

HEALTH AND HOPE UK

England & Wales · Charity number 1151105

Details

Other names	HEALTH AND HOPE
Status	Registered
Legal form	Charitable company
Company number	08290412
Registered	2013-03-06
Register	View on the Charity Commission register

Contact

Address	27 Old Gloucester Street London WC1N 3AX
Phone	02045586001
Email	info@healthandhope.org
Website	www.healthandhope.org

Activities

Objects: THE CHARITY'S OBJECTS ('OBJECTS') ARE SPECIFICALLY RESTRICTED TO THE FOLLOWING: (1) FOR THE PUBLIC BENEFIT OF PEOPLE IN REGIONS OF SOUTH AND SOUTH-EAST ASIA, HEALTH AND HOPE UK AIMS TO RELIEVE POVERTY AND ADVANCE HEALTH, EDUCATION AND THE CHRISTIAN FAITH; AND (2) PROMOTE THE EFFICIENCY AND EFFECTIVENESS OF CHARITIES THROUGH TECHNICAL SUPPORT AND BY THE PROVISION OF ADVICE AND TRAINING IN GOOD GOVERNANCE, STRUCTURE AND FUNDRAISING FOR OUR PARTNERS; (3) NOTHING IN THE ARTICLES SHALL AUTHORISE AN APPLICATION OF THE PROPERTY OF THE CHARITY FOR PURPOSES WHICH ARE NOT CHARITABLE IN ACCORDANCE WITH SECTION 7 OF THE CHARITIES AND TRUSTEE INVESTMENT (SCOTLAND) ACT 2005 AND/OR SECTION 2 OF THE CHARITIES ACT (NORTHERN IRELAND) 2008.

Activities: Health and Hope UK supports the delivery of programmes in Myanmar structured around four strategic goals: 1. Health: to improve access to public health & primary medical care 2. Education: to build local skills for community development 3. Community: to enhance community, cohesion and hope 4. Food security: to diversify agricultural production and reduce chronic malnutrition

Classification

- **How:** Makes Grants To Organisations, Provides Services
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives, The Prevention Or Relief Of Poverty, Religious Activities, Economic/community Development/employment
- **Who:** Other Charities Or Voluntary Bodies

Geography

- Burma

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£1,913,847	£1,467,490	£716,504	4
2024-03-31	£1,318,920	£1,343,920	£270,147	4
2023-03-31	£732,667	£794,676	£295,147	3
2022-03-31	£609,142	£516,817	£357,156	3
2021-03-31	£554,193	£451,722	£264,831	3

Trustees

Name	Role	Appointed
ALAN DAVID GRAY		2017-06-16
Alexa Murray		2021-01-29
Jonathan Spence		2024-12-16
Peter Francis Travers Harlock		2021-01-29
Professor Edmund Liang Chai Ong		2021-01-29
Thomas Joseph Walsh		2023-03-10
Timothy Robert Creber		2021-01-29

Accounts

REGISTERED COMPANY NUMBER: 08290412 (England and Wales)
REGISTERED CHARITY NUMBER: 1151105

Report of the Trustees and
Financial Statements for the Year Ended
31 March 2025 for
Health and Hope UK

Health and Hope UK
Year Ended 31 March 2025

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Health and Hope UK
Year Ended 31 March 2025

The trustees, who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2025.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number 08290412 (England and Wales)

Registered Charity number 1151105

Registered Office

7 Bournemouth Road
Chandler's Ford, Eastleigh
Hampshire,
SO53 3DA
United Kingdom

Principal Address

27 Old Gloucester Street
Holborn
London
WC1N 3AX

Trustees

James Gardner	Lawyer
Alan Gray (Treasurer)	Accountant & INGO professional
Emma Watson	Management consultant
Timothy Creber (Chair)	Business professional
Edmund Ong	Doctor
Alexa Murray	Business professional
Peter Harlock	Business & INGO professional
Thomas Walsh	Charity Management
Jonathan Spence	Charity Management (appointed 22 nd November 2024)

Independent Auditor

Christopher Goodhead
KnightGoodhead Ltd
7 Bournemouth Road
Chandler's Ford
Eastleigh
SO53 3DA

Bank

Barclays Bank PLC,
1 Churchill Place,
London,
E14 5HP

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a company limited by guarantee, as defined by the Companies Act 2006.

Risk Management

The trustees have reviewed the risks to which the charity is exposed and have ensured that appropriate controls are in place to provide reasonable assurance against fraud and error. The trustees have in place appropriate Directors & Officers indemnity insurance.

Trustee recruitment, induction and training

Prospective trustees are identified based on the needs of the charity by members of the Board and interviewed by at least two Trustees before a formal offer of appointment to the Board is offered. Trustees are required to undergo a recruitment process to satisfy safeguarding requirements including external references, completion of a self-declaration form and a criminal records check (DBS). An induction is given by the Executive Director which includes a review of mandatory policies. Resources to attend training in safeguarding and Prevention of Sexual Exploitation & Abuse (PSEA) are provided unless evidence of recent training is provided.

OBJECTS AND ACTIVITIES

Health & Hope UK (HHUK) was registered as a UK Charity in March 2013. The objects of the charity are:

- (1) For the public benefit of people in the regions of South and South-East Asia, Health & Hope UK aims to relieve poverty and advance health, education and the Christian faith; and
- (2) Promote the efficiency and effectiveness of charities through technical support and by the provision of advice and training in good governance, structure and fundraising for our partners.
- (3) Nothing in the articles shall authorise an application of the property of the charity for purposes which are not charitable in accordance with section 7 of the Charities and trustee investment (Scotland) Act 2005 and/or section 2 of the Charities Act (Northern Ireland) 2008.

In conducting its charitable activities, HHUK trustees have had regard to the Charity Commission's guidance on public benefit.

HHUK has fulfilled its objects this year by working through a network of local partners to bring humanitarian relief, health care, education, hope and development to the poorest people in remote areas of Myanmar. Our vision is to see empowered, thriving and self-sustaining communities in and from Myanmar.

The programmes supported by HHUK during 2024-2025 year continue to reflect the significant shift in operational context due to the military coup in Myanmar on 1st February 2021. As noted in our previous annual report, our long-standing implementing partner, Health & Hope Myanmar (HHM), was forced to close all normal operations and evacuate the country in the weeks following the coup. This situation continues to this day.

Despite this significant challenge to our work, we have continued to respond to humanitarian needs, whilst maintaining some of our longer-term education and health projects. Outlined in more detail below, our programmes in 2024-25 focused on the following areas:

- **Health:** Improving access to primary health care through the training of Community Health Workers, establishing community clinics and referral pathways to further care.
- **Humanitarian relief:** Delivering humanitarian aid through local partners including food relief, shelter, Non-Food Items, multi-purpose cash grants, health and medical care, and livelihood initiatives.
- **Education:** To increase the number of skilled people who are empowered and trained to take the lead in community development initiatives, and to improve access to basic education in conflict affected and refugee camps.
- **Capacity building:** To build organisational, technical and leadership capacity of our partners.

In order to strengthen the effectiveness of field-based work, HHUK provides support to partners in the following areas:

- Strategy and governance
- Finance and administration
- Training and development
- Monitoring and evaluation
- Fundraising
- Marketing and communications

Fundraising Standards & Regulations

HHUK is dedicated to ensuring we comply with all relevant fundraising standards and regulations.

HHUK raises income from a diverse range of sources including institutions, trusts and foundations, companies, churches, and individuals. HHUK is registered with the Fundraising Regulator and is committed to adhering to the Fundraising Regulator's Code of Practice (including the Fundraising Promise) and charity law as set out by the Charity Commission for England and Wales. Staff are familiar with our Fundraising Policy, Principles & Procedures.

Our approach to fundraising is driven by the following principles:

- We will fundraise with integrity
- We will work in partnership with those who support us
- We will value and respect our supporters
- We will be transparent in our fundraising and use of funds

All funds raised are used for the purpose for which they were raised, and within a reasonable timeframe. We thank our supporters for their contributions in a timely and appropriate manner and keep our supporters updated on the impact of their support.

When raising restricted income for a particular purpose (e.g. a fundraising appeal), we communicate to supporters how their money will be used and what would happen to funds we receive if the total amount raised is not enough to reach (or is more than) the target.

Accurate records of all donations, grant applications and funding bids are collected and stored in accordance with HHUK data protection policy. Personal information provided to HHUK will not be sold, rented, or given to any third parties without consent.

Sizeable gifts and legacies will be subject to review prior to solicitation or acceptance. If we turn down a gift or offer of support, we will explain why. We can only accept donations that are lawfully made.

Health and Hope UK
Year Ended 31 March 2025

HHUK fundraising policy and procedures includes steps on how to protect vulnerable people. The Charities Act (2016) introduced new legislative requirements for charities to protect vulnerable people. Our policy and practice reflect these requirements and those of the Institute of Fundraising.

If we believe that an individual is unable to make a decision, then we will not accept a donation from that individual. If we are unsure about the persons' ability to make a decision, we may suggest they seek advice from a friend or family member, or delay accepting the gift to give the donor further time to consider their donation. If the donation has already been made, and at the time of donating the individual lacked capacity (and we receive evidence of this), we will return that donation.

We will not put pressure on an individual to donate. We give this consideration when planning fundraising campaigns and communications and the potential effects this might have on a supporter, in particular those who might be vulnerable.

If we are in contact with an individual about a donation and are concerned about that individuals' ability to make a decision about the donation, this issue is to be raised with the Executive Director. In some circumstances (for example with a large donation, or if the decision is taken to return a donation), this would be discussed with the Treasurer and reported to the board of Trustees.

Health & Hope has not employed any professional fundraisers to fundraise on its behalf in the past year. We aim to monitor our volunteer local church champions who fundraise on our behalf and where possible those who independently fundraise in aid of Health & Hope through:

- Internal and external complaints logs
- Incident logs (such as, health and safety or safeguarding concerns)
- Donor feedback

We received no fundraising complaints during the year.

ACHIEVEMENT AND PERFORMANCE

Overview:

Our activity in 2024-25 continued to be dominated by the long-term impact of the military coup on February 1st, 2021. At that time our longstanding in-country partner, Health & Hope Myanmar (HHM), was forced to shut down in-country operations and evacuate for their own safety. Given the sudden urgency of humanitarian need, we prioritised the development of new partnerships and implemented a relief programme in Western Myanmar to reflect the changing needs of the population.

A political, socio-economic, human rights and humanitarian crisis continues across the country. Conflict in Myanmar has resulted in tens of thousands of people fleeing their homes and villages. It is estimated that over 3.5 million people are now displaced from their homes¹. The UNDP describes the situation as a 'polycrisis', indicating the complexity and far-reaching impact of the coup². Many have fled due to airstrikes on civilian populations, active conflict on the ground, and the risk of arrest, torture, and murder. Over 19 million people are estimated to be in humanitarian need including six million children, predominantly in conflict-affected rural areas³. Nearly half of Myanmar's population are living below the national poverty line of 1590 Kyat per day (\$0.75⁴) compared to 24% in 2017⁵.

The devastating 7.7 magnitude earthquake on 28th March 2025 brought further tragedy to Myanmar, with over 3,800 deaths recorded and tens of thousands left homeless. We were able to respond with a crisis appeal and response that has been extended into the following financial year.

Given the enduring nature of this country-wide man-made crisis, exacerbated by natural disaster, we have continued to provide urgently needed humanitarian support while continuing our long-term education and health work. Our current five-year strategy has acknowledged the importance of maintaining this humanitarian support while developing new strategic partnerships to enable us to work in Myanmar and gradually restore our long-term development aims and objectives in health, education and broader community development. We have taken steps towards re-establishment of our community health work this year, as outlined below. A summary of our programmes and achievements is outlined in more detail below.

As noted below, our income for the year reflected the change in operational priorities and fundraising for the emergency relief and health work undertaken. During 2024-25 we received significantly more income than our previous financial year due to two large, short-term grants for humanitarian relief, and two continued health grants from larger donors. This represented a large proportion of our income for this financial year and enabled us to achieve greater scale and scope of activity, building on our achievements in the previous financial year. Other income from NGOs, Trusts, churches and individuals also continued to resource our work.

The conflict and changing pattern of working has compelled us to develop new strategic partnerships

¹ UNHCR Myanmar Displacement Overview, March 2025

² UNDP 'Myanmar's Enduring Polycrisis – four years into a tumultuous journey, Jan 2025

³ UNOCHA Humanitarian Needs & Response Plan, Dec 2024

⁴ Based on official exchange rate of 2100 Kyat/USD. Actual rates are significantly higher.

⁵ Poverty and the household economy of Myanmar: a disappearing middle class, UNDP, April 2024

with organisations who have been able to remain operational in NW Myanmar. These are small Civil Society Organisations (CSOs), Faith Based Organisations and local NGOs. This partnership development has been a key area of growth for Health & Hope UK, and of significant strategic value as it has enabled us to continue our project work in Myanmar and at a scale and scope hitherto not possible.

Five-year strategy 2024-28

Our five-year strategy was developed in May 2023 and revised our vision, mission, and strategic objectives. This updated strategy ensured we remain focused on achieving our charitable objectives. Our updated vision, mission and objectives were agreed by the HHUK Board in September 2023 as follows:

Vision: to see empowered, thriving and self-sustaining communities in [and from] western Myanmar.

Mission: to bring hope, relief from pain and suffering, and long-term sustainable development to vulnerable communities in [and from] the western Myanmar region.

Strategic objectives:

1: Accessible Primary Healthcare.

Communities within targeted areas are accessing holistic primary health care through CHW and TBA network/s, that are well-supported by secondary healthcare and ambulance service providers including both physical and mental health.

2: Accessible Quality Education.

Children in targeted communities are accessing quality school education through provision of educational materials and teacher capacity building and support networks.

3: Improved Human Resource Capacity.

Students from western Myanmar are supported to graduate from tertiary education, and to contribute back to the well-being of their communities.

4: Sustainable Livelihoods and Food Security.

Diverse household income and sustainable livelihoods supported through income generation activities (IGAs) and sustainable farming practices in targeted communities.

5: Disaster Preparedness, Resilience and Response.

Communities within targeted areas are well prepared and resilient to disasters and able to access appropriate humanitarian assistance when needed.

6: Organisational Development and Capacity Strengthening.

Health & Hope entities have reached organisational, technical and leadership maturity being efficient, effective and sustainable, and are actively working with sub-partners to reach the same.

7: Environmental Safety, Protection and Effective Natural Resource Management*.

Effective policies and practices in place across western Myanmar that provide a safe environment, protect, and preserve the sustainable and responsible use of natural resources.

8: Protection of Vulnerable and Marginalized Groups*.

Vulnerable and marginalised groups within targeted communities protected through effective Gender-based Violence (GBV) and human rights awareness campaigns and programmes.

***Note:** Objectives 7 & 8 are to be delivered through integration with other programme activities and will likely not have a separate programme base.

These objectives reflect a deeper consideration of the root issues facing the people of Western Myanmar and a broader scope of development initiatives that will be required to achieve our charitable objectives in the context. This strategy will be formally reviewed in 2025-26, recognising the changing context and dynamics within Myanmar, and therefore the need to review this more frequently.

Through the challenges of the year the HHUK team continued to provide support and capacity-building opportunities for our partners in-country with an emphasis on technical training, project planning, and safeguarding/protection. Using videoconferencing facilities, we engaged supporters through online events, providing key updates regarding our work and providing opportunities for supporters to interact directly with the Health & Hope Myanmar team. Several face-to-face events and speaking opportunities took place in supporting churches.

Despite the ongoing crisis, operational changes and challenges, we remain as committed as ever to our mission of serving the most vulnerable people of Myanmar.

PROGRAMME REPORTS

Health

Community Health and Emergency Response Project (CHERP)

Our health work expanded significantly at the beginning of 2024 with the launch of our 'Community Health and Emergency Response Project'. This contributes to our strategic objective of increasing access to primary health care through a network of Community Health Workers (CHWs), establishment of community clinics (fixed location and mobile) in hard-to-reach areas, and referral pathways to secondary care. Over 300 CHWs were trained this year to provide care across 300 villages in NW Myanmar. Over 55,000 patient consultations have been conducted as a result. Nine fixed clinics and multiple mobile clinics have provided further clinical care for patients.

Integrated Community Healthcare Project

This new project launched in February 2025 and will provide similar types of community-based and primary health care. This project is working in new target areas, further east, and will work with eight new implementing sub-partners. This project will be completed in December 2025 although it may be eligible for extension depending on availability of funds.

Mobile Health and Maternal Ultrasound

To improve maternal health outcomes, HHUK has been partnering with a research team from Columbia University, New York, to establish mobile health surveillance and to implement the use of WHO best practice interventions for maternal care including attended birth, regular antenatal checks, improving access to ultrasound and dietary supplements. HHUK has supported the implementation of this project with HHM, assisting with survey design and technical issues (e.g., in the use of the mobile application). This project was completed in August 2024.

Home Based Clinic

Over the past nine months, the home-based clinic staffed by HHM clinicians provided 729 free consultations. Our health team also carried out home visits for 18 seriously ill patients and delivered inpatient care for 13 individuals. Emergency support enabled a further 13 people to receive life-saving treatment through hospital referrals.

Humanitarian relief

Cash and EORE⁶ for Conflict Affected Populations

The CECAP Project started on 1 July 2024 to support vulnerable and displaced persons, as a result of the ongoing coup, with multipurpose cash assistance (MPCA) grants. The project was delivered in 55 communities in western Myanmar. In total, 2,789 households received MPCA. This includes 197 households with people with disabilities.

In addition to the multi-purpose cash grants, 3,950 people participated in EORE training activities (male 2477 and female 1473). The project closed with a one-month extension in January 2025, having achieved all objectives.

Emergency Humanitarian Relief

In response to Cyclone Mocha in 2023 and the ongoing conflict in Myanmar, we implemented a humanitarian response project in collaboration with seven partners in western Myanmar. With internal displacement numbers rising to over 3 million (Sept 2024, UNHCR) and subsequent loss of livelihoods, the humanitarian response project commenced in these regions in September 2024 was timely and vital.

The project was successfully delivered, reaching 4,834 households with essential relief items amidst a challenging operational context. 21,805 humanitarian assistance items were distributed including mosquito nets, blankets, hygiene kits, torches and more.

Emergency Relief & Response

In April 2024, deadly airstrikes targeted 9 villages in western Myanmar, where apart from death and injuries, a hospital was destroyed and shelters and homes damaged. In response to this incident, 94 households were assisted with multipurpose cash grants to help with immediate needs. The support has contributed not only to meeting immediate needs but also to supporting recovery, bringing hope to those most affected.

Humanitarian Relief Work – New Dawn

The New Dawn project was established to meet the desperate need of Myanmar nationals fleeing the violence perpetrated by the military. This project originally launched in July 2021 in 10 locations and has since expanded to 20 targeted villages. Given the dynamic nature of the situation, the project was designed to be flexible in approach while maintaining a robust reporting mechanism to ensure all donor reporting and regulatory requirements were met and to ensure the project continued to meet most urgent needs.

Since the project's inception, the needs and resources have changed as refugee populations have become more stable. Our emphasis has therefore changed to ensure appropriate support is provided. Gradually our support has shifted from short term provision of food, household essentials and shelter to the following:

⁶ Explosive Ordnance Risk Education

- **Food banks** - these are revolving stores of rice, dal and oil to refugee households at a subsidised price. The subsidy will be gradually reduced over time, enabling a more sustainable source of food. We have established six foodbank sites over the last 12 months. A recent screening of children for malnutrition showed higher rates of malnutrition among those communities where food banks are not in operation, demonstrating the success of the project but also the reliance placed upon the support we bring, and the need currently to maintain and increase the scope of our support.
- **Education support** – displaced children have been granted permission to attend local schools, but many have been prevented from accessing this due to a lack of money for uniforms, stationery, and books. Children unable to access school because of this were identified and provided with materials to enable them to attend school.
- **Medical assistance** to those suffering from sickness or injury. This ranges from simple medication for common illnesses and injuries through to the treatment of complex conditions requiring referral for hospital admission.

We will continue to re-stock the food banks as funds allow going into the new financial year, while encouraging greater sustainability among the target refugee community. While we continue to seek funding for this project, we will need to scale activity according to available funds.

Education

The outcomes for our education projects are for young people from remote rural communities in Western Myanmar to experience improved educational prospects, long-term socio-economic well-being and to proactively contribute towards the development of their local communities.

Freedom to Education Project (FEP)

This project aims to:

- Improve access to higher education opportunities.
- Enable students to attend a quality education institution.
- Create opportunities for young people to apply their learning for the benefit of their local communities.

FEP is run by HHM and supported by HHUK mostly from individual donations and Trust/NGO grants. It aims to identify young people who carry a vision for the long-term benefit of their people. Those selected for the project are offered the opportunity to pursue higher education, at pre-university or undergraduate level. In addition to tuition fees, HHUK issues a scholarship grant to cover accommodation costs, whilst providing study guidance, ongoing pastoral care, and additional language tuition where required. Over 130 students have been supported through the FEP scheme to date.

Historically this project has created a virtuous circle, to the benefit of the students, local communities, and Health & Hope. The returning FEP graduates who come back to work in the villages are an inspiration for younger generations of students as they take on leadership roles whilst also being able to speak fluent English. They return with a real desire to serve their communities and will continue to play a critical role in the country's future. It is our aim that this virtuous circle will continue despite the challenges currently being faced in the country.

This financial year we supported 45 students through higher secondary and tertiary education with partial or full scholarships. The need for a cohort of Myanmar nationals with higher education and a

heart and vision for their communities is particularly acute given the challenges outlined above. Young people are also particularly vulnerable to recruitment by resistance militia groups or conscription by the Myanmar military.

Students apply through a formal application process including clear assessment criteria and an interview. Successful students study in different locations and are selected according to availability of appropriate education institutions and courses for their chosen course of study. In addition to academic input at college, students also receive mentoring, pastoral support and language tuition provided by HHM staff.

Given the huge needs faced due to lack of resources and insecurity, we are working to raise funds for further intakes of students at both higher secondary and tertiary education. We are also working in partnership with other like-minded organisations to seek resources for this work.

Crisis to Classroom

This one-year project, supported by our partners Prospect Burma, comprised of two main activities:

- Provision of academic and personal support for 35 young people to access Year 11 at appropriate schools/colleges. Selection and support of the 35 students followed very similar processes to those outlined above for Freedom to Education.
- Provision of educational materials for 500 children in refugee schools.

The funding for this project was suddenly terminated in January 2025. Successful fundraising efforts across our generous donors meant that the 35 students in Year 11 could complete their current year and commence Year 12, which will complete in early 2026.

Livelihoods

We have developed two livelihood projects this year, reflecting a shift to include longer term community development work in the context of the challenging short term humanitarian needs.

Livelihoods and Disaster Resilience Project

We launched the Livelihoods and Disaster Resilience Project in December 2024, in collaboration with our implementing partner. This three-year project will enhance disaster resilience and strengthen livelihood capabilities in 30 communities in Western Myanmar.

We are focusing on empowering farmer families to practice climate-smart agriculture and supporting women in non-agricultural income generation. Additionally, we are aiming to develop capacity of the local community to prepare for, respond to, and mitigate the impacts of disasters.

To ensure effective implementation, several local committees have been established. These committees will oversee the planning, implementation, and monitoring of project activities. They were inclusively established with representatives from the local church, village administration council, women's association, and youth association.

Myanmar Relief and Recovery

This small-scale project was set up to respond to urgent humanitarian needs in northwest Myanmar, while also helping vulnerable families build resilience and increase their income. Working with a trusted local partner in two locations, we provided multi-purpose cash grants to 170 households reaching around

850 people.

Special care was taken to support the most vulnerable, including a household led by a 17-year-old girl. The second part of the project focused on equipping young women with sewing and tailoring skills. Thanks to the support of our donors, two tailoring centres were established with 16 sewing machines, equipment, and training supplies. Despite ongoing conflict interrupting the training several times during the year, 42 women have received training.

Cross-Cutting Themes

Cross-Cutting Themes (CCTs) are issues or areas that are common to all projects that are integrated into all projects regardless of the sector and without losing focus of the main goal. The importance of cross cutting themes (CCTs) has increased in all areas of our project work, covering areas such as safeguarding, Prevention of Sexual Exploitation and Abuse (PSEA), gender equality and inclusion, disability awareness, community feedback mechanisms and conflict sensitivity. HHM have appointed a specific CCT team to ensure that staff and sub-partners are appropriately trained and equipped across the CCT areas. Support is given from HHUK in policy and related processes development, and in the development of training resources for the sub-partners.

We have significantly developed our capacity over the last two years, and our partners were this year elected to be co-chair on the National PSEA network, which is a huge achievement and reflects the priority this has been given.

Capacity strengthening

The aim of our capacity strengthening work is for local partners to be self-sustaining with leadership, strategy, finance, and operations. The following were delivered in the financial year 2024-25:

- All HHUK/HHM staff attended safeguarding & PSEA training.
- Relevant HHM/HHUK staff also attended training provided by our donor in cross-cutting themes including Prevention of Sexual Exploitation and Abuse, Community Feedback Mechanisms, inclusion and diversity, and emergency preparedness.
- HHM staff were trained in Explosive Ordnance Risk Education

Partnerships

Diversifying our partnerships base has been a strategic priority this financial year given the challenges faced by our historic implementing partner HHM. This partnership development work has been primarily in response to a lack of capacity for HHM to deliver projects on the ground in Myanmar. Our experiences of implementing a large-scale project through sub-partners was a powerful learning opportunity in 2023 but has provided the means of working at a much larger scale than previously. This is a key part of our operating model going forward.

To facilitate the development of partnerships with appropriate due diligence checks in place, we have developed a partnerships policy for use with all our implementing partners.

We have continued to partner with a number of other NGOs including HART-UK and Prospect Burma.

Patronage

We have continued to enjoy the patronage of His Majesty King Charles III who provided, along with his office, a variety of support during the financial year.

Fundraising and communications

We continue to implement our annual fundraising strategy based on the 'Find, Win, Keep, Lift' model, which has been a valuable tool for applying across all donor categories.

During FY2024-25 most of our funding came from a more diverse range of institutional donors than in the previous year. This was supplemented by our regular individual donors, supporter churches, Trusts and NGOs. The need to diversify our funding sources at all levels further over coming months is a priority, as overhead costs are not covered by grants from institutional donors.

We have maintained our communications output through email and printed news this year, with at least monthly output to our supporters. Our social media channels remain closed given the security concerns for our HHM partners and the sensitivity of the work that is being implemented, and therefore regular communication with our current supporter group is vital. The safety of our partners is paramount, and we work hard to ensure that it remains so despite their operational challenges. We produced an annual Review which was circulated to over 300 households in June 2024.

We have continued to hold termly online events with good engagement from our network of supporters, with approximately 50 delegates at each event. We have increased our engagement with churches across the UK with ten churches now part of our 'Church Partnership Scheme'.

Fundraising has continued across our range of donors including individual supporters, churches, trusts, and institutional donors. Four appeals were held in 2024-25, for our education and relief work. The most latter was for the earthquake on 28th March which continued into the new financial year.

Policy development

A review cycle of our suite of policies and procedures was developed by the HHUK Executive Director and is currently in implementation. New policies developed this year include 'IT Acceptable Use' and 'Reserves policy' (latter currently in draft form pending Board review).

Risk management

HHUK has a risk management policy in place and a risk register which is regularly reviewed. High-level residual risks are presented to the Board of Trustees at each meeting.

Trustee Board

The Board met five times in 2024-25. The Trustees will continue to review the Board membership and seek to recruit appropriately skilled and experienced individuals to govern our work.

Financial Review

Our income (£1,913,847) exceeded the previous year's income of £1,318,920). As noted above, this is due to a greater range of institutional grants, some of which have been expended due to the short-term nature of their intended use.

The balance of restricted funds at 2024-25 year end was £501,286 (2023-24 - £120,350). The balance of unrestricted funds at 2024-25 year end was £215,218 (2023-24 - £149,797) including £86,963 (2023-24 - £42,133) of designated funds. Designated/committed funds are intended to be expended by the end of the following financial year. This much higher level of restricted funds was due to operational delays in transferring funds to implementing partners and has since been resolved.

HHUK has historically enjoyed the support of a relatively small number of very committed individual donors who have faithfully continued to support our work through significant change since the military coup.

The unrestricted general fund at £215,218 going into the new financial year included designated funds. The executive team and Board of Trustees are working hard to raise sufficient unrestricted income to meet the needs of the growing organisation.

The trustees review the levels of unrestricted funding regularly and have developed an operational plan and budget for 2025-26 which prioritises the need to develop our funding base and further diversify funding sources to maintain an appropriate level of unrestricted funds.

The trustees seek to hold an amount in reserve equal to or greater than six months' running costs for HHUK. Based on the unrestricted funds as above and budgeted HHUK operating costs for 2025-26, reserves are at 100%. This is kept under regular review at each Trustee meeting.

Statement of Trustees Responsibilities

Company law requires the Trustees to prepare financial statements for each financial year, which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for the year. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

So far as each director is aware, there is no relevant audit information of which the company's auditors are unaware. Each director has taken all the steps that they ought to have taken as a director in order to make themselves aware of any relevant audit information and to establish that the company's auditors are aware of that information.

Future developments

The outlook for the year ahead in Myanmar remains deeply concerning, marked by ongoing conflict, widespread displacement, and intensifying poverty. As the crisis continues to unfold, we remain committed to addressing urgent humanitarian needs while also advancing our strategic priorities in long-term development. Despite the considerable challenges, we will continue to work towards our vision of empowered, thriving, and self-sustaining communities in western Myanmar.

Approved by order of the board of trustees on 21/11/2025 and signed on its behalf by:

A handwritten signature in dark ink, appearing to be 'Tim Creber', written in a cursive style.

Tim Creber – Chair of Trustees

INDEPENDENT AUDITORS' REPORT TO THE MEMBERS OF HEALTH AND HOPE UK

(Company limited by guarantee and not having a share capital)

Opinion

We have audited the financial statements of Health and Hope UK for the year ended 31 March 2025, which comprise the Statement of Financial Activities, Balance Sheet, Cashflow Statement and the related notes. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards including Financial Reporting Standard 102: The Financial Reporting Standard applicable to the UK and Republic of Ireland (United Kingdom Generally Accepted Accounting Practice).

In our opinion, the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2025, and of its income and expenditure for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis of opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the Charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least 12 months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The trustees are responsible for the other information. The other information comprises the information included in the annual report other than the financial statements and our auditor's report thereon. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

INDEPENDENT AUDITORS' REPORT TO THE MEMBERS OF HEALTH AND HOPE UK

(Company limited by guarantee and not having a share capital)

Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

Matters on which we are required to report by exception

We have nothing to report in respect of the following matters in relation to which the Companies Act 2006 and the Charities (Accounts and Reports) Regulations 2008 require us to report to you if, in our opinion:

- the company has not kept adequate and sufficient accounting records, or returns adequate for our audit have not been received from branches not visited by us; or
- the company's financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the trustees were not entitled to prepare the financial statements in accordance with the small companies regime and take advantage of the small companies exemption in preparing the Trustees' Annual Report and take advantage of the small companies exemption from the requirement to prepare a strategic report.

Responsibilities of the trustees

As explained more fully in the report of the executive committee, the trustees are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as they determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements

We have been appointed as auditor under the Companies Act 2006 and report in accordance with the Act and relevant regulations made or having effect thereunder.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

INDEPENDENT AUDITORS' REPORT TO THE MEMBERS OF HEALTH AND HOPE UK

(Company limited by guarantee and not having a share capital)

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

The engagement partner ensured that the engagement team collectively had the appropriate competence, capabilities and skills to identify or recognise non-compliance with applicable laws and regulations.

We identified the laws and regulations applicable to the charitable company through discussions with trustees and other management and we assessed the extent of compliance with the laws and regulations identified above through making enquiries of management and inspecting legal correspondence.

We assessed the susceptibility of the charitable company's financial statements to material misstatement, including obtaining an understanding of how fraud might occur, by making enquiries of management as to where they considered there was susceptibility to fraud, their knowledge of actual, suspected and alleged fraud and considering the internal controls in place to mitigate risks of fraud and non-compliance with laws and regulations.

To address the risk of fraud through management bias and override of controls, we performed analytical procedures to identify any unusual or unexpected relationships, tested journal entries to identify unusual transactions and investigated the rationale behind significant or unusual transactions.

In response to the risk of irregularities and non-compliance with laws and regulations, we designed procedures which included, but were not limited to:

- agreeing financial statement disclosures to underlying supporting documentation;
- reading the minutes of meetings of those charged with governance; and
- enquiring of management as to actual and potential litigation and claims;

There are inherent limitations in our audit procedures described above. The more removed that laws and regulations are from financial transactions, the less likely it is that we would become aware of non-compliance. Auditing standards also limit the audit procedures required to identify non-compliance with laws and regulations to enquiry of the trustees and other management and the inspection of regulatory and legal correspondence, if any.

Material misstatements that arise due to fraud can be harder to detect than those that arise from error as they may involve deliberate concealment or collusion.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at: <https://www.frc.org.uk/auditorsresponsibilities>. This description forms part of our auditor's report.

Knight Goodhead Limited is eligible for appointment as auditor of the charitable company by virtue of its eligibility for appointment as auditor of a company under section 1212 of the Companies Act 2006.

**INDEPENDENT AUDITORS' REPORT
TO THE MEMBERS OF HEALTH AND HOPE UK**

(Company limited by guarantee and not having a share capital)

Use of our report

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.



CJ GOODHEAD FCA

Dated: 24 November 2025

Senior Statutory Auditor

Knight Goodhead Limited

Chartered Accountants and Statutory Auditors

7 Bournemouth Road, Chandler's Ford, Eastleigh,
Hampshire, SO53 3DA

Health and Hope UK
Year Ended 31 March 2025

Statement of Financial Activities (Including Income and Expenditure account)

	Notes	Unrestricted fund (incl designated)	Restricted funds	31.3.25 Total funds	31.3.24 Total funds
INCOME					
Income from generated funds					
Donations and legacies		327,870	1,583,406	1,911,276	1,317,960
Investment income		2,571	-	2,571	960
Total income	3	<u>330,441</u>	<u>1,583,406</u>	<u>1,913,847</u>	<u>1,318,920</u>
EXPENDITURE					
Cost of generating funds					
Costs of generating voluntary income	4	65,879	-	65,879	64,328
Charitable activities					
Health	11	24,636	602,239	626,875	302,896
Cross cutting themes		315	7,686	8,001	-
Education		6,336	153,529	159,865	103,657
Food security		1,053	25,744	26,797	12,363
Relief		32,108	403,956	436,064	767,148
Vehicle		340	8,322	8,662	5,388
Capacity building & training		49,598	-	49,598	42,290
Other expenditure	5	83,216	2,533	85,749	45,850
Total expenditure		<u>263,481</u>	<u>1,204,009</u>	<u>1,467,490</u>	<u>1,343,920</u>
NET INCOME/(EXPENDITURE) BEFORE TRANSFERS					
		66,960	379,397	446,357	(25,000)
Gross transfers between funds		<u>(1,539)</u>	<u>1,539</u>	<u>-</u>	<u>-</u>
NET MOVEMENT IN FUNDS		<u>65,421</u>	<u>380,936</u>	<u>446,357</u>	<u>(25,000)</u>
RECONCILIATION OF FUNDS					
Total funds brought forward		149,797	120,350	270,147	295,147
TOTAL FUNDS CARRIED FORWARD		<u>215,218</u>	<u>501,286</u>	<u>716,504</u>	<u>270,147</u>

The notes form part of these financial statements

Health and Hope UK
Year Ended 31 March 2025

Comparative Statement of Financial Activities (Including Income and Expenditure account)

	Notes	31.3.24 Unrestricted fund	31.3.24 Restricted funds	31.3.24 Total funds
INCOME				
Income from generated funds				
Donations and legacies		189,656	1,128,304	1,317,960
Investment income		960	-	960
Total income	3	190,616	1,128,304	1,318,920
EXPENDITURE				
Cost of generating funds				
Costs of generating voluntary income	4	64,328	-	64,328
Charitable activities				
Health	11	14,797	288,099	302,896
Education		5,064	98,593	103,657
Food security		604	11,759	12,363
Relief		56,142	711,006	767,148
Vehicle		263	5,125	5,388
Capacity building & training		39,760	2,530	42,290
Other expenditure	5	44,402	1,448	45,850
Total expenditure		225,360	1,118,560	1,343,920
NET INCOME/(EXPENDITURE) BEFORE TRANSFERS				
		(34,744)	9,744	(25,000)
Gross transfers between funds		(46,734)	46,734	-
NET MOVEMENT IN FUNDS		(81,478)	56,478	(25,000)
RECONCILIATION OF FUNDS				
Total funds brought forward		231,275	63,872	295,147
TOTAL FUNDS CARRIED FORWARD		149,797	120,350	270,147

The notes form part of these financial statements

Health and Hope UK
Year Ended 31 March 2025

Balance Sheet

	Notes	Unrestricted fund	Restricted funds	31.3.25 Total funds	31.3.24 Total funds
CURRENT ASSETS					
Debtors	7	42,891	119,113	162,004	85,619
Cash at bank and in hand		179,734	382,173	561,907	193,809
		<u>222,625</u>	<u>501,286</u>	<u>723,911</u>	<u>279,428</u>
CREDITORS					
Amounts falling due within one year	8	(7,407)	-	(7,407)	(9,281)
NET CURRENT ASSETS		<u>215,218</u>	<u>501,286</u>	<u>716,504</u>	<u>270,147</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		215,218	501,286	716,504	270,147
NET ASSETS	9	<u>215,218</u>	<u>501,286</u>	<u>716,504</u>	<u>270,147</u>
FUNDS					
Unrestricted funds: General fund	12	129,882	-	129,882	107,664
Unrestricted funds: Designated funds	10	85,336	-	85,336	42,133
Restricted funds	12	-	501,286	501,286	120,350
TOTAL FUNDS		<u>215,218</u>	<u>501,286</u>	<u>716,504</u>	<u>270,147</u>

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The financial statements were approved by the board of trustees on 21st November 2025 and signed on its behalf by:

T R Creber- Chair



A D Gray - Treasurer



The notes form part of these financial statements

Health and Hope UK
Year Ended 31 March 2025

Cash Flow Statement

	2025	2024
Net income/(expenditure) for the year	446,357	(25,000)
Adjustments for:		
Investment income	(2,571)	(960)
Depreciation	-	-
Movements in working capital:		
(Increase)/decrease in debtors	(76,385)	(81,495)
Increase/(decrease) in creditors	(1,874)	9,281
Net cash flow from operating activities	<u>365,527</u>	<u>(98,174)</u>
Cash flows from Investing activities		
Interest received	2,571	960
Net cash flow	<u>368,098</u>	<u>(97,214)</u>
Cash and bank in hand at start of year	<u>193,809</u>	<u>291,023</u>
Cash and bank in hand at end of year	<u><u>561,907</u></u>	<u><u>193,809</u></u>

The notes form part of these financial statements

Notes to the Financial Statements

1 ACCOUNTING POLICIES

Accounting convention

The financial statements have been prepared under the historical cost convention and in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard 102, the Charities Act 2011 and the Companies Act 2006.

Going concern

At the time of approving the financial statements, the Trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the Trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

There are no material uncertainties about the charity's ability to continue as a going concern

Income

All income is included on the Statement of Financial Activities when the charity is legally entitled to the income, the amount can be quantified with reasonable accuracy and it is probable the income will be received.

Income is shown gross, before deduction of fees, where fees are identifiable.

Expenditure

Expenditure is accounted for on an accruals basis and have been classified under heading that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Taxation

The charity is exempt from corporation tax on its charitable activities

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Presentation Currency

The presentation currency is GBP sterling, rounded to the nearest £1

The presentation currency is different to the functional currency which is USD as most transactions by size are in USD.

GB sterling is used as the presentation currency as this is most familiar to the Trustees and this is a UK based charity.

Financial Instruments

The charity has elected to apply the provisions of section 11 'Basic Financial Instruments' of FRS 102 to all of its financial instruments. Financial instruments (assets and Liabilities) are recognised in the church's balance sheet when the church becomes party to the contractual provisions of the instrument.

Notes to the Financial Statements - continued

2 FINANCIAL RESERVES POLICY

The trustees seek to hold an amount in reserve equal to or greater than six months running costs.
This policy is reviewed on an annual basis.

3 INCOME

	Unrestricted	Restricted	Total Year ended 31.3.25 £	Total Year ended 31.3.24 £
	£	£	£	£
Donations and legacies				
Donations and Gifts	292,695	1,582,708	1,875,402	1,292,982
Gift Aid	35,176	698	35,874	24,978
	<u>327,870</u>	<u>1,583,406</u>	<u>1,911,276</u>	<u>1,317,960</u>
Investment Income				
Deposit account interest			2,571	960

4 COSTS OF GENERATING VOLUNTARY INCOME

	Year ended 31.3.25 £	Year ended 31.3.24 £
Resources, Postage and stationery	517	188
Promotional events, travel, materials, film and media	1,182	1,990
Staff costs including consultancy	64,180	62,150
	<u>65,879</u>	<u>64,328</u>

5 Other Expenditure

	Year ended 31.3.25 £	Year ended 31.3.24 £
Other expenditure includes:		
Exchange (gains)/losses	26,181	(2,557)
Independent examiner fees	-	400
Audit fees	8,860	4,900

6 STAFF COSTS

	Unrestricted	Restricted	Year ended 31.3.25 £	Year ended 31.3.24 £
Wages and salaries	119,509	12,523	132,032	111,531
Social security costs	8,900		8,900	6,787
Pension costs	5,282		5,282	4,398
	<u>133,691</u>	<u>12,523</u>	<u>146,214</u>	<u>122,716</u>

The average monthly number of employees during the year was:

Administrative	4	3
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No employees received emoluments in excess of £60,000

One member of key management personnel was paid a salary, social security and pension total of £63,668 during the year.

7 DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.25 £	31.3.24 £
Donations and Gift Aid	42,891	85,601
Other Debtors and accrued income	119,113	18
	<u>162,004</u>	<u>85,619</u>

Notes to the Financial Statements - continued

8 CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR	31.3.25	31.3.24
	£	£
Accruals	6,500	4,900
Other creditors	907	4,381
	<u>7,407</u>	<u>9,281</u>

9 ANALYSIS OF NET ASSETS BETWEEN FUNDS	Unrestricted	Restricted	TOTAL
	£	£	£
Year Ended 31 March 2025:			
Current Assets	222,625	501,286	723,911
Current Liabilities	(7,407)	-	(7,407)
	<u>215,218</u>	<u>501,286</u>	<u>716,504</u>
Year Ended 31 March 2024:			
Current Assets	159,078	120,350	279,428
Current Liabilities	(9,281)	-	(9,281)
	<u>149,797</u>	<u>120,350</u>	<u>270,147</u>

10 Designated Funds

Allocated to the following programmes to enable increased scope and scale of activity in the forthcoming financial year:

	£	£
	31.3.25	31.3.24
Relief	44,592	42,133
Earthquake	3,518	-
Education	37,226	-
Myanmar operational costs	-	-
TOTAL	<u>85,336</u>	<u>42,133</u>

11 Charitable activities

Support costs have been allocated across the Charitable activities in proportion to the fund expenditure

	Health	cross cutting themes	Education	Food security	Relief	Vehicle	Total
							31.3.25
Grants paid	622,469	7,945	158,741	26,609	432,999	8,601	1,257,364
Staff costs	4,406	56	1,124	188	3,065	61	8,900
Office costs	-	-	-	-	-	-	-
IT & Comms	-	-	-	-	-	-	-
Finance costs	-	-	-	-	-	-	-
Equipment	-	-	-	-	-	-	-
Capacity building	-	-	-	-	-	-	-
Critical Enabling fund	-	-	-	-	-	-	-
	<u>626,875</u>	<u>8,001</u>	<u>159,865</u>	<u>26,797</u>	<u>436,064</u>	<u>8,662</u>	<u>1,266,264</u>
Restricted	602,239	7,686	153,529	25,744	403,956	8,322	1,201,476
Unrestricted	24,636	315	6,336	1,053	32,108	340	64,788
	<u>626,875</u>	<u>8,001</u>	<u>159,865</u>	<u>26,797</u>	<u>436,064</u>	<u>8,662</u>	<u>1,266,264</u>
2024							
Restricted	288,098	-	98,593	11,759	711,006	5,125	
Unrestricted	14,797	-	5,064	604	56,142	263	
	<u>302,895</u>	<u>-</u>	<u>103,657</u>	<u>12,363</u>	<u>767,148</u>	<u>5,388</u>	

Notes to the Financial Statements - continued

12 MOVEMENT IN FUNDS

	1.4.24	Income	Expenditure	Transfer of funds	31.3.25
	£	£	£		£
Unrestricted funds: General fund	107,664	227,865	189,352	(16,295)	129,882
Capacity Building	-	16,476	9,340	(7,136)	(0)
Designated funds					
F1 Further Education project	-	34,276			34,276
C9 Myanmar Education Support	-	1,578	39	(1,539)	-
E9 C2C crisis to classroom	-	2,965	15		2,950
R1 Relief-New Dawn	41,209	3,285	20		44,474
R3 Relief-Shillong	924	14,000	14,806		118
R8 Myanmar earthquake appeal	-	3,662	144		3,518
W105 HH Myanmar Operational costs	-	26,334	49,765	23,431	-
	149,797	330,441	263,481	(1,539)	215,218
Restricted funds					
C11 Cross cutting therapy-strengthening accountability	-	8,118	7,630		488
H7 Traditional Birth Attendants training	10,000	-	-		10,000
H3 Clinic	8,411	14	2,658		5,767
H5 Community-led Healthcare	15,090	-	-		15,090
H9 MUMM	40,776	14,136	46,851		8,061
H10 Community Health & emergency response	-	618,632	544,081		74,551
H11 Community ambulance	-	1,850	1,847		3
H12 SGM-Integrated Community Healthcare Project	-	196,851	2,396		194,455
F2 Sustainable agriculture	-	-	-		-
F5 Myanmar relief & recovery	186	11,414	10,843		757
F6 Livelihoods & Disaster Resilience Project (LDRP)	-	32,118	14,712		17,406
E1 Further Education project	17,753	73,992	62,869		28,876
E5 Education for All	-	-	-		-
E7 Education-Pastoral	1,000	-	-		1,000
E8 Myanmar Education Support	-	9,823	11,362	1,539	-
E9 C2C crisis to classroom	-	122,120	78,175		43,945
R1 Relief-New Dawn	-	68,681	67,297		1,384
R2 Relief-Chin	15,644	(15,644)	-		-
R3 Relief-Shillong	-	-	-		-
R4 Relief-Myanmar	5,000	2,000	6,873		127
R5 CECAP Cash & EORE to Conflict Affected Population	-	155,396	143,627		11,769
R6 Emergency Humanitarian Response	-	182,187	182,057		130
R7 Community Empowerment through Food and Nutr	-	82,675	792		81,883
R8 Myanmar Earthquake project	-	5,610	246		5,364
Q2 HH Myanmar-Vehicle	6,490	2,000	8,260		230
HH Myanmar Operational costs	-	8,900	8,900	-	-
UK overheads	-	2,533	2,533		-
TOTAL FUNDS	270,147	1,913,847	1,467,490	0	716,504

The £66,110 fund transfer from unrestricted to restricted funds was to enable increased activity in Myanmar operations.

Restricted funds held are identified for the following purposes:

Cross cutting theme-strengthening accountability to affected populations - for training & equipping partners and communities in receiving feedback and in prevention of sexual exploitation and abuse, and other similar themes

Community-led Healthcare - this fund is for training, equipping and implementation of community based health care

Traditional Birth Attendants training - for training and equipping of Traditional Birth Attendants

Clinic - these funds are identified for the equipping and operation of community based clinics to provide health care

MUMM - restricted funds for a maternal health project supporting safer antenatal and postnatal care

Community ambulance - this fund is to provide emergency medical care and referrals/transport to health care facilities

SGM-Integrated Community Healthcare Project - community health care project from a specific donor

Community Health & emergency response - funds for a community health care project from a specific individual donor

Myanmar relief & recovery - funds for project work in Myanmar providing relief and livelihood support

Livelihoods & Disaster Resilience Project (LDRP) - training communities in disaster preparedness and livelihood development

Further Education project - provides sponsorship and support of young people to access further education

Education-Pastoral - funds for the implementation of a pastoral care programme for students and for on-going care
Myanmar Education Support - support for schools and teaching staff in rural schools
C2C crisis to classroom - education support for refugee children and increasing access to higher education
Relief-New Dawn - provides humanitarian relief to displaced populations
Relief-Chin - provides humanitarian support and relief in Chin State, Myanmar
Relief-Shillong - provides humanitarian support and relief to displaced people in the Shillong region
Relief-Myanmar - provides humanitarian relief and support to conflict affected populations in Myanmar
CECAP Cash & EORE to Conflict Affected Populations - multipurpose cash grant distribution and training in recognition of landmines & UXO landmines and unexploded ordnance
Emergency Humanitarian Response - distribution of household essentials to displaced populations
Community Empowerment through Food and Nutritional Assistance - cash grants and nutritional awareness to conflict affected populations
Myanmar Earthquake project - emergency humanitarian relief after the March 2024 earthquake
HH Myanmar Operational costs - funds to support operational costs of our principal implementing partner
HH Myanmar-Vehicle - funds to procure and manage the operation of vehicles for our implementing partner
Capacity Building - funds to support the training and development of our implementing partner
UK overheads - donations given specifically to support our UK related costs

13 Trustee and Related party transactions

During the year a total of 9 trustees and their relatives made donations, without condition, totalling £111,821 (2024: five totalling £93,625).

During the year, and previous year, no trustees, or their relatives, received any expenses or salary from the charity.

14 Committed Funds

The following funds have been committed for the subsequent financial year

	Unrestricted	Restricted	Total Year ended 31.3.25	Total Year ended 31.3.24
	£	£	£	£
Principle partner operational and salary costs	71,595	-	71,595	56,806
Capacity building	3,780	-	3,780	4,280
Critical enabling programme	-	-	-	3,500
Relief- Shillong	-	8,824	8,824	15,600
Clinic	-	6,643	6,643	-
Further Education Project	-	86,041	86,041	56,695
C2C Crisis to Classroom	-	97,716	97,716	-
Relief- New Dawn	-	19,576	19,576	6,000
mMUMM health project	-	-	-	52,682
Myanmar relief and recovery project	-	-	-	22,000
	<u>75,375</u>	<u>218,800</u>	<u>294,175</u>	<u>217,563</u>

Accounts

REGISTERED COMPANY NUMBER: 08290412 (England and Wales)
REGISTERED CHARITY NUMBER: 1151105

Report of the Trustees and
Financial Statements for the Year Ended
31 March 2024 for
Health and Hope UK

Health and Hope UK
Year Ended 31 March 2024

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Health and Hope UK
Year Ended 31 March 2024

The trustees, who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2024.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number 08290412 (England and Wales)

Registered Charity number 1151105

Registered Office

27 Old Gloucester Street
Holborn
London
WC1N 3AX

Principal Address

27 Old Gloucester Street
Holborn
London
WC1N 3AX

Trustees

James Gardner	Lawyer
Alan Gray (Treasurer)	Accountant & INGO professional
Emma Watson	Management consultant
Timothy Creber (Chair)	Business professional
Edmund Ong	Doctor
Alexa Murray	Business professional
Peter Harlock	Business & INGO professional
Thomas Walsh	Charity Management

Independent Auditor

Christopher Goodhead
KnightGoodhead Ltd
7 Bournemouth Road
Chandler's Ford
Eastleigh
SO53 3DA

Bank

Barclays Bank PLC,
1 Churchill Place,
London,
E14 5HP

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a company limited by guarantee, as defined by the Companies Act 2006.

Risk Management

The trustees have reviewed the risks to which the charity is exposed and have ensured that appropriate controls are in place to provide reasonable assurance against fraud and error. The Trustees have in place appropriate Directors & Officers indemnity insurance.

Trustee recruitment, induction and training

Prospective Trustees are identified based on the needs of the charity by members of the Board and interviewed by at least two Trustees before a formal offer of appointment to the Board is offered. Trustees are required to undergo a recruitment process to satisfy safeguarding requirements including external references, completion of a self-declaration form and a criminal records check (DBS). An induction is given by the Executive Director which includes review of mandatory policies. Resources to attend training in safeguarding and Prevention of Sexual Exploitation & Abuse (PSEA) is provided unless evidence of recent training is provided.

OBJECTS AND ACTIVITIES

Health & Hope UK (HHUK) was registered as a UK Charity in March 2013. The objects of the charity are:

- (1) For the public benefit of people in the regions of South and South-East Asia, Health & Hope UK aims to relieve poverty and advance health, education and the Christian faith; and
- (2) Promote the efficiency and effectiveness of charities through technical support and by the provision of advice and training in good governance, structure and fundraising for our partners.
- (3) Nothing in the articles shall authorise an application of the property of the charity for purposes which are not charitable in accordance with section 7 of the Charities and trustee investment (Scotland) Act 2005 and/or section 2 of the Charities Act (Northern Ireland) 2008.

In conducting its charitable activities, HHUK trustees have had regard to the Charity Commission's guidance on public benefit.

HHUK has fulfilled its objects this year by working through a network of local partners to bring humanitarian relief, health care, education, hope and development to the poorest people in remote areas of Western Myanmar. Our vision is to see empowered, thriving and self-sustaining communities in [and from] western Myanmar.

The programmes supported by HHUK during 2023-2024 year continue to reflect the significant shift in operational context due to the military coup in Myanmar on 1st February 2021. As noted in our previous annual report, our long-standing implementing partner, Health & Hope Myanmar (HHM), was forced to close all normal operations and evacuate the country in the weeks following the coup.

Despite this significant challenge to our work, we have been able to pivot our work in response to the growing humanitarian needs, whilst maintaining some of our longer-term education and health projects. Outlined in more detail below, our programmes in 2023-24 focused on the following areas:

Health and Hope UK
Year Ended 31 March 2024

- **Health:** Improving access to primary health care through the training of Community Health Workers, establishing community clinics and referral pathways to further care. A particular focus has been on the improvement of maternal health outcomes through implementing WHO best practice interventions in maternal care.
- **Humanitarian relief:** Delivering humanitarian aid through local partners including food relief, shelter, Non-Food Items, multi-purpose cash grants, health and medical care, and livelihood initiatives.
- **Education:** To increase the number of skilled people who are empowered and trained to take the lead in community development initiatives.
- **Capacity building:** To build organisational, technical and leadership capacity of our partners.

In order to strengthen the effectiveness of field-based work, HHUK provides support to partners in the following areas:

- Strategy and governance
- Finance and administration
- Training and development
- Monitoring and evaluation
- Fundraising
- Marketing and communications

Fundraising Standards & Regulations

HHUK is dedicated to ensuring we comply with all relevant fundraising standards and regulations. HHUK is registered with the Fundraising Regulator and is committed to adhering to both the Fundraising Promise and to the Fundraising Code of Practice.

Our fundraising activities involve encouraging individual donations and gifts in wills, running small events for donors to engage with our work, as well as working with corporate and statutory funders. We do not use direct marketing techniques which could unfairly target vulnerable people or contravene their right to privacy.

We do not engage with external contractors for fundraising, except for research purposes, which are conducted in compliance with current Data Protection regulations. Staff are familiar with our Fundraising Procedures Policy, which includes procedures on how to protect vulnerable people.

The Health & Hope website outlines our complaints policy for the public and explains how an individual can submit a complaint. We received no complaints in the last financial year.

ACHIEVEMENT AND PERFORMANCE

Overview:

Our activity in 2023-24 continued to be dominated by the impact of the military coup on February 1st, 2021. At that time our longstanding in-country partner, Health & Hope Myanmar (HHM), was forced to shut down in-country operations and evacuate for their own safety. Given the sudden urgency of humanitarian need, we prioritised the development of new partnerships and implemented a relief programme in Western Myanmar to reflect the changing needs of the population.

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A political, socio-economic, human rights and humanitarian crisis continues across the country. Conflict in Myanmar including Chin State where we operated until the crisis began has resulted in tens of thousands of people fleeing their homes and villages, without any preparation, often relying solely on external support. It is estimated that over 2.8 million people are now displaced from their homes¹. Many have fled due to airstrikes on civilian populations, active conflict on the ground, and risk of arrest, torture, and murder. Over 18.2 million people are estimated to be in humanitarian need including six million children, predominantly in conflict-affected rural areas². Nearly half of Myanmar's population are living below the national poverty line of 1590 Kyat per day (\$0.75³) compared to 24% in 2017⁴. Further to this, our original base village suffered repeated aerial and ground attack in November 2023 resulting in the complete or near destruction of over 100 properties.

Given the enduring nature of this crisis, we have continued to provide urgently needed humanitarian support while continuing our long-term education and health work. Our newly updated strategy (see below) has acknowledged the importance of maintaining this humanitarian support while developing new strategic partnerships to enable us to work in Myanmar and eventually continue our long-term development aims and objectives in health, education and broader community development. Our programmes and achievements are outlined in more detail below.

As noted below our income for the year reflected the change in operational priorities and fundraising for the emergency relief work undertaken. During 2023-24 we received significantly more income than expected from the institutional donor with whom we developed a new relationship in 2022. This represented a large proportion of our income for this financial year and enabled us to achieve greater scale and scope of humanitarian relief delivery. Other income from NGOs, Trusts, churches and individuals also continued to resource our work.

The conflict and changing pattern of working has compelled us to develop new strategic partnerships with organisations who have been able to remain operational in NW Myanmar. These are small Civil Society Organisations (CSOs), Faith Based Organisations and local NGOs. This partnership development has been a key area of growth for Health & Hope UK, and of significant strategic value as it has enabled us to continue our project work in Myanmar and at a scale and scope hitherto not possible.

Strategic review

In May 2023 the HHUK Executive Director met with our key implementing partner, Health & Hope Myanmar (HHM) to participate in a formal strategic review. Externally facilitated, this five-day workshop reviewed our vision, mission and strategic objectives. This formed our 2024-28 strategy ensuring we remain focused on achieving our charitable objectives. Our updated vision, mission and objectives were agreed by the HHUK Board in September 2023 as follows:

- **Vision:** to see empowered, thriving and self-sustaining communities in [and from] western Myanmar.

¹ UNHCR Myanmar Emergency Update No. 37, April 2024

² UNOCHA Humanitarian Needs & Response Plan, Dec 2023

³ Based on official exchange rate of 2100 Kyat/USD. Actual rates are significantly higher.

⁴ Poverty and the household economy of Myanmar: a disappearing middle class, UNDP, April 2024

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- **Mission:** to bring hope, relief from pain and suffering, and long-term sustainable development to vulnerable communities in [and from] western Myanmar region.

- **Strategic objectives:**

- 1: Accessible Primary Healthcare.**

- Communities within targeted areas are accessing holistic primary health care through CHW and TBA network/s, that are well-supported by secondary healthcare and ambulance service providers including both physical and mental health.

- 2: Accessible Quality Education.**

- Children in targeted communities are accessing quality school education through provision of educational materials and teacher capacity building and support networks.

- 3: Improved Human Resource Capacity.**

- Students from western Myanmar are supported to graduate from tertiary education, and to contribute back to the well-being of their communities.

- 4: Sustainable Livelihoods and Food Security.**

- Diverse household income and sustainable livelihoods supported through income generation activities (IGAs) and sustainable farming practices in targeted communities.

- 5: Disaster Preparedness, Resilience and Response.**

- Communities within targeted areas are well prepared and resilient to disasters and able to access appropriate humanitarian assistance when needed.

- 6: Organisational development and capacity strengthening.**

- Health & Hope entities have reached organisational, technical and leadership maturity being efficient, effective and sustainable, and are actively working with sub-partners to reach the same.

- 7: Environmental Safety, Protection and Effective Natural Resource Management*.**

- Effective policies and practices in place across western Myanmar that provide a safe environment, protect, and preserve the sustainable and responsible use of natural resources.*

- 8: Protection of Vulnerable and Marginalized Groups*.**

- Vulnerable and marginalized groups within targeted communities protected through effective Gender-based Violence (GBV) and human rights awareness campaigns and programs.*

***Note** Objectives 7 & 8 are to be delivered through integration with other programme activities and will likely not have a separate programme base.

These objectives reflect a deeper consideration of the root issues facing the people of NW Myanmar and a broader scope of development initiatives that will be required to achieve our charitable objectives in the context.

Through the challenges of the year the HHUK team continued to provide support and capacity-building opportunities for our partners in-country with an emphasis on technical training, project planning, and safeguarding/protection. Using videoconferencing facilities, we engaged supporters through online events, providing key updates regarding our work and providing opportunities for supporters to interact directly with the Health & Hope Myanmar team. Several face-to-face events and speaking opportunities took place in supporting churches.

Despite the ongoing crisis, operational changes and challenges, we remain as committed as ever to our

mission of serving the most vulnerable people of Myanmar.

PROGRAMME REPORTS

Humanitarian relief

Chin Relief Project

This project ran from December 2022-December 2023 with the overall goal to enable the survival and support of displaced and conflict-affected populations. This was achieved through the provision of humanitarian relief and health care to affected communities. We worked closely with HHM and a network of sub-partners who are based locally to provide the appropriate targeted interventions. Each sub-partner carried out a baseline review of the most urgent needs in their local area and proposed appropriate project activities that were most suitable for the context and within their capacity and experience.

Project activity was impacted by on-going conflict, poor communications due to affected networks and internet connectivity, and other issues such as the instigation of martial law in many townships by the Myanmar military. Despite the challenges, the following activity was completed during the project term:

- Distribution of 107,416 humanitarian items in IDP camps or conflict affected villages, including multi-purpose cash grants, food, shelter items, Non-Food Items, WASH, clothes, and hygiene items.
- 16,659 patient consultations
- 123 health education sessions
- Support of 62 fixed community clinics and 3 mobile teams with medical supplies
- 256 community engagement meetings/briefings
- 2,982 children screened for malnutrition
- Across 327 unique locations in villages/IDP camps

A focus on vulnerable groups was emphasised to all the sub-partners, including female-headed households, persons with disabilities, older persons, children, youth, pregnant and lactating women (PLW), people with pre-existing health problems, women and girls, and large households/dependents.

The enduring and worsening conflict, particularly in the northwest of the country, means that humanitarian relief and health care will continue to be a priority for the coming financial year.

Humanitarian relief work – New Dawn

The New Dawn project was established to meet the desperate need of Myanmar nationals fleeing the violence perpetrated by the military. This project originally launched in July 2021 in 10 locations and since expanded to 20 targeted villages. Given the dynamic nature of the situation, the project was designed to be flexible in approach while maintaining a robust reporting mechanism to ensure all donor reporting and regulatory requirements were met and to ensure the project continued to meet most urgent needs.

Target areas were selected based on level of need, primarily working in locations close to the India/Myanmar border where many displaced people had temporarily located. Our support has been

focused on equipping and empowering the local host communities to extend their existing support to these people in a structured way, through the formation of local Welcoming Committees, and providing a series of essential grants aimed to both relieve immediate pressure, as well as integrate them within the local communities. Grants were issued based on the presentation of need, given that some people had fled their homes with little or no possessions. This adaptive approach has further enabled the support provided to be individualised to person, household and location. The support provided through New Dawn has included:

- **Shelter and essential household grants** including mosquito nets, bedding and cooking equipment. Shelter provision ranged from developing large-scale dwellings to house 100 people to smaller grants to build accommodation for a household (typically about 6 people).
- **Food, health and hygiene grants** to support vulnerable and marginalised groups, and to relieve the short-term burden on local communities. The food grants typically provide a food parcel with enough for one month including rice, dal, oil, salt and sugar. Health and hygiene grants included items such as soap, washing powder, sanitary products, toothbrushes and toothpaste. Given the length of time since the conflict, one of the priorities has been to implement activities that are increasingly less reliant on external support, which has been reducing since 2021-22. Relating to food distribution particularly, this has included the implementation of a 'Foodbanks' initiative. These provide rice, dal and oil to refugee households at a subsidised price. The subsidy will be gradually reduced over time, enabling a more sustainable source of food. We have established six foodbank sites over the last 12 months. A recent screening of children for malnutrition showed higher rates of malnutrition among those communities where foodbanks are not in operation, demonstrating the success of the project but also the reliance placed upon the support we bring, and the need currently to maintain and increase the scope of our support.
- **Medical assistance** to those suffering from sickness or injury. This ranges from simple medication for common illnesses and injury through to the treatment of complex conditions requiring referral for hospital admission.
- **Promoting independent living**, self-sufficiency, and contributions to the local economy through livelihood grants. This is a vital part of the 'early recovery' model of humanitarian relief. These grants enabled the purchase of small livestock (e.g., chickens and pigs), provision of tools or equipment to help skilled workers (e.g., sewing machines, carpentry tools) or seeds and other inputs to enable small-scale farming (e.g., ginger or chilli farming).
- **Education support** – refugee children have been granted permission to attend local schools, but many have been prevented from accessing this due to a lack of money for uniforms, stationery and books. Children unable to access school because of this were identified and provided with materials to enable them to attend school. From one grant during 2023-24 over 1,300 children were able to access primary level education in 21 state or refugee schools and 85 teachers supported with a small stipend. 65% of children were recorded as having improved across their subjects, and an 85% improvement in the acquisition of the local language.

The nature of the conflict in Myanmar has meant that the number of displaced people is gradually increasing, with the conflict worsening in the northwest of the country. It is likely that it is going to be a long time before there is sufficient confidence for people to return home permanently.

Financial support for New Dawn has been generated through grants from institutional donors, trusts and individual donations regular giving and two specific appeals in June and December 2023. While we continue to seek funding for this project, we will need to scale activity according to available funds.

Education

The outcomes for our education projects are for young people from remote rural communities in Western Myanmar to experience improved educational prospects, long-term socio-economic well-being and to proactively contribute towards the development of their local communities.

Freedom to Education Project (FEP)

This project aims to:

- Improve access to higher education opportunities.
- Enable students to attend a quality education institution.
- Create opportunities for young people to apply their learning for the benefit of their local communities.

FEP is run by HHM and supported by HHUK mostly from individual donations and Trust/NGO grants. It aims to identify young people who carry a vision for the long-term benefit of their people. Those selected for the project are offered the opportunity to pursue higher education, at pre-university or undergraduate level. In addition to tuition fees, HHUK issues a scholarship grant to cover accommodation costs, whilst practically providing study guidance, ongoing pastoral care, and additional language tuition where required. Over 130 students have been supported through the FEP scheme to date.

Historically this project has created a virtuous circle, to the benefit of the students, local communities, and Health & Hope. The returning FEP graduates who come back to work in the villages are an inspiration for younger generations of students as they take on leadership roles whilst also being able to speak fluent English. They return with a real desire to serve their communities and will continue to play a critical role in the country's future. It is our aim that this virtuous circle will continue despite the challenges facing the country currently.

This financial year we supported 46 students through higher secondary and tertiary education with partial or full scholarships. The need for a cohort of Myanmar nationals with higher education with a heart and vision for their communities is particularly acute given the challenges outlined above. Young people are also particularly vulnerable to recruitment by resistance militia groups.

Students apply through a formal application process including clear assessment criteria and an interview. Successful students study in different locations, and are selected according to availability of appropriate education institutions and courses for their chosen course of study. In addition to the academic input at college, students also receive mentoring, pastoral support and language tuition provided by HHM staff. A bespoke pastoral care programme has been developed by HHUK/HHM staff supported by volunteer teachers from the UK. Further, students are encouraged by HHM support staff to engage in sports and community activities.

Given the huge needs faced due to lack of resources and insecurity, we are working to raise funds for further intakes of students at both higher secondary and tertiary education. We are also working in partnership with other like-minded organisations to seek resources for this work.

Health

Community Health and Emergency Response Project (CHERP)

Our health work has expanded significantly at the beginning of 2024 with the launch of a 'Community Health and Emergency Response Project'. This will contribute to our strategic objective of increasing access to primary health care through a network of Community Health Workers (CHWs), establishment of community clinics (fixed location and mobile) in hard-to-reach areas, and referral pathways to secondary care. Over the next 24 months our aim is to train over 300 CHWs to provide care across 300 villages in NW Myanmar. Humanitarian relief activities will also take place as part of this project to cater for the on-going emergency needs of the conflict affected populations. This will be using the same sub-partner network established for the Chin Relief Project. The project has started well, with the development of the CHW training curriculum, orientation of sub-partners and bespoke MEAL plans.

Mobile health and maternal ultrasound

To improve maternal health outcomes, HHUK has been partnering with a research team from Columbia University, New York, to establish mobile health surveillance and implement the use of WHO best practice interventions for maternal care including attended birth, regular antenatal checks, improving access to ultrasound and dietary supplements. HHUK has supported the implementation of this project with HHM, assisting with survey design and technical issues (e.g., in the use of the mobile application).

Cross-Cutting Themes

Cross-Cutting Themes (CCTs) are issues or areas that are common to all projects that should be considered and integrated into all projects regardless of the sector and without losing focus of the main goal. The importance of cross cutting themes (CCTs) has increased in all areas of our project work, covering areas such as safeguarding, Prevention of Sexual Exploitation and Abuse (PSEA), gender equality and inclusion, disability awareness, community feedback mechanisms and conflict sensitivity. HHM have appointed a specific CCT team to ensure that staff and sub-partners are appropriately trained and equipped across the CCT areas. PSEA was prioritised this year and all staff attended training, including our sub-partner network. Support was given from HHUK in policy and related processes development, and in the development of training resources for the sub-partners.

Capacity strengthening

The aim of our capacity strengthening work is for local partners to be self-sustaining with leadership, strategy, finance, and operations. Our recent strategic review confirmed the importance of this as a priority for HHUK in the support of HHM and now our SP network. The following was delivered in the financial year 2023-24:

Leadership training

The HHM Senior Management Team were supported to attend a training course on NGO management. The HHUK ED and HHM CEO attended a course in Developing Partnership Capacity as a strategic investment given the increased priority of capacity strengthening as a core activity for Health & Hope.

Finance training

The HHM finance team attended 5 days training with a HHUK volunteer accountant who worked with the team to revise their finance procedures and give support in the use of QuickBooks.

Safeguarding and protection

- All HHUK/HHM staff attended safeguarding training.
- All staff attended PSEA training.
- Relevant HHM/HHUK staff also attended training provided by our donor in cross-cutting themes including Prevention of Sexual Exploitation and Abuse, Community Feedback Mechanisms, inclusion and diversity, and emergency preparedness.

Other training was delivered in-house in areas of good HR practice including line management, appraisals, and performance management.

Partnerships

Diversifying our partnerships base has been a strategic priority this financial year given the challenges faced by our historic implementing partner HHM. This partnership development work has been primarily in response to a lack of capacity for HHM to deliver projects on the ground in Myanmar. Our experiences of implementing a large-scale project through sub-partners was a powerful learning opportunity in 2023 but has provided the means of working at a much larger scale than previously. This is a key part of our operating model going forward.

To facilitate the development of partnerships with appropriate due diligence checks in place, we have developed a partnerships policy for use with all our implementing partners.

We have continued to partner with a number of other NGOs including HART-UK, Prospect Burma, and Mission East.

Patronage

We have continued to enjoy the patronage of His Majesty King Charles III as 'HRH the former Prince of Wales' who provided, along with his office, a variety of support during the financial year. The HHUK Executive Director was able to have a short conversation with His Majesty at a reception at St James' Palace in July 2023 and discuss the current situation facing the citizens of Myanmar.

Fundraising and communications

We developed a fundraising strategy in 2022-23, and the continued implementation of this strategy based on the 'Find, Win, Keep, Lift' model has been a valuable tool for applying across all donor categories.

During FY2023-24 most of our funding came from one large institutional donor (who has requested zero profile due to the nature of the donor fund management office). This was supplemented by our regular individual donors, supporter churches, Trusts and NGOs. The need to diversify our funding sources at all levels further over coming months is a priority.

We have maintained our communications output through email and printed news this year, with at least monthly output to our supporters. Our social media channels remain closed given the security concerns for our HHM partners and the sensitivity of the work that is being implemented, and therefore regular communication with our current supporter group is vital. The safety of our partners is paramount, and we work hard to ensure that remains so despite their operational challenges. We produced a summer

Health and Hope UK
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newsletter and annual impact Report which was circulated to over 300 households in June 2023 and October 2023 respectively.

We have continued to hold termly online events with good engagement from our network of supporters, with approximately 50 delegates at each event. We have increased our engagement with churches across the UK with ten churches now part of our 'Church Partnership Scheme'.

Our 10th anniversary of registration as a UK charity in 2023 was marked with a series of events around the UK with the aim of maintaining engagement with current supporters and to further build our supporter network. Since March 2023 events were held in Jersey and Northern Ireland with good attendance and commitment to our work from key supporters.

Fundraising has continued across our range of donors including individual supporters, churches, trusts, and institutional donors. Two appeals were held in 2023 for our relief work which raised a combined total of £31,012. An additional appeal raising £16,898 was held in November 2023 to raise funds following the bombing of our original host village in Myanmar.

Policy development

A review cycle of our suite of policies and procedures was developed by the HHUK Executive Director and is currently in implementation. New policies developed this year include 'IT Acceptable Use' and 'Reserves policy'.

Risk management

HHUK has a risk management policy in place and risk register which is reviewed monthly. High-level residual risks are presented to the Board of Trustees at each meeting.

HHUK staffing

A new Programme Officer was appointed in December 2023 to cover the increased demands of project work, particularly for the CHERP project.

Trustee Board

The Board met five times in 2023-24. The Trustees will continue to review the Board membership and seek to recruit appropriately skilled and experienced individuals to govern our work.

Financial Review

Our income (£1,318,920) significantly exceeded the previous year's income (£732,667). As noted above, this is due solely to unanticipated donations from one institutional donor for restricted purposes which have all been expended due to the short-term nature of their intended use. The balance of restricted funds at 2023-24 year end was £120,350 (2022-23 - £63,872). The balance of unrestricted funds at 2023-24 year end was £149,797 (2022-23 - £231,275). Designated/committed funds are intended to be expended by the end of the following financial year.

HHUK has historically enjoyed the support of a relatively small number of very committed individual

Health and Hope UK
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donors who have faithfully continued to support our work through significant change since the military coup.

Our unrestricted expenditure in 2023-24 was 91% against budget, primarily due to staffing not being at usual levels. This has left unrestricted general fund at £149,797 going into the new financial year. The executive team and Board of Trustees are working hard to raise sufficient unrestricted income to meet the needs of the growing organisation.

The trustees review the levels of unrestricted funding regularly and have developed an operational plan and budget for 2024-25 which prioritises the need to develop our funding base and further diversify funding sources to maintain an appropriate level of unrestricted funds.

The trustees seek to hold an amount in reserve equal to or greater than six months running costs for HHUK. Based on the unrestricted funds as above and budgeted HHUK operating costs for 2024-25, reserves are at 110%. This is kept under regular review at each Trustee meeting.

Statement of Trustees Responsibilities

Company law requires the Trustees to prepare financial statements for each financial year, which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for the year. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

So far as each director is aware, there is no relevant audit information of which the company's auditors are unaware. Each director has taken all the steps that they ought to have taken as a director in order to make themselves aware of any relevant audit information and to establish that the company's auditors are aware of that information.

Future developments

The year ahead in Myanmar looks bleak with continued conflict, population displacement and worsening poverty. Our response to urgent needs will continue as the crisis deepens across the country, balanced with our newly defined strategic objectives in longer term development activities. Through all the challenges we will continue to pursue our vision empowered, thriving and self-sustaining communities in western Myanmar.

Approved by order of the board of trustees on 22nd November 2024 and signed on its behalf by:

A handwritten signature in black ink, appearing to be 'Tim Creber', written in a cursive style.

Tim Creber – Chair of Trustees

Opinion

We have audited the financial statements of Health and Hope UK Limited for the year ended 31 March 2024, which comprise the Statement of Financial Activities, the Balance Sheet, the Cash Flow Statement and notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102: The Financial Reporting Standard applicable in the UK and Republic of Ireland (United Kingdom Generally Accepted Accounting Practice).

In our opinion, the financial statements:

- give a true and fair view of the state of the group's and the charitable company's affairs as at 31 March 2024 and of its income and expenditure for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice;
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis of opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs(UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

We planned and performed our audit so as to obtain all the information and explanations which we considered necessary in order to provide us with sufficient evidence to give reasonable assurance that the financial statements are free from material misstatement, whether caused by fraud or other irregularity or error. In forming our opinion we also evaluated the overall adequacy of the presentation of information in the financial statements.

Conclusions relating to going concern

We have nothing to report in respect of the following matters in relation to which the ISAs (UK) require us to report to you where:

- the trustees' use of the going concern basis of accounting in the preparation of the financial statements is not appropriate; or
- the trustees have not disclosed in the financial statements any identified material uncertainties that may cast significant doubt about the charitable company's ability to continue to adopt the going concern basis of accounting for a period of at least twelve months from the date when the financial statements are authorised for issue.

Other Information

The trustees are responsible for the other information. The other information comprises the information included in the annual report other than the financial statements and our auditor's report thereon. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

Matters on which we are required to report by exception

In the light of the knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the Trustees' Annual Report.

We have nothing to report on in respect of the following matters in relation to which the Charities Act 2011 requires us to report to you if, in our opinion:

- the company has not kept adequate and sufficient accounting records, or returns adequate for our audit have not been received from branches not visited by us; or
- the company's financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the trustees were not entitled to prepare the financial statements in accordance with the small companies regime and take advantage of the small companies exemption in preparing the Trustees' Annual Report and take advantage of the small companies exemption from the requirement to prepare a strategic report.

Responsibilities of Trustees

As explained more fully in the trustees' responsibilities statement set out on page 14, the trustees are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as they determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Our responsibilities for the audit of financial statements

We have been appointed as auditor under the Company's Act and report in accordance with the Act and relevant regulations made or having effect thereunder.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

The engagement partner ensured that the engagement team collectively had the appropriate competence, capabilities and skills to identify or recognise non-compliance with applicable laws and regulations.

We identified the laws and regulations applicable to the charitable company through discussions with trustees and other management and we assessed the extent of compliance with the laws and regulations identified above through making enquiries of management and inspecting legal correspondence.

We assessed the susceptibility of the charitable company's financial statements to material misstatement, including obtaining an understanding of how fraud might occur, by making enquiries of management as to where they considered there was susceptibility to fraud, their knowledge of actual, suspected and alleged fraud and considering the internal controls in place to mitigate risks of fraud and non-compliance with laws and regulations.

To address the risk of fraud through management bias and override of controls, we performed analytical procedures to identify any unusual or unexpected relationships, tested journal entries to identify unusual transactions and investigated the rationale behind significant or unusual transactions.

In response to the risk of irregularities and non-compliance with laws and regulations, we designed procedures which included, but were not limited to:

- agreeing financial statement disclosures to underlying supporting documentation;
- reading the minutes of meetings of those charged with governance; and
- enquiring of management as to actual and potential litigation and claims;

There are inherent limitations in our audit procedures described above. The more removed that laws and regulations are from financial transactions, the less likely it is that we would become aware of non-compliance. Auditing standards also limit the audit procedures required to identify non-compliance with laws and regulations to enquiry of the trustees and other management and the inspection of regulatory and legal correspondence, if any.

Material misstatements that arise due to fraud can be harder to detect than those that arise from error as they may involve deliberate concealment or collusion.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at: <https://www.frc.org.uk/auditorsresponsibilities>. This description forms part of our auditor's report.

Knight Goodhead Limited is eligible for appointment as auditor of the charitable company by virtue of its eligibility for appointment as auditor of a company under section 1212 of the Companies Act 2006.

Use of our report

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.



28/11/2024

CJ GOODHEAD FCA
Senior Statutory Auditor
Knight Goodhead Limited
Chartered Accountants and Statutory Auditors
7 Bournemouth Road, Chandler's Ford, Eastleigh, Hampshire, SO53 3DA

Health and Hope UK - Registered Charity Number: 1151108
Statement of Financial Activities (Including Income and Expenditure account)

	Notes	Unrestricted fund	Restricted funds	31.3.24 Total funds	31.3.23 Total funds
INCOME					
Income from generated funds					
Donations and legacies		189,656	1,128,304	1,317,960	732,482
Investment income		960	-	960	185
Total income	3	190,616	1,128,304	1,318,920	732,667
EXPENDITURE					
Cost of generating funds					
Costs of generating voluntary income	4	64,327.24	-	64,327.24	59,178
Charitable activities					
Health		14,797	288,099	302,896	43,770
Education		5,064	98,593	103,657	145,667
Food security		604	11,759	12,363	483,882
Relief		56,142	711,006	767,148	-
Vehicle		263	5,125	5,388	-
Capacity building & training		39,760	2,530	42,290	36,005
Other expenditure		44,402	1,448	45,850	26,174
Total expenditure		225,360	1,118,560	1,343,920	794,675
NET INCOME/(EXPENDITURE) BEFORE TRANSFERS					
		(34,744)	9,744	(25,000)	(62,009)
Gross transfers between funds		(46,734)	46,734	-	-
NET MOVEMENT IN FUNDS		(81,478)	56,478	(25,000)	(62,009)
RECONCILIATION OF FUNDS					
Total funds brought forward		231,275	63,872	295,147	357,156
TOTAL FUNDS CARRIED FORWARD		149,797	120,350	270,147	295,147

The notes form part of these financial statements

Health and Hope UK - Registered Charity Number: 1151108
Comparative Statement of Financial Activities (Including Income and Expenditure account)

	Notes	31.3.23 Unrestricted fund	31.3.23 Restricted funds	31.3.23 Total funds
INCOME				
Income from generated funds				
Donations and legacies		201,300	531,182	732,482
Investment income		185	-	185
Total income	3	201,485	531,182	732,667
EXPENDITURE				
Cost of generating funds				
Costs of generating voluntary income	4	59,178	-	59,178
Charitable activities				
Health	12	3,974	39,796	43,770
Education		13,227	132,440	145,667
Food security		43,937	439,945	483,882
Relief		-	-	-
Vehicle		-	-	-
Capacity building & training		23,641	12,364	36,005
Other expenditure	5	24,726	1,448	26,174
Total expenditure		168,683	625,993	794,676
NET INCOME/(EXPENDITURE) BEFORE TRANSFERS				
		32,802	(94,811)	(62,009)
Gross transfers between funds		(30,000)	30,000	-
NET MOVEMENT IN FUNDS		2,802	(64,811)	(62,009)
RECONCILIATION OF FUNDS				
Total funds brought forward		228,473	128,683	357,156
TOTAL FUNDS CARRIED FORWARD		231,275	63,872	295,147

The notes form part of these financial statements

Health and Hope UK - Registered Charity Number: 1151108

Balance Sheet

	Notes	Unrestricted fund	Restricted funds	31.3.24 Total funds	31.3.23 Total funds
CURRENT ASSETS					
Debtors	8	5,262	80,357	85,619	4,124
Cash at bank and in hand		153,816	39,993	193,809	291,023
		<u>159,078</u>	<u>120,350</u>	<u>279,428</u>	<u>295,147</u>
CREDITORS					
Amounts falling due within one year	9	(9,281)	-	(9,281)	-
		<u>149,797</u>	<u>120,350</u>	<u>270,147</u>	<u>295,147</u>
NET CURRENT ASSETS					
		<u>149,797</u>	<u>120,350</u>	<u>270,147</u>	<u>295,147</u>
TOTAL ASSETS LESS CURRENT LIABILITIES					
		<u>149,797</u>	<u>120,350</u>	<u>270,147</u>	<u>295,147</u>
NET ASSETS					
	10	<u>149,797</u>	<u>120,350</u>	<u>270,147</u>	<u>295,147</u>
FUNDS					
Unrestricted funds: General fund	13	107,664	-	107,664	181,275
Unrestricted funds: Designated funds	11	42,133	-	42,133	50,000
Restricted funds	13	-	120,350	120,350	63,872
		<u>149,797</u>	<u>120,350</u>	<u>270,147</u>	<u>295,148</u>
TOTAL FUNDS					

The trustees acknowledge their responsibilities for

- ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006
- preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The financial statements were approved by the board of trustees on 22nd November 2024 and signed on its behalf by:



T R Creber- Chair



A D Gray - Treasurer

Registered Company Number: 08290412

The notes form part of these financial statements

Health and Hope UK - Registered Charity Number: 1151108
Cash Flow Statement

	2024	2023
Net surplus/(deficit) for the year	(25,000)	(62,009)
Adjustments for:		
Investment income	(960)	(185)
Depreciation	-	-
Movements in working capital:		
(Increase)/decrease in debtors	(81,495)	1,277
Increase/(decrease) in creditors	9,281	(37,074)
Net cash flow from operating activities	<u>(98,174)</u>	<u>(97,990)</u>
Cash flows from Investing activities		
Interest received	960	185
Net cash flow	<u>(97,214)</u>	<u>(97,806)</u>
Cash and bank in hand at start of year	<u>291,023</u>	<u>388,829</u>
Cash and bank in hand at end of year	<u><u>193,810</u></u>	<u><u>291,023</u></u>

The notes form part of these financial statements

1 ACCOUNTING POLICIES

Accounting convention

The financial statements have been prepared under the historical cost convention and in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard 102, the Charities Act 2011 and the Companies Act 2006.

Going concern

At the time of approving the financial statements, the Trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the Trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

There are no material uncertainties about the charity's ability to continue as a going concern

Income

All income is included on the Statement of Financial Activities when the charity is legally entitled to the income, the amount can be quantified with reasonable accuracy and it is probable the income will be received.

Income is shown gross, before deduction of fees, where fees are identifiable.

Expenditure

Expenditure is accounted for on an accruals basis and have been classified under heading that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Taxation

The charity is exempt from corporation tax on its charitable activities

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Presentation Currency

The presentation currency is GBP sterling, rounded to the nearest £1

The presentation currency is different to the functional currency which is USD as most transactions by size are in USD.

GB sterling is used as the presentation currency as this is most familiar to the Trustees and this is a UK based charity.

Financial Instruments

The charity has elected to apply the provisions of section 11 'Basic Financial Instruments' of FRS 102 to all of its financial instruments. Financial instruments (assets and Liabilities) are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

2 FINANCIAL RESERVES POLICY

The trustees seek to hold an amount in reserve equal to or greater than six months running costs.
This policy is reviewed on an annual basis.

3 INCOME

	Unrestricted	Restricted	Total Year ended 31.3.24	Total Year ended 31.3.23
	£	£	£	£
Donations and legacies				
Donations and Gifts	165,068	1,127,914	1,292,982	722,072
Gift Aid	24,588	390	24,978	10,410
	<u>189,656</u>	<u>1,128,304</u>	<u>1,317,960</u>	<u>732,482</u>
Investment Income				
Deposit account interest			960	185

4 COSTS OF GENERATING VOLUNTARY INCOME

	Year ended 31.3.24	Year ended 31.3.23
	£	£
Resources, Postage and stationery	188	496
Promotional events, travel, materials, film and media	1,990	1,888
Staff costs including consultancy	62,150	56,794
	<u>64,327</u>	<u>59,178</u>

5 Other Expenditure

	Year ended 31.3.24	Year ended 31.3.23
	£	£
Other expenditure includes:		
Exchange (gains)/losses	(2,557)	(7,263)
Independent examiner fees	400	400
Audit fees	4,900	-

6 TRUSTEES' REMUNERATION AND BENEFITS**Trustees' expenses**

There were no trustees' expenses paid for the year ended 31 March 2024

7 STAFF COSTS

	Unrestricted	Restricted	Year ended 31.3.24	Year ended 31.3.23
			£	£
Wages and salaries	108,600	2,932	111,531	94,983
Social security costs	6,787		6,787	5,699
Pension Costs	4,398		4,398	2,314
	<u>119,785</u>	<u>-</u>	<u>122,716</u>	<u>102,996</u>

The average monthly number of employees during the year was:

Administrative	3	3
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No employees received emoluments in excess of £60,000

Health and Hope UK - Registered Charity Number: 1151108
Notes to the Financial Statements - continued

8 DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR	31.3.24	31.3.23	
	£	£	
Donations and Gift Aid	85,601	4,124	
Other Debtors	18	59,315	
Bad debt provision	-	(59,315)	
	<u>85,619</u>	<u>4,124</u>	
9 CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR	31.3.24	31.3.23	
	£	£	
Charitable remittances	-	-	
Other creditors	9,281	-	
	<u>9,281</u>	<u>-</u>	
10 ANALYSIS OF NET ASSETS BETWEEN FUNDS	Unrestricted	Restricted	TOTAL
	£	£	£
Year Ended 31 March 2024:			
Current Assets	159,078	120,350	279,428
Current Liabilities	(9,281)	-	(9,281)
	<u>149,797</u>	<u>120,350</u>	<u>270,147</u>
Year Ended 31 March 2023:			
Current Assets	231,275	63,872	295,147
Current Liabilities	-	-	-
	<u>231,275</u>	<u>63,872</u>	<u>295,147</u>
11 Designated Funds			
Allocated to the following programmes to enable increased scope and scale of activity in the forthcoming financial year:	£	£	
	31.3.24	31.3.23	
Relief	42,133	50,000	
TOTAL	<u>42,133</u>	<u>50,000</u>	

12 Charitable activities

Charitable activity is granted to implementing partners. In addition, support costs have been allocated across the Charitable activities in proportion to the fund expenditure

	Health	Education	Food security	Relief	Vehicle	Total	Total
						31.3.24	31.3.23
Grants paid	287,107	98,254	11,719	754,785	5,107	1,156,972	608,281
Staff costs	5,617	1,922	229	14,226	100	22,094	32,584
Office costs	7,002	2,396	286	17,733	125	27,541	24,131
IT & Comms	410	140	17	1,039	7	1,614	449
Finance costs	14	5	1	36	-		
						57	50
Equipment							6,101
Capacity building	2,244	768	92	5,685	40	8,829	-
Critical Enabling	501	172	20	1,269	9		
Fund						1,972	1,723
	<u>302,896</u>	<u>103,657</u>	<u>12,363</u>	<u>767,148</u>	<u>5,388</u>	<u>1,219,078</u>	<u>673,319</u>
Restricted	288,098	98,593	11,759	711,006	5,125	1,114,582	612,180
Unrestricted	14,797	5,064	604	56,142	263	76,871	61,139
	<u>302,896</u>	<u>103,657</u>	<u>12,363</u>	<u>767,148</u>	<u>5,388</u>	<u>1,191,452</u>	<u>673,319</u>
2023							
Restricted	39,796	132,441	439,945	-	-		612,181
Unrestricted	3,974	13,226	43,937	-	-		61,138
	<u>43,770</u>	<u>145,667</u>	<u>483,882</u>	<u>-</u>	<u>-</u>		<u>673,319</u>

13 MOVEMENT IN FUNDS

	1.4.23	Income	Expenditure	Transfer of funds	31.3.24
	£	£	£		£
Unrestricted funds: General fund	231,275	190,616	225,360	(46,734)	149,797
Restricted funds					
Community-led Healthcare	15,090	-	-	-	15,090
Traditional Birth Attendants training	4,786	5,503	289	-	10,000
Clinic	8,411	-	-	-	8,411
MUMM	(12,525)	137,958	84,657	-	40,776
Community Health & emergency response	-	195,708	202,162	6,454	-
Sustainable agriculture	-	-	-	-	-
Myanmar relief & recovery	-	11,905	11,719	-	186
Further Education project	23,033	92,972	98,254	-	17,752
Education for All	-	-	-	-	-
Education-Pastoral	-	1,000	-	-	1,000
Relief-New Dawn	25,077	86,672	148,267	36,518	-
Relief-Chin	-	572,110	560,228	3,762	15,644
Relief-Myanmar	-	5,000	-	-	5,000
HH Myanmar Operational costs	-	3,900	3,900	-	-
HH Myanmar-Vehicle	-	11,598	5,108	-	6,490
Capacity Building	-	2,530	2,530	-	-
UK overheads	-	1,447	1,447	-	-
TOTAL FUNDS	295,148	1,318,920	1,343,920	-	270,147

The £66,102 fund transfer from unrestricted to restricted funds was to enable increased activity in those project areas (Community Health, Relief-New Dawn, Relief-Chin and Relief-Shillong)

Restricted funds held are identified for the following purposes:

Community-led Healthcare - this fund is for training, equipping and implementation of community based health care

Traditional Birth Attendants training - for training and equipping of Traditional Birth Attendants

Clinic - these funds are identified for the equipping and operation of community based clinics to provide health care

MUMM - restricted funds for a maternal health project supporting safer antenatal and postnatal care

Community Health & emergency response - funds for a community health care project from a specific individual donor

Myanmar relief & recovery - funds for project work in Myanmar providing relief and livelihood support

Further Education project - provides sponsorship and support of young people to access further education

Education-Pastoral - funds for the implementation of a pastoral care programme for students and for on-going care

Relief-New Dawn - provides humanitarian relief to displaced populations

Relief-Chin - provides humanitarian support and relief in Chin State, Myanmar

Relief-Shillong - provides humanitarian support and relief to displaced people in the Shillong region

Relief-Myanmar - provides humanitarian relief and support to conflict affected populations in Myanmar

HH Myanmar Operational costs - funds to support operational costs of our principal implementing partner

HH Myanmar-Vehicle - funds to procure and manage the operation of vehicles for our implementing partner

Capacity Building - funds to support the training and development of our implementing partner

UK overheads - donations given specifically to support our UK related costs

14 Related party transactions

There were no related party transactions during the year

15 Committed funds

The following funds have been committed for the subsequent financial year

	Unrestricted £	Restricted £	Total
Principle partner operational and salary costs	56,806		56,806
Capacity building	4,280		4,280
Critical Enabling Programme	3,500		3,500
Shillong Relief		15,600	15,600
Freedom to Education		56,695	56,695
New Dawn		6,000	6,000
mMUMM health project		52,682	52,682
Myanmar relief and recovery project		22,000	22,000
TOTAL	64,586	152,977	217,563

Accounts

REGISTERED COMPANY NUMBER: 08290412 (England and Wales)
REGISTERED CHARITY NUMBER: 1151105

Report of the Trustees and
Financial Statements for the Year Ended
31 March 2023 for
Health and Hope UK

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Health and Hope UK
Year Ended 31 March 2023

The trustees, who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2023.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number 08290412 (England and Wales)

Registered Charity number 1151105

Registered Office

62 Heronsgate Road
Rickmansworth
Hertfordshire
WD3 5NX

Principal Address

62 Heronsgate Road
Rickmansworth
Hertfordshire
WD3 5NX

Trustees

James C E Gardner	Lawyer
Alan Gray (Treasurer)	Accountant & INGO professional
Emma Watson	Management consultant
Timothy Creber (Chair)	Business professional
Edmund Ong	Doctor
Alexa Murray	Business professional
Peter Harlock	Business & INGO professional
Thomas Walsh	Charity Management (appointed January 2023)

Independent examiner

Simon Lewcock FCCA
Windsor Lodge
Millfield Road
Hounslow
TW4 5PN

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a company limited by guarantee, as defined by the Companies Act 2006.

Risk Management

The trustees have reviewed the risks to which the charity is exposed and have ensured that appropriate controls are in place to provide reasonable assurance against fraud and error.

OBJECTS AND ACTIVITIES

Health & Hope UK (HHUK) was registered as a UK Charity in March 2013. The objects of the charity are:

- (1) For the public benefit of people in the regions of South and South-East Asia, Health & Hope UK aims to relieve poverty and advance health, education and the Christian faith; and
- (2) Promote the efficiency and effectiveness of charities through technical support and by the provision of advice and training in good governance, structure and fundraising for our partners.
- (3) Nothing in the articles shall authorise an application of the property of the charity for purposes which are not charitable in accordance with section 7 of the Charities and trustee investment (Scotland) Act 2005 and/or section 2 of the Charities Act (Northern Ireland) 2008.

HHUK has fulfilled its objects this year by working through a growing network of local partners to bring humanitarian relief, health care, education, hope and development to the poorest people in remote areas of Western Myanmar. Our vision is to see lives transformed and communities that are thriving and self-developed.

The programmes supported by HHUK during 2022-2023 year reflect the significant shift in operational context due to the military coup in Myanmar on 1st February 2021. As noted in our previous annual report, our long-standing implementing partner, Health & Hope Myanmar (HHM), was forced to close all normal operations and evacuate the country in the weeks following the coup.

Despite this significant challenge to our work, we have been able to pivot our work in response to the growing humanitarian needs, whilst maintaining some of our longer-term education and health projects. Outlined in more detail below, our programmes in 2022-23 focused on the following areas:

- **Humanitarian relief:** To deliver humanitarian aid through local partners including food relief, shelter and non-food item provision, health and medical care, and livelihood initiatives.
- **Health:** To improve maternal health outcomes through mobile health surveillance.
- **Education:** To increase the number of skilled people who are empowered and trained to take the lead in community development initiatives.
- **Capacity building:** To build organisational, technical and leadership capacity of our partners.

In order to strengthen the effectiveness of field-based work, HHUK provides support to partners in the following areas:

- Strategy and governance
- Finance and administration
- Training and development
- Monitoring and evaluation
- Fundraising
- Marketing and communications

Fundraising Standards & Regulations

HHUK is dedicated to ensuring we comply with all relevant fundraising standards and regulations. HHUK is registered with the Fundraising Regulator and is committed to adhering to both the Fundraising Promise and to the Fundraising Code of Practice.

Our fundraising activities involve encouraging individual donations and gifts in wills, running small events for donors to engage with our work, as well as working with corporate and statutory funders. We do not use direct marketing techniques which could unfairly target vulnerable people or contravene their right to privacy.

We do not engage with external contractors for fundraising, except for research purposes, which are conducted in compliance with current Data Protection regulations. Staff are familiar with our Fundraising Procedures Policy, which includes procedures on how to protect vulnerable people.

The Health & Hope website outlines our complaints policy for the public and explains how an individual can submit a complaint. We received no complaints in the last financial year.

ACHIEVEMENT AND PERFORMANCE

Overview:

Our activity in 2022-23 has continued to be dominated by the impact of the military coup on February 1st 2021. At that time our longstanding in-country partner, Health & Hope Myanmar (HHM), was forced to shut down in-country operations and evacuate for their own safety. Given the sudden urgency of humanitarian need, we changed our planned activity to developing new partnerships and implementing a relief programme in the border areas of Western Myanmar.

There is now an unprecedented political, socio-economic, human rights and humanitarian crisis across the country. Conflict in Myanmar including Chin State where we worked until the crisis began has resulted in thousands of people fleeing their homes and villages, without any preparation, often relying solely on external support. It is estimated that over 1.4 million people are now displaced from their homes¹, and this is projected to increase to 2.3 million by the end of 2023.² Many have fled due to airstrikes on civilian populations, active conflict on the ground, and risk of arrest, torture, and murder. 17.6 million people are estimated to be in humanitarian need; 4.5 million with severe needs, predominantly in conflict-affected rural areas³. Tens of thousands have fled to the Thai-Burma border and over 50,000 who have crossed the western border into India⁴.

In this context, we have positioned ourselves to provide urgently needed humanitarian support in the border areas while continuing our long-term education and health work. Our strategy (see below) has been to continue this humanitarian support while aiming to develop new strategic partnerships to enable us to work in Myanmar and eventually continue our long-term development aims and objectives in health, education and community development. Our programmes and achievements are outlined in more detail below.

¹ UNHCR Myanmar Emergency Overview 23.03.2023

² UNOCHA Myanmar Humanitarian Needs Overview, January 2023

³ Ibid.

⁴ UNHCR Myanmar Emergency Overview 23.03.2023.

As noted below our income for the year reflected the change in operational priorities and fundraising for the emergency relief work undertaken. We received income from institutional donors, trusts, churches and individuals to resource this work. We have developed a fruitful relationship with a new large institutional donor who has been very supportive of our context and who has been instrumental in enabling us to implement a large-scale humanitarian relief programme in Chin State itself.

A key area of growth for Health & Hope UK has been the development of partnerships with whom we are working, principally to implement humanitarian relief work at this point. In 2021 we developed a partnership with the Ferrando Integrated Womens Development Centre (FIWDC) which has been vital for the continuation of our humanitarian work in the border areas and our health work.

Our working strategy was reviewed in late 2022 and priorities were identified as:

1. Supporting the delivery of humanitarian aid to Chin nationals
2. Aiming to transition from short-term relief to longer-term development programmes as soon as practically possible in the areas of health, education, food security and livelihood support
3. Building the organisational, technical and leadership capacity of our implementing partners
4. Developing and diversifying our partnerships and resource base

It is recognised that this is a short-term strategy and periodic review (every six months) is planned by the trustees. The operational plan for 2023-24 was developed from these strategic priorities. We are planning a long-term strategic review of Health & Hope with our main implementing partner Health & Hope Myanmar in May 2023. This will aim to develop an overarching strategy for 2024-2028, recognising that the situation in Myanmar is unlikely to improve in the short term.

Through the challenges of the year the HHUK team continued to provide support and capacity-building opportunities for our partners in-country with an emphasis on technical training, project planning, and safeguarding/protection training. Using videoconferencing facilities we engaged supporters through online events, providing key updates regarding our work and providing opportunities for supporters to interact directly with the Health & Hope Myanmar team.

Despite the ongoing crisis, operational changes and challenges, we remain as committed as ever to our mission of serving the most vulnerable people of Myanmar.

PROGRAMME REPORTS

Humanitarian relief work – New Dawn

The New Dawn project was established to meet the desperate need of Myanmar nationals fleeing the violence perpetrated by the military, particularly in Chin State. This project which was launched in July 2021 initially in 10 locations has since expanded to 20 targeted villages. Given the dynamic nature of the situation, the project was designed to be flexible in approach while maintaining a robust reporting mechanism to ensure all donor reporting and regulatory requirements were met and to ensure the project continues to meet most urgent needs.

Target areas were selected based on level of need, primarily working in locations close to the India/Myanmar border where many displaced people had temporarily located. Most of the communities in which we have worked had already been providing limited support to vulnerable and marginalised people. Our support has been focused on equipping and empowering the local host communities to extend their existing support to these people in a structured way, through the formation of local Welcoming Committees, and providing a series of essential grants aimed to both relieve immediate pressure, as well as integrate them within the local communities. Grants were issued based on the presentation of need, given that some people had fled their

homes with little or no possessions. This adaptive approach has further enabled the support provided to be individualised to person, household and location.

The support provided through New Dawn included:

- **Shelter and essential household grants** including mosquito nets, bedding and cooking equipment. Shelter provision ranged from developing large-scale dwellings to house 100 people to smaller grants to build accommodation for a household (typically about 6 people). In more recent months, additional shelter materials have been provided to enable repairs, modifications and extensions to existing structures to provide more privacy and dignity.
- **Food, health and hygiene grants** to support vulnerable and marginalised groups, and to relieve the short-term burden on local communities. The food grants typically provided a food parcel with enough for one month including rice, daal, oil, salt and sugar. Health and hygiene grants included items such as soap, washing powder, sanitary products, toothbrushes and toothpaste.
- **Medical assistance** to those suffering from sickness or injury. This ranged from simple medication for common illnesses and injury through to the treatment of complex conditions requiring referral for hospital admission.
- **Promoting independent living**, self-sufficiency, and contributions to the local economy through livelihood grants. This is a vital part of the 'early recovery' model of humanitarian relief. These grants enabled the purchase of small livestock (e.g., chickens and pigs), provision of tools or equipment to help skilled workers (e.g., sewing machines, carpentry tools) or seeds and other inputs to enable small-scale farming (e.g., ginger or chillies farming).
- **Education support** – refugee children have been granted permission to attend local schools, but many have been prevented from accessing this due to a lack of money for uniforms, stationery and books. Children unable to access school because of this were identified and provided with materials to enable them to attend school.

From project launch to March 2023, the following numbers of grants had been issued to individuals:

• Shelter grants	2,348
• Household items	2,846
• Food grants	33,213
• Health and hygiene grants	12,496
• Medical grants	3,041
• Livelihood grants	314
• Education grants	510

The project has been delivered through two of our implementing partners. A monitoring framework is in place to measure activity and outputs, and evaluation surveys are carried out every six months not only to evaluate the change that had been achieved through the project activity but also to enable the design of project activities going forward to ensure prioritisation of greatest needs. Evaluation surveys also include an assessment of children's nutritional status and an assessment of shelter/WASH facilities against recognised international standards (Sphere). These evaluations led to a focus on improving the quality of some latrines in late 2022. Training in Sphere standards was given to implementing partners (see below).

The most recent survey in December 2022 gave consistent feedback (from 409 respondents) that food, health care and livelihood support were the priority needs of refugee communities. As such, project activity was adapted and budgets modified around these needs, while also ensuring funds were available to provide, for example, repairs and upgrades to shelters which are regularly needed.

A recent livelihood grant evaluation survey (conducted in January 2023) from 64 grant recipients across nine locations found that chicken farming has been the usual grant choice by recipients (84%) vs pig farming (12%) and tailoring (3%). Of the grant recipients interviewed, 86% of recipients have been able to generate an income; the remainder mostly needed more time. 34% of respondents stated they were generating between 26-50% of their overall income from this project; 28% between 51-75% and 17% generating 76-100% of their income. The grants must therefore be seen as a supplement to overall household income rather than a sole source (which confirms expectations). 65% of recipients stated the grant had been helpful in gaining some degree of independence.

The nature of the conflict in Myanmar has meant that the number of displaced people is gradually increasing, with the conflict worsening in the northwest of the country. It is likely that it is going to be a long time before there is sufficient confidence for people to return home permanently.

Financial support for New Dawn has been generated through grants from institutional donors, trusts and individual donations regular giving and two specific appeals in June and December 2022. While we continue to seek funding for this project, we will need to scale activity according to available funds.

The focus of the project over the coming months will be to continue to adapt to local needs and aim to reduce the level of financial support needed by enabling people to raise an income (through household income generation) and more sustainable food provision. We will continue to balance providing for immediate needs whilst empowering local people to use their own resources. This, and the availability of funds, will inevitably see a shift in the project activity in scale and scope over the coming months.

Humanitarian relief work – Chin Relief Project

The goal of the Chin Relief Project is to enable the survival and support of displaced and conflict-affected populations following the coup. This is being achieved through the provision of humanitarian relief and health care to displaced populations caught up in the crisis. We are working closely with Health & Hope Myanmar and with a network of nine sub-partners who are based locally and physically in each project area in Chin State and the Sagaing Region to provide the appropriate targeted interventions. Each sub-partner carried out a baseline review of the most urgent needs in their local area and proposed

appropriate project activities that are most suitable for the context and within their capacity and experience.

Health & Hope work together as HHUK/HHM to remotely oversee the project from HHUK/HHM's virtual offices. Travel restrictions and security concerns mean that visiting the sub-partners and their activity is not possible.

We are using a two-phase approach, with sub-partners delivering interventions from December 2022-March 2023, and based on local feedback and responses, designing Phase 2 activities for delivery between April and June 2023. This adaptive management approach is deliberately planned to enable Phase 2 activities to be responsive and tailored to local needs as observed by and reported to sub-partners. Even in the first few months of 2023 the situation in Northwest Myanmar has deteriorated with targeted attacks in Chin State and the imposition of martial law in many townships across Myanmar.

The main activities of the project are delivering humanitarian relief supplies across the following areas:

- **Food** – to support IDPs and those staying in conflict-affected communities to reduce the burden on host communities. These food supplies consist of, for example, rice, oil, and beans.
- **Shelter** – provision of tarpaulin and other materials for temporary shelters.
- **Hygiene** - soap, menstrual products, toothpaste/toothbrushes.
- **Health care** – basic medication provision, first aid and community health education.
- **Medical clinics** – mobile and static clinics staffed by trained clinicians.
- **Unconditional cash grants** – determined by the Minimum Expenditure Basket calculated by the implementing sub-partner. Given the urgency of the response required, cash grants have been used by sub-partners who have prior experience in managing this modality rather than undertaking to train all sub-partners in the use of cash grants. This is an area where learning could be shared across sub-partners in the future.
- **Non-Food Items (NFIs)** – provision of essential household items such as blankets, mosquito nets, and buckets as determined by local need and capacity of the sub-partner.
- **WASH** – latrines and materials for improving water supply to temporary camps.

A focus on vulnerable groups was emphasised to all the sub-partners, including female-headed households, persons with disabilities, older persons, children, youth, pregnant and lactating women (PLW), people with pre-existing health problems, women and girls, and large households/dependents.

A set of bespoke finance procedures and MEAL framework was developed for the Chin Relief Project, translated into Burmese and sub-partners were provided with an individual project briefing prior to project launch. Below is a combined summary of all activity for all 8 sub-partners who have completed Phase 1.

- 125 camps/conflict-affected villages visited with support
- 3,300 cash grants distributed
- 2,964 patient consultations including malnutrition screening for 216 children
- 25 fixed clinics and 11 mobile clinics supported with medication
- Non-Food Item distribution:
 - 1,005 people supported with menstrual products
 - 988 blankets distributed

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- 150 mosquito nets distributed
- 788 households provided with soap
- 350 buckets & showers distributed
- 12,566 individuals supported with food
- 165 households with shelter items (825 people)
- 509 First Aid Kits distributed
- 32 toilets constructed serving 800 people
- 116 community briefings conducted
- 4/9 sub-partners with PSEA (Prevention of Sexual Exploitation and Abuse) reporting mechanisms in place

Total number of people supported through Phase 1 is 25,069.

As noted above, the enduring and worsening conflict, particularly in the northwest of the country, means that humanitarian relief and health care will continue to be a priority for much of the coming financial year.

We will be implementing Phase 2 in April 2023 which will continue until June 2023, and there is the potential for additional funding from our donor for a further Phase in late 2023.

Education

The outcomes for our education projects are for young people from remote rural communities in Western Myanmar to experience improved educational prospects, long-term socio-economic well-being and to proactively contribute towards the development of their local communities.

Prior to the military coup, two projects were in operation to achieve these outcomes (Freedom to Education Programme, and Education For All). Sadly, insecurity forced the closure of the latter project.

Freedom to Education Project (FEP)

This project aims to:

- Improve access to higher education opportunities
- Enable students to attend a quality education institution (compared to local availability)
- Create opportunities for young people to apply their learning for the benefit of their local communities

FEP is run by HHM and supported by HHUK. It aims to identify young people who carry a vision for the long-term benefit of their people. Those selected for the project are offered the opportunity to pursue higher education, at pre-university or undergraduate level. In addition to tuition fees, HHUK issues a scholarship grant to cover accommodation costs, whilst practically providing study guidance, ongoing pastoral care, and additional language tuition where required. Over 130 students have been supported through the FEP scheme to date.

Historically this project has created a virtuous circle, to the benefit of the students, local communities, and Health & Hope. The returning FEP graduates who come back to work in the villages are an inspiration for younger generations of students as they take on leadership roles whilst also being able to speak fluent English. They return with a real desire to serve their communities and will continue to play a critical role in the country's future. It is our aim that this virtuous circle will continue despite the challenges facing the country currently.

A review of FEP was conducted between July-December 2022 in response to strategic questions raised by HHUK Trustees which sought to assess progress against original project outcomes. While limited in scope due to available resources and poor response to surveys, it was concluded that FEP:

- Should remain a priority given the educational context in Myanmar and given our vision and mission as an organisation.
- Provides a good service for students, although improvements need to be made to operational practice.
- Needs to prioritise where support is directed to maximise effectiveness.

This financial year we supported over 40 students through higher secondary and tertiary education. We have maintained a focus on higher secondary education through the intake of 20 additional students in Year 11 this year. The need for a cohort of Myanmar nationals with higher education with a heart and vision for their communities is particularly acute given the challenges outlined above. Young people are also particularly vulnerable to recruitment by resistance militia groups.

Students apply through a formal application process including clear assessment criteria and an interview. Successful students study in different locations, and are selected according to availability of appropriate education institutions and courses for their chosen course of study. In addition to the academic input at college, students also receive mentoring, pastoral support and language tuition provided by HHM staff. Further, students are encouraged by HHM support staff to engage in sports and community activities.

At their most recent examinations, four science students supported by the FEP programme gained the highest marks in their college, with the highest marks in mathematics, chemistry, computer science and physics. All Year 11 science students passed their exams, which given the challenges faced is an extraordinary achievement.

Given the huge needs faced due to lack of resources and insecurity, we are working to raise funds for further intakes of students at both higher secondary and tertiary education. We are also working in partnership with Prospect Burma to seek resources for this work.

Health

The outcome for HHUK health programmes is for remote rural communities in Western Myanmar to experience a decreased incidence of disease and an improvement in health and well-being. In previous years, health programmes had been a very significant part of our work but sadly were closed in 2021 due to insecurity. Given our new network of partnerships we have been able to support emergency care healthcare needs as noted in the Chin Relief Project and New Dawn reports above.

Mobile health and maternal ultrasound

Government investment in health care in Myanmar has historically been the lowest of any country monitored by the World Health Organisation. Health indicators in Chin State are low even by the standards of Myanmar, in part due to the remoteness of many villages and the paucity of good roads. These factors hinder access to medical expertise, and serious health conditions are often not treated in a timely manner.

To improve maternal health outcomes, HHUK has been partnering with a research team from Cornell University, New York, to establish mobile health surveillance and implement the use of mobile ultrasound. This work was meant to be implemented in Chin State in 2021 but relocated to Mizoram State in India due to the insecurity caused by the military coup. Similar issues of healthcare accessibility and a physically challenging geographical environment are faced in Mizoram, meaning that the overall project aims remain valid.

The partnership has since transitioned to Columbia University with the principal investigator now based there. One of the main initial aims of the project (to train local healthcare workers in the use of mobile ultrasound) has had to change due to Indian legislation surrounding the use of mobile ultrasound. The project is therefore being redesigned while maintaining the overall project aim of improving maternal health outcomes in vulnerable groups. A series of interventions in line with WHO best practice is being designed. Monthly surveys have been undertaken by the HHM health team/FIWDC as part of planned activity, monitoring the health of pregnant women and maintaining the health surveillance activity pending further approvals needed for project implementation in this area. Our health team works in conjunction with the local Chief Medical Officer and have run a series of mobile medical clinics in 9 locations.

HHUK has supported the implementation of this project with HHM, assisting with survey design and technical issues (e.g., in the use of the mobile application).

Capacity building

The aim of our capacity-building work is for local partners to be self-sustaining with leadership, strategy, finance, and operations. This has been identified as a strategic priority for Health & Hope UK and our working with partners. The HHUK's Executive Director worked with HHM's CEO on a training needs assessment for HHM staff and the following was delivered in the financial year 2022-23. (Part of this training was delivered in partnership with one of Health & Hope's long-term partners, Mission East):

Leadership training

A bespoke leadership training and coaching programme has been delivered to the HHM Senior Management Team. Individual coaching was provided to two members of the SMT.

Technical training

This included the following areas:

- Project Management – the HHUK team provided training to the HHM team in the use of the project management approach PDPro.
- Finance training - Four members of the HHM team were supported to attend online training in finance management completing the course 'FMDPro' - Finance Management for Development and Humanitarian Professionals. The finance team also attended four days of online training in the use of QuickBooks provided by Mission East partners.
- Sphere training – relevant members of HHM and other partners attended a short series of training in the Sphere Standards (internationally recognised humanitarian standards).

Safeguarding and protection

- All HHUK/HHM staff attended safeguarding training over two sessions.
- Relevant HHM/HHUK staff also attended training provided by our donor in cross-cutting themes

including Prevention of Sexual Exploitation and Abuse, Community Feedback Mechanisms, inclusion and diversity, and emergency preparedness.

- Direct training provided by HHUK or designated trainers was also supplemented by training provided by Mission East in areas such as project proposal writing, logframes, use of digital survey tools, and reporting.

Partnerships

Diversifying our partnerships base has been a strategic priority this financial year given the challenges faced by our historic implementing partner HHM. This partnership development work has been primarily in response to a lack of capacity for HHM to deliver projects on the ground in Myanmar.

Through direct HHM known contacts, and through referrals, we have been able to develop a network of nine new partners in Myanmar. At this point, these partnerships have been formed principally for the purpose of implementing the Chin Relief Project. This model of operating is new for HHM but has provided the means of implementing project work at a much larger scale than previously. This will undoubtedly be a key part of our operating model going forward.

To facilitate the development of partnerships with appropriate due diligence checks in place, we have developed a partnerships policy for use with all our implementing partners.

We have continued to partner with a number of other NGOs including Prospect Burma, and Mission East.

Patronage

We have continued to enjoy the patronage of HRH the former Prince of Wales who provided, along with his office, a variety of support during the financial year. While a review of His Majesty's charitable patronages is under review, we very much hope that this will continue for Health & Hope UK. Some of the HHUK staff and Trustees were invited to attend a reception at Buckingham Palace in February 2023 where HHUK's Executive Director was able to have a short conversation with King Charles about the current plight of Myanmar citizens.

Fundraising and communications

The appointment of a full-time Senior Partnerships and Communications manager has been vital to ensure the continued engagement of our supporters through a year of on-going change to historic programmes and operational practice. We have been able to increase our communications output through email and printed news and launched a Key Partnerships Programme for mid and major-level donors with a bespoke package of support.

The development of a fundraising strategy and related Key Performance Indicators has enabled further planning of specific fundraising and communications activities in the UK. This has enabled us to engage with different supporter groups within the very tight constraints of communications. Our social media channels remain closed given the security concerns for our HHM partners and the sensitivity of the work that is being implemented. The safety of our partners is paramount, and we work hard to ensure that remains so despite their operational challenges.

We have continued to hold termly online events with good engagement from our network of supporters, with approximately 50 delegates at each event. We have increased our engagement with churches across the UK with our 'Church Partnership Scheme' being implemented this year.

We are marking our 10th anniversary of registration as a UK charity in 2023 with a series of events around the UK with the aim of maintaining engagement with current supporters and to further build upon our supporter network. Events have been held in Jersey, Cornwall and Gateshead thus far with good attendance and commitment to our work from key supporters.

We produced a summer newsletter and annual impact Report which was circulated to over 300 households in June 2022 and October 2022 respectively.

Fundraising has continued across our range of donors including individual supporters, churches, trusts, and institutional donors. Two appeals were held in 2022 for our relief work which raised a combined total of £73,107.

Policy development

A review cycle of our suite of policies and procedures was developed by the HHUK Executive Director and is currently in implementation. New policies developed this year include 'Prevention of Sexual Exploitation and Abuse' and 'Partnership Principles – a due diligence framework'.

Risk management

HHUK has a risk management policy in place and risk register which is reviewed monthly. High-level residual risks are presented to the Board of Trustees at each meeting.

HHUK staffing

A new Programme Officer has been appointed in March 2023 to replace an outgoing member of staff who left in October 2022.

Trustee Board

The Board met five times in 2022-23. A new Board member was appointed in January 2023. The trustees will continue to review the Board membership and seek to recruit appropriately skilled and experienced individuals to govern our work.

Finances

Our income (£732,667) exceeded the previous year's income (£609,126). This represents significant unanticipated donations from institutional donors, individual supporters and trusts in response to the humanitarian crisis. HHUK has historically enjoyed the support of a relatively small number of very committed individual donors who have faithfully continued to support our work through the past two years of significant change.

Our unrestricted expenditure in 2022-23 was 85% against budget, primarily due to staffing not being at usual levels. This has left unrestricted general fund at £181, 276 going into the new financial year which reflects the need to remain flexible at this time of operational uncertainty.

The trustees review the levels of unrestricted funding regularly and continue to have a designated fund for relief work in the coming financial year given the increase in project activity while maintaining an appropriate level of operational reserves.

Future developments

HHUK will continue in its mission to serve the poor and vulnerable despite the operational challenges faced on the ground. Tragically, the situation in Myanmar looks set to continue, with grim predictions of continued humanitarian need. Our response to urgent needs created by the coup will continue as the crisis deepens across the country. One of our strategic priorities is to transition from relief to longer-term development work, particularly in health. Given this, a workshop is planned for May 2023 with the aim to develop an overarching strategy for 2024-2028. This will inform our operational planning and focus on raising support for specific projects.

Through all the challenges we will continue to pursue our vision to see lives transformed and communities that are thriving and self-developed in the poorest rural areas of Myanmar.

Approved by order of the board of trustees on 19/06/2023 and signed on its behalf by:

A handwritten signature in black ink, appearing to be 'Tim Creber', written in a cursive style.

Tim Creber – Chair of Trustees

Independent Examiners Report to the Trustees of Health and Hope UK

I report on the accounts for the year ended 31 March 2023 set out on pages 16-21.

Respective responsibilities of trustees and examiner

The charity's trustees (who are also directors for the purposes of company law) are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year (under Section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is required. Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Association of Chartered Certified Accountants (ACCA), which is one of the listed bodies.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under Section 145 of the 2011 Act
- to follow the procedures laid down in the General Directions given by the Charity Commission (under Section 145(5)(b) of the 2011 Act); and
- to state whether particular matters have come to my attention.

Basis of the independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statements below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that, in any material respect, the requirements

- to keep accounting records in accordance with Section 386 and 387 of the Companies Act 2006; and
- to prepare accounts which accord with the accounting records, comply with Sections 394 and 395 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



S A Lewcock FCCA
Windsor Lodge
Millfield Road
Hounslow
TW4 5PN

24th July 2023

Statement of Financial Activities (Including Income and Expenditure account)

	Notes	Unrestricted fund	Restricted funds	31.3.23 Total funds	31.3.22 Total funds
INCOME					
Income from generated funds					
Donations and legacies		201,300	531,182	732,482	609,126
Investment income		185	-	185	16
Total income	3	<u>201,485</u>	<u>531,182</u>	<u>732,667</u>	<u>609,142</u>
EXPENDITURE					
Cost of generating funds					
Costs of generating voluntary income	4	59,178	-	59,178	29,820
Charitable activities					
Health		3,974	39,796	43,770	13,183
Education		13,227	132,440	145,667	93,913
Food security		43,937	439,945	483,882	320,292
Capacity building & training		23,641	12,364	36,005	44,172
Other expenditure		<u>24,726</u>	<u>1,448</u>	<u>26,174</u>	<u>15,437</u>
Total expenditure		<u>168,683</u>	<u>625,993</u>	<u>794,676</u>	<u>516,817</u>
NET INCOME/(EXPENDITURE) BEFORE TRANSFERS					
		32,802	(94,811)	(62,009)	92,325
Gross transfers between funds		<u>(30,000)</u>	<u>30,000</u>	<u>-</u>	<u>-</u>
NET MOVEMENT IN FUNDS		<u>2,802</u>	<u>(64,811)</u>	<u>(62,009)</u>	<u>92,325</u>
RECONCILIATION OF FUNDS					
Total funds brought forward		228,473	128,683	357,156	264,831
TOTAL FUNDS CARRIED FORWARD		<u>231,275</u>	<u>63,872</u>	<u>295,147</u>	<u>357,156</u>

The notes form part of these financial statements

Health and Hope UK
Year Ended 31 March 2023

Balance Sheet

				31.3.23	31.3.22
	Notes	Unrestricted fund	Restricted funds	Total funds	Total funds
CURRENT ASSETS					
Debtors	7	4,124	-	4,124	5,401
Cash at bank and in hand		<u>227,151</u>	<u>63,872</u>	<u>291,023</u>	<u>388,829</u>
		231,275	63,872	295,147	394,230
CREDITORS					
Amounts falling due within one year	8	-	-	-	(37,074)
NET CURRENT ASSETS		<u>231,275</u>	<u>63,872</u>	<u>295,147</u>	<u>357,156</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		231,275	63,872	295,147	357,156
NET ASSETS		<u>231,275</u>	<u>63,872</u>	<u>295,147</u>	<u>357,156</u>
FUNDS					
Unrestricted funds: General fund	9	181,275	-	181,275	148,473
Unrestricted funds: Designated funds	10	50,000	-	50,000	80,000
Restricted funds	9	-	63,872	63,872	128,683
TOTAL FUNDS		<u>231,275</u>	<u>63,872</u>	<u>295,147</u>	<u>357,156</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2023.

The members have not required the charitable company to obtain an audit of its financial statements for the year ended 31 March 2023 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small charitable companies and with the Financial Reporting Standard 102 SORP 2015.

The financial statements were approved by the board of trustees on 19/06/2023 and signed on its behalf by:



T R Creber - Chair



A D Gray - Treasurer

The notes form part of these financial statements

Notes to the Financial Statements

1 ACCOUNTING POLICIES

Accounting convention

The financial statements have been prepared under the historical cost convention and in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard 102, the Charities Act 2011 and the Companies Act 2006.

Going concern

At the time of approving the financial statements, the Trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the Trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

Income

All income is included on the Statement of Financial Activities when the charity is legally entitled to the income, the amount can be quantified with reasonable accuracy and it is probable the income will be received.

Expenditure

Expenditure is accounted for on an accruals basis and have been classified under heading that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Taxation

The charity is exempt from corporation tax on its charitable activities

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

2 FINANCIAL RESERVES POLICY

The trustees seek to hold an amount in reserve equal to or greater than six months running costs. This policy is reviewed on an annual basis.

3 INCOME

	Unrestricted	Restricted	Total Year ended 31.3.23	Total Year ended 31.3.22
	£	£	£	£
Donations and legacies				
Donations and Gifts	190,890	531,182	722,072	593,466
Gift Aid	10,410	-	10,410	15,660
	<u>201,300</u>	<u>531,182</u>	<u>732,482</u>	<u>609,126</u>
Investment Income				
Deposit account interest			<u>185</u>	<u>16</u>

Notes to the Financial Statements - continued

4 COSTS OF GENERATING VOLUNTARY INCOME

	Year ended 31.3.23 £	Year ended 31.3.22 £
Resources, Postage and stationery	496	8
Promotional materials, film and media	1,888	198
Staff costs including consultancy	56,794	29,434
Website redesign	-	180
	<u>59,178</u>	<u>29,820</u>

5 TRUSTEES' REMUNERATION AND BENEFITS

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2023

6 STAFF COSTS

	Year ended 31.3.23 £	Year ended 31.3.22 £
Wages and salaries	94,983	71,917
Pension and Social security costs	8,013	5,444
	<u>102,996</u>	<u>77,361</u>

The average monthly number of employees (2.5 full time equivalent) during the year was:

Administrative	3	3
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No employees received emoluments in excess of £60,000

7 DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.23 £	31.3.22 £
Donations and Gift Aid	4,124	5,401
Other Debtors	59,315	59,315
Bad debt provision	(59,315)	(59,315)
	<u>4,124</u>	<u>5,401</u>

8 CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.23 £	31.3.22 £
Charitable remittances	-	35,725
Other creditors	-	1,349
	<u>-</u>	<u>37,074</u>

Notes to the Financial Statements - continued

9 MOVEMENT IN FUNDS

	1.4.22	Income	Expenditure	Transfer of funds	31.3.23
	£	£	£		£
Unrestricted funds: General fund	228,473	201,485	168,683	(30,000)	231,275
Restricted funds					
Community-led Healthcare	60	15,030	-		15,090
Traditional Birth Attendants training	4,786	-	-		4,786
Clinic	8,411	-	-		8,411
Relief fund (including HEF)	67,790	379,198	421,911		25,077
Sustainable agriculture		15,231	15,231		-
MUMM	4,574	22,443	39,542		(12,525)
Further Education project	13,876	81,425	131,594	59,326	23,033
Education for All	29,186	143	3	(29,326)	-
HH Myanmar Operational costs		3,900	3,900		-
Capacity Building		12,364	12,364		-
UK overheads		1,448	1,448		-
TOTAL FUNDS	357,156	732,667	794,676	-	295,147

Funds for the MUMM have been delayed but are anticipated to be received shortly to cover the negative fund balance.

10 Designated Funds

Allocated to the following programmes to enable increased scope and scale of activity in the forthcoming financial year:

	31.3.23	31.3.22
	£	£
Education	-	30,000
Relief	50,000	50,000
TOTAL	50,000	80,000

11 Related party transactions

There were no related party transactions during the year

Accounts

REGISTERED COMPANY NUMBER: 08290412 (England and Wales)
REGISTERED CHARITY NUMBER: 1151105

Report of the Trustees and
Financial Statements for the Year Ended 31 March 2022
for
Health and Hope UK

Health and Hope UK
Year Ended 31 March 2022

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Health and Hope UK
Year Ended 31 March 2022

The trustees, who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2022.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number 08290412 (England and Wales)

Registered Charity number 1151105

Registered Office

62 Heronsgate Road
Rickmansworth
Hertfordshire
WD3 5NX

Principal Address

62 Heronsgate Road
Rickmansworth
Hertfordshire
WD3 5NX

Trustees

Janet Boyce	Accountant	(Resigned February 2022)
James C E Gardner	Lawyer	
Alan Gray (Treasurer)	Accountant & INGO professional	
Henry J Greig	Lawyer	(Resigned December 2021)
Emma Watson	Management consultant	
Timothy Creber (Chair)	Business professional	
Edmund Ong	Doctor	
Alexa Murray	Business professional	
Peter Harlock	Business & INGO professional	

Independent examiner

Simon Lewcock FCCA
Windsor Lodge
Millfield Road
Hounslow
TW4 5PN

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a company limited by guarantee, as defined by the Companies Act 2006.

Risk Management

The trustees have reviewed the risks to which the charity is exposed and have ensured that appropriate controls are in place to provide reasonable assurance against fraud and error.

OBJECTS AND ACTIVITIES

Health and Hope UK (HHUK) was established at the end of 2012. The objects of the charity are:

- (1) For the public benefit of people in the regions of South and South-East Asia, Health and Hope UK aims to relieve poverty and advance health, education and the Christian faith; and
- (2) Promote the efficiency and effectiveness of charities through technical support and by the provision of advice and training in good governance, structure and fundraising for our partners.
- (3) Nothing in the articles shall authorise an application of the property of the charity for purposes which are not charitable in accordance with section 7 of the charities and trustee investment (Scotland) act 2005 and/or section 2 of the charities act (Northern Ireland) 2008.

HHUK has carried out its objects by working through local partners to bring health care, education, hope and development to the poorest people in remote areas of western Myanmar, through community engagement and empowerment. Our vision is to see communities thriving and self-developed.

The programmes supported by HHUK during 2021-2022 reflected the significant change in operational context due to the military coup in Myanmar on 1st February 2021. For the security of our longstanding in-country partner, Health & Hope Myanmar, all normal operations were closed over the weeks following the coup. Despite this significant challenge to our work, we were able to commence a new humanitarian relief programme working with a new partner in addition to Health & Hope Myanmar (HHM). Our programmes in 2021-22 focused on the following areas:

- **Humanitarian relief:** To deliver humanitarian aid through local partners including food relief, shelter and non-food item provision, health and medical care, and livelihood initiatives.
- **Health:** To improve maternal health outcomes through mobile health surveillance.
- **Education:** To increase the number of skilled people who are empowered and trained to take the lead in community development initiatives.

In order to strengthen the effectiveness of field-based work, HHUK provides support to partners in the following areas:

- Strategy and governance
- Finance and administration
- Training and development
- Monitoring and evaluation
- Fundraising
- Marketing and communications

Fundraising Standards & Regulations

HHUK is dedicated to ensuring we comply with all relevant fundraising standards and regulations. HHUK is registered with the Fundraising Regulator and is committed to both the Fundraising Promise and adhering to the Fundraising Code of Practice.

Our fundraising activities involve encouraging individual donations and gifts in wills, running small events for donors to engage with our work, as well as working with corporate and statutory funders. We do not use direct marketing techniques which could unfairly target vulnerable people or contravene their right to privacy. We do not engage with external contractors for fundraising, except for research purposes, which are

conducted in compliance with current Data Protection regulations. Staff are familiar with our Fundraising Procedures Policy, which includes procedures on how to protect vulnerable people.

The Health & Hope website outlines our complaints policy for the public and explains how an individual can submit a complaint. We received no complaints in the last financial year.

ACHIEVEMENT AND PERFORMANCE

Overview:

Our activity in 2021-22 has been dominated by the impact of the military coup that took place in Myanmar on February 1st, 2021. At that time our longstanding in-country partner, Health & Hope Myanmar (HHM), was forced to shut down in-country operations. For their own safety, HHM staff went into hiding with local assets being moved to a place of safety. Our planned activity was changed to a focus on humanitarian relief given the sudden change in operational context and level of need.

Since the military coup, over 1,924 people have been directly and intentionally killed by the military in Myanmar¹, including more than 100 children², as a direct result of the coup. It is estimated that a further 3,128 people have been killed as a result of the subsequent war, resistance and violence perpetrated by the military. The UN refugee agency UNHCR estimate that there are 700,000 internally displaced people (IDPs) in Myanmar, having been forced to flee their homes. This is in addition to the 346,000 IDPs prior to the coup on the 1st February 2021. As a result, the total number of IDPs in Myanmar now stands at over 1 million³.

Many have fled due to active fighting, risk of torture, murder, arbitrary arrest, forced labour and rape. Tens of thousands have fled to the Thai-Burma border and there are an estimated 40,000 refugees who have crossed the western border into India according to UNHCR latest figures at the time of writing⁴. Local sources on the ground report this is closer to 50,000. Costs of basic goods and services have escalated over the last 12 months, and it is estimated by the United Nations Development Programme (UNDP) that poverty levels will return to those not seen since 2005, effectively erasing 15 years of pre-pandemic economic growth⁵.

It is in this deteriorating context that Health & Hope needed to urgently pivot from longer term development programmes in health, education and food security, to providing humanitarian relief at the border of Myanmar and India. This required negotiation with an institutional donor and urgent fundraising with Trusts and individual donors. Our programmes and achievements are outlined in more detail below.

As noted below, our income for the year reflected the change in operational priorities and fundraising for the emergency relief work undertaken. We received income from institutional donors, Trusts, churches and individuals to resource this work.

Given the operational uncertainty and change in programmes, HHUK were holding a significantly higher level of both unrestricted and restricted funds at the financial year-end than had been planned. This situation will

¹ [Assistance Association for Political Prisoners 9.6.2022](#)

² [UNICEF 31.1.2022](#)

³ [UNHCR 6.6.2022](#)

⁴ Ibid.

⁵ [UNDP 1.12.2021](#)

be resolving as operations have shifted to a humanitarian-led response with alternative partners, whilst also expanding our focus on the Freedom to Education Project which provides scholarship grants for students from poor rural areas of Chin State.

Through the change in programmes and geographical location we have been introduced to and developed a fruitful new partnership with the Ferrando Integrated Women Development Centre (FIWDC).

In January 2021 the Board of Trustees appointed a sub-committee, including the Executive Director, to review our strategic priorities. This enabled the Trustees to systematically review the vision, mission and priorities of Health & Hope UK in the post-coup context. These priorities were identified as:

1. Supporting the delivery of humanitarian aid to Chin nationals
2. Pursuing new opportunities with partners to deliver appropriate programmes in Chin State amongst IDPs (Internally Displaced Persons) and conflict affected areas
3. Aiming to transition from short term relief to longer term development programmes as soon as practically possible in the areas of health, education, food security and livelihood support
4. Building the organisational, technical and leadership capacity of our implementing partners
5. Developing and diversifying our partnerships and resource base

It is recognised that this is a short-term strategy and periodic review (6 monthly) is planned by the Trustees. The operational plan for 2022-23 was developed from the strategic priorities.

Through the challenges of the year the HHUK team continued to give support and capacity building opportunities for our partners in-country with an emphasis on technical (health) training, project, and HR management. Using videoconferencing facilities we engaged supporters through online events, providing key updates regarding our work and gave opportunity to interact directly with the Health & Hope Myanmar team.

Despite the ongoing crisis, operational changes and challenges, we remain as committed as ever to our cause of serving the most vulnerable people of Myanmar.

Programme reports

Humanitarian relief work

The New Dawn project was established to meet the desperate need of Myanmar nationals fleeing the violence perpetrated by the military, particularly in Chin State. This was a new project for Health & Hope UK and was designed with input from in-country partners HHM and our new partner FIWDC. Given the dynamic nature of the situation, the project was designed to be flexible in approach while maintaining a robust reporting mechanism to ensure all reporting and regulatory requirements were met.

Target areas were selected based on level of need, primarily working in locations close to the India/Myanmar border where many displaced people had temporarily located. Most of the communities in which we have worked had already been providing limited support to vulnerable and marginalized people. Our support has been focused on equipping and empowering the local host communities to extend their existing support to these people in a structured way, through the formation of local committees, and providing a series of essential grants aimed to both relieve immediate pressure, as well as integrate them within the local communities.

In order to effectively deliver this project across multiple locations in challenging geographical locations, the FIWDC and HHM teams established a Welcoming Committee (WC) in each of the 11 target villages. The WCs are made up of between 5-12 members of the local authority and local church leadership. Welcoming Committees are responsible for record keeping, delivery of grant materials, and working alongside HHM and FIWDC project co-ordinators to implement the activities and participate in monitoring of the project. Grants were issued based on the presentation of need, given that some people had fled their homes with little or no possessions. An individualised response was therefore facilitated by the grant model utilised.

The project was launched in July 2021, providing the following support:

- **Shelter and essential household grants** including mosquito nets, bedding and cooking equipment. Shelter provision ranged from developing large scale dwellings to house 100 people, smaller grants to build accommodation for a household (typically about 6 people), or grants to host families to extend their homes.
- **Food, health and hygiene grants** to support vulnerable and marginalized groups, and to relieve the short-term burden on local communities. The food grants typically provided a food parcel with enough for one month including rice, daal, oil, salt and sugar. Health and hygiene grants included items such as soap, washing powder, sanitary products, toothbrushes and toothpaste.
- **Medical assistance** to those suffering from sickness or injury. This ranged from simple medication for common illnesses and injury through to the treatment of complex conditions requiring hospital admission.
- **Promoting independent living**, self-sufficiency, and contributions to the local economy through livelihood grants. This is part of the 'early recovery' model of humanitarian relief. These grants enabled the purchase of small livestock (e.g., chickens, pigs), provision of tools or equipment to help skilled workers (e.g., sewing machine, carpentry tools) or seeds and other inputs to enable small scale farming (e.g., ginger or chillies).

The project has been delivered through our two implementing partners, HHM and FIWDC. A monitoring framework was established to measure activity and outputs. From project launch to March 2021 the following numbers of grants had been issued to individuals:

• Shelter grants	1,962
• Household items	1,986
• Food grants	12,493
• Health and hygiene grants	6,448
• Medical grants	2,251
• Livelihood grants	134

To date, 6,497 individuals have been registered to receive support under the New Dawn project.

Reporting of project activity has mainly focused on monitoring activity, with a more robust MEAL framework developed for the New Dawn activity planned for 2022-23. Feedback has been encouraged by the beneficiaries and local committees to enable adaptation of how the grants could be used (e.g., it was more appropriate to combine grants to build larger scale shelters in some locations). This adaptive approach has further enabled the support provided to be individualised to person, household and location.

The protracted nature of the conflict in Myanmar has meant that while the numbers of displaced people crossing the border has slowed, there is likely to be a long period before there is sufficient confidence for people to return home permanently. The New Dawn project will continue as a priority through the coming financial year (2022-23), with the intention of increasing both scale and scope to provide for those in greatest need (see also Future Developments below).

Education

The outcomes for our education projects are for young people from remote rural communities in western Myanmar to experience improved educational prospects, long-term socio-economic wellbeing and to proactively contribute towards the development of their local community.

Prior to the military coup two projects were in operation to achieve these outcomes (Freedom to Education Programme, and Education For All). Sadly, insecurity forced the closure of the latter project.

Freedom to Education Project (FEP)

The Freedom to Education Project aims to:

- Improve access to higher education opportunities
- Enable students to attend a quality institution (compared to local availability)
- Create opportunities for young people to apply their learning for the benefit of their local community

FEP is run by HHM and supported by HHUK. It aims to identify young people who carry a vision for the long-term benefit of their people. Those selected for the project are offered the opportunity to pursue higher education, at pre-university or undergraduate level. In addition to tuition fees, HHUK issues a scholarship grant to cover accommodation costs, whilst practically providing study guidance, ongoing pastoral care, and additional language tuition where required. Over 60 students have graduated the FEP scheme to date.

This project has created a virtuous circle, to the benefit of the students, local communities, and Health & Hope. The returning graduates who come back to work in the villages are an inspiration for younger generations of students as they take on leadership roles whilst also being able to speak fluent English. They return with a real desire to serve their communities and will continue to play a critical role in the country's future.

A formal process application process for entry to FEP has been implemented by HHM including assessment criteria and interview. Successful students study in different locations, selected according to availability of appropriate education institutions and course of study. Seven students graduated from their undergraduate studies in 2021, in a range of subjects including engineering, business administration and medical imaging.

Further education provision had been impacted significantly by school closures due to Covid-19, and many institutions had not re-opened. The military coup has been an additional challenge for education provision given the scale of the passive Civil Disobedience Movement strikes undertaken by Myanmar public sector workers.

The need for a cohort of Myanmar nationals with higher education with a heart and vision for their communities is particularly acute given these dual challenges. Young people are also particularly vulnerable

to recruitment to resistance militia groups. Therefore, the decision was made to provide scholarships to twenty students to commence Year 11 studies (pre-university study) in the 2021-22 academic year. At their most recent examinations, three of the FEP Arts students occupied the top three places in their school, a great achievement considering all the challenges that they have had to overcome.

In addition to the academic input at college, students also receive mentoring, pastoral support and language tuition provided by HHM staff. Further, students are encouraged by HHM support staff to engage in sport and community activities. Given the increased need driven by lack of available facilities and insecurity, HHUK are working to raise funds for additional students to be recruited for a second intake in June 2022.

Health

The outcome for HHUK health programmes is for remote rural communities in western Myanmar to experience a decreased incidence of disease and an improvement in health and well-being. In previous years, health programmes had been a very significant part of our work. As noted above, most of our health programmes were closed due to insecurity.

This meant a significant change in activity and subsequent use of restricted funds from an institutional donor, Jersey Overseas Aid (JOA) to resource our humanitarian work (see above). This change of use was successfully negotiated, and we are very grateful to JOA for their continued support through so many challenges.

Mobile health and maternal ultrasound

Government investment in health care in Myanmar has historically been the lowest of any country monitored by the World Health Organisation. Health indicators in Chin State are low even by the standards of Myanmar, in part due to the remoteness of many villages and the paucity of good roads. These factors hinder access to medical expertise, and serious health conditions are often not treated on a timely basis.

The rural poor are most affected by the lack of investment in healthcare. Even where they do exist, clinics are understaffed and lack many basic provisions. Whilst the government has been supporting midwifery services into the rural areas, midwives are forced to spend their own money to secure transport to villages in the border regions. The villages are far away from the main roads and often require a day or more of walking in remote and scarcely populated areas. This increases risks for health professionals and with many midwives are unable to fulfil their duties in these areas. A sad paradox emerges: though essential maternal and infant healthcare can have a radically beneficial impact on community well-being, in many parts of rural Chin State it continues to represent an acute area of need.

To improve maternal health outcomes, HHUK has been partnering with a research team from Cornell University, New York, to establish mobile health surveillance and implement the use of mobile ultrasound. This work was meant to be implemented in Chin State in 2021 but has relocated to Mizoram State in India due to the insecurity caused by the military coup. Similar issues of health care accessibility and a physically challenging geographical environment are faced in Mizoram, meaning that the overall project aims remain valid.

HHUK has supported the implementation of this project with HHM, assisting with survey design and technical issues (e.g., in use of the mobile application used). Much of the work during the year has been on project set up and design, including the development of health surveys which will gather data using mobile technology.

This work was further augmented in late 2021 when the FIWDC team agreed to participate in the project. This will increase the scale and scope of the project and has enabled the HHM team to work with a partner who have more local knowledge and connections. These local connections have enabled permission from the State government to implement the project. The use of mobile ultrasound may be more difficult in India given the more stringent legal framework surrounding the use of mobile ultrasound, and this is being investigated further. Alternative interventions to improve maternal health outcomes will be designed if the use of mobile ultrasound is prohibited.

Community Led Health Care

An objective of the Community Led Health Care programme, currently closed due to the coup, was to produce a training manual for Community Health Workers. Despite the challenges of working remotely, the HHUK Programme Officer continued to work with one of the HHM medical team to develop this training manual. This has been difficult given many conflicting priorities, but is an important product to complete, with the long-term aspiration to return to Myanmar and re-institute the health programmes, including training of Community Health Workers.

Capacity building

The outcome of our capacity building work is for local partners to be self-sustaining with leadership, strategy, finance and operations. The operational challenges in the first half of the year did not afford much opportunity for partner capacity building, but included remote training sessions for HHM medical and health staff:

- Medical training/CPD (continued professional development) workshops for the HHM doctors with NHS doctors/practitioners in Bristol
- Regular training opportunities for the HHM nurses with the Royal College of Paediatrics and Child Health and The Tropical Health Education Trust

The HHUK Executive Director has worked with the HHM CEO to develop a more equitable and consistent pay scale for the HHM team given the re-location of the team. This was not in place previously and gives a framework for appointing new staff in the future. As noted above, capacity building was identified in our strategic review as a short-term priority and will feature more in our activity in 2022-23.

Partnerships

Our longstanding implementing partner, Health & Hope Myanmar was forced to close in-country at the time of the military coup. The majority of the team have been able to continue working on our projects as outlined above. HHM are intending to establish a formal organisational structure in 2022-23 which will be necessary for our long-term partnership.

We were pleased to develop a new implementing partnership with the Ferrando Integrated Women Development Centre (FIWDC) in Aizawl. This partnership was facilitated by an NGO colleague with a mutual understanding of both HHUK and FIWDC.

We have continued to partner with a number of similar minded NGOs including Humanitarian Aid and Relief Trust UK & US (HART-UK and HART-US), Prospect Burma, and Mission East. We are currently investigating funding opportunities with a number of institutional donors, including UNOPS, to support our humanitarian work. This will potentially lead to further capacity building opportunities for HHM and FIWDC.

Patronage

We have continued to enjoy the patronage of His Royal Highness the Prince of Wales who provided, along with his office, a variety of support through the financial year. This included facilitating connections with organisations such as UNHCR which has helped understand the wider context and enabled our HHM partners to collaborate with other NGOs in the region.

Fundraising and communications

Continued engagement of our supporters through a year of change was vital. The rise of the resistance government (National Unity Government) and links with the HHM founder Dr Sasa meant that the HHUK website, social media channels and other public communications were significantly redacted or temporarily closed. This meant that communicating intentionally with our regular supporters was a key area of focus. Our annual Impact report was circulated to over 200 households in November 2022.

Quarterly supporter events were held by videoconference to keep supporters updated and to enable interaction with the HHUK and HHM teams. These had good engagement from our regular supporters with approximately 40-50 delegates at each event.

Fundraising has continued across our range of donors including individual supporters, churches, Trusts, and institutional donors. A Christmas appeal for the humanitarian work yielded £18,191.

Trustee Board

A new Chair of Trustees was appointed in September 2021 and two Trustees resigned after many years of service in December and February. The Trustees will continue to review the Board membership and seek to recruit appropriately skilled and experienced individuals to govern our work.

HHUK staffing

A new Executive Director and Senior Partnerships & Communications Manager were appointed in October and March respectively to replace outgoing staff.

Finances

Our income exceeded both budgeted and previous year income (£609,126 vs £480,000 and £554,193 respectively). This represents significant unanticipated donations from individual supporters and Trusts in response to the humanitarian crisis. HHUK has historically enjoyed a relatively small number of very committed individual supporters which has been maintained through this turbulent year.

Our unrestricted expenditure in 2021-22 was 75% against budget, primarily due to staffing not being at usual levels. This has left unrestricted funding at £225,021 going into the new financial year which reflects the need to remain flexible at this time of operational uncertainty.

The Trustees review the levels of unrestricted funding regularly and have designated a proportion of these unrestricted funds to both relief and education work in the coming financial year given the increase in project activity, while maintaining an appropriate level of operational reserves.

Future developments

HHUK will continue in its mandate to serve the poor and vulnerable despite the operational challenges faced on the ground. Our humanitarian response to the crisis created by the coup will be scaled up to reach more target locations in great need and where possible, cross-border to those who remain in IDP camps and conflict affected villages. This is likely to include an education component given the hundreds of school age children who have been left unable to access education facilities. An issue that will be further investigated is the mental health and psychosocial support of those who have been displaced; this has been raised recently as an area of concern by our in-country partners.

Our longer-term development projects in health and education will continue through the coming financial year. It is intended that we will support fifteen additional students for the FEP programme.

The long-term strategic direction of HHUK will remain under regular review in 2022-23, recognising that we have gone through a significant time of change in programmes, staff and location. Through all the challenges we will continue to pursue our vision to see lives transformed and communities that are thriving and self-developed in the poorest rural areas of Myanmar.

Approved by order of the board of trustees on 16th September 2022 and signed on its behalf by:



Tim Creber – Chair of Trustees

Independent Examiners Report to the Trustees of Health and Hope UK

I report on the accounts for the year ended 31 March 2022 set out on pages 14-18.

Respective responsibilities of trustees and examiner

The charity's trustees (who are also directors for the purposes of company law) are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year (under Section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is required. Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Association of Chartered Certified Accountants (ACCA), which is one of the listed bodies.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under Section 145 of the 2011 Act
- to follow the procedures laid down in the General Directions given by the Charity Commission (under Section 145(5)(b) of the 2011 Act); and
- to state whether particular matters have come to my attention.

Basis of the independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statements below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- (1) which gives me reasonable cause to believe that, in any material respect, the requirements
- to keep accounting records in accordance with Section 386 and 387 of the Companies Act 2006; and
 - to prepare accounts which accord with the accounting records, comply with Sections 394 and 395 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities have not been met; or

- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



S A Lewcock FCCA
Windsor Lodge
Millfield Road
Hounslow
TW4 5PN

18th August 2022

Health and Hope UK
Year Ended 31 March 2022

Statement of Financial Activities

	Notes	Unrestricted fund	Restricted funds	31.3.22 Total funds	31.3.21 Total funds
INCOME AND ENDOWMENTS					
Income from generated funds					
Voluntary income		214,937	394,189	609,126	554,012
Investment income	3	<u>16</u>	<u></u>	<u>16</u>	<u>181</u>
Total income and endowments		214,953	394,189	609,142	554,193
EXPENDITURE					
Cost of generating funds					
Costs of generating voluntary income	4	29,820	0	29,820	54,638
Charitable activities					
Health		886	12,297	13,183	142,652
Education		6,311	87,602	93,913	67,552
Food security		21,524	298,768	320,292	23,389
Rebuilding project		0	0	0	44,648
Capacity building & training		44,135	37	44,172	39,126
Other expenditure		12,893	2,545	15,437	20,402
Provision for bad debt		<u>0</u>	<u>0</u>	<u>0</u>	<u>59,315</u>
Total expenditure		115,568	401,249	516,817	451,722
NET INCOME/(EXPENDITURE) BEFORE TRANSFERS					
		99,384	(7,059)	92,325	102,471
Gross transfers between funds		<u>0</u>	<u>0</u>	<u>0</u>	<u>0</u>
NET MOVEMENT IN FUNDS		99,384	(7,059)	92,325	102,471
RECONCILIATION OF FUNDS					
Total funds brought forward		129,089	135,742	264,831	162,360
TOTAL FUNDS CARRIED FORWARD		228,473	128,683	357,156	264,831

The notes form part of these financial statements

Health and Hope UK
Year Ended 31 March 2022

Balance Sheet

	Notes	Unrestricted fund	Restricted funds	31.3.22 Total funds	31.3.21 Total funds
CURRENT ASSETS					
Debtors	7	5,401	0	5,401	30,438
Cash at bank and in hand		<u>260,146</u>	<u>128,683</u>	<u>388,829</u>	<u>239,940</u>
		265,547	128,683	394,229	270,378
CREDITORS					
Amounts falling due within one year	8	(37,074)	0	(37,074)	(5,547)
NET CURRENT ASSETS		<u>228,473</u>	<u>128,683</u>	<u>357,156</u>	<u>264,831</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		228,473	128,683	357,156	264,831
NET ASSETS		<u>228,473</u>	<u>128,683</u>	<u>357,156</u>	<u>264,831</u>
FUNDS					
Unrestricted funds: General fund	9	148,473	0	148,473	129,089
Unrestricted funds: Designated funds	10	80,000	0	80,000	0
Restricted funds	9	0	128,683	128,683	135,742
TOTAL FUNDS		<u>228,473</u>	<u>128,683</u>	<u>357,156</u>	<u>264,831</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2022.

The members have not required the charitable company to obtain an audit of its financial statements for the year ended 31 March 2022 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small charitable companies and with the Financial Reporting Standard 102 SORP 2015.

The financial statements were approved by the board of trustees on 16th September and signed on its behalf by:



T R Creber- Chair



A D Gray - Treasurer

Notes to the Financial Statements

1 ACCOUNTING POLICIES

Accounting convention

The financial statements have been prepared under the historical cost convention and in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard 102, the Charities Act 2011 and the Companies Act 2006.

Income and Endowments

All income and endowments are included on the Statement of Financial Activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy.

Expenditure

Expenditure is accounted for on an accruals basis and have been classified under heading that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Taxation

The charity is exempt from corporation tax on its charitable activities

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Designated funds

Unrestricted funds that the Trustees have set aside for a particular purpose.

2 FINANCIAL RESERVES POLICY

The trustees seek to hold an amount in reserve equal to or greater than six months running costs. This policy is reviewed on an annual basis.

3 INVESTMENT INCOME

	Year ended 31.3.22 £	Year ended 31.3.21 £
Deposit account interest	<u>16</u>	<u>181</u>

Notes to the Financial Statements - continued

4 COSTS OF GENERATING VOLUNTARY INCOME

	Year ended 31.3.22 £	Year ended 31.3.21 £
Events		222
Resources, Postage and stationery	8	309
Promotional materials, film and media	198	1,352
Staff costs including consultancy	29,434	52,545
Website redesign	180	210
Travel		0
	<u>29,820</u>	<u>54,638</u>

5 TRUSTEES' REMUNERATION AND BENEFITS

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2022

6 STAFF COSTS

	Year ended 31.3.22 £	Year ended 31.3.21 £
Wages and salaries	71,917	91,652
Pension and Social security costs	<u>5,444</u>	<u>8,453</u>
	<u>77,361</u>	<u>100,105</u>

The average monthly number of employees (2.5 full time equivalent) during the year was:

Administrative	3	3
----------------	---	---

No employees received emoluments in excess of £60,000

7 DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.22 £	31.3.21 £
Donations and Gift Aid	5,401	30,438
Other Debtors	59,315	59,315
Bad debt provision	<u>-59,315</u>	<u>-59,315</u>
	<u>5,401</u>	<u>30,438</u>

8 CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.22 £	31.3.21 £
Charitable remittances	35,724	0
Other creditors	<u>1,349</u>	<u>5,547</u>
	<u>37,074</u>	<u>5,547</u>

Notes to the Financial Statements - continued

9 MOVEMENT IN FUNDS

	1.4.21	Income & Endowments	Expenditure	31.3.22
	£	£	£	£
Unrestricted funds: General fund	129,089	214,953	115,568	228,473
Restricted funds				
Community-led Healthcare	85,120	(73,495)	11,565	60
Traditional Birth Attendants training	4,260	574	48	4,786
Clinic	8,411	0	0	8,411
Mobile clinic				0
Relief fund	2,440	347,490	282,140	67,790
Covid Relief		0	0	0
MUMM		4,574	0	4,574
Community Health Financing Initiative	0	0	0	0
Further Education project	7,245	89,337	82,706	13,876
Education for All	28,266	940	21	29,185
Rebuilding of training centre		0	0	0
Building dormitories	0	0	0	0
Airstrip		0	0	0
Peace building				0
HH Myanmar Operational costs		22,188	22,188	0
Capacity Building		37	37	0
UK overheads		2,545	2,545	0
TOTAL FUNDS	<u>264,831</u>	<u>609,142</u>	<u>516,817</u>	<u>357,156</u>

10 Designated funds

Allocated to the following programmes to enable increased scope and scale of activity in the forthcoming financial year:

Education	30,000
Relief	50,000
TOTAL	<u>80,000</u>

Accounts

REGISTERED COMPANY NUMBER: 08290412 (England and Wales)
REGISTERED CHARITY NUMBER: 1151105

Report of the Trustees and Financial Statements
for the Year Ended 31 March 2021 for
Health and Hope UK

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Health and Hope UK
Year Ended 31 March 2021
Report of the Trustees

The trustees, who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2021.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number 08290412 (England and Wales)

Registered Charity number 1151105

Registered Office

62 Heronsgate Road
Rickmansworth
Hertfordshire
WD3 5NX

Principal Address

62 Heronsgate Road
Rickmansworth
Hertfordshire
WD3 5NX

Trustees

J Boyce	Accountant	
J C E Gardner	Lawyer	
A Gray	Accountant & INGO professional	
H J Greig	Lawyer	
K Waterfield	Doctor	(Resigned January 2021)
E Watson	Management consultant	
T Creber	Business professional	
E Ong	Doctor	
A Murray	Business professional	
P Harlock	Business & INGO professional	

Independent examiner

Simon Lewcock FCCA
Windsor Lodge
Millfield Road
Hounslow
TW4 5PN

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a company limited by guarantee, as defined by the Companies Act 2006.

Risk Management

The trustees have reviewed the risks to which the charity is exposed and have ensured that appropriate controls are in place to provide reasonable assurance against fraud and error.

OBJECTS AND ACTIVITIES

Health and Hope UK (HHUK) was established at the end of 2012. The objects of the charity are:

- (1) For the public benefit of people in the regions of South and South-East Asia, Health and Hope UK aims to relieve poverty and advance health, education and the Christian faith; and
- (2) Promote the efficiency and effectiveness of charities through technical support and by the provision of advice and training in good governance, structure and fundraising for our partners.
- (3) Nothing in the articles shall authorise an application of the property of the charity for purposes which are not charitable in accordance with section 7 of the charities and trustee investment (Scotland) act 2005 and/or section 2 of the charities act (Northern Ireland) 2008.

HHUK has carried out its objects by working through local partners to bring health care, education, hope and development to the poorest people in remote areas of western Myanmar, through community engagement and empowerment. Our vision is to see communities thriving and self-developed.

The programmes that HHUK supported during 2020-21 are structured around three strategic goals - health, education and food security - with an underlying objective to see these goals contribute towards increased community cohesion and hope.

Health: To improve access to public health and primary medical care

Education: To increase the number of skilled people who are empowered and trained to take the lead in community development initiatives

Food Security: To increase and diversify agricultural production and reduce chronic malnutrition

In order to strengthen the effectiveness of field-based work, HHUK provides support to partners in the following areas:

- | | |
|------------------------------|--------------------------------|
| - Strategy and Governance | - Monitoring and Evaluation |
| - Finance and Administration | - Fundraising |
| - Training and Development | - Marketing and Communications |

Fundraising Standards & Regulations

HHUK is dedicated to ensuring we comply with all relevant fundraising standards and regulations. HHUK is registered with the Fundraising Regulator and is committed to both the Fundraising Promise and adhering to the Fundraising Code of Practice.

Our fundraising activities involve encouraging individual donations and gifts in wills, running small events for donors to engage with our work, as well as working with corporate and statutory funders. We do not use direct marketing techniques which could unfairly target vulnerable people or contravene their right to privacy. We do not engage with external contractors for fundraising, except for research purposes, which are conducted in compliance with current Data Protection regulations. Staff are familiar with our Fundraising Procedures Policy, which includes procedures on how to protect vulnerable people.

The Health & Hope website outlines our complaints policy for the public and explains how an individual can submit a complaint. We received no complaints in the last financial year about our fundraising activities.

ACHIEVEMENT AND PERFORMANCE

Overview:

The 2020-21 financial year has been marked by two major events in Myanmar. Firstly, the COVID-19 pandemic, and secondly, a military coup. Lockdowns imposed by the former led to significant adaptations being required to field-based programming, a reduction of planned activities and the heightened vulnerability of local communities. The impact of the latter has been catastrophic, with thousands killed in the protest movement and an estimated quarter of a million people displaced. Arising from the coup has been a nationwide civil uprising, a collapse of the health and education sectors, escalating prices for basic commodities and economic isolation. At the end of the year (February and March 2021), this required a change in our planned programme activities to a more focused humanitarian response. While this is covered in our charitable objects, the Trustees will be working to review our long term activities in 2021-2022.

Throughout the year, HHUK's supporters have remained committed to communities in Myanmar and through their generous giving and prayer have enabled us to walk closely alongside those going through immense hardship. As a result, and despite significant adaptations necessitated by the impact of Covid-19, we were able to deliver most of our planned activities up to the military coup, apart from the Education for All project. This project was put on hold due to country-wide COVID-19 restrictions which saw the closure of all educational institutions in the 2020 academic year. Most have failed to reopen following the coup throwing children's lives into further chaos.

Income to HHUK reached £554k for the financial year. This represented a 10% dip compared to the prior year, reflecting the reduced expenditure required for education during the pandemic. At the same time, significant efforts were taken to control expenditure during the COVID-19 outbreak, resulting in a 16% reduction in HHUK's operating costs.

Dr Sasa (Health & Hope Myanmar's founder), tendered his resignation in order to take up an appointment as Special Envoy to the United Nations. As a result of subsequent military persecution, Health & Hope Myanmar (HHM) were forced to shut down in-country operations. Staff were forced into hiding with local assets being moved to a place of safety. This led to HHUK putting a temporary halt on all fund transfers in the last two months of the financial year. As a result, HHUK were holding a significantly higher level of both unrestricted and restricted funds at the year-end than had been planned. This situation has been resolved as operations have shifted to a humanitarian-led response with alternative partners, whilst also expanding our focus on the Freedom to Education Project which provides scholarship grants for impoverished students.

Our team in the UK continued to give support and capacity building opportunities for the team in Myanmar despite restrictions imposed by Covid-19, with an emphasis on project, HR and finance management. Using videoconferencing facilities we engaged supporters through online events, providing key updates regarding our work and gave opportunity to interact directly with the Myanmar team.

Despite the escalating and ongoing crisis, we remain as committed as ever to our cause of serving the most vulnerable people of Myanmar.

Health

HHUK has the following development objective in health:

Remote rural communities in western Myanmar experience a decreased incidence of disease and an improvement in health and well-being.

The development objective is being achieved by:

1. improving access to health care services;
2. improving knowledge about health management and disease prevention;
3. creating a sustainable service through a community contribution and partnership model.

HHUK support in this area was directed through HHM in the running of four projects to meet these objectives:

Maternal & Neonatal Health

Government investment in health care in Myanmar has historically been the lowest of any country monitored by the World Health Organisation. Health indicators in Chin State are low even by the standards of Myanmar, in part due to the remoteness of many villages and the paucity of good roads. These factors hinder access to medical expertise, and serious health conditions are often not treated on a timely basis.

The rural poor are most affected by the lack of investment in healthcare. Even where they do exist, clinics are understaffed and lack many basic provisions. Whilst the government has been supporting midwifery services into the rural areas, midwives are forced to spend their own money to secure transport to villages in the border regions. The villages are far away from the main roads and often require a day or more of walking in remote and scarcely populated areas. This increases risks for health professionals and with many midwives are unable to fulfil their duties in these areas. A sad paradox emerges: though essential maternal and infant healthcare can have a radically beneficial impact on community well-being, in many parts of rural Chin State it continues to represent an acute area of need.

HHUK seeks to address this need by funding work to train and equip Traditional Birth Attendants (TBAs). These are usually older women who hold status and respect within their communities. They are planted for life within local communities and have gained knowledge of the birthing process through practical experience and oral tradition, rather than formal learning. Poor traditional hygiene practices, as well as myths and superstitions surrounding childbirth, can be reversed through education, leading to a reduction in maternal and perinatal mortality and morbidity.

Since 2012, nine TBA training workshops have been run by expert midwives from the UK which have had a tremendous impact on the local communities, including the local under-5 orphanage being closed down in 2018, thanks to the reduction in maternal mortality in childbirth. This, along with many individual testimonies of lives saved through better birthing practices, have created significant recognition for this work across the region.

Due to COVID-19, local trainers were unable to travel freely during the first six-months of the financial year, with local villages having locked down with government restrictions. However, when these were lifted, the HHM team were able to conduct a number of training workshops and outreach visits with remote support from HHUK. In December, a group of 12 Trainer of Trainers (ToTs) who are now responsible for running local workshops and supporting TBAs in remote communities, attended a workshop at HHM's newly finished training centre. After receiving key equipment, including bespoke Birthing Bags, they delivered training into 12 remote villages. Two TBAs were supported with training at each village along with an additional 72 local women. The training covers a range of topics from health in pregnancy and complications in birth, to breast feeding and postnatal care. The HHM team then carried out an independent survey and found that 90% of

women in the villages had received antenatal care visits during their last pregnancy. This was also reflected by the fact that 87% of births were attended by a Health & Hope trained TBA. The HHM team made further in-situ visits using a newly developed TBA competency assessment tool, whilst also delivering materials for the ToTs next outreach visit. Following the military coup and the collapse of the healthcare sector, ToTs and TBAs remain the sole source of support to pregnant women in these remote villages.

Hope Clinic

Based in Lailenpi, Hope Clinic provides services to just under 2,000 out-patients each year. In emergencies the clinic can provide a referral service and transport patients to hospitals in Pakokku or Yangon. This service often saves families going into lifelong debt in order to reach expert clinical care in hospital. The clinic also acts as a clinical training centre for CHWs and TBAs and a base for community health education campaigns.

In 2018, two doctors from Health & Hope's Freedom to Education Project (FEP) returned to Lailenpi to run the clinic after undertaking six years study in the Philippines. By 2020, seven qualified nurses, who have also been supported by Health & Hope through six years of study in India, had returned to take up positions serving the local communities.

The HHM medical team provide clinics to the local community on weekdays for outpatients and a 24/7 emergency service. At the start of the pandemic, they provided an incredible service to local communities, translating COVID-19 information into local languages and leading health education work across the region. Whilst there was no widespread outbreak in Chin State during the 2020 calendar year, COVID has spread like wildfire across the nation in 2021, particularly in the larger towns and cities. Sixty-four Chin pastors had lost their lives to COVID by June 2021, with communities suffering from a complex set of challenges exacerbated by the coup.

In 2020-21 HHUK provided funding for medical equipment, medication and salary costs for the doctors and nurses, enabling ongoing support for out-patient clinics, home visits and health education campaigns.

Community-Led Healthcare

Since 2008, HHM have trained 791 Community Health Workers (CHWs) working in 448 villages in Chin and Rakhine States. CHWs are known to deliver life-saving services through simple health interventions, right at the point where they are most needed. CHWs are selected and embedded within the communities where they serve and are able to address the vast majority of sickness and ill-health through education and preventative practices such as: the use of clean water, better waste disposal, teaching the benefits of hand washing, nutrition and combatting deadly superstitions about health. Many of these simple and effective techniques are often overlooked but have a significant impact in reducing morbidity and averting mortality.

The network of trained volunteer health workers is spread over 448 partner villages. The project area is remote and poorly connected to the rest of the country. Villagers consist of fifteen different tribal groups, all facing chronic food insecurity, a lack of educational opportunities and poor health outcomes, with many needing to walk up to three days to reach a well-equipped and staffed health facility.

Following on from the launch of the Community-led Healthcare project in Rakhine and southern Chin States in 2018-19, work continued in 2020/21 to:

1. increase access to health care services through equipping 32 Area Coordinators, ensuring the network of trained CHWs are regularly supported and are able to respond to the changing health needs of their local community;
2. build capacity of the network of health workers through health education initiatives in order to increase the knowledge and capability of local communities to respond to their own health needs;
3. address the sustainability of HHM's rural health care provision through models of community-led social enterprise which return value back into the health network;
4. encourage the government's participation with and recognition of HHM's capability in delivering a model of community-led healthcare; and
5. build HHM's capacity at a key point of growth to sustain operations into future years by developing its health expertise and operational delivery.

Two workshops formed the centre-piece of our model to train Area Coordinators (ACs), surrounded by outreach clinics and support visits to 143 Community Health Workers (CHWs) actively working in 121 villages.

CHWs equipped by the project served a population of 40,535 over the year, each seeing an average of seven patients per week. Projected across the region, CHWs provided healthcare advice to 51,600 patient visits over the course of the year, of whom 13% required onward referral. With CHWs able to deal with 87% of healthcare enquiries at source, this both reduces unnecessary risk and costs for patients to travel to distant hospitals, whilst also supporting the timely referral of unwell patients.

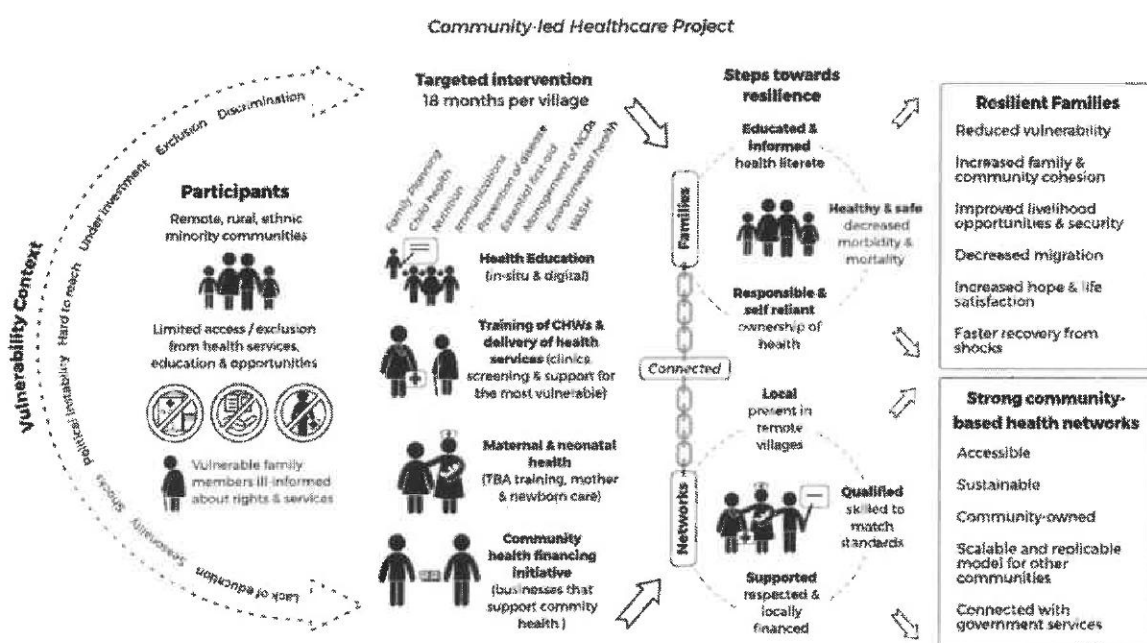
The roll out of our new monitoring tools saw 519 interviews carried out across 49 villages. Results from the survey found that the project had significantly increased the density of active health workers to 3.5 per 1,000 (Myanmar average: 1.33 vs WHO recommended: 4.45). Fifty-eight percent of CHWs trained up to a decade ago were still active in their villages. Ninety-one percent of villages supported under the project had access to a Health & Hope trained CHW compared to 9% that could access a government health outpost. Fifty-nine percent of villagers supported under the project had accessed a CHW in the last 12 months and 93% of villagers reported the CHWs had the medications they needed. This was thanks to a key donor of HHUK, financing a shipment of 53,722 treatments through a partnership with International Health Partners (IHP), which started to reach families across the region in early 2020. *Villagers had also seen the impact of health education with 87% of interviewees knowing to exclusively breastfeed to at least five-months compared to 48% at baseline.*

As part of the Community-Led Healthcare project, and thanks to very supportive donors, the local team were able to rapidly adapt health programming during the year to develop a three-stage strategy to COVID-19: PREVENT, DETECT, RESPOND. This included outreach to 135 villages and four IDP (Internally Displaced People) camps, with support for travel and preventative activities throughout the lockdown gained from the Chief Minister of Chin State. The team undertook intensive travel setting up village-level COVID-19 prevention committees, providing training for CHWs, establishing handwashing stations and delivering key health education materials as well as PPE equipment and diagnostic tools for health workers. It has been

tremendous to see the ingenuity of the team working in partnership alongside the Chin State government in delivering this vital work to villagers in the region.

Following this outreach, HHM won an award with the Foreign & Commonwealth Office to deliver handwashing stations to 100 communities across Chin State. This was completed by December 2020.

As a result of the mid-term review in September 2020 a new centralised model of CHW support was devised which targeted whole community changes to health knowledge, attitude and practice. This model was approved for funding, however, was in its infancy when the military seized power and work came to a halt.



The work has since been drawn together and will be ready for use when the situation inside the country allows for its ongoing development.

Community Health Financing Initiative

The Community Health Financing Initiative (CHFI) aims to equip Village Health Committees (VHCs), with the ideas, skills and investment required towards developing a local source of income for meeting the cost of the Community-Led Healthcare project in the long-term.

In order to move towards local financial sustainability, each village will need to contribute an average of USD \$290 towards the ongoing work of the Community-Led Healthcare project to sustain operations at the current level. The CHFI has been developed to help villages achieve this.

In 2020-21, the CHFI invested in five community-owned business initiatives in twenty-two villages where a CHW and trained TBA were working. The initiatives covered livestock rearing, cash crop planting and small business ownership. The project fosters a community approach and aims to develop models of best practice for scaling up in following years. We were delighted that all of the projects saw a profit from the

first year of activities in addition to the loans being paid back in full. Fifty percent of the profits from each project were invested into village healthcare – providing a stipend for the CHW and purchasing medications for the village – and fifty percent were reinvested in furthering the business idea for a second year.

Loans had been issued in full to villagers prior to the coup and is continuing to receive local support.

Education

HHUK has the following development objective in education:

Young people from remote rural communities in western Myanmar experience improved educational prospects, long-term socio-economic wellbeing and are proactively contributing towards the development of their local community.

The development objective is being achieved through:

1. improving access to primary, secondary and higher education opportunities;
2. improving the quality of education services;
3. creating opportunities for young people to apply their learning for the benefit of their local community.

This work is being undertaken through the following projects:

Freedom to Education Project (FEP)

The Freedom to Education Project, run by HHM and supported by HHUK, aims to identify young people who carry a vision for the long-term benefit of their people. Those selected for the project are offered the opportunity to pursue higher education. In addition to tuition fees, HHUK issues a scholarship grant to cover accommodation costs, whilst practically providing study guidance and ongoing pastoral care, for the majority of students.

We are delighted that over the last financial years, there has been a 100% graduation rate. Eighteen students graduated in 2020-21 despite challenges of COVID-19 delaying graduation by up to 6 months. Due to the military coup and the closure of the Education for All project, an additional twenty students have been selected to receive scholarships in the 2021-22 academic year.

This project has created a virtuous circle, to the benefit of the students, local communities, and Health & Hope. The returning graduates who come back to work in the villages are an inspiration for younger generations of students as they take on leadership roles whilst also being able to speak fluent English. They return with a real desire to serve their communities and will continue to play a critical role in the country's future.

Education for All

During the financial year, over 200 students applied to take part in the second year of the Education for All project after it achieved record pass rates for students in the prior financial year. Unfortunately, due to the COVID-19 crisis followed by the military coup, we have been unable to reopen the project in this current financial year.

Food Security

HHUK's development objective in relation to food security is that:

Remote rural communities in western Myanmar adopt sustainable agricultural methodologies and experience an improvement in food security and nutritional health.

The development objective is being achieved through:

1. increasing the quantity and diversity of household food production through crop diversification;
2. increasing nutrition and healthy food production knowledge and skills, particularly through shared learning;
3. increasing the uptake of environmentally sustainable agricultural techniques and water management practices;
4. ensuring there are accessible resources and networks in place to provide rapid food relief to needy areas during natural disasters.

Sustainable Agriculture

Working with Together for Sustainable Development (TSD, a local NGO) and Mission East, HHM received funding from the Danish government for a sustainable farming project: 'New Ways to Grow'. The project started in July 2017 and finished in November 2019, focusing on bringing new farming techniques and crop diversification to local Family Farmer Groups (FFGs). It was then extended for a further two years until December 2021 expanding the work to another 100 farmers. The primary purpose of the project is to demonstrate that an increased agricultural yield with higher nutritional gains can be achieved using sustainable farming methods which reduce exposure to natural disasters and divert activity from traditional destructive slash and burn methodology. Secondary health outcomes were also aiming to be achieved through enhanced nutrition as a result of changes to diet.

The evaluation found that significant progress had been made in a short time frame towards, achieving the four pillars of food security: availability, access, utilisation and stability. Participating households had improved the availability and variety of crops, mostly year-round, and had also reported additional benefits in health, income generation, social development and gender equality. Additional funding was also secured to research alternative livelihood options, including Non-Timber Forest Products, such as beekeeping.

During the financial year HHUK continued to support HHM through providing operational and staffing resources to complement the main grant. This project continues to bring benefit to local communities despite the challenges of the pandemic and the coup.

Building for the future

Rebuilding the Training Centre

We were delighted that the training centre was completed during the financial year with installation of plumbing and electricity. During the year, the Training Centre hosted numerous health workshops and became the logistical centre for COVID-19 activities across the region. It opened its doors to 200+ students registering for the education programme and enabled the HHM medical team to set up a more permanent

base for Hope Clinic whilst it underwent essential building work. Unfortunately, the Training Centre had to close its doors in March 2021 following the coup, however we hope one day for it to resume active use.

Dormitory Building

HHUK was able to secure funding for a new permanent dormitory which was designed, planned and built within eight months. The building is situated alongside the Training Centre and is able to accommodate up to 150 youth. Along with the Training Centre, the dormitory building had to be closed in March 2021.

Lailenpi airstrip

HHUK have continued to work closely with Mission Aviation Fellowship (MAF) and eMI during the financial year to support the construction of Lailenpi airstrip. The airstrip will reduce travel time from Mandalay from two days of often hazardous driving to around 2 hours of flying. The airstrip was 6-8 weeks from completion when the military took power. Construction workers were sent to their homes by the military and the project was put on hold.

FUTURE DEVELOPMENTS

As described, HHUK will continue in its mandate to serve the poor and vulnerable despite the operational challenges faced on the ground. Working through a number of partners, we will be focusing on a humanitarian response, enabling them to deliver health services, food and shelter to those in need. We will expand our educational scholarships programme to support youth who are unable to otherwise receive an education this year, whilst continuing to walk alongside local communities and churches, supporting them as faithfully as we can throughout this time of crisis.

Approved by order of the board of trustees on 25th October 2021 and signed on its behalf by:



J C E Gardner - Trustee

Independent Examiners Report to the Trustees of Health and Hope UK

I report on the accounts for the year ended 31 March 2021 set out on pages 12 to 16.

Respective responsibilities of trustees and examiner

The charity's trustees (who are also directors for the purposes of company law) are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year (under Section 144(2) of the Charities Act 2011 (the 2011 Act) and that an Independent examination is required. Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Association of Chartered Certified Accountants (ACCA), which is one of the listed bodies.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under Section 145 of the 2011 Act
- to follow the procedures laid down in the General Directions given by the Charity Commission (under Section 145(5)(b) of the 2011 Act); and
- to state whether particular matters have come to my attention.

Basis of the independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statements below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that, in any material respect, the requirements

- to keep accounting records in accordance with Section 386 and 387 of the Companies Act 2006; and
- to prepare accounts which accord with the accounting records, comply with Sections 394 and 395 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



S A Lewcock FCCA
Windsor Lodge
Millfield Road
Hounslow

26th September 2021

Health and Hope UK
Year Ended 31 March 2021

Statement of Financial Activities

	Notes	Unrestricted fund	Restricted funds	31.3.21 Total funds	31.3.20 Total funds
INCOME AND ENDOWMENTS					
Income from generated funds					
Voluntary income		202,520	351,492	554,012	607,269
Investment income	3	<u>181</u>	<u></u>	<u>181</u>	<u>922</u>
Total income and endowments		202,701	351,492	554,193	608,191
EXPENDITURE					
Cost of generating funds					
Costs of generating voluntary income	4	54,638	0	54,638	62,605
Charitable activities					
Health		26,265	116,387	142,652	291,721
Education		4,410	63,142	67,552	158,709
Food security		4,209	19,180	23,389	0
Rebuilding project		8,957	35,691	44,648	39,525
Capacity building & training		10,305	28,821	39,126	45,533
Other expenditure		18,947	1,455	20,402	26,673
Provision for bad debt	7	<u>59,315</u>	<u>0</u>	<u>59,315</u>	<u>0</u>
Total expenditure		187,046	264,676	451,722	624,766
NET INCOME/(EXPENDITURE) BEFORE TRANSFERS					
		15,655	86,816	102,471	(16,575)
Gross transfers between funds		<u>0</u>	<u>0</u>	<u>0</u>	<u>0</u>
NET MOVEMENT IN FUNDS		15,655	86,816	102,471	(16,575)
RECONCILIATION OF FUNDS					
Total funds brought forward		113,434	48,926	162,360	178,935
TOTAL FUNDS CARRIED FORWARD		129,089	135,742	264,831	162,360

The notes form part of these financial statements

Health and Hope UK
Year Ended 31 March 2021

Balance Sheet

	Notes	Unrestricted fund	Restricted funds	31.3.21 Total funds	31.3.20 Total funds
CURRENT ASSETS					
Debtors	7	10,138	20,300	30,438	7,349
Cash at bank and in hand		<u>124,498</u>	<u>115,442</u>	<u>239,940</u>	<u>187,887</u>
		134,636	135,742	270,378	195,236
CREDITORS					
Amounts falling due within one year	8	(5,547)	0	(5,547)	(32,876)
NET CURRENT ASSETS		<u>129,089</u>	<u>135,742</u>	<u>264,831</u>	<u>162,360</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		129,089	135,742	264,831	162,360
NET ASSETS		<u>129,089</u>	<u>135,742</u>	<u>264,831</u>	<u>162,360</u>
FUNDS					
Unrestricted funds: General fund	9	129,089	0	129,089	113,434
Restricted funds	9	0	135,742	135,742	48,926
TOTAL FUNDS		<u>129,089</u>	<u>135,742</u>	<u>264,831</u>	<u>162,360</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2021.

The members have not required the charitable company to obtain an audit of its financial statements for the year ended 31 March 2021 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small charitable companies and with the Financial Reporting Standard 102 SORP 2015.

The financial statements were approved by the board of trustees on 25 October 2021 and signed on its behalf by:



Mrs J Boyce - Trustee



J C E Gardner - Trustee

The notes form part of these financial statements

Notes to the Financial Statements

1 ACCOUNTING POLICIES

Accounting convention

The financial statements have been prepared under the historical cost convention and in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard 102, the Charities Act 2011 and the Companies Act 2006.

Income and Endowments

All income and endowments are included on the Statement of Financial Activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy.

Expenditure

Expenditure is accounted for on an accruals basis and have been classified under heading that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Taxation

The charity is exempt from corporation tax on its charitable activities

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

2 FINANCIAL RESERVES POLICY

The trustees seek to hold an amount in reserve equal to or greater than six months running costs. This policy is reviewed on an annual basis.

3 INVESTMENT INCOME

	Year ended 31.3.21 £	Year ended 31.3.20 £
Deposit account interest	<u>181</u>	<u>922</u>

Notes to the Financial Statements - continued

4 COSTS OF GENERATING VOLUNTARY INCOME

	Year ended 31.3.21	Year ended 31.3.20
	£	£
Events	222	1,106
Resources, Postage and stationery	309	596
Promotional materials, film and media	1,352	2,655
Staff costs including consultancy	52,545	48,569
Website redesign	210	4,065
Travel	0	5,614
	<u>54,638</u>	<u>62,605</u>

5 TRUSTEES' REMUNERATION AND BENEFITS

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2021

6 STAFF COSTS

	Year ended 31.3.21	Year ended 31.3.20
	£	£
Wages and salaries	91,652	99,101
Pension and Social security costs	8,453	9,972
	<u>100,105</u>	<u>109,073</u>

The average monthly number of employees (2.5 FTE) during the year was: 3 3

No employees received emoluments in excess of £60,000

7 DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.21	31.3.20
	£	£
Donations and Gift Aid	30,438	6,342
Other Debtors	59,315	1,007
Bad debt provision*	(59,315)	0
	<u>30,438</u>	<u>7,349</u>

*Since the military coup in Myanmar on 01/02/2021 there remains a great deal of uncertainty. Banks have remained closed and our partner has been unable to access some of the funds transferred and held in the bank prior to the coup. The Directors feel it is prudent to provide for the balance held, although remain hopeful the funds will be accessible in the near future.

8 CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.21	31.3.20
	£	£
Charitable remittances	0	28,968
Other creditors	5,547	3,908
	<u>5,547</u>	<u>32,876</u>

Notes to the Financial Statements - continued

9 MOVEMENT IN FUNDS

	1.4.20	Income & Endowments	Expenditure	31.3.21
	£	£	£	£
Unrestricted funds: General fund	113,434	202,701	187,046	129,089
Restricted funds				
Health: Community-led Healthcare	25,180	114,668	54,728	85,120
Health: Traditional Birth Attendants training	2,590	19,972	18,302	4,260
Health: Clinic	0	18,842	10,431	8,411
Health: Covid Relief	0	21,476	21,476	0
Health: Community Health Financing Initiative	18,306	(11,174)	7,132	0
Food Security: Relief	71	20,840	18,471	2,440
Education: Freedom to Education Project	0	64,643	57,398	7,245
Education: Education for All	2,601	30,667	5,002	28,266
Rebuilding: Rebuilding of training centre	0	9,397	9,397	0
Rebuilding: Building dormitories	178	24,485	24,663	0
Reallocation of project costs: Airstrip	0	280	280	0
Reallocation of project costs: HHM Operations	0	7,121	7,121	0
Capacity Building	0	28,821	28,821	0
UK support costs	0	1,455	1,455	0
TOTAL FUNDS	162,360	554,193	451,722	264,831