

REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023
FOR
FAMILY HELP DARLINGTON CIO

CPT
Chartered Certified Accountants
80 Victoria Road
Darlington
County Durham
DL1 5JG

FAMILY HELP DARLINGTON CIO

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for the Year Ended 31 March 2023

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FAMILY HELP DARLINGTON CIO

REPORT OF THE TRUSTEES **for the Year Ended 31 March 2023**

The trustees present their report with the financial statements of the charity for the year ended 31 March 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

The objects of the CIO are to relieve the needs of victims and survivors of domestic abuse:

(a) by provision of refuge accommodation for women and their children; and

(b) by provision of emotional and practical support, advice, guidance and such other assistance as the Trustees see fit.

This is subject to a provision that any use of funds must also meet the requirements of charity law in Scotland and Northern Ireland.

Significant activities

Family Help Darlington CIO - Who we are...

Established in 1976, Family Help Darlington CIO is an independent charity, which is home to the only women's refuge in Darlington - one of the longest-standing refuges in the UK. Family Help provides safe, temporary accommodation for women and children fleeing domestic abuse. Every year, Family Help accommodates women and children from all over the UK that are suffering domestic abuse. Family Help's refuge provides a safe, welcoming home and a supportive team who encourage victims' progress towards positive and safe outcomes where they are free from violence and domestic abuse.

The former registered charity of 'Family Help' was wound up in 2013 with all activities transferred to the present charitable incorporated organisation Family Help Darlington CIO although the charity continues to use "Family Help" as a working name.

Service Overview

In line with its charitable objectives, Family Help Darlington CIO provides:

- a) refuge accommodation for women and women with children, fleeing domestic abuse
- b) a holistic package of practical and emotional support
- c) move-on support to service-users who have moved out of refuge and into new tenancies within Darlington
- d) advocacy, options, information and signposting to those affected by domestic abuse
- e) a confidential helpline to any person affected directly or indirectly by domestic abuse

The primary beneficiaries of the charity are the service users of (a), (c) and (e), although there is also a benefit to the wider society if domestic abuse is addressed. The Trustees confirm they have considered the Charity Commission's guidance on public benefit in planning the work of the charity.

FAMILY HELP DARLINGTON CIO

REPORT OF THE TRUSTEES **for the Year Ended 31 March 2023**

OBJECTIVES AND ACTIVITIES

A history to be proud of...

We started our journey when our charity was established by a group of dedicated local people back in 1976. Just five years after the first UK domestic abuse refuge opened in London; having recognised a need for refuge accommodation in Darlington, the group launched a pilot project in a condemned two-bedroomed terraced house in the town centre. With very little funding to run on, the project relied heavily on donations of furniture and supplies from the local community.

The founders decided to name the project 'Family Help' and, although we have maintained the same name and same commitment to ensuring women and children are safe from violence and abuse, the charity has evolved enormously over our near 50-year history.

Family Help responds to people in crisis and deals with many crises every week, yet the charity is not a purely reactive service.

Service-users benefit from support staff to assist with housing, legal issues, education and benefits as well as an in-house counsellor who provides emotional support and a domestic abuse programme designed to educate and empower. Service-users with children have access to two children's and young people's workers that provide much-needed respite for both children and mothers alike. With a combined experience of over 120 years, Family Help's knowledgeable and highly-skilled team is well-placed to meet the needs of the women and children it supports.

Family Help is one of the smallest refuges in the UK, but this purpose-built refuge can accommodate some of the largest families (up to 6 children) as well as single women.

Located in Darlington, Family Help accepts referrals from anywhere in the UK. Service-users are often moved out of their hometowns due to the need to safeguard their safety. In 2022-2023, all service-users came from outside of Darlington.

The refuge is a place where women and their children can be free from violence and domestic abuse. Family Help offers survivors the space, time and resources to make informed life choices and its central purpose is to enable survivors to change their own lives and move towards more positive and safer outcomes. Family Help's person-centred approach is shaped by the service-user, which allows them to build upon their strengths and find their own solutions whilst also promoting social inclusion.

The skills that service-users gain help them to grow in awareness and remove themselves from unhealthy relationships, equipping them to improve not just their own life but the lives of those around them. For those service-users that move on to a new home in the Darlington area, Family Help provides a move-on service for up to 6 weeks, to support and assist with the transition from the refuge.

Family Help provides a 24-hour service, 365 days a year, through on-site office cover and out-of-hours emergency mobile phone cover.

Family Help's confidential helpline is available Monday to Friday 9am - 5pm for any person affected by domestic abuse, directly or indirectly.

Trustees' recognition of staff and future hopes for Family Help:

As Chairperson, I am very proud to be associated with this charity and over the years have watched it develop into a fantastic service that supports women and children, and the wider community.

This year we are proud to launch our new website - **familyhelp.org.uk**

It is now a great tool for people to get information and advice around domestic abuse and find out how they can get involved with the charity by volunteering, fundraising and donating.

We continue to go out into the community to raise awareness of domestic abuse and recently launched a monthly peer support group for female survivors in the Darlington area. We are also developing and outsourcing our skills by delivering training to senior management in other organisations.

FAMILY HELP DARLINGTON CIO

REPORT OF THE TRUSTEES **for the Year Ended 31 March 2023**

OBJECTIVES AND ACTIVITIES

When talking to people about the refuge and the work that we do, people immediately think about the building, support workers, counsellors and children's workers, all who support women and children fleeing domestic abuse, but what surprises most people is that we do almost everything in house.

Accounts, payroll, grant applications, marketing, fundraising, purchasing, managing donations are just a few of the jobs that staff deal with on a daily basis. The talented team, who multi-task and keep the wheels on the bus for the needs of the charity and service-users, are outstanding in what they do.

The Trustees and I wish to thank all the staff team for their dedication and tireless work to improve the lives of others. Our CEO leads from the front and all staff are passionate about what they do. To them it is not a job, it is a vocation. They are special people who want to make a difference to women and children who suffer domestic abuse.

The Trustees would like to thank supporters, businesses, funders, Home Group and DBC for their continued support. The donations that we have received from the wider community throughout the year have been fantastic and our service-users appreciate it.

This year the charity's big project was to raise £65,000 to renew the playground and playroom, both of which had been well used over the years. Businesses, the local community and supporters all donated to make this possible and the result is amazing a very big thank you to you all. The smile on the children's faces says it all.

I would finally like to thank the Trustees for giving us their time and expertise, and hope that going forward we can continue to support the amazing work that the charity does.

Chairperson

Demand and need for Family Help's Service

The refuge has achieved 88% capacity during 2022-2023.

The length of stay at the refuge can fluctuate dependent on individual circumstances and choices. In recent years, Family Help has accommodated:

	Women	Children
2022/2023	38	61
2021/2022	36	65
2020/2021	34	39
2019/2020	63	83
2018/2019	55	59

In 2022/23, we had 36 clients whose sole income was through benefits, 0 residents with no recourse to public funds and 2 clients who were working at the time of their stay.

Unfortunately, due to being full at the time of the call, we were unable to accommodate a total of 108 women and 98 children. Of these, 14 women and 14 children were from the Darlington area. For these women other options were explored and they were signposted to other agencies or refuges as appropriate.

The helpline received 520 calls for advice and referrals in 2022/2023. 45 of these calls were from Darlington and 475 were from other areas.

These calls are a lifeline for many people who are suffering domestic abuse. If the caller does not require refuge accommodation, then staff will listen to the caller and / or signpost them to the most relevant agencies. The helpline is also available to those who are concerned for another - research shows us that 10% of domestic abuse victims will turn to family and friends for support - Family Help's helpline can provide essential advice, signposting and support for those indirectly affected by domestic abuse.

The service has 8 units, 2 kitchens, a children's playroom, counselling room, communal lounge, laundry facilities and garden with play equipment. With Wi-Fi access available throughout the building free for clients.

FAMILY HELP DARLINGTON CIO

REPORT OF THE TRUSTEES **for the Year Ended 31 March 2023**

OBJECTIVES AND ACTIVITIES

The 2019-20 Crime Survey for England and Wales (CSEW) estimated 2.3 million people experienced domestic abuse / violence in the previous year. Women are more likely to be impacted by domestic abuse and domestic homicide, and men are most likely to be the perpetrators. Domestic abuse is the most prevalent form of violence against women and girls, and its consequences are enormously harmful. Around one in five homicides are related to domestic abuse and there are concerns about its effect on suicides.

Service Users' reflections:

"When we moved on from refuge, it felt like leaving home for the first time... like we were finally flying the nest" - Client S

"I'll never forget how safe and supported I felt when I arrived after feeling alone and unsupported for so long" - Client K

"Being here (in refuge) gave me time to heal my head and heart, and be there for my son" - Client A

"I couldn't believe how spacious the refuge was and with a nice, big garden... It made me feel safe and secure. It has been lovely to stay here and, honestly, it has been life-saving. At the time, I wasn't happy about having to move to a new town but now I see it was necessary for me and my son. Being here has done us the world of good" - Client M

Staff reflections:

I began working with Family Help as their Service Administrator in April 2021. As soon as I came into the building, I knew I was going to love being a part of this wonderful charity.

Walking into the refuge, I noticed how homely it felt; the ladies and children were living comfortably in the space where staff worked and I thought, 'what a lovely way to work'.

I've learned and experienced so much already in my two short (but jam-packed) years with Family Help and I have had the pleasure to have been able to be part of many great fundraising days and events. I have also had the privilege of meeting so many new people within Darlington's community and really have seen the goodness and togetherness of our town, the way everyone comes together to work with and support this amazing charity is heart-warming and this support is what helps to keep us running.

I am proud to be a part of such an amazing organisation, the work we do is so important and I hope to be here for many, many years to come - supporting our survivors and children, working in the community and helping the charity to keep being as amazing as it has been for almost 50 years.

I really feel a sense of belonging and pride working with Family Help and that is something that hasn't come with any other job before.

- Service Administrator -

After I finished my degree, I began looking for different jobs and I came across the Children and Young Person's Support worker job at Family Help. The Violence Against Women and Girls (VAWG) sector was not one I had ever thought about working within before but as soon as I began reading about the amazing work the charity does, I knew I had to apply. When I visited the refuge, it was homely, the staff were welcoming and I instantly felt at ease. I hoped and prayed that as a young adult fresh out of university that the team would give me the opportunity to work alongside them. When I got the email to say I was successful, I was beyond excited and couldn't wait to start working with them.

FAMILY HELP DARLINGTON CIO

REPORT OF THE TRUSTEES **for the Year Ended 31 March 2023**

OBJECTIVES AND ACTIVITIES

Within this job, I have learnt so much about myself, others, domestic abuse and the charity itself. I have gained skills that I would never have gained in any other job. I have grown such a passion for working with children, the rights of children and being a voice for children who have experienced/witnessed domestic abuse. The work this charity does is so incredibly important for women and children who reside here but also for a society as a whole to take a stand against domestic abuse. Providing a safe, warm and welcoming space with approachable, friendly and experienced staff is imperative. I have learned so much from my colleagues and grown not only in experience but in confidence from being a part of such an amazing team of people. Family Help is a service that genuinely cares about the families they work with and will go above and beyond to ensure the safety and wellbeing of families. When receiving feedback from clients such as, feeling happy, safe and watching children grow in their journey of recovery, it makes this job so rewarding and worthwhile.

This job is one of a kind and one that I hope to continue with for many years to come. It is always a privilege representing Family Help in the community and helping to raise awareness at events. I am incredibly proud and honoured to be part of Family Help and with the help from the community; Family Help will continue to be an integral part of a survivor's journey in fleeing domestic abuse.

- Children and Young People's Support Worker -

It has been an absolute privilege to join Family Help in a multi-faceted role as the therapist/domestic abuse programme facilitator/children and young people's support worker seeing survivors find their strength, reclaim control over their lives and bravely face the often long road to healing.

The primary purpose of therapeutic support for survivors of domestic abusive, is to reduce the traumatic impact of past events and gain healthy coping skills.

During 2022, we launched a "refreshed" Domestic Abuse Programme, developed in-house and consisting of five modules, delivered over a twelve-week period:

Women attend the programme and therapeutic sessions on a voluntary basis - the overall engagement rate for 2022-23 was 95% of clients.

Research and experiential evidence shows that domestic abuse is common. Around 1 in 5 children in the UK experience domestic abuse during their childhood. We also know that experiencing domestic abuse can have wide-ranging and long-lasting impacts. Children who have experienced domestic abuse are significantly more likely to experience abuse in their own adult relationships, to misuse drugs or alcohol, and to have lower levels of wellbeing. The impact on children and young people's mental health can also be profound.

The Domestic Abuse Act 2021 recognises children as victims of domestic abuse in their own right. This is a step forward, but the challenge now is to make sure that every child and adult who experiences the trauma of domestic abuse, or who is at risk of experiencing this trauma, gets the support that they need, when they need it.

62% of children living with domestic abuse are directly harmed by the perpetrator of the abuse, in addition to the harm caused by witnessing the abuse of others.

(Caada (2014), In Plain Sight: Effective help for children exposed to domestic abuse)

This year we developed and launched a pilot programme specifically for children/young people residing in refuge. There are two age-appropriate programmes now available to children/young people with aims and learning outcomes including;

- To raise awareness of healthy relationships
- To raise awareness of race - kindness - friendship - difference
- To develop skills around empathy and tolerance
- To develop expectations around being treated with respect
- To understand consent

FAMILY HELP DARLINGTON CIO

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OBJECTIVES AND ACTIVITIES

There is no single answer to meet the complex needs of victims and survivors and to cultivate effective prevention efforts that is why as an organisation, we are nimble and meet each person where they are in their journey. An example of Family Help's innovative drive is the "Peer Support Group" formed in September 2022, the group is held monthly in a local community hub, providing a women-only safe space for domestic abuse survivors. It is also an opportunity to encourage each other, to inspire and be inspired, and to open up the discussion about how we can collectively support women and girls within our community.

As Family Help enters its 47th year of providing services to families impacted by violence and abuse, the baton of responsibility for societal change continues to rest with the women's sector, and demonstrates the every growing need to change the landscape of women's inequality.

- Counsellor/Domestic Abuse Programme Facilitator/Children and Young People's Support Worker -

Strategic relevance

Locally and nationally - Family Help's contract with Darlington Borough Council ensures that the work of the charity addresses the priorities of the Darlington Borough Council Supporting People Strategy and the National Supporting People Strategy.

To offer vulnerable people the opportunity to improve their quality of life by providing a choice of well planned, high quality, holistic, individual support and accommodation, alongside housing-related support, which allows them to live more independently.

Partnership Working

Safer Darlington Partnership - Domestic and Sexual Abuse Network (DASAN) Terms of Reference:

- To provide a co-ordinated response to domestic abuse and sexual violence, take relevant actions to progress strategies in relation to domestic abuse and sexual violence.
- To provide a forum where ideas can be shared in a fair and equitable manner.
- To raise awareness of the issues around domestic abuse and sexual violence
- To monitor performance/progress in relation to services and agreed action plans.
- There are a number of key agencies who regularly attend bi-monthly meetings, with Family Help being one of these.

Multi Agency Risk Assessment Conference - MARAC - Family Help staff and other agencies attend relevant MARAC meetings. They discuss identified cases of high-risk domestic abuse victims and what actions are required to safeguard the victim/family.

Social Services - Family Help staff liaise with Social Services in all aspects of Safeguarding.

Specialist Services - In order to provide a complete wraparound service, Family Help staff liaise with specialist services such as drug and alcohol support services, mental health teams, by and for services.

FAMILY HELP DARLINGTON CIO

REPORT OF THE TRUSTEES **for the Year Ended 31 March 2023**

OBJECTIVES AND ACTIVITIES

Acknowledgments

Family Help's work continues to be supported by many hundreds of women, men and children across Darlington without whom our achievements described in this report would not be possible. Through individual giving, workplace fundraising, generous and anonymous donations, to name but a few, Family Help is able to continue to contribute to improving the lives of the women and children that access our service.

We would particularly like to thank Darlington Borough Council and Home Group for their ongoing support and commitment to Family Help.

We would also like to thank:

- The National Lottery
- BBC Children in Need
- Cummins & Global Giving
- Women's Aid
- Darlington Golf Club - Ladies
- County Durham Charitable Foundation
- Women's Aid
- Darlington Building Society
- Garfield Weston
- Albert Hunt Trust
- Clothworkers Foundation
- HSBC
- NFU Mutual
- Bernard Sunley Foundation

And everyone in the community that has supported Family Help

Playground Project 2022

When we moved into our purpose-built refuge back in 2003, it was considered state of the art... now, almost twenty years later, it is well-used and in need of renovation.

We accommodate around 50 women and 100 children every year, which means that since 2003 almost 2,000 children have resided in our refuge.

The playground has been an indispensable source of respite and joy and thoroughly enjoyed over the years by the families staying in refuge, however, years of inevitable wear and tear meant that the current playground had to be decommissioned and replaced with new equipment.

Together with invaluable advice from the younger residents, the charity devised grand plans for a new playground with nautical-themed climbing frame, swings, slide and pirate ship complete with plank, to submerge the children in an under-the-sea adventure every time they go out to play.

With a total cost of £65K, finding funding for this project was not plain sailing... A total of 15+ different funding sources made up the pot of gold needed to complete this project.

When it comes to raising children, they say it takes a village, and completing this project would not have been possible without the incredible support from local businesses, community groups and members of the public. On behalf of all current and future residents, we would like to say a huge thank you to all involved in bringing this project to life:

Cummins & Global Giving
NFU Mutual
HSBC
County Durham Community Foundation
Durham Freemasons PLG
Albert Hunt Trust
Bernard Sunley Foundation

Roundtable Darlington
Hummersknott Academy
Clothworkers
Barratt Developments
Broadacres
Residents of Langholm Crescent, Darlington
Plus other members of the public via Go Fund Me

FAMILY HELP DARLINGTON CIO

REPORT OF THE TRUSTEES
for the Year Ended 31 March 2023

OBJECTIVES AND ACTIVITIES



Cast members of Darlington Hippodrome's Peter Pan pantomime officially opening Family Help's new nautical-themed playground in December 2022.

Public benefit

The charity's aims and achievements are set out within this report. The activities set out in this report have been undertaken to further the charity's charitable purposes for the public benefit. The trustees have complied with the duty under Section 4 of the Charities Act 2011 to have due regard to public benefit guidance published by the Charity Commission and the trustees have paid due regard to this guidance in deciding what activities the charity should undertake.

FAMILY HELP DARLINGTON CIO

REPORT OF THE TRUSTEES **for the Year Ended 31 March 2023**

FINANCIAL REVIEW

Financial position

Grants and Contracts

Main objectives funded by:

Darlington Borough Council - Contract and Commissioning: Family Help's contract with the local authority has been extended to March 2025. £79,560 for the year to 31 March 2023.

Restricted Funds:

- The National Lottery Community Fund - 5 year grant contributing towards maintaining the post of Community Engagement Worker
- BBC Children in Need - 3 year grant contributing towards two part time children and young person's support workers.
- Peer Group Support
- Darlington Building Society CDCF
- Cummins & Global Giving
- Women's Aid Bursary
- The National Lottery
- Garfield Weston
- Playground replacement

Designated Funds:

- Facility Improvement Fund - for the improvement of current facilities and potential new refuge build.
- Bank Top Awards

Reserves Policy and Risk Assessment

Family Help's policy is to hold sufficient free reserves to cover core expenditure (defined as unrestricted expenditure) for a minimum of three months and a maximum of six months.

This is to allow Family Help to continue some level of operation in the event of a sudden deterioration or fluctuation in its finances.

At 31st March 2023, our free reserves were £233,100 (2022: £223,973) and equate to over 9 months of unrestricted funds.

The general reserves of the charity stand at £132,934 (2022: £120,331).

The total expenditure of the charity this year was £355,565 (2022: £318,055). So the general reserve of £132,934 represents 19 weeks running costs (2022: £120,311 - 19 weeks).

Risk Management

The Trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable reassurance against fraud and error. Risks are assessed both from a financial and reputational point of view. The Trustees maintain a risk register and review it bi-annually, along with the measures taken to mitigate and manage these risks. They are satisfied that systems are in place to minimise exposure to risks.

Family Help seeks to ensure that all of our services are safe and those at risk from harm are protected. We have a strong commitment to protecting and promoting health, wellbeing and safety for all beneficiaries of our work.

This year we have reviewed and updated our safeguarding policies and procedures, we will continue to do so periodically and when law or practice changes come in or following an incident where necessary.

All new staff have undertaken the relevant training provided by Darlington Borough Councils Safeguarding Partnership. Four Trustees have undertaken NCVO Trustee Safeguarding training. All new trustees will also have to complete this training.

We have had no significant safeguarding concerns related to our service provision and/or wider charitable activities which required reporting to regulators.

Any concerns identified regarding the safety or wellbeing of any client and/or their family members were reported to the relevant authorities.

FAMILY HELP DARLINGTON CIO

REPORT OF THE TRUSTEES **for the Year Ended 31 March 2023**

Donations (Cash or Kind) and other funding to Family Help

The Trustees wish to acknowledge, with thanks, the following grants, donations and support offered to Family Help throughout the year in its efforts to support women and children fleeing domestic violence and abuse:

Contracts and Grants:

- Darlington Borough Council
- BBC Children in Need
- The National Lottery
- County Durham Charitable Foundation
- Cummins & Global Giving
- Women's Aid
- Darlington Building Society
- Garfield Weston
- Albert Hunt Trust
- Clothworkers Foundation
- HSBC
- NFU Mutual
- Bernard Sunley Foundation

Other donations in cash or kind:

22nd Darlington Brownies	Darlington Building Society
Alan Hawdon	Darlington Divas WI
All Saints Church, Darlington	Darlington Harriers
All Saints Church, East Cowton	Darlington Hippodrome
Amazon Vendor Return	Darlington Ladies Golf Club
Andy - Fone Cabin	Darlington Soroptimists
Angel Trust	Danby Wiske WI
Ann Muxlow	Darrien Wright
B Brown	Denise Durham
Barrett Homes	Diane Murphy
Bespoke Financial	Dyllis Nord
Bishopton and Great Stainton WI	E Knight
Broadacres Housing Association	E Elliott & C Sobkowiak
Brenda and Don Marshall	E-2-E Vehicle Management
Brian Hunt	Eastbourne Community Hub
C Marchant	Eastbourne Home Makers
C Sculthorpe	East Cowton All S
Card Factory, Morton Park	Eddie Jones
Cheryl Walton	Elaine Williams
Christine Alexander	Elizabeth - Forty7 The Salon
Christine Port	Firth Moor Community Centre
Church of Jesus Christ of Latter-day Saints	Fizzy Fish
Claire Metcalfe	Freemasons
Clare Foster	Glebe Road Allotments
Clarkson Accountants	H Storey
Cummins Staff	Hayley Liddle
D Brookbanks	Hazel Neasham Hurworth Methodist
D Whitehouse	Heathfield Primary School
Damian Dent	Heighington Church
Helen Crumbie	NFU Mutual
Hewitts Solicitors	Nicki Tweddle
HR2Day Ltd	One Stop Convenience Store
Hummersknott Academy	Pat Adair
Hunton & Garget Solicitors	Peter Gibson MP
Hurworth Methodist Church & Uniformed Groups	QE Interact Club
Hurworth Stompers	Rachel Stowe
Ian Groves	Ray Morris

FAMILY HELP DARLINGTON CIO

REPORT OF THE TRUSTEES **for the Year Ended 31 March 2023**

J Gilmore	Reid Street School
Jean Drummond	Rev. Beresford-Peirce
Jewels	Reverend Sue Bruce - St John's Church
Jim McCready	Richard Proud
Jo Hall	Robert Young
Jo Robinson	Rockwell House Tenants
Joanna Tyrrell	Rotary Club
Judy Lewis	Round Table
K Buckle	Ruth and Gerald Lee
K M Lang	S Carrell
Kathleen Bland	S Russell
Kings Arms -Reeth	Sainsbury's Duke Street
Kings Church Darlington	Sainsbury's Victoria Road
L E Port	Salvation Army
L McGee	Scouts-1st Great Smeaton
Laura Pass	Sonia Wade
Lesley Maddison-Stokes	Springfield Pub
Linda Johnson	St Cuthbert's Church
Lindy Kell	St Eloy's Church
Lions Club Darlington	St Herbert's Church
Lorna Scriven	St Mary's Mother's Union
Lynda Chinery	St Mary's Richmond with Hudswell
M Griss	Steve Rose
M Webster	Sue Murton
M Wilkinson	Susan Degnan
Market Hall	Trefoil Guild
Melanie & Claire	Trish Brown
Michelle Davies / Megan Eddison	V Garbutt
Morrisons Morton Park	Val Dugdale
Morrisons North Road	Vanessa Telfer
Mother's Union, Holy Trinity Church	Victoria Briggs/ Eddie Jones
M Atkinson	Whitehouse Funeral Services
Mr K Bowerbank	Women's Aid & Avon
Mrs Lilian Wiegold	Yarm Road Women's Group
Mrs Susan Childs	
Nathalie Carter	
New Look	

Other Donations:

Many thanks are also expressed to the wider community for their support and generosity by providing clothing, food, cleaning products, toiletries, time and services etc. during this difficult year.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust and constitutes an unincorporated charity.

The organisation is a Charitable Incorporated Organisation (formed under the Charities Act 2011) and is governed by its constitution as incorporated 13 February 2013.

The charity is a foundation CIO where the only members of the CIO are the charity Trustees.

FAMILY HELP DARLINGTON CIO

REPORT OF THE TRUSTEES **for the Year Ended 31 March 2023**

STRUCTURE, GOVERNANCE AND MANAGEMENT

Recruitment and appointment of new trustees

In accordance with our constitution, new Trustees are appointed by the Board for a three-year term and may be reappointed for a further two - three-year terms.

When recruiting new Trustees, the Board actively considers the need for diversity alongside a range of relevant skills and experience, and our strategic direction.

On induction, new Trustees are provided with background documentation and guidance from the existing Board and staff as well as Charity Commission guidance on the responsibilities of Trustees.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number

1150798

Principal address

PO Box 248
Darlington
County Durham
DL1 1WQ

Trustees

The CIO had 5 charity Trustees at 31 March 2023.

One Trustee was appointed and none stepped down during the year.

Between 31 March 2023 and the date of approval of this report there was one new trustee appointed.

The CIO has been given a dispensation by the Charity Commission under regulation 40(4) of the Charities (Accounts and Reports) Regulations 2008 from publishing the names of the Trustees in the Annual Report.

Three Councillors from Darlington Borough Council are eligible to attend Trustee meetings on a non-voting basis.

Independent Examiner

CPT
Chartered Certified Accountants
80 Victoria Road
Darlington
County Durham
DL1 5JG

Bankers

National Westminster Bank plc
25 High Row
DARLINGTON
DL3 7QP

The Co-operative Bank plc
1 Balloon Street
MANCHESTER
M4 4BE

Advisers

Croner Group Ltd
Croner House
Wheatfield Way
Hinckley
LE10 1YG

FAMILY HELP DARLINGTON CIO

REPORT OF THE TRUSTEES
for the Year Ended 31 March 2023

REFERENCE AND ADMINISTRATIVE DETAILS

Landlords

Home Group Ltd

PRESENTATION OF ACCOUNTS AND FINANCIAL CONTROLS

The charity trustees of the CIO acknowledge their responsibility to maintain proper accounting records, to prepare Annual Accounts which show a true and fair view of the activities of the charity and to take appropriate measures to protect the assets of the charity from major loss. We believe we have suitable arrangements for financial administration within the organisation.

Approved by order of the board of trustees on 20/9/23 and signed on its behalf by:


.....

Trustee

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
FAMILY HELP DARLINGTON CIO

Independent examiner's report to the trustees of Family Help Darlington CIO

I report to the charity trustees on my examination of the accounts of Family Help Darlington CIO (the Trust) for the year ended 31 March 2023.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under Section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under Section 145(5)(b) of the Act.

Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a member of the Association of Chartered Certified Accountants, which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by Section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Brian Thompson

CPT
Chartered Certified Accountants
80 Victoria Road
Darlington
County Durham
DL1 5JG

Date:20/9/23.....

FAMILY HELP DARLINGTON CIO

STATEMENT OF FINANCIAL ACTIVITIES
for the Year Ended 31 March 2023

	Notes	Unrestricted funds £	Restricted funds £	2023 Total funds £	2022 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	43,623	17,180	60,803	26,729
Charitable activities	5				
Charitable activities		261,028	99,236	360,264	273,676
Other trading activities	3	9,241	-	9,241	7,976
Investment income	4	374	-	374	7
Total		<u>314,266</u>	<u>116,416</u>	<u>430,682</u>	<u>308,388</u>
EXPENDITURE ON					
Raising funds	6	5,702	-	5,702	3,134
Charitable activities	7				
Charitable activities		<u>289,067</u>	<u>60,796</u>	<u>349,863</u>	<u>314,921</u>
Total		<u>294,769</u>	<u>60,796</u>	<u>355,565</u>	<u>318,055</u>
NET INCOME/(EXPENDITURE)					
Transfers between funds	16	<u>19,497</u> <u>(10,310)</u>	<u>55,620</u> <u>10,310</u>	<u>75,117</u> <u>-</u>	<u>(9,667)</u> <u>-</u>
Net movement in funds		<u>9,187</u>	<u>65,930</u>	<u>75,117</u>	<u>(9,667)</u>
RECONCILIATION OF FUNDS					
Total funds brought forward		223,913	38,575	262,488	272,155
TOTAL FUNDS CARRIED FORWARD		<u><u>233,100</u></u>	<u><u>104,505</u></u>	<u><u>337,605</u></u>	<u><u>262,488</u></u>

The notes form part of these financial statements

FAMILY HELP DARLINGTON CIO

BALANCE SHEET
31 March 2023

	Notes	Unrestricted funds £	Restricted funds £	2023 Total funds £	2022 Total funds £
FIXED ASSETS					
Tangible assets	13	-	63,706	63,706	9,153
CURRENT ASSETS					
Debtors	14	6,394	-	6,394	13,789
Cash at bank and in hand		<u>231,813</u>	<u>40,798</u>	<u>272,611</u>	<u>244,240</u>
		238,207	40,798	279,005	258,029
CREDITORS					
Amounts falling due within one year	15	(5,107)	1	(5,106)	(4,694)
NET CURRENT ASSETS		<u>233,100</u>	<u>40,799</u>	<u>273,899</u>	<u>253,335</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>233,100</u>	<u>104,505</u>	<u>337,605</u>	<u>262,488</u>
NET ASSETS		<u>233,100</u>	<u>104,505</u>	<u>337,605</u>	<u>262,488</u>
FUNDS	16				
Unrestricted funds				233,100	223,913
Restricted funds				<u>104,505</u>	<u>38,575</u>
TOTAL FUNDS				<u>337,605</u>	<u>262,488</u>

The financial statements were approved by the Board of Trustees and authorised for issue on 20.1.23 and were signed on its behalf by:


Trustee


Trustee

The notes form part of these financial statements

FAMILY HELP DARLINGTON CIO

NOTES TO THE FINANCIAL STATEMENTS **for the Year Ended 31 March 2023**

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

The financial statements are prepared on a going concern basis under the historical cost convention.

The significant accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all years presented unless otherwise stated.

Financial reporting standard 102 - reduced disclosure exemptions

The charity has taken advantage of the following disclosure exemptions in preparing these financial statements, as permitted by FRS 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland':

- the requirements of Section 7 Statement of Cash Flows.

Significant judgements and estimates

In the application of the charity's accounting policies the trustees are required to make judgements, estimates and assumptions about the carrying amounts of certain assets and liabilities. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. The items in the financial statements where these judgements and estimates have been made include:-

Depreciation -

Depreciation is calculated so as to write off the cost of an asset over its useful life, further details are in the depreciation accounting policy.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

The majority of a resident's rent is met by Housing Benefit and the ineligible shortfall is met by the resident personally. Amounts of Housing Benefit which remain due at year end, and overpayments due to be repaid, are recognised as debtors and creditors respectively. However, the rental amounts paid directly by residents are recognised at the date of receipt: in view of the variable nature of such rents which depend on the residents' circumstances from week to week, the trustees do not consider that it would be prudent to recognise these amounts prior to receipt.

In the case of income under Darlington Borough Council Grant, funds are normally received on a four weekly cycle in arrears.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources. All expenditure is stated inclusive of input VAT.

Grants offered subject to conditions which have not been met at the year end date are noted as a commitment but not accrued as expenditure.

Tangible fixed assets

General tangible fixed assets - Depreciation is charged at 25% per annum - asset is written off in 4 years

FAMILY HELP DARLINGTON CIO

NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31 March 2023

1. ACCOUNTING POLICIES - continued

Tangible fixed assets

Playground (within fixtures and fittings) - Depreciation is charged at 10% per annum - asset is written off in 10 years

Purchases of fixed assets under £1000, computer equipment and all items of children's play equipment are written off in full in the year of purchase.

Taxation

The charity is exempt from tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charity operates a defined contribution pension scheme. Contributions payable to the charity's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

Financial instruments

Basic financial instruments are recognised at amortised cost with changes recognised in profit or loss.

2. DONATIONS AND LEGACIES

	2023	2022
	£	£
Donations	38,285	24,574
Gift aid	2,334	2,155
Legacies	20,184	-
	<u>60,803</u>	<u>26,729</u>

Income from donations and legacies was £60,803 (2022: £26,729) of which £43,623 was unrestricted (2022: £26,729) and £17,180 restricted (2022: £0).

3. OTHER TRADING ACTIVITIES

	2023	2022
	£	£
Fundraising events	8,112	6,581
Other generated funds	348	556
Social lotteries	781	839
	<u>9,241</u>	<u>7,976</u>

Income from other trading activities was unrestricted during both the current and previous year.

FAMILY HELP DARLINGTON CIO

NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31 March 2023

4. INVESTMENT INCOME

	2023	2022
	£	£
Deposit account interest	374	7
	<u> </u>	<u> </u>

Investment income was unrestricted during both the current and previous year.

5. INCOME FROM CHARITABLE ACTIVITIES

	2023	2022
	Charitable	Total
	activities	activities
	£	£
Housing benefit	126,870	107,940
Residents' rent	13,248	11,578
Supporting People payments	79,560	78,000
Grants	129,736	66,527
Management charge	9,929	9,631
Other charitable services	921	-
	<u> </u>	<u> </u>
	360,264	273,676
	<u> </u>	<u> </u>

Income from charitable activities was £360,264 (2022: £273,676) of which £261,029 (2022: £220,149) was unrestricted and £99,235 (2022: £53,527) was restricted.

Grants received, included in the above, are as follows:

	2023	2022
	£	£
BBC Children in Need	10,942	13,648
Garfield Weston Foundation	30,000	-
Cummins & Global Giving	12,857	15,517
Lottery Grant - Community Engagement Worker	15,821	14,737
Darlington Borough Council - Covid Funding	-	8,000
Virgin Media O2 Together Fund	-	1,000
Greenergy	-	13,000
Women's Aid	2,500	625
Darlington Borough Council	500	-
700 Club	1,500	-
Darlington Building Society	7,116	-
National Lottery	5,000	-
County Durham Community Foundation	5,000	-
Albert Hunt Trust	5,000	-
The Clothworkers' Foundation	10,000	-
HSBC	21,000	-
Durham Freemasons	2,500	-
	<u> </u>	<u> </u>
	129,736	66,527
	<u> </u>	<u> </u>

FAMILY HELP DARLINGTON CIO

NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31 March 2023

6. RAISING FUNDS

Raising donations and legacies

	2023	2022
	£	£
Event expenses	2,004	2,232
Support costs	3,698	902
	<u>5,702</u>	<u>3,134</u>

7. CHARITABLE ACTIVITIES COSTS

	Direct Costs £	Grant funding of activities (see note 8) £	Support costs (see note 9) £	Totals £
Charitable activities	<u>188,379</u>	<u>1,500</u>	<u>159,984</u>	<u>349,863</u>

8. GRANTS PAYABLE

	2023	2022
	£	£
Charitable activities	<u>1,500</u>	<u>-</u>

Grants of up to £150 were given to individuals from a dedicated, restricted fund to help with the cost of living crisis.

9. SUPPORT COSTS

	Management £	Finance £	Information technology £
Raising donations and legacies	3,698	-	-
Charitable activities	99,582	8,273	6,267
	<u>103,280</u>	<u>8,273</u>	<u>6,267</u>
	Human resources £	Governance costs £	Totals £
Raising donations and legacies	-	-	3,698
Charitable activities	37,740	8,122	159,984
	<u>37,740</u>	<u>8,122</u>	<u>163,682</u>

FAMILY HELP DARLINGTON CIO

NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31 March 2023

9. SUPPORT COSTS - continued

Support costs, included in the above, are as follows:

Management

			2023	2022
	Raising donations and legacies £	Charitable activities £	Total activities £	Total activities £
Trustees' expenses	-	249	249	183
Wages	-	70,916	70,916	66,588
Social security	-	7,004	7,004	6,139
Pensions	-	1,660	1,660	1,530
Telephone	-	4,764	4,764	4,613
Postage and stationery	-	2,228	2,228	1,986
Sundries	-	833	833	715
Repairs and renewals	-	21	21	25
Other premises costs	-	630	630	350
Advertising and promotional	3,698	130	3,828	1,994
Depreciation of tangible and heritage assets	-	11,147	11,147	4,874
	<u>3,698</u>	<u>99,582</u>	<u>103,280</u>	<u>88,997</u>

Finance

	2023 Charitable activities £	2022 Total activities £
Wages	7,554	7,055
Social security	439	364
Pensions	133	118
Bank charges	147	184
	<u>8,273</u>	<u>7,721</u>

Information technology

	2023 Charitable activities £	2022 Total activities £
Computer and software expenses	<u>6,267</u>	<u>4,120</u>

Human resources

	2023 Charitable activities £	2022 Total activities £
Wages	30,741	29,412
Social security	3,146	2,838
Pensions	735	695
Software licences	520	472
Sundries	39	-
Staff DBS checks	372	178
Carried forward	<u>35,553</u>	<u>33,595</u>

FAMILY HELP DARLINGTON CIO

NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31 March 2023

9. SUPPORT COSTS - continued

Human resources - continued

	2023 Charitable activities £	2022 Total activities £
Brought forward	35,553	33,595
Staff training	1,801	720
Travel and subsistence	386	-
	<u>37,740</u>	<u>34,315</u>

Governance costs

	2023 Charitable activities £	2022 Total activities £
Independent examination	2,646	2,940
Subscriptions and licences	1,317	1,037
Legal and professional fees	2,359	2,359
Quality standards audits and renewals	1,800	-
	<u>8,122</u>	<u>6,336</u>

10. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2023 nor for the year ended 31 March 2022.

Trustees' expenses

	2023 £	2022 £
Trustees' expenses	<u>249</u>	<u>183</u>

There were 2 trustees' expenses paid for the year ended 31 March 2023 and 2 for the year ended 31 March 2022.

11. STAFF COSTS

	2023 £	2022 £
Wages and salaries	198,333	190,403
Social security costs	11,869	10,808
Other pension costs	4,245	3,818
	<u>214,447</u>	<u>205,029</u>

The average monthly number of employees during the year was as follows:

	2023	2022
All staff	<u>9</u>	<u>10</u>

No employees received emoluments in excess of £60,000.

The average number of full time equivalent staff during the year was 6 (2022: 6).

FAMILY HELP DARLINGTON CIO

NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31 March 2023

12. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	26,729	-	26,729
Charitable activities			
Charitable activities	220,149	53,527	273,676
Other trading activities	7,976	-	7,976
Investment income	7	-	7
Total	<u>254,861</u>	<u>53,527</u>	<u>308,388</u>
EXPENDITURE ON			
Raising funds	3,134	-	3,134
Charitable activities			
Charitable activities	270,143	44,778	314,921
Total	<u>273,277</u>	<u>44,778</u>	<u>318,055</u>
NET INCOME/(EXPENDITURE)	(18,416)	8,749	(9,667)
Transfers between funds	(5,809)	5,809	-
Net movement in funds	(24,225)	14,558	(9,667)
RECONCILIATION OF FUNDS			
Total funds brought forward	248,138	24,017	272,155
TOTAL FUNDS CARRIED FORWARD	<u>223,913</u>	<u>38,575</u>	<u>262,488</u>

13. TANGIBLE FIXED ASSETS

	Fixtures and fittings £
COST	
At 1 April 2022	41,511
Additions	65,700
At 31 March 2023	<u>107,211</u>
DEPRECIATION	
At 1 April 2022	32,358
Charge for year	11,147
At 31 March 2023	<u>43,505</u>
NET BOOK VALUE	
At 31 March 2023	<u>63,706</u>
At 31 March 2022	<u>9,153</u>

FAMILY HELP DARLINGTON CIO

NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31 March 2023

14. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023	2022
	£	£
Trade debtors	2,603	12,290
Prepayments and accrued income	3,791	1,499
	<u>6,394</u>	<u>13,789</u>

15. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023	2022
	£	£
Trade creditors	1,187	827
Accruals and deferred income	3,919	3,867
	<u>5,106</u>	<u>4,694</u>

16. MOVEMENT IN FUNDS

	At 1.4.22	Net movement in funds	Transfers between funds	At 31.3.23
	£	£	£	£
Unrestricted funds				
General Fund	120,251	16,300	(3,617)	132,934
General Fundraising Fund	-	6,078	(5,912)	166
Monthly Draw	-	781	(781)	-
Facility Improvement Fund	100,000	-	-	100,000
Bank Top Awards	3,662	(3,662)	-	-
	<u>223,913</u>	<u>19,497</u>	<u>(10,310)</u>	<u>233,100</u>
Restricted funds				
Restricted Fixed Assets	9,153	(11,147)	65,700	63,706
Community Engagement Worker	7,128	2,459	1,365	10,952
Cummins & Global Giving	15,517	(2,120)	(10,000)	3,397
BBC Children in Need	5,196	(8,375)	9,005	5,826
Swim and Soft Play	25	(25)	-	-
Virgin Media / O2	931	(152)	-	779
Women's Aid Bursary	625	(308)	-	317
Darlington Building Society CDCF	-	1,450	(60)	1,390
Peer Group Support	-	80	-	80
TV Equipment	-	595	-	595
Playground Replacement	-	73,163	(55,700)	17,463
	<u>38,575</u>	<u>55,620</u>	<u>10,310</u>	<u>104,505</u>
TOTAL FUNDS	<u>262,488</u>	<u>75,117</u>	<u>-</u>	<u>337,605</u>

FAMILY HELP DARLINGTON CIO

NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31 March 2023

16. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General Fund	275,373	(259,073)	16,300
General Fundraising Fund	8,112	(2,034)	6,078
Monthly Draw	781	-	781
Bank Top Awards	-	(3,662)	(3,662)
Garfield Weston	30,000	(30,000)	-
	<hr/>	<hr/>	<hr/>
	314,266	(294,769)	19,497
Restricted funds			
Restricted Fixed Assets	-	(11,147)	(11,147)
Community Engagement Worker	15,822	(13,363)	2,459
Cummins & Global Giving	-	(2,120)	(2,120)
BBC Children in Need	10,441	(18,816)	(8,375)
Swim and Soft Play	-	(25)	(25)
Virgin Media / O2	-	(152)	(152)
Women's Aid Bursary	2,500	(2,808)	(308)
Darlington Building Society CDCF	7,116	(5,666)	1,450
Peer Group Support	500	(420)	80
Cost of Living Support	1,500	(1,500)	-
TV Equipment	5,000	(4,405)	595
Playground Replacement	73,537	(374)	73,163
	<hr/>	<hr/>	<hr/>
	116,416	(60,796)	55,620
TOTAL FUNDS	<hr/>	<hr/>	<hr/>
	430,682	(355,565)	75,117

FAMILY HELP DARLINGTON CIO

NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31 March 2023

16. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.4.21 £	Net movement in funds £	Transfers between funds £	At 31.3.22 £
Unrestricted funds				
General Fund	143,207	(22,335)	(621)	120,251
Unrestricted Fixed Assets	297	(297)	-	-
General Fundraising Fund	-	4,349	(4,349)	-
Monthly Draw	-	839	(839)	-
Facility Improvement Fund	100,000	-	-	100,000
Bank Top Awards	4,634	(972)	-	3,662
	<u>248,138</u>	<u>(18,416)</u>	<u>(5,809)</u>	<u>223,913</u>
Restricted funds				
Restricted Fixed Assets	13,730	(4,577)	-	9,153
Community Engagement Worker	4,660	1,539	929	7,128
Darlington Borough Council & County				
Durham - Covid Funding	-	(1,941)	1,941	-
Cummins & Global Giving	-	15,517	-	15,517
BBC Children in Need	5,577	(3,260)	2,879	5,196
Swim and Soft Play	50	(25)	-	25
Virgin Media / O2	-	931	-	931
Women's Aid Bursary	-	625	-	625
Darlington Building Society CDCF	-	(60)	60	-
	<u>24,017</u>	<u>8,749</u>	<u>5,809</u>	<u>38,575</u>
TOTAL FUNDS	<u>272,155</u>	<u>(9,667)</u>	<u>-</u>	<u>262,488</u>

FAMILY HELP DARLINGTON CIO

NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31 March 2023

16. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General Fund	234,441	(256,776)	(22,335)
Unrestricted Fixed Assets	-	(297)	(297)
General Fundraising Fund	6,581	(2,232)	4,349
Monthly Draw	839	-	839
Bank Top Awards	-	(972)	(972)
Green Energy	13,000	(13,000)	-
	<hr/>	<hr/>	<hr/>
	254,861	(273,277)	(18,416)
Restricted funds			
Restricted Fixed Assets	-	(4,577)	(4,577)
Community Engagement Worker	14,736	(13,197)	1,539
Darlington Borough Council & County			
Durham - Covid Funding	8,000	(9,941)	(1,941)
Cummins & Global Giving	15,517	-	15,517
BBC Children in Need	13,649	(16,909)	(3,260)
Swim and Soft Play	-	(25)	(25)
Virgin Media / O2	1,000	(69)	931
Women's Aid Bursary	625	-	625
Darlington Building Society CDCF	-	(60)	(60)
	<hr/>	<hr/>	<hr/>
	53,527	(44,778)	8,749
TOTAL FUNDS	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>
	308,388	(318,055)	(9,667)

FAMILY HELP DARLINGTON CIO

NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31 March 2023

16. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.21 £	Net movement in funds £	Transfers between funds £	At 31.3.23 £
Unrestricted funds				
General Fund	143,207	(6,035)	(4,238)	132,934
Unrestricted Fixed Assets	297	(297)	-	-
General Fundraising Fund	-	10,427	(10,261)	166
Monthly Draw	-	1,620	(1,620)	-
Facility Improvement Fund	100,000	-	-	100,000
Bank Top Awards	4,634	(4,634)	-	-
	<hr/> 248,138	<hr/> 1,081	<hr/> (16,119)	<hr/> 233,100
Restricted funds				
Restricted Fixed Assets	13,730	(15,724)	65,700	63,706
Community Engagement Worker	4,660	3,998	2,294	10,952
Darlington Borough Council & County				
Durham - Covid Funding	-	(1,941)	1,941	-
Cummins & Global Giving	-	13,397	(10,000)	3,397
BBC Children in Need	5,577	(11,635)	11,884	5,826
Swim and Soft Play	50	(50)	-	-
Virgin Media / O2	-	779	-	779
Women's Aid Bursary	-	317	-	317
Darlington Building Society CDCF	-	1,390	-	1,390
Peer Group Support	-	80	-	80
TV Equipment	-	595	-	595
Playground Replacement	-	73,163	(55,700)	17,463
	<hr/> 24,017	<hr/> 64,369	<hr/> 16,119	<hr/> 104,505
TOTAL FUNDS	<hr/> <hr/> 272,155	<hr/> <hr/> 65,450	<hr/> <hr/> -	<hr/> <hr/> 337,605

FAMILY HELP DARLINGTON CIO

NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31 March 2023

16. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General Fund	509,814	(515,849)	(6,035)
Unrestricted Fixed Assets	-	(297)	(297)
General Fundraising Fund	14,693	(4,266)	10,427
Monthly Draw	1,620	-	1,620
Bank Top Awards	-	(4,634)	(4,634)
Green Energy	13,000	(13,000)	-
Garfield Weston	30,000	(30,000)	-
	<hr/> 569,127	<hr/> (568,046)	<hr/> 1,081
Restricted funds			
Restricted Fixed Assets	-	(15,724)	(15,724)
Community Engagement Worker	30,558	(26,560)	3,998
Darlington Borough Council & County			
Durham - Covid Funding	8,000	(9,941)	(1,941)
Cummins & Global Giving	15,517	(2,120)	13,397
BBC Children in Need	24,090	(35,725)	(11,635)
Swim and Soft Play	-	(50)	(50)
Virgin Media / O2	1,000	(221)	779
Women's Aid Bursary	3,125	(2,808)	317
Darlington Building Society CDCF	7,116	(5,726)	1,390
Peer Group Support	500	(420)	80
Cost of Living Support	1,500	(1,500)	-
TV Equipment	5,000	(4,405)	595
Playground Replacement	73,537	(374)	73,163
	<hr/> 169,943	<hr/> (105,574)	<hr/> 64,369
TOTAL FUNDS	<hr/> <hr/> 739,070	<hr/> <hr/> (673,620)	<hr/> <hr/> 65,450

Unrestricted funds represent resources available for the general work of the charity. Designated funds represent amounts set aside by the trustees for various long term commitments or to allow gifts to be applied in accordance with a donor's preferences but they are not subject to any external restriction.

General Fund receives residents' rents (in most cases met by housing benefit), contract income from the Supporting People programme, and miscellaneous donations. The general fund meets staff salaries and the running costs of the refuge and helpline (other than those met by restricted funds).

The Facility Improvement Funds hold amounts designated by the trustees for identified future expenditure. This funds assist in long term budgeting for certain items of expenditure to avoid sudden charges to the general fund in a year when significant extra costs arise.

The Unrestricted Fixed Assets Fund holds the value of unrestricted equipment thus keeping them separate from the operational funds above. When fixed assets are acquired funded from unrestricted income the cost of the acquisition is transferred to this fund and depreciation is then charged to this fund.

The General Fundraising Fund holds the income from fundraising events organised primarily by Family Help staff, Trustees and volunteers. Fundraising expenses are charged as expenditure from this fund. At the end of each year most or all of the fund is transferred to the general fund.

FAMILY HELP DARLINGTON CIO

NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31 March 2023

16. MOVEMENT IN FUNDS - continued

Bank Top Awards - the purchase of promotional items.

Restricted funds represent resources provided by grants and donations received for specific purposes.

The Restricted Fixed Asset Fund holds the value of restricted equipment and furnishing thus keeping them separate from operational funds above. When fixed assets are acquired funded from restricted funds the cost of the acquisition is transferred from the relevant restricted fund to this fund and depreciation is then charged to this fund.

The BBC Children in Need Fund holds grant income to enable the charity to continue to employ 2 children and young person's support workers to assist families with the emotional effects of domestic abuse and to support women and children in achieving their goals and aspirations.

The Community Engagement Worker Fund represents grant income from The National Lottery Community Fund to enable the charity to employ a community engagement worker to assist families in the local community. (New 5 year post started April 2019).

Women's Aid - Bursary grant towards the cost of implementing Oasis / On Track management system.

Cummins & Global Giving - To renovate the indoor and outdoor play areas, to make them safer and more enjoyable.

DBC Government Covid Fund Round 3 - infection prevention and control, vaccine funding and testing funding.

Virgin Media / 02 - to support and celebrate community spirit, belonging and togetherness.

Soft Swim and Play - funding for clients to swimming and soft play social activities together.

Darlington Building Society CDCF - funding for internal refitting of rooms and play equipment.

Peer Group Support - funding from local councillors for leaflets, posters and craft materials.

Cost of Living Support - funding from central government filtered through another charity to reach those impacted by the cost of living crisis, given out in grants of up to £150 to residents.

TV Equipment - funding from The National Lottery to refit all rooms with new TV equipment, fitting costs and labour.

Playground Replacement - Multiple funding streams for the purpose of replacing the outside play facilities for the children. On completion, the capital element was transferred to the Restricted Fixed Assets fund.

Transfers between funds

During the year several transfers were made between the general, designated and restricted funds these related to the management and admin annual allowances and closure of unnecessary designated funds.

FAMILY HELP DARLINGTON CIO

NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31 March 2023

17. RELATED PARTY DISCLOSURES

One of the trustees is the mother of an employee in the position of service manager. The salary of service manager is between £25,000 and £35,000 which is industry average for the region.

Names are not given to protect the staff and trustees due to the nature of the charity's activities.

The service manager commenced employment December 2019. The trustee was appointed July 2021. The trustee was elected by the current trustees with no influence from the service manager.

18. PENSIONS

The charity pays into a defined contribution pension scheme for staff, under the automatic enrolment rules of the Pensions Act 2008.

The amount of employers contributions recognised in the SoFA for the year ended 31 March 2023 was £4,245 (2022: £3,818).

The pension contributions have been allocated to the funds that the staff expenses are related to, £257 of contributions are allocated to restricted funds for the year ended 31 March 2023 (2022: £244).

No contributions were outstanding as at 31 March 2023 nor as at 31 March 2022.

The assets and liabilities of the scheme are held separately from the charity.

FAMILY HELP DARLINGTON CIO

DETAILED STATEMENT OF FINANCIAL ACTIVITIES
for the Year Ended 31 March 2023

	2023 £	2022 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	38,285	24,574
Gift aid	2,334	2,155
Legacies	20,184	-
	<hr/> 60,803	<hr/> 26,729
Other trading activities		
Fundraising events	8,112	6,581
Other generated funds	348	556
Social lotteries	781	839
	<hr/> 9,241	<hr/> 7,976
Investment income		
Deposit account interest	374	7
Charitable activities		
Housing benefit	126,870	107,940
Residents' rent	13,248	11,578
Supporting People payments	79,560	78,000
Grants	129,736	66,527
Management charge	9,929	9,631
Other charitable services	921	-
	<hr/> 360,264	<hr/> 273,676
Total incoming resources	<hr/> 430,682	<hr/> 308,388
EXPENDITURE		
Raising donations and legacies		
Event expenses	2,004	2,232
Charitable activities		
Wages	89,122	87,348
Social security	1,280	1,467
Pensions	1,717	1,475
Rates and water	3,729	3,425
Insurance	3,736	3,087
Light and heat	13,067	13,337
Advertising and promotional	258	-
Sundries	675	75
Rent	47,064	45,289
Repairs and renewals	20,028	3,793
Other housing costs	5,970	13,681
Other staff costs	1,079	456
Carried forward	187,725	173,433

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FAMILY HELP DARLINGTON CIO

DETAILED STATEMENT OF FINANCIAL ACTIVITIES
for the Year Ended 31 March 2023

	2023 £	2022 £
Charitable activities		
Brought forward	187,725	173,433
Activities and social inclusion	654	901
Grants to individuals	1,500	-
	<hr/>	<hr/>
	189,879	174,334
Support costs		
Management		
Trustees' expenses	249	183
Wages	70,916	66,588
Social security	7,004	6,139
Pensions	1,660	1,530
Telephone	4,764	4,613
Postage and stationery	2,228	1,986
Sundries	833	715
Repairs and renewals	21	25
Other premises costs	630	350
Advertising and promotional	3,828	1,994
Depreciation of tangible and heritage assets	11,147	4,874
	<hr/>	<hr/>
	103,280	88,997
Finance		
Wages	7,554	7,055
Social security	439	364
Pensions	133	118
Bank charges	147	184
	<hr/>	<hr/>
	8,273	7,721
Information technology		
Computer and software expenses	6,267	4,120
Human resources		
Wages	30,741	29,412
Social security	3,146	2,838
Pensions	735	695
Software licences	520	472
Sundries	39	-
Staff DBS checks	372	178
Staff training	1,801	720
Travel and subsistence	386	-
	<hr/>	<hr/>
	37,740	34,315
Governance costs		
Independent examination	2,646	2,940
Subscriptions and licences	1,317	1,037
Legal and professional fees	2,359	2,359
Quality standards audits and renewals	1,800	-
	<hr/>	<hr/>
	8,122	6,336

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FAMILY HELP DARLINGTON CIO

DETAILED STATEMENT OF FINANCIAL ACTIVITIES
for the Year Ended 31 March 2023

	2023 £	2022 £
Total resources expended	355,565	318,055
Net income/(expenditure)	75,117	(9,667)