

Charity Registration No. 1150906

Company Registration No. 08261096 (England and Wales)

**REACHING FAMILIES LIMITED  
(LIMITED BY GUARANTEE)  
TRUSTEES' REPORT AND UNAUDITED ACCOUNTS  
FOR THE YEAR ENDED 31 MARCH 2023**

**REACHING FAMILIES LIMITED  
(LIMITED BY GUARANTEE)  
LEGAL AND ADMINISTRATIVE INFORMATION**

<b>Trustees</b>	Helen Rodgers Chris Jay John Corr Charlotte Linington Justin Sainsbury Sharon Gearing (appointed 21 June 2022)
<b>Charity number</b>	1150906
<b>Company number</b>	08261096
<b>Registered office</b>	Dove Lodge Community Resources Centre 49 Beach Road Littlehampton West Sussex BN17 5JG
<b>Independent examiner</b>	Mark Cummins FCCA FCIE TC Group The Courtyard Shoreham Road Upper Beeding Steyping West Sussex BN44 3TN
<b>Bankers</b>	Lloyds TSB Bank PLC South Street Worthing West Sussex BN11 3AU

**REACHING FAMILIES LIMITED  
(LIMITED BY GUARANTEE)  
CONTENTS**

	<b>Page</b>
Trustees' report	1 – 5
Independent examiner's report	6
Statement of financial activities	7
Balance sheet	8
Notes to the accounts	9 - 16

# **REACHING FAMILIES LIMITED**

## **(LIMITED BY GUARANTEE)**

### **TRUSTEES' REPORT**

#### **FOR THE YEAR ENDED 31 MARCH 2023**

The trustees are delighted to present our annual report for the period April 2022 to March 2023.

The financial statements comply with the Charities Act 2011, the Companies Act 2006, the Memorandum and Articles of Association, and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

#### **Structure, Governance & Management**

In 2013 Reaching Families changed from being an unincorporated charity (The Parent & Family Care Foundation) and became Reaching Families, a charitable company limited by guarantee governed by Memorandum and Articles of Association. The new organisation was registered with Companies House on the 15<sup>th</sup> February 2013 and registered with the Charity Commission on the 20<sup>th</sup> February 2013. The trustees who are also the directors of the company who served during 2022/23 were as follows:

Helen Rodgers (Chair)  
Chris Jay (Vice Chair)  
John Corr  
Charlotte Linington  
Justin Sainsbury  
Sharon Gearing (21<sup>st</sup> June 2022)

Trustees are recruited based on their skill, knowledge and experience of working in our field and/or their experience of charity management and governance. It is the policy of the trustees to maximise representation of parent-carers and/or people with lived experience of disability on our board of trustees wherever possible (three of our current board are parent-carers whilst two have lived experience of disability).

The trustees meet as a minimum on a bi-monthly basis to discuss matters relating to strategy, operational management, policy, administration and fundraising. Day-to-day management of the charity is delegated to a part-time Director and a part-time Operations Manager who are responsible for delivery of our services, staff management, fundraising, financial management, business planning and external relations.

#### **Public Benefit**

The trustees have had due regard to the charity commission guidance on public benefit in deciding what activities it carries out.

#### **Principal Risks & Uncertainties**

Trustees and staff carry out regular risk assessments that affect both the operational delivery of our work and the longer-term sustainability of our service delivery. The principal risk to the organisation's sustainability is funding. From our inception the charity has pursued a policy of spreading financial risk by developing a diverse financial model that leverages funding from a wide variety of sources including the national lottery, charitable trusts and foundations, community fundraising, earned income and grant aid from NHS Sussex and West Sussex County Council.

#### **Remuneration Policy**

All of our staff work part time and are therefore paid on a pro-rata basis. Their salaries are based on market rates and reviewed annually.

#### **Objectives & Activities**

The charity's objects are (i) to relieve the needs of disabled people, particularly, but not exclusively, children, young people, their parents, carers and families (ii) to further any other such purposes deemed charitable by the law of England and Wales as the trustees shall from time to time decide. These objects are captured more succinctly in our mission statement: "to empower, inform and support parents and families of children and young people with special educational needs and disabilities in West Sussex."



# REACHING FAMILIES LIMITED (LIMITED BY GUARANTEE) TRUSTEES' REPORT FOR THE YEAR ENDED 31 MARCH 2023

## Review of the Year

Our long-term ambition to create a one stop shop of services for SEND families took a huge leap forward in 2022/23 with the establishing of our new Benefits Advice Service that was fortuitously timed to meet the financial pressures of the cost of living crisis and all but completes the suite of services we originally hoped to develop when we first started the charity in 2008.

The new project builds on our information & training delivery on benefits and compliments a number of our other services, in particular the early support we provide parents of children undergoing diagnosis. We are now working with these families in multiple ways – matching them with a befriender, connecting them with other parent-carers, providing information and/or training on their child's condition and helping them access DLA or PIP for the first time.

The cost of living crisis showed significant signs of impact on the families we support during 2022/23. Some were nothing short of financially destitute and Reaching Families proved to be their only source of support. Others were forced to cut back on clubs, activities, therapies and assessments that are vital to their child's wellbeing and development.

Thanks to additional investment from NHS Sussex we were able to increase our delivery during 2022/23 and in doing so, meet more of the demand for our service that has increased exponentially since 2020. Analysis of our delivery over the period 2020 to 2023 shows demand for our work increasing by over 200%. There are no signs of this abating and we expect increasing demand again in 2023/24, particularly with requests for case work support from individual families unable to get help from statutory services.

Whilst we achieved record breaking levels of delivery during the year we did so without all the staff resources we need. Huge credit and thanks must therefore go to our existing team of staff and volunteers for their tireless work, self-sacrifice and dedication to supporting SEND families.

## Operational Delivery

	<u>2021/22</u>	<u>2022/23</u>	<u>Growth (+/- %)</u>
Making Sense Guides	2,625	2,565	-2%
Factsheets	10,342	10,819	5%
Training	949	1,414	49%
Benefits Advice Service	-	298	-
Befriending	53	75	41%
Umbrellas Support Group	191	240	26%
Facebook Group	1,046	1,261	21%

## Outcomes

Monitoring & evaluation of our delivery, which is carried out through each individual project and via an online annual survey, showed parent-carers achieved the following outcomes from engagement and participation in our service:

- 92% of parent-carers who used our information resources said they had improved knowledge of how and where to find support
- 68% of parents who participated in befriending reported improved resilience and wellbeing
- 63% made new connections with other parent-carers
- 78% of parents who attended training reported improved skills and self confidence
- 89% said they felt better informed on the subject of their training
- 68% of parents who attended our Umbrellas support groups said this helped improve their wellbeing
- 65% of parents said they had improved resilience
- 62% of parents said they felt better supported by other parent-carers
- We supported 298 families in raising £3 million in claims for Carers Allowance, Disability Living Allowance and Personal Independence Payment

## Information Resources

Our new extended edition of Making Sense of It All, now including chapters and content on transition to adult life, has proved as popular as the original edition. We have now distributed over 20,000 copies of the book since first publishing it in 2013. Following the release of the latest edition of the book, we used 2022/23 to update and add to our factsheet series and published two new animations – one on DLA myths, another on Reaching Families services. We also worked with NHS Sussex and West Sussex Parent Carer Forum in developing a child friendly animation on the Autism assessment process, to be published in 2023/24.



# **REACHING FAMILIES LIMITED (LIMITED BY GUARANTEE) TRUSTEES' REPORT FOR THE YEAR ENDED 31 MARCH 2023**

## **Benefits Advice Service**

Given the enormous strain of the cost of living crisis on SEND families it was not surprising our new Benefits Advice Service was inundated with requests for support when it launched in March 2022. Within weeks of opening the project was working with a waiting list which has not abated since. We advised and supported 298 families making 430 individual claims for Carers Allowance, DLA and PIP in our first year and helped them raise over £3 million in much needed income – impressive in any year, let alone a service undergoing pilot and development.

Many of the families we worked with were vulnerable and needed significant help with preparing, writing and editing their claims. Such was the demand on the project we increased the hours of our Benefits Advisor and recruited a part-time Benefits Support Worker to help with editing claims - doubling staff hours in the process. We hope to recruit additional staff next year to maximise the support we can provide vulnerable families including with appeals and tribunals.

## **Befriending**

It was a record breaking year for our Face-2-Face project with 75 parents of children undergoing diagnosis matched and supported by one of our volunteer parent befrienders. Thanks to two befriender training courses held during the year our team of volunteers has never been more diverse with befrienders representing children with a wide range of conditions including ADHD, Autism, Cerebral Palsy, Down Syndrome, complex needs and rare conditions. A number of our new befrienders are also bilingual which means the project is now better placed to support parents from minority communities.

We are enormously grateful to our volunteer befrienders for the unique contribution they make to our organisation. Their personal insight and experience is vital to helping new parent-carers take the first steps on their SEND journey.

## **Training**

No service more typifies the growth in our delivery over the last three years than our training programme, which has more than trebled in scale. In 2019/20 we delivered 33 workshops to 426 parents. This year this figure rose to 113 workshops attended by 1,414 parent-carers. Such is the demand for our training workshops they typically sell out within days, sometimes hours of being published. This is particularly true of the workshops we deliver in support of the West Sussex Neurodevelopmental Pathway, which aim to inform and empower parents of children undergoing assessment for ADHD, Autism and other neurodiverse conditions.

## **Umbrellas Support Groups**

Our Umbrellas support groups are vital to our outreach and having a regular presence in communities across West Sussex. We were therefore delighted that in 2022/23 we were able to extend our geographical reach by establishing two new groups in Burgess Hill and Chichester. We intend on starting a group in Shoreham in the Autumn of 2023/24. Participation in Umbrellas continues to grow and during the course of the year 240 parent-carers attended one of our groups. Guest speakers and wellbeing activities helped build and maintain engagement. We are grateful to Carers Support West Sussex, Early Help, Learning and Behaviour Advisory Team, West Sussex SENDIAS, Specialist Nurses Team, West Sussex Portage and others for attending the groups and providing information and advice to parents.

## **Facebook Group**

Our Facebook group remains absolutely vital to reaching new families, helping parents develop networks of peer support and marketing both our own and other SEND services. In effect it is a key gateway to the West Sussex SEND community. Over the course of the year a record 1,261 new members joined our group, more than 3 per day. This brought total membership to over 6,500 making it the largest of its kind in Sussex.

## **Fundraising**

We maintained our recent pattern of increased growth during 2022/23 thanks to an almost 20% increase in unrestricted grants during the year including a new grant of £10,000 from the Metal Recycling Scheme and a two year unrestricted grant of £30,000 from the Garfield Weston Foundation. We are grateful to them and the Bascule Charitable Trust for their multi-year support, to the True Colours Trust for investment in our peer-to-peer work and to the Ernest Kleinwort Charitable Trust and Sussex Community Foundation for their continued support of our growth and development.

# **REACHING FAMILIES LIMITED (LIMITED BY GUARANTEE) TRUSTEES' REPORT FOR THE YEAR ENDED 31 MARCH 2023**

## **Financial Summary and Review**

Total income: £245,543

Expenditure on Charitable Activities: £196,250

Income grew by 5% during 2022/23 as a result of a 20% increase in unrestricted grants and donations. Thanks also to multi-year funding from NHS Sussex and West Sussex County Council agreed during 2021/22, expenditure increased by 30%. This enabled us to invest in new staff and significantly increase delivery on outreach and training whilst additional restricted funding from Awards for All enabled us to increase staffing of our Benefits Advice Service and continue the piloting and development of this project.

Staffing increased from 4.6 to 5.4 full-time members of staff during the year. Most of this increase was in our outreach & training team who in turn managed a significant increase in delivery, including scaling up of our training workshops and the start of new parent support groups in Burgess Hill and Chichester.

Our core grant £60,000 from NHS Sussex and West Sussex County Council for the period 2022-2024 has been extended until April 2025 with a view to agreeing longer-term commissioning and achieving sustainability in the scale, delivery and funding of our core services.

## **Reserves Policy**

Having passed through the economic uncertainty created by the covid pandemic and secured multi-year funding from key charitable and statutory funders the trustees reviewed our reserves policy during the year and agreed to returning to our long standing policy of holding three months in unrestricted reserves.

The unrestricted reserves we hold are calculated on the basis of forecasted expenditure for the following financial year (2023-24: £243,252). This requires us to hold £60,813. By the year end our unrestricted reserves stood at £98,179. The excess in our current level of reserves includes £26,250 of a two year grant from the Garfield Weston Foundation to be carried forward to 2023-24 and 2024-25. In line with our policy the remaining excess of £11,116 is being carried forward as income for 2023-24.

Our reserves are designed to enable us to manage an orderly closing of the charity if necessary or to provide financial contingency in other circumstances, for example, between major grants. The reserves will be used for the following specific purposes:

- Any redundancy payments due to employees
- Support to employees in finding alternative employment
- Terminating service contracts such as office rent and equipment
- Accountancy, audit and other professional costs
- Short term contingency costs between major grants

The majority (£86,638) of our restricted reserves of £95,013 is made up of multi-year funding from NHS Sussex and West Sussex County Council to be used during the period 2023-25.

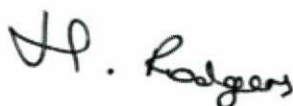
**REACHING FAMILIES LIMITED  
(LIMITED BY GUARANTEE)  
TRUSTEES' REPORT  
FOR THE YEAR ENDED 31 MARCH 2023**

**Next Steps**

As demand for our service continues to grow our challenge in the year ahead will be in securing the funding we need to meet both immediate and longer-term demand. Our priorities for the year ahead are therefore as follows: -

1. Securing funds to invest in and develop the advice and support we can provide individual families
2. Investing further in our Benefits Advice Service in order to maximise the support we can provide vulnerable families including with appeals and tribunals
3. Continue to extend the reach of our Umbrellas support groups by developing new groups in Burgess Hill, Chichester and Shoreham
4. Recruiting an Information Officer to manage the editing of our information resources including a new edition of our parent-carer guide, Making Sense of It All
5. Agreeing longer-term commissioning with NHS and West Sussex County Council to achieve sustainability in the scale, delivery and funding of our core services
6. Diversifying our income to help minimize risk and achieve longer-term sustainability

Signed on behalf of the board on 26.9.23



**Helen Rodgers  
Trustee**



**REACHING FAMILIES LIMITED**  
**(LIMITED BY GUARANTEE)**  
**INDEPENDENT EXAMINER'S REPORT**  
**TO THE TRUSTEES OF REACHING FAMILIES LIMITED**

I report to the charity trustees on my examination of the accounts of the charitable company for the period ended 31 March 2023.

**Responsibilities and basis of report**

As the charity's trustees of the charitable company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the charitable company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

**Independent examiner's statement**

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the charitable company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

TC Group

**Mr Mark Cummins FCCA**

TC Group  
The Courtyard  
Shoreham Road  
Upper Beeding  
Steyning  
West Sussex  
BN44 3TN

Dated: 28<sup>th</sup> September 2023

**REACHING FAMILIES LIMITED**  
**(LIMITED BY GUARANTEE)**  
**STATEMENT OF FINANCIAL ACTIVITIES**  
**(INCLUDING INCOME AND EXPENDITURE ACCOUNT)**

**FOR THE YEAR ENDED 31 MARCH 2023**

	Note	Unrestricted funds £	Restricted funds £	Total 2023 £	Total 2022 £
<b><u>Income from:</u></b>					
Donations and grants	3	111,066	134,117	245,183	233,601
Charitable activities	4	360	-	360	1,215
<b>Total income</b>		<b>111,426</b>	<b>134,117</b>	<b>245,543</b>	<b>234,816</b>
<b><u>Expenditure on:</u></b>					
<b>Charitable activities</b>					
Furtherance of Charity's objectives	5	79,580	116,670	196,250	150,940
<b>Total expenditure</b>		<b>79,580</b>	<b>116,670</b>	<b>196,250</b>	<b>150,940</b>
<b>Net income/(expenditure) for the year/ Net movement in funds</b>		<b>31,846</b>	<b>17,447</b>	<b>49,293</b>	<b>83,876</b>
Fund balances at 1 April 2022		66,333	77,566	143,899	60,023
<b>Fund balances at 31 March 2023</b>		<b>98,179</b>	<b>95,013</b>	<b>193,192</b>	<b>143,899</b>

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006. All income and expenditure derives from continuing activities.

**REACHING FAMILIES LIMITED  
(LIMITED BY GUARANTEE)  
BALANCE SHEET**

**AS AT 31 MARCH 2023**

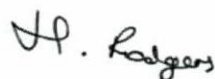
	Notes	31 March 2023		31 March 2022	
		£	£	£	£
<b>Fixed assets</b>					
Tangible assets	10		929		231
<b>Current assets</b>					
Stock	11	747		1,663	
Debtors	12	78,773		131,296	
Cash at bank and in hand		131,101		93,952	
		<u>210,621</u>		<u>226,911</u>	
<b>Creditors: amounts falling due within one year</b>	13	(18,358)		(83,243)	
<b>Net current assets</b>			<u>192,263</u>		<u>143,668</u>
<b>Total assets less current liabilities</b>			<u>193,192</u>		<u>143,899</u>
<b>Income funds</b>					
Restricted funds	15		95,013		77,566
Unrestricted funds			98,179		66,333
			<u>193,192</u>		<u>143,899</u>

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the period ended 31 March 2023. No member of the company has deposited a notice, pursuant to section 476, requiring an audit of these accounts.

The directors acknowledge their responsibilities for ensuring that the company keeps accounting records which comply with section 386 of the Act and for preparing accounts which give a true and fair view of the state of affairs of the company as at the end of the financial period and of its incoming resources and application of resources, including its income and expenditure, for the financial period in accordance with the requirements of sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to accounts, so far as applicable to the company.

These accounts have been prepared in accordance with the special provisions relating to small companies within Part 15 of the Companies Act 2006.

The accounts were approved by the Board on 26.9.23



**Helen Rodgers – Trustee**

**Company Registration No. 08261096**



**REACHING FAMILIES LIMITED**  
**(LIMITED BY GUARANTEE)**  
**NOTES TO THE ACCOUNTS**

**FOR THE YEAR ENDED 31 MARCH 2023**

**1 Statutory information**

The charity is a company limited by guarantee registered in England and Wales. In the event of the company being wound up, the liability in respect of the guarantee is limited to £1 per member. The registered office and other statutory information can be found on the legal and administrative information page of these accounts.

**2 Accounting policies**

**2.1 Basis of preparation**

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2015) – (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) and the Companies Act 2006.

Reaching Families Limited meets the definition of a public benefit entity under FRS102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note(s). There are no material uncertainties about Reaching Families Limited's ability to continue as a going concern.

**2.2 Income**

Income is included in the Statement of Financial Activities when the charity is legally entitled to the income, the amount can be quantified with reasonable accuracy and there is certainty over the receipt of the income. The following specific policies are applied to particular categories of income:

Grants and donations are recognised on an accrual basis, accounted for in relation to the period that they relate.

**2.3 Expenditure**

Expenditure is recognised on an accruals basis. The charity is not registered for VAT and accordingly expenditure is shown gross of VAT.

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity and include independent examination fees. These costs are included within support costs.

**2.4 Tangible fixed assets and depreciation**

Any tangible fixed assets under £1,000 cost are written off in the year of purchase.

Tangible fixed assets are stated at cost less depreciation. Depreciation is provided at rates calculated to write off the cost less estimated residual value of each asset over its expected useful life, as follows:

Fixtures, fittings & equipment	3 years straight line
--------------------------------	-----------------------

**REACHING FAMILIES LIMITED  
(LIMITED BY GUARANTEE)  
NOTES TO THE ACCOUNTS (CONTINUED)**

**FOR THE YEAR ENDED 31 MARCH 2023**

**3 Income from donations and grants**

	Unrestricted funds £	Restricted funds £	Total 2023 £	Total 2022 £
<u>Restricted funds</u>				
Bascule Charitable Trust	-	15,000	15,000	25,000
West Sussex County Council	-	47,638	47,638	25,000
National Lottery CF	-	9,841	9,841	-
National Lottery CF- Peer-to-peer Support	-	39,527	39,527	39,527
The True Colours Trust	-	5,000	5,000	-
WSCC NDP Animations	-	9,000	9,000	-
Sussex Community Foundation	-	7,472	7,472	2,491
Mayor of Cuckfield – Burgess Hill Umbrella's	-	639	639	-
Awards for All	-	-	-	10,000
Wellesley Foundation Book Grant	-	-	-	3,000
Magic Little Grant (Counselling)	-	-	-	500
West Sussex Clinical Commissioning Group	-	-	-	35,000
	-	134,117	134,117	140,518
<u>Unrestricted funds</u>				
West Sussex County Council	-	-	-	15,000
West Sussex Clinical Commissioning Group	-	-	-	62,549
Sussex Community Foundation	5,000	-	5,000	-
Sussex Crisis Fund Grant	-	-	-	10,000
Foyle Foundation	-	-	-	3,000
The Downs Crematorium Brighton	10,000	-	10,000	-
David and Julia Hunter Trust	-	-	-	2,000
WSCC NHS Commissioners	60,000	-	60,000	-
Garfield Weston Foundation	30,000	-	30,000	-
Ernest Kleinwort Charitable Trust	3,000	-	3,000	-
Others	3,066	-	3,066	534
	111,066	-	111,066	93,083
<b>Total</b>	<b>111,066</b>	<b>134,117</b>	<b>245,183</b>	<b>233,601</b>

**REACHING FAMILIES LIMITED**  
**(LIMITED BY GUARANTEE)**  
**NOTES TO THE ACCOUNTS (CONTINUED)**

**FOR THE YEAR ENDED 31 MARCH 2023**

**4 Income from charitable activities**

	Unrestricted funds £	Restricted funds £	Total 2023 £	Total 2022 £
Book sales	360	-	360	395
Training income	-	-	-	820
	<u>360</u>	<u>-</u>	<u>360</u>	<u>1,215</u>

**5 Expenditure**

	Staff costs £	Depreciation £	Other Costs £	Total 2023 £	Total 2022 £
<b>Charitable activities</b>					
Furtherance of Charity's objectives:					
Activities undertaken directly	144,488	-	43,332	187,820	142,090
Support costs	3,753	697	3,980	8,430	8,850
	<u>148,241</u>	<u>697</u>	<u>47,312</u>	<u>196,250</u>	<u>150,940</u>

**6 Support costs**

	Furtherance of Charity's objectives	
	2023	2022
	£	£
Premises costs	1,296	2,592
Insurance	569	587
Administrative salaries	3,753	3,258
Depreciation	697	674
Governance costs	2,115	1,739
	<u>8,430</u>	<u>8,850</u>

Governance costs relates to independent examiners' fees.



**REACHING FAMILIES LIMITED**  
**(LIMITED BY GUARANTEE)**  
**NOTES TO THE ACCOUNTS (CONTINUED)**

**FOR THE YEAR ENDED 31 MARCH 2023**

**7 Trustees**

None of the trustees (or any persons connected with them) received any remuneration during the year. No trustee invoiced for services provided (2022: none).

**8 Employees**

**Number of employees**

The average monthly number of employees during the year was:

	<b>2023</b>	<b>2022</b>
	<b>Number</b>	<b>Number</b>
Charitable activities	<b>12</b>	<b>8</b>

<b>Employment costs</b>	<b>2023</b>	<b>2022</b>
	<b>£</b>	<b>£</b>
Wages and salaries	<b>142,692</b>	92,556
Employers National Insurance	<b>2,818</b>	496
Pensions Costs	<b>2,731</b>	1,146
	<b>148,241</b>	94,198

The average number of staff disclosed above all work part time. The average full time equivalent number of staff for the year totalled 5.4 (2022: 4.6).

There were no employees whose annual remuneration was £60,000 or more (2022: none). The Key Personnel of the charity comprised the director and the operations manager whose emoluments totalled £49,097 (2022: £44,114). The increase in emoluments represents an increase in hours worked by key personnel.

**REACHING FAMILIES LIMITED**  
**(LIMITED BY GUARANTEE)**  
**NOTES TO THE ACCOUNTS (CONTINUED)**  
**FOR THE YEAR ENDED 31 MARCH 2023**

**9 Comparative funds – Statement of Financial Activities for the period ended 31 March 2022**

		Unrestricted funds £	Restricted funds £	Total 2022 £
<b><u>Income</u></b>	<b>Notes</b>			
Donations & grants	3	93,083	140,518	233,601
Charitable activities	4	1,215	-	1,215
<b>Total income</b>		<b>94,298</b>	<b>140,518</b>	<b>234,816</b>
<b><u>Expenditure</u></b>				
Charitable activities				
Furtherance of Charity's objectives	5	82,988	67,952	150,940
<b>Total expenditure</b>		<b>82,988</b>	<b>67,952</b>	<b>150,940</b>
<b>Net income/(expenditure) for the year/ Net movement in funds</b>		<b>11,310</b>	<b>72,566</b>	<b>83,876</b>
Fund balances at 1 April 2021		55,023	5,000	60,023
<b>Fund balances at 31 March 2022</b>		<b>66,333</b>	<b>77,566</b>	<b>143,899</b>

**REACHING FAMILIES LIMITED**  
**(LIMITED BY GUARANTEE)**  
**NOTES TO THE ACCOUNTS (CONTINUED)**

**FOR THE YEAR ENDED 31 MARCH 2023**

**10 Tangible fixed assets**

		<b>Fixtures, fittings &amp; equipment</b>
		<b>£</b>
<b>Cost</b>		
At 1 April 2022		4,043
Additions		1,395
		<hr/>
<b>At 31 March 2023</b>		<b>5,438</b>
		<hr/>
<b>Depreciation</b>		
At 1 January 2022		3,812
Charge for the period		697
		<hr/>
<b>At 31 March 2023</b>		<b>4,509</b>
		<hr/>
<b>Net book value</b>		
<b>At 31 March 2023</b>		<b>929</b>
		<hr/>
At 31 March 2022		231
		<hr/>
<b>11 Stock</b>	<b>31 March 2023 £</b>	<b>31 March 2022 £</b>
Stock of books	<b>747</b>	1,663
	<hr/>	<hr/>
<b>12 Debtors</b>	<b>31 March 2023 £</b>	<b>31 March 2022 £</b>
Other debtors	<b>324</b>	324
Trade debtors	<b>77,638</b>	129,727
Prepayments and accrued income	<b>811</b>	1,245
	<hr/>	<hr/>
	<b>78,773</b>	131,296
	<hr/>	<hr/>
<b>13 Creditors: amounts falling due within one year</b>	<b>31 March 2023 £</b>	<b>31 March 2022 £</b>
Trade creditors	<b>1,183</b>	4,510
Accruals and Other creditors	<b>2,175</b>	1,734
Deferred income	<b>15,000</b>	76,999
	<hr/>	<hr/>
	<b>18,358</b>	83,243
	<hr/>	<hr/>



**REACHING FAMILIES LIMITED**  
**(LIMITED BY GUARANTEE)**  
**NOTES TO THE ACCOUNTS (CONTINUED)**

**FOR THE YEAR 31 MARCH 2023**

**14 Control**

The charity is under the control of the board of Trustees.

**15 Restricted funds**

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:

	Balance at 1 April 2022	Incoming resources	Movement in funds Resources expended	Balance at 31 March 2023
	£	£	£	£
West Sussex County Council	505	-	(505)	-
National Lottery Community Fund - Benefits Adviser Service	-	9,841	(6,561)	3,280
West Sussex Community Foundation Fund	-	7,472	(7,472)	-
2021 Lottery Community Fund - Peer-to-peer Support Service	-	39,527	(39,527)	-
West Sussex County Council - NDP Animations & Resources	-	9,000	-	9,000
West Sussex County Council - Key Working Project (Bhill, Chi & Shoreham Umbrellas)	-	47,638	-	47,638
True Colours Trust - Peer Support	-	5,000	(833)	4,167
Cuckfield Mayors Fund - Burgess Hill Umbrellas	-	639	(182)	457
Bascule Charitable Trust	17,061	15,000	(31,590)	471
West Sussex Clinical Commissioning Group	35,000	-	(17,500)	17,500
2021 WSCC - Outreach, training and delivery	25,000	-	(12,500)	12,500
	<u>77,566</u>	<u>134,117</u>	<u>(116,670)</u>	<u>95,013</u>

Awards for All (National Lottery Community Fund) – towards development of the Benefits Advice Service

Sussex Community Foundation – towards delivery of peer-to-peer support services

West Sussex County Council/NHS Sussex (NDP) – towards the development of animations and information resources for parents of children undergoing diagnosis for ADHD, Autism and other neurodiverse conditions

NHS Sussex (Key Working) – towards development of new umbrellas support groups

True Colours Trust – towards delivery of peer-to-peer support services

Cuckfield Mayors Found – towards development of a new umbrellas support group in Burgess Hill

Bascule Charitable Trust – towards the development of the Benefits Advice Service

NHS Sussex – towards the delivery of outreach, training and peer support

West Sussex County Council – towards the delivery of outreach, training and peer support

**REACHING FAMILIES LIMITED**  
**(LIMITED BY GUARANTEE)**  
**NOTES TO THE ACCOUNTS (CONTINUED)**  
**FOR THE YEAR ENDED 31 MARCH 2023**

**16 Analysis of net assets between funds**

	Unrestricted funds £	Restricted funds £	Total 2023 £
Fund balances at 31 March 2023 are represented by:			
Tangible fixed assets	929	-	929
Current assets	115,608	95,013	210,621
Creditors: amounts falling due within one year	(18,358)	-	(18,358)
	<u>98,179</u>	<u>95,013</u>	<u>193,192</u>

**17 Analysis of net assets between funds - comparative**

	Unrestricted funds £	Restricted funds £	Total 2022 £
Fund balances at 31 March 2022 are represented by:			
Tangible fixed assets	231	-	231
Current assets	149,345	77,566	226,911
Creditors: amounts falling due within one year	(83,243)	-	(83,243)
	<u>66,333</u>	<u>77,566</u>	<u>143,899</u>