

**Reg. Charity No. 1151456
Company Number 8376060**

**Report of the Trustees and
Examined Financial Statements
for the Year Ended 31 March
2023 for Kingston Carers'
Network**

Kingston Carers' Network

Reg. Charity No. 1151456 Company Number 8376060

Kingston Carers' Network is a registered charity, established in 1994, providing independent information, support and advocacy to people who care for someone living in the Royal Borough of Kingston upon Thames.

A carer is someone who looks after a family member, friend or partner who could not manage without their support. This might be due to a physical or mental health condition, addiction, or substance misuse. Carers are of all ages, and their caring responsibilities can put them under physical, emotional, and because they are unpaid, financial pressure. In the case of children caring for a parent or sibling, this can have significant negative effects on their lives and future opportunities. It impacts their learning and the social activities that their peers get to experience and enjoy.

At Kingston Carers' Network we aim to:

- Provide independent information to carers, whether they chose to continue to care, or to give up their caring role.
- Provide advice and support to individual carers.
- Ensure that the role and expertise of carers is understood, appreciated, and valued locally.
- Provide input into local service planning and ensure that appropriate services are available to carers.
- Promote carer involvement in service planning, ensuring their voices and opinions are heard and valued.
- Ensure that carers are aware of their rights and entitlements.
- Reduce social isolation and exclusion of carers supporting someone living in the borough.

**Report of the Trustees and Financial Statements for
the Year Ended 2022-23**

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Kingston Carers' Network

Reg. Charity No. 1151456 Company Number 8376060

Annual General Meeting – 6th October 2023: 1:00pm to 3:00pm

Searchlight Community Centre, New Malden KT3 3RX

AGENDA

1. Welcome – Tony Woods, Chairman
2. Apologies for absence
3. Young Carers Conference: Liz Grimwood, Manager Young Carers Project
4. A Young Carers Experience: by Anna, Young Carer
5. Adult Carers Experience: Aisha, Carer
6. Guest Speaker: Rt Hon Sir Ed Davey MP
7. Report by the Chair: Tony Woods
8. Highlights of the Year by the Chief Executive: Tony Bennett
9. Minutes of the 2022 AGM: Tony Woods
10. Presentation & Adoption of the Annual Accounts for Financial Year 2022-23
11. Appointment of the Independent Examiner
12. Election of Directors of the Board 2023-24
13. Any Other Business
14. Closing remarks from the Worshipful the Mayor of the Royal Borough of Kingston upon Thames, Cllr Diane White

The AGM will be followed by a light lunch.

Current Staff

- Diane White – Chief Executive
- David Still – Deputy Chief Executive/Adult Carers' Manager
- Aisha Antwi – Volunteering Coordinator (Maternity Cover)
- Veronica Attah – Mental Health and Substance Misuse Support Coordinator
- Lily Bath – Adult Carers' Support Worker
- Layla Brokenbrow – Wellbeing Coordinator
- Helen Brunskill - Counselling Admin Worker
- Jessica Burrows – Mentoring Coordinator
- Jo Cocup – Office Manager/Company Secretary
- Mollie Cooke – Generic Carers' Adviser
- Lyndsey de Valmency-King – Volunteering Coordinator
- Katie Glen – Adult Carers' Support Worker
- Liz Grimwood – Young Carers' Team Leader
- Sam Leggett – Young Carers' Support Worker
- Priya Lewis – Finance Officer
- Jo Maye – Admin Officer
- Anna Moore – Benefits Adviser/Tribunal Representative
- Klaire Osuji – Young Carers' Support Worker
- Julie Parker – Targeted Support Worker
- Linda Richards – Finance Manager
- Carole Whatnall – Adult Carers' Support Worker
- Meera Winder - Adult Carers' Support Worker
- Heidi White – Young Carers' Worker

The Trustees (who are also directors of the company limited by guarantee for the purposes of the Companies Act 2006) are pleased to present their annual Trustee Report, together with the examined financial statements for the year ending 31 March 2022, which are also prepared to meet the requirements for a Directors' Report and Accounts for Companies Act purposes.

Structure, Governance and Management

Kingston Carers' Network is a charity registered in England and Wales with the Registered Number 1151456. The charity is a company limited by guarantee and was incorporated on 25 January 2013 and operates in accordance with its written Memorandum and Articles of Association. New Trustees are appointed in accordance with its Articles of Association.

Address 418 Ewell Road, Surbiton, KT6 7HF.

Directors

Directors who served as members of the Management Committee during the year from 1st April 2021 to 31st March 2022, for the full year (unless stated otherwise) were:

- Tony Woods Chairman
- John Mays Deputy Chairman
- Manuel Boger Treasurer (Resigned 20/7/22)
- Bob Humphries
- Chris Ireland (Resigned 31/8/22)
- Viv Rowlands
- Julia Linney
- Pat Stanley (Sabbatical)
- Sushila Abraham (Resigned 4/10/22)
- Dawn Whitcombe
- Simon Post
- Peter Whatnall Treasurer (Appointed 20/7/22)
- Wydeeswaran Thayalan (Appointed 16/11/22)
-

Proposal for re-election of Directors

Under Article 23 the following longest serving directors, comprising one-third of the Board, are required to retire but available for re-election:

Tony Woods
Bob Humphries
John Mays

Under Article 24 there was one new director, Wydeeswaran Thayalan, appointed by a resolution of the Board since the last AGM.

Pat Stanley has decided to step down as a Trustee, effective from 6th October 2023.

Officers

Officers are appointed by the Board. There have been no new appointments since the last AGM.

Bankers

The Royal Bank of Scotland plc, Kingston upon Thames branch and Virgin Money, Kingston upon Thames branch.

Accountants:

Kamp Accountants, New Malden, Surrey.

Objectives and Activities

Purpose

The purpose of Kingston Carers' Network is to provide information, support, and advice to carers of people living in the Royal Borough of Kingston who could not manage without their support. This might be due to a physical or mental health condition, addiction, or substance misuse. As such, the charity is a public benefit entity and the trustees have had regard to the Charity Commission's guidance of public benefit.

Target Group – Definition

A carer is someone of any age who provides unpaid support to a family member, friend or partner who could not otherwise manage. This might be due to a physical or mental health condition, addiction, or substance misuse. A carer may also be juggling paid work with their unpaid caring responsibilities at home.

Anyone can become a carer; carers come from all walks of life, all cultures and can be of any age, including children.

The 2021 Census indicated that there are 12,101 adult carers supporting someone in the borough of Kingston.

Activities

The charity provides a comprehensive and holistic range of services, and this has developed in consultation with carers and other stakeholders. We have adopted the five outcomes pledged by the Government in the National Carers' Strategy:

- Not financially disadvantaged
- Mentally and physically well; treated with dignity
- Recognised and supported as an expert partner
- Enjoying a life outside caring
- Children thriving, protected from inappropriate caring roles.

Our current services adapted during the pandemic to include virtual support and have continued throughout the challenging circumstances of this period. They include:

- Independent information, advice, and advocacy.
- Specialist mental health and substance misuse carers' service.
- Young Carers' Project.
- Targeted Support Project
- Young Adult Carers' Project
- Out-of-hours advice service.
- Help with benefits, grants, and allowances.
- Signposting and referral to other services.
- Emotional support.
- Counselling.
- Outings and social activities.
- Programme of health and wellbeing activities.
- Complementary therapies.
- Support groups.
- Training and information sessions.
- Carers' Assessments carried out on behalf of Kingston's Adult Social Care.

Adult Carers

This year we have supported over 4,513 carers across all our services. We saw a total of 1,049 adult carer referrals to our Advice Service. A key outcome of our advice service is to reduce the financial hardship of carers. This year we secured an additional £582,371 of new income for Kingston's carers and families.

Other key outcomes for adult carers included:

- 1,776 attendances at our carers' social and wellbeing events. These included fitness classes, poetry readings at the Rose Theatre and a residential trip.
- 56 peer support groups and lunches were held for carers including: carers of adults with mental health problems; carers of people with dementia, carers of children with ADHD and carers of adults with Asperger's Syndrome.

Feedback from carers provides evidence that we are achieving our key objectives. This year:

81% of carers said they had an improved understanding of their rights.

79% of carers are now recognised as expert care partners.

92% of carers are now enjoying a life outside of caring.

92% of carers have improved mental and physical health.

Young Carers

There were 134 young carers referred to our Young Carers' Project, and we provided 2,609 respite breaks for 935 young and young adult carers aged 5-22 at 214 activities.

Some of our key achievements include:

- 2,609 individual respite breaks were provided.
- Two weekly sessions held for young carers aged 5-11.
- Weekly youth group for young carers aged 12-16
- One to one support sessions were held with young carers.
- Science project, Curiosity ran regular activities, supporting young carers aged 8-12
- Mental health and wellbeing support provided.
- Targeted support was provided to young carers and their families with complex needs.
- Young adult carers aged 16+ attended regular support sessions.
- Mentoring project provided one to one support to 16 young carers.
- School lunch clubs provided support in schools.
- Transition group for young carers moving to secondary school.
- Young carers and families were supported in multi-agency meetings.

Volunteering Project

This year, we were supported by 73 volunteers who contributed their time and skills in a variety of roles. Volunteers gave over 2,722 hours of their time, which represents a saving in staff costs of around £32,524.

The valuable contribution made by our volunteers enables us to expand the service we offer carers, and we could not function effectively without them. Highlights from our volunteering project include:

- Our activity volunteers spent 511 hours supporting young carers.
- Our adult activity volunteers gave 96 hours support.
- Our admin volunteers provided 494 hours of administrative support.
- Our mentoring volunteers provided 893 hours of support to young carers.
- Our team of student counsellors provided 360 counselling sessions to carers.
- Our telephone befrienders provided 2935 hours of one-to-one listening.

Financial Review

A much tougher economic environment has led to both increased demand for the services and support that Kingston Carers' Network offers, whilst also making funding much more challenging to source. We are grateful to the many individuals and groups who donate to KCN and offer their financial support through a variety of fundraising activities and regular contributions. In particular we would like to thank the various organisations and companies that supported our first YCP Conference during the year.

Our donors are invaluable and enable the charity to continue to meet the needs of carers. During the year we have had generous support from RBK, Achieving for Children, City Bridge, Wellcome Children in Need Curiosity Fund, the Henry Smith Charity, the Edward Gosling Trust, Trust for London, and the Community Fund. We have received many grants from The Carers' Trust to direct towards individual carer needs. We have also been working closely with the NHS to see where funding from this source can help meet common goals.

Grants from statutory and other funding bodies remain a critical source of income for us, and applying for grants and demonstrating that we are meeting grant conditions through delivering key support services are important to our continued work. We are looking for opportunities to expand our funding sources where possible and this will be a key focus for us in the coming year.

Kingston Carers' Network (A company limited by guarantee)

Statement of Trustees' Responsibilities

Kingston Carers' Network (KCN) is a Company Limited by Guarantee and, since its incorporation on 25th January 2013, the charitable company has been administered by its Board of Trustees, who are also Directors of KCN for the purposes of Company Law. As such, they are responsible for preparing the Trustees' Annual Report and the organisation's financial statements in accordance with applicable law and United Kingdom Generally Accepted Accounting Practice.

Company Law requires the Trustees to prepare annual financial statements that provide a true and fair view of the charitable company's state of affairs, its incoming resources, and the application of those resources, including income and expenditure over the period. In preparing these financial statements, the Trustees are required to:

- ☐ Select suitable accounting policies and apply them consistently;
- ☐ Observe the methods and principles in the Charities SORP;
- ☐ Make judgements and estimates that are reasonable and prudent;
- ☐ State whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- ☐ Prepare the financial statements on a going-concern basis, unless it is inappropriate to presume that the charitable company will continue in operation.

The Trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company, and which enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company, and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities. The Trustees are responsible for maintaining the integrity of the financial statements.

As stated below, KCN continues to seek additional Trustees, especially those who have relevant experience and skills that would benefit the organisation. Trustees are recruited based on their skills and experience. All new Trustees are taken through an induction procedure to ensure they understand their responsibilities and have sound knowledge of KCN's policies and procedures.

Overview of 22/23

2022/23 was a watershed year for KCN in several ways. For the first nine months, the spectre of tendering for the Royal Borough of Kingston funding to provide adult carers support hung over us. It was an arduous process, skilfully managed by CEO Diane White, with input from numerous staff members and Trustees. We submitted in November 2022 and then had the long wait until February to hear about the decision. Fortunately, we were successful in winning the tender (*Voluntary Community and Social Enterprise (VCSE) Sector Commissioning 2023 - Phase 1 Lot 3a - Adults Carer Support*) and hence we were awarded £240,000p.a. for 3 years (with a further 2 years extension provisionally). Not only that, we were delighted with the feedback on our application and pleased to note our score of 86%. I cannot stress how hard Diane, in particular, worked on this application process and we (and Kingston's carers) are indebted to her. It was perhaps no surprise then to learn shortly after we received the news, of Diane's intention to stand down from the role CEO shortly afterwards- her work done in some ways and culminating with this magnificent achievement. We now enter of new phase in our history, with newly appointed CEO, Tony Bennett- of whom you will hear more about in due course.

In addition to this major funding bid, it was business as usual as far as our fundraising efforts have been concerned. We have been fortunate to have secured funding, large and small from a variety of sources including *Henry Smith Foundation, Trust for London, Co-op Money, Carers Trust, Kingston Nursing Association, Kingston Charitable Foundation, John Lewis, Robert Holmes Estate Agent, Mayoral Celebration Weekend funding, KVA Health Inequalities Fund*, plus 3 tranches of funding from the South-West London Integrated Care System to facilitate discharge from Kingston Hospital and funds for carers wellbeing and winter pressures. We are particularly pleased to have been able to strengthen our links to Kingston Hospital Foundation Trust and local GPs (with whom we partnered on a Carer Awareness Event at the United Reform Church in New Malden- run by Dr Nick Merrifield from the Holmwood Corner Surgery).

In addition to these successes, KCN was also awarded the "Trusted Charity Quality Mark" which is designed to help staff, volunteers and trustees get involved in assessing how well our organisation is doing. This was assessed externally, and we passed with flying colours.

All that said, by far the most important and enjoyable event of the year was the Young Carers' Conference held at Chessington World of Adventures back in February. The idea was to provide a platform for the young carers to voice their experiences, take part in focus groups and share their concerns and experiences with those present, including invited guests from the local school and business community. This was the first time we have held such a gathering and it was a tremendous success- but don't take my word for it. Here is a quote from one parent:

"I just wanted to drop you a quick message to say thank you very much for having us at the Young Carers Conference yesterday! My young carer was so excited about the event and held her laminated ticket as if it was the Golden Ticket to Charlie and the Chocolate Factory! She loved every minute of it, and we were blown away by the activities, the magician, the competition entries which actually made me feel quite

emotional, goodie bag and treats all around. My daughter was so happy and proud. I know she wanted to hide away during the playing of 'You Can Count on Me' but then proudly stood up to show she'd taken part, and when X started dancing, she sat there with open mouth saying, "I didn't know she could do that!". I left her after this initial hour but I'm sure the rest of the day remained eventful, and we all got to enjoy the animals in the park after. So, this is just to say a huge thank you and very well done from us. It must've been an incredibly time-consuming task putting this all together but from our point of view it was all very much worth it, and my young carer really felt very special and loved. Thank you so much!"

Also as part of the event was also held a creative competition on the theme of 'caring'. The winning entry was from Cayden (aged 5) who wrote a poem about caring for his dad.

*My Daddy cannot see
So he can easily be stung by a bee
I like to help him do small things,
like stopping the bus and reading him the book Fing.
Even though being blind is not fair,
it makes me happy to show him that I care.
(Cayden Age 5)*

The Carers' Trust were particularly impressed by the event and invited one of the young carers present to join them at the Houses of Parliament for *Young Carer Action Day* in March and having seen its impact are keen to roll out the model to other areas in the UK.

Finally, the Board would like to put on record its appreciation to Diane and the staff and volunteers for their outstanding, dedicated work over the last 12 months, and in particular to Diane for her 14 years of service to KCN- 4 years as CEO. We wish her all the best in her role as Mayor of the Royal Borough of Kingston upon Thames. However, Diane would be the first to say that the biggest thank you goes to the carers themselves who unfailingly continue to support the ones they love.

Dr Tony Woods
Chair, Board of Trustees
21 September 2023
For the financial year 2022-23

**Independent Examiner's Report to the Trustees of
Kingston Carers' Network
(Company limited by guarantee)**

Year ended 31st March 2023

I report on the accounts of the company for the year ended **31st March 2023** which are set out on pages 14 to 23

Respective responsibilities of trustees and examiner

The trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission and Companies Act 2006. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- 1 which gives me reasonable cause to believe that, in any material respect, the requirements:
 - to keep accounting records in accordance with section 130 of the 2011 Act; and
 - to prepare accounts which accord with the accounting records, and to comply with the accounting requirements of the 2011 Acthave not been met; or
- 2 to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Masood Shahid
Masood Shahid FCCA
KAMP Accountants
Independent Examiner
Chartered Accountant
Falcon House
257 Burlington Road
New Malden
Surrey KT3 4NE

Date 02.10.2023

KINGSTON CARERS' NETWORK

STATEMENT OF FINANCIAL ACTIVITIES

for the YEAR TO 31 MARCH 2023

	Notes	2023		2023	2022
		Unrestricted Funds	Restricted Funds	Total Funds	Total Funds
		£	£	£	£
Income and endowments from:					
Donations and legacies	4	134,477	0	134,477	92,306
Investment Income	4	1,708	0	1,708	167
Charitable Activities	4	0	604,220	604,220	735,606
Total		136,185	604,220	740,405	828,080
Expenditure on:					
Charitable Activities	5	172,559	525,691	698,249	839,311
Raising Funds		28,260	0	28,260	0
Other Costs	5	12,503	0	12,503	13,005
Total		213,322	525,691	739,013	852,316
Net Resources before transfers		(77,137)	78,530	1,393	(24,236)
Transfers between Funds	12	94,343	(94,343)	0	0
Net before other gains/losses		17,206	(15,813)	1,393	(24,236)
Other gains/losses		0	0	0	0
Net movement in funds		17,206	(15,813)	1,393	(24,236)
Reconciliation of Funds					
Total Funds Brought Forward		181,489	57,220	238,709	262,945
Total Funds Carried Forward		198,695	41,407	240,102	238,709

The Balance Sheet continues on the following page.

KINGSTON CARERS' NETWORK

BALANCE SHEET

31 MARCH 2023

	Notes	£	2023 £	£	2022 £
Fixed assets					
Tangible Fixed Assets	6	40,361		50,574	
			40,361		50,574
Current Assets					
Debtors	7	12,125		18,058	
Cash at Bank and in Hand		324,238		308,793	
			336,363		326,851
Liabilities					
Creditors: amounts due within one year	8		136,622		138,716
Net Assets			240,102		238,709
Reserves and Funds of the Charity					
Unrestricted Income Reserves	13	158,334		130,915	
Designated Reserves	13	40,361		50,574	
			198,695		181,489
Restricted Income Funds	12		41,407		57,220
Total Funds			240,102		238,709

On Behalf of the Management Committee

Signed Peter Whatnall, Treasurer

Peter Whatnall

Dated 29/9/23

Notes 1 to 15 on the following pages form part of these accounts

Balance sheet (continued)

Trustee's statements required by the Companies Act 2006 for the year ended 31 March 2023

In approving these financial statements as Trustees of the company we hereby confirm:

- (a) that for the year stated above the company was entitled to the exemption conferred by section 477 of the Companies Act 2006 ;
- (b) that no notice has been deposited at the registered office of the company pursuant to section 476 of the Companies Act 2006 requesting that an audit be conducted for the year ended 31 March 2023.
- (c) that we acknowledge our responsibilities for:
 - (1) ensuring that the company keeps proper accounting records which comply with section 386 of the Companies Act 2006, and
 - (2) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its profit or loss for the year then ended in accordance with the requirements of sections 394 and 395, and which otherwise comply with the provisions of the Companies Act relating to financial statements, so far as applicable to the company.

These financial statements are prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008).

The financial statements were approved by the board on 19th July 2023 and signed on its behalf by



Dr Anthony Woods
Chairman

KINGSTON CARERS' NETWORK

NOTES TO THE ACCOUNTS FOR THE YEAR TO 31 MARCH 2023

1 Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

2 Financial reporting standard 102 - reduced disclosure exemptions

The charity has taken advantage of the following disclosure exemption in preparing these financial statements, as permitted by FRS 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland':

- Preparation of a cash flow statement

3 Accounting Policies

a) Income

All incoming resources are included in the statement of financial activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policies are applied to particular categories of income:

Voluntary income is received by way of grants, donations and gifts and is included in full in the statement of financial activities when receivable. Grants where entitlement is not conditional on the delivery of a specific performance by the charity, are recognised when the charity becomes unconditionally entitled to the grant. Income received prior to the period the funding covers is deferred until the period starts.

Donated services and facilities are included at the value to the charity where this can be quantified. The value of services provided by volunteers has not been included.

Gifts donated for resale are included as incoming resources within activities for generating funds when they are sold.

Grants, including grants for the purchase of fixed assets, are recognised in full in the statement of financial activities in the year in which they are receivable.

Income from investments is included in the year in which it is receivable.

b) Expenditure

Expenditure is recognised on an accrual basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates.

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Support costs are those costs incurred directly in support of expenditure on the objects of the charity and include project management. They are split using the number of staff hours spent on the main projects.

c) Expenditure of a capital nature of less than £1,000 is not capitalised but treated as expended in the year

Tangible fixed assets are stated at their historical cost less accumulated depreciation. Improvements to the buildings are capitalised. Depreciation is provided over the expected useful lives and the term of the leases, as applicable, under the straight-line method. Depreciation is provided from the date an asset comes into use.

d) The charity is exempt for tax purposes.

KINGSTON CARERS' NETWORK

Notes to the Accounts Continued

3 Accounting Policies (continued)

The pension costs charged in the financial statements represent the contribution payable by the charity during the year.

- f) Debtors are measured at transaction value less any impairment. At each balance sheet date, debtors are assessed for objective evidence of impairment. If an asset is impaired, the impairment loss is measured as the difference between the carrying amount and the amount expected to be received.
- g) Creditors are measured at transaction value.

4 Analysis of Income

	2023	2022
	£	£
Donations and legacies		
Royal Borough of Kingston upon Thames	101,031	85,031
Edward Gosling Foundation	25,000	
Donations	8,446	7,275
	<u>134,477</u>	<u>92,306</u>
Investment Income		
Bank Interest	1,708	167
Incoming Resources re Charitable Activities		
BBC Children in Need	-	28,896
R.B. Kingston		
- Achieving for Children	40,000	40,000
- Mental Health Support	31,715	31,715
- Carers Assessments	40,111	40,000
- Volunteer Coordinator	18,988	18,988
- Generic Carers	41,237	41,237
- Wellbeing & Inclusion	16,882	18,627
- Out of hours service	5,947	5,947
- Carers grants	-	39,400
- Male Carers	6,455	-
- Other	-	4,000
Lloyds	-	25,020
Carers Trust - Carers Activities	9,443	13,632
Wellbeing & Inclusion Donations	1,932	3,776
City Bridge	60,500	60,760
GLA Young Londoner	7,500	46,500
Young Carers' Activities	7,655	5,403
Awards for All (Youth Group)	2,500	7,500
Jack Petchey Foundation	10,900	2,550
Wellcome Curiosity	35,194	34,133
London Community Fund	-	3,329
The Henry Smith Charity	78,350	58,150
Trust for London	48,300	46,000
Inspiring Change YACs	1,448	6,538
Wates Foundation	-	1,667
Groundwork	-	14,381
Covid related support	-	14,600
Big Lottery Community Fund	85,451	64,068
Trust for London Adults	8,167	40,833
Garfield Weston	18,750	6,250
Fitness and Wellbeing	9,276	8,313
YC Conference	11,570	
Other Restricted Donations	5,950	3,393
	<u>604,220</u>	<u>735,606</u>
	-	-

KINGSTON CARERS' NETWORK

Notes to the Accounts Continued

5	Analysis of Expenditure	2023 £	2022 £
	Charitable Activities - Unrestricted Funds		
	Salaries including NI contributions & pensions	138,705	148,243
	Recruitment, Training & Expenses	4,715	3,933
	Premises and Office Costs	26,385	25,634
	Events & Activities	2,638	161
	Legal & Professional Fees	116	56
		<u>172,559</u>	<u>178,028</u>
	Charitable Activities - Restricted Funds		
	Supporting Carers with Mental Health or Substance Misuse Problems	36,434	33,874
	Supporting Carers Assessments	36,506	48,640
	Supporting Children in Need		13,605
	Supporting Volunteer Coordinator	10,261	5,399
	Supporting Generic Carers	19,213	19,528
	Supporting Wellbeing & Inclusion	33,523	37,317
	Supporting Out of Hours Service	6,772	6,503
	Supporting Male Carers	1,250	
	Supporting Achieving for Children	41,708	25,118
	Supporting Lloyds	1,761	20,200
	Supporting Carers Trust Carers' Activities	6,302	12,349
	Supporting City Bridge Adult Carers	49,764	43,590
	Supporting GLA Young Carers	3,914	42,070
	Supporting Young Carers' Activities	8,003	16,040
	Supporting Awards for All (Youth Group)	2,127	3,641
	Supporting Jack Petchey Foundation	11,931	2,375
	Supporting Wellcome Curiosity	25,297	27,827
	Supporting Inspiring Change YACs	1,012	7,499
	Supporting London Community Fund		12,429
	Supporting The Henry Smith Charity	65,720	45,588
	Supporting Trust for London	24,192	45,995
	Supporting Wates Foundation		3,730
	Supporting Groundwork		22,121
	Supporting covid related spend		15,226
	Supporting Trust for London Young Carers	8,000	31,328
	Supporting Garfield Weston	18,015	868
	Supporting Big Lottery Community Fund	84,761	60,332
	Supporting RBK Carers	-	42,200
	Supporting Fitness and Wellbeing	14,288	13,894
	Supporting YC Conference	6,570	
	Supporting SWL Health	4,183	
	Supporting Other Small Projects	4,186	1,998
		<u>525,691</u>	<u>661,283</u>
	Other Costs (unrestricted)		
	Depreciation	10,213	10,213
	Governance costs:		
	Independent Examiner's Fee	1,068	1,068
	AGM Costs	134	215
	Data Protection Registration	35	35
	DBS checks	1,053	1,474
		<u>12,503</u>	<u>13,005</u>

KINGSTON CARERS' NETWORK

Notes to the Accounts Continued

5 Analysis of Expenditure (continued)

Support costs included in Expenditure	Premises Costs £	Office Costs £	Legal & Prof fees £	Total £
Unrestricted Funds	8,980	14,969	1,110	25,059
Supporting Carers with Mental Health or Substance Misuse Problems	2,327	3,879	288	6,494
Supporting Volunteer Coordinator	140	234	17	392
Supporting Wellbeing & Inclusion	2,488	4,147	307	6,942
Supporting Generic carers	602	1,003	74	1,680
Supporting Achieving for Children	2,889	4,816	357	8,062
Supporting Carers Assessments	2,401	4,002	297	6,700
Supporting City Bridge Adult Carers	2,889	4,816	357	8,062
Supporting The Jack Petchey Foundation	481	803	60	1,344
Supporting Out of Hours Carers' Service	107	178	13	299
Supporting GLA YL	1,254	2,091	155	3,500
Supporting Wellcome Curiosity	1,621	2,702	200	4,523
Supporting Trust for London	1,444	2,408	179	4,031
Supporting The Henry Smith Charity	3,571	5,953	441	9,965
Supporting Big Lottery Community Fund	2,961	4,936	366	8,263
Total	<u>34,156</u>	<u>56,937</u>	<u>4,221</u>	<u>95,314</u>

Support costs are split using the number of staff hours spent on the main projects.

6 Fixed Assets

The movements in tangible fixed assets are comprised as follows:

	Leasehold improvements
Carrying value	
Balance as at 1 April 2022	96,338
Additions in the year	-
Balance as at 31 March 2023	<u>96,338</u>
Depreciation as at 1 April 2022	(45,764)
Depreciation in the year	<u>(10,213)</u>
Accumulated depreciation as at 31 March 2023	<u>(55,977)</u>
Net book value at 31 March 2023	<u>40,361</u>

7 Debtors & Prepayments

Amounts falling due within one year

	2023 £	2022 £
Other Debtors	5,875	5,875
Prepayments	<u>6,250</u>	<u>12,183</u>
	<u>12,125</u>	<u>18,058</u>

8 Creditors & Accruals

Amounts falling due within one year

	2023 £	2022 £
Deferred Income	94,964	116,415
Trade creditors	10,845	7,065
Payroll liabilities	20,369	13,137
Accrued Expenditure	<u>10,445</u>	<u>2,100</u>
	<u>136,622</u>	<u>138,716</u>

Deferred income is income received in the current financial year for services to be provided in the next financial year. Hence, grants received from funders where the services will be provided to them in the next financial year have been recorded as deferred income, and are analysed as follows:

	£
Balance brought forward at 1 April 2022	116,415
Released in year	(116,415)
Income received in year deferred to following year	<u>94,964</u>
Balance carried forward at 31 March 2023	<u>94,964</u>

KINGSTON CARERS' NETWORK

Notes to the Accounts Continued

9	Fee for Independent Examination of the Accounts	2023	2022
		£	£
	Nasir Mahmud	<u>1,068</u>	<u>1,068</u>
10	Staff Costs	2023	2022
		£	£
	Gross Salaries	449,675	509,015
	Employer's NI contributions	35,439	41,090
	Pension contributions	<u>24,520</u>	<u>19,706</u>
		<u>509,634</u>	<u>569,811</u>

The average monthly numbers of employees during the year calculated on the basis of full time equivalents was as follows:

Charitable Activities	13
Administration	4

There were no employees who received employee benefits (excluding employer pension costs) of more than £60,000 during the year.

10.1 Trustees' emoluments

No remuneration was paid to any trustee

11 Related Party Transactions

No loans made to or received from any trustee.

No trustees' expenses were reimbursed.

Payments totalling £9870 were made to Carole Whatnall, the wife of Peter Whatnall, in respect of sessional work supporting the Adults Carers team.

KINGSTON CARERS' NETWORK

Notes to the Accounts continued

12 Restricted Funds Held

Grants to support:

a Royal Borough of Kingston upon Thames	Volunteer Coordinator
b Royal Borough of Kingston upon Thames	Generic Carers
c Royal Borough of Kingston upon Thames	Wellbeing & Inclusion
d Royal Borough of Kingston upon Thames	Out of hours service
e Royal Borough of Kingston upon Thames	Achieving for Children
f Inspiring Change YACs	Young adult carers peer support
g Royal Borough of Kingston upon Thames	Mental Health & Substance Misuse
h Carers Trust	Carers activities
i Male Carers Group	Adult male carers
j The Henry Smith Charity	Young carers 5-18
k Trust for London	Adult carers benefits and tribunals
l Big Lottery Community Fund	Young carers 5-18 and volunteer support
m Young Carers conference	Young carers 5-18
n SWL Health	Adult carers resilience support
o Royal Borough of Kingston upon Thames	Carers Assessments
p Wellcome Curiosity	Children In Need/Wellcome Foundation science programme
q City Bridge Trust	Carers over 65
r Trust for London covid	Adult support
s GLA Young Londoner	Young carers aged 13 +
t Young Carers Activities	Peer support activities
u Garfield Weston	Young carers
v Awards for All (Youth Group)	Young carers
w Children in Need Fitness and Wellbeing	Young carers 5-18
x Jack Petchey Foundation	Young carers

Restricted Fund Values and Movements

	Balance brought forward	Incoming Resources	Transfers	Outgoing Resources	Balance carried forward
	£	£	£	£	£
a Royal Borough of Kingston upon Thames	17,496	18,988	(415)	(10,261)	25,808
b Royal Borough of Kingston upon Thames	39,929	41,237	(2,780)	(19,213)	59,173
c Royal Borough of Kingston upon Thames	(9,601)	18,814	(7,359)	(33,523)	(31,668)
d Royal Borough of Kingston upon Thames	(3,226)	5,947	(317)	(6,772)	(4,368)
e Royal Borough of Kingston upon Thames	(3,572)	40,000	(8,545)	(41,708)	(13,825)
f Inspiring Change YACs	2,236	1,448	0	(1,012)	2,672
g Royal Borough of Kingston upon Thames	(10,242)	31,715	(6,884)	(36,434)	(21,845)
h Carers Trust	10,993	9,443	0	(6,302)	14,134
i Male Carers Group		6,455		(1,250)	5,206
j The Henry Smith Charity	12,270	78,350	(10,563)	(65,720)	14,337
k Trust for London	(11,611)	48,300	(4,273)	(24,192)	8,225
l Big Lottery Community Fund	(5,249)	85,451	(8,589)	(84,761)	(13,147)
m Young Carers Conf		11,570		(6,570)	5,000
n SWL Health				(4,183)	(4,183)
o Royal Borough of Kingston upon Thames	(31,742)	40,111	(7,101)	(36,506)	(35,239)
p Wellcome Curiosity	(4,582)	35,194	(4,705)	(25,297)	610
q City Bridge Trust	18,588	60,500	(8,545)	(49,764)	20,778
r Trust for London covid	4,190	8,167	0	(8,000)	4,357
s GLA Young Londoner	388	7,500	(3,500)	(3,914)	474
t Young Carers Activities	(16,829)	7,655	0	(8,003)	(17,177)
u Garfield Weston	5,382	18,750		(18,015)	6,117
v Awards for All (Youth Group)	11,706	2,500	0	(2,127)	12,079
w Children in Need Fitness and Wellbeing	(5,762)	9,276	0	(14,288)	(10,774)
x Jack Petchey Foundation	3,884	10,900	(1,424)	(11,931)	1,428
Other funds	32,574	5,950	(19,343)	(5,947)	13,234
	57,220	604,220	(94,343)	(525,691)	41,407

KINGSTON CARERS' NETWORK

Notes to the Accounts continued

13 Unrestricted Reserves Movement

	At 1 April 2022	Incoming resources	Transfers	Outgoing resources	At 31 March 2023
	£	£	£	£	£
General Reserves	130,915	136,185	94,343	(203,109)	158,334
Designated Reserves	50,574	-		(10,213)	40,361
	<u>181,489</u>	<u>136,185</u>	<u>94,343</u>	<u>(213,322)</u>	<u>198,695</u>

The General Reserve is utilized for the ongoing Core activities of the charity rather than the charitable activities. In accordance with the Reserves Policy of the Charity the General Reserves are intended to meet all necessary costs in the event of the Charity being forced to be wound up. Transfers between Unrestricted and Restricted Funds represent the charge of management supervision time to each project.

14 Analysis of Net Assets between Funds

	Fixed Assets	Current Assets	Current Liabilities	Total
	£	£	£	£
Unrestricted Reserves	40,361	187,772	(29,438)	198,695
Restricted Funds	-	148,591	(107,184)	41,407
	<u>40,361</u>	<u>336,363</u>	<u>(136,622)</u>	<u>240,102</u>

15 Company limited by guarantee

Kingston Carers' Network was incorporated on 25 January 2013 and the assets and liabilities were transferred as of 1 April 2013 for "Nil" Consideration.

Every member of the company undertakes to contribute such amount as may be required not exceeding £10 to the assets of the charitable company in the event of its being wound up while he or she is a member, or within one year after he or she ceases to be a member.

KINGSTON CARERS' NETWORK

Minutes of the 31st Annual General Meeting held at 1.00pm on Tuesday 4th October 2022 at St Marks Church Hall, St Marks Hill, Surbiton, KT6 4LS

Present Members

Tony Woods	Chair	Mary McDonald	Carer
John Mays	Vice Chair	Marilyn Fry	Carer
	Company	Maureen Wright	Carer
Jo Cocup	Secretary	Adelaide Boakye-Yiadom	Carer
Peter Whatnall	Treasurer	Susanna Bellino	Carer
Bob Humphries	Trustee	Georgette Bellino	Carer
Viv Rowlands	Trustee	Ava Mintz (Zoom)	Carer
Dawn Whitcombe	Trustee	Howard Mintz (Zoom)	Carer
Julia Linney	Trustee	Thom Braun	Former Trustee
Sushila Abraham	Trustee	Tony Woods	Chair
Diane White	CEO	John Mays	Vice Chair
Prabha Shetty	Carer		

Invited

Sir Ed Davey MP	Guest Speaker	Julie Parker	Staff Member
Mayor Yogan Yoganathan	Guest Speaker	Ramon Selvakumaran	Volunteer
Debbie Hustings	Guest Speaker	Jo Lambert	Carer
Laurel Rutledge	Guest	Brian Maskell	Carer
Saro Yoganathan	Guest	Patricia Maskell	Carer
Aisha Antwi	Staff Member	Jose Vieitez	Carer
Heidi White	Staff Member	Marilynne Epstein	Carer
Jess Burrows	Staff Member	Jo Lambert	Carer
Liz Grimwood	Staff Member	Martina Howley	Carer
Klaire Osuji	Staff Member	Susan Ivey	Carer
Layla Brokenbrow	Staff Member	Zayna	Young Carer

Apologies:

Simon Post	Trustee	Cheryl Wales	Member
Pat Stanley	Trustee	Joanne Maye	Member
Ronald Clatworthy	Member	Allie Carnie	Member
Carole Blackman Driskoll	Member	Nicola Tyler	Member
Hella Silverside	Member	Simon Post	Trustee

Welcome and AGM Introduction

Tony Woods, Chair of Kingston Carers' Network introduced himself and welcomed everyone to the AGM. Particular welcome was given to The Worshipful the Mayor of the Royal Borough of Kingston Upon Thames, Councillor Yogan Yoganathan.

The Chair thanked the Royal Borough of Kingston Upon Thames for their continued support over the last year.

The Chair also thanked guest speakers Rt Hon Sir Ed Davey MP and Debbie Hustings, NHS lead for carers.

The business of the AGM will be carried out towards the end of the meeting.

Apologies for Absence

Apologies were tendered by the Trustees and KCN members listed as above.

Poetry Reading by Carers: Jo Lambert, Patricia Maskell, Layla Brokenbrow

Last year, KCN took part in the HeArt of Care project, involving poetry workshops. Jo Lambert took part in a fantastic poetry reading at the Rose Theatre Café on Thursday 9th June reading some poetry written as part of the HeArt of Care workshops.

Jo spoke about KCN and being a mental health carer and the support KCN provided to her. Here carer experience was recognised, and non-judgmental support was offered. Jo realised that the words she was using to comfort her daughter sounded like poems and formed part of her recovery from the trauma of being a carer. Jo has produced two books of poetry – Stay and Alliance which are available from Denny's Books in Thames Ditton.

Jo stated that KCN "saved her life" with our recognition of Jo's role as a carer.

Jo and other carers then read three poems:

Survivor – Jo Lambert - Carer

Darkness and Light – Trish Maskell - Carer

Post Diagnosis – Layla Brokenbrow – KCN Wellbeing Coordinator, who is a parent carer to her son.

All three poems were very poignant and moving. Jo asked that if anyone would like to become involved, to please speak to Jo who has a small stand at the AGM.

A Young Carer's view by Zayna

There are over 4,000 carers registered with KCN, and approximately 800 are Young Carers.

Julie Parker, Targeted Support Worker introduced Zayna, a young carer who spoke about her experience as a young carer with KCN's Young Carers' Project.

Zayna has been with YCP a number of years and is now 16 years old. YCP has helped Zayna both inside and outside school. Zayna has been going to lunch club since she was 9 years old and goes to youth groups on Wednesday nights at Searchlight Community Centre. Zayna said it was great to be able to speak with other young carers and felt it was a really safe environment at school. Zayna has been nominated for the Jack Petchey Award, and the Rotary Award, which has helped her with her communication skills, giving her the confidence to stand up and speak to a roomful of people.

Guest Speaker – Rt Hon Sir Ed Davey

Sir Ed Davey MP is the member of parliament for the Royal Borough of Kingston and leader of the Liberal Democrat party.

Sir Ed thanked Zayna, the Board, staff and volunteers of KCN for being a precious organisation for people in borough.

Sir Ed recommended a book - Labours of Love: The Crisis of Care by Madeleine Bunting. The book looks at care from a human and political perspective, and Sir Ed read several passages from the book regarding the range of human relationships that care runs through.

Sir Ed has been a carer for his mother and grandmother most of his life and has a son who cannot walk or talk. He highlighted the three main areas related to carers:

1. The need for a fairer society
2. The reform of the health service
3. Gender equality

He spoke about the effect of caring on reduced income and poverty, and about the need for more rights for working carers to get more support from their employers. There are also many housing issues for carers, where there are no rights of tenancy after the death of parents after many years of caring for them, leaving some carers homeless. Many of these issues are not generally recognised.

Carers are also often forgotten about by health services, for example, carers had to campaign to get priority for Covid vaccines during the pandemic.

By taking carers into account during the discharge and package of care arrangements, the NHS could be saved millions of pounds.

Report by the Chair – Tony Woods

The Chair invited everyone to read at leisure the full Chairman's Report printed on page 10 of the Annual Report, regarding the Carers' Strategy for Kingston, and the commissioning of services for carers in the borough.

KCN are also forging closer ties with Kingston Hospital Foundation Trust and the South West London Integrated Care System—being involved with the Rt. Hon. Sir Ed Davey MP, in addressing the need to shorten length of stay in hospitals.

Tony thanked Thom Braun and Dawn Whitcombe for their huge input into the Carers Strategy and KCN's key messages. Thanks also to Bob Humphries and Peter Whatnall for their hard work on the accounts. Huge thanks to Viv Rowlands for his operational contributions to KCN – we have a great team.

Thank you to Sushila Abraham for her work as a Trustee while balancing her role as Mayor over the last year.

Thank you to our funders City Bridge Trust, Carers Trust, Garfield Weston, The Edward Gosling Foundation and the Henry Smith Charity. Thank you also to RBK for their huge contribution to KCN's funding.

Finally, thank you to the Board, Diane, David, and the whole KCN team for the amazing job they have all done this year, but most of all, thank you to all our volunteers and carers.

Chief Executive's Report – Diane White

2021/22 was another year of many challenges for KCN.

See Annual Report for Diane White's full CEO Report.

Key highlights included:

- 1,272 adult carers referred to KCN
- 133 young carers referred to YCP
- 207 carers assessments and annual reviews completed
- Income of £838k and 70% from non-statutory sources
- 1,753 carers attended virtual wellbeing events
- Volunteers contributed over 3,057 hours of their time
- Financial gain for carers of over £1million

It is estimated that carers save the health and care system £239 million per year in the Royal Borough of Kingston.

Guest Speaker – Debbie Hustings, NHS Lead for Carers

Debbie Hustings is the NHS England Carers Lead (London Region). Debbie gave a presentation on the Commitment to Carers Programme.

Debbie spoke about her experience of caring for various members of her family over the years.

The primary functions of the programme are working with partners and stakeholders:

- To support the London systems in delivering the Carers objectives as set down in the Long-Term Plan.
- To provide assurance that these objectives are being implemented to both the regional Nursing and Quality Team and to the national NHS England Commitment to Carers Team
- To support the development of NHS Carer friendly practice across the region.
- To support Carer friendly employment practice within the region.
- To jointly work towards an integrated approach to supporting carers.
- Help everyone on their carers journey wherever they currently are.

Debbie went on to explain Integrated Care Systems (ISCs) and the changes from London based Clinical Commissioning Groups to ISCs.

She went on to talk about the Carers and the Health and Care Act 2022:

- The Duty on NHS England to involve and consult carers.
- The Duty on Integrated Care Boards to consult carers around planning and commissioning and around services relating to the patient for prevention, treatment and diagnosis.
- The introduction of new powers for the Care Quality Commission to assess local authorities.

- S91. A new duty on NHS hospital trusts in England to ensure that unpaid carers are involved as soon as feasible when plans for the patient's discharge are being made.
- The amendment covers all carers of adults needing care and support following hospital discharge, including health care support. This means that young carers looking after adults are included. New statutory guidance was published 31st March 2022 and updated 1st July. A further update is due in October.

Finally, the next steps are to focus on:

- Carers and Hospital Discharge
- Carer Contingency Planning
- GP Carer Quality Marker
- Carer Health Inequalities

Remarks from the Worshipful the Mayor of the Royal Borough of Kingston upon Thames, Councillor Yogan Yoganathan

The Mayor's remarks were brought forward in the agenda due to time restraints.

The Chair introduced the Mayor, Councillor Yogan Yoganathan.

The Mayor welcomed everyone and thanked Debbie, Sir Ed and everyone present.

The Mayor stated that it had been a remarkable year for KCN, with amazing statistics including dealing with over 1,000 referrals for carers. KCN are doing an excellent job, and carers would not cope without the support of KCN. KCN also provides a great return on investment. KCN helped carers gain over £1million in benefits, carers payments and grants in addition to all the services it provides, which is a great achievement for KCN. The Mayor emphasised the need for continued funding for KCN in order to support carers in the borough in the following years.

The Mayor thanked everyone for their hospitality and to KCN for the invitation to the AGM.

The Chair thanked the Mayor for his attendance and the Council's continued support.

Minutes of the 2021 AGM

The minutes of the 2021 AGM were agreed as a true record.

Adoption of the Annual Accounts for 2020/21

The annual accounts were not formally presented at this meeting. The Chair invited everyone to read the full record of the Annual Accounts in the Annual Report, and to address any questions to the Treasurer, Peter Whatnall. The Chair thanked the Finance Team and the auditors for the tremendous amount of work put into producing the annual accounts.

Adoption of the accounts was proposed by Peter Whatnall and seconded by John Mays. The accounts were agreed and adopted by the Board.

Appointment of Independent Examiner

Nazir Mahmoud will continue as the Independent Examiner for the coming financial year.

Our accountants, Nasir Mahmoud FCA, have entered into a merger with another partnership, and will henceforth be operating under the title of KAMP Accountants.
Proposed by Dawn Whitcombe and seconded by Bob Humphries.
Agreed by all.

Election of Directors to the Board of Trustees and Officers of the Board 2021/22

The following candidates, under Article 23, being two of the three longest serving directors of the Board were proposed for re-election as Directors by John Mays, seconded by Diane White and agreed by all.

Pat Stanley
Dawn Whitcombe

Sushila Abraham will not be standing for re-election and has decided to step down as a director of KCN.

Under Article 24 there was one new director appointed by a resolution of the Board since the last AGM – Simon Post

Proposed by Peter Whatnall
Seconded by Bob Humphries
Agreed by all.

Officers are appointed by the Board. There has been one new appointment since the last AGM. This was to replace the previous Treasurer Manuel Boger who resigned in July 2022.

Treasurer – Peter Whatnall
Proposed by Tony Woods
Seconded by John Mays
Agreed by all.

Any Other Business

There was no other business.

This brings to a close the 2022 AGM.

Kingston Carers' Network

**Kingston Carers' Network
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24 HOUR ANSWERPHONE

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Company Limited by Guarantee No. 8376060