

REGISTERED COMPANY NUMBER: 07743643 (England and Wales)
REGISTERED CHARITY NUMBER: 1150486

**REPORT OF THE TRUSTEES AND
FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST MARCH 2024
FOR
GET BERKSHIRE ACTIVE LTD**

Richardson Jones
Chartered Accountants &
Registered Auditors
Mercury House
19-21 Chapel Street
Marlow
Buckinghamshire
SL7 3HN

GET BERKSHIRE ACTIVE LTD

**CONTENTS OF THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST MARCH 2024**

	Page
Reference and Administrative Details	1
Report of the Trustees	2 to 10
Report of the Independent Auditors	11 to 13
Statement of Financial Activities	14
Balance Sheet	15
Cash Flow Statement	16
Notes to the Cash Flow Statement	17
Notes to the Financial Statements	18 to 22

GET BERKSHIRE ACTIVE LTD

**REFERENCE AND ADMINISTRATIVE DETAILS
FOR THE YEAR ENDED 31ST MARCH 2024**

TRUSTEES

K R Ross MBE
A M Couper
P W Owen OBE
R Leach
T Hussain
R A Parker
J Halliday
H S Obhi
H E Batchelor
V Bradley

COMPANY SECRETARY

B A Nicholls

REGISTERED OFFICE

Salisbury Room
Bisham Abbey Sports Centre
Marlow Road
Nr Marlow
Bucks
SL7 1RR

REGISTERED COMPANY NUMBER 07743643 (England and Wales)

REGISTERED CHARITY NUMBER 1150486

AUDITORS

Richardson Jones
Chartered Accountants &
Registered Auditors
Mercury House
19-21 Chapel Street
Marlow
Buckinghamshire
SL7 3HN

BANKERS

Barclays Bank
Leicester
LE87 2BB

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31ST MARCH 2024**

ACHIEVEMENTS AND PERFORMANCE 2023-2024

Who We Are

Get Berkshire Active (GBA) is part of a network of 43 other similar organisations - Active Partnerships (APs) in England. We are loosely federated to and supported by a national team. We are a charity with a purpose to promote physical activity and sport to the benefit of the whole Berkshire population but specifically to support those most normally excluded.

Why Physical Activity

If the pandemic showed us one thing, it is how important physical activity (PA) is. It has a profound effect upon people's mental and physical health from birth till death. It is also known to have more collective, societal effects too, such as: reducing loneliness and isolation; providing positive outlets for troubled youths; creating more productive workforces and the potential to reduce ever spiralling health and social care costs to name but a few. PA is an underappreciated asset in our clinical arsenal. This is despite it being described as the "best buy" for public health as far back as 1994. Today, barely a week goes by without a new piece of evidence on the contribution of physical activity to health, happiness, and longevity. Moreover, exercise is one of the cheapest and most effective forms of medicine.

What We Do and How We Do It

Our modus operandi is to work collaboratively and in partnership to get the most benefit from limited resources. Indeed, GBA is often seen as the organisation who brings others together; note our LA forum, our Inclusion Forum, our Social Prescriber network, our Sports for Development forum and so on. GBA run, support and enable some great programmes. These include delivering the DoFE Opening Schools Facilities programme into Berkshire and delivering Sport England's Together Fund across the county. We deliver our Active Medicine Programme (support and training) now funded by Health Education England to health care and allied professionals to increase their skills, knowledge and confidence to have positive conversations on PA. We have an acclaimed Pregnancy & Postnatal programme supporting the Frimley system (but not the BOB). We run employability courses on behalf of DWP (and train and support DWP staff). We have a growing Early Years Programme (Slough and Reading) providing support, resources and training to professionals and venues in the EY's space. Our Live Longer Better programme is providing up-skilling to those professionals and agencies working with older people (mainly in Berkshire West) and we deliver our EverActive programme (in Reading and West Berkshire) and our Reconditioning programme in Reading. We have worked with TVP and the TV VRU running youth intervention and crime reduction programmes in Slough and next in RBWM. Within the last 6 months we have embarked upon an ambitious programme of providing training and insight around system's thinking to a number of our LAs. We sit on the Slough Healthy Weight and Active Workplaces advisory groups doing similar things variously across the other LAs.

Our Work with Sport England

We continue to work closely with Sport England (SE) and they remain our major source of funding which comes in these two forms: System Role funding and delivery funding. System Role funding allows us to exist, operate and deliver our primary role to help SE achieve their national 'Uniting the Movement' strategy. Delivery funding is granted specifically to deliver defined projects such as the School Games.

This was the second year of the 2022-2027 5-year cycle of SE funding and, in addition to their planned system and programme funding we continued to receive additional funding in the form of the Together Fund which we distributed in terms of covid recovery and cost of living crisis support. More detail on how and to whom we distributed this money is contained later in this report. As part of our work with Sport England we were required to produce a detailed 6-monthly progress report and an Impact Report for our work in the previous year. This report can be found here:

A key role of all Active Partnerships is developing strategic networks across the county. GBA's role is to be the leading advocate for Sport and Physical Activity (PA) ensuring that key stakeholders such as NHS, Primary Care Networks (PCNs), Education Sector and Public Authorities maintain an emphasis and priority on physical activity. Our strategic engagement continues to grow locally and regionally. Due to the significantly increased interest in and importance of physical activity, in tackling inequalities and improving physical and mental health, our networks and conversations both with strategic partners and community led organisations have increased exponentially. Of particular note are the high numbers of people joining our forums and workshop events.

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31ST MARCH 2024**

GBA Strategic Intent

Our 2022-2026 Strategic Intent remains the central driver of our actions and it remains significantly aligned to the principles of Sport England's Uniting the Movement 10-year strategy. Our key objective is tackling inequalities both in the provision and uptake of physical activity but also in using physical activity to tackle wider societal issues such as around health and education. Our 3 key themed areas of work are Starting Life Well, Living Life Well and Ageing Well.

HOW WE WORK

Across our 3 themes we have five specific pillars (or objective areas) and by working in these pillars we believe we will be having an overall positive effect on our mission. These standard pillars are:

- i.** Systems Change: If we are going to have a positive effect, we need to understand the levers and blockers to change to enable us to create the platform for change.
- ii.** Networks & Partners: We will continue to build wider partnerships especially with non-sporting /PA organisations that work with our key target audiences:
- iii.** Workforce: We will support all areas of the workforce to enable them to change and improve their delivery
- iv.** Interventions: Co-ordinating and enabling collaboration between the myriad interventions / delivery that is happening; driving change within them to support disadvantaged groups is key to success.
- v.** Learning & Improving: Continuous and incremental improvement, using detailed insight, is the key to successful and sustainable change.

Our Key Theme Work

Theme 1: Starting Life Well

i. 1.1 Early Years Work - Through funding from the Sports Council Trust we have started to work with partners who work with under 5's (Children's Centres and Nurseries) knowing how important it is to get young people physically active early in life. As part of the work we have distributed funding to settings in our most disadvantaged areas for physical activity, provided workforce training to early years professionals through forums and giving partners the opportunity to form networks and share good practice. Our second year of the Early Years project has been focussed on engaging with key senior members within the local authorities to offer support to Early Years settings that would most benefit from training and small grants funding. Relationships within Slough have been a firm focus and has been successful. We have worked directly with the early years advisors to support 3 settings which have been identified as needing additional resources and training in the physical activity area. Training whole cohorts of staff has taken place at 6 settings across Berkshire, this has been received well and fits within settings timetables during staff inset and training days. Settings which have previously been funded are now coming to an end and some visits to see how the funding has impacted the children and staff have been completed, case studies have been completed on these and present with positive outcomes children. There remains a high significant interest in the work GBA is doing in Early Years and we are present within public health and local authority meetings for Slough, Reading and Wokingham. The delivery of training has developed and settings are now booking in additional training this will explore barriers which families can put in place to physical activity and how to overcome these. Working directly with settings has enabled our impact to be more directed to areas with greater need and reach a wider cohort of children.

1.2 School Support - Our school support has continued along very similar lines to 2022/23. We have maintained and updated our website, supported schools when asked (mainly through School Games and Opening School Facilities) and presented to strategic partners, headteacher groups and local authority education teams on our programmes linked to schools. We have continued to work with Brighter Futures to develop a schools' network in Reading. We help to arrange meetings and provide content and speakers which meet the identified needs of schools.

1.3 Berkshire School Games - As part of our SE investment we have continued to deliver the Berkshire School Games working with the county's School Games Organisers. Like all our work it has become targeted, focusing on young people who face barriers to participation and using physical activity to tackle inequalities. To meet these objectives, we organised a large-scale multi-sport event at Braywick Leisure Centre, Maidenhead. The event was made up of a mixture of competitive and invitational targeted competitions. We also had an Active 60 zone where pupils and schools could see how they could get 60 minutes of daily physical activity into their lives in a fun way. We also put a big emphasis on pupils having a positive experience so that they hopefully continue to be physically active after the event and being eco-friendly. In addition to the multi-sport festival, we organised a series of separate badged events include Cricket, Sportshall Athletics and Panathlon.

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31ST MARCH 2024**

1.4 Starting Life Well Fund- The fund is a programme funded by SE and aims to support Children and Young People (5-18) through Physical activity and sport delivery programmes. It has been decided that GBA will no longer continue to administer the SLW fund past 2024. There are 4 remaining projects who received funding between Jan 24- March 24. GBA will continue to support these programmes until their delivery finishes. Once this is done a report will be compiled to show the full impact of the fund.

1.5 Opening School Facilities (OSF) - This Department for Education funded programme to provide additional physical activity opportunities for targeted pupils and to open up to the wider community has continued in its second year and has seen us work with 16 Berkshire schools (primary, secondary and special). Funding has been distributed to schools so that they can arrange projects based on the needs and demands of pupils. Monthly monitoring is taking place and case studies demonstrating impact are starting to be captured. We have also arranged learning and sharing sessions so that schools can share good practice and help each other.

1.6 Children & Young People Active Lives Survey - We have continued to administer the survey in Berkshire on behalf of Sport England going out to the randomly selected schools each term. Our goal is to try to get enough completions per local authority to obtain a local authority report.

1.7 Crime Prevention: We have continued to fund some projects that directly or indirectly support crime prevention agendas. We have worked alongside Street Games to support their work to map local provision and to support their role out of Ministry of Justice funding in the region that will tackle crime through sports interventions. Meetings have taken place with StreetGames to produce a county wide joined up plan for crime prevention using sport. We have also continued to support organisations within our network and the workforce to develop the understanding and skills needed to support people at risk of becoming involved / already involved in crime.

GBA with support from StreetGames were successful in a funding bid from the Police and Crime Commission to coordinate a programme within RBWM, aiming to link up referral partners (Achieving for Children, Education, Youth Offending Teams) with community sport. The programme involves providing a referral pathway so any young person who is identified as being at risk of being involved/exploited in crime or anti-social behaviour can access sport with coaches who are upskilled to meet their needs. As of the end of March 24, we have created the referral pathway with 10 community sports clubs engaged on the programme, and so far, we have received 23 referrals of young people of differing needs. We are currently working to place these young people.

Theme 2: Living Life Well

2.1 Together Fund: The Together Fund (TF) supported local organisations with funding. It reached completion in 2023-24, having run for 4 years. The programme helped GBA tackle inequalities in the most disadvantaged communities. We funded 89 projects in total and distributed over £350K across projects that support those with disabilities, those from lower socio-economic groups, those with a long-term health condition or from an ethnically diverse community. Phase 5 of the Together Fund saw a focus on providing Resilience support to organisations within Berkshire, aiming to improve their overall sustainability through the cost-of-living crisis. 95 organisations attended various levels of support with 52 accessing more than one area of support. The different levels of support were online workshops, including social media and marketing, and charity governance, to 1-1 mentoring support through Our Community Enterprise and a 6-month support programme run by Sported. This was dovetailed by our own 1-1 support and funding advice. 100% agreed that the sessions:

- Were relevant to their organisations needs
- Content covered added value to their organisation
- Enabled them to gain valuable knowledge and insight
- Provided practical strategies which aided ongoing sustainability

2.2 The Active Medicine Programme: The Active Medicine Programme (AMP) is an umbrella term for various educational programmes to facilitate conversations around helping people and families to become more active. During April 2023 to March 2024 685 people engaged in the programme.

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31ST MARCH 2024**

2.3 Pregnancy and Postnatal: The Pregnancy and Postnatal work across Berkshire has grown month on month and aims to support mental wellbeing through a holistic approach. This includes the local delivery, a network, resources, a quarterly newsletter and workforce training. Since the launch of a collaborative partnership with Sport in Mind who oversee the delivery of the weekly pregnancy and mum and baby classes, with over 8 free classes taking place across 3 local authorities. Different sources of successful funding (including £48,500 from the Sports Council Trust Company to expand the programme and £16,000 from the South East Public Health Workforce fund) has provided the delivery of 5 This Mum Moves Ambassador training workshops (accredited by the CPD Standards Office and delivered by The Institute of Health Visiting and The Active Pregnancy Foundation), which equips professionals with the knowledge, skills, and confidence to discuss physical activity during pregnancy and after childbirth. The establishment of the Physical Activity in Maternity Network has proved popular which meets quarterly for any workforces in the maternity space to share learning, ideas and opportunities to support more pregnant and postnatal women adopt more active lifestyles and improve their mental wellbeing.

2.4 Employability Programmes (Adults): Our Employability Programmes aim at tackling employment by using physical activity, experiential learning and emotional intelligence to address the soft skills of individuals that contribute towards their employability. A small programme has been completed with clients from Ways into Work. All the clients have a learning disability and the aim was to get them moving regularly, socialising and thinking about how teamwork and communication can be used in different ways. 10 individuals along with their work coaches attended 6 sessions. 100% said that the sessions helped their mood and made them feel more confident in what they can achieve. We currently have a bid in with the DWP to run a year-long programme to 40 individuals. The bid sign off has stalled and we are expecting to pick this up when the new Programme Coordinator role begins as this role will help with capacity.

Theme 3: Ageing Well

3.1 Ever Active: Ever Active is an exercise Programme that supports older adults, who are seeking to improve their physical and mental health through the joy of seated movement, memory enhancing activities and fall prevention exercises (strength and balance). Our sessions also help to reduce feelings of loneliness and isolation as extra time is allocated before or after class for a coffee and chat. We currently deliver our Ever-Active Programme in Reading and West Berkshire, in areas of recorded higher deprivation and/or areas of high numbers of older adults who live alone. During 2023 - 2024 GBA delivered eight weekly seated exercise sessions in the Reading area, two sessions in Caversham and two in Tilehurst, one session in Coley, Reading town Centre, South Reading and an online session. During 23 - 24 GBA welcomed a total of 90 new participants from Reading Brough. Our West Berkshire Programme, GBA work in collaboration with Age UK Berkshire, Berkshire Vision and Berkshire Mencap to deliver an inclusive and varied Programme. During 2023 - 2024 GBA delivered 8 regular weekly seated exercises sessions in WB covering Thatcham, Newbury, Hungerford, Theale, Pangbourne, Burghfield, Calcot and one online session. When considering our partner's sessions, we delivered a combined total of twenty-two weekly sessions in WB and welcomed 157 new participants who joined our existing West Berkshire Ever Active family. In January 2024 GBA introduced new fall prevention exercise measures to help determine how effective our sessions are in aiding the prevention of falls. Our latest findings showed:

Fall Prevention Measures,

Sessions that participated in Fall Prevention Measures.	Calcot & Theale
Number of participants who agreed to take part	10
Percentage of participants who improved lower body strength measure (sit to stand)	90%
Percentage of participants whose lower body strength remained the same (sit to stand)	10%
Percentage of participants who improved balance measure (Single leg balance)	90%
Percentage of participants whose balance remained the same (single leg balance)	10%
Percentage of participants who improved lower body mobility (Get up and go test)	100%
Percentage of participants whose fall prevention ability decreased	0%
Average percent increase with sit to stand exercise. (lower body strength)	33%
Average percent increase with single leg balance (balance)	173%
Average percent increase with get up and go exercise. (lower body strength and mobility)	24%

3.2 Live Longer Better: Live Longer Better launched in 2020 as a collaboration between a number of Active Partnerships across the UK (including GBA), to fully capture the serious health crisis faced by older people and the ageing process. The over 80's population will double within ten years, with the majority of those aged 65 and over likely to experience poor health for more than half their remaining years causing additional stress on our current health and social care services. The Live Longer Better mission is to enable people to Live Longer Better (mainly through the power of movement and science and strong evidence-based statistics), to increase healthy life expectancy and reduce the period of time at the end of life when people are very dependent on others. GBA support the Live Longer Better mission through our ageing well programmes such as our Ever Active and the Reconditioning Programme, plus GBA also host Live Longer Better online webinars, where we invite various health professionals to present for GBA, to discuss the importance of physical activity as we age. Our Live Longer Better webinars for 23/24 have included:

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31ST MARCH 2024**

- June 2023 - Preventing and Managing Frailty - 100+ attendees
- October 2023 - Going Digital - 124 attendees

NB: Information on all our previous webinars can be found here.

3.3 Reconditioning Programme: The aim of our Reconditioning Programme (RP) is to improve the independence of older adults who are reluctant to leave their homes due to low mobility, low confidence and are a high risk of falls. The vast majority of our referrals come through Reading Social Prescribers and are identified as individuals who would benefit from this service. GBA offer our clients an average of six one-to-one coaching sessions from the comfort of their own home (as this mitigates the barrier of clients having to travel to access strength enhancing provisions and programmes). Our sessions are designed to improve their overall fitness through a bespoke, personal exercise programme tailored to their individual needs and goals. Their progress, with strength, stamina and confidence, is monitored and recorded throughout the programme in the form of a fitness test. On completion of the Reconditioning Programme, Clients are referred to various other organisations such as Age UK for information on services such as the out and about service, GLL Healthwise programme, 50+ activities such as Tai Chi sessions, lunch clubs etc to encourage continued independence and regular participation in exercise post the Reconditioning Programme. Due to the success of the programme, GBA have secured funding for another year through RBC and the funding has been increased to allow GBA to expand the programme commencing April 2024 from one day a week to two days a week. In March 2024 GBA employed an additional RP instructor to deliver the extra day.

MOBILITY OUTCOMES/YEAR END SUMMARY RECONDITIONING PROGRAMME 2023 - 2024

STRENGTH ABILITY OUTCOME

Percentage of clients whose strength ability improved	91% (30/33)
Percentage of clients whose strength ability decreased	0%
Percentage of clients whose strength ability remained the same	3% (1/33)
Percentage of clients who were unable to take the retest	6% (2/33)

STAMINA ABILITY OUTCOME

Percentage of clients whose stamina ability improved	91% (30/33)
Percentage of clients whose stamina ability decreased	0%
Percentage of clients whose stamina ability remained the same	3% (1/33)
Percentage of clients who were unable to take the retest	6% (2/33)

Average percent in strength ability increase over the year. 49%

Average percent increase in strength ability per quarter

Q1	40%
Q2	52%
Q3	55%
Q4	50%

Average percent increase in stamina ability over the year. 38%

Average percent increase in stamina ability per quarter

Q1	11%
Q2	37%
Q3	51%
Q4	53%

BEHAVIOUR CHANGE OUTCOMES

CONFIDENCE MEASURE OUTCOME

Percentage of clients whose confidence improved	94% (31/33)
Percentage of clients whose confidence decreased	0%
Percentage of clients whose confidence remained the same	6% (2/33)

Average percent in confidence score over the year 29%

Average percent in confidence increase per quarter.

Q1	30
Q2	32%
Q3	30%
Q4	25%

POST PROGRAMME WIDER BENEFITS

Name of service client referred onto post Reconditioning Programme	Number
Age UK Out&About Service and/or Befriending Service	17
GBA Ever Active Programme	9
Older Adult Social Groups/lunch clubs	1
Local Gyms	2

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31ST MARCH 2024**

Other health related charities	1
Local Tai-Chi classes	1
Declined ongoing referral	2

3.4 Fall Proof: Our Fall Proof Resources focus on six exercises which are designed to improve strength and balance. Our Fall Proof resources come in the form of six prompt cards, with one exercise on each card. The cards are designed to be placed around the home in specific locations as a reminder to complete the exercises daily. For Example, one card reads 'Going Past the stairs? Now's the time to complete your stepping up a step exercise.' All cards contain a written and visual explanation of how to perform the exercises safely and effectively. During April 2023 - March 2024 GBA distributed over 500 Fall Proof cards.

Cross Cutting Themes

4.1 Workforce:

- Team Berkshire: After consultation it was decided that our Team Berkshire site would be closed down and content would be moved onto the main website. This was to make it easier for groups to view and not confuse our "brand".

- Support for the Workforce and Organisations within Berkshire. We have been successful with a £5k bid from the Berkshire Community Foundation, with £3k in kind from our workforce budget we have £8K dedicated to supporting organisations and the workforce with relevant webinars, workshops, training and 1-1 mentoring. We will kick off the support with 3 webinars run by Our Community Enterprise on the Funding Cycle. The sessions will break down how organisations would go about accessing and applying for different funding pots. Over the year we will also work with OCE to provide funding and "business" development support to selected clubs and small charities.

4.2 Themed Forums and Support: Over the past year we have continued to hold regular partner engagement events which enable us to connect different organisations and link parts of the physical activity and wellbeing system together.

- Our quarterly local authority forums continue to provide a platform to bring different departments together to discuss a range of topics, share learning, and more recently integrate systems change thinking. Over the past 12 months we have had key topics and relevant speakers including; Place Based Working (where Laureus presented) and Physical Activity for Health Pathways (where Move Consulting presented)

- The Berkshire Inclusion Network consists of local, regional and national partners who come together to share learning and listen to experts in different fields of inclusion. A forum focused on funding took place in July which was well attended and provided an opportunity for partners to hear about funding opportunities, top tips and make connections with other organisations and was well received.

- The Berkshire quarterly Physical Activity in Maternity Network was established and has been well received. This network provides an opportunity to bring a range of workforces together across Berkshire (e.g. midwives, health visitors, female physios, public health, social prescribers, pregnant and postnatal exercise instructors, charities etc) to share learning, ideas and opportunities to support more pregnant and postnatal women adopt more active lifestyles and improve their mental wellbeing.

- GBA continues to help drive the National Active Partnership Maternity network, helping facilitate quarterly meetings and arranging speakers and sharing learning. This top-down bottom-up approach to the work in this space has proved invaluable in sharing challenges, ideas and understanding system change approaches across the network.

- GBA have delivered National Governing Body (NGB) Forums to bring together those who govern the sport sector to think about systemic change and collaboration that will increase physical activity at the local level. Our 1st structured NGB forum was delivered in Jan 24, with 17 different sports represented in the room. The session introduced the new Sport Welfare Officer to the delegates and introduced GBA's way of thinking around system thinking and tackling issues all are facing through a systemic lens. The second session is planned for May 24 with the longer-term aim of bringing NGB and Clubs together in a Sport Conference on October 24.

- GBA delivered a 'Sport For Development' forum. This brought together over 60 partners, creating connections / raising their capabilities to achieve social outcomes through sport.

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31ST MARCH 2024**

4.3 Measuring, evaluating and learning: We use different measures and targets of success to help us understand how our programmes/interventions are performing as well as how we are progressing in achieving our strategic objectives. These are regularly reflected on and updated as our work evolves. Evaluation frameworks help us to plan how and when to measure and evaluate. The final part, learning, has become increasingly more important to support us in reflecting on the blockers and enablers to achieving our aims. Internal learning reviews and sharing learning with partners is crucial to improving as an organisation.

4.4 Insight: We use local and national data, insight and research to help us understand the needs of people in Berkshire and the unrepresented groups that we target, as well as various insight/mapping tools. It helps us to identify areas most in need and those facing the greatest inequalities to help allocate our funding, resources and time appropriately and effectively.

4.5 Marketing and Communications: We've used our marketing and communications channels to engage in campaigns that help us to raise awareness of inequality in Berkshire. A number of our most successful campaigns have been around targeting women and girls, encouraging sharing of stories, raising awareness of safety issues and providing information on opportunities to get active. Video has taken a more prominent role in our content in multiple aspects. One of the biggest benefits of this being the ability to showcase the faces of the team to build familiarity on our channels. Our website has been and is being continually updated to reflect our target audiences in a more representative way, including segmenting pages and signposting based on audience.

4.6 Leadership / Team Building training: We delivered training to leaders from the 3rd sector through experiential learning (MTC) activities. We received an overall average rating of 9 out of 10 from participants. This training focussed on developing self-awareness and leadership and communication skills for senior officers / managers.

We delivered team building and essential skills development training to a number of partner organisations such as Ways into Work and DWP.

4.7 System Training: We have created various system training programmes to support groups of partners to understand what system thinking is. This training also helps partners understand how to identify system changes that are needed in order to tackle inactivity locally - and how they can contribute to this. We delivered x6 workshops to local authorities, health partners, police, providers, 3rd sector partners and more. We have also delivered training to Active Partnerships within the national network to support their understanding and capabilities around system thinking. This includes leading on a national systems thinking community of learning.

4.8 Strategic Partnership Support: GBA have supported public health teams with 'Healthy Weight System Approaches'. We attended and helped facilitate / design workshops and strategic plans to tackle obesity with Slough public health team. The planning stages for this work are also underway in Reading and Wokingham.

- GBA have also initiated a joint strategic planning process with Street Games to build a county-wide approach to crime prevention through sport and physical activity.

- GBA have attended local area climate change partnerships and supported the development of local plans. In particular in Reading and Bracknell we have supported the strategic thinking in these groups to consider system level interventions.

Key Policies & Standards:

5.1 Equality, Equity, Diversity and Inclusion (EEDI): Get Berkshire Active have focused their work on the Diversity and Inclusion Plan (DIAP), which initially is a 12-month assessed plan (led by AKD Solutions and Sport England as part of our Governance requirement). Key elements addressed include Strategy and Leadership, Recruitment, Stakeholder Participation, Governance, Marketing and Data. GBA have had an initial 'good' rated assessment of our DIAP but this work will continually be embedded across all we do to ensure we check and challenge ourselves to work towards a truly inclusive and equitable organisation, internally and with our external work. We have created a resource hub and involve team members and our Board Champion in the work we are developing and exploring, including re-writing our EEDI policy, holding workshops on Transgender inclusion and reviewing our recruitment practices.

5.2 Safeguarding: GBA continues to be committed to ensuring that the safeguarding and protection of young people and adults at risk is at the heart of what we and our partners do. Over the past 12 months we have

- Delivered our 2023 Safeguarding plan and implemented aspects of the 2024 plan
- Reviewed and updated our Safeguarding policies
- Been assessed by the Child Protection in Sport Unit and met their assessment criteria
- Engaged with GBA's Safeguarding Board Champion resulting in regular meetings to review and develop our safeguarding work including the production of a safeguarding dashboard for the board
- Updated our website so that support tools and key information is available to partners

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31ST MARCH 2024**

- Regularly put important safeguarding information on social media content and newsletters
- Put plans in place to measure the impact of our safeguarding interventions
- Recruit a Sport Welfare Officer (funded by Sport England) to provide support to clubs and NGB's around Safeguarding and Welfare. More details below.
- Submitted our evidence for the Ann Craft Trust Safeguarding Adults Framework (feedback and result due April 2024)

5.3 Sport Welfare Officer: The Sport Welfare Officer (SWO) role has been developed following the Whyte review into British Gymnastics. A network of new officers is being deployed across all Active Partnerships to assist National Governing Bodies (NGB's) and their clubs with safeguarding and welfare needs. The main focus of the project is to encourage NGB's and clubs to move from compliance with safeguarding legislation to creating a culture where safeguarding is a key aspect of everyday practices by supporting them with training, sharing of best practice and understanding the wider safeguarding network such as Child Protection in Sport Unit (CPSU), Ann Craft Trust and Local Authority Designated Officers (LADO's).

Meeting with NGB's has been the main focus of the initial part of the project, to explain the existing safeguarding landscape of each sport and help both parties understand how best to work together. So far, we have met with, Berks & Bucks FA, British Judo, England Boxing, Lawn Tennis Association (LTA), England Netball, Volleyball England, England Athletics, Basketball England, Badminton England, British Cycling, Boccia England and Paddle UK (formerly British Canoeing and Kayaking). We have begun the process of contacting clubs in Berkshire and will continue to do so once we get the green light from more NGB's.

Finances:

6.1 Investment: It is part of Get Berkshire Active's role to source funding for sport and physical activity in the community. During this period, a total of £826K has been secured for programmes in Berkshire - £216K from non-Sport England sources and £610K has been invested in the county through Sport England's investment in our programmes.

6.2 Results for the year: The results are set out in the Statement of Financial Activities. Incoming resources for the year were £826K (2023: £997K), resources expended were £844K (2023: £1,018K) and the deficit for the year was £18K (deficit 2023: £21K). The fund balances carried forward at 31st March 2024 were £454K represented by unrestricted funds of £280K (2023: £286K) and restricted funds of £174K (2023: £185K).

6.3 Reserves Policy: The company will set aside a sum by way of a reserve against unforeseen contingencies. This sum will be used in the event of the organisation being threatened with closure, for redundancy payments, to cover long term sickness liabilities and maternity pay. The company will seek to maintain reserves equivalent to three months budgeted expenditure and will include a sum for this operating reserve in budget planning. The charity holds reserves exceeding this amount and has started to fund some projects within the county and continues to maintain capacity in excess of current Sport England funding to deliver our objectives. The charity will continue to hold higher reserves short-term but the investment in projects and capacity should reduce unrestricted reserves to the minimum for complying with our policy by the end of this funding cycle (March 2027).

Structure, Governance and Management

7.1 Governing Document: The company is governed by its Memorandum and Articles of Association dated 17th August 2011 as amended by Special Resolutions dated 7th December 2012, 17th December 2015, 20th September 2017 and 11th December 2019 and constitutes a limited company, limited by guarantee, as defined by the Companies act 2006. GBA also publishes an annual governance statement in accordance with the UK Code of Sports Governance.

7.2 Board of Trustees: There have been no retirements of new additions to the board in this period. Details of our board can be found here. All Board Members/Trustees are registered on the Companies House and Charity Commission portals. We worked hard during this period to ensure we maintained our compliance with the UK Code of Sports Governance, including meeting a new or enhanced requirements in 7 areas of the code. These included appointing a welfare champion and creating a succession plan for senior executive and board roles. We have been informed by the Sport England Governance Team that we have met all the requirements.

7.3 Trustee Recruitment & Induction: Trustees are recruited through an open and competitive process using this recruitment pack. We aim to cast our net far and wide and recruit a diverse range of suitably qualified individuals paying attention to both gender and other diverse categories. There is an induction process which helps to guide the new trustee in the first weeks/months of their appointment.

7.4 Management: GBA is led and managed by the CEO supported by an experienced Senior Leadership Team and a paid staff of mixed full and part-time roles. The organisation of the staff and their roles were reviewed alongside the implementation of our new strategic intent.

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31ST MARCH 2024**

STRUCTURE, GOVERNANCE AND MANAGEMENT

Organisational Structure

The CEO, Brett Nicholls, is ultimately responsible for the day to day management and long-term strategic leadership of the organisation. He is supported in this by four senior members (Nick West-Oram, Kirsty Heath, James Craggs and Cathy Carr) whom together make up the Senior Leadership team (SLT). In total, including the SLT, GBA employs 14 staff in a mixture of full and part-time roles to deliver its Strategic Intent. The CEO and GBA's Finance Director (Dr Claire Sweeney) report to the Board through its Chair (Richard Parker) and to the Finance & Governance Committee (a sub-committee of the full board) through its Chair (Avril Couper).

STATEMENT OF TRUSTEES' RESPONSIBILITIES

The trustees (who are also the directors of Get Berkshire Active Ltd for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) including Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland".

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the trustees are aware:

- there is no relevant audit information of which the charitable company's auditors are unaware; and
- the trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditors are aware of that information.

Approved by order of the board of trustees on and signed on its behalf by:

.....
R A Parker - Trustee

REPORT OF THE INDEPENDENT AUDITORS TO THE MEMBERS OF GET BERKSHIRE ACTIVE LTD

Opinion

We have audited the financial statements of Get Berkshire Active Ltd (the 'charitable company') for the year ended 31st March 2024 which comprise the Statement of Financial Activities, the Balance Sheet, the Cash Flow Statement and notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice), including Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland'.

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31st March 2024 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice, including Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland'; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditors' responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The trustees are responsible for the other information. The other information comprises the information included in the Annual Report, other than the financial statements and our Report of the Independent Auditors thereon.

Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

Opinions on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the Report of the Trustees for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the Report of the Trustees has been prepared in accordance with applicable legal requirements.

REPORT OF THE INDEPENDENT AUDITORS TO THE MEMBERS OF GET BERKSHIRE ACTIVE LTD

Matters on which we are required to report by exception

In the light of the knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the Report of the Trustees.

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the trustees were not entitled to take advantage of the small companies exemption from the requirement to prepare a Strategic Report or in preparing the Report of the Trustees.

Responsibilities of trustees

As explained more fully in the Statement of Trustees' Responsibilities, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Our responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue a Report of the Independent Auditors that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

We gained an understanding of the legal and regulatory framework applicable to Get Berkshire Active and the sector in which it operates, and considered the risk of acts by the charity that were contrary to applicable laws and regulations, including fraud. We designed audit procedures to respond to the risk, recognising that the risk of not detecting a material misstatement due to fraud is higher than the risk of not detecting one resulting from error, as fraud may involve deliberate concealment by, for example, forgery or intentional misrepresentations, or through collusion.

We focussed on laws and regulations which could give rise to a material misstatement in the financial statements, including, but not limited to, the Charities Act 2011 and UK tax legislation. Our procedures included:

- agreeing the financial statement disclosures to underlying supporting documentation
- enquiries with management
- understanding of management's internal controls designed to prevent and detect irregularities.

There are inherent limitations in the audit procedures described above and, the further removed non-compliance with laws and regulations is from the events and transactions reflected in the financial statements, the less likely we would become aware of it. As in all our audits, we also addressed the risk of management override of internal controls, including testing journals and evaluating whether there was evidence of bias by the directors that represented a risk of material misstatement due to fraud.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at www.frc.org.uk/auditorsresponsibilities. This description forms part of our Report of the Independent Auditors.

**REPORT OF THE INDEPENDENT AUDITORS TO THE MEMBERS OF
GET BERKSHIRE ACTIVE LTD**

Use of our report

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.

Kevin Ellerby (Senior Statutory Auditor)
for and on behalf of Richardson Jones
Chartered Accountants &
Registered Auditors
Mercury House
19-21 Chapel Street
Marlow
Buckinghamshire
SL7 3HN

Date:

GET BERKSHIRE ACTIVE LTD

STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31ST MARCH 2024

	Notes	Unrestricted fund £	Restricted fund £	31.3.24 Total funds £	31.3.23 Total funds £
INCOME AND ENDOWMENTS FROM					
Charitable activities	3				
Sport England		-	609,502	609,502	770,363
Local Authority		-	120,919	120,919	81,990
Other public body		-	16,400	16,400	106,567
Non-public		3,990	62,500	66,490	33,195
Investment income	2	12,870	-	12,870	4,880
Total		<u>16,860</u>	<u>809,321</u>	<u>826,181</u>	<u>996,995</u>
EXPENDITURE ON					
Charitable activities	4				
Sport England		-	623,823	623,823	760,704
Local Authority		-	109,901	109,901	86,616
Other public body		-	31,306	31,306	79,771
Non-public		21,299	57,559	78,858	90,592
Total		<u>21,299</u>	<u>822,589</u>	<u>843,888</u>	<u>1,017,683</u>
NET INCOME/(EXPENDITURE)		(4,439)	(13,268)	(17,707)	(20,688)
Transfers between funds	11	<u>(1,880)</u>	<u>1,880</u>	<u>-</u>	<u>-</u>
Net movement in funds		(6,319)	(11,388)	(17,707)	(20,688)
RECONCILIATION OF FUNDS					
Total funds brought forward		285,898	185,436	471,334	492,022
TOTAL FUNDS CARRIED FORWARD		<u><u>279,579</u></u>	<u><u>174,048</u></u>	<u><u>453,627</u></u>	<u><u>471,334</u></u>

The notes form part of these financial statements

GET BERKSHIRE ACTIVE LTD (REGISTERED NUMBER: 07743643)

**BALANCE SHEET
31ST MARCH 2024**

	Notes	Unrestricted fund £	Restricted fund £	31.3.24 Total funds £	31.3.23 Total funds £
CURRENT ASSETS					
Debtors	9	-	65,700	65,700	92,718
Cash at bank		279,579	208,744	488,323	544,986
		<u>279,579</u>	<u>274,444</u>	<u>554,023</u>	<u>637,704</u>
CREDITORS					
Amounts falling due within one year	10	-	(100,396)	(100,396)	(166,370)
		<u>279,579</u>	<u>174,048</u>	<u>453,627</u>	<u>471,334</u>
NET CURRENT ASSETS					
		<u>279,579</u>	<u>174,048</u>	<u>453,627</u>	<u>471,334</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>279,579</u>	<u>174,048</u>	<u>453,627</u>	<u>471,334</u>
NET ASSETS		<u>279,579</u>	<u>174,048</u>	<u>453,627</u>	<u>471,334</u>
FUNDS	11				
Unrestricted funds				279,579	285,898
Restricted funds				174,048	185,436
TOTAL FUNDS				<u>453,627</u>	<u>471,334</u>

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on and were signed on its behalf by:

.....
R A Parker - Trustee

.....
P W Owen OBE - Trustee

The notes form part of these financial statements

GET BERKSHIRE ACTIVE LTD

CASH FLOW STATEMENT
FOR THE YEAR ENDED 31ST MARCH 2024

	Notes	31.3.24 £	31.3.23 £
Cash flows from operating activities			
Cash generated from operations	1	(69,533)	(17,573)
Net cash used in operating activities		<u>(69,533)</u>	<u>(17,573)</u>
Cash flows from investing activities			
Interest received		<u>12,870</u>	<u>4,880</u>
Net cash provided by investing activities		<u>12,870</u>	<u>4,880</u>
Change in cash and cash equivalents in the reporting period		<u>(56,663)</u>	<u>(12,693)</u>
Cash and cash equivalents at the beginning of the reporting period		<u>544,986</u>	<u>557,679</u>
Cash and cash equivalents at the end of the reporting period		<u><u>488,323</u></u>	<u><u>544,986</u></u>

The notes form part of these financial statements

GET BERKSHIRE ACTIVE LTD

NOTES TO THE CASH FLOW STATEMENT
FOR THE YEAR ENDED 31ST MARCH 2024

1. RECONCILIATION OF NET EXPENDITURE TO NET CASH FLOW FROM OPERATING ACTIVITIES

	31.3.24	31.3.23
	£	£
Net expenditure for the reporting period (as per the Statement of Financial Activities)	(17,707)	(20,688)
Adjustments for:		
Interest received	(12,870)	(4,880)
Decrease/(increase) in debtors	27,018	(45,617)
(Decrease)/increase in creditors	(65,974)	53,612
Net cash used in operations	<u>(69,533)</u>	<u>(17,573)</u>

2. ANALYSIS OF CHANGES IN NET FUNDS

	At 1.4.23	Cash flow	At 31.3.24
	£	£	£
Net cash			
Cash at bank	544,986	(56,663)	488,323
	<u>544,986</u>	<u>(56,663)</u>	<u>488,323</u>
Total	<u>544,986</u>	<u>(56,663)</u>	<u>488,323</u>

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST MARCH 2024**

1. ACCOUNTING POLICIES**Basis of preparing the financial statements**

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Allocation and apportionment of costs

Charitable activities expenditure represents all costs incurred which are directly attributable to projects. Costs of generating funds represents expenditure incurred to promote the charity.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Fixed asset capitalisation policy

The charity has a policy not to capitalise assets under £1,000.

Pension

The charitable company pays into an auto-enrolment compliant group scheme since April 2015. This is a defined contribution pension scheme and payments are at the same rate for each employee. Contributions are charged to the Statement of Financial Activities in the period to which they relate.

2. INVESTMENT INCOME

	31.3.24	31.3.23
	£	£
Bank interest received	12,870	4,880
	<u>12,870</u>	<u>4,880</u>

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31ST MARCH 2024**

3. INCOME FROM CHARITABLE ACTIVITIES

		31.3.24	31.3.23
	Activity	£	£
Grants/Commissioned projects	Sport England	609,502	770,363
Grants/Commissioned projects	Local Authority	120,919	81,990
Grants/Commissioned projects	Other public body	16,400	106,567
Grants/Commissioned projects	Non-public	66,490	33,195
		<u>813,311</u>	<u>992,115</u>

All grants received in the year related to the primary objects and activities of the charity.

4. CHARITABLE ACTIVITIES COSTS

	Direct Costs £	Support costs (see note 5) £	Totals £
Sport England	133,952	489,871	623,823
Local Authority	85,345	24,556	109,901
Other public body	14,663	16,643	31,306
Non-public	63,346	15,512	78,858
	<u>297,306</u>	<u>546,582</u>	<u>843,888</u>

5. SUPPORT COSTS

	Management £
Sport England	489,871
Local Authority	24,556
Other public body	16,643
Non-public	15,512
	<u>546,582</u>

Support costs, included in the above, are as follows:

Management

	Sport England £	Local Authority £	Other public body £
Wages	361,518	22,736	12,800
Social security	32,692	(1,872)	728
Pensions	35,636	3,336	867
Rent	12,185	-	-
Travel	4,773	356	559
Insurance	3,211	-	-
Partnership meetings	2,044	-	-
Post, printing and stationery	561	-	-
IT and communications	2,713	-	689
Marketing	4,668	-	-
Computer and website costs	15,914	-	-
Other office costs	4,681	-	-
Payroll costs	756	-	-
	<u>481,352</u>	<u>24,556</u>	<u>15,643</u>
Carried forward			

GET BERKSHIRE ACTIVE LTD

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31ST MARCH 2024**

5. SUPPORT COSTS - continued

Management - continued

	Sport England £	Local Authority £	Other public body £
Brought forward	481,352	24,556	15,643
Governance and Board meetings	2,489	-	1,000
Audit fee	6,030	-	-
	<u>489,871</u>	<u>24,556</u>	<u>16,643</u>
		31.3.24	31.3.23
		Total	Total
	Non-public £	activities £	activities £
Wages	12,786	409,840	403,910
Social security	1,163	32,711	33,523
Pensions	1,227	41,066	43,670
Rent	-	12,185	11,028
Travel	336	6,024	4,701
Insurance	-	3,211	2,945
Partnership meetings	-	2,044	5,453
Post, printing and stationery	-	561	767
IT and communications	-	3,402	4,145
Marketing	-	4,668	3,241
Computer and website costs	-	15,914	21,281
Other office costs	-	4,681	5,109
Payroll costs	-	756	648
Governance and Board meetings	-	3,489	1,905
Audit fee	-	6,030	3,553
	<u>15,512</u>	<u>546,582</u>	<u>545,879</u>

6. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31st March 2024 nor for the year ended 31st March 2023.

Trustees' expenses

Trustees expenses of £104 (2023 : £40) were paid to 1 Trustee (2023: 4 Trustees) during the year ended 31 March 2024. These expenses were all reimbursements for travel costs.

7. STAFF COSTS

No employee received a salary at a rate of more than £66,188 per annum in the period.

The average numbers of staff during the year was 13 (2023 : 13).

GET BERKSHIRE ACTIVE LTD

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31ST MARCH 2024

8. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted fund £	Total funds £
INCOME AND ENDOWMENTS FROM			
Charitable activities			
Sport England	-	770,363	770,363
Local Authority	-	81,990	81,990
Other public body	-	106,567	106,567
Non-public	5,045	28,150	33,195
Investment income	4,880	-	4,880
Total	<u>9,925</u>	<u>987,070</u>	<u>996,995</u>
EXPENDITURE ON			
Charitable activities			
Sport England	-	760,704	760,704
Local Authority	-	86,616	86,616
Other public body	-	79,771	79,771
Non-public	1,968	88,624	90,592
Total	<u>1,968</u>	<u>1,015,715</u>	<u>1,017,683</u>
NET INCOME/(EXPENDITURE)	7,957	(28,645)	(20,688)
Transfers between funds	13,203	(13,203)	-
Net movement in funds	21,160	(41,848)	(20,688)
RECONCILIATION OF FUNDS			
Total funds brought forward	264,738	227,284	492,022
TOTAL FUNDS CARRIED FORWARD	<u>285,898</u>	<u>185,436</u>	<u>471,334</u>

9. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.24 £	31.3.23 £
Trade debtors	61,211	90,969
Prepayments and accrued income	4,489	1,749
	<u>65,700</u>	<u>92,718</u>

GET BERKSHIRE ACTIVE LTD

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31ST MARCH 2024**

10. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.24	31.3.23
	£	£
Trade creditors	51,113	22,908
Other creditors	4,816	4,816
Accruals and deferred income	44,467	138,646
	<u>100,396</u>	<u>166,370</u>

Deferred income consists of grant income that belongs to the next fiscal year. The balance of deferred income at the year end is £17,513 (2023: Nil) which is attributable to the BCF Resilience grant, the SCTC for Pregnancy Grant and the income for the School's Conference.

11. MOVEMENT IN FUNDS

The fund balances are held for the following purposes:

General fund

- Represents unrestricted funds held for the general running and administration of the charitable company.

Restricted funds

- Represents all grants and related expenditure where the donor has specified how the funds should be applied, for example grants from Sport England, Greenham Common Trust, Berkshire Community Foundation and other local organisations.

Transfers between funds

During the year £1,880 was transferred between unrestricted and restricted funds for the year ended 31 March 2023 (2022: £13,203).

12. RELATED PARTY DISCLOSURES

During the year, the charity made payments of £200 (2023: £900) to the Berkshire Cricket Community Foundation as grants, where the Finance director for both entities is the same individual. There was an outstanding balance owed to Berkshire Cricket Community Foundation of £1,100 at the year end (2023: Nil).

13. ULTIMATE CONTROLLING PARTY

The operations of the charitable company are controlled by the Directors.

14. SHARE CAPITAL

The charitable company has no share capital, being limited by guarantee under the provisions of the Companies Act 2006.

15. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Restricted funds £	General funds £	Total funds £
Fund balances at 31 March 2024 are represented by:-			
Tangible fixed assets	-	-	-
Current assets	274,444	279,579	554,023
Current liabilities	(100,396)	-	(100,396)
	<u>174,048</u>	<u>£279,579</u>	<u>£453,627</u>