

**REPORT OF THE TRUSTEES AND
FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST MARCH 2025
FOR
GET BERKSHIRE ACTIVE LTD**

DRAFT
22/05/25 15:15

Richardson Jones
Chartered Accountants &
Registered Auditors
Mercury House
19-21 Chapel Street
Marlow
Buckinghamshire
SL7 3HN

**CONTENTS OF THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST MARCH 2025**

	Page
Reference and Administrative Details	1
Report of the Trustees	2 to 11
Report of the Independent Auditors	12 to 14
Statement of Financial Activities	15
Balance Sheet	16
Cash Flow Statement	17
Notes to the Cash Flow Statement	18
Notes to the Financial Statements	19 to 23
Detailed Statement of Financial Activities	24

DRAFT
22/05/25 15:15

GET BERKSHIRE ACTIVE LTD

**REFERENCE AND ADMINISTRATIVE DETAILS
FOR THE YEAR ENDED 31ST MARCH 2025**

TRUSTEES

K R Ross MBE (resigned 16.3.25)
A M Couper (resigned 16.3.25)
P W Owen OBE (resigned 16.3.25)
R Leach
T Hussain
R A Parker
J Halliday
H S Obhi
H E Batchelor
V Bradley
A J Coveney (appointed 16.3.25)
A C Strang (appointed 11.12.24)
S A Humphreys (appointed 11.12.24) (resigned 1.4.25)
A S Wyatt (appointed 16.3.25)

COMPANY SECRETARY

B A Nicholls

REGISTERED OFFICE

Salisbury Room
Bisham Abbey Sports Centre
Marlow Road
Nr Marlow
Bucks
SL7 1RR

REGISTERED COMPANY NUMBER 07743643 (England and Wales)

REGISTERED CHARITY NUMBER 1150486

AUDITORS

Richardson Jones
Chartered Accountants &
Registered Auditors
Mercury House
19-21 Chapel Street
Marlow
Buckinghamshire
SL7 3HN

BANKERS

Barclays Bank
Leicester
LE87 2BB

GET BERKSHIRE ACTIVE LTD
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31ST MARCH 2025

ACHIEVEMENTS AND PERFORMANCE 2024-2025

Who We Are

Get Berkshire Active (GBA) is part of a network of 42 other similar organisations - Active Partnerships (APs) in England. We are loosely federated to and supported by a national team. We are a charity with a purpose to promote physical activity and sport to the benefit of the whole Berkshire population but specifically to support those most normally excluded.

Why Physical Activity

Physical activity (PA) is a cornerstone of good health, contributing significantly to the prevention and management of chronic diseases, mental health conditions, and social wellbeing. Yet, high levels of inactivity continue to drive increased pressure and costs within health and social care systems. The challenge is particularly acute in areas of socioeconomic deprivation, where inequalities in access to and engagement with physical activity contribute to broader health disparities. It is also known to have more collective, societal effects too, such as: reducing loneliness and isolation; providing positive outlets for troubled youths; creating more productive workforces and the potential to reduce ever spiralling health and social care costs to name but a few. Physical activity is an underappreciated asset in our clinical arsenal. This is despite it being described as the "best buy" for public health as far back as 1994. Today, barely a week goes by without a new piece of evidence on the contribution of physical activity to health, happiness, and longevity. Moreover, exercise is one of the cheapest and most effective forms of medicine.

What We Do and How We Do It

Our modus operandi is to work collaboratively and in partnership to get the most benefit from limited resources. Indeed, GBA is often seen as the organisation who brings others together; note our Local Authority (LA) forum, our Inclusion Forum, our Social Prescriber network, our Sports for Development forum and so on. GBA runs, supports and enables some great programmes. This includes delivering the Department of Education Opening Schools Facilities programme into Berkshire. We deliver our Active Medicine Programme (support and training) to health care and allied professionals to increase their skills, knowledge and confidence to have positive conversations on PA. We have an acclaimed Pregnancy & Postnatal programme and we run employability courses on behalf of Department of Work and Pensions (and train and support their staff). We have a growing Early Years Programme providing support, resources and training to professionals and venues in the Early Year's (EY) space. Our Live Longer Better programme is providing up-skilling to those professionals and agencies working with older people and we deliver an EverActive and Reconditioning. We have worked with Thames Valley Police (TVP) and the TV Violence Reduction Unit (VRU) running youth intervention and crime reduction programmes. We have delivered an ambitious programme of providing training and insight around system's thinking to a number of our LAs. We sit on the various LA Healthy Weight and PA advisory groups. During this year with significant funding from Sport England (SE) we embarked upon a significant place focused piece of work in Britwell (Slough) and have started to prepare for further Place Universal Offer investment from SE.

Our Work with Sport England

We continue to work closely with SE and they remain our major source of funding which comes in these two forms: System Role funding and delivery funding. System Role funding allows us to exist, operate and deliver our primary role to help SE achieve their national 'Uniting the Movement' strategy. Delivery funding is granted specifically to deliver defined projects such as the School Games.

This was the 3rd year of the 2022-2027 5-year cycle of SE funding and, in addition to their planned system and programme funding we received significant additional funding for the development phase of our work in Britwell.

A key role of all Active Partnerships is developing strategic networks across the county. GBA's role is to be the leading advocate for Sport and Physical Activity ensuring that key stakeholders such as NHS, Primary Care Networks (PCNs), Education Sector and Public Authorities maintain an emphasis and priority on physical activity. Our strategic engagement continues to grow locally and regionally. Due to the significantly increased interest in and importance of physical activity, in tackling inequalities and improving physical and mental health, our networks and conversations both with strategic partners and community led organisations have increased exponentially. Of particular note are the high numbers of people joining our forums and workshop events.

GET BERKSHIRE ACTIVE LTD
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31ST MARCH 2025

GBA Strategic Intent

Our 2022-2026 Strategic Intent remains the central driver of our actions and it remains significantly aligned to the principles of Sport England's Uniting the Movement 10-year strategy. Our key objective is tackling inequalities both in the provision and uptake of physical activity but also in using physical activity to tackle wider societal issues such as around health and education. Our three key themed areas of work are Starting Life Well, Living Life Well and Ageing Well. This year we have embarked on a 6-stage (18 month) review of our Strategic Intent and have completed Stage 1 (initial review). Our plan is to re-launch a new Strategic Intent in April 2026.

How We Work

Across our three themes we have five specific pillars (or objective areas) and by working in these pillars we believe we will be having an overall positive effect on our mission. These standard pillars are:

- i. Systems Change:** If we are going to have a positive effect, we need to understand the levers and blockers to change to enable us to create the platform for change.
- ii. Networks & Partners:** We will continue to build wider partnerships especially with non-sporting /PA organisations that work with our key target audiences:
- iii. Workforce:** We will support all areas of the workforce to enable them to change and improve their delivery
- iv. Interventions:** Co-ordinating and enabling collaboration between the myriad interventions / delivery that is happening; driving change within them to support disadvantaged groups is key to success.
- v. Learning & Improving:** Continuous and incremental improvement, using detailed insight, is the key to successful and sustainable change.

Our Key Theme Work

Theme 1: Starting Life Well

1.1 Early Years Work -

- i.** Through successful funding from the Sports Council Trust, we have trained 5 workforces and distributed £6,635 to support 7 separate projects spread across Berkshire supporting over 500 children under 5 years old in our most disadvantaged areas.
- ii.** GBA provided training directly within 4 early years settings, 4 home-based childminders and also reaching all children centre staff across Slough and Reading to support their skills, knowledge, confidence and practical ways they can embed PA daily.

iii. GBA hosted a face-to-face partner event at Bisham Abbey focused on 'Early Years- A future vision' with over 30 partners from a range of sectors including nursery settings, local authorities, Children's Centres, Health and schools to engage in a morning of information sharing and networking. The event focussed on engaging families within their settings to increase physical activity and ways this could be achieved. It also gave vital feedback from professionals as to what would benefit them moving forward.

1.2 School Support - In addition to the school-based work that is described below during 2024/25 we also staged our first schools conference for a number of years. The event held at Dorney Lake delivered in partnership with Berkshire SGO's saw 131 delegates (PE Lead and Senior Leads) from 98 schools attend (primaries and secondaries). We have also been part of various School Sport Partnerships steering groups and continued to work closely with Brighter Futures for Children in Reading. As part of this work, we have helped to co-ordinate regular Primary PE Lead meetings. Amongst other things we have provided guidance around the Sports Premium and set up student workforce programmes.

1.3 Berkshire School Games - In 2024/25 the Berkshire School Games continued in the same format as the previous year - large-scale multi-sport event at Braywick Leisure Centre, Maidenhead and series of separate badged events throughout the year including Cricket, Sportshall Athletics and Panathlon. There was, however, even more emphasis on targeting the events to ensure that they support the most disadvantaged pupils. The summer event was attended by 881 pupils from 89 schools, 24% of pupils had a Special Educational Need.

1.4 Opening School Facilities (OSF) - This year was the final year of Opening School Facilities, a 3-year Department for Education funded programme to provide additional physical activity opportunities for targeted pupils and to open up to the wider community. During the year, as well as sessions taking place in schools and for the community, we also delivered five learning and sharing sessions with LEAP for Berks, Bucks and Milton Keynes schools, giving them opportunities to hear from each other and share best practice and put together several case studies. £200,000 was invested in 16 Berkshire schools (primary, secondary and special). As a southeast region we achieved our participation targets.

GET BERKSHIRE ACTIVE LTD

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31ST MARCH 2025

1.5 Children & Young People Active Lives Survey - Again this year we have continued to administer the survey in Berkshire on behalf of Sport England going out to the randomly selected schools each term. Our goal remains to try to get enough completions per local authority to obtain a local authority report (NB a minimum number of survey completions are required before a report is generated). Over the summer term we will put our efforts into the local authorities where completions are currently below target.

1.6 Crime Prevention:

GBA with support from StreetGames were successful in receiving a further year of funding from the Police and Crime Commission to build on the work we achieved in the Royal Borough of Windsor and Maidenhead (RBWM). We have successfully created a referral pathway aiming to link up statutory partners (Achieving for Children (AFC), Education, Youth Offending Teams) with community sport. The programme involves providing a pathway so any young person who is identified as being at risk of being involved/exploited in crime or anti-social behaviour can access sport with coaches who are upskilled to meet their needs.

At the end of March 25, we had received 80 referrals and engaged 54 young people (55% with ASD, ADHD, other disability) in 10+ hours of sporting provision. We have strengthened our partnerships with various sports providers including Leisure Focus, who are going to partner with us again to create a model similar to a GP referral scheme. This year we are looking to increase the number of clubs engaging with us, and better closely monitor and tracking the effect each provision has on each young person. We also ran many face to face events bringing together all the partners working on this project. This culminated in the formation of the Berkshire Sport for Good network which was held at Thames Valley Athletics Centre. This was delivered in partnership with StreetGames and Slough Borough Council. We had over 55 people attend from a number of different organisations with speakers from public health, youth services and the sporting interventions. Further funding will allow GBA to scale all this work, develop and build new areas (such as the Leisure Focus idea) and begin to change the way partners, particularly AFC, view and use sport and physical activity, all while further upskilling the sports providers.

We also attend various Community Safety meetings in RBWM and Reading, advocating for sport at those meetings. In RBWM, in a Subgroup of the Community Safety Partnership, we have managed to get sport and PA on the Groups Action plan, when it wasn't there before, which is a great win for us moving forward.

Theme 2: Living Life Well

2.1 The Active Medicine Programme: The Active Medicine Programme (AMP) is an umbrella term for various educational programmes to facilitate conversations around helping people and families to become more active. Between January 2024 and March 2025, 184 people engaged in the programme. Over the last year, we have also engaged with other Active Partners who deliver the AMP and hold regular bi-monthly meetings, encouraging collaboration, facilitating mutual learning and providing support for one another. Aside from LEAP, we currently have five APs delivering the AMP: Active Surrey, Active Sussex, Be Active Beds, We Sport and Herts Sports Partnership.

2.2 Pregnancy and Postnatal: A holistic maternity offer is in place which includes a quarterly PA in Maternity Berkshire wide network coming together to hear from experts, connect locally and look at ways to raise awareness and encourage women in this life-stage adopt regular activity throughout pregnancy and beyond. Resources were developed for a range of settings to highlight key messages in pregnancy, postnatally and moving with your baby which were well received. 72 This Mum Moves Ambassadors attended training in this period through the South East Public Health Workforce fund GBA secured and these are delivered in partnership with the Institute of Health Visiting and The Active Pregnancy Foundation. 5 local delivery classes in place with Sport in Mind as commissioned delivery partner, with 60 pregnant or postnatal women attending classes weekly. Quarterly maternity and early years newsletter distributed. Working with Frimley Local Maternity System partners to look at longer term system change and embedding PA within maternity pathways and a systems focused workshop was delivered to the maternity network. GBA also led the set-up of a national evaluation group to shape the TMM evaluation questions.

2.3 Employability Programmes (Adults): Late last year GBA was successful in a small bid from the UK Skills Fund. This was administered through Slough Borough Council, and we received £15k to support a cohort of NEET 18-24yr olds in Slough. We began working very closely with Slough Children First (Care Leavers Team) and the DWP. In January 25 we opened up for referrals and began in late January. All in, we received 15 referrals, which was lower than first targeted. 9 young people regularly attended the 10-week programme which focussed on building their Emotional Intelligence (delivered by Mobile Team Challenge) and giving them new challenges and experiences using our tried and trusted experiential learning techniques. A full Impact Report can be found [HERE](#)

GET BERKSHIRE ACTIVE LTD
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31ST MARCH 2025

Theme 3: Ageing Well

3.1 Ever Active: Ever Active is an exercise Programme that supports older adults, who are seeking to improve their physical and mental health through the joy of seated movement, memory enhancing activities and fall prevention exercises (strength and balance). Our sessions also help to reduce feelings of loneliness and isolation as extra time is allocated before or after class for a coffee and chat. We currently deliver our Ever-Active Programme in Reading and West Berkshire, in areas of recorded higher deprivation and/or areas of high numbers of older adults who live alone.

During 2024-25 GBA continued to deliver eight weekly seated exercise sessions in the Reading area, two sessions in Caversham, two in Tilehurst, one session in Coley, one in Reading town Centre, one in South Reading and an online session.

Our West Berkshire Programme, GBA work in collaboration with Age UK Berkshire, Berkshire Vision and Berkshire Mencap to deliver an inclusive and varied Programme. During 2024-25 GBA delivered 9 regular weekly seated exercises sessions in West Berkshire covering Thatcham, Newbury, Hungerford, Theale, Pangbourne, Burghfield, Mortimer, one online session and a new additional session in Inkpen Village. When considering our partners' sessions, we delivered a combined total of twenty-two weekly sessions and GBA continue to measure strength and balance improvements. Every quarter we choose a different session to perform these measure and report. Our most recent findings below with our Mortimer Session.

Fall Prevention Measures

Sessions that participated in Fall Prevention Measures. Mortimer Library

Number of participants who agreed to take part 8

Percentage of participants who improved lower body strength measure (sit to stand) 100%

Percentage of participants who improved balance measure (Single leg balance) 100%

Average percent increase with sit to stand exercise. (lower body strength) 30%

Average percent increase with single leg balance (balance) 45%

3.2 Live Longer Better: Live Longer Better launched in 2020 as a collaboration between a number of Active Partnerships across the UK (including GBA), to fully capture the serious health crisis faced by older people and the ageing process. The over 80's population will double within ten years, with the majority of those aged 65 and over likely to experience poor health for more than half their remaining years causing additional stress on our current health and social care services. The mission is to enable people to Live Longer Better (mainly through the power of movement and science and strong evidence-based statistics), to increase healthy life expectancy and reduce the period of time at the end of life when people are very dependent on others. GBA support the Live Longer Better mission through our ageing well programmes such as our Ever Active and the Reconditioning Programme, plus GBA also host Live Longer Better online webinars, where we invite various health professionals to present for GBA, to discuss the importance of physical activity as we age. Our Live Longer Better webinars for 24/25 included:

- April 2024 - Can we end PJ Paralysis in Berkshire - 100+ attendees
- October 2024 - Cognition and Physical Activity - 77 attendees

NB: Information on all our previous webinars can be found [here](#).

3.3 Reconditioning Programme: The aim of our Reconditioning Programme (RP) is to improve the independence of older adults who are reluctant to leave their homes due to low mobility or low confidence and are a high risk of falls. The vast majority of our referrals come through Reading Social Prescribers and are identified as individuals who would benefit from this service. GBA offer our clients an average of six one-to-one coaching sessions from the comfort of their own home (as this mitigates the barrier of clients having to travel to access strength enhancing provisions and programmes). Our sessions are designed to improve overall fitness through a bespoke, personal exercise programme tailored to their individual needs and goals. Their progress with strength, balance and confidence, is monitored and recorded throughout the programme in the form of a fitness test.

On completion of the Reconditioning Programme, clients are referred to various other organisations such as Age UK for information on services such as the out and about service, GLL Healthwise programme, 50+ activities such as Tai Chi sessions, older adult social groups, lunch clubs etc to encourage continued independence and regular participation in exercise post the RP.

During 2024-25 the RP increased from one day a week to two days, therefore GBA engaged an additional instructor to deliver the RP. Unfortunately, our current funding bid for 2025-26 through the RIB project wasn't awarded. GBA are currently exploring other funding options for the continuation of the RP post April 2025.

GET BERKSHIRE ACTIVE LTD
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31ST MARCH 2025

During 2024-25, our employed instructor qualified as a Level 3 Minor Adaptions Assessor. This qualification allows her to assess, recommend and install minor adaptations in a person's home to improve their safety with regards to fall prevention and promote independence around the home. She also enrolled on the Level 4 Postural Stability Instructor training and will be fully qualified in May 2025.

Reconditioning Programme for 2024-25 statistics

Total number of clients supported 63
Breakdown of above figure
Total existing Clients 1
Total new referrals during April 24 - March 25
(NB GBA had to refuse referrals from Jan 2025 as funding ending) 62

Total number of clients who completed the programme. 50 (50/63)
Total number of clients unable to complete the programme due to ill health 4 (4/63)
Total number of clients still engaged in the programme post April 25 9 (9/63)

Mobility Outcomes for Reconditioning Programme 2024 - 2025

Percentage of clients, who completed the programme, strength ability improved 94% (47/50)
Percentage of clients, who completed the programme, strength ability decreased 0%
Percentage of clients, who completed the programme, strength ability remained the same 6% (3/50)

Percentage of clients, who completed the programme, balance ability improved 98% (49/50)
Percentage of clients, who completed the programme, balance ability decreased 0%
Percentage of clients, who completed the programme, balance ability remained the same 2% (1/50)

BEHAVIOUR CHANGE OUTCOMES Reconditioning Programme 2024 - 2025

Percentage of clients, who completed the programme, confidence improved 94% (47/50)
Percentage of clients, who completed the programme, confidence decreased 0%
Percentage of clients, who completed the programme, confidence remained the same 6% (3/50)
Average percent increase in confidence score over the year 33%

3.4 Fall Proof: Our Fall Proof Resources focus on six exercises which are designed to improve strength and balance. Our Fall Proof resources come in the form of six prompt cards, with one exercise on each card. The cards are designed to be placed around the home in specific locations as a reminder to complete the exercises daily. For example, one card reads 'Going Past the stairs? Now's the time to complete your stepping up a step exercise.' All cards contain a written and visual explanation of how to perform the exercises safely and effectively.

During 2024-25 GBA distributed over 750 Fall Proof cards and our Live Longer Better Webinars are proving a successful opportunity to promote these cards and professionals often request a batch following these events.

Cross Cutting Themes

4.1 Workforce:

- Support for the Workforce and Organisations within Berkshire. We have been successful with a £5K bid from the Berkshire Community Foundation, with £3K in kind from our workforce budget we have £8K dedicated to supporting organisations and the workforce with relevant webinars, workshops, training and 1-1 mentoring. This began with 3 workshops on the Funding Cycle delivered to 22 organisations throughout Berkshire. Following this, all organisations were offered 1-1 follow up support with Our Community Enterprise (OCE) who ran the sessions. A full report of the years support can be found [HERE](#)

- Local Skills Improvement Plans: Funded by Sport England, CIMSPA, have employed local area managers to drive this work. We have been working closely with our CIMSPA manager for the past year to land this work in Berkshire, although it has been a slow process, we are making progress. The Skills Improvement Plans aims to map the Skills gaps in our sector and bring together county wide employers and stakeholders to develop and publish a Berkshire Sport and Physical Activity Skills Improvement Plan. This Plan would then set the direction for matching training provided by colleges, schools, and universities to exactly what employers are after. Meaning people leave these establishments with the correct qualifications to enter into work in the Sport and Physical Activity sector. We have begun rolling out CIMSPA's Skills Diagnostic to employers with over 20 now completed.

GET BERKSHIRE ACTIVE LTD
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31ST MARCH 2025

We have also held a call in March 25 to update everyone with where we are at with the work and what the next steps are. We have been slightly hampered by CIMSPAs restructure and various other factors such as our CIMSPA area manager going on maternity leave. At present we are now going back out to speak directly with stakeholders with the aim of building a Berkshire Accountability Board, with this board aiming to convene its first meeting by July 25. These targets are still to be determined as we await the CIMSPA restructure.

4.2 Themed Forums and Support: Over the past year we have continued to hold regular partner engagement events which enable us to connect different organisations and link parts of the physical activity and wellbeing system together.

- Our quarterly local authority forums continue to provide a platform to bring different departments together to discuss a range of topics, share learning, and more recently integrate systems change thinking. Consisting mostly of public health partners we have focused most meeting themes on PA for health. Topics have included: Mind over Mountains; Walks for Mental Wellbeing, Disability Inclusion, Street Tag and We Are Undefeatable.

- Berkshire Inclusion Network - As part of our commitment to our Equality, Equity, Diversity and Inclusion work, Get Berkshire Active provides an annual Inclusion Webinar Series, focusing on different themes each year, to create a platform for sharing expertise and meaningful dialogue and to support thinking and ideas which address the persistent inequalities in sport and physical activity. A well-received webinar took place on Championing Inclusion: Breaking Barriers in Sport and Physical Activity- to raise awareness of the barriers and inequalities affecting people with disabilities in sport and physical activity and hear from three great speakers in this space sharing personal and professional insights; Jeanette Chippington OBE, Paralympic Champion and trailblazer in disability sport, Andrew Douglass; CEO Parallel Lifestyle and Chloe Brown; Strategic Partnership Advisor, Activity Alliance.

- GBA continues to help drive the National Active Partnership Maternity network, helping facilitate quarterly meetings and arranging speakers and sharing learning. This top-down bottom-up approach to the work in this space has proved invaluable in sharing challenges, ideas and understanding system change approaches across the network.

- GBA have delivered National Governing Body (NGB) Forums to bring together those who govern the sport sector to think about systemic change and collaboration that will increase physical activity at the local level. 2024 saw us deliver 3 forums, all having a different focus and speakers invited. The final forum of the year we had Sarah Taylor and Laura Brookstein update the NGBs on School Games in Berkshire along with how Inclusion is being focussed on at the secondary school level. We also used this opportunity to have discussions with those present (15 NGBs) about the Place Investment. We will continue to run forums in 2025.

4.3 Measuring, evaluating and learning: The way we understand the impact of our work and our successes is continually changing; in the past we have used traditional KPIs but more recently we have developed more complex evaluation frameworks and developed assumptions along with explanations of change to measure and learn from our systemic work. Training from NELP and NPC (Sport England's evaluation and learning partners) has supported members of the team to develop their knowledge in this area and appreciate different methods of understanding some of our more complex work. This has been particularly useful in our place-based work in Britwell. Impact and learning reports are regularly created to highlight our successes and main learnings - these are useful to share externally but also provide a means of internal reflection. Once again, we have reported to Sport England in October 24 and April 25, providing a thorough update on our progress against several outcomes. Internal learning reviews have been crucial to improving as an organisation; in the past year we have undertaken 13 of these which have been useful in exploring blockers, enablers and solutions in our programme areas.

4.4 Insight: We use local and national data, insight and research to help us understand the needs of people in Berkshire and the unrepresented groups that we target. We've been given access to a tool called 'Moving Communities' and this has been useful in understanding physical activity and health data at an MSOA and LSOA level, providing support in bid applications and target areas for our Britwell work.

4.5 Marketing and Communications: To support our systems and place-based work, we launched a new webpage and resource hub, amplifying information about the initiative in Britwell. Key campaigns have included a week-long menopause initiative, featuring the completion of the 'Menopack', a comprehensive guide to getting active during menopause, and assets to help GP surgeries improve conversations with women. Our channels raised the profile of workforce events and promoted physical activity, such as the This Girl Can 10-year anniversary video. The website now focuses on serving the workforce with resource hubs as a primary function, which we will continue to update. We are also prioritising video formats to capture impact of interventions, such as the creation of an engaging interview style video for the RBWM Crime Prevention Programme, which supported funding applications. Additionally, we successfully completed the Project Power school partnership, delivering strength workshops, free comfortable activewear, and self-esteem talks to teenage girls in Slough, resulting in positive feedback and increased confidence levels for those notably disengaged.

GET BERKSHIRE ACTIVE LTD
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31ST MARCH 2025

4.6 System Training: We have continued to deliver and expand delivery of various system training programmes to support groups of partners to understand what system thinking is. This training helps partners understand how to identify system changes that are needed in order to tackle inactivity and how they can contribute to this. We have also delivered training to other Active Partnerships and to specific groups ahead of Sport England Place investment. We have also delivered sessions to support the learning / thinking in allied sectors such as Healthy Food Environments, Environmental Sustainability, NGB's and have been approached recently to share learning with Sport Wales.

4.7 Strategic Partnership Support (System Change): GBA have continued to lead and support public health teams with 'Healthy Weight System Approaches'. We have led / co-facilitated workshops and strategic plans to tackle obesity with Slough and Reading Public health teams. We have delivered 5 workshops to Healthy Weight Partnerships involving local authorities, health partners, police, 3rd sector etc. This work has led to a clearer understanding of the system issues partners can work on and is currently supporting the development of physical activity system action plans. It has also led to indirect outcomes like a public health officer being embedded within planning and the creation of a long-term physical activity strategy in Slough (in development).

- GBA have also initiated a joint strategic planning process with Street Games to build a county-wide approach to crime prevention through sport and physical activity. This has begun with the development of the Sport for Good Network. This consists of sports providers, leisure operators and statutory services. We have held an initial face to face meeting with the formations of a formal plan for how this network will develop the workforce and put sport/PA first in helping vulnerable/at risk young people. We will continue this momentum by formally releasing a Sport for Good Action Plan in 2025.

- GBA have continue to sit on local climate change partnerships and supported the development of local plans / governance of their strategies.

4.8 Sport England Place Investment

Get Berkshire Active is leading the Britwell Place Investment - a long-term, Sport England-funded programme focused on creating sustainable improvements in physical activity, health, and wellbeing within the Britwell community. GBA has been awarded £237K to deliver the Development Phase, which is centred on building local leadership, strengthening system-wide alignment and preparing for a community-led Research & Discovery process that will inform future delivery and investment. The initiative takes a whole systems, place-based approach, working alongside residents, organisations, and system partners to explore and address the deeper structural and systemic barriers that shape how people live, move, and connect. Rather than focusing on short-term provision or isolated interventions, the programme is rooted in the principles of equity, collaboration, and lived experience, with the aim of enabling meaningful, lasting, and community-led change.

Key Progress to Date

- Strategic governance in place, with a cross-sector Steering Group meeting monthly to provide oversight, challenge, and local accountability.
- Local Leadership Programme delivered, engaging 40+ delegates across sectors to build shared purpose, systems awareness, and commitment to collaboration.
- Intro to Systems workshop held to deepen understanding of systemic approaches among local leaders.
- Ongoing relationship-building with stakeholders, organisations, and community groups through active outreach and event participation.
- First learning report submitted to Sport England in April, following completion of training with the National Evaluation and Learning Partner (NELP).
- Insight planning underway, with preparatory work for surveys, focus groups, and community panels targeting underrepresented voices.
- Active participation in national learning networks through Place Cluster and Sport England events to align with wider system learning.

Next Priorities

- Establishing audience-focused subgroups to support more inclusive, targeted engagement.
- Recruiting 3 Place Connectors to support community insight gathering and outreach.
- Launching the Research & Discovery phase timeline, with an external research partner supporting methodological development and critical reflection.
- Co-designing test-and-learn pilots based on lived experience and system insight, focused on long-term, scalable solutions.

GET BERKSHIRE ACTIVE LTD
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31ST MARCH 2025

4.9 Mental Health - a plan for 2025 has been put together to address key themes which includes supporting the physical activity sector to be better equipped to support people with mental health conditions to be more active, working with NHS Talking Therapies Services (and other local mental health organisations) to help facilitate a holistic approach, integrating physical activity into Talking Therapies Services and mental health pathways to support longer term system change and raise awareness of the role physical activity can play in supporting people with mental health conditions (e.g. through training opportunities, a website Resource Hub and campaigns).

Key Policies & Standards:

5.1 Equality, Equity, Diversity and Inclusion (EEDI): Get Berkshire Active achieved approval from ADK Solutions and Sport England for their Diversity and Inclusion Action Plan (DIAP). EEDI forms a regular part of team meeting discussions from specific topic discussions to learning workshops and we are continually updating our website and other resources and communications to ensure inclusive language and representative images. The team are working off a live EEDI Miro Board as part of bi-monthly team meetings to help highlight headline EEDI impact and action against our key strategic pillars which brings the DIAP to life. Board EEDI lead has been supportive in helping to shape this work and check and challenge areas.

5.2 Safeguarding: GBA continues to be committed to ensuring that the safeguarding and protection of young people and adults at risk is at the heart of what we and our partners do. Over the course of the last 12 months, we have:

- Delivered 2024 Safeguarding plans and implemented aspects of our 2025 plans
- Reviewed updated and refreshed our Safeguarding policies
- Been assessed by the Child Protection in Sport Unit and met their assessment criteria
- Been supported by GBA's Safeguarding Board Champion resulting in regular meetings to review and develop our safeguarding work including the planning of specialist training for the GBA board
- Updated our website so that support tools and key information are available to partners
- Regularly put important safeguarding information on social media content and newsletters
- Put plans in place to measure the impact of our safeguarding interventions
- Delivered Safeguarding and Welfare support to clubs and NGB's through our Sport Welfare Officer (funded by Sport England). More details below.

5.3 Sport Welfare Officer: The Sport Welfare (SWO) project continues to grow with 32 NGB's and 51 clubs engaging in the offerings with new engagements still taking place with the project entering its second year. This is a positive sign that word is spreading, and new clubs are seeing the benefit of engaging, alongside the multiple clubs who are regularly making use of the project.

New NGB's have also joined the project with England Hockey being a good example of this with a joint online forum held to introduce our SWO to the affiliated clubs in Berkshire and for them to hear how the project can support them locally. The English Cricket Board also recently gave the green light for SWOs to connect with their local organisations which has resulted in an introductory meeting taking place with Berkshire Cricket, with all clubs in the county being invited to our next forum. British Triathlon have also agreed to host an SWO introductory forum for clubs in Berkshire, taking place in June.

Online forums remain a popular offering with a GDPR forum taking place in January and an online safety forum in February. These were run in partnership with the SWO's in Buckinghamshire, Oxfordshire and Hampshire which continues to be a great network, allowing us to share capacity, resources, connections and expertise. These subjects were chosen because many club welfare officers (CWO's) had reported they would like to improve their knowledge in these areas.

Similarly, being an active bystander, and knowing how to intervene when witnessing poor behaviour is a subject many CWO's have said they would like support with, so we ran a forum on this in March. Additionally, our SWO has recently attended a train-the-trainer course on this subject which gives us the capability to deliver more in-depth training, either online or in person, in the future. He has already delivered a section of this to the GBA team. Additionally, he ran a Mental Health forum and presented at a forum for football CWOs organised by the new Safeguarding Manager at the Berks and Bucks FA. A forum with the new local representative from the DBS is also scheduled.

Multiple clubs and organisations have also benefited from more intensive one to one support and guidance from our SWO on specific issues they have encountered.

Finally, the first large scale 6-monthly data submission was submitted to Sport England to the end of March 2025.

GET BERKSHIRE ACTIVE LTD
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31ST MARCH 2025

Finances:

6.1 Investment: It is part of Get Berkshire Active's role to source funding for sport and physical activity in the community. During this period, a total of £843K has been secured for programmes in Berkshire - £174K from non-Sport England sources and £669K has been invested in the county through Sport England's investment in our programmes.

6.2 Results for the year: The results are set out in the Statement of Financial Activities. Incoming resources for the year were £843K (2024: £826K), resources expended were £844K (2024: £843K) and the deficit for the year was £1K (deficit 2024: £18K). The fund balances carried forward on 31st March 2025 were £452K (2024: £453K) represented by restricted funds of £180K (2024: £174K) and unrestricted funds of £272K (2024: £279K) of which £180K is designated for unforeseen contingencies as detailed below.

6.3 Reserves Policy: The company will set aside a sum by way of a reserve against unforeseen contingencies - designated reserve. This sum will be used in the event of the organisation being threatened with closure, for redundancy payments, to cover long term sickness liabilities and maternity pay. The company will seek to maintain reserves equivalent to three months budgeted expenditure and will include a sum for this operating reserve in budget planning. This designated reserve is £180K as at 31st March 2025.

The charity holds reserves exceeding this amount and has started to fund some projects within the county and continues to maintain capacity in excess of current Sport England funding to deliver our objectives. The charity will continue to hold higher reserves short-term but the investment in projects and capacity should reduce unrestricted reserves to the minimum for complying with our policy by the end of this funding cycle (March 2027).

Structure, Governance and Management

7.1 Governing Document: The company is governed by its Memorandum and Articles of Association dated 17th August 2011 as amended by Special Resolutions dated 7th December 2012, 17th December 2015, 20th September 2017 and 11th December 2019 and constitutes a limited company, limited by guarantee, as defined by the Companies act 2006. GBA also publishes an annual governance statement in accordance with the UK Code of Sports Governance.

7.2 Board of Trustees: There were 3 retirements during this year where longstanding Board Members (BMs) reached the end of their allowed time on the board. Four new BMs were recruited but one resigned due to a change in her employment and geographic location. We now have 10 BMs. Details of our board can be found here. All Board Members/Trustees are registered on the Companies House and Charity Commission portals. We maintain our compliance with the UK Code of Sports Governance.

7.3 Trustee Recruitment & Induction: Trustees are recruited through an open and competitive process using this recruitment pack. We aim to cast our net far and wide and recruit a diverse range of suitably qualified individuals paying attention to both gender and other diverse categories. There is an induction process which helps to guide the new trustee in the first weeks/months of their appointment.

7.4 Management: GBA is led and managed by the CEO supported by an experienced Senior Leadership Team and a paid staff of mixed full and part-time roles. The organisation of the staff and their roles were reviewed alongside the implementation of our new strategic intent. The organisational chart as of Feb 25 is shown below.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Organisational Structure

The CEO, Brett Nicholls, is ultimately responsible for the day to day management and long-term strategic leadership of the organisation. He is supported in this by four senior members (Nick West-Oram, Kirsty Heath, James Craggs and Cathy Carr) whom together make up the Senior Leadership team (SLT). In total, including the SLT, GBA employs 14 staff in a mixture of full and part-time roles to deliver its Strategic Intent. The CEO and GBA's Finance Director (Dr Claire Sweeney) report to the Board through its Chair (Richard Parker) and to the Finance & Governance Committee (a sub-committee of the full board) through its Chair (Avril Couper).

STATEMENT OF TRUSTEES' RESPONSIBILITIES

The trustees (who are also the directors of Get Berkshire Active Ltd for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) including Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland".

GET BERKSHIRE ACTIVE LTD
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31ST MARCH 2025

STATEMENT OF TRUSTEES' RESPONSIBILITIES - continued

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the trustees are aware:

- there is no relevant audit information of which the charitable company's auditors are unaware; and
- the trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditors are aware of that information.

Approved by order of the board of trustees on and signed on its behalf by:

.....
R A Parker - Trustee

REPORT OF THE INDEPENDENT AUDITORS TO THE MEMBERS OF GET BERKSHIRE ACTIVE LTD

Opinion

We have audited the financial statements of Get Berkshire Active Ltd (the 'charitable company') for the year ended 31st March 2025 which comprise the Statement of Financial Activities, the Balance Sheet, the Cash Flow Statement and notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice), including Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland'.

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31st March 2025 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice, including Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland'; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditors' responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The trustees are responsible for the other information. The other information comprises the information included in the Annual Report, other than the financial statements and our Report of the Independent Auditors thereon.

Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

Opinions on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the Report of the Trustees for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the Report of the Trustees has been prepared in accordance with applicable legal requirements.

REPORT OF THE INDEPENDENT AUDITORS TO THE MEMBERS OF GET BERKSHIRE ACTIVE LTD

Matters on which we are required to report by exception

In the light of the knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the Report of the Trustees.

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the trustees were not entitled to take advantage of the small companies exemption from the requirement to prepare a Strategic Report or in preparing the Report of the Trustees.

Responsibilities of trustees

As explained more fully in the Statement of Trustees' Responsibilities, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Our responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue a Report of the Independent Auditors that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

We gained an understanding of the legal and regulatory framework applicable to Get Berkshire Active and the sector in which it operates, and considered the risk of acts by the charity that were contrary to applicable laws and regulations, including fraud. We designed audit procedures to respond to the risk, recognising that the risk of not detecting a material misstatement due to fraud is higher than the risk of not detecting one resulting from error, as fraud may involve deliberate concealment by, for example, forgery or intentional misrepresentations, or through collusion.

We focussed on laws and regulations which could give rise to a material misstatement in the financial statements, including, but not limited to, the Charities Act 2011 and UK tax legislation. Our procedures included:

- agreeing the financial statement disclosures to underlying supporting documentation
- enquiries with management
- understanding of management's internal controls designed to prevent and detect irregularities.

There are inherent limitations in the audit procedures described above and, the further removed non-compliance with laws and regulations is from the events and transactions reflected in the financial statements, the less likely we would become aware of it. As in all our audits, we also addressed the risk of management override of internal controls, including testing journals and evaluating whether there was evidence of bias by the directors that represented a risk of material misstatement due to fraud.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at www.frc.org.uk/auditorsresponsibilities. This description forms part of our Report of the Independent Auditors.

**REPORT OF THE INDEPENDENT AUDITORS TO THE MEMBERS OF
GET BERKSHIRE ACTIVE LTD**

Use of our report

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.

Kevin Ellerby (Senior Statutory Auditor)
for and on behalf of Richardson Jones
Chartered Accountants &
Registered Auditors
Mercury House
19-21 Chapel Street
Marlow
Buckinghamshire
SL7 3HN

Date:

DRAFT
22/05/25 15:15

GET BERKSHIRE ACTIVE LTD

STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31ST MARCH 2025

	Notes	Unrestricted fund £	Restricted fund £	31.3.25 Total funds £	31.3.24 Total funds £
INCOME AND ENDOWMENTS FROM					
Charitable activities	3				
Sport England		-	660,976	660,976	609,502
Local Authority		-	111,477	111,477	120,919
Other public body		-	100	100	16,400
Non-public		3,458	51,563	55,021	66,490
Investment income	2	15,669	-	15,669	12,870
Total		<u>19,127</u>	<u>824,116</u>	<u>843,243</u>	<u>826,181</u>
EXPENDITURE ON					
Charitable activities	4				
Sport England		-	634,945	634,945	623,823
Local Authority		-	121,755	121,755	109,901
Other public body		-	24,762	24,762	31,306
Non-public		20,712	42,219	62,931	78,858
Total		<u>20,712</u>	<u>823,681</u>	<u>844,393</u>	<u>843,888</u>
NET INCOME/(EXPENDITURE)		(1,585)	435	(1,150)	(17,707)
Transfers between funds	11	(5,186)	5,186	-	-
Net movement in funds		(6,771)	5,621	(1,150)	(17,707)
RECONCILIATION OF FUNDS					
Total funds brought forward		279,579	174,048	453,627	471,334
TOTAL FUNDS CARRIED FORWARD		<u>272,808</u>	<u>179,669</u>	<u>452,477</u>	<u>453,627</u>

The notes form part of these financial statements

GET BERKSHIRE ACTIVE LTD

**BALANCE SHEET
31ST MARCH 2025**

	Notes	Unrestricted fund £	Restricted fund £	31.3.25 Total funds £	31.3.24 Total funds £
CURRENT ASSETS					
Debtors	9	-	30,962	30,962	65,700
Cash at bank		272,808	187,413	460,221	488,323
		<u>272,808</u>	<u>218,375</u>	<u>491,183</u>	<u>554,023</u>
CREDITORS					
Amounts falling due within one year	10	-	(38,706)	(38,706)	(100,396)
		<u>272,808</u>	<u>179,669</u>	<u>452,477</u>	<u>453,627</u>
NET CURRENT ASSETS					
		272,808	179,669	452,477	453,627
TOTAL ASSETS LESS CURRENT LIABILITIES		272,808	179,669	452,477	453,627
NET ASSETS		<u>272,808</u>	<u>179,669</u>	<u>452,477</u>	<u>453,627</u>
FUNDS	11				
Unrestricted funds				272,808	279,579
Restricted funds				179,669	174,048
TOTAL FUNDS				<u>452,477</u>	<u>453,627</u>

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on and were signed on its behalf by:

.....
R A Parker - Trustee

.....
P W Owen OBE - Trustee

The notes form part of these financial statements

GET BERKSHIRE ACTIVE LTD

CASH FLOW STATEMENT
FOR THE YEAR ENDED 31ST MARCH 2025

	Notes	31.3.25 £	31.3.24 £
Cash flows from operating activities			
Cash generated from operations	1	(43,771)	(69,533)
Net cash used in operating activities		<u>(43,771)</u>	<u>(69,533)</u>
Cash flows from investing activities			
Interest received		<u>15,669</u>	<u>12,870</u>
Net cash provided by investing activities		<u>15,669</u>	<u>12,870</u>
Change in cash and cash equivalents in the reporting period		<u>(28,102)</u>	<u>(56,663)</u>
Cash and cash equivalents at the beginning of the reporting period		<u>488,323</u>	<u>544,986</u>
Cash and cash equivalents at the end of the reporting period		<u><u>460,221</u></u>	<u><u>488,323</u></u>

The notes form part of these financial statements

GET BERKSHIRE ACTIVE LTD

NOTES TO THE CASH FLOW STATEMENT
FOR THE YEAR ENDED 31ST MARCH 2025

1. RECONCILIATION OF NET EXPENDITURE TO NET CASH FLOW FROM OPERATING ACTIVITIES

	31.3.25 £	31.3.24 £
Net expenditure for the reporting period (as per the Statement of Financial Activities)	(1,150)	(17,707)
Adjustments for:		
Interest received	(15,669)	(12,870)
Decrease in debtors	34,738	27,018
Decrease in creditors	(61,690)	(65,974)
Net cash used in operations	<u>(43,771)</u>	<u>(69,533)</u>

2. ANALYSIS OF CHANGES IN NET FUNDS

	At 1.4.24 £	Cash flow £	At 31.3.25 £
Net cash			
Cash at bank	488,323	(28,102)	460,221
	<u>488,323</u>	<u>(28,102)</u>	<u>460,221</u>
Total	<u>488,323</u>	<u>(28,102)</u>	<u>460,221</u>

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST MARCH 2025**

1. ACCOUNTING POLICIES**Basis of preparing the financial statements**

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Allocation and apportionment of costs

Charitable activities expenditure represents all costs incurred which are directly attributable to projects. Costs of generating funds represents expenditure incurred to promote the charity.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Fixed asset capitalisation policy

The charity has a policy not to capitalise assets under £1,000.

Pension

The charitable company pays into an auto-enrolment compliant group scheme since April 2015. This is a defined contribution pension scheme and payments are at the same rate for each employee. Contributions are charged to the Statement of Financial Activities in the period to which they relate.

2. INVESTMENT INCOME

	31.3.25	31.3.24
	£	£
Bank interest received	15,669	12,870
	<u>15,669</u>	<u>12,870</u>

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31ST MARCH 2025**

3. INCOME FROM CHARITABLE ACTIVITIES

		31.3.25	31.3.24
	Activity	£	£
Grants/Commissioned projects	Sport England	660,976	609,502
Grants/Commissioned projects	Local Authority	111,477	120,919
Grants/Commissioned projects	Other public body	100	16,400
Grants/Commissioned projects	Non-public	55,021	66,490
		<u>827,574</u>	<u>813,311</u>

All grants received in the year related to the primary objects and activities of the charity.

4. CHARITABLE ACTIVITIES COSTS

	Direct Costs £	Support costs (see note 5) £	Totals £
Sport England	82,102	552,843	634,945
Local Authority	93,092	28,663	121,755
Other public body	9,098	15,664	24,762
Non-public	40,971	21,960	62,931
	<u>225,263</u>	<u>619,130</u>	<u>844,393</u>

5. SUPPORT COSTS

	Management £
Sport England	552,843
Local Authority	28,663
Other public body	15,664
Non-public	21,960
	<u>619,130</u>

Support costs, included in the above, are as follows:

Management

	Sport England £	Local Authority £	Other public body £
Wages	404,139	26,932	12,162
Social security	40,358	(1,923)	263
Pensions	42,253	3,139	481
Rent	11,795	-	-
Travel	6,299	515	1,009
Insurance	4,164	-	-
Partnership meetings	1,247	-	-
Post, printing and stationery	966	-	-
IT and communications	2,830	-	300
Marketing	1,193	-	-
Computer and website costs	21,138	-	399
Other office costs	6,780	-	1,050
Payroll costs	792	-	-
Carried forward	<u>543,954</u>	<u>28,663</u>	<u>15,664</u>

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31ST MARCH 2025**

5. SUPPORT COSTS - continued**Management - continued**

	Sport England £	Local Authority £	Other public body £
Brought forward	543,954	28,663	15,664
Governance and Board meetings	2,855	-	-
Audit fee	6,034	-	-
	<u>552,843</u>	<u>28,663</u>	<u>15,664</u>
		31.3.25	31.3.24
		Total	Total
	Non-public £	activities £	activities £
Wages	19,126	462,359	409,840
Social security	1,186	39,884	32,711
Pensions	1,258	47,131	41,066
Rent	-	11,795	12,185
Travel	390	8,213	6,024
Insurance	-	4,164	3,211
Partnership meetings	-	1,247	2,044
Post, printing and stationery	-	966	561
IT and communications	-	3,130	3,402
Marketing	-	1,193	4,668
Computer and website costs	-	21,537	15,914
Other office costs	-	7,830	4,681
Payroll costs	-	792	756
Governance and Board meetings	-	2,855	3,489
Audit fee	-	6,034	6,030
	<u>21,960</u>	<u>619,130</u>	<u>546,582</u>

6. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31st March 2025 nor for the year ended 31st March 2024.

Trustees' expenses

Trustees expenses of £78 (2024 : £104) were paid to 1 Trustee (2024: 1 Trustee) during the year ended 31 March 2025. These expenses were all reimbursements for travel costs.

7. STAFF COSTS

No employee received a salary at a rate of more than £70,655 per annum in the period.

The average numbers of staff during the year was 15 (2024 : 13).

GET BERKSHIRE ACTIVE LTD

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31ST MARCH 2025

8. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted fund £	Total funds £
INCOME AND ENDOWMENTS FROM			
Charitable activities			
Sport England	-	609,502	609,502
Local Authority	-	120,919	120,919
Other public body	-	16,400	16,400
Non-public	3,990	62,500	66,490
Investment income	12,870	-	12,870
Total	<u>16,860</u>	<u>809,321</u>	<u>826,181</u>
EXPENDITURE ON			
Charitable activities			
Sport England	-	623,823	623,823
Local Authority	-	109,901	109,901
Other public body	-	31,306	31,306
Non-public	21,299	57,559	78,858
Total	<u>21,299</u>	<u>822,589</u>	<u>843,888</u>
NET INCOME/(EXPENDITURE)	(4,439)	(13,268)	(17,707)
Transfers between funds	(1,880)	1,880	-
Net movement in funds	(6,319)	(11,388)	(17,707)
RECONCILIATION OF FUNDS			
Total funds brought forward	285,898	185,436	471,334
TOTAL FUNDS CARRIED FORWARD	<u>279,579</u>	<u>174,048</u>	<u>453,627</u>

9. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.25 £	31.3.24 £
Trade debtors	25,589	61,211
Prepayments and accrued income	5,373	4,489
	<u>30,962</u>	<u>65,700</u>

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31ST MARCH 2025

10. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.25	31.3.24
	£	£
Trade creditors	17,720	51,113
Other creditors	-	4,816
Accruals and deferred income	20,986	44,467
	<u>38,706</u>	<u>100,396</u>

Deferred income consists of grant income that belongs to the next fiscal year. The balance of deferred income at the year end is £5,625 (2024: £17,153) which is attributable to Well-Being Walks and Move Well Work Well - Ways into Work.

11. MOVEMENT IN FUNDS

The fund balances are held for the following purposes:

General fund

- Represents unrestricted funds held for the general running and administration of the charitable company.

Restricted funds

- Represents all grants and related expenditure where the donor has specified how the funds should be applied, for example grants from Sport England, Greenham Common Trust, Berkshire Community Foundation and other local organisations.

Transfers between funds

During the year £1,880 was transferred between unrestricted and restricted funds for the year ended 31 March 2025 (2024: £13,203).

12. RELATED PARTY DISCLOSURES

During the year, the charity made payments of £NIL (2024: £200) to the Berkshire Cricket Community Foundation as grants, where the Finance director for both entities is the same individual. There was an outstanding balance owed to Berkshire Cricket Community Foundation of £NIL at the year end (2024: £1,100).

13. ULTIMATE CONTROLLING PARTY

The operations of the charitable company are controlled by the Directors.

14. SHARE CAPITAL

The charitable company has no share capital, being limited by guarantee under the provisions of the Companies Act 2006.

15. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Restricted funds £	General funds £	Total funds £
Fund balances at 31 March 2025 are represented by:-			
Tangible fixed assets	-	-	-
Current assets	218,375	272,808	491,183
Current liabilities	(38,706)	-	(38,706)
	<u>179,669</u>	<u>£272,808</u>	<u>£452,477</u>

GET BERKSHIRE ACTIVE LTD

DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31ST MARCH 2025

	31.3.25 £	31.3.24 £
INCOME AND ENDOWMENTS		
Investment income		
Bank interest received	15,669	12,870
Charitable activities		
Grants/Commissioned projects	827,574	813,311
Total incoming resources	843,243	826,181
EXPENDITURE		
Charitable activities		
Programme delivery	225,263	297,306
Support costs		
Management		
Wages	462,359	409,840
Social security	39,884	32,711
Pensions	47,131	41,066
Rent	11,795	12,185
Travel	8,213	6,024
Insurance	4,164	3,211
Partnership meetings	1,247	2,044
Post, printing and stationery	966	561
IT and communications	3,130	3,402
Marketing	1,193	4,668
Computer and website costs	21,537	15,914
Other office costs	7,830	4,681
Payroll costs	792	756
Governance and Board meetings	2,855	3,489
Audit fee	6,034	6,030
	619,130	546,582
Total resources expended	844,393	843,888
Net expenditure	(1,150)	(17,707)