

SURREY DRUG AND ALCOHOL CARE LIMITED

England & Wales · Charity number 1151494

Details

Status Registered

Legal form Charitable company

Company number [08341899](#)

Registered 2013-04-03

Register [View on the Charity Commission register](#)

Contact

Address Guildford Borough Council
Millmead House
Millmead
Guildford
Surrey
GU2 4BB

Phone 08088025000

Email chair@SDAC-helpline.co.uk

Website <https://surreydrugandalcoholcare.org.uk>

Activities

Objects: 4 THE CHARITY'S OBJECTS ('OBJECTS') ARE SPECIFICALLY RESTRICTED TO THE FOLLOWING: TO RELIEVE SICKNESS PARTICULARLY AMONGST PERSONS SUFFERING FROM ADDICTION TO DRUGS AND ALCOHOL AND FROM MENTAL HEALTH ISSUES. IN FURTHERANCE OF THE ABOVE OBJECT BUT NOT FURTHER OR OTHERWISE THE CHARITY THROUGH ITS COMMITTEE SHALL HAVE THE FOLLOWING POWERS: (1) TO PROVIDE ADVICE AND GUIDANCE TO SUBSTANCE MISUSERS AND THEIR RELATIVES AND TO THOSE CLOSELY CONCERNED WITH SUBSTANCE MISUSERS. (2) TO ADVANCE THE EDUCATION OF THE HARMFUL EFFECTS OF DRUGS AND ALCOHOL AMONGST YOUNG STUDENTS ENGAGED IN FULL TIME EDUCATION IN SURREY AND TO PROVIDE INFORMATION ON HOW TO ENGAGE WITH LOCAL NHS SERVICES. (3) TO PROVIDE ADVICE AND GUIDANCE TO THOSE SUFFERING FROM MENTAL HEALTH ISSUES AND THOSE CLOSELY AFFECTED BY THEM. (4) TO PROVIDE ADVICE AND GUIDANCE FOR INTERESTED PROFESSIONALS. (5) TO COLLECT AND DISSEMINATE INFORMATION ON ALL MATTERS AFFECTING SUBSTANCE MISUSE BY IDENTIFYING THOSE MOST VULNERABLE. (6) TO COLLECT AND DISSEMINATE INFORMATION ON ALL MATTERS AFFECTING PEOPLE WITH MENTAL HEALTH ISSUES. (7) TO RAISE FUNDS AND TO INVITE AND RECEIVE CONTRIBUTIONS FROM ANY PERSON OR PERSONS WHATSOEVER, BY WAY OF SUBSCRIPTION, DONATION AND OTHERWISE PROVIDED THAT THE CHARITY SHALL NOT UNDERTAKE ANY PERMANENT TRADING ACTIVITIES IN RAISING FUNDS FOR ITS CHARITABLE OBJECTS. (8) TO DO ALL SUCH OTHER LAWFUL THINGS AS SHALL FURTHER THE OBJECTIVES OF THE CHARITY.

Activities: A 24 hour telephone helpline, 365 days per year, signposting and supporting drug and alcohol users, their significant others and those struggling with mild to moderate mental health problems. A Telephone Counselling Service providing psychosocial interventions by contracted BACP Registered Counsellors. Our outreach team provide educational talks to schools, colleges and other professional group

Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives
- **Who:** The General Public/mankind

Geography

- Surrey

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£175,839	£200,459	-	-
2024-03-31	£233,583	£233,874	-	-
2023-03-31	£208,791	£206,413	-	-
2022-03-31	£225,149	£265,247	-	-
2021-03-31	£341,195	£274,523	-	-

Trustees

Name	Role	Appointed
Rebecca Anne McKeown	Chair	2022-03-22
Giles Witcomb		2023-10-28
Julie Carole Screamon		2025-07-05
Kay Rivers		2023-10-28
Marc Warren		2023-10-28
Michael Tasker		2019-10-19
Wendy Christine Coad		2022-03-22

SURREY DRUG AND ALCOHOL CARE LIMITED

England & Wales - Charity number 1151494

Accounts

REGISTERED COMPANY NUMBER: 08341899 (England and Wales)
REGISTERED CHARITY NUMBER: 1151494

Report of the Trustees and
Unaudited Financial Statements
for the Year Ended 31 March 2025
for
Surrey Drug And Alcohol Care Limited

Gilroy & Brookes Accountants Limited
Suite 15
The Enterprise Centre
Coxbridge Business Park
Farnham
Surrey
GU10 5EH

TUESDAY



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COMPANIES HOUSE

Surrey Drug And Alcohol Care Limited

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for the Year Ended 31 March 2025

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Surrey Drug And Alcohol Care Limited

Report of the Trustees
for the Year Ended 31 March 2025

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2025

The Directors/Trustees have pleasure in presenting their report and Financial Statements for the period ended 31 March 2025.

REFERENCE AND ADMINISTRATIVE DETAILS

Company Registered number	08341899 (England and Wales)
Registered Charity number	1151494
Registered Office	Suites G09 & G10 Part Ground Floor Old Millmead House Millmead Guildford England GU2 4BB
Trustees	Mrs R McKeown (appointed 22-03-2022) and appointed Chair 28-10-2023 Mr M Tasker (appointed 19-10-2019) Mr G Witcomb (appointed 28-10-2023) Mr M Warren (appointed 28-10-2023) Mrs K Rivers (appointed 28-10-2023) Mrs W Coad (appointed 22-03-2022)
Company Secretary	Miss E Bassett (appointed 01-04-2019 - retired 11-12-2024) Mr Marc Warren (appointed 11-12-2024)
Independent Examiner	Mrs Anna Coote MAAT Gilroy & Brookes Accountants Ltd Chartered Accountants Suite 15 The Enterprise Centre Coxbridge Business Park Farnham Surrey Farnham GU10 5EH
Bankers	HSBC Bank 6 Commercial Way Woking Surrey GUI 3UQ

Approved by order of the board of trustees on 18th August, 2025 and signed on its behalf by:

Mrs Rebecca McKeown, Chair



Surrey Drug And Alcohol Care Limited

Report of the Trustees
for the Year Ended 31 March 2025

OBJECTIVES AND ACTIVITIES
ORGANISATION & GOVERNANCE

The Company was incorporated on 27 December 2012 as a company limited by guarantee not having any share capital. The Charity is controlled by its governing document, a deed of trust, as defined by the Companies Act 2006.

The Company was registered as a Charity with the Charity Commission (Registration Number 1151494) on 03 April 2013.

The Directors are charity Trustees as defined by section 177 of the Charities Act 2011. Trustees and Associate Directors are appointed and voted into office by voting members of Surrey Drug and Alcohol Limited (SDAC) at the Annual General Meeting and serve for a period of up to three years. Trustees do not have any shares.

Trustees consider their training needs at least once a year to ensure the effective governance of the charitable company and attend specific courses to develop their competencies for their respective roles as deemed necessary. Board meetings are held a minimum of six times a year.

STRUCTURE, GOVERNANCE, MANAGEMENT

Chair:	Mrs R McKeown (appointed 28-10-2023)
Company Secretary:	Miss E Bassett (appointed 01-04-2019 - retired 11-12-2024) Mr Marc Warren (appointed 11-12-2024)
Trustees:	Mrs R McKeown (appointed 22-03-2022) Mrs W Coad (appointed 22-03-2022) Mrs K Rivers (appointed 28-10-2023) Mr M Tasker (appointed 19-10-2019) Mr G Witcomb (appointed 28-10-2023) Mr M Warren (appointed 28-10-2023) Treasurer
Independent Examiner:	Anna Coote MAAT, SKS Gilroy & Brookes Accountants Ltd, Suite 15, The Enterprise Centre, Coxbridge Business Park, Farnham , GU105EH
Bankers:	HSBC Bank, 6 Commercial Way, Woking, Surrey, GUI 3UQ

CHARITABLE OBJECTS

The object of the charity shall be to relieve sickness, particularly amongst persons suffering from addiction to drugs and alcohol in Surrey and Borders.

It will do this particularly by:

1. Providing advice and guidance to substance users and their friends and relatives.
2. To advance education on the harmful effects of drugs and alcohol amongst young students engaged in full-time education in Surrey and to provide information on how to engage with local NHS services.
3. To provide advice and guidance to those suffering from mental health issues and those closely affected by them.

Surrey Drug And Alcohol Care Limited

Report of the Trustees
for the Year Ended 31 March 2025

4. To provide advice and guidance for interested professionals.
5. To collect and disseminate information on all matters affecting substance use, particularly to prevent substance.
6. To collect and disseminate information on all matters affecting people with mental health issues.
7. To raise funds and invite contributions from any person or persons whatsoever by way of subscription, donation, and otherwise provided that the organisation shall not undertake any permanent trading activities in raising funds.
8. To do all such lawful things shall further the objects of the organisation.

Chair's Report - Surrey Drug and Alcohol Care (SDAC)

For the Year Ending 31 March 2025

It is a privilege to present my second report as Chair of Surrey Drug and Alcohol Care (SDAC), having taken on this role in October 2023. This past year has been a time of deep reflection, renewal, and adaptation across the charity, as we continued to navigate rising need and considerable pressure across the health and care landscape. Despite these challenges, our commitment to providing free, confidential, and non-judgmental support for those affected by substance use and mental health concerns in Surrey has never wavered.

I remain inspired by the dedication, skill, and humanity that underpin all that SDAC does. Whether answering a call at 3 am, delivering trauma-informed counselling, or writing a grant application late into the evening, everyone in our community plays a part in helping people feel less alone. We have responded to rising needs in our communities, navigated staff, and structural changes, and worked hard to keep our services open in an increasingly challenging funding landscape. I extend my deepest thanks to our staff, volunteers, Trustees, and supporters-this year has not been easy, but despite the pressures, what remains constant is the spirit of SDAC-our unwavering commitment to people affected by substance use and mental health issues, and our determination to ensure that help is available when it's needed the most.

Extending Our Reach: 24/7 Support

One of the most significant developments this year was the successful implementation of an out-of-hours call handling service, meaning we are now available to support people 24 hours a day, 7 days a week. This has allowed us to respond to increasing demand, particularly from those in crisis outside of typical working hours and remains one of our most important commitments: to be there whenever someone needs us.

Operational Change and Resilience

In May 2024, we restructured our administrative team from a single Coordinator model to a three-person job share-a move aimed at increasing flexibility and consistency. We're grateful to Emma, Josh, and Sagar, who supported us during this time of change.

As the year progressed, we welcomed our new administrative team-Laura and Tariq-who have already shown exceptional commitment and care. While still settling into their roles, they've stepped into a fast-paced environment with positivity and professionalism. We thank them for all they have done and continue to do.

This has been a challenging period of change, but also one that has presented opportunities to review and strengthen some of our internal processes, laying the foundation for greater stability and clarity going forward.

Sustained Client Impact

Our Telephone Counselling Service (TCS) remains a cornerstone of SDAC's work. Over the past year, we have supported over 500 clients, delivering over 7,000 counselling sessions. However, this does not include the additional sessions that counsellors provide for those attending group therapy sessions, 3-month check-up calls, and calls made daily to clients (to those most vulnerable but counsellors do not charge for. Counsellors made over 4,000 of these types of calls to ensure that their clients have the best opportunity for success.

Many of these individuals were reaching out for support for the first time.

Surrey Drug And Alcohol Care Limited

Report of the Trustees
for the Year Ended 31 March 2025

Key outcomes include:

- . 87% of clients referred required no further support following counselling sessions or went into our appropriate groups.
- . Improvements reported across emotional well-being, physical health, self-care, relationships, and self-esteem.
- . Increasing engagement from families, couples, significant others, and people bereaved by addiction

Our Boot Camp and Boot Camp Recovery Groups, grounded in the 12 Steps, foster a powerful sense of connection and accountability. For many, these groups have been a lifeline—a stepping stone to long-term recovery, reconnection with loved ones, and renewed hope.

Evolving Specialist Services

We have continued to deliver and grow a range of specialist services, including:

- . A People on Probation programme, offering trauma-informed therapy to those rebuilding their lives after prison.
- . Ongoing facilitation of our Drug-Related Death and Non-Fatal Overdose groups, which provide unique, compassionate support to those grieving complex and traumatic losses.

These services are designed with and for people with lived experience. They reflect our belief that every voice matters—and that healing must happen within understanding communities.

Governance and Leadership

This year saw continuity within our Board of Trustees. While Marc Warren joined in 2023, this year marked his first full reporting period as Treasurer, during which time he has brought rigour, clarity, and valuable insight to our financial oversight. His input has been vital in refining our reporting and forecasting processes, particularly as we face an increasingly difficult funding environment.

We also continue to benefit immensely from the dedication, wisdom, and long-standing service of Mike Tasker, Giles Witcomb, and Kay Rivers—all of whom bring unique strengths and unwavering commitment to the governance of SDAC.

Mike Tasker has provided steady, thoughtful oversight to our governance processes and continues to bring calm assurance and valuable perspective to Board discussions. His attention to detail, especially in operational integrity, ensures that we remain not only compliant but compassionate in how we deliver services.

Giles Witcomb, one of our longest-serving Trustees, has been a consistent and trusted voice at SDAC. His insight into the charity's history and evolution is matched by a forward-looking mindset that helps us balance our values with the changing needs of those we support. Giles's counsel is always clear, considered, and rooted in care for both our people and our purpose.

Kay Rivers brings energy, compassion, and a powerful sense of accountability to the Board. She is deeply attuned to the human side of governance, constantly reminding us of the lived realities behind the data and championing the well-being of both staff and service users. Her input has been particularly important during times of organisational change.

We also extend our sincere thanks to Greg Poulter and David Kerr, who stepped down from the Board during the year. Greg's long-standing involvement with SDAC has been marked by deep loyalty and commitment, while David brought valuable insight into corporate engagement and fundraising during his time with us. We are incredibly grateful to both for their dedication and support during their tenure.

Together, Mike, Giles, and Kay represent the heart of SDAC's Board culture: principled, generous, and committed to ensuring the charity continues to grow without ever losing sight of why we exist. Their support and guidance this year have been invaluable, and I am extremely grateful to serve alongside them.

With Special Thanks

Surrey Drug And Alcohol Care Limited

Report of the Trustees for the Year Ended 31 March 2025

This Chair's Report would not be complete without a heartfelt tribute to Wendy Coad, former Chair and our ongoing TCS Services Manager. Wendy is the beating heart of SDAC-her leadership is quiet but powerful, grounded in care, experience, and a deep understanding of what people in crisis truly need.

Throughout this year, Wendy has continued to hold multiple roles, supporting staff and volunteers, ensuring the quality of our service delivery, and helping to shape the strategic direction of our telephone counselling and group support work. Her ability to remain calm and considerate under pressure is nothing short of extraordinary.

She has mentored new team members, guided volunteers, supported vulnerable clients, and remained unwavering in her commitment to ensuring SDAC remains a safe, trusted place for all. Wendy embodies everything that SDAC stands for-compassion, clarity, commitment-and we are deeply indebted to her for all she has done and continues to do.

Financial Position and Funding

In an environment where demand continues to rise and funding remains scarce, SDAC has worked hard to maintain service delivery across all programmes. We closed the year with reserves of £60,231, a vital safeguard in an increasingly volatile landscape.

We are grateful to the funders and supporters who have stood by us this year, including:

- . The National Lottery Awards for All
- . Sackler Trust
- . Borrowers Charitable Trust
- . Surrey Police and Crime Commissioner's Community Safety Fund

These grants and donations have helped us maintain and grow essential services, including our domestic violence counselling, significant others group, and Boot Camp programmes.

Reflections and Looking Forward

This year has not been without struggle. Keeping all our services running has required constant focus, creativity, and compromise. But being a small, agile charity means we can adapt quickly to adversity, make decisions swiftly, and remain truly person-centred in all that we do.

We now look to the future with cautious optimism. Our priorities for the year ahead include:

- . Strengthening our trustee, volunteer, and counselling teams
- . Embedding trauma-informed practices more widely
- . Exploring new funding models and partnerships
- . Deepening our impact measurement and storytelling

We will continue to place lived experience at the heart of our work and advocate for those who are often ignored, stigmatised, or left behind.

Personal Reflection

As Chair of SDAC, my role is not only a professional responsibility but a deeply personal commitment. Through my own experiences and understanding, I carry with me a deep awareness of the pain, isolation, and complexity that so often accompany addiction and mental health struggles. That perspective shapes everything I bring to this role-from the decisions we make as a Board to the way we support our staff, volunteers, and clients. I am determined to ensure that anyone who reaches out for help is met with compassion, dignity, and practical support. I know, first-hand, how powerful it can be to have someone truly listen and believe in your ability to change. It is a privilege to help create that space for others, and I remain committed to making sure SDAC is there, day or night, for everyone who needs us.

In Gratitude

Surrey Drug And Alcohol Care Limited

Report of the Trustees
for the Year Ended 31 March 2025

To our helpline volunteers, counsellors, group facilitators, staff, and Board: thank you. Every hour you give, every conversation you hold, every moment of care you extend-it all matters. It all saves lives. Together, we continue to build a charity that offers people not only support, but dignity, agency, and hope.

Rebecca McKeown
Chair of Trustees

Fundraising for the Telephone Counselling Service 2024-25

Trusts and Foundation grants, and donations

Securing funding is becoming a harder task to achieve each year; funding pots are getting smaller, with more worthy causes applying for the same pot. And so we are, as ever, indebted to many Trusts, Foundations, Schemes, and individuals for the support given to us over the past year. Without such generosity, we would not be able to help clients at their greatest time of need. We would like to thank all those who continue to support us and those who donated to us for the first time, we are extremely grateful.

We would like to thank those who continue to support our Fundraising Appeal - Hamamelis Trust, Elmbridge Annual Grants, William Allen Young Charitable Trust, James Wise Charitable Trust, Ardwick Foundation, Leigh Trust, Fitton Trust, Bassil Shippam & Alsford Trust, Billmeir Charitable Trust, Aspire, Byfleet United Charity, Souter Charitable Trust, Marsh Charitable Trust.

We would also like to thank those who chose to support us for the first time - Barleycorn Trust, Theodore Maxxy Charitable Trust, and Ewell Parochial Trust.

We would also like to acknowledge and thank the following -

- . National Lottery Awards for All, which granted us £19,999 towards our Bootcamp Intensive Telephone Counselling Programme.
- . Rotary Club of Woking District Trust Fund also supported our Bootcamp Programme with a generous donation of £4,000..
- FB Coales No 4 (Family) Trust has supported us for many years, and this last donation of £1,000 is our final payment from them. We are extremely grateful to all those who have been involved in the decisions to support us.
- . Borrows Charitable Trust has supported us for many years, and we have built up a wonderful relationship with Sally Borrows (Trustee). We are so incredibly grateful for the generosity they have not only demonstrated over the years, but most recently the £30,000 pledge for over 3 years. We are due to receive the final £10,000 in November this year.
- . Hillcote Trust have also supported us for many years, most recently with a £5,000 donation. We are sad to hear that the trust is closing down in a few years and again reiterate our sincere thanks to those who have chosen to support us. We admire the great support for the causes the Trustees have given.
- . Sackler Trust generously granted us £8,000 in December 2024 towards our Bootcamp Programme.
- . Martin Geddes Charitable Trust continues to generously support us, and we have also built a good relationship with the Trustee, Judi Geisler. The Trust continues to support our work, for which we are so grateful.
- . Surrey PCC Fund Community Safety Fund continues to support our various projects; most recently, £5,000 towards our new Domestic Violence/Addiction Group Counselling Service. This specific programme is for survivors/friends/family/perpetrators of Domestic Violence (DV).
- . John Cowan Foundation is sadly another Foundation closing down. We would like to thank them for their continued support over the past few years.

Surrey Drug And Alcohol Care Limited

Report of the Trustees
for the Year Ended 31 March 2025

Review of principal activities and plans

Telephone Counselling Service

Our free Telephone Counselling Service has been running since 2011 originally aimed at those clients deemed to be hard to reach due to disabilities, nonattendance at walk-in services, people in rural areas without easy access to transport, those with children making it difficult to find childcare or have the time to attend sessions, shift workers who cannot attend regular sessions or high-profile users who required discretion for sessions. On referral, clients are contacted within 5 working days maximum and offered sessions at a time that would suit them.

Our counselling service offers a range of services for the client; we normally offer weekly one-to-one counselling sessions via telephone for clients struggling with substance use and any associated mental health issues. Clients are encouraged to work out their recovery pathway from addiction, which takes many forms, in a safe space. More intensive interventions are also available if the client feels this course of action is needed. These are confidential counselling sessions that are offered initially every week for 12 weeks; however, they can be tailored to each client's needs and extended further. People are genuinely in crisis, and we at SDAC and TCS do so much more behind the scenes.

Our own lived experiences help to enable us to navigate a client's story. For our clients, co-occurring mental health and addiction is often presented, alongside the stigma and fears and anxiety of public perception experienced by them. Many clients, 27%, experience multiple disadvantages to recovery, including homelessness, mental health struggles, physical health, and substance use. Falling between the gaps of mental health and substance use services is integrated within SDAC services. Our groups offer mutual aid support, offering support at high-level stress events, offering strategies when others feel overwhelmed, enabling self-compassion and self-care, and bringing about improvement in each other's tolerance to situations they encounter. Clients in treatment show substantial improvement and progress.

We have worked with people using alcohol and or drugs, with alcohol, crack and cocaine being the highest spend per week at over £100 for many clients.

The telephone counselling service for drug and alcohol difficulties is also available to significant others, who will be able to gain help and knowledge of addictions. Couples and families who wish to work through struggles that addiction in the family might have contributed to were developed during 2024, and follow-on groups enabled a continuous support network.

During the year, we worked with 487 clients, many of whom have never received treatment previously. 87% of those referred required no further support following counselling sessions or went into our appropriate groups.

We worked with:

- . 52% male and 48% female,
- . and 6% of significant other clients.
- . Aged between the ages of 31-50 years of age.
- . 51% were self-referred through our SDAC Helpline, others through i-access, Catalyst, and Royal Surrey Hospital Alcohol Liaison.. Ethnicity ranged across many countries and included refugees and the traveller population.
- . 51% were employed.
- . 57 were or had been in the armed forces or police,.
- . And 73 were significant among those who had been in the police or armed forces. 21% reported experiencing domestic violence,
- . With a further 44% reporting sexual, physical, emotional/psychological abuse.

Improvements seen by clients were:

- . 49% said physical health,
- . 65 % emotional health,
- . 58% self-esteem,
- . 60% self-care, and
- . 43 % had an improvement in meaningful use of time, among some of the data collected.

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Report of the Trustees
for the Year Ended 31 March 2025

Overall, 85% of clients reported that at the end of sessions, they had completed treatment successfully, achieving their personal goals, many of which were alcohol or drug-free.

Feedback from group facilitators:

Family counselling is crucial for several reasons. Domestic abuse can deeply affect the emotional and psychological well-being of all family members involved, and counselling family group provides a safe and structured environment to address these complex issues. Addictions can be a shared struggle to understand and manage.

The group is a unique space to restore communication. Estrangement often arises when there is a breakdown in trust and communication. SDAC counsellors can facilitate open and honest communication, allowing family members to voice their pain and fears while also encouraging empathy and understanding. The process can slowly rebuild the lines of communication that may have been severed and empower family members to reclaim their autonomy to make informed decisions about their relationships. For a family member, they can learn to help each other, understand their rights and boundaries and the importance of self-care, whether that involves forgiveness, maintaining distance or seeking a way to rebuild the relationship. Counselling offers a pathway for the family to regain control over their lives, find healing and rebuild or reframe relationships in a healthy, supportive way.

Feedback from Family and Couples Groups:

We set agreed boundaries and looked at confidentiality. The sessions focus on building trust and being aware that opening up carries the risk of being hurt again after repeated reconciliation attempts. Communication didn't work well at times, although the group sessions were flexible in who would attend each and were left entirely up to us as a family to decide. It was clear we all needed different things to happen and not happen, and we all felt it very clearly how complex all our needs are and how to meet them would take time and for us all to look at what we could do to make improvements in ourselves and as a family.

People on Probation Project

We were co-commissioned for the project between KSS Probation and Surrey County Council in July 2024. The project ran from October 2024 till 31st March 2025. We have been further co-commissioned for a further year, 2025-26. Practitioners referred People on Probation for counselling sessions for specialist support about harmful substance misuse. This service is unique and offers bespoke counselling over 12 sessions, or more if required. Referrals can be direct from a Person on Probation or through Probation Practitioners. Referral to counselling is voluntary and confidential, and no action will be taken should they not engage in our service. Managing a prison sentence with underlying historical struggles, ADHD, past trauma, lack of contact with family and fear of release into the community and being around those who use substances.

Feedback from a client:

1. I completed 12 sessions with my counsellor, and found it helped me so much, I asked for more, which was granted.
2. Never thought about counselling till I had a prison sentence. Continuing to work on self-care, going to the gym, clean and sober, aware I need to keep safe and away from temptations.
3. I am learning to make better decisions.

Feedback from the counsellor taken from client sessions and anonymised for confidentiality.

"Having used cannabis for around 6 years before prison, the client has overwhelming sensory reactions, racy brain, and paranoia. Childhood trauma, a long-ago prison sentence, and now keenly trying to look at learning and progressing in life. Other clients have experienced trauma whilst in prison, being a witness to violent attacks on others and suicides. On release, some fear contact with people who could trigger their substance use, so they tend to isolate themselves. Clients have said that the counselling is non-judgmental, supportive, and easily accessible."

By the end of March 2025, we had 8 people on probation client's complete treatment.

For Males:

. 50% had used drugs,

Surrey Drug And Alcohol Care Limited

Report of the Trustees
for the Year Ended 31 March 2025

- . 12.5% had drugs and mental health struggles,
- . 25% had Alcohol and mental health struggles,
- . 12.5 % had drug/alcohol and mental health struggles.
- . Age ranges 25 - 60 years

And of these:

- . 84% successfully engaged and completed 12 sessions or more, with
- . 16% with long-term trauma or effects of being in the armed services or police service at some point.
- . A staggering 34% raised domestic violence as a discussion point,
- . 34% had children under 16 years of age.
- . 67% agreed they had achieved or mostly achieved their goals.
- .. 34% were completely free of drug use,
- . 17% had reduced all substance use.
- . Improvements in physical health, emotional, psychological, self-esteem and self-care were noted for all clients attending sessions over the weeks.

Feedback from various clients for our Telephone Counselling Service

I stopped drinking alcohol! My therapist, Inma, and I discussed how to overcome my addiction. Originally, I was looking for a drug therapy to stop drinking, but I quickly realised that would not be necessary. My counsellor was always on time, positively instilled confidence in me such that I now don't drink alcohol.'

'Inma was incredibly supportive, bringing supportive strategies into the sessions for me to help combat my addiction. Understanding my struggles, being knowledgeable and offering advice, alongside her empathy, was key to our sessions. She spoke openly and frankly, which supported my process.'

'My counsellor was a good listener, which helped as I am a great talker! Being able to be honest with someone and then realising what I had been through was unfair. I was a victim, and not keeping this trauma to myself anymore was liberating. A wonderful service offered to someone like me, whose alcohol addiction led to financial despair. This service is so accessible and free. Thank you for being angels on my shoulders.'

'The TCS has been a lifesaver for me and has helped me look forward with new optimism. I am incredibly grateful.'

'Beyond my expectations. No negatives. This service is needed by so many. After 50 years of trauma, I can heal and move forward. Make this service available to more people who would benefit so much, but who struggle to pay for private counselling.'

'My therapist was different to what I was anticipating. It was better than what I had experienced before with psychologists or therapists. She let me just talk out the rushing in my head. Nondirective. Compassion. The best person I have spoken to. Challenging and given me great things to work with and on. Support materials were sent to me.'

Referral Case Study:

Referral taken by our SDAC Helpline volunteer. The client engaged in counselling with 24 sessions allocated. Alcohol consumption at the beginning of sessions was impacting life, relationships, and work. My counsellor Kristin was experienced and knowledgeable on substance abuse, AA and the 12 steps. Rich life experience demonstrated with clear examples of how addiction manifests, how to deal with craving, where to seek community and guidance. Empathic with me when my mental health meant I could not attend a session. She provided interesting perspectives that challenged my narratives formed under alcohol abuse/depression. Knowledge from a life lived, a very important aspect to offer. I was empowered to be more outspoken about my addiction, to trust others and seek community. I have successfully quit alcohol for 4 months now and know where to go if I get a craving. '

Surrey Drug And Alcohol Care Limited

Report of the Trustees
for the Year Ended 31 March 2025

Significant Other (SO) Group Process

Anyone close to a person struggling with addiction will be aware of the impact the problem has on their lives and health, as well as the addicted person's. The depth of the struggle loved ones have with addiction is intricate and painful. For those who have not experienced addiction, it is difficult to fully understand the intricacies at play.

Feedback from clients:

I feel stronger in my decisions, and not guilty for putting myself first at times. My counsellor listened and I said more than I have ever told anyone else about how my son's behaviour has impacted me. I felt supported and able to cope with whatever happens in the future. I felt safe and secure in sessions, able to talk about the journey my son and my life had taken. As a parent of an addict, we were not offered any help or support for 15 years till we found SDAC and TCS. '

'I have learnt so much, especially how to set up boundaries and to understand the addict's side. How to give them support and what to expect. More people need to know about your service as it's better than what previously experienced.

We have learnt so much about how to deal with our situation with our adult son. We were signposted to register as carers and attended the Significant Other Support group run by TCS, which was very helpful. The outstanding professionalism and kindness of our counsellor and group facilitator have helped our confidence to move on and create change in a very difficult situation. Thank you'

Themes explored:

- . Boundary setting
- . Signposting to appropriate support services, GP, Social Prescribers, CMHT, Autism Society, Family Lives, Action for Carers and Carers UK.
- . Support from others in the group around benefits that could help support the individuals to become more independent, such as Universal Credit, PIP, Access to Work, and Mary Francis Trust.

Another member became more independent, as before the group, he felt unable to leave his wife at home, as he was afraid, she would start to drink. The SO Group enabled him to talk about how this was impacting his mental health, staying indoors, and not engaging in hobbies he enjoyed. One group member reflected on the three 'C's: I can't cure it, I can't control it, and I didn't cause it.

We also have had a new member join whose father has Korsakoff and is struggling to get support between Dementia services and Drug and Alcohol services.

One member of our group has sadly lost her partner (who was an ex-heroin user); his death was unrelated to substances. This member has found being around people she knows and trusts immensely supportive and helpful at such a challenging time.

Drug Related Death and Non-Fatal Overdose Counselling.

The group have been able to reflect and process their loss within a safe space and gain new insights and understanding, as well as reflect on what they need and that the process of grieving is not linear.

The SDAC DRD group has been set up to support clients who have been bereaved through drugs and alcohol. The group meets bi-weekly (Monday 6.30 pm - 8.00 pm) via Zoom, with 30-minute access to counsellors after the meeting if they wish to discuss anything that has been left over in the group or have felt emotionally challenged or need to discuss their own wellbeing needs after the DRD meeting ends. Before the group's clients are offered a minimum of 12 counselling sessions.

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We feel and have seen that the DRD/NFO counselling has been life-changing for those who needed to experience a safe space to share feelings and thoughts and to further their lives in a forward-facing manner. Many of those who felt stuck have since become SDAC Helpline volunteers or taken up other voluntary roles in the community or gone back to work. We celebrate achievements and appreciate the pain our clients have worked through to become someone who helps others. Cohesion within the group was established early, due to its theme being specifically for those bereaved through another's addiction. Group members share their loss and share their complex grief, which carries guilt; for some, it is deep, long-lasting, complex grief.

Themes within the counselling sessions and groups have included fear and shame, isolation (not being able to share with others due to a lack of understanding by others of the complex nature of addiction and that it has not been a life choice. Family dynamics and misunderstandings within the family from other family members cover different points of view. Anniversaries can be particularly challenging times.

- . 100% of those referred attended sessions.
 - . 54% referred through our SDAC Helpline,
 - . 14% referred by the Royal Surrey Hospital Alcohol Liaison team.
 - . 21% referred by an SDAC TCS counsellor,
 - . 11% SDAC Website.
-
- . Overall, 43% DRD and 57% NFO.
 - . 40% male and 60% female clients range from 26 - 61 years of age.
 - . The least area of referral was Elmbridge, Surrey Heath, and Guildford,
 - . 42% employed, 58% unemployed.
 - . We had 15% who were in the criminal justice system.
 - . 73% of these clients had no previous support,
 - . 52% reported domestic violence experienced,
 - . whilst 51% had a disability, whether sight, hearing or physical.
 - . 35% felt that more needed to be put in place before the crisis occurred.

Spending on substances was:

- . over £100 weekly on alcohol,
- . £50 on cannabis,
- . anabolic steroids £50-100,
- . and methadone £20-50 weekly.

85% completed their personal goals, with:

- . 53% alcohol free,
- . 20% no drug or alcohol use.

Improvements were reported as:

- . 67% physical,
- . 81% emotional,
- . and 80% of family relationships improved.

DRD / NFO Feedback:

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"My initial call enquiring about support was received with gentleness, kindness and understanding. The referral was made promptly, and my allocated counsellor called me the next day. My counsellor explained in the first session what to expect from our time together. I am bereaved due to my loved one's addiction. My counsellor had a depth of knowledge on addiction and its impact. I am grateful to be able to receive counselling from a service which is supporting my understanding of my son's addiction and my feelings of guilt and helplessness about not being able to help him. I have been able to reflect on my son's journey and my own since his death. Alison has helped me identify situations and experiences which may have impacted and influenced some of the difficulties I am having dealing with this. She has given me the confidence to challenge some of the beliefs I have about myself with others. I have been supported and encouraged through her calm, containing presence when I have been overwhelmed and unable to speak. She encouraged me to be brave and to experience joy when I can.

I am grateful for this service.

For being the light in my darkest days."

Boot Camp Counselling and Follow-up Recovery Groups

Bootcamp group remains a strong source of support for its members, offering a therapeutic community underpinned by the 12 steps. Its membership is mixed and ranges from the most recent member through to seasoned members with over 4 years of sobriety. There are a few members who are around the 4- 5-year mark, and a few more heading to their first year in sobriety. The group has a focused agenda, usually agreed upon during the week in the group's own WhatsApp page. The groups have full control of the group and can change topics at will. A WhatsApp group for members of the recovery group was put in place for between-group support. It is a space to celebrate achievements, share funny stories, share pictures, and show snapshots of healthy recovery. We are a small part of the client's recovery journey, and so are a witness to their process. A humbling experience for any counsellor.

It is a true space for growth through open dialogue and honest sharing. At its core, it remains simple. A group all working on their program of recovery and sharing the journey of kindness.

100% of those offered Boot Camp 28 clients took up the opportunity, as each client was involved in the assessment for suitability.

Of these clients:

- . 68% alcohol,
- . 7% drugs
- . and 25% alcohol and drug use.
- . Males are 54% and females are 46%.

The age range is between 25 and 61 years of age many with a high percentage of relationship difficulties:

- . 22% reported domestic violence.
- . 38% used more than £100 per week on alcohol,
- . and 71% took up the opportunity to have weekend calls on top of weekday sessions.

83% completed all sessions with the greatest improvement in physical, emotional, financial and relationships, and were able to have meaningful use of time, and 75% were completely sober.

Themes explored include, but are not exclusive to:

- . Living sober and finding purpose
- . Life overview
- . Early recovery and employment in early recovery
- . What are spirituality and belief systems?
- . Is relapse part of recovery?
- . When are we ready to sponsor?
- . Connections in recovery
- . Christmas in recovery
- . Happiness and our expectations

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- . Managing depression
- . Crashing in recovery
- . Evolution in recovery
- . Action over thought, stage of recovery
- . Practical ways to identify character traits.

Boot Camp and Boot Camp Recovery Groups feedback.

"2025 - It's funny how little things seem to happen around recovery. I think it was the Thursday before last where Giles said in the meeting, and to me personally, that one is to work on the basis that the person you are helping may one day be the person who you need to save you, pick you up out of the gutter of addiction. I meditated on this quite a bit, encouraging humility, gratitude and acceptance.

Yesterday evening, I had a call from someone, very down and took the position that I could help him, surreptitiously, with all the great work I'd done in Bootcamp, and maybe pass that on. I'm even more grateful for the Bootcamp this morning. Even more because I am only at step 3 with this guy, and because of Bootcamp, I have had the tools to deal with the nagging problems of the last week. And, because it is now my turn to help someone, and I feel reasonably well equipped to do so. If I hadn't made the spiritual breakthrough I did when working with Giles a few months ago, I would very likely be in a bad place today in the face of recent adversity.... And this person would now have one less person around him, with the potential to help prevent his downward spiral. As was said to me last week.... You may not see the miracles happening, but rest assured, God is working them... and I've taken this as a lesson that this is part of the work toward dissolution of ego.... Why would I be so important as to need to see God's miracles before they happen? Go well today.... Keep a keen eye on those you assume to be well. Sending love."

TCS projects

As the world continues with discourse, wars, and financial concerns, we have maintained our telephone counselling service with enthusiasm and are mindful of what our clients need. Views and beliefs of the wider cultural community are changing and being embraced. The cost of living has meant our free service is in demand with its exceptionally fast, streamlined referral system, which sees a referral turned into an assessment or first session of therapy within around 3 days.

Breaking down barriers to receiving support has been uppermost since our service's inception. Transport, social stigma, which has kept them silent, and work-life can make it feel daunting to receive support. Our counsellors and administrators have lived experience of struggling at some time, for some reason, in their lives; therefore, they are accommodating, flexible and innovative in encouraging clients to engage and recover. Feedback: 'The fact that the counsellor had experience on both sides of the fence was great and it put me at ease that there was a level of understanding and empathy.'

Increasingly, we see clients who have trauma, abuse, and neurodiversity underlying substance use. Referrals from hospital inpatient services, probation, CGL, police and paramedics, along with self-referrals through our Helpline, SMS service, web chat or our website online referral portal, means access is within everyone's ability to make contact quickly. We support people to make a positive change a reality without there being a power imbalance between the client and the organisation.

We have designed, implemented, and maintained access for clients to join our groups. We run groups for significant others, couples, families, drug-related deaths and non-fatal overdoses and our intensive Boot Camp. We are in the process of building groups for those who are or have experienced domestic violence.

Couples Group is an online virtual group consisting of family members affected by the use of their loved one's use of addictive substances and activities

Topics around trusting a partner around alcohol, and or drugs, anger around past behaviours and how to forgive, abstinence versus moderation, and relationships reaching a breaking point before problem drinker/drug user changes (or not).

Surrey Drug And Alcohol Care Limited

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Significant Other Group. This section of society might be forgotten in the process of supporting the person using alcohol or substances. Isolation, shame and feeling of being de-skilled and unable to cope, no one to turn to, might be present. Could also include concerned and close relationship grandparents.

The future for counselling. Going forward, we are looking to increase our family groups and set up groups for those who have experienced abuse, whether this is financial, physical, emotional, or sexual.

Following the prison Reset programme, we have been co-commissioned for the contract to take early release and have successfully engaged people on probation. All were offered an initial 12 sessions. Themes that arose were historical trauma, life in prison, witnessing aggressive behaviours and death, fear on release of what life held for them in the future, family breakdown, contact with children, unhealthy lifestyle and lack of physical health, emotional struggles and educational difficulties/neurodiversity, old beliefs which needed reframing.

Helpline and Volunteer Services

This year saw a significant step forward for SDAC as we returned to 24/7 helpline coverage, restoring a level of access that has always been central to our values and vision. While the helpline previously operated on a 24/7 basis, limited resources in recent years meant we had to reduce our opening hours. In 2024/25, we were proud to reinstate full round-the-clock availability by partnering with an out-of-hours call handling service, allowing us to ensure no call goes unanswered, regardless of the time of day.

Our Freephone Helpline (0808 802 5000) is now once again open 24 hours a day, seven days a week, providing vital support to individuals, families, and professionals across Surrey. This change has ensured continuity of care and increased accessibility, particularly for those who may be in distress during the night or outside of standard working hours.

In addition to telephone support, our helpline continues to offer:

- . SMS text support (07537 432411), ideal for individuals who are deaf, hard of hearing, or prefer text-based communication.
- . A web chat service via our website (www.surreydrugandalcoholcare.org.uk), offering real-time support during our core operating hours.
- . An email support option via coordinator@sdac-helpline.co.uk, which remains a popular route for those seeking guidance or referrals in writing.

The Role of Our Volunteers

At the heart of SDAC's helpline are our incredible volunteers, whose compassion, calm presence, and lived experience continue to transform lives. Many of our volunteers have been with us for several years, offering their time selflessly and consistently to support those in crisis or need.

They are often the first point of contact for someone making that crucial first step toward recovery or reaching out for emotional support. Volunteers provide a listening ear, offer practical advice, signpost to relevant services, and, when needed, refer individuals directly to our in-house Telephone Counselling Service (TCS) or to external treatment providers.

This year, our helpline:

- . Received over 1300 calls to the helpline, with over 700 of those going on to speak to one of our volunteers or out-of-hours service.
- . We had an average call time of 5 minutes 45 seconds.
- . Referred over 200 people to our Telephone Counselling Service with an 82% attendance rate.
- . We helped over 75 professionals with information, advice and signposting or referring a client into counselling.
- . Continued to provide a trusted first contact point for the NHS First Steps programme, guiding individuals through the process of accessing talking therapy services.
- . Our feedback remains overwhelmingly positive, with 67% of callers reporting that they were "very satisfied" with the help they received. As one caller put it:

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. SDAC support has been life-changing for me. Thank you for all you do." - Anonymous service user

A New Administrative Team

This year also brought changes to our internal infrastructure. Following a period of transition within our admin team, we welcomed Laura and Tariq, our new two-person administrative team, who have brought energy, professionalism, and a clear commitment to supporting both volunteers and service users.

Their roles are integral to the helpline's success. They provide real-time assistance during helpline shifts, oversee communication across all digital platforms, manage caller records, support reporting and evaluation processes, and act as a point of stability and continuity for the volunteer team. Despite joining partway through the year, both have demonstrated adaptability, warmth, and a proactive approach to improving the day-to-day running of the service.

The reintroduction of 24/7 support, combined with the restructuring of the administrative function, offered the opportunity to review and improve internal systems, resulting in better coordination and service delivery.

Supporting Our Volunteer Team

We continue to invest in the well-being and development of our volunteers. Our admin team now conducts bi-monthly wellbeing check-ins, helping ensure that those who give so much to others feel supported themselves.

Volunteers are also encouraged to contribute ideas and feedback that shape how the helpline operates. Our approach to management and development remains rooted in inclusion, and the success of our services is a direct result of the keen sense of community and shared purpose that runs throughout the organisation.

We are also proud of the diversity within our volunteer team, which reflects the communities we serve, bringing a wide range of cultural, professional, and individual experiences that enhance the sensitivity and relatability of our support.

Ready to Listen, Always Here

Returning to 24/7 coverage has been a major milestone for SDAC this year-one that reflects both the growing need in our communities and our deep commitment to ensuring no one is left without support. While the journey to achieve this has not been without its challenges, it stands as a powerful example of how a small and agile charity can adapt, collaborate, and respond to adversity with purpose and compassion.

Whether someone reaches out at 3 am in a moment of crisis or during a quiet afternoon seeking clarity and guidance, we are here. Ready to listen. Ready to help.

Outcome monitoring

The feedback from our former clients shows that we provide an excellent service, and many of our clients have moved forward with us into a new, and at times, wonderful state of being however, we are always striving to improve, therefore, all feedback is gratefully received.

Risk Management.

In the event of a power failure, SDAC documents are all backed up weekly on an external hard drive. The SDAC administrators have backup facilities that can be used in the event of a power failure lasting more than a few hours, if required, as does TCS.

95% of our work is paperless.

Loss of Statutory Funding:

Contingency planning, including a 3-month expenditure reserve, for such an event and regular engagement with commissioners to ensure enough notice of any event can be managed.

Surrey Drug And Alcohol Care Limited

Report of the Trustees
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Staffing:

We regularly train and retain volunteers. Keeping up to date with current thinking and legislation. We have expanded our administrative team to three people to allow for holidays and coverage of the helpline.

Trustees:

Regular training, particularly for governance.

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ACHIEVEMENT AND PERFORMANCE
REVIEW OF FINANCIAL POSITION

During the financial year, the Charity recorded a deficit of £24,620, closing the year with a reserve balance of £60,231. While this represents a decrease in reserves compared to the previous year, we remained within our reserves policy and successfully delivered on our charitable objectives. This was achieved despite a challenging economic climate and a reduction in legacy income.

Trustees regularly monitor the financial performance of the charity to ensure adequate reserves are always maintained.

Our Financial Policy and combined reserves policy are approved by the Trustees and strictly enforced. The Board of Trustees agrees with the quarterly profit and loss and budget forecasts. At each Board meeting, normally monthly, the Treasurer presents the financial position of the charity and highlights any concerns. During the year, there have been no apparent breaches of SDAC's financial policies.

Each SDAC project is carefully monitored against income and expenditure. Balancing funding and costs.

FUNDING

Due to funding of £36,843 from Surrey County Council, SDAC can provide a Helpline that is free of charge to callers, along with the associated costs of running and promoting the service. We received £30,960 From Surrey County Council for DRD/NFO clients and groups.

We are indebted to all the Trusts, Foundations, Community Funding, Police, Lottery, other large and smaller charities, and those clients who donate towards their counselling sessions. We appreciate the work that has gone into assisting us with improving public awareness of our service through all those mentioned above, as well as our key supporters, persons of high public stature, and by word of mouth through personal recommendation. All restricted and unrestricted funding received has been allocated and used as per the terms and conditions of the donor. This is carefully monitored and recorded by the TCS Manager.

Our successful funding application with the Woking Community Grant has enabled us to continue our invaluable work throughout the year. Without the support of funders and Trusts such as Woking, we would not have reached as many people as intended, and those who benefited from the support received.

RESERVES POLICY

The objects of the charity specify that the income and property of the company shall be applied solely towards the objects of the charity.

The Charity aims to have sufficient reserves to cover operating costs for three months.

Trustees review the Finance and Reserves combined policy at regular intervals.

PUBLIC BENEFIT

The company demonstrates public benefit in the following ways:

1. Provision of a freephone telephone Helpline for anyone concerned about drug or alcohol use and mild to moderate mental health.

- . 764 connected calls to the helpline
- . 22% of callers mentioned that they had mental health concerns.
- . 76% of calls to the helpline were for substance use.

Surrey Drug And Alcohol Care Limited

Report of the Trustees
for the Year Ended 31 March 2025

- . 25% of callers were calling about mental health and substance use.
- . 59% of callers were signposted for further help, such as from their GP, Bereavement groups, local support groups, or local talking therapies.
- . 40% of callers were referred directly to SDAC services.
- . Alcohol, cannabis, and cocaine were the top three substances callers were using or concerned about others' use.
- . 19% of calls to the helpline came from other professionals seeking information or referrals for their clients.
- . 234 substance use referred to treatment, of which 82% engaged with therapy.
- . 5% of callers mentioned the cost of living as an issue.
- . 4% of callers mentioned Domestic violence as an issue.
- . 4% of calls to the helpline were for emergency advice for themselves or a loved one.

The Helpline also supports TCS clients in between their counselling sessions and advises professionals on services available in Surrey for substance use.

2. Provision of a Telephone Counselling Service offering twelve weekly therapeutic sessions for those affected by substance use or significant others, without charge to the client.

- . 518 referrals into TCS, of which 439 clients engaged.
- . 70 DRD/NFO clients with 840 sessions completed.
- . 32 Boot Camp clients with 548 Boot Camp client sessions completed.
- . Over 7,000 counselling sessions with an additional 4,628 check-in sessions.

Every client is offered the opportunity to send confidential feedback evaluating their experience of TCS. This feedback is used to develop and maintain the exemplary service provided.

These services deliver significant social value by offering early, accessible intervention that helps to reduce harm, prevent crisis escalation, and relieve pressure on overstretched public systems, including the NHS, emergency services, and social care. The Helpline often acts as a first point of contact for individuals who might otherwise reach crisis point, providing preventative support that leads to improved mental health, reduced substance use, and stronger family and community relationships.

By offering services at no cost to clients, SDAC reduces financial barriers to support and promotes equity of access, particularly for those impacted by deprivation, trauma, or social isolation. The organisation's contribution to public benefit is not only measured in the number of people supported, but also in the lasting change created in individual lives and across the wider community.

INTERESTS

Current Trustees and those who served during the year are shown on page 2.
The company has no share capital, being a company limited by guarantee.

RISK MANAGEMENT

The Trustees have considered and identified the major risks that could affect the charity. The Trustees consider the existing system of internal controls and procedures to be adequate in mitigating the charity's exposure to those risks.

We are pleased to report that no serious incidents (serious or otherwise) took place in 2024/25.

TRUSTEES' RESPONSIBILITIES

Surrey Drug And Alcohol Care Limited

Report of the Trustees
for the Year Ended 31 March 2025

The Trustees are responsible for preparing the Annual Report and the financial statements by applicable law and the United Kingdom Generally Accepted Accounting Practice. Company law requires the trustees to prepare financial statements for each fiscal year, which give a true and fair view of the state of affairs and of the income and expenditure of the Charitable Company for that period. In preparing those financial statements, the Trustees are required to:

- . Select suitable accounting policies and then apply them consistently; " make judgements and estimates that are reasonable and prudent;"
- . State whether applicable accounting standards and statements of recommended practice have been followed and give details of any departures."
- . Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Charitable Company will continue to operate."

The Trustees are responsible for keeping proper accounting records that disclose, with reasonable accuracy, at any time the financial position of the Charitable Company and to enable them to ensure that the financial statements comply with the Companies Act 2006, the Memorandum and Articles of Association and the Statement of Recommended Practice Accounting and Reporting by Charities (SORA 2005). They are also responsible for safeguarding the assets of the Charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

As far as the Trustees are aware:

There is no relevant audit information of which the charitable company's independent examiner is unaware; and

The Trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the independent examiner is aware of that information.

Leadership Team

As a small charity, the Trustees have all played a part in the management of the charitable obligations and activities:

Laura Salkeld and Tariq Galal: SDAC Helpline Administrator and out-of-hours volunteer support

Wendy Coad: TCS Services Manager, Fundraising Lead and Helpline training lead

Di Claridge: Fundraiser

Giles Witcomb & Paul Lane: TCS Boot Camp and Boot Camp Recovery Groups

Inma Ferre Torro and Paul Carrington-Gretton - couples and family groups

Giles Witcomb and Kay Rivers - DRD groups

Kay River & Giles Witcomb - Significant Other groups

Inma Ferre Torro and Joyce Mathiat - Near-Fatal Overdose Group (NFO)

James and Paul Vincent, Hot Source, have been instrumental in developing our social media presence on Instagram, Twitter, LinkedIn, and Facebook and developing our website with adverts, blogs, and feedback posts from clients and in the redevelopment of our website.

We are grateful for the assistance of Snezana Leslie with administration. Her academic skills and dedication to keeping the databases and spreadsheets continually to enable a smooth and efficient analysis of the client's TCS engagement in our service.

As the role of Coordinator has evolved into an administrative team, we would like to extend our heartfelt thanks to Laura and Tariq. Their efforts in not only evolving and creating the team but also tirelessly supporting our team of helpline volunteers have been invaluable. We are deeply grateful for their dedication and hard work.

Surrey Drug And Alcohol Care Limited

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We would also like to extend our sincere thanks to Marta Rominska for her invaluable behind-the-scenes support. Marta's attention to detail in uploading to Xero, cross-checking financial summaries, and ensuring all invoices, receipts, and accompanying documentation are in order has been a crucial part of keeping our financial processes running smoothly. Her quiet efficiency and reliability are greatly appreciated.

We would like to extend our heartfelt thanks to Jana Phillips for her ongoing support and willingness to step in whenever needed. Jana has represented SDAC at numerous outreach events with warmth, professionalism, and care, giving thoughtful and engaging presentations that truly reflect the heart of our work. Her dedication, advocacy, and ability to connect with others make her a wonderful ambassador for SDAC, and we are deeply grateful for all that she continues to contribute.

Our sincere thanks go to Di Claridge, whose work in securing funding has been instrumental in sustaining our services. Di has worked tirelessly behind the scenes to secure grant income, liaise with funders, and keep SDAC visible and supported in an increasingly competitive climate. Her tenacity, creativity, and belief in our mission have helped us to continue delivering life-changing services when others around us have been forced to scale back.

We would like to show our appreciation to the Helpline Volunteers who, despite reduced numbers and their struggles, have continued to help callers. They have remained committed, and for this, we are extremely grateful, as without volunteers, we would not have a helpline. Some of our volunteers have been instrumental in helping with and attending our outreach events.

We would also like to honour our team of BACP Registered Counsellors who are competently bringing empathy, a wealth of knowledge, and commitment to their role. Their passion is evident from the positive client feedback. 2024 - 25

SMALL COMPANY PROVISIONS

For the period ending 31 March 2025, the company was entitled to an exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit of its accounts for the year in question under section 476.

The Directors acknowledge their responsibilities for complying with the requirements of the Act concerning accounting records and the preparation of accounts.

These accounts have been prepared by the provisions applicable to companies subject to the small companies' regime.

Trustees' Responsibility Statement

The Trustees (who are also the directors of SURREY DRUG AND ALCOHOL CARE LIMITED for company law) are responsible for preparing the Report of the Trustees and the financial statements by applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Trustees to prepare financial statements for each financial year, which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to.

- . Select suitable accounting policies and then apply them consistently.
- . Observe the methods and principles in the Charity SORP.
- . Make judgements and estimates that are reasonable and prudent.
- . Prepare the financial statements on a going-concern basis unless it is inappropriate to presume that the charitable company will continue in business.

Surrey Drug And Alcohol Care Limited

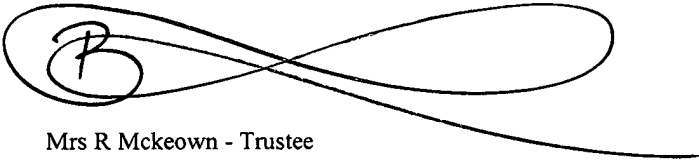
Report of the Trustees
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The Trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and, hence, taking reasonable steps for the prevention and detection of fraud and other irregularities.

STRUCTURE, GOVERNANCE AND MANAGEMENT

REFERENCE AND ADMINISTRATIVE DETAILS

Approved by order of the board of trustees on 18th August 2025 and signed on its behalf by:

A handwritten signature in black ink, consisting of a large, stylized loop that encloses a smaller loop containing the letter 'R'. The signature is written on a white background.

Mrs R Mckeown - Trustee

Independent Examiner's Report to the Trustees of
Surrey Drug And Alcohol Care Limited

Independent examiner's report to the trustees of Surrey Drug And Alcohol Care Limited ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2025.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Mrs Anna Coote

Gilroy & Brookes Accountants Limited
Suite 15
The Enterprise Centre
Coxbridge Business Park
Farnham
Surrey
GU10 5EH

18 August 2025

Surrey Drug And Alcohol Care Limited

Statement of Financial Activities
for the Year Ended 31 March 2025

	Notes	Unrestricted funds £	Restricted fund £	2025 Total funds £	2024 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	71,864	82,110	153,974	226,673
Other trading activities	3	5,400	15,000	20,400	5,400
Investment income	4	<u>1,465</u>	<u>-</u>	<u>1,465</u>	<u>1,510</u>
Total		<u>78,729</u>	<u>97,110</u>	<u>175,839</u>	<u>233,583</u>
EXPENDITURE ON					
Raising funds	5	-	-	-	184
Charitable activities	6				
Expenditure on charitable activities		101,241	95,083	196,324	223,155
Other		<u>2,612</u>	<u>1,523</u>	<u>4,135</u>	<u>10,535</u>
Total		<u>103,853</u>	<u>96,606</u>	<u>200,459</u>	<u>233,874</u>
NET INCOME/(EXPENDITURE)		(25,124)	504	(24,620)	(291)
RECONCILIATION OF FUNDS					
Total funds brought forward		<u>68,018</u>	<u>16,833</u>	<u>84,851</u>	<u>85,142</u>
TOTAL FUNDS CARRIED FORWARD		<u>42,894</u>	<u>17,337</u>	<u>60,231</u>	<u>84,851</u>

The notes form part of these financial statements

Surrey Drug And Alcohol Care Limited

Balance Sheet
31 March 2025

	Notes	Unrestricted funds £	Restricted fund £	2025 Total funds £	2024 Total funds £
FIXED ASSETS					
Tangible assets	12	-	231	231	462
CURRENT ASSETS					
Debtors	13	-	2,463	2,463	16,881
Cash at bank		<u>43,365</u>	<u>15,000</u>	<u>58,365</u>	<u>68,259</u>
		43,365	17,463	60,828	85,139
CREDITORS					
Amounts falling due within one year	14	(471)	(357)	(828)	(750)
		<u> </u>	<u> </u>	<u> </u>	<u> </u>
NET CURRENT ASSETS		<u>42,894</u>	<u>17,106</u>	<u>60,000</u>	<u>84,389</u>
TOTAL ASSETS LESS CURRENT LIABILITIES					
		<u>42,894</u>	<u>17,337</u>	<u>60,231</u>	<u>84,851</u>
NET ASSETS					
		<u>42,894</u>	<u>17,337</u>	<u>60,231</u>	<u>84,851</u>
FUNDS					
Unrestricted funds	15			42,894	68,018
Restricted funds				<u>17,337</u>	<u>16,833</u>
TOTAL FUNDS				<u>60,231</u>	<u>84,851</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2025.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2025 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The notes form part of these financial statements


Surrey Drug And Alcohol Care Limited

Balance Sheet - continued

31 March 2025

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 18 August 2025 and were signed on its behalf by:

A handwritten signature in black ink, consisting of a large, stylized 'R' followed by a long, sweeping horizontal line that extends to the right.

R Mckeown - Trustee

The notes form part of these financial statements

Surrey Drug And Alcohol Care Limited

Notes to the Financial Statements
for the Year Ended 31 March 2025

1. ACCOUNTING POLICIES

BASIS OF PREPARING THE FINANCIAL STATEMENTS

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

INCOME

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

All restricted and unrestricted funding received has been allocated and used as per the terms and conditions of the donor. This is carefully monitored and recorded by the TCS Manager.

EXPENDITURE

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

TANGIBLE FIXED ASSETS

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

TAXATION

The charity is exempt from corporation tax on its charitable activities.

FUND ACCOUNTING

Unrestricted funds can be used by charitable objectives at the discretion of the Trustees.

Restricted funds can only be used for purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for purposes. Restricted purposes are telephone counselling sessions, telephone boot camp pilot projects, outreach expenses, and marketing and promotion of SDAC. It is identified within the accounting system when funds have been received for restricted purposes only. It is also identified how these restricted funds have been spent.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Surrey Drug And Alcohol Care Limited

Notes to the Financial Statements - continued
for the Year Ended 31 March 2025

2. DONATIONS AND LEGACIES

	2025	2024
	£	£
Donations	86,695	60,279
Grants	<u>67,279</u>	<u>166,394</u>
	<u>153,974</u>	<u>226,673</u>

Grants received, included in the above, are as follows:

	2025	2024
	£	£
Other grants	<u>67,279</u>	<u>166,394</u>

3. OTHER TRADING ACTIVITIES

	2025	2024
	£	£
Management Income	5,400	5,400
Income Probation	<u>15,000</u>	<u>-</u>
	<u>20,400</u>	<u>5,400</u>

4. INVESTMENT INCOME

	2025	2024
	£	£
Bank interest	<u>1,465</u>	<u>1,510</u>

5. RAISING FUNDS

OTHER TRADING ACTIVITIES

	2025	2024
	£	£
Advertising & publicity	<u>-</u>	<u>184</u>

Surrey Drug And Alcohol Care Limited

Notes to the Financial Statements - continued
for the Year Ended 31 March 2025

6. CHARITABLE ACTIVITIES COSTS

	Direct Costs £	Support costs (see note 7) £	Totals £
Expenditure on charitable activities	<u>193,475</u>	<u>2,849</u>	<u>196,324</u>

7. SUPPORT COSTS

		Management £
Expenditure on charitable activities		<u>2,849</u>

8. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2025 £	2024 £
Depreciation - owned assets	<u>231</u>	<u>523</u>

9. TRUSTEES' REMUNERATION AND BENEFITS

No Trustee received any remuneration or other emoluments during the period, although they are reimbursed reasonable out-of-pocket expenses incurred for attending meetings, giving outreach presentations, bank visits, and the purchase of stationery requirements.

A written agreement between the charity and the Trustee (or connected person) being paid along with a specification of the amount to be paid.

As per the Charity Commission guidance, SDAC:

1. agrees the payment is in the charity's best interests and reasonable for the service provided.
2. does not allow payments or other benefits to half or more than half of the board (the number of trustees receiving any payment or benefit is in the minority)
3. The governing document allows the payment of Trustees for services.
4. ensures the Trustee does not take part in decisions made by the board regarding any aspect of the agreement.
5. identifies and records conflicts of interest and prevents them from affecting the decision.
6. keeps records of discussions at meetings and discloses the payment in the annual accounts.

TRUSTEES' EXPENSES

There were no trustees' expenses paid for the year ended 31 March 2025 nor for the year ended 31 March 2024.

Surrey Drug And Alcohol Care Limited

Notes to the Financial Statements - continued
for the Year Ended 31 March 2025

10. STAFF COSTS

There were no staff costs for the year ended 31 March 2025 nor for the year ended 31 March 2024.

The average monthly number of employees during the year was as follows:

2025 2024

No employees received emoluments in excess of £60,000.

11. COMPARATIVES FOR STATEMENT OF FINANCIAL ACTIVITIES
(01/04/2023-31/03/2024)

	Unrestricted funds £	Restricted fund £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	116,789	109,884	226,673
Other trading activities	5,400	-	5,400
Investment income	<u>1,510</u>	<u>-</u>	<u>1,510</u>
Total	<u>123,699</u>	<u>109,884</u>	<u>233,583</u>
 EXPENDITURE ON			
Raising funds	124	60	184
Charitable activities			
Expenditure on charitable activities	133,833	89,322	223,155
Other	<u>6,272</u>	<u>4,263</u>	<u>10,535</u>
Total	<u>140,229</u>	<u>93,645</u>	<u>233,874</u>
 NET INCOME/(EXPENDITURE)	 (16,530)	 16,239	 (291)
 RECONCILIATION OF FUNDS			
Total funds brought forward	 84,548	 594	 85,143
 TOTAL FUNDS CARRIED FORWARD	 <u>68,019</u>	 <u>16,833</u>	 <u>84,851</u>

Surrey Drug And Alcohol Care Limited

Notes to the Financial Statements - continued
for the Year Ended 31 March 2025

12. TANGIBLE FIXED ASSETS

	Plant and machinery £
COST	
At 1 April 2024 and 31 March 2025	<u>3,595</u>
DEPRECIATION	
At 1 April 2024	3,133
Charge for year	<u>231</u>
At 31 March 2025	<u>3,364</u>
NET BOOK VALUE	
At 31 March 2025	<u>231</u>
At 31 March 2024	<u>462</u>

13. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2025	2024
	£	£
Trade debtors	1,354	15,854
Prepayments	<u>1,109</u>	<u>1,027</u>
	<u>2,463</u>	<u>16,881</u>

14. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2025	2024
	£	£
Trade creditors	358	511
Accrued expenses	<u>470</u>	<u>239</u>
	<u>747</u>	<u>750</u>

15. MOVEMENT IN FUNDS

	At 1.4.24	Net movement in funds	Transfers between funds	At 31.3.25
	£	£	£	£
Unrestricted funds				
Unrestricted funds	68,018	(25,124)	-	42,894
Restricted funds				
Restricted funds	16,833	504	-	17,337
TOTAL FUNDS	<u>84,851</u>	<u>(24,620)</u>	<u>-</u>	<u>60,231</u>

Surrey Drug And Alcohol Care Limited

Notes to the Financial Statements - continued
for the Year Ended 31 March 2025

15. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
Unrestricted funds	78,729	(103,853)	(25,124)
Restricted funds			
Restricted funds	97,110	(96,606)	504
TOTAL FUNDS	<u>175,839</u>	<u>(200,459)</u>	<u>(24,620)</u>

Comparatives for movement in funds

	At 1.4.23 £	Net movement in funds £	Transfers between funds £	At 31.3.24 £
Unrestricted funds				
Unrestricted funds	84,548	(16,530)	-	68,018
Restricted funds				
Restricted funds	594	16,239	-	16,833
TOTAL FUNDS	<u>85,142</u>	<u>(291)</u>	<u>-</u>	<u>84,851</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
Unrestricted funds	123,699	(140,229)	(16,530)
Restricted funds			
Restricted funds	109,884	(93,645)	16,239
TOTAL FUNDS	<u>233,583</u>	<u>(233,874)</u>	<u>(291)</u>

Surrey Drug And Alcohol Care Limited

Notes to the Financial Statements - continued
for the Year Ended 31 March 2025

15. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.23 £	Net movement in funds £	Transfers between funds £	At 31.3.25 £
Unrestricted funds				
Unrestricted funds	84,548	(41,654)	-	42,894
Restricted funds				
Restricted funds	594	16,743	-	17,337
TOTAL FUNDS	<u>85,142</u>	<u>(24,911)</u>	<u>-</u>	<u>60,231</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
Unrestricted funds	202,428	(244,082)	(41,654)
Restricted funds			
Restricted funds	206,994	(190,251)	16,743
TOTAL FUNDS	<u>409,422</u>	<u>(434,333)</u>	<u>(24,911)</u>

16. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2025.

Surrey Drug And Alcohol Care Limited

Detailed Statement of Financial Activities
for the Year Ended 31 March 2025

	2025 £	2024 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	86,695	60,279
Grants	<u>67,279</u>	<u>166,394</u>
	153,974	226,673
Other trading activities		
Management Income	5,400	5,400
Income Probation	<u>15,000</u>	<u>-</u>
	20,400	5,400
Investment income		
Bank interest	<u>1,465</u>	<u>1,510</u>
Total incoming resources	175,839	233,583
EXPENDITURE		
Other trading activities		
Advertising & publicity	-	184
Charitable activities		
Telephone	199	140
Co-Ordinator-Helpline	14,542	14,203
Administration Costs-Helpline	120	-
Recruitment & Training-Helplin	-	277
Helpline Management Fee	2,700	2,700
Subscriptions -Helpline	494	472
Fundraising PR & Marketing -HL	19,680	24,800
DRD Expenditure	3,272	4,039
Fundraising PR & Marketing TCS	12,548	14,404
Charitable expenses-TCS	133,669	154,896
Postage and Stationery	-	(11)
Governance Cost	1,474	1,345
Operational expenditure	488	-
Couples Group	3,522	3,951
Entertainment	82	-
Subscription	634	-
Subsistence	<u>51</u>	<u>-</u>
	193,475	221,216

This page does not form part of the statutory financial statements

Surrey Drug And Alcohol Care Limited

Detailed Statement of Financial Activities
for the Year Ended 31 March 2025

	2025	2024
	£	£
Charitable activities		
Other		
Call Handling	1,522	4,264
Bookkeeping	<u>2,613</u>	<u>6,271</u>
	4,135	10,535
Support costs		
Management		
Accountancy fees	2,541	1,320
Bank Charges	77	96
Computer equipment	<u>231</u>	<u>523</u>
	<u>2,849</u>	<u>1,939</u>
Total resources expended	<u>200,459</u>	<u>233,874</u>
Net expenditure	<u>(24,620)</u>	<u>(291)</u>

This page does not form part of the statutory financial statements

SURREY DRUG AND ALCOHOL CARE LIMITED

England & Wales - Charity number 1151494

Accounts

REGISTERED COMPANY NUMBER: 08341899 (England and Wales)
REGISTERED CHARITY NUMBER: 1151494

Report of the Trustees and
Unaudited Financial Statements
for the Year Ended 31 March 2024
for
Surrey Drug And Alcohol Care Limited

Gilroy & Brookes Accountants Limited
Suite 15
The Enterprise Centre
Coxbridge Business Park
Farnham
Surrey
GU10 5EH

Surrey Drug And Alcohol Care Limited

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for the Year Ended 31 March 2024

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Surrey Drug And Alcohol Care Limited

Report of the Trustees
for the Year Ended 31 March 2024

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2024

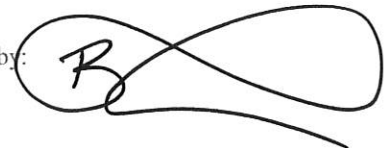
The Directors/Trustees have pleasure in presenting their report and Financial Statements for the period ended 31 March 2024.

REFERENCE AND ADMINISTRATIVE DETAILS

Company Registered number	08341899 (England and Wales)
Registered Charity number	1151494
Registered Office	Suites G09 & G10 Part Ground Floor Old Millmead House Millmead Guildford England GU2 4BB
Trustees	Mrs R McKeown (appointed 22-03-2022) and appointed Chair 28-10-2023 Mrs W Coad (appointed 10-03-2020) and retired as Chair 28-10-2023 Mr G Poulter (appointed 20-10-2017) Mrs K Rivers (appointed 31-01-2023) Mr M Tasker (appointed 19-10-2019) Mr G Witcomb (appointed 19-10-2019) Mr M Warren (appointed 28-10-2023) Treasurer Mr D Kerr (appointed 28-10-2023) Mrs J Phillips (appointed 19-10-2019) retired on 28-10-2023
Company Secretary	Miss E Bassett (appointed 01-04-2019)
Independent Examiner	Mrs Anna Coote MAAT Gilroy & Brookes Accountants Ltd Chartered Accountants Suite 15 The Enterprise Centre Coxbridge Business Park Farnham Surrey Farnham GU10 5EH
Bankers	HSBC Bank 6 Commercial Way Woking Surrey GUI 3UQ

Approved by order of the board of trustees on 27th June, 2024 and signed on its behalf by:

Mrs Rebecca McKeown, Chair



Surrey Drug And Alcohol Care Limited

Report of the Trustees
for the Year Ended 31 March 2024

OBJECTIVES AND ACTIVITIES
ORGANISATION & GOVERNANCE

The Company was incorporated on 27 December 2012 as a company limited by guarantee not having any share capital. The Charity is controlled by its governing document, a deed of trust, as defined by the Companies Act 2006.

The Company was registered as a Charity with the Charity Commission (Registration Number 1151494) on 03 April 2013.

The Directors are charity Trustees as defined by section 177 of the Charities Act 2011. Trustees and Associate Directors are appointed and voted into office by voting members of Surrey Drug and Alcohol Limited (SDAC) at the Annual General Meeting and serve for a period of up to three years. Trustees do not have any shares.

Trustees consider their training needs at least once a year to ensure the effective governance of the charitable company and attend specific courses to develop their competencies for their respective roles as deemed necessary. Board meetings are held a minimum of six times a year.

STRUCTURE, GOVERNANCE, MANAGEMENT

Chair:	Mrs R McKeown (appointed 28-10-2023)
Company Secretary:	Miss E Bassett (appointed 01-04-2019)
Trustees:	Mrs W Coad (appointed 10-03-2020) Mr G Poulter (appointed 20-10-2017) Mrs K Rivers (appointed 28-10-2023) Mr M Tasker (appointed 19-10-2019) Mr G Witcomb (appointed 28-10-2023) Mr M Warren (appointed 28-10-2023) Treasurer Mr D Kerr (appointed 28-10-2023) Mrs J Phillips (appointed 19-10-2019) retired on 28-10-2023
Independent Examiner:	Anna Coote MAAT, SKS Gilroy & Brookes Accountants Ltd, Suite 15, The Enterprise Centre, Coxbridge Business Park, Farnham , GU105EH
Bankers:	HSBC Bank, 6 Commercial Way, Woking, Surrey, GUI 3UQ

CHARITABLE OBJECTS

The object of the charity shall be to relieve sickness, particularly amongst persons suffering from addiction to drugs and alcohol in Surrey and Borders.

It will do this particularly by:

1. Providing advice and guidance to substance users and their friends and relatives.
2. To advance education on the harmful effects of drugs and alcohol amongst young students engaged in full-time education in Surrey and to provide information on how to engage with local NHS services.
3. To provide advice and guidance to those suffering from mental health issues and those closely affected by them.
4. To provide advice and guidance for interested professionals.

Surrey Drug And Alcohol Care Limited

Report of the Trustees
for the Year Ended 31 March 2024

5. To collect and disseminate information on all matters affecting substance use, particularly to prevent substance.
6. To collect and disseminate information on all matters affecting people with mental health issues.
7. To raise funds and invite contributions from any person or persons whatsoever by way of subscription, donation, and otherwise provided that the organisation shall not undertake any permanent trading activities in raising funds.
8. To do all such lawful things shall further the objects of the organisation.

Chair report - Year in review.

This past year has been one of substantial growth, challenge, and transformation for SDAC. Amidst the constant uncertainties of the cost-of-living crisis, economic fluctuations, and social unrest, SDAC has remained steadfast in its support to our community, focusing on enhancing mental health and addiction services.

Governance and Strategic Development

Committed to excellence in governance, we engaged in a rigorous self-assessment based on the Charity Code of Governance, identifying key areas for organisational enhancement:

Board Diversity and Expertise: Recognizing the need to augment the diversity and expertise of our Board, we initiated a targeted recruitment drive, welcoming Marc Warren as Treasurer and David Kerr. Their skills, expertise, and fresh enthusiasm significantly strengthen our governance and strategic oversight

Trustee Education: We prioritised educating our Trustees on their duties, significantly enhancing our governance framework.

Enhanced Communication: We've revamped our communication strategies with funders and stakeholders, ensuring transparency and accountability. Initiatives include launching a newsletter and overhauling our website for a more streamlined user experience, including an updated volunteer portal and improved signposting documentation.

Cultural Integrity and Openness: We reinstated our Leadership group meetings to foster an environment of integrity and openness, strategising on the future planning of SDAC.

Programs and Impact

Our core mission-to assist individuals in overcoming substance use and related mental health challenges-has seen considerable progress through client engagement. We've served more clients than ever this past year, delivering countless counselling sessions with a client satisfaction rating of 10/10.

Operational Resilience

Business Continuity Planning: Our ongoing updates to the Business Continuity Plan ensure that our services can adapt to emergencies and changes, safeguarding our mission and our service users' interests. A comprehensive review of all policies and procedures keeps our operations relevant and efficient.

Community and Outreach

Increased Visibility: With guidance from James and Paul Vincent at Hot Source, our website overhaul has improved visibility and SEO. Enhanced social media presence has led to an increase in helpline calls from those who discovered SDAC through these platforms.

We were thrilled to unveil the new SDAC website, a truly dynamic platform that reflects our mission and enhances our ability to serve the community. This redesign has been meticulously crafted to ensure it not only captures the essence of SDAC but also significantly improves the user experience.

Our new website allows:

Surrey Drug And Alcohol Care Limited

Report of the Trustees
for the Year Ended 31 March 2024

Ease of Access: Navigation has been streamlined, making it easier for users to find information, access services, and understand what SDAC stands for.

Comprehensive Information: From detailed descriptions of our programs to resources about substance use and mental health, our website serves as a comprehensive hub for both current and prospective clients.

Referral System: We have integrated a straightforward referral system, enabling health professionals and individuals seeking help to easily connect with our services.

Webchat Functionality: Understanding the need for immediate assistance, our new webchat feature provides users with real-time support from our resolute staff, enhancing our accessibility and responsiveness.

Online Donations: Supporting SDAC has never been easier. Our new online donation feature allows generous donors to contribute directly through the website, with all transactions secured and simplified.

We believe that this new website will improve our interaction with the community, making it easier for everyone to access our services and support our cause. We hope this will help us continue to improve and adapt our online presence to better meet the needs of those we serve.

Leadership and Staff Changes

Retirements and Transitions: We bid farewell to Jana Phillips from her role as Trustee and Volunteer Liaison at SDAC. Jana has been a cornerstone of our board, providing invaluable insight and guidance through countless board and leadership meetings.

During her tenure, Jana excelled in bridging the communication between our board and our dedicated team of volunteers, ensuring that the spirit of teamwork and collaboration was always nurtured. Her efforts have significantly contributed to the smooth operation and positive culture within SDAC.

As Jana moves on to new ventures, we extend our deepest thanks for her dedication and service, which have left a lasting imprint on our organisation. We wish her the absolute best in her future endeavours, confident that she will continue to inspire and lead wherever she goes. Thank you, Jana, for your commitment, leadership, and heartfelt dedication to our cause.

In May 2023, we implemented a significant change to our administrative structure by transitioning the role of Coordinator to a three-person job share. This strategic shift was designed to enhance the effectiveness of our helpline services, ensuring that we can provide continuous support to those in need.

This new arrangement allows for more flexible scheduling, ensuring that our helpline is always staffed, if not covered by a volunteer, even during periods of leave or unexpected absences. We believe that this change will lead to improved service delivery and more robust support systems, reinforcing our commitment to accessibility and responsiveness for our volunteers and those calling the helpline. This adaptation is part of our ongoing efforts to refine our operations and ensure that we can continue to meet the needs of our clients effectively and efficiently.

Marc Warren joined the Board of Trustees at SDAC as Treasurer in October 2023. Marc brings a wealth of expertise in financial management, which will be invaluable to our organisation as we strive to enhance our financial reporting and overall financial health.

Marc's background in finance and his proven record in financial strategy and management will play a crucial role in ensuring that SDAC continues to operate efficiently and transparently. His insights will help us improve our financial processes, enabling better resource allocation and supporting the growth and sustainability of our services.

Surrey Drug And Alcohol Care Limited

Report of the Trustees for the Year Ended 31 March 2024

We look forward to Marc's contributions and are confident that his involvement will benefit our financial operations, aiding us in our mission to support individuals making positive, life-changing decisions. We extend a warm welcome to Marc and are excited about the expertise and perspective he brings to our board.

David Kerr joined us in October 2023, focusing on enhancing our fundraising efforts. David brings a rich background in corporate experience, providing us with valuable insights and strategies for engaging with businesses and securing donations.

David's extensive network and understanding of corporate partnerships will be pivotal in expanding our outreach to potential donors. His expertise will help us forge new relationships and strengthen existing ones, ensuring that we can continue to fund and expand our critical services. We are excited to see the impact of his contributions and are confident that his strategic approach to fundraising will benefit our organisation.

As we continue to evolve and grow at SDAC, it is important to recognise the invaluable contributions of our long-standing board members. Giles Witcomb, Kay Rivers, Greg Poulter, and Mike Tasker have been pillars of strength and wisdom for our organisation. Their steadfast dedication and ongoing support play a crucial role in our ability to flourish and expand our impact.

Giles, Kay, Greg, and Mike bring a wealth of experience and governance expertise that significantly benefits SDAC. Their guidance ensures that we remain committed to our mission and uphold our values, navigating the complexities of our work with integrity and foresight. The strategic advice provided by these members is not only appreciated but has also been instrumental in many of our successes.

We are incredibly grateful for their continued service and are confident that their leadership will keep guiding SDAC towards a brighter, more impactful future. Their commitment to our cause underscores the collaborative spirit and dedication that define our organisation. Here's to more years of making a difference together. Thank you, Giles, Kay, Greg, and Mike, for everything you do.

Finally, as we reflect on the achievements and growth of SDAC, it is with profound respect and gratitude that we acknowledge the exceptional leadership of Wendy Coad. Wendy's tenure as a leader has been marked by her unwavering dedication and visionary guidance, which have been pivotal in securing the future of SDAC.

Through numerous challenges and uncertainties, Wendy has led with both a calm head and a compassionate heart, exemplifying the core values of SDAC. Her commitment to seeking the best outcomes for SDAC and its clients has not only steered us through challenging times but has also set a standard for leadership that resonates with everyone connected to our cause.

Wendy embodies the spirit of SDAC in every aspect of her work, advocating tirelessly for those we serve and ensuring that our organisation not only meets but exceeds the expectations placed upon us. Her approachable and inclusive leadership style has fostered a culture of trust, innovation, and excellence that permeates every level of our organisation.

We are truly indebted to Wendy for her profound impact and inspirational leadership. Thank you, Wendy, for everything you have done and continue to do for SDAC. Your legacy is one of strength, compassion, and unwavering commitment to making a difference in the lives of others.

As we look ahead, SDAC remains committed to supporting individuals in creating better lives for themselves. Through continuous improvement, strategic governance, and community engagement, we are poised to tackle future challenges with resilience and determination. We extend our heartfelt thanks to our board, staff, clients, and volunteers for their unwavering dedication and support throughout this transformative year. Together, we continue to inspire and facilitate positive, life-changing decisions across our community.

Fundraising for the Telephone Counselling Service

Trusts and Foundation grants and donations

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We are indebted to the many Trusts, Foundations, Schemes, and individuals for the support given to us over this past year. Without their generosity, we would not be able to help clients when they need us the most. We would like to thank all those who have donated to us for the first time; we are extremely grateful.

We would also like to thank those who continue to support our Fundraising Appeal - Ardwick Trust, Shanly Foundation, William Allen Young Charitable Trust, Miss G M Marriage's Charity, Evelyn Charitable Settlement, Rowan Bentall Charitable Trust, Leigh Trust, Surrey PCC Community Safety Fund, FB Coales No 4(Family) Trust, Bassil Shippam & Alsford Trust, Fitton Trust, Charles Lewis Foundation, Billmeir Charitable Trust, Hillcote Trust, Souter Charitable Trust, Farnham Institute Charity and Marsh Charitable Trust.

We would like to take this opportunity to acknowledge the Legacy left to us by Mrs Joyce Smith who consistently supported us during her life. Her generosity has and is supporting so many people.

We would also like to acknowledge and thank the following -

- Aspire Voluntary Grants scheme donated £500 towards our TCS programme for people living in Guildford.
- James Tudor Foundation who donated £5,000 towards TCS
- Borrows Charitable Trust who have supported us for several years and we are extremely grateful for their latest support of £30,000 over 3 years for TCS
- Walton Charity who donated £5,000 towards TCS for people living in Elmbridge
- Sidney Ivor Luck Counselling Trust first enabled us to set the Pilot for family/couples group counselling, this proved so popular and was in demand, that we reached out to the Trust and generously donated £17,000 to run further group sessions
- Martin Geddes Charitable Trust continues to generously support us, and we are extremely grateful for their latest support of £15,000 over 3 years to TCS
- Spelthorne Borough Council who donated £3,000 to TCS for people living in Spelthorne
- Pat Newman Memorial Trust continues to support us. Sadly Judith Johnson: co-founder and trustee of the Trust passed away and she was very keen that the trust continued to support us as part of her legacy. The continuity of these donations will ensure those who need the support will receive it and, in her memory, the excellent work done by Judith continues.

Review of principal activities and plans

Telephone Counselling Service

Our free Telephone Counselling Service has been running since 2011 originally aimed at those clients deemed to be hard to reach due to disabilities, nonattendance at walk-in services, people in rural areas without easy access to transport, those with children making it difficult to find childcare or have the time to attend sessions, shift workers who cannot attend regular sessions or high-profile users who required discretion for sessions. On referral, clients are contacted within 5 working days maximum and offered sessions at a time that would suit them.

Our counselling service offers a range of services for the client; we normally offer weekly one-to-one counselling sessions via telephone for clients struggling with substance use and any associated mental health issues. Clients are encouraged to work out their recovery pathway from addiction, which takes many forms, in a safe space. More intensive interventions are also available if the client feels this course of action is needed. These are confidential counselling sessions that are offered initially every week for 12 weeks, however, can be tailored to each client's needs and extended further.

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The telephone counselling service for drug and alcohol difficulties is also available to significant others who will be able to gain help and knowledge of addictions. Couples and families who wish to work through struggles that addictions in the family might have contributed to were developed during 2023 and follow-on groups enabled a continuous support network.

During the year we worked with 517 clients, many of whom have never received treatment previously. 87% of those referred required no further support following counselling sessions or went into our appropriate groups. 30% with dual diagnosis. 42% alcohol, 12% drugs and 16% drugs and alcohol.

336 clients self-referred to our counselling service. Overall, 2% reported long-term traumas or effects as a result of being in the police or armed forces. Family relationships were highly affected in 175 clients, whilst 29 % reported domestic violence issues and 51% sexual abuse. Actively in the criminal justice system 45 clients. 29% have disabilities.

Improvements seen by clients were 49% said physical health, 65 % emotional health, 58% self-esteem, 60% self-care, and 43 % had improvement in meaningful use of time among some of the data collected.

Feedback for our Telephone Counselling Service

"The sessions were much better than I had thought they would be. My reluctance to have counselling spanned many years, I think. The standard of counselling I received exceeded my expectations by a very long way."

"Where do I start? I'm not new to this lark. I have had psychotherapy, psychiatrists and group psychodynamic therapy, CBT over many years. The counselling I received from my counsellor has been the most successful."

"Although difficult to find a quiet place for sessions in a small flat, despite this the sessions were prompt, and anonymous and broke down barriers around shame. At times it felt a little distant however having said that, my counsellor was incredibly supportive and encouraging. I had a couple of lapses but managed to stay away from alcohol in the end. We discussed issues behind alcohol use, and we had a sort of road map for recovery. The TCS has been a lifesaver and I look forward with new enthusiasm to the future, I am ever so grateful. Incredibly grateful."

"Extremely welcoming. Helped me see my obstacles. Supportive and great guidance for everyday obstacles helped me verbalise how I was thinking and clarify my thoughts. I recognise when I do well and can see the different outcomes and I manage to get to work most days now. Not drinking. Thank you for staying with me this last year. I now have more time for myself sober, so I have gained time."

Referral Case Study:

Case study February 2024

Client X had been referred to Surrey Drug and Alcohol Care Ltd on 23 Aug 2023, a binge drinker approx. 30 units per week. Reported anxiety, and low self-esteem and had experimented with alcohol when 19 and had stopped drinking when their first child came along. High functioning and successful at work, but home life was problematic and psychological control had escalated from a partner. The goal was to control or abstain and consequently improve relationships with their children and improve psychological health.

Intervention

The first session highlighted the client's isolation due to losing friends through separation and stigma as a parent drinking and low self-esteem due to other people's judgements. The client felt intimidated by the ex and what would happen in the court case despite remaining abstinent.

We look at putting in place some boundaries in relationships and also how to de-escalate emotive texts and emails by not responding immediately and only responding to messages that need a response, particularly regarding the children. This reduced the back-and-forth escalation of messages and emotions.

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The client completed 12 sessions x 1 hour and due to the court case and finding the counselling so beneficial requested a further 12 sessions x 1 hour.

Signposted the client to Pat Cravens's book "Living with the Dominator" as there were lots of times the client would self-blame. Further information on accommodation (Shelter). Client X was always proactive and would contact and look at information that was signposted and we explored strengths and qualities to enhance self-esteem and also explored CORE Beliefs and where these messages had come from. Client X had been brought up in a family where the father had used coercive control, so had learned to normalise his partner's behaviour. Explored the benefits of keeping a journal to be able to express thoughts and feelings rather than holding these insides.

Further onward signposting to AA meetings signposted to FLOWS, Shelter, and Domestic Violence Services in Surrey.

What Outcomes were met?

We have reached conclusive measurable outcomes. Client X is now 8 months sober and still going to AA meetings, reporting improvement in self-esteem, and able to feel there is now some hope that financially things will improve after a successful financial hearing. The client is still awaiting the children's court hearing regarding access but is feeling hopeful and optimistic about the future.

TCS Brief Case Overview:

Client X was a Heroin user, living with a drug dealer and physically and psychologically the client was broken, she was permanently in and out of hospital with broken bones, and the client was kicked out of her home at 16 yrs. and felt she was the silent child in the home as her two brothers would get all the attention because they were more able intellectually, she believes she may have undiagnosed ADHD / dyslexia. Whilst engaged with the client who is currently working towards 24 sessions, she has made much progress in her self-care, she had engaged with D&A services and recently suffered a Complex loss. The client tried to change her heroin addiction by using alcohol but was unaware of how dangerous alcohol use was to her physical and psychological health. The client struggles as she has been diagnosed with Cognitive impairment alcohol-induced neuropathy in her legs and feet, and cirrhosis. The client has engaged and worked on signposting for GP, I Access, Recovery College, Mary Francis Trust, sorting PIP and we explored CORE Beliefs, working on self-care and relationships.

This is the client's feedback:

"I wish to send my sincere thank you to Alison for the outstanding help and support she has given me over the last few months. She has helped me as a person beyond recognition, learn to be kinder to myself and also stand up for myself.

Most importantly on such an overwhelming journey, this is 'Finding me' again. She has given me the tools, the contacts, the support, encouragement and self-belief to carry on my own and continue to find myself. She never once judged me, made me feel ashamed and showed me nothing but genuine care and compassion when I needed it. When I find myself struggling, I will always remind myself what she taught me and think to myself, what would Alison say??"

I could not have been better matched with a better more helpful therapist and I hope the next person to receive support realises how lucky they are. SDAC changes countless lives. Thank you from the bottom of my heart."

SDAC TCS Feedback from Couples Counselling

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"My wife and I sought help from SDAC after our adult son lost his job and returned home to live with us in Surrey. After failing to find employment our son started to get involved with dealing serious drugs and was also consuming alcohol at all times of day. We were signposted to SDAC from Talk to Frank. It was very hard to make that first phone call but the initial response from SDAC was highly sympathetic, positive and fully confidential. I was so relieved following that first phone call to SDAC. Very soon after the first contact we were called back and after a short discussion over the phone telephone counselling was offered. Our designated phone counsellor contacted us - my wife came on board at this stage, and we started a programme of weekly calls of approximately one hour. Our SDAC counsellor has been utterly reliable and incredibly helpful - not only as a great listener and reflector but also, crucially, as a knowledgeable advisor able to provide truly actionable and practical guidance as well as signposting to other sources of support. Through her guidance and advice, we have managed to divert our son from the dangerous and self-destructive path he was on with drugs. Within a few months he stopped all attempts at dealing drugs, no longer uses them and has reduced alcohol consumption to a small amount of social drinking. A lot of this change is a direct result of the mental strength, confidence and knowledge that our SDAC counsellor gave us. Whilst SDAC is not able to help us resolve all the issues around getting our son back into employment and independent living our counsellor took a holistic view from the outset. Our SDAC counsellor provided us with the realisation that we are at this time acting as carers for our adult son. She also gave us the knowledge and confidence we needed to approach other organisations effectively for support with ongoing employment and mental health issues."

Significant Other (SO) Group Process

Anyone close to a person struggling with addiction will be aware of the impact the problem has on their lives and health as well as the addicted person.

The "Significant Other" group has regular attendees and explores each week how the SO members are dealing with their SOs as they all live at home apart from one couple, whose son has left the group and a young carer/daughter whose father has Korsakoff. SO, group attendees are retired or nearly retired, but are still carers of their adult sons, or are married/living with a partner who is drinking. The group members struggle to find time for their self-care have high levels of anxiety and/or depression and helpless, dealing with things in isolation or feeling burnout by being passed from one service to another and feeling unsupported in their journey. Certainly, the retired couples in our group, feel caring for their adult child has had a significant effect on their mental health, their relationship and feelings of isolation, stigma and long-term stress, as they constantly feel they live life, treading on eggshells. Any support that was available when their children were younger has now disappeared and both of their adult children's needs are complex as they have HFA, one also has ODD and PTSD and was adopted. The families felt that they were unable to have a break, due to fear of who and what might be going on in the home as well as fearing their adult child's safety as both have self-harmed and have intense emotions and suicidal ideation.

The families have benefited from attending the group in a variety of ways:

- Boundaries setting
- Signposting to appropriate support services, GP, Social Prescribers, CMHT, Autism Society, Family Lives, Action for Carers and Carers UK.
- Support from others in the group around benefits that could help support the individuals to become more independent Universal Credit, PIP Access to Work, and Mary Francis trust.
- Another member to become more independent as before the group he felt unable to leave his wife at home, as he was afraid, she would start to drink. The SO Group enabled him to talk about how this was impacting his mental health, staying indoors and not engaging in hobbies he enjoyed. One group member reflected on the three 'C's I can't cure it, I can't control it and I didn't cause it,
- We also have had a new member join whose father has Korsakoff and struggling to get support between Dementia services and Drug and Alcohol services.
- One member of our group has sadly lost her partner (who was an ex-heroin user) his death was unrelated to substances. This member has found being around people she knows and trusts immensely supportive and helpful at such a difficult time.

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Significant Other (SO) feedback

"Soon after starting the personal counselling with SDAC my wife and I were invited to join the SO Zoom group they organise for people supporting others with alcohol/drug struggles. Any concerns we had about participating in such a group evaporated rapidly. Our counsellor and other counsellors were present but only to facilitate the sharing of experiences by the attendees. Some of the people in the group face very similar problems to ours and others have very different situations and challenges. What we found most helpful is the sharing, listening and interaction with others facing intense and also prolonged difficult situations with loved ones caught up in drugs and alcohol. The atmosphere was kind, supportive, non-judgemental and caring at all times. Truly - attending SO Groups has shown my wife and me that a problem shared with others who face similar problems can help - just simply vocalising our current situation within a supportive and attentive group was healing and encouraging. The SO sessions were expertly run by the counsellors and also other specialist expert advice was offered which gave practical tips on seeking support from social services."

Significant Other group's feedback from clients:

"I would like to thank you with all my heart for the incredible support you have given me over the past 6 months. Words cannot describe how much you have helped me to deal with my problems not only with alcohol but abusive relationships, court battles, etc. I always look forward to our sessions as I know I will get support and understanding from you. I feel that I am much stronger today, much better equipped and have more confidence to handle life on life's terms.

I will forever be grateful to you for everything you have said and done for me. I am very proud of my 8-plus months in sobriety and I would not have done this without you."

"Partner of TCS client. Using this service has helped me to trust myself, without the anxiety I felt around my partner's drinking. The difference in our relationship since we both had individual sessions is like night and day. Nothing was overlooked in my sessions. This has been an eye-opener for me During sessions other traumatic areas of my life were discussed which was quite healing. I had not been offered help with those traumas previously. This is a vital service and I do wish the best I hope it continues to help people with addiction issues and their loved ones."

"The group/counselling has been a constant and ongoing support for me throughout my journey over many years. Although I had the worst outcome for my situation, the support of the other members is invaluable to me in moving through the grieving process. I have also found, especially with my new job, being able to help them with my lived experience and knowledge of citizen's advice available help, very rewarding, it's so nice to be able to help and give back, this is part of my healing process. We all learn from each other through these frightening times, often with no prior knowledge of what to expect from our loved one, how to cope or where boundaries should be. All journeys are individual therefore a diverse group with different levels of experiences, problems and strategies is so valuable to all members. The work you and Kay do is priceless and acutely needed, there is no alternative, and this is an escalating problem within families. Affected others are a neglected group nationally as there is almost no support which makes our group even more vital. I can't thank you and Kay enough for all you do."

Drug Related Death and Non-Fatal Overdose Counselling.

The group have been able to reflect and process their loss within a safe space and gain new insights and understanding as well as reflect on what they need and that the process of grieving is not linear.

90% of DRD/NFO referrals were taken up consisting of 48% males and 52% females.

Clients were from many backgrounds and included parents, siblings, and other family children, all of whose relationships had been affected. 85% of those attending sessions completed with 57% of these fully achieving goals and 43% significantly achieving goals

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The SDAC DRD group has been set up to support clients who have been bereaved through drugs and alcohol. The group meets bi-weekly (Monday 6.30 pm - 8.00 pm) via Zoom, with 30-minute access to counsellors after the meeting if they wish to discuss anything that has been left over in the group or have felt emotionally challenged or need to discuss their own wellbeing needs after the DRD meeting ends.

Feedback

"I have met a nice bunch of people who share the same pain I do and helped me to understand my loss from other perspectives. It is good to hear the suggestions from the facilitators at the meeting too. I love this group: I feel I can share and get listened to. It's good to talk and also good to listen to others. Alison and Kay are very good at getting conversations going. I have missed a few of the groups, but it's nice to know the group is still there. Talking about coping with life after losing a loved one is so important. Having the support group helps me. I'm so glad and thankful for it. Big thanks for providing a group to support us all"

"I am noticing positive changes in my life, full of positive changes. Seems like a whole new part of my brain has been unlocked. I feel talking therapy is needed with my medication and enabling me to change. I feel the psychoeducation on how trauma affects the brain and body has enabled me to learn more about my triggers and the session on 'Window of Tolerance' has helped me learn how to handle my triggers."

Boot Camp Counselling and Follow-up Recovery Groups

Bootcamp group remains a strong source of support for its members, offering a therapeutic community underpinned by the 12 steps. Its membership is mixed and ranges from the most recent member through to seasoned members with over 3 years of sobriety. There are a few members that are around the 2-3year mark, and a few more heading to their first year in sobriety. The group has a focused agenda, usually agreed during the week in the group's own WhatsApp page. The groups have full control of the group and can change topics at will.

It is a true space for growth through open dialogue and honest sharing. At its core, it remains simple. A group all working on their program of recovery and sharing the journey of kindness.

100% of those offered Boot Camp took up the opportunity as each client was involved in the assessment for suitability. Of these clients, 62% alcohol, 16% drugs and 22% alcohol and drug use. Males 53% and females 47%

Age range between 23 and 61 years of age many with a high percentage of relationship difficulties.

29% reported domestic violence, and 25% raised sexual abuse to be discussed.

38% used more than £100 per week on alcohol, and 70% took up the opportunity to have weekend calls on top of weekday sessions.

83% completed all sessions with the greatest improvement in physical, emotional, financial and relationships, and were able to have meaningful use of time.

Feedback from clients:

"just wanted to let you know, that AA going pretty well, a few blips along the way but sober completely now for a long time. I thank you for your support, and positivity and for giving me the courage and confidence to come out from behind this, dreadful experience, be strong in my mind, and not let my life and everything that is within that be manipulated by someone else. That's been a very important part of getting and staying sober and again I thank you."

Boot Camp and Boot Camp Recovery Groups

Case study:

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The client was referred by another counsellor, in desperate need to stop drinking. At the time of referral drinking a bottle of wine, spirits, and beer. We managed to catch her before she descended into a usual blackout and with her consent to liaise with her family to discuss possible means of reduction at her request. The family supervised a simple home reduction over a few days keeping a careful eye on her. Once sober enough to participate in sessions we started the boot camp process immediately, the client took rapidly through 11 of the 12 steps over two weeks, completing two sessions.

Every day and quick check-in texts upon awakening and retiring, once feeling a little steadier began to attend AA meetings in her local area. Completed all aspects of the first eleven steps and is currently seeking a new person to help as part of the 12th step. Once the initial bootcamp had been completed she was invited to join the Bootcamp recovery group. (BCRG) has integrated well and is now considered a key member. At the time of this report, she is 58 days sober and in service at her local 12-step fellowship meetings.

"I am noticing positive changes in my life, full of positive changes. Seems like a whole new part of my brain has been unlocked. I feel talking therapy is needed with my medication and will enable me to change. I feel the psychoeducation on how trauma affects the brain and body has enabled me to learn more about my triggers and the session on 'Window of Tolerance' has helped me learn how to handle my triggers."

Self-reflection on SDAC - Telephone Counsellor and group facilitator:

"I have worked for over 10 years for SDAC, and I have seen lots of good changes in this time, as we now run support groups for clients, as well as the Bootcamp group. I feel these groups offer onward support for clients and a chance to reduce isolation and stigma, as they will be able to share with other people in similar situations. The Bootcamp has enabled a wraparound service for clients needing to take the next step in remaining abstinent.

In the past, I have worked for various Charities (Rape Crisis, CGL D&A Service, AXA, Carers Support West Sussex, Dementia Support and Horsham District Council, which gave me insight into different processes and procedures around client assessments. Since joining SDAC I have always treasured how well supported and valued I feel, as a member of the Charity. I feel encouraged to share ideas and views without fear of someone squashing them. The commitment that Wendy has given to the Charity is amazing and she is inspirational. SDAC, has I believe been successful due to her guiding hands at the top, she always makes time to ensure you can talk things through and is very pragmatic.

Working for SDAC fills me with immense pride and I am so grateful to the wonderful clients that I have the privilege to work with as it has been without doubt the best job role I have ever had. I enjoy hearing from or seeing some of my old clients' names, and working within areas of SDAC, this shows that clients are truly giving back! I think one of the greatest things about SDAC is whilst there are policies and procedures, we can be empowered to do the job we have trained for. I have often felt in other organisations that it becomes scripted, and protocol dictated over and above the client's needs. I also believe that lots of Charities/workplaces have moved towards gathering evidence and sometimes this paperwork detracts from the client's needs. I love the fact that we are not trying to give clients endless questions and forms to complete before engaging with us. The service is the fastest I know for getting counselling support and I am so proud to work somewhere where staff and clients are truly valued and given a lot of thought and care in their journey forward.

I think the client feedback tells the story of how important SDAC support has been for them and it's wonderful to receive such lovely kind words and see clients who have changed so much over a 3-month journey with counselling.

To end I received a text message only 2 weeks ago from an old client who had been with me and then gone into Bootcamp, she was on the verge of ending her life and lost all her family due to drinking, this is her message:

"Hey lovely Alison

Just thought I would check in.

I've only gone and managed a WHOLE YEAR SOBER!!

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How did that happen? Saw all 5 of my kids /partners and grandson and I'm the proud owner of a Sponsee (You know what I mean) and still have a sense of humour apparently! Hope life is treating you well.

It's great that clients still remember us a year later and the impact it has had, and it is truly amazing and special to hear the changes they have made." "

TCS projects

As the world continues with discourse, wars, and financial concerns, we have maintained our telephone counselling service with enthusiasm and mindful of what our clients need. Views and beliefs of the wider cultural community are changing and embraced. Cost of living has meant our free service is in demand with its exceptionally fast streamlined referral system which sees a referral turned into an assessment or first session of therapy within around 3 days.

Breaking down barriers to receiving support has been uppermost since our service's inception. Transport, social stigma which has kept them silent, and work life can make it feel daunting to receive support. Our counsellors and administrators have lived experience of struggling at some time, for some reason in their lives, therefore are accommodating, flexible and innovative in encouraging clients to engage and recover. Feedback 'The fact that the counsellor had experience on both sides of the fence was great and it put me at ease that there was a level of understanding and empathy.'

Increasingly we see clients who have trauma, abuse, and neurodiversity underlying substance use. Referrals from hospital inpatient services, probation, CGL, police and paramedics, along with self-referrals through our Helpline, SMS service, web chat or our website online referral portal, means access is within everyone's ability to make contact quickly. We support people to make a positive change a reality without there being a power imbalance between the client and the organisation.

We have designed, implemented, and maintained access for clients to join our groups. We run groups for significant others, couples, families, drug-related deaths and non-fatal overdoses and our intensive service Boot Camp.

Near-fatal overdose (NFO) group sessions are a form of harm reduction sessions and provide support to avoid or reduce the risk of near-miss as much as fatal overdose. The primary aim of NFO Groups is to save lives and change lives. The group members foster healthy attachments as well as teach individuals new social skills and knowledge on the subject.

A Drug Related Death (DRD) group has been set up to support clients who have been bereaved through drugs and alcohol. The DRD group ensures members are supported and if necessary, may take members back into one-to-one counselling if required or signpost to appropriate external support, as they are processing complex grief and the loss of their loved ones, may have resulted in circumstances that were traumatic for the member quite often their mental health and resilience may be low.

The Boot Camp (BC) group recovery process is a therapeutic-based programme that is strongly underpinned by the 12-step model of recovery as prescribed by Alcoholics Anonymous. The reason the 12-step model has been adopted is that: Speed of delivery and intensity are vital for the client because if the client has to wait for the service and support in the early stages of their thoughts of recovery the clients resolve to get and stay clean and sober can and will evaporate through their cravings to use their substance of choice. The clients then become resigned to the fact they cannot recover and are lost to addiction once more.

Couples Group is an online virtual group consisting of family members affected by the use of their loved one's use of addictive substances and activities. Topics around trusting a partner around alcohol, and or drugs, anger around past behaviours and how to forgive, abstinence versus moderation, and relationships reaching break point before problem drinker/drug user changes (or not).

Significant Other Group. This section of society might be forgotten in the process of supporting the person using alcohol or substances. Isolation, shame and feeling of being de-skilled and unable to cope, no one to turn to might be present. Could also include concerned and close relationship grandparents.

The future for counselling. Going forward we are looking to increase our family groups and set up groups for those who have experienced abuse, whether this is financial, physical, emotional or sexual.

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Surrey Drug and Alcohol Helpline

We offer a telephone helpline service, Monday to Friday, 9 am to 7 pm on free phone 0808 802 5000. Our volunteers receive calls and enquiries from people with an array of difficulties needing support and help.

For people with hearing loss or those who feel uncomfortable discussing their struggles, we have an SMS text service (07537 432411) or web chat at www.surreydrugandalcoholcare.org.uk. As with the helpline, the SMS and webchat services are available from 9 am to 7 pm Monday to Friday.

Outside of our opening times, there is an answerphone, so callers can leave a message, alternatively, people can send an email to coordinator@sdac-helpline.co.uk. Emails are becoming a more popular platform of communication.

The helpline is staffed by a team of volunteers, some with many years of experience. The team receives basic training before they start working on the helpline, but the real learning is speaking with our service about drugs, alcohol, mental wellbeing and the impact it has on their lives. Our volunteers assist callers with finding the right support or accessing treatment with other services.

Our incredible team of volunteers have adapted to our new opening hours, which include training on new software. Our voicemail facility has been widely used by callers when we have been closed. We are very proud of the existing team of volunteers who give their time to help people and professionals in Surrey.

Once again, we have been the helpline number for the NHS First Steps programme. Our volunteers guide most mental health callers through the process of choosing an NHS talking therapy provider.

We helped over 250 people concerned about their mental health.

There is no doubt about the immense value of being heard. Our volunteers have the time to listen to callers, to understand their concerns, to offer advice, to signpost to services that help further or to refer people directly into treatment for drug or alcohol concerns.

"SDAC support has been life-changing for me. thank you for all you do." Anonymous service user

Our volunteers often receive the first call people make when acknowledging their struggles with substance misuse. Being able to refer callers directly to treatment for substance misuse, particularly to SDAC Telephone Counselling Service, is a real advantage for callers. Our volunteers also feel confident in the knowledge that callers will be helped.

We helped over 300 people concerned about their drug or alcohol concerns.

We always welcome ideas from our volunteers as our approach to management and development is one of inclusion. Our administration team is there to support our volunteers every minute of their time on the helpline and if needed, outside of their voluntary work.

We support our volunteers every step of the way and they support each other as a team.

We are committed to safeguarding those who use our service and those volunteering. We actively promote equality of opportunity for all, and our volunteers come from diverse backgrounds, cultures and work experience, which is a good reflection of the callers to the helpline.

Feedback from our callers is important and we listen. We use this to not only improve our helpline service and inform our volunteer training, but it is also rewarding for our volunteers to know they have helped. Anonymous feedback is given using the Survey Monkey platform on our website.

67% of callers were "very satisfied" with the help they received.

Surrey Drug And Alcohol Care Limited

Report of the Trustees
for the Year Ended 31 March 2024

There was a major change in how the helpline was administered this year; the role of coordinator was disseminated, and an administration team of three people was created. This gives continual support to the volunteers whilst they are on shift, should they need it. The administrators have each written about their experience:

"I joined SDAC as an Administrator in May'23 and must say that the last year has been an enriching and fulfilling one as it provided a unique opportunity to make positive and practical differences in the lives of people struggling with alcohol consumption and substance abuse. The role has developed multiple skill sets from analysing the call handling statistics to preparing reports for the board and Surrey Public Health Commission to be on the helpline and get the firsthand experience of hearing what people have to say and supporting them by providing the right choices at the right time.

Having been part of an Administrator Team in which responsibilities are shared amongst three team members with diverse backgrounds has certainly developed excellent camaraderie and ample amount of knowledge sharing which certainly reflects in the administrative duties that we are part of and most importantly it has benefited our team of excellent volunteers. Job share can be ambiguous sometimes but as a team, we have shown flexibility to support each other and devised different ways of staying in touch so that we are on top of our work and contribute to the growth of this amazing organisation by touching the lives of many more people on the way."

"I have greatly enjoyed being an Administrator for Surrey Drug & Alcohol Care (SDAC) for over a year. The role has expanded to increase awareness of our services, facilitated by the diverse skillsets of each member in this three-person job share. I have greatly enjoyed focusing on enriching our outreach efforts, such as creating video content for our social media platforms and distributing our external newsletter.

Together, we have set out to support our fantastic volunteer team, for whom we have begun conducting bi-monthly wellbeing checks. Our dedicated volunteers have been overwhelmingly positive in describing their experience with SDAC, particularly the sense of meaning and purpose that comes from serving their community. I share their sentiment, which I derive from being part of this Admin Team and, thus, a more involved member within SDAC.

By communicating openly and collaborating efficiently, we have created a team environment which promotes continuity and where everyone's contributions are valued and respected. This has made us highly effective in helping SDAC reach more people in need across Surrey and beyond."

"Over the past 11 years, I have worked in differing sectors of SDAC, each bringing its challenges and rewards, but always with an overarching sense of serving the community of Surrey.

During the past year, the role of Coordinator changed to Administrator and this new role became a three-person job share, meaning our wonderful volunteers were supported by a dedicated administrator from 9 am to 7 pm. It is good to share the responsibility and work collaboratively to improve the administration of SDAC.

When the helpline is not covered by a volunteer, we have staffed the phone, webchat, and SMS service. Each platform requires a different communication approach that will benefit and help the service user. This has heightened further my respect for our helpline volunteers and the tremendous work they do.

Assisting people with improving their lives and making changes, remains at the heart of SDAC and is the driving force for new initiatives."

Along with changing the administration of the helpline, we changed the opening hours from 24 hours a day, seven days a week, to Monday to Friday, 9 am to 7 pm. We received very few calls outside of our new opening hours and our new voicemail facility means that we do not need to miss a call. Our busiest time for calls tends to be 9 to 10 am and 3 to 4 pm. If we help one person a day, then we have achieved our goal.

We are ready to listen, to support, to signpost and to refer to treatment.

Surrey Drug And Alcohol Care Limited

Report of the Trustees
for the Year Ended 31 March 2024

Outcome monitoring

The feedback from our former clients shows that we provide an excellent service and many of our clients have moved forward with us into a new, and at times, wonderful state of being, however, we are always striving to improve, therefore all feedback is gratefully received.

Risk Management.

In the event of a power failure, SDAC documents are all backed up weekly on an external hard drive. The SDAC administrators have backup facilities that can be used in the event of a power failure lasting more than a few hours if required, as does TCS.

95% of our work is paperless.

Loss of Statutory Funding:

Contingency planning, including a 3-month expenditure reserve, for such an event and regular engagement with commissioners to ensure enough notice of any event can be managed.

Staffing:

We regularly train and retain volunteers. Keeping up to date with current thinking and legislation. We have expanded our administrative team to three people to allow for holidays and coverage of the helpline.

Trustees:

Regular training, particularly for governance.

Surrey Drug And Alcohol Care Limited

Report of the Trustees
for the Year Ended 31 March 2024

ACHIEVEMENT AND PERFORMANCE
REVIEW OF FINANCIAL POSITION

Over the year, the Charity reported a loss of £291 and ended the year with a reserve of £84,851.

Trustees regularly monitor the financial performance of the charity, to ensure adequate reserves are always maintained.

Our Financial Policy and combined reserves policy are approved by the Trustees and strictly enforced. The Board of Trustees agrees with quarterly profit and loss and budget forecasts. At each Board meeting, normally monthly, the Treasurer presents the financial position of the charity and highlights any concerns. During the year there have been no apparent breaches of SDAC financial policies

Each SDAC project is carefully monitored against income and expenditure. Balancing funding and costs.

FUNDING

Due to funding of £89,803 from Surrey County Council, SDAC can provide a Helpline that is free of charge to callers, along with the associated costs of running and promoting the service.

We received £46,843 From Surrey County Council for DRD/NFO clients and groups.

We are indebted to all the Trusts, Foundations, Community Funding, Police, Lottery, other large and smaller charities, and those clients who donate towards their counselling sessions. We appreciate the work that has gone into assisting us with improving public awareness of our service through all those mentioned above, as well as our key supporters, persons of high public stature, and by word of mouth through personal recommendation.

All restricted and unrestricted funding received has been allocated and used as per the terms and conditions of the donor. This is carefully monitored and recorded by the TCS Manager.

Our successful funding application with the Woking Community Grant has enabled us to continue our invaluable work throughout the year. Without the support of funders and Trusts such as Woking, we would not have reached as many people as intended, and who benefited from the support received.

TCS received £123,641 from generous Trusts and Grants, including £5,084 from clients who donated towards their counselling sessions.

RESERVES POLICY

The objects of the charity specify that the income and property of the company shall be applied solely towards the objects of the charity.

The Charity aims to have sufficient reserves to cover operating costs for three months.

Trustees review the Finance and Reserves combined policy at regular intervals.

PUBLIC BENEFIT

The company demonstrates public benefit in the following ways:

1. Provision of a freephone telephone Helpline for anyone concerned about drug or alcohol use and mild to moderate mental health.

Data for 2023-2024 for the Helpline

.689 calls for help

. Thirty-six percent of mental health concerns

Surrey Drug And Alcohol Care Limited

Report of the Trustees
for the Year Ended 31 March 2024

- . Forty-four percent of substance use
- . Eight percent were for both mental health and substance use.
- . Forty-four percent of mental health callers were signposted to local IAPT talking therapies.
- . Alcohol, cannabis, and cocaine were the top three substances callers were using or concerned about other's use.
- . Sixty percent of substance use callers were signposted to or referred to treatment with TCS or other local treatment agencies.
- . 219 substance use referred to treatment of which 87% engaged with therapy.

The Helpline also supports TCS clients in between their counselling sessions and advises professionals on services available in Surrey for substance use.

2. Provision of a Telephone Counselling Service offering twelve weekly therapeutic sessions for those affected by substance use or significant others, without charge to the client.

Data for the year, Telephone Counselling Service

- . 518 referrals into TCS of which 439 clients engaged.
- . 70 DRD/NFO clients with 840 sessions completed.
- . 32 Boot Camp clients with 548 Boot Camp client sessions completed.
- . 11628 sessions completed overall.

Every client is offered the opportunity to send confidential feedback evaluating their experience of TCS. This feedback is used to develop and maintain the exemplary service provided.

INTERESTS

Current Trustees and those who served during the year are shown on page 2. The company has no share capital, being a company limited by guarantee.

RISK MANAGEMENT

The Trustees have considered and identified the major risks that could affect the charity. The Trustees consider the existing system of internal controls and procedures to be adequate in mitigating the charity's exposure to those risks.

We are pleased to report that no serious incidents (serious or otherwise) took place in 2023/24.

TRUSTEES' RESPONSIBILITIES

The Trustees are responsible for preparing the Annual Report and the financial statements by applicable law and the United Kingdom Generally Accepted Accounting Practice. Company law requires the trustees to prepare financial statements for each fiscal year, which give a true and fair view of the state of affairs and of the income and expenditure of the Charitable Company for that period. In preparing those financial statements, the Trustees are required to:

"Select suitable accounting policies and then apply them consistently; " make judgements and estimates that are reasonable and prudent;"

"State whether applicable accounting standards and statements of recommended practice have been followed and give details of any departures;" and

"Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Charitable Company will continue to operate."

Surrey Drug And Alcohol Care Limited

Report of the Trustees
for the Year Ended 31 March 2024

The Trustees are responsible for keeping proper accounting records that disclose, with reasonable accuracy, at any time the financial position of the Charitable Company and to enable them to ensure that the financial statements comply with the Companies Act 2006, the Memorandum and Articles of Association and the Statement of Recommended Practice Accounting and Reporting by Charities (SORA 2005). They are also responsible for safeguarding the assets of the Charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

As far as the Trustees are aware:

There is no relevant audit information of which the charitable company's independent examiner is unaware; and

The Trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the independent examiner is aware of that information.

Leadership Team

As a small charity, the Trustees have all played a part in the management of the charitable obligations and activities:

Emma Bassett: Coordinator for the Helpline volunteers and charity administrator
Joshua Chan: Coordinator for the Helpline volunteers and charity administrator
Sagar Saxena: Coordinator for the Helpline volunteers and charity administrator
Wendy Coad: TCS Services Manager, Fundraising Lead and Helpline training lead
Di Claridge: Fundraiser
Greg Poulter: Appropriate Adult and Expert Witness in Drug Trials
Giles Witcomb & Paul Lane: TCS Boot Camp and Boot Camp Recovery Groups
Inma Ferre Torro and Paul Carrington-Gretton - couples and family groups
Alison Weeks and Kay Rivers - DRD groups
Inma Ferre Torro and Joyce Mathiat - Near-Fatal Overdose Group (NFO)
Boot Camp Groups - Giles Witcomb and Paul Lane

In addition, we are grateful for the conscientious and knowledgeable work done by Lee Tempest, owner of Storm Creative Design who has supported us with our website before its update.

James and Paul Vincent, Hot Source, have been instrumental in developing our social media presence on Instagram, Twitter, LinkedIn, and Facebook and developing our website with adverts, blogs, and feedback posts from clients and for the redevelopment of our website.

We are grateful for the assistance of Snezana Leslie with administration. Her academic skills, and dedication to keeping the databases and spreadsheets continually in order, enable a smooth and efficient analysis of client's TCS engagement in our service.

As the role of Coordinator has evolved into an administrative team, we would like to extend our heartfelt thanks to Emma Bassett, Joshua Chan, and Sagar Saxena. Their efforts in not only evolving and creating the team but also tirelessly supporting our team of helpline volunteers have been invaluable. We are deeply grateful for their dedication and hard work.

We are immensely grateful for Di Claridge's tireless efforts in fundraising for our organisation. Her dedication has been crucial in securing the necessary resources for us to continue our support for our clients through TCS. Di's commitment and hard work have truly made a difference in our ability to ensure we can help as many clients as possible through TCS, Boot Camp and our groups.

Surrey Drug And Alcohol Care Limited

Report of the Trustees
for the Year Ended 31 March 2024

We would like to show our appreciation to the Helpline Volunteers who, despite reduced numbers and their struggles, have continued to help callers. They have remained committed and for this, we are extremely grateful, as without volunteers we would not have a helpline. Some of our volunteers have been instrumental in helping with and attending our outreach events.

We would also like to honour our team of BACP Registered Counsellors who are competently bringing empathy, a wealth of knowledge, and commitment to their role. Their passion is evident from the positive client feedback. 2023/24

SMALL COMPANY PROVISIONS

For the period ending 31 March 2024, the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit of its accounts for the year in question under section 476.

The Directors acknowledge their responsibilities for complying with the requirements of the Act concerning accounting records and the preparation of accounts.

These accounts have been prepared by the provisions applicable to companies subject to the small companies' regime.

Trustees' Responsibility Statement

The Trustees (who are also the directors of SURREY DRUG AND ALCOHOL CARE LIMITED for company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to.

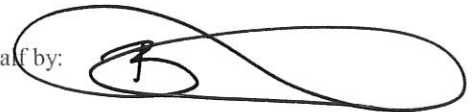
- .select suitable accounting policies and then apply them consistently.
- .observe the methods and principles in the Charity SORP.
- .make judgements and estimates that are reasonable and prudent.
- .prepare the financial statements on a going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The Trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence taking reasonable steps for the prevention and detection of fraud and other irregularities.

STRUCTURE, GOVERNANCE AND MANAGEMENT

REFERENCE AND ADMINISTRATIVE DETAILS

Approved by order of the board of trustees on 27 June 2024 and signed on its behalf by:



Mrs R Mckeown - Trustee

Independent Examiner's Report to the Trustees of
Surrey Drug And Alcohol Care Limited

Independent examiner's report to the trustees of Surrey Drug And Alcohol Care Limited ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2024.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Mrs Anna Coote

Gilroy & Brookes Accountants Limited
Suite 15
The Enterprise Centre
Coxbridge Business Park
Farnham
Surrey
GU10 5EH

27 June 2024

Surrey Drug And Alcohol Care Limited

Statement of Financial Activities
for the Year Ended 31 March 2024

	Notes	Unrestricted funds £	Restricted fund £	2024 Total funds £	2023 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	116,789	109,884	226,673	202,974
Other trading activities	3	5,400	-	5,400	5,400
Investment income	4	<u>1,510</u>	<u>-</u>	<u>1,510</u>	<u>417</u>
Total		<u>123,699</u>	<u>109,884</u>	<u>233,583</u>	<u>208,791</u>
EXPENDITURE ON					
Raising funds	5	124	60	184	6,482
Charitable activities					
Expenditure on charitable activities	6	133,833	89,322	223,155	187,536
Other		<u>6,272</u>	<u>4,263</u>	<u>10,535</u>	<u>12,395</u>
Total		<u>140,229</u>	<u>93,645</u>	<u>233,874</u>	<u>206,413</u>
NET INCOME/(EXPENDITURE)		(16,530)	16,239	(291)	2,378
RECONCILIATION OF FUNDS					
Total funds brought forward		84,548	594	85,142	82,764
TOTAL FUNDS CARRIED FORWARD		<u>68,018</u>	<u>16,833</u>	<u>84,851</u>	<u>85,142</u>

The notes form part of these financial statements

Surrey Drug And Alcohol Care Limited

Balance Sheet
31 March 2024

	Notes	Unrestricted funds £	Restricted fund £	2024 Total funds £	2023 Total funds £
FIXED ASSETS					
Tangible assets	12	-	462	462	292
CURRENT ASSETS					
Debtors	13	-	16,881	16,881	959
Cash at bank		<u>68,258</u>	<u>-</u>	<u>68,258</u>	<u>85,756</u>
		68,258	16,881	85,139	86,715
CREDITORS					
Amounts falling due within one year	14	(240)	(510)	(750)	(1,865)
		<u> </u>	<u> </u>	<u> </u>	<u> </u>
NET CURRENT ASSETS		<u>68,018</u>	<u>16,371</u>	<u>84,389</u>	<u>84,850</u>
TOTAL ASSETS LESS CURRENT LIABILITIES					
		<u>68,018</u>	<u>16,833</u>	<u>84,851</u>	<u>85,142</u>
NET ASSETS		<u>68,018</u>	<u>16,833</u>	<u>84,851</u>	<u>85,142</u>
FUNDS					
	15				
Unrestricted funds				68,018	84,548
Restricted funds				<u>16,833</u>	<u>594</u>
TOTAL FUNDS				<u>84,851</u>	<u>85,142</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2024.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2024 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

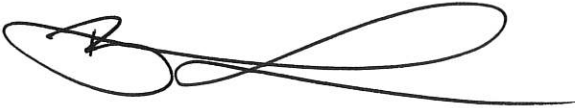
The notes form part of these financial statements

Surrey Drug And Alcohol Care Limited

Balance Sheet - continued
31 March 2024

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 27 June 2024 and were signed on its behalf by:

A handwritten signature in black ink, appearing to be 'R Mckeown', with a long, sweeping horizontal line extending to the right.

R Mckeown - Trustee

Surrey Drug And Alcohol Care Limited

Notes to the Financial Statements
for the Year Ended 31 March 2024

1. ACCOUNTING POLICIES

BASIS OF PREPARING THE FINANCIAL STATEMENTS

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

INCOME

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

All restricted and unrestricted funding received has been allocated and used as per the terms and conditions of the donor. This is carefully monitored and recorded by the TCS Manager.

EXPENDITURE

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

TANGIBLE FIXED ASSETS

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

TAXATION

The charity is exempt from corporation tax on its charitable activities.

FUND ACCOUNTING

Unrestricted funds can be used by charitable objectives at the discretion of the Trustees.

Restricted funds can only be used for purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for purposes. Restricted purposes are telephone counselling sessions, telephone boot camp pilot projects, outreach expenses, and marketing and promotion of SDAC. It is identified within the accounting system when funds have been received for restricted purposes only. It is also identified how these restricted funds have been spent.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Surrey Drug And Alcohol Care Limited

Notes to the Financial Statements - continued
for the Year Ended 31 March 2024

2. DONATIONS AND LEGACIES

	2024	2023
	£	£
Donations	60,279	60,616
Grants	<u>166,394</u>	<u>142,358</u>
	<u>226,673</u>	<u>202,974</u>

Grants received, included in the above, are as follows:

	2024	2023
	£	£
Other grants	<u>166,394</u>	<u>142,358</u>

3. OTHER TRADING ACTIVITIES

	2024	2023
	£	£
Management Income	<u>5,400</u>	<u>5,400</u>

4. INVESTMENT INCOME

	2024	2023
	£	£
Bank interest	<u>1,510</u>	<u>417</u>

5. RAISING FUNDS

OTHER TRADING ACTIVITIES

	2024	2023
	£	£
Advertising & publicity	<u>184</u>	<u>6,482</u>

6. CHARITABLE ACTIVITIES COSTS

	Direct Costs	Support costs (see note 7)	Totals
	£	£	£
Expenditure on charitable activities	<u>221,216</u>	<u>1,939</u>	<u>223,155</u>

Surrey Drug And Alcohol Care Limited

Notes to the Financial Statements - continued
for the Year Ended 31 March 2024

7. SUPPORT COSTS

Expenditure on charitable activities

Management
£
1,939

8. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2024	2023
	£	£
Depreciation - owned assets	<u>523</u>	<u>968</u>

9. TRUSTEES' REMUNERATION AND BENEFITS

No Trustee received any remuneration or other emoluments during the period, although they are reimbursed reasonable out-of-pocket expenses incurred for attending meetings, giving outreach presentations, bank visits, and the purchase of stationery requirements.

A written agreement between the charity and the Trustee (or connected person) being paid along with a specification of the amount to be paid.

As per the Charity Commission guidance, SDAC:

1. agrees the payment is in the charity's best interests and reasonable for the service provided.
2. does not allow payments or other benefits to half or more than half of the board (the number of trustees receiving any payment or benefit is in the minority)
3. The governing document allows the payment of Trustees for services.
4. ensures the Trustee does not take part in decisions made by the board regarding any aspect of the agreement.
5. identifies and records conflicts of interest and prevents them from affecting the decision.
6. keeps records of discussions at meetings and discloses the payment in the annual accounts.

TRUSTEES' EXPENSES

There were no trustees' expenses paid for the year ended 31 March 2024 nor for the year ended 31 March 2023.

10. STAFF COSTS

There were no staff costs for the year ended 31 March 2024 nor for the year ended 31 March 2023.

The average monthly number of employees during the year was as follows:

	<u>2024</u>	<u>2023</u>
--	--------------------	--------------------

No employees received emoluments in excess of £60,000.

Surrey Drug And Alcohol Care Limited

Notes to the Financial Statements - continued
for the Year Ended 31 March 2024

11. COMPARATIVES FOR STATEMENT OF FINANCIAL ACTIVITIES (01/04/2022-31/03/2023)	Unrestricted funds £	Restricted fund £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	30,771	172,203	202,974
Other trading activities	5,400	-	5,400
Investment income	<u>417</u>	<u>-</u>	<u>417</u>
Total	<u>36,588</u>	<u>172,203</u>	<u>208,791</u>
 EXPENDITURE ON			
Raising funds	6,122	360	6,482
Charitable activities			
Expenditure on charitable activities	15,124	172,412	187,536
Other	<u>6,866</u>	<u>5,529</u>	<u>12,395</u>
Total	<u>28,112</u>	<u>178,301</u>	<u>206,413</u>
 NET INCOME/(EXPENDITURE)	8,476	(6,098)	2,378
 RECONCILIATION OF FUNDS			
Total funds brought forward	<u>76,072</u>	<u>6,692</u>	<u>82,764</u>
 TOTAL FUNDS CARRIED FORWARD	<u><u>84,548</u></u>	<u><u>594</u></u>	<u><u>85,142</u></u>

Surrey Drug And Alcohol Care Limited

Notes to the Financial Statements - continued
for the Year Ended 31 March 2024

12. TANGIBLE FIXED ASSETS

	Computer equipment £
COST	
At 1 April 2023	2,902
Additions	<u>693</u>
At 31 March 2024	<u>3,595</u>
DEPRECIATION	
At 1 April 2023	2,610
Charge for year	<u>523</u>
At 31 March 2024	<u>3,133</u>
NET BOOK VALUE	
At 31 March 2024	<u>462</u>
At 31 March 2023	<u>292</u>

13. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2024 £	2023 £
Trade debtors	15,854	-
Prepayments	<u>1,027</u>	<u>959</u>
	<u>16,881</u>	<u>959</u>

14. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2024 £	2023 £
Trade creditors	510	359
Directors loan account	-	6
Accrued expenses	<u>240</u>	<u>1,500</u>
	<u>750</u>	<u>1,865</u>

Surrey Drug And Alcohol Care Limited

Notes to the Financial Statements - continued
for the Year Ended 31 March 2024

15. MOVEMENT IN FUNDS

	At 1.4.23 £	Net movement in funds £	Transfers between funds £	At 31.3.24 £
Unrestricted funds				
Unrestricted funds	84,548	(16,530)	-	68,018
Restricted funds				
Restricted funds	594	16,239	-	16,833
TOTAL FUNDS	<u>85,142</u>	<u>(291)</u>	<u>-</u>	<u>84,851</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
Unrestricted funds	123,699	(140,229)	(16,530)
Restricted funds			
Restricted funds	109,884	(93,645)	16,239
TOTAL FUNDS	<u>233,583</u>	<u>(233,874)</u>	<u>(291)</u>

Comparatives for movement in funds

	At 1.4.22 £	Net movement in funds £	Transfers between funds £	At 31.3.23 £
Unrestricted funds				
Unrestricted funds	76,072	8,476	-	84,548
Restricted funds				
Restricted funds	6,692	(6,098)	-	594
TOTAL FUNDS	<u>82,764</u>	<u>2,378</u>	<u>-</u>	<u>85,142</u>

Surrey Drug And Alcohol Care Limited

Notes to the Financial Statements - continued
for the Year Ended 31 March 2024

16. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2024.

SURREY DRUG AND ALCOHOL CARE LIMITED

England & Wales - Charity number 1151494

Accounts

REGISTERED COMPANY NUMBER: 08341899 (England and Wales)
REGISTERED CHARITY NUMBER: 1151494

Report of the Trustees and
Unaudited Financial Statements
for the Year Ended 31 March 2023
for
Surrey Drug And Alcohol Care Limited

Gilroy & Brookes Accountants Limited
Suite 15
The Enterprise Centre
Coxbridge Business Park
Farnham
Surrey
GU10 5EH

Surrey Drug And Alcohol Care Limited

Contents of the Financial Statements
for the Year Ended 31 March 2023

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Surrey Drug And Alcohol Care Limited

Report of the Trustees
for the Year Ended 31 March 2023

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2023

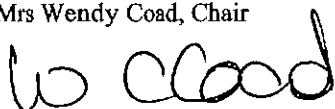
The Directors/Trustees have pleasure in presenting their report and Financial Statements for the period ended 31 March 2023.

REFERENCE AND ADMINISTRATIVE DETAILS

Company Registered number	08341899 (England and Wales)
Registered Charity number	1151494
Registered Office	39 Castle Street Guildford Surrey GU1 3UQ
Trustees	Ms K Clark, retired 29-11-2022. Mrs W Coad Mrs A Collyer, retired 29-11-2022. Mrs R McKeown Vice Chair Ms M Mullings retired 05-12-2022 Mrs J Phillips Mr G Poulter Mr M Tasker Mr. G Witcomb Board appointed trustee 31-01-2023. Mrs K Rivers Board appointed trustee 31-01-2023.
Company Secretary	Miss E Bassett
Independent Examiner	Mrs Anna Coote MAAT Gilroy & Brookes Accountants Ltd Chartered Accountants Suite 15 The Enterprise Centre Coxbridge Business Park Farnham Surrey Farnham GU10 5EH
Bankers	HSBC Bank 6 Commercial Way Woking Surrey GUI 3UQ

Approved by order of the board of trustees on 30th October,2023 and signed on its behalf by:

Mrs Wendy Coad, Chair



Surrey Drug And Alcohol Care Limited

Report of the Trustees
for the Year Ended 31 March 2023

OBJECTIVES AND ACTIVITIES
CHARITABLE OBJECTS

The object of the charity shall be to relieve sickness, particularly amongst persons suffering from addiction to drugs and alcohol in Surrey and Borders.

It will do this particularly by:

1. Providing advice and guidance to substance misusers and their friends and relatives.
2. To advance the education of the harmful effects of drugs and alcohol amongst young students engaged in full time education in Surrey and to provide information on how to engage with local NHS services.
3. To provide advice and guidance for interested professionals.
4. To collect and disseminate information on all matters affecting substance misuse particularly with a view to preventing substance misuse by identifying those most vulnerable.
5. To raise funds and invite contributions from any person or persons whatsoever by way of subscription, donation and otherwise provided that the organisation shall not undertake any permanent trading activities in raising funds
6. To do all such lawful things as shall further the objects of the organisation.

Interim Chair's report - A challenging year for the Board, staff, clients and volunteers.

We used the Charity Code of Governance (seven principles for good governance) as a self-assessment tool. This identified where we had work to do as an organisation; to increase the diversity and experience of our Board; ensure Trustees understood their duties; improve how we communicated with our funders and improve how we approached integrity and openness within the organisation for both Trustees and staff. As a result, we started recruiting more Trustees.

In the ever-changing world we live in, with concerns around COVID, economic struggles and the health and welfare of loved ones in the UK and elsewhere, SDAC have applied themselves to be involved in alleviating substance misuse and mental health issues these demands have brought about to so many lives.

SDAC realised we needed more skills following a skills audit and enlisted 4 new Trustees who have made a considerable impact on governance and the daily running of the charity.

Myshami Mullings led our social media campaigns and has increased our presence and visibility, reaching those we have not before. We have run two radio advertising campaigns this year including different digital radio stations, for which we are able to produce analytics.

Charlotte Roch has been instrumental in producing a marketing plan which has been a focus for SDAC this last year. Her ideas and knowledge have been a turning point on how we structure our marketing.

Rebecca McKeown has moved up to Vice Chair and been able to advise and implement governance and strategic changes which are in line with our Mission Statement and Constitution.

Kate Clarke developed a comprehensive and adequately tested Business Continuity Plan which will be developed and tested as and when needed. The Business Continuity Plan is supported throughout the organisation and appropriately resourced to ensure that the necessary steps are taken to identify the impact of potential losses, maintain viable recovery strategies and plans. The plan will ensure continuity of the service through training, maintenance and review which safeguards the interests of our service users and SDAC.

In August 2021, a group of SDAC volunteers and trustees attended a presentation by HH Judge Robert Fraser MVO DL who honored the work of charitable organisations in Surrey who helped communities through the COVID pandemic. We feel very privileged to be recognised for the work we all accomplish.

Surrey Drug And Alcohol Care Limited

Report of the Trustees
for the Year Ended 31 March 2023

Fundraising for the Telephone Counselling Service was successfully executed, and a decision to employ a fundraiser with vision and understanding of the charity's objectives, and importantly the client base of SDAC, was agreed. Increasing our Vice Patron's list, now standing at 40, and ensuring Trusts and Foundations were brought up to date with the charities achievements and that money donated was usefully and appropriately spent has been key during the year. COVID and lockdowns made it difficult at times to contact Trusts and Foundations and to book meetings with relevant people. However, we have been pleased with the response from so many who have funded projects and our service over the past year.

We would like to show our appreciation to Woking Borough Council community Grant, Radian Homes, Third House Trust, Walton Charity and Garfield Western, Wates Foundation for their continued financial support which has been invaluable in supporting the continuation of SDAC and the telephone counselling service. We are indebted to their support and would like to thank them, and others who have made the organisation financially viable throughout the year.

REVIEW OF PRINCIPAL ACTIVITIES AND PLANS FOR FUTURE ACTIVITIES

Surrey Drug and Alcohol Care Ltd (SDAC) is a charity service that is based in and covers the county of Surrey, offering much more than the name suggests. The charity was set up in 1986 with the express intention of helping people with drug and alcohol issues. It has evolved over the years to become a holistic charity that includes mental health in addition to substance misuse, along with service's specifically designed for people affected by the impact of addictions. All our services are non-judgmental, empathetic and genuine, offering help to people with a number of difficulties that may seem insurmountable at times.

The main activities of the charity are:

Helpline

We offer a telephone helpline service, available on a free to call number (0808 802 5000), staffed 24/7, 365 days a year taking calls and enquiries from people who would like our help around an array of issues.

We offer a SMS text service on 07537 432411 that runs between 9am to 2pm Monday to Friday for people with hearing loss or for people who feel uncomfortable about discussing difficulties with our helpline volunteer team. Our website is available at www.surreydrugandalcoholcare.org.uk and you can complete a simple self-referral form for treatment with our telephone counselling service if the need arises.

The helpline is staffed by a team of volunteers, some with many years of experience. The team is well trained in many areas including drugs and alcohol, mental health and helping people (significant others) affected by the impact of the difficulties mentioned. The helpline holds information and can inform callers of wider services available. This service is confidential however we will ask for consent to hold information if a caller is referred into other services we offer.

Our incredible team of volunteers have managed to cover a majority of the shifts of our 24 hour helpline, seven days a week, during a really challenging year. Due to COVID, we were unable to hold any training courses for new volunteers to relieve the pressure on our existing volunteers. We are very proud of this achievement and the dedication of the volunteers to helping people in Surrey. Our wonderful volunteers have gone the extra mile to help our callers, despite experiencing their own difficulties during the COVID pandemic.

We are planning to offer all existing volunteers training in Mental Health Level 2, endorsed by Ofqual and SQA accredited. This will be provided inhouse by Amanda Collyer, helpline volunteer and Outreach Lead.

We run inhouse training (36+ hours) for new volunteers, enabling them to work on the Helpline as advisors and signposting to appropriate services with other organisations. Many volunteers gain invaluable experience through working on the Helpline and then go on to become therapists, support workers and advisors for other organisations and agencies. Luckily many stay on with our services as volunteers on the Helpline.

Many of our volunteers work full time and lead busy lives with family or other work in the community and they offer their precious time to deliver emotional support to our callers in their own empathic and unique way. Our volunteers are an amazing group of people.

Surrey Drug And Alcohol Care Limited

Report of the Trustees
for the Year Ended 31 March 2023

Being the helpline number for the NHS First Steps programme, we have continued to receive calls from those concerned about their mental wellbeing, particularly anxiety and depression. Many of our callers have been in deep distress, and this demonstrates the value of our service and the critical need in the community.

There is no doubt about the immense value of being heard. Our volunteers have the time to listen to callers, to understand their concerns, to offer advice, to signpost to services that help further or to refer people directly into treatment for drug or alcohol concerns.

"Mary is to be commended, fantastic volunteer and so understanding." Anonymous service user

Our volunteers are often the first call people make with getting help for mental wellbeing or acknowledging their struggles with substance misuse. Being able to refer callers directly into treatment for substance misuse, particularly into SDAC Telephone Counselling Service, is a real advantage for callers. Our volunteers also feel confident in the knowledge that callers will be helped.

We are developing further support for our volunteers with continued professional development programmes and bi-monthly virtual meetings, a suggestion from our Volunteer Liaison/Helpline Volunteer. We always welcome ideas from our volunteers as our approach to management and development is one of inclusion.

We support our volunteers every step of the way and they support each other as a team.

We are committed to safeguarding those that use our service and those volunteering. We actively promote equality of opportunity for all, and our volunteers come from diverse backgrounds, cultures and work experience, which is a good reflection of the callers to the helpline.

Feedback from our callers is important and we listen. We use this to not only improve our helpline service and inform our volunteer training, but it is also rewarding for our volunteers to know they have helped. Anonymous feedback is given using the Survey Monkey platform on our website.

83% of callers were "very satisfied" with the help they received.

This coming year is just as busy, and we are ready to listen, to signpost and refer into treatment

Feedback from a current volunteer:

"I have been a volunteer for S.D.A.C for 11 years now. When I did my first shift on my own, of course I was nervous, but I knew that there was someone else at the end of the phone if I got stuck or didn't understand something. Back then it was only drugs and alcohol issues we advised on. There was no peer support, just call the co-ordinator at any time.

As the years have gone by, we now have mental health issues to respond to, which meant learning a new thing totally alien to me. One thing I have learnt is to be more patient and calmer when people call us they really don't know what help is available to them. Sometimes we have to speak to the same person over and over, but even it annoying we carry on and try to help.

I have learnt that you have to keep learning new skills (i.e. new trends in drugs, different street slang terms and the effects on the person)

I can't work in my old job after an operation, so I have a lot of free time. So I do take on shifts that are not covered, especially during the current year due to COVID, which keeps me busy and my mind thinking.

I do mean to tell the Coordinator; I'm leaving but I keep forgetting to tell them. S.D.A.C. has given me a lot more than what I've given them.....

All the best....."

Surrey Drug And Alcohol Care Limited

Report of the Trustees
for the Year Ended 31 March 2023

Feedback from Helpline volunteer:

"I find a sense of purpose in covering the Surrey Drug and Alcohol and Mental Help First steps helpline over the past two years when I answer a phone call and can signpost people to relevant mental health charities for support through counselling and Safe Havens. Also, when I can help a person with a drink or drug issue or their family or friends by introducing our Telephone Counselling Service either the standard service or our Boot Camp Counselling service. Kind Regards."

Telephone Counselling Services

This free service has been running since 2010 and was originally aimed at those clients deemed to be hard to reach due to disabilities, nonattendance at walk in services, people in rural areas without easy access to transport, those with children making it difficult to find childcare or have the time to attend sessions, shift workers who cannot attend regular sessions or high-profile users who required discretion for sessions.

Our counselling service offers a range of services for the client; we normally offer weekly one to one counselling sessions via telephone for clients struggling with substance use and any associated mental health issues. Clients are encouraged to work out their own individual recovery pathway from addiction, which takes many forms, in a safe space. More intensive interventions are also available if the client feels this course of action is needed. These are confidential counselling sessions that are offered initially on a weekly basis for 12 weeks, however, can be tailored to each client's needs.

The telephone counselling service for drug and alcohol difficulties, is also available to significant others who will be able to gain help and knowledge of addictions.

Feedback for your Telephone Counselling Service

How did you hear about SDAC?

While under the care of the Crawley mental health team (ATS) SDAC was recommended as an organisation that I could help me. It was the regular contact with a counsellor that attracted me to it. Their team/representative raved about SDAC, rightly so.

Did you think it would work for you?

Absolutely not. At that point in my life, I thought I was beyond help, not to mention being worth help at all. The idea was that I owed it to the people that had tried their best to help me and loved me unconditionally to at least pretend to try. The man on the phone, Giles (counsellor), asked me to give him two weeks. This was perfect because I wasn't sure how much longer I could stand to be breathing but I knew it wasn't long. So the plan was this, I was going to try for two weeks and then I was going to take a secret stash of pills along with bottles of tequila and raspberry vodka. I'd already begun writing my letters and this would give me enough time to complete them.

How did you find it going through the process?

Getting sober and accepting all the things one does when doing so is never a walk going to be light work. Looking at the process itself, it was faultless in my experience. I finally plucked up the courage to make the call, gave a few basic details to a lady called Ann (Helpline call handler) and the following day I was on the phone to a man who little did I know was going to in no uncertain terms save my life. We arranged times to speak that would work for me and my work commitments and Giles never let me down. Aside from getting me through the steps Giles supported me as a person. On a few occasions I was in a bad way and instead of doing steps we just talked, Giles actually heard and understood me. I felt safe being under his care and support. I was able to be totally honest in a safe environment.

What worked well for you?

After we finished doing the steps Giles didn't disappear, we maintained contact with me, and we lessened this as and when I was ready. Having built that rapport with Giles had he have just vanished it could well have been catastrophic to my recovery and rehabilitation.

What didn't work well for you?

I honestly can't think of anything here.

Surrey Drug And Alcohol Care Limited

Report of the Trustees
for the Year Ended 31 March 2023

What would you like to say to potential funders, fundraisers regarding further funding?

SDAC combines mental health support with sobriety, something that's missing from our public health system. I've since been diagnosed with PTSD with symptoms of BPD and SDAC being placed where they are with the likes of Giles & Co. are well placed to help people like me. In my opinion it would have been exceptionally difficult for an ordinary person to help me get sober, I was quite frankly borderline deranged at times and extremely emotionally unstable/fragile. SDAC shouldn't have to be a privately funded charity, it should be a department within the NHS.

We offer a telephone service that we like to call Boot Camp. This is an intense program delivered in 22 hourly sessions of counselling. Depending on the client's situation this can be tailored to either two sessions per day, one session per day or three sessions a week, based again on the clients need and their availability. There is also an accompanying online Zoom therapy group called, the Boot Camp Recovery Group (BCRG), for continued support at the end of the Boot Camp process. This group is only available to those clients upon completion of the Boot Camp process. The group allows clients to stay connected to the service even if they have left one to one counselling. Tapes recoded during AA Conventions are offered to clients who might find these helpful towards their recovery.

SDAC TCS was funded by Surrey Public Health for a Drug Related Death and Non Fatal Overdose (DRD/NFO) pilot project this year. All helpline volunteers and directors were given additional training. Offering 12 weekly sessions, these clients are now offered a group set up by our counsellors. Following a DRD all hope for their loved one's recovery has been lost. The impact this client base experiences, following a drug related death of someone they knew or someone experiencing a non fatal overdose, has often been missed and gone unrecognised. They might need help in exploring their experiences and hopefully maintaining a good level of mental health. Often these clients have never spoken about their feelings and coping strategies to get through daily. Many clients only disclosed they had experienced a DRD or NFO once sessions for other struggles had been ongoing for a while.

By commissioning this service, Surrey County Council aims to:

- support those affected by drug related deaths / non-fatal overdoses
- learn from their experiences, with the aim of reducing further drug related deaths / near non-fatal overdoses
- provide an on-going level of support, through the use of structured group work

We are very proud to be part of this new and much needed project.

We also understand at SDAC that addictions can, and will, affect friends and family members at a very deep level, therefore we offer counselling for significant others. This service runs over twelve counselling sessions via telephone and again can be tailored to need. Our counsellors offer the clients an opportunity to express themselves in a safe space without judgement and in confidence. Our counsellors can also inform the client around addiction, which can be helpful to understand behaviours around addiction.

The feedback received from former clients speaks of an excellent service provided by TCS and many of our former clients have moved forward with us into a new, and at times, wonderful states of being. We are always striving to improve therefore all feedback is gratefully received.

Feedback from a female Boot Camp client

How did you hear about our Bootcamp service?

I heard about SDAC when I was in hospital

Did you think it would work for you?

I didn't think it would really work for me as nothing had worked for me in the past and I'd never managed any length of sobriety before

Surrey Drug And Alcohol Care Limited

Report of the Trustees
for the Year Ended 31 March 2023

How did you find going through the process?

Going through the process I found very supportive and informative

What worked well for you?

The process as a whole has been great, I particularly have benefited from the bootcamp group sessions and the support from the group members and therapists, talking about concerns and moral support

What didn't work well for you?

There hasn't been anything during the process that hasn't worked for me

What would you like to say to potential funders/fundraisers regarding future funding?

As a client of SDAC my life and my family's life has been transformed, I have struggled with addiction all my life and it's not until I found SDAC have I ever managed to get clean, my therapists have supported and guided me through this process. I have no doubt without their help I would still be in the madness of addiction. I desperately needed help but couldn't afford to go to rehab, I never dreamed I would be able to remain sober but with the help of SDAC I am and myself and my family are eternally grateful.

Feedback from a male client attending Boot camp

How did you hear about our Bootcamp service?

I first heard about the service through my doctor giving me a SDAC card. The referral to a counsellor, was efficient and straightforward. I had reached the point where I knew that I was not in control of my addiction. The approach was instantly reassuring and non-judgmental. I knew it was the right course of action

Did you think it would work for you?

My plan was to spend initially, 2 weeks in Rehab (which turned into 4 weeks). The conversation that stands out in my mind the most was knowing that SDAC would be there when I came out of Rehab to go through the Steps and provide the vital continuity to maintaining sobriety. The timetable of 2 weeks for going through the 12 Steps was perfect. This approach enabled me to concentrate fully on the work required in a thorough and organised way. At that stage, I just needed to absorb as much knowledge as soon as possible.

How did you find going through the process?

This was undertaken during Covid on the telephone. I assume, Zoom or other means could have been an option, but I found by telephone maximised concentration and thought.

What worked well for you?

The continuing service by SADC is excellent and hugely important. The weekly counselling sessions are integral to my continuing sobriety.

What would you like to say to potential funders/fundraisers regarding future funding?

What would I say to funders? It's a very easy question to answer. The service was and is, absolutely vital to enabling me to recognise my alcohol addiction, to doing something about it and maintaining sobriety through the 12 Step program. Continued and hopefully, expanded funding, is essential to saving lives.

Feedback from a significant other

My daughter has borderline personality disorder and uses over the counter codeine developing dependency. Her will to live diminishes. She makes efforts to detox annually. During her latest effort to detox, I reached out to SDAC. The helpline call handler listened patiently and with compassion. Waiting for me to gain control when the tears got too much. Calming me with kindness. When I was calmer he, Tom, suggested SDAC TCS (telephone counselling service.)

Surrey Drug And Alcohol Care Limited

Report of the Trustees
for the Year Ended 31 March 2023

My counsellor called within 3 days and listened with amazing acuity to my nonstop babbling each week, I know she listened as in the gap when I drew breath sometimes after 20 minutes, she would ask a question or direct my babbling in the space. She has heard everything I said. With her help I have gained perspective and taken back some control of my emotions enabling me to cope with my daughters' struggles. This service has been a lifeline as I could not help my daughter through this crisis with my anxiety levels as they were. If all mental health healthcare could be this fast and effective I am sure we could have avoided the past years of suffering.

From a counsellor 1

I work for SDAC TCS because I feel, it is an organisation - where SDAC TCS Counsellors are Working Without Borders. SDAC TCS clients are a diverse range, multilingual and a multicultural society and SDAC TCS promotes a culture of collectivism. SDAC TCS breaks the red tape of working flexibly with the clients, their needs and particularly the time slots, which most counselling organisations do not provide this benefit to the clients. SDAC TCS helps the clients access counselling who may be unable to use face to face counselling. I feel, SDAC as an organisation is very proactive in promoting its work, but the red tape created by other organisations hampers the good work promoted by SDAC. "

From a counsellor 2

SDAC is a unique service as we are quickly able to reach people who have only found waiting lists for therapy elsewhere. We are also able to reach people who are unable or unlikely to engage with face to face therapy. This can often be a crucial step onto a path of greater self-care at a lower entry point for some people.

We are also able to be flexible with people who are working or other commitments in order to fit phone sessions around this. We have a greater reach and can fit sessions into breaks etc due to it being held over the phone. This can be a vital support to people who are trying to rebuild or maintain other aspects of their lives during recovery.

Counsellor 3

I have been a Counsellor at SDAC for 8 years. Our counselling team are all very experienced and qualified to work with our client group.

Our referral system is second to none, clients are seen within days of referral rather than weeks or even months. We are often sent clients with dual diagnosis which most other agencies are not equipped to work with. These clients can be the most vulnerable in our society and need our specialist help.

The work we do is so rewarding, helping people through their recovery, encouraging the strength and confidence for them to make positive change. Our clients have fed back the gratitude for being there for them when no one else is, and in some cases, saving their lives.

This work is vital and I am proud to be a part of SDAC.

Outreach

Our Outreach team provided free educational talks to schools, colleges, youth groups and professional groups. In 2021/22 the outreach team met with Year 10/11 pupils at Farnham Hill School, and Scouts in Woking, Churt and Stanwell and Leaders in Leatherhead and Epsom. The service is given free of any charges, due to generous donations and grants. Due to COVID and restrictions we were unable to present to as many organisations as we hoped.

We offer outreach services to an array of institutions including schools, colleges, and universities along with businesses and other charities. If you would like more information, please feel free to contact our team.

Surrey Drug And Alcohol Care Limited

Report of the Trustees
for the Year Ended 31 March 2023

Outreach have been present at the Combined Charities Fair in Guildford and Working together for Woking. Prevention Awareness about substance misuse being the main focus. The Great South Run was completed by one of our TCS counsellors and raised money alongside raising awareness of our services to the community during the event.

In 2023/24 the Charity will continue to perform all of the above services.

Surrey Drug And Alcohol Care Limited

Report of the Trustees
for the Year Ended 31 March 2023

ACHIEVEMENT AND PERFORMANCE

SDAC Projects

We have run radio campaigns throughout the year with Surrey and East Hampshire. These have reached those who not only turn the radio on, but digital radio listeners too. A dedicated campaign ensued late 2021 early 2022 which targeted an audience of significant others, Drug Related Death and Non-Fatal overdose. We saw an increase in calls to the Helpline and people self referring into TCS through our website. Social media pages were set up regularly, as was a LinkedIn showcase page.

All policies have been reviewed and updated regardless of when they were due. This is to ensure we are fully compliant with current regulations and have clear procedures in place to ensure we adhere to the policies. We are indebted to Voluntary Action South West Surrey (VASWS) for their assistance in checking the policies for us.

New look SDAC Website

Our website is regularly reviewed and updated. We advertise and promote our services via online social media campaigns and providing literature to GP practices, hospitals, pharmacies, Alcohol Liaison Teams within hospitals in Surrey, Citizen Advice Bureaus, Police, Neighbourhood Teams, Richmond Fellowship, Probation and other relevant organisations within Surrey and Borders. The Helpline is listed on various websites including Healthy Surrey, Talk to Frank, Surrey Information Point and some Surrey Borough Council's. Catalyst also has the Helpline phone number on their recorded message for out of hours help.

SDAC is a member of the Helplines Partnership who assist the Charity with providing the best quality service to our users.

SDAC Helpline Projects

SDAC continues its Contract with Surrey County Council for unrestricted funding as a substance misuse Helpline and have been awarded a further year as the phone number for NHS First Steps.

The Helpline can also refer you to our Telephone Counselling Services (TCS), and you will be contacted within 3 working days of a referral. The Helpline can guide you to the right service that fits your current need. Here at SDAC we offer a range of services depending on your need, delivered by telephone or virtually using the Zoom platform.

Telephone Counselling Service (TCS)

We recognise the work and commitment of our, British Association for Counselling and Psychotherapy (BACP), Registered Counsellors during this difficult year. There was an increase in clients who had complex struggles during the pandemic.

TCS Projects

Boot Camp has become a main service, working with those who feel able to commit to twice daily sessions including weekend calls to check they are maintain their recovery. **96% of those attending Boot Camp stopped drinking or using drugs.** We listened to what they needed to maintain sobriety and piloted, for 6 months, a Boot Camp Recovery Group via Zoom, once a week, for an hour and a half. Once clients completed the Boot Camp sessions, they were invited into the rolling group. They might also like to continue counselling sessions once a week. Due to its success, we have incorporated BCRG into our main Boot Camp service. Boot Camp remains flexible, efficient and an ongoing project due to its phenomenal success. The flexibility of the service ensures clients are quickly offered further counselling sessions if they are struggling.

The Future for Counselling

We also offer a service called Drug Related Death/Non-fatal overdose (DRD/NFO) program to help the families and friends of addicts who have suffered the loss or near loss of a loved one through their addictive behaviours. The counselling is over 12 sessions, usually once a week, and is delivered via telephone or virtually using Zoom. A loss or near loss of a person we love through additions will generate a huge number of questions and feelings of grief, shame, remorse, and fear. Our service will, gently and psychologically, hold the client in the sessions and give the client the space to express their feelings and thoughts. Once clients complete one to one counselling, we will run groups via zoom in which they will be able to participate.

Surrey Drug And Alcohol Care Limited

Report of the Trustees
for the Year Ended 31 March 2023

We continue to advertise and engage with those clients who have a multitude of struggles alongside substances used, including domestic violence, criminal activities which impacted on their lives, dual diagnosis, abuse and loss of friendships, family and mental health struggles, diagnosed or otherwise, impacting on their lives.

Outcome monitoring

The feedback from our former clients shows that we provide an excellent service and many of our clients have moved forward with us into a new, and at times, wonderful state of being, however we are always striving to improve, therefore all feedback is gratefully received.

Outreach Projects

Our website is regularly reviewed and updated. We advertise and promote our services via social media campaigns and providing literature to GP practices, hospitals, Alcohol Liaison Teams within Surrey hospitals, Citizen Advice Bureaus, Police and Neighbourhood Teams, and other relevant organisations within Surrey and Borders.

The Helpline is listed on various websites including Healthy Surrey, Talk to Frank, Surrey Information Point and some Surrey Borough Council's. Catalyst also has the Helpline phone number on their recorded message for out of hours help.

Future newsletters, currently distributed monthly to all volunteers, staff and Counsellors, will alternate between monthly zoom meetings and newsletters.

SDAC is a member of the Helplines Partnership who assist the Charity with providing the best quality service to our users.

Risk Management.

We continued to be aware of the threat COVID posed to our services. We consequently considered potential risks and threats to our services. We began to plan how we would respond and sustain our services over the period of the pandemic. As an organisation with many years' experience and expertise of telephone working, we were well placed to take up this increasingly used medium of working. Our hypothesis was a significant increase in demand for our services. This was to prove well founded and well managed. SDAC applied for Government funding from local borough councils and Trusts.

An out of hours, emergency service, for callers is managed by SDAC Helpline 0808 802 5000.

In the event of a power failure, SDAC documents are all backed up weekly on an external hard drive. The SDAC coordinator has backup facilities which can be used in the event of power failure lasting more than a few hours if required, as does TCS.

Loss of Statutory Funding: Contingency planning, including 3-month expenditure reserve, for such an event and regular engagement with commissioners to ensure enough notice of any event can be managed.

Staffing: We regularly train and retain volunteers. Keeping up to date with current thinking and legislation.

Trustees: Regular training, particularly for governance.

REVIEW OF FINANCIAL POSITION

Over the year, the Charity reports a profit of £2,378 and ended the year with a reserve of £85,142.

Trustees regularly monitor the financial performance of the charity, to ensure adequate reserves are always maintained.

Our Financial Policy and combined reserves policy are approved by the Trustees and strictly enforced. Quarterly profit and loss and budget forecasts are agreed by the Board of Trustees. Each Board meeting, normally monthly, the Treasurer presents the financial position of the charity and highlights any concerns. During the year there has been no apparent breaches of SDAC financial policies

Surrey Drug And Alcohol Care Limited

Report of the Trustees for the Year Ended 31 March 2023

Each SDAC project is carefully monitored against income and expenditure. Balancing funding and costs.

FUNDING

Due to funding of £55,912 from Surrey County Council, SDAC can provide a Helpline that is free of charge to callers, along with the associated costs of running and promoting the service.

In November 2019, SDAC created a Community Fundraising Team to raise funds for the organisation and build awareness of the services offered. In 2021/22, the team raised £584. This new initiative will continue to grow next year with new events. We have raised funds using social media, donating whilst shopping and teaming up with local businesses.

We are indebted to all the Trusts, Foundations, Community Funding, Police, Lottery, other large and smaller charities, and those clients who donate towards their counselling sessions. We appreciate the work that has gone into assisting us with improving public awareness of our service through all those mentioned above, as well as our key supporters, persons of high public stature and by word of mouth through personal recommendation.

All restricted and unrestricted funding received has been allocated and used as per terms and conditions of the donor. This is carefully monitored and recorded by the TCS Manager.

We have 40 Vice Patrons who assist us in sourcing potential donors, Trusts and Grant making foundations. We are indebted to their support and work.

We are particularly grateful to the Garfield Weston Foundation, a family founded charitable grant-making trust, who gave over £79 million to over 2,100 charities across the UK in the most recent financial year. The significant donation from Garfield Weston Foundation has hugely benefited many of our clients.

Our successful funding application with Woking Community Grant, has enabled us to continue our invaluable work throughout the year. Without the support of funders and Trusts such as Woking, we would not have reached as many people as intended, and who clearly benefited from the support received.

TCS received £125,133 from generous Trusts and Grants, including £59,820 from clients who donated towards their counselling sessions. We are grateful for the generosity of Shanley and Elmbridge BC, Surrey Heath BC, Woking BC Community Grant, Radian Homes, Postcode Neighbourhood Lottery Trust, Lottery, Community Foundation for Surrey, Henry Smith, Wates, Walton-on-Thames Charity and Third House for enabling counselling sessions for more clients than in previous years.

RESERVES POLICY

The objects of the charity specify that the income and property of the company shall be applied solely towards the objects of the charity.

The Charity aims to have sufficient reserves to cover operating costs for a three-month period.

Trustees review the Finance and Reserves combined policy at regular intervals.

PUBLIC BENEFIT

The company demonstrates public benefit in the following ways:

1. Provision of a 24/7 freephone telephone Helpline for anyone concerned about drug or alcohol use and mild to moderate mental health.

Data for the year, the Helpline

- " 1,272 calls for help
- " 57% for mental health concerns
- " 26% for substance misuse

Surrey Drug And Alcohol Care Limited

Report of the Trustees
for the Year Ended 31 March 2023

- " 10% were for both mental health and substance misuse.
- " 60% of mental health callers were signposted to local IAPT talking therapies
- " Alcohol, cannabis and cocaine being the top three substances callers were using or concerned about others use
- " 87% of substance misuse callers were signposted to or referred into treatment with TCS or other local treatment agencies
- " 255 substance misuse referred into treatment of which 87% engaged with therapy

The Helpline also supports TCS clients in between their counselling sessions and advises professionals on services available in Surrey for substance misuse.

2. Provision of a Telephone Counselling Service offering 12 weekly therapeutic sessions for those affected by substance misuse or significant others, without charge to the client.

Data for the year, Telephone Counselling Service

- " 483 clients were helped
- " 3197 counselling sessions took place (42 of these clients were referred to our counselling service for DRD and NFO struggles)
- " 945 Boot Camp client sessions (Wates Foundation amongst others, contributed to enable this service to our clients)

Every client is offered the opportunity to send confidential feedback evaluating their experience of TCS. This feedback is used to develop and maintain the exemplary service provided.

INTERESTS

Current Trustees and those who served during the year are shown on page 1. The company has no share capital, being a company limited by guarantee.

RISK MANAGEMENT

The Trustees have considered and identified the major risks that could affect the charity. The Trustees consider the existing system of internal controls and procedures to be adequate in mitigating the charity's exposure to those risks.

We are pleased to report that no serious incidents (serious or otherwise) took place in 2022/23.

TRUSTEES' RESPONSIBILITIES

The Trustees are responsible for preparing the Annual Report and the financial statements in accordance with applicable law and the United Kingdom Generally Accepted Accounting Practice. Company law requires the trustees to prepare financial statements for each financial year, which give a true and fair view of the state of the affairs and of the income and expenditure of the Charitable Company for that period. In preparing those financial statements, the Trustees are required to:

- "select suitable accounting policies and then apply them consistently; "
- " make judgements and estimates that are reasonable and prudent;"
- "state whether applicable accounting standards and statements of recommended practice have been followed and give details of any departures;" and
- "prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Charitable Company will continue to operate."

The Trustees are responsible for keeping proper accounting records which disclose, with reasonable accuracy, at any time the financial position of the Charitable Company and to enable them to ensure that the financial statements comply with the Companies Act 2006, the Memorandum and Articles of Association and the Statement of Recommended Practice Accounting and Reporting by Charities (SORA 2005). They are also responsible for safeguarding the assets of the Charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the Trustees are aware:

Surrey Drug And Alcohol Care Limited

Report of the Trustees
for the Year Ended 31 March 2023

There is no relevant audit information of which the charitable company's independent examiner is unaware; and

The Trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the independent examiner is aware of that information.

Leadership Team

As a small charity, the Trustees have all played a part in the management of the charitable obligations and activities:

Emma Bassett: Coordinator for the Helpline volunteers, Safeguarding Lead and charity administrator
Wendy Coad: TCS Services Manager and Fundraising Lead
Amanda Collyer: Outreach Lead (including education of young people) and Deputy Safeguarding Lead
Greg Poulter: Appropriate Adult and Expert Witness in drugs trials
Michael Tasker, Kay Rivers & Alison Weeks: Community Fundraising Leads
Giles Witcomb & Paul Lane: TCS Boot Camp and Boot Camp Recovery Groups
Wendy Coad: Helpline Training Lead
Amanda Collyer & Paul Lane: Training team
Amanda Collyer: Mental Health Training Lead
Jana Phillips : Volunteer liaison, Virtual cafe , Newsletter, Outreach

In addition, we are grateful for the conscientious and knowledgeable work done by Lee Tempest, owner of Storm Creative Design, for always being quick to update our website with new developments and campaigns.

We are grateful for the assistance of Snezana Lesley and Carol Davey with administration.

We would like to show our appreciation to the Helpline Volunteers who, despite reduced numbers and their own personal struggles during the COVID pandemic, have continued to help callers. They have remained committed and for this we are extremely grateful, as without volunteers we would not have a helpline. Some of our volunteers have been instrumental in helping with and attending our outreach events.

We would also like to honor our team of BACP Registered Counsellors who are competently bringing empathy, a wealth of knowledge and commitment to their role. Their passion is evident from the positive client feedback.

SMALL COMPANY PROVISIONS

For the period ending 31 March 2023 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476.

The Directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

Trustees' Responsibility Statement

The Trustees (who are also the directors of SURREY DRUG AND ALCOHOL CARE LIMITED for the purpose of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to

Surrey Drug And Alcohol Care Limited

Report of the Trustees
for the Year Ended 31 March 2023

select suitable accounting policies and then apply them consistently;
observe the methods and principles in the Charity SORP;
make judgements and estimates that are reasonable and prudent;
prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The Trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence taking reasonable steps for the prevention and detection of fraud and other irregularities.

Surrey Drug And Alcohol Care Limited

Report of the Trustees
for the Year Ended 31 March 2023

STRUCTURE, GOVERNANCE AND MANAGEMENT
ORGANISATION & GOVERNANCE

The Company was incorporated on 27 December 2012 as a company limited by guarantee not having any share capital. The Charity is controlled by its governing document, a deed of trust, as defined by the Companies Act 2006. The Company was registered as a Charity with the Charity Commission (Registration Number 1151494) on 03 April 2013.

The Directors are charity Trustees as defined by section 177 of the Charities Act 2011. Trustees and Associate Directors are appointed and voted into office by voting members of Surrey Drug and Alcohol Limited (SDAC) at the Annual General Meeting and serve for a period of up to three years. Associate Directors are responsible for assisting the Trustees and developing strategies. They do not have voting rights as they hold paid positions within the Charity. Trustees and Associate Directors do not have any shares.

Trustees and Associate Directors consider their training needs at least once a year to ensure the effective governance of the charitable company and attend specific courses to develop their competencies for their respective roles as deemed necessary. Board meetings are held a minimum of six times a year.

STRUCTURE, GOVERNANCE, MANAGEMENT

Chair of Trustees:	Mrs W Coad (appointed 22-03-2022)
Interim Chair	Mrs W Coad (appointed by Board on 30-03-2021)
Vice Chair:	Mrs R McKeown (appointed 22-03-2022)
Company Secretary:	Miss E Bassett (appointed 01-04-2019)
Trustees:	Ms K Clark (appointed 22-03-2022), retired 29-11-2022. Mrs W Coad (appointed 10-03-2020, appointed Interim Chair 30-03-2021 & Chair 22-03-2022) Mrs A Collyer (appointed 19-10-2019) retired 29-11-2022 Mrs R McKeown (appointed 22-03-2022) Vice Chair Ms M Mullings (appointed 22-03-2022) retired 05-12-2022. Mrs J Phillips (appointed 19-10-2019) Mr G Poulter (appointed 20-10-2017) Mr M Tasker (appointed 19-10-2019) Mrs C Roch (appointed by board 06-07-2021) retired 22-03-2022
Associate Directors:	Mrs K Rivers (appointed 19-10-2019) Board appointed trustee 31-01-2023. Mr G Witcomb (appointed 19-10-2019) Board appointed trustee 31-01-2023.
Independent Examiner:	Mrs Anna Coote MAAT, Gilroy & Brookes Accountants Ltd Chartered Accountants, Suite 15 The Enterprise Centre Coxbridge Business Park, Farnham, Surrey, GU10 5EH
Bankers:	HSBC Bank, 6 Commercial Way, Woking, Surrey, GUI 3UQ

Surrey Drug And Alcohol Care Limited

Report of the Trustees
for the Year Ended 31 March 2023

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number
08341899 (England and Wales)

Registered Charity number
1151494

Registered office
39 Castle Street
Guildford
Surrey
GU1 3UQ

Trustees

Mrs W C Coad Psychotherapeutic Counsellor
Mrs A Collyer Year Manager - Pastoral Care Education (resigned 29/11/2022)
Mrs J Phillips
G J Poulter Freelance Trainer/expert Witness Detru
K L Rivers Counsellor
M F Tasker Manufacturing Production Manager
G M Witcomb Humanistic Counsellor
Ms K Clark (resigned 29/11/2022)
Mrs R Mckeown

Company Secretary
Miss E Bassett

Independent Examiner

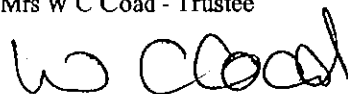
Mrs Anna Coote
Gilroy & Brookes Accountants Limited
Suite 15
The Enterprise Centre
Coxbridge Business Park
Farnham
Surrey
GU10 5EH

Associate Directors:

Mr G Witcomb
Mrs K Rivers

Approved by order of the board of trustees on 30 October 2023 and signed on its behalf by:

Mrs W C Coad - Trustee



Independent Examiner's Report to the Trustees of
Surrey Drug And Alcohol Care Limited

Independent examiner's report to the trustees of Surrey Drug And Alcohol Care Limited ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2023.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Mrs Anna Coote

Gilroy & Brookes Accountants Limited
Suite 15
The Enterprise Centre
Coxbridge Business Park
Farnham
Surrey
GU10 5EH

30 October 2023

Surrey Drug And Alcohol Care Limited

Statement of Financial Activities
for the Year Ended 31 March 2023

	Notes	Unrestricted funds £	Restricted fund £	2023 Total funds £	2022 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	30,771	172,203	202,974	219,738
Other trading activities	3	5,400	-	5,400	5,400
Investment income	4	<u>417</u>	<u>-</u>	<u>417</u>	<u>11</u>
Total		<u>36,588</u>	<u>172,203</u>	<u>208,791</u>	<u>225,149</u>
EXPENDITURE ON					
Raising funds	5	6,122	360	6,482	1,939
Charitable activities	6				
Expenditure on charitable activities		15,124	172,412	187,536	251,445
Other		<u>6,866</u>	<u>5,529</u>	<u>12,395</u>	<u>11,863</u>
Total		<u>28,112</u>	<u>178,301</u>	<u>206,413</u>	<u>265,247</u>
NET INCOME/(EXPENDITURE)		8,476	(6,098)	2,378	(40,098)
RECONCILIATION OF FUNDS					
Total funds brought forward		<u>76,072</u>	<u>6,692</u>	<u>82,764</u>	<u>122,862</u>
TOTAL FUNDS CARRIED FORWARD		<u>84,548</u>	<u>594</u>	<u>85,142</u>	<u>82,764</u>

The notes form part of these financial statements

Surrey Drug And Alcohol Care Limited

Balance Sheet
31 March 2023

	Notes	Unrestricted funds £	Restricted fund £	2023 Total funds £	2022 Total funds £
FIXED ASSETS					
Tangible assets	12	292	-	292	1,260
CURRENT ASSETS					
Debtors	13	-	959	959	4,926
Cash at bank		<u>85,756</u>	<u>-</u>	<u>85,756</u>	<u>81,359</u>
		85,756	959	86,715	86,285
CREDITORS					
Amounts falling due within one year	14	(1,500)	(365)	(1,865)	(4,781)
		<u>84,256</u>	<u>594</u>	<u>84,850</u>	<u>81,504</u>
NET CURRENT ASSETS					
		<u>84,256</u>	<u>594</u>	<u>84,850</u>	<u>81,504</u>
TOTAL ASSETS LESS CURRENT LIABILITIES					
		<u>84,548</u>	<u>594</u>	<u>85,142</u>	<u>82,764</u>
NET ASSETS					
		<u>84,548</u>	<u>594</u>	<u>85,142</u>	<u>82,764</u>
FUNDS					
	15				
Unrestricted funds				84,548	76,072
Restricted funds				<u>594</u>	<u>6,692</u>
TOTAL FUNDS					
				<u>85,142</u>	<u>82,764</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2023.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2023 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The notes form part of these financial statements

Surrey Drug And Alcohol Care Limited

Balance Sheet - continued

31 March 2023

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 30 October 2023 and were signed on its behalf by:

A handwritten signature in black ink that reads "W C Coad". The letters are cursive and somewhat stylized.

W C Coad - Trustee

The notes form part of these financial statements

Surrey Drug And Alcohol Care Limited

Notes to the Financial Statements
for the Year Ended 31 March 2023

1. ACCOUNTING POLICIES

BASIS OF PREPARING THE FINANCIAL STATEMENTS

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

INCOME

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

EXPENDITURE

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

TANGIBLE FIXED ASSETS

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

TAXATION

The charity is exempt from corporation tax on its charitable activities.

FUND ACCOUNTING

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

2. DONATIONS AND LEGACIES

	2023	2022
	£	£
Donations	60,616	66,677
Grants	<u>142,358</u>	<u>153,061</u>
	<u>202,974</u>	<u>219,738</u>

Grants received, included in the above, are as follows:

	2023	2022
	£	£
Other grants	<u>142,358</u>	<u>153,061</u>

Surrey Drug And Alcohol Care Limited

Notes to the Financial Statements - continued
for the Year Ended 31 March 2023

3. OTHER TRADING ACTIVITIES		2023	2022
		£	£
Management Income		<u>5,400</u>	<u>5,400</u>
4. INVESTMENT INCOME		2023	2022
		£	£
Bank interest		<u>417</u>	<u>11</u>
5. RAISING FUNDS			
OTHER TRADING ACTIVITIES		2023	2022
		£	£
Advertising & publicity		<u>6,482</u>	<u>1,939</u>
6. CHARITABLE ACTIVITIES COSTS			
	Direct	Support	
	Costs	costs (see	Totals
	£	note 7)	£
Expenditure on charitable activities	<u>184,884</u>	<u>2,652</u>	<u>187,536</u>
7. SUPPORT COSTS			Management
			£
Expenditure on charitable activities			<u>2,652</u>
8. NET INCOME/(EXPENDITURE)			
Net income/(expenditure) is stated after charging/(crediting):			
		2023	2022
		£	£
Depreciation - owned assets		<u>968</u>	<u>967</u>

Surrey Drug And Alcohol Care Limited

Notes to the Financial Statements - continued
for the Year Ended 31 March 2023

9. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2023 nor for the year ended 31 March 2022.

TRUSTEES' EXPENSES

There were no trustees' expenses paid for the year ended 31 March 2023 nor for the year ended 31 March 2022.

10. STAFF COSTS

There were no staff costs for the year ended 31 March 2023 nor for the year ended 31 March 2022.

The average monthly number of employees during the year was as follows:

2023 2022

No employees received emoluments in excess of £60,000.

11. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES (01/04/2021 to 31/03/2022)

	Unrestricted funds £	Restricted fund £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	34,513	185,225	219,738
Other trading activities	5,400	-	5,400
Investment income	<u>11</u>	<u>-</u>	<u>11</u>
Total	<u>39,924</u>	<u>185,225</u>	<u>225,149</u>
EXPENDITURE ON			
Raising funds	1,939	-	1,939
Charitable activities			
Expenditure on charitable activities	16,569	234,876	251,445
Other	<u>8,567</u>	<u>3,296</u>	<u>11,863</u>
Total	<u>27,075</u>	<u>238,172</u>	<u>265,247</u>
NET INCOME/(EXPENDITURE)	12,849	(52,947)	(40,098)
RECONCILIATION OF FUNDS			
Total funds brought forward	<u>63,223</u>	<u>59,639</u>	<u>122,862</u>
TOTAL FUNDS CARRIED FORWARD	<u>76,072</u>	<u>6,692</u>	<u>82,764</u>

Surrey Drug And Alcohol Care Limited

Notes to the Financial Statements - continued
for the Year Ended 31 March 2023

12. TANGIBLE FIXED ASSETS

	Computer equipment £
COST	
At 1 April 2022 and 31 March 2023	<u>2,902</u>
DEPRECIATION	
At 1 April 2022	1,642
Charge for year	<u>968</u>
At 31 March 2023	<u>2,610</u>
NET BOOK VALUE	
At 31 March 2023	<u>292</u>
At 31 March 2022	<u>1,260</u>

13. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023 £	2022 £
Deferred Income	-	1,500
Prepayments	<u>959</u>	<u>3,426</u>
	<u>959</u>	<u>4,926</u>

14. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023 £	2022 £
Trade creditors	359	2,375
Directors loan account	6	6
Accrued expenses	<u>1,500</u>	<u>2,400</u>
	<u>1,865</u>	<u>4,781</u>

15. MOVEMENT IN FUNDS

	At 1.4.22 £	Net movement in funds £	Transfers between funds £	At 31.3.23 £
Unrestricted funds				
Unrestricted funds	76,072	8,476	-	84,548
Restricted funds				
Restricted funds	6,692	(6,098)	-	594
	<u>82,764</u>	<u>2,378</u>	<u>-</u>	<u>85,142</u>

Surrey Drug And Alcohol Care Limited

Notes to the Financial Statements - continued
for the Year Ended 31 March 2023

15. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
Unrestricted funds	36,588	(28,112)	8,476
Restricted funds			
Restricted funds	172,203	(178,301)	(6,098)
TOTAL FUNDS	<u>208,791</u>	<u>(206,413)</u>	<u>2,378</u>

Comparatives for movement in funds (01/04/2021 to 31/03/2022)

	At 1.4.21 £	Net movement in funds £	Transfers between funds £	At 31.3.22 £
Unrestricted funds				
Unrestricted funds	63,223	12,849	-	76,072
Restricted funds				
Restricted funds	59,639	(52,947)	-	6,692
TOTAL FUNDS	<u>122,862</u>	<u>(40,098)</u>	<u>-</u>	<u>82,764</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
Unrestricted funds	39,924	(27,075)	12,849
Restricted funds			
Restricted funds	185,225	(238,172)	(52,947)
TOTAL FUNDS	<u>225,149</u>	<u>(265,247)</u>	<u>(40,098)</u>

Surrey Drug And Alcohol Care Limited

Notes to the Financial Statements - continued
for the Year Ended 31 March 2023

15. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.21 £	Net movement in funds £	Transfers between funds £	At 31.3.23 £
Unrestricted funds				
Unrestricted funds	63,223	21,325	-	84,548
Restricted funds				
Restricted funds	59,639	(59,045)	-	594
TOTAL FUNDS	<u>122,862</u>	<u>(37,720)</u>	<u>-</u>	<u>85,142</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
Unrestricted funds	76,512	(55,187)	21,325
Restricted funds			
Restricted funds	357,428	(416,473)	(59,045)
TOTAL FUNDS	<u>433,940</u>	<u>(471,660)</u>	<u>(37,720)</u>

16. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2023.

SURREY DRUG AND ALCOHOL CARE LIMITED

England & Wales - Charity number 1151494

Accounts

REGISTERED COMPANY NUMBER: 08341899 (England and Wales)
REGISTERED CHARITY NUMBER: 1141494

Report of the Trustees and
Unaudited Financial Statements
for the Year Ended 31 March 2022
for
Surrey Drug And Alcohol Care Limited

Gilroy & Brookes Accountants Limited
Suite 15
The Enterprise Centre
Coxbridge Business Park
Farnham
Surrey
GU10 5EH

Surrey Drug And Alcohol Care Limited

Contents of the Financial Statements
for the Year Ended 31 March 2022

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Surrey Drug And Alcohol Care Limited

Report of the Trustees
for the Year Ended 31 March 2022

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2022

The Directors/Trustees have pleasure in presenting their report and Financial Statements for the period ended 31 March 2022.

REFERENCE AND ADMINISTRATIVE DETAILS

Company Registered number	08341899 (England and Wales)
Registered Charity number	1151494
Registered Office	39 Castle Street Guildford Surrey GU1 3UQ
Trustees	Ms K Clark (appointed 22-03-2022) Mrs W Coad (appointed 10-03-2020, appointed Interim Chair 30-03-2021 & Chair 22-03-2022) Mrs A Collyer (appointed 19-10-2019) Mr A Earwaker (appointed 05-01-2016) retired 10-08-2021 Mrs R McKeown (appointed 22-03-2022) Vice Chair Mrs J Mathiot (appointed 19-10-2019) retired 22-03-2022 Ms M Mullings (appointed 22-03-2022) Mrs J Phillips (appointed 19-10-2019) Mr G Poulter (appointed 20-10-2017) Mrs C Roch (appointed by board 06-07-2021) retired 22-03-2022 Mr M Tasker (appointed 19-10-2019)
Company Secretary	Miss E Bassett (appointed 01-04-2019)
Independent Examiner	Anna Coote MAAT Gilroy & Brookes Accountants Ltd Chartered Accountants Suite 15 The Enterprise Centre Coxbridge Business Park Farnham Surrey Farnham GU10 5EH
Bankers	HSBC Bank 6 Commercial Way Woking Surrey GU1 3UQ

Approved by order of the board of trustees on 20th August 2022 and signed on its behalf by:

Mrs Wendy Coad, Chair

W Coad

Surrey Drug And Alcohol Care Limited

Report of the Trustees
for the Year Ended 31 March 2022

OBJECTIVES AND ACTIVITIES
CHARITABLE OBJECTS

The object of the charity shall be to relieve sickness, particularly amongst persons suffering from addiction to drugs and alcohol in Surrey and Borders.

It will do this particularly by:

1. Providing advice and guidance to substance misusers and their friends and relatives.
2. To advance the education of the harmful effects of drugs and alcohol amongst young students engaged in full time education in Surrey and to provide information on how to engage with local NHS services.
3. To provide advice and guidance for interested professionals.
4. To collect and disseminate information on all matters affecting substance misuse particularly with a view to preventing substance misuse by identifying those most vulnerable.
5. To raise funds and invite contributions from any person or persons whatsoever by way of subscription, donation and otherwise provided that the organisation shall not undertake any permanent trading activities in raising funds
6. To do all such lawful things as shall further the objects of the organisation.

Interim Chair's report - A challenging year for the Board, staff, clients and volunteers.

We used the Charity Code of Governance (seven principles for good governance) as a self-assessment tool. This identified where we had work to do as an organisation; to increase the diversity and experience of our Board; ensure Trustees understood their duties; improve how we communicated with our funders and improve how we approached integrity and openness within the organisation for both Trustees and staff. As a result, we started recruiting more Trustees.

In the ever-changing world we live in, with concerns around COVID, economic struggles and the health and welfare of loved ones in the UK and elsewhere, SDAC have applied themselves to be involved in alleviating substance misuse and mental health issues these demands have brought about to so many lives.

SDAC realised we needed more skills following a skills audit and enlisted 4 new Trustees who have made a considerable impact on governance and the daily running of the charity.

Mysharni Mullings led our social media campaigns and has increased our presence and visibility, reaching those we have not before. We have run two radio advertising campaigns this year including different digital radio stations, for which we are able to produce analytics.

Charlotte Roch has been instrumental in producing a marketing plan which has been a focus for SDAC this last year. Her ideas and knowledge have been a turning point on how we structure our marketing.

Rebecca McKeown has moved up to Vice Chair and been able to advise and implement governance and strategic changes which are in line with our Mission Statement and Constitution.

Kate Clarke developed a comprehensive and adequately tested Business Continuity Plan which will be developed and tested as and when needed. The Business Continuity Plan is supported throughout the organisation and appropriately resourced to ensure that the necessary steps are taken to identify the impact of potential losses, maintain viable recovery strategies and plans. The plan will ensure continuity of the service through training, maintenance and review which safeguards the interests of our service users and SDAC.

In August 2021, a group of SDAC volunteers and trustees attended a presentation by HH Judge Robert Fraser MVO DL who honored the work of charitable organisations in Surrey who helped communities through the COVID pandemic. We feel very privileged to be recognised for the work we all accomplish.

Surrey Drug And Alcohol Care Limited

Report of the Trustees for the Year Ended 31 March 2022

Fundraising for the Telephone Counselling Service was successfully executed, and a decision to employ a fundraiser with vision and understanding of the charity's objectives, and importantly the client base of SDAC, was agreed. Increasing our Vice Patron's list, now standing at 40, and ensuring Trusts and Foundations were brought up to date with the charities achievements and that money donated was usefully and appropriately spent has been key during the year. COVID and lockdowns made it difficult at times to contact Trusts and Foundations and to book meetings with relevant people. However, we have been pleased with the response from so many who have funded projects and our service over the past year.

We would like to show our appreciation to Woking Borough Council community Grant, Radian Homes, Third House Trust, Walton Charity and Garfield Western, Wates Foundation for their continued financial support which has been invaluable in supporting the continuation of SDAC and the telephone counselling service. We are indebted to their support and would like to thank them, and others who have made the organisation financially viable throughout the year.

REVIEW OF PRINCIPAL ACTIVITIES AND PLANS FOR FUTURE ACTIVITIES

Surrey Drug and Alcohol Care Ltd (SDAC) is a charity service that is based in and covers the county of Surrey, offering much more than the name suggests. The charity was set up in 1986 with the express intention of helping people with drug and alcohol issues. It has evolved over the years to become a holistic charity that includes mental health in addition to substance misuse, along with service's specifically designed for people affected by the impact of addictions. All our services are non-judgmental, empathetic and genuine, offering help to people with a number of difficulties that may seem insurmountable at times.

The main activities of the charity are:

Helpline

We offer a telephone helpline service, available on a free to call number (0808 802 5000), staffed 24/7, 365 days a year taking calls and enquiries from people who would like our help around an array of issues.

We offer a SMS text service on 07537 432411 that runs between 9am to 2pm Monday to Friday for people with hearing loss or for people who feel uncomfortable about discussing difficulties with our helpline volunteer team. Our website is available at www.surreydrugandalcoholcare.org.uk and you can complete a simple self-referral form for treatment with our telephone counselling service if the need arises.

The helpline is staffed by a team of volunteers, some with many years of experience. The team is well trained in many areas including drugs and alcohol, mental health and helping people (significant others) affected by the impact of the difficulties mentioned. The helpline holds information and can inform callers of wider services available. This service is confidential however we will ask for consent to hold information if a caller is referred into other services we offer.

Our incredible team of volunteers have managed to cover a majority of the shifts of our 24 hour helpline, seven days a week, during a really challenging year. Due to COVID, we were unable to hold any training courses for new volunteers to relieve the pressure on our existing volunteers. We are very proud of this achievement and the dedication of the volunteers to helping people in Surrey. Our wonderful volunteers have gone the extra mile to help our callers, despite experiencing their own difficulties during the COVID pandemic.

We are planning to offer all existing volunteers training in Mental Health Level 2, endorsed by Ofqual and SQA accredited. This will be provided inhouse by Amanda Collyer, helpline volunteer and Outreach Lead.

We run inhouse training (36+ hours) for new volunteers, enabling them to work on the Helpline as advisors and signposting to appropriate services with other organisations. Many volunteers gain invaluable experience through working on the Helpline and then go on to become therapists, support workers and advisors for other organisations and agencies. Luckily many stay on with our services as volunteers on the Helpline.

Many of our volunteers work full time and lead busy lives with family or other work in the community and they offer their precious time to deliver emotional support to our callers in their own empathic and unique way. Our volunteers are an amazing group of people.

Surrey Drug And Alcohol Care Limited

Report of the Trustees
for the Year Ended 31 March 2022

Being the helpline number for the NHS First Steps programme, we have continued to receive calls from those concerned about their mental wellbeing, particularly anxiety and depression. Many of our callers have been in deep distress, and this demonstrates the value of our service and the critical need in the community.

There is no doubt about the immense value of being heard. Our volunteers have the time to listen to callers, to understand their concerns, to offer advice, to signpost to services that help further or to refer people directly into treatment for drug or alcohol concerns.

"Mary is to be commended, fantastic volunteer and so understanding." Anonymous service user

Our volunteers are often the first call people make with getting help for mental wellbeing or acknowledging their struggles with substance misuse. Being able to refer callers directly into treatment for substance misuse, particularly into SDAC Telephone Counselling Service, is a real advantage for callers. Our volunteers also feel confident in the knowledge that callers will be helped.

We are developing further support for our volunteers with continued professional development programmes and bi-monthly virtual meetings, a suggestion from our Volunteer Liaison/Helpline Volunteer. We always welcome ideas from our volunteers as our approach to management and development is one of inclusion.

We support our volunteers every step of the way and they support each other as a team.

We are committed to safeguarding those that use our service and those volunteering. We actively promote equality of opportunity for all, and our volunteers come from diverse backgrounds, cultures and work experience, which is a good reflection of the callers to the helpline.

Feedback from our callers is important and we listen. We use this to not only improve our helpline service and inform our volunteer training, but it is also rewarding for our volunteers to know they have helped. Anonymous feedback is given using the Survey Monkey platform on our website.

83% of callers were "very satisfied" with the help they received.

This coming year is just as busy, and we are ready to listen, to signpost and refer into treatment

Feedback from a current volunteer:

"I have been a volunteer for S.D.A.C for 11 years now. When I did my first shift on my own, of course I was nervous, but I knew that there was someone else at the end of the phone if I got stuck or didn't understand something. Back then it was only drugs and alcohol issues we advised on. There was no peer support, just call the co-ordinator at any time.

As the years have gone by, we now have mental health issues to respond to, which meant learning a new thing totally alien to me. One thing I have learnt is to be more patient and calmer when people call us they really don't know what help is available to them. Sometimes we have to speak to the same person over and over, but even it annoying we carry on and try to help.

I have learnt that you have to keep learning new skills (i.e. new trends in drugs, different street slang terms and the effects on the person)

I can't work in my old job after an operation, so I have a lot of free time. So I do take on shifts that are not covered, especially during the current year due to COVID, which keeps me busy and my mind thinking. I do mean to tell the Coordinator; I'm leaving but I keep forgetting to tell them. S.D.A.C. has given me a lot more that what I've given them.....

All the best....."

Surrey Drug And Alcohol Care Limited

Report of the Trustees
for the Year Ended 31 March 2022

Feedback from Helpline volunteer:

"I find a sense of purpose in covering the Surrey Drug and Alcohol and Mental Help First steps helpline over the past two years when I answer a phone call and can signpost people to relevant mental health charities for support through counselling and Safe Havens. Also, when I can help a person with a drink or drug issue or their family or friends by introducing our Telephone Counselling Service either the standard service or our Boot Camp Counselling service. Kind Regards."

Telephone Counselling Services

This free service has been running since 2010 and was originally aimed at those clients deemed to be hard to reach due to disabilities, nonattendance at walk in services, people in rural areas without easy access to transport, those with children making it difficult to find childcare or have the time to attend sessions, shift workers who cannot attend regular sessions or high-profile users who required discretion for sessions.

Our counselling service offers a range of services for the client; we normally offer weekly one to one counselling sessions via telephone for clients struggling with substance use and any associated mental health issues. Clients are encouraged to work out their own individual recovery pathway from addiction, which takes many forms, in a safe space. More intensive interventions are also available if the client feels this course of action is needed. These are confidential counselling sessions that are offered initially on a weekly basis for 12 weeks, however, can be tailored to each client's needs.

The telephone counselling service for drug and alcohol difficulties, is also available to significant others who will be able to gain help and knowledge of addictions.

Feedback for your Telephone Counselling Service

How did you hear about SDAC?

While under the care of the Crawley mental health team (ATS) SDAC was recommended as an organisation that I could help me. It was the regular contact with a counsellor that attracted me to it. Their team/representative raved about SDAC, rightly so.

Did you think it would work for you?

Absolutely not. At that point in my life, I thought I was beyond help, not to mention being worth help at all. The idea was that I owed it to the people that had tried their best to help me and loved me unconditionally to at least pretend to try. The man on the phone, Giles (counsellor), asked me to give him two weeks. This was perfect because I wasn't sure how much longer I could stand to be breathing but I knew it wasn't long. So the plan was this, I was going to try for two weeks and then I was going to take a secret stash of pills along with bottles of tequila and raspberry vodka. I'd already begun writing my letters and this would give me enough time to complete them.

How did you find it going through the process?

Getting sober and accepting all the things one does when doing so is never a walk going to be light work. Looking at the process itself, it was faultless in my experience. I finally plucked up the courage to make the call, gave a few basic details to a lady called Ann (Helpline call handler) and the following day I was on the phone to a man who little did I know was going to in no uncertain terms save my life. We arranged times to speak that would work for me and my work commitments and Giles never let me down. Aside from getting me through the steps Giles supported me as a person. On a few occasions I was in a bad way and instead of doing steps we just talked, Giles actually heard and understood me. I felt safe being under his care and support. I was able to be totally honest in a safe environment.

What worked well for you?

After we finished doing the steps Giles didn't disappear, we maintained contact with me, and we lessened this as and when I was ready. Having built that rapport with Giles had he have just vanished it could well have been catastrophic to my recovery and rehabilitation.

What didn't work well for you?

I honestly can't think of anything here.

Surrey Drug And Alcohol Care Limited

Report of the Trustees
for the Year Ended 31 March 2022

What would you like to say to potential funders, fundraisers regarding further funding?

SDAC combines mental health support with sobriety, something that's missing from our public health system. I've since been diagnosed with PTSD with symptoms of BPD and SDAC being placed where they are with the likes of Giles & Co. are well placed to help people like me. In my opinion it would have been exceptionally difficult for an ordinary person to help me get sober, I was quite frankly borderline deranged at times and extremely emotionally unstable/fragile. SDAC shouldn't have to be a privately funded charity, it should be a department within the NHS.

We offer a telephone service that we like to call Boot Camp. This is an intense program delivered in 22 hourly sessions of counselling. Depending on the client's situation this can be tailored to either two sessions per day, one session per day or three sessions a week, based again on the clients need and their availability. There is also an accompanying online Zoom therapy group called, the Boot Camp Recovery Group (BCRG), for continued support at the end of the Boot Camp process. This group is only available to those clients upon completion of the Boot Camp process. The group allows clients to stay connected to the service even if they have left one to one counselling. Tapes recorded during AA Conventions are offered to clients who might find these helpful towards their recovery.

SDAC TCS was funded by Surrey Public Health for a Drug Related Death and Non Fatal Overdose (DRD/NFO) pilot project this year. All helpline volunteers and directors were given additional training. Offering 12 weekly sessions, these clients are now offered a group set up by our counsellors. Following a DRD all hope for their loved one's recovery has been lost. The impact this client base experiences, following a drug related death of someone they knew or someone experiencing a non fatal overdose, has often been missed and gone unrecognised. They might need help in exploring their experiences and hopefully maintaining a good level of mental health. Often these clients have never spoken about their feelings and coping strategies to get through daily. Many clients only disclosed they had experienced a DRD or NFO once sessions for other struggles had been ongoing for a while.

By commissioning this service, Surrey County Council aims to:

- support those affected by drug related deaths / non-fatal overdoses
- learn from their experiences, with the aim of reducing further drug related deaths / near non-fatal overdoses
- provide an on-going level of support, through the use of structured group work

We are very proud to be part of this new and much needed project.

We also understand at SDAC that addictions can, and will, affect friends and family members at a very deep level, therefore we offer counselling for significant others. This service runs over twelve counselling sessions via telephone and again can be tailored to need. Our counsellors offer the clients an opportunity to express themselves in a safe space without judgement and in confidence. Our counsellors can also inform the client around addiction, which can be helpful to understand behaviours around addiction.

The feedback received from former clients speaks of an excellent service provided by TCS and many of our former clients have moved forward with us into a new, and at times, wonderful states of being. We are always striving to improve therefore all feedback is gratefully received.

Feedback from a female Boot Camp client

How did you hear about our Bootcamp service?

I heard about SDAC when I was in hospital

Did you think it would work for you?

I didn't think it would really work for me as nothing had worked for me in the past and I'd never managed any length of sobriety before

Surrey Drug And Alcohol Care Limited

Report of the Trustees
for the Year Ended 31 March 2022

How did you find going through the process?

Going through the process I found very supportive and informative

What worked well for you?

The process as a whole has been great, I particularly have benefited from the bootcamp group sessions and the support from the group members and therapists, talking about concerns and moral support

What didn't work well for you?

There hasn't been anything during the process that hasn't worked for me

What would you like to say to potential funders/fundraisers regarding future funding?

As a client of SDAC my life and my family's life has been transformed, I have struggled with addiction all my life and it's not until I found SDAC have I ever managed to get clean, my therapists have supported and guided me through this process. I have no doubt without their help I would still be in the madness of addiction. I desperately needed help but couldn't afford to go to rehab, I never dreamed I would be able to remain sober but with the help of SDAC I am and myself and my family are eternally grateful.

Feedback from a male client attending Boot camp

How did you hear about our Bootcamp service?

I first heard about the service through my doctor giving me a SDAC card. The referral to a counsellor, was efficient and straightforward. I had reached the point where I knew that I was not in control of my addiction. The approach was instantly reassuring and non-judgmental. I knew it was the right course of action

Did you think it would work for you?

My plan was to spend initially, 2 weeks in Rehab (which turned into 4 weeks). The conversation that stands out in my mind the most was knowing that SDAC would be there when I came out of Rehab to go through the Steps and provide the vital continuity to maintaining sobriety. The timetable of 2 weeks for going through the 12 Steps was perfect. This approach enabled me to concentrate fully on the work required in a thorough and organised way. At that stage, I just needed to absorb as much knowledge as soon as possible.

How did you find going through the process?

This work was undertaken during Covid on the telephone. I assume, Zoom or other means could have been an option, but I found by telephone maximised concentration and thought.

What worked well for you?

The continuing service by SADC is excellent and hugely important. The weekly counselling sessions are integral to my continuing sobriety.

What would you like to say to potential funders/fundraisers regarding future funding?

What would I say to funders? It's a very easy question to answer. The service was and is, absolutely vital to enabling me to recognise my alcohol addiction, to doing something about it and maintaining sobriety through the 12 Step program. Continued and hopefully, expanded funding, is essential to saving lives.

Feedback from a significant other

My daughter has borderline personality disorder and uses over the counter codeine developing dependency. Her will to live diminishes. She makes efforts to detox annually. During her latest effort to detox, I reached out to SDAC. The helpline call handler listened patiently and with compassion. Waiting for me to gain control when the tears got too much. Calming me with kindness. When I was calmer he, Tom, suggested SDAC TCS (telephone counselling service.)

Surrey Drug And Alcohol Care Limited

Report of the Trustees
for the Year Ended 31 March 2022

My counsellor called within 3 days and listened with amazing acuity to my nonstop babbling each week, I know she listened as in the gap when I drew breath sometimes after 20 minutes, she would ask a question or direct my babbling in the space. She has heard everything I said. With her help I have gained perspective and taken back some control of my emotions enabling me to cope with my daughters' struggles. This service has been a lifeline as I could not help my daughter through this crisis with my anxiety levels as they were. If all mental health healthcare could be this fast and effective I am sure we could have avoided the past years of suffering.

From a counsellor 1

I work for SDAC TCS because I feel, it is an organisation - where SDAC TCS Counsellors are Working Without Borders. SDAC TCS clients are a diverse range, multilingual and a multicultural society and SDAC TCS promotes a culture of collectivism. SDAC TCS breaks the red tape of working flexibly with the clients, their needs and particularly the time slots, which most counselling organisations do not provide this benefit to the clients. SDAC TCS helps the clients access counselling who may be unable to use face to face counselling. I feel, SDAC as an organisation is very proactive in promoting its work, but the red tape created by other organisations hampers the good work promoted by SDAC. "

From a counsellor 2

SDAC is a unique service as we are quickly able to reach people who have only found waiting lists for therapy elsewhere. We are also able to reach people who are unable or unlikely to engage with face to face therapy. This can often be a crucial step onto a path of greater self-care at a lower entry point for some people.

We are also able to be flexible with people who are working or other commitments in order to fit phone sessions around this. We have a greater reach and can fit sessions into breaks etc due to it being held over the phone. This can be a vital support to people who are trying to rebuild or maintain other aspects of their lives during recovery.

Counsellor 3

I have been a Counsellor at SDAC for 8 years. Our counselling team are all very experienced and qualified to work with our client group.

Our referral system is second to none, clients are seen within days of referral rather than weeks or even months We are often sent clients with dual diagnosis which most other agencies are not equipped to work with. These clients can be the most vulnerable in our society and need our specialist help.

The work we do is so rewarding, helping people through their recovery, encouraging the strength and confidence for them to make positive change. Our clients have fed back the gratitude for being there for them when no one else is, and in some cases, saving their lives.

This work is vital and I am proud to be a part of SDAC.

Outreach

Our Outreach team provided free educational talks to schools, colleges, youth groups and professional groups. In 2021/22 the outreach team met with Year 10/11 pupils at Farnham Hill School, and Scouts in Woking, Churt and Stanwell and Leaders in Leatherhead and Epsom. The service is given free of any charges, due to generous donations and grants. Due to COVID and restrictions we were unable to present to as many organisations as we hoped.

We offer outreach services to an array of institutions including schools, colleges, and universities along with businesses and other charities. If you would like more information, please feel free to contact our team.

Surrey Drug And Alcohol Care Limited

Report of the Trustees
for the Year Ended 31 March 2022

Outreach have been present at the Combined Charities Fair in Guildford and Working together for Woking. Prevention Awareness about substance misuse being the main focus. The Great South Run was completed by one of our TCS counsellors and raised money alongside raising awareness of our services to the community during the event.

In 2022/23 the Charity will continue to perform all of the above services.

ACHIEVEMENT AND PERFORMANCE

SDAC Projects

We have run radio campaigns throughout the year with Surrey and East Hampshire. These have reached those who not only turn the radio on, but digital radio listeners too. A dedicated campaign ensued late 2021 early 2022 which targeted an audience of significant others, Drug Related Death and Non-Fatal overdose. We saw an increase in calls to the Helpline and people self referring into TCS through our website. Social media pages were set up regularly, as was a LinkedIn showcase page.

All policies have been reviewed and updated regardless of when they were due. This is to ensure we are fully compliant with current regulations and have clear procedures in place to ensure we adhere to the policies. We are indebted to Voluntary Action South West Surrey (VASWS) for their assistance in checking the policies for us.

New look SDAC Website

Our website is regularly reviewed and updated. We advertise and promote our services via online social media campaigns and providing literature to GP practices, hospitals, pharmacies, Alcohol Liaison Teams within hospitals in Surrey, Citizen Advice Bureaus, Police, Neighbourhood Teams, Richmond Fellowship, Probation and other relevant organisations within Surrey and Borders. The Helpline is listed on various websites including Healthy Surrey, Talk to Frank, Surrey Information Point and some Surrey Borough Council's. Catalyst also has the Helpline phone number on their recorded message for out of hours help.

SDAC is a member of the Helplines Partnership who assist the Charity with providing the best quality service to our users.

SDAC Helpline Projects

SDAC continues its Contract with Surrey County Council for unrestricted funding as a substance misuse Helpline and have been awarded a further year as the phone number for NHS First Steps.

The Helpline can also refer you to our Telephone Counselling Services (TCS), and you will be contacted within 3 working days of a referral. The Helpline can guide you to the right service that fits your current need. Here at SDAC we offer a range of services depending on your need, delivered by telephone or virtually using the Zoom platform.

Telephone Counselling Service (TCS)

We recognise the work and commitment of our, British Association for Counselling and Psychotherapy (BACP), Registered Counsellors during this difficult year. There was an increase in clients who had complex struggles during the pandemic.

TCS Projects

Boot Camp has become a main service, working with those who feel able to commit to twice daily sessions including weekend calls to check they are maintain their recovery. **96% of those attending Boot Camp stopped drinking or using drugs.** We listened to what they needed to maintain sobriety and piloted, for 6 months, a Boot Camp Recovery Group via Zoom, once a week, for an hour and a half. Once clients completed the Boot Camp sessions, they were invited into the rolling group. They might also like to continue counselling sessions once a week. Due to its success, we have incorporated BCRG into our main Boot Camp service. Boot Camp remains flexible, efficient and an ongoing project due to its phenomenal success. The flexibility of the service ensures clients are quickly offered further counselling sessions if they are struggling.

The Future for Counselling

We also offer a service called Drug Related Death/Non-fatal overdose (DRD/NFO) program to help the families and friends of addicts who have suffered the loss or near loss of a loved one through their addictive behaviours. The counselling is over 12 sessions, usually once a week, and is delivered via telephone or virtually using Zoom. A loss or near loss of a person we love through additions will generate a huge number of questions and feelings of grief, shame, remorse, and fear. Our service will, gently and psychologically, hold the client in the sessions and give the client the space to express their feelings and thoughts. Once clients complete one to one counselling, we will run groups via zoom in which they will be able to participate.

Surrey Drug And Alcohol Care Limited

Report of the Trustees for the Year Ended 31 March 2022

We continue to advertise and engage with those clients who have a multitude of struggles alongside substances used, including domestic violence, criminal activities which impacted on their lives, dual diagnosis, abuse and loss of friendships, family and mental health struggles, diagnosed or otherwise, impacting on their lives.

Outcome monitoring

The feedback from our former clients shows that we provide an excellent service and many of our clients have moved forward with us into a new, and at times, wonderful state of being, however we are always striving to improve, therefore all feedback is gratefully received.

Outreach Projects

Our website is regularly reviewed and updated. We advertise and promote our services via social media campaigns and providing literature to GP practices, hospitals, Alcohol Liaison Teams within Surrey hospitals, Citizen Advice Bureaus, Police and Neighbourhood Teams, and other relevant organisations within Surrey and Borders.

The Helpline is listed on various websites including Healthy Surrey, Talk to Frank, Surrey Information Point and some Surrey Borough Council's. Catalyst also has the Helpline phone number on their recorded message for out of hours help.

Future newsletters, currently distributed monthly to all volunteers, staff and Counsellors, will alternate between monthly zoom meetings and newsletters.

SDAC is a member of the Helplines Partnership who assist the Charity with providing the best quality service to our users.

Risk Management .

We continued to be aware of the threat COVID posed to our services. We consequently considered potential risks and threats to our services. We began to plan how we would respond and sustain our services over the period of the pandemic. As an organisation with many years' experience and expertise of telephone working, we were well placed to take up this increasingly used medium of working. Our hypothesis was a significant increase in demand for our services. This was to prove well founded and well managed. SDAC applied for Government funding from local borough councils and Trusts.

An out of hours, emergency service, for callers is managed by SDAC Helpline 0808 802 5000.

In the event of a power failure, SDAC documents are all backed up weekly on an external hard drive. The SDAC coordinator has backup facilities which can be used in the event of power failure lasting more than a few hours if required, as does TCS.

Loss of Statutory Funding: Contingency planning, including 3-month expenditure reserve, for such an event and regular engagement with commissioners to ensure enough notice of any event can be managed.

Staffing: We regularly train and retain volunteers. Keeping up to date with current thinking and legislation.

Trustees: Regular training, particularly for governance.

REVIEW OF FINANCIAL POSITION

Over the year, the Charity reports a profit of £12,849 and ended the year with a reserve of £122,862.

Trustees regularly monitor the financial performance of the charity, to ensure adequate reserves are always maintained.

Our Financial Policy and combined reserves policy are approved by the Trustees and strictly enforced. Quarterly profit and loss and budget forecasts are agreed by the Board of Trustees. Each Board meeting, normally monthly, the Treasurer presents the financial position of the charity and highlights any concerns. During the year there has been no apparent breaches of SDAC financial policies

Surrey Drug And Alcohol Care Limited

Report of the Trustees for the Year Ended 31 March 2022

Each SDAC project is carefully monitored against income and expenditure. Balancing funding and costs.

FUNDING

Due to funding of £55,912 from Surrey County Council, SDAC can provide a Helpline that is free of charge to callers, along with the associated costs of running and promoting the service.

In November 2019, SDAC created a Community Fundraising Team to raise funds for the organisation and build awareness of the services offered. In 2021/22, the team raised £584. This new initiative will continue to grow next year with new events. We have raised funds using social media, donating whilst shopping and teaming up with local businesses.

We are indebted to all the Trusts, Foundations, Community Funding, Police, Lottery, other large and smaller charities, and those clients who donate towards their counselling sessions. We appreciate the work that has gone into assisting us with improving public awareness of our service through all those mentioned above, as well as our key supporters, persons of high public stature and by word of mouth through personal recommendation.

All restricted and unrestricted funding received has been allocated and used as per terms and conditions of the donor. This is carefully monitored and recorded by the TCS Manager.

We have 40 Vice Patrons who assist us in sourcing potential donors, Trusts and Grant making foundations. We are indebted to their support and work.

We are particularly grateful to the Garfield Weston Foundation, a family founded charitable grant-making trust, who gave over £79 million to over 2,100 charities across the UK in the most recent financial year. The significant donation from Garfield Weston Foundation has hugely benefited many of our clients.

Our successful funding application with Woking Community Grant, has enabled us to continue our invaluable work throughout the year. Without the support of funders and Trusts such as Woking, we would not have reached as many people as intended, and who clearly benefited from the support received.

TCS received £125,133 from generous Trusts and Grants, including £59,820 from clients who donated towards their counselling sessions. We are grateful for the generosity of Shanley and Elmbridge BC, Surrey Heath BC, Woking BC Community Grant, Radian Homes, Postcode Neighbourhood Lottery Trust, Lottery, Community Foundation for Surrey, Henry Smith, Wates, Walton-on-Thames Charity and Third House for enabling counselling sessions for more clients than in previous years.

RESERVES POLICY

The objects of the charity specify that the income and property of the company shall be applied solely towards the objects of the charity.

The Charity aims to have sufficient reserves to cover operating costs for a three-month period.

Trustees review the Finance and Reserves combined policy at regular intervals.

PUBLIC BENEFIT

The company demonstrates public benefit in the following ways:

1. Provision of a 24/7 freephone telephone Helpline for anyone concerned about drug or alcohol use and mild to moderate mental health.

Data for the year, the Helpline

" 1,272 calls for help

" 57% for mental health concerns

" 26% for substance misuse

Surrey Drug And Alcohol Care Limited

Report of the Trustees
for the Year Ended 31 March 2022

- " 10% were for both mental health and substance misuse.
- " 60% of mental health callers were signposted to local IAPT talking therapies
- " Alcohol, cannabis and cocaine being the top three substances callers were using or concerned about others use
- " 87% of substance misuse callers were signposted to or referred into treatment with TCS or other local treatment agencies
- " 255 substance misuse referred into treatment of which 87% engaged with therapy

The Helpline also supports TCS clients in between their counselling sessions and advises professionals on services available in Surrey for substance misuse.

2. Provision of a Telephone Counselling Service offering 12 weekly therapeutic sessions for those affected by substance misuse or significant others, without charge to the client.

Data for the year, Telephone Counselling Service

- " 483 clients were helped
- " 3197 counselling sessions took place (42 of these clients were referred to our counselling service for DRD and NFO struggles)
- " 945 Boot Camp client sessions (Wates Foundation amongst others, contributed to enable this service to our clients)

Every client is offered the opportunity to send confidential feedback evaluating their experience of TCS. This feedback is used to develop and maintain the exemplary service provided.

INTERESTS

Current Trustees and those who served during the year are shown on page 1. The company has no share capital, being a company limited by guarantee.

RISK MANAGEMENT

The Trustees have considered and identified the major risks that could affect the charity. The Trustees consider the existing system of internal controls and procedures to be adequate in mitigating the charity's exposure to those risks.

We are pleased to report that no serious incidents (serious or otherwise) took place in 2021/22.

TRUSTEES' RESPONSIBILITIES

The Trustees are responsible for preparing the Annual Report and the financial statements in accordance with applicable law and the United Kingdom Generally Accepted Accounting Practice. Company law requires the trustees to prepare financial statements for each financial year, which give a true and fair view of the state of the affairs and of the income and expenditure of the Charitable Company for that period. In preparing those financial statements, the Trustees are required to:

- "select suitable accounting policies and then apply them consistently; "
- " make judgements and estimates that are reasonable and prudent;"
- "state whether applicable accounting standards and statements of recommended practice have been followed and give details of any departures;" and
- "prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Charitable Company will continue to operate."

The Trustees are responsible for keeping proper accounting records which disclose, with reasonable accuracy, at any time the financial position of the Charitable Company and to enable them to ensure that the financial statements comply with the Companies Act 2006, the Memorandum and Articles of Association and the Statement of Recommended Practice Accounting and Reporting by Charities (SORA 2005). They are also responsible for safeguarding the assets of the Charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the Trustees are aware:

Surrey Drug And Alcohol Care Limited

Report of the Trustees
for the Year Ended 31 March 2022

There is no relevant audit information of which the charitable company's independent examiner is unaware; and

The Trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the independent examiner is aware of that information.

Leadership Team

As a small charity, the Trustees have all played a part in the management of the charitable obligations and activities:

Emma Bassett: Coordinator for the Helpline volunteers, Safeguarding Lead and charity administrator
Wendy Coad: TCS Services Manager and Fundraising Lead
Amanda Collyer: Outreach Lead (including education of young people) and Deputy Safeguarding Lead
Greg Poulter: Appropriate Adult and Expert Witness in drugs trials
Jayne Mathiot: Finance Lead and Bookkeeping (Honorary Treasurer Forum Member)
Michael Tasker, Kay Rivers & Alison Weeks: Community Fundraising Leads
Giles Witcomb & Paul Lane: TCS Boot Camp and Boot Camp Recovery Groups
Wendy Coad: Helpline Training Lead
Amanda Collyer & Paul Lane: Training team
Amanda Collyer: Mental Health Training Lead
Jana Phillips : Volunteer liaison, Virtual cafe , Newsletter, Outreach

In addition, we are grateful for the conscientious and knowledgeable work done by Lee Tempest, owner of Storm Creative Design, for always being quick to update our website with new developments and campaigns.

We are grateful for the assistance of Snezana Lesley and Carol Davey with administration.

We would like to show our appreciation to the Helpline Volunteers who, despite reduced numbers and their own personal struggles during the COVID pandemic, have continued to help callers. They have remained committed and for this we are extremely grateful, as without volunteers we would not have a helpline. Some of our volunteers have been instrumental in helping with and attending our outreach events.

We would also like to honor our team of BACP Registered Counsellors who are competently bringing empathy, a wealth of knowledge and commitment to their role. Their passion is evident from the positive client feedback.

SMALL COMPANY PROVISIONS

For the period ending 31 March 2022 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476.

The Directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

Trustees' Responsibility Statement

The Trustees (who are also the directors of SURREY DRUG AND ALCOHOL CARE LIMITED for the purpose of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Surrey Drug And Alcohol Care Limited

Report of the Trustees
for the Year Ended 31 March 2022

Company law requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to

select suitable accounting policies and then apply them consistently;
observe the methods and principles in the Charity SORP;
make judgements and estimates that are reasonable and prudent;
prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The Trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence taking reasonable steps for the prevention and detection of fraud and other irregularities.

Surrey Drug And Alcohol Care Limited

Report of the Trustees
for the Year Ended 31 March 2022

STRUCTURE, GOVERNANCE AND MANAGEMENT
ORGANISATION & GOVERNANCE

The Company was incorporated on 27 December 2012 as a company limited by guarantee not having any share capital. The Charity is controlled by its governing document, a deed of trust, as defined by the Companies Act 2006. The Company was registered as a Charity with the Charity Commission (Registration Number 1151494) on 03 April 2013.

The Directors are charity Trustees as defined by section 177 of the Charities Act 2011. Trustees and Associate Directors are appointed and voted into office by voting members of Surrey Drug and Alcohol Limited (SDAC) at the Annual General Meeting and serve for a period of up to three years. Associate Directors are responsible for assisting the Trustees and developing strategies. They do not have voting rights as they hold paid positions within the Charity. Trustees and Associate Directors do not have any shares.

Trustees and Associate Directors consider their training needs at least once a year to ensure the effective governance of the charitable company and attend specific courses to develop their competencies for their respective roles as deemed necessary. Board meetings are held a minimum of six times a year.

STRUCTURE, GOVERNANCE, MANAGEMENT

Chair of Trustees:	Mrs W Coad (appointed 22-03-2022)
Interim Chair	Mrs W Coad (appointed by Board on 30-03-2021)
Vice Chair:	Mrs R McKeown (appointed 22-03-2022)
Treasurer:	Mrs J Mathiot (appointed 19-10-2019) retired 22-03-2022
Company Secretary:	Miss E Bassett (appointed 01-04-2019)
Trustees:	Ms K Clark (appointed 22-03-2022) Mrs A Collyer (appointed 19-10-2019) Mr A Earwaker (appointed 05-01-2016) retired 10-08-2021 Ms M Mullings (appointed 22-03-2022) Mrs J Phillips (appointed 19-10-2019) Mr G Poulter (appointed 20-10-2017) Mrs C Roch (appointed by board 06-07-2021) retired 22-03-2022 Mr M Tasker (appointed 19-10-2019)
Associate Directors:	Mrs K Rivers (appointed 19-10-2019) Mrs A Weeks (appointed 19-10-2019) retired 27-04-2021 Mr G Witcomb (appointed 19-10-2019)
Independent Examiner:	Miss Anna Coote MAAT, Gilroy & Brookes Accountants Ltd Chartered Accountants, Suite 15 The Enterprise Centre Coxbridge Business Park, Farnham, Surrey, GU10 5EH
Bankers:	HSBC Bank, 6 Commercial Way, Woking, Surrey, GU1 3UQ

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number
08341899 (England and Wales)

Surrey Drug And Alcohol Care Limited

Report of the Trustees
for the Year Ended 31 March 2022

Registered Charity number
1141494

Registered office
39 Castle Street
Guildford
Surrey
GU1 3UQ

Trustees

Mrs W C Coad Psychotherapeutic Counsellor
Mrs A Collyer Year Manager - Pastoral Care Education
Mrs J Phillips
G J Poulter Freelance Trainer/expert Witness Detru
K L Rivers Counsellor
M F Tasker Manufacturing Production Manager
G M Witcomb Humanistic Counsellor
A Earwaker
Mrs J Mathiot
Ms K Clark (appointed 22.3.22)
Mrs R Mckeown (appointed 22.3.22)

Company Secretary
Miss E Bassett

Independent Examiner

Miss Anna Coote
MAAT
Gilroy & Brookes Accountants Limited
Suite 15
The Enterprise Centre
Coxbridge Business Park
Farnham
Surrey
GU10 5EH

Associate Directors:

Mr G Witcomb
Mrs K Rivers

Approved by order of the board of trustees on20th August 2022..... and signed on its behalf by:



.....
Mrs W C Coad - Trustee

Independent Examiner's Report to the Trustees of
Surrey Drug And Alcohol Care Limited

Independent examiner's report to the trustees of Surrey Drug And Alcohol Care Limited ('the Company')
I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2022.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Miss Anna Coote
MAAT
Gilroy & Brookes Accountants Limited
Suite 15
The Enterprise Centre
Coxbridge Business Park
Farnham
Surrey
GU10 5EH

Date:

Surrey Drug And Alcohol Care Limited

Statement of Financial Activities
for the Year Ended 31 March 2022

	Notes	Unrestricted funds £	Restricted fund £	2022 Total funds £	2021 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	34,513	185,225	219,738	341,167
Other trading activities	3	5,400	-	5,400	5,400
Investment income	4	11	-	11	28
Total		<u>39,924</u>	<u>185,225</u>	<u>225,149</u>	<u>346,595</u>
EXPENDITURE ON					
Raising funds	5	1,939	-	1,939	22,926
Charitable activities					
Expenditure on charitable activities	6	16,569	234,876	251,445	245,861
Other		8,567	3,296	11,863	10,805
Total		<u>27,075</u>	<u>238,172</u>	<u>265,247</u>	<u>279,592</u>
NET INCOME/(EXPENDITURE)		<u>12,849</u>	<u>(52,947)</u>	<u>(40,098)</u>	<u>67,003</u>
RECONCILIATION OF FUNDS					
Total funds brought forward		63,223	59,639	122,862	55,859
TOTAL FUNDS CARRIED FORWARD		<u><u>76,072</u></u>	<u><u>6,692</u></u>	<u><u>82,764</u></u>	<u><u>122,862</u></u>

The notes form part of these financial statements

Surrey Drug And Alcohol Care Limited

Balance Sheet
31 March 2022

	Notes	Unrestricted funds £	Restricted fund £	2022 Total funds £	2021 Total funds £
FIXED ASSETS					
Tangible assets	11	584	676	1,260	1,351
CURRENT ASSETS					
Debtors	12	-	4,926	4,926	14,129
Cash at bank		77,887	3,472	81,359	109,438
		<u>77,887</u>	<u>8,398</u>	<u>86,285</u>	<u>123,567</u>
CREDITORS					
Amounts falling due within one year	13	(2,399)	(2,382)	(4,781)	(2,056)
NET CURRENT ASSETS		<u>75,488</u>	<u>6,016</u>	<u>81,504</u>	<u>121,511</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>76,072</u>	<u>6,692</u>	<u>82,764</u>	<u>122,862</u>
NET ASSETS		<u>76,072</u>	<u>6,692</u>	<u>82,764</u>	<u>122,862</u>
FUNDS	14				
Unrestricted funds				76,072	63,223
Restricted funds				6,692	59,639
TOTAL FUNDS				<u>82,764</u>	<u>122,862</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2022.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2022 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The notes form part of these financial statements

Surrey Drug And Alcohol Care Limited

Balance Sheet - continued
31 March 2022

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on ..20th.August.2022.. and were signed on its behalf by:

W C Coad

.....
W C Coad - Trustee

The notes form part of these financial statements

Surrey Drug And Alcohol Care Limited

Notes to the Financial Statements
for the Year Ended 31 March 2022

1. ACCOUNTING POLICIES

BASIS OF PREPARING THE FINANCIAL STATEMENTS

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

INCOME

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

EXPENDITURE

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

TANGIBLE FIXED ASSETS

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

TAXATION

The charity is exempt from corporation tax on its charitable activities.

FUND ACCOUNTING

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

2. DONATIONS AND LEGACIES

	2022	2021
	£	£
Donations	66,677	17,557
Grants	153,061	323,610
	<u>219,738</u>	<u>341,167</u>

Grants received, included in the above, are as follows:

	2022	2021
	£	£
Other grants	<u>153,061</u>	<u>323,610</u>

Surrey Drug And Alcohol Care Limited

Notes to the Financial Statements - continued
for the Year Ended 31 March 2022

3. OTHER TRADING ACTIVITIES		2022	2021
		£	£
Management Income		5,400	5,400
		<u> </u>	<u> </u>
4. INVESTMENT INCOME		2022	2021
		£	£
Bank interest		11	28
		<u> </u>	<u> </u>
5. RAISING FUNDS			
OTHER TRADING ACTIVITIES		2022	2021
		£	£
Advertising & publicity		1,939	22,926
		<u> </u>	<u> </u>
6. CHARITABLE ACTIVITIES COSTS			
	Direct	Support	Totals
	Costs	costs (see	£
	£	note 7)	£
Expenditure on charitable activities	246,903	4,542	251,445
	<u> </u>	<u> </u>	<u> </u>
7. SUPPORT COSTS			Management
			£
Expenditure on charitable activities			4,542
			<u> </u>
8. NET INCOME/(EXPENDITURE)			
Net income/(expenditure) is stated after charging/(crediting):			
		2022	2021
		£	£
Depreciation - owned assets		967	732
Deficit on disposal of fixed assets		-	113
		<u> </u>	<u> </u>

Surrey Drug And Alcohol Care Limited

Notes to the Financial Statements - continued
for the Year Ended 31 March 2022

9. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2022 nor for the year ended 31 March 2021.

TRUSTEES' EXPENSES

There were no trustees' expenses paid for the year ended 31 March 2022 nor for the year ended 31 March 2021.

10. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted fund £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	69,287	271,880	341,167
Other trading activities	5,400	-	5,400
Investment income	28	-	28
Total	<u>74,715</u>	<u>271,880</u>	<u>346,595</u>
 EXPENDITURE ON			
Raising funds	9,607	13,319	22,926
Charitable activities			
Expenditure on charitable activities	29,870	215,991	245,861
Other	6,553	4,252	10,805
Total	<u>46,030</u>	<u>233,562</u>	<u>279,592</u>
 NET INCOME	 <u>28,685</u>	 <u>38,318</u>	 <u>67,003</u>
 RECONCILIATION OF FUNDS			
Total funds brought forward	34,538	21,321	55,859
 TOTAL FUNDS CARRIED FORWARD	 <u><u>63,223</u></u>	 <u><u>59,639</u></u>	 <u><u>122,862</u></u>

Surrey Drug And Alcohol Care Limited

Notes to the Financial Statements - continued
for the Year Ended 31 March 2022

11. TANGIBLE FIXED ASSETS

	Computer equipment £
COST	
At 1 April 2021	2,026
Additions	876
	2,902
At 31 March 2022	2,902
DEPRECIATION	
At 1 April 2021	675
Charge for year	967
	1,642
At 31 March 2022	1,642
NET BOOK VALUE	
At 31 March 2022	1,260
	1,260
At 31 March 2021	1,351
	1,351

12. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022 £	2021 £
Trade debtors	-	12,375
Deferred Income	1,500	-
Prepayments	3,426	1,754
	4,926	14,129
	4,926	14,129

13. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022 £	2021 £
Trade creditors	2,375	855
Directors loan account	6	-
Accrued expenses	2,400	1,201
	4,781	2,056
	4,781	2,056

Surrey Drug And Alcohol Care Limited

Notes to the Financial Statements - continued
for the Year Ended 31 March 2022

14. MOVEMENT IN FUNDS

	At 1.4.21 £	Net movement in funds £	Transfers between funds £	At 31.3.22 £
Unrestricted funds				
Unrestricted funds	63,223	12,849	-	76,072
Restricted funds				
Restricted funds	59,639	(52,947)	-	6,692
TOTAL FUNDS	<u>122,862</u>	<u>(40,098)</u>	<u>-</u>	<u>82,764</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
Unrestricted funds	39,924	(27,075)	12,849
Restricted funds			
Restricted funds	185,225	(238,172)	(52,947)
TOTAL FUNDS	<u>225,149</u>	<u>(265,247)</u>	<u>(40,098)</u>

Comparatives for movement in funds

	At 1.4.20 £	Net movement in funds £	Transfers between funds £	At 31.3.21 £
Unrestricted funds				
Unrestricted funds	34,538	28,685	-	63,223
Restricted funds				
Restricted funds	21,321	38,318	-	59,639
TOTAL FUNDS	<u>55,859</u>	<u>67,003</u>	<u>-</u>	<u>122,862</u>

Surrey Drug And Alcohol Care Limited

Notes to the Financial Statements - continued
for the Year Ended 31 March 2022

14. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
Unrestricted funds	74,715	(46,030)	28,685
Restricted funds			
Restricted funds	271,880	(233,562)	38,318
TOTAL FUNDS	<u>346,595</u>	<u>(279,592)</u>	<u>67,003</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.20 £	Net movement in funds £	Transfers between funds £	At 31.3.22 £
Unrestricted funds				
Unrestricted funds	34,538	41,534	-	76,072
Restricted funds				
Restricted funds	21,321	(14,629)	-	6,692
TOTAL FUNDS	<u>55,859</u>	<u>26,905</u>	<u>-</u>	<u>82,764</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
Unrestricted funds	114,639	(73,105)	41,534
Restricted funds			
Restricted funds	457,105	(471,734)	(14,629)
TOTAL FUNDS	<u>571,744</u>	<u>(544,839)</u>	<u>26,905</u>

Surrey Drug And Alcohol Care Limited

Detailed Statement of Financial Activities
for the Year Ended 31 March 2022

	2022	2021
	£	£
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	66,677	17,557
Grants	153,061	323,610
	<hr/>	<hr/>
	219,738	341,167
Other trading activities		
Management Income	5,400	5,400
Investment income		
Bank interest	11	28
	<hr/>	<hr/>
Total incoming resources	225,149	346,595
EXPENDITURE		
Other trading activities		
Advertising & publicity	1,939	22,926
Charitable activities		
Telephone	20	-
Co-Ordinator-Helpline	21,456	21,036
Administration Costs-Helpline	2,058	2,597
Recruitment & Training-Helplin	1,948	685
Volunteers Expenses-Helpline	-	218
Helpline Management Fee	2,700	2,700
Subscriptions -Helpline	1,379	954
Fundraising PR & Marketing -HL	19	-
Outreach Expenses	3	2,693
Fundraising PR & Marketing TCS	37,753	60,594
Charitable expenses-TCS	178,830	151,724
Staff training	60	-
Postage and Stationery	6	-
Governance Cost	671	615
	<hr/>	<hr/>
	246,903	243,816
Other		
Call Handling	4,147	5,148
Bookkeeping	7,279	4,993
IT Software & consumable	437	664
	<hr/>	<hr/>
	11,863	10,805

This page does not form part of the statutory financial statements

Surrey Drug And Alcohol Care Limited

Detailed Statement of Financial Activities
for the Year Ended 31 March 2022

	2022 £	2021 £
Support costs		
Management		
Rent	614	-
Accountancy fees	2,928	1,200
Bank Charges	33	-
Computer equipment	967	732
Loss on sale of intangible fixed assets	-	113
	<u>4,542</u>	<u>2,045</u>
Total resources expended	<u>265,247</u>	<u>279,592</u>
Net (expenditure)/income	<u>(40,098)</u>	<u>67,003</u>

This page does not form part of the statutory financial statements

SURREY DRUG AND ALCOHOL CARE LIMITED

England & Wales - Charity number 1151494

Accounts

REGISTERED COMPANY NUMBER: 08341899 (England and Wales)
REGISTERED CHARITY NUMBER: 1141494

Report of the Trustees and
Unaudited Financial Statements
for the Year Ended 31 March 2021
for
Surrey Drug And Alcohol Care Limited

Gilroy & Brookes Accountants Limited
Suite 15
The Enterprise Centre
Coxbridge Business Park
Farnham
Surrey
GU10 5EH

Surrey Drug And Alcohol Care Limited

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for the Year Ended 31 March 2021

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Surrey Drug And Alcohol Care Limited

Report of the Trustees
for the Year Ended 31 March 2021

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2021

The Directors/Trustees have pleasure in presenting their report and Financial Statements for the period ended 31 March 2021.

REFERENCE AND ADMINISTRATIVE DETAILS

Company Registered number	08341899 (England and Wales)
Registered Charity number	1151494
Registered Office	39 Castle Street Guildford Surrey GU1 3UQ
Trustees	Mr P Beddoes (retired 19-03-2021) Mrs W Coad (appointed 10-03-2020) Mrs J Mathiot (appointed 19-10-2019) Mrs A Collyer (appointed 19-10-2019) Mr A Earwaker (appointed 05-01-2016) Mrs J Phillips (appointed 19-10-2019) Mr G Poulter (appointed 20-10-2017) Mr M Tasker (appointed 19-10-2019)
Company Secretary	Miss E Bassett (appointed 01-04-2019)
Independent Examiner	Anna Coote MAAT Gilroy & Brookes Accountants Ltd Chartered Accountants Suite 15 The Enterprise Centre Coxbridge Business Park Farnham Surrey GU10 5EH
Bankers	HSBC Bank 6 Commercial Way Woking Surrey GU1 3UQ

Approved by order of the board of trustees on 30th June 2022 and signed on its behalf by:

Surrey Drug And Alcohol Care Limited

Report of the Trustees
for the Year Ended 31 March 2021

OBJECTIVES AND ACTIVITIES
CHARITABLE OBJECTS

The object of the charity shall be to relieve sickness, particularly amongst persons suffering from addiction to drugs and alcohol in Surrey and Borders.

It will do this particularly by:

1. Providing advice and guidance to substance misusers and their friends and relatives.
2. To advance the education of the harmful effects of drugs and alcohol amongst young students engaged in full time education in Surrey and to provide information on how to engage with local NHS services.
3. To provide advice and guidance for interested professionals.
4. To collect and disseminate information on all matters affecting substance misuse particularly with a view to preventing substance misuse by identifying those most vulnerable.
5. To raise funds and invite contributions from any person or persons whatsoever by way of subscription, donation and otherwise provided that the organisation shall not undertake any permanent trading activities in raising funds
6. To do all such lawful things as shall further the objects of the organisation.

Interim Chair's report - A challenging year for the Board, staff, clients and volunteers.

The last time I was elected Chair for SDAC was in 2007, having taken the role following Ann Campbell stepping down. I am pleased to see Ann is still on the Helpline and her contribution is worthy of mentioning here. Here I am again, presenting, although this time round as Interim chair!
The year started with lockdown and we envisioned changes to the volume of calls to our helpline and referrals into TCS. We were proved right!

Despite counsellors, volunteers, and staff with COVID, bereavements and managing their own lives, we managed to continue the great services we have always provided. An amazing organisation which has the most dedicated and community conscious people I have ever had the honor to meet and work alongside.

Our Chair, Phil Beddoes, stepped down near to the end of the financial year and during his time with us, implemented the reinstatement of working groups and much more to enable the organisation to expand and develop projects. Our thanks go out to him for his contribution.

Alongside the increasing demands on our services, our Bookkeeper installed and implemented a software program for our accounts. This brought our accounting into line with larger organisations. She has done an amazing job and I have learnt a great deal from her. She is a member of Honorary Treasurer Forum

We used the Charity Code of Governance (seven principles for good governance) as a self-assessment tool. This identified where we had work to do as an organisation; to increase the diversity and experience of our Board; ensure Trustees understood their duties; improve how we communicated with our funders and improve how we approached integrity and openness within the organisation for both Trustees and staff. As a result, we started recruiting more Trustees.

Our Coordinator had to pull out all the stops to cover the fortnightly rota, plus meeting the increase in people contacting us via SMS for help. She assisted in the redevelopment and updating of the SDAC website, making it more user friendly for the public and improving our social media presence. Booking all the zoom meetings during the year was a phenomenal task which she achieved for us all.

The number of people we have served, and the results achieved, I have personally, been quite overwhelmed at the considerable steps people have been able to take towards understanding themselves, their addictions and recovery. I think it is fair to say having worked with what was Surrey Drug Care, which evolved into Surrey Drug and Alcohol Care, for well over 20 years now, it is an organisation I am proud to be part of. The people within SDAC are cohesive, considerate, compassionate, ethical, and very hardworking.

Feedback from one of our Counsellors regarding SDAC:

"Its ethical and also just the best service for miles from other treatment services, quick and easy for people to engage, its heads above any other service. ?? I have moved around a few times and can definitely say that ??"

Surrey Drug And Alcohol Care Limited

Report of the Trustees
for the Year Ended 31 March 2021

Equal access to our services is important for us. Our SMS service is available for deafened or people who are hard of hearing. In addition to our current monitoring of equal access to our services by gender, disability, and sexual orientation, we have striven to promote our services county wide. We have looked and advertised for Trustees who can enhance and plan our advertising campaigns to reach the whole of the community.

We have good reasons to be proud of all that we have achieved during this last, very difficult year.

REVIEW OF PRINCIPAL ACTIVITIES AND PLANS FOR FUTURE ACTIVITIES

Surrey Drug and Alcohol Care Ltd (SDAC) is a charity service that is based in and covers the county of Surrey, offering much more than the name suggests. The charity was set up in 1986 with the express intention of helping people with drug and alcohol issues. It has evolved over the years to become a holistic charity that includes mental health in addition to substance misuse, along with service's specifically designed for people affected by the impact of addictions. All our services are non-judgmental, empathetic and genuine, offering help to people with a number of difficulties that may seem insurmountable at times.

The main activities of the charity are:

Helpline

We offer a telephone helpline service, available on a free to call number (0808 802 5000), staffed 24/7, 365 days a year taking calls and enquiries from people who would like our help around an array of issues. The helpline is staffed by a team of volunteers, some with many years' experience. The team is well trained in many areas including drugs and alcohol, mental health and helping people (significant others) affected by the impact of the difficulties mentioned. The helpline holds information and can inform callers of wider services available. This service is confidential however we will ask for consent to hold information if a caller is referred into other services we offer.

Our incredible team of volunteers have managed to cover a majority of the shifts of our 24 hour helpline, seven days a week, during a really challenging year. Due to COVID, we were unable to hold any training courses for new volunteers to relieve the pressure on our existing volunteers. We are very proud of this achievement and the dedication of the volunteers to helping people in Surrey. Our wonderful volunteers have gone the extra mile to help our callers, despite experiencing their own difficulties during the COVID pandemic.

We are planning to offer all existing volunteers training in Mental Health Level 2, endorsed by Ofqual and SQA accredited. This will be provided inhouse by Amanda Collyer, helpline volunteer and Outreach Lead.

We run inhouse training (36+ hours) for new volunteers, enabling them to work on the Helpline as advisors and signposting to appropriate services with other organisations. Many volunteers gain invaluable experience through working on the Helpline and then go on to become therapists, support workers and advisors for other organisations and agencies. Luckily many stay on with our services as volunteers on the Helpline.

As one service user said, "Lucky to have this service." And we are lucky to have our volunteers! Many of our volunteers work full time and lead busy lives with family or other work in the community and they offer their precious time to deliver emotional support to our callers in their own empathic and unique way.

Our volunteers are an amazing group of people.

Being the helpline number for the NHS First Steps programme, we have seen a 120% increase in callers with concerns about their mental wellbeing, particularly anxiety and depression, during the COVID pandemic. Many of our callers have been in deep distress, and this demonstrates the value of our service and the critical need in the community.

"Extremely grateful at this time ." Anonymous service user

There is no doubt about the immense value of being heard. Our volunteers have the time to listen to callers, to understand their concerns, to offer advice, to signpost to services that help further or to refer people directly into treatment for drug or alcohol concerns.

"Helpline is a great service. " Anonymous service user

Surrey Drug And Alcohol Care Limited

Report of the Trustees
for the Year Ended 31 March 2021

Our volunteers are often the first call people make with getting help for mental wellbeing or acknowledging their struggles with substance misuse. Being able to refer callers directly into treatment for substance misuse, particularly into SDAC Telephone Counselling Service, is a real advantage for callers. Our volunteers also feel confident in the knowledge that callers will be helped.

"Really knowledgeable....very appreciative of service and amazed at support on offer." Anonymous service user.

We are developing further support for our volunteers with continued professional development programmes and bi-monthly virtual meetings, a suggestion from our Volunteer Liaison/ Helpline Volunteer. We always welcome ideas from our volunteers as our approach to management and development is one of inclusion.

We support our volunteers every step of the way and they support each other as a team.

We are committed to safeguarding those that use our service and those volunteering. We actively promote equality of opportunity for all, and our volunteers come from diverse backgrounds, cultures and work experience, which is a good reflection of the callers to the helpline.

Feedback from our callers is important and we listen. We use this to not only improve our helpline service and inform our volunteer training, but it is also rewarding for our volunteers to know they have helped. Anonymous feedback is given using the Survey Monkey platform on our website.

90% of callers were "very satisfied" with the help they received .

If you feel uncomfortable about discussing your difficulty or difficulties with our helpline volunteer team, we offer a SMS text service on 07537 432411 that runs between 9am to 2pm Monday to Friday and we also have a website that is available on www.surreydrugandalcoholcare.org.uk A self-referral button can be used to contact us by filling in a simple form if the need arises.

This coming year is just as busy, and we are ready to listen, to signpost and refer into treatment

Feedback from a current volunteer:

"I have been a volunteer for S.D.A.C for 11 years now. When I did my first shift on my own, of course I was nervous, but I knew that there was someone else at the end of the phone if I got stuck or didn't understand something. Back then it was only drugs and alcohol issues we advised on. There was no peer support, just call the co-ordinator at any time.

As the years have gone by, we now have mental health issues to respond to, which meant learning a new thing totally alien to me. One thing I have learnt is to be more patient and calmer when people call us they really don't know what help is available to them. Sometimes we have to speak to the same person over and over, but even it annoying we carry on and try to help.

I have learnt that you have to keep learning new skills (i.e. new trends in drugs, different street slang terms and the effects on the person)

I can't work in my old job after an operation, so I have a lot of free time. So I do take on shifts that are not covered, especially during the current year due to COVID, which keeps me busy and my mind thinking.

I do mean to tell the Coordinator; I'm leaving but I keep forgetting to tell them. S.D.A.C. has given me a lot more that what I've given them.....

All the best....."

Feedback from Helpline volunteer:

"I find a sense of purpose in covering the Surrey Drug and Alcohol and Mental Help First steps helpline over the past two years when I answer a phone call and can signpost people to relevant mental health charities for support through counselling and Safe Havens. Also, when I can help a person with a drink or drug issue or their family or friends by introducing our Telephone Counselling Service either the standard service or our Boot Camp Counselling service. Kind Regards."

Surrey Drug And Alcohol Care Limited

Report of the Trustees for the Year Ended 31 March 2021

Telephone Counselling Services

This free service has been running since 2010 and was originally aimed at those deemed to be hard to reach clients due to disabilities, nonattendance at walk in services, people in rural areas without easy access to transport, those with children making it difficult to find childcare or have the time to attend sessions, shift workers who cannot attend regular sessions or high-profile users.

Our counselling service offers a range of services for the client, we offer one to one counselling sessions via telephone for clients struggling with mental health issues and these are normally delivered on a weekly basis. These are confidential counselling sessions that are offered initially on a weekly basis for 12 weeks however as mentioned above can be tailored to each client's needs.

We offer a telephone counselling service for drug and alcohol difficulties, and the client will be able to gain help and knowledge of addictions, in all their forms, and work out what is the right recovery pathway for themselves in a safe space: if they so choose to go into recovery. More intensive interventions are also available if the client feels this course of action is needed.

We offer a telephone service that we like to call Boot Camp. This is an intense programme delivered in 22 hourly sessions of counselling. Depending on the client's situation this can be tailored to either two sessions per day, one session per day or three sessions a week, based again on the clients need and their availability. There is also a partner online (Zoom) therapy group called the Boot Camp Recovery Group (BCRG) for continued support at the end of the Boot Camp process. This group is only available to those clients upon completion of the Boot Camp process. The group allows clients to stay connected to the service even if they have left one to one counselling. Convention tapes are offered to clients who might find these helpful towards their recovery.

We also understand at SDAC that addictions can, and will, affect friends and family members at a very deep level, therefore we offer counselling for significant others. This service runs over twelve counselling sessions via telephone and again can be tailored to need. Our counsellors offer the clients an opportunity to express themselves in a safe space without judgement and in confidence. Our counsellors can also inform the client around addiction, which can be helpful to understand behaviours around addiction.

The feedback we have receive from former clients shows us we provide an excellent service and many of our former clients have moved forward with us into a new, and at times, wonderful state of being. We are always striving to improve therefore all feedback is gratefully received.

Outreach

Our Outreach team provides free educational talks to schools, colleges, youth groups and professional groups. In 2020/21 the Outreach team met with 103 Year 10/11 pupils and 25 Scouts working towards a badge attended an online training workshop in Surrey. The service is given free of any charges, due to generous donations and grants totaling £2,692.84. Due to COVID and restrictions we were unable to present to as many organisations as we hoped.

Our intention is to visit more schools in 2021/22 once COVID related restrictions have been sufficiently lifted. Our Youth Festival was postponed due to COVID lockdown and has been re-booked for July 2022. We now also sit on the EAT (Edibles Action Team) and the Edibles Education Team. There will be a booking for the Combined Charities Christmas Fair in Guildford in November 2021.

We offer Outreach services to an array of institutions including schools, colleges, and universities along with businesses and other charities. If you would like more information, please feel free to contact our team.

In 2021/22 the Charity will continue to perform all of the above services.

Surrey Drug And Alcohol Care Limited

Report of the Trustees
for the Year Ended 31 March 2021

ACHIEVEMENT AND PERFORMANCE

SDAC Projects

All policies have been reviewed and updated regardless of when they were due. This is to ensure we are fully compliant with current regulations and have clear procedures in place to ensure we adhere to the policies. We are indebted to Voluntary Action South West Surrey (VASWS) for their assistance in checking the policies for us.

New look SDAC Website

Our website is regularly reviewed and updated. We advertise and promote our services via online social media campaigns and providing literature to GP practices, hospitals, pharmacies, Alcohol Liaison Teams within hospitals in Surrey, Citizen Advice Bureaus, Police, Neighbourhood Teams, Richmond Fellowship, Probation and other relevant organisations within Surrey and Borders. The Helpline is listed on various websites including Healthy Surrey, Talk to Frank, Surrey Information Point and some Surrey Borough Council's. Catalyst also has the Helpline phone number on their recorded message for out of hours help.

SDAC is a member of the Helplines Partnership who assist the Charity with providing the best quality service to our users.

SDAC Helpline Projects

SDAC secured the Contract with Surrey County Council for a further years unrestricted funding as a substance misuse Helpline.

If you feel uncomfortable about discussing your difficulty or difficulties with our helpline volunteer team, we offer a SMS text service on 07537 432411 that runs between 9am and 2pm, Monday to Friday and we also have a website that is available by visiting, www.surreydrugandalcoholcare.org.uk, which has a self-referral button you can use for accessing our Telephone Counselling Services, if the need arises.

The Helpline can also refer you to our Telephone Counselling Services (TCS), and you will be contacted within 3 working days of a referral. The Helpline can guide you to the right service that fits your current need. Here at SDAC we offer a range of services depending on your need, delivered by telephone or virtually using the Zoom platform.

Telephone Counselling Service (TCS)

We recognise the work and commitment of our, British Association for Counselling and Psychotherapy (BACP), Registered Counsellors during this difficult year. There was an increase in clients who had complex struggles during the pandemic.

An amazing 98% of those attending Boot Camp stopped drinking or using drugs.

We listened to what the clients of Boot Camp needed to maintain sobriety and piloted, for 6 months, a Boot Camp Recovery Group (BCRG) via Zoom, once a week for an hour and a half. Once clients completed the Boot Camp sessions, they were invited into the rolling group. Due to its success, we have incorporated BCRG into our main Boot Camp service.

Statement from an SDAC TCS client with consent to share.

"11 months ago I realised with some shock, (after many years of denial) that I was and AM an alcoholic. At the time of that acceptance, I had spent 7 weeks in a coma in intensive care, following a heart failure, multiple organ failure and a seizure. My wife was advised to prepare for the worst. My wife wanted to leave, my relationship with my children was failing. Today I am a recovering alcoholic. 11 months completely sober. Reasonably medically fit, if somewhat immobile, and my wife and family relationship is very strong once again. I was spared prison and have reached a happy and satisfying stage of contentment by working hard with my wife but crucially and critically thanks to the support of SDAC Telephone Counselling Service. My counsellor's knowledge, dedication, own life experiences, and qualifications were inspirational to me and still inspire to reaching a similar level of recovery as he has."

Client feedback:

"I have recently finished 12 sessions of counselling with TCS. This is the first time in approx.. 20 years of therapy that I have received the appropriate help, so most of what I have learned is new to me and I have just started to scratch the surface. I am making good progress and will continue to do so."

Surrey Drug And Alcohol Care Limited

Report of the Trustees
for the Year Ended 31 March 2021

Letter from a client who wished to make a statement:

"I am writing this at 7.30 in the morning of Tuesday 16th March 2021. A year ago I would not have been awake for the next 2 hours at least. When I did wake, my first thought would be; is there any wine left in the fridge from last night? There was. That will see me through till 10.00. It did. By 10.30 my stock had been replenished. The day was heading in only one direction. Just like all the previous days.

Last July I was referred TCS. A challenge was given by my counsellor. Are you willing to join the Boot Camp and learn how to take charge of your life through learning the 12 steps? The answer was obvious. I am now six months sober and am able to look back on previous decades of my life. The inevitable descent into alcoholism. The recognition of opportunities missed and the constant stress needing the next drink. The future is so different now. There is one organisation and one person that saved me from that past and showed me a future. Kind regards AW"

We also understand at SDAC that addictions, can and will, affect friends and family members at a very deep level therefore we offer counselling for significant others. This service runs over 12 counselling sessions via telephone and again can be tailored to need. Our counsellors offer the clients an opportunity to express themselves in a safe space without judgement and in confidence. Our counsellors can also inform the client around addiction, which can be helpful to understand behaviours around addiction.

Feedback from client:

"This is the first time in my therapy journey that my specific needs have been targeted. We are making progress. My counsellor is extremely knowledgeable, kind and easy to talk to."

TCS Projects

Boot Camp has become a main service, working with those who feel able to commit to twice daily sessions including weekend calls to check they are maintain their recovery. **98% of those attending Boot Camp stopped drinking or using drugs.** We listened to what they needed to maintain sobriety and piloted, for 6 months, a Boot Camp Recovery Group via Zoom, once a week, for an hour and a half. Once clients completed the Boot Camp sessions, they were invited into the rolling group. They might also like to continue counselling sessions once a week. Due to its success, we have incorporated BCRG into our main Boot Camp service. Boot Camp remains flexible, efficient and an ongoing project due to its phenomenal success. The flexibility of the service ensures clients are quickly offered further counselling sessions if they are struggling.

Case study from a Boot Camp client:

Working from home and drinking heavily. On Saturday, an assessment of the client's needs was taken and their availability to attend twice daily sessions and their willingness to accept they needed help. Sunday AA meetings identified as manageable. Explored why previous attempts at attending AA meetings had not proved effective enough. Past dynamics of family and abuse explored along with what had been lost due to alcohol use during following sessions. Client worked shifts and the flexible nature of the service enabled them to work daily and have sessions. Client was shocked their recovery was put first rather being told 'we cannot do that time'. Client lapsed one day but got back on track the following day which was a new experience.

Feedback from the client of the case study:

"My life has changed so much. I am so pleased I accepted your program. The twice daily sessions made the big difference. My counselling was tough at times but had so much patience, knowledge, and care. This has turned my life around beyond anything I thought was possible."

Client received a 3-month check call and a 6-month check call. To date no further alcohol use, however, the client can come access TCS or Boot Camp anytime they feel

Feedback from the Counsellor of the case study:

"I had a check call with a client today. He is now clean 100 days and in CA with a sponsor. I have to say it was a pleasure speaking to him, he is a changed man, and it gave my work real tangible value. It was good for me to."

Surrey Drug And Alcohol Care Limited

Report of the Trustees
for the Year Ended 31 March 2021

The Future for Counselling

We also offer a service called Drug Related Death/Non-fatal overdose (DRD) program to help the families and friends of addicts who have suffered the loss or near loss of a loved one through their addictive behaviours. The counselling is over 12 sessions, usually once a week, and is delivered via telephone or virtually using Zoom. A loss or near loss of a person we love through additions will generate a huge number of questions and feelings of grief, shame, remorse, and fear. Our service will, gently and psychologically, hold the client in the sessions and give the client the space to express their feelings and thoughts. Once clients complete one to one counselling, we will run groups via zoom in which they will be able to participate.

We continue to advertise and engage with those clients who have a multitude of struggles alongside substances used, including domestic violence, criminal activities which impacted on their lives, dual diagnosis, abuse and loss of friendships, family and mental health struggles, diagnosed or otherwise, impacting on their lives.

Emergency funding was secured to enable us recruiting two additional Counsellors.

Outcome monitoring

The feedback from our former clients shows that we provide an excellent service and many of our clients have moved forward with us into a new, and at times, wonderful state of being, however we are always striving to improve, therefore all feedback is gratefully received.

Outreach Projects

Youth Festival postponed till July 2022 to ensure full capacity for the day. Many events and performers are booked for this event, which will see up to 350 young people engaging in activities and educational sessions.

In late 2021, we wish to provide a Parents Conference. This would give parents the opportunity to better understand the difficulties young people might experience with alcohol and or substance use, or the pressures they are under to use them.

Our website is regularly reviewed and updated. We advertise and promote our services via social media campaigns and providing literature to GP practices, hospitals, Alcohol Liaison Teams within Surrey hospitals, Citizen Advice Bureaus, Police and Neighbourhood Teams, and other relevant organisations within Surrey and Borders.

The Helpline is listed on various websites including Healthy Surrey, Talk to Frank, Surrey Information Point and some Surrey Borough Council's. Catalyst also has the Helpline phone number on their recorded message for out of hours help.

Future newsletters, currently distributed monthly to all volunteers, staff and Counsellors, will alternate between monthly zoom meetings and newsletters.

SDAC is a member of the Helplines Partnership who assist the Charity with providing the best quality service to our users.

Risk Management.

During March 2020, and subsequent lockdowns, we became increasingly aware of the threat COVID. We consequently considered potential risks and threats to our services. We began to plan how we would respond and sustain our services over the period of the pandemic. As an organisation with many years' experience and expertise of telephone working, we were well placed to take up this increasingly used medium of working. Our hypothesis was a significant increase in demand for our services. This was to prove well founded and well managed. SDAC applied for Government funding from local borough councils and Trusts.

An out of hours, emergency service, for callers is managed by SDAC Helpline 0808 802 5000.

In the event of a power failure, SDAC documents are all backed up weekly on an external hard drive. The SDAC coordinator has backup facilities which can be used in the event of power failure lasting more than a few hours if required, as does TCS.

Loss of Statutory Funding: Contingency planning, including 3-month expenditure reserve, for such an event and regular engagement with commissioners to ensure enough notice of any event can be managed.

Surrey Drug And Alcohol Care Limited

Report of the Trustees
for the Year Ended 31 March 2021

Staffing: We regularly train and retain volunteers. Keeping up to date with current thinking and legislation.

Trustees: Regular training, particularly for governance. Adverts in place for recruitment of more Trustees with relevant experience and knowledge.

REVIEW OF FINANCIAL POSITION

Over the year, the Charity reports a profit of £67,003.51 and ended the year with a reserve of £122,862.

Trustees regularly monitor the financial performance of the charity, to ensure adequate reserves are always maintained.

Our Financial Policy and combined reserves policy are approved by the Trustees and strictly enforced. Quarterly profit and loss and budget forecasts are agreed by the Board of Trustees. Each Board meeting, normally monthly, the Treasurer presents the financial position of the charity and highlights any concerns. During the year there has been no apparent breaches of SDAC financial policies

Each SDAC project is carefully monitored against income and expenditure. Balancing funding and costs.

FUNDING

Due to funding of £50,700 from Surrey County Council, SDAC can provide a Helpline that is free of charge to callers, along with the associated costs of running and promoting the service.

In November 2019, SDAC created a Community Fundraising Team to raise funds for the organisation and build awareness of the services offered. In 2020/21, the team raised £188.32. This new initiative will continue to grow next year with new events.

We are indebted to all the Trusts, Foundations, Community Funding, Police, Lottery, other large and smaller charities, and those clients who donate towards their counselling sessions. We appreciate the work that has gone into assisting us with improving public awareness of our service through all those mentioned above, as well as our key supporters, persons of high public stature and by word of mouth through personal recommendation.

We have 38 Vice Patrons who assist us in sourcing potential donors, Trusts and Grant making foundations. We are indebted to their support and work.

We are particularly grateful to the Garfield Weston Foundation, a family founded charitable grant-making trust, who gave over £79 million to over 2,100 charities across the UK in the most recent financial year. The significant donation from Garfield Weston Foundation has hugely benefited many of our clients.

Our successful funding application with Woking Community Grant, has enabled us to continue our invaluable work throughout the year. Without the support of funders and Trusts such as Woking, we would not have reached as many people as intended, and who clearly benefited from the support received.

TCS received £260,860 from generous Trusts and Grants, including £4,410 from clients who donated towards their counselling sessions. We are grateful for the generosity of Shanley and Elmbridge BC, Surrey Heath BC, Woking BC Community Grant, Radian Homes, Postcode Neighbourhood Lottery Trust, Lottery, Community Foundation for Surrey, Henry Smith, Wates, Walton-on-Thames Charity and Third House for enabling counselling sessions for more clients than in previous years.

RESERVES POLICY

The objects of the charity specify that the income and property of the company shall be applied solely towards the objects of the charity.

The Charity aims to have sufficient reserves to cover operating costs for a three-month period.

Trustees review the Finance and Reserves combined policy at regular intervals.

PUBLIC BENEFIT

The company demonstrates public benefit in the following ways:

Surrey Drug And Alcohol Care Limited

Report of the Trustees
for the Year Ended 31 March 2021

1. Provision of a 24/7 freephone telephone Helpline for anyone concerned about drug or alcohol use and mild to moderate mental health.

Over the year, the Helpline received:

- " 1,525 calls for help
- " 48% for mental health concerns
- " 25% for substance misuse
- " 16% were for both mental health and substance misuse.
- " 6% calls from professionals
- " 5% SMS messages for help

The Helpline referred 316 callers into treatment with either SDAC TCS or other agencies, of which 84% successfully engaged in counselling. An increase of 93 referrals from 2019/20

The Helpline also supports TCS clients in between their counselling sessions and advises professionals on services available in Surrey for substance misuse.

2. Provision of a Telephone Counselling Service offering 12 weekly therapeutic sessions for those affected by substance misuse or significant others, without charge to the client.

Over the year, TCS recorded:

- " 3,254 telephone counselling sessions were attended
- " 469 clients received counselling
- " 87 additional clients went through the Boot camp program
- " 1,104 Boot Camp counselling sessions, 218 weekend check calls and 31 Boot Camp Recovery Group sessions
- " 31 to 50 years of age were the highest percentage of clients referred by SDAC Helpline
- " 80% of clients used alcohol, the remaining used other substances, cocaine and cannabis being the highest use of the 20%.
- " 85% of clients reported their substance use affected their work and family relationships.
- " 36% had children under the age of 16 years
- " 6% of all clients were recently or currently in the criminal justice system.
- " 17% of clients reported experiencing domestic violence or sexual assault currently or at some time in the past, which still caused adverse effects.

Every client is offered the opportunity to send confidential feedback evaluating their experience of TCS. This feedback is used to develop and maintain the exemplary service provided.

INTERESTS

Current Trustees and those who served during the year are shown on page 2. The company has no share capital, being a company limited by guarantee.

RISK MANAGEMENT

The Trustees have considered and identified the major risks that could affect the charity. The Trustees consider the existing system of internal controls and procedures to be adequate in mitigating the charity's exposure to those risks.

We are pleased to report that no serious incidents (serious or otherwise) took place in 2020/21

TRUSTEES' RESPONSIBILITIES

The Trustees are responsible for preparing the Annual Report and the financial statements in accordance with applicable law and the United Kingdom Generally Accepted Accounting Practice. Company law requires the trustees to prepare financial statements for each financial year, which give a true and fair view of the state of the affairs and of the income and expenditure of the Charitable Company for that period. In preparing those financial statements, the Trustees are required to:

"select suitable accounting policies and then apply them consistently; " make judgements and estimates that are reasonable and prudent;"

Surrey Drug And Alcohol Care Limited

Report of the Trustees
for the Year Ended 31 March 2021

"state whether applicable accounting standards and statements of recommended practice have been followed and give details of any departures;" and

"prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Charitable Company will continue to operate."

The Trustees are responsible for keeping proper accounting records which disclose, with reasonable accuracy, at any time the financial position of the Charitable Company and to enable them to ensure that the financial statements comply with the Companies Act 2006, the Memorandum and Articles of Association and the Statement of Recommended Practice Accounting and Reporting by Charities (SORA 2005). They are also responsible for safeguarding the assets of the Charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the Trustees are aware:

There is no relevant audit information of which the charitable company's independent examiner is unaware; and

The Trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the independent examiner is aware of that information.

Leadership Team

As a small charity, the Trustees have all played a part in the management of the charitable obligations and activities:

Emma Bassett: Coordinator for the Helpline volunteers, Safeguarding Lead and charity administrator

Jana Philips: Volunteer Liaison Lead and production of SDAC Newsletters

Wendy Coad: TCS Services Manager and Fundraising Lead

Michael Tasker, Kay Rivers & Alison Weeks: Community Fundraising Leads

Alan Earwaker & Amanda Collyer: Outreach Lead for education of young people

Greg Poulter: Appropriate Adult and Expert Witness in drugs trials

Wendy Coad: Training Lead

Amanda Collyer & Paul Lane: Training team

Amanda Collyer: Mental Health Training Lead

Giles Witcomb & Paul Lane: TCS Boot Camp and Boot Camp Recovery Groups

Jayne Mathiot: Finance Lead and Bookkeeping (Honorary Treasurer Forum Member)

In addition, we are grateful for the conscientious and knowledgeable work done by Lee Tempest, owner of Storm Creative Design, for designing, setting up and maintaining our new look website.

Vijay Kumar, owner of Newgence, advised us on social media and delivered our campaign on Instagram and Facebook.

We are grateful for the assistance of Snezana Lesley and Carol Davey with administration and Mary Tobin for her work with our marketing.

We would like to show our appreciation to the Helpline Volunteers who, despite reduced numbers and their own personal difficulties during the COVID pandemic, have continued to help callers.

We would also like to honor our team of BACP Registered Counsellors who are competently bringing empathy, a wealth of knowledge and commitment to their role. Their passion is evident from the positive client feedback.

SMALL COMPANY PROVISIONS

For the period ending 31 March 2021 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476.

The Directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

Surrey Drug And Alcohol Care Limited

Report of the Trustees
for the Year Ended 31 March 2021

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

Trustees' Responsibility Statement

The Trustees (who are also the directors of SURREY DRUG AND ALCOHOL CARE LIMITED for the purpose of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to

select suitable accounting policies and then apply them consistently;
observe the methods and principles in the Charity SORP;
make judgements and estimates that are reasonable and prudent;
prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The Trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence taking reasonable steps for the prevention and detection of fraud and other irregularities.

Surrey Drug And Alcohol Care Limited

Report of the Trustees
for the Year Ended 31 March 2021

STRUCTURE, GOVERNANCE AND MANAGEMENT
ORGANISATION & GOVERNANCE

The Company was incorporated on 27 December 2012 as a company limited by guarantee not having any share capital. The Charity is controlled by its governing document, a deed of trust, as defined by the Companies Act 2006. The Company was registered as a Charity with the Charity Commission (Registration Number 1151494) on 03 April 2013.

The Directors are charity Trustees as defined by section 177 of the Charities Act 2011. Trustees and Associate Directors are appointed and voted into office by voting members of Surrey Drug and Alcohol Limited (SDAC) at the Annual General Meeting and serve for a period of up to three years. Associate Directors are responsible for assisting the Trustees and developing strategies. They do not have voting rights as they hold paid positions within the Charity. Trustees and Associate Directors do not have any shares.

Trustees and Associate Directors consider their training needs at least once a year to ensure the effective governance of the charitable company and attend specific courses to develop their competencies for their respective roles as deemed necessary. Board meetings are held a minimum of six times a year.

STRUCTURE, GOVERNANCE, MANAGEMENT

Chair of Trustees:	Mr P Beddoes (appointed 10-03-2020) Mr P Beddoes (retired 19-03-2021)
Interim Chair	Mrs W Coad (appointed by Board on 30-03-2021)
Vice Chair:	Mr P Beddoes (retired 10-03-2020)
Vice Chair:	Mrs W Coad (appointed 10-03-2020)
Treasurer:	Mrs J Mathiot (appointed 19-10-2019)
Company Secretary:	Miss E Bassett (appointed 01-04-2019)
Trustees:	Mrs A Collyer (appointed 19-10-2019) Mr A Earwaker (appointed 05-01-2016) Mrs J Phillips (appointed 19-10-2019) Mr G Poulter (appointed 20-10-2017) Mr M Tasker (appointed 19-10-2019)
Associate Directors:	Mrs K Rivers (appointed 19-10-2019) Mrs A Weeks (appointed 19-10-2019) Mr G Witcomb (appointed 19-10-2019)
Independent Examiner:	Miss Anna Coote MAAT, Gilroy & Brookes Accountants Ltd Chartered Accountants, Suite 15 The Enterprise Centre Coxbridge Business Park, Farnham, Surrey, GU10 5EH
Bankers:	HSBC Bank, 6 Commercial Way, Woking, Surrey, GU1 3UQ

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number
08341899 (England and Wales)

Registered Charity number
1141494

Surrey Drug And Alcohol Care Limited

Report of the Trustees
for the Year Ended 31 March 2021

Registered office

39 Castle Street
Guildford
Surrey
GU1 3UQ

Trustees

Mrs W C Coad Psychotherapeutic Counsellor
Mrs A Collyer Year Manager - Pastoral Care Education
Mrs J Phillips
G J Poulter Freelance Trainer/expert Witness Detru
K L Rivers Counsellor
M F Tasker Manufacturing Production Manager
G M Witcomb Humanistic Counsellor
A Earwaker
P Beddoes
Mrs J Mathiot

Company Secretary

Miss E Bassett

Independent Examiner

Miss Anna Coote
MAAT
Gilroy & Brookes Accountants Limited
Suite 15
The Enterprise Centre
Coxbridge Business Park
Farnham
Surrey
GU10 5EH

Associate Directors:

Mr G Witcomb
Mrs K Rivers

Approved by order of the board of trustees on ~~29th June 2022~~..... and signed on its behalf by:



.....
Mrs W C Coad - Trustee

Independent Examiner's Report to the Trustees of
Surrey Drug And Alcohol Care Limited

Independent examiner's report to the trustees of Surrey Drug And Alcohol Care Limited ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2021.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a registered member of MAAT which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Miss Anna Coote
MAAT
Gilroy & Brookes Accountants Limited
Suite 15
The Enterprise Centre
Coxbridge Business Park
Farnham
Surrey
GU10 5EH

Date: 1 July 2022

Surrey Drug And Alcohol Care Limited

Statement of Financial Activities
for the Year Ended 31 March 2021

	Notes	Unrestricted funds £	Restricted fund £	2021 Total funds £	2020 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	69,287	271,880	341,167	179,750
Other trading activities	3	5,400	-	5,400	-
Investment income	4	28	-	28	66
Total		<u>74,715</u>	<u>271,880</u>	<u>346,595</u>	<u>179,816</u>
 EXPENDITURE ON					
Raising funds	5	9,607	13,319	22,926	8,847
Charitable activities					
Expenditure on charitable activities	6	29,870	215,991	245,861	142,908
Other		6,553	4,252	10,805	4,843
Total		<u>46,030</u>	<u>233,562</u>	<u>279,592</u>	<u>156,598</u>
 NET INCOME		 <u>28,685</u>	 <u>38,318</u>	 <u>67,003</u>	 <u>23,218</u>
 RECONCILIATION OF FUNDS					
Total funds brought forward		34,538	21,321	55,859	32,641
 TOTAL FUNDS CARRIED FORWARD		 <u><u>63,223</u></u>	 <u><u>59,639</u></u>	 <u><u>122,862</u></u>	 <u><u>55,859</u></u>

The notes form part of these financial statements

Surrey Drug And Alcohol Care Limited

Balance Sheet
31 March 2021

	Notes	Unrestricted funds £	Restricted fund £	2021 Total funds £	2020 Total funds £
FIXED ASSETS					
Tangible assets	11	-	1,351	1,351	-
CURRENT ASSETS					
Debtors	12	-	14,129	14,129	16,082
Cash at bank		64,943	44,495	109,438	56,378
		<u>64,943</u>	<u>58,624</u>	<u>123,567</u>	<u>72,460</u>
CREDITORS					
Amounts falling due within one year	13	(1,720)	(336)	(2,056)	(16,601)
NET CURRENT ASSETS		<u>63,223</u>	<u>58,288</u>	<u>121,511</u>	<u>55,859</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>63,223</u>	<u>59,639</u>	<u>122,862</u>	<u>55,859</u>
NET ASSETS		<u>63,223</u>	<u>59,639</u>	<u>122,862</u>	<u>55,859</u>
FUNDS					
Unrestricted funds	14			63,223	34,538
Restricted funds				59,639	21,321
TOTAL FUNDS				<u>122,862</u>	<u>55,859</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2021.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2021 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on ..29th June 2022..... and were signed on its behalf by:



W C Coad - Trustee

The notes form part of these financial statements

Surrey Drug And Alcohol Care Limited

Notes to the Financial Statements
for the Year Ended 31 March 2021

1. ACCOUNTING POLICIES

BASIS OF PREPARING THE FINANCIAL STATEMENTS

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

INCOME

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

EXPENDITURE

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

TANGIBLE FIXED ASSETS

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

TAXATION

The charity is exempt from corporation tax on its charitable activities.

FUND ACCOUNTING

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

2. DONATIONS AND LEGACIES

	2021	2020
	£	£
Donations	17,557	51,545
Grants	323,610	128,205
	<u>341,167</u>	<u>179,750</u>

Grants received, included in the above, are as follows:

	2021	2020
	£	£
Other grants	<u>323,610</u>	<u>128,205</u>

Surrey Drug And Alcohol Care Limited

Notes to the Financial Statements - continued
for the Year Ended 31 March 2021

3. OTHER TRADING ACTIVITIES		2021	2020
		£	£
Management Income		<u>5,400</u>	<u>-</u>
4. INVESTMENT INCOME		2021	2020
		£	£
Bank interest		<u>28</u>	<u>66</u>
5. RAISING FUNDS			
OTHER TRADING ACTIVITIES		2021	2020
		£	£
Advertising & publicity		<u>22,926</u>	<u>8,847</u>
6. CHARITABLE ACTIVITIES COSTS			
	Direct	Support	
	Costs	costs (see	Totals
	£	note 7)	£
Expenditure on charitable activities	<u>243,816</u>	<u>2,045</u>	<u>245,861</u>
7. SUPPORT COSTS			Management
			£
Expenditure on charitable activities			<u>2,045</u>
8. NET INCOME/(EXPENDITURE)			
Net income/(expenditure) is stated after charging/(crediting):			
		2021	2020
		£	£
Depreciation - owned assets		732	-
Deficit on disposal of fixed assets		<u>113</u>	<u>-</u>

9. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2021 nor for the year ended 31 March 2020.

TRUSTEES' EXPENSES

There were no trustees' expenses paid for the year ended 31 March 2021 nor for the year ended 31 March 2020.

Surrey Drug And Alcohol Care Limited

Notes to the Financial Statements - continued
for the Year Ended 31 March 2021

10.	COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES		
	Unrestricted funds £	Restricted fund £	Total funds £
	INCOME AND ENDOWMENTS FROM		
	58,872	120,878	179,750
	66	-	66
	<u>58,938</u>	<u>120,878</u>	<u>179,816</u>
	EXPENDITURE ON		
	8,007	840	8,847
	Charitable activities		
	48,502	94,406	142,908
	532	4,311	4,843
	<u>57,041</u>	<u>99,557</u>	<u>156,598</u>
	NET INCOME		
	<u>1,897</u>	<u>21,321</u>	<u>23,218</u>
	RECONCILIATION OF FUNDS		
	32,641	-	32,641
	TOTAL FUNDS CARRIED FORWARD		
	<u><u>34,538</u></u>	<u><u>21,321</u></u>	<u><u>55,859</u></u>
11.	TANGIBLE FIXED ASSETS		
			Computer equipment £
	COST		
			2,196
			(170)
			<u>2,026</u>
			732
			(57)
			<u>675</u>
	NET BOOK VALUE		
			<u>1,351</u>
			<u>-</u>

Surrey Drug And Alcohol Care Limited

Notes to the Financial Statements - continued
for the Year Ended 31 March 2021

12. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR	2021	2020
	£	£
Trade debtors	12,375	14,395
Prepayments	1,754	1,687
	14,129	16,082

13. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR	2021	2020
	£	£
Trade creditors	855	1,231
Accruals and deferred income	-	14,170
Accrued expenses	1,201	1,200
	2,056	16,601

14. MOVEMENT IN FUNDS	At 1.4.20	Net movement in funds	Transfers between funds	At 31.3.21
	£	£	£	£
Unrestricted funds				
Unrestricted funds	34,538	28,685	-	63,223
Restricted funds				
Restricted funds	21,321	38,318	-	59,639
	55,859	67,003	-	122,862

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
Unrestricted funds			
Unrestricted funds	74,715	(46,030)	28,685
Restricted funds			
Restricted funds	271,880	(233,562)	38,318
	346,595	(279,592)	67,003

Surrey Drug And Alcohol Care Limited

Notes to the Financial Statements - continued
for the Year Ended 31 March 2021

14. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.4.19 £	Net movement in funds £	Transfers between funds £	At 31.3.20 £
Unrestricted funds				
Unrestricted funds	32,641	1,897	-	34,538
Restricted funds				
Restricted funds	-	21,321	-	21,321
TOTAL FUNDS	<u>32,641</u>	<u>23,218</u>	<u>-</u>	<u>55,859</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
Unrestricted funds	58,938	(57,041)	1,897
Restricted funds			
Restricted funds	120,878	(99,557)	21,321
TOTAL FUNDS	<u>179,816</u>	<u>(156,598)</u>	<u>23,218</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.19 £	Net movement in funds £	Transfers between funds £	At 31.3.21 £
Unrestricted funds				
Unrestricted funds	32,641	30,582	-	63,223
Restricted funds				
Restricted funds	-	59,639	-	59,639
TOTAL FUNDS	<u>32,641</u>	<u>90,221</u>	<u>-</u>	<u>122,862</u>

Surrey Drug And Alcohol Care Limited

Notes to the Financial Statements - continued
for the Year Ended 31 March 2021

14. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
Unrestricted funds	133,653	(103,071)	30,582
Restricted funds			
Restricted funds	392,758	(333,119)	59,639
TOTAL FUNDS	<u>526,411</u>	<u>(436,190)</u>	<u>90,221</u>

15. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2021.

Surrey Drug And Alcohol Care Limited

Detailed Statement of Financial Activities
for the Year Ended 31 March 2021

	2021 £	2020 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	17,557	51,545
Grants	323,610	128,205
	341,167	179,750
Other trading activities		
Management Income	5,400	-
Investment income		
Bank interest	28	66
	346,595	179,816
EXPENDITURE		
Other trading activities		
Advertising & publicity	22,926	8,847
Charitable activities		
Co-Ordinator-Helpline	21,036	13,907
Administration Costs-Helpline	2,597	944
Recruitment & Training-Helplin	685	2,939
Volunteers Expenses-Helpline	218	418
Helpline Management Fee	2,700	-
Subscriptions -Helpline	954	816
Outreach Expenses	2,693	59
Fundraising PR & Marketing TCS	60,594	36,846
Charitable expenses-TCS	151,724	76,139
Governance Cost	615	9,640
	243,816	141,708
Other		
Telephone	-	430
Call Handling	5,148	3,882
Bookkeeping	4,993	531
IT Software & consumable	664	-
	10,805	4,843
Support costs		
Management		
Accountancy fees	1,200	1,200
Computer equipment	732	-
Loss on sale of intangible fixed assets	113	-
	2,045	1,200

This page does not form part of the statutory financial statements

Surrey Drug And Alcohol Care Limited

Detailed Statement of Financial Activities
for the Year Ended 31 March 2021

	2021 £	2020 £
Total resources expended	279,592	156,598
Net income	67,003	23,218

This page does not form part of the statutory financial statements