

REGISTERED CHARITY NUMBER: 1150798

REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST MARCH 2025
FOR
FAMILY HELP DARLINGTON CIO

CPT
Chartered Certified Accountants
Evolve Business Centre
Cygnet Way
Houghton Le Spring
Tyne and Wear
DH4 5QY

FAMILY HELP DARLINGTON CIO

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for the Year Ended 31st March 2025

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"For every woman and child who has found hope and strength through Family Help"

FAMILY HELP DARLINGTON CIO

REPORT OF THE TRUSTEES for the Year Ended 31st March 2025

The trustees present their report with the financial statements of the charity for the year ended 31st March 2025. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

The objects of the CIO are to relieve the needs of victims and survivors of domestic abuse:

- (a) by provision of refuge accommodation for women and their children; and
- (b) by provision of emotional and practical support, advice, guidance and such other assistance as the Trustees see fit.

This is subject to a provision that any use of funds must also meet the requirements of charity law in Scotland and Northern Ireland.

Significant activities

Family Help Darlington CIO - Who we are...

Since 1976, Family Help Darlington CIO (Family Help) has provided safe, temporary accommodation for women and children fleeing domestic abuse. As a grass-roots charity, Family Help, which has remained independent throughout its near 50-year history, is home to one of the longest standing refuges in the UK, Family Help's purpose-built refuge accommodates around 50 women and 80 children from all over the UK every year.

The former registered charity of 'Family Help' was wound up in 2013 with all activities transferred to the present charitable incorporated organisation Family Help Darlington CIO although the charity continues to use "Family Help" as a working name.

Service Overview

In line with its charitable objectives, Family Help Darlington CIO provides:

- a) refuge accommodation for women and women with children, fleeing domestic abuse
- b) a holistic package of practical and emotional support
- c) move-on support to service-users who have moved out of refuge and into new tenancies within Darlington
- d) advocacy, options, information and signposting to those affected by domestic abuse
- e) a confidential helpline to any person affected directly or indirectly by domestic abuse

The primary beneficiaries of the charity are the service users of (a), (c) and (e), although there is also a benefit to the wider society if domestic abuse is addressed. The Trustees confirm they have considered the Charity Commission's guidance on public benefit in planning the work of the charity.

FAMILY HELP DARLINGTON CIO

REPORT OF THE TRUSTEES
for the Year Ended 31st March 2025

OBJECTIVES AND ACTIVITIES

Message from our CEO - A Legacy of courage, a future of hope...

Fifty years ago, a small group of courageous people in Darlington imagined a safer future for women and children. In a condemned terrace house, with little more than determination and the kindness of strangers, Family Help was born.

Today, in 2025, that spirit of hope and resilience remains at the heart of everything we do. From those humble beginnings, we have grown into one of the UK's longest-standing domestic abuse refuges, offering not just a place of safety but a place to rebuild and thrive.

Every year, we welcome around 50 women and 80 children into our purpose-built refuge. Each story reminds us why we exist: to provide sanctuary, to offer practical and emotional support and to empower survivors to create a life free from abuse.

This last year, we have expanded our services, strengthened community outreach and launched new programmes - all led by the needs and voice of survivors themselves. Yet the demand for our services continues to grow. Behind every statistic is a woman, a child, a future waiting to be reclaimed.

As we prepare to mark this incredible milestone, we honour our founders' vision and the strength of every woman we have supported. We look ahead with fierce hope, knowing there is still work to do - and knowing that together, we can build a future where safety, dignity and freedom are rights, not privileges.

Thank you for being part of this journey.

Carole - CEO

Dedication

Celebrating 50 years of courage, compassion and change 1976 - 2026.

Throughout this year, we will be honouring the incredible journey of Family Help Darlington CIO.

What began in 1976 with a condemned house, a small group of visionaries and an urgent call to action, has grown into a lifeline for thousands of women and children across the UK.

We dedicate this milestone to:

The founders

whose courage and compassion built a sanctuary from nothing.

The survivors

whose strength and resilience inspire us every day.

The staff and volunteers

past and present, whose tireless commitment has shaped the heart of Family Help.

Our community

whose steadfast support has enabled us to grow, adapt and continue serving those in need.

As we edge ever closer to our fiftieth year, our mission remains as urgent as ever:

To provide safety, support and hope - today, tomorrow and for generations to come.

Thank you to everyone who has walked alongside us on this journey.

Here's to the next 50 years of changing lives.

Message from the Chair of Trustees...

This year marks the start of a profound milestone for Family Help Darlington CIO - 50 years of standing beside women and children when they have need it the most.

As Chair of the Board of Trustees, I am deeply proud to reflect on the journey that brought us here. From the passionate founding group who opened a small, basic refuge in Darlington to the thriving, purpose-built service we deliver today, our story is one of courage, resilience and community spirit.

Throughout this half-century, our commitment to safeguarding and empowering survivors of domestic abuse has never wavered. Yet we have evolved - adapting to new challenges, broadening our services and strengthening our team to meet the ever- changing needs of those we support. In the last year alone, we have launched new peer support groups, expanded our educational programmes into local schools and deepened our trauma-informed, person-centred approach.

Our dedicated staff and volunteers have been the bedrock of our success. Their compassion, expertise and unwavering belief in the strength of survivors have enabled Family Help to not only survive but to thrive.

As a Board, our role is to ensure that the charity remains sustainable, accountable and impactful. Over the past year, we have strengthened our governance, enhanced our fundraising efforts and focused on strategic growth to ensure Family Help can meet the rising demand for our services. With increasing need and limited refuge spaces nationally, our work has never been more critical.

Looking ahead, our focus remains clear:

- to expand our capacity to offer sanctuary and support to more women and children
- to ensure the highest standards of care and advocacy
- to work towards a future where domestic abuse no longer holds power over any life

On behalf of the Board of Trustees, I would like to thank our incredible staff, our founders and supporters, our community partners and most importantly, the survivors who have entrusted us with their journey.

We honour our past, embrace our present and are determined to shape a safer, stronger future.

Thank you for being part of our remarkable story

Emily - Chair of Trustees

Our Journey: 1976 - 2026

A beginning of change - Family Help is founded by a small group of determined volunteers in Darlington. First refuge opens in a condemned terraced house in Darlington.

1976

Domestic Violence and Matrimonial Proceedings Act enabled women to seek court order against an abusive husband and gave police powers of arrest.

Growth and resilience - As demand grows, with community support. Family Help moves its refuge into a larger accommodation.

1987

UK national helpline is established. It is the first of its kind and offers survivors advice and support around domestic abuse issues..

Development of support services - Family Help expands offering to include advocacy and emotional and practical support.

1991

Rape within marriage becomes a criminal offence. Marital rape is considered domestic violence and carries a custodial sentence.

Fit for purpose - Family Help moves into a brand new purpose-built 8-unit refuge, opened officially by Cherie Blair QC.

2003

Home Office launches national plan on domestic violence. Improving victim support and bringing more perpetrators to justice. .

Becoming a Charitable Incorporated Organisation - Family Help is registered as a CIO, strengthening governance and enabling service expansion.

2013

Launch of femicide census. Records fatal cases of domestic abuse each year. Coercive control becomes a criminal offence in 2015. .

Innovation and impact - Family Help launches in-house therapy and recovery programmes. Family Help introduces peer support group in the local community.

2021

Domestic Abuse Act 2021. Expands definition of abuse to include coercion, establishes a Domestic Abuse Commissioner and recognises children as victims in their own right.

50 years strong - Family Help launches ambitious 5-year strategic plan to expand capacity, enhance facilities and deepen early intervention efforts.

2025

Domestic Abuse Commissioner's report. Recommendations realised - domestic abuse specialists in 999 call rooms and enhanced domestic abuse and stalking protection orders.

FAMILY HELP DARLINGTON CIO

REPORT OF THE TRUSTEES
for the Year Ended 31st March 2025

50 years strong...

Family Help receives over 400 calls for support a year, and accommodates up to 50 women and 80 children in refuge every year.

In 2024/25, the refuge achieved 84% occupancy rate and the average stay in refuge was 79 days.
In recent years, Family Help has accommodated:

2024/25	-	40	women	and	80	children
2023/24	-	48	women	and	69	children
2022/23	-	38	women	and	61	children
2021/22	-	36	women	and	65	children
2020/21	-	34	women	and	39	children

In 2024/25, we had 38 clients whose sole income was through benefits, 1 client with no recourse to public funds and 1 clients who was working at the time of their stay.

Unfortunately, due to being full at the time of the call, we were unable to accept 110 women and 131 children. Of these, 30 women and 9 children were from the Darlington area. For these women, other options were explored and they were signposted to other agencies or refuges where appropriate.

The helpline received 515 calls for advice and referrals in 2024/25.
73 of these calls were from Darlington.

Every story of survival, every life rebuilt, is part of our 50-year journey.

FAMILY HELP DARLINGTON CIO

REPORT OF THE TRUSTEES
for the Year Ended 31st March 2025

OBJECTIVES AND ACTIVITIES

Case Studies

We are proud to have supported thousands of women and children over the years. Find out about how our support has changed lives...

Client M

When Client M came to our refuge, she had lost a successful career, loving family and supportive Muslim community at the hands of her abuser and it was clear that M was determined to make a change once and for all.

M engaged with the refuge support staff from the outset, making the most of the 120+ years' experience of our team in order to win back her independence. M accessed our in-house counselling to work through the emotional and psychological impact of the abuse she had suffered as well as completing our domestic abuse programme, which educated and empowered her to reclaim a life free from domestic abuse and help others to recognise the signs.

With our support, M was able to recover from the abuse, navigate criminal proceedings, divorce her abusive husband, access new community groups, make new friends, complete training courses, secure a full-time job, buy her own car, find a home and keep her family safe.

Quote from Client M - *"Without your help and support, I probably would have returned to my ex and possibly wouldn't be alive today"*

Client B

For many years, we have advocated for children and recognised them as victims in their own right, long before they were finally acknowledged as such in the Domestic Abuse Act 2021.

The impact of domestic abuse on Child B was profound - when he arrived in refuge, he did not speak and was prone to self-harm. Through the consistent support from his mum and the refuge staff team, which includes two dedicated children's and young people's workers, Child B was able to access regular group activities and one-to-one sessions including art/play therapy.

The transformation that took place whilst in refuge was much like that of a butterfly emerging from its cocoon - the boy that moved on from refuge was healthy, happy and assured, a far cry from the boy that arrived into refuge 6 months earlier. He enrolled at a nearby school, made new friends and ultimately was able to be an 8 year old boy again - with a bright future ahead of him.

Quote from Client B - *"I liked staying in the big house with my mum. I felt safe and happy. The activities with the children's workers were fun and I got to make new friends"*

Client Feedback:

"I would say to anyone worried about going into refuge, if it is Darlington refuge you are going to, do not be afraid. It is a wonderful place!" - **Client R**

"Being in refuge has helped me to stand on my own two feet again. The support from staff has been incredible - particularly the counselling sessions and emotional support" - **Client L**

"I've learned a lot about myself and now I can make decisions for myself. I didn't trust professionals after the experiences I had in the past; Family Help has restored my faith in not only professionals but humans in general!" - **Client S**

"Moving on from refuge, it felt like leaving home for the first time.... We were finally flying the nest" - **Client F**

Support from the community

Family Help's work continues to be supported by many hundreds of women, men and children across Darlington without whom our achievements described in this report would not be possible. Through individual giving, workplace fundraising, anonymous donations, to name a few, Family Help is able to continue to contribute to improving the lives of the women and children who access our service.

The Trustees wish to acknowledge, with thanks, the following grants, donations and support offered to Family Help throughout the year in its efforts to support women and children fleeing domestic abuse. We would particularly like to thank Darlington Borough Council and Home Group for their ongoing support and commitment to Family Help.

Donations (cash or kind) and other funding to Family Help:

Darlington Borough Council

Bernard Sunley Foundation

Cummins - Global Giving

Darlington Building Society

Lloyds Bank Foundation

Nationwide Building Society

Point North

Neighbourly

Sainsbury's

FAMILY HELP DARLINGTON CIO

REPORT OF THE TRUSTEES
for the Year Ended 31st March 2025

OBJECTIVES AND ACTIVITIES

Teesworks Benevolent Foundation

Women's Aid

Other donations in cash or kind:

A Adair	Mr J Marshall
Agenda Alliance	A Mason
CM Alexander	K McLaughlin
Mrs C Allen	Andrew Meadowcroft
C Atkinson	D Meaney
R Bernstein	J Mitchell
Bishopston WI	S Murton
Toni Brooklyn	Ann Muxlow
B Brown	Ann Muxlow's friends
K Buckle	Nathans Waste Save
V Cadd	NE Keep Fit Darlington
D Cairns	Dylis Nord
H Caitli	Mr & Mrs Ofori
L Chinery	One Stop
Coniscliffe WI	S Parsons
Cummins	I Pearce
Darlington Building Society	Pears Family Charitable Trust
Darlington Credit Union	J Pickering
Darlington Inner Wheel	S Powell
Darlington Rotary Club	Prov of Durham MK Benevolence Fund
Darlington Round Table	Ramsdens
Darlington Women's Club	P Raybould
Decerna	Red Balloons
S Degnan and friends	Richmond & Huddswell PCC
M Dodd	JV Riley
N Dooley	V Sachdeva
J Drummond	Mrs LFM Scriven
S Dugdale	C Sculthorpe
Val Dugdale	Carol Sobkowiak
M Egglestone	Nancy Spencer
J Farrell	W Stephens
S Gravells	H Storey
Green Dragon	Jane Taylor-Garthwaite
Hartlepool BC - Multiply Programme	Technimar
HC One	Tees Cottage Pumping Station
Paul Heaton	E Thomas
P Hetherington	S Till
Hewitt's Solicitors	Toby Carvery
Louise Howitt	Trefoil Guild
B Hunt	L Vickers
Hurworth Methodist Church	M Ward
C Iles	L Whaley
M Jameson	Whitehouse Funeral Care
G Las	Sue Williams
G Leight	C Woodcock
EA Lyal	C Wright
Don & Brenda Marshall	Youth Offending Team

FAMILY HELP DARLINGTON CIO

REPORT OF THE TRUSTEES
for the Year Ended 31st March 2025

OBJECTIVES AND ACTIVITIES

Many thanks to the wider community for their support and generosity by providing clothing, food, cleaning products, toiletries, household items for the families staying in refuge and moving on to more permanent accommodation.

Public benefit

The charity's aims and achievements are set out within this report. The activities set out in this report have been undertaken to further the charity's charitable purposes for the public benefit. The trustees have complied with the duty under Section 4 of the Charities Act 2011 to have due regard to public benefit guidance published by the Charity Commission and the trustees have paid due regard to this guidance in deciding what activities the charity should undertake .

FAMILY HELP DARLINGTON CIO

REPORT OF THE TRUSTEES for the Year Ended 31st March 2025

FINANCIAL REVIEW

Financial position

Restricted Funds:

- Virgin Media/O2 - to support and celebrate community spirit, belonging and togetherness.
- Peer Group Support - funded from local councillors for leaflets, posters and craft materials.
- Lloyds Bank Foundation - Core costs over 36 months - starting from July 2023.
- Client Grants - to hold external grants specifically for clients.
- Community Engagement Worker - represents grant income from The National Lottery Community Fund to enable the charity to employ a community engagement worker to assist families in the local community.
- Women's Aid Grants to clients - specific grants awarded to specific clients via the Flee Fund and Cost of Living Grants.
- Darlington Borough Council - funding the continuation of the children and young person support workers.
- Cummins Global Giving
- Bernard Sunley Foundation - core costs over 24 months from April 2023.
- Teeswork Benevolent Foundation - core costs
- Nationwide Building Society.

Designated Funds:

- Facility Improvement Fund - for the improvement of current facilities and potential new refuge build.

Unrestricted funds represent resources available for the general work of the charity. Designated funds represent amounts set aside by the trustees for various long term commitments or to allow gifts to be applied in accordance with a donor's preferences but they are not subject to any external restriction.

General Fund receives residents' rents (in most cases met by housing benefit), contract income from the Supporting People programme, and miscellaneous donations. The general fund meets staff salaries and the running costs of the refuge and helpline (other than those met by restricted funds).

The Restricted Fixed Assets Fund holds the value of restricted equipment thus keeping them separate from the operational funds above. When fixed assets are acquired funded from restricted income the cost of the acquisition is transferred to this fund and depreciation is then charged to this fund.

The General Fundraising Fund holds the income from fundraising events organised primarily by Family Help staff, Trustees and volunteers. Fundraising expenses are charged as expenditure from this fund. At the end of each year most or all of the fund is transferred to the general fund.

Movement in funds - transfers between funds:

During the year transfers were made between the general, designated and restricted funds. These related to the management and admin annual allowances and closure of unnecessary designated funds.

Reserves Policy and Risk Assessment

Family Help's policy is to hold sufficient free reserves to cover core expenditure (defined as unrestricted expenditure) for a minimum of three months and a maximum of six months.

This is to allow Family Help to continue some level of operation in the event of a sudden deterioration or fluctuation in its finances.

At 31st March 2025, our free reserves were £251,819 (2024: £234,882) and equate to approx 7 months of unrestricted funds.

The general reserves of the charity stand at £151,819 (2024: £134,882).

The total expenditure of the charity this year was £414,883 (2024: £404,200). So the general reserve of £151,819 represents 19 weeks running costs (2024: £134,882 - 17 weeks).

FAMILY HELP DARLINGTON CIO

REPORT OF THE TRUSTEES for the Year Ended 31st March 2025

Risk Management

The Trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable reassurance against fraud and error. Risks are assessed both from a financial and reputational point of view. The Trustees maintain a risk register and review it bi-annually, along with the measures taken to mitigate and manage these risks. They are satisfied that systems are in place to minimise exposure to risks.

Family Help seeks to ensure that all of our services are safe and those at risk from harm are protected. We have a strong commitment to protecting and promoting health, wellbeing and safety for all beneficiaries of our work. We recently reviewed and updated our safeguarding policies and procedures, we will continue to do so periodically and when law or practice changes come in or following an incident where necessary.

All new staff undertake the relevant training provided by Darlington Borough Councils Safeguarding Partnership. Four Trustees have undertaken NCVO Trustee Safeguarding training. All new trustees will also complete this training.

We have had no significant safeguarding concerns related to our service provision and/or wider charitable activities which required reporting to regulators.

Any concerns identified regarding the safety or wellbeing of any client and/or their family members were reported to the relevant authorities.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust and constitutes an unincorporated charity.

The organisation is a Charitable Incorporated Organisation (formed under the Charities Act 2011) and is governed by its constitution as incorporated 13 February 2013.

The charity is a foundation CIO where the only members of the CIO are the charity Trustees.

Recruitment and appointment of new trustees

In accordance with our constitution, new Trustees are appointed by the Board for a three-year term and may be reappointed for a further two - three-year terms.

When recruiting new Trustees, the Board actively considers the need for diversity alongside a range of relevant skills and experience, and our strategic direction.

On induction, new Trustees are provided with background documentation and guidance from the existing Board and staff as well as Charity Commission guidance on the responsibilities of Trustees.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number

1150798

Principal address

PO Box 248
Darlington
County Durham
DL1 1WQ

FAMILY HELP DARLINGTON CIO

REPORT OF THE TRUSTEES
for the Year Ended 31st March 2025

Trustees

Family Help Darlington CIO had 7 charity Trustees as at 31st March 2025.

1 Trustee was appointed and 1 stepped down during the year.

There were no new trustees appointed between 31st March 2025 and the date of approval of this report.

The CIO has been given dispensation by the Charity Commission under regulation 40(4) of the Charities (Accounts and Reports) Regulations 2008 from publishing the names of the Trustees in the annual report.

Three councillors from Darlington Borough Council are eligible to attend Trustee meetings on a non-voting basis.

Independent Examiner

CPT
Chartered Certified Accountants
Evolve Business Centre
Cygnet Way
Houghton Le Spring
Tyne and Wear
DH4 5QY

Bankers

National Westminster Bank plc
25 High Row
DARLINGTON
DL3 7QP

The Co-operative Bank plc
1 Balloon Street
MANCHESTER
M4 4BE

CAF Bank Ltd
25 Kings Hill Avenue
Kings Hill
West Malling
KENT
ME19 4JQ

Advisers

Croner Group Ltd
Croner House
Wheatfield Way
Hinckley
LE10 1YG

Landlords

Home Group Ltd

FAMILY HELP DARLINGTON CIO

REPORT OF THE TRUSTEES
for the Year Ended 31st March 2025

PRESENTATION OF ACCOUNTS AND FINANCIAL CONTROLS

The charity trustees of the CIO acknowledge their responsibility to maintain proper accounting records, to prepare Annual Accounts which show a true and fair view of the activities of the charity and to take appropriate measures to protect the assets of the charity from major loss. We believe we have suitable arrangements for financial administration within the organisation.

Approved by order of the board of trustees on *29th Sept* and signed on its behalf by:
2025

[Signature]
.....
Trustee

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
FAMILY HELP DARLINGTON CIO

Independent examiner's report to the trustees of Family Help Darlington CIO

I report to the charity trustees on my examination of the accounts of Family Help Darlington CIO (the Trust) for the year ended 31st March 2025.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under Section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under Section 145(5)(b) of the Act.

Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a member of the Association of Chartered Certified Accountants, which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by Section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Brian Thompson

CPT
Chartered Certified Accountants
Evolve Business Centre
Cynet Way
Houghton Le Spring
Tyne and Wear
DH4 5QY

Date: 24/9/25

FAMILY HELP DARLINGTON CIO

STATEMENT OF FINANCIAL ACTIVITIES
for the Year Ended 31st March 2025

	Notes	Unrestricted funds £	Restricted funds £	2025 Total funds £	2024 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	26,607	-	26,607	25,807
Charitable activities	5				
Charitable activities		281,370	97,934	379,304	382,473
Other trading activities	3	5,987	-	5,987	6,443
Investment income	4	3,214	-	3,214	1,793
Total		<u>317,178</u>	<u>97,934</u>	<u>415,112</u>	<u>416,516</u>
 EXPENDITURE ON					
Raising funds	6	2,533	-	2,533	2,628
Charitable activities	7				
Charitable activities		<u>297,709</u>	<u>114,641</u>	<u>412,350</u>	<u>401,572</u>
Total		<u>300,242</u>	<u>114,641</u>	<u>414,883</u>	<u>404,200</u>
 NET INCOME/(EXPENDITURE)		16,936	(16,707)	229	12,316
 RECONCILIATION OF FUNDS					
Total funds brought forward		234,882	115,039	349,921	337,605
 TOTAL FUNDS CARRIED FORWARD		<u><u>251,818</u></u>	<u><u>98,332</u></u>	<u><u>350,150</u></u>	<u><u>349,921</u></u>

The notes form part of these financial statements

FAMILY HELP DARLINGTON CIO

BALANCE SHEET
31st March 2025

	Notes	Unrestricted funds £	Restricted funds £	2025 Total funds £	2024 Total funds £
FIXED ASSETS					
Tangible assets	13	2,563	79,157	81,720	102,310
CURRENT ASSETS					
Debtors	14	6,439	-	6,439	9,836
Cash at bank and in hand		267,440	19,174	286,614	273,228
		<u>273,879</u>	<u>19,174</u>	<u>293,053</u>	<u>283,064</u>
CREDITORS					
Amounts falling due within one year	15	(24,623)	-	(24,623)	(35,453)
NET CURRENT ASSETS		<u>249,256</u>	<u>19,174</u>	<u>268,430</u>	<u>247,611</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		251,819	98,331	350,150	349,921
NET ASSETS		<u>251,819</u>	<u>98,331</u>	<u>350,150</u>	<u>349,921</u>
FUNDS	16				
Unrestricted funds				251,819	234,882
Restricted funds				98,331	115,039
TOTAL FUNDS				<u>350,150</u>	<u>349,921</u>

The financial statements were approved by the Board of Trustees and authorised for issue on
and were signed on its behalf by:

29th September
2025

V. Bogdale
.....
Trustee

[Signature]
.....
Trustee

The notes form part of these financial statements

FAMILY HELP DARLINGTON CIO

NOTES TO THE FINANCIAL STATEMENTS for the Year Ended 31st March 2025

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

The financial statements are prepared on a going concern basis under the historical cost convention.

The significant accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all years presented unless otherwise stated.

Financial reporting standard 102 - reduced disclosure exemptions

The charity has taken advantage of the following disclosure exemption in preparing these financial statements, as permitted by FRS 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland':

- the requirements of Section 7 Statement of Cash Flows.

Significant judgements and estimates

In the application of the charity's accounting policies the trustees are required to make judgements, estimates and assumptions about the carrying amounts of certain assets and liabilities. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. The items in the financial statements where these judgements and estimates have been made include:-

Depreciation

Depreciation is calculated so as to write off the cost of an asset over its useful life, further details are in the depreciation accounting policy.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

The majority of a resident's rent is met by Housing Benefit and the ineligible shortfall is met by the resident personally. Amounts of Housing Benefit which remain due at year end, and overpayments due to be repaid, are recognised as debtors and creditors respectively. However, the rental amounts paid directly by residents are recognised at the date of receipt: in view of the variable nature of such rents which depend on the residents' circumstances from week to week, the trustees do not consider that it would be prudent to recognise these amounts prior to receipt.

In the case of income under Darlington Borough Council Grant, funds are normally received on a four weekly cycle in arrears.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources. All expenditure is stated inclusive of input VAT.

FAMILY HELP DARLINGTON CIO

NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31st March 2025

1. ACCOUNTING POLICIES - continued

Expenditure

Grants offered subject to conditions which have not been met at the year end date are noted as a commitment but not accrued as expenditure.

Tangible fixed assets

General tangible fixed assets - Depreciation is charged at 25% per annum - asset is written off in 4 years

Playground and the new bin storage/smoking shelter (within fixtures and fittings) - Depreciation is charged at 10% per annum - asset is written off in 10 years

Purchases of fixed assets under £1000, computer equipment and all items of children's play equipment are written off in full in the year of purchase.

Taxation

The charity is exempt from tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charity operates a defined contribution pension scheme. Contributions payable to the charity's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

Financial instruments

Basic financial instruments are recognised at amortised cost with changes recognised in profit or loss.

2. DONATIONS AND LEGACIES

	2025	2024
	£	£
Gifts	-	1
Donations	25,050	24,894
Gift aid	1,557	912
	<u>26,607</u>	<u>25,807</u>

Income from donations and legacies was £26,607 (2024: £25,807) of which £26,607 was unrestricted (2024: £25,807) and £nil restricted (2024: £Nil).

FAMILY HELP DARLINGTON CIO

NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31st March 2025

3. OTHER TRADING ACTIVITIES

	2025	2024
	£	£
Fundraising events	5,557	5,680
Other generated funds	430	352
Social lotteries	-	411
	<u>5,987</u>	<u>6,443</u>

Income from other trading activities was unrestricted during both the current and previous year.

4. INVESTMENT INCOME

	2025	2024
	£	£
Deposit account interest	<u>3,214</u>	<u>1,793</u>

Investment income was unrestricted during both the current and previous year.

5. INCOME FROM CHARITABLE ACTIVITIES

	2025 Charitable activities £	2024 Total activities £
Housing benefit	163,624	151,556
Residents' rent	12,305	12,577
Supporting People payments	82,775	81,963
Grants	97,934	118,513
Management charge	11,336	10,624
Other charitable services	11,330	7,240
	<u>379,304</u>	<u>382,473</u>

Income from charitable activities was £379,304 (2024: £382,473) of which £281,370 (2024: £263,960) was unrestricted and £97,934 (2024: £118,513) was restricted.

Grants received, included in the above, are as follows:

	2025 £	2024 £
BBC Children in Need	-	3,481
Lloyds Bank Foundation	25,000	16,666
Cummins & Global Giving	-	51,284
Lottery Grant - Community Engagement Worker	-	15,810
Women's Aid	2,100	5,550
Neighbourly Foundation	-	500
DBC Children's workers	32,854	12,042
Nationwide	12,500	3,125
Bernard Sunley Foundation	<u>10,000</u>	<u>10,000</u>
Carried forward	82,454	118,458

FAMILY HELP DARLINGTON CIO

NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31st March 2025

5. INCOME FROM CHARITABLE ACTIVITIES - continued

	2025	2024
	£	£
Brought forward	82,454	118,458
Client Grants - Round Table	480	55
Teesworks Benevolent Fund	15,000	-
	<u>97,934</u>	<u>118,513</u>

6. RAISING FUNDS

Raising donations and legacies

	2025	2024
	£	£
Event expenses	<u>2,533</u>	<u>2,628</u>

7. CHARITABLE ACTIVITIES COSTS

	Direct Costs £	Grant funding of activities (see note 8) £	Support costs (see note 9) £	Totals £
Charitable activities	<u>235,722</u>	<u>2,100</u>	<u>174,528</u>	<u>412,350</u>

8. GRANTS PAYABLE

	2025	2024
	£	£
Charitable activities	<u>2,100</u>	<u>6,105</u>

9. SUPPORT COSTS

	Management £	Finance £	Information technology £
Charitable activities	<u>114,914</u>	<u>7,755</u>	<u>2,439</u>

FAMILY HELP DARLINGTON CIO

NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31st March 2025

9. SUPPORT COSTS - continued

	Human resources £	Governance costs £	Totals £
Charitable activities	39,333	10,087	174,528

Support costs, included in the above, are as follows:

Management

	2025 Charitable activities £	2024 Total activities £
Trustees' expenses	-	299
Wages	73,372	70,096
Social security	6,987	6,535
Pensions	1,733	1,635
Telephone	4,883	5,107
Postage and stationery	2,455	3,599
Sundries	439	1,716
Other premises costs	384	435
Advertising and promotional	653	427
Depreciation of tangible and heritage assets	24,008	27,730
	114,914	117,579

Finance

	2025 Charitable activities £	2024 Total activities £
Wages	7,105	7,291
Social security	353	379
Pensions	120	125
Bank charges	177	136
	7,755	7,931

Information technology

	2025 Charitable activities £	2024 Total activities £
Computer and software expenses	2,439	964

FAMILY HELP DARLINGTON CIO

NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31st March 2025

9. SUPPORT COSTS - continued
Human resources

	2025 Charitable activities £	2024 Total activities £
Wages	32,510	31,370
Social security	3,231	3,074
Pensions	788	754
Sundries	2,351	-
Staff DBS checks	200	29
Staff training	253	190
	<u>39,333</u>	<u>35,417</u>

Governance costs

	2025 Charitable activities £	2024 Total activities £
Independent examination	3,120	3,120
Subscriptions and licences	4,594	3,797
Legal and professional fees	2,373	2,359
	<u>10,087</u>	<u>9,276</u>

10. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31st March 2025 nor for the year ended 31st March 2024.

Trustees' expenses

	2025 £	2024 £
Trustees' expenses	-	299
	<u>-</u>	<u>299</u>

There were 2 trustees' expenses paid for the year ended 31 March 2024 and 2 for the year ended 31 March 2023.

FAMILY HELP DARLINGTON CIO

NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31st March 2025

11. STAFF COSTS

	2025	2024
	£	£
Wages and salaries	220,622	212,592
Social security costs	14,149	13,040
Other pension costs	4,934	4,693
	<u>239,705</u>	<u>230,325</u>

The average monthly number of employees during the year was as follows:

	2025	2024
	9	9
All staff	<u>9</u>	<u>9</u>

No employees received emoluments in excess of £60,000.

12. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	25,807	-	25,807
Charitable activities			
Charitable activities	263,960	118,513	382,473
Other trading activities	6,443	-	6,443
Investment income	1,793	-	1,793
Total	<u>298,003</u>	<u>118,513</u>	<u>416,516</u>
EXPENDITURE ON			
Raising funds	2,628	-	2,628
Charitable activities			
Charitable activities	295,051	106,521	401,572
Total	<u>297,679</u>	<u>106,521</u>	<u>404,200</u>
NET INCOME	324	11,992	12,316
Transfers between funds	1,458	(1,458)	-
Net movement in funds	1,782	10,534	12,316
RECONCILIATION OF FUNDS			
Total funds brought forward	233,100	104,505	337,605
TOTAL FUNDS CARRIED FORWARD	<u>234,882</u>	<u>115,039</u>	<u>349,921</u>

FAMILY HELP DARLINGTON CIO

NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31st March 2025

13. TANGIBLE FIXED ASSETS

	Fixtures and fittings £
COST	
At 1st April 2024	173,545
Additions	3,417
	<hr/>
At 31st March 2025	176,962
	<hr/>
DEPRECIATION	
At 1st April 2024	71,235
Charge for year	24,007
	<hr/>
At 31st March 2025	95,242
	<hr/>
NET BOOK VALUE	
At 31st March 2025	81,720
	<hr/>
At 31st March 2024	102,310
	<hr/>

14. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2025	2024
	£	£
Trade debtors	3,405	5,390
Prepayments and accrued income	3,034	4,446
	<hr/>	<hr/>
	6,439	9,836
	<hr/>	<hr/>

15. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2025	2024
	£	£
Trade creditors	975	1,805
Accruals and deferred income	23,648	33,648
	<hr/>	<hr/>
	24,623	35,453
	<hr/>	<hr/>

FAMILY HELP DARLINGTON CIO

NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31st March 2025

16. MOVEMENT IN FUNDS

	At 1.4.24 £	Net movement in funds £	Transfers between funds £	At 31.3.25 £
Unrestricted funds				
General Fund	134,882	14,768	(394)	149,256
Unrestricted Fixed Assets	-	(855)	3,418	2,563
General Fundraising Fund	-	3,024	(3,024)	-
Facility Improvement Fund	100,000	-	-	100,000
	<u>234,882</u>	<u>16,937</u>	<u>-</u>	<u>251,819</u>
Restricted funds				
Restricted Fixed Assets	102,311	(23,154)	-	79,157
Community Engagement Worker	11,508	(11,508)	-	-
Cummins & Global Giving	701	(701)	-	-
Teesworks Benevolent Fund	-	8,357	-	8,357
Virgin Media / O2	440	(440)	-	-
Peer Group Support	79	(79)	-	-
Cost of Living Support	-	480	-	480
DBC Children's workers	-	10,337	-	10,337
	<u>115,039</u>	<u>(16,708)</u>	<u>-</u>	<u>98,331</u>
TOTAL FUNDS	<u>349,921</u>	<u>229</u>	<u>-</u>	<u>350,150</u>

FAMILY HELP DARLINGTON CIO

NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31st March 2025

16. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General Fund	311,622	(296,854)	14,768
Unrestricted Fixed Assets	(1)	(854)	(855)
General Fundraising Fund	5,557	(2,533)	3,024
	<hr/>	<hr/>	<hr/>
	317,178	(300,241)	16,937
Restricted funds			
Restricted Fixed Assets	-	(23,154)	(23,154)
Community Engagement Worker	-	(11,508)	(11,508)
Women's Aid Grants	2,100	(2,100)	-
Cummins & Global Giving	-	(701)	(701)
Teesworks Benevolent Fund	15,000	(6,643)	8,357
Virgin Media / O2	-	(440)	(440)
Peer Group Support	-	(79)	(79)
Cost of Living Support	480	-	480
DBC Children's workers	32,854	(22,517)	10,337
Nationwide	12,500	(12,500)	-
Bernard Sunley Foundation	10,000	(10,000)	-
Lloyds Foundation	25,000	(25,000)	-
	<hr/>	<hr/>	<hr/>
	97,934	(114,642)	(16,708)
TOTAL FUNDS	<hr/>	<hr/>	<hr/>
	415,112	(414,883)	229

FAMILY HELP DARLINGTON CIO

NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31st March 2025

16. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.4.23 £	Net movement in funds £	Transfers between funds £	At 31.3.24 £
Unrestricted funds				
General Fund	132,934	(3,139)	5,087	134,882
General Fundraising Fund	166	3,052	(3,218)	-
Monthly Draw	-	411	(411)	-
Facility Improvement Fund	100,000	-	-	100,000
	<u>233,100</u>	<u>324</u>	<u>1,458</u>	<u>234,882</u>
Restricted funds				
Restricted Fixed Assets	63,707	(27,730)	66,334	102,311
Community Engagement Worker	10,951	3,473	(2,916)	11,508
Cummins & Global Giving	3,397	46,175	(48,871)	701
BBC Children in Need	5,826	(6,451)	625	-
Virgin Media / O2	779	(339)	-	440
Women's Aid Bursary	317	(317)	-	-
Darlington Building Society CDCF	1,390	(1,691)	301	-
Peer Group Support	80	(1)	-	79
TV Equipment	595	(595)	-	-
Playground Replacement	17,463	-	(17,463)	-
DBC Children's workers	-	(532)	532	-
	<u>104,505</u>	<u>11,992</u>	<u>(1,458)</u>	<u>115,039</u>
TOTAL FUNDS	<u><u>337,605</u></u>	<u><u>12,316</u></u>	<u><u>-</u></u>	<u><u>349,921</u></u>

FAMILY HELP DARLINGTON CIO

NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31st March 2025

16. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General Fund	291,912	(295,051)	(3,139)
General Fundraising Fund	5,680	(2,628)	3,052
Monthly Draw	411	-	411
	<u>298,003</u>	<u>(297,679)</u>	<u>324</u>
Restricted funds			
Restricted Fixed Assets	-	(27,730)	(27,730)
Community Engagement Worker	15,810	(12,337)	3,473
Women's Aid Grants	5,550	(5,550)	-
Darlington Borough Council & County			
Durham - Covid Funding	500	(500)	-
Cummins & Global Giving	51,284	(5,109)	46,175
BBC Children in Need	3,481	(9,932)	(6,451)
Virgin Media / O2	-	(339)	(339)
Women's Aid Bursary	-	(317)	(317)
Darlington Building Society CDCF	-	(1,691)	(1,691)
Peer Group Support	-	(1)	(1)
Cost of Living Support	55	(55)	-
TV Equipment	-	(595)	(595)
DBC Children's workers	12,042	(12,574)	(532)
Nationwide	3,125	(3,125)	-
Bernard Sunley Foundation	10,000	(10,000)	-
Lloyds Foundation	16,666	(16,666)	-
	<u>118,513</u>	<u>(106,521)</u>	<u>11,992</u>
TOTAL FUNDS	<u>416,516</u>	<u>(404,200)</u>	<u>12,316</u>

FAMILY HELP DARLINGTON CIO

NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31st March 2025

16. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.23 £	Net movement in funds £	Transfers between funds £	At 31.3.25 £
Unrestricted funds				
General Fund	132,934	11,629	4,693	149,256
Unrestricted Fixed Assets	-	(855)	3,418	2,563
General Fundraising Fund	166	6,076	(6,242)	-
Monthly Draw	-	411	(411)	-
Facility Improvement Fund	100,000	-	-	100,000
	<u>233,100</u>	<u>17,261</u>	<u>1,458</u>	<u>251,819</u>
Restricted funds				
Restricted Fixed Assets	63,707	(50,884)	66,334	79,157
Community Engagement Worker	10,951	(8,035)	(2,916)	-
Cummins & Global Giving	3,397	45,474	(48,871)	-
BBC Children in Need	5,826	(6,451)	625	-
Teesworks Benevolent Fund	-	8,357	-	8,357
Virgin Media / O2	779	(779)	-	-
Women's Aid Bursary	317	(317)	-	-
Darlington Building Society CDCF	1,390	(1,691)	301	-
Peer Group Support	80	(80)	-	-
Cost of Living Support	-	480	-	480
TV Equipment	595	(595)	-	-
Playground Replacement	17,463	-	(17,463)	-
DBC Children's workers	-	9,805	532	10,337
	<u>104,505</u>	<u>(4,716)</u>	<u>(1,458)</u>	<u>98,331</u>
TOTAL FUNDS	<u>337,605</u>	<u>12,545</u>	<u>-</u>	<u>350,150</u>

FAMILY HELP DARLINGTON CIO

NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31st March 2025

16. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General Fund	603,534	(591,905)	11,629
Unrestricted Fixed Assets	(1)	(854)	(855)
General Fundraising Fund	11,237	(5,161)	6,076
Monthly Draw	411	-	411
	<u>615,181</u>	<u>(597,920)</u>	<u>17,261</u>
Restricted funds			
Restricted Fixed Assets	-	(50,884)	(50,884)
Community Engagement Worker	15,810	(23,845)	(8,035)
Women's Aid Grants	7,650	(7,650)	-
Darlington Borough Council & County			
Durham - Covid Funding	500	(500)	-
Cummins & Global Giving	51,284	(5,810)	45,474
BBC Children in Need	3,481	(9,932)	(6,451)
Teesworks Benevolent Fund	15,000	(6,643)	8,357
Virgin Media / O2	-	(779)	(779)
Women's Aid Bursary	-	(317)	(317)
Darlington Building Society CDCF	-	(1,691)	(1,691)
Peer Group Support	-	(80)	(80)
Cost of Living Support	535	(55)	480
TV Equipment	-	(595)	(595)
DBC Children's workers	44,896	(35,091)	9,805
Nationwide	15,625	(15,625)	-
Bernard Sunley Foundation	20,000	(20,000)	-
Lloyds Foundation	41,666	(41,666)	-
	<u>216,447</u>	<u>(221,163)</u>	<u>(4,716)</u>
TOTAL FUNDS	<u>831,628</u>	<u>(819,083)</u>	<u>12,545</u>

Unrestricted funds represent resources available for the general work of the charity. Designated funds represent amounts set aside by the trustees for various long term commitments or to allow gifts to be applied in accordance with a donor's preferences but they are not subject to any external restriction.

General Fund receives residents' rents (in most cases met by housing benefit), contract income from the Supporting People programme, and miscellaneous donations. The general fund meets staff salaries and the running costs of the refuge and helpline (other than those met by restricted funds).

The Facility Improvement Funds hold amounts designated by the trustees for identified future expenditure. This funds assist in long term budgeting for certain items of expenditure to avoid sudden charges to the general fund in a year when significant extra costs arise.

FAMILY HELP DARLINGTON CIO

NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31st March 2025

16. MOVEMENT IN FUNDS - continued

The Unrestricted Fixed Assets Fund holds the value of unrestricted equipment thus keeping them separate from the operational funds above. When fixed assets are acquired funded from unrestricted income the cost of the acquisition is transferred to this fund and depreciation is then charged to this fund.

The General Fundraising Fund holds the income from fundraising events organised primarily by Family Help staff, Trustees and volunteers. Fundraising expenses are charged as expenditure from this fund. At the end of each year most or all of the fund is transferred to the general fund.

Restricted funds represent resources provided by grants and donations received for specific purposes.

The Restricted Fixed Asset Fund holds the value of restricted equipment and furnishing thus keeping them separate from operational funds above. When fixed assets are acquired funded from restricted funds the cost of the acquisition is transferred from the relevant restricted fund to this fund and depreciation is then charged to this fund.

Darlington Borough Council funding enables the charity to continue to employ 2 children and young person's support workers to assist families with the emotional effects of domestic abuse and to support women and children in achieving their goals and aspirations.

The Community Engagement Worker has been funded through The National Lottery.

Virgin Media / 02 - to support and celebrate community spirit, belonging and togetherness.

Peer Group Support - funding for leaflets, posters and craft materials.

Client Grants - funding from central government, filtered through another charity to reach those impacted by the cost of living crisis, given out in grants to residents.

Women's Aid grants have been made to carious residents through various funding streams.

The following four donors have all given generously to Family Help for help with their general running and core costs associated with the service:

- Teesworks Benevolent Foundation
- Nationwide Building Society
- Bernard Sunley Foundation
- Lloyds Foundation

Transfers between funds

During the year several transfers were made between the general, designated and restricted funds these related to the management and admin annual allowances and closure of unnecessary designated funds.

FAMILY HELP DARLINGTON CIO

NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31st March 2025

17. RELATED PARTY DISCLOSURES

There were no transactions with the Trustees or associated parties during the year.

Names are not given to protect the staff and trustees due to the nature of the charity's activities.

18. PENSIONS

The charity pays into a defined contribution pension scheme for staff, under the automatic enrolment rules of the Pensions Act 2008.

The amount of employers contributions recognised in the SoFA for the year ended 31 March 2025 was £4,934 (2024: £4,693).

The pension contributions have been allocated to the funds that the staff expenses are related to, £Nil of contributions are allocated to restricted funds for the year ended 31 March 2025 (2024: £193).

No contributions were outstanding as at 31 March 2025 nor as at 31 March 2024.

The assets and liabilities of the scheme are held separately from the charity.

FAMILY HELP DARLINGTON CIO

DETAILED STATEMENT OF FINANCIAL ACTIVITIES
for the Year Ended 31st March 2025

	2025 £	2024 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Gifts	-	1
Donations	25,050	24,894
Gift aid	1,557	912
	<hr/> 26,607	<hr/> 25,807
Other trading activities		
Fundraising events	5,557	5,680
Other generated funds	430	352
Social lotteries	-	411
	<hr/> 5,987	<hr/> 6,443
Investment income		
Deposit account interest	3,214	1,793
Charitable activities		
Housing benefit	163,624	151,556
Residents' rent	12,305	12,577
Supporting People payments	82,775	81,963
Grants	97,934	118,513
Management charge	11,336	10,624
Other charitable services	11,330	7,240
	<hr/> 379,304	<hr/> 382,473
Total incoming resources	415,112	416,516
EXPENDITURE		
Raising donations and legacies		
Event expenses	2,533	2,628
Charitable activities		
Wages	107,635	103,835
Social security	3,578	3,052
Pensions	2,293	2,179
Rates and water	4,695	4,244
Insurance	3,998	4,020
Light and heat	28,479	31,994
Sundries	848	750
Carried forward	151,526	150,074

This page does not form part of the statutory financial statements

FAMILY HELP DARLINGTON CIO

DETAILED STATEMENT OF FINANCIAL ACTIVITIES
for the Year Ended 31st March 2025

	2025	2024
	£	£
Charitable activities		
Brought forward	151,526	150,074
Rent	56,793	51,737
Repairs and renewals	17,540	14,525
Other housing costs	8,454	6,689
Other staff costs	588	897
Activities and social inclusion	821	378
Grants to individuals	2,100	6,105
	<hr/> 237,822	<hr/> 230,405
Support costs		
Management		
Trustees' expenses	-	299
Wages	73,372	70,096
Social security	6,987	6,535
Pensions	1,733	1,635
Telephone	4,883	5,107
Postage and stationery	2,455	3,599
Sundries	439	1,716
Other premises costs	384	435
Advertising and promotional	653	427
Depreciation of tangible and heritage assets	24,008	27,730
	<hr/> 114,914	<hr/> 117,579
Finance		
Wages	7,105	7,291
Social security	353	379
Pensions	120	125
Bank charges	177	136
	<hr/> 7,755	<hr/> 7,931
Information technology		
Computer and software expenses	2,439	964
Human resources		
Wages	32,510	31,370
Social security	3,231	3,074
Pensions	788	754
Sundries	2,351	-
Staff DBS checks	200	29
Staff training	253	190
	<hr/> 39,333	<hr/> 35,417

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FAMILY HELP DARLINGTON CIO

DETAILED STATEMENT OF FINANCIAL ACTIVITIES
for the Year Ended 31st March 2025

	2025 £	2024 £
Human resources		
Governance costs		
Independent examination	3,120	3,120
Subscriptions and licences	4,594	3,797
Legal and professional fees	2,373	2,359
	<hr/>	<hr/>
	10,087	9,276
	<hr/>	<hr/>
Total resources expended	414,883	404,200
	<hr/>	<hr/>
Net income	229	12,316
	<hr/>	<hr/>

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