

Restart Trust
Unaudited financial statements and annual report
For the year ended 31 October 2022

Restart Trust
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For the year ended 31 October 2022

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Restart Trust
Company Information
For the year ended 31 October 2022

Company registration number	08236953 (England and Wales)
Directors	Jennifer Kelly Terence Kelly Laura McHale Jason Stephanides
Company secretary	Jennifer Kelly
Registered office address	Unit 1 The Lombard Centre Link Road Huyton Merserside L36 6AP
Accountant	Horridge and Lever 142 Chorley New Road Heaton BL1 4NX

Restart Trust
Directors' Report
For the year ended 31 October 2022

The directors present the annual report and the Unaudited Financial Statements for the year ended 31 October 2022.

Principal activity

The principal activity of the company continued to be that of rehabilitation.

Going concern

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern nor any significant areas of uncertainty that affect the carrying value of assets held by the charity.

Directors of the company

The following directors held office during the whole of the period:

Jason Stephanides

Jennifer Kelly

Laura Mchale

Terence Kelly

Statement of director's responsibilities

The directors/trustees are responsible for preparing the financial statements in accordance with applicable law and regulations.

Company law requires the directors to prepare such financial statements for each financial year. Under that law the directors have elected to prepare the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice), FRS 102 1A

Under company law the directors must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the company and of the profit or loss of the company for that period. In preparing these financial statements, the directors are required to;

- select suitable accounting policies and then apply them consistently;
- make judgements and accounting estimates that are reasonable and prudent; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The directors/trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the company's transactions and disclose with reasonable accuracy at any time the financial position of the company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Small company provisions

This report has been prepared in accordance with the special provisions for small companies within Part 15 of the Companies Act 2006.

Approved by the Board of directors and signed on its behalf by:

Jennifer Kelly (Director)

Date: 18 July 2023

Restart Trust Trustees' Report

The trustees, who are directors for the purposes of company law, present the annual report together with the financial statements of the charitable company for the year ended 31 October 2022

Objectives and activities

Objects and aims

The objective of Restart Trust as set out in its Articles of Incorporation of 2 October 2012 is:

‘To provide relief of need to those persons who are addicted to drugs and or alcohol, those persons affected by another’s addiction to drugs and or alcohol, the advancement of education, training and to promote social inclusions.’

Objectives, strategies and activities

Activities

Activity 1: The provision of abstinent accommodation for people recovering from drug and or alcohol addiction. The accommodation will provide each tenant with a safe and abstinent living environment while they are recovering for addiction. Restart Trust has a 10 year lease, commencing October 2012 on a large, 3 story terrace property situated in Bootle, Merseyside. The property consists of 2 self contained flats offering shared accommodation to 5 people: a 2 bedroom ground floor flat and a 3 bedroom 1st and 2nd floor flat. The property is newly renovated to an excellent and modern standard with new fitted kitchen and bathrooms, as is fully furnished including bedroom furniture, dining areas and luxury living rooms. Each tenant will be charged rent within a price range of £90 - £110 per week for rent, utilities and support. All future tenants will pay their rents through housing benefits or salaries dependant upon individual circumstances. To remain living in the accommodation a tenant must not use alcohol or drugs of any kind and meet a requirement to attend 70% of recovery based workshops delivered at the property on a monthly basis as well as a weekly one on one meeting with the accommodation support worker.

Activity 2: Focusing on limiting the harm that comes with drug and or alcohol addiction, not only for the individual but for their dependants, family friends and the community. Harm has been identified as mental illness, physical illness, medical needs, offending and crime, limitation of life skills, low self esteem, confidence and motivation. Such harm will be limited through the provision of consultation sessions to the tenants, family and friends of Restart Trust abstinent agencies. The workshops are delivered by a host of outside agencies with similar objects as well as peer mentors. Peer mentors will be recovered addicts, living abstinent and successfully, all peer mentors will be CRB checked. There are plans in place to deliver a drop in service for members of the community affected by drug and alcohol addiction. Restart Trust work in partnership with other agencies and organisations to secure the widest range of services available best fitted to the individual needs.

Activity 3: Educating people and communities about the dangers associated with drug use. Two of Restart Trust Trustees are recovered addicts and accredited life coaches, and have delivered 110 workshops to beneficiaries. Peer mentors will also deliver educational talks and workshops, a department head teacher has designed these to a syllabus. Research and publishing of free literature will be undertaken to promote awareness of the dangers associated with addictions.

Activity 4: Promoting social inclusions through the creation of meaningful volunteer, training and employment opportunities. These opportunities will be created for people who are/have been addicted to drugs and or alcohol, within Restart Trusts recycling facility in Merseyside. Research highlights the barriers faced by an individual recovering from drug and or alcohol addiction returning to the labour market, Restart Trust will break down these barriers by creating the above opportunities and delivering confidence enhancing training.

Activity 5: Promoting advancement of health through raising awareness to individuals who are recovering from drug and or alcohol addiction and communities. Delivering health, mental health, dietary and fitness classes. Working in partnership with other agencies and organisations to secure the correct level of health and medical care services best fitted to the individuals needs.

Restart Trust Trustees' Report

Fundraising disclosures

During Restart Trust's 10th year the cost of the services that have been provided to the charities beneficiaries has been kept low with many of the services being provided by volunteers and peer mentors. This past year has seen the charity continuing to deliver these services within Merseyside and growth has been conservative. Since 2021 the charity has recovered slowly from the effects the global pandemic has had, the charity's contracts have recommenced albeit at a slower pace than pre pandemic.

Working closely with other charities and organisations such as Shelter and Achieve North West in Liverpool Restart Trust has continued to provide accommodation for people whom were homeless when leaving prison and for those recovering from addiction and at risk of homelessness.

The board are currently exploring expanding this service, as there is an evident need within the community.

The charity continued to deliver a training and employment programme as agreed in its delivery contract with Achieve North West Connect. This contract has been extended until 2023 and been increased in value. New ways to support beneficiaries were designed to support the charities beneficiaries during the pandemic and the charity has kept some of these in place even though we seem to be back to working normally.

Restart Trust created 42 employment positions for people with multiple barriers to employment such as substance abuse, ex-offenders, long-term unemployment and people vulnerable to the labour market. Contract delivery was a huge success and the charity won acclaim for service delivery from its partners – MOJ and Achieve North West.

100% of the contract income was used on wages for the employment and training for those people engaging with the project.

Restart Trust continues deliver employment initiatives aimed at people recovering from addiction, long term unemployment and ex-offenders.

The charity has engaged with 240 people to offer training, support, living and employment opportunities. Of the people who engaged with the project, 94% said they felt like their career prospects and aspirations had increased, 76% stated that their relationships at home had improved and 100% stated that their self-confidence had improved.

Public benefit

The trustees confirm that they have complied with the requirements of section 4 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission for England and Wales. The annual report was approved by the trustees of the charity on 14.08.2021 and signed on its behalf by:

Jennifer Kelly

J Kelly
Trustee

Restart Trust
Accountant's report
For the year ended 31 October 2022

Accountant's Report

INDEPENDENT EXAMINER'S REPORT

TO THE TRUSTEES OF RESTART TRUST

I report on the accounts of the company for the year ended 31/10/2022.

RESPECTIVE RESPONSIBILITIES OF TRUSTEES AND EXAMINER

The trustees (who are also the directors of the company for the purposes of the company law) are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

Having satisfied myself that the charity is not subject to an audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- follow the procedures laid down in the general Directions given by the Charity Commission under section 145 (5)(b) of the 2011 Act; and
- state whether particular matters have come to my attention.

BASIS OF INDEPENDENT EXAMINERS STATEMENT

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statement below.

INDEPENDENT EXAMINERS STATEMENT

In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that in any material respect the requirements:

- to keep accounting records in accordance with section 386 of the companies Act 2006; and
- to prepare accounts which accord with the accounting records, comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities have not been met;

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

.....

Horridge and Lever

142 Chorley New Road
Heaton

BL1 4NX

Date: 18 July 2023

Restart Trust
Income Statement
For the year ended 31 October 2022

		2022	2021
	Notes	£	£
Turnover	5	111,511	148,622
Cost of sales		(12,751)	(30,956)
Gross profit		98,761	117,666
Selling and distribution expenses		(5,055)	(1,247)
Administrative expenses		(124,224)	(120,307)
Operating loss	6	(30,518)	(3,888)
Loss on ordinary activities before taxation		(30,518)	(3,888)
Loss for the year		(30,518)	(3,888)

Restart Trust
Statement of Financial Position
For the year ended 31 October 2022

	Notes	2022 £	2021 £
Fixed assets			
Property, plant and equipment	8	<u>16,393</u>	<u>18,375</u>
		16,393	18,375
Current assets			
Debtors	9	12,109	23,114
Cash and cash equivalents	10	<u>7,429</u>	<u>13,095</u>
		19,538	36,209
Current liabilities			
Creditors: Amounts falling due within one year	11	<u>(18,659)</u>	<u>(6,792)</u>
		(18,659)	(6,792)
Net current assets/(liabilities)		<u>880</u>	<u>29,416</u>
Total assets less current liabilities		<u>17,273</u>	<u>47,791</u>
Net assets/(liabilities)		<u>17,273</u>	<u>47,791</u>
Capital and reserves			
Retained earnings		<u>17,273</u>	<u>47,791</u>
Shareholder's funds		<u>17,273</u>	<u>47,791</u>

- For the year ended 31 October 2022 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies. The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
- The directors acknowledge their responsibility for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.
- These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime and in accordance with the provisions of FRS 102 Section 1A - Small Entities.

Approved by the Board on 18 July 2023

.....
Jennifer Kelly (Director)

Company registration number: 08236953

Restart Trust
Notes to the Financial Statements
For the year ended 31 October 2022

(1) General Information

The charity is limited by guarantee, incorporated in , and consequently does not have share capital. Each of the trustees is liable to contribute an amount not exceeding £1 towards the assets of the charity in the event of liquidation.

Charity registration number: 1150935

The address of its registered office is:
Unit 1 The Lombard Centre
Link Road
Huyton
Merseyside
L36 6AP

These financial statements were authorised for issue by the trustees on 26 July 2023.

(2) Statement of compliance

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102). They also comply with the Companies Act 2006 and Charities Act 2011.

(3) Significant Accounting Policies

The principal accounting policies applied in the preparation of these financial statements are set out below . These policies have been consistently applied to all the years presented , unless otherwise stated.

Basis of Preparation

Restart Trust meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

Going concern:

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern nor any significant areas of uncertainty that affect the carrying value of assets held by the charity.

Revenue recognition

All income is recognised once the charity has entitlement to the income, it is probable that the income will be received and the amount of the income receivable can be measured reliably.

Grants are recognised when the charity has an entitlement to the funds and any conditions linked to the grants have been met. Where performance conditions are attached to the grant and are yet to be met, the income is recognised as a liability and included on the balance sheet as deferred income to be released.

Expenditure

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

Charitable Activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries . It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Governance Costs

These include the costs attributable to the charity's compliance with constitutional and statutory requirements, including audit, strategic management and trustees's meetings and reimbursed expenses.

Government Grants

Government grants are recognised based on the accrual model and are measured at the fair value of the asset received or receivable. Grants are classified as relating either to revenue or to assets. Grants relating to revenue are recognised in income over the period in which the related costs are recognised. Grants relating to assets are recognised over the expected useful life of the asset. Where part of a grant relating to an asset is deferred, it is recognised as deferred income.

Property, plant and equipment

Restart Trust
Notes to the financial statements (Continued)
For the year ended 31 October 2022

Property, plant and equipment is stated at cost less accumulated depreciation and impairment losses. Part of an item of property, plant and equipment having different useful lives are accounted for as separate items.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives, using the straight-line method. The estimated useful lives, residual values and depreciation method are reviewed at the end of each reporting period, with the effect of any changes in estimate accounted for on a prospective basis.

Depreciation is provided to write off the cost less estimated residual value, of each asset over its expected useful life as follows:

Asset class and depreciation rate

Plant and Machinery	20% reducing balance
Equipment	20% reducing balance
Motor Cars	25% reducing balance

Taxation

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

Other

Trade debtors:

Trade debtors are amounts due from customers for merchandise sold or services performed in the ordinary course of business.

Trade debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost using the effective interest method, less provision for impairment. A provision for the impairment of trade debtors is established when there is objective evidence that the charity will not be able to collect all amounts due according to the original terms of the receivables.

Cash and cash equivalents:

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

Fund structure:

Unrestricted income funds are general funds that are available for use at the trustees's discretion in furtherance of the objectives of the charity.

Pensions and other post retirement obligations:

The charity operates a defined contribution pension scheme which is a pension plan under which fixed contributions are paid into a pension fund and the charity has no legal or constructive obligation to pay further contributions even if the fund does not hold sufficient assets to pay all employees the benefits relating to employee service in the current and prior periods.

Contributions to defined contribution plans are recognised in the Statement of Financial Activities when they are due. If contribution payments exceed the contribution due for service, the excess is recognised as a prepayment.

(4) Exemption from preparing a cash flow statement

The charity opted to early adopt Bulletin I published on 2 February 2016 and have therefore not included a cash flow statement in these financial statements.

(5) Turnover

(6) Operating profit

Operating profit for the year from continuing operations has been arrived after charging:

	2022	2021
	£	£
Staff costs	62,547	68,626
Depreciation of property, plant and equipment	4,353	4,934
	<u>66,900</u>	<u>73,560</u>

(7) Employees

During the year, the average number of employees including director was 4 (2021 : 16)

Restart Trust
Notes to the financial statements (Continued)
For the year ended 31 October 2022

(8) Tangible fixed assets

	Plant and Machinery £	Equipment £	Motor Vehicles £	Totals £
Cost				
As at 01 November 2021	45,819	3,147	8,294	57,260
Additions	-	2,372	-	2,372
As at 31 October 2022	<u>45,819</u>	<u>5,519</u>	<u>8,294</u>	<u>59,632</u>
Depreciation				
As at 01 November 2021	33,541	1,133	4,212	38,886
For the year	2,456	877	1,021	4,354
As at 31 October 2022	<u>35,997</u>	<u>2,010</u>	<u>5,233</u>	<u>43,240</u>
Net book value				
As at 31 October 2022	<u>9,823</u>	<u>3,509</u>	<u>3,062</u>	<u>16,392</u>
As at 31 October 2021	<u>12,278</u>	<u>2,014</u>	<u>4,082</u>	<u>18,374</u>

(9) Debtors

Amounts falling due within one year

	2022 £	2021 £
Trade debtors	12,109	23,114
	<u>12,109</u>	<u>23,114</u>

(10) Cash and cash equivalents

	2022 £	2021 £
Bank balance	7,429	13,095
	<u>7,429</u>	<u>13,095</u>

(11) Creditors: Amounts falling due within one year

	2022 £	2021 £
Trade creditors	1,125	759
Other taxes and social security	8,360	-
Other creditors	7,590	3,189
Accruals and deferred income	1,584	2,844
	<u>18,659</u>	<u>6,792</u>

(12) Pension and other schemes

The charity operates a defined contribution pension scheme. The pension cost charge for the year represents contributions payable by the charity to the scheme

(13) Related party transactions

The charity is controlled by the trustees who are all directors of the company.

Restart Trust
Detailed Income Statement
For the year ended 31 October 2022

This section does not form part of the statutory accounts.

	2022	2021
	£	£
Turnover	111,511	148,622
Less : Cost of sales		
Other Direct Expenditure	12,751	30,956
	<u>12,751</u>	<u>30,956</u>
Gross Profit	98,761	117,666
Less : Selling and distribution expenses		
Advertising and Marketing	1,714	547
Motor Vehicle Expenses	522	100
UK and Overseas Travel Costs	2,818	600
	<u>5,055</u>	<u>1,247</u>
Less : Administrative expenses		
Accountancy, Bookkeeping and Auditing Fees	924	4,906
Bank Fees	152	-
Cleaning	6,081	6,398
Depreciation of Equipment	877	504
Depreciation of Motor Vehicles	1,021	1,361
Depreciation of Plant and Machinery	2,456	3,070
Employee Salary Expense	62,054	65,063
Employer Pension Contributions	493	619
Insurance	3,615	3,014
IT Costs	3,777	639
Legal and Professional Fees	3,000	8,598
Light, Power and Heating	4,876	-
Printing, Postage and Stationery	2,632	-
Protective Clothing	288	-
Rates	5,735	5,123
Rent	12,600	12,600
Repairs and Renewals	2,327	681
Subscriptions	377	121
Sundry Expenses	707	-
Telephone and Internet	605	768
Training and Development	9,628	3,900
Employers National Insurance	-	2,944
	<u>124,224</u>	<u>120,307</u>
Operating loss	(30,518)	(3,888)
Loss on ordinary activities before taxation	(30,518)	(3,888)
Net loss for the year after taxation	(30,518)	(3,888)
Net loss for the year after dividends	(30,518)	(3,888)
Retained profits brought forward	47,791	51,679
Retained profits carried forward	17,273	47,791