



## Trustees' Annual Report for the period

Period start date		Period end date	
From	01 04 2023	To	31 March 2024

### Section A

### Reference and administration details

Charity name EHSAS FOUNDATION

Other names charity is known by

Registered charity number (if any) 1151229

Charity's principal address

THE TWENTY ONE BUILDING, 21 Pinner Rd  
Harrow

Postcode

HA1 4ES

### Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Irfan Awan		Acted whole year	
2	Usman Awan		Acted whole year	
3	Bashir Farrukh		Acted whole year	
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

#### Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

#### Name of chief executive or names of senior staff members (Optional information)

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## Section B Structure, governance and management

#### Description of the charity's trusts

Type of governing document  
(eg. trust deed, constitution)

constitution

How the charity is constituted  
(eg. trust, association, company)

Charitable Incorporated Organisation

Trustee selection methods  
(eg. appointed by, elected by)

Appointed by the board of Trustees

#### Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

The charity continued to be governed by its founding trustees during this year.

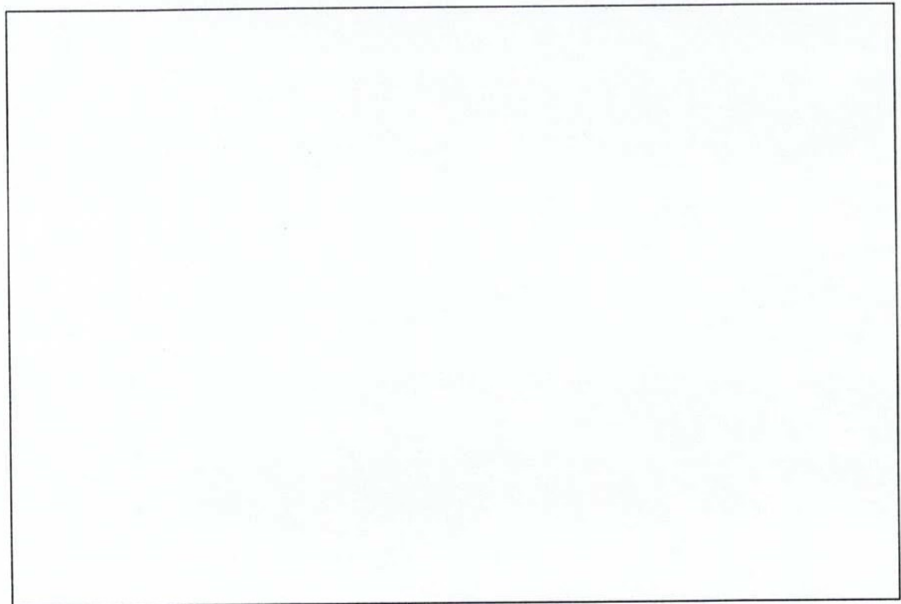
Most of charity's activities were delivered by the volunteers.

Trustees paid a due regards to the major risks to ensure that its activities were delivered in safe environment. Because of extreme heat and rough weather , It was difficult to continue normal work this year .

The volunteers were briefed and trained adequately where needed. Food hygiene during distribution of foods.

Volunteers were provided with food hygiene training and health safety training to protect them and while working in extreme heat and rough weather condition .

We made sure that we adopt structured way of providing our service to public and ensure their safety.



## **Section C Objectives and activities**

**Summary of the objects of the charity set out in its governing document**

The prevention or relief of poverty or financial hardship in Bangladesh, India and Pakistan by providing or assisting in the provision of education, training, healthcare

Projects and all the necessary support designed to enable individuals to generate a sustainable income and be self-sufficient.



**Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)**

The trustees have paid due regard to the charity Commission guidance on public benefit in deciding what Activities the charity should undertake. By providing free health, education and free meals for those who are experiencing hardship and poverty the charity aims to improve health and provide relief for those in need and have no other means of support available to them.

The charity delivered following activities in furtherance of its charitable objectives:

1. Help in free schooling
2. Free meals
3. Sponsor a child
4. Better livelihood project

**Additional details of objectives and activities (Optional information)**

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

**Summary of the main achievements of the charity during the year**

Ehsas foundation successfully achieved the following through its charitable activities.

**Education :**

We provided school kit and study material to 285 (2023: 210) students who could not afford to buy those essentials. The trustees are confident of achieving this target in coming years.

**10,000 Meals :**

Actual number of meals delivered during 2024 was 8810 (2023: 7600). Number of meals delivered during 2024 compared to last year is getting better. However, we're working toward achieving target of ten thousand meals and increase it to next target of 12000.

Donations for free meals is increasing due to our charity work to create awareness among donors of people suffering from hunger. The charity has started an awareness campaign about people in dire need of donation to meet their first basic need of human being -Food.

The results are encouraging and the charity will aim to meet the target of ten thousand meals in future years and moving to next target of twelve thousands.

**Help the orphan:**

We helped 48 (2023: 35) orphans to find Accommodation and also helped them in continuing their education through our network and collaboration with other voluntary groups. It was difficult because of extreme weather condition this year.

## Section E

## Financial review

### Brief statement of the charity's policy on reserves

The trustees will ensure that all restricted reserves are spend on restricted activities, whereas the allocation of unrestricted reserves will be reviewed on yearly basis.

Charity had no restricted funds at 31 march 2024.

### Details of any funds materially in deficit

N/a

### Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

The charity had an income of £9351 £(2023: 8120) for the year ended 31 march 2023. Which was made up of £ 0.00 grant and £ 9351 donations.

The charity had an expenditure of £ 7915 (2023: 7120) on charitable activities, £1713 on support and governance .The trustees is trying to improve cost efficiency and value for money and increase spending on charitable activity .As a result they has achieved reduction on support cost and increased on charitable purpose compared to previous years .

The charity had an unrestricted cash reserve of £718 (2023: £996) at the end of financial year 2024

## Section F

## Other optional information

## Section G

## Declaration

The trustees declare that they have approved the trustees' report above.


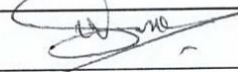
Signed on behalf of the charity's trustees

Signature(s)

Full name(s)

Position (eg Secretary, Chair, etc)

Date

	
Mr Irfan Awan	Mr Usman Awan
Trustee	Trustee
03/07/2024	





CHARITY COMMISSION  
FOR ENGLAND AND WALES

Charity Name

No (if any)

## Receipts and payments accounts



CC16a

For the period from	Period start date	To	Period end date
	01/04/2023		31/03/2024

### Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
General Donation	9,351	-	-	9,351	8,120
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total (Gross income for AR)</b>	<b>9,351</b>	<b>-</b>	<b>-</b>	<b>9,351</b>	<b>8,120</b>
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total receipts</b>	<b>9,351</b>	<b>-</b>	<b>-</b>	<b>9,351</b>	<b>8,120</b>
<b>A3 Payments</b>					
Travelling & Subsistence	512	-	-	512	426
Telephone & Internet	211	-	-	211	210
Printing, Postage & Stationary	169	-	-	169	130
Consultation & Meeting	331	-	-	331	450
Charitable Activities	7,915	-	-	7,915	7,120
Professional fees	380	-	-	380	380
IT Cost	110	-	-	110	153
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>9,628</b>	<b>-</b>	<b>-</b>	<b>9,628</b>	<b>8,869</b>
<b>A4 Asset and investment purchases, (see table)</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total payments</b>	<b>9,628</b>	<b>-</b>	<b>-</b>	<b>9,628</b>	<b>8,869</b>
<b>Net of receipts/(payments)</b>	<b>- 277</b>	<b>-</b>	<b>-</b>	<b>- 277</b>	<b>- 749</b>
<b>A5 Transfers between funds</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>A6 Cash funds last year end</b>	<b>996</b>	<b>-</b>	<b>-</b>	<b>996</b>	<b>1,744</b>
<b>Cash funds this year end</b>	<b>718</b>	<b>-</b>	<b>-</b>	<b>718</b>	<b>996</b>

## Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Cash	718	-	-
		-	-	-
		-	-	-
		-	-	-
	<b>Total cash funds</b>	<b>718</b>	<b>-</b>	<b>-</b>
(agree balances with receipts and payments account(s))		OK	OK	OK
B2 Other monetary assets	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees		Print Name		Date of approval
 		Mr Irfan Awan Mr Usman Awan		03/07/2024 03/07/2024