

**Mind in Harrogate District CIO**

**Trustees report and unaudited financial statements**

**for the year ended 31 March 2025**

**Charity no: 1151271**

**Mind in Harrogate District CIO**  
**Financial statements**  
**for the year ended 31 March 2025**

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## **Mind in Harrogate District CIO**

### **Legal & administrative information**

**for the year ended 31 March 2025**

Charity name	Mind in Harrogate District
Charity Registration Number	1151271 (England & Wales)
Registered Office	101A Station Parade Harrogate North Yorkshire HG1 1HB
Trustees	Mr P Gruen (chair) Mr W Shermer (Treasurer) Mr J Wallace Mr D Evans Mrs R Morley Mr C Taylor Mrs F Hassan (resigned 7th October 2024)
Chief Executive	Tina Chamberlain
Independent examiners	The Barker Partnership Chartered Accountants 24 High Street Pateley Bridge Harrogate HG3 5JU
Bankers	HSBC 7 Prospect Crescent Harrogate North Yorkshire HG1 1RN

## **Mind in Harrogate District CIO**

### **Chair's report for the year ended 31 March 2025**

I am pleased to present the Annual Report for Mind in Harrogate District for the year ended 31 March 2025. This year has been one of resilience, innovation, and progress as we continue to provide vital mental health and wellbeing services to our community. The report reflects our work across governance, financial stewardship, service delivery, and the significant developments that are shaping our future.

#### **Governance and Management**

I would like to express my sincere thanks to all our Trustees for their dedication and commitment throughout the year. Their guidance and oversight ensure the charity remains responsive, accountable, and effective in an ever-changing environment.

We were delighted to welcome two new Trustees to the Board this year-Kate Riley and Dr. Sana Fatima. Their diverse expertise and perspectives further strengthen our ability to provide strong leadership and steer the organisation towards long-term sustainability.

This year we updated our Strategic Plan to take us through 2025-2027, reaffirming our vision and our values and stating our priorities for this period. Our ambition is to become the hub for mental health support in Harrogate district, and we will focus on the following priorities:

- \* Establishing a children and young person's mental health and wellbeing service
- \* Enhancing and strengthening our support to adults and older people
- \* Reducing inequalities and increasing access to support for marginalised communities across Harrogate district.

We also achieved Mind Quality Management (MQM) standard which is a set of standards used across the Mind network and completed every three years. The assessment is rigorous and achieving MQM means that the organisation is well-run, sustainable, and achieving a positive impact for people with mental health problems.

#### **Financial Prudence and Sustainability**

The financial climate remains challenging, with inflationary pressures and core funding remaining static. Despite these difficulties, we continue to manage our resources carefully and with prudence. Any surplus is reinvested to strengthen our services and extend our reach across the district.

Our Treasurer's Report provides more detail, but as a Board, we remain focused on ensuring sustainability while developing new services to meet the growing mental health needs of our community.

## **Mind in Harrogate District CIO**

### **Activities and Services**

Over the past year, Mind in Harrogate District has continued to deliver a wide and varied programme of services to support wellbeing, including:

- Activity programs (Arts & Crafts, allotment group, music group, walking groups)
- Counselling service
- Befriending & telephone befriending service
- Support in A & E at Harrogate Hospital for people struggling with their mental health
- Peer support groups
- Mindfulness and relaxation therapy

Through partnerships with community anchor organisations in Boroughbridge, Masham, Pateley Bridge, and Ripon, we ensure these services remain accessible to people across our rural district.

While demand for our services continues to grow, we remain committed to extending both the scope and reach of our support so that no one faces a mental health challenge alone.

### **Major Developments**

This year has seen two significant areas of growth:

#### **Children and Young People's Services**

In June 2024, we welcomed Lucy Gifford as our new Head of Services. Lucy brings invaluable experience from her time at The Prince's Trust, particularly in building partnerships that support young people. With her leadership, and the generous support of long-standing donors John and Pat Barnes, we have designed and launched much-needed mental health and wellbeing services for children and young people. This includes counselling, one-to-one support, and workshops in schools, supported by the recruitment of a dedicated Children and Young People's Coordinator.

#### **Workplace Wellbeing**

Our workplace wellbeing offer for businesses has also grown significantly. Led by Holly Astbury, our Head of Workplace Wellbeing, we are now providing local employers with access to counselling, tailored workplace resources, and mental health first aid training. By working closely with businesses, we are raising awareness of mental health issues and helping to create healthier workplaces across the Harrogate District.

#### **Events and Fundraising**

We were delighted to host a number of successful fundraising events, including the Bling Ball and the Mental Elf fun run, both of which attracted corporate sponsorship and helped raise the profile of our organisation. These events not only generated vital funds but also showcased the positive impact of our work.

#### **Acknowledgements**

On behalf of the Board, I would like to thank the many individuals, groups, and organisations who give their time, energy, and financial support to help us achieve our mission.

Special thanks go to The Harrogate Food and Drink Festival, John and Pat Barnes, and the many grant funders, Trusts, and Foundations whose generous contributions have enabled us to expand and sustain our services.

## **Mind in Harrogate District CIO**

### **Partnerships**

Collaboration remains central to our approach. We are proud to work alongside the Route One to Wellness Partners, Mind colleagues regionally and nationally, North Yorkshire Council, Harrogate and District Hospital, and Tees, Esk and Wear Valley Mental Health Trust. Together, we are creating stronger, more resilient services that respond to the diverse needs of our community.

### **Thanks to Our Team**

Finally, I wish to extend heartfelt thanks to our dedicated staff and volunteers, whose hard work and compassion change lives every day.

I would like to particularly mention the quality of leadership and commitment of our CEO Tina Chamberlain, who has driven the organisation forward and helped us to step up to the next level.

Thanks to the progress we have made together, I look forward to the future with both confidence and optimism as we continue to build a stronger, healthier community for all.

**Mr P Gruen (Chair)** .....

**Date** .....

**Mind in Harrogate District CIO**

**Treasurers report for the year ended 31st March 2025**


The period pleasingly showed a continuation of positive results year and provided a movement in funds for the year of £20,626.

£11,969 of this movement related to investments, providing the underlying performance from operating activities to be a positive £23,575.

Income growth in the year was healthy compared to the previous year, with the main growth area being Charitable activities due to the successful application and awards of grants and a greater emphasis on corporate fund raising and donations. However, the provision of these activities also incurs an increase in associated costs, but even with these, a positive net contribution was experienced.

This year has seen minimal capital investment in the Acorn Centre, and the Value of Tangible Assets has decreased by £5,131. However, I am pleased to provide the Centre will be given a significant face lift next year, improving further the facilities on offer for all current and future users.

Available Cash has increased by £17,343 reflecting in some part the spreading of income from grant monies received pre this year, but relating to the current period.

Mr W Shermer (Treasurer) .....  ..... Date ..... 20-10-25 .....

## **Mind in Harrogate District CIO**

### **Trustees annual report for the year ended 31 March 2025**

#### **Structure, Governance and Management**

##### *Governing document*

The CIO was established under a constitution dated 10th February 2021.

##### *Appointment of trustees*

Under the constitution, a trustee must be appointed by charity's members. Apart from the first charity trustees, every trustee must be appointed for a term of 3 years by a resolution passed at a properly convened meeting of charity trustees.

##### *Trustee induction and training*

Most trustees are already familiar with the work of the charity. New trustees are invited to meet with the chair in order to familiarise themselves with the charity in areas such as:

- The obligation of the board of trustees,
- The main documents which set out the operational framework for the charity,
- Resourcing and financial position,
- Future plans and objectives.

Trustees are encouraged to attend external training events where these will facilitate the undertaking of their role.

##### *Organisation*

The charity's constitution states that there can be a minimum of 4 trustees and a maximum of 10 trustees.

##### *Risk Review*

The trustees have conducted a review of the major risks to which the charity is exposed, particularly those related to the operations and finances of the charity. They are satisfied that systems are in place to mitigate exposure to the major risks.

#### **Aims & objectives**

The charity looks to promote the preservation of good mental health and to assist in relieving and rehabilitating persons suffering from mental health disorders or conditions of emotional or mental distress requiring advice or treatment.

To promote the study of and research into mental health disorders and emotional or mental distress and to obtain and make records of and disseminate to the public the useful results of such research and to educate the public in matters relating to mental health.

#### **Achievements & performance**

The achievements and performance of the charity are explained in detail in the Chairman's report on pages 2-4.

#### **Results**

A summary of the results of the years activities is given on page 10 of the accounts. The charity returned a surplus of £20,626 (2024 - surplus of £45,746).



## **Mind in Harrogate District CIO**

### **Trustees annual report for the year ended 31 March 2025**

#### **Financial Policy**

Mind in Harrogate District prepares accounts in accordance with the statutory requirements placed on a Charity and meets all requirements of HM Revenue and Customs and the Charity Commission. The Finance Sub Committee (FSC) consisting of the Chairman, Treasurer and CEO has overall responsibility for financial management.

Payment Authorisation levels for the MIND have been set as:

- Less than £500 - CEO
- Between £500 and £2,000 - 2 of the 3 person Finance Committee
- Over £2,000 - Majority of the Trustees

Excluded monthly spend from above is the payroll, this is managed by the CEO, but prepared externally.

An annual review of our financial position is presented to Trustees including comparisons to budgets and previous years .

Harrogate in Mind prepares and agrees an Annual Budget no later than one month post the year end.

Income and expenditure accounts, and Balance Sheet for each financial quarter are submitted to the Trustees four times a year. The fourth report forms the basis of the annual accounts.

Annual accounts are drafted by the Treasurer and submitted for independent examination to a local firm of Accountants, namely The Barker Partnership of Pateley Bridge.

The return to the Charities Commission is submitted by the CEO.

#### **Investment powers and policy**

The trustees have the power to invest in such assets as they see fit.

#### **Reserves policy**

It is the policy of the trustees to maintain unrestricted reserves, which are the free reserves of the Association, in accordance with the following:

- A designated premises fund holding the freehold property and a cash reserve fund, which may be required to cover the anticipated cost of refurbishing premises in the future and as a premises Disaster Recovery. This provision is subject to annual review and, for the financial year ended 31 March 2025, the trustees have agreed the amount of the cash provision should be maintained at £50,000;
- A restricted reserve at a level that equates to a minimum of four months of all charitable expenditure based upon Budget levels for the following year; This provides sufficient funds to cover management, administration and support costs, allow short term funding for projects until further funding is obtained, accommodate changes in funding by statutory authorities. This is now calculated to be £140,000.

## Mind in Harrogate District CIO

### Trustees annual report for the year ended 31 March 2025

#### Statement of trustees' responsibilities

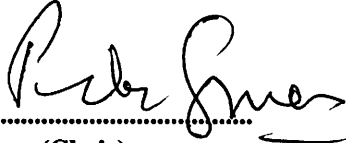
The trustees are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Generally Accepted Accounting Practice.

Law applicable to charities in England and Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the charity and of the incoming resources and application of resources, including the income and expenditure, of the charity for the period. In preparing these financial statements the trustees are required to:

- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the accounts comply with the Charities Act 2011 and the Charity (Accounts & Reports) Regulations 2008. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report was approved by the Board on 20/10/25 and signed on its behalf by:



Mr P Gruen (Chair)

## Mind in Harrogate District CIO

### Independent examiner's report to the trustees on the unaudited financial statements of Mind in Harrogate District CIO.

I report on the accounts of Mind in Harrogate District (charity number 1151271) for the year ended 31 March 2025 which are set out on pages 10 to 22.

#### Respective responsibilities of trustees and independent examiner

The charity's trustees are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act), and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act,
- to follow the procedures laid down in the general directions given by the charity commission under section 145(5)(b) of the 2011 Act, and
- to state whether particular matters have come to our attention.

#### Basis of independent examiners statement

My examination was carried out in accordance with general directions given by the charity commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from all trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

#### Independent examiners statement

In the course of my examination, no matter has come to my attention;

- (i) which gives me reasonable cause to believe that in any material respect the requirements:
  - to keep proper accounting records in accordance with section 130; and
  - to prepare accounts which accord with the accounting records, comply with the accounting requirements of the 2011 Act;

have not been met; or

- (ii) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

.....

Date .....14.11.2025.....

**David Thomas ACA FCCA - Independent Examiner**

The Barker Partnership  
Chartered Accountants  
24 High Street  
Pateley Bridge  
Harrogate, HG3 5JU

**Mind in Harrogate District CIO**

**Statement of financial activities  
for the year ended 31 March 2025**

	Notes	Unrestricted Funds £	Restricted Funds £	Designated Funds £	2025 Total £	2024 Total £
<b>Incoming resources</b>						
<b>Incoming and endowments from:</b>						
Donations & legacies	2	38,591	-	-	38,591	57,379
Charitable activities	3	71,403	305,959	-	377,362	283,212
Other trading activities	4	15,196	-	-	15,196	13,411
Investment income		11,969	-	-	11,969	10,627
<b>Total incoming resources</b>		<u>137,159</u>	<u>305,959</u>	<u>-</u>	<u>443,118</u>	<u>364,629</u>
<b>Resources expended</b>						
<b>Resources expended on:</b>						
Charitable activities	5	104,436	305,959	-	410,395	315,858
Other	6	4,802	-	4,346	9,148	9,203
<b>Total resources expended</b>		<u>109,238</u>	<u>305,959</u>	<u>4,346</u>	<u>419,543</u>	<u>325,061</u>
<b>Net (outgoing)/ incoming resources</b>						
<b>before other recognised gains and losses</b>		27,921	-	(4,346)	23,575	39,568
Transfers between funds	18	(140,068)	(7,802)	147,870	-	-
<b>Other recognised gains and losses</b>						
Gains/ (losses) on investment assets		(2,949)	-	-	(2,949)	6,178
<b>Net movement in funds in year</b>		<u>(115,095)</u>	<u>(7,802)</u>	<u>143,524</u>	<u>20,626</u>	<u>45,746</u>
<b>Reconciliation of funds</b>						
Total funds brought forward	18	<u>199,280</u>	<u>147,802</u>	<u>80,000</u>	<u>427,082</u>	<u>381,336</u>
<b>Total funds carried forward</b>	18	<u><u>84,185</u></u>	<u><u>140,000</u></u>	<u><u>223,524</u></u>	<u><u>447,709</u></u>	<u><u>427,082</u></u>

The statement of financial activities includes all gains and losses in the year. All incoming resources and resources expended derive from continuing activities.

**The notes on pages 12 to 22 form an integral part of these financial statements.**

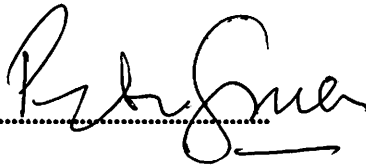
**Mind in Harrogate District CIO**

**Balance sheet  
as at 31 March 2025**

	Notes	2025		2024	
		£	£	£	£
<b>Fixed Assets</b>					
Tangible assets	12		176,658		181,789
Investments	13		165,381		168,330
			<u>342,039</u>		<u>350,119</u>
<b>Current Assets</b>					
Cash at bank and in hand	14	285,197		149,904	
		<u>285,197</u>		<u>149,904</u>	
<b>Creditors: amounts falling due within one year</b>	15	(179,527)		(72,941)	
<b>Net Current assets</b>			<u>105,670</u>		<u>76,963</u>
<b>Total Assets Less Current Liabilities</b>			<u>447,709</u>		<u>427,082</u>
<b>The funds of the charity</b>					
Unrestricted funds	17		84,185		199,280
Restricted funds	17		140,000		147,802
Designated funds	17		223,524		80,000
<b>Total charity funds</b>			<u>447,709</u>		<u>427,082</u>

The financial statements were approved by the trustees on 20/10/25 and signed on the charities behalf by:

Mr P Gruen (Chair) .....



The notes on pages 12 to 22 form an integral part of these financial statements.

## **Mind in Harrogate District CIO**

### **Notes to the financial statements for the year ended 31 March 2025**

#### **1. Accounting policies**

The charity is a Charitable Incorporated Organisation (charity number 1151271). The registered office is 101A Station Parade, Harrogate, HG1 1HB.

The principal accounting policies are summarised below. The accounting policies have been applied consistently throughout the year and the preceeding year.

##### **1.1. Basis of accounting**

These accounts have been prepared under the historic cost convention and in accordance with the Financial Reporting by Charities – Statement of Recommended Practice accounting and reporting by charities preparing their accounts in accordance with the Financial Reporting Standards applicable in the UK and Republic of Ireland (FRS102) issued on the 16th July 2014 and the Charities Act 2011. The charity constitutes a public benefit entity as defined by FRS102.

##### **1.2. Fund accounting**

Unrestricted funds are available at the discretion of the board in furtherance of the general objectives of the Charity.

###### **Unrestricted funds**

These are funds which can be used in accordance with the charitable objects at the discretion of the trustees. These funds are also referred to as Operational funds.

###### **Restricted funds**

These are funds that can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes. These funds are mostly derived from grants and contracts.

###### **Designated funds**

These are funds set aside by the trustees out of unrestricted general funds for specific future purposes or projects.

##### **1.3. Recognition of assets & income**

Income is recognised in the Statement of Financial Activities (SoFA) when a transaction or other event results in an increase in the charity's assets or a reduction in its liabilities.

###### **Recognition of grants & donations**

Income is only recognised in the accounts when all of the criteria regarding entitlement, probable and measurement are met. In the case of a grant, evidence of entitlement usually exists when the formal offer of funding is communicated in writing to the charity. However, in the event that conditions are placed on the grant, those conditions must be met before income is recognised. In the case of a donation, entitlement arises immediately on its receipt.

###### **Recognition of investment income**

Income from interest is recognised when its receipt is probable and the amount receivable can be measured accurately.

## **Mind in Harrogate District CIO**

### **Notes to the financial statements for the year ended 31 March 2025**

#### **1.4. Recognition of resources expended**

Expenditure is the amount of a charity's resources that have been spent or otherwise used in carrying out its activities. An expense results in either a decrease in a charity's assets or an increase in its liabilities. Liabilities and expenditure are only recognised in the accounts when all of the criteria regarding entitlement, probable and measurement are met.

#### **1.5. Tangible fixed assets and depreciation**

Depreciation is provided at rates calculated to write off the cost less residual value of each asset over its expected useful life, as follows:

Building & Roof	-	2% straight line basis
Equipment	-	20% reducing balance
Fixtures & fittings	-	20% reducing balance

#### **1.6. Investments**

Fixed asset investments are stated at cost less provision for permanent diminution in value. Investments are held primarily to provide an investment return for the charity.

**Mind in Harrogate District CIO**

**Notes to the financial statements  
for the year ended 31 March 2025**

**2. Donations & Legacies**

	<b>Unrestricted Funds £</b>	<b>Restricted Funds £</b>	<b>Designated Funds £</b>	<b>2025 Total £</b>	<b>2024 Total £</b>
<b>Donations</b>					
DSSR	-	-	-	-	600
Baines & Chamber	-	-	-	-	406
Leeds MIND	-	-	-	-	589
John Lewis	-	-	-	-	440
Linden Charity	-	-	-	-	1,000
Charities Trust	-	-	-	-	125
HTI Support Club	-	-	-	-	850
King James	-	-	-	-	798
Fed Enterprises	2,520	-	-	2,520	2,498
Edward Gosling	-	-	-	-	15,000
Rohan Jonar	-	-	-	-	694
S Coal Richmond	-	-	-	-	110
Bettys	-	-	-	-	8,208
Adaston Ltd	-	-	-	-	300
Vocalis	-	-	-	-	250
Sir Jules Thorn	-	-	-	-	2,000
Penelope Martin Progency Law	4,500	-	-	4,500	-
Ripon Motor Club	1,500	-	-	1,500	-
M & K Barber	1,000	-	-	1,000	-
F Fest	2,082	-	-	2,082	-
Phil Hall	2,251	-	-	2,251	-
C & EL Syskes Trust	3,000	-	-	3,000	-
S & C Shepherd	5,000	-	-	5,000	-
Other	16,738	-	-	16,738	16,642
	<u>38,591</u>	<u>-</u>	<u>-</u>	<u>38,591</u>	<u>50,510</u>
<b>Other donations &amp; legacies</b>					
Food & Drink Festival	-	-	-	-	388
Ripon Golf Club	-	-	-	-	2,979
Ticket donations	-	-	-	-	3,502
<b>Total voluntary income</b>	<u>38,591</u>	<u>-</u>	<u>-</u>	<u>38,591</u>	<u>57,379</u>



**Mind in Harrogate District CIO**

**Notes to the financial statements  
for the year ended 31 March 2025**

**3. Incoming resources from charitable activities**

	<b>Unrestricted Funds £</b>	<b>Restricted Funds £</b>	<b>Designated Funds £</b>	<b>2025 Total £</b>	<b>2024 Total £</b>
North Yorkshire County Council	-	67,000	-	67,000	60,000
NYCC	-	18,055	-	18,055	-
NYCC Ukraine project	-	35,000	-	35,000	-
NYCC Masham	-	1,850	-	1,850	-
NYCC Outreach Masham	-	589	-	589	-
NYPC	-	4,233	-	4,233	-
MIND	-	-	-	-	11,848
MIND cost of living	-	-	-	-	20,409
MIND Refugee	-	-	-	-	22,500
MIND Befriending	-	35,411	-	35,411	25,544
MIND Administration	-	12,833	-	12,833	20,167
MIND Cost of living	-	4,500	-	4,500	-
National Lottery	-	-	-	-	48,042
CCG	-	-	-	-	44,833
Yorkshire Cancer	-	38,566	-	38,566	10,086
Route 1 day centre	-	8,208	-	8,208	7,292
Rural Wellbeing	-	1,700	-	1,700	5,491
Counselling	-	-	-	-	3,000
Route 1 to Wellness	-	13,500	-	13,500	-
CYP	-	4,167	-	4,167	-
The Two Ridings Community Foundation	-	228	-	228	4,000
NHS Humber & NY ICB	-	56,619	-	56,619	-
Chaine Lane Community Centre	-	2,500	-	2,500	-
Ripon council	-	1,000	-	1,000	-
Corporate training	10,988	-	-	10,988	-
Corporate fund raising	57,425	-	-	57,425	-
Corporate counselling	2,990	-	-	2,990	-
	<u>71,403</u>	<u>305,959</u>	<u>-</u>	<u>377,362</u>	<u>283,212</u>

**Mind in Harrogate District CIO**

**Notes to the financial statements  
for the year ended 31 March 2025**

**4. Incoming resources from other trading activities**

	<b>Unrestricted Funds £</b>	<b>Restricted Funds £</b>	<b>Designated Funds £</b>	<b>2025 Total £</b>	<b>2024 Total £</b>
	<b>Funds £</b>	<b>Funds £</b>	<b>Funds £</b>	<b>Total £</b>	<b>Total £</b>
Counselling & out of hours	15,196	-	-	15,196	13,411
	<u>15,196</u>	<u>-</u>	<u>-</u>	<u>15,196</u>	<u>13,411</u>

**5. Charitable activities**

	<b>Unrestricted Funds £</b>	<b>Restricted Funds £</b>	<b>Designated Funds £</b>	<b>2025 Total £</b>	<b>2024 Total £</b>
Salaries	8,460	305,959	-	314,419	228,915
Light & heat	4,857	-	-	4,857	5,125
NYCC grant	3,000	-	-	3,000	3,337
Water	434	-	-	434	289
Telephone & internet costs	5,220	-	-	5,220	5,957
Training	22,504	-	-	22,504	28,367
Insurance	9,338	-	-	9,338	6,800
Affiliation fees	1,569	-	-	1,569	873
Rent	6,955	-	-	6,955	3,576
Repairs & maintenance	6,217	-	-	6,217	3,830
Marketing	14,887	-	-	14,887	6,108
Stationery & printing	15,885	-	-	15,885	19,775
Security and health & safety	5,110	-	-	5,110	2,906
	<u>104,436</u>	<u>305,959</u>	<u>-</u>	<u>410,395</u>	<u>315,858</u>

# **Mind in Harrogate District CIO**

## **Notes to the financial statements for the year ended 31 March 2025**

### **6. Other costs**

	<b>Unrestricted Funds £</b>	<b>Restricted Funds £</b>	<b>Designated Funds £</b>	<b>2025 Total £</b>	<b>2024 Total £</b>
Independent examiner's fees	1,740	-	-	1,740	1,260
Bookkeeping	1,761	-	-	1,761	1,307
Sundry expenses	516	-	-	516	827
Depreciation	785	-	4,346	5,131	5,809
	<u>4,802</u>	<u>-</u>	<u>4,346</u>	<u>9,148</u>	<u>9,203</u>

### **7. Net incoming resources for the year**

	<b>2025 £</b>	<b>2024 £</b>
Net incoming resources is stated after charging:		
Depreciation and other amounts written off tangible assets	<u>5,131</u>	<u>5,809</u>

### **8. Audit and accountancy fees**

	<b>2025 £</b>	<b>2024 £</b>
Independent examiners fees	<u>1,740</u>	<u>1,260</u>

### **9. Related party transactions**

No related party transactions have taken place during the year.

### **10. Trustee remuneration and expenses**

During the year no Trustee has received remuneration from, or had individual expenses met by the Charity (2024 - £nil).

**Mind in Harrogate District CIO**

**Notes to the financial statements  
for the year ended 31 March 2025**

**11. Employees**

<b>Number of employees</b>	<b>2025</b>	<b>2024</b>
The average monthly numbers of employees during the year were:		
Employees	15	11
	<u>          </u>	<u>          </u>
<b>Employment costs</b>	<b>2025</b>	<b>2024</b>
	£	£
Salaries	276,675	212,848
Employers pension costs	18,671	4,391
Employers NIC	19,073	11,676
	<u>314,419</u>	<u>228,915</u>
	<u>          </u>	<u>          </u>

No employees received remuneration or emoluments during the year, or the previous year, which exceeded £60,000 (2024 - £nil).

**12. Tangible fixed assets**

	<b>Freehold Plant &amp; Property</b>	<b>Plant &amp; Machinery</b>	<b>Fixtures &amp; Fittings</b>	<b>Total</b>
	£	£	£	£
<b>Cost</b>				
at 1 April 2024	217,350	1,196	12,885	231,431
At 31 March 2025	<u>217,350</u>	<u>1,196</u>	<u>12,885</u>	<u>231,431</u>
<b>Depreciation</b>				
At 1 April 2024	39,480	883	9,280	49,643
Charge for the year	4,346	63	721	5,130
At 31 March 2025	<u>43,826</u>	<u>946</u>	<u>10,001</u>	<u>54,773</u>
<b>Net book value</b>				
At 31 March 2025	<u>173,524</u>	<u>250</u>	<u>2,884</u>	<u>176,658</u>
At 31 March 2024	<u>177,870</u>	<u>313</u>	<u>3,605</u>	<u>181,788</u>
	<u>          </u>	<u>          </u>	<u>          </u>	<u>          </u>

**Mind in Harrogate District CIO**

**Notes to the financial statements  
for the year ended 31 March 2025**

<b>13. Fixed asset investments</b>	<b>2025</b>	<b>2024</b>
	<b>Total</b>	<b>Total</b>
	<b>£</b>	<b>£</b>
<b>Market value</b>		
At 1 April 2024	168,330	162,152
Net gains/ (losses) on revaluations in year	(2,949)	6,178
	<hr/>	<hr/>
At 31 March 2025	<u>165,381</u>	<u>168,330</u>
	<hr/>	<hr/>
<b>14. Cash at bank and in hand</b>	<b>2025</b>	<b>2024</b>
	<b>£</b>	<b>£</b>
HSBC current bank account	147,188	53,864
COIF bank account	138,009	96,040
	<hr/>	<hr/>
	<u>285,197</u>	<u>149,904</u>
	<hr/>	<hr/>
<b>15. Creditors: amounts falling due within one year</b>	<b>2025</b>	<b>2024</b>
	<b>£</b>	<b>£</b>
Bank overdraft	117,949	-
Deferred income	57,949	71,225
Accruals	3,629	1,716
	<hr/>	<hr/>
	<u>179,527</u>	<u>72,941</u>
	<hr/>	<hr/>
<b>16. Taxation</b>		

The Charity's activities fall within the exemptions afforded to Charitable Incorporated Organisations under sections 466 to 493 of the Corporation Tax Act 2010 (CTA 2010). Accordingly, there is no corporation tax liability provided on ordinary activities.

**Mind in Harrogate District CIO**

**Notes to the financial statements  
for the year ended 31 March 2025**

**17. Analysis of net assets between funds**

	<b>Unrestricted funds £</b>	<b>Restricted funds £</b>	<b>Designated funds £</b>	<b>Total funds £</b>
Fund balances at 31 March 2025 as represented by:				
Tangible fixed assets	3,134	-	173,524	176,658
Investments	35,381	80,000	50,000	165,381
Current assets	167,248	117,949	-	285,197
Current liabilities	(121,578)	57,949	-	(179,527)
	<u>84,185</u>	<u>140,000</u>	<u>223,524</u>	<u>447,709</u>

## Mind in Harrogate District CIO

### Notes to the financial statements for the year ended 31 March 2025

#### 18. Movements in funds

	At 1 Apr 24	Incoming resources	Outgoing resources	Transfers	Other Gains & losses	At 31 Mar 25
	£	£	£	£	£	£
Unrestricted funds	199,280	137,159	(109,238)	(140,068)	(2,949)	84,185
Restricted funds	147,802	305,959	(305,959)	(7,802)	-	140,000
Designated funds	80,000	-	(4,346)	147,870	-	223,524
Total funds	<u>427,082</u>	<u>443,118</u>	<u>(419,543)</u>	<u>-</u>	<u>(2,949)</u>	<u>447,709</u>

#### 18.1 Restricted funds

	At 1 Apr 24	Incoming resources	Outgoing resources	Transfers	Other Gains & losses	At 31 Mar 25
	£	£	£	£	£	£
Core Fund	80,000	-	-	60,000	-	140,000
NYCC	60,000	-	-	(60,000)	-	-
The Two Ridings Community	4,000	-	-	(4,000)	-	-
Counselling	3,000	-	-	(3,000)	-	-
CCG	802	-	-	(802)	-	-
North Yorkshire County Council		67,000	67,000	-	-	-
NYCC		18,055	18,055	-	-	-
NYCC Ukraine project		35,000	35,000	-	-	-
NYCC Masham		1,850	1,850	-	-	-
NYCC Outreach Masham		589	589	-	-	-
NYPC		4,233	4,233	-	-	-
MIND Befriending		35,411	35,411	-	-	-
MIND Administration		12,833	12,833	-	-	-
MIND Cost of living		4,500	4,500	-	-	-
Yorkshire Cancer		38,566	38,566	-	-	-
Route 1 day centre		8,208	8,208	-	-	-
Outreach cover		1,700	1,700	-	-	-
Orb community		13,500	13,500	-	-	-
CYP		4,167	4,167	-	-	-
The Two Ridings Community Foundation		228	228	-	-	-
NHS & Umber		56,619	56,619	-	-	-
Chaine Lane Community		2,500	2,500	-	-	-
Ripon council		1,000	1,000	-	-	-
	<u>147,802</u>	<u>305,959</u>	<u>(305,959)</u>	<u>(7,802)</u>	<u>-</u>	<u>140,000</u>

- The core fund is 4 months of all charitable future running costs as part of the reserves policy.

**Mind in Harrogate District CIO**

**Notes to the financial statements  
for the year ended 31 March 2025**

**18.2 Designated funds**

Freehold property and disaster recovery fund for property as part of reserves policy.

**18.3 Unrestricted funds**

Unrestricted funds comprise of those funds which the trustees are free to use in accordance with the charitable objectives.