angels on my shoulders.'

'The TCS has been a lifesaver for me and has helped me look forward with new optimism. I am incredibly grateful.'

'Beyond my expectations. No negatives. This service is needed by so many. After 50 years of trauma, I can heal and move forward. Make this service available to more people who would benefit so much, but who struggle to pay for private counselling.

'My therapist was different to what I was anticipating. It was better than what I had experienced before with psychologists or therapists. She let me just talk out the rushing in my head. Nondirective. Compassion. The best person I have spoken to. Challenging and given me great things to work with and on. Support materials were sent to me.'

Referral Case Study:

Referral taken by our SDAC Helpline volunteer. The client engaged in counselling with 24 sessions allocated. Alcohol consumption at the beginning of sessions was impacting life, relationships, and work. My counsellor Kristin was experienced and knowledgeable on substance abuse., AA and the 12 steps. Rich life experience demonstrated with clear examples of how addiction manifests, how to deal with craving, where to seek community and guidance. Empathic with me when my mental health meant I could not attend a session. She provided interesting perspectives that challenged my narratives formed under alcohol abuse/depression. Knowledge from a life lived, a very important aspect to offer. I was empowered to be more outspoken about my addiction, to trust others and seek community. I have successfully quit alcohol for 4 months now and know where to go if I get a craving. '

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Significant Other (SO) Group Process

Anyone close to a person struggling with addiction will be aware of the impact the problem has on their lives and health, as well as the addicted person's. The depth of the struggle loved ones have with addiction is intricate and painful. For those who have not experienced addiction, it is difficult to fully understand the intricacies at play.

Feedback from clients:

I feel stronger in my decisions, and not guilty for putting myself first at times. My counsellor listened and I said more than I have ever told anyone else about how my son's behaviour has impacted me. I felt supported and able to cope with whatever happens in the future. I felt safe and secure in sessions, able to talk about the journey my son and my life had taken. As a parent of an addict, we were not offered any help or support for 15 years till we found SDAC and TCS. '

'I have learnt so much, especially how to set up boundaries and to understand the addict's side. How to give them support and what to expect. More people need to know about your service as it's better than what previously experienced.

We have learnt so much about how to deal with our situation with our adult son. We were signposted to register as carers and attended the Significant Other Support group run by TCS, which was very helpful. The outstanding professionalism and kindness of our counsellor and group facilitator have helped our confidence to move on and create change in a very difficult situation. Thank you'

Themes explored:

- . Boundary setting
- . Signposting to appropriate support services, GP, Social Prescribers, CMHT, Autism Society, Family Lives, Action for Carers and Carers UK.
- . Support from others in the group around benefits that could help support the individuals to become more independent, such as Universal Credit, PIP, Access to Work, and Mary Francis Trust.

Another member became more independent, as before the group, he felt unable to leave his wife at home, as he was afraid, she would start to drink. The SO Group enabled him to talk about how this was impacting his mental health, staying indoors, and not engaging in hobbies he enjoyed. One group member reflected on the three 'C's: I can't cure it, I can't control it, and I didn't cause it.

We also have had a new member join whose father has Korsakoff and is struggling to get support between Dementia services and Drug and Alcohol services.

One member of our group has sadly lost her partner (who was an ex-heroin user); his death was unrelated to substances. This member has found being around people she knows and trusts immensely supportive and helpful at such a challenging time.

Drug Related Death and Non-Fatal Overdose Counselling.

The group have been able to reflect and process their loss within a safe space and gain new insights and understanding, as well as reflect on what they need and that the process of grieving is not linear.

The SDAC DRD group has been set up to support clients who have been bereaved through drugs and alcohol. The group meets bi-weekly (Monday 6.30 pm - 8.00 pm) via Zoom, with 30-minute access to counsellors after the meeting if they wish to discuss anything that has been left over in the group or have felt emotionally challenged or need to discuss their own wellbeing needs after the DRD meeting ends. Before the group's clients are offered a minimum of 12 counselling sessions.

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We feel and have seen that the DRD/NFO counselling has been life-changing for those who needed to experience a safe space to share feelings and thoughts and to further their lives in a forward-facing manner. Many of those who felt stuck have since become SDAC Helpline volunteers or taken up other voluntary roles in the community or gone back to work. We celebrate achievements and appreciate the pain our clients have worked through to become someone who helps others. Cohesion within the group was established early, due to its theme being specifically for those bereaved through another's addiction. Group members share their loss and share their complex grief, which carries guilt; for some, it is deep, long-lasting, complex grief.

Themes within the counselling sessions and groups have included fear and shame, isolation (not being able to share with others due to a lack of understanding by others of the complex nature of addiction and that it has not been a life choice. Family dynamics and misunderstandings within the family from other family members cover different points of view. Anniversaries can be particularly challenging times.

- . 100% of those referred attended sessions.
- . 54% referred through our SDAC Helpline,
- . 14% referred by the Royal Surrey Hospital Alcohol Liaison team.
- . 21% referred by an SDAC TCS counsellor,
- . 11% SDAC Website.

- . Overall, 43% DRD and 57% NFO.
- . 40% male and 60% female clients range from 26 - 61 years of age.
- . The least area of referral was Elmbridge, Surrey Heath, and Guildford,
- . 42% employed, 58% unemployed.
- . We had 15% who were in the criminal justice system.
- . 73% of these clients had no previous support,
- . 52% reported domestic violence experienced,
- . whilst 51% had a disability, whether sight, hearing or physical.
- . 35% felt that more needed to be put in place before the crisis occurred.

Spending on substances was:

- . over £100 weekly on alcohol,
- . £50 on cannabis,
- . anabolic steroids £50-100,
- . and methadone £20-50 weekly.

85% completed their personal goals, with:

- . 53% alcohol free,
- . 20% no drug or alcohol use.

Improvements were reported as:

- . 67% physical,
- . 81% emotional,
- . and 80% of family relationships improved.

DRD / NFO Feedback:

Surrey Drug And Alcohol Care Limited

Report of the Trustees
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"My initial call enquiring about support was received with gentleness, kindness and understanding. The referral was made promptly, and my allocated counsellor called me the next day. My counsellor explained in the first session what to expect from our time together. I am bereaved due to my loved one's addiction. My counsellor had a depth of knowledge on addiction and its impact. I am grateful to be able to receive counselling from a service which is supporting my understanding of my son's addiction and my feelings of guilt and helplessness about not being able to help him. I have been able to reflect on my son's journey and my own since his death. Alison has helped me identify situations and experiences which may have impacted and influenced some of the difficulties I am having dealing with this. She has given me the confidence to challenge some of the beliefs I have about myself with others. I have been supported and encouraged through her calm, containing presence when I have been overwhelmed and unable to speak. She encouraged me to be brave and to experience joy when I can.

I am grateful for this service.

For being the light in my darkest days."

Boot Camp Counselling and Follow-up Recovery Groups

Bootcamp group remains a strong source of support for its members, offering a therapeutic community underpinned by the 12 steps. Its membership is mixed and ranges from the most recent member through to seasoned members with over 4 years of sobriety. There are a few members who are around the 4- 5-year mark, and a few more heading to their first year in sobriety. The group has a focused agenda, usually agreed upon during the week in the group's own WhatsApp page. The groups have full control of the group and can change topics at will. A WhatsApp group for members of the recovery group was put in place for between-group support. It is a space to celebrate achievements, share funny stories, share pictures, and show snapshots of healthy recovery. We are a small part of the client's recovery journey, and so are a witness to their process. A humbling experience for any counsellor.

It is a true space for growth through open dialogue and honest sharing. At its core, it remains simple. A group all working on their program of recovery and sharing the journey of kindness.

100% of those offered Boot Camp 28 clients took up the opportunity, as each client was involved in the assessment for suitability.

Of these clients:

- . 68% alcohol,
- . 7% drugs
- . and 25% alcohol and drug use.
- . Males are 54% and females are 46%.

The age range is between 25 and 61 years of age many with a high percentage of relationship difficulties:

- . 22% reported domestic violence.
- . 38% used more than £100 per week on alcohol,
- . and 71% took up the opportunity to have weekend calls on top of weekday sessions.

83% completed all sessions with the greatest improvement in physical, emotional, financial and relationships, and were able to have meaningful use of time, and 75% were completely sober.

Themes explored include, but are not exclusive to:

- . Living sober and finding purpose
- . Life overview
- . Early recovery and employment in early recovery
- . What are spirituality and belief systems?
- . Is relapse part of recovery?
- . When are we ready to sponsor?
- . Connections in recovery
- . Christmas in recovery
- . Happiness and our expectations

Surrey Drug And Alcohol Care Limited

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- . Managing depression
- . Crashing in recovery
- . Evolution in recovery
- . Action over thought, stage of recovery
- . Practical ways to identify character traits.

Boot Camp and Boot Camp Recovery Groups feedback.

"2025 - It's funny how little things seem to happen around recovery. I think it was the Thursday before last where Giles said in the meeting, and to me personally, that one is to work on the basis that the person you are helping may one day be the person who you need to save you, pick you up out of the gutter of addiction. I meditated on this quite a bit, encouraging humility, gratitude and acceptance.

Yesterday evening, I had a call from someone, very down and took the position that I could help him, surreptitiously, with all the great work I'd done in Bootcamp, and maybe pass that on. I'm even more grateful for the Bootcamp this morning. Even more because I am only at step 3 with this guy, and because of Bootcamp, I have had the tools to deal with the nagging problems of the last week. And, because it is now my turn to help someone, and I feel reasonably well equipped to do so. If I hadn't made the spiritual breakthrough I did when working with Giles a few months ago, I would very likely be in a bad place today in the face of recent adversity.... And this person would now have one less person around him, with the potential to help prevent his downward spiral. As was said to me last week.... You may not see the miracles happening, but rest assured, God is working them... and I've taken this as a lesson that this is part of the work toward dissolution of ego.... Why would I be so important as to need to see God's miracles before they happen? Go well today.... Keep a keen eye on those you assume to be well. Sending love."

TCS projects

As the world continues with discourse, wars, and financial concerns, we have maintained our telephone counselling service with enthusiasm and are mindful of what our clients need. Views and beliefs of the wider cultural community are changing and being embraced. The cost of living has meant our free service is in demand with its exceptionally fast, streamlined referral system, which sees a referral turned into an assessment or first session of therapy within around 3 days.

Breaking down barriers to receiving support has been uppermost since our service's inception. Transport, social stigma, which has kept them silent, and work-life can make it feel daunting to receive support. Our counsellors and administrators have lived experience of struggling at some time, for some reason, in their lives; therefore, they are accommodating, flexible and innovative in encouraging clients to engage and recover. Feedback: 'The fact that the counsellor had experience on both sides of the fence was great and it put me at ease that there was a level of understanding and empathy.'

Increasingly, we see clients who have trauma, abuse, and neurodiversity underlying substance use. Referrals from hospital inpatient services, probation, CGL, police and paramedics, along with self-referrals through our Helpline, SMS service, web chat or our website online referral portal, means access is within everyone's ability to make contact quickly. We support people to make a positive change a reality without there being a power imbalance between the client and the organisation.

We have designed, implemented, and maintained access for clients to join our groups. We run groups for significant others, couples, families, drug-related deaths and non-fatal overdoses and our intensive Boot Camp. We are in the process of building groups for those who are or have experienced domestic violence.

Couples Group is an online virtual group consisting of family members affected by the use of their loved one's use of addictive substances and activities

Topics around trusting a partner around alcohol, and or drugs, anger around past behaviours and how to forgive, abstinence versus moderation, and relationships reaching a breaking point before problem drinker/drug user changes (or not).

Surrey Drug And Alcohol Care Limited

Report of the Trustees for the Year Ended 31 March 2025

Significant Other Group. This section of society might be forgotten in the process of supporting the person using alcohol or substances. Isolation, shame and feeling of being de-skilled and unable to cope, no one to turn to, might be present. Could also include concerned and close relationship grandparents.

The future for counselling. Going forward, we are looking to increase our family groups and set up groups for those who have experienced abuse, whether this is financial, physical, emotional, or sexual.

Following the prison Reset programme, we have been co-commissioned for the contract to take early release and have successfully engaged people on probation. All were offered an initial 12 sessions. Themes that arose were historical trauma, life in prison, witnessing aggressive behaviours and death, fear on release of what life held for them in the future, family breakdown, contact with children, unhealthy lifestyle and lack of physical health, emotional struggles and educational difficulties/neurodiversity, old beliefs which needed reframing.

Helpline and Volunteer Services

This year saw a significant step forward for SDAC as we returned to 24/7 helpline coverage, restoring a level of access that has always been central to our values and vision. While the helpline previously operated on a 24/7 basis, limited resources in recent years meant we had to reduce our opening hours. In 2024/25, we were proud to reinstate full round-the-clock availability by partnering with an out-of-hours call handling service, allowing us to ensure no call goes unanswered, regardless of the time of day.

Our Freephone Helpline (0808 802 5000) is now once again open 24 hours a day, seven days a week, providing vital support to individuals, families, and professionals across Surrey. This change has ensured continuity of care and increased accessibility, particularly for those who may be in distress during the night or outside of standard working hours.

In addition to telephone support, our helpline continues to offer:

- . SMS text support (07537 432411), ideal for individuals who are deaf, hard of hearing, or prefer text-based communication.
- . A web chat service via our website (www.surreydrugandalcoholcare.org.uk), offering real-time support during our core operating hours.
- . An email support option via coordinator@sdac-helpline.co.uk, which remains a popular route for those seeking guidance or referrals in writing.

The Role of Our Volunteers

At the heart of SDAC's helpline are our incredible volunteers, whose compassion, calm presence, and lived experience continue to transform lives. Many of our volunteers have been with us for several years, offering their time selflessly and consistently to support those in crisis or need.

They are often the first point of contact for someone making that crucial first step toward recovery or reaching out for emotional support. Volunteers provide a listening ear, offer practical advice, signpost to relevant services, and, when needed, refer individuals directly to our in-house Telephone Counselling Service (TCS) or to external treatment providers.

This year, our helpline:

- . Received over 1300 calls to the helpline, with over 700 of those going on to speak to one of our volunteers or out-of-hours service.
- . We had an average call time of 5 minutes 45 seconds.
- . Referred over 200 people to our Telephone Counselling Service with an 82% attendance rate.
- . We helped over 75 professionals with information, advice and signposting or referring a client into counselling.
- . Continued to provide a trusted first contact point for the NHS First Steps programme, guiding individuals through the process of accessing talking therapy services.
- . Our feedback remains overwhelmingly positive, with 67% of callers reporting that they were "very satisfied" with the help they received. As one caller put it:

Surrey Drug And Alcohol Care Limited

Report of the Trustees
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. SDAC support has been life-changing for me. Thank you for all you do." - Anonymous service user

A New Administrative Team

This year also brought changes to our internal infrastructure. Following a period of transition within our admin team, we welcomed Laura and Tariq, our new two-person administrative team, who have brought energy, professionalism, and a clear commitment to supporting both volunteers and service users.

Their roles are integral to the helpline's success. They provide real-time assistance during helpline shifts, oversee communication across all digital platforms, manage caller records, support reporting and evaluation processes, and act as a point of stability and continuity for the volunteer team. Despite joining partway through the year, both have demonstrated adaptability, warmth, and a proactive approach to improving the day-to-day running of the service.

The reintroduction of 24/7 support, combined with the restructuring of the administrative function, offered the opportunity to review and improve internal systems, resulting in better coordination and service delivery.

Supporting Our Volunteer Team

We continue to invest in the well-being and development of our volunteers. Our admin team now conducts bi-monthly wellbeing check-ins, helping ensure that those who give so much to others feel supported themselves.

Volunteers are also encouraged to contribute ideas and feedback that shape how the helpline operates. Our approach to management and development remains rooted in inclusion, and the success of our services is a direct result of the keen sense of community and shared purpose that runs throughout the organisation.

We are also proud of the diversity within our volunteer team, which reflects the communities we serve, bringing a wide range of cultural, professional, and individual experiences that enhance the sensitivity and relatability of our support.

Ready to Listen, Always Here

Returning to 24/7 coverage has been a major milestone for SDAC this year-one that reflects both the growing need in our communities and our deep commitment to ensuring no one is left without support. While the journey to achieve this has not been without its challenges, it stands as a powerful example of how a small and agile charity can adapt, collaborate, and respond to adversity with purpose and compassion.

Whether someone reaches out at 3 am in a moment of crisis or during a quiet afternoon seeking clarity and guidance, we are here. Ready to listen. Ready to help.

Outcome monitoring

The feedback from our former clients shows that we provide an excellent service, and many of our clients have moved forward with us into a new, and at times, wonderful state of being however, we are always striving to improve, therefore, all feedback is gratefully received.

Risk Management.

In the event of a power failure, SDAC documents are all backed up weekly on an external hard drive. The SDAC administrators have backup facilities that can be used in the event of a power failure lasting more than a few hours, if required, as does TCS.

95% of our work is paperless.

Loss of Statutory Funding:

Contingency planning, including a 3-month expenditure reserve, for such an event and regular engagement with commissioners to ensure enough notice of any event can be managed.

Surrey Drug And Alcohol Care Limited

Report of the Trustees
for the Year Ended 31 March 2025

Staffing:

We regularly train and retain volunteers. Keeping up to date with current thinking and legislation. We have expanded our administrative team to three people to allow for holidays and coverage of the helpline.

Trustees:

Regular training, particularly for governance.

Surrey Drug And Alcohol Care Limited

Report of the Trustees
for the Year Ended 31 March 2025

ACHIEVEMENT AND PERFORMANCE
REVIEW OF FINANCIAL POSITION

During the financial year, the Charity recorded a deficit of £24,620, closing the year with a reserve balance of £60,231. While this represents a decrease in reserves compared to the previous year, we remained within our reserves policy and successfully delivered on our charitable objectives. This was achieved despite a challenging economic climate and a reduction in legacy income.

Trustees regularly monitor the financial performance of the charity to ensure adequate reserves are always maintained.

Our Financial Policy and combined reserves policy are approved by the Trustees and strictly enforced. The Board of Trustees agrees with the quarterly profit and loss and budget forecasts. At each Board meeting, normally monthly, the Treasurer presents the financial position of the charity and highlights any concerns. During the year, there have been no apparent breaches of SDAC's financial policies.

Each SDAC project is carefully monitored against income and expenditure. Balancing funding and costs.

FUNDING

Due to funding of £36,843 from Surrey County Council, SDAC can provide a Helpline that is free of charge to callers, along with the associated costs of running and promoting the service. We received £30,960 From Surrey County Council for DRD/NFO clients and groups.

We are indebted to all the Trusts, Foundations, Community Funding, Police, Lottery, other large and smaller charities, and those clients who donate towards their counselling sessions. We appreciate the work that has gone into assisting us with improving public awareness of our service through all those mentioned above, as well as our key supporters, persons of high public stature, and by word of mouth through personal recommendation. All restricted and unrestricted funding received has been allocated and used as per the terms and conditions of the donor. This is carefully monitored and recorded by the TCS Manager.

Our successful funding application with the Woking Community Grant has enabled us to continue our invaluable work throughout the year. Without the support of funders and Trusts such as Woking, we would not have reached as many people as intended, and those who benefited from the support received.

RESERVES POLICY

The objects of the charity specify that the income and property of the company shall be applied solely towards the objects of the charity.

The Charity aims to have sufficient reserves to cover operating costs for three months.

Trustees review the Finance and Reserves combined policy at regular intervals.

PUBLIC BENEFIT

The company demonstrates public benefit in the following ways:

1. Provision of a freephone telephone Helpline for anyone concerned about drug or alcohol use and mild to moderate mental health.
 - . 764 connected calls to the helpline
 - . 22% of callers mentioned that they had mental health concerns.
 - . 76% of calls to the helpline were for substance use.

Surrey Drug And Alcohol Care Limited

Report of the Trustees for the Year Ended 31 March 2025

- . 25% of callers were calling about mental health and substance use.
- . 59% of callers were signposted for further help, such as from their GP, Bereavement groups, local support groups, or local talking therapies.
- . 40% of callers were referred directly to SDAC services.
- . Alcohol, cannabis, and cocaine were the top three substances callers were using or concerned about others' use.
- . 19% of calls to the helpline came from other professionals seeking information or referrals for their clients.
- . 234 substance use referred to treatment, of which 82% engaged with therapy.
- . 5% of callers mentioned the cost of living as an issue.
- . 4% of callers mentioned Domestic violence as an issue.
- . 4% of calls to the helpline were for emergency advice for themselves or a loved one.

The Helpline also supports TCS clients in between their counselling sessions and advises professionals on services available in Surrey for substance use.

2. Provision of a Telephone Counselling Service offering twelve weekly therapeutic sessions for those affected by substance use or significant others, without charge to the client.

- . 518 referrals into TCS, of which 439 clients engaged.
- . 70 DRD/NFO clients with 840 sessions completed.
- . 32 Boot Camp clients with 548 Boot Camp client sessions completed.
- . Over 7,000 counselling sessions with an additional 4,628 check-in sessions.

Every client is offered the opportunity to send confidential feedback evaluating their experience of TCS. This feedback is used to develop and maintain the exemplary service provided.

These services deliver significant social value by offering early, accessible intervention that helps to reduce harm, prevent crisis escalation, and relieve pressure on overstretched public systems, including the NHS, emergency services, and social care. The Helpline often acts as a first point of contact for individuals who might otherwise reach crisis point, providing preventative support that leads to improved mental health, reduced substance use, and stronger family and community relationships.

By offering services at no cost to clients, SDAC reduces financial barriers to support and promotes equity of access, particularly for those impacted by deprivation, trauma, or social isolation. The organisation's contribution to public benefit is not only measured in the number of people supported, but also in the lasting change created in individual lives and across the wider community.

INTERESTS

Current Trustees and those who served during the year are shown on page 2.
The company has no share capital, being a company limited by guarantee.

RISK MANAGEMENT

The Trustees have considered and identified the major risks that could affect the charity. The Trustees consider the existing system of internal controls and procedures to be adequate in mitigating the charity's exposure to those risks.

We are pleased to report that no serious incidents (serious or otherwise) took place in 2024/25.

TRUSTEES' RESPONSIBILITIES

Surrey Drug And Alcohol Care Limited

Report of the Trustees
for the Year Ended 31 March 2025

The Trustees are responsible for preparing the Annual Report and the financial statements by applicable law and the United Kingdom Generally Accepted Accounting Practice. Company law requires the trustees to prepare financial statements for each fiscal year, which give a true and fair view of the state of affairs and of the income and expenditure of the Charitable Company for that period. In preparing those financial statements, the Trustees are required to:

- . Select suitable accounting policies and then apply them consistently; " make judgements and estimates that are reasonable and prudent;"
- . State whether applicable accounting standards and statements of recommended practice have been followed and give details of any departures."
- . Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Charitable Company will continue to operate."

The Trustees are responsible for keeping proper accounting records that disclose, with reasonable accuracy, at any time the financial position of the Charitable Company and to enable them to ensure that the financial statements comply with the Companies Act 2006, the Memorandum and Articles of Association and the Statement of Recommended Practice Accounting and Reporting by Charities (SORA 2005). They are also responsible for safeguarding the assets of the Charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

As far as the Trustees are aware:

There is no relevant audit information of which the charitable company's independent examiner is unaware; and

The Trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the independent examiner is aware of that information.

Leadership Team

As a small charity, the Trustees have all played a part in the management of the charitable obligations and activities:

Laura Salkeld and Tariq Galal: SDAC Helpline Administrator and out-of-hours volunteer support
Wendy Coad: TCS Services Manager, Fundraising Lead and Helpline training lead
Di Claridge: Fundraiser
Giles Witcomb & Paul Lane: TCS Boot Camp and Boot Camp Recovery Groups
Inma Ferre Torro and Paul Carrington-Gretton - couples and family groups
Giles Witcomb and Kay Rivers - DRD groups
Kay River & Giles Witcomb - Significant Other groups
Inma Ferre Torro and Joyce Mathiat - Near-Fatal Overdose Group (NFO)

James and Paul Vincent, Hot Source, have been instrumental in developing our social media presence on Instagram, Twitter, LinkedIn, and Facebook and developing our website with adverts, blogs, and feedback posts from clients and in the redevelopment of our website.

We are grateful for the assistance of Snezana Leslie with administration. Her academic skills and dedication to keeping the databases and spreadsheets continually to enable a smooth and efficient analysis of the client's TCS engagement in our service.

As the role of Coordinator has evolved into an administrative team, we would like to extend our heartfelt thanks to Laura and Tariq. Their efforts in not only evolving and creating the team but also tirelessly supporting our team of helpline volunteers have been invaluable. We are deeply grateful for their dedication and hard work.

Surrey Drug And Alcohol Care Limited

Report of the Trustees
for the Year Ended 31 March 2025

We would also like to extend our sincere thanks to Marta Rominska for her invaluable behind-the-scenes support. Marta's attention to detail in uploading to Xero, cross-checking financial summaries, and ensuring all invoices, receipts, and accompanying documentation are in order has been a crucial part of keeping our financial processes running smoothly. Her quiet efficiency and reliability are greatly appreciated.

We would like to extend our heartfelt thanks to Jana Phillips for her ongoing support and willingness to step in whenever needed. Jana has represented SDAC at numerous outreach events with warmth, professionalism, and care, giving thoughtful and engaging presentations that truly reflect the heart of our work. Her dedication, advocacy, and ability to connect with others make her a wonderful ambassador for SDAC, and we are deeply grateful for all that she continues to contribute.

Our sincere thanks go to Di Claridge, whose work in securing funding has been instrumental in sustaining our services. Di has worked tirelessly behind the scenes to secure grant income, liaise with funders, and keep SDAC visible and supported in an increasingly competitive climate. Her tenacity, creativity, and belief in our mission have helped us to continue delivering life-changing services when others around us have been forced to scale back.

We would like to show our appreciation to the Helpline Volunteers who, despite reduced numbers and their struggles, have continued to help callers. They have remained committed, and for this, we are extremely grateful, as without volunteers, we would not have a helpline. Some of our volunteers have been instrumental in helping with and attending our outreach events.

We would also like to honour our team of BACP Registered Counsellors who are competently bringing empathy, a wealth of knowledge, and commitment to their role. Their passion is evident from the positive client feedback. 2024 - 25

SMALL COMPANY PROVISIONS

For the period ending 31 March 2025, the company was entitled to an exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit of its accounts for the year in question under section 476.

The Directors acknowledge their responsibilities for complying with the requirements of the Act concerning accounting records and the preparation of accounts.

These accounts have been prepared by the provisions applicable to companies subject to the small companies' regime.

Trustees' Responsibility Statement

The Trustees (who are also the directors of SURREY DRUG AND ALCOHOL CARE LIMITED for company law) are responsible for preparing the Report of the Trustees and the financial statements by applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Trustees to prepare financial statements for each financial year, which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to.

- . Select suitable accounting policies and then apply them consistently.
- . Observe the methods and principles in the Charity SORP.
- . Make judgements and estimates that are reasonable and prudent.
- . Prepare the financial statements on a going-concern basis unless it is inappropriate to presume that the charitable company will continue in business.

Surrey Drug And Alcohol Care Limited

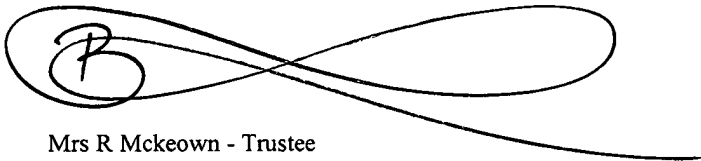
Report of the Trustees
for the Year Ended 31 March 2025

The Trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and, hence, taking reasonable steps for the prevention and detection of fraud and other irregularities.

STRUCTURE, GOVERNANCE AND MANAGEMENT

REFERENCE AND ADMINISTRATIVE DETAILS

Approved by order of the board of trustees on 18th August 2025 and signed on its behalf by:

A handwritten signature in black ink, consisting of a large, stylized capital 'R' followed by a long, sweeping horizontal line that loops back under the 'R'.

Mrs R Mckeown - Trustee

Independent Examiner's Report to the Trustees of
Surrey Drug And Alcohol Care Limited

Independent examiner's report to the trustees of Surrey Drug And Alcohol Care Limited ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2025.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Mrs Anna Coote

Gilroy & Brookes Accountants Limited
Suite 15
The Enterprise Centre
Coxbridge Business Park
Farnham
Surrey
GU10 5EH

18 August 2025

Surrey Drug And Alcohol Care Limited

Statement of Financial Activities
for the Year Ended 31 March 2025

	Notes	Unrestricted funds £	Restricted fund £	2025 Total funds £	2024 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	71,864	82,110	153,974	226,673
Other trading activities	3	5,400	15000	20,400	5,400
Investment income	4	<u>1,465</u>	<u>-</u>	<u>1,465</u>	<u>1,510</u>
Total		<u>78,729</u>	<u>97,110</u>	<u>175,839</u>	<u>233,583</u>
EXPENDITURE ON					
Raising funds	5	-	-	-	184
Charitable activities	6				
Expenditure on charitable activities		101,241	95,083	196,324	223,155
Other		<u>2,612</u>	<u>1,523</u>	<u>4,135</u>	<u>10,535</u>
Total		<u>103,853</u>	<u>96,606</u>	<u>200,459</u>	<u>233,874</u>
NET INCOME/(EXPENDITURE)		(25,124)	504	(24,620)	(291)
RECONCILIATION OF FUNDS					
Total funds brought forward		68,018	16,833	84,851	85,142
TOTAL FUNDS CARRIED FORWARD		<u>42,894</u>	<u>17,337</u>	<u>60,231</u>	<u>84,851</u>

The notes form part of these financial statements

Surrey Drug And Alcohol Care Limited

Balance Sheet
31 March 2025

	Notes	Unrestricted funds £	Restricted fund £	2025 Total funds £	2024 Total funds £
FIXED ASSETS					
Tangible assets	12	-	231	231	462
CURRENT ASSETS					
Debtors	13	-	2,463	2,463	16,881
Cash at bank		<u>43,365</u>	<u>15000</u>	<u>58,365</u>	<u>68,259</u>
		43,365	17,463	60,828	85,139
CREDITORS					
Amounts falling due within one year	14	(471)	(357)	(828)	(750)
NET CURRENT ASSETS		<u>42,894</u>	<u>17,106</u>	<u>60,000</u>	<u>84,389</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>42,894</u>	<u>17,337</u>	<u>60,231</u>	<u>84,851</u>
NET ASSETS		<u>42,894</u>	<u>17,337</u>	<u>60,231</u>	<u>84,851</u>
FUNDS	15				
Unrestricted funds				42,894	68,018
Restricted funds				<u>17,337</u>	<u>16,833</u>
TOTAL FUNDS				<u>60,231</u>	<u>84,851</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2025.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2025 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The notes form part of these financial statements

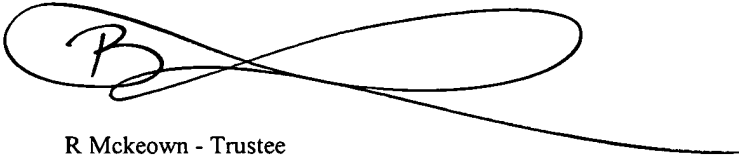
Surrey Drug And Alcohol Care Limited

Balance Sheet - continued

31 March 2025

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 18 August 2025 and were signed on its behalf by:

A handwritten signature in black ink, consisting of a large, stylized capital 'R' followed by a long, sweeping horizontal line that extends to the right.

R Mckeown - Trustee

The notes form part of these financial statements

Surrey Drug And Alcohol Care Limited

Notes to the Financial Statements
for the Year Ended 31 March 2025

1. ACCOUNTING POLICIES

BASIS OF PREPARING THE FINANCIAL STATEMENTS

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

INCOME

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

All restricted and unrestricted funding received has been allocated and used as per the terms and conditions of the donor. This is carefully monitored and recorded by the TCS Manager.

EXPENDITURE

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

TANGIBLE FIXED ASSETS

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

TAXATION

The charity is exempt from corporation tax on its charitable activities.

FUND ACCOUNTING

Unrestricted funds can be used by charitable objectives at the discretion of the Trustees.

Restricted funds can only be used for purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for purposes. Restricted purposes are telephone counselling sessions, telephone boot camp pilot projects, outreach expenses, and marketing and promotion of SDAC. It is identified within the accounting system when funds have been received for restricted purposes only. It is also identified how these restricted funds have been spent.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Surrey Drug And Alcohol Care Limited

Notes to the Financial Statements - continued
for the Year Ended 31 March 2025

2. DONATIONS AND LEGACIES

	2025	2024
	£	£
Donations	86,695	60,279
Grants	<u>67,279</u>	<u>166,394</u>
	<u><u>153,974</u></u>	<u><u>226,673</u></u>

Grants received, included in the above, are as follows:

	2025	2024
	£	£
Other grants	<u><u>67,279</u></u>	<u><u>166,394</u></u>

3. OTHER TRADING ACTIVITIES

	2025	2024
	£	£
Management Income	5,400	5,400
Income Probation	<u>15,000</u>	<u>-</u>
	<u><u>20,400</u></u>	<u><u>5,400</u></u>

4. INVESTMENT INCOME

	2025	2024
	£	£
Bank interest	<u><u>1,465</u></u>	<u><u>1,510</u></u>

5. RAISING FUNDS

OTHER TRADING ACTIVITIES

	2025	2024
	£	£
Advertising & publicity	<u><u>-</u></u>	<u><u>184</u></u>

Surrey Drug And Alcohol Care Limited

Notes to the Financial Statements - continued
for the Year Ended 31 March 2025

6. CHARITABLE ACTIVITIES COSTS

	Direct Costs £	Support costs (see note 7) £	Totals £
Expenditure on charitable activities	<u>193,475</u>	<u>2,849</u>	<u>196,324</u>

7. SUPPORT COSTS

	Management £
Expenditure on charitable activities	<u>2,849</u>

8. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2025 £	2024 £
Depreciation - owned assets	<u>231</u>	<u>523</u>

9. TRUSTEES' REMUNERATION AND BENEFITS

No Trustee received any remuneration or other emoluments during the period, although they are reimbursed reasonable out-of-pocket expenses incurred for attending meetings, giving outreach presentations, bank visits, and the purchase of stationery requirements.

A written agreement between the charity and the Trustee (or connected person) being paid along with a specification of the amount to be paid.

As per the Charity Commission guidance, SDAC:

1. agrees the payment is in the charity's best interests and reasonable for the service provided.
2. does not allow payments or other benefits to half or more than half of the board (the number of trustees receiving any payment or benefit is in the minority)
3. The governing document allows the payment of Trustees for services.
4. ensures the Trustee does not take part in decisions made by the board regarding any aspect of the agreement.
5. identifies and records conflicts of interest and prevents them from affecting the decision.
6. keeps records of discussions at meetings and discloses the payment in the annual accounts.

TRUSTEES' EXPENSES

There were no trustees' expenses paid for the year ended 31 March 2025 nor for the year ended 31 March 2024.

Surrey Drug And Alcohol Care Limited

Notes to the Financial Statements - continued
for the Year Ended 31 March 2025

10. STAFF COSTS

There were no staff costs for the year ended 31 March 2025 nor for the year ended 31 March 2024.

The average monthly number of employees during the year was as follows:

2025 **2024**

No employees received emoluments in excess of £60,000.

11. COMPARATIVES FOR STATEMENT OF FINANCIAL ACTIVITIES
(01/04/2023-31/03/2024)

	Unrestricted funds £	Restricted fund £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	116,789	109,884	226,673
Other trading activities	5,400	-	5,400
Investment income	<u>1,510</u>	<u>-</u>	<u>1,510</u>
Total	<u>123,699</u>	<u>109,884</u>	<u>233,583</u>
 EXPENDITURE ON			
Raising funds	124	60	184
Charitable activities			
Expenditure on charitable activities	133,833	89,322	223,155
Other	<u>6,272</u>	<u>4,263</u>	<u>10,535</u>
Total	<u>140,229</u>	<u>93,645</u>	<u>233,874</u>
 NET INCOME/(EXPENDITURE)	 (16,530)	 16,239	 (291)
 RECONCILIATION OF FUNDS			
Total funds brought forward	84,548	594	85,143
 TOTAL FUNDS CARRIED FORWARD	 <u>68,019</u>	 <u>16,833</u>	 <u>84,851</u>

Surrey Drug And Alcohol Care Limited

Notes to the Financial Statements - continued
for the Year Ended 31 March 2025

12. TANGIBLE FIXED ASSETS

	Plant and machinery £
COST	
At 1 April 2024 and 31 March 2025	<u>3,595</u>
DEPRECIATION	
At 1 April 2024	3,133
Charge for year	<u>231</u>
At 31 March 2025	<u>3,364</u>
NET BOOK VALUE	
At 31 March 2025	<u>231</u>
At 31 March 2024	<u>462</u>

13. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2025 £	2024 £
Trade debtors	1,354	15,854
Prepayments	<u>1,109</u>	<u>1,027</u>
	<u>2,463</u>	<u>16,881</u>

14. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2025 £	2024 £
Trade creditors	358	511
Accrued expenses	<u>470</u>	<u>239</u>
	<u>747</u>	<u>750</u>

15. MOVEMENT IN FUNDS

	At 1.4.24 £	Net movement in funds £	Transfers between funds £	At 31.3.25 £
Unrestricted funds				
Unrestricted funds	68,018	(25,124)	-	42,894
Restricted funds				
Restricted funds	16,833	504	-	17,337
TOTAL FUNDS	<u>84,851</u>	<u>(24,620)</u>	<u>-</u>	<u>60,231</u>

Surrey Drug And Alcohol Care Limited

Notes to the Financial Statements - continued
for the Year Ended 31 March 2025

15. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
Unrestricted funds	78,729	(103,853)	(25,124)
Restricted funds			
Restricted funds	97,110	(96,606)	504
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>175,839</u>	<u>(200,459)</u>	<u>(24,620)</u>

Comparatives for movement in funds

	At 1.4.23 £	Net movement in funds £	Transfers between funds £	At 31.3.24 £
Unrestricted funds				
Unrestricted funds	84,548	(16,530)	-	68,018
Restricted funds				
Restricted funds	594	16,239	-	16,833
	<hr/>	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>85,142</u>	<u>(291)</u>	<u>-</u>	<u>84,851</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
Unrestricted funds	123,699	(140,229)	(16,530)
Restricted funds			
Restricted funds	109,884	(93,645)	16,239
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>233,583</u>	<u>(233,874)</u>	<u>(291)</u>

Surrey Drug And Alcohol Care Limited

Notes to the Financial Statements - continued
for the Year Ended 31 March 2025

15. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.23 £	Net movement in funds £	Transfers between funds £	At 31.3.25 £
Unrestricted funds				
Unrestricted funds	84,548	(41,654)	-	42,894
Restricted funds				
Restricted funds	594	16,743	-	17,337
	<hr/>	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>85,142</u>	<u>(24,911)</u>	<u>-</u>	<u>60,231</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
Unrestricted funds	202,428	(244,082)	(41,654)
Restricted funds			
Restricted funds	206,994	(190,251)	16,743
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>409,422</u>	<u>(434,333)</u>	<u>(24,911)</u>

16. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2025.

Surrey Drug And Alcohol Care Limited

Detailed Statement of Financial Activities
for the Year Ended 31 March 2025

	2025 £	2024 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	86,695	60,279
Grants	<u>67,279</u>	<u>166,394</u>
	153,974	226,673
Other trading activities		
Management Income	5,400	5,400
Income Probation	<u>15,000</u>	<u>-</u>
	20,400	5,400
Investment income		
Bank interest	<u>1,465</u>	<u>1,510</u>
Total incoming resources	175,839	233,583
EXPENDITURE		
Other trading activities		
Advertising & publicity	-	184
Charitable activities		
Telephone	199	140
Co-Ordinator-Helpline	14,542	14,203
Administration Costs-Helpline	120	-
Recruitment & Training-Helplin	-	277
Helpline Management Fee	2,700	2,700
Subscriptions -Helpline	494	472
Fundraising PR & Marketing -HL	19,680	24,800
DRD Expenditure	3,272	4,039
Fundraising PR & Marketing TCS	12,548	14,404
Charitable expenses-TCS	133,669	154,896
Postage and Stationery	-	(11)
Governance Cost	1,474	1,345
Operational expenditure	488	-
Couples Group	3,522	3,951
Entertainment	82	-
Subscription	634	-
Subsistence	<u>51</u>	<u>-</u>
	193,475	221,216

This page does not form part of the statutory financial statements

Surrey Drug And Alcohol Care Limited

Detailed Statement of Financial Activities
for the Year Ended 31 March 2025

	2025 £	2024 £
Charitable activities		
Other		
Call Handling	1,522	4,264
Bookkeeping	<u>2,613</u>	<u>6,271</u>
	4,135	10,535
Support costs		
Management		
Accountancy fees	2,541	1,320
Bank Charges	77	96
Computer equipment	<u>231</u>	<u>523</u>
	<u>2,849</u>	<u>1,939</u>
Total resources expended	<u>200,459</u>	<u>233,874</u>
Net expenditure	<u>(24,620)</u>	<u>(291)</u>

This page does not form part of the statutory financial statements