

MAKE A DIFFERENCE AT SANDIES

England & Wales · Charity number 1151364

Details

Other names MADAS

Status Registered

Legal form Charitable company

Company number [08135546](#)

Registered 2013-03-25

Register [View on the Charity Commission register](#)

Contact

Address 369 Rush Green Road
Romford
RM7 0NJ

Phone 01708767383

Email makeadifferenceatsandys@hotmail.com

Website www.madas-ltd.co.uk

Activities

Objects: TO RELIEVE THE CHARITABLE NEEDS OF PEOPLE SUFFERING FROM LIFE ISSUES INCLUDING STRESS, LOSS, BULLYING, RELATIONSHIP ISSUES, DOMESTIC VIOLENCE, MENTAL ILLNESS, DRUG AND ALCOHOL ABUSE IN PARTICULAR BUT NOT EXCLUSIVELY BY THE PROVISION OF COUNSELLING, ADVOCACY AND A PSYCHOTHERAPY SERVICE

Activities: Placement to 2nd year BACP counsellors: Play and art therapy, general counselling, mediation service: Outreach-counselling for housebound individuals? Future Karting leisure, motivation social activities for young people: Domestic violence clients, offering support and therapy: Advice on all aspects of welfare benefits: Looked after-out of school service ? 0-15 yrs: volunteering positions:

Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** General Charitable Purposes, Education/training, The Advancement Of Health Or Saving Of Lives, Disability, The Prevention Or Relief Of Poverty
- **Who:** Children/young People, Elderly/old People, People Of A Particular Ethnic Or Racial Origin, The General Public/mankind

Geography

- Barking And Dagenham
- Havering
- Newham
- Redbridge

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£41,859	£41,921	-	-
2024-03-31	£31,731	£39,911	-	-
2023-03-31	£41,868	£40,869	-	-
2022-03-31	£39,735	£26,634	-	-
2021-03-31	£33,850	£33,206	-	-

Trustees

Name	Role	Appointed
SANDRA HAMIL BACP, IFL	Chair	2012-08-15
LAUREN HUNT Admin		2012-08-15
MARC NURSE treasurer		2012-08-15
Marshah Hamil		2023-04-01
Sabrina Russell		2012-11-26

MAKE A DIFFERENCE AT SANDIES

England & Wales - Charity number 1151364

Accounts

Registered number
08135546

Make a Difference at Sandies

Report and Accounts

31 March 2025

Make a Difference at Sandies**Registered number: 08135546****Directors' Report**

The directors present their report and accounts for the year ended 31 March 2025.

Principal activities

The company's principal activity during the year continued to be counselling and psychotherapy including child care.

Directors

The following persons served as directors during the year:

S Hamil

S Russell

L Hunt

M Nurse

N Dowe - resigned 17th September 2019

Small company provisions

This report has been prepared in accordance with the provisions in Part 15 of the Companies Act 2006 applicable to companies subject to the small companies regime.

This report was approved by the board on 2 July 2025 and signed on its behalf.

S Hamil

Director

**Make a Difference at Sandies
Accountants' Report**

**Accountants' report to the directors of
Make a Difference at Sandies**

You consider that the company is exempt from an audit for the year ended 31 March 2025. You have acknowledged, on the balance sheet, your responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts. These responsibilities include preparing accounts that give a true and fair view of the state of affairs of the company at the end of the financial year and of its profit or loss for the financial year.

In accordance with your instructions, we have prepared the accounts which comprise the Profit and Loss Account, the Balance Sheet, the Statement of Changes in Equity and the related notes from the accounting records of the company and on the basis of information and explanations you have given to us.

We have not carried out an audit or any other review, and consequently we do not express any opinion on these accounts.

Sturgess and Co Ltd
Accountants

Manor House
Station Road
Felsted
CM6 3EZ

2 July 2025

Make a Difference at Sandies
Profit and Loss Account
for the year ended 31 March 2025

	2025	2024
	£	£
Turnover	41,859	31,731
Cost of sales	(18,116)	(15,018)
Gross profit	<u>23,743</u>	<u>16,713</u>
Administrative expenses	(41,921)	(24,892)
Operating loss	<u>(18,178)</u>	<u>(8,179)</u>
Loss before taxation	<u>(18,178)</u>	<u>(8,179)</u>
Tax on loss	-	-
Loss for the financial year	<u>(18,178)</u>	<u>(8,179)</u>

Make a Difference at Sandies

Registered number: 08135546

Balance Sheet

as at 31 March 2025

	Notes	2025 £	2024 £
Fixed assets			
Tangible assets	3	1	1
Current assets			
Debtors	4	14,285	11,285
Cash at bank and in hand		9,198	17,636
		<u>23,483</u>	<u>28,921</u>
Creditors: amounts falling due within one year	5	(24,025)	(11,285)
Net current (liabilities)/assets		<u>(542)</u>	<u>17,636</u>
Net (liabilities)/assets		<u>(541)</u>	<u>17,637</u>
Capital and reserves			
Profit and loss account		(541)	17,637
Shareholder's funds		<u>(541)</u>	<u>17,637</u>

The directors are satisfied that the company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006.

The member has not required the company to obtain an audit in accordance with section 476 of the Act.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

The accounts have been prepared and delivered in accordance with the special provisions applicable to companies subject to the small companies regime. The profit and loss account has not been delivered to the Registrar of Companies.

S Hamil

Director

Approved by the board on 2 July 2025

**Make a Difference at Sandies
Statement of Changes in Equity
for the year ended 31 March 2025**

	Share capital	Share premium	Re- valuation reserve	Profit and loss account	Total
	£	£	£	£	£
At 1 April 2023	-	-	-	25,816	25,816
Loss for the financial year				(8,179)	(8,179)
At 31 March 2024	<u>-</u>	<u>-</u>	<u>-</u>	<u>17,637</u>	<u>17,637</u>
At 1 April 2024	-	-	-	17,637	17,637
Loss for the financial year				(18,178)	(18,178)
At 31 March 2025	<u>-</u>	<u>-</u>	<u>-</u>	<u>(541)</u>	<u>(541)</u>

Make a Difference at Sandies
Notes to the Accounts
for the year ended 31 March 2025

1 Accounting policies

Basis of preparation

The accounts have been prepared under the historical cost convention and in accordance with FRS 102, The Financial Reporting Standard applicable in the UK and Republic of Ireland (as applied to small entities by section 1A of the standard).

Turnover

Turnover is measured at the fair value of the consideration received or receivable, net of discounts and value added taxes. Turnover includes revenue earned from the sale of goods and from the rendering of services. Turnover from the sale of goods is recognised when the significant risks and rewards of ownership of the goods have transferred to the buyer. Turnover from the rendering of services is recognised by reference to the stage of completion of the contract. The stage of completion of a contract is measured by comparing the costs incurred for work performed to date to the total estimated contract costs.

Debtors

Short term debtors are measured at transaction price (which is usually the invoice price), less any impairment losses for bad and doubtful debts. Loans and other financial assets are initially recognised at transaction price including any transaction costs and subsequently measured at amortised cost determined using the effective interest method, less any impairment losses for bad and doubtful debts.

Creditors

Short term creditors are measured at transaction price (which is usually the invoice price). Loans and other financial liabilities are initially recognised at transaction price net of any transaction costs and subsequently measured at amortised cost determined using the effective interest method.

Provisions

Provisions (ie liabilities of uncertain timing or amount) are recognised when there is an obligation at the reporting date as a result of a past event, it is probable that economic benefit will be transferred to settle the obligation and the amount of the obligation can be estimated reliably.

2 Employees

	2025 Number	2024 Number
Average number of persons employed by the company	<u>1</u>	<u>1</u>

3 Tangible fixed assets

	Plant and machinery etc £
Cost	
At 1 April 2024	<u>4,821</u>
At 31 March 2025	<u>4,821</u>

Make a Difference at Sandies
Notes to the Accounts
for the year ended 31 March 2025

Depreciation

At 1 April 2024	<u>4,820</u>
At 31 March 2025	<u>4,820</u>

Net book value

At 31 March 2025	<u>1</u>
At 31 March 2024	<u>1</u>

4 Debtors	2025	2024
	£	£
Other debtors	<u>14,285</u>	<u>11,285</u>
5 Creditors: amounts falling due within one year	2025	2024
	£	£
Other creditors	<u>24,025</u>	<u>11,285</u>

6 Other information

Make a Difference at Sandies is a private company limited by shares and incorporated in England.
 Its registered office is:
 369 Rush Green Road
 Romford
 Essex
 RM7 ONJ

Make a Difference at Sandies
Detailed profit and loss account
for the year ended 31 March 2025

This schedule does not form part of the statutory accounts

	2025	2024
	£	£
Sales	41,859	31,731
Cost of sales	(18,116)	(15,018)
Gross profit	<u>23,743</u>	<u>16,713</u>
Administrative expenses	(41,921)	(24,892)
Operating loss	<u>(18,178)</u>	<u>(8,179)</u>
Loss before tax	<u>(18,178)</u>	<u>(8,179)</u>

Make a Difference at Sandies
Detailed profit and loss account
for the year ended 31 March 2025

This schedule does not form part of the statutory accounts

	2025	2024
	£	£
Sales		
Sales	41,859	31,731
	<hr/>	<hr/>
Cost of sales		
Food supplies	5,763	4,746
Volunteer costs	10,738	9,627
Washing and ironing	1,440	645
Other direct costs	175	-
	<hr/>	<hr/>
	18,116	15,018
	<hr/>	<hr/>
Administrative expenses		
Employee costs:		
Wages and salaries	3,806	-
Staff training and welfare	3,000	285
	<hr/>	<hr/>
	6,806	285
	<hr/>	<hr/>
Premises costs:		
Rent	24,960	18,500
Rates	690	361
Light and heat	2,416	1,894
	<hr/>	<hr/>
	28,066	20,755
	<hr/>	<hr/>
General administrative expenses:		
Telephone and internet	1,970	1,378
Stationery and printing	98	-
Insurance	275	224
Repairs and maintenance	3,528	1,107
Sundry expenses	29	-
	<hr/>	<hr/>
	5,900	2,709
	<hr/>	<hr/>
Legal and professional costs:		
Accountancy fees	540	480
Advertising and PR	472	270
Other legal and professional	137	393
	<hr/>	<hr/>
	1,149	1,143
	<hr/>	<hr/>
	41,921	24,892
	<hr/>	<hr/>

MAKE A DIFFERENCE AT SANDIES

England & Wales - Charity number 1151364

Accounts

Registered number
08135546

Make a Difference at Sandies

Report and Accounts

31 March 2024

Make a Difference at Sandies**Registered number: 08135546****Directors' Report**

The directors present their report and accounts for the year ended 31 March 2024.

Principal activities

The company's principal activity during the year continued to be counselling and psychotherapy including child care.

Directors

The following persons served as directors during the year:

S Hamil

S Russell

L Hunt

M Nurse

N Dowe - resigned 17th September 2019

Small company provisions

This report has been prepared in accordance with the provisions in Part 15 of the Companies Act 2006 applicable to companies subject to the small companies regime.

This report was approved by the board on 4 June 2024 and signed on its behalf.

S Hamil

Director

**Make a Difference at Sandies
Accountants' Report**

**Accountants' report to the directors of
Make a Difference at Sandies**

You consider that the company is exempt from an audit for the year ended 31 March 2024. You have acknowledged, on the balance sheet, your responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts. These responsibilities include preparing accounts that give a true and fair view of the state of affairs of the company at the end of the financial year and of its profit or loss for the financial year.

In accordance with your instructions, we have prepared the accounts which comprise the Profit and Loss Account, the Balance Sheet, the Statement of Changes in Equity and the related notes from the accounting records of the company and on the basis of information and explanations you have given to us.

We have not carried out an audit or any other review, and consequently we do not express any opinion on these accounts.

Sturgess and Co Ltd
Accountants

Manor House
Station Road
Felsted
CM6 3EZ

4 June 2024

Make a Difference at Sandies
Profit and Loss Account
for the year ended 31 March 2024

	2024 £	2023 £
Turnover	31,731	41,868
Cost of sales	(15,018)	(20,400)
Gross profit	<u>16,713</u>	<u>21,468</u>
Administrative expenses	(24,892)	(20,469)
Operating (loss)/profit	<u>(8,179)</u>	<u>999</u>
(Loss)/profit before taxation	<u>(8,179)</u>	<u>999</u>
Tax on (loss)/profit	-	-
(Loss)/profit for the financial year	<u><u>(8,179)</u></u>	<u><u>999</u></u>

Make a Difference at Sandies

Registered number: 08135546

Balance Sheet

as at 31 March 2024

	Notes	2024 £	2023 £
Fixed assets			
Tangible assets	3	1	1
Current assets			
Debtors	4	480	11,285
Cash at bank and in hand		17,636	15,010
		<u>18,116</u>	<u>26,295</u>
Creditors: amounts falling due within one year	5	(480)	(480)
Net current assets		<u>17,636</u>	<u>25,815</u>
Net assets		<u>17,637</u>	<u>25,816</u>
Capital and reserves			
Profit and loss account		17,637	25,816
Shareholder's funds		<u>17,637</u>	<u>25,816</u>

The directors are satisfied that the company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006.

The member has not required the company to obtain an audit in accordance with section 476 of the Act.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

The accounts have been prepared and delivered in accordance with the special provisions applicable to companies subject to the small companies regime. The profit and loss account has not been delivered to the Registrar of Companies.

S Hamil

Director

Approved by the board on 4 June 2024

**Make a Difference at Sandies
Statement of Changes in Equity
for the year ended 31 March 2024**

	Share capital	Share premium	Re- valuation reserve	Profit and loss account	Total
	£	£	£	£	£
At 1 April 2022	-	-	-	24,817	24,817
Profit for the financial year				999	999
At 31 March 2023	<u>-</u>	<u>-</u>	<u>-</u>	<u>25,816</u>	<u>25,816</u>
At 1 April 2023	-	-	-	25,816	25,816
Loss for the financial year				(8,179)	(8,179)
At 31 March 2024	<u>-</u>	<u>-</u>	<u>-</u>	<u>17,637</u>	<u>17,637</u>

Make a Difference at Sandies
Notes to the Accounts
for the year ended 31 March 2024

1 Accounting policies

Basis of preparation

The accounts have been prepared under the historical cost convention and in accordance with FRS 102, The Financial Reporting Standard applicable in the UK and Republic of Ireland (as applied to small entities by section 1A of the standard).

Turnover

Turnover is measured at the fair value of the consideration received or receivable, net of discounts and value added taxes. Turnover includes revenue earned from the sale of goods and from the rendering of services. Turnover from the sale of goods is recognised when the significant risks and rewards of ownership of the goods have transferred to the buyer. Turnover from the rendering of services is recognised by reference to the stage of completion of the contract. The stage of completion of a contract is measured by comparing the costs incurred for work performed to date to the total estimated contract costs.

Debtors

Short term debtors are measured at transaction price (which is usually the invoice price), less any impairment losses for bad and doubtful debts. Loans and other financial assets are initially recognised at transaction price including any transaction costs and subsequently measured at amortised cost determined using the effective interest method, less any impairment losses for bad and doubtful debts.

Creditors

Short term creditors are measured at transaction price (which is usually the invoice price). Loans and other financial liabilities are initially recognised at transaction price net of any transaction costs and subsequently measured at amortised cost determined using the effective interest method.

Provisions

Provisions (ie liabilities of uncertain timing or amount) are recognised when there is an obligation at the reporting date as a result of a past event, it is probable that economic benefit will be transferred to settle the obligation and the amount of the obligation can be estimated reliably.

2 Employees

	2024 Number	2023 Number
Average number of persons employed by the company	<u>1</u>	<u>1</u>

3 Tangible fixed assets

	Plant and machinery etc £
Cost	
At 1 April 2023	<u>4,821</u>
At 31 March 2024	<u>4,821</u>

Make a Difference at Sandies
Notes to the Accounts
for the year ended 31 March 2024

Depreciation

At 1 April 2023	<u>4,820</u>
At 31 March 2024	<u>4,820</u>

Net book value

At 31 March 2024	<u>1</u>
At 31 March 2023	<u>1</u>

4 Debtors	2024	2023
	£	£
Other debtors	<u>480</u>	<u>11,285</u>
5 Creditors: amounts falling due within one year	2024	2023
	£	£
Other creditors	<u>480</u>	<u>480</u>

6 Other information

Make a Difference at Sandies is a private company limited by shares and incorporated in England.
 Its registered office is:
 369 Rush Green Road
 Romford
 Essex
 RM7 ONJ

Make a Difference at Sandies
Detailed profit and loss account
for the year ended 31 March 2024

This schedule does not form part of the statutory accounts

	2024	2023
	£	£
Sales	31,731	41,868
Cost of sales	(15,018)	(20,400)
Gross profit	<u>16,713</u>	<u>21,468</u>
Administrative expenses	(24,892)	(20,469)
Operating (loss)/profit	<u>(8,179)</u>	<u>999</u>
(Loss)/profit before tax	<u>(8,179)</u>	<u>999</u>

Make a Difference at Sandies
Detailed profit and loss account
for the year ended 31 March 2024

This schedule does not form part of the statutory accounts

	2024	2023
	£	£
Sales		
Sales	<u>31,731</u>	<u>41,868</u>
Cost of sales		
Food supplies	4,746	4,132
Volunteer costs	9,627	14,732
Washing and ironing	<u>645</u>	<u>1,536</u>
	<u>15,018</u>	<u>20,400</u>
Administrative expenses		
Employee costs:		
Staff training and welfare	<u>285</u>	-
	<u>285</u>	-
Premises costs:		
Rent	18,500	16,100
Rates	361	237
Light and heat	<u>1,894</u>	-
	<u>20,755</u>	<u>16,337</u>
General administrative expenses:		
Telephone and internet	1,378	1,451
Insurance	224	418
Repairs and maintenance	<u>1,107</u>	<u>796</u>
	<u>2,709</u>	<u>2,665</u>
Legal and professional costs:		
Accountancy fees	480	480
Solicitors fees	-	600
Advertising and PR	270	134
Other legal and professional	<u>393</u>	<u>253</u>
	<u>1,143</u>	<u>1,467</u>
	<u>24,892</u>	<u>20,469</u>

MAKE A DIFFERENCE AT SANDIES

England & Wales - Charity number 1151364

Accounts

Registered number
08135546

Make a Difference at Sandies

Report and Accounts

31 March 2023

Make a Difference at Sandies**Registered number: 08135546****Directors' Report**

The directors present their report and accounts for the year ended 31 March 2023.

Principal activities

The company's principal activity during the year continued to be counselling and psychotherapy including child care.

Directors

The following persons served as directors during the year:

S Hamil
S Russell
L Hunt
M Nurse
N Dowe - resigned 17th September 2019

Small company provisions

This report has been prepared in accordance with the provisions in Part 15 of the Companies Act 2006 applicable to companies subject to the small companies regime.

This report was approved by the board on 22 May 2023 and signed on its behalf.

S Hamil
Director

Make a Difference at Sandies Accountants' Report

Accountants' report to the directors of Make a Difference at Sandies

You consider that the company is exempt from an audit for the year ended 31 March 2023. You have acknowledged, on the balance sheet, your responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts. These responsibilities include preparing accounts that give a true and fair view of the state of affairs of the company at the end of the financial year and of its profit or loss for the financial year.

In accordance with your instructions, we have prepared the accounts which comprise the Profit and Loss Account, the Balance Sheet, the Statement of Changes in Equity and the related notes from the accounting records of the company and on the basis of information and explanations you have given to us.

We have not carried out an audit or any other review, and consequently we do not express any opinion on these accounts.

Sturgess and Co Ltd
Accountants

Manor House
Station Road
Felsted
CM6 3EZ

22 May 2023

Make a Difference at Sandies
Profit and Loss Account
for the year ended 31 March 2023

	2023	2022
	£	£
Turnover	41,868	39,735
Cost of sales	(20,400)	(8,261)
Gross profit	<u>21,468</u>	<u>31,474</u>
Administrative expenses	(20,469)	(18,373)
Operating profit	<u>999</u>	<u>13,101</u>
Profit before taxation	<u>999</u>	<u>13,101</u>
Tax on profit	-	-
Profit for the financial year	<u><u>999</u></u>	<u><u>13,101</u></u>

Make a Difference at Sandies

Registered number: 08135546

Balance Sheet

as at 31 March 2023

	Notes	2023 £	2022 £
Fixed assets			
Tangible assets	3	1	1
Current assets			
Debtors	4	11,285	11,284
Cash at bank and in hand		<u>15,010</u>	<u>13,952</u>
		26,295	25,236
Creditors: amounts falling due within one year	5	(480)	(420)
Net current assets		<u>25,815</u>	<u>24,816</u>
Net assets		<u>25,816</u>	<u>24,817</u>
Capital and reserves			
Profit and loss account		25,816	24,817
Shareholder's funds		<u>25,816</u>	<u>24,817</u>

The directors are satisfied that the company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006.

The member has not required the company to obtain an audit in accordance with section 476 of the Act.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

The accounts have been prepared and delivered in accordance with the special provisions applicable to companies subject to the small companies regime. The profit and loss account has not been delivered to the Registrar of Companies.

S Hamil

Director

Approved by the board on 22 May 2023

**Make a Difference at Sandies
Statement of Changes in Equity
for the year ended 31 March 2023**

	Share capital	Share premium	Re- valuation reserve	Profit and loss account	Total
	£	£	£	£	£
At 1 April 2021	-	-	-	11,716	11,716
Profit for the financial year				13,101	13,101
At 31 March 2022	<u>-</u>	<u>-</u>	<u>-</u>	<u>24,817</u>	<u>24,817</u>
At 1 April 2022	-	-	-	24,817	24,817
Profit for the financial year				999	999
At 31 March 2023	<u>-</u>	<u>-</u>	<u>-</u>	<u>25,816</u>	<u>25,816</u>

Make a Difference at Sandies
Notes to the Accounts
for the year ended 31 March 2023

1 Accounting policies

Basis of preparation

The accounts have been prepared under the historical cost convention and in accordance with FRS 102, The Financial Reporting Standard applicable in the UK and Republic of Ireland (as applied to small entities by section 1A of the standard).

Turnover

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Debtors

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Short term creditors are measured at transaction price (which is usually the invoice price). Loans and other financial liabilities are initially recognised at transaction price net of any transaction costs and subsequently measured at amortised cost determined using the effective interest method.

Provisions

Provisions (ie liabilities of uncertain timing or amount) are recognised when there is an obligation at the reporting date as a result of a past event, it is probable that economic benefit will be transferred to settle the obligation and the amount of the obligation can be estimated reliably.

2 Employees

	2023 Number	2022 Number
Average number of persons employed by the company	<u>1</u>	<u>1</u>

3 Tangible fixed assets

	Plant and machinery etc £
Cost	
At 1 April 2022	<u>4,821</u>
At 31 March 2023	<u>4,821</u>

Make a Difference at Sandies
Notes to the Accounts
for the year ended 31 March 2023

Depreciation

At 1 April 2022	<u>4,820</u>
At 31 March 2023	<u>4,820</u>

Net book value

At 31 March 2023	<u>1</u>
At 31 March 2022	<u>1</u>

4 Debtors	2023	2022
	£	£
Other debtors	<u>11,285</u>	<u>11,284</u>
5 Creditors: amounts falling due within one year	2023	2022
	£	£
Other creditors	<u>480</u>	<u>420</u>

6 Other information

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 RM7 ONJ

Make a Difference at Sandies
Detailed profit and loss account
for the year ended 31 March 2023

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	2023	2022
	£	£
Sales	41,868	39,735
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Gross profit	<u>21,468</u>	<u>31,474</u>
Administrative expenses	(20,469)	(18,373)
Operating profit	<u>999</u>	<u>13,101</u>
Profit before tax	<u>999</u>	<u>13,101</u>

Make a Difference at Sandies
Detailed profit and loss account
for the year ended 31 March 2023

This schedule does not form part of the statutory accounts

	2023	2022
	£	£
Sales		
Sales	<u>41,868</u>	<u>39,735</u>
Cost of sales		
Food supplies	4,132	1,694
Volunteer costs	14,732	6,147
Washing and ironing	<u>1,536</u>	<u>420</u>
	<u>20,400</u>	<u>8,261</u>
Administrative expenses		
Premises costs:		
Rent	16,100	12,400
Rates	237	-
Premises insurance	-	280
Light and heat	-	1,281
	<u>16,337</u>	<u>13,961</u>
General administrative expenses:		
Telephone and internet	1,451	2,312
Insurance	418	-
Repairs and maintenance	796	-
Sundry expenses	-	816
	<u>2,665</u>	<u>3,128</u>
Legal and professional costs:		
Accountancy fees	480	420
Solicitors fees	600	-
Consultancy fees	-	864
Advertising and PR	134	-
Other legal and professional	<u>253</u>	<u>-</u>
	<u>1,467</u>	<u>1,284</u>
	<u>20,469</u>	<u>18,373</u>

MAKE A DIFFERENCE AT SANDIES

England & Wales - Charity number 1151364

Accounts

Registered number
08135546

Make a Difference at Sandies

Report and Accounts

31 March 2022

Make a Difference at Sandies**Registered number: 08135546****Directors' Report**

The directors present their report and accounts for the year ended 31 March 2022.

Principal activities

The company's principal activity during the year continued to be counselling and psychotherapy including child care.

Directors

The following persons served as directors during the year:

S Hamil

S Russell

L Hunt

M Nurse

N Dowe - resigned 17th September 2019

Small company provisions

This report has been prepared in accordance with the provisions in Part 15 of the Companies Act 2006 applicable to companies subject to the small companies regime.

This report was approved by the board on 14 July 2022 and signed on its behalf.

S Hamil
Director

Make a Difference at Sandies Accountants' Report

Accountants' report to the directors of Make a Difference at Sandies

You consider that the company is exempt from an audit for the year ended 31 March 2022. You have acknowledged, on the balance sheet, your responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts. These responsibilities include preparing accounts that give a true and fair view of the state of affairs of the company at the end of the financial year and of its profit or loss for the financial year.

In accordance with your instructions, we have prepared the accounts which comprise the Profit and Loss Account, the Balance Sheet, the Statement of Changes in Equity and the related notes from the accounting records of the company and on the basis of information and explanations you have given to us.

We have not carried out an audit or any other review, and consequently we do not express any opinion on these accounts.

Sturgess and Co Ltd
Accountants

6 Oak Drive
Elsenham
Bishops Stortford
Essex
CM22 6GB

14 July 2022

Make a Difference at Sandies
Profit and Loss Account
for the year ended 31 March 2022

	2022	2021
	£	£
Turnover	39,735	33,850
Cost of sales	(8,261)	(15,724)
Gross profit	<u>31,474</u>	<u>18,126</u>
Administrative expenses	(18,373)	(17,482)
Operating profit	<u>13,101</u>	<u>644</u>
Profit before taxation	<u>13,101</u>	<u>644</u>
Tax on profit	-	-
Profit for the financial year	<u><u>13,101</u></u>	<u><u>644</u></u>

Make a Difference at Sandies

Registered number: 08135546

Balance Sheet

as at 31 March 2022

	Notes	2022 £	2021 £
Fixed assets			
Tangible assets	3	1	1,607
Current assets			
Debtors	4	11,284	4,293
Cash at bank and in hand		13,952	6,236
		<u>25,236</u>	<u>10,529</u>
Creditors: amounts falling due within one year	5	(420)	(420)
Net current assets		<u>24,816</u>	<u>10,109</u>
Net assets		<u>24,817</u>	<u>11,716</u>
Capital and reserves			
Profit and loss account		24,817	11,716
Shareholder's funds		<u>24,817</u>	<u>11,716</u>

The directors are satisfied that the company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006.

The member has not required the company to obtain an audit in accordance with section 476 of the Act.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

The accounts have been prepared and delivered in accordance with the special provisions applicable to companies subject to the small companies regime. The profit and loss account has not been delivered to the Registrar of Companies.

S Hamil

Director

Approved by the board on 14 July 2022

Make a Difference at Sandies
Statement of Changes in Equity
for the year ended 31 March 2022

	Share capital	Share premium	Re- valuation reserve	Profit and loss account	Total
	£	£	£	£	£
At 1 April 2020	-	-	-	11,072	11,072
Profit for the financial year				644	644
At 31 March 2021	<u>-</u>	<u>-</u>	<u>-</u>	<u>11,716</u>	<u>11,716</u>
At 1 April 2021	-	-	-	11,716	11,716
Profit for the financial year				13,101	13,101
At 31 March 2022	<u>-</u>	<u>-</u>	<u>-</u>	<u>24,817</u>	<u>24,817</u>

Make a Difference at Sandies
Notes to the Accounts
for the year ended 31 March 2022

1 Accounting policies

Basis of preparation

The accounts have been prepared under the historical cost convention and in accordance with FRS 102, The Financial Reporting Standard applicable in the UK and Republic of Ireland (as applied to small entities by section 1A of the standard).

Turnover

Turnover is measured at the fair value of the consideration received or receivable, net of discounts and value added taxes. Turnover includes revenue earned from the sale of goods and from the rendering of services. Turnover from the sale of goods is recognised when the significant risks and rewards of ownership of the goods have transferred to the buyer. Turnover from the rendering of services is recognised by reference to the stage of completion of the contract. The stage of completion of a contract is measured by comparing the costs incurred for work performed to date to the total estimated contract costs.

Debtors

Short term debtors are measured at transaction price (which is usually the invoice price), less any impairment losses for bad and doubtful debts. Loans and other financial assets are initially recognised at transaction price including any transaction costs and subsequently measured at amortised cost determined using the effective interest method, less any impairment losses for bad and doubtful debts.

Creditors

Short term creditors are measured at transaction price (which is usually the invoice price). Loans and other financial liabilities are initially recognised at transaction price net of any transaction costs and subsequently measured at amortised cost determined using the effective interest method.

Provisions

Provisions (ie liabilities of uncertain timing or amount) are recognised when there is an obligation at the reporting date as a result of a past event, it is probable that economic benefit will be transferred to settle the obligation and the amount of the obligation can be estimated reliably.

2 Employees

	2022 Number	2021 Number
Average number of persons employed by the company	<u>1</u>	<u>1</u>

3 Tangible fixed assets

	Plant and machinery etc £
Cost	
At 1 April 2021	<u>4,821</u>
At 31 March 2022	<u>4,821</u>

Make a Difference at Sandies
Notes to the Accounts
for the year ended 31 March 2022

Depreciation

At 1 April 2021	3,214
Charge for the year	<u>1,606</u>
At 31 March 2022	<u>4,820</u>

Net book value

At 31 March 2022	<u>1</u>
At 31 March 2021	<u>1,607</u>

4 Debtors	2022	2021
	£	£
Other debtors	<u>11,284</u>	<u>4,293</u>

5 Creditors: amounts falling due within one year	2022	2021
	£	£
Other creditors	<u>420</u>	<u>420</u>

6 Other information

Make a Difference at Sandies is a private company limited by shares and incorporated in England.
 Its registered office is:
 369 Rush Green Road
 Romford
 Essex
 RM7 ONJ

Make a Difference at Sandies
Detailed profit and loss account
for the year ended 31 March 2022

This schedule does not form part of the statutory accounts

	2022	2021
	£	£
Sales	39,735	33,850
Cost of sales	(8,261)	(15,724)
Gross profit	<u>31,474</u>	<u>18,126</u>
Administrative expenses	(18,373)	(17,482)
Operating profit	<u>13,101</u>	<u>644</u>
Profit before tax	<u>13,101</u>	<u>644</u>

Make a Difference at Sandies
Detailed profit and loss account
for the year ended 31 March 2022

This schedule does not form part of the statutory accounts

	2022	2021
	£	£
Sales		
Sales	<u>39,735</u>	<u>33,850</u>
Cost of sales		
Food supplies	1,694	3,633
Volunteer costs	6,147	8,877
Subcontractor costs	-	2,194
Washing and ironing	<u>420</u>	<u>1,020</u>
	<u>8,261</u>	<u>15,724</u>
Administrative expenses		
Employee costs:		
Wages and salaries	-	1,012
	<u>-</u>	<u>1,012</u>
Premises costs:		
Rent	12,400	12,700
Premises insurance	280	530
Light and heat	<u>1,281</u>	<u>743</u>
	<u>13,961</u>	<u>13,973</u>
General administrative expenses:		
Telephone and internet	2,312	282
Depreciation	-	1,607
Sundry expenses	<u>816</u>	<u>-</u>
	<u>3,128</u>	<u>1,889</u>
Legal and professional costs:		
Accountancy fees	420	420
Consultancy fees	864	-
Other legal and professional	<u>-</u>	<u>188</u>
	<u>1,284</u>	<u>608</u>
	<u>18,373</u>	<u>17,482</u>

MAKE A DIFFERENCE AT SANDIES

England & Wales - Charity number 1151364

Accounts

Registered number
08135546

Make a Difference at Sandies

Report and Accounts

31 March 2021

Make a Difference at Sandies**Registered number: 08135546****Directors' Report**

The directors present their report and accounts for the year ended 31 March 2021.

Principal activities

The company's principal activity during the year continued to be counselling and psychotherapy including child care.

Directors

The following persons served as directors during the year:

S Hamil
S Russell
L Hunt
M Nurse
N Dowe - resigned 17th September 2019

Small company provisions

This report has been prepared in accordance with the provisions in Part 15 of the Companies Act 2006 applicable to companies subject to the small companies regime.

This report was approved by the board on 28 May 2021 and signed on its behalf.

S Hamil
Director

Make a Difference at Sandies Accountants' Report

Accountants' report to the directors of Make a Difference at Sandies

You consider that the company is exempt from an audit for the year ended 31 March 2021. You have acknowledged, on the balance sheet, your responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts. These responsibilities include preparing accounts that give a true and fair view of the state of affairs of the company at the end of the financial year and of its profit or loss for the financial year.

In accordance with your instructions, we have prepared the accounts which comprise the Profit and Loss Account, the Balance Sheet, the Statement of Changes in Equity and the related notes from the accounting records of the company and on the basis of information and explanations you have given to us.

We have not carried out an audit or any other review, and consequently we do not express any opinion on these accounts.

Sturgess and Co Ltd
Accountants

6 Oak Drive
Elsenham
Bishops Stortford
Essex
CM22 6GB

28 May 2021

Make a Difference at Sandies
Profit and Loss Account
for the year ended 31 March 2021

	2021	2020
	£	£
Turnover	33,850	40,413
Cost of sales	(15,724)	(12,921)
Gross profit	<u>18,126</u>	<u>27,492</u>
Administrative expenses	(17,482)	(22,760)
Operating profit	<u>644</u>	<u>4,732</u>
Profit before taxation	<u>644</u>	<u>4,732</u>
Tax on profit	-	-
Profit for the financial year	<u><u>644</u></u>	<u><u>4,732</u></u>

Make a Difference at Sandies

Registered number: 08135546

Balance Sheet

as at 31 March 2021

	Notes	2021 £	2020 £
Fixed assets			
Tangible assets	3	1,607	3,214
Current assets			
Debtors	4	4,293	4,293
Cash at bank and in hand		<u>6,236</u>	<u>3,985</u>
		10,529	8,278
Creditors: amounts falling due within one year	5	(420)	(420)
Net current assets		<u>10,109</u>	<u>7,858</u>
Net assets		<u>11,716</u>	<u>11,072</u>
Capital and reserves			
Profit and loss account		11,716	11,072
Shareholder's funds		<u>11,716</u>	<u>11,072</u>

The directors are satisfied that the company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006.

The member has not required the company to obtain an audit in accordance with section 476 of the Act.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

The accounts have been prepared and delivered in accordance with the special provisions applicable to companies subject to the small companies regime. The profit and loss account has not been delivered to the Registrar of Companies.

S Hamil

Director

Approved by the board on 28 May 2021

**Make a Difference at Sandies
Statement of Changes in Equity
for the year ended 31 March 2021**

	Share capital	Share premium	Re- valuation reserve	Profit and loss account	Total
	£	£	£	£	£
At 1 April 2019	-	-	-	6,340	6,340
Profit for the financial year				4,732	4,732
At 31 March 2020	<u>-</u>	<u>-</u>	<u>-</u>	<u>11,072</u>	<u>11,072</u>
At 1 April 2020	-	-	-	11,072	11,072
Profit for the financial year				644	644
At 31 March 2021	<u>-</u>	<u>-</u>	<u>-</u>	<u>11,716</u>	<u>11,716</u>

Make a Difference at Sandies
Notes to the Accounts
for the year ended 31 March 2021

1 Accounting policies

Basis of preparation

The accounts have been prepared under the historical cost convention and in accordance with FRS 102, The Financial Reporting Standard applicable in the UK and Republic of Ireland (as applied to small entities by section 1A of the standard).

Turnover

Turnover is measured at the fair value of the consideration received or receivable, net of discounts and value added taxes. Turnover includes revenue earned from the sale of goods and from the rendering of services. Turnover from the sale of goods is recognised when the significant risks and rewards of ownership of the goods have transferred to the buyer. Turnover from the rendering of services is recognised by reference to the stage of completion of the contract. The stage of completion of a contract is measured by comparing the costs incurred for work performed to date to the total estimated contract costs.

Debtors

Short term debtors are measured at transaction price (which is usually the invoice price), less any impairment losses for bad and doubtful debts. Loans and other financial assets are initially recognised at transaction price including any transaction costs and subsequently measured at amortised cost determined using the effective interest method, less any impairment losses for bad and doubtful debts.

Creditors

Short term creditors are measured at transaction price (which is usually the invoice price). Loans and other financial liabilities are initially recognised at transaction price net of any transaction costs and subsequently measured at amortised cost determined using the effective interest method.

Provisions

Provisions (ie liabilities of uncertain timing or amount) are recognised when there is an obligation at the reporting date as a result of a past event, it is probable that economic benefit will be transferred to settle the obligation and the amount of the obligation can be estimated reliably.

2 Employees

	2021 Number	2020 Number
Average number of persons employed by the company	<u>1</u>	<u>1</u>

3 Tangible fixed assets

	Plant and machinery etc £
Cost	
At 1 April 2020	<u>4,821</u>
At 31 March 2021	<u>4,821</u>

Make a Difference at Sandies
Notes to the Accounts
for the year ended 31 March 2021

Depreciation

At 1 April 2020	1,607
Charge for the year	<u>1,607</u>
At 31 March 2021	<u>3,214</u>

Net book value

At 31 March 2021	<u>1,607</u>
At 31 March 2020	<u>3,214</u>

4 Debtors	2021	2020
	£	£
Other debtors	<u>4,293</u>	<u>4,293</u>

5 Creditors: amounts falling due within one year	2021	2020
	£	£
Other creditors	<u>420</u>	<u>420</u>

6 Other information

Make a Difference at Sandies is a private company limited by shares and incorporated in England.
 Its registered office is:
 369 Rush Green Road
 Romford
 Essex
 RM7 ONJ

Make a Difference at Sandies
Detailed profit and loss account
for the year ended 31 March 2021

This schedule does not form part of the statutory accounts

	2021	2020
	£	£
Sales	33,850	40,413
Cost of sales	(15,724)	(12,921)
Gross profit	<u>18,126</u>	<u>27,492</u>
Administrative expenses	(17,482)	(22,760)
Operating profit	<u>644</u>	<u>4,732</u>
Profit before tax	<u>644</u>	<u>4,732</u>

Make a Difference at Sandies
Detailed profit and loss account
for the year ended 31 March 2021

This schedule does not form part of the statutory accounts

	2021	2020
	£	£
Sales		
Sales	<u>33,850</u>	<u>40,413</u>
Cost of sales		
Food supplies	3,633	1,751
Volunteer costs	8,877	6,925
Subcontractor costs	2,194	2,685
Washing and ironing	<u>1,020</u>	<u>1,560</u>
	<u>15,724</u>	<u>12,921</u>
Administrative expenses		
Employee costs:		
Wages and salaries	<u>1,012</u>	<u>5,694</u>
	<u>1,012</u>	<u>5,694</u>
Premises costs:		
Rent	12,700	12,340
Premises insurance	530	431
Light and heat	743	756
	<u>13,973</u>	<u>13,527</u>
General administrative expenses:		
Telephone and internet	282	1,019
Subscriptions	-	110
Depreciation	1,607	1,607
Sundry expenses	<u>-</u>	<u>224</u>
	<u>1,889</u>	<u>2,960</u>
Legal and professional costs:		
Accountancy fees	420	420
Advertising and PR	-	159
Other legal and professional	<u>188</u>	<u>-</u>
	<u>608</u>	<u>579</u>
	<u>17,482</u>	<u>22,760</u>