

REGISTERED CHARITY NUMBER: 1150798

REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST MARCH 2024
FOR
FAMILY HELP DARLINGTON CIO

CPT
Chartered Certified Accountants
80 Victoria Road
Darlington
County Durham
DL1 5JG

FAMILY HELP DARLINGTON CIO

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for the Year Ended 31st March 2024

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FAMILY HELP DARLINGTON CIO

REPORT OF THE TRUSTEES **for the Year Ended 31st March 2024**

The trustees present their report with the financial statements of the charity for the year ended 31st March 2024. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

The objects of the CIO are to relieve the needs of victims and survivors of domestic abuse:

- (a) by provision of refuge accommodation for women and their children; and
- (b) by provision of emotional and practical support, advice, guidance and such other assistance as the Trustees see fit.

This is subject to a provision that any use of funds must also meet the requirements of charity law in Scotland and Northern Ireland.

Significant activities

Family Help Darlington CIO - Who we are...

Since 1976, Family Help Darlington CIO (Family Help) has provided safe, temporary accommodation for women and children fleeing domestic abuse. As a grass-roots charity, Family Help, which has remained independent throughout its near 50-year history, is home to one of the longest standing refuges in the UK. Family Help's purpose-built refuge accommodates around 50 women and 70 children from all over the UK every year.

The former registered charity of 'Family Help' was wound up in 2013 with all activities transferred to the present charitable incorporated organisation Family Help Darlington CIO although the charity continues to use "Family Help" as a working name.

Service Overview

In line with its charitable objectives, Family Help Darlington CIO provides:

- a) refuge accommodation for women and women with children, fleeing domestic abuse
- b) a holistic package of practical and emotional support
- c) move-on support to service-users who have moved out of refuge and into new tenancies within Darlington
- d) advocacy, options, information and signposting to those affected by domestic abuse
- e) a confidential helpline to any person affected directly or indirectly by domestic abuse

The primary beneficiaries of the charity are the service users of (a), (c) and (e), although there is also a benefit to the wider society if domestic abuse is addressed. The Trustees confirm they have considered the Charity Commission's guidance on public benefit in planning the work of the charity.

FAMILY HELP DARLINGTON CIO

REPORT OF THE TRUSTEES **for the Year Ended 31st March 2024**

OBJECTIVES AND ACTIVITIES

A history to be proud of...

1976 was the year the Concorde took its first commercial flight, the film 'Rocky' was released and ABBA dominated the music charts. It was also the year that Family Help was established by a small group of dedicated Darlington people. Just five years after the first UK domestic abuse refuge opened in London; having recognised a need for refuge accommodation in Darlington, the group launched a pilot project in a condemned two-bedroom terraced house in the town centre. With very little funding, the project relied heavily on donations from the local community. Despite humble beginnings, the project quickly outgrew the terraced house and moved into old hospital rooms on the grounds of an abandoned workhouse providing shared accommodation for those in need.

Back then, Family Help had a reputation as the refuge for 'battered wives' rather than a safe haven for survivors of domestic abuse. As years passed, the charity's mission became better understood and support from the local community continued to grow.

Fast forward to 2024, Family Help is now Family Help Darlington CIO (CIO established in 2013) and occupies a purpose-built refuge with 8 units and operates a busy domestic abuse helpline. This year, the refuge accommodated around 48 women and 69 children and the helpline received approximately 500 calls.

Family Help aims to keep women and children safe from domestic abuse by providing safe and confidential accommodation where residents are always welcomed with a non-judgemental, caring and compassionate attitude.

Although Family Help responds to people in crisis, the charity is not a purely reactive service. Service-users benefit from support staff to assist with housing, legal issues, education and benefits as well as an in-house counsellor who provides emotional support and a domestic abuse programme designed to educate and empower. Service-users with children have access to two children's and young people's workers that provide much-needed respite for both children and mothers alike.

Family Help offers survivors the space, time and resources to make informed life choices and its central purpose is to enable survivors to change their own lives and move towards more positive and safer outcomes. The refuge is a place where women and their children can be free from violence and domestic abuse. Family Help's person-centred approach is shaped by the service-user, which promotes social inclusion and allows them to build upon their strengths and find their own solutions. The skills that service users gain help them to remove themselves from unhealthy relationships and grow in awareness, equipping them to improve not just their own life but the lives of those around them.

As per the Office for National Statistics deprivation index, Darlington still has some of the highest rates of deprivation in the country, so there is still a long way to go but with early intervention and education for all, no matter of age, gender, race or religion, there is hope for a future free of domestic abuse.

Though located in Darlington, Family Help accepts referrals from anywhere in the UK. Service-users are often moved out of their hometowns due to the need to safeguard their safety. In 2023-2024, all service-users came from outside of Darlington.

Family Help provides a 24-hour service, 365 days a year, through on-site office cover and out-of-hours emergency mobile phone cover.

Family Help's confidential helpline is available Monday to Friday 9am - 5pm for any person affected by domestic abuse, directly or indirectly.

Recently, Family Help launched a monthly peer support group in Darlington. Led by experienced domestic abuse support workers, and strengthened by survivors, the peer support group brings together up to 20 women and allows them to share their lived experience of domestic abuse to help one another. Taking elements of our domestic abuse programme entwined with therapeutic arts and crafts, the group has been so well attended that soon it will run fortnightly so that we can reach more women in need and work more closely with the women we are supporting.

FAMILY HELP DARLINGTON CIO

REPORT OF THE TRUSTEES **for the Year Ended 31st March 2024**

OBJECTIVES AND ACTIVITIES

Trustees' recognition of staff and future hopes for Family Help:

This is Family Help's 48th annual report, an enviable achievement for any charity. We have continued to provide refuge accommodation and support to women and children affected by domestic abuse - our valuable services are fundamental to help vulnerable clients rebuild and reclaim their lives.

During the year, one of our clients was supported to contribute to a qualitative research project by the Office of National Statistics exploring the experiences of 40 women who have survived domestic abuse with current or previous experience of temporary safe accommodation in England. It is important that clients' lived experiences relating to domestic abuse and temporary accommodation are collected to influence how policy, funding and services look across the country.

This year our peer support group has gained momentum, thanks to the support of the staff team and new town centre venue, which we are grateful to Newcastle Building Society for providing.

The success of any organisation hinges on its employees. Once again this year the charity's entire staff team have demonstrated outstanding resilience and adaptability in a frequently challenging environment. The trustees are extremely grateful to all of the charity's employees for their service.

This year has seen many successes for the charity, particularly the award of the Women's Aid National Quality Standard 2023-2026, which through the hard work and dedication of the team, saw Family Help receiving commendation from the national institution; a grant award from Lloyds Bank Foundation with additional support package providing consultancy and assistance in terms of organisational development, specifically our new 5-year strategic plan, which we hope to launch shortly, and coaching programmes for staff and management; and winning the Exceptional Care Award at Darlington Borough Council's Stronger Communities awards.

A multi-skilled and periodically refreshed board of management is healthy for any charity. This year, we have welcomed three new trustees who bring with them a variety of valuable knowledge and skills. One of our trustees stepped down from the board this year for personal reasons but we are grateful for their continued support as a volunteer.

We are full of optimism and hope for the forthcoming year.

Demand and need for Family Help's Service:

The refuge has achieved 80% capacity during 2023-2024.

The length of stay at the refuge can fluctuate dependent on individual circumstances and choices. In recent years, Family Help has accommodated:

	Women	Children
2023/2024	48	69
2022/2023	38	61
2021/2022	36	65
2020/2021	34	39
2019/2020	63	83

In 2023/24, we had 48 clients whose sole income was through benefits, 0 residents with no recourse to public funds and 0 clients who were working at the time of their stay.

We were unable to accommodate 17 women and 21 children from the Darlington area because the refuge was full at the time of the call.

All callers were given more information and signposted to other agencies.

FAMILY HELP DARLINGTON CIO

REPORT OF THE TRUSTEES **for the Year Ended 31st March 2024**

OBJECTIVES AND ACTIVITIES

The helpline received over 562 calls for advice and referrals in 2023/2024. 62 of these calls were from Darlington and 500 were from other areas.

These calls are a lifeline for many people who are suffering domestic abuse. If the caller does not require refuge accommodation, then staff will listen to the caller and / or signpost them to the most relevant agencies. The helpline is also available to those who are concerned for another - Domestic abuse victims will, at times turn to family and friends for support - Family Help's helpline can provide essential advice, signposting and support for those indirectly affected by domestic abuse.

The service has 8 units, 2 kitchens, a children's playroom, counselling room, communal lounge, laundry facilities and garden with play equipment. With Wi-Fi access available throughout the building free for clients.

Service Users' reflections:

Expectations:

"I thought it was going to be the worst, I was so scared about coming into refuge, I did not know what to expect regarding the refuge itself and the people in it."

"I thought it would be like a hostel and I did not have high expectations before coming into refuge."

"I was a bit daunted by the thought of going into a refuge, I was not sure if I could finish the journey and move on to complete independence."

"I wasn't sure what to expect before because I hadn't been in a refuge before. I thought I might just have one room for me and the kids... You hear horror stories about refuges."

"The refuge wasn't what I expected, I thought it would be big and 'prison like' but it was cosy and homely."

First impressions:

"I was very overwhelmed when I first arrived and in the early days. I wanted to leave but soon I started to feel settled."

"The room was set up with freshly made beds and everything we needed ready and waiting, this was really appreciated."

"The added magic touches of toys, books and games for the kids and new pyjamas, slippers and pamper treats for me was very special."

"I thought it was really friendly and supportive straight away, which helped us to settle in quickly, it has a really homely feel, even though it is not your forever home, it was like visiting a friends' house where you feel at home."

"I walked through the door and burst into tears, but staff were really helpful and reassuring. It was nice to be somewhere calm and be able to let my guard down."

"My first impressions were that the refuge was quiet and peaceful, I must have slept for about 24 hours when I first got here because I was absolutely exhausted and finally felt safe. I had everything I needed when I arrived so I was able to start to relax straight away."

Reflections:

"It has been lovely to stay here and honestly it has been lifesaving. At the time, I wasn't happy about having to move to a new town, but now I see that it was necessary for me and my son. Being here has done me the world of good."

"It's been lovely. I think my son is a bit disappointed to be leaving and would love to come back!"

"I feel really lucky to have been here, it has been amazing for me and the boys. We have felt so settled here and are in a much better place than we were - there has been so much positive progression for me and the boys."

"It has been a really positive stay and has helped me stand on my own two feet again. The support from staff has been incredible - particularly the counselling and emotional support, which you can get in a group setting or on a one-to-one basis."

Any other comments:

"I would say to anyone worried about going to refuge, if it is Darlington refuge you are going to, do not be afraid. It is a wonderful place and I hope that I never need refuge again, but if I did, I would be happy to stay here again."

"This refuge and its staff is probably one of the best in the country. Without your help and support, I would have probably returned to my ex and possibly wouldn't be alive today."

"The kids loved the in-house activities in the playroom, the boys especially, they have thrived. The support given to my kids, especially my son with additional needs, has been incredible. I think that Family Help is brilliant."

FAMILY HELP DARLINGTON CIO

REPORT OF THE TRUSTEES **for the Year Ended 31st March 2024**

OBJECTIVES AND ACTIVITIES

"If it weren't for me coming here, I wouldn't be here today. Either he would have killed me or I would have killed myself. Before coming into refuge, there was no way I would be able to picture the transformation that has happened.... I am so grateful to everyone who has helped me get to where I am today."

Staff reflections:

We have both worked in the refuge for over 20 years, Bev celebrated 25 years' service earlier this year so together we have a combined experience of almost 50 years, roughly the same amount of time as the charity has been going, and as you can imagine there has been a lot of change over the years.

When we started as support workers, we were part of a team of five providing support to the women and children in a refuge that was dilapidated and falling down around our ears! It was situated within an old Victorian workhouse and often residents would say they felt a 'presence' of others residing with them. Despite this, the refuge had a welcoming and calm atmosphere and was a happy home for hundreds of families over the years.

Back then, families sometimes had to share the large rooms that were used as isolation wards in another life. This kind of communal living meant that life-long friendships and bonds were formed and the families benefitted from the invaluable support of not just the staff but their peers, women who had walked in their shoes and understood completely how they felt.

There was no such thing as wi-fi back then and only one television in the entire building! If residents needed to contact staff out-of-hours they would use the communal phone to send a message to the pager held by the member of staff on-call. Residents would enjoy group sessions in the refuge and day trips out in the beloved minibus - the mothers would often babysit one another's children so that they could enjoy a bit of freedom.

Today, we occupy a purpose-built refuge - each unit is furnished and has its own bathroom. We ensure that the rooms are set up when new families arrive and they have spare bedding and towels, food, toiletries and cleaning products to get them started. We have wi-fi throughout the building with smart TVs in the units and communal areas. Recently, the charity invested in a brand new playground and refurbished the playroom so today's refuge is much brighter and well-equipped compared to the old workhouse but the welcoming, homely atmosphere remains.

- Bev and Carol, Support Workers.

I joined Family Help as Community Engagement Worker in June 2019, working alongside the CEO to help raise awareness of domestic abuse in the local community. When I started I had very little knowledge of how refuges worked but with the support and guidance of the team, I learned quickly and became incredibly passionate about the service and the women and children it supports.

My position was funded by the National Lottery for five years and over this period, I have made changes to the way in which Family Help delivers its awareness-raising in the community. I identified what worked, what required improvement and what needed to change. When I started, awareness-raising presentations were simple Word documents, now they are a visual event with photos, graphics, statistics and feedback from service-users. Each presentation is tailored to suit and I deliver presentations to a wide range of audiences, from businesses to church groups - connecting with people and helping them to understand the impact of domestic abuse is one of my favourite parts of the job.

Recognising the need to maximise the use of digital marketing to raise awareness, I worked alongside the Service Manager to launch an updated website and social media channels to promote our service and our cause. Our reach is larger than it ever has been before and we regularly receive requests for advice and support as well as enquiries about how people can support us.

When the funding for my role as Community Engagement Worker came to an end this year, I was thrilled to be offered the opportunity to take on a hybrid role combining community engagement with support work within the refuge. I feel my role at Family Help has evolved beyond my expectations thanks to the support of the team and I am excited to see what the next five years bring.

- Gemma, Community Engagement/Support Worker.

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REPORT OF THE TRUSTEES **for the Year Ended 31st March 2024**

OBJECTIVES AND ACTIVITIES

Acknowledgments:

Family Help's work continues to be supported by many hundreds of women, men and children across Darlington without whom our achievements described in this report would not be possible. Through individual giving, workplace fundraising, generous and anonymous donations etc, Family Help is able to continue to contribute to improving the lives of the women and children that access our service.

We would particularly like to thank Darlington Borough Council and Home Group for their ongoing support and commitment to Family Help.

We would also like to thank:

BBC Children in Need,
Bernard Sunley Foundation,
Cummins & Global Giving,
Darlington Borough Council,
Darlington Borough Council - Contract and Commissioning
Lloyds Bank Foundation,
Nationwide Building Society,
Sainsbury's - Neighbourly,
The National Lottery,
Women's Aid.

Other donations in cash or kind 2023/24:

14th Air Scouts	Eastbourne Park Hub	One Stop - Nickstream Lane
Adamson C	East Cowton Church	Orr K
Alexander CM	East Cowton CE Primary School	Pybus-Ward G
All Saints Church	Echo 3	QESFC
Amazon Core	Edmonson J	Ramsey K
Anderson Dr M	Excel L	Redworth WI
Angel Trust	Firth Moor Community Centre	Riverstone International
Barnard Castle MU	Fone Cabin	Russell P
Beresford-Peirce Rev	Freemasons & Ian Grove	Russell S
Beswick E	Fylingdales PCC	Sainsbury's Duke Street
	Gilling Children's Home	Salvation Army
Bishopton & Gt Stainton WI	Glebe Road Allotment Assoc.	Sams J
Blacketts Medical Practice	Gravells S	Scott K
Brown B	Great Smeaton Fellowship & WI	Sculthorpe C
Buckle K	Greaves A	Smith D
Carmel Medical Practice	Heighington Church	Sobkowiak C
Childs S	High Croft Children's Home	Soroptimists
Cooper B	Holy Trinity Mothers Union	South Park Bowls
Courtney MA	Hopetown WMC	Springfield Health Care
Crafters companions	Hummersknott School	St Andrews Sadberge
Craggs D	Holy Trinity	St Cuthbert's Mother's Union
Crossfit	Howitt L	St Herbert's Church
Cummins	Hunt B	St John's PCC
	Hurworth Church	St Mary's Church Cockerton
Dalton H	Irving & Hartley PW&J	St Mary's Richmond
Darlington 22 Brownies	Jakel SC	Storey H
Darlington Bowls	Jones E	Stowe R
Darlington Building Society	Kirby E	Tait L
Darlington FC Supporters Trust	Laura Rebel Hairdressing	Taylor J
Darlington Golf Ladies	Lee R&G	Telfer V

FAMILY HELP DARLINGTON CIO

REPORT OF THE TRUSTEES **for the Year Ended 31st March 2024**

OBJECTIVES AND ACTIVITIES

Darlington Inner Wheel	Level Three Inspection	Till S
Darlington Lions	Lewis P	TSB
	Lidl Distributions Centre Newton	
Darlington Mayors Good Causes	Aycliffe	Walsh AJ
DMH Children's Ward	Marley C	Whinfield Surgery
Darlington Probus Club	Marshall B	White Heifer Pub Patrons
Darlington Rotary	McConnell J&M	White JJ
Darlington West WI	McCready J&H	White G
Darlington Women's Club	Mitchell J	Whitehouse Funeral
Davidson E	Montel Group	Wilmott Dixon
Degnan S	Morrisons Morton Park	Wilson J
Dickinson S	Mother's Union Barnard Castle	Wood JC
Dixon B	Move More Darlington	Woods B
Drummond J	Murton S	Woodward K
Dunelm	Muxlow A & Friends	Wright K
Durham D	Nichol M	Youth Offending Team

Many thanks to all of those who have donated and/or gifted their time but may not be listed above.

Other Donations:

Many thanks are also expressed to the wider community for their support and generosity by providing clothing, food, cleaning products, toiletries, time and services etc.

Public benefit

The charity's aims and achievements are set out within this report. The activities set out in this report have been undertaken to further the charity's charitable purposes for the public benefit. The trustees have complied with the duty under Section 4 of the Charities Act 2011 to have due regard to public benefit guidance published by the Charity Commission and the trustees have paid due regard to this guidance in deciding what activities the charity should undertake.

FAMILY HELP DARLINGTON CIO

REPORT OF THE TRUSTEES **for the Year Ended 31st March 2024**

FINANCIAL REVIEW

Financial position

Restricted Funds:

- Virgin Media/O2 - to support and celebrate community spirit, belonging and togetherness.
- BBC Children in Need - to employ 2 x children and young person support workers to assist families with the emotional effect of domestic abuse and to support women and children in achieving their goals and aspirations.
- Peer Group Support - funded from local councillors for leaflets, posters and craft materials.
- Lloyds Bank Foundation - Core costs over 36 months - starting from July 2023.
- Client Grants - to hold external grants specifically for clients.
- Darlington Building Society CDCF - funding for internal refitting of rooms and play equipment.
- Community Engagement Worker - represents grant income from The National Lottery Community Fund to enable the charity to employ a community engagement worker to assist families in the local community (April 2019 - March 2024).
- National Lottery - funding to refit all rooms with new TV equipment, fitting costs and labour.
- Women's Aid Bursary - grant towards the costs associated with Oasis/On Track management system.
- Playground replacement - to replace the outside play equipment and flooring, bin storage and smoking areas.
- Women's Aid Grants to clients - specific grants awarded to specific clients via the Flee Fund and Cost of Living Grants.
- Darlington Borough Council - funding the continuation of the children and young person support workers for 18 months from October 2024.
- Cummins Global Giving
- Bernard Sunley Foundation - core costs over 24 months from April 2023.

Designated Funds:

Facility Improvement Fund - for the improvement of current facilities and potential new refuge build.

Unrestricted funds represent resources available for the general work of the charity. Designated funds represent amounts set aside by the trustees for various long term commitments or to allow gifts to be applied in accordance with a donor's preferences but they are not subject to any external restriction.

General Fund receives residents' rents (in most cases met by housing benefit), contract income from the Supporting People programme, and miscellaneous donations. The general fund meets staff salaries and the running costs of the refuge and helpline (other than those met by restricted funds).

The Restricted Fixed Assets Fund holds the value of restricted equipment thus keeping them separate from the operational funds above. When fixed assets are acquired funded from restricted income the cost of the acquisition is transferred to this fund and depreciation is then charged to this fund.

The General Fundraising Fund holds the income from fundraising events organised primarily by Family Help staff, Trustees and volunteers. Fundraising expenses are charged as expenditure from this fund. At the end of each year most or all of the fund is transferred to the general fund.

Movement in funds - transfers between funds:

During the year several transfers were made between the general, designated and restricted funds. These related to the management and admin annual allowances and closure of unnecessary designated funds.

Reserves Policy and Risk Assessment

Family Help's policy is to hold sufficient free reserves to cover core expenditure (defined as unrestricted expenditure) for a minimum of three months and a maximum of six months.

This is to allow Family Help to continue some level of operation in the event of a sudden deterioration or fluctuation in its finances.

At 31st March 2024, our free reserves were £234,884 (2023: £233,100) and equate to approx 9 months of unrestricted funds.

FAMILY HELP DARLINGTON CIO

REPORT OF THE TRUSTEES **for the Year Ended 31st March 2024**

The general reserves of the charity stand at £133,971 (2023: £132,934).

The total expenditure of the charity this year was £404,200 (2023: £355,565). So the general reserve of £133,971 represents 17 weeks running costs (2023: £132,934 - 19 weeks).

Risk Management

The Trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable reassurance against fraud and error. Risks are assessed both from a financial and reputational point of view. The Trustees maintain a risk register and review it bi-annually, along with the measures taken to mitigate and manage these risks. They are satisfied that systems are in place to minimise exposure to risks.

Family Help seeks to ensure that all of our services are safe and those at risk from harm are protected. We have a strong commitment to protecting and promoting health, wellbeing and safety for all beneficiaries of our work.

This year we have reviewed and updated our safeguarding policies and procedures, we will continue to do so periodically and when law or practice changes come in or following an incident where necessary.

All new staff have undertaken the relevant training provided by Darlington Borough Councils Safeguarding Partnership. Four Trustees have undertaken NCVO Trustee Safeguarding training. All new trustees will also have to complete this training.

We have had no significant safeguarding concerns related to our service provision and/or wider charitable activities which required reporting to regulators.

Any concerns identified regarding the safety or wellbeing of any client and/or their family members were reported to the relevant authorities.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust and constitutes an unincorporated charity.

The organisation is a Charitable Incorporated Organisation (formed under the Charities Act 2011) and is governed by its constitution as incorporated 13 February 2013.

The charity is a foundation CIO where the only members of the CIO are the charity Trustees.

Recruitment and appointment of new trustees

In accordance with our constitution, new Trustees are appointed by the Board for a three-year term and may be reappointed for a further two - three-year terms.

When recruiting new Trustees, the Board actively considers the need for diversity alongside a range of relevant skills and experience, and our strategic direction.

On induction, new Trustees are provided with background documentation and guidance from the existing Board and staff as well as Charity Commission guidance on the responsibilities of Trustees.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number

1150798

FAMILY HELP DARLINGTON CIO

REPORT OF THE TRUSTEES **for the Year Ended 31st March 2024**

Principal address

PO Box 248
Darlington
County Durham
DL1 1WQ

Trustees

The CIO had 7 charity Trustees at 31 March 2024.

Three Trustees were appointed and one stepped down during the year.

Between 31 March 2024 and the date of approval of this report there were no new trustees appointed.

The CIO has been given a dispensation by the Charity Commission under regulation 40(4) of the Charities (Accounts and Reports) Regulations 2008 from publishing the names of the Trustees in the Annual Report.

Three Councillors from Darlington Borough Council are eligible to attend Trustee meetings on a non-voting basis.

Independent Examiner

CPT
Chartered Certified Accountants
80 Victoria Road
Darlington
County Durham
DL1 5JG

Bankers

National Westminster Bank plc
25 High Row
DARLINGTON
DL3 7QP

The Co-operative Bank plc
1 Balloon Street
MANCHESTER
M4 4BE

CAF Bank Ltd
25 Kings Hill Avenue
Kings Hill
West Mallings
KENT
ME19 4JQ

Advisers

Croner Group Ltd
Croner House
Wheatfield Way
Hinckley
LE10 1YG

Landlords

Home Group Ltd

FAMILY HELP DARLINGTON CIO

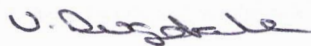
REPORT OF THE TRUSTEES
for the Year Ended 31st March 2024

PRESENTATION OF ACCOUNTS AND FINANCIAL CONTROLS

The charity trustees of the CIO acknowledge their responsibility to maintain proper accounting records, to prepare Annual Accounts which show a true and fair view of the activities of the charity and to take appropriate measures to protect the assets of the charity from major loss. We believe we have suitable arrangements for financial administration within the organisation.

Approved by order of the board of trustees on 21/11/24 and signed on its behalf by:


Trustee



INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
FAMILY HELP DARLINGTON CIO

Independent examiner's report to the trustees of Family Help Darlington CIO

I report to the charity trustees on my examination of the accounts of Family Help Darlington CIO (the Trust) for the year ended 31st March 2024.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under Section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under Section 145(5)(b) of the Act.

Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a member of the Association of Chartered Certified Accountants, which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by Section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Brian Thompson

CPT
Chartered Certified Accountants
80 Victoria Road
Darlington
County Durham
DL1 5JG

Date: 21/11/24

FAMILY HELP DARLINGTON CIO

STATEMENT OF FINANCIAL ACTIVITIES
for the Year Ended 31st March 2024

	Notes	Unrestricted funds £	Restricted funds £	2024 Total funds £	2023 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	25,807	-	25,807	60,803
Charitable activities	5				
Charitable activities		280,627	101,846	382,473	360,264
Other trading activities	3	6,443	-	6,443	9,241
Investment income	4	1,793	-	1,793	374
Total		<u>314,670</u>	<u>101,846</u>	<u>416,516</u>	<u>430,682</u>
EXPENDITURE ON					
Raising funds	6	2,628	-	2,628	5,702
Charitable activities	7				
Charitable activities		<u>311,717</u>	<u>89,855</u>	<u>401,572</u>	<u>349,863</u>
Total		<u>314,345</u>	<u>89,855</u>	<u>404,200</u>	<u>355,565</u>
NET INCOME		325	11,991	12,316	75,117
Transfers between funds	16	<u>1,458</u>	<u>(1,458)</u>	<u>-</u>	<u>-</u>
Net movement in funds		1,783	10,533	12,316	75,117
RECONCILIATION OF FUNDS					
Total funds brought forward		<u>233,100</u>	<u>104,505</u>	<u>337,605</u>	<u>262,488</u>
TOTAL FUNDS CARRIED FORWARD		<u><u>234,883</u></u>	<u><u>115,038</u></u>	<u><u>349,921</u></u>	<u><u>337,605</u></u>

The notes form part of these financial statements

FAMILY HELP DARLINGTON CIO

BALANCE SHEET
31st March 2024

	Notes	Unrestricted funds £	Restricted funds £	2024 Total funds £	2023 Total funds £
FIXED ASSETS					
Tangible assets	13	-	102,310	102,310	63,706
CURRENT ASSETS					
Debtors	14	9,836	-	9,836	6,394
Cash at bank and in hand		260,500	12,728	273,228	272,611
		<u>270,336</u>	<u>12,728</u>	<u>283,064</u>	<u>279,005</u>
CREDITORS					
Amounts falling due within one year	15	(35,454)	1	(35,453)	(5,106)
NET CURRENT ASSETS		<u>234,882</u>	<u>12,729</u>	<u>247,611</u>	<u>273,899</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>234,882</u>	<u>115,039</u>	<u>349,921</u>	<u>337,605</u>
NET ASSETS		<u>234,882</u>	<u>115,039</u>	<u>349,921</u>	<u>337,605</u>
FUNDS	16				
Unrestricted funds				234,882	233,100
Restricted funds				<u>115,039</u>	<u>104,505</u>
TOTAL FUNDS				<u>349,921</u>	<u>337,605</u>

The financial statements were approved by the Board of Trustees and authorised for issue on 21/11/24 and were signed on its behalf by:


Trustee


Trustee

The notes form part of these financial statements

FAMILY HELP DARLINGTON CIO
NOTES TO THE FINANCIAL STATEMENTS
for the Year Ended 31st March 2024

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

The financial statements are prepared on a going concern basis under the historical cost convention.

The significant accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all years presented unless otherwise stated.

Financial reporting standard 102 - reduced disclosure exemptions

The charity has taken advantage of the following disclosure exemption in preparing these financial statements, as permitted by FRS 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland':

- the requirements of Section 7 Statement of Cash Flows.

Significant judgements and estimates

In the application of the charity's accounting policies the trustees are required to make judgements, estimates and assumptions about the carrying amounts of certain assets and liabilities. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. The items in the financial statements where these judgements and estimates have been made include:-

Depreciation

Depreciation is calculated so as to write off the cost of an asset over its useful life, further details are in the depreciation accounting policy.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

The majority of a resident's rent is met by Housing Benefit and the ineligible shortfall is met by the resident personally. Amounts of Housing Benefit which remain due at year end, and overpayments due to be repaid, are recognised as debtors and creditors respectively. However, the rental amounts paid directly by residents are recognised at the date of receipt: in view of the variable nature of such rents which depend on the residents' circumstances from week to week, the trustees do not consider that it would be prudent to recognise these amounts prior to receipt.

In the case of income under Darlington Borough Council Grant, funds are normally received on a four weekly cycle in arrears.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources. All expenditure is stated inclusive of input VAT.

FAMILY HELP DARLINGTON CIO

NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31st March 2024

1. ACCOUNTING POLICIES - continued

Expenditure

Grants offered subject to conditions which have not been met at the year end date are noted as a commitment but not accrued as expenditure.

Tangible fixed assets

General tangible fixed assets - Depreciation is charged at 25% per annum - asset is written off in 4 years

Playground and the new bin storage/smoking shelter (within fixtures and fittings) - Depreciation is charged at 10% per annum - asset is written off in 10 years

Purchases of fixed assets under £1000, computer equipment and all items of children's play equipment are written off in full in the year of purchase.

Taxation

The charity is exempt from tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charity operates a defined contribution pension scheme. Contributions payable to the charity's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

Financial instruments

Basic financial instruments are recognised at amortised cost with changes recognised in profit or loss.

2. DONATIONS AND LEGACIES

	2024	2023
	£	£
Gifts	1	(1)
Donations	24,894	38,286
Gift aid	912	2,334
Legacies	-	20,184
	<hr/>	<hr/>
	25,807	60,803
	<hr/>	<hr/>

Income from donations and legacies was £25,807 (2023: £60,803) of which £25,807 was unrestricted (2023: £43,623) and £nil restricted (2023: £17,180).

FAMILY HELP DARLINGTON CIO

NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31st March 2024

3. OTHER TRADING ACTIVITIES

	2024	2023
	£	£
Fundraising events	5,680	8,112
Other generated funds	352	348
Social lotteries	411	781
	<u>6,443</u>	<u>9,241</u>

Income from other trading activities was unrestricted during both the current and previous year.

4. INVESTMENT INCOME

	2024	2023
	£	£
Deposit account interest	<u>1,793</u>	<u>374</u>

Investment income was unrestricted during both the current and previous year.

5. INCOME FROM CHARITABLE ACTIVITIES

	2024 Charitable activities £	2023 Total activities £
Housing benefit	151,556	126,870
Residents' rent	12,577	13,248
Supporting People payments	81,963	79,560
Grants	118,513	129,736
Management charge	10,624	9,929
Other charitable services	7,240	921
	<u>382,473</u>	<u>360,264</u>

Income from charitable activities was £382,473 (2023: £360,264) of which £263,960 (2023: £261,029) was unrestricted and £118,513 (2023: £99,235) was restricted.

Grants received, included in the above, are as follows:

	2024 £	2023 £
BBC Children in Need	3,481	10,942
Garfield Weston Foundation	-	30,000
Lloyds Bank Foundation	16,666	-
Cummins & Global Giving	51,284	12,857
Lottery Grant - Community Engagement Worker	15,810	15,821
Women's Aid	5,550	2,500
Darlington Borough Council	-	500
700 Club	-	1,500
Darlington Building Society	-	7,116
	<u>92,791</u>	<u>81,236</u>
Carried forward		

FAMILY HELP DARLINGTON CIO

NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31st March 2024

5. INCOME FROM CHARITABLE ACTIVITIES - continued

	2024	2023
	£	£
Brought forward	92,791	81,236
National Lottery	-	5,000
County Durham Community Foundation	-	5,000
Albert Hunt Trust	-	5,000
The Clothworkers' Foundation	-	10,000
HSBC	-	21,000
Durham Freemasons	-	2,500
Neighbourly Foundation	500	-
DBC Children's workers	12,042	-
Nationwide	3,125	-
Bernard Sunley Foundation	10,000	-
Kids Out	55	-
	<u>118,513</u>	<u>129,736</u>

6. RAISING FUNDS

Raising donations and legacies

	2024	2023
	£	£
Event expenses	2,628	2,004
Support costs	-	3,698
	<u>2,628</u>	<u>5,702</u>

7. CHARITABLE ACTIVITIES COSTS

	Direct Costs £	Grant funding of activities (see note 8) £	Support costs (see note 9) £	Totals £
Charitable activities	<u>224,300</u>	<u>6,105</u>	<u>171,167</u>	<u>401,572</u>

FAMILY HELP DARLINGTON CIO

NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31st March 2024

8. GRANTS PAYABLE

	2024	2023
	£	£
Charitable activities	6,105	1,500
	<u> </u>	<u> </u>

9. SUPPORT COSTS

	Management	Finance	Information technology
	£	£	£
Charitable activities	117,579	7,931	964
	<u> </u>	<u> </u>	<u> </u>
	Human	Governance	
	resources	costs	Totals
	£	£	£
Charitable activities	35,417	9,276	171,167
	<u> </u>	<u> </u>	<u> </u>

Support costs, included in the above, are as follows:

Management

	2024	2023
	Charitable	Total
	activities	activities
	£	£
Trustees' expenses	299	249
Wages	70,096	70,916
Social security	6,535	7,004
Pensions	1,635	1,660
Telephone	5,107	4,764
Postage and stationery	3,599	2,228
Sundries	1,716	833
Repairs and renewals	-	21
Other premises costs	435	630
Advertising and promotional	427	3,828
Depreciation of tangible and heritage assets	27,730	11,147
	<u> </u>	<u> </u>
	117,579	103,280
	<u> </u>	<u> </u>

Finance

	2024	2023
	Charitable	Total
	activities	activities
	£	£
Wages	7,291	7,554
Social security	379	439
Pensions	125	133
Bank charges	136	147
	<u> </u>	<u> </u>
	7,931	8,273
	<u> </u>	<u> </u>

FAMILY HELP DARLINGTON CIO

NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31st March 2024

9. SUPPORT COSTS - continued
Information technology

	2024 Charitable activities £	2023 Total activities £
Computer and software expenses	964	6,267

Human resources

	2024 Charitable activities £	2023 Total activities £
Wages	31,370	30,741
Social security	3,074	3,146
Pensions	754	735
Software licences	-	520
Sundries	-	39
Staff DBS checks	29	372
Staff training	190	1,801
Travel and subsistence	-	386
	<u>35,417</u>	<u>37,740</u>

Governance costs

	2024 Charitable activities £	2023 Total activities £
Independent examination	3,120	2,646
Subscriptions and licences	3,797	1,317
Legal and professional fees	2,359	2,359
Quality standards audits and renewals	-	1,800
	<u>9,276</u>	<u>8,122</u>

10. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31st March 2024 nor for the year ended 31st March 2023.

Trustees' expenses

	2024 £	2023 £
Trustees' expenses	299	249

There were 2 trustees' expenses paid for the year ended 31 March 2024 and 2 for the year ended 31 March 2023.

FAMILY HELP DARLINGTON CIO

NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31st March 2024

11. STAFF COSTS

	2024	2023
	£	£
Wages and salaries	212,592	198,333
Social security costs	13,040	11,869
Other pension costs	4,693	4,245
	<u>230,325</u>	<u>214,447</u>

The average monthly number of employees during the year was as follows:

	2024	2023
	9	9
All staff	<u>9</u>	<u>9</u>

No employees received emoluments in excess of £60,000.

12. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	43,623	17,180	60,803
Charitable activities			
Charitable activities	261,028	99,236	360,264
Other trading activities	9,241	-	9,241
Investment income	374	-	374
Total	<u>314,266</u>	<u>116,416</u>	<u>430,682</u>
EXPENDITURE ON			
Raising funds	5,702	-	5,702
Charitable activities			
Charitable activities	289,067	60,796	349,863
Total	<u>294,769</u>	<u>60,796</u>	<u>355,565</u>
NET INCOME	19,497	55,620	75,117
Transfers between funds	(10,310)	10,310	-
Net movement in funds	9,187	65,930	75,117
RECONCILIATION OF FUNDS			
Total funds brought forward	223,913	38,575	262,488
TOTAL FUNDS CARRIED FORWARD	<u>233,100</u>	<u>104,505</u>	<u>337,605</u>

FAMILY HELP DARLINGTON CIO

NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31st March 2024

13. TANGIBLE FIXED ASSETS

	Fixtures and fittings £
COST	
At 1st April 2023	107,211
Additions	66,334
	<hr/>
At 31st March 2024	173,545
	<hr/>
DEPRECIATION	
At 1st April 2023	43,505
Charge for year	27,730
	<hr/>
At 31st March 2024	71,235
	<hr/>
NET BOOK VALUE	
At 31st March 2024	102,310
	<hr/>
At 31st March 2023	63,706
	<hr/>

14. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2024	2023
	£	£
Trade debtors	5,390	2,603
Prepayments and accrued income	4,446	3,791
	<hr/>	<hr/>
	9,836	6,394
	<hr/>	<hr/>

15. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2024	2023
	£	£
Trade creditors	1,805	1,186
Accruals and deferred income	33,648	3,920
	<hr/>	<hr/>
	35,453	5,106
	<hr/>	<hr/>

FAMILY HELP DARLINGTON CIO

NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31st March 2024

16. MOVEMENT IN FUNDS

	At 1.4.23 £	Net movement in funds £	Transfers between funds £	At 31.3.24 £
Unrestricted funds				
General Fund	132,934	(3,139)	5,087	134,882
General Fundraising Fund	166	3,052	(3,218)	-
Monthly Draw	-	411	(411)	-
Facility Improvement Fund	100,000	-	-	100,000
	<u>233,100</u>	<u>324</u>	<u>1,458</u>	<u>234,882</u>
Restricted funds				
Restricted Fixed Assets	63,707	(27,730)	66,334	102,311
Community Engagement Worker	10,951	3,473	(2,916)	11,508
Cummins & Global Giving	3,397	46,175	(48,871)	701
BBC Children in Need	5,826	(6,451)	625	-
Virgin Media / O2	779	(339)	-	440
Women's Aid Bursary	317	(317)	-	-
Darlington Building Society CDCF	1,390	(1,691)	301	-
Peer Group Support	80	(1)	-	79
TV Equipment	595	(595)	-	-
Playground Replacement	17,463	-	(17,463)	-
DBC Children's workers	-	(532)	532	-
	<u>104,505</u>	<u>11,992</u>	<u>(1,458)</u>	<u>115,039</u>
TOTAL FUNDS	<u>337,605</u>	<u>12,316</u>	<u>-</u>	<u>349,921</u>

FAMILY HELP DARLINGTON CIO

NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31st March 2024

16. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General Fund	291,912	(295,051)	(3,139)
General Fundraising Fund	5,680	(2,628)	3,052
Monthly Draw	411	-	411
Lloyds Foundation	16,666	(16,666)	-
	<u>314,669</u>	<u>(314,345)</u>	<u>324</u>
Restricted funds			
Restricted Fixed Assets	-	(27,730)	(27,730)
Community Engagement Worker	15,810	(12,337)	3,473
Women's Aid Grants	5,550	(5,550)	-
Darlington Borough Council & County			
Durham - Covid Funding	500	(500)	-
Cummins & Global Giving	51,284	(5,109)	46,175
BBC Children in Need	3,481	(9,932)	(6,451)
Virgin Media / O2	-	(339)	(339)
Women's Aid Bursary	-	(317)	(317)
Darlington Building Society CDCF	-	(1,691)	(1,691)
Peer Group Support	-	(1)	(1)
Cost of Living Support	55	(55)	-
TV Equipment	-	(595)	(595)
DBC Children's workers	12,042	(12,574)	(532)
Nationwide	3,125	(3,125)	-
Bernard Sunley Foundation	10,000	(10,000)	-
	<u>101,847</u>	<u>(89,855)</u>	<u>11,992</u>
TOTAL FUNDS	<u><u>416,516</u></u>	<u><u>(404,200)</u></u>	<u><u>12,316</u></u>

FAMILY HELP DARLINGTON CIO

NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31st March 2024

16. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.4.22 £	Net movement in funds £	Transfers between funds £	At 31.3.23 £
Unrestricted funds				
General Fund	120,251	16,300	(3,617)	132,934
General Fundraising Fund	-	6,078	(5,912)	166
Monthly Draw	-	781	(781)	-
Facility Improvement Fund	100,000	-	-	100,000
Bank Top Awards	3,662	(3,662)	-	-
	<u>223,913</u>	<u>19,497</u>	<u>(10,310)</u>	<u>233,100</u>
Restricted funds				
Restricted Fixed Assets	9,153	(11,147)	65,700	63,706
Community Engagement Worker	7,128	2,459	1,365	10,952
Cummins & Global Giving	15,517	(2,120)	(10,000)	3,397
BBC Children in Need	5,196	(8,375)	9,005	5,826
Swim and Soft Play	25	(25)	-	-
Virgin Media / O2	931	(152)	-	779
Women's Aid Bursary	625	(308)	-	317
Darlington Building Society CDCF	-	1,450	(60)	1,390
Peer Group Support	-	80	-	80
TV Equipment	-	595	-	595
Playground Replacement	-	73,163	(55,700)	17,463
	<u>38,575</u>	<u>55,620</u>	<u>10,310</u>	<u>104,505</u>
TOTAL FUNDS	<u>262,488</u>	<u>75,117</u>	<u>-</u>	<u>337,605</u>

FAMILY HELP DARLINGTON CIO

NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31st March 2024

16. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General Fund	275,373	(259,073)	16,300
General Fundraising Fund	8,112	(2,034)	6,078
Monthly Draw	781	-	781
Bank Top Awards	-	(3,662)	(3,662)
Garfield Weston	30,000	(30,000)	-
	<u>314,266</u>	<u>(294,769)</u>	<u>19,497</u>
Restricted funds			
Restricted Fixed Assets	-	(11,147)	(11,147)
Community Engagement Worker	15,822	(13,363)	2,459
Cummins & Global Giving	-	(2,120)	(2,120)
BBC Children in Need	10,441	(18,816)	(8,375)
Swim and Soft Play	-	(25)	(25)
Virgin Media / O2	-	(152)	(152)
Women's Aid Bursary	2,500	(2,808)	(308)
Darlington Building Society CDCF	7,116	(5,666)	1,450
Peer Group Support	500	(420)	80
Cost of Living Support	1,500	(1,500)	-
TV Equipment	5,000	(4,405)	595
Playground Replacement	73,537	(374)	73,163
	<u>116,416</u>	<u>(60,796)</u>	<u>55,620</u>
TOTAL FUNDS	<u>430,682</u>	<u>(355,565)</u>	<u>75,117</u>

FAMILY HELP DARLINGTON CIO

NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31st March 2024

16. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.22 £	Net movement in funds £	Transfers between funds £	At 31.3.24 £
Unrestricted funds				
General Fund	120,251	13,161	1,470	134,882
General Fundraising Fund	-	9,130	(9,130)	-
Monthly Draw	-	1,192	(1,192)	-
Facility Improvement Fund	100,000	-	-	100,000
Bank Top Awards	3,662	(3,662)	-	-
	<u>223,913</u>	<u>19,821</u>	<u>(8,852)</u>	<u>234,882</u>
Restricted funds				
Restricted Fixed Assets	9,153	(38,877)	132,034	102,310
Community Engagement Worker	7,128	5,932	(1,551)	11,509
Cummins & Global Giving	15,517	44,055	(58,871)	701
BBC Children in Need	5,196	(14,826)	9,630	-
Swim and Soft Play	25	(25)	-	-
Virgin Media / O2	931	(491)	-	440
Women's Aid Bursary	625	(625)	-	-
Darlington Building Society CDCF	-	(241)	241	-
Peer Group Support	-	79	-	79
Playground Replacement	-	73,163	(73,163)	-
DBC Children's workers	-	(532)	532	-
	<u>38,575</u>	<u>67,612</u>	<u>8,852</u>	<u>115,039</u>
TOTAL FUNDS	<u>262,488</u>	<u>87,433</u>	<u>-</u>	<u>349,921</u>

FAMILY HELP DARLINGTON CIO

NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31st March 2024

16. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General Fund	567,285	(554,124)	13,161
General Fundraising Fund	13,792	(4,662)	9,130
Monthly Draw	1,192	-	1,192
Bank Top Awards	-	(3,662)	(3,662)
Lloyds Foundation	16,666	(16,666)	-
Garfield Weston	30,000	(30,000)	-
	<u>628,935</u>	<u>(609,114)</u>	<u>19,821</u>
Restricted funds			
Restricted Fixed Assets	-	(38,877)	(38,877)
Community Engagement Worker	31,632	(25,700)	5,932
Women's Aid Grants	5,550	(5,550)	-
Darlington Borough Council & County			
Durham - Covid Funding	500	(500)	-
Cummins & Global Giving	51,284	(7,229)	44,055
BBC Children in Need	13,922	(28,748)	(14,826)
Swim and Soft Play	-	(25)	(25)
Virgin Media / O2	-	(491)	(491)
Women's Aid Bursary	2,500	(3,125)	(625)
Darlington Building Society CDCF	7,116	(7,357)	(241)
Peer Group Support	500	(421)	79
Cost of Living Support	1,555	(1,555)	-
TV Equipment	5,000	(5,000)	-
Playground Replacement	73,537	(374)	73,163
DBC Children's workers	12,042	(12,574)	(532)
Nationwide	3,125	(3,125)	-
Bernard Sunley Foundation	10,000	(10,000)	-
	<u>218,263</u>	<u>(150,651)</u>	<u>67,612</u>
TOTAL FUNDS	<u>847,198</u>	<u>(759,765)</u>	<u>87,433</u>

Unrestricted funds represent resources available for the general work of the charity. Designated funds represent amounts set aside by the trustees for various long term commitments or to allow gifts to be applied in accordance with a donor's preferences but they are not subject to any external restriction.

General Fund receives residents' rents (in most cases met by housing benefit), contract income from the Supporting People programme, and miscellaneous donations. The general fund meets staff salaries and the running costs of the refuge and helpline (other than those met by restricted funds).

The Facility Improvement Funds hold amounts designated by the trustees for identified future expenditure. This funds assist in long term budgeting for certain items of expenditure to avoid sudden charges to the general fund in a year when significant extra costs arise.

FAMILY HELP DARLINGTON CIO

NOTES TO THE FINANCIAL STATEMENTS - continued **for the Year Ended 31st March 2024**

16. MOVEMENT IN FUNDS - continued

The Unrestricted Fixed Assets Fund holds the value of unrestricted equipment thus keeping them separate from the operational funds above. When fixed assets are acquired funded from unrestricted income the cost of the acquisition is transferred to this fund and depreciation is then charged to this fund.

The General Fundraising Fund holds the income from fundraising events organised primarily by Family Help staff, Trustees and volunteers. Fundraising expenses are charged as expenditure from this fund. At the end of each year most or all of the fund is transferred to the general fund.

Restricted funds represent resources provided by grants and donations received for specific purposes.

The Restricted Fixed Asset Fund holds the value of restricted equipment and furnishing thus keeping them separate from operational funds above. When fixed assets are acquired funded from restricted funds the cost of the acquisition is transferred from the relevant restricted fund to this fund and depreciation is then charged to this fund.

The BBC Children in Need Fund holds grant income to enable the charity to continue to employ 2 children and young person's support workers to assist families with the emotional effects of domestic abuse and to support women and children in achieving their goals and aspirations.

The Community Engagement Worker Fund represents grant income from The National Lottery Community Fund to enable the charity to employ a community engagement worker to assist families in the local community. (New 5 year post started April 2019).

Women's Aid - Bursary grant towards the cost of implementing Oasis / On Track management system.

Cummins & Global Giving - To renovate the indoor and outdoor play areas, to make them safer and more enjoyable.

Virgin Media / 02 - to support and celebrate community spirit, belonging and togetherness.

Darlington Building Society CDCF - funding for internal refitting of rooms and play equipment.

Peer Group Support - funding from local councillors for leaflets, posters and craft materials.

Cost of Living Support - funding from central government filtered through another charity to reach those impacted by the cost of living crisis, given out in grants of up to £150 to residents.

TV Equipment - funding from The National Lottery to refit all rooms with new TV equipment, fitting costs and labour.

Playground Replacement - Multiple funding streams for the purpose of replacing the outside play facilities for the children. On completion, the capital element was transferred to the Restricted Fixed Assets fund.

Transfers between funds

During the year several transfers were made between the general, designated and restricted funds these related to the management and admin annual allowances and closure of unnecessary designated funds.

FAMILY HELP DARLINGTON CIO

NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31st March 2024

17. RELATED PARTY DISCLOSURES

One of the trustees is the mother of an employee in the position of service manager. The salary of service manager is between £25,000 and £35,000 which is industry average for the region.

Names are not given to protect the staff and trustees due to the nature of the charity's activities.

The service manager commenced employment December 2019. The trustee was appointed July 2021. The trustee was elected by the current trustees with no influence from the service manager.

18. PENSIONS

The charity pays into a defined contribution pension scheme for staff, under the automatic enrolment rules of the Pensions Act 2008.

The amount of employers contributions recognised in the SoFA for the year ended 31 March 2024 was £4,693 (2023: £4,245).

The pension contributions have been allocated to the funds that the staff expenses are related to, £193 of contributions are allocated to restricted funds for the year ended 31 March 2024 (2023: £257).

No contributions were outstanding as at 31 March 2024 nor as at 31 March 2023.

The assets and liabilities of the scheme are held separately from the charity.

FAMILY HELP DARLINGTON CIO

DETAILED STATEMENT OF FINANCIAL ACTIVITIES
for the Year Ended 31st March 2024

	2024 £	2023 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Gifts	1	(1)
Donations	24,894	38,286
Gift aid	912	2,334
Legacies	-	20,184
	<hr/> 25,807	<hr/> 60,803
Other trading activities		
Fundraising events	5,680	8,112
Other generated funds	352	348
Social lotteries	411	781
	<hr/> 6,443	<hr/> 9,241
Investment income		
Deposit account interest	1,793	374
Charitable activities		
Housing benefit	151,556	126,870
Residents' rent	12,577	13,248
Supporting People payments	81,963	79,560
Grants	118,513	129,736
Management charge	10,624	9,929
Other charitable services	7,240	921
	<hr/> 382,473	<hr/> 360,264
Total incoming resources	416,516	430,682
EXPENDITURE		
Raising donations and legacies		
Event expenses	2,628	2,004
Charitable activities		
Wages	103,835	89,122
Social security	3,052	1,280
Pensions	2,179	1,717
Rates and water	4,244	3,729
Insurance	4,020	3,736
Light and heat	31,994	13,067
Carried forward	149,324	112,651

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FAMILY HELP DARLINGTON CIO

DETAILED STATEMENT OF FINANCIAL ACTIVITIES
for the Year Ended 31st March 2024

	2024 £	2023 £
Charitable activities		
Brought forward	149,324	112,651
Advertising and promotional	-	258
Sundries	750	675
Rent	51,737	47,064
Repairs and renewals	14,525	20,028
Other housing costs	6,689	5,970
Other staff costs	897	1,079
Activities and social inclusion	378	654
Grants to individuals	6,105	1,500
	<hr/> 230,405	<hr/> 189,879
Support costs		
Management		
Trustees' expenses	299	249
Wages	70,096	70,916
Social security	6,535	7,004
Pensions	1,635	1,660
Telephone	5,107	4,764
Postage and stationery	3,599	2,228
Sundries	1,716	833
Repairs and renewals	-	21
Other premises costs	435	630
Advertising and promotional	427	3,828
Depreciation of tangible and heritage assets	27,730	11,147
	<hr/> 117,579	<hr/> 103,280
Finance		
Wages	7,291	7,554
Social security	379	439
Pensions	125	133
Bank charges	136	147
	<hr/> 7,931	<hr/> 8,273
Information technology		
Computer and software expenses	964	6,267
Human resources		
Wages	31,370	30,741
Social security	3,074	3,146
Pensions	754	735
Software licences	-	520
Sundries	-	39
Carried forward	35,198	35,181

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FAMILY HELP DARLINGTON CIO

DETAILED STATEMENT OF FINANCIAL ACTIVITIES
for the Year Ended 31st March 2024

	2024 £	2023 £
Human resources		
Brought forward	35,198	35,181
Staff DBS checks	29	372
Staff training	190	1,801
Travel and subsistence	-	386
	<hr/> 35,417	<hr/> 37,740
 Governance costs		
Independent examination	3,120	2,646
Subscriptions and licences	3,797	1,317
Legal and professional fees	2,359	2,359
Quality standards audits and renewals	-	1,800
	<hr/> 9,276	<hr/> 8,122
 Total resources expended	<hr/> 404,200	<hr/> 355,565
 Net income	<hr/> <hr/> 12,316	<hr/> <hr/> 75,117

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