CAMBRIAN COMMUNITY CENTRE

England & Wales · Charity number 1151011

Details

Other names	N/A
Status	Registered
Legal form	Charitable company
Company number	08268372
Registered	2013-02-28
Register	View on the Charity Commission register

Contact

Address	1 Grove Road Richmond TW10 6SN
Phone	02089483351
Email	manager@cambriancentre.org
Website	www.cambriancentre.org

Activities

Objects: TO PROMOTE FOR THE BENEFIT OF THE INHABITANTS OF THE LONDON BOROUGH OF RICHMOND AND THE SURROUNDING AREA THE PROVISION OF FACILITIES FOR THE ADVANCEMENT OF EDUCATION AND FOR RECREATION OR OTHER LEISURE TIME OCCUPATION OF INDIVIDUALS WHO HAVE NEED OF SUCH FACILITIES BY REASON OF THEIR YOUTH, AGE, INFIRMITY OR DISABLEMENT, FINANCIAL HARDSHIP OR SOCIAL AND ECONOMIC CIRCUMSTANCES OR FOR THE PUBLIC AT LARGE IN THE INTERESTS OF SOCIAL WELFARE AND WITH THE OBJECT OF IMPROVING THE CONDITION OF LIFE OF THE SAID INHABITANTS.

Activities: To benefit inhabitants of the Richmond area, especially the Queens Road Estate, with facilities for education, health & recreation whether by reason of their youth, age, infirmity or disablement, financial hardship or social & economic circumstances or for the public at large in the interests of social welfare & with the object of improving the condition of life of the said inhabitants.

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Classification

- **How:** Provides Buildings/facilities/open Space, Provides Services
- **What:** General Charitable Purposes, Education/training, The Advancement Of Health Or Saving Of Lives, Arts/culture/heritage/science, Amateur Sport, Recreation
- **Who:** Children/young People, Elderly/old People, People With Disabilities, Other Charities Or Voluntary Bodies, The General Public/mankind

Geography

- Richmond Upon Thames

Finances

Period end	Income	Expenditure	Assets	Employees
2025-06-30	£205,142	£188,006	-	-
2024-06-30	£187,513	£126,743	-	-
2023-06-30	£161,159	£137,180	-	-
2022-06-30	£113,943	£95,333	-	-
2021-06-30	£116,150	£122,506	-	-

Trustees

Name	Role	Appointed
Thomas Keppel O'Malley	Chair	2026-03-14
Brian Douglas Shea		2021-07-14
Claudia McVie		2025-05-20
Elizabeth Jennifer Nash		2023-05-16
Kathleen Ann McCormack		2015-02-08
Maria Alice Kell		2021-05-17
Michael Steven Weidman		2025-03-18
Pamela Ann Fleming		2023-09-19
Susan Mary Pendle		2026-03-14

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CAMBRIAN COMMUNITY CENTRE

England & Wales - Charity number 1151011

Accounts

CAMBRIAN COMMUNITY CENTRE

TRUSTEES' ANNUAL REPORT AND FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 JUNE 2025

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MEMBERS OF THE BOARD AND PROFESSIONAL ADVISORS

The Board of Trustees as at 16th September 2025	Ms Sue Pendle (Chair) Ms Pamela Fleming Mrs Maria Kell Mr Nigel Lanch (appointed 18th March 2025) Ms Kate McCormack Mrs Claudia McVie (appointed 20th May 2025) Ms Elizabeth Nash Mr Thomas O'Malley Mr Brian Shea (Treasurer) Mr Michael Weidman (appointed 18th March 2025)

Mr Nick Aked was a trustee throughout the 2024/25 financial year until he stood down on 15th July 2025.

Registered office	Caplan Court 1 Grove Road Richmond upon Thames TW10 6SN
Independent Examiner	Mr A Craig 16 Cranmer Road Hampton Hill Middlesex TW12 1DW

Registered Charity Number 1151011 Company Number 08268372

TRUSTEES ANNUAL REPORT FOR THE YEAR ENDED 30 JUNE 2025

The Trustees present their report and the financial statements of the Charity for the year ended 30th June 2025.

Background and Status

Cambrian Community Centre (the "Centre" or "CCC") opened in 1989 as part of the Queen's Road Estate development and under the auspices of Richmond Parish Lands Charity (RPLC), now renamed Richmond Foundation (RF). Its constitution was amended in 1999 and it became a registered charity in June of that year. In 2002 the privately-run Workhouse Gym came under the management of the CCC, at which point it became the Community Gym.

On 1 July 2013 the Centre became an incorporated charity, limited by guarantee, under a new charity number (1151011) and registered at Companies House (number 08268372).

Charitable Objectives

The Centre is situated in the Queen's Road Estate, an area of social and sheltered housing. The local population has a significant proportion of people living alone and is characterised by an older age profile, higher levels of unemployment, economic inactivity and low income and of ill-health and disability. The Centre serves the local and wider community.

The objectives of the Charity are set out in its Articles of Association and the Trustees have summarised them as follows:

The Centre works to improve health and community strength by providing exercise and leisure activities and encouraging participation. We welcome everyone and we particularly focus on people who may be disadvantaged by health, disability, age, social or economic circumstances.

Governance, Management and Staffing

The Trustees hold six bi-monthly meetings per year. The Board sets up Trustee sub-groups from time to time to focus on specific pieces of work. The Annual General Meeting for 2023/24 took place in November 2024.

New Trustees are recruited as and when necessary. Prospective Trustees are asked to provide a range of information by completing a Trustee application form and to visit the Centre and meet with a small panel of Trustees where their potential involvement with the Centre will be further explored. They are also required to provide two referees and are invited to observe a Trustee meeting. A vote is taken by Trustees to confirm their acceptability to the Board. Induction and support of a new Trustee is undertaken by the Chair and one other Trustee.

Trustees delegate the day-to-day management of the Centre to the part-time Charity Director and Centre Manager who are expected to adhere to the aims and objectives and policies of the Charity. The Chair, Charity Director and Centre Manager meet regularly and also meet with the Treasurer regularly. The Charity Director and Centre Manager report to the Trustees at their bi-monthly meetings. The Centre also employs a part-time Gym Manager, part-time gym staff and a Stay and Play leader, and engages self-employed tutors and instructors to

deliver other activities.

Public Benefit Statement

The Trustees confirm that they have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the Charity's aims and objectives and in planning future activities.

Review of the year 2024/25

Overview

We are pleased to be able to report that, during 2024/25, and in line with the strategic plan, the Centre has:

- Achieved a further growth in the level of activity in the gym, a 16% increase in the total number of attendances at the gym and a 27% increase in the number of exercise referrals to the gym. This is the third successive year in which the level of activity in the gym has grown;
- Extended the programme of free, open access, weekly sessions at the Centre by introducing a Stay and Play session on Thursday mornings;
- Developed and implemented a policy framework for the Activity Programme;
- Extended the staffing structure to include a part time Charity Director to support the continuing development and growth of the Centre;
- Successfully completed the work on the new extended kitchen in the Centre;
- Made significant progress in developing proposals, and funding commitment from Richmond Foundation, for a wider refurbishment of the Centre;
- Established a permanent extension to the Gym opening hours on a Thursday;
- Secured, following a process of research and review, a software package suitable for our needs for Users to book and pay for Activity and Gym sessions
- Introduced a Gym Bursary Scheme to enable people on means tested benefits or low incomes to access the gym at 50% of standard gym fees;
- Ended the year with a very positive financial position having benefitted from both strong operating performance and a range of grants (detailed below).

The Trustees are very appreciative of all the work done by the Charity Director, Centre Manager, Centre staff, freelance tutors and staff and volunteers of The Real Junk Food Project (TRJFP) in ensuring the delivery and development of the wide range of activities from the Centre.

Summary of our Activities

The Centre fulfils its charitable aims by:

- Delivering a programme of Community Activities (CAP) from the Centre;
- Delivering a programme of weekly free open access sessions: Community Space with Table Tennis, Stay and Play and, in partnership with TRJFP, the Wednesday Lunch café;
- Providing a Community Gym for the local community;
- Running a Health Referral Scheme to the Gym for people referred for specialist rehabilitative exercise programmes and support;
- Ensuring accessibility to our Activities Programme and Gym through subsidised, affordable user fees;

- Hiring out the Centre's two Community Rooms to local organisations and individuals who also provide relevant activities.

Community Activities Programme (CAP)

The objective of the CAP is to provide low cost, accessible, opportunities for local people to foster their health and wellbeing through participation in activities, skill development and social engagement. The programme consists of yoga, Pilates, choir, drawing, creative writing, chair yoga, gentle weights, a cardiac exercise class and the free, open access community space with table tennis and Polybat.

In 2024/25 there were a total of 171 people registered with the CAP programme which is a small decrease from 180 people in 2023/4. 367 sessions (366 in 2023/24) were delivered during the year across the various activities and there were 2930 individual attendances (a decrease of 5.7% from 3107 in 2023/24).

Following the substantial growth in the CAP in 2023/24 (67% increase in the number of activity sessions provided and 37.5% increase in the number of individual attendances) we focused this year on consolidation, developing a CAP Policy Framework and introducing a system to collect user feedback. This enabled us to focus on ensuring that the CAP programme is meeting user needs and in sustainable. This led us to taking the decision, after careful consideration, to discontinue Tai Chi, because of low attendance. The slight drop in numbers partly arises from that decision.

We also know these activities make a significant contribution to the improvement of health and well-being of local residents because of the feedback we receive from participants, for example:

"Brilliant (Pilates) teacher - knowledgeable, professional, caring, good communicator. The Centre offers a wide range of activities at very reasonable cost, within a welcoming friendly environment. Loved and appreciated by the community of all ages and backgrounds"

In respect of the profile of CAP participants 78% are female, 74% are over 70 years of age and 16% identify themselves as disabled. 78% of participants indicated they were white, 3% Asian and 5% were from other ethnic groups or of mixed ethnicity.

Just under 71% of participants are from TW10 (Richmond Hill, Ham and Petersham) and TW9 (North Richmond and Kew).

In addition, we provide a subsidised or free room space to local organisations where this represents an investment in the local community. This includes TRJFP, which provides the Wednesday Lunch Café, an English as an Additional Language group and Shepherd's Star to facilitate their Christmas Hamper scheme for local disadvantaged families.

There has been a significant increase of people at the Wednesday Lunch Cafe. A total of 3,156 'bellies' were fed from the Centre, an increase of 28% on the previous year.

A new weekly term time Stay and Play session was introduced on Thursday mornings from January 2025. There were a total of 87 Parent/carer attendances and 100 child attendances between January and July. These sessions provide an affordable space for children to learn, play and socialise. On two occasions RUILs Health and Wellbeing workers provided health checks to all adults who wanted one, and Habitats and Heritage provided an information session on energy saving options for the home.

Community Gym

The Community Gym is open to everyone and offers affordable gym facilities to local people. In addition, a wide range of local NHS services (e.g. GPs, physiotherapy teams including cardiac, respiratory, orthopaedic and neurology teams) and mental health groups and other charities refer patients and clients to the gym for rehabilitation exercise. People referred are assessed and guided by staff with specialist qualifications and experience and they are provided with discounts on their initial gym sessions to encourage their engagement in rehabilitative exercise and continuing gym-based exercise. This gym is the only gym in the LBRuT that provides this service.

The Gym has been supported by the South West London Integrated Care Board's (SWL ICB) Health Inequality Fund (HIF) to, amongst other things, extend the gym's opening hours into the early evening on two days a week, on a trial basis. This funding ceased at the end of March 2025 but we have been able to maintain limited extended opening on a Thursday.

The number of regular gym users, at the end of the year, has increased to 191, an increase of 14% from 167 at the end of 2023/24.

In respect of the profile of Gym Users, at the end of 2024/25, 59% were over 70 years of age and 60% were female. 32% of regular gym users identified themselves as disabled. 83% identified themselves as white, 4% as Asian and 3% as of mixed ethnicity or from other ethnic groups.

There was a total of 7,261 visits to the Gym during the year, an increase of 16% (6,285 in 2023/24). There were 118 new health referrals in 2024/25 (a 27% increase from 93 in 2023/4).

Gym Users during the 2024/25 period, broken down by method of payment, were as follows:

	2024/25		**2023/24**	
Method of Payment	**People**	**Visits**	**People**	**Visits**
Annual Subscription	22	1,222	23	1,121
Monthly Standing Order	55	3,765		3,312
'Pay as you go' per session	122	2,016	104	1,559
Medical referrals - initial discounted rate	55	258	61	293
Total	**265**[1]	**7,261**	**237**	**6,2855**

We know that the gym is effective in improving health and well-being because of the individual data and case studies we collect, the proportion of people referred to the gym who maintain their gym visits after the initial discounted sessions have expired and from feedback from gym users, for example:

"The exercise referral scheme at the Cambrian Gym has helped me immensely. Not only for its physical aspects but the mental challenge. The scheme has been a brilliant way to get from hospital back to the normal world. I am stronger physically; it has improved my balance, and I have found it very enjoyable."

[1] The number of regular gym users at the end of the year is lower than the number of gym users attending the gym during the 12 month period because of turnover during the course of the year.

After a successful gym-based fundraising event raised nearly £3,000, a Gym Bursary Scheme was created to support gym members in receipt of means tested benefits or low income. The bursary scheme provides a 50% discount on gym fees and now supports 11 gym users.

Community Room Hire

We hire out the Community Rooms:

- To local individuals and organisations who are offering regular activity sessions which add value to the Centre's offer to the local community; and
- For one-off events, for example, children's birthday parties and meetings.

The Community Rooms are used by a diverse range of local organisations catering to a broad spectrum of local residents, for example, ENABLE who run weight management and lifestyle courses for people referred to them by health services, SEN Unity school holiday play scheme, adult life drawing, peer to peer support groups, hypnobirthing classes and children's play therapy.

The early part of the year saw a steep decline in the level of room hire activity mostly as a result of the economic pressures on a couple of small organisations who had been making significant use of the Centre. Overall, the level of Room Hire activity was significantly less than in 2023/4. We have, however, seen a recovery in the level of room hire activity in the second half of the financial year as new groups have been attracted to the Centre.

Support Received

We are grateful to Richmond Foundation (formally RPLC) which, as our Landlord, has supported us in a number of ways this year.

We are pleased to have secured a range of grants that have benefitted the Centre during 2024/25. We are particularly grateful to:

- Richmond Foundation for a 3-year Core Costs grant;
- The SWL ICB Health Inequalities Fund for support for the Gym,;
- The LBRuT's Cost of Living Fund, to support the Centre's Community Space with Table Tennis, the weekly Lunch Café and the new Stay and Play session;
- The Heathrow Community Trust for support for the CAP;
- LBRuT Community Fund for funding for the new kitchen;
- City Bridge Trust to support an Accessibility Audit of the Centre;
- Victoria Foundation to enable us to purchase a specialist piece of gym equipment; and
- Garfield Weston Foundation for Core Cost funding.

We are also grateful for the support we receive in other ways from many people and organisations including, but not limited to, Councillors and Officers of LBRuT and Richmond Council for Voluntary Service.

We also want to give particular thanks to people who give their time as volunteers to support the Centre in a range of different ways.

Risk Statement

The trustees recognise that effective management of risk is essential to the charity's ability to deliver its charitable objectives for the benefit of the local community. The key risks identified during the year relate to:

- maintaining financial stability;

- resignations of key staff or Trustees;
- the planned upcoming capital improvement work;
- our IT systems, both vulnerabilities of the existing system and the planned implementation of a new booking system; and
- safeguarding and health and safety.

The Trustees maintain an Organisational Risk Assessment as well as a specific Buildings and Environs Risk Assessment. Both are reviewed regularly by the Trustees with any corrective actions taken as necessary. Financial performance is also monitored at each bi-monthly Trustee meeting. The Centre has a suite of Policies in place, including Safeguarding, Health and Safety, Data Protection, Staff Code of Conduct and Financial including a Reserves Policy. These are also reviewed and updated as necessary by Trustees.

The Trustees are satisfied that, while the Centre operates in an uncertain environment, the systems and procedures in place are adequate to mitigate identified risks to a reasonable level.

Financial Activity and Financial Position

The Statement of Financial Activities and Balance Sheet can be found on pages 12–13.

For the third year in a row, the Centre's overall financial position improved markedly. As well as being supported by several generous grants, operating trends were also encouraging, with noticeable higher gym and Community Activities revenue more than offsetting a decline in Room Hire revenue. The Centre achieved an improvement in underlying expenses, following two years of significant inflation-induced increases.

As a result, the Centre generated a surplus on Unrestricted Funds of £31,992. This was easily the strongest performance the Centre has achieved going back at least seven years.

Part of this surplus has been allocated to Unrestricted Designated Funds. Starting in 2024/25 the Centre has been setting aside income to fund the regular replacement of gym equipment. Allocations to Designated Funds amounted to £3,000 for this purpose. Additionally, the Trustees took the decision to allocate a further £20,000 to cover risks arising from the Centre's planned building project. Risks include both a gap between expenditure and grant funding for building works and the potential for lost revenue if the Centre needs to close or operate on a reduced basis. Unrestricted Designated Funds in consequence have grown from £35,000 to £58,000. Of the £58,000, £55,000 is earmarked for the building project and £3,000 for the regular replacement of gym equipment.

Net of this allocation, Unrestricted General Funds increased by £8,992. This is on a par with the 2023/24 increase, with these two financial years representing a marked improvement in the Centre's financial position. Unrestricted General Funds as of 30 June 2025 were £79,879 and remain in excess of our minimum target.

Restricted Funds remained robust at £59,338, albeit lower than the June 2024 level of £74,195. The June 2024 level included approximately £24,000 of grant funding which was spent immediately thereafter on the Centre's new kitchen. A meaningful portion of the June 2025 balance is earmarked for initiatives to be undertaken in the coming financial year.

Overall reserves as of 30 June 2025 were £197,216 (2024: £180,081). This significant improvement in financial health positions the Centre well to continue to grow the activities and value it offers users and the wider community.

Detail by Function

The following commentary relates to the Centre's three main functions as well as Central Costs and focuses on Unrestricted Funds.

Room Hire revenue declined significantly, from £24,847 to £15,620, as several of the Centre's core hirers ceased to operate. In the second half of the financial year, Room Hire revenue started to rebuild as the Centre attracted new regular hirers.

Gym revenue continued to expand, from £37,696 to £42,679. Revenue is now comfortably in excess of the previous pre-COVID peak of approximately £33,000. Efforts to encourage more users to join via a health referral, to process referral applications more quickly, and to encourage new non-referral users all contributed to this improvement. As noted above, these initiatives have been supported by several grants, and the Trustees are pleased that they are showing tangible results. After taking into consideration the considerable grant support for Gym activities, Gym revenue more than covered costs, the first time this has been the case for several years. Net of grant support, these costs amounted to £37,710. The full cost of running the Gym, before considering grants, was £106,004. The Gym's financial performance in 2025/26 will be more challenging as the SWL ICB Health Inequalities Fund is no longer available and the Centre does not anticipate obtaining the same level of grant support to support the gym.

Community Activities revenue also continued to grow robustly, to £16,419 (2024: £14,492). Similar to the Gym, after taking into consideration generous grant support, Community Activities revenue more than covered costs of £9,010. Before considering grants, the function generated a large deficit, with gross costs amounting to £44,083. This demonstrates the value provided by grants as they enable the Centre to offer activities at affordable prices, and sometimes free of charge.

Central costs increased from £60,791 to £107,567. The increase is entirely explained by the new position of Charity Director (starting in June 2024) and the expense associated with installing a new kitchen. Both of these items are fully covered by grant income and net of these two items there was an underlying improvement in expenses.

Reserves Policy

The Centre has accumulated reserves of £197,216 (2024: £180,081) of which £79,879 (2024: £70,887) relate to Unrestricted General Funds, £58,000 (2024: £35,000) to Unrestricted Designated Funds and £59,338 (2023: £74,195) to Restricted Funds.

Unrestricted General Funds

The Centre operates a Reserves Policy which determines the level of Unrestricted Funds it is required to hold as reserves or working capital to:

- maintain the Centre's core activities and ensure continuity as a going concern in the event that funding from external sources for these activities is seriously curtailed;
- meet contractual liabilities, including redundancy pay, amounts due to creditors and amounts due under leases, should the Centre have to close; and
- meet unexpected costs arising from a major unforeseen event such as the failure of gym equipment, staff illness and legal costs to defend the Centre's interests.

It is the aim of the Trustees that the Charity holds Unrestricted General Funds equivalent to the Charity's total expenses projected over the coming six months. It is considered that in most years this level of reserves will be sufficient to cover the potential liabilities discussed above. For 2024/25, this equates to a minimum target of £72,000. As noted, Unrestricted General Funds finished the year at £79,879, in excess of this target.

Unrestricted Designated Funds

Unrestricted Designated Funds are set aside by the Trustees to cover:

- lost income and/or other expenses that might arise in the event of improvements being undertaken to the Centre's accommodation in the medium term; and
- financing the regular replacement of gym equipment.

The Trustees review annually the Unrestricted Designated Fund, both the policy target and the actual size of the fund.

Restricted Funds

Restricted Funds are the unamortised or unexpended balances of grants and donations given to the Centre. They cover the purchase of gym and IT equipment and charitable expenditure. Charitable expenditure targeted by Restricted Funds primarily includes core costs and initiatives for the Gym and Community Activities.

Looking Forward

We anticipate a significant focus in 2025/26 on preparing for a major building improvement project for the Centre. We are establishing a joint steering group with Richmond Foundation to oversee the development of this project and hope to be ready to commence that work before the end of 2025/26.

Work is taking place during the second half of 2025 and into 2026 to implement the new software system for the booking of, and payments for, activity and gym sessions, which will make it significantly easier to manage these activities. We are grateful to the two volunteers who are working on implementing the system for the Centre.

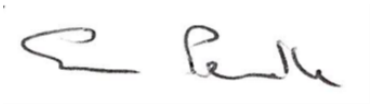
We are continuing to work to develop the number of people participating in activities and gym sessions. We are working on a partnership arrangement with MENCAP to enable their clients to benefit from gym exercise in a dedicated gym session.

We are introducing a CAP Bursary Scheme to mirror the Gym Bursary Scheme, so that people on means tested benefits or low income can access CAP activities with a 50% discount on the standard activity fees.

Whilst we have generated a healthy surplus in the 2024/25 and in the previous financial year we currently anticipate that the Centre's financial performance in the current and subsequent financial years will be closer to a break-even outcome. This is because grants we have benefitted from are, or will become, unavailable moving forward. We anticipate that continued improvement in the Centre's operating performance will ensure healthy financial outcomes for the Centre moving forward.

We held an off-site planning workshop in September 2025 taking the opportunity to focus on the building project and on ways in which we might develop our activities at the Centre.

Finally, and as ever, staff and trustees at the Cambrian Community Centre thank everyone for their past and continuing support for the Centre.



Sue Pendle – Chair of Trustees
11th November 2025

INDEPENDENT EXAMINER'S REPORT ON THE ACCOUNTS

I report to the trustees on my examination of the accounts of the Cambrian Centre ("the Charity") for the year ended 30th June 2025.

As the Charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Name: Andrew Craig
Address: 16 Cranmer Rd, Hampton Hill, Middlesex, TW12 1DW

Date: 23 October 2025

CAMBRIAN COMMUNITY CENTRE

STATEMENT OF FINANCIAL ACTIVITIES

Year ended 30 June 2025

	Note	Unrestricted Funds 2025 £	Restricted Funds 2025 £	Total Funds 2025 £	Total Funds 2024 £
Incoming Resources					
Fundraising and donations	2	5,811	-	5,811	2,936
Grants	3	0	118,487	118,487	104,535
Total donations, fundraising and grants		**5,811**	**118,487**	**124,298**	**107,471**
Room hire		15,620	-	15,620	24,847
Gym		42,679	-	42,679	37,696
Community activities		16,419	-	16,419	14,492
Total charitable trading income		**74,718**	**-**	**74,718**	**77,035**
Other income	4	**6,125**	**-**	**6,125**	**3,007**
Total Incoming Resources		**86,654**	**118,487**	**205,142**	**187,513**
Resources expended					
Room hire costs		7,942	29,978	37,920	24,583
Gym costs		37,710	68,294	106,004	69,909
Community activities costs		9,010	35,072	44,083	32,251
Total Resources Expended	5	**54,662**	**133,344**	**188,006**	**126,743**
Net incoming (outgoing) resources		**31,992**	**-14,857**	**17,135**	**60,770**
Balances brought forward		105,887	74,195	180,081	119,311
Balances carried forward		**137,879**	**59,338**	**197,216**	**180,081**

The notes on pages 14 to 20 form part of these financial statements.

CAMBRIAN COMMUNITY CENTRE

BALANCE SHEET

Year ended 30 June 2025

	Note	Unrestricted Funds 2025 £	Restricted Funds 2025 £	Total Funds 2025 £	Total Funds 2024 £
Fixed assets					
Tangible assets	7	**483**	**17,194**	**17,677**	**14,172**
Current assets					
Debtors	8	1,322	-	1,322	1,007
Cash at bank and in hand		139,046	42,144	181,190	170,964
Total current assets		140,368	42,144	182,512	171,971
Current liabilities					
Creditors	9	2,973	-	2,973	6,062
Net current assets		**137,396**	**42,144**	**179,540**	**165,909**
Net assets		**137,879**	**59,338**	**197,216**	**180,081**
Funds					
Unrestricted - General	10	79,879	-	79,879	70,887
Unrestricted - Designated	11	58,000	-	58,000	35,000
Restricted	12	-	59,338	59,338	74,195
Total Funds	13	**137,879**	**59,338**	**197,216**	**180,081**

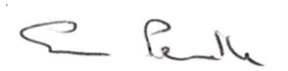
The notes on pages 14 to 20 form part of these financial statements.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

For the financial year ending 30 June 2025 the company was entitled to exemption from audit under Section 477 of the Companies Act 2006 relating to small companies. The members have not required the company to obtain an audit of its accounts for the year in question in accordance with Section 476 of the Companies Act - however, in accordance with Section 145 of the Charities Act 2011, the accounts have been examined by an Independent Examiner whose report forms part of this document.

The trustees acknowledge their responsibilities for complying with the Companies Act 2006 with respect to accounting records and the preparation of accounts.

Approved by the Board on 11 November 2025



Sue Pendle
Chair

1 Accounting policies

The principal accounting policies adopted, judgements and estimates in the preparation of the financial statements are as follows:

Basis of Accounting
The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (Charities SORP FRS 102) effective 1 January 2019, the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Charities Act 2011.

The Charity meets the definition of a public benefit entity under FRS 102.

Going concern
The Charity is a going concern. Taking into account reserves and anticipated recurring income, the Trustees are confident that the Charity remains a going concern for at least twelve months from the date of approval of these accounts.

Income recognition
Income is recognised in the period in which the Charity has entitlement to receipt,the amount can be measured reliably and it is probable the income can be received.

Income comprises donations, fundraising, grants and charitable trading income.

In the event that a donation or grant is subject to conditions that require a level of performance before the charity is entitled to the funds, the income is deferred and not recognised until either those conditions are fully met, or it is probable that those conditions will be fulfilled within the reporting period.

Income from the recovery of tax on gift aided donations in accounted for in the period in which it is received.

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the bank

Expenditure recognition
Expenditure is accrued as soon as a liability is considered probable, and the amount of the obligation can be measured reliabily. The Charity is not registered for VAT and accordingly expenditure includes VAT where appropriate.

Charitable expenditure includes those costs incurred in fulfilling the Charity's principal objects, as outlined in the Report of the Trustees.These include any governance costs which are those incurred with the administration of the Charity and compliance with constitutional and statutory requirements.

The Charity makes contributions to a defined contribution pension scheme for eligible employees. The assets of the scheme are held separately from the Charity in an independent fund managed by the National Employment Savings Trust (NEST). The pension cost charge represents contributions payable under the scheme by the Charity to the fund. The Charity has no liability under the scheme other than payment of these contributions.

1 Accounting Policies (continued)

Taxation
The Company is a Registered Charity and is therefore exempt from taxation under the Income and Corporation Taxes Acts.

Tangible Fixed Assets
Tangible fixed assets are initially recorded at cost and subsequently stated at cost less any accumulated depreciation. They are only capitalised when the unit cost of purchase exceeds £1,000

Depreciation is calculated at the following annual rates in order to write off the cost of each asset over its estimated useful life:

- gym eqipment	20%
- IT equipment	33%

Starting with the 2023-24 financial year, furniture and fittings costs are expensed immediately. Previously the policy had been to depreciate them at an annual 20% rate. No restatement is required, as there were no capitalised furniture and fittings expenses as of the end of the previous financial year.

Debtors
Debtors are included at the settlement amount due. Prepayments are valued at the amount prepaid.

Creditors and provisions
Creditors and provisions are recognised where the Charity has an obligation arising from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are recognised at their expected settlement amount.

Operating leases
Rentals payable under operating leases, where substantially all the risks and rewards of ownership remain with the lessor are charged to the Statement of Financial Activities on a straight line basis over the lease term.

Funds Structure
Unrestricted Funds comprise those funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the Charity and which have not been designated for other purposes.

Restricted Funds are funds which are to be used in accordance with specific restrictions imposed by donors and grantors.

Designated Funds are Unrestricted Funds earmarked by the Trustees for a specific purpose.

Rounding
Due to rounding, individual figures may not precisely sum to the stated total.

2 Fundraising and donations

	Unrestricted Funds 2025 £	Restricted Funds 2025 £	Total Funds 2025 £	Total Funds 2024 £
Fundraising	650	-	650	373
Donations	4,465	-	4,465	2,563
Gift Aid	696	-	696	-
Total	**5,811**	**-**	**5,811**	**2,936**

There were no costs incurred in generating voluntary income (2024: nil).

3 Grants

	Unrestricted Funds 2025 £	Restricted Funds 2025 £	Total Funds 2025 £	Total Funds 2024 £
Richmond Parish Lands Charity (rent forgiveness)	-	-	-	4,167
Victoria Foundation	-	7,145	7,145	-
Local Area Fund	-	-	-	4,543
Active Richmond Fund	-	-	-	10,000
Richmond Foundation	-	30,000	30,000	30,000
LBRuT Cost of Living	-	14,570	14,570	9,234
LBRuT Full of Life (stretch class)	-	250	250	-
LBRuT Community Fund (funding of kitchen)		27,628	27,628	30,371
Integrated Care Board Health Inequality Fund	-	19,840	19,840	15,720
Heathrow Community Trust	-	6,296	6,296	500
City Bridge Trust	-	2,758	2,758	-
Garfield Weston	-	10,000	10,000	-
Total	**-**	**118,487**	**118,487**	**104,535**

Richmond Foundation was previously named Richmond Parish Lands Charity, with the new name effective from November 2024.
The Centre had a lease with Richmond Parish Lands Charity for the Cambrian Centre running to 30 June 2024 whereby RPLC had waived the Centre's obligation to pay rent. This was replaced in September 2023 with a five year lease running to 7 September 2028. The new lease levies an annual rent of £1, which is disregarded in the annual accounts due to its immateriality. Under the former lease, rental expense is shown in Resources Expended, with the corresponding value of free rent provision shown in Grants.

4 Other income

	Unrestricted Funds 2025 £	Restricted Funds 2025 £	Total Funds 2025 £	Total Funds 2024 £
Recycling / locker rental income	1,200	-	1,200	1,200
Bank interest	4,658	-	4,658	1,614
Other	267	-	267	193
Total	**6,125**	**-**	**6,125**	**3,007**

5 Resources expended

	Unrestricted Funds 2025 £	Restricted Funds 2025 £	Total Funds 2025 £	Total Funds 2024 £
Room hire				
Direct support from central staff	5,650	-	5,650	6,346
Allocation of central costs	2,292	29,978	32,270	18,237
Total	7,942	29,978	37,920	24,583
Gym				
Direct gym staff costs	29,319	14,472	43,791	31,719
Direct support from central staff	2,260	-	2,260	2,115
Training	181	-	181	1,210
Gym equipment	0	-	0	-
Maintenance & other costs	2,114	-	2,114	1,397
Depreciation	17	3,858	3,874	3,072
Subtotal	33,890	18,330	52,220	39,514
Allocation of central costs	3,820	49,964	53,783	30,396
Total	37,710	68,294	106,004	69,909
Community activities				
Tutor costs and other expenses	1,832	15,087	16,919	15,863
Direct support from central staff	5,650	-	5,650	4,230
Subtotal	7,483	15,087	22,569	20,093
Allocation of central costs	1,528	19,985	21,513	12,158
Total	9,010	35,072	44,083	32,251
Total	**54,662**	**133,344**	**188,006**	**126,743**

Where possible costs have been allocated on an actual basis. Management and administration support costs have been allocated between room hire, gym and community activities on a reasonable percentage apportionment according to the following respective percentages: 30%, 50%, 20%.

Analysis of central costs:

	Unrestricted Funds 2025 £	Restricted Funds 2025 £	Total Funds 2025 £	Total Funds 2024 £
By cost type:				
Rent	-	-	-	4,167
Staff costs	34,245	-	34,245	11,403
General running costs	21,912	-	21,912	26,800
Marketing costs	1,861	-	1,861	1,635
IT equipment	72	-	72	5,362
Other costs	49,211	-	49,211	11,425
Grant funding for central costs	(99,662)	99,662	-	-
Depreciation	-	265	265	-
Total	**7,639**	**99,927**	**107,567**	**60,791**
By activity:				
Room hire	2,292	29,978	32,270	18,237
Gym	3,820	49,964	53,783	30,396
Community activities	1,528	19,985	21,513	12,158
Total	**7,639**	**99,927**	**107,567**	**60,791**

The Centre had a lease with Richmond Parish Lands Charity for the Cambrian Centre running to 30 June 2024 whereby RPLC had waived the Centre's obligation to pay rent. This was replaced in September 2023 with a five year lease running to 7 September 2028. The new lease levies an annual rent of £1, which is disregarded in the annual accounts due to its immateriality. Under the former lease, rental expense is shown in Resources Expended, with the corresponding value of free rent provision shown in Grants.

5 Resources expended (continued)

	Unrestricted Funds 2025 £	Restricted Funds 2025 £	Total Funds 2025 £	Total Funds 2024 £
Staff costs				
Room hire	5,650	-	5,650	6,346
Gym	31,579	14,472	46,051	33,834
Community activities	5,650	-	5,650	4,230
Central	34,245	-	34,245	11,403
Total	**77,124**	**14,472**	**91,596**	**55,813**

The aggregate staff costs are:	2025 £	2024 £
Wages and salaries	90,012	55,006
Workplace pensions	1,585	807
	91,596	**55,813**

The Centre is largely exempt from employers NI costs as it is eligible for Emploment Allowance.

Particulars of employees

The average number of staff employed by the charity during the financial year amounted to:

	2025 No.	2024 No.
Number of staff (full time equivalents)	**2.8**	**1.8**

6 Governance costs

There were no governance costs incurred during the year. (2023: nil).

7 Tangible Fixed Assets

	Gym and IT Equipment		
	Unrestricted Funds £	Restricted Funds £	Total Funds £
Accumulated cost at 1st July 2024	21,487	30,161	51,648
Additions during the year	500	7,145	7,645
Disposals during the year	-	-	-
Accumulated cost at 30th June 2025	21,987	37,306	59,293
Accumulated depreciation at 1st July 2024	21,487	15,989	37,476
Depreciation charge for the year	17	4,123	4,140
Depreciation on disposals	-	-	-
Accumulated depreciation at 30th June 2025	21,504	20,112	41,616
Net Book Value at 1st July 2024	**-**	**14,172**	**14,172**
Net Book Value at 30th June 2025	**483**	**17,194**	**17,677**

8 Debtors

	2025	2024
	£	£
Prepayments	264	215
Accrued income	1,058	792
Total	**1,322**	**1,007**

9 Creditors

Accrued expenses	830	3,539
Deferred income	2,143	2,523
Total	**2,973**	**6,062**

10 Unrestricted General Funds

	Balance at 01.07.23	Net incoming resources for the year	Balance at 30.06.24	Net incoming resources for the year	Balance at 30.06.25
	£	£	£	£	£
	61,942	**8,944**	**70,887**	**8,992**	**79,879**

11 Unrestricted Designated Funds

	Balance at 30.06.24	Balance at 30.06.25
	£	£
	35,000	**58,000**

The Trustees maintain Unrestricted Designated Funds to cover the possibility of a significant refurbishment of the Centre which could cause the Centre to close for a period and result in lost revenue. Additionally, the funds cover the potential for the Centre to itself partly finance refurbishment costs. Thirdly, from the 2024-25 financial year, contributions have also been made to the fund for the purposes of financing gym replacement equipment. The Trustees review annually the Unrestricted Designated fund, both the policy target and the actual size of the fund.

12 Restricted Funds

	Balance at	Movement in resources:		Balance at	Movement in resources:		Balance at
	01.07.23	Incoming	Outgoing	30.06.24	Incoming	Outgoing	30.06.25
	£	£	£	£	£	£	£
Fixed asset grants/donatio	9,537	7,088	(2,453)	14,172	7,145	(4,123)	17,194
Charitable expenditure	22,832	93,280	(56,089)	60,023	111,342	(129,221)	42,144
Total	**32,369**	**100,368**	**(58,542)**	**74,195**	**118,487**	**(133,344)**	**59,338**

Restricted Funds for fixed assets are the unexpended balances of grants and donations given to the Charity for gym and IT equipment. Charitable expenditure funding primarily relates to funding received to cover core costs and initiatives for the gym and community activities.

13 Analysis of net assets

	Tangible Fixed Assets 2024 £	Net Current Assets 2024 £	Total 2024 £	Tangible Fixed Assets 2025 £	Net Current Assets 2025 £	Total 2025 £
Unrestricted General Fund	-	70,887	70,887	483	79,396	79,879
Unrestricted Designated Fund	-	35,000	35,000	-	58,000	58,000
Restricted Fund	14,172	60,023	74,195	17,194	42,144	59,338
Total	**14,172**	**165,909**	**180,081**	**17,677**	**179,540**	**197,216**

14 Financial commitments

a) Operating leases

There are no operating lease commitments.

b) Capital commitments

There are no capital commitments (2024: nil).

15 Contingent liabilities

There are no contingent liabilities (2024: nil).

16 Related party transactions

The trustees receive no salaries or benefits although the majority are either gym users or activity users.

17 Liability of the members

The Charity is constituted as a company limited by guarantee. In the event of the Charity being wound up members are required to contribute an amount not exceeding £1.

CAMBRIAN COMMUNITY CENTRE

England & Wales - Charity number 1151011

Accounts

CAMBRIAN COMMUNITY CENTRE

TRUSTEES' ANNUAL REPORT AND FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 JUNE 2024

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MEMBERS OF THE BOARD AND PROFESSIONAL ADVISORS

The Board of Trustees as at 17th September 2024	Ms Sue Pendle (Chair) Mr Nick Aked Ms Pamela Fleming (appointed September 2023) Mrs Maria Kell Ms Kate McCormack Ms Elizabeth Nash Mr Thomas O'Malley Mr Brian Shea

Dr Rachel Fulljames was a trustee throughout the financial year, standing down on 23rd July 2024. Mrs Camilla Reeve and Mr. Christopher Storey were trustees during the year until they stood down at the AGM on 21st November 2023.

Registered office	Caplan Court 1 Grove Road Richmond upon Thames TW10 6SN
Independent Examiner	Mr A. Craig 16 Cranmer Road Hampton Hill Middlesex TW12 1DW
Registered Charity Number	1151011
Company Number	08268372

TRUSTEES ANNUAL REPORT FOR THE YEAR ENDED 30 JUNE 2024

The Trustees present their report and the financial statements of the Charity for the year ended 30th June 2024.

Background and Status

Cambrian Community Centre ("the Centre") opened in 1989 as part of the Queen's Road Estate development and under the auspices of Richmond Parish Lands Charity (RPLC). Its constitution was amended in 1999 and it became a registered charity in June of that year. In 2002 the privately-run Workhouse Gym came under the management of the CCC, at which point it became the Community Gym.

On 1 July 2013 the Centre became an incorporated charity, limited by guarantee, under a new charity number (1151011) and registered at Companies House (number 08268372).

Charitable Objectives

The Centre is situated in the Queen's Road Estate, an area of social and sheltered housing. The local population has a significant proportion of people living alone and is characterised by an older age profile, higher levels of unemployment and economic inactivity and of ill-health and disability. The Centre serves the local and wider community.

The objectives of the Charity are set out in its Articles of Association and the Trustees have summarised them as follows:

The Centre works to improve health and community strength by providing exercise and leisure activities and encouraging participation. We welcome everyone and we particularly focus on people who may be disadvantaged by health, disability, age, social or economic circumstances.

Governance, Management and Staffing

The Trustees hold six bi-monthly meetings per year. The Board sets up Trustee taskforces from time to time to focus on specific pieces of work. The Annual General Meeting for 2022/23 took place in November 2023.

New Trustees are recruited as and when necessary. Prospective Trustees are asked to provide a range of information by completing a Trustee application form and to visit the Centre and meet with a small panel of Trustees where their potential involvement with the Centre will be further explored. They are also required to provide two referees and are invited to observe a Trustee meeting. A vote is taken by Trustees to confirm their acceptability to the Board. Induction and support of a new Trustee is undertaken by the Chair and one other Trustee.

During the year the staffing structure was expanded with the appointment of a part time Charity Director who commenced work on 3rd June 2024.

Trustees delegate the day-to-day management of the Centre to the Centre Manager and, more recently, the Charity Director, who are expected to adhere to the aims and objectives and policies of the Charity. The Chair, Charity Director and Centre Manager meet regularly and also regularly meet together with the Treasurer. The Charity Director and Centre

Manager report to the Trustees at their bi-monthly meetings. The Centre also employs a Gym Manager, part time gym staff and engages self-employed tutors and instructors to deliver other activities.

Public Benefit Statement

The Trustees confirm that they have referred to the guidance contained in the Charity Commission general guidance on public benefit when reviewing the Charity's aims and objectives and in planning future activities.

Review of the year 2023/24

Overview

We are pleased to be able to report that, during 2023/24, and in line with the strategic plan established in 2023, the Centre has:

- achieved, for the second year running, significant growth in the levels of participation in our Community Activity Programme (increased by 37.5% compared with 2022/23), the Gym (an increase of 51% compared with 2022/23) and at the Wednesday lunch café (increased by 50%)
- further developed the range of activities on offer through our Community Activities Programme (CAP) and increased the number of sessions offered in the year by 67% compared with 2022/23
- extended the Gym opening hours from 31 to 38 hours including a trial arrangement to open the gym into the early evening on one day a week
- participated in collaborative delivery of the 'Your Community Centre Week', and related website, to profile the contribution the community centres in London Borough of Richmond upon Thames (LBRuT) make to the life of the Borough.
- completed an IT upgrade project comprising new hardware and software
- secured funding for a building project to fit a new and extended kitchen for the Centre and to rationalise the Centre's boiler arrangements (having secured a longer, 5-year, lease)
- secured a range of grant funding to support the Centre and its activities and, despite still increasing costs, ended the year with a surplus (in terms of Unrestricted General Funds) of £18,944, which is the best financial result for the Centre for a number of years.

The Trustees are very appreciative of all the work done by the Charity Director, Centre Manager, Centre staff, freelance tutors, group organisers and staff and volunteers of TRJFP to ensure the development and delivery of the wide range of activities from the Centre.

Summary of our Activities

The Centre fulfils its charitable aims by:

- delivering a programme of Community Activities from the Centre
- partnering organisations to enable them to provide additional relevant activities from the Centre
- providing a Community Gym for the local community
- running a Health Referral Scheme to the Gym for people referred for specialist rehabilitative exercise programmes and support
- ensuring accessibility to our Activities Programme and Gym through discounted, subsidised, affordable user fees and our two free, open access, sessions: Community Space with Table Tennis and the Wednesday Lunch café

- hiring out the Centre's two Community Rooms to local organisations and individuals who also provide relevant activities.

Community Activities Programme (CAP)

The objective of the CAP is to provide low cost, accessible, opportunities for local people to foster their health and wellbeing through participation in activities, skill development and social engagement. The programme consists of yoga, pilates, choir, drawing, creative writing, tai chi, chair yoga and the community space with table tennis. During the year a gentle weights class and a cardiac circuits course were introduced.

In 2023/4 there were a total of 197 people registered with the programme (an increase of 30.5% from 151 in 2022/23). 366 sessions were delivered during the year across the various activities (an increase of 67% from 219 in 2022/23) and there were 3107 individual attendances (an increase of 37.5% from 2258 in 2022/23). This significant increase in participation builds on the 40% increase in 2022/23.

In respect of the profile of CAP participants 73% are female, 61% are over 70 years of age and 21% identify themselves as disabled. 80% of participants indicated they were white, 4.7% Asian and 2.3% were from other ethnic groups or of mixed ethnicity.

In addition, we provided free, or significantly subsidised, room space to local organisations where this represents an investment in the local community. This includes The Real Junk Food Project, which provides the Wednesday Lunch Café, Richmond Good Neighbours, English as an Additional Language and Shepherd's Star to facilitate their Christmas Hamper scheme for local disadvantaged families.

During 2023/24, and in the light of the success of the Wednesday Lunch Café during its trial period, we entered into a two-year arrangement with TRJFP to continue to provide the Wednesday Lunch Café. The number of lunches served by the TRJFP lunch café increase in each quarter of the year to 63 per week in the April to June 2024 quarter compared with 31 per week in the same quarter in 2023. TRJFP is now redistributing food from the Centre to other organisations, for example, SPEAR, a local organisation working with people facing or experiencing homelessness.

We also know these activities make a significant contribution to the improvement of health and well-being of local residents because of the feedback we receive from participants for example:

'The exercise that table tennis gives is just the right level for me - as long as I choose my partner carefully. Practicing hand-eye coordination is a good challenge to give myself each week. The fun and laughter that fills the room is really uplifting. It's a laugh I don't get on any other day.'

'I attend the Wednesday café lunch club. I wish it were more than once a week. There's quite a need for a welcoming place for people to come for coffee or a hot meal and a chat.'

Community Gym

The Community Gym is open to everyone and offers affordable gym facilities to local people. In addition, a wide range of local NHS services (GP's, physiotherapy teams including cardiac, respiratory, orthopaedic, neurology and mental health groups) and other charities refer patients and clients to the gym for rehabilitation exercise. People referred are assessed and guided by staff with specialist qualifications and experience and are provided with discounts on their initial gym sessions to encourage their engagement in rehabilitative and continuing gym-based exercise. This gym is the only gym in the LBRuT that provides this service.

During the year the Gym has been supported by the Active Richmond Fund to develop and

grow the Referral Scheme. This has involved both doubling the initial discounted gym sessions for referrees from 6 to 12 weekly sessions and developing the monitoring and evaluation arrangements of the referral scheme.

The Gym has also been supported by the South West London Integrated Care Board's (SWL ICB) Health Inequality Fund (HIF) to, amongst other things, extend the gym's opening hours from 31 to 38 hours a week which includes introducing early evening opening on a trial basis on one day a week.

The number of regular gym users, at the end of the year, has increased to 167, an increase of 28% from 130 at the end of 2022/23. That increase builds on the increase of 65% in the number of regular gym users in the second half of 2022/23.

In respect of the profile of Gym Users, at the end of 2023/24, 66% were over 70 years of age and 57% were female. 28.6% of regular gym users identified themselves as disabled. 78% identified themselves as white, 5% as Asian and 6% as of mixed ethnicity or from other ethnic groups.

There were a total of 6,285 visits to the Gym during the year, an increase of 51% (4,161 in 2022/23). There were 93 new health referrals in 2023/24 (a 19% increase from 78 in 2022/23).

Gym Users during the 2023/24 period, broken down by method of payment, were as follows:

	2023/24		2022/23	
Method of Payment	**People**	**Visits**	**People**	**Visits**
Annual Subscription	23	1121	17	789
Monthly Standing Order	49	3312	37	2123
'Pay as you go' per session	104	1559	89	1161
Medical referrals - initial discounted rate	56	25	33	88
Totals	**237**[1]	**6285**	**176**	**4161**

We know that the gym is effective in improving health and well-being from the numbers of people who are referred to the gym who maintain their gym visits after the initial discounted sessions have expired, and from the feedback from gym users:

'We are both elderly (96 and 84 years of age) with various physical challenges. We never feel out of place or embarrassed - but helped and supported in a friendly environment where we have been encouraged to gain confidence and to get fitter and stronger AND WE ARE! Tuesday mornings are always enjoyable - although challenging at times! But with the clever and kindly support of Sarah and others we can walk further. Our balance is better and we leave with more energy!'

'I feel a hell of a lot better since I started attending the gym. I recognise that my walking and balance have improved as a result of my sessions at the Centre……I've experienced a tremendous physical improvement but it's more than that, there's a great social community spirit. People connect with one another and communicate in a spirit of helpfulness and sociability.;

[1] The annual number of active gym users over the year as a whole is higher than at the end of the year due to turnover.

Community Room Hire

We hire out the Community Rooms to:

- local individuals and organisations who are offering regular activity sessions which add value to the Centre's offer to the local community and
- for one-off events, for example, children's birthday parties and meetings.

The Community Rooms are used by a diverse range of local organisations catering to a broad spectrum of local residents, for example, children's dance and gym activities, baby/toddler and parent classes, adult life drawing and children's play therapy.

Whilst the level of room hire activity during the year was maintained, there was a dropping off towards the end of the year with the withdrawal of two regular hirers.

Support Received

We are grateful to RPLC which, as our Landlord, has supported us in a number of ways this year.

We are pleased to have secured a range of grants that have benefitted the Centre during 2023/24. We are particularly grateful to:

- the RPLC for a 3-year Core Costs grant
- the SWL ICB for support for the Gym's Referral Scheme, capacity development and general support
- the LBRuT's Cost of Living Fund, to support the Centre's Community Space with Table Tennis and the weekly Lunch Café
- the LBRuT's Active Richmond Fund, to support the referral scheme, affordable fees for Gym users as well as improved Gym resources
- the LBRuT Local Area Fund for an IT upgrade project
- the LBRuT Community Fund for the much-needed refurbishment of the Centre's kitchen
- the Heathrow Community Trust for support for the CAP.

During the year we introduced a scheme to enable Centre users to make voluntary donations and are grateful for the additional support provided through this scheme.

We are also grateful for the support we receive in other ways from many people and organisations including, but not limited to, Councillors and Officers of LBRuT and Richmond Council for Voluntary Service.

We also want to give particular thanks to people who give their time as volunteers to support the Centre in a range of different ways.

Financial Activity and Financial Position

The Statement of Financial Activities and Balance Sheet can be found on pages 10 to 18.

For the second year in a row, the Centre's overall financial position improved markedly. As well as being supported by several new and generous grants, operating trends also improved, with significantly higher revenue across each of the Centre's three main functions. While costs continued to increase significantly as well, support from grant funding increased even more.

As a result, the Centre recorded a net increase of Unrestricted Funds of £18,944. This was easily the strongest performance the Centre has achieved going back at least six

years.

Out of this net increase, the Trustees took the decision to allocate £10,000 from Unrestricted General Funds to Unrestricted Designated Funds. This is in anticipation of costs arising from the possible need to undertake further refurbishment of the Centre. Unrestricted Designated Funds in consequence have grown from £25,000 to £35,000, with the entire balance earmarked for refurbishment costs plus loss of income while refurbishment is underway.

Net of this allocation, Unrestricted General Funds increased by £8,944 (2023: £5,564), which is again easily the strongest performance of the Centre over the past six-plus years.

Restricted Funds strengthened notably as well, by £41,826, thanks to the receipt of grant funding. It should be noted, however, that approximately £24,000 of this increase is temporary as it relates to a pre-funding of the kitchen refurbishment which has been expensed in the first months of the 2024/25 financial year. A meaningful portion of this increase is also earmarked for initiatives to be undertaken in the coming financial year.

Overall reserves as of 30 June 2024 were £180,081 (2023: £119,311). This significant improvement in financial health positions the Centre well to continue to grow the activities and value it offers users and the wider community.

We are anticipating that the Centre's income may be negatively affected in 2024/25 by the change in room hire patterns and improvement works on the kitchen and outside space. However, this year's strong financial results place the Centre in a good position to manage those challenges.

Detail by Function

The following commentary relates to the Centre's three main functions as well as Central Costs and focuses on Unrestricted Funds.

Room Hire revenue improved to £24,847 (2023 £22,231). Revenue continued to comfortably cover direct costs. In the coming financial year, revenue is expected to be more challenged as several of the Centre's previous core hirers have ceased to operate.

Gym revenue continued to expand meaningfully to £37,696 (2023: £27,250). Revenue now exceeds the previous pre-COVID peak of approximately £33,000. Efforts to encourage more users to join via a health referral, to process referral applications more quickly, and to encourage new non-referral users all contributed to this improvement. As noted above, these initiatives have been supported by several grants, and the Trustees are pleased that they are showing tangible results. Gym revenues do not cover costs (including allocated central costs), but the deficit narrowed. The full cost of running the gym was £69,909, of which £30,456 was covered by grants.

Community Activities revenue also continued to grow robustly, to £14,492 (2023: £11,001). Given the Centre's objective of offering activities at affordable prices, Community Activities revenue does not cover the cost of providing these activities, even after allowing for the generous grant support the Centre receives. The gross cost (including allocated central costs) was £32,251, of which £12,767 was covered by grants.

Central costs declined to £60,791 (2023: £76,098), however this decline is more than explained by a change in how the rent arrangements with RPLC are handled. On an

underlying basis, central costs again increased. Thankfully, support from grants covered much of this increase. This includes the cost of the new kitchen which was partly expensed in the financial year and the salary of the new Charity Director who started near the end of the financial year. Net of grant receipts, central costs borne by the Centre still increased, principally due to higher staff salaries.

Reserves Policy

The Centre has accumulated reserves of £180,081 (2023: £119,311) of which £70,887 (2023: £61,942) relate to Unrestricted General Funds, £35,000 (2023: £25,000) to Unrestricted Designated Funds and £74,195 (2023: £32,369) to Restricted Funds.

Unrestricted General Funds

The Centre operates a Reserves Policy which determines the level of Unrestricted Funds it is required to hold as reserves or working capital to:

- maintain the organisation's core activities and ensure continuity as a going concern in the event that funding from external sources for these activities is seriously curtailed;
- meet contractual liabilities should the organisation have to close. These include redundancy pay, amounts due to creditors and amounts due under leases;
- meet unexpected costs such as the failure of gym equipment, staff illness and legal costs to defend the Charity's interests; and
- replace gym equipment as it wears out.

It is the aim of the Trustees that the Centre holds Unrestricted General Funds equivalent to six months running costs. It is considered that in most years, this level of reserves will be sufficient to cover the value of the potential liabilities discussed above.

Unrestricted Designated Funds

The Trustees hold £35,000 (2023: £25,000) in a Designated Fund to cover lost income and/or other expenses that might arise in the event of improvements being undertaken to the Centre's accommodation in the medium term.

Restricted Funds

Restricted Funds are the unamortised or unexpended balances of grants and donations given to the Centre. They cover the purchase of gym and IT equipment and charitable expenditure. Charitable expenditure targeted by Restricted Funds primarily includes core costs and initiatives for the Gym and CAP.

Looking Forward

Going forward, we are delighted to have appointed the new part time Charity Director as this will provide the Centre with increased staffing capacity to manage its continuing development.

We have, during the year, found we have not been able to accommodate everything that we would like to accommodate, at the Centre, given its limited capacity. The Trustee Board is proactively working with the Charity Director and Centre Manager to continue to ensure that we are making best us of the Centre's space.

We are working, to continue to grow the capacity and level of activity in the Gym and are aiming, in

Autumn 2024, to further extend the Gym opening hours by extending into the early evening on a second day of the week. We will continue to make adjustments to the CAP.

We learnt, during the year, that the Community Centre will be staying in the ground floor of Caplan Court (as RPLC decided against the possibility of the Centre, or the Gym, moving to Dickson House). We are now focussed on making the best use of, and seeking to improve, the ground floor of Caplan Court.

The kitchen extension and boiler rationalisation project commenced in July 2024 and was completed in early September and we are delighted with the outcome of that. We will be working to ensure that we make best use of the new kitchen in the offer from the Centre.

We are also grateful for RPLC support to enable an architectural feasibility study in relation to potential further improvements to the building and are looking forward to considering the outcome of that exercise.

We understand that, in the early part of 2025, work will be undertaken to develop the community space, planned by RPLC, on the car parking area adjacent to the Centre. We are looking forward to being able to make use of that new community space.

Finally, and as ever, staff and trustees at the Cambrian Community Centre thank everyone for their past and continuing support.



Sue Pendle – Chair of Trustees
12th November 2024

INDEPENDENT EXAMINER'S REPORT ON THE ACCOUNTS

I report to the trustees on my examination of the accounts of the Cambrian Centre ("the Charity") for the year ended 30th June 2024.
As the Charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").
I report in respect of my examination of the Charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.
I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Name: Andrew Craig
Address: 16 Cranmer Rd, Hampton Hill, Middlesex, TW12 1DW

Date: October 2024

CAMBRIAN COMMUNITY CENTRE

STATEMENT OF FINANCIAL ACTIVITIES

Year ended 30 June 2024

	Note	Unrestricted Funds 2024 £	Restricted Funds 2024 £	Total Funds 2024 £	Total Funds 2023 £
Incoming Resources					
Fundraising and donations	2	2,936	0	2,936	100
Grants	3	4,167	100,368	104,535	98,846
Total donations, fundraising and grants		**7,103**	**100,368**	**107,471**	**98,946**
Room hire		24,847	0	24,847	22,231
Gym		37,696	0	37,696	27,250
Community activities		14,492	0	14,492	11,001
Total charitable trading income		**77,035**	**0**	**77,035**	**60,482**
Other income	4	**3,007**	**0**	**3,007**	**1,730**
Total Incoming Resources		**87,145**	**100,368**	**187,513**	**161,159**
Resources expended					
Room hire costs		9,264	15,319	24,583	28,505
Gym costs		39,453	30,456	69,909	71,385
Community activities costs		19,484	12,767	32,251	37,290
Total Resources Expended	5	**68,201**	**58,542**	**126,743**	**137,180**
Net incoming (outgoing) resources		**18,944**	**41,826**	**60,770**	**23,978**
Balances brought forward		86,942	32,369	119,311	95,333
Balances carried forward		**105,887**	**74,195**	**180,081**	**119,311**

The notes on pages 13 to 19 form part of these financial statements

CAMBRIAN COMMUNITY CENTRE

BALANCE SHEET

Year ended 30 June 2024

	Note	Unrestricted Funds 2024 £	Restricted Funds 2024 £	Total Funds 2024 £	Total Funds 2023 £
Fixed assets					
Tangible assets	7	**0**	**14,172**	**14,172**	**10,156**
Current assets					
Debtors	8	1,007	0	1,007	1,056
Cash at bank and in hand		110,941	60,023	170,964	111,096
Total current assets		111,948	60,023	171,971	112,153
Current liabilities					
Creditors	9	6,062	0	6,062	2,998
Net current assets		**105,887**	**60,023**	**165,909**	**109,155**
Net assets		**105,887**	**74,195**	**180,081**	**119,311**
Funds					
Unrestricted - General	10	70,887	0	70,887	61,942
Unrestricted - Designated	11	35,000	0	35,000	25,000
Restricted	12	0	74,195	74,195	32,369
Total Funds	13	**105,887**	**74,195**	**180,081**	**119,311**

The notes on pages 13 to 19 form part of these financial statements

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

For the financial year ending 30 June 2024 the company was entitled to exemption from audit under Section 477 of the Companies Act 2006 relating to small companies. The members have not required the company to obtain an audit of its accounts for the year in question in accordance with Section 476 of the Companies Act - however, in accordance with Section 145 of the Charities Act 2011, the accounts have been examined by an Independent Examiner whose report forms part of this document.

The trustees acknowledge their responsibilities for complying with the Companies Act 2006 with respect to accounting records and the preparation of accounts.

Approved by the Board on 12 November 2024

Sue Pendle
Chair

1 Accounting policies

The principal accounting policies adopted, judgements and estimates in the preparation of the financial statements are as follows:

Basis of Accounting
The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (Charities SORP FRS 102) effective 1 January 2019, the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Charities Act 2011.

The Charity meets the definition of a public benefit entity under FRS 102.

Going concern
The Charity is a going concern. Taking into account reserves and anticipated recurring income, the Trustees are confident that the Charity remains a going concern for at least twelve months from the date of approval of these accounts.

Income recognition
Income is recognised in the period in which the Charity has entitlement to receipt,the amount can be measured reliably and it is probable the income can be received.

Income comprises donations, fundraising, grants and charitable trading income.

In the event that a donation or grant is subject to conditions that require a level of performance before the charity is entitled to the funds, the income is deferred and not recognised until either those conditions are fully met, or it is probable that those conditions will be fulfilled within the reporting period.

Income from the recovery of tax on gift aided donations in accounted for in the period in which it is received.

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the bank

Expenditure recognition
Expenditure is accrued as soon as a liability is considered probable, and the amount of the obligation can be measured reliabily. The Charity is not registered for VAT and accordingly expenditure includes VAT where appropriate.

Charitable expenditure includes those costs incurred in fulfilling the Charity's principal objects, as outlined in the Report of the Trustees.These include any governance costs which are those incurred with the administration of the Charity and compliance with constitutional and statutory requirements.

The Charity makes contributions to a defined contribution pension scheme for eligible employees. The assets of the scheme are held separately from the Charity in an independent fund managed by the National Employment Savings Trust (NEST). The pension cost charge represents contributions payable under the scheme by the Charity to the fund. The Charity has no liability under the scheme other than payment of these contributions.

1 Accounting Policies (continued)

Taxation
The Company is a Registered Charity and is therefore exempt from taxation under the Income and Corporation Taxes Acts.

Tangible Fixed Assets
Tangible fixed assets are initially recorded at cost and subsequently stated at cost less any accumulated depreciation. They are only capitalised when the unit cost of purchase exceeds £1,000

Depreciation is calculated at the following annual rates in order to write off the cost of each asset over its estimated useful life:

- gym eqipment	20%
- IT equipment	33%

Starting with the 2023-24 financial year, furniture and fittings costs are expensed immediately. Previously the policy had been to depreciate them at an annual 20% rate. No restatement is required, as there were no capitalised furniture and fittings expenses as of the end of the previous financial year.

Debtors
Debtors are included at the settlement amount due. Prepayments are valued at the amount prepaid.

Creditors and provisions
Creditors and provisions are recognised where the Charity has an obligation arising from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are recognised at their expected settlement amount.

Operating leases
Rentals payable under operating leases, where substantially all the risks and rewards of ownership remain with the lessor are charged to the Statement of Financial Activities on a straight line basis over the lease term.

Funds Structure
Unrestricted Funds comprise those funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the Charity and which have not been designated for other purposes.

Restricted Funds are funds which are to be used in accordance with specific restrictions imposed by donors and grantors.

Designated Funds are Unrestricted Funds earmarked by the Trustees for a specific purpose.

2 Fundraising and donations

	Unrestricted Funds 2024 £	Restricted Funds 2024 £	Total Funds 2024 £	Total Funds 2023 £
Fundraising	373	-	373	-
Donations	2,563	-	2,563	100
Gift Aid	-	-	-	-
Total	**2,936**	**-**	**2,936**	**100**

There were no costs incurred in generating voluntary income (2022: nil).

3 Grants

	Unrestricted Funds 2024 £	Restricted Funds 2024 £	Total Funds 2024 £	Total Funds 2023 £
Richmond Parish Lands Charity (rent forgiveness)	4,167	-	4,167	25,000
Richmond Parish Lands Charity (funding of screen)	-	-	-	12,500
Richmond Parish Lands Charity (gym and core costs)	-	30,000	30,000	14,900
Active Richmond	-	10,000	10,000	-
LBRuT Cost of Living	-	9,234	9,234	6,395
LBRuT micro grant for green improvements	-	-	-	250
LBRuT Community Fund (funding of kitchen)		30,371	30,371	-
Integrated Care Board Health Inequality Fund	-	15,720	15,720	9,525
London Community Foundation	-	-	-	10,000
Heathrow Community Trust	-	500	500	4,500
Legacy Sports & Education Foundation	-	-	-	11,000
Garfield Weston	-	-	-	4,776
Local Area Fund	-	4,543	4,543	-
Total	**4,167**	**100,368**	**104,535**	**98,846**

The Centre had a lease with Richmond Parish Lands Charity for the Cambrian Centre running to 30 June 2024 whereby RPLC had waived the Centre's obligation to pay rent. This was replaced in September 2023 with a five year lease running to 7 September 2028. The new lease levies an annual rent of £1. Under the former lease, rental expense is shown in Resources Expended, with the corresponding value of free rent provision shown in Grants. The value of both items in 2024 was £4,167 (2023: £25,000).

4 Other income

	Unrestricted Funds 2024 £	Restricted Funds 2024 £	Total Funds 2024 £	Total Funds 2023 £
Recycling / locker rental income	1,200	-	1,200	1,350
Bank interest	1,614	-	1,614	380
Other	193	-	193	-
Total	**3,007**	**-**	**3,007**	**1,730**

5 Resources expended

	Unrestricted Funds 2024 £	Restricted Funds 2024 £	Total Funds 2024 £	Total Funds 2023 £
Room hire				
Direct support from central staff	160	6,185	6,346	5,676
Allocation of central costs	9,104	9,133	18,237	22,829
Total	9,264	15,319	24,583	28,505
Gym				
Direct gym staff costs	18,938	12,781	31,719	28,622
Direct support from central staff	2,115	-	2,115	2,815
Training	1,210	-	1,210	1,865
Gym equipment	-	-	-	-
Maintenance & other costs	1,397	-	1,397	4,063
Depreciation	619	2,453	3,072	3,580
Subtotal	24,279	15,234	39,514	40,946
Allocation of central costs	15,173	15,222	30,396	30,439
Total	39,453	30,456	69,909	71,385
Community activities				
Tutor costs and other expenses	9,184	6,679	15,863	10,677
Direct support from central staff	4,230	-	4,230	3,784
Subtotal	13,414	6,679	20,093	14,461
Allocation of central costs	6,069	6,089	12,158	22,829
Total	19,484	12,767	32,251	37,290
Total	**68,201**	**58,542**	**126,743**	**137,180**

Where possible costs have been allocated on an actual basis. Management and administration support costs have been allocated between room hire, gym and community activities on a reasonable percentage apportionment according to the following respective percentages: 30%, 50%, 20% (2023: 30%, 40%, 30%).

Analysis of central costs:

	Unrestricted Funds 2024 £	Restricted Funds 2024 £	Total Funds 2024 £	Total Funds 2023 £
By cost type:				
Rent	4,167	-	4,167	25,000
Staff costs	11,403	-	11,403	7,571
General running costs	12,324	14,476	26,800	27,578
Other costs	-	11,425	11,425	14,769
Depreciation	-	-	-	1,180
Total	**30,347**	**30,444**	**60,791**	**76,098**
By activity:				
Room hire	9,104	9,133	18,237	22,829
Gym	15,173	15,222	30,396	30,439
Community activities	6,069	6,089	12,158	22,829
Total	**30,347**	**30,444**	**60,791**	**76,098**

The Centre had a lease with Richmond Parish Lands Charity for the Cambrian Centre running to 30 June 2024 whereby RPLC had waived the Centre's obligation to pay rent. This was replaced in September 2023 with a five year lease running to 7 September 2028. The new lease levies an annual rent of £1. Under the former lease, rental expense is shown in Resources Expended, with the corresponding value of free rent provision shown in Grants. The value of both items in 2024 was £4,167 (2023: £25,000).

5 Resources expended (continued)

	Unrestricted Funds 2024 £	Restricted Funds 2024 £	Total Funds 2024 £	Total Funds 2023 £
Staff costs				
Room hire	160	6,185	6,346	5,676
Gym	21,053	12,781	33,834	31,438
Community activities	4,230	-	4,230	3,784
Central	11,403	-	11,403	7,571
Total	**36,846**	**18,966**	**55,813**	**48,468**

The aggregate staff costs are:	2024 £	2023 £
Wages and salaries	55,006	47,855
Workplace pensions	807	613
	55,813	**48,468**

The Centre does not pay employers NI costs as it is eligible for Emploment Allowance.

Particulars of employees

The average number of staff employed by the charity during the financial year amounted to:

	2024 No.	2023 No.
Number of staff (full time equivalents)	**1.8**	**1.7**

6 Governance costs

There were no governance costs incurred during the year. (2023: nil).

7 Tangible Fixed Assets

	Gym and IT Equipment		
	Unrestricted Funds £	Restricted Funds £	Total Funds £
Accumulated cost at 1st July 2023	21,487	23,073	44,560
Additions during the year	-	7,088	7,088
Disposals during the year	-	-	-
Accumulated cost at 30th June 2024	21,487	30,161	51,648
Accumulated depreciation at 1st July 2023	20,868	13,536	34,404
Depreciation charge for the year	619	2,453	3,072
Depreciation on disposals	-	-	-
Accumulated depreciation at 30th June 2024	21,487	15,989	37,476
Net Book Value at 1st July 2023	**619**	**9,537**	**10,156**
Net Book Value at 30th June 2024	**-**	**14,172**	**14,172**

8 Debtors

	2024	2023
	£	£
Prepayments	215	237
Accrued income	792	819
Total	**1,007**	**1,056**

9 Creditors

Accrued expenses	3,539	929
Deferred income	2,523	2,068
Total	**6,062**	**2,998**

10 Unrestricted General Funds

Balance at 01.07.22	Net outgoing Resources for the year	Balance at 30.06.23	Net outgoing Resources for the year	Balance at 30.06.24
£	£	£	£	£
56,378	**5,564**	**61,942**	**8,944**	**70,887**

11 Unrestricted Designated Funds

Balance at 30.06.23	Balance at 30.06.24
£	£
25,000	**35,000**

The Trustees maintain Unrestricted Designated Funds to cover the possibility of a significant refurbishment of the Centre which could cause the Centre to close for a period and result in lost revenue. Additionally, the funds cover the potential for the Centre to itself finance refurbishment costs. Thirdly, from the 2024-25 financial year, contributions will also be made to the fund for the purposes of financing gym replacement equipment. The Trustees review annually the Unrestricted Designated fund, both the policy target and the actual size of the fund.

12 Restricted Funds

	Balance at	Movement in resources:		Balance at	Movement in resources:		Balance at
	01.07.22	Incoming	Outgoing	30.06.23	Incoming	Outgoing	30.06.24
	£	£	£	£	£	£	£
Fixed asset grants/donations	13,955	-	(3,957)	9,998	6,627	(2,453)	14,172
Charitable expenditure	0	69,070	(46,699)	22,371	93,741	(56,089)	60,023
Total	**13,955**	**69,070**	**(50,656)**	**32,369**	**100,368**	**(58,542)**	**74,195**

Restricted Funds for fixed assets are the unexpended balances of grants and donations given to the Charity for gym and IT equipment. Charitable expenditure funding primarily relates to funding received to cover core costs and initiatives for the gym and community activities.

13 Analysis of net assets

	Tangible Fixed Assets 2023 £	Net Current Assets 2023 £	Total 2023 £	Tangible Fixed Assets 2024 £	Net Current Assets 2024 £	Total 2024 £
Unrestricted General Fund	619	61,324	61,942	-	70,887	70,887
Unrestricted Designated Fund	-	25,000	25,000	-	35,000	35,000
Restricted Fund	9,537	22,832	32,369	14,172	60,023	74,195
Total	**10,156**	**109,155**	**119,311**	**14,172**	**165,909**	**180,081**

14 Financial commitments

a) Operating leases

There are no operating lease commitments.

b) Capital commitments

There are no capital commitments (2023: nil).

15 Contingent liabilities

There are no contingent liabilities (2023: nil).

16 Related party transactions

The trustees receive no salaries or benefits although the majority are either gym users or activity users.

17 Liability of the members

The Charity is constituted as a company limited by guarantee. In the event of the Charity being wound up members are required to contribute an amount not exceeding £1.

CAMBRIAN COMMUNITY CENTRE

England & Wales - Charity number 1151011

Accounts

CAMBRIAN COMMUNITY CENTRE

TRUSTEES' ANNUAL REPORT AND FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 JUNE 2023

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MEMBERS OF THE BOARD AND PROFESSIONAL ADVISORS

The Board of Trustees as at 19th September 2023	Ms Sue Pendle (Chair) Mr Nick Aked Dr Rachel Fulljames (appointed May 2023) Mrs Maria Kell Ms Kate McCormack Ms Elizabeth Nash (appointed May 2023) Mr Thomas O'Malley Mrs Camilla Reeve Mr Brian Shea Mr Christopher Storey
Registered office	Caplan Court 1 Grove Road Richmond upon Thames TW10 6SN
Independent Examiner	Mr A. Craig 16 Cranmer Road Hampton Hill Middlesex TW12 1DW
Registered Charity Number	1151011
Company Number	08268372

TRUSTEES ANNUAL REPORT FOR THE YEAR ENDED 30 JUNE 2023

The Trustees present their report and the financial statements of the Charity for the year ended 30th June 2023.

Background and Status

Cambrian Community Centre (CCC) opened in 1989 as part of the Queen's Road Estate development and under the auspices of Richmond Parish Lands Charity (RPLC). Its constitution was amended in 1999 and it became a registered charity in June of that year. In 2002 the privately-run Workhouse Gym came under the management of the CCC, at which point it became the Community Gym.

On 1 July 2013 the Centre became an incorporated charity, limited by guarantee under a new charity number (1151011) and registered at Companies House (number 08268372).

Charitable Objectives

The objectives of the Charity are set out in its Articles of Association and the Trustees have summarised them as follows:

The Cambrian Community Centre works to improve health and community strength by providing exercise and leisure activities and encouraging participation. We welcome everyone and we particularly focus on people who may be disadvantaged by health, age, social or economic circumstances.

Governance, Management and Staffing

The Trustees hold six bi-monthly meetings per year. The Board sets up Trustee taskforces from time to time to focus on specific pieces of work. The Annual General Meeting took place in January.

New Trustees are recruited as and when necessary. Prospective Trustees are asked to provide a range of information by completing a Trustee application form. They are also required to provide two referees. They are invited to observe proceedings at a Trustee meeting, where they may be asked to expand further on the information given on the application form. A vote is taken by Trustees to confirm their acceptance to the Board. Induction and support of a new Trustee is undertaken by the Chair and one other Trustee.

Trustees delegate the day-to-day management of the Centre to the Centre Manager, who is expected to adhere to the aims and objectives and policies of the Charity. The Chair and the Centre Manager meet regularly and also regularly meet together with the Treasurer. The Centre Manager reports to the Trustees at their bi-monthly meetings. The Centre also employs a Gym Manager, part time gym staff and engages self-employed instructors to deliver other activities.

Public Benefit Statement

The Trustees confirm that they have referred to the guidance contained in the Charity Commission general guidance on public benefit when reviewing the Charity's aims and objectives and in planning future activities.

Review of the year 2022/23

Overview

2022/23 has been a busy year. We have developed our Community Activities Programme, and have also seen a significant increase in the number of people participating in that programme. We have established, through a partnership arrangement with The Real Junk Food Project (TRJFP), a weekly lunch café. The Table Tennis Group opened up as a Warm Space (open access, free hot drinks, chat and activities, including Table Tennis). We have provided additional flexibility to the way in which the main meeting room can be used by adding a sound-proof room-divider and made some related improvements.

The first few months of the year saw a reduction in the level of activity in the gym. Following the Gym Manager's return from maternity leave, she initiated a Gym Recovery programme of work. We worked together to support that recovery work, and the Gym Manager, in seeing that through to achieve a significant increase in the level of gym activity.

Over the course of the year we have had to deal with significant increases in costs, particularly in relation to energy costs, and have worked hard to continue to broadly maintain affordable access to our community activities and gym.

We have secured a generous amount of grant income during the year, from various sources, to support the development work outlined above and to deal with the impact of rising costs both for our users and for the Centre. The individual grants are detailed later in this report.

We have worked with the Centre Manager and an external facilitator to develop a Strategic Plan for the Centre, looking at what is offered from the Centre, how we might develop that offer and what we need in place to facilitate it.

The development work on the Sports Pitch, planned by Richmond Parish Lands Charity (RPLC) and being taken forward by The Richmond Charities, has mostly been stalled during the year because of the need to move various electric cables before the main work can commence. The development site has reduced the availability of parking at the rear of the building. Both the London Borough of Richmond upon Thames Council (LBRUT) and RPLC have been helpful in mitigating the impact of this on Centre users.

Overall, we were pleased to end the year with a small surplus of £5,564 on unrestricted funds which compares well with the deficits of the last three years arising from the impact of the Covid pandemic.

The Trustees are very appreciative of all the work done by the Centre Manager, Centre staff, freelance tutors and group organisers to ensure the delivery of the wide range of activities from the Centre.

Summary of our Activities

The Centre fulfils its aims by:

- Running a programme of Community Activities from the Centre and working with partner organisations delivering relevant activities from the Centre
- Providing a Community Gym for the local community which also specialises in providing rehabilitative exercise programmes and support
- Ensuring accessibility to our Activities Programme and Gym at discounted, subsidised, affordable user fees. Table Tennis is provided as a free activity and the weekly café

operates on a 'pay as you feel' basis
- Hiring out the Centre's two Community Rooms to local organisations and individuals who also provide relevant activities.

Community Activities Programme

The objective of the Community Activity Programme (CAP) is to provide low cost accessible opportunities for local people to foster their health and wellbeing through participation in activities, skill development and social engagement. The programme consists of yoga, choir, drawing, creative writing and table tennis. In response to demand identified in a survey Pilates was introduced in Autumn 2022 and Tai Chi and Chair Yoga were introduced in Spring 2023. Activity sessions are delivered by suitably qualified and welcoming freelance tutors.

In 2022/23 there were a total of 151 people registered with the programme (increase of 44% from 105 in 2021/22). 219 sessions (203 in 2021/22) were delivered during the year across the various activities and there were 2258 individual attendances (increase of 37% from 1646 in 2021/22). 75% of the registered participants are female, over 50% are over 70 years of age and 14% identify themselves as disabled.

In addition, we provided free room space to local organisations, including English as an Additional Language and Richmond Good Neighbours, where this represents an investment in the local community.

During the year the table tennis group took on the role of providing an open access, free, warm space at the Centre. We also entered into a partnership arrangement with TRJFP to open a Wednesday Lunch Café at the Centre in mid-March 2023 on a 6-month trial basis. During the period mid-March to end June 2023 TRJFP served 491 meals, an average of 31 per week. We are delighted with the success of this initiative, providing a 3-course lunch, cooked from scratch, from supermarket surplus food, on a 'pay as you feel' basis and providing supermarket surplus for people to take home.

Community Gym

The Community Gym is open to all and offers affordable gym facilities to local people. In addition, a wide range of local NHS services (GP's, physiotherapy teams including cardiac, respiratory, orthopaedic, neurology and mental health groups) and other charities refer patients and clients to the gym for rehabilitation exercise. People referred are assessed and guided by staff with specialist qualifications and experience and are provided with discounts on their initial gym sessions to encourage their engagement in rehabilitative exercise. This gym is currently the only gym in the LBRuT that provides this service.

At the end of 2022/23 69% of regular gym users were over 70 years of age and 53% were female. 25% of regular gym users identified themselves as disabled.

The level of activity in the gym had dropped off during 2022. On her return from maternity leave in October 2022, the Gym Manager instituted a gym recovery programme which was supported by the Centre Manager and Trustees. This programme of work has successfully cleared the backlog of referrals and the number of regular gym users has increased from 79 in January 2023 to 130 at the end of June 2023 (an increase of 65%).

There were a total of 4161 visits to the Gym during the year (4250 in 2021/22). There were 78 new health referrals in 2022/23 (123 in 2021/22).

Gym Users during the 2022/23 period, broken down by method of payment, were as follows:

	2022/23		2021/22	
Method of Payment	**People**	**Visits**	**People**	**Visits**
Annual Subscription	17	789	16	605
Monthly Standing Order	37	2123	42	2342
'Pay as you go' per session	89	1161	57	817
Medical referrals - initial discounted rate	33	88	63	486
Totals	**176**	**4161**	**178**	**4250**

Community Room Hire

We hire out the Community Rooms to:

- local individuals and organisations who are offering regular activity sessions, which add value to the Centre's offer to the local community and
- for one-off events, for example, children's birthday parties.

The Community Rooms are used by a diverse range of local organisations catering to a broad spectrum of local residents, for example, children's dance and gym activities, baby/toddler and parent classes, adult life drawing and affordable counselling and therapy for both adults and children.

In the last financial year, 2021/22, the Centre benefitted from a regular hire of the smaller of the two meeting rooms for two days a week. During the course of the current year this was reduced in stages to half a day per week. Whilst we are glad that this client has continued to hire some space in the Centre, the reduction in the extent of their rental has had an impact on our room hire income.

Support Received

We are grateful for grant support received during the year from:

- the RPLC, as our Landlord
- the RPLC:
  - i. to fit a room-divider and make associated improvements to the main meeting room
  - ii. to meet the costs of some essential gym equipment repair costs
  - iii. to support the Centre's core costs
- the LBRuT's Local Cost of Living fund, to support the opening of the Centre's Warm Space and the weekly Lunch Café
- the Garfield Weston Foundation for support towards the Centre's core costs
- the London Community Foundation's Together for London fund to support the Centre in maintaining our activities at affordable prices
- the South West London Integrated Care Board to support the Gym recovery work
- the Heathrow Community Trust to support the Community Activities Programme; and
- the Legacy Sports and Education Foundation money from which has been set aside for future capital expenditure.

We are also grateful for the support we receive in other ways from many people and organisations, including, Councillors and Officers of LBRuT, Richmond CVS, The Cranfield Trust, Gareth Williams in

relation to our Strategic planning process and Sarah Olney MP.

We are also grateful for the support we receive from a number of volunteers in a range of different ways.

Financial Activity and Financial Position

The Statement of Financial Activities and Balance Sheet can be found on pages 10 to 18.

The Charity's overall financial position improved markedly in the past year, thanks mainly to the receipt of several generous grants. The grant funding directly led to a meaningful increase in restricted funds. As some of the grant funding was expended, it also reduced the strain on operating income, as measured by the increase or decrease in Unrestricted Funds. The Centre recorded a profit on this basis (i.e. an increase in Unrestricted Funds) – its first since 2018/19.

However, underlying operating trends, excluding grants, were mixed. Overall revenue, for the year, from the Gym and Community Activities Programme continued to grow. Room Hire revenue, however, slipped back from the strong 2021/22 level. Expenses increased significantly, particularly utility costs. It remains an objective of the Centre to continue to improve revenue and to contain costs.

Overall reserves increased by £23,978 (2022: an increase of £3,698) and the Balance Sheet shows total net assets of £119,312 (2022: £95,334). Restricted Funds increased by a notable £18,414, thanks, as mentioned, to the receipt of grant funding. The increase in Unrestricted Funds was a notable £5,564 (2022: a decline of £6,881).

Detail by Function

The following commentary relates to the Centre's three main functions as well as Central Costs, and focuses on Unrestricted Funds.

Room Hire revenue slipped back from 2021's exceptionally strong level to £22,231 (2022 £28,829). As noted above, much of this can be attributed to reduced usage from one client in particular. Revenue, however, continued to more than cover direct costs (although the function was in a loss position if allocated core costs are also included).

Gym revenue continued to expand modestly to £27,250 (2022: £24,974). It remains below the 2018/19 pre-COVID level of approximately £33,000. As noted above, efforts are being made to encourage more users to join via a health referral, to process referral applications more quickly, and to encourage new non-referral users. The return of the Gym Manager from maternity has been significant in this regard.

Gym revenue in the year covered 67% of the Gym's direct costs of £40,946.

Community Activities revenue also expanded to £11,001 (2022: £9,859). This revenue level is also meaningfully higher than the approximately £7,000 which had been recorded in 2018/19 pre-COVID. Community Activity revenue in the year covered 76% of this function's direct costs of £14,462.

Central costs increased significantly, to £76,098 (2022: £52,192). Of the increase, approximately £13,000 was due to the installation of the room divider in the larger of the

Centre's two rooms, and this was nearly fully covered by an RPLC grant. Excluding this item, and rent of £25,000 already covered by RPLC, central costs of approximately £38,000 were still more than 40% higher than in the preceding year (approximately £26,000 excluding rent). Utility costs in particular increased sharply versus the previous year.

Reserves Policy

The Charity has accumulated reserves of £119,312 (2022: £95,333) of which £61,943 (2022: £56,379) relate to unrestricted general funds, £25,000 (2022: £25,000) to a designated reserve and £32,369 (2022: £13,955) to restricted reserves.

Unrestricted general funds

The Charity operates a Reserves Policy which determines the level of unrestricted funds it is required to hold as reserves or working capital to:

- maintain the organisation's core activities and ensure continuity as a going concern in the event that funding from external sources for these activities is seriously curtailed;
- meet contractual liabilities should the organisation have to close. These includes redundancy pay, amounts due to creditors and amounts due under leases;
- meet unexpected costs such as the failure of gym equipment, staff illness and legal costs to defend the Charity's interests; and
- replace gym equipment as it wears out.

It is the aim of the Trustees that the Charity holds unrestricted general reserves equivalent to six months running costs. It is considered that in most years, this level of reserves will be sufficient to cover the value of the potential liabilities discussed above.

If unrestricted general reserves fall below that level, or are projected to do so within the coming 12 months, remedial action is to be undertaken, with the aim of ensuring that the shortfall lasts no longer than six months. Such action may include:

- Seeking grants and/or other types of fundraising
- Steps to improve revenue, through marketing, events and/or pricing
- Steps to curtail running expenses

Currently the level of Unrestricted General Funds is slightly greater than the Centre's minimum targeted level. To safeguard this position, as mentioned above, the Centre is working to grow revenues, contain costs, and secure further grant funding.

Designated Reserve

The Trustees continue to hold £25,000 in a Designated Reserve to cover lost income and/or other expenses that might arise as a result of the anticipated plans, being developed by RPLC, for improvements to the Centre's accommodation in the medium term.

Restricted reserve

Restricted reserves are the unamortised or unexpended balances of grants and donations given to the Centre. They cover the purchase of gym and IT equipment and charitable expenditure. Charitable expenditure targeted by restricted reserves primarily includes core costs and

initiatives for the gym and community activities.

Looking Forward

The strategic objectives Trustees have set for the Centre include continuing to grow the level of participation in the Community Activities Programme as well as the number of regular users of, and referrals to, the Community Gym.

We will be seeking out, and applying for, longer term grants to enable us to confidently move forward with the strategic objectives, including the Trustee's aspiration to add an additional member of staff to support the Trustees to take these objectives forward.

We are keen to continue to maintain affordable access to the Centre's Activities and Gym. We plan to introduce a Donation Scheme so that regular gym users and activity participants, who may be able to afford to pay a bit more, can, if they wish make an additional contribution by way of a voluntary donation to help us to do that.

We are aiming to maintain the weekly lunch café and the open, free access Table Tennis group beyond the 6-month period for which we received grant funding support for these sessions.

We have a programme of work planned for 2023/24 funded by a grant from LBRuT's Local Area Fund to upgrade the PCs and software in use at the Centre and to support us in making greater use of Microsoft 365 cloud based technology for Centre Management and Governance purposes.

We are also, with support from LBRuT Active Richmond Fund, increasing the number of discounted sessions provided to those referred to the gym for exercise for the 2023/24 financial year and developing the monitoring and review arrangements for these referrals.

Whilst RPLC had considered the possibility of the Centre moving, in its entirety, to Dickson House, it has since decided not to pursue that option. We are grateful that RPLC has consequently agreed to offer us a five-year lease, on a peppercorn rent for the ground floor of Caplan Court. We have also had some discussions with RPLC about potential improvements to the Centre's accommodation and are looking forward to seeing that develop into specific proposals.

We understand that the development on the Sports Pitch will start in earnest in Autumn 2023 and we are anticipating liaison with The Richmond Charities (who are taking the development forward) in respect of any disruption to the Centre and Centre Users that may arise. We understand that the related development of the car parking area, between the Centre and the Sports Pitch, into a public space (being referred to as Cambrian Square) will be planned during the next few months. It will be delivered, by the same contractor, towards the end of the period of the development work on the Sports Pitch. We understand that there will be consultation, including with the Cambrian Community Centre, on the design of that public space.

Finally, and as ever, staff and trustees at the Cambrian Community Centre thank everyone for their past and continuing support of the Centre.

Sue Pendle – Chair of Trustees
14th November 2023

INDEPENDENT EXAMINER'S REPORT ON THE ACCOUNTS

I report to the trustees on my examination of the accounts of the Cambrian Centre ("the Charity") for the year ended 30th June 2023.

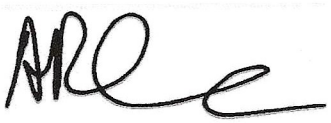
As the Charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Name: Andrew Craig
Address: 16 Cranmer Rd, Hampton Hill, Middlesex, TW12 1DW

Date: 14 November 2023

CAMBRIAN COMMUNITY CENTRE

STATEMENT OF FINANCIAL ACTIVITIES

Year ended 30 June 2023

	Note	Unrestricted funds 2023 £	Restricted funds 2023 £	Total funds 2023 £	Total funds 2022 £
Incoming Resources					
Fundraising and donations	2	100	-	100	1,657
Grants	3	29,776	69,070	98,846	47,743
Total donations, fundraising and grants		**29,876**	**69,070**	**98,946**	**49,400**
Room hire		22,231	-	22,231	28,829
Gym		27,250	-	27,250	24,974
Community activities		11,001	-	11,001	9,859
Total charitable trading income		**60,482**	-	**60,482**	**63,662**
Other income	4	**1,730**	-	**1,730**	**881**
Total Incoming Resources		**92,089**	**69,070**	**161,159**	**113,943**
Resources expended					
Room hire costs		15,105	13,400	28,505	20,713
Gym costs		44,525	26,860	71,385	60,819
Community activities costs		26,894	10,396	37,290	28,712
Total Resources Expended	5	**86,524**	**50,656**	**137,180**	**110,245**
Net incoming (outgoing) resources		**5,564**	**18,414**	**23,978**	**3,698**
Balances brought forward		81,379	13,955	95,334	91,636
Balances carried forward		**86,943**	**32,369**	**119,312**	**95,334**

The notes on pages 12 to 18 form part of these financial statements

CAMBRIAN COMMUNITY CENTRE

BALANCE SHEET

Year ended 30 June 2023

	Note	Unrestricted funds 2023 £	Restricted funds 2023 £	Total funds 2023 £	Total funds 2022 £
Fixed assets					
Tangible assets	7	**619**	**9,537**	**10,156**	14,916
Current assets					
Debtors	8	1,056	-	1,056	4,056
Cash at bank and in hand		88,265	22,832	111,096	83,778
Total current assets		89,321	22,832	112,153	87,834
Current liabilities					
Creditors	9	2,998	-	2,998	7,417
Net current assets		**86,324**	**22,832**	**109,155**	**80,417**
Net assets		**86,942**	**32,369**	**119,311**	**95,333**
Funds					
Unrestricted - general	10	61,943	-	61,943	56,379
Unrestricted - designated	11	25,000	-	25,000	25,000
Restricted	12	-	32,369	32,369	13,955
Total Funds	13	**86,943**	**32,369**	**119,312**	**95,334**

The notes on pages 12 to 18 form part of these financial statements

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

For the financial year ending 30 June 2023 the company was entitled to exemption from audit under Section 477 of the Companies Act 2006 relating to small companies. The members have not required the company to obtain an audit of its accounts for the year in question in accordance with Section 476 of the Companies Act - however, in accordance with Section 145 of the Charities Act 2011, the accounts have been examined by an Independent Examiner whose report forms part of this document.

The trustees acknowledge their responsibilities for complying with the Companies Act 2006 with respect to accounting records and the preparation of accounts.

Approved by the Board on 14 November 2023

C Pendle

Sue Pendle
Chair

1 Accounting policies

The principal accounting policies adopted, judgements and estimates in the preparation of the financial statements are as follows:

Basis of Accounting
The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (Charities SORP FRS 102) effective 1 January 2019, the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Charities Act 2011.

The Charity meets the definition of a public benefit entity under FRS 102.

Going concern
The Charity is a going concern. Taking into account reserves and anticipated recurring income, the Trustees are confident that the Charity remains a going concern for at least twelve months from the date of approval of these accounts.

Income recognition
Income is recognised in the period in which the Charity has entitlement to receipt,the amount can be measured reliably and it is probable the income can be received.

Income comprises donations, fundraising, grants and charitable trading income.

In the event that a donation or grant is subject to conditions that require a level of performance before the charity is entitled to the funds, the income is deferred and not recognised until either those conditions are fully met, or it is probable that those conditions will be fulfilled within the reporting period.

Income from the recovery of tax on gift aided donations in accounted for in the period in which it is received.

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the bank

Expenditure recognition
Expenditure is accrued as soon as a liability is considered probable, and the amount of the obligation can be measured reliabily. The Charity is not registered for VAT and accordingly expenditure includes VAT where appropriate.

Charitable expenditure includes those costs incurred in fulfilling the Charity's principal objects, as outlined in the Report of the Trustees.These include any governance costs which are those incurred with the administration of the Charity and compliance with constitutional and statutory requirements.

The Charity makes contributions to a defined contribution pension scheme for eligible employees. The assets of the scheme are held separately from the Charity in an independent fund managed by the National Employment Savings Trust (NEST). The pension cost charge represents contributions payable under the scheme by the Charity to the fund. The Charity has no liability under the scheme other than payment of these contributions.

1 **Accounting Policies (continued)**

Taxation
The Company is a Registered Charity and is therefore exempt from taxation under the Income and Corporation Taxes Acts.

Tangible Fixed Assets
Tangible fixed assets are initially recorded at cost and subsequently stated at cost less any accumulated depreciation. They are only capitalised when the unit cost of purchase exceeds £1,000

Depreciation is calculated at the following annual rates in order to write off the cost of each asset over its estimated useful life:

- gym eqipment	20%
- IT equipment	33%
- furniture and fittings	20%

Debtors
Debtors are included at the settlement amount due. Prepayments are valued at the amount prepaid.

Creditors and provisions
Creditors and provisions are recognised where the Charity has an obligation arising from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are recognised at their expected settlement amount.

Operating leases
Rentals payable under operating leases, where substantially all the risks and rewards of ownership remain with the lessor are charged to the Statement of Financial Activities on a straight line basis over the lease term.

Funds Structure
Unrestricted funds comprise those funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the Charity and which have not been designated for other purposes.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors and grantors.

Designated funds are unrestricted funds earmarked by the Trustees for a specific purpose.

2 Fundraising and donations

	Unrestricted funds 2023 £	Restricted funds 2023 £	Total funds 2023 £	Total funds 2022 £
Fundraising	-	-	-	250
Donations	100	-	100	515
Gift Aid	-	-	-	892
Total	**100**	**-**	**100**	**1,657**

There were no costs incurred in generating voluntary income (2022: nil).

3 Grants

	Unrestricted funds 2023 £	Restricted funds 2023 £	Total funds 2023 £	Total funds 2022 £
Richmond Parish Lands Charity (Rent forgiveness)	25,000	-	25,000	26,000
Richmond Parish Lands Charity (Funding of room divider)	-	12,500	12,500	-
Richmond Parish Lands Charity (Gym and Core Costs)	-	14,900	14,900	-
Active Richmond	-	-	-	898
LBRuT Omicron	-	-	-	2,667
LBRuT Cost of Living	-	6,395	6,395	
LBRuT micro grant for green improvements	-	250	250	-
Integrated Care Board Health Inequality Fund	-	9,525	9,525	-
London Community Foundation	-	10,000	10,000	-
Heathrow Community Trust	-	4,500	4,500	-
Legacy Sports & Education Foundation	-	11,000	11,000	-
Garfield Weston	4,776	-	4,776	5,224
Kew Traders	-	-	-	333
Civic Pride	-	-	-	4,888
Local Area Fund	-	-	-	7,733
Total	**29,776**	**69,070**	**98,846**	**47,743**

The Centre has a lease with Richmond Parish Lands Charity for the Cambrian Centre running to 30 June 2024 whereby RPLC has waived the Centre's obligation to pay rent. Rental expense is shown in Resources expended, with the corresponding value of free rent provision shown in Grants. The value of both items in 2023 was £25,000 (2022: £26,000).

4 Other income

	Unrestricted funds 2023 £	Restricted funds 2023 £	Total funds 2023 £	Total funds 2022 £
Recycling / locker rental income	1,350	-	1,350	725
Bank interest	380	-	380	156
Total	**1,730**	**-**	**1,730**	**881**

5 Resources expended

	Unrestricted funds 2023 £	Restricted funds 2023 £	Total funds 2023 £	Total funds 2022 £
Room hire				
Direct support from central staff	2,071	3,604	5,676	5,056
Allocation of central costs	13,033	9,796	22,829	15,658
Total	15,105	13,400	28,505	20,713
Gym				
Direct gym staff costs	17,601	11,021	28,622	31,540
Direct support from central staff	2,815	-	2,815	4,642
Training	1,865	-	1,865	325
Other costs	4,063	-	4,063	1,318
Depreciation	803	2,777	3,580	2,118
Subtotal	27,148	13,798	40,946	39,942
Allocation of central costs	17,378	13,062	30,439	20,877
Total	44,525	26,860	71,385	60,819
Community activities				
Tutor costs and other expenses	10,077	600	10,677	9,684
Direct support from central staff	3,784	-	3,784	3,371
Subtotal	13,861	600	14,461	13,055
Allocation of central costs	13,033	9,796	22,829	15,658
Total	26,894	10,396	37,290	28,712
Total	**86,524**	**50,656**	**137,180**	**110,245**

Where possible costs have been allocated on an actual basis. Management and administration support costs have been allocated between room hire, gym and community activities on a reasonable percentage apportionment according to the following respective percentages: 30%, 40%, 30%.

Analysis of central costs:

	Unrestricted funds 2023 £	Restricted funds 2023 £	Total funds 2023 £	Total funds 2022 £
By cost type:				
Rent	25,000	-	25,000	26,000
Staff costs	7,571	-	7,571	6,741
General running costs	8,604	18,974	27,578	17,565
Other costs	2,269	12,500	14,769	706
Depreciation	-	1,180	1,180	1,180
Total	**43,444**	**32,654**	**76,098**	**52,192**
By activity:				
Room hire	13,033	9,796	22,829	15,658
Gym	17,378	13,062	30,439	20,877
Community activities	13,033	9,796	22,829	15,658
Total	**43,444**	**32,654**	**76,098**	**52,192**

The Centre has a lease with Richmond Parish Lands Charity for the Cambrian Centre running to 30 June 2024 whereby RPLC has waived the Centre's obligation to pay rent. Rental expense is shown in Resources expended, with the corresponding value of free rent provision shown in Grants. The value of both items in 2023 was £25,000 (2022: £26,000).

5 Resources expended (continued)

	Unrestricted funds 2023 £	Restricted funds 2023 £	Total funds 2023 £	Total funds 2022 £
Staff costs				
Room hire	2,071	3,604	5,676	5,056
Gym	20,417	11,021	31,438	36,181
Community activities	3,784	-	3,784	3,371
Central	7,571	-	7,571	6,741
Total	**33,843**	**14,625**	**48,468**	**51,349**

The aggregate staff costs are:	2023 £	2022 £
Wages and salaries	47,855	50,648
Workplace pensions	613	700
	48,468	**51,349**

The Centre does not pay employers NI costs as it is eligible for Emploment Allowance.

Particulars of employees

The average number of staff employed by the charity during the financial year amounted to:

	2023 No.	2022 No.
Number of staff (full time equivalents)	**1.7**	**1.9**

6 Governance costs

There were no governance costs incurred during the year. (2022: nil).

7 Tangible Fixed Assets

	Gym and IT Equipment		
	Unrestricted funds £	Restricted funds £	Total funds £
Accumulated cost at 1st July 2022	21,487	23,073	44,560
Additions during the year	-	-	-
Disposals during the year	-	-	-
Accumulated cost at 30th June 2023	21,487	23,073	44,560
Accumulated depreciation at 1st July 2022	20,065	9,579	29,644
Depreciation charge for the year	803	3,957	4,760
Depreciation on disposals	-	-	-
Accumulated depreciation at 30th June 2023	20,868	13,536	34,404
Net Book Value at 1st July 2022	**1,422**	**13,494**	**14,916**
Net Book Value at 30th June 2023	**619**	**9,537**	**10,156**

8 Debtors

	2023	2022
	£	£
Prepayments	237	2,685
Accrued income	819	1,371
Total	**1,056**	**4,056**

9 Creditors

Accrued expenses	929	408
Deferred income	2,068	7,009
Total	**2,998**	**7,417**

10 Unrestricted general funds

Balance at 01.07.21	Net outgoing Resources for the year	Balance at 30.06.22	Net outgoing Resources for the year	Balance at 30.06.23
£	£	£	£	£
63,260	**(6,881)**	**56,379**	**5,564**	**61,943**

11 Unrestricted designated funds

Balance at 30.06.22	Balance at 30.06.23
£	£
25,000	**25,000**

The value of the designated fund has been considered by the trustees following information from RPLC that any work at the Centre (as part of overall site development) would not now take place for at least two years and might not take place at all. The trustees have agreed to make no change to the amount of the fund but recognise that the fund might be needed now for refurbishment and/or other expenditure and not just cover the shortfall in revenue if the Centre had to close to allow RPLC to do development work.

12 Restricted funds

	Balance at	Movement in resources:		Balance at	Movement in resources:		Balance at
	01.07.21	Incoming	Outgoing	30.06.22	Incoming	Outgoing	30.06.23
	£	£	£	£	£	£	£
Fixed asset grants/donations	3,376	12,955	(2,375)	13,955	-	(3,957)	9,998
Charitable expenditure	-	-	-	-	69,070	(46,699)	22,371
Total	**3,376**	**12,955**	**(2,375)**	**13,955**	**69,070**	**(50,656)**	**32,369**

Restricted funds for fixed assets are the unexpended balances of grants and donations given to the Charity for gym and IT equipment. Charitable expenditure funding primarily relates to funding received to cover core costs and initiatives for the gym and community activities.

13 Analysis of net assets

	Tangible Fixed Assets 2022 £	Net Current Assets 2022 £	Total 2022 £	Tangible Fixed Assets 2023 £	Net Current Assets 2023 £	Total 2023 £
Unrestricted Funds - general fund	1,422	54,957	56,379	619	61,324	61,943
Unrestricted Funds - designated fund	-	25,000	25,000	-	25,000	25,000
Restricted Funds	13,494	461	13,955	9,537	22,832	32,369
Total	**14,916**	**80,417**	**95,334**	**10,156**	**109,156**	**119,312**

14 Financial commitments

a) Operating leases

There are no operating lease commitments.

b) Capital commitments

There are no capital commitments (2022: nil).

15 Contingent liabilities

There are no contingent liabilities (2022: nil).

16 Related party transactions

The trustees receive no salaries or benefits although the majority are either gym users or activity users.

17 Liability of the members

The Charity is constituted as a company limited by guarantee. In the event of the Charity being wound up members are required to contribute an amount not exceeding £1.

CAMBRIAN COMMUNITY CENTRE

England & Wales - Charity number 1151011

Accounts

CAMBRIAN COMMUNITY CENTRE

TRUSTEES' ANNUAL REPORT AND FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 JUNE 2022

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MEMBERS OF THE BOARD AND PROFESSIONAL ADVISORS

The Board of Trustees as at 8th November 2022	Ms Sue Pendle (Chair) Mr Nick Aked Mrs Maria Kell Ms Kate McCormack Mr Thomas O'Malley Mrs Camilla Reeve (appointed July 2021) Mr Brian Shea (appointed Treasurer July 2021) Mr Christopher Storey (appointed July 2021)

Mr Ian Elliot was also a trustee until he resigned on 24th June 2022
Dr Fiona Porter was also a trustee until her resignation on 8th March 2022
Mrs Caroline Storey was also a trustee until her resignation on 14th September 2021
Mrs Sally Redhead was also Trustees until she resigned on 13th July 2021

Registered office	Caplan Court 1 Grove Road Richmond upon Thames TW10 6SN
Independent Examiner	Mr A. Craig 16 Cranmer Road Hampton Hill Middlesex TW12 1DW
Registered Charity Number	1151011
Company Number	08268372

TRUSTEES ANNUAL REPORT FOR THE YEAR ENDED 30 JUNE 2022

The Trustees present their report and the financial statements of the Charity for the year ended 30th June 2022.

Status

Cambrian Community Centre (CCC) opened in 1989 as part of the Queen's Road Estate development and under the auspices of Richmond Parish Lands Charity (RPLC). Its constitution was amended in 1999 and it became a registered charity in June of that year. In 2002 the privately-run Workhouse Gym came under the management of the CCC, at which point it became the Community Gym.

On 1 July 2013 the Centre became an incorporated charity, limited by guarantee under a new charity number (1151011) and registered at Companies House (number 08268372).

Charitable Objectives

The objectives of the Charity are set out in its Articles of Association are as follows:

To promote for the benefit of the inhabitants of the London Borough of Richmond and the surrounding area, with special reference to the Queen's Road Estate, the provision of facilities for the advancement of education and health and for recreation or other leisure time occupation of individuals who have need of such facilities by reason of their youth, age, infirmity or disablement, financial hardship or social and economic circumstances or for the public at large in the interests of social welfare and with the object of improving the condition of life of the said inhabitants.

Governance, Management and Staffing

The Trustees hold six bi-monthly meetings per year. The Board sets up Trustee taskforces from time to time to focus on specific pieces of work. The Annual General Meeting took place in January.

New Trustees are recruited as and when necessary. Prospective Trustees are asked to provide a range of information by completing a Trustee application form. They are also required to provide two referees. They are invited to observe proceedings at a Trustee meeting, where they may be asked to expand further on the information given on the application form. A vote is taken by Trustees to confirm their acceptance to the Board. Induction and support of a new Trustee is undertaken by the Chair and one other Trustee.

Trustees delegate the day-to-day management of the Centre to the Manager, who is expected to adhere to the aims and objectives and policies of the Charity. The Chair and the Manager meet regularly and the Manager reports to the Trustees at their bi-monthly meetings. The Centre also employs a Gym Manager and part time gym staff.

Public Benefit Statement

The Trustees confirm that they have referred to the guidance contained in the Charity Commission general guidance on public benefit when reviewing the Charity's aims and objectives and in planning future activities.

2

Overview of 2021/22

2021/22 was the first full year of operation following significant periods of closure and social distancing restrictions during 2020/21. Covid continued to have some impact on activity levels in 2021/22 as people remained cautious and attendances at the Centre were further affected by the outbreak of the Omicron variant at the end of the calendar year.

The Centre has made good recovery during this year with both the Room Hire and Community Activities programme showing income levels significantly in excess of pre-pandemic levels and the level of gym income showing good improvement on that achieved in both of the previous financial years.

Work during the year to support that recovery has included

- undertaking surveys of gym users, in relation to the gym offer, and of the local community in respect of a potential community café offer from the Centre
- fundraising for, and purchase of, three new gym machines
- improving our communications and marketing including use of fliers, improvements to our website and putting on a well-attended Centre open event in May
- implementing a registration and attendance monitoring system which has enable Trustees to have better understanding and oversight of the Community Activities Programme

Other significant events during the year included:

RPLC rescinded our lease of the sports pitch in April 2022 and has taken it back into their control in order to progress the planned development of residential units on that site.

We were delighted to welcome Sarah Olney, MP who visited the Centre in May and Sukhvinder Kaur-Stubbs Chair in Common, Kingston Hospital NHS Foundation Trust and Hounslow and Richmond Community Healthcare NHS Trust who visited in June.

During the year we have been developing ideas, in conjunction with The Real Junk Food Project, for a form of community café offer from the Centre.

We have continued to develop the Centre's policy framework with particular focus on Diversity, Equality and Inclusion and related areas of work.

The Gym Manager commenced a period of maternity leave in September 2021, one member of the gym team left to pursue a higher education course and we welcomed a new member of the gym team. Maternity leave cover arrangements were established both from within the existing staff and through external recruitment.

Overall, we ended the year with a deficit of £6,881 on unrestricted funds. The deficit has been funded from the Centre's unrestricted reserves which remain above the minimum level Trustees consider is required to protect the financial health of the Charity.

The Trustees are very appreciative of all the work done by the Manager, Centre staff, freelance tutors and instructors and group organisers to ensure the delivery of the wide range of activities in and from the Centre.

Summary of our Activities

The Centre aims to work to improve health and community strength by providing exercise and leisure activities and encourage participation in them. We welcome everyone and we particularly focus on people who may be disadvantaged by health, age, social or economic circumstances.

The Centre fulfils its aims by:

- Running a programme of community activities in and from the Centre;
- Providing a community gym which also specialises in providing rehabilitative exercise programmes and

support and

- Giving access to, and hiring out, the Centre's two community rooms to local organisations and individuals who also provide relevant activities.

Community Activities Programme

The objective of the Community Activity Programme (CAP) is to provide low cost accessible opportunities for local people to develop health and wellbeing through participation in activities, skill development and social engagement. The activities (yoga, singing, drawing, creative writing, table tennis and, up until May, Tai Chi) are delivered by suitably qualified and welcoming freelance tutors. Participation is in person or, for appropriate activities, by video link.

As the registration and attendance monitoring system was in place for the whole of 2021/22, this report provides statistical information about the activities for the first time. There were a total of 105 people registered with the programme in 2021/22. 203 sessions were delivered during the year across the various activities and there were 1646 individual attendances. 70% of the registered participants are female, over 50% are over 70 years of age and 19% consider themselves to be disabled.

In addition, we provided free room space to local organisations where this represents an investment in the local community. This includes a local English as an Additional Language Group, Richmond Good Neighbours' monthly teas, the local Councillors' bi-monthly 'surgery' and the Centre hosted the Shepherd's Star monthly Table of Hope for the first time.

Community Gym

The Community Gym is open to all and offers affordable gym facilities to local users. In addition, a wide range of local NHS services (GP's, physiotherapy teams including cardiac, respiratory, orthopedic, neurology and mental health groups) and other charities refer patients and clients to the gym for rehabilitation exercise. The gym manager and staff team create a friendly and welcoming environment for people for whom other gyms would be daunting or unsuitable in other ways.

70% of the regular gym users are over 60 years of age and 40% are on rehabilitative exercise programmes following referrals.

The gym had to close for substantial periods of time during the last two financial years, due to the pandemic and the level of gym utilisation has been slower to recover than other areas of the Centre's work. Nevertheless, the income from gym activities in this financial year showed good recovery at a higher level than either of the last two financial years and was in line with the budget for the year.

There were a total of 4250 visits to the Gym during the year (1687 in 2020/21, 4949 in 2019/20).

Gym Users during the 2021/22 period, broken down by method of payment, were as follows:

Annual:	16 people making 605 visits	(2020/21: 12 people; 217 visits)
Monthly Standing Order:	42 people making 2342 visits	(2020/21: 28 people; 876 visits)
Session PAYG:	57 people making 817 visits	(2020/21: 79 people; 594 visits)
Initial discounted sessions (for medial referrals)	63 people making 486 visits	(not applicable in 20/21)
Total	178 people making 4250 visits	(2020/21: 119 people (1687 visits))

Medical Referrals: There were 123 new medical referrals in 2021/22 (77 in 2020/21)

Community Rooms

We use the Community Rooms to:

- hire to local individuals and organisations who are offering regular activity sessions, which add value to the Centre's offer to the local community; and
- hire out spare capacity for one off events, for example, children's birthday parties.

The Covid pandemic had a significant impact on the Centre's Room hire activity because of the lengthy periods for which the Centre was required to close and the social distancing requirements. Some organisations which were meeting in the Community Rooms are no longer active and/or have not returned to the Centre for other reasons.

The Community Rooms are used by a diverse range of local organisations catering to a broad spectrum of local residents, for example, children's dance and music activities, baby/toddler and parent classes, adult life drawing and affordable counselling and therapy for both adults and children. The Centre also hosts cultural groups and specific activity groups such as Richmond Opera.

Grant Income, Fundraising and Donations

We are grateful for grant support received during the year from:

- the RPLC, as our Landlord
- from the London Borough of Richmond upon Thames's Local Area and Civic Pride funds and from Kew Market Traders all of which contributed to the cost of the new gym equipment
- from the Garfield Weston Foundation for grant support towards core costs
- from the London Borough of Richmond upon Thames's Active Richmond fund in support of the gym activity
- the government Omicron support grant

We are also grateful to the support we receive from a number of volunteers in a number of different ways.

Financial Activity and Financial Position

The Statement of Financial Activities and Balance Sheet can be found on pages 9 to 17.

The Charity's overall reserves increased by £3,698 (2021: a decrease of £6,356) and the Balance Sheet shows total net assets of £95,333 (2021: £91,636).

Restricted Funds increased by a notable £10,579. This is due to the receipt of several grants for the purpose of acquiring new gym equipment and, as noted above, we are grateful for the generous support we have been given.

Unrestricted Funds declined by £6,881 (2021: a decline of £8,210). While this is clearly not a positive, it is a substantially better result than had originally been expected.

Revenue from the Centre's three functions (Room Hire, Gym and Community Activities) has bounced back strongly from the COVID-impacted levels in 2021. However, gym usage and revenue have not yet returned to their pre-COVID level, and this is the main reason why the Centre as a whole recorded an outflow of Unrestricted Funds.

Detail by Function

The following commentary relates to the Centre's three main functions as well as Central Costs, and focuses on Unrestricted Funds.

Room Hire revenue rebounded strongly to £28,829 (2021: £11,556). This also compares favourably to the revenue level achieved in the 2018/19 financial year (the last pre-COVID year) of approximately £19,000. Revenue more than covered both its direct costs and its allocation of core costs.

Likewise, Gym revenue rebounded to £24,974 (2021: £8,372). However, it remains below the 2018/19

pre-COVID level of approximately £33,000. Efforts are being made to encourage more users to join via a health referral, to process referral applications more quickly, and to encourage new non-referral users. The return of the Gym Manager from maternity should additionally help efforts in this regard.

Gym revenue in the year covered 64% of the Gym's direct costs of £38,747.

Finally, Community Activities revenue also expanded to £9,859 (2021: £8,321). This revenue level is also meaningfully higher than the approximately £7,000 which had been recorded in 2018/19 pre-COVID. Community Activity revenue in 2021/2 covered 76% of this function's direct costs of £13,055.

Central costs amounted to £51,012 (2021: £56,827). While the improvement versus 2021 is commendable, general inflationary pressures will put upward pressure on expenses in the coming year. We received assistance with Central Costs from both RPLC and the Garfield Weston Foundation.

Reserves Policy

The Charity has accumulated reserves of £95,333 (2021: £91,635) of which £56,378 (2021: £63,259) relate to unrestricted general funds, £25,000 (2021: £25,000) to a designated reserve and £13,955 (2021: £3,376) to restricted reserves.

Unrestricted general funds

The Charity operates a Reserves Policy which determines the level of unrestricted funds required to hold as reserves or working capital to:

- maintain the organisation's core activities and ensure continuity as a going concern in the event that funding from external sources for these activities is seriously curtailed;
- meet contractual liabilities should the organisation have to close. These includes redundancy pay, amounts due to creditors and amounts due under leases and
- meet unexpected costs such as the failure of gym equipment, staff illness and legal costs to defend the Charity's interests.

It is the aim of the Trustees that the Charity holds unrestricted general reserves equivalent to six months running costs. It is considered that in most years, this level of reserves will be sufficient to cover the value of the potential liabilities discussed above.

If unrestricted general reserves fall below that level, or are projected to do so within the coming 12 months, remedial action is to be undertaken, with the aim of ensuring that the shortfall lasts no longer than six months. Such action may include:

- Seeking grants and/or other types of fundraising
- Steps to improve revenue, through marketing, events and/or pricing
- Steps to curtail running expenses

Currently the level of Unrestricted General Funds is slightly greater than the Centre's minimum targeted level. To safeguard this position, as mentioned above, the Centre is working to grow gym revenues in particular.

Designated Reserve

The Trustees continue to hold £25,000 in a Designated Reserve to cover lost income and/or other expenses that might arise as a result of RPLC's plans for improving the Centre's accommodation in the medium term.

Restricted reserve

Restricted reserves are the unamortised or unexpended balances of grants and donations given to the Centre for gym and IT equipment.

Looking Forward

In this first full year of operation after the restrictions and closures imposed because of Covid 19 good recovery has been made across all areas of our activities, but there remains work to be done to fully consolidate that recovery. In addition, we expect to experience increases in core costs arising from inflationary pressures. The challenge will be to reestablish and maintain the balance between ensuring financial sustainability and continuing to offer accessible and affordable activities. Since the end of this financial year Trustees have undertaken a review of the Communities Activity Programme and a Pilates class has been introduced. Work is also continuing to develop gym utilisation and revenue.

We are developing a proposal to have a weekly community café offer at the Centre, in partnership with The Real Junk Food Project and hope that we can bring that to fruition in the early part of 2023. Trustees consider that this is an appropriate development in meeting our charitable objective and particularly at this time when there is growing pressures on household budgets in the local community.

We understand from the RPLC that any significant improvement in our accommodation must be on hold pending the completion of new residential accommodation to be built on the sports pitch. In the meantime, we have agreed a 12 month lease extension with RPLC, to June 2024. We have also secured grant funding from the RPLC to fit a soundproof screen, and related work, which will give us some greater flexibility in the way we can use the space at the Centre.

Finally, and as ever, staff and trustees at the Cambrian Community Centre thank everyone for their past and continuing support of the Centre in so many ways.



Sue Pendle – Chair of Trustees
8th November 2022

INDEPENDENT EXAMINER'S REPORT ON THE ACCOUNTS

I report to the trustees on my examination of the accounts the Cambrian Centre ("the Charity") for the year ended 30th June 2022.

As the Charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Name: Andrew Craig
Address: 16 Cranmer Rd, Hampton Hill, Middlesex, TW12 1DW

Date: 31st October 2022

CAMBRIAN COMMUNITY CENTRE

STATEMENT OF FINANCIAL ACTIVITIES

Year ended 30 June 2022

	Note	Unrestricted funds 2022 £	Restricted funds 2022 £	Total funds 2022 £	Total funds 2021 £
Incoming Resources					
Fundraising and donations	2	1,657	-	1,657	3,474
Grants	3	34,789	12,955	47,743	83,650
Total donations, fundraising and grants		**36,446**	**12,955**	**49,400**	**87,124**
Room hire		28,829	0	28,829	11,556
Gym		24,974	0	24,974	8,372
Community activities		9,859	0	9,859	8,321
Total charitable trading income		**63,662**	**0**	**63,662**	**28,249**
Other income	4	**881**	**0**	**881**	**777**
Total Incoming Resources		**100,988**	**12,955**	**113,943**	**116,150**
Resources expended					
Room hire costs		20,359	354	20,713	24,597
Gym costs		59,152	1,667	60,819	63,993
Community activities costs		28,358	354	28,712	33,916
Total Resources Expended	5	**107,870**	**2,375**	**110,245**	**122,506**
Net incoming (outgoing) resources		**(6,881)**	**10,579**	**3,698**	**(6,356)**
Balances brought forward		88,259	3,376	91,635	97,992
Balances carried forward		**81,378**	**13,955**	**95,333**	**91,636**

The notes on pages 11 to 17 form part of these financial statements

CAMBRIAN COMMUNITY CENTRE

BALANCE SHEET

Year ended 30 June 2022

	Note	Unrestricted funds 2022 £	Restricted funds 2022 £	Total funds 2022 £	Total funds 2021 £
Fixed assets					
Tangible assets	7	**1,422**	**13,494**	**14,916**	**5,721**
Current assets					
Debtors	8	4,056	-	4,056	1,585
Cash at bank and in hand		83,317	461	83,778	88,255
Total current assets		87,373	461	87,834	93,575
Current liabilities					
Creditors	9	7,417	-	7,417	3,925
Net current assets		**79,956**	**461**	**80,417**	**85,915**
Net assets		**81,378**	**13,955**	**95,333**	**91,636**
Funds					
Unrestricted - general	10	56,378	-	56,378	63,259
Unrestricted - designated	11	25,000	-	25,000	25,000
Restricted	12	-	13,955	13,955	3,376
Total Funds	13	**81,378**	**13,955**	**95,333**	**91,635**

The notes on pages 11 to 17 form part of these financial statements

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

For the financial year ending 30 June 2022 the company was entitled to exemption from audit under Section 477 of the Companies Act 2006 relating to small companies. The members have not required the company to obtain an audit of its accounts for the year in question in accordance with Section 476 of the Companies Act - however, in accordance with Section 145 of the Charities Act 2011, the accounts have been examined by an Independent Examiner whose report forms part of this document.

The trustees acknowledge their responsibilities for complying with the Companies Act 2006 with respect to accounting records and the preparation of accounts.

Approved by the Board on 8 November 2022

Sue Pendle
Chair

1 Accounting policies

The principal accounting policies adopted, judgements and estimates in the preparation of the financial statements are as follows:

Basis of Accounting
The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (Charities SORP FRS 102) effective 1 January 2019, the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Charities Act 2011.

The Charity meets the definition of a public benefit entity under FRS 102.

Going concern
The Charity is a going concern. Taking into account reserves and anticipated recurring income, the Trustees are confident that the Charity remains a going concern for at least twelve months from the date of approval of these accounts.

Income recognition
Income is recognised in the period in which the Charity has entitlement to receipt,the amount can be measured reliably and it is probable the income can be received.

Income comprises donations, fundraising, grants and charitable trading income.

In the event that a donation or grant is subject to conditions that require a level of performance before the charity is entitled to the funds, the income is deferred and not recognised until either those conditions are fully met, or it is probable that those conditions will be fulfilled within the reporting period.

Income from the recovery of tax on gift aided donations in accounted for in the period in which it is received.

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the bank

Expenditure recognition
Expenditure is accrued as soon as a liability is considered probable, and the amount of the obligation can be measured reliabily. The Charity is not registered for VAT and accordingly expenditure includes VAT where appropriate.

Charitable expenditure includes those costs incurred in fulfilling the Charity's principal objects, as outlined in the Report of the Trustees.These include any governance costs which are those incurred with the administration of the Charity and compliance with constitutional and statutory requirements.

The Charity makes contributions to a defined contribution pension scheme for eligible employees. The assets of the scheme are held separately from the Charity in an independent fund managed by the National Employment Savings Trust (NEST). The pension cost charge represents contributions payable under the scheme by the Charity to the fund. The Charity has no liability under the scheme other than payment of these contributions.

1 **Accounting Policies (continued)**

Taxation
The Company is a Registered Charity and is therefore exempt from taxation under the Income and Corporation Taxes Acts.

Tangible Fixed Assets
Tangible fixed assets are initially recorded at cost and subsequently stated at cost less any accumulated depreciation. They are only capitalised when the unit cost of purchase exceeds £1,000

Depreciation is calculated at the following annual rates in order to write off the cost of each asset over its estimated useful life:

- gym eqipment	20%
- IT equipment	33%
- furniture and fittings	20%

Debtors
Debtors are included at the settlement amount due. Prepayments are valued at the amount prepaid.

Creditors and provisions
Creditors and provisions are recognised where the Charity has an obligation arising from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are recognised at their expected settlement amount.

Operating leases
Rentals payable under operating leases, where substantially all the risks and rewards of ownership remain with the lessor are charged to the Statement of Financial Activities on a straight line basis over the lease term.

Funds Structure
Unrestricted funds comprise those funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the Charity and which have not been designated for other purposes.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors and grantors.

Designated funds are unrestricted funds earmarked by the Trustees for a specific purpose.

2 Fundraising and donations

	Unrestricted funds 2022 £	Restricted funds 2022 £	Total funds 2022 £	Total funds 2021 £
Fundraising	250	-	250	-
Donations	515	-	515	3,474
Gift Aid	892	-	892	-
Total	**1,657**	**-**	**1,657**	**3,474**

There were no costs incurred in generating voluntary income (2021: NIL)

3 Grants

	Unrestricted funds 2022 £	Restricted funds 2022 £	Total funds 2022 £	Total funds 2021 £
Richmond Parish Lands Charity	26,000	-	26,000	53,000
Coronavirus Job Retention Scheme	-	-	-	17,110
Richmond Borough Council Discretionary Grant	-	-	-	11,650
Active Richmond	898	-	898	1,890
LBRUT Omicron	2,667	-	2,667	-
Garfield Weston	5,224	-	5,224	-
Kew Traders	-	333	333	-
Civic Pride	-	4,888	4,888	-
Local Area Fund	-	7,733	7,733	-
Total	**34,789**	**12,955**	**47,743**	**83,650**

The Centre has a two year lease with Richmond Parish Lands Charity for the Cambrian Centre whereby RPLC has waived the Centre's obligation to pay rent. The lease commenced on 1 July 2021. Rental expense is shown in Resources expended, with the corresponding value of free rent provision shown in Grants. The value of both items in 2022 was £26,000 (2021: £26,500)

In the 2021 accounts, recycling/locker rental income was reported under Grants. This has been restated in the 2022 accounts and is now reported under Other income.

4 Other income

	Unrestricted funds 2022 £	Restricted funds 2022 £	Total funds 2022 £	Total funds 2021 £
Recycling / locker rental income	725	-	725	150
Bank interest	156	-	156	627
Total	**881**	**-**	**881**	**777**

In the 2021 accounts, recycling/locker rental income was reported under Grants. This has been restated in the 2022 accounts and is now reported under Other income.

5 Resources expended

	Unrestricted funds 2022 £	Restricted funds 2022 £	Total funds 2022 £	Total funds 2021 £
Room hire				
Direct support from central staff	5,056	-	5,056	6,625
Allocation of central costs	15,304	354	15,658	17,972
Total	20,359	354	20,713	24,597
Gym				
Direct gym staff costs	31,540	-	31,540	29,035
Direct support from central staff	4,642	-	4,642	5,724
Training	325	-	325	874
Other costs	1,318	-	1,318	2,268
Depreciation	923	1,195	2,118	2,129
Allocation of central costs	20,405	472	20,877	23,963
Total	59,152	1,667	60,819	63,993
Community activities				
Tutor costs and other expenses	9,684	-	9,684	11,527
Direct support from central staff	3,371	-	3,371	4,417
Allocation of central costs	15,304	354	15,658	17,972
Total	28,358	354	28,712	33,916
Total	**107,870**	**2,375**	**110,245**	**122,506**

Where possible costs have been allocated on an actual basis. Management and administration support costs have been allocated between room hire, gym and community activities on a reasonable percentage apportionment according to the following respective percentages: 30%, 40%, 30%.

Analysis of central costs:

	Unrestricted funds 2022 £	Restricted funds 2022 £	Total funds 2022 £	Total funds 2021 £
By activity:				
Room hire	15,304	354	15,658	17,972
Gym	20,405	472	20,877	23,963
Community activities	15,304	354	15,658	17,972
Total	**51,012**	**1,180**	**52,192**	**59,907**
By cost type:				
Rent	26,000	-	26,000	26,500
Staff costs	6,741	-	6,741	9,223
General running costs	17,565	-	17,565	13,192
Depreciation	-	1,180	1,180	1,180
Other costs	706	-	706	9,812
Total	**51,012**	**1,180**	**52,192**	**59,907**

The Centre has a two year lease with Richmond Parish Lands Charity for the Cambrian Centre whereby RPLC has waived the Centre's obligation to pay rent. The lease commenced on 1 July 2021. Rental expense is shown in Resources expended, with the corresponding value of free rent provision shown in Grants. The value of both items in 2022 was

5 Resources expended (continued)

	Unrestricted funds 2022 £	Restricted funds 2022 £	Total funds 2022 £	Total funds 2021 £
Staff costs				
Room hire	5,056	-	5,056	6,625
Gym	36,181	-	36,181	34,760
Community activities	3,371	-	3,371	4,417
Central	6,741	-	6,741	9,223
Total	**51,349**	**-**	**51,349**	**55,025**

The aggregate staff costs are:	2022 £	2021 £
Wages and salaries	50,648	54,309
Workplace pensions	700	716
	51,349	**55,025**

The Centre does not pay employers NI costs as it is eligible for Emploment Allowance

Particulars of employees

The average number of staff employed by the charity during the financial year amounted to:

	2022 No.	2021 No.
Number of staff (full time equivalents)	**1.9**	**2.0**

6 Governance costs

There were no governance costs incurred during the year. (2021: NIL)

7 Tangible Fixed Assets

	Gym and IT Equipment		
	Unrestricted funds £	Restricted funds £	Total funds £
Accumulated cost at 1st July 2021	21,487	10,579	32,066
Additions during the year	-	12,494	12,494
Disposals during the year	-	-	-
Accumulated cost at 30th June 2022	21,487	23,073	44,560
Accumulated depreciation at 1st July 2021	19,142	7,203	26,345
Depreciation charge for the year	923	2,375	3,298
Depreciation on disposals	-	-	-
Accumulated depreciation at 30th June 2022	20,065	9,579	29,644
Net Book Value at 1st July 2021	**2,345**	**3,376**	**5,721**
Net Book Value at 30th June 2022	**1,422**	**13,494**	**14,916**

8 Debtors

	2022	2021
	£	£
Prepayments	2,685	231
Accrued income	1,371	1,354
Total	**4,056**	**1,585**

9 Creditors

Accrued expenses	408	1,287
Deferred income	7,009	2,638
Total	**7,417**	**3,925**

10 Unrestricted general funds

Balance at 01.07.20	Net outgoing Resources for the year	Balance at 30.06.21	Net outgoing Resources for the year	Balance at 30.06.22
£	£	£	£	£
71,469	**(8,210)**	**63,259**	**(6,881)**	**56,378**

11 Unrestricted designated funds

Balance at 30.06.21	Balance at 30.06.22
£	£
25,000	**25,000**

The value of the designated fund has been considered by the trustees following information from RPLC that any work at the Centre (as part of overall site development) would not now take place for at least two years and might not take place at all. The trustees have agreed to make no change to the amount of the fund but recognise that the fund might be needed now for refurbishment and/or other expenditure and not just cover the shortfall in revenue if the Centre had to close to allow RPLC to do development work.

12 Restricted funds

	Balance at 01.07.20	Movement in resources: Incoming	Outgoing	Balance at 30.06.21	Movement in resources: Incoming	Outgoing	Balance at 30.06.22
	£	£	£	£	£	£	£
Fixed asset grants/donations	1,523	3,540	(1,687)	3,376	12,955	(2,375)	13,955
Charitable expenditure	-	17,110	(17,110)	-	-	-	-
Total	**1,523**	**20,650**	**(18,797)**	**3,376**	**12,955**	**(2,375)**	**13,955**

Restricted funds for fixed assets are the unexpended balances of grants and donations given to the Charity for gym and IT equipment. Charitable expenditure funding relates to funding received under the Government furlough scheme.

13 Analysis of net assets

	Tangible Fixed Assets 2021 £	Net Current Assets 2021 £	Total 2021 £	Tangible Fixed Assets 2022 £	Net Current Assets 2022 £	Total 2022 £
Unrestricted Funds - general fund	2,345	60,914	63,259	1,422	54,956	56,378
Unrestricted Funds - designated fund	-	25,000	25,000	-	25,000	25,000
Restricted Funds	3,376	-	3,376	13,494	461	13,955
Total	**5,721**	**85,915**	**91,635**	**14,916**	**80,417**	**95,333**

14 Financial commitments

a) Operating leases

There are no operating lease commitments. As originally reported, the 2021 accounts indicated an operating lease commitment of £53,000. Upon further consideration of the Centre's rental agreement this has been restated to nil.

b) Capital commitments

There are no capital commitments (2021: nil)

15 Contingent liabilities

There are no contingent liabilities (2021: nil)

16 Related party transactions

The trustees receive no salaries or benefits although the majority are either gym users or activity users.

3 trustees (2021: 4) were paid expenses of £92 (2021: £103) during the year.

17 Liability of the members

The Charity is constituted as a company limited by guarantee. In the event of the Charity being wound up members are required to contribute an amount not exceeding £1.

CAMBRIAN COMMUNITY CENTRE

England & Wales - Charity number 1151011

Accounts

CAMBRIAN COMMUNITY CENTRE

TRUSTEES' ANNUAL REPORT AND FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 JUNE 2021

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MEMBERS OF THE BOARD AND PROFESSIONAL ADVISORS

The Board of Trustees as at 9th November 2021	Ms Sue Pendle (Appointed as Trustee and Chair August 2020) Mr Nick Aked Mr Ian Elliott (Treasurer until July 21) Ms Maria Kell (appointed as Trustee May 2021) Ms Kate McCormack Mr Thomas O'Malley Dr Fiona Porter (appointed as Trustee August 2020) Mrs Camilla Reeve (appointed July 2021) Mr Brian Shea (appointed as Trustee and Treasurer July 2021) Mr Christopher Storey (appointed as Trustee July 2021)

Mr Thomas O'Malley acted as interim Chair from May 2020 to August 2020.

Mrs Sally Redhead and Mrs Caroline Storey were also Trustees for the entirety of the 2020/21 financial year, standing down respectively in July 2021 and September 2021

Registered office	Caplan Court 1 Grove Road Richmond upon Thames TW10 6SN
Independent Examiner	Mr A. Craig 16 Cranmer Road Hampton Hill Middlesex TW12 1DW
Registered Charity Number	1151011
Company Number	8268372

CAMBRIAN COMMUNITY CENTRE

TRUSTEES ANNUAL REPORT FOR THE YEAR ENDED 30 JUNE 2021

The Trustees present their report and the financial statements of the Charity for the year ended 30 June 2021.

Status

Cambrian Community Centre (CCC) opened in 1989 as part of the Queen's Road Estate development and under the auspices of Richmond Parish Lands Charity (RPLC). Its constitution was amended in 1999 and it became a registered charity in June of that year. In 2002 the privately-run Workhouse Gym came under the management of the CCC, at which point it became the Community Gym.

On 1 July 2013 the Centre became an incorporated charity, limited by guarantee under a new charity number (1151011) and registered at Companies House (number 8268372).

Charitable Objectives

The objectives of the Charity are set out in its Articles of Association i.e.:

To promote for the benefit of the inhabitants of the London Borough of Richmond and the surrounding area, with special reference to the Queen's Road Estate, the provision of facilities for the advancement of education and health and for recreation or other leisure time occupation of individuals who have need of such facilities by reason of their youth, age, infirmity or disablement, financial hardship or social and economic circumstances or for the public at large in the interests of social welfare and with the object of improving the condition of life of the said inhabitants.

Governance, Management and Staffing

The Trustees hold six bi-monthly meetings per year. The Board sets up Trustee taskforces from time to time to focus on specific pieces of work. The Annual General Meeting took place in January.

New Trustees are recruited as and when necessary. Prospective Trustees are asked to provide a range of information by completing a Trustee application form. They are also required to provide two referees. They are invited to observe proceedings at a Trustee meeting, where they may be asked to expand further on the information given on the application form. A vote is taken by Trustees to confirm their acceptance to the Board. Induction and support of a new Trustee is undertaken by the Chair and one other Trustee.

Trustees delegate the day-to-day management of the Centre to the Manager, who is expected to adhere to the aims and objectives and policies of the Charity. The Chair and the Manager meet regularly and the Manager reports to the Trustees at their bi-monthly meetings. The Centre also employs a Gym Manager/Assistant Centre Manager and part time gym staff.

Public Benefit Statement

The Trustees confirm that they have referred to the guidance contained in the Charity Commission general guidance on public benefit when reviewing the Charity's aims and objectives and in planning future activities.

Overview of 2020/21

2020/21 was inevitably defined by the Covid 19 pandemic and the associated statutory restrictions. We were required to close in March 2020 and remained closed until the beginning of September when the Centre reopened operating within the social distancing and other requirements. We had to close again at the beginning of November, and apart from some limited opening in December we were effectively then closed until the community gym was able to reopen in mid-April 2021 and the rest of the Centre in mid-May 2021. In all, the Centre was open for, effectively, just one third of the financial year.

We adapted with new ways of working; an online booking system for the gym was introduced and we moved away from cash payments. We invested in equipment to support good quality remote access to activities, which enabled some activities to continue online during periods of lockdown. Staff worked on 'keeping in touch' arrangements with users. During the parts of the year when the Centre was open we experienced lower usage levels across all our areas of activity.

These circumstances required significant input from the Centre Manager to move the Centre safely through these different phases of the pandemic and from the Trustee Board in monitoring, reviewing and adapting the approach in the light of often rapidly changing circumstances. Supplementary costs were incurred in making building adaptions, more intense cleaning and additional staffing costs. The Centre was supported through this period by Covid 19 related grants from Government funds and from the Richmond Parish Lands Charity (RPLC).

Overall, with that grant support, we ended the year with a deficit of £8,335 on unrestricted funds, which was less than had been anticipated earlier in the year, when the budget was established. The deficit has been funded from the Centre's reserves which remain strong.

We agreed a lease extension with RPLC on the current building for a 2-year period from 1st July 2021. RPLC plans for the development of a block of social housing on the Sports Pitch, which forms part of our lease, received planning permission but, at the time of writing, there is not yet a start date for the development.

During the year the Board and manager have reviewed and developed the Centre's policy frameworks around, for example, safeguarding, health and safety, staffing and financial policies. In addition, Trustee taskforces have:

- designed and piloted a common registration and attendance recording system for our community activities
- undertaken a trustee skills audit and recruitment exercise which successfully resulted in 4 new trustees joining the Board bringing valuable skills and experience to enhance the Board's capabilities
- developed our thinking around options for improving the internal and external spaces in the context of the RPLC's development plans for the site.

The Trustees are very appreciative of all the work done by the Manager, Centre staff, freelance tutors and instructors and group organisers in maintaining as much of our activities during the year as were possible.

Summary of our Activities

The Centre works to fulfil its charitable objectives, in particular, by:

- running a programme of community activities in and from the Centre;
- providing a community gym which specialises in providing rehabilitative exercise programmes and support; and
- giving access to, and hiring out, the Centre's two community rooms to local organisations and individuals who also provide relevant activities.

Details of all our activities can be found on the Centre's website at http://www.cambriancentre.org. The Centre also has a Facebook page (Cambrian Centre) and is on Twitter (@cambrian_centre).

Community Activities Programme

The objective of the Community Activity Programme (CAP) is to provide low cost accessible opportunities for local people to develop health and wellbeing through participating in activities, skill development and social engagement. The activities are delivered by qualified and welcoming freelance tutors and free taster sessions are available to encourage people to try things out.

In response to the pandemic related restrictions we worked with tutors to continue to offer activities throughout the period via remote access. Since the Centre reopened some activities have been made available with a 'hybrid' access model using both face-to-face and online access.

During the year we developed and piloted a standardised registration system and data base across the Community Activities Programme.

Community Gym

The Community Gym is open to all and offers affordable gym facilities to local users. The Gym specialises in providing rehabilitative exercise programmes and support for people with health conditions and physical incapacities.

The gym manager and staff team create an environment welcoming to people for whom other, larger, gyms might not be suitable.

A wide range of local NHS services (GP's, physiotherapy teams including cardiac, respiratory, orthopedic and neurology and mental health groups) refer patients to the gym for a rehabilitation exercise programme. People referred in this way currently receive a free induction, a bespoke exercise regime and discounted initial gym sessions. This is a valued service:

> *"Thank you for your email and everything that you do - such a great service to have available!"*
> *Rosemary Fernando*
> *Senior Physiotherapist, Hounslow and Richmond Community NHS Healthcare.*

The level of gym usage was significantly affected by Covid 19 related closures and restrictions, with a total of 1687 visits to the Gym during the year (4949 in 2019/20).

Gym Users during the 2020-21 period, broken down by method of payment, were as follows:

Annual:	12 people (217 individual visits)
Monthly Standing Order:	28 people (876 visits)
Session PAYG:	79 people (594 visits)
Total	119 people (1687 visits)

Medical Referrals:	77 people (102 in 2019/20)

We are seeing an increase in referrals to the gym via the Social Prescribing route, and of referees presenting with a greater complexity of need.

We are promoting the Community Activities Programme to those referred to the gym as there is evidence of benefit from a wider range of activity.

Community Rooms

We use the Community Rooms to:

- provide free space to local organisations where this represents an investment in the local community, for example, the local Councillors' monthly 'surgery';
- hire to local individuals and organisations who are offering regular activity sessions, which add value to the Centre's offer to the local community; and
- hire out spare capacity for one off events, for example, children's birthday parties.

Inevitably all of this activity was affected by the Covid 19 restrictions, including the required closures and the social distancing restrictions, which significantly limited the numbers of people who could use our meeting rooms at the same time once the Centre was able to open. The access for one-off hire had to be suspended for the entirety of the period. Some organisations which were meeting in the Community Rooms are no longer active or have been slow to resume their activities.

On the other hand, we have been pleased to welcome several new regular hirers including a play therapy service, family counselling and a crochet class. A local 'English as an Additional Language' Group and a Ukulele group are benefitting from free access to our meeting rooms to assist in making these activities available to the local community. Access for one-off hires has now been restored. By the end of this reporting period (30th June 2021) the usage of the Centre had increased with most weekday slots occupied.

Grant Income, Fundraising and Donations

We were grateful for the support we received during the period from the RPLC, both as our Landlord and in the form of a generous Covid Support Grant. We also benefited from Government grant support via the Local Authority and made use of the Government Furlough Scheme to assist us with retaining our staff.

A number of gym users maintained their monthly standing order payments during periods of lockdown, as donations, which was also much appreciated.

We are grateful to everyone who has supported the Centre both financially and in other ways.

Financial Activity and Financial Position

The Statement of Financial Activities and Balance Sheet can be found on pages 9 to 17.

The charity's overall reserves decreased by £6,357 (2020 a decrease of £12,500) and the Balance Sheet shows total net assets of £91,635 (2020 £97,992).

Unsurprisingly, the Centre's financial results have been strongly influenced by the consequences of the pandemic. The Centre was closed for seven to eight months of the year and income from its charitable activities dramatically reduced. Gym income for the year was £8,372 compared to £23,763 in the previous year, (which was, in any event, reduced by a three and a half month closure period). Similarly, lettings income was £11,556 (2020: £18,503). On a positive note, the online access to the Community Activities programme helped maintain the income at £8,321 (2020: £8,409)

To offset this loss of income, the Centre has been fortunate to receive significant grants totaling £83,800 (2020: £32,153) during the year. During this period the Centre was in receipt of the quarterly grant of £6,625 from RPLC. RPLC also provided further one-off grant of £26,500. The latter funding was used to cover loss of income arising from the pandemic (£19,100) and for equipment to allow online access to the Community Access programme(£7,400). The Coronavirus Job Retention Scheme (Furlough) generated £17,110 (2020: £5,503) and Government Covid related grants paid through Richmond Borough Council a further £13,540. Additionally, donations of £3,474 were received from gym users.

All staff were placed on furlough during the period of Covid related closures. The gym staff were furloughed for all the period of closure but the Centre Manager was required to provide a limited amount of administrative support during these periods. This support was significantly increased in the periods prior to the three re-openings during the year. Under the furlough scheme, the government reimbursed 80% of the staff salaries but the trustees agreed to fund the 20% shortfall in staff salary payments. The cost to the Centre was £4,330.

Overall, costs in 2021 were £122,506 (2020: £98,634). Significant additional costs in the current year are Covid related building works, £4k, equipment for online access to Community Activity programmes £5.5k (the balance of the expenditure of £7.4k has been capitalised and included in fixed assets in line with the Centre's accounting policy), the effect of the salary increase agreed in April 2020 £2.8k, additional hours for the Centre manager, £4.5k and additional gym staff hours to process the backlog of referrals, £1.5k.

Reserves Policy

The Charity has accumulated reserves of £91,635 (2020: £97,992) of which £63,259 (2020: £71,469) relate to unrestricted general funds, £25,000 (2020: £25,000) to a designated reserve and £3,376 (2020: £1,523) to restricted reserves

Unrestricted general funds

The Charity operates a Reserves Policy which determines the level of unrestricted funds required to hold as reserves or working capital to:

- maintain the organisation's core activities and ensure continuity as a going concern in the event that funding from external sources for these activities is seriously curtailed;
- meet contractual liabilities should the organisation have to close. These includes redundancy pay, amounts due to creditors and amounts due under leases;
- meet unexpected costs such as the failure of gym equipment, staff illness and legal costs to defend the Charity's interests; and
- replace gym equipment as it wears out.

It is the aim of the Trustees that the Charity holds unrestricted general reserves equivalent to six months running costs. It is considered that in most years, this level of reserves will be sufficient to cover the value of the potential liabilities discussed above. Currently the value of the reserves is in line with the Trustees' aims although it is anticipated that there will be a continuing impact of Covid 19 on income and costs during 2021/22 which may reduce the level of reserves held below the level Trustees consider desirable for the long-term.

Designated reserve

RPLC secured, in June 2021, planning permission to develop its site on Grove Road, including refurbishment of the Cambrian Centre. This refurbishment may require the Centre to be closed for a period of up to 6 months and the Trustees have estimated that the loss of income from this closure could be as much as £25,000. In June 2020, it was agreed to transfer this amount to a Designated Reserve to cover the shortfall.

The value of the designated reserve has been considered by the trustees following information from RPLC that any work at the Centre (as part of overall site development) would not now take place for at least two years and might not take place at all. The Trustees have agreed to make no change to the amount of the fund but recognise that the fund might be needed now for refurbishment and/or other expenditure and not just cover the shortfall in revenue if the Centre had to close to allow RPLC to do development work.

Restricted reserve

Restricted reserves are the unexpended balances of grants and donations given to the Centre for gym and IT equipment.

Looking Forward

Inevitably it will take time for the Centre to build back the level of usage and income to pre-pandemic levels. There is a significant representation of older and more vulnerable people amongst our users and it is unsurprising that there is some caution and reservation about returning to these more discretionary activities.

Work on increasing the profile of the Centre and the levels of engagement with the activities offered, is an ongoing priority. An open weekend in June, a summer art day, production and distribution of newsletters and fliers have all contributed to that objective. One of our new Trustees is focusing on developing community engagement and, as part of that, another open weekend will be held on 17th and 18th December 2021.

Alongside that we are working to ensure that the Centre's financial position, through this period of recovery, is robust and sustainable, monitoring income and managing costs. We are planning to supplement the position through fundraising as appropriate.

We will continue to engage with RPLC in respect of their proposals for development on the site to ensure that any potential for improvements to our internal and external environment that might arise is identified and secured.

Finally, and as ever, staff and trustees at the Cambrian Community Centre thank everyone for their past and continuing support of the Centre in so many ways.



Sue Pendle – Chair of Trustees
9 November 2021

INDEPENDENT EXAMINER'S REPORT FOR YEAR ENDED 30 JUNE 2021

I report on the accounts of The Cambrian Community Centre for the year ended 30 June 2021, which are set out on pages 9 to 17.

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to:

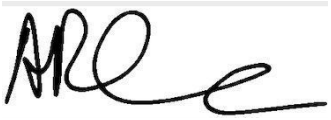
- examine the accounts under section 145 of the Charities Act,
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act, and
- to state whether particular matters have come to my attention.

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

In connection with my examination, no material matters have come to my attention which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts do not accord with the accounting.

I have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Name: Andrew Craig
Address: 16 Cranmer Rd, Hampton Hill, Middlesex, TW12 1DW

Date: 10th November 2021

CAMBRIAN COMMUNITY CENTRE

STATEMENT OF FINANCIAL ACTIVITIES

Year ended 30 June 2021

	Note	Unrestricted Funds 2021 £	Restricted Funds 2021 £	Total Funds 2021 £	Total Funds 2020 £
Incoming Resources					
Donations and fundraising	2	3,474	-	3,474	2,509
Activities in furtherance of the charity's objectives					
Grants receivable	3	63,150	20,650	83,800	32,153
Charitable trading income	4	28,249	-	28,249	50,675
Interest receivable	5	627	-	627	797
Total Incoming Resources		**95,500**	**20,650**	**116,150**	**86,134**
Resources expended					
Costs in furtherance of the charity's objectives					
Gym costs	6	49,419	14,574	63,993	51,721
Community Activities costs	6	32,042	1,874	33,916	27,304
Lettings costs	6	22,248	2,349	24,597	19,609
Total Resources Expended		**103,709**	**18,797**	**122,506**	**98,634**
Net (Outgoing)/ Incoming Resources for the year		-8,210	1,853	-6,357	-12,500
Balances brought forward		96,469	1,523	97,992	110,492
Balances carried forward		**88,259**	**3,376**	**91,635**	**97,992**

The notes on pages 11 to 17 form part of these financial statements

CAMBRIAN COMMUNITY CENTRE

BALANCE SHEET

Year ended 30 June 2021

	Note	Unrestricted Funds 2021	Restricted Funds 2021	Total Funds 2021	2020
Fixed Assets		£	£	£	£
Tangible assets	8	**2,345**	**3,376**	**5,721**	**5,490**
Current Assets					
Debtors	9	1,585	-	1,585	5,411
Cash at bank and in hand		88,255	-	88,255	88,164
Total Current Assets		89,840	-	89,840	93,575
Creditors - Amounts falling due within one year	10	3,925	-	3,925	1,073
Net Current Assets		**85,915**	-	**85,915**	**92,502**
Net Assets		**88,260**	**3,376**	**91,636**	**97,992**
Funds					
Restricted	11	-	3,376	3,376	1,523
Unrestricted					
General	12	63,259	-	63,259	71,469
Designated	13	25,000	-	25,000	25,000
Total Funds		**88,259**	**3,376**	**91,635**	**97,992**

The notes on pages 11 to 17 form part of these financial statements

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

For the financial year ending 30 June 2021 the company was entitled to exemption from audit under Section 477 of the Companies Act 2006 relating to small companies. The members have not required the company to obtain an audit of its accounts for the year in question in accordance with Section 476 of the Companies Act - however, in accordance with Section 145 of the Charities Act 2011, the accounts have been examined by an Independent Examiner whose report forms part of this document.

The trustees acknowledge their responsibilities for complying with the Companies Act 2006 with respect to accounting records and the preparation of accounts.

Approved by the Board on 9 November 2021



Sue Pendle
Chair

1 Accounting policies

The principal accounting policies adopted, judgements and estimates in the preparation of the financial statements are as follows:

Basis of Accounting
The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (Charities SORP FRS 102) effective 1 January 2019, the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Charities Act 2011.

The Charity meets the definition of a public benefit entity under FRS 102.

Going concern
The Charity is a going concern. Taking into account reserves and anticipated recurring income, the Trustees are confident that the Charity remains a going concern for at least twelve months from the date of approval of these accounts.

Income recognition
Income is recognised in the period in which the Charity has entitlement to receipt,the amount can be measured reliably and it is probable the income can be received.

Income comprises donations, fundraising, grants and charitable trading income.

In the event that a donation or grant is subject to conditions that require a level of performance before the charity is entitled to the funds, the income is deferred and not recognised until either those conditions are fully met, or it is probable that those conditions will be fulfilled within the reporting period.

Income from the recovery of tax on gift aided donations in accounted for in the period in which it is received.

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the bank

Expenditure recognition
Expenditure is accrued as soon as a liability is considered probable, and the amount of the obligation can be measured reliabily. The Charity is not registered for VAT and accordingly expenditure includes VAT where appropriate.

Charitable expenditure includes those costs incurred in fulfilling the Charity's principal objects, as outlined in the Report of the Trustees.These include any governance costs which are those incurred with the administration of the Charity and compliance with constitutional and statutory requirements.

The Charity makes contributions to a defined contribution pension scheme for eligible employees. The assets of the scheme are held separately from the Charity in an independent fund managed by the National Employment Savings Trust (NEST). The pension cost charge represents contributions payable under the scheme by the Charity to the fund. The Charity has no liability under the scheme other than payment of these contributions.

1. Accounting Policies (continued)

Taxation
The Company is a Registered Charity and is therefore exempt from taxation under the Income and Corporation Taxes Acts.

Tangible Fixed Assets
Tangible fixed assets are initially recorded at cost and subsequently stated at cost less any accumulated depreciation. They are only capitalised when the unit cost of purchase exceeds £1,000

Depreciation is calculated at the following annual rates in order to write off the cost of each asset over its estimated useful life:

- gym eqipment	20%
- IT equipment	33%
- furniture and fittings	20%

Debtors
Debtors are included at the settlement amount due. Prepayments are valued at the amount prepaid.

Creditors and provisions
Creditors and provisions are recognised where the Charity has an obligation arising from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are recognised at their expected settlement amount.

Operating leases
Rentals payable under operating leases, where substantially all the risks and rewards of ownership remain with the lessor are charged to the Statement of Financial Activities on a straight line basis over the lease term.

Funds Structure
Unrestricted funds comprise those funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the Charity and which have not been designated for other purposes.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors and grantors.

Designated funds are unrestricted funds earmarked by the Trustees for a specific purpose.

2 Donations and fundraising

	Unrestricted Funds 2021 £	Restricted Funds 2021 £	Total Funds 2021 £	Total Funds 2020 £
Donations	3,474	-	3,474	2,075
Fundraising (Raffle, Quiz, Fairs etc.)	-	-	-	434
	3,474	**-**	**3,474**	**2,509**

There were no costs incurred in generating voluntary income (2020: NIL)

3 Grants Receivable

	Unrestricted Funds 2021 £	Restricted Funds 2021 £	Total Funds 2021 £	Total Funds 2020 £
Richmond Parish Lands Charity	49,460	3,540	53,000	26,500
Coronavirus Job Retention Scheme	-	17,110	17,110	5,503
Richmond Borough Council Discretionary Grant	11,650	-	11,650	-
Active Richmond	1,890	-	1,890	-
LBRUT - recycling bins	150	-	150	150
	63,150	**20,650**	**83,800**	**32,153**

4 Charitable Trading Income

	2021 £	2020 £
Lettings	11,556	18,503
Gym Income (excluding grants)	8,372	23,763
Activities income (classes etc)	8,321	8,409
	28,249	**50,675**

5 Interest Receivable

	Unrestricted Funds 2021 £	Restricted Funds 2021 £	Total Funds 2021 £	Total Funds 2020 £
Bank interest receivable	**627**	**-**	**627**	**797**

6 Costs in Furtherance of Charitable Objectives

Provision of charitable services:

	Unrestricted Funds 2021 £	Restricted Funds 2021 £	Total Funds 2021 £	Total Funds 2020 £
Gym				
Staff costs	21,923	12,835	34,758	28,426
Other gym costs	3,143	-	3,143	1,309
Depreciation	1,622	507	2,129	3,040
Management and Administration support	22,731	1,232	23,963	18,946
	49,419	14,574	63,993	51,721
Community Activities				
Staff costs	3,467	950	4,417	3,600
Tutor costs and expenses	11,527	-	11,527	9,495
Management and Administration support	17,048	924	17,972	14,209
	32,042	1,874	33,916	27,304
Lettings				
Staff costs	5,200	1,425	6,625	5,400
Management and Administration support	17,048	924	17,972	14,209
	22,248	2,349	24,597	19,609
Total	**103,709**	**18,797**	**122,506**	**98,634**

Where possible costs have been allocated on an actual basis. Management and administration support costs have been allocated between gym, community activities and lettings on a reasonable percentage apportionment. The method of apportionment has been slightly modified this year and the comparative figures have been amended for consistency.

Analysis of Management and Administration support costs:

	Unrestricted Funds 2021 £	Restricted Funds 2021 £	Total Funds 2021 £	Total Funds 2020 £
By activity:				
Gym	22,731	1,232	23,963	18,946
Community Activities	17,048	924	17,972	14,209
Lettings	17,048	924	17,972	14,209
Total	**56,827**	**3,080**	**59,907**	**47,364**
By cost type:				
Staff costs	7,323	1,900	9,223	7,525
Rent	26,500	-	26,500	26,500
Depreciation	-	1,180	1,180	-
Utilities, repairs and general running costs	23,004	-	23,004	13,339
	56,827	**3,080**	**59,907**	**47,364**

6 Costs in Furtherance of Charitable Objectives (continued)

	Unrestricted Funds 2021 £	Restricted Funds 2021 £	Total Funds 2021 £	Total Funds 2020 £
Staff costs				
Gym	21,923	12,835	34,758	28,426
Community Activities	3,467	950	4,417	3,600
Lettings	5,200	1,425	6,625	5,400
Management and Administration	7,323	1,900	9,223	7,525
	37,913	**17,110**	**55,023**	**44,951**

The aggregate staff costs are:	2021 £	2020 £
Wages and salaries	54,307	44,422
Workplace pensions	716	529
	55,023	**44,951**

The Centre does not pay employers NI costs as it is eligible for Emploment Allowance

Particulars of employees
The average number of staff employed by the charity during the financial year amounted to:

	2021 No.	2020 No.
Number of staff (full time equivalents)	**2.0**	**1.85**

7 Governance costs

There were no governance costs incurred during the year. (2020: NIL)

8 Tangible Fixed Assets

	Gym and IT Equipment		
	Unrestricted funds £	Restricted funds £	Total £
Accumulated cost at 1st July 2020	21,487	7,039	28,526
Additions during the year	-	3,540	3,540
Disposals during the year	-	-	-
Accumulated cost at 30th June 2021	21,487	10,579	32,066
Accumulated depreciation at 1st July 2020	17,520	5,516	23,036
Depreciation charge for the year	1,622	1,687	3,309
Depreciation on disposals			
Accumulated depreciation at 30th June 2021	19,142	7,203	26,345
Net Book Value at 1st July 2020	**3,967**	**1,523**	**5,490**
Net Book Value at 30th June 2021	**2,345**	**3,376**	**5,721**

9 Debtors and Prepayments

	2021	2020
	£	£
Debtors	1,585	5,411
	1,585	**5,411**

10 Creditors

Creditors	1,287	143
Deferred income	2,638	930
	-	
	3,925	**1,073**

11 Restricted Funds

	Balance at 01.07.19	Movement in resources: Incoming	Outgoing	Balance at 30.06.20	Movement in resources: Incoming	Outgoing	Balance at 30.06.21
	£	**£**	**£**	**£**	**£**	**£**	**£**
Fixed asset grants/donations	**2,931**	**-**	**- 1,408**	**1,523**	**3,540**	**- 1,687**	**3,376**
Charitable expenditure	-	-	-	**-**	**17,110**	**- 17,110**	**-**
Total	**2,931**	**-**	**- 1,408**	**1,523**	**20,650**	**- 18,797**	**3,376**

Restricted funds for fixed assets are the unexpended balances of grants and donations given to the Charity for gym and IT equipment. Charitable expenditure funding relates to funding received under the Government furlough scheme

12 Unrestricted funds

	Balance at 01.07.19	Net outgoing Resources for the year	Balance at 30.06.20	Net outgoing Resources for the year	Balance at 30.06.21
	£	£	**£**	**£**	**£**
	82,561	**- 11,092**	**71,469**	**- 8,210**	**63,259**

13 Designated Funds

	Balance at 30.06.20	Balance at 30.06.21
	£	**£**
	25,000	**25,000**

The value of the designated fund has been considered by the trustees following information from RPLC that any work at the Centre (as part of overall site development) would not now take place for at least two years and might not take place at all. The trustees have agreed to make no change to the amount of the fund but recognise that the fund might be needed now for refurbishment and/or other expenditure and not just cover the shortfall in revenue if the Centre had to close to allow RPLC RPLC to do development work.

14 Analysis of net assets

	Tangible Fixed Assets 2020 £	Net Current Assets 2020 £	Total 2020 £	Tangible Fixed Assets 2021 £	Net Current Assets 2021 £	Total 2021 £
Restricted Funds	1,523	-	1,523	3,376	-	3,376
Unrestricted Funds - general fund	3,967	67,502	71,469	2,345	60,915	63,260
Unrestricted Funds - designated fund	-	25,000	25,000		25,000	25,000
	5,490	**92,502**	**97,992**	**5,721**	**85,915**	**91,636**

15 Financial Commitments

a) Operating leases

	2021 £	2020 £
Future minimum lease payments under non-cancellable operating leases on land and buildings are payable:		
Within one year	26,500	26,500
Later than one year and not later than five years	26,500	
	53,000	**26,500**

The Centre has agreed a rent free 2 year lease with Richmond Parish Lands Charity for the Cambrian Centre. The lease commences on 1 July 2021 and the benefit of the rent free lease has been assessed at £26500 per annum.

b) Capital commitments

There are no capital commitments (2020: NIL)

16 Contingent Liabilities

There is a potential liability relating to a proposed assessment of the Centre's obligation to pay business rates. Given the nature of the Centre's operations, however, the trustees are of the opinion that there is no basis in law for liabilty to arise from this assessment.

17 Related party transactions

The trustees receive no salaries or benefits although the majority are either gym users or activity users.

4 trustees (2020: 3) were paid expenses of £103 (2020: £159) during the year.

18 Liability of the members

The Charity is constituted as a company limited by guarantee. In the event of the Charity being wound up members are required to contribute an amount not exceeding £1.