

**REPORT OF THE TRUSTEES AND  
FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31ST MARCH 2023  
FOR  
GET BERKSHIRE ACTIVE LTD**

Richardson Jones  
Chartered Accountants &  
Registered Auditors  
Mercury House  
19-21 Chapel Street  
Marlow  
Buckinghamshire  
SL7 3HN

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FOR THE YEAR ENDED 31ST MARCH 2023**

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**GET BERKSHIRE ACTIVE LTD**

**REFERENCE AND ADMINISTRATIVE DETAILS  
FOR THE YEAR ENDED 31ST MARCH 2023**

**TRUSTEES**

K R Ross MBE  
A M Couper  
P W Owen OBE  
C Thelwall-Jones (resigned 24.11.22)  
G Harrison (resigned 23.3.23)  
J S Worthy (resigned 24.11.22)  
R Leach  
T Hussain  
R A Parker  
J Halliday  
H S Obhi  
H E Batchelor (appointed 24.11.22)  
V Bradley (appointed 24.11.22)

**COMPANY SECRETARY**

B A Nicholls

**REGISTERED OFFICE**

Salisbury Room  
Bisham Abbey Sports Centre  
Marlow Road  
Nr Marlow  
Bucks  
SL7 1RR

**REGISTERED COMPANY NUMBER** 07743643 (England and Wales)

**REGISTERED CHARITY NUMBER** 1150486

**AUDITORS**

Richardson Jones  
Chartered Accountants &  
Registered Auditors  
Mercury House  
19-21 Chapel Street  
Marlow  
Buckinghamshire  
SL7 3HN

**BANKERS**

Barclays Bank  
Leicester  
LE87 2BB

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The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31st March 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

## **OBJECTIVES AND AIMS**

The Objectives of the Charitable Company, in accordance with its Memorandum of Association, are for the public benefit to promote community participation in healthy recreation for the benefit of the inhabitants of Berkshire in particular by:

- 1) Working with and through local agencies to increase levels of participation in sport and physical activity;
- 2) Promoting and providing programmes and services for sport, recreation, physical activity, informal education and other leisure time occupation for healthy recreation;
- 3) Promoting and providing facilities and services for recreational, sporting or other leisure time occupation in the interests of social welfare for the public at large or those who by reason of their youth, age, infirmity or disablement, financial hardship or social and economic circumstances, have need of such facilities and services;
- 4) The improvement and preservation of good health and well-being through participation in healthy recreation;
- 5) Education, training and coaching courses which promote physical health and fitness; and
- 6) Facilitating and providing impact evaluation, performance measurement and related intelligence for public benefit in the context of sport, recreation, physical activity and wider health and well-being.

In setting their objectives and planning their activities the Board have given careful consideration to the Charity Commission's guidance on public benefit.

## **ACHIEVEMENTS AND PERFORMANCE 2022-2023**

### **Who We Are**

Get Berkshire Active (GBA) is part of a network of 43 other similar organisations - Active Partnerships (APs) in England. We are loosely federated to and supported by a national team. We are a charity with a purpose to promote physical activity and sport to the benefit of the whole Berkshire population but specifically to support those most normally excluded.

### **Recovering from Covid-19 and Lockdowns**

The aftermath of the pandemic is having lasting effects. On the one hand more and more organisations and partners are understanding the value and importance of physical activity. However, the legacy of Covid and the cost-of-living crisis has had a disproportionately negative impact on those who were already the least likely and able to be regularly active. Thus, our work, and aim to tackle inequalities, is even more important.

In terms of staff the ways of working accelerated by the lockdowns have enabled us to be a mainly home and flexible working-based organisation. The vast majority of our key partners switched to online meetings during the pandemic and have remained operating that way.

### **Our Work with Sport England**

We continue to work closely with Sport England (SE) and they remain our major source of funding which comes in these two forms: System Role funding and delivery funding. System Role funding allows us to exist, operate and deliver our primary role to help SE achieve their national 'Uniting the Movement' strategy. Delivery funding is granted specifically to deliver defined projects such as the School Games.

This was the first year of the new 5-year cycle of SE funding and, in addition to their planned system and programme funding we received additional funding in the form of the Together Fund which we distributed in terms of covid recovery and cost of living crisis support. More detail on how and to whom we distributed this money is contained later in this report. As part of our work with Sport England we were required to produce a detailed 6-monthly progress report and an Impact Report for our work in the previous year. This report can be found here: <https://getberkshireactive.org/impact>

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A key role of all Active Partnerships is developing strategic networks across the county. GBA's role is to be the leading advocate for Sport and Physical Activity (PA) ensuring that key stakeholders such as NHS, Clinical Commissioning Groups (CCGs), Education Sector and Public Authorities maintain an emphasis and priority on physical activity. Our strategic engagement continues to grow locally and regionally. Due to the significantly increased interest in and importance of physical activity (due to covid and social isolation) our networks and conversations both with strategic partners and community led organisations have increased exponentially. This has been significantly supported and enhanced by the Together Fund and our Starting Life Well Fund - more of which later in this report. The Local Authority Forums have continued virtually with good representation across the six local authorities.

### **GBA Strategic Intent**

This last year saw us delivering on the first year of our new Strategic Intent which is significantly aligned to the principles of Sport England's Uniting the Movement 10-year strategy. Our key objective is tackling inequalities both in the provision and uptake of physical activity but also in using physical activity to tackle wider societal issues such as around health and education. Our 3 key themed areas of work are Starting Life Well, Living Life Well and Ageing Well. This report is first split by these three themes (although some areas of work do cross boundaries).

### **HOW WE WORK**

Across our 3 themes we have five specific pillars (or objective areas) and by working in these pillars we believe we will be having an overall positive effect on our mission. These standard pillars are:

- i. **Systems Change:** If we are going to have a positive effect, we need to understand the levers and blockers to change to enable us to create the platform for change.
- ii. **Networks & Partners:** We will continue to build wider partnerships especially with non-sporting /PA organisations that work with our key target audiences:
- iii. **Workforce:** We will support all areas of the workforce to enable them to change and improve their delivery
- iv. **Interventions:** Co-ordinating and enabling collaboration between the myriad interventions / delivery that is happening; driving change within them to support disadvantaged groups is key to success.
- v. **Learning & Improving:** Continuous and incremental improvement, using detailed insight, is the key to successful and sustainable change.

### **Our Key Theme Work**

#### **Theme 1: Starting Life Well**

**1.1 Early Years Work** - Through funding from the Sports Council Trust we have started to work with partners who work with under 5's (Children's Centres and Nurseries) knowing how important it is to get young people physically active early in life. As part of the work we have distributed funding to settings in our most disadvantaged areas for physical activity, provided workforce training to early years professionals through forums and giving partners the opportunity to form networks and share good practice.

**1.2 Primary School Premium:** Due to our work being targeted and place based we haven't been given a formal role around the Primary School Sports Premium (PSSP) however we update our webpages and support schools when asked questions related to the premium. Over the course of the last year we have continued to work together with Brighter Futures for Children on their Move More programme. Move More is a programme aimed at increasing physical activity levels amongst young people in targeted parts of Reading. GBA has put together content and arranged speakers for teachers' network meetings over the last 12 months.

**1.3 Berkshire School Games** - As part of our SE investment we have continued to deliver the Berkshire School Games working with the county's School Games Organisers. The games have continued to evolve over the last 12 months with even more of an emphasis on pupils who are less sporty and face barriers to participation and schools from more disadvantaged areas. Our spring festival in March 2023 saw us use Braywick Leisure Centre, Maidenhead for the first time.

**1.4 Starting Life Well Fund-** The fund is a programme funded by SE and aims to support Children and Young People (5-18) through Physical activity and sport delivery programmes. Along with increasing physical activity levels the fund also provides opportunities for inactive young people in a fun and accessible way, based on individual and community needs. Alongside this, these projects will also tackle wider social outcomes such as opportunities for people living with disabilities and diverse communities.

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**1.5 Opening School Facilities (OSF)** - Alongside all other Active Partnerships we have started to distribute Department for Education funding in a programme called Opening School Facilities (OSF). The purpose of the funding is to support schools in more disadvantaged areas to increase extra-curricular physical activity opportunities to pupils who face barriers accessing them and to open up to the wider community (not just pupils of the school). We will be working with a minimum of 17 Berkshire primary, secondary and special schools as part of the 3-year programme. Youth Sport Trust and Street games are also partners in the programme.

**1.6 Children & Young People Active Lives Survey** - We have continued to administer the survey in Berkshire on behalf of Sport England going out to the randomly selected schools each term.

**1.7 Crime Prevention:** We have continued to fund some projects that directly or indirectly support crime prevention agendas. We have worked alongside Street Games to support their work to map local provision and to support their role out of Ministry of Justice funding in the region that will tackle crime through sports interventions. We have also continued to support organisations within our network and the workforce to develop the understanding and skills needed to support people at risk of becoming involved / already involved in crime.

## **Theme 2: Living Life Well**

**2.1 Together Fund:** The Together Fund (TF) supports local organisations with funding. It is now in its fourth year with a continued focus on tackling inequalities in the most disadvantaged communities. We have continued to work on systemic projects through the fund, with a recent adjustment towards supporting organisations and residents struggling with the cost of living crisis. We have funded 30 projects this year and distributed £199K across projects that support those with disabilities, those from lower socio-economic groups, those with a long-term health condition or from an ethnically diverse community.

**2.2 The Active Medicine Programme:** The Active Medicine Programme (AMP) is an umbrella term for various educational programmes to facilitate conversations around helping people and families to become more active. During April 2022 to March 2023 699\* people engaged in the programme.

**2.3 Mum's Zone:** The Mums' Zone programme has been supporting pregnant women and new mums in deprived communities to access physical activity to improve mental health issues. A collaborative partnership with Sport in Mind was launched in September 2022 commissioning this charity to lead on the face-to-face delivery programme across various settings in Slough, allowing GBA to lead on more of the strategic elements as outlined previously through embedding PA within maternity pathways. We plan to continue the collaboration with Sport in Mind after the announcement in April of £38,500 investment to expand the programme. The This Mum Moves Ambassador cascade training course was first delivered in November 2022, coordinated by GBA and delivered by The Institute of Health Visiting with the aim of upskilling all parts of the maternity workforce, from midwives and health visitors to women's physios and instructors working with pregnant and postnatal women.

**2.4 Employability Programmes (Adults):** Funded by the DWP and Groundworks London, the two programmes were aimed at tackling employment by using physical activity, experiential learning and emotional intelligence to address the soft skills of individuals that contribute towards their employability. Through the 2 programmes we delivered training to 95 adults.

## **Theme 3: Ageing Well**

**3.1 Ever Active:** Ever Active is a programme that supports older and disabled adults, who are seeking to improve their health and fitness through the joy of seated exercise and wellness sessions and, in turn reduce the feelings of loneliness and isolation. We currently deliver our Ever Active Programme in the Reading and West Berkshire area in various locations such as older adult lunch clubs, church halls, residential homes, Dementia Cafes and wellbeing groups for people living with Long-Term Health Conditions (LTHC). With our West Berkshire Programme, GBA work in collaboration with AgeUK, Berkshire Vision and Mencap to deliver an inclusive and varied programme.

**3.2 Live Longer Better:** Live Longer Better launched in 2020 as a collaboration between a number of Active Partnerships across the UK (including GBA), to fully capture the serious health crisis faced by older people and the ageing process. The over 80's population will double within ten years, with the majority of those aged 65 and over likely to experience poor health for more than half their remaining years causing additional stress on our current health and social care services. The Live Longer Better mission is to enable people to Live Longer Better (mainly through the power of movement and science and strong evidence based statistics), to increase healthy life expectancy and reduce the period of time at the end of life when people are very dependent on others. GBA support the Live Longer Better mission through our ageing well programmes such as our Ever Active and the Reconditioning Programme, plus GBA also host quarterly Live Longer Better online webinars, where we invite various health professionals to present for GBA, to discuss the importance of physical activity as we age. Our Live Longer Better webinars for 22/23 have included:

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- **April 2022** Living with Dementia, Focusing on Dementia - 40 attendees.
- **October 2022** Standing up to Falling Down Fall Prevention Webinar - 80 attendees.
- **February 2023** More Movement = Less Pain. The importance of Physical activity and managing LTHC - 100+ Attendees

NB: Information on all our previous webinars can be found [here](#).

**3.3 Reconditioning Programme:** GBA'S Reconditioning Programme aim is to improve the fitness, strength and mobility of older adults (in the Reading Region and currently a one day a week programme) who are unable to leave their homes due to low mobility and/or low confidence. This is achieved by offering our clients an average of eight one-to-one coaching sessions from the comfort of their own home. Our sessions are designed to meet the aims and objectives of the clients' needs by improving their overall fitness. Their progress is monitored and recorded through a fitness test (which GBA calls a movement ability check form). On completion of the Reconditioning Programme, Clients are referred to Age UK for information on services such as the out and about service to help maintain their mobility independence and improve feelings of isolation. Due to the success of the programme, GBA have secured funding for another year through RBC. During April 2022 and March 2023 GBA Supported 22 Reconditioning Clients with the following results:

- Average strength Improvement - 38% increase in ability.
- Average stamina improvement - 32 % increase in ability.

**3.4 Fall Proof:** Our Fall Proof Resources focus on six exercises which are designed to improve strength and balance. Our Fall Proof resources come in the form of six prompt cards, with one exercise on each card. The cards are designed to be placed around the home in specific locations as a reminder to complete the exercises daily. For Example, one card reads 'Going Past the stairs? Now's the time to complete your stepping up a step exercise.' All cards contain a written and visual explanation of how to perform the exercises safely and effectively. During April 2022 - March 2023 GBA distributed over 250 Fall Proof cards.

## **Cross Cutting Themes**

**4.1 Workforce:** Team Berkshire has been designed to be the workforce portal for everyone who are considered 'workforce'. There is a hybrid of creating networks to build the relationship with our workforce and resources to further develop individual understanding and knowledge. We have targeted funding on several large projects that have supported the coaching (and wider workforce) to develop the skills needed to tackle various agendas in the Sport for Development space. This includes how to support those with Special Educational Needs and Disabilities, those at risk of being involved in crime and those with mental health issues. We have also helped those working in the mental health sphere to develop the skills and understanding of how physical activity can help their clients. Our training has included systems training for public sector and 3rd sector partners to help them understand how to tackle physical inactivity through changes to the system itself. We have also delivered organisational development training to our partners through Mobile Team Challenge techniques, including leadership, team building, emotional intelligence, communication etc.

**4.2 Themed Forums and Support:** Over the past year we have continued to hold regular partner engagement events which enable us to connect different organisations and link parts of the physical activity and wellbeing system together.

- Our quarterly local authority forums provide a platform to bring different departments together to discuss a range of topics, share learning, and more recently integrate systems change thinking. These forums are always well attended and local authorities have regularly commented on the usefulness of GBA facilitating these meetings and bringing partners together.

- In March 2023 GBA partnered with Sport in Mind to host our second face-to-face partner networking forum (since Covid) with 75 delegates attending. This Movement for Mental Health forum included demonstrating the importance and evidence of movement for mental health, sharing impact stories of local Berkshire projects and providing an opportunity to network and collaborate across different sectors to support better connections. The feedback has been very positive; all attendees found it useful to their work and 95% agreed it helped them to connect or reconnect with other partners.

- GBA coordinated regular East Berkshire Inclusion network meetings and has recently opened this network as a Berkshire wide inclusion network. The network consists of local, regional and national partners who come together to share learning and listen to experts in different fields of inclusion. A face-to-face forum (the first since Covid) took place in June '22 at Reading FC with over 50 organisations attending and with very positive feedback.

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- GBA continues to help drive the National Active Partnership Maternity network, helping facilitate quarterly meetings and arranging speakers and sharing learning. This top-down bottom-up approach to the work in this space has proved invaluable in sharing challenges, ideas and understanding system change approaches across the network.

- GBA have delivered National Governing Body (NGB) Forums to bring together those who govern the sport sector to think about systemic change and collaboration that will increase physical activity at the local level.

**4.3 Measuring, evaluating and learning:** Using various methods we measure the progress of our programmes and strategic objectives to help us understand our impact and effectiveness. Learning is an important aspect of our work and reflecting on our successes and challenges helps us to improve and continually adapt.

**4.4 Insight:** We use local and national data, insight and research to help us understand the needs of people in Berkshire and the unrepresented groups that we target. It helps us to focus on specific areas of need and allocate our funding, resources and time appropriately.

**4.5 Marketing and Communications:** Our new Marketing and Communications strategy has been developed to target specific underrepresented communities and those least active, aiming to serve them through our public channels, informing and inciting an active lifestyle. We also use our channels to serve and amplify the voice of partners we work with, sharing our reach and our knowledge to help assist in creating change.

**4.6 Leadership / Team Building training:** Working directly with the TVP Violence Reduction Unit (VRU) we delivered 2 Team Building Days to a newly developed team within the VRU. Alongside Mobile Team Challenge, the first day was structured to bring together individuals from different organisations, with the aim of getting them to work together as one entity, building trust and understanding so they could move through the next year of delivery. The final day was done 4 weeks before the end of the programme and brought the group back together to reflect and plan the next steps individually and for the group.

#### **Key Policies & Standards:**

**5.1 Equality & Diversity:** Get Berkshire Active is fully committed to the principles of equality of opportunity. We have a Board member championing this area and ensure staff and Board members complete the Equality training through our online training portal. As part of our equality work we have statements and areas on our web site around 'Tackling Racism and Racial Inequality' and on 'Promoting female safety' we are also a 'White Ribbon Supporter' to show our commitment to ending male violence against women. GBA has signed up to the Inclusive Employers training and some workshops have already taken place. This includes working up a plan of focus for the year which will include support for the strategy. We are still awaiting Sport England to confirm the new expectations for the Diversity Inclusion Action Plan (DIAP) which will be key in guiding our work and direction in this area. We are addressing this agenda locally via the Inclusion Network and forums which will all support the direction of our work locally.

**5.2 Safeguarding:** GBA continues to be committed to ensuring that the safeguarding and protection of young people and adults at risk is at the heart of what we and our partners do. Over the past 12 months we have

- Delivered our 2022 Safeguarding plan and implemented aspects of the 2023 plan
- Reviewed and updated our Safeguarding policies
- Been assessed by the Child Protection in Sport Unit and met their assessment criteria
- Engaged with the GBA Board around our CYP Safeguarding work
- Updated our website so that support tools and key information is available to partners
- Regularly put important safeguarding information on social media content and newsletters
- Put plans in place to measure the impact of our safeguarding interventions
- Commenced the Ann Craft Trust Adult Safeguarding Framework audit

#### **Finances:**

**6.1 Investment:** It is part of Get Berkshire Active's role to source funding for sport and physical activity in the community. During this period, a total of £997K has been secured for programmes in Berkshire - £227K from non-Sport England sources and £770K has been invested in the county through Sport England's investment in our programmes.

**6.2 Results for the year:** The results are set out in the Statement of Financial Activities. Incoming resources for the year were £997K (2022: £889K), resources expended were £1,018K (2022: £923K) and the deficit for the year was £21K (deficit 2022: £34K). The fund balances carried forward at 31st March 2023 were £471K represented by unrestricted funds of £286K (2022: £268K) and restricted funds of £185K (2022: £224K).



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**6.3 Reserves Policy:** The company will set aside a sum by way of a reserve against unforeseen contingencies. This sum will be used in the event of the organisation being threatened with closure, for redundancy payments, to cover long term sickness liabilities and maternity pay. The company will seek to maintain reserves equivalent to three months budgeted expenditure and will include a sum for this operating reserve in budget planning. The charity holds reserves exceeding this amount and has started to fund some projects within the county and continues to maintain capacity in excess of current Sport England funding to deliver our objectives. The charity will continue to hold higher reserves short-term but the investment in projects and capacity should reduce unrestricted reserves to the minimum for complying with our policy by the end of this funding cycle (March 2027).

**7.1 Governing Document:** The company is governed by its Memorandum and Articles of Association dated 17th August 2011 as amended by Special Resolutions dated 7th December 2012, 17th December 2015, 20th September 2017 and 11th December 2019 and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006. GBA also publishes an annual governance statement in accordance with the UK Code of Sports Governance.

**7.2 Board of Trustees:** We had two retirements and two new additions to the Board in this period. Details of our board can be found here. All Board Members/Trustees are registered on the Companies House and Charity Commission portals. We remain a Tier 3 organisation in terms of the UK Code of Sports Governance and believe we will be in a good position to maintain 'accreditation' to this when expected changes and updates take place in the next reporting period. Part of this is the requirement to have an external board evaluation every 4 years and the latest external evaluation was conducted during the period Mar-Jun 2021. The review looked both at current compliance, ways of operating and at strategic improvements. The review was very positive and showed no specific issues in any area. The review was shared with SE and is available here.

**7.3 Trustee Recruitment & Induction:** Trustees are recruited through an open and competitive process using this recruitment pack. We aim to cast our net far and wide and recruit a diverse range of suitably qualified individuals paying attention to both gender and other diverse categories. There is an induction process which helps to guide the new trustee in the first weeks/months of their appointment.

**7.4 Management:** GBA is led and managed by the CEO supported by an experienced Senior Leadership Team and a paid staff of mixed full and part-time roles. The organisation of the staff and their roles were reviewed alongside the implementation of our new strategic intent.

## **STRUCTURE, GOVERNANCE AND MANAGEMENT**

### **Organisational Structure**

The CEO, Brett Nicholls, is ultimately responsible for the day to day management and long-term strategic leadership of the organisation. He is supported in this by four senior members (Nick West-Oram, Kirsty Heath, James Craggs and Cathy Carr) whom together make up the Senior Leadership team (SLT). In total, including the SLT, GBA employs 14 staff in a mixture of full and part-time roles to deliver its Strategic Intent. The CEO and GBA's Finance Director (Dr Claire Sweeney) report to the Board through its Chair (Richard Parker) and to the Finance & Governance Committee (a sub-committee of the full board) through its Chair (Avril Couper).

### **STATEMENT OF TRUSTEES' RESPONSIBILITIES**

The trustees (who are also the directors of Get Berkshire Active Ltd for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) including Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland".

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

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**STATEMENT OF TRUSTEES' RESPONSIBILITIES - continued**

In so far as the trustees are aware:

- there is no relevant audit information of which the charitable company's auditors are unaware; and
- the trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditors are aware of that information.

Approved by order of the board of trustees on ..... and signed on its behalf by:

.....  
R A Parker - Trustee

## **REPORT OF THE INDEPENDENT AUDITORS TO THE MEMBERS OF GET BERKSHIRE ACTIVE LTD**

### **Opinion**

We have audited the financial statements of Get Berkshire Active Ltd (the 'charitable company') for the year ended 31st March 2023 which comprise the Statement of Financial Activities, the Balance Sheet, the Cash Flow Statement and notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice), including Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland'.

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31st March 2023 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice, including Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland'; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

### **Basis for opinion**

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditors' responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

### **Conclusions relating to going concern**

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

### **Other information**

The trustees are responsible for the other information. The other information comprises the information included in the Annual Report, other than the financial statements and our Report of the Independent Auditors thereon.

Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

### **Opinions on other matters prescribed by the Companies Act 2006**

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the Report of the Trustees for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the Report of the Trustees has been prepared in accordance with applicable legal requirements.

## **REPORT OF THE INDEPENDENT AUDITORS TO THE MEMBERS OF GET BERKSHIRE ACTIVE LTD**

### **Matters on which we are required to report by exception**

In the light of the knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the Report of the Trustees.

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the trustees were not entitled to take advantage of the small companies exemption from the requirement to prepare a Strategic Report or in preparing the Report of the Trustees.

### **Responsibilities of trustees**

As explained more fully in the Statement of Trustees' Responsibilities, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

### **Our responsibilities for the audit of the financial statements**

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue a Report of the Independent Auditors that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

We gained an understanding of the legal and regulatory framework applicable to Get Berkshire Active and the sector in which it operates, and considered the risk of acts by the charity that were contrary to applicable laws and regulations, including fraud. We designed audit procedures to respond to the risk, recognising that the risk of not detecting a material misstatement due to fraud is higher than the risk of not detecting one resulting from error, as fraud may involve deliberate concealment by, for example, forgery or intentional misrepresentations, or through collusion.

We focussed on laws and regulations which could give rise to a material misstatement in the financial statements, including, but not limited to, the Charities Act 2011 and UK tax legislation. Our procedures included:

- agreeing the financial statement disclosures to underlying supporting documentation
- enquiries with management
- understanding of management's internal controls designed to prevent and detect irregularities.

There are inherent limitations in the audit procedures described above and, the further removed non-compliance with laws and regulations is from the events and transactions reflected in the financial statements, the less likely we would become aware of it. As in all our audits, we also addressed the risk of management override of internal controls, including testing journals and evaluating whether there was evidence of bias by the directors that represented a risk of material misstatement due to fraud.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at [www.frc.org.uk/auditorsresponsibilities](http://www.frc.org.uk/auditorsresponsibilities). This description forms part of our Report of the Independent Auditors.

**REPORT OF THE INDEPENDENT AUDITORS TO THE MEMBERS OF  
GET BERKSHIRE ACTIVE LTD**

**Use of our report**

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.

Kevin Ellerby (Senior Statutory Auditor)  
for and on behalf of Richardson Jones  
Chartered Accountants &  
Registered Auditors  
Mercury House  
19-21 Chapel Street  
Marlow  
Buckinghamshire  
SL7 3HN

Date: .....

GET BERKSHIRE ACTIVE LTD

STATEMENT OF FINANCIAL ACTIVITIES  
FOR THE YEAR ENDED 31ST MARCH 2023

	Notes	Unrestricted fund £	Restricted fund £	31.3.23 Total funds £	31.3.22 Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>					
<b>Charitable activities</b>	3				
Sport England		-	770,363	770,363	692,483
Local Authority		-	81,990	81,990	90,638
Other public body		-	106,567	106,567	21,284
Non-public		5,045	28,150	33,195	80,974
Investment income	2	4,880	-	4,880	3,659
<b>Total</b>		<u>9,925</u>	<u>987,070</u>	<u>996,995</u>	<u>889,038</u>
<b>EXPENDITURE ON</b>					
<b>Charitable activities</b>	4				
Sport England		-	760,704	760,704	740,468
Local Authority		-	86,616	86,616	95,388
Other public body		-	79,771	79,771	32,669
Non-public		1,968	88,624	90,592	54,581
<b>Total</b>		<u>1,968</u>	<u>1,015,715</u>	<u>1,017,683</u>	<u>923,106</u>
<b>NET INCOME/(EXPENDITURE)</b>		7,957	(28,645)	(20,688)	(34,068)
<b>Transfers between funds</b>	11	<u>13,203</u>	<u>(13,203)</u>	<u>-</u>	<u>-</u>
<b>Net movement in funds</b>		21,160	(41,848)	(20,688)	(34,068)
<b>RECONCILIATION OF FUNDS</b>					
Total funds brought forward		264,738	227,284	492,022	526,090
<b>TOTAL FUNDS CARRIED FORWARD</b>		<u><u>285,898</u></u>	<u><u>185,436</u></u>	<u><u>471,334</u></u>	<u><u>492,022</u></u>

The notes form part of these financial statements

**GET BERKSHIRE ACTIVE LTD**

**BALANCE SHEET  
31ST MARCH 2023**

	Notes	Unrestricted fund £	Restricted fund £	31.3.23 Total funds £	31.3.22 Total funds £
<b>CURRENT ASSETS</b>					
Debtors	9	92,718	-	92,718	47,101
Cash at bank		359,550	185,436	544,986	557,679
		<u>452,268</u>	<u>185,436</u>	<u>637,704</u>	<u>604,780</u>
<b>CREDITORS</b>					
Amounts falling due within one year	10	(166,370)	-	(166,370)	(112,758)
<b>NET CURRENT ASSETS</b>		<u>285,898</u>	<u>185,436</u>	<u>471,334</u>	<u>492,022</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		<u>285,898</u>	<u>185,436</u>	<u>471,334</u>	<u>492,022</u>
<b>NET ASSETS</b>		<u>285,898</u>	<u>185,436</u>	<u>471,334</u>	<u>492,022</u>
<b>FUNDS</b>	11				
Unrestricted funds				285,898	264,738
Restricted funds				185,436	227,284
<b>TOTAL FUNDS</b>				<u>471,334</u>	<u>492,022</u>

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on ..... and were signed on its behalf by:

.....  
R A Parker - Trustee

.....  
A M Couper - Trustee

The notes form part of these financial statements

GET BERKSHIRE ACTIVE LTD

**CASH FLOW STATEMENT  
FOR THE YEAR ENDED 31ST MARCH 2023**

	Notes	31.3.23 £	31.3.22 £
<b>Cash flows from operating activities</b>			
Cash generated from operations	1	(17,573)	(17,048)
Net cash used in operating activities		<u>(17,573)</u>	<u>(17,048)</u>
<b>Cash flows from investing activities</b>			
Interest received		4,880	3,659
Net cash provided by investing activities		<u>4,880</u>	<u>3,659</u>
<b>Change in cash and cash equivalents in the reporting period</b>		<u>(12,693)</u>	<u>(13,389)</u>
<b>Cash and cash equivalents at the beginning of the reporting period</b>		<u>557,679</u>	<u>571,068</u>
<b>Cash and cash equivalents at the end of the reporting period</b>		<u><u>544,986</u></u>	<u><u>557,679</u></u>

The notes form part of these financial statements



GET BERKSHIRE ACTIVE LTD

NOTES TO THE CASH FLOW STATEMENT  
FOR THE YEAR ENDED 31ST MARCH 2023

1. RECONCILIATION OF NET EXPENDITURE TO NET CASH FLOW FROM OPERATING ACTIVITIES

	31.3.23 £	31.3.22 £
<b>Net expenditure for the reporting period (as per the Statement of Financial Activities)</b>	(20,688)	(34,068)
<b>Adjustments for:</b>		
Interest received	(4,880)	(3,659)
(Increase)/decrease in debtors	(45,617)	57,517
Increase/(decrease) in creditors	53,612	(36,838)
<b>Net cash used in operations</b>	<u>(17,573)</u>	<u>(17,048)</u>

2. ANALYSIS OF CHANGES IN NET FUNDS

	At 1.4.22 £	Cash flow £	At 31.3.23 £
<b>Net cash</b>			
Cash at bank	557,679	(12,693)	544,986
	<u>557,679</u>	<u>(12,693)</u>	<u>544,986</u>
<b>Total</b>	<u>557,679</u>	<u>(12,693)</u>	<u>544,986</u>

The notes form part of these financial statements

**NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31ST MARCH 2023**

**1. ACCOUNTING POLICIES****Basis of preparing the financial statements**

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

**Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

**Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

**Allocation and apportionment of costs**

Charitable activities expenditure represents all costs incurred which are directly attributable to projects. Costs of generating funds represents expenditure incurred to promote the charity.

**Taxation**

The charity is exempt from corporation tax on its charitable activities.

**Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

**Fixed asset capitalisation policy**

The charity has a policy not to capitalise assets under £1,000.

**Pension**

The charitable company pays into an auto-enrolment compliant group scheme since April 2015. This is a defined contribution pension scheme and payments are at the same rate for each employee. Contributions are charged to the Statement of Financial Activities in the period to which they relate.

**2. INVESTMENT INCOME**

	31.3.23	31.3.22
	£	£
Bank interest received	4,880	3,659
	<u>4,880</u>	<u>3,659</u>

**NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31ST MARCH 2023**

**3. INCOME FROM CHARITABLE ACTIVITIES**

		31.3.23	31.3.22
	Activity	£	£
Grants/Commissioned projects	Sport England	770,363	692,483
Grants/Commissioned projects	Local Authority	81,990	90,638
Grants/Commissioned projects	Other public body	106,567	21,284
Grants/Commissioned projects	Non-public	33,195	80,974
		<u>992,115</u>	<u>885,379</u>

All grants received in the year related to the primary objects and activities of the charity.

**4. CHARITABLE ACTIVITIES COSTS**

	Direct Costs £	Support costs (see note 5) £	Totals £
Sport England	327,738	432,966	760,704
Local Authority	73,060	13,556	86,616
Other public body	11,490	68,281	79,771
Non-public	59,516	31,076	90,592
	<u>471,804</u>	<u>545,879</u>	<u>1,017,683</u>

**5. SUPPORT COSTS**

	Management £
Sport England	432,966
Local Authority	13,556
Other public body	68,281
Non-public	31,076
	<u>545,879</u>

Support costs, included in the above, are as follows:

**Management**

	Sport England £	Local Authority £	Other public body £
Wages	310,553	13,593	53,910
Social security	28,948	(2,569)	5,113
Pensions	33,408	2,489	5,235
Rent	11,028	-	-
Travel	1,640	43	2,365
Insurance	2,945	-	-
Post, printing and stationery	767	-	-
IT and communications	3,487	-	658
Marketing	12,008	-	-
Computer and website costs	17,967	-	-
Other office costs	4,109	-	1,000
Payroll costs	648	-	-
Professional fees	-	-	-
Carried forward	<u>427,508</u>	<u>13,556</u>	<u>68,281</u>

**NOTES TO THE FINANCIAL STATEMENTS - continued**  
**FOR THE YEAR ENDED 31ST MARCH 2023**

**5. SUPPORT COSTS - continued****Management - continued**

	Sport England £	Local Authority £	Other public body £
Brought forward	427,508	13,556	68,281
Governance and Board meetings	1,905	-	-
Audit fee	3,553	-	-
	<u>432,966</u>	<u>13,556</u>	<u>68,281</u>
		31.3.23	31.3.22
		Total	Total
	Non-public £	activities £	activities £
Wages	25,854	403,910	392,928
Social security	2,031	33,523	31,737
Pensions	2,538	43,670	39,191
Rent	-	11,028	19,873
Travel	653	4,701	979
Insurance	-	2,945	2,282
Post, printing and stationery	-	767	727
IT and communications	-	4,145	5,696
Marketing	-	12,008	2,231
Computer and website costs	-	17,967	10,508
Other office costs	-	5,109	9,486
Payroll costs	-	648	648
Professional fees	-	-	693
Governance and Board meetings	-	1,905	3,930
Audit fee	-	3,553	3,671
	<u>31,076</u>	<u>545,879</u>	<u>524,580</u>

**6. TRUSTEES' REMUNERATION AND BENEFITS**

There were no trustees' remuneration or other benefits for the year ended 31st March 2023 nor for the year ended 31st March 2022.

**Trustees' expenses**

Trustees expenses of £40 were paid during the year ended 31 March 2023 (2022 : £NIL). These consisted solely of car parking expenses reimbursed to 4 Trustees.

**7. STAFF COSTS**

No employee received a salary at a rate of more than £65,100 per annum in the period.

The average numbers of staff during the year was 14 (2021 : 13).

**NOTES TO THE FINANCIAL STATEMENTS - continued**  
**FOR THE YEAR ENDED 31ST MARCH 2023**

**8. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES**

	Unrestricted fund £	Restricted fund £	Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>			
<b>Charitable activities</b>			
Sport England	-	692,483	692,483
Local Authority	-	90,638	90,638
Other public body	-	21,284	21,284
Non-public	10,082	70,892	80,974
Investment income	3,659	-	3,659
<b>Total</b>	<u>13,741</u>	<u>875,297</u>	<u>889,038</u>
<b>EXPENDITURE ON</b>			
<b>Charitable activities</b>			
Sport England	-	740,468	740,468
Local Authority	-	95,388	95,388
Other public body	-	32,669	32,669
Non-public	5,391	49,190	54,581
<b>Total</b>	<u>5,391</u>	<u>917,715</u>	<u>923,106</u>
<b>NET INCOME/(EXPENDITURE)</b>	8,350	(42,418)	(34,068)
<b>Transfers between funds</b>	(703)	703	-
<b>Net movement in funds</b>	<u>7,647</u>	<u>(41,715)</u>	<u>(34,068)</u>
<b>RECONCILIATION OF FUNDS</b>			
Total funds brought forward	257,091	268,999	526,090
<b>TOTAL FUNDS CARRIED FORWARD</b>	<u>264,738</u>	<u>227,284</u>	<u>492,022</u>

**9. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	31.3.23 £	31.3.22 £
Trade debtors	90,969	42,464
Prepayments and accrued income	1,749	4,637
	<u>92,718</u>	<u>47,101</u>

**NOTES TO THE FINANCIAL STATEMENTS - continued**  
**FOR THE YEAR ENDED 31ST MARCH 2023**

**10. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	31.3.23	31.3.22
	£	£
Trade creditors	22,908	16,969
Other creditors	4,816	4,816
Accruals and deferred income	138,646	90,973
	<u>166,370</u>	<u>112,758</u>

**11. MOVEMENT IN FUNDS**

The fund balances are held for the following purposes:

**General fund**

- Represents unrestricted funds held for the general running and administration of the charitable company.

**Restricted funds**

- Represents all grants and related expenditure where the donor has specified how the funds should be applied, for example grants from Sport England, Greenham Common Trust, Berkshire Community Foundation and other local organisations.

**Transfers between funds**

During the year £13,203 was transferred between restricted and unrestricted funds representing the surpluses for the years ended 31 March 2023 (2022: £703).

**12. RELATED PARTY DISCLOSURES**

During the year, the charity made payments of £1,400 (2022: £1,216) to the Berkshire Cricket Community Foundation as grants, where the finance director for both entities is the same individual. There were no outstanding balances at the year end (2022: nil).

**13. ULTIMATE CONTROLLING PARTY**

The operations of the charitable company are controlled by the Directors.

**14. SHARE CAPITAL**

The charitable company has no share capital, being limited by guarantee under the provisions of the Companies Act 2006.

**15. ANALYSIS OF NET ASSETS BETWEEN FUNDS**

	Restricted funds £	General funds £	Total funds £
Fund balances at 31 March 2023 are represented by:-			
Tangible fixed assets	-	-	-
Current assets	153,607	484,097	637,704
Current liabilities	-	(166,370 )	(166,370)
	<u>153,607</u>	<u>£317,727</u>	<u>£471,334</u>

GET BERKSHIRE ACTIVE LTD

DETAILED STATEMENT OF FINANCIAL ACTIVITIES  
FOR THE YEAR ENDED 31ST MARCH 2023

	31.3.23 £	31.3.22 £
<b>INCOME AND ENDOWMENTS</b>		
<b>Investment income</b>		
Bank interest received	4,880	3,659
<b>Charitable activities</b>		
Grants/Commissioned projects	992,115	885,379
<b>Total incoming resources</b>	996,995	889,038
<b>EXPENDITURE</b>		
<b>Charitable activities</b>		
Project expenses	-	393,317
Programme delivery	471,804	5,209
	471,804	398,526
<b>Support costs</b>		
<b>Management</b>		
Wages	403,910	392,928
Social security	33,523	31,737
Pensions	43,670	39,191
Rent	11,028	19,873
Travel	4,701	979
Insurance	2,945	2,282
Post, printing and stationery	767	727
IT and communications	4,145	5,696
Marketing	12,008	2,231
Computer and website costs	17,967	10,508
Other office costs	5,109	9,486
Payroll costs	648	648
Professional fees	-	693
Governance and Board meetings	1,905	3,930
Audit fee	3,553	3,671
	545,879	524,580
Total resources expended	1,017,683	923,106
<b>Net expenditure</b>	(20,688)	(34,068)

This page does not form part of the statutory financial statements