

Mind in Harrogate District CIO

**Trustees report and unaudited financial statements
for the year ended 31 March 2024**

Charity no: 1151271

Mind in Harrogate District CIO
Financial statements
for the year ended 31 March 2024

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Mind in Harrogate District CIO

Legal & administrative information

for the year ended 31 March 2024

Charity name	Mind in Harrogate District
Charity Registration Number	1151271 (England & Wales)
Registered Office	101A Station Parade Harrogate North Yorkshire HG1 1HB
Trustees	Mr M Gibbs (resigned 15th January 2024) Mr W Shermer (Treasurer) Mrs J Bell (resigned 15th January 2024) Mr J Wallace Mr P Gruen (chair) Mrs H R Astbury (resigned 14th July 2023) Mr D Evans Mrs R Morley (appointed 15th January 2024) Mr C Taylor (appointed 15th January 2024) Mrs F Hassan (appointed 15th January 2024)
Chief Executive	Tina Chamberlain
Independent examiners	The Barker Partnership Chartered Accountants 24 High Street Pateley Bridge Harrogate HG3 5JU
Bankers	HSBC 7 Prospect Crescent Harrogate North Yorkshire HG1 1RN

Mind in Harrogate District CIO

Chair's report for the year ended 31st March 2024

I am pleased to present the Annual Report for Mind in Harrogate District, representing the year ended 31 March 2024. This report covers governance, management, financial prudence, and our charity's activities and developments. A summary of our financial activity is also included in this report, with a more detailed financial report, independently examined by The Barker Partnership.

Governance and Management

Firstly, I would like to extend my heartfelt thanks to all our Trustees for their dedication and commitment to Mind in Harrogate District. This year, we welcomed new Trustees Faiza Haasan, Rebecca Morley, and Chris Taylor to our Board. Their diverse skills and experiences will undoubtedly contribute significantly to our ongoing work. We also bid farewell to two of our longest-serving Trustees, Judith Bell and Mike Gibbs, whose long service and dedication have been invaluable. We wish them all the best in their future endeavours.

Financial Prudence and Sustainability

Our Treasurers report will cover this in more detail but despite a challenging financial climate, we reported a surplus at the end of the financial year. This surplus will be reinvested in developing new mental health and wellbeing services for the future.

As a Board, we remain focused on the long-term sustainability of the charity, seeking opportunities and developing services to meet the mental health needs of our community.

Activities and Services

We provide a wide range of services including:

- Activity programs (Arts & Crafts, allotment group, music group, walking groups)
- Counselling service
- Befriending & telephone befriending service
- Support in A- at Harrogate Hospital for people struggling with their mental health
- Peer support groups
- Mindfulness and relaxation therapy

We also work in partnership with community anchor organisations in Boroughbridge, Masham, Pateley Bridge and Ripon to provide accessible mental health and wellbeing services right across the rural district.

In particular, this year some of the focus was on support for people with mental health needs to deal with the cost of living crisis. We secured funding from The National Lottery, Two Ridings Community Foundation and National Mind to ensure that people across our rural district had access to warm spaces, healthy food choices and education around budgeting.

We also secured funding to extend our support for Refugees and Asylum Seekers and were able to develop our support for Ukrainian guests by offering room space and activities in our Centre. We worked alongside North Yorkshire Council, Migration Yorkshire, the Refugee Council and North Yorkshire Citizens Advice and Law Centre to provide advice on employment, housing and benefits for people newly arrived in the district.

This year we also began working in partnership with Yorkshire Cancer Research and have a member of staff seconded at the YCR offices in Hornbeam Park offering counselling services and emotional support to people affected by cancer.

Mind in Harrogate District CIO

We recognise there is so much more that we could do as demand continues to increase but our core funding has not for some years despite erosion of our income due to inflation. Trustees seek to continuously spread our support both geographically and in scope.

Major Developments

This year has seen significant progress in expanding our offer to businesses across the District. We welcomed Holly Astbury, our new Head of Corporate Partnerships who, through partnerships with local businesses and organisations will work to enhance the mental wellbeing of the Harrogate District workforce, providing workplace wellbeing resources, access to counselling and comprehensive mental health first aid training offer. By being proactive and visible on the Harrogate District business scene, our aim is to see an increase in awareness of our organisation and the services we offer to businesses and their employees.

Our focus in 2024-25 is to develop a much needed mental health support offer for children and young people and I would like to say a special thanks to John and Pat Barnes who have supported the organisation over a number of years to enable us to begin designing mental health and wellbeing support for children and young people to start in 2024.

Acknowledgements

We would like to acknowledge the significant contributions from individuals and groups who give up their time and energy to raise funds for us to deliver our work.

Special thanks to The Harrogate Food and Drink Festival, Ripon City Golf Club, John and Pat Barnes, Betty's Harlow Carr and Betty's Harrogate, the Harrogate Italian community and many Trusts and Foundations for their donations.

I also extend my gratitude to The Next Chapter Agency for their generous pro bono support with our PR and marketing initiatives.

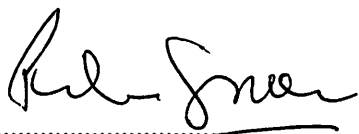
Partnerships

We remain committed to working closely with many other organisations to develop quality mental health and wellbeing services, including Route One to Wellness Partnership, our Mind colleagues across the Yorkshire and Humber regions and nationally, North Yorkshire Council, Harrogate and District Hospital, Tees, Esk and Wear Valley (TEWV) Mental Health Trust and Yorkshire Cancer Research.

Thanks to Our Team

Finally, a huge thank you to all our staff and volunteers who work hard to provide support and make a significant difference in people's lives. Special thanks to our Chief Executive Officer who leads the team with passion, top commitment, and courage to take the decisions we need to take at very challenging times. Thanks to the changes we have made this year I look forward to the next period with enthusiasm and confidence.

Mr P Gruen (Chair)



Date

07/10/2024

Mind in Harrogate District CIO

Treasurers report for the year ended 31st March 2024

The period pleasingly showed a reversal of the previous year results and provided a positive movement in funds for the year of £45,746.

£3,005 of this movement related to investments, providing the underlying performance from operating activities to be a positive £39,568.

Income growth in the year was healthy compared to the previous year, with the main growth area being Charitable activities due to the successful application and awards of grants. However, the provision of these grants also incurs an increase in associated costs, but even with these, a positive net contribution was experienced.

This year has seen minimal investment in the Acorn Centre, and the Value of Tangible Assets has decreased by £5,809. However, I am pleased announce that the Centre will be given a significant face lift next year, improving further the facilities on offer for all current and future users.

Available Cash has increased by £26,864 reflecting in some part grant monies received at the commencement of their award but needing to cover the whole grant duration.

Mr W Shermer (Treasurer)



Date 7-10-24

Mind in Harrogate District CIO

Trustees annual report for the year ended 31 March 2024

Structure, Governance and Management

Governing document

The CIO was established under a constitution dated 10th February 2021.

Appointment of trustees

Under the constitution, a trustee must be appointed by charity's members. Apart from the first charity trustees, every trustee must be appointed for a term of 3 years by a resolution passed at a properly convened meeting of charity trustees.

Trustee induction and training

Most trustees are already familiar with the work of the charity. New trustees are invited to meet with the chair in order to familiarise themselves with the charity in areas such as:

- The obligation of the board of trustees,
- The main documents which set out the operational framework for the charity,
- Resourcing and financial position,
- Future plans and objectives.

Trustees are encouraged to attend external training events where these will facilitate the undertaking of their role.

Organisation

The charity's constitution states that there can be a minimum of 4 trustees and a maximum of 10 trustees.

Risk Review

The trustees have conducted a review of the major risks to which the charity is exposed, particularly those related to the operations and finances of the charity. They are satisfied that systems are in place to mitigate exposure to the major risks.

Aims & objectives

The charity looks to promote the preservation of good mental health and to assist in relieving and rehabilitating persons suffering from mental health disorders or conditions of emotional or mental distress requiring advice or treatment.

To promote the study of and research into mental health disorders and emotional or mental distress and to obtain and make records of and disseminate to the public the useful results of such research and to educate the public in matters relating to mental health.

Achievements & performance

The achievements and performance of the charity are explained in detail in the Chairman's report on pages 2-3.

Results

A summary of the results of the years activities is given on page 9 of the accounts. The charity returned a surplus of £45,746 (2023 - deficit of £30,237).

Mind in Harrogate District CIO

Trustees annual report for the year ended 31 March 2024

Financial Policy

Mind in Harrogate District prepares accounts in accordance with the statutory requirements placed on a Charity and meets all requirements of HM Revenue and Customs and the Charity Commission. The Finance Sub Committee (FSC) consisting of the Chairman, Treasurer and CEO has overall responsibility for financial management.

Payment Authorisation levels for the MIND have been set as:

- Less than £500 - CEO
- Between £500 and £2,000 - 2 of the 3 person Finance Committee
- Over £2,000 - Majority of the Trustees

Excluded monthly spend from above is the payroll, this is managed by the CEO, but prepared externally.

An annual review of our financial position is presented to Trustees including comparisons to budgets and previous years .

Harrogate in Mind prepares and agrees an Annual Budget no later than one month post the year end.

Income and expenditure accounts, and Balance Sheet for each financial quarter are submitted to the Trustees four times a year. The fourth report forms the basis of the annual accounts.

Annual accounts are drafted by the Treasurer and submitted for independent examination to a local firm of Accountants, namely The Barker Partnership of Pateley Bridge.

The return to the Charities Commission is submitted by the CEO.

Investment powers and policy

The trustees have the power to invest in such assets as they see fit.

Reserves policy

It is the policy of the trustees to maintain unrestricted reserves, which are the free reserves of the Association, in accordance with the following:

- A designated premises fund holding the freehold property and a cash reserve fund, which may be required to cover the anticipated cost of refurbishing premises in the future and as a premises Disaster Recovery. This provision is subject to annual review and, for the financial year ended 31 March 2024, the trustees have agreed the amount of the cash provision should be maintained at £50,000;
- A restricted reserve at a level that equates to a minimum of six months unrestricted expenditure based upon Budget levels for the following year; This provides sufficient funds to cover management, administration and support costs, allow short term funding for projects until further funding is obtained, accommodate changes in funding by statutory authorities. This is calculated to be £80,000 and is held in restricted reserves.

Statement of trustees' responsibilities

The trustees are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Generally Accepted Accounting Practice.

Mind in Harrogate District CIO

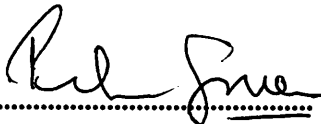
Trustees annual report for the year ended 31 March 2024

Law applicable to charities in England and Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the charity and of the incoming resources and application of resources, including the income and expenditure, of the charity for the period. In preparing these financial statements the trustees are required to:

- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the accounts comply with the Charities Act 2011 and the Charity (Accounts & Reports) Regulations 2008. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report was approved by the Board on 7/10/24 and signed on its behalf by:



.....
Mr P Gruen (Chair)

Mind in Harrogate District CIO

Independent examiner's report to the trustees on the unaudited financial statements of Mind in Harrogate District CIO.

I report on the accounts of Mind in Harrogate District (charity number 1151271) for the year ended 31 March 2024 which are set out on pages 9 to 20.

Respective responsibilities of trustees and independent examiner

The charity's trustees are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act), and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act,
- to follow the procedures laid down in the general directions given by the charity commission under section 145(5)(b) of the 2011 Act, and
- to state whether particular matters have come to our attention.

Basis of independent examiners statement

My examination was carried out in accordance with general directions given by the charity commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from all trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiners statement

In the course of my examination, no matter has come to my attention;

- (i) which gives me reasonable cause to believe that in any material respect the requirements:
- to keep proper accounting records in accordance with section 130; and
 - to prepare accounts which accord with the accounting records, comply with the accounting requirements of the 2011 Act;

have not been met; or

- (ii) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

..........

Date18/10/24.....

Sarah Lawson FCCA ACA - Independent Examiner

The Barker Partnership
Chartered Accountants
24 High Street
Pateley Bridge
Harrogate, HG3 5JU

Mind in Harrogate District CIO

**Statement of financial activities
for the year ended 31 March 2024**

	Notes	Unrestricted Funds £	Restricted Funds £	Designated Funds £	2024 Total £	2023 Total £
Incoming resources						
Incoming and endowments from:						
Donations & legacies	2	57,379	-	-	57,379	48,659
Charitable activities	3	-	283,212	-	283,212	183,503
Other trading activities	4	13,411	-	-	13,411	14,303
Investment income		10,627	-	-	10,627	7,622
Total incoming resources		<u>81,417</u>	<u>283,212</u>	<u>-</u>	<u>364,629</u>	<u>254,087</u>
Resources expended						
Resources expended on:						
Charitable activities	5	260,672	55,186	-	315,858	258,481
Other	6	4,373	-	4,830	9,203	10,407
Total resources expended		<u>265,045</u>	<u>55,186</u>	<u>4,830</u>	<u>325,061</u>	<u>268,888</u>
Net (outgoing)/ incoming resources before other recognised gains and losses		(183,628)	228,026	(4,830)	39,568	(14,801)
Transfers between funds	18	308,094	(160,224)	147,870	-	-
Other recognised gains and losses						
Gains/ (losses) on investment assets		6,178	-	-	6,178	(15,436)
Net movement in funds in year		<u>130,645</u>	<u>67,802</u>	<u>(152,700)</u>	<u>45,746</u>	<u>(30,237)</u>
Reconciliation of funds						
Total funds brought forward	18	68,636	80,000	232,700	381,336	411,573
Total funds carried forward	18	<u><u>199,280</u></u>	<u><u>147,802</u></u>	<u><u>80,000</u></u>	<u><u>427,082</u></u>	<u><u>381,336</u></u>

The statement of financial activities includes all gains and losses in the year. All incoming resources and resources expended derive from continuing activities.

The notes on pages 11 to 20 form an integral part of these financial statements.

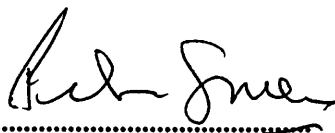
Mind in Harrogate District CIO

Balance sheet as at 31 March 2024

		2024		2023	
	Notes	£	£	£	£
Fixed Assets					
Tangible assets	12		181,789		187,598
Investments	13		168,330		162,152
			<u>350,119</u>		<u>349,750</u>
Current Assets					
Cash at bank and in hand	14	149,904		123,040	
		<u>149,904</u>		<u>123,040</u>	
Creditors: amounts falling due within one year	15	(72,941)		(91,454)	
Net Current assets			<u>76,963</u>		<u>31,586</u>
Total Assets Less Current Liabilities			<u>427,082</u>		<u>381,336</u>
The funds of the charity					
Unrestricted funds (operational)	17		199,280		68,636
Restricted funds (grants/ contracts)	17		147,802		80,000
Designated funds	17		80,000		232,700
Total charity funds			<u>427,082</u>		<u>381,336</u>

The financial statements were approved by the trustees on7/10/24..... and signed on the charities behalf by:

Mr P Gruen (Chair)



The notes on pages 11 to 20 form an integral part of these financial statements.

Mind in Harrogate District CIO

Notes to the financial statements for the year ended 31 March 2024

1. Accounting policies

The charity is a Charitable Incorporated Organisation (charity number 1151271). The registered office is 101A Station Parade, Harrogate, HG1 1HB.

The principal accounting policies are summarised below. The accounting policies have been applied consistently throughout the year and the preceeding year.

1.1. Basis of accounting

These accounts have been prepared under the historic cost convention and in accordance with the Financial Reporting by Charities – Statement of Recommended Practice accounting and reporting by charities preparing their accounts in accordance with the Financial Reporting Standards applicable in the UK and Republic of Ireland (FRS102) issued on the 16th July 2014 and the Charities Act 2011. The charity constitutes a public benefit entity as defined by FRS102.

1.2. Fund accounting

Unrestricted funds are available at the discretion of the board in furtherance of the general objectives of the Charity.

Unrestricted funds

These are funds which can be used in accordance with the charitable objects at the discretion of the trustees.

Restricted funds

These are funds that can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Designated funds

These are funds set aside by the trustees out of unrestricted general funds for specific future purposes or projects.

1.3. Recognition of assets & income

Income is recognised in the Statement of Financial Activities (SoFA) when a transaction or other event results in an increase in the charity's assets or a reduction in its liabilities.

Recognition of grants & donations

Income is only recognised in the accounts when all of the criteria regarding entitlement, probable and measurement are met. In the case of a grant, evidence of entitlement usually exists when the formal offer of funding is communicated in writing to the charity. However, in the event that conditions are placed on the grant, those conditions must be met before income is recognised. In the case of a donation, entitlement arises immediately on its receipt.

Recognition of investment income

Income from interest is recognised when its receipt is probable and the amount receivable can be measured accurately.

Mind in Harrogate District CIO

Notes to the financial statements for the year ended 31 March 2024

1.4. Recognition of resources expended

Expenditure is the amount of a charity's resources that have been spent or otherwise used in carrying out its activities. An expense results in either a decrease in a charity's assets or an increase in its liabilities. Liabilities and expenditure are only recognised in the accounts when all of the criteria regarding entitlement, probable and measurement are met.

1.5. Tangible fixed assets and depreciation

Depreciation is provided at rates calculated to write off the cost less residual value of each asset over its expected useful life, as follows:

Building & Roof	-	2% straight line basis
Equipment	-	20% reducing balance
Fixtures & fittings	-	20% reducing balance

1.6. Investments

Fixed asset investments are stated at cost less provision for permanent diminution in value. Investments are held primarily to provide an investment return for the charity.

Mind in Harrogate District CIO

Notes to the financial statements for the year ended 31 March 2024

2. Donations & Legacies

	Unrestricted Funds £	Restricted Funds £	Designated Funds £	2024 Total £	2023 Total £
Donations					
DSSR	600	-	-	600	-
Penelope Martin	-	-	-	-	4,500
Baines & Chamber	406	-	-	406	767
Leeds MIND	589	-	-	589	-
Royce Foundation	-	-	-	-	409
John Lewis	440	-	-	440	-
Linden Charity	1,000	-	-	1,000	-
Knaresborough YFC	-	-	-	-	1,172
J Barnes	-	-	-	-	3,580
Charities Trust	125	-	-	125	1,140
J Ford	-	-	-	-	1,000
R B Gray Trust	-	-	-	-	2,213
HTI Support Club	850	-	-	850	-
King James	798	-	-	798	-
Ed Enterprises	2,498	-	-	2,498	-
Edward Gosling	15,000	-	-	15,000	-
Rohan Jonar	694	-	-	694	-
S Coal Richmond	110	-	-	110	-
Bettys	8,208	-	-	8,208	-
Adaston Ltd	300	-	-	300	-
Vocalis	250	-	-	250	-
Sir Jules Thorn	2,000	-	-	2,000	-
Other	16,642	-	-	16,642	29,271
	<hr/> 50,510	<hr/> -	<hr/> -	<hr/> 50,510	<hr/> 44,052
Other donations & legacies					
Food & Drink Festival	388	-	-	388	1,883
Ripon Golf Club	2,979	-	-	2,979	-
Ticket donations	3,502	-	-	3,502	2,724
	<hr/>	<hr/>	<hr/>	<hr/>	<hr/>
Total voluntary income	<hr/> 57,379	<hr/> -	<hr/> -	<hr/> 57,379	<hr/> 48,659

Mind in Harrogate District CIO

Notes to the financial statements for the year ended 31 March 2024

3. Incoming resources from charitable activities

	Unrestricted Funds £	Restricted Funds £	Designated Funds £	2024 Total £	2023 Total £
North Yorkshire County Council	-	60,000	-	60,000	85,426
The Two Ridings Community Foundation	-	4,000	-	4,000	-
MIND	-	11,848	-	11,848	7,571
MIND cost of living	-	20,409	-	20,409	-
Outreach cover	-	5,491	-	5,491	6,400
Befriending	-	25,544	-	25,544	13,933
Route 1 day centre	-	7,292	-	7,292	8,002
Yorkshire Cancer	-	10,086	-	10,086	-
MIND Administration	-	20,167	-	20,167	-
MIND Refugee	-	22,500	-	22,500	-
Edward Gosling Foundation	-	-	-	-	10,000
National Lottery	-	48,042	-	48,042	13,554
CCG	-	44,833	-	44,833	36,667
Counselling	-	3,000	-	3,000	-
Business development services	-	-	-	-	1,950
	-	283,212	-	283,212	183,503

4. Incoming resources from other trading activities

	Unrestricted Funds £	Restricted Funds £	Designated Funds £	2024 Total £	2023 Total £
	Funds £	Funds £	Funds £	Total £	Total £
Counselling & out of hours	13,411	-	-	13,411	14,303
	13,411	-	-	13,411	14,303

Mind in Harrogate District CIO

Notes to the financial statements for the year ended 31 March 2024

5. Charitable activities

	Unrestricted Funds £	Restricted Funds £	Designated Funds £	2024 Total £	2023 Total £
Salaries	173,729	55,186	-	228,915	202,984
Light & heat	5,125	-	-	5,125	2,407
NYCC partnership payments	3,337	-	-	3,337	2,500
Water	289	-	-	289	800
Telephone & internet costs	5,957	-	-	5,957	3,125
Training	28,367	-	-	28,367	10,686
Insurance	6,800	-	-	6,800	6,271
Affiliation fees	873	-	-	873	1,515
Rent	3,576	-	-	3,576	5,524
Repairs & maintenance	3,830	-	-	3,830	2,443
Marketing	6,108	-	-	6,108	2,675
Stationery & printing	19,775	-	-	19,775	14,337
Security and health & safety	2,906	-	-	2,906	3,214
	<u>260,672</u>	<u>55,186</u>	<u>-</u>	<u>315,858</u>	<u>258,481</u>

6. Other costs

	Unrestricted Funds £	Restricted Funds £	Designated Funds £	2024 Total £	2023 Total £
Independent examiner's fees	1,260	-	-	1,260	1,692
Bookkeeping	1,307	-	-	1,307	2,161
Sundry expenses	827	-	-	827	499
Depreciation	979	-	4,830	5,809	6,055
	<u>4,373</u>	<u>-</u>	<u>4,830</u>	<u>9,203</u>	<u>10,407</u>

Mind in Harrogate District CIO

Notes to the financial statements for the year ended 31 March 2024

7. Net incoming resources for the year	2024	2023
	£	£
Net incoming resources is stated after charging:		
Depreciation and other amounts written off tangible assets	<u>5,809</u>	<u>6,055</u>
8. Audit and accountancy fees	2024	2023
	£	£
Independent examiners fees	<u>1,260</u>	<u>1,692</u>
9. Related party transactions		
No related party transactions have taken place during the year.		
10. Trustee remuneration and expenses		
During the year no Trustee has received remuneration from, or had individual expenses met by the Charity (2023 - £nil).		
11. Employees		
Number of employees	2024	2023
The average monthly numbers of employees during the year were:		
Employees	<u>11</u>	<u>10</u>
Employment costs	2024	2023
	£	£
Salaries	212,848	187,377
Employers pension costs	4,391	4,262
Employers NIC	<u>11,676</u>	<u>11,345</u>
	<u>228,915</u>	<u>202,984</u>

No employees received remuneration or emoluments during the year, or the previous year, which exceeded £60,000 (2023 - None).

Mind in Harrogate District CIO

**Notes to the financial statements
for the year ended 31 March 2024**

12. Tangible fixed assets

	Freehold Plant & Property	Fixtures & Machinery Fittings	Total
	£	£	£
Cost			
at 1 April 2023	217,350	1,196	231,432
At 31 March 2024	217,350	1,196	231,432
Depreciation			
At 1 April 2023	34,650	805	43,834
Charge for the year	4,830	78	5,809
At 31 March 2024	39,480	883	49,643
Net book value			
At 31 March 2024	177,870	313	181,789
At 31 March 2023	182,700	391	187,598

13. Fixed asset investments

	2024 Total £	2023 Total £
Market value		
At 1 April 2023	162,152	212,588
Disposals	-	(32,456)
Net gains/ (losses) on revaluations in year	6,178	(17,980)
At 31 March 2024	168,330	162,152

Mind in Harrogate District CIO

Notes to the financial statements for the year ended 31 March 2024

14. Cash at bank and in hand	2024	2023
	£	£
HSBC current bank account	53,864	47,627
COIF bank account	96,040	75,413
	<u>149,904</u>	<u>123,040</u>
15. Creditors: amounts falling due within one year	2024	2023
	£	£
Deferred income	71,225	88,921
Accruals	1,716	2,533
	<u>72,941</u>	<u>91,454</u>

16. Taxation

The Charity's activities fall within the exemptions afforded to Charitable Incorporated Organisations under sections 466 to 493 of the Corporation Tax Act 2010 (CTA 2010). Accordingly, there is no corporation tax liability provided on ordinary activities.

17. Analysis of net assets between funds

	Unrestricted funds (operational)	Restricted funds (grants/ contracts)	Designated funds	Total funds
	£	£	£	£
Fund balances at 31 March 2024 as represented by:				
Tangible fixed assets	3,987	147,802	30,000	181,789
Investments	118,330	-	50,000	168,330
Current assets	149,904	-	-	149,904
Current liabilities	(72,941)	-	-	(72,941)
	<u>199,280</u>	<u>147,802</u>	<u>80,000</u>	<u>427,082</u>

Mind in Harrogate District CIO

Notes to the financial statements for the year ended 31 March 2024

18. Movements in funds

	At 1 Apr 23 £	Incoming resources £	Outgoing resources £	Transfers £	Other Gains & losses £	At 31 Mar 24 £
Unrestricted funds	68,636	81,417	(265,045)	308,094	6,178	199,280
Restricted funds	80,000	283,212	(55,186)	(160,224)	-	147,802
Designated funds	232,700	-	(4,830)	147,870	-	80,000
Total funds	381,336	364,629	(325,061)	-	6,178	427,082

18.1 Unrestricted funds

Unrestricted funds comprise of those funds which the trustees are free to use in accordance with the charitable objectives.

18.2 Restricted funds

	At 1 Apr 23 £	Incoming resources £	Outgoing resources £	Transfers £	Other Gains & losses £	At 31 Mar 24 £
Core Fund	80,000	-	-	-	-	80,000
NYCC	-	60,000	-	-	-	60,000
The Two Ridings Community	-	4,000	-	-	-	4,000
MIND	-	11,848	(11,848)	-	-	-
MIND cost of living	-	20,409	(23,171)	2,762	-	-
Outreach	-	5,491	-	(5,491)	-	-
Befriending	-	25,544	-	25,544	-	-
Route 1	-	7,292	-	(7,292)	-	-
Yorkshire Cancer	-	10,086	-	(10,086)	-	-
MIND administration	-	20,167	(20,167)	-	-	-
MIND refugee	-	22,500	-	(22,500)	-	-
Lottery	-	48,042	-	(48,042)	-	-
Counselling	-	3,000	-	-	-	3,000
CCG	-	44,833	-	(44,031)	-	802
Total funds	80,000	283,212	(55,186)	(160,224)	-	147,802

Mind in Harrogate District CIO

Notes to the financial statements for the year ended 31 March 2024

- The core fund is 6 months running costs for the charity as part of the reserves policy.
- Our Outreach programme offers local access to mental health and wellbeing support, information and training in the outlying market towns across Harrogate District.
- The Two Ridings Community Foundation is to provide mental health support specifically to people experiencing poverty and homelessness.
- MIND is an organisational development grant to support the long term sustainability of the organisation.
- MIND cost of living fund is to provide safe warm spaces across the district for support on nutrition, cooking demonstrations and help from experts on budgeting, advice around money, benefits, housing and debt.
- Befriending is to develop a befriending service to combat loneliness and isolation.
- Yorkshire Cancer Research counselling placement is working in partnership with Yorkshire Cancer Research providing clients with psychological and emotional support by a qualified counsellor before, during and after treatment.
- MIND administration is a business development grant to increase capacity to focus on diversification of income for the organisation and growth of services.
- MIND Asylum Seeker & Refugee Fund offers a range of support services to refugees and asylum seekers across the district.
- Route 1 to wellness is a partnership of four local mental health charities delivering comprehensive support across the district.
- Counselling services provide confidential, professional counselling services accredited by British Association for Counselling and Psychotherapy.
- The CCG is for the Harrogate Hospital Emergency Department support. Our Team of Wellbeing Practitioners provide a positive impact on the service experience of people presenting at A- who are experiencing difficulties with their mental health and wellbeing, ensuring they are seen as quickly as possible by the right person, in the right place and supporting safer discharge from ED into community services.

18.3 Designated funds

Freehold property and disaster recovery fund for property as part of reserves policy.