



# Trustees' Annual Report for the period

|      |    |                   |      |    |                 |            |  |
|------|----|-------------------|------|----|-----------------|------------|--|
|      |    | Period start date |      |    | Period end date |            |  |
| From | 01 | 04                | 2021 | To | 31              | March 2022 |  |

## Section A

## Reference and administration details

Charity name

EHSAS FOUNDATION

Other names charity is known by

Registered charity number (if any)

1151229

Charity's principal address

THE TWENTY ONE BUILDING, 21 Pinner Rd

Harrow

Postcode

HA1 4ES

### Names of the charity trustees who manage the charity

|    | Trustee name   | Office (if any) | Dates acted if not for whole year | Name of person (or body) entitled to appoint trustee (if any) |
|----|----------------|-----------------|-----------------------------------|---|
| 1  | Irfan Awan     |                 | Acted whole year                  |   |
| 2  | Usman Awan     |                 | Acted whole year                  |   |
| 3  | Bashir Farrukh |                 | Acted whole year                  |   |
| 4  |                |                 |                                   |   |
| 5  |                |                 |                                   |   |
| 6  |                |                 |                                   |   |
| 7  |                |                 |                                   |   |
| 8  |                |                 |                                   |   |
| 9  |                |                 |                                   |   |
| 10 |                |                 |                                   |   |
| 11 |                |                 |                                   |   |
| 12 |                |                 |                                   |   |
| 13 |                |                 |                                   |   |
| 14 |                |                 |                                   |   |
| 15 |                |                 |                                   |   |
| 16 |                |                 |                                   |   |
| 17 |                |                 |                                   |   |
| 18 |                |                 |                                   |   |
| 19 |                |                 |                                   |   |
| 20 |                |                 |                                   |   |

Names of the trustees for the charity, if any, (for example, any custodian trustees)

| Name | Dates acted if not for whole year |
|------|-----------------------------------|
|      |                                   |
|      |                                   |
|      |                                   |

#### Names and addresses of advisers (Optional information)

| Type of adviser | Name | Address |
|-----------------|------|---------|
|                 |      |         |
|                 |      |         |
|                 |      |         |
|                 |      |         |

#### Name of chief executive or names of senior staff members (Optional information)

|  |
|--|
|  |
|--|

## Section B Structure, governance and management

#### Description of the charity's trusts

Type of governing document  
(eg trust deed, constitution)

constitution

How the charity is constituted  
(eg trust, association, company)

Charitable Incorporated Organisation

Trustee selection methods  
(eg appointed by, elected by)

Appointed by the board of Trustees

#### Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

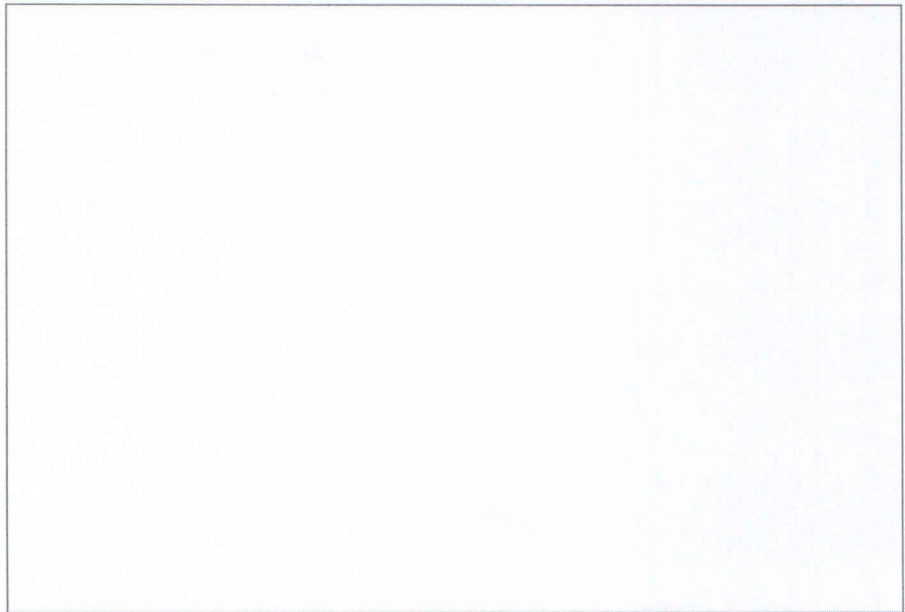
- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

The charity continued to be governed by its founding trustees during this year.

Most of charity's activities were delivered by the volunteers.

Trustees paid a due regards to the major risks to ensure that its activities were delivered in safe environment. Because of Covid-19 , this year was difficult to continue normal work .

The volunteers were briefed and trained adequately where needed ,specially for Covid-19 .They were provided with PPE and training.



## **Section C Objectives and activities**

### **Summary of the objects of the charity set out in its governing document**

The prevention or relief of poverty or financial hardship in Bangladesh, India and Pakistan by providing or assisting in the provision of education, training, healthcare

Projects and all the necessary support designed to enable individuals to generate a sustainable income and be self-sufficient.



**Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)**

**The** trustees have paid due regard to the charity Commission guidance on public benefit in deciding what Activities the charity should undertake. By providing free health, education and free meals for those who are experiencing hardship and poverty the charity aims to improve health and provide relief for those in need and have no other means of support available to them.

The charity delivered following activities in furtherance of its charitable objectives:

1. Help in free schooling
2. Free meals
3. Sponsor a child
4. Better livelihood project

**Additional details of objectives and activities (Optional information)**

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

**Summary of the main achievements of the charity during the year**

Ehsas foundation successfully achieved the following through its charitable activities.

**Education :**

We provided school kit and study material to 105 (2021: 260) students who could not afford to buy those essentials. we were away from achieving our target of 450 because of Covid-19 .the trustees are confident of achieving this target during next few year when the pandemic comes under control and situation become normal .

**20,000 Meals :**

Actual number of meals delivered during 2022 was 6200 (2021: 10,200). the meals delivered during 2022 compared to last year however fell short of its over all target of fifteen thousand meals.

Main reason for the shortfall was lower than

Expected donations for free meals and The charity had to reduce the supply of meal because of Covid -19. It was difficult to operate while making sure the safety of the staff .The charity has started an awareness campaign about people in dire need. The results are encouraging and the charity will aim to meet the target of twenty thousand meals in future years.

**Help the orphan**

We helped 15 (2021: 11) orphans to find

Accommodation and also helped them in continuing their education through our network and collaboration with other voluntary groups. It was difficult because of Covid this year .



**Section E****Financial review**

Brief statement of the charity's policy on reserves

The trustees will ensure that all restricted reserves are spend on restricted activities, whereas the allocation of unrestricted reserves will be reviewed on yearly basis.

Charity had no restricted funds at 31 march 2022.

Details of any funds materially in deficit

N/a

**Further financial review details (Optional information)**

You may choose to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

The charity had an income of £6220(2021: 6519) for the year ended 31 march 2022. Which was made up of £ 0.00 grant and £ 6519 donations.

The charity had an expenditure of £5531 (2021: 4511) on charitable activities. £1139 on support and governance .The trustees is trying to improve cost efficiency and value for money and increase spending on charitable activity .As a result they has achieved reduction on support cost and increased on charitable purpose compared to previous years .

The charity had an unrestricted cash reserve of £1744 (2021: £2193) at the end of financial year 2022

**Section F****Other optional information****Section G****Declaration**

The trustees declare that they have approved the trustees' report above.



Signed on behalf of the charity's trustees

Signature(s)

Full name(s)

Position (eg Secretary, Chair, etc)

Date

|   |  |
|---|--|
|  |  |
| Mr Irfan Awan   | Mr Usman Awan  |
|   |  |
| 28/12/22  |  |





CHARITY COMMISSION  
FOR ENGLAND AND WALES

Charity Name

No (if any)

## Receipts and payments accounts

CC16a

For the period  
from

Period start date  
01/04/2021

To

Period end date  
31/03/2022

### Section A Receipts and payments

|   | Unrestricted<br>funds | Restricted<br>funds | Endowment<br>funds | Total funds      | Last year        |
|---|-----------------------|---------------------|--------------------|------------------|------------------|
|   | to the nearest £      | to the nearest £    | to the nearest £   | to the nearest £ | to the nearest £ |
| <b>A1 Receipts</b>                                    |                       |                     |                    |                  |                  |
| General Donation                                      | 6,220                 | -                   | -                  | 6,220            | 6,519            |
|   | -                     | -                   | -                  | -                | -                |
|   | -                     | -                   | -                  | -                | -                |
|   | -                     | -                   | -                  | -                | -                |
|   | -                     | -                   | -                  | -                | -                |
|   | -                     | -                   | -                  | -                | -                |
|   | -                     | -                   | -                  | -                | -                |
| <b>Sub total (Gross income for AR)</b>                | <b>6,220</b>          | <b>-</b>            | <b>-</b>           | <b>6,220</b>     | <b>6,519</b>     |
| <b>A2 Asset and investment sales, (see table).</b>    |                       |                     |                    |                  |                  |
|   | -                     | -                   | -                  | -                | -                |
|   | -                     | -                   | -                  | -                | -                |
| <b>Sub total</b>                                      | <b>-</b>              | <b>-</b>            | <b>-</b>           | <b>-</b>         | <b>-</b>         |
| <b>Total receipts</b>                                 | <b>6,220</b>          | <b>-</b>            | <b>-</b>           | <b>6,220</b>     | <b>6,519</b>     |
| <b>A3 Payments</b>                                    |                       |                     |                    |                  |                  |
| Travelling & Subsistence                              | 221                   | -                   | -                  | 221              | 419              |
| Telephone & Internet                                  | 152                   | -                   | -                  | 152              | 251              |
| Printing, Postage & Stationary                        | 90                    | -                   | -                  | 90               | 182              |
| Consultation & Meeting                                | 115                   | -                   | -                  | 115              | 211              |
| Charitable Activities                                 | 5,531                 | -                   | -                  | 5,531            | 4,511            |
| Professional fees                                     | 380                   | -                   | -                  | 380              | 380              |
| IT Cost   | 181                   | -                   | -                  | 181              | 256              |
|   | -                     | -                   | -                  | -                | -                |
|   | -                     | -                   | -                  | -                | -                |
| <b>Sub total</b>                                      | <b>6,670</b>          | <b>-</b>            | <b>-</b>           | <b>6,670</b>     | <b>6,210</b>     |
| <b>A4 Asset and investment purchases, (see table)</b> |                       |                     |                    |                  |                  |
|   | -                     | -                   | -                  | -                | -                |
|   | -                     | -                   | -                  | -                | -                |
| <b>Sub total</b>                                      | <b>-</b>              | <b>-</b>            | <b>-</b>           | <b>-</b>         | <b>-</b>         |
| <b>Total payments</b>                                 | <b>6,670</b>          | <b>-</b>            | <b>-</b>           | <b>6,670</b>     | <b>6,210</b>     |
| <b>Net of receipts/(payments)</b>                     | <b>- 450</b>          | <b>-</b>            | <b>-</b>           | <b>- 450</b>     | <b>309</b>       |
| A5 Transfers between funds                            | -                     | -                   | -                  | -                | -                |
| A6 Cash funds last year end                           | 2,193                 | -                   | -                  | 2,193            | 1,884            |
| <b>Cash funds this year end</b>                       | <b>1,744</b>          | <b>-</b>            | <b>-</b>           | <b>1,744</b>     | <b>2,193</b>     |



## Section B Statement of assets and liabilities at the end of the period

| Categories   | Details                 | Unrestricted funds<br>to nearest £ | Restricted funds<br>to nearest £ | Endowment funds<br>to nearest £ |
|--|-------------------------|------------------------------------|----------------------------------|---------------------------------|
| B1 Cash funds  | Cash                    | 1,744                              | -                                | -                               |
|  |                         | -                                  | -                                | -                               |
|  |                         | -                                  | -                                | -                               |
|  | <b>Total cash funds</b> | <b>1,744</b>                       | <b>-</b>                         | <b>-</b>                        |
| (agree balances with receipts and payments account(s)) |                         |                                    |                                  |                                 |

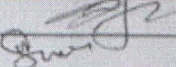
|                          | Details | Unrestricted funds<br>to nearest £ | Restricted funds<br>to nearest £ | Endowment funds<br>to nearest £ |
|--------------------------|---------|------------------------------------|----------------------------------|---------------------------------|
| B2 Other monetary assets |         | -                                  | -                                | -                               |
|                          |         | -                                  | -                                | -                               |
|                          |         | -                                  | -                                | -                               |
|                          |         | -                                  | -                                | -                               |
|                          |         | -                                  | -                                | -                               |
|                          |         | -                                  | -                                | -                               |

|                      | Details | Fund to which asset belongs | Cost (optional) | Current value (optional) |
|----------------------|---------|-----------------------------|-----------------|--------------------------|
| B3 Investment assets |         |                             | -               | -                        |
|                      |         |                             | -               | -                        |
|                      |         |                             | -               | -                        |
|                      |         |                             | -               | -                        |
|                      |         |                             | -               | -                        |

|  | Details | Fund to which asset belongs | Cost (optional) | Current value (optional) |
|--|---------|-----------------------------|-----------------|--------------------------|
| B4 Assets retained for the charity's own use |         |                             | -               | -                        |
|  |         |                             | -               | -                        |
|  |         |                             | -               | -                        |
|  |         |                             | -               | -                        |
|  |         |                             | -               | -                        |
|  |         |                             | -               | -                        |
|  |         |                             | -               | -                        |
|  |         |                             | -               | -                        |

|                | Details | Fund to which liability relates | Amount due (optional) | When due (optional) |
|----------------|---------|---------------------------------|-----------------------|---------------------|
| B5 Liabilities |         |                                 | -                     |                     |
|                |         |                                 | -                     |                     |
|                |         |                                 | -                     |                     |
|                |         |                                 | -                     |                     |
|                |         |                                 | -                     |                     |

Signed by one or two trustees on behalf of all the trustees

| Signature   | Print Name    | Date of approval |
|---|---------------|------------------|
|  | Mr Irfan Awan | 23/12/2022       |
|   | Mr Usman Awan | 23/12/2022       |