

Mind in Harrogate District CIO

Trustees report and unaudited financial statements

for the year ended 31 March 2023

Charity no: 1151271

Mind in Harrogate District CIO
Financial statements
for the year ended 31 March 2023

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Mind in Harrogate District CIO

Legal & administrative information

for the year ended 31 March 2023

Charity name	Mind in Harrogate District
Charity Registration Number	1151271 (England & Wales)
Registered Office	101A Station Parade Harrogate North Yorkshire HG1 1HB
Trustees	Mr M Gibbs (Vice Chair) Mr W Shermer (Treasurer) Mrs J Bell (Chair) Mr J Wallace Mr P Gruen Mrs H R Astbury (appointed 10th October 2022)
Chief Executive	Tina Chamberlain
Independent examiners	The Barker Partnership Chartered Accountants 24 High Street Pateley Bridge Harrogate HG3 5JU
Bankers	HSBC 7 Prospect Crescent Harrogate North Yorkshire HG1 1RN

Mind in Harrogate District CIO

Chair's report for the year ended 31st March 2022

I am pleased to present the Annual Report for Mind in Harrogate District representing the year ended 31 March 2023. This report covers governance, management, financial prudence and our charity's activities and developments. A summary of our financial activity is also included in the report, and a more detailed report on our finances can be found in the full report which has been independently examined by The Barker Partnership, their report can be found on page 8.

I would like to thank all our Trustees for their time and commitment to Mind in Harrogate District, and to welcome Holly Astbury to the Board. Although we are a small Board of Trustees everyone gives their time, knowledge and experience generously in support of the work of the charity.

As for most small charities managing the budget is hard and has become even more so as the increase in the cost of living bites. Through the dedication of our Chief Executive Officer we have been successful in being awarded project funding from a number of sources to support our work, including the National Lottery Community Fund, and the Penelope Martin Trust. We also received project funding from national Mind to employ a Business Development Officer who is working with the Fund-raising sub Committee and PR/Marketing sub Committee to ensure that we are maximising our fund raising opportunities and are reaching out to businesses and individuals across our geographical area. I am grateful to Mike Gibbs and Holly Astbury for their time and commitment in driving this work forward as Chairs of these Committees, and to the Big Bamboo Agency who are offering us staff time and resources as part of their commitment to the local community.

We have successfully bid for funding to support Ukrainian families and refugees and asylum seekers relocated to the area and we work with our partners to offer room space, activities and support for those hosted in our community.

A large project for us in the coming year is to establish a "Friends of Harrogate and District Mind" group to help support our work.

Also on the fundraising side I would like to record our special thanks to the Mayor of Ripon City Council, Councillor Sid Hawke, who has chose to support us alongside Dementia Forward during his term of office. Councillor Hawke and his fund raising committee have worked tirelessly to support the two organisations. I would also like to thank all those individuals and organisations who have raised funds on our behalf over the past year enabling us to continue to provide services in the area, including The Harrogate Food and Drink Festival, Harrogate Town Football Club, The Rotary Club, Young Farmer's Clubs and many other Trusts and Foundations. We have also received many donations from individuals.

To all of those individuals and groups who have raised money through sponsored events and donations, we can't thank you enough for your support.

Details of our activities and monthly calendar are available on our Website, and some of our services, activities and groups are listed below:

- Scheduled telephone calls
- Activity programme (including Arts & Crafts, mindfulness and relaxation sessions)
- Counselling service
- Befriending & telephone befriending service

Mind in Harrogate District CIO

- Women's Group
- Men's Group
- Healthy Eating cookery demonstrations
- Group therapy sessions e.g. Anger Management
- A weekly walking group
- Monthly outings to places like Fountains Abbey, Tropical World etc.
- A weekly gardening/allotment group at our allotment in Starbeck

We were delighted to welcome Andrew Jones MP to our allotment in September where he helped with the weeding and preparing the ground for the winter.

We offer high quality training to local businesses and companies, including mental health first aid, mental health awareness and counselling. A recent review of our Counselling service shows a huge demand locally and in 2023/24 we will be exploring how we can expand the service to meet those demands.

We continue to provide an outreach service in Masham, Ripon, Pately Bridge and Knaresborough, and a Befriending service which operates across the District.

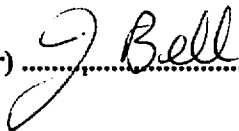
Our Service User Forum has continued to meet and their views are invaluable to us.

We continue to work closely with local partners, joining with The Orb Creative Arts Ltd, Wellspring Counselling and Therapies and Claro Enterprises Ltd in the Route One to Wellness Partnership of leading voluntary sector mental health support providers. Working together enables us to share resources and ideas for the benefit of the Harrogate and District community as a whole.

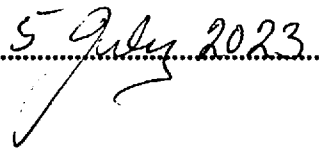
Our focus remains the long-term sustainability of the charity, in the face of a challenging financial climate. We reported a loss at the end of the year which was disappointing, however due to strict financial controls the loss posted was less than we had forecast at the start of the year. As a Board we are committed to do what we can to continue to provide and develop services to meet the mental health needs of the people of Harrogate and District.

Finally, a huge thank you to all staff who continue to work hard and provide support where it is needed. We know from surveying our service users that the work they do is valued and makes a difference to people's lives.

Mrs J Bell (Chair)



Date



Mind in Harrogate District CIO

Treasurers report for the year ended 31st March 2022

The period provided another challenging one and provided a negative movement in funds for the year of £30,237.


However, £15,436 of this movement related to investments, providing the underlying performance from operating activities to be a negative £14,801.

Income achieved healthy growth in the year growth compared to the year before, but the increased in salaries and other related costs, just exceeded this growth.

This year again has seen minimal investment in the Acorn Centre, and with the movement of funds in the year, the Value of Tangible Assets has decreased by £6,055.

We are expecting the next year to see a considerable sum invested in the Centre once more, uplifting the Centre for all current and future users.

Available Cash is higher than the previous year, reflecting purely the crystallisation of investments into available cash for Centre improvements and ongoing projects.

Mr W Shermer (Treasurer)  Date 28.9.21

Mind in Harrogate District CIO

Trustees annual report for the year ended 31 March 2023

Structure, Governance and Management

Governing document

The CIO was established under a constitution dated 10th February 2021.

Appointment of trustees

Under the constitution, a trustee must be appointed by charity's members. Apart from the first charity trustees, every trustee must be appointed for a term of 3 years by a resolution passed at a properly convened meeting of charity trustees.

Trustee induction and training

Most trustees are already familiar with the work of the charity. New trustees are invited to meet with the chair in order to familiarise themselves with the charity in areas such as:

- The obligation of the board of trustees,
- The main documents which set out the operational framework for the charity,
- Resourcing and financial position,
- Future plans and objectives.

Trustees are encouraged to attend external training events where these will facilitate the undertaking of their role.

Organisation

The charity's constitution states that there can be a minimum of 4 trustees and a maximum of 10 trustees.

Risk Review

The trustees have conducted a review of the major risks to which the charity is exposed, particularly those related to the operations and finances of the charity. They are satisfied that systems are in place to mitigate exposure to the major risks.

Aims & objectives

The charity looks to promote the preservation of good mental health and to assist in relieving and rehabilitating persons suffering from mental health disorders or conditions of emotional or mental distress requiring advice or treatment.

To promote the study of and research into mental health disorders and emotional or mental distress and to obtain and make records of and disseminate to the public the useful results of such research and to educate the public in matters relating to mental health.

Achievements & performance

The achievements and performance of the charity are explained in detail in the Chairman's report on pages 2-3.

Results

A summary of the results of the years activities is given on page 9 of the accounts. The charity returned a deficit of £30,237 (2022 - surplus of £1,562).

Mind in Harrogate District CIO

Trustees annual report for the year ended 31 March 2023

Financial Policy

Mind in Harrogate District prepares accounts in accordance with the statutory requirements placed on a Charity and meets all requirements of HM Revenue and Customs and the Charity Commission. The Finance Sub Committee (FSC) consisting of the Chairman, Treasurer and CEO has overall responsibility for financial management.

Payment Authorisation levels for the MIND have been set as:

- Less than £500 - CEO
- Between £500 and £2,000 - 2 of the 3 person Finance Committee
- Over £2,000 - Majority of the Trustees

Excluded monthly spend from above is the payroll, this is managed by the CEO, but prepared externally.

An annual review of our financial position is presented to Trustees including comparisons to budgets and previous years .

Harrogate in Mind prepares and agrees an Annual Budget no later than one month post the year end.

Income and expenditure accounts, and Balance Sheet for each financial quarter are submitted to the Trustees four times a year. The fourth report forms the basis of the annual accounts.

Annual accounts are drafted by the Treasurer and submitted for independent examination to a local firm of Accountants, namely The Barker Partnership of Pateley Bridge.

The return to the Charities Commission is submitted by the CEO.

Investment powers and policy

The trustees have the power to invest in such assets as they see fit.

Reserves policy

It is the policy of the trustees to maintain unrestricted reserves, which are the free reserves of the Association, in accordance with the following:

- A designated premises fund holding the freehold property and a cash reserve fund, which may be required to cover the anticipated cost of refurbishing premises in the future and as a premises Disaster Recovery. This provision is subject to annual review and, for the financial year ended 31 March 2023, the trustees have agreed the amount of the cash provision should be maintained at £50,000;
- A restricted reserve at a level that equates to a minimum of six months unrestricted expenditure based upon Budget levels for the following year; This provides sufficient funds to cover management, administration and support costs, allow short term funding for projects until further funding is obtained, accommodate changes in funding by statutory authorities. This is calculated to be £80,000 and is held in restricted reserves.

Statement of trustees' responsibilities

The trustees are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Generally Accepted Accounting Practice.

Mind in Harrogate District CIO

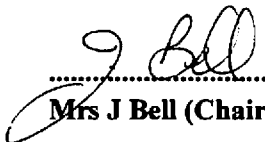
Trustees annual report for the year ended 31 March 2023

Law applicable to charities in England and Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the charity and of the incoming resources and application of resources, including the income and expenditure, of the charity for the period. In preparing these financial statements the trustees are required to:

- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the accounts comply with the Charities Act 2011 and the Charity (Accounts & Reports) Regulations 2008. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report was approved by the Board on and signed on its behalf by:


.....
Mrs J Bell (Chair)

Mind in Harrogate District CIO

Independent examiner's report to the trustees on the unaudited financial statements of Mind in Harrogate District CIO.

I report on the accounts of Mind in Harrogate District (charity number 1151271) for the year ended 31 March 2023 which are set out on pages 9 to 20.

Respective responsibilities of trustees and independent examiner

The charity's trustees are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act), and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act,
- to follow the procedures laid down in the general directions given by the charity commission under section 145(5)(b) of the 2011 Act, and
- to state whether particular matters have come to our attention.

Basis of independent examiners statement

My examination was carried out in accordance with general directions given by the charity commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from all trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiners statement

In the course of my examination, no matter has come to my attention;

- (i) which gives me reasonable cause to believe that in any material respect the requirements:
- to keep proper accounting records in accordance with section 130; and
 - to prepare accounts which accord with the accounting records, comply with the accounting requirements of the 2011 Act;

have not been met; or

- (ii) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

..........

Date6.11.2023.....

Sarah Lawson FCCA ACA - Independent Examiner

The Barker Partnership
Chartered Accountants
24 High Street
Pateley Bridge
Harrogate, HG3 5JU

Mind in Harrogate District CIO

Statement of financial activities for the year ended 31 March 2023

	Notes	Unrestricted Funds £	Restricted Funds £	Designated Funds £	2023 Total £	2022 Total £
Incoming resources						
Incoming and endowments from:						
Donations & legacies	2	48,659	-	-	48,659	51,189
Charitable activities	3	81,500	102,003	-	183,503	154,377
Other trading activities	4	14,303	-	-	14,303	10,471
Investment income		7,622	-	-	7,622	28,072
Total incoming resources		<u>152,084</u>	<u>102,003</u>	<u>-</u>	<u>254,087</u>	<u>244,109</u>
Resources expended						
Resources expended on:						
Charitable activities	5	168,299	90,182	-	258,481	229,803
Other	6	5,577	-	4,830	10,407	10,165
Total resources expended		<u>173,876</u>	<u>90,182</u>	<u>4,830</u>	<u>268,888</u>	<u>239,968</u>
Net (outgoing)/ incoming resources before other recognised gains and losses		(21,792)	11,821	(4,830)	(14,801)	4,141
Transfers between funds	18	11,821	(11,821)	-	-	-
Other recognised gains and losses						
Gains/ (losses) on investment assets		(15,436)	-	-	(15,436)	(2,579)
Net movement in funds in year		<u>(25,406)</u>	<u>-</u>	<u>(4,830)</u>	<u>(30,237)</u>	<u>1,562</u>
Reconciliation of funds						
Total funds brought forward	18	94,043	80,000	237,530	411,573	410,011
Total funds carried forward	18	<u><u>68,636</u></u>	<u><u>80,000</u></u>	<u><u>232,700</u></u>	<u><u>381,336</u></u>	<u><u>411,573</u></u>

The statement of financial activities includes all gains and losses in the year. All incoming resources and resources expended derive from continuing activities.

The notes on pages 11 to 20 form an integral part of these financial statements.

Mind in Harrogate District CIO

**Balance sheet
as at 31 March 2023**

		2023		2022	
	Notes	£	£	£	£
Fixed Assets					
Tangible assets	12		187,598		193,653
Investments	13		162,152		212,588
			<u>349,750</u>		<u>406,241</u>
Current Assets					
Cash at bank and in hand	14	123,040		85,416	
		<u>123,040</u>		<u>85,416</u>	
Creditors: amounts falling due within one year	15	<u>(91,454)</u>		<u>(80,084)</u>	
Net Current assets			<u>31,586</u>		<u>5,332</u>
Total Assets Less Current Liabilities			<u>381,336</u>		<u>411,573</u>
The funds of the charity					
Unrestricted funds	17		68,636		94,043
Restricted funds	17		80,000		80,000
Designated funds	17		232,700		237,530
Total charity funds			<u>381,336</u>		<u>411,573</u>

The financial statements were approved by the trustees on and signed on the charities behalf by:

Mrs J Bell (Chair) 

The notes on pages 11 to 20 form an integral part of these financial statements.

Mind in Harrogate District CIO

Notes to the financial statements for the year ended 31 March 2023

1. Accounting policies

The charity is a Charitable Incorporated Organisation (charity number 1151271). The registered office is 101A Station Parade, Harrogate, HG1 1HB.

The principal accounting policies are summarised below. The accounting policies have been applied consistently throughout the year and the preceeding year.

1.1. Basis of accounting

These accounts have been prepared under the historic cost convention and in accordance with the Financial Reporting by Charities – Statement of Recommended Practice accounting and reporting by charities preparing their accounts in accordance with the Financial Reporting Standards applicable in the UK and Republic of Ireland (FRS102) issued on the 16th July 2014 and the Charities Act 2011. The charity constitutes a public benefit entity as defined by FRS102.

1.2. Fund accounting

Unrestricted funds are available at the discretion of the board in furtherance of the general objectives of the Charity.

Unrestricted funds

These are funds which can be used in accordance with the charitable objects at the discretion of the trustees.

Restricted funds

These are funds that can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Designated funds

These are funds set aside by the trustees out of unrestricted general funds for specific future purposes or projects.

1.3. Recognition of assets & income

Income is recognised in the Statement of Financial Activities (SoFA) when a transaction or other event results in an increase in the charity's assets or a reduction in its liabilities.

Recognition of grants & donations

Income is only recognised in the accounts when all of the criteria regarding entitlement, probable and measurement are met. In the case of a grant, evidence of entitlement usually exists when the formal offer of funding is communicated in writing to the charity. However, in the event that conditions are placed on the grant, those conditions must be met before income is recognised. In the case of a donation, entitlement arises immediately on its receipt.

Recognition of investment income

Income from interest is recognised when its receipt is probable and the amount receivable can be measured accurately.

Mind in Harrogate District CIO

Notes to the financial statements for the year ended 31 March 2023

1.4. Recognition of resources expended

Expenditure is the amount of a charity's resources that have been spent or otherwise used in carrying out its activities. An expense results in either a decrease in a charity's assets or an increase in its liabilities. Liabilities and expenditure are only recognised in the accounts when all of the criteria regarding entitlement, probable and measurement are met.

1.5. Tangible fixed assets and depreciation

Depreciation is provided at rates calculated to write off the cost less residual value of each asset over its expected useful life, as follows:

Building & Roof	-	2% straight line basis
Equipment	-	20% reducing balance
Fixtures & fittings	-	20% reducing balance

1.6. Investments

Fixed asset investments are stated at cost less provision for permanent diminution in value. Investments are held primarily to provide an investment return for the charity.

Mind in Harrogate District CIO

Notes to the financial statements for the year ended 31 March 2023

2. Donations & Legacies

	Unrestricted Funds £	Restricted Funds £	Designated Funds £	2023 Total £	2022 Total £
Donations					
Orb Community	-	-	-	-	10,000
Penelope Martin	4,500	-	-	4,500	5,000
Baines & Chamber	767	-	-	767	1,970
Recolid Ltd	-	-	-	-	5,000
Royce Foundation	409	-	-	409	1,000
Stowe Family Law	-	-	-	-	200
Strive Group	-	-	-	-	210
Knaresborough YFC	1,172	-	-	1,172	-
J Barnes	3,580	-	-	3,580	-
Charities Trust	1,140	-	-	1,140	-
J Ford	1,000	-	-	1,000	-
R B Gray Trust	2,213	-	-	2,213	-
Other	29,271	-	-	29,271	21,475
	<u>44,052</u>	<u>-</u>	<u>-</u>	<u>44,052</u>	<u>44,855</u>
Other donations & legacies					
Food & Drink Festival	1,883	-	-	1,883	5,397
Harrogate Theatre	-	-	-	-	937
Ticket donations	2,724	-	-	2,724	-
	<u>48,659</u>	<u>-</u>	<u>-</u>	<u>48,659</u>	<u>51,189</u>

Mind in Harrogate District CIO

Notes to the financial statements for the year ended 31 March 2023

3. Incoming resources from charitable activities

	Unrestricted Funds £	Restricted Funds £	Designated Funds £	2023 Total £	2022 Total £
North Yorkshire County Council	74,250	11,176	-	85,426	129,177
The Two Ridings Community Foundation	-	-	-	-	10,000
Awards for all	-	-	-	-	3,200
Befriending	-	13,933	-	13,933	4,000
National MIND Grant	-	7,571	-	7,571	3,000
Edward Gosling Foundation	-	10,000	-	10,000	5,000
National Lottery	-	13,554	-	13,554	-
ORB day centre	7,250	752	-	8,002	-
Outreach cover	-	6,400	-	6,400	-
CCG	-	36,667	-	36,667	-
Business development services	-	1,950	-	1,950	-
	<u>81,500</u>	<u>102,003</u>	<u>-</u>	<u>183,503</u>	<u>154,377</u>

4. Incoming resources from other trading activities

	Unrestricted Funds £	Restricted Funds £	Designated Funds £	2023 Total £	2022 Total £
	<u>Funds £</u>	<u>Funds £</u>	<u>Funds £</u>	<u>Total £</u>	<u>Total £</u>
Counselling & out of hours	14,303	-	-	14,303	10,471
	<u>14,303</u>	<u>-</u>	<u>-</u>	<u>14,303</u>	<u>10,471</u>

Mind in Harrogate District CIO

Notes to the financial statements for the year ended 31 March 2023

5. Charitable activities

	Unrestricted Funds £	Restricted Funds £	Designated Funds £	2023 Total £	2022 Total £
Salaries	112,802	90,182	-	202,984	174,993
Light & heat	2,407	-	-	2,407	2,570
NYCC partnership payments	2,500	-	-	2,500	3,750
Water	800	-	-	800	731
Telephone & internet costs	3,125	-	-	3,125	3,226
Training	10,686	-	-	10,686	6,621
Insurance	6,271	-	-	6,271	2,948
Affiliation fees	1,515	-	-	1,515	400
Rent	5,524	-	-	5,524	2,348
Repairs & maintenance	2,443	-	-	2,443	9,827
Marketing	2,675	-	-	2,675	3,872
Stationery & printing	14,337	-	-	14,337	12,807
Security and health & safety	3,214	-	-	3,214	5,710
	<u>168,299</u>	<u>90,182</u>	<u>-</u>	<u>258,481</u>	<u>229,803</u>

6. Other costs

	Unrestricted Funds £	Restricted Funds £	Designated Funds £	2023 Total £	2022 Total £
Independent examiner's fees	1,692	-	-	1,692	1,140
Bookkeeping	2,161	-	-	2,161	2,663
Sundry expenses	499	-	-	499	-
Depreciation	1,225	-	4,830	6,055	6,362
	<u>5,577</u>	<u>-</u>	<u>4,830</u>	<u>10,407</u>	<u>10,165</u>

Mind in Harrogate District CIO

Notes to the financial statements for the year ended 31 March 2023

7. Net incoming resources for the year	2023	2022
	£	£
Net incoming resources is stated after charging:		
Depreciation and other amounts written off tangible assets	<u>6,055</u>	<u>6,362</u>
8. Audit and accountancy fees	2023	2022
	£	£
Independent examiners fees	<u>1,692</u>	<u>1,140</u>
9. Related party transactions		
No related party transactions have taken place during the year.		
10. Trustee remuneration and expenses		
During the year no Trustee has received remuneration from, or had individual expenses met by the Charity (2022 - £nil).		
11. Employees		
Number of employees	2023	2022
The average monthly numbers of employees during the year were:		
Employees	<u>10</u>	<u>8</u>
Employment costs	2023	2022
	£	£
Salaries	187,377	162,640
Employers pension costs	4,262	3,348
Employers NIC	11,345	9,005
	<u>202,984</u>	<u>174,993</u>

No employees received remuneration or emoluments during the year, or the previous year, which exceeded £60,000 (2022 - None).

Mind in Harrogate District CIO

Notes to the financial statements for the year ended 31 March 2023

12. Tangible fixed assets

	Freehold Plant & Property	Plant & Machinery	Fixtures & Fittings	Total
	£	£	£	£
Cost				
at 1 April 2022	217,350	1,196	12,886	231,432
At 31 March 2023	217,350	1,196	12,886	231,432
Depreciation				
At 1 April 2022	29,820	707	7,252	37,779
Charge for the year	4,830	98	1,127	6,055
At 31 March 2023	34,650	805	8,379	43,834
Net book value				
At 31 March 2023	182,700	391	4,507	187,598
At 31 March 2022	187,530	489	5,634	193,653

13. Fixed asset investments

	2023 Total £	2022 Total £
Market value		
At 1 April 2022	212,588	123,607
Additions	-	140,000
Disposals	(32,456)	(65,000)
Net gains/ (losses) on revaluations in year	(17,980)	13,981
At 31 March 2023	162,152	212,588

Mind in Harrogate District CIO

Notes to the financial statements for the year ended 31 March 2023

14. Cash at bank and in hand	2023	2022
	£	£
HSBC current bank account	47,627	82,625
COIF bank account	75,413	2,791
	<u>123,040</u>	<u>85,416</u>
15. Creditors: amounts falling due within one year	2023	2022
	£	£
Deferred income	88,921	77,650
Accruals	2,533	2,434
	<u>91,454</u>	<u>80,084</u>

16. Taxation

The Charity's activities fall within the exemptions afforded by the provisions of the Income and Corporation Taxes Act 1988. Accordingly, there is no taxation charge in these accounts.

17. Analysis of net assets between funds

	Unrestricted funds	Restricted funds	Designated funds	Total funds
	£	£	£	£
Fund balances at 31 March 2023 as represented by:				
Tangible fixed assets	4,898	-	182,700	187,598
Investments	52,152	60,000	50,000	162,152
Current assets	103,040	20,000	-	123,040
Current liabilities	(91,454)	-	-	(91,454)
	<u>68,636</u>	<u>80,000</u>	<u>232,700</u>	<u>381,336</u>

Mind in Harrogate District CIO

Notes to the financial statements for the year ended 31 March 2023

18. Movements in funds

	At 1 Apr 22	Incoming resources	Outgoing resources	Transfers	Other Gains & losses	At 31 Mar 23
	£	£	£	£	£	£
Unrestricted funds	94,043	152,084	(173,876)	11,821	(15,436)	68,636
Restricted funds	80,000	102,003	(90,182)	(11,821)	-	80,000
Designated funds	237,530	-	(4,830)	-	-	232,700
Total funds	411,573	254,087	(268,888)	-	(15,436)	381,336

17.1 Unrestricted funds

Unrestricted funds comprise of those funds which the trustees are free to use in accordance with the charitable objectives.

17.2 Restricted funds

	At 1 Apr 22	Incoming resources	Outgoing resources	Transfers	Other Gains & losses	At 31 Mar 23
	£	£	£	£	£	£
Core Fund	80,000	-	-	-	-	80,000
Outreach	-	33,598	(33,598)	-	-	-
Befriending	-	19,467	(19,467)	-	-	-
National Mind Grant	-	11,821	-	(11,821)	-	-
Out of Hours	-	23,941	(23,941)	-	-	-
CCG	-	13,176	(13,176)	-	-	-
	80,000	102,003	(90,182)	11,821	-	80,000

- The core fund is 6 months running costs for the charity as part of the reserves policy.
- Our Outreach programme offers local access to mental health and wellbeing support, information and training in the outlying market towns across Harrogate District.
- Befriending is to develop a befriending service to combat loneliness and isolation.
- National MIND Grant is to provide IT equipment and software to help during COVID.
- Out of Hours Service provides weekend and out of hours support.
- The CCG is for the Harrogate Hospital Emergency Department support. Our Team of Wellbeing Practitioners provide positive impact on the service experience of people presenting at A- who are experiencing difficulties with their mental health and wellbeing, ensuring they are seen as quickly as possible by the right person, in the right place and support safer discharge from ED into community services.

Mind in Harrogate District CIO

**Notes to the financial statements
for the year ended 31 March 2023**

17.3 Designated funds

Freehold property and disaster recovery fund for property as part of reserves policy.