

Get Berkshire Active

England & Wales · Charity number 1150486

Details

Other names	BERKSHIRE COUNTY SPORTS PARTNERSHIP, GET ACTIVE BERKSHIRE
Status	Registered
Legal form	Charitable company
Company number	07743643
Registered	2013-01-14
Register	View on the Charity Commission register

Contact

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Activities

Objects: THE OBJECTS OF THE CHARITY ARE FOR THE PUBLIC BENEFIT TO PROMOTE COMMUNITY PARTICIPATION IN HEALTHY RECREATION FOR THE BENEFIT OF THE INHABITANTS OF BERKSHIRE IN PARTICULAR BY:- (1)WORKING WITH AND THROUGH LOCAL AGENCIES TO INCREASE LEVELS OF PARTICIPATION IN SPORT AND PHYSICAL ACTIVITY;(2)PROMOTING AND PROVIDING PROGRAMMES AND SERVICES FOR SPORT, RECREATION, PHYSICAL ACTIVITY, INFORMAL EDUCATION AND OTHER LEISURE TIME OCCUPATION FOR HEALTHY RECREATION;(3)PROMOTING AND PROVIDING FACILITIES AND SERVICES FOR RECREATIONAL, SPORTING OR OTHER LEISURE TIME OCCUPATION IN THE INTERESTS OF SOCIAL WELFARE FOR THE PUBLIC AT LARGE OR THOSE WHO BY REASON OF THEIR YOUTH, AGE, INFIRMITY OR DISABLEMENT, FINANCIAL HARDSHIP OR SOCIAL AND ECONOMIC CIRCUMSTANCES, HAVE NEED OF SUCH FACILITIES AND SERVICES; (4)THE IMPROVEMENT AND PRESERVATION OF GOOD HEALTH AND WELL-BEING THROUGH PARTICIPATION IN HEALTHY RECREATION; (5)EDUCATION, TRAINING AND COACHING COURSES WHICH PROMOTE PHYSICAL HEALTH AND FITNESS;(6)FACILITATING AND PROVIDING IMPACT EVALUATION, PERFORMANCE MEASUREMENT AND RELATED INTELLIGENCE FOR PUBLIC BENEFIT IN THE CONTEXT OF SPORT, RECREATION, PHYSICAL ACTIVITY AND WIDER HEALTH AND WELL-BEING.

Activities: Get Berkshire Active is the Active Partnership for Berkshire, our remit is to champion and inspire sport and physical activity encouraging more people to become more active. We work throughout the county of Berkshire with our 6 Unitary Authorities, schools, youth groups, sports clubs, public, private and charitable leisure providers, charities, social enterprises and other bodies.

Classification

- **How:** Makes Grants To Organisations, Provides Human Resources, Provides Services, Provides Advocacy/advice/information, Acts As An Umbrella Or Resource Body
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives, Disability, Amateur Sport, Economic/community Development/employment, Recreation
- **Who:** Children/young People, Elderly/old People, People With Disabilities, People Of A Particular Ethnic Or Racial Origin, Other Charities Or Voluntary Bodies, Other Defined Groups, The General Public/mankind

Geography

- Bracknell Forest
- Reading
- Slough
- West Berkshire
- Windsor And Maidenhead
- Wokingham

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£843,243	£844,393	£452,477	15
2024-03-31	£826,181	£843,888	£453,627	13
2023-03-31	£996,995	£1,017,683	£471,334	14
2022-03-31	£889,038	£923,106	£492,022	13
2021-03-31	£915,730	£772,019	£526,090	13

Trustees

Name	Role	Appointed
Richard Parker	Chair	2020-06-18
Alastair Charles Strang		2024-12-18
Andrew John Coveney		2025-03-16
Anna Stephanie Wyatt		2025-03-16
Dr Harjinder Singh Obhi		2021-03-11
Helen Elizabeth Batchelor		2022-12-15
Joanna Halliday		2020-06-18
Rebecca Leach		2020-06-18
Tameena Hussain		2020-06-18
Victoria Bradley		2022-12-15

Accounts

**REPORT OF THE TRUSTEES AND
FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST MARCH 2025
FOR
GET BERKSHIRE ACTIVE LTD**

DRAFT
22/05/25 15:15

Richardson Jones
Chartered Accountants &
Registered Auditors
Mercury House
19-21 Chapel Street
Marlow
Buckinghamshire
SL7 3HN

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FOR THE YEAR ENDED 31ST MARCH 2025**

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22/05/25 15:15

GET BERKSHIRE ACTIVE LTD

**REFERENCE AND ADMINISTRATIVE DETAILS
FOR THE YEAR ENDED 31ST MARCH 2025**

TRUSTEES

K R Ross MBE (resigned 16.3.25)
A M Couper (resigned 16.3.25)
P W Owen OBE (resigned 16.3.25)
R Leach
T Hussain
R A Parker
J Halliday
H S Obhi
H E Batchelor
V Bradley
A J Coveney (appointed 16.3.25)
A C Strang (appointed 11.12.24)
S A Humphreys (appointed 11.12.24) (resigned 1.4.25)
A S Wyatt (appointed 16.3.25)

COMPANY SECRETARY

B A Nicholls

REGISTERED OFFICE

Salisbury Room
Bisham Abbey Sports Centre
Marlow Road
Nr Marlow
Bucks
SL7 1RR

REGISTERED COMPANY NUMBER 07743643 (England and Wales)

REGISTERED CHARITY NUMBER 1150486

AUDITORS

Richardson Jones
Chartered Accountants &
Registered Auditors
Mercury House
19-21 Chapel Street
Marlow
Buckinghamshire
SL7 3HN

BANKERS

Barclays Bank
Leicester
LE87 2BB

GET BERKSHIRE ACTIVE LTD
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31ST MARCH 2025

ACHIEVEMENTS AND PERFORMANCE 2024-2025

Who We Are

Get Berkshire Active (GBA) is part of a network of 42 other similar organisations - Active Partnerships (APs) in England. We are loosely federated to and supported by a national team. We are a charity with a purpose to promote physical activity and sport to the benefit of the whole Berkshire population but specifically to support those most normally excluded.

Why Physical Activity

Physical activity (PA) is a cornerstone of good health, contributing significantly to the prevention and management of chronic diseases, mental health conditions, and social wellbeing. Yet, high levels of inactivity continue to drive increased pressure and costs within health and social care systems. The challenge is particularly acute in areas of socioeconomic deprivation, where inequalities in access to and engagement with physical activity contribute to broader health disparities. It is also known to have more collective, societal effects too, such as: reducing loneliness and isolation; providing positive outlets for troubled youths; creating more productive workforces and the potential to reduce ever spiralling health and social care costs to name but a few. Physical activity is an underappreciated asset in our clinical arsenal. This is despite it being described as the "best buy" for public health as far back as 1994. Today, barely a week goes by without a new piece of evidence on the contribution of physical activity to health, happiness, and longevity. Moreover, exercise is one of the cheapest and most effective forms of medicine.

What We Do and How We Do It

Our modus operandi is to work collaboratively and in partnership to get the most benefit from limited resources. Indeed, GBA is often seen as the organisation who brings others together; note our Local Authority (LA) forum, our Inclusion Forum, our Social Prescriber network, our Sports for Development forum and so on. GBA runs, supports and enables some great programmes. This includes delivering the Department of Education Opening Schools Facilities programme into Berkshire. We deliver our Active Medicine Programme (support and training) to health care and allied professionals to increase their skills, knowledge and confidence to have positive conversations on PA. We have an acclaimed Pregnancy & Postnatal programme and we run employability courses on behalf of Department of Work and Pensions (and train and support their staff). We have a growing Early Years Programme providing support, resources and training to professionals and venues in the Early Year's (EY) space. Our Live Longer Better programme is providing up-skilling to those professionals and agencies working with older people and we deliver an EverActive and Reconditioning. We have worked with Thames Valley Police (TVP) and the TV Violence Reduction Unit (VRU) running youth intervention and crime reduction programmes. We have delivered an ambitious programme of providing training and insight around system's thinking to a number of our LAs. We sit on the various LA Healthy Weight and PA advisory groups. During this year with significant funding from Sport England (SE) we embarked upon a significant place focused piece of work in Britwell (Slough) and have started to prepare for further Place Universal Offer investment from SE.

Our Work with Sport England

We continue to work closely with SE and they remain our major source of funding which comes in these two forms: System Role funding and delivery funding. System Role funding allows us to exist, operate and deliver our primary role to help SE achieve their national 'Uniting the Movement' strategy. Delivery funding is granted specifically to deliver defined projects such as the School Games.

This was the 3rd year of the 2022-2027 5-year cycle of SE funding and, in addition to their planned system and programme funding we received significant additional funding for the development phase of our work in Britwell.

A key role of all Active Partnerships is developing strategic networks across the county. GBA's role is to be the leading advocate for Sport and Physical Activity ensuring that key stakeholders such as NHS, Primary Care Networks (PCNs), Education Sector and Public Authorities maintain an emphasis and priority on physical activity. Our strategic engagement continues to grow locally and regionally. Due to the significantly increased interest in and importance of physical activity, in tackling inequalities and improving physical and mental health, our networks and conversations both with strategic partners and community led organisations have increased exponentially. Of particular note are the high numbers of people joining our forums and workshop events.

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GBA Strategic Intent

Our 2022-2026 Strategic Intent remains the central driver of our actions and it remains significantly aligned to the principles of Sport England's Uniting the Movement 10-year strategy. Our key objective is tackling inequalities both in the provision and uptake of physical activity but also in using physical activity to tackle wider societal issues such as around health and education. Our three key themed areas of work are Starting Life Well, Living Life Well and Ageing Well. This year we have embarked on a 6-stage (18 month) review of our Strategic Intent and have completed Stage 1 (initial review). Our plan is to re-launch a new Strategic Intent in April 2026.

How We Work

Across our three themes we have five specific pillars (or objective areas) and by working in these pillars we believe we will be having an overall positive effect on our mission. These standard pillars are:

- i. Systems Change:** If we are going to have a positive effect, we need to understand the levers and blockers to change to enable us to create the platform for change.
- ii. Networks & Partners:** We will continue to build wider partnerships especially with non-sporting /PA organisations that work with our key target audiences:
- iii. Workforce:** We will support all areas of the workforce to enable them to change and improve their delivery
- iv. Interventions:** Co-ordinating and enabling collaboration between the myriad interventions / delivery that is happening; driving change within them to support disadvantaged groups is key to success.
- v. Learning & Improving:** Continuous and incremental improvement, using detailed insight, is the key to successful and sustainable change.

Our Key Theme Work

Theme 1: Starting Life Well

1.1 Early Years Work -

- i.** Through successful funding from the Sports Council Trust, we have trained 5 workforces and distributed £6,635 to support 7 separate projects spread across Berkshire supporting over 500 children under 5 years old in our most disadvantaged areas.
- ii.** GBA provided training directly within 4 early years settings, 4 home-based childminders and also reaching all children centre staff across Slough and Reading to support their skills, knowledge, confidence and practical ways they can embed PA daily.

iii. GBA hosted a face-to-face partner event at Bisham Abbey focused on 'Early Years- A future vision' with over 30 partners from a range of sectors including nursery settings, local authorities, Children's Centres, Health and schools to engage in a morning of information sharing and networking. The event focussed on engaging families within their settings to increase physical activity and ways this could be achieved. It also gave vital feedback from professionals as to what would benefit them moving forward.

1.2 School Support - In addition to the school-based work that is described below during 2024/25 we also staged our first schools conference for a number of years. The event held at Dorney Lake delivered in partnership with Berkshire SGO's saw 131 delegates (PE Lead and Senior Leads) from 98 schools attend (primaries and secondaries). We have also been part of various School Sport Partnerships steering groups and continued to work closely with Brighter Futures for Children in Reading. As part of this work, we have helped to co-ordinate regular Primary PE Lead meetings. Amongst other things we have provided guidance around the Sports Premium and set up student workforce programmes.

1.3 Berkshire School Games - In 2024/25 the Berkshire School Games continued in the same format as the previous year - large-scale multi-sport event at Braywick Leisure Centre, Maidenhead and series of separate badged events throughout the year including Cricket, Sportshall Athletics and Panathlon. There was, however, even more emphasis on targeting the events to ensure that they support the most disadvantaged pupils. The summer event was attended by 881 pupils from 89 schools, 24% of pupils had a Special Educational Need.

1.4 Opening School Facilities (OSF) - This year was the final year of Opening School Facilities, a 3-year Department for Education funded programme to provide additional physical activity opportunities for targeted pupils and to open up to the wider community. During the year, as well as sessions taking place in schools and for the community, we also delivered five learning and sharing sessions with LEAP for Berks, Bucks and Milton Keynes schools, giving them opportunities to hear from each other and share best practice and put together several case studies. £200,000 was invested in 16 Berkshire schools (primary, secondary and special). As a southeast region we achieved our participation targets.

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1.5 Children & Young People Active Lives Survey - Again this year we have continued to administer the survey in Berkshire on behalf of Sport England going out to the randomly selected schools each term. Our goal remains to try to get enough completions per local authority to obtain a local authority report (NB a minimum number of survey completions are required before a report is generated). Over the summer term we will put our efforts into the local authorities where completions are currently below target.

1.6 Crime Prevention:

GBA with support from StreetGames were successful in receiving a further year of funding from the Police and Crime Commission to build on the work we achieved in the Royal Borough of Windsor and Maidenhead (RBWM). We have successfully created a referral pathway aiming to link up statutory partners (Achieving for Children (AFC), Education, Youth Offending Teams) with community sport. The programme involves providing a pathway so any young person who is identified as being at risk of being involved/exploited in crime or anti-social behaviour can access sport with coaches who are upskilled to meet their needs.

At the end of March 25, we had received 80 referrals and engaged 54 young people (55% with ASD, ADHD, other disability) in 10+ hours of sporting provision. We have strengthened our partnerships with various sports providers including Leisure Focus, who are going to partner with us again to create a model similar to a GP referral scheme. This year we are looking to increase the number of clubs engaging with us, and better closely monitor and tracking the effect each provision has on each young person. We also ran many face to face events bringing together all the partners working on this project. This culminated in the formation of the Berkshire Sport for Good network which was held at Thames Valley Athletics Centre. This was delivered in partnership with StreetGames and Slough Borough Council. We had over 55 people attend from a number of different organisations with speakers from public health, youth services and the sporting interventions. Further funding will allow GBA to scale all this work, develop and build new areas (such as the Leisure Focus idea) and begin to change the way partners, particularly AFC, view and use sport and physical activity, all while further upskilling the sports providers.

We also attend various Community Safety meetings in RBWM and Reading, advocating for sport at those meetings. In RBWM, in a Subgroup of the Community Safety Partnership, we have managed to get sport and PA on the Groups Action plan, when it wasn't there before, which is a great win for us moving forward.

Theme 2: Living Life Well

2.1 The Active Medicine Programme: The Active Medicine Programme (AMP) is an umbrella term for various educational programmes to facilitate conversations around helping people and families to become more active. Between January 2024 and March 2025, 184 people engaged in the programme. Over the last year, we have also engaged with other Active Partners who deliver the AMP and hold regular bi-monthly meetings, encouraging collaboration, facilitating mutual learning and providing support for one another. Aside from LEAP, we currently have five APs delivering the AMP: Active Surrey, Active Sussex, Be Active Beds, We Sport and Herts Sports Partnership.

2.2 Pregnancy and Postnatal: A holistic maternity offer is in place which includes a quarterly PA in Maternity Berkshire wide network coming together to hear from experts, connect locally and look at ways to raise awareness and encourage women in this life-stage adopt regular activity throughout pregnancy and beyond. Resources were developed for a range of settings to highlight key messages in pregnancy, postnatally and moving with your baby which were well received. 72 This Mum Moves Ambassadors attended training in this period through the South East Public Health Workforce fund GBA secured and these are delivered in partnership with the Institute of Health Visiting and The Active Pregnancy Foundation. 5 local delivery classes in place with Sport in Mind as commissioned delivery partner, with 60 pregnant or postnatal women attending classes weekly. Quarterly maternity and early years newsletter distributed. Working with Frimley Local Maternity System partners to look at longer term system change and embedding PA within maternity pathways and a systems focused workshop was delivered to the maternity network. GBA also led the set-up of a national evaluation group to shape the TMM evaluation questions.

2.3 Employability Programmes (Adults): Late last year GBA was successful in a small bid from the UK Skills Fund. This was administered through Slough Borough Council, and we received £15k to support a cohort of NEET 18-24yr olds in Slough. We began working very closely with Slough Children First (Care Leavers Team) and the DWP. In January 25 we opened up for referrals and began in late January. All in, we received 15 referrals, which was lower than first targeted. 9 young people regularly attended the 10-week programme which focussed on building their Emotional Intelligence (delivered by Mobile Team Challenge) and giving them new challenges and experiences using our tried and trusted experiential learning techniques. A full Impact Report can be found [HERE](#)

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Theme 3: Ageing Well

3.1 Ever Active: Ever Active is an exercise Programme that supports older adults, who are seeking to improve their physical and mental health through the joy of seated movement, memory enhancing activities and fall prevention exercises (strength and balance). Our sessions also help to reduce feelings of loneliness and isolation as extra time is allocated before or after class for a coffee and chat. We currently deliver our Ever-Active Programme in Reading and West Berkshire, in areas of recorded higher deprivation and/or areas of high numbers of older adults who live alone.

During 2024-25 GBA continued to deliver eight weekly seated exercise sessions in the Reading area, two sessions in Caversham, two in Tilehurst, one session in Coley, one in Reading town Centre, one in South Reading and an online session.

Our West Berkshire Programme, GBA work in collaboration with Age UK Berkshire, Berkshire Vision and Berkshire Mencap to deliver an inclusive and varied Programme. During 2024-25 GBA delivered 9 regular weekly seated exercises sessions in West Berkshire covering Thatcham, Newbury, Hungerford, Theale, Pangbourne, Burghfield, Mortimer, one online session and a new additional session in Inkpen Village. When considering our partners' sessions, we delivered a combined total of twenty-two weekly sessions and GBA continue to measure strength and balance improvements. Every quarter we choose a different session to perform these measure and report. Our most recent findings below with our Mortimer Session.

Fall Prevention Measures

Sessions that participated in Fall Prevention Measures. Mortimer Library

Number of participants who agreed to take part 8

Percentage of participants who improved lower body strength measure (sit to stand) 100%

Percentage of participants who improved balance measure (Single leg balance) 100%

Average percent increase with sit to stand exercise. (lower body strength) 30%

Average percent increase with single leg balance (balance) 45%

3.2 Live Longer Better: Live Longer Better launched in 2020 as a collaboration between a number of Active Partnerships across the UK (including GBA), to fully capture the serious health crisis faced by older people and the ageing process. The over 80's population will double within ten years, with the majority of those aged 65 and over likely to experience poor health for more than half their remaining years causing additional stress on our current health and social care services. The mission is to enable people to Live Longer Better (mainly through the power of movement and science and strong evidence-based statistics), to increase healthy life expectancy and reduce the period of time at the end of life when people are very dependent on others. GBA support the Live Longer Better mission through our ageing well programmes such as our Ever Active and the Reconditioning Programme, plus GBA also host Live Longer Better online webinars, where we invite various health professionals to present for GBA, to discuss the importance of physical activity as we age. Our Live Longer Better webinars for 24/25 included:

- April 2024 - Can we end PJ Paralysis in Berkshire - 100+ attendees
- October 2024 - Cognition and Physical Activity - 77 attendees

NB: Information on all our previous webinars can be found [here](#).

3.3 Reconditioning Programme: The aim of our Reconditioning Programme (RP) is to improve the independence of older adults who are reluctant to leave their homes due to low mobility or low confidence and are a high risk of falls. The vast majority of our referrals come through Reading Social Prescribers and are identified as individuals who would benefit from this service. GBA offer our clients an average of six one-to-one coaching sessions from the comfort of their own home (as this mitigates the barrier of clients having to travel to access strength enhancing provisions and programmes). Our sessions are designed to improve overall fitness through a bespoke, personal exercise programme tailored to their individual needs and goals. Their progress with strength, balance and confidence, is monitored and recorded throughout the programme in the form of a fitness test.

On completion of the Reconditioning Programme, clients are referred to various other organisations such as Age UK for information on services such as the out and about service, GLL Healthwise programme, 50+ activities such as Tai Chi sessions, older adult social groups, lunch clubs etc to encourage continued independence and regular participation in exercise post the RP.

During 2024-25 the RP increased from one day a week to two days, therefore GBA engaged an additional instructor to deliver the RP. Unfortunately, our current funding bid for 2025-26 through the RIB project wasn't awarded. GBA are currently exploring other funding options for the continuation of the RP post April 2025.

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During 2024-25, our employed instructor qualified as a Level 3 Minor Adaptions Assessor. This qualification allows her to assess, recommend and install minor adaptations in a person's home to improve their safety with regards to fall prevention and promote independence around the home. She also enrolled on the Level 4 Postural Stability Instructor training and will be fully qualified in May 2025.

Reconditioning Programme for 2024-25 statistics

Total number of clients supported 63
Breakdown of above figure
Total existing Clients 1
Total new referrals during April 24 - March 25
(NB GBA had to refuse referrals from Jan 2025 as funding ending) 62

Total number of clients who completed the programme. 50 (50/63)
Total number of clients unable to complete the programme due to ill health 4 (4/63)
Total number of clients still engaged in the programme post April 25 9 (9/63)

Mobility Outcomes for Reconditioning Programme 2024 - 2025

Percentage of clients, who completed the programme, strength ability improved 94% (47/50)
Percentage of clients, who completed the programme, strength ability decreased 0%
Percentage of clients, who completed the programme, strength ability remained the same 6% (3/50)

Percentage of clients, who completed the programme, balance ability improved 98% (49/50)
Percentage of clients, who completed the programme, balance ability decreased 0%
Percentage of clients, who completed the programme, balance ability remained the same 2% (1/50)

BEHAVIOUR CHANGE OUTCOMES Reconditioning Programme 2024 - 2025

Percentage of clients, who completed the programme, confidence improved 94% (47/50)
Percentage of clients, who completed the programme, confidence decreased 0%
Percentage of clients, who completed the programme, confidence remained the same 6% (3/50)
Average percent increase in confidence score over the year 33%

3.4 Fall Proof: Our Fall Proof Resources focus on six exercises which are designed to improve strength and balance. Our Fall Proof resources come in the form of six prompt cards, with one exercise on each card. The cards are designed to be placed around the home in specific locations as a reminder to complete the exercises daily. For example, one card reads 'Going Past the stairs? Now's the time to complete your stepping up a step exercise.' All cards contain a written and visual explanation of how to perform the exercises safely and effectively.

During 2024-25 GBA distributed over 750 Fall Proof cards and our Live Longer Better Webinars are proving a successful opportunity to promote these cards and professionals often request a batch following these events.

Cross Cutting Themes

4.1 Workforce:

- Support for the Workforce and Organisations within Berkshire. We have been successful with a £5K bid from the Berkshire Community Foundation, with £3K in kind from our workforce budget we have £8K dedicated to supporting organisations and the workforce with relevant webinars, workshops, training and 1-1 mentoring. This began with 3 workshops on the Funding Cycle delivered to 22 organisations throughout Berkshire. Following this, all organisations were offered 1-1 follow up support with Our Community Enterprise (OCE) who ran the sessions. A full report of the years support can be found [HERE](#)

- Local Skills Improvement Plans: Funded by Sport England, CIMSPA, have employed local area managers to drive this work. We have been working closely with our CIMSPA manager for the past year to land this work in Berkshire, although it has been a slow process, we are making progress. The Skills Improvement Plans aims to map the Skills gaps in our sector and bring together county wide employers and stakeholders to develop and publish a Berkshire Sport and Physical Activity Skills Improvement Plan. This Plan would then set the direction for matching training provided by colleges, schools, and universities to exactly what employers are after. Meaning people leave these establishments with the correct qualifications to enter into work in the Sport and Physical Activity sector. We have begun rolling out CIMSPA's Skills Diagnostic to employers with over 20 now completed.

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We have also held a call in March 25 to update everyone with where we are at with the work and what the next steps are. We have been slightly hampered by CIMSPAs restructure and various other factors such as our CIMSPA area manager going on maternity leave. At present we are now going back out to speak directly with stakeholders with the aim of building a Berkshire Accountability Board, with this board aiming to convene its first meeting by July 25. These targets are still to be determined as we await the CIMSPA restructure.

4.2 Themed Forums and Support: Over the past year we have continued to hold regular partner engagement events which enable us to connect different organisations and link parts of the physical activity and wellbeing system together.

- Our quarterly local authority forums continue to provide a platform to bring different departments together to discuss a range of topics, share learning, and more recently integrate systems change thinking. Consisting mostly of public health partners we have focused most meeting themes on PA for health. Topics have included: Mind over Mountains; Walks for Mental Wellbeing, Disability Inclusion, Street Tag and We Are Undefeatable.

- Berkshire Inclusion Network - As part of our commitment to our Equality, Equity, Diversity and Inclusion work, Get Berkshire Active provides an annual Inclusion Webinar Series, focusing on different themes each year, to create a platform for sharing expertise and meaningful dialogue and to support thinking and ideas which address the persistent inequalities in sport and physical activity. A well-received webinar took place on Championing Inclusion: Breaking Barriers in Sport and Physical Activity- to raise awareness of the barriers and inequalities affecting people with disabilities in sport and physical activity and hear from three great speakers in this space sharing personal and professional insights; Jeanette Chippington OBE, Paralympic Champion and trailblazer in disability sport, Andrew Douglass; CEO Parallel Lifestyle and Chloe Brown; Strategic Partnership Advisor, Activity Alliance.

- GBA continues to help drive the National Active Partnership Maternity network, helping facilitate quarterly meetings and arranging speakers and sharing learning. This top-down bottom-up approach to the work in this space has proved invaluable in sharing challenges, ideas and understanding system change approaches across the network.

- GBA have delivered National Governing Body (NGB) Forums to bring together those who govern the sport sector to think about systemic change and collaboration that will increase physical activity at the local level. 2024 saw us deliver 3 forums, all having a different focus and speakers invited. The final forum of the year we had Sarah Taylor and Laura Brookstein update the NGBs on School Games in Berkshire along with how Inclusion is being focussed on at the secondary school level. We also used this opportunity to have discussions with those present (15 NGBs) about the Place Investment. We will continue to run forums in 2025.

4.3 Measuring, evaluating and learning: The way we understand the impact of our work and our successes is continually changing; in the past we have used traditional KPIs but more recently we have developed more complex evaluation frameworks and developed assumptions along with explanations of change to measure and learn from our systemic work. Training from NELP and NPC (Sport England's evaluation and learning partners) has supported members of the team to develop their knowledge in this area and appreciate different methods of understanding some of our more complex work. This has been particularly useful in our place-based work in Britwell. Impact and learning reports are regularly created to highlight our successes and main learnings - these are useful to share externally but also provide a means of internal reflection. Once again, we have reported to Sport England in October 24 and April 25, providing a thorough update on our progress against several outcomes. Internal learning reviews have been crucial to improving as an organisation; in the past year we have undertaken 13 of these which have been useful in exploring blockers, enablers and solutions in our programme areas.

4.4 Insight: We use local and national data, insight and research to help us understand the needs of people in Berkshire and the unrepresented groups that we target. We've been given access to a tool called 'Moving Communities' and this has been useful in understanding physical activity and health data at an MSOA and LSOA level, providing support in bid applications and target areas for our Britwell work.

4.5 Marketing and Communications: To support our systems and place-based work, we launched a new webpage and resource hub, amplifying information about the initiative in Britwell. Key campaigns have included a week-long menopause initiative, featuring the completion of the 'Menopack', a comprehensive guide to getting active during menopause, and assets to help GP surgeries improve conversations with women. Our channels raised the profile of workforce events and promoted physical activity, such as the This Girl Can 10-year anniversary video. The website now focuses on serving the workforce with resource hubs as a primary function, which we will continue to update. We are also prioritising video formats to capture impact of interventions, such as the creation of an engaging interview style video for the RBWM Crime Prevention Programme, which supported funding applications. Additionally, we successfully completed the Project Power school partnership, delivering strength workshops, free comfortable activewear, and self-esteem talks to teenage girls in Slough, resulting in positive feedback and increased confidence levels for those notably disengaged.

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FOR THE YEAR ENDED 31ST MARCH 2025

4.6 System Training: We have continued to deliver and expand delivery of various system training programmes to support groups of partners to understand what system thinking is. This training helps partners understand how to identify system changes that are needed in order to tackle inactivity and how they can contribute to this. We have also delivered training to other Active Partnerships and to specific groups ahead of Sport England Place investment. We have also delivered sessions to support the learning / thinking in allied sectors such as Healthy Food Environments, Environmental Sustainability, NGB's and have been approached recently to share learning with Sport Wales.

4.7 Strategic Partnership Support (System Change): GBA have continued to lead and support public health teams with 'Healthy Weight System Approaches'. We have led / co-facilitated workshops and strategic plans to tackle obesity with Slough and Reading Public health teams. We have delivered 5 workshops to Healthy Weight Partnerships involving local authorities, health partners, police, 3rd sector etc. This work has led to a clearer understanding of the system issues partners can work on and is currently supporting the development of physical activity system action plans. It has also led to indirect outcomes like a public health officer being embedded within planning and the creation of a long-term physical activity strategy in Slough (in development).

- GBA have also initiated a joint strategic planning process with Street Games to build a county-wide approach to crime prevention through sport and physical activity. This has begun with the development of the Sport for Good Network. This consists of sports providers, leisure operators and statutory services. We have held an initial face to face meeting with the formations of a formal plan for how this network will develop the workforce and put sport/PA first in helping vulnerable/at risk young people. We will continue this momentum by formally releasing a Sport for Good Action Plan in 2025.

- GBA have continue to sit on local climate change partnerships and supported the development of local plans / governance of their strategies.

4.8 Sport England Place Investment

Get Berkshire Active is leading the Britwell Place Investment - a long-term, Sport England-funded programme focused on creating sustainable improvements in physical activity, health, and wellbeing within the Britwell community. GBA has been awarded £237K to deliver the Development Phase, which is centred on building local leadership, strengthening system-wide alignment and preparing for a community-led Research & Discovery process that will inform future delivery and investment. The initiative takes a whole systems, place-based approach, working alongside residents, organisations, and system partners to explore and address the deeper structural and systemic barriers that shape how people live, move, and connect. Rather than focusing on short-term provision or isolated interventions, the programme is rooted in the principles of equity, collaboration, and lived experience, with the aim of enabling meaningful, lasting, and community-led change.

Key Progress to Date

- Strategic governance in place, with a cross-sector Steering Group meeting monthly to provide oversight, challenge, and local accountability.
- Local Leadership Programme delivered, engaging 40+ delegates across sectors to build shared purpose, systems awareness, and commitment to collaboration.
- Intro to Systems workshop held to deepen understanding of systemic approaches among local leaders.
- Ongoing relationship-building with stakeholders, organisations, and community groups through active outreach and event participation.
- First learning report submitted to Sport England in April, following completion of training with the National Evaluation and Learning Partner (NELP).
- Insight planning underway, with preparatory work for surveys, focus groups, and community panels targeting underrepresented voices.
- Active participation in national learning networks through Place Cluster and Sport England events to align with wider system learning.

Next Priorities

- Establishing audience-focused subgroups to support more inclusive, targeted engagement.
- Recruiting 3 Place Connectors to support community insight gathering and outreach.
- Launching the Research & Discovery phase timeline, with an external research partner supporting methodological development and critical reflection.
- Co-designing test-and-learn pilots based on lived experience and system insight, focused on long-term, scalable solutions.

GET BERKSHIRE ACTIVE LTD
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31ST MARCH 2025

4.9 Mental Health - a plan for 2025 has been put together to address key themes which includes supporting the physical activity sector to be better equipped to support people with mental health conditions to be more active, working with NHS Talking Therapies Services (and other local mental health organisations) to help facilitate a holistic approach, integrating physical activity into Talking Therapies Services and mental health pathways to support longer term system change and raise awareness of the role physical activity can play in supporting people with mental health conditions (e.g. through training opportunities, a website Resource Hub and campaigns).

Key Policies & Standards:

5.1 Equality, Equity, Diversity and Inclusion (EEDI): Get Berkshire Active achieved approval from ADK Solutions and Sport England for their Diversity and Inclusion Action Plan (DIAP). EEDI forms a regular part of team meeting discussions from specific topic discussions to learning workshops and we are continually updating our website and other resources and communications to ensure inclusive language and representative images. The team are working off a live EEDI Miro Board as part of bi-monthly team meetings to help highlight headline EEDI impact and action against our key strategic pillars which brings the DIAP to life. Board EEDI lead has been supportive in helping to shape this work and check and challenge areas.

5.2 Safeguarding: GBA continues to be committed to ensuring that the safeguarding and protection of young people and adults at risk is at the heart of what we and our partners do. Over the course of the last 12 months, we have:

- Delivered 2024 Safeguarding plans and implemented aspects of our 2025 plans
- Reviewed updated and refreshed our Safeguarding policies
- Been assessed by the Child Protection in Sport Unit and met their assessment criteria
- Been supported by GBA's Safeguarding Board Champion resulting in regular meetings to review and develop our safeguarding work including the planning of specialist training for the GBA board
- Updated our website so that support tools and key information are available to partners
- Regularly put important safeguarding information on social media content and newsletters
- Put plans in place to measure the impact of our safeguarding interventions
- Delivered Safeguarding and Welfare support to clubs and NGB's through our Sport Welfare Officer (funded by Sport England). More details below.

5.3 Sport Welfare Officer: The Sport Welfare (SWO) project continues to grow with 32 NGB's and 51 clubs engaging in the offerings with new engagements still taking place with the project entering its second year. This is a positive sign that word is spreading, and new clubs are seeing the benefit of engaging, alongside the multiple clubs who are regularly making use of the project.

New NGB's have also joined the project with England Hockey being a good example of this with a joint online forum held to introduce our SWO to the affiliated clubs in Berkshire and for them to hear how the project can support them locally. The English Cricket Board also recently gave the green light for SWOs to connect with their local organisations which has resulted in an introductory meeting taking place with Berkshire Cricket, with all clubs in the county being invited to our next forum. British Triathlon have also agreed to host an SWO introductory forum for clubs in Berkshire, taking place in June.

Online forums remain a popular offering with a GDPR forum taking place in January and an online safety forum in February. These were run in partnership with the SWO's in Buckinghamshire, Oxfordshire and Hampshire which continues to be a great network, allowing us to share capacity, resources, connections and expertise. These subjects were chosen because many club welfare officers (CWO's) had reported they would like to improve their knowledge in these areas.

Similarly, being an active bystander, and knowing how to intervene when witnessing poor behaviour is a subject many CWO's have said they would like support with, so we ran a forum on this in March. Additionally, our SWO has recently attended a train-the-trainer course on this subject which gives us the capability to deliver more in-depth training, either online or in person, in the future. He has already delivered a section of this to the GBA team. Additionally, he ran a Mental Health forum and presented at a forum for football CWOs organised by the new Safeguarding Manager at the Berks and Bucks FA. A forum with the new local representative from the DBS is also scheduled.

Multiple clubs and organisations have also benefited from more intensive one to one support and guidance from our SWO on specific issues they have encountered.

Finally, the first large scale 6-monthly data submission was submitted to Sport England to the end of March 2025.

GET BERKSHIRE ACTIVE LTD
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31ST MARCH 2025

Finances:

6.1 Investment: It is part of Get Berkshire Active's role to source funding for sport and physical activity in the community. During this period, a total of £843K has been secured for programmes in Berkshire - £174K from non-Sport England sources and £669K has been invested in the county through Sport England's investment in our programmes.

6.2 Results for the year: The results are set out in the Statement of Financial Activities. Incoming resources for the year were £843K (2024: £826K), resources expended were £844K (2024: £843K) and the deficit for the year was £1K (deficit 2024: £18K). The fund balances carried forward on 31st March 2025 were £452K (2024: £453K) represented by restricted funds of £180K (2024: £174K) and unrestricted funds of £272K (2024: £279K) of which £180K is designated for unforeseen contingencies as detailed below.

6.3 Reserves Policy: The company will set aside a sum by way of a reserve against unforeseen contingencies - designated reserve. This sum will be used in the event of the organisation being threatened with closure, for redundancy payments, to cover long term sickness liabilities and maternity pay. The company will seek to maintain reserves equivalent to three months budgeted expenditure and will include a sum for this operating reserve in budget planning. This designated reserve is £180K as at 31st March 2025.

The charity holds reserves exceeding this amount and has started to fund some projects within the county and continues to maintain capacity in excess of current Sport England funding to deliver our objectives. The charity will continue to hold higher reserves short-term but the investment in projects and capacity should reduce unrestricted reserves to the minimum for complying with our policy by the end of this funding cycle (March 2027).

Structure, Governance and Management

7.1 Governing Document: The company is governed by its Memorandum and Articles of Association dated 17th August 2011 as amended by Special Resolutions dated 7th December 2012, 17th December 2015, 20th September 2017 and 11th December 2019 and constitutes a limited company, limited by guarantee, as defined by the Companies act 2006. GBA also publishes an annual governance statement in accordance with the UK Code of Sports Governance.

7.2 Board of Trustees: There were 3 retirements during this year where longstanding Board Members (BMs) reached the end of their allowed time on the board. Four new BMs were recruited but one resigned due to a change in her employment and geographic location. We now have 10 BMs. Details of our board can be found here. All Board Members/Trustees are registered on the Companies House and Charity Commission portals. We maintain our compliance with the UK Code of Sports Governance.

7.3 Trustee Recruitment & Induction: Trustees are recruited through an open and competitive process using this recruitment pack. We aim to cast our net far and wide and recruit a diverse range of suitably qualified individuals paying attention to both gender and other diverse categories. There is an induction process which helps to guide the new trustee in the first weeks/months of their appointment.

7.4 Management: GBA is led and managed by the CEO supported by an experienced Senior Leadership Team and a paid staff of mixed full and part-time roles. The organisation of the staff and their roles were reviewed alongside the implementation of our new strategic intent. The organisational chart as of Feb 25 is shown below.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Organisational Structure

The CEO, Brett Nicholls, is ultimately responsible for the day to day management and long-term strategic leadership of the organisation. He is supported in this by four senior members (Nick West-Oram, Kirsty Heath, James Craggs and Cathy Carr) whom together make up the Senior Leadership team (SLT). In total, including the SLT, GBA employs 14 staff in a mixture of full and part-time roles to deliver its Strategic Intent. The CEO and GBA's Finance Director (Dr Claire Sweeney) report to the Board through its Chair (Richard Parker) and to the Finance & Governance Committee (a sub-committee of the full board) through its Chair (Avril Couper).

STATEMENT OF TRUSTEES' RESPONSIBILITIES

The trustees (who are also the directors of Get Berkshire Active Ltd for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) including Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland".

GET BERKSHIRE ACTIVE LTD
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31ST MARCH 2025

STATEMENT OF TRUSTEES' RESPONSIBILITIES - continued

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the trustees are aware:

- there is no relevant audit information of which the charitable company's auditors are unaware; and
- the trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditors are aware of that information.

Approved by order of the board of trustees on and signed on its behalf by:

.....
R A Parker - Trustee

REPORT OF THE INDEPENDENT AUDITORS TO THE MEMBERS OF GET BERKSHIRE ACTIVE LTD

Opinion

We have audited the financial statements of Get Berkshire Active Ltd (the 'charitable company') for the year ended 31st March 2025 which comprise the Statement of Financial Activities, the Balance Sheet, the Cash Flow Statement and notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice), including Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland'.

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31st March 2025 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice, including Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland'; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditors' responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The trustees are responsible for the other information. The other information comprises the information included in the Annual Report, other than the financial statements and our Report of the Independent Auditors thereon.

Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

Opinions on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the Report of the Trustees for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the Report of the Trustees has been prepared in accordance with applicable legal requirements.

REPORT OF THE INDEPENDENT AUDITORS TO THE MEMBERS OF GET BERKSHIRE ACTIVE LTD

Matters on which we are required to report by exception

In the light of the knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the Report of the Trustees.

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the trustees were not entitled to take advantage of the small companies exemption from the requirement to prepare a Strategic Report or in preparing the Report of the Trustees.

Responsibilities of trustees

As explained more fully in the Statement of Trustees' Responsibilities, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Our responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue a Report of the Independent Auditors that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

We gained an understanding of the legal and regulatory framework applicable to Get Berkshire Active and the sector in which it operates, and considered the risk of acts by the charity that were contrary to applicable laws and regulations, including fraud. We designed audit procedures to respond to the risk, recognising that the risk of not detecting a material misstatement due to fraud is higher than the risk of not detecting one resulting from error, as fraud may involve deliberate concealment by, for example, forgery or intentional misrepresentations, or through collusion.

We focussed on laws and regulations which could give rise to a material misstatement in the financial statements, including, but not limited to, the Charities Act 2011 and UK tax legislation. Our procedures included:

- agreeing the financial statement disclosures to underlying supporting documentation
- enquiries with management
- understanding of management's internal controls designed to prevent and detect irregularities.

There are inherent limitations in the audit procedures described above and, the further removed non-compliance with laws and regulations is from the events and transactions reflected in the financial statements, the less likely we would become aware of it. As in all our audits, we also addressed the risk of management override of internal controls, including testing journals and evaluating whether there was evidence of bias by the directors that represented a risk of material misstatement due to fraud.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at www.frc.org.uk/auditorsresponsibilities. This description forms part of our Report of the Independent Auditors.

**REPORT OF THE INDEPENDENT AUDITORS TO THE MEMBERS OF
GET BERKSHIRE ACTIVE LTD**

Use of our report

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.

Kevin Ellerby (Senior Statutory Auditor)
for and on behalf of Richardson Jones
Chartered Accountants &
Registered Auditors
Mercury House
19-21 Chapel Street
Marlow
Buckinghamshire
SL7 3HN

Date:

DRAFT
22/05/25 15:15

GET BERKSHIRE ACTIVE LTD

STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31ST MARCH 2025

	Notes	Unrestricted fund £	Restricted fund £	31.3.25 Total funds £	31.3.24 Total funds £
INCOME AND ENDOWMENTS FROM					
Charitable activities	3				
Sport England		-	660,976	660,976	609,502
Local Authority		-	111,477	111,477	120,919
Other public body		-	100	100	16,400
Non-public		3,458	51,563	55,021	66,490
Investment income	2	15,669	-	15,669	12,870
Total		<u>19,127</u>	<u>824,116</u>	<u>843,243</u>	<u>826,181</u>
EXPENDITURE ON					
Charitable activities	4				
Sport England		-	634,945	634,945	623,823
Local Authority		-	121,755	121,755	109,901
Other public body		-	24,762	24,762	31,306
Non-public		20,712	42,219	62,931	78,858
Total		<u>20,712</u>	<u>823,681</u>	<u>844,393</u>	<u>843,888</u>
NET INCOME/(EXPENDITURE)		(1,585)	435	(1,150)	(17,707)
Transfers between funds	11	(5,186)	5,186	-	-
Net movement in funds		(6,771)	5,621	(1,150)	(17,707)
RECONCILIATION OF FUNDS					
Total funds brought forward		279,579	174,048	453,627	471,334
TOTAL FUNDS CARRIED FORWARD		<u>272,808</u>	<u>179,669</u>	<u>452,477</u>	<u>453,627</u>

The notes form part of these financial statements

GET BERKSHIRE ACTIVE LTD

**BALANCE SHEET
31ST MARCH 2025**

	Notes	Unrestricted fund £	Restricted fund £	31.3.25 Total funds £	31.3.24 Total funds £
CURRENT ASSETS					
Debtors	9	-	30,962	30,962	65,700
Cash at bank		272,808	187,413	460,221	488,323
		<u>272,808</u>	<u>218,375</u>	<u>491,183</u>	<u>554,023</u>
CREDITORS					
Amounts falling due within one year	10	-	(38,706)	(38,706)	(100,396)
		<u>272,808</u>	<u>179,669</u>	<u>452,477</u>	<u>453,627</u>
NET CURRENT ASSETS					
		<u>272,808</u>	<u>179,669</u>	<u>452,477</u>	<u>453,627</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>272,808</u>	<u>179,669</u>	<u>452,477</u>	<u>453,627</u>
NET ASSETS		<u>272,808</u>	<u>179,669</u>	<u>452,477</u>	<u>453,627</u>
FUNDS	11				
Unrestricted funds				272,808	279,579
Restricted funds				179,669	174,048
TOTAL FUNDS				<u>452,477</u>	<u>453,627</u>

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on and were signed on its behalf by:

.....
R A Parker - Trustee

.....
P W Owen OBE - Trustee

The notes form part of these financial statements

GET BERKSHIRE ACTIVE LTD

CASH FLOW STATEMENT
FOR THE YEAR ENDED 31ST MARCH 2025

	Notes	31.3.25 £	31.3.24 £
Cash flows from operating activities			
Cash generated from operations	1	(43,771)	(69,533)
Net cash used in operating activities		<u>(43,771)</u>	<u>(69,533)</u>
Cash flows from investing activities			
Interest received		<u>15,669</u>	<u>12,870</u>
Net cash provided by investing activities		<u>15,669</u>	<u>12,870</u>
Change in cash and cash equivalents in the reporting period		<u>(28,102)</u>	<u>(56,663)</u>
Cash and cash equivalents at the beginning of the reporting period		<u>488,323</u>	<u>544,986</u>
Cash and cash equivalents at the end of the reporting period		<u><u>460,221</u></u>	<u><u>488,323</u></u>

The notes form part of these financial statements

GET BERKSHIRE ACTIVE LTD

NOTES TO THE CASH FLOW STATEMENT
FOR THE YEAR ENDED 31ST MARCH 2025

1. RECONCILIATION OF NET EXPENDITURE TO NET CASH FLOW FROM OPERATING ACTIVITIES

	31.3.25 £	31.3.24 £
Net expenditure for the reporting period (as per the Statement of Financial Activities)	(1,150)	(17,707)
Adjustments for:		
Interest received	(15,669)	(12,870)
Decrease in debtors	34,738	27,018
Decrease in creditors	(61,690)	(65,974)
Net cash used in operations	<u>(43,771)</u>	<u>(69,533)</u>

2. ANALYSIS OF CHANGES IN NET FUNDS

	At 1.4.24 £	Cash flow £	At 31.3.25 £
Net cash			
Cash at bank	488,323	(28,102)	460,221
	<u>488,323</u>	<u>(28,102)</u>	<u>460,221</u>
Total	<u>488,323</u>	<u>(28,102)</u>	<u>460,221</u>

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST MARCH 2025**

1. ACCOUNTING POLICIES**Basis of preparing the financial statements**

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Allocation and apportionment of costs

Charitable activities expenditure represents all costs incurred which are directly attributable to projects. Costs of generating funds represents expenditure incurred to promote the charity.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Fixed asset capitalisation policy

The charity has a policy not to capitalise assets under £1,000.

Pension

The charitable company pays into an auto-enrolment compliant group scheme since April 2015. This is a defined contribution pension scheme and payments are at the same rate for each employee. Contributions are charged to the Statement of Financial Activities in the period to which they relate.

2. INVESTMENT INCOME

	31.3.25	31.3.24
	£	£
Bank interest received	15,669	12,870
	<u> </u>	<u> </u>

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31ST MARCH 2025**

3. INCOME FROM CHARITABLE ACTIVITIES

		31.3.25	31.3.24
	Activity	£	£
Grants/Commissioned projects	Sport England	660,976	609,502
Grants/Commissioned projects	Local Authority	111,477	120,919
Grants/Commissioned projects	Other public body	100	16,400
Grants/Commissioned projects	Non-public	55,021	66,490
		<u>827,574</u>	<u>813,311</u>

All grants received in the year related to the primary objects and activities of the charity.

4. CHARITABLE ACTIVITIES COSTS

	Direct Costs £	Support costs (see note 5) £	Totals £
Sport England	82,102	552,843	634,945
Local Authority	93,092	28,663	121,755
Other public body	9,098	15,664	24,762
Non-public	40,971	21,960	62,931
	<u>225,263</u>	<u>619,130</u>	<u>844,393</u>

5. SUPPORT COSTS

	Management £
Sport England	552,843
Local Authority	28,663
Other public body	15,664
Non-public	21,960
	<u>619,130</u>

Support costs, included in the above, are as follows:

Management

	Sport England £	Local Authority £	Other public body £
Wages	404,139	26,932	12,162
Social security	40,358	(1,923)	263
Pensions	42,253	3,139	481
Rent	11,795	-	-
Travel	6,299	515	1,009
Insurance	4,164	-	-
Partnership meetings	1,247	-	-
Post, printing and stationery	966	-	-
IT and communications	2,830	-	300
Marketing	1,193	-	-
Computer and website costs	21,138	-	399
Other office costs	6,780	-	1,050
Payroll costs	792	-	-
	<u>543,954</u>	<u>28,663</u>	<u>15,664</u>
Carried forward			

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31ST MARCH 2025**

5. SUPPORT COSTS - continued**Management - continued**

	Sport England £	Local Authority £	Other public body £
Brought forward	543,954	28,663	15,664
Governance and Board meetings	2,855	-	-
Audit fee	6,034	-	-
	<u>552,843</u>	<u>28,663</u>	<u>15,664</u>
		31.3.25	31.3.24
		Total	Total
	Non-public £	activities £	activities £
Wages	19,126	462,359	409,840
Social security	1,186	39,884	32,711
Pensions	1,258	47,131	41,066
Rent	-	11,795	12,185
Travel	390	8,213	6,024
Insurance	-	4,164	3,211
Partnership meetings	-	1,247	2,044
Post, printing and stationery	-	966	561
IT and communications	-	3,130	3,402
Marketing	-	1,193	4,668
Computer and website costs	-	21,537	15,914
Other office costs	-	7,830	4,681
Payroll costs	-	792	756
Governance and Board meetings	-	2,855	3,489
Audit fee	-	6,034	6,030
	<u>21,960</u>	<u>619,130</u>	<u>546,582</u>

6. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31st March 2025 nor for the year ended 31st March 2024.

Trustees' expenses

Trustees expenses of £78 (2024 : £104) were paid to 1 Trustee (2024: 1 Trustee) during the year ended 31 March 2025. These expenses were all reimbursements for travel costs.

7. STAFF COSTS

No employee received a salary at a rate of more than £70,655 per annum in the period.

The average numbers of staff during the year was 15 (2024 : 13).

GET BERKSHIRE ACTIVE LTD

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31ST MARCH 2025

8. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted fund £	Total funds £
INCOME AND ENDOWMENTS FROM			
Charitable activities			
Sport England	-	609,502	609,502
Local Authority	-	120,919	120,919
Other public body	-	16,400	16,400
Non-public	3,990	62,500	66,490
Investment income	12,870	-	12,870
Total	<u>16,860</u>	<u>809,321</u>	<u>826,181</u>
EXPENDITURE ON			
Charitable activities			
Sport England	-	623,823	623,823
Local Authority	-	109,901	109,901
Other public body	-	31,306	31,306
Non-public	21,299	57,559	78,858
Total	<u>21,299</u>	<u>822,589</u>	<u>843,888</u>
NET INCOME/(EXPENDITURE)	(4,439)	(13,268)	(17,707)
Transfers between funds	(1,880)	1,880	-
Net movement in funds	(6,319)	(11,388)	(17,707)
RECONCILIATION OF FUNDS			
Total funds brought forward	285,898	185,436	471,334
TOTAL FUNDS CARRIED FORWARD	<u>279,579</u>	<u>174,048</u>	<u>453,627</u>

9. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.25 £	31.3.24 £
Trade debtors	25,589	61,211
Prepayments and accrued income	5,373	4,489
	<u>30,962</u>	<u>65,700</u>

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31ST MARCH 2025**

10. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.25	31.3.24
	£	£
Trade creditors	17,720	51,113
Other creditors	-	4,816
Accruals and deferred income	20,986	44,467
	<u>38,706</u>	<u>100,396</u>

Deferred income consists of grant income that belongs to the next fiscal year. The balance of deferred income at the year end is £5,625 (2024: £17,153) which is attributable to Well-Being Walks and Move Well Work Well - Ways into Work.

11. MOVEMENT IN FUNDS

The fund balances are held for the following purposes:

General fund

- Represents unrestricted funds held for the general running and administration of the charitable company.

Restricted funds

- Represents all grants and related expenditure where the donor has specified how the funds should be applied, for example grants from Sport England, Greenham Common Trust, Berkshire Community Foundation and other local organisations.

Transfers between funds

During the year £1,880 was transferred between unrestricted and restricted funds for the year ended 31 March 2025 (2024: £13,203).

12. RELATED PARTY DISCLOSURES

During the year, the charity made payments of £NIL (2024: £200) to the Berkshire Cricket Community Foundation as grants, where the Finance director for both entities is the same individual. There was an outstanding balance owed to Berkshire Cricket Community Foundation of £NIL at the year end (2024: £1,100).

13. ULTIMATE CONTROLLING PARTY

The operations of the charitable company are controlled by the Directors.

14. SHARE CAPITAL

The charitable company has no share capital, being limited by guarantee under the provisions of the Companies Act 2006.

15. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Restricted funds £	General funds £	Total funds £
Fund balances at 31 March 2025 are represented by:-			
Tangible fixed assets	-	-	-
Current assets	218,375	272,808	491,183
Current liabilities	(38,706)	-	(38,706)
	<u>179,669</u>	<u>£272,808</u>	<u>£452,477</u>

GET BERKSHIRE ACTIVE LTD

DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31ST MARCH 2025

	31.3.25 £	31.3.24 £
INCOME AND ENDOWMENTS		
Investment income		
Bank interest received	15,669	12,870
Charitable activities		
Grants/Commissioned projects	827,574	813,311
Total incoming resources	843,243	826,181
EXPENDITURE		
Charitable activities		
Programme delivery	225,263	297,306
Support costs		
Management		
Wages	462,359	409,840
Social security	39,884	32,711
Pensions	47,131	41,066
Rent	11,795	12,185
Travel	8,213	6,024
Insurance	4,164	3,211
Partnership meetings	1,247	2,044
Post, printing and stationery	966	561
IT and communications	3,130	3,402
Marketing	1,193	4,668
Computer and website costs	21,537	15,914
Other office costs	7,830	4,681
Payroll costs	792	756
Governance and Board meetings	2,855	3,489
Audit fee	6,034	6,030
	619,130	546,582
Total resources expended	844,393	843,888
Net expenditure	(1,150)	(17,707)

Accounts

REGISTERED COMPANY NUMBER: 07743643 (England and Wales)
REGISTERED CHARITY NUMBER: 1150486

**REPORT OF THE TRUSTEES AND
FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST MARCH 2024
FOR
GET BERKSHIRE ACTIVE LTD**

Richardson Jones
Chartered Accountants &
Registered Auditors
Mercury House
19-21 Chapel Street
Marlow
Buckinghamshire
SL7 3HN

GET BERKSHIRE ACTIVE LTD

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FOR THE YEAR ENDED 31ST MARCH 2024**

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GET BERKSHIRE ACTIVE LTD

**REFERENCE AND ADMINISTRATIVE DETAILS
FOR THE YEAR ENDED 31ST MARCH 2024**

TRUSTEES

K R Ross MBE
A M Couper
P W Owen OBE
R Leach
T Hussain
R A Parker
J Halliday
H S Obhi
H E Batchelor
V Bradley

COMPANY SECRETARY

B A Nicholls

REGISTERED OFFICE

Salisbury Room
Bisham Abbey Sports Centre
Marlow Road
Nr Marlow
Bucks
SL7 1RR

REGISTERED COMPANY NUMBER 07743643 (England and Wales)

REGISTERED CHARITY NUMBER 1150486

AUDITORS

Richardson Jones
Chartered Accountants &
Registered Auditors
Mercury House
19-21 Chapel Street
Marlow
Buckinghamshire
SL7 3HN

BANKERS

Barclays Bank
Leicester
LE87 2BB

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31ST MARCH 2024**

ACHIEVEMENTS AND PERFORMANCE 2023-2024

Who We Are

Get Berkshire Active (GBA) is part of a network of 43 other similar organisations - Active Partnerships (APs) in England. We are loosely federated to and supported by a national team. We are a charity with a purpose to promote physical activity and sport to the benefit of the whole Berkshire population but specifically to support those most normally excluded.

Why Physical Activity

If the pandemic showed us one thing, it is how important physical activity (PA) is. It has a profound effect upon people's mental and physical health from birth till death. It is also known to have more collective, societal effects too, such as: reducing loneliness and isolation; providing positive outlets for troubled youths; creating more productive workforces and the potential to reduce ever spiralling health and social care costs to name but a few. PA is an underappreciated asset in our clinical arsenal. This is despite it being described as the "best buy" for public health as far back as 1994. Today, barely a week goes by without a new piece of evidence on the contribution of physical activity to health, happiness, and longevity. Moreover, exercise is one of the cheapest and most effective forms of medicine.

What We Do and How We Do It

Our modus operandi is to work collaboratively and in partnership to get the most benefit from limited resources. Indeed, GBA is often seen as the organisation who brings others together; note our LA forum, our Inclusion Forum, our Social Prescriber network, our Sports for Development forum and so on. GBA run, support and enable some great programmes. These include delivering the DoFE Opening Schools Facilities programme into Berkshire and delivering Sport England's Together Fund across the county. We deliver our Active Medicine Programme (support and training) now funded by Health Education England to health care and allied professionals to increase their skills, knowledge and confidence to have positive conversations on PA. We have an acclaimed Pregnancy & Postnatal programme supporting the Frimley system (but not the BOB). We run employability courses on behalf of DWP (and train and support DWP staff). We have a growing Early Years Programme (Slough and Reading) providing support, resources and training to professionals and venues in the EY's space. Our Live Longer Better programme is providing up-skilling to those professionals and agencies working with older people (mainly in Berkshire West) and we deliver our EverActive programme (in Reading and West Berkshire) and our Reconditioning programme in Reading. We have worked with TVP and the TV VRU running youth intervention and crime reduction programmes in Slough and next in RBWM. Within the last 6 months we have embarked upon an ambitious programme of providing training and insight around system's thinking to a number of our LAs. We sit on the Slough Healthy Weight and Active Workplaces advisory groups doing similar things variously across the other LAs.

Our Work with Sport England

We continue to work closely with Sport England (SE) and they remain our major source of funding which comes in these two forms: System Role funding and delivery funding. System Role funding allows us to exist, operate and deliver our primary role to help SE achieve their national 'Uniting the Movement' strategy. Delivery funding is granted specifically to deliver defined projects such as the School Games.

This was the second year of the 2022-2027 5-year cycle of SE funding and, in addition to their planned system and programme funding we continued to receive additional funding in the form of the Together Fund which we distributed in terms of covid recovery and cost of living crisis support. More detail on how and to whom we distributed this money is contained later in this report. As part of our work with Sport England we were required to produce a detailed 6-monthly progress report and an Impact Report for our work in the previous year. This report can be found here:

A key role of all Active Partnerships is developing strategic networks across the county. GBA's role is to be the leading advocate for Sport and Physical Activity (PA) ensuring that key stakeholders such as NHS, Primary Care Networks (PCNs), Education Sector and Public Authorities maintain an emphasis and priority on physical activity. Our strategic engagement continues to grow locally and regionally. Due to the significantly increased interest in and importance of physical activity, in tackling inequalities and improving physical and mental health, our networks and conversations both with strategic partners and community led organisations have increased exponentially. Of particular note are the high numbers of people joining our forums and workshop events.

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31ST MARCH 2024**

GBA Strategic Intent

Our 2022-2026 Strategic Intent remains the central driver of our actions and it remains significantly aligned to the principles of Sport England's Uniting the Movement 10-year strategy. Our key objective is tackling inequalities both in the provision and uptake of physical activity but also in using physical activity to tackle wider societal issues such as around health and education. Our 3 key themed areas of work are Starting Life Well, Living Life Well and Ageing Well.

HOW WE WORK

Across our 3 themes we have five specific pillars (or objective areas) and by working in these pillars we believe we will be having an overall positive effect on our mission. These standard pillars are:

- i.** Systems Change: If we are going to have a positive effect, we need to understand the levers and blockers to change to enable us to create the platform for change.
- ii.** Networks & Partners: We will continue to build wider partnerships especially with non-sporting /PA organisations that work with our key target audiences:
- iii.** Workforce: We will support all areas of the workforce to enable them to change and improve their delivery
- iv.** Interventions: Co-ordinating and enabling collaboration between the myriad interventions / delivery that is happening; driving change within them to support disadvantaged groups is key to success.
- v.** Learning & Improving: Continuous and incremental improvement, using detailed insight, is the key to successful and sustainable change.

Our Key Theme Work

Theme 1: Starting Life Well

i. 1.1 Early Years Work - Through funding from the Sports Council Trust we have started to work with partners who work with under 5's (Children's Centres and Nurseries) knowing how important it is to get young people physically active early in life. As part of the work we have distributed funding to settings in our most disadvantaged areas for physical activity, provided workforce training to early years professionals through forums and giving partners the opportunity to form networks and share good practice. Our second year of the Early Years project has been focussed on engaging with key senior members within the local authorities to offer support to Early Years settings that would most benefit from training and small grants funding. Relationships within Slough have been a firm focus and has been successful. We have worked directly with the early years advisors to support 3 settings which have been identified as needing additional resources and training in the physical activity area. Training whole cohorts of staff has taken place at 6 settings across Berkshire, this has been received well and fits within settings timetables during staff inset and training days. Settings which have previously been funded are now coming to an end and some visits to see how the funding has impacted the children and staff have been completed, case studies have been completed on these and present with positive outcomes children. There remains a high significant interest in the work GBA is doing in Early Years and we are present within public health and local authority meetings for Slough, Reading and Wokingham. The delivery of training has developed and settings are now booking in additional training this will explore barriers which families can put in place to physical activity and how to overcome these. Working directly with settings has enabled our impact to be more directed to areas with greater need and reach a wider cohort of children.

1.2 School Support - Our school support has continued along very similar lines to 2022/23. We have maintained and updated our website, supported schools when asked (mainly through School Games and Opening School Facilities) and presented to strategic partners, headteacher groups and local authority education teams on our programmes linked to schools. We have continued to work with Brighter Futures to develop a schools' network in Reading. We help to arrange meetings and provide content and speakers which meet the identified needs of schools.

1.3 Berkshire School Games - As part of our SE investment we have continued to deliver the Berkshire School Games working with the county's School Games Organisers. Like all our work it has become targeted, focusing on young people who face barriers to participation and using physical activity to tackle inequalities. To meet these objectives, we organised a large-scale multi-sport event at Braywick Leisure Centre, Maidenhead. The event was made up of a mixture of competitive and invitational targeted competitions. We also had an Active 60 zone where pupils and schools could see how they could get 60 minutes of daily physical activity into their lives in a fun way. We also put a big emphasis on pupils having a positive experience so that they hopefully continue to be physically active after the event and being eco-friendly. In addition to the multi-sport festival, we organised a series of separate badged events include Cricket, Sportshall Athletics and Panathlon.

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31ST MARCH 2024**

1.4 Starting Life Well Fund- The fund is a programme funded by SE and aims to support Children and Young People (5-18) through Physical activity and sport delivery programmes. It has been decided that GBA will no longer continue to administer the SLW fund past 2024. There are 4 remaining projects who received funding between Jan 24- March 24. GBA will continue to support these programmes until their delivery finishes. Once this is done a report will be compiled to show the full impact of the fund.

1.5 Opening School Facilities (OSF) - This Department for Education funded programme to provide additional physical activity opportunities for targeted pupils and to open up to the wider community has continued in its second year and has seen us work with 16 Berkshire schools (primary, secondary and special). Funding has been distributed to schools so that they can arrange projects based on the needs and demands of pupils. Monthly monitoring is taking place and case studies demonstrating impact are starting to be captured. We have also arranged learning and sharing sessions so that schools can share good practice and help each other.

1.6 Children & Young People Active Lives Survey - We have continued to administer the survey in Berkshire on behalf of Sport England going out to the randomly selected schools each term. Our goal is to try to get enough completions per local authority to obtain a local authority report.

1.7 Crime Prevention: We have continued to fund some projects that directly or indirectly support crime prevention agendas. We have worked alongside Street Games to support their work to map local provision and to support their role out of Ministry of Justice funding in the region that will tackle crime through sports interventions. Meetings have taken place with StreetGames to produce a county wide joined up plan for crime prevention using sport. We have also continued to support organisations within our network and the workforce to develop the understanding and skills needed to support people at risk of becoming involved / already involved in crime.

GBA with support from StreetGames were successful in a funding bid from the Police and Crime Commission to coordinate a programme within RBWM, aiming to link up referral partners (Achieving for Children, Education, Youth Offending Teams) with community sport. The programme involves providing a referral pathway so any young person who is identified as being at risk of being involved/exploited in crime or anti-social behaviour can access sport with coaches who are upskilled to meet their needs. As of the end of March 24, we have created the referral pathway with 10 community sports clubs engaged on the programme, and so far, we have received 23 referrals of young people of differing needs. We are currently working to place these young people.

Theme 2: Living Life Well

2.1 Together Fund: The Together Fund (TF) supported local organisations with funding. It reached completion in 2023-24, having run for 4 years. The programme helped GBA tackle inequalities in the most disadvantaged communities. We funded 89 projects in total and distributed over £350K across projects that support those with disabilities, those from lower socio-economic groups, those with a long-term health condition or from an ethnically diverse community. Phase 5 of the Together Fund saw a focus on providing Resilience support to organisations within Berkshire, aiming to improve their overall sustainability through the cost-of-living crisis. 95 organisations attended various levels of support with 52 accessing more than one area of support. The different levels of support were online workshops, including social media and marketing, and charity governance, to 1-1 mentoring support through Our Community Enterprise and a 6-month support programme run by Sported. This was dovetailed by our own 1-1 support and funding advice. 100% agreed that the sessions:

- Were relevant to their organisations needs
- Content covered added value to their organisation
- Enabled them to gain valuable knowledge and insight
- Provided practical strategies which aided ongoing sustainability

2.2 The Active Medicine Programme: The Active Medicine Programme (AMP) is an umbrella term for various educational programmes to facilitate conversations around helping people and families to become more active. During April 2023 to March 2024 685 people engaged in the programme.

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31ST MARCH 2024**

2.3 Pregnancy and Postnatal: The Pregnancy and Postnatal work across Berkshire has grown month on month and aims to support mental wellbeing through a holistic approach. This includes the local delivery, a network, resources, a quarterly newsletter and workforce training. Since the launch of a collaborative partnership with Sport in Mind who oversee the delivery of the weekly pregnancy and mum and baby classes, with over 8 free classes taking place across 3 local authorities. Different sources of successful funding (including £48,500 from the Sports Council Trust Company to expand the programme and £16,000 from the South East Public Health Workforce fund) has provided the delivery of 5 This Mum Moves Ambassador training workshops (accredited by the CPD Standards Office and delivered by The Institute of Health Visiting and The Active Pregnancy Foundation), which equips professionals with the knowledge, skills, and confidence to discuss physical activity during pregnancy and after childbirth. The establishment of the Physical Activity in Maternity Network has proved popular which meets quarterly for any workforces in the maternity space to share learning, ideas and opportunities to support more pregnant and postnatal women adopt more active lifestyles and improve their mental wellbeing.

2.4 Employability Programmes (Adults): Our Employability Programmes aim at tackling employment by using physical activity, experiential learning and emotional intelligence to address the soft skills of individuals that contribute towards their employability. A small programme has been completed with clients from Ways into Work. All the clients have a learning disability and the aim was to get them moving regularly, socialising and thinking about how teamwork and communication can be used in different ways. 10 individuals along with their work coaches attended 6 sessions. 100% said that the sessions helped their mood and made them feel more confident in what they can achieve. We currently have a bid in with the DWP to run a year-long programme to 40 individuals. The bid sign off has stalled and we are expecting to pick this up when the new Programme Coordinator role begins as this role will help with capacity.

Theme 3: Ageing Well

3.1 Ever Active: Ever Active is an exercise Programme that supports older adults, who are seeking to improve their physical and mental health through the joy of seated movement, memory enhancing activities and fall prevention exercises (strength and balance). Our sessions also help to reduce feelings of loneliness and isolation as extra time is allocated before or after class for a coffee and chat. We currently deliver our Ever-Active Programme in Reading and West Berkshire, in areas of recorded higher deprivation and/or areas of high numbers of older adults who live alone. During 2023 - 2024 GBA delivered eight weekly seated exercise sessions in the Reading area, two sessions in Caversham and two in Tilehurst, one session in Coley, Reading town Centre, South Reading and an online session. During 23 - 24 GBA welcomed a total of 90 new participants from Reading Brough. Our West Berkshire Programme, GBA work in collaboration with Age UK Berkshire, Berkshire Vision and Berkshire Mencap to deliver an inclusive and varied Programme. During 2023 - 2024 GBA delivered 8 regular weekly seated exercises sessions in WB covering Thatcham, Newbury, Hungerford, Theale, Pangbourne, Burghfield, Calcot and one online session. When considering our partner's sessions, we delivered a combined total of twenty-two weekly sessions in WB and welcomed 157 new participants who joined our existing West Berkshire Ever Active family. In January 2024 GBA introduced new fall prevention exercise measures to help determine how effective our sessions are in aiding the prevention of falls. Our latest findings showed:

Fall Prevention Measures,

Sessions that participated in Fall Prevention Measures.	Calcot & Theale
Number of participants who agreed to take part	10
Percentage of participants who improved lower body strength measure (sit to stand)	90%
Percentage of participants whose lower body strength remained the same (sit to stand)	10%
Percentage of participants who improved balance measure (Single leg balance)	90%
Percentage of participants whose balance remained the same (single leg balance)	10%
Percentage of participants who improved lower body mobility (Get up and go test)	100%
Percentage of participants whose fall prevention ability decreased	0%
Average percent increase with sit to stand exercise. (lower body strength)	33%
Average percent increase with single leg balance (balance)	173%
Average percent increase with get up and go exercise. (lower body strength and mobility)	24%

3.2 Live Longer Better: Live Longer Better launched in 2020 as a collaboration between a number of Active Partnerships across the UK (including GBA), to fully capture the serious health crisis faced by older people and the ageing process. The over 80's population will double within ten years, with the majority of those aged 65 and over likely to experience poor health for more than half their remaining years causing additional stress on our current health and social care services. The Live Longer Better mission is to enable people to Live Longer Better (mainly through the power of movement and science and strong evidence-based statistics), to increase healthy life expectancy and reduce the period of time at the end of life when people are very dependent on others. GBA support the Live Longer Better mission through our ageing well programmes such as our Ever Active and the Reconditioning Programme, plus GBA also host Live Longer Better online webinars, where we invite various health professionals to present for GBA, to discuss the importance of physical activity as we age. Our Live Longer Better webinars for 23/24 have included:

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31ST MARCH 2024**

- June 2023 - Preventing and Managing Frailty - 100+ attendees
- October 2023 - Going Digital - 124 attendees

NB: Information on all our previous webinars can be found here.

3.3 Reconditioning Programme: The aim of our Reconditioning Programme (RP) is to improve the independence of older adults who are reluctant to leave their homes due to low mobility, low confidence and are a high risk of falls. The vast majority of our referrals come through Reading Social Prescribers and are identified as individuals who would benefit from this service. GBA offer our clients an average of six one-to-one coaching sessions from the comfort of their own home (as this mitigates the barrier of clients having to travel to access strength enhancing provisions and programmes). Our sessions are designed to improve their overall fitness through a bespoke, personal exercise programme tailored to their individual needs and goals. Their progress, with strength, stamina and confidence, is monitored and recorded throughout the programme in the form of a fitness test. On completion of the Reconditioning Programme, Clients are referred to various other organisations such as Age UK for information on services such as the out and about service, GLL Healthwise programme, 50+ activities such as Tai Chi sessions, lunch clubs etc to encourage continued independence and regular participation in exercise post the Reconditioning Programme. Due to the success of the programme, GBA have secured funding for another year through RBC and the funding has been increased to allow GBA to expand the programme commencing April 2024 from one day a week to two days a week. In March 2024 GBA employed an additional RP instructor to deliver the extra day.

MOBILITY OUTCOMES/YEAR END SUMMARY RECONDITIONING PROGRAMME 2023 - 2024

STRENGTH ABILITY OUTCOME

Percentage of clients whose strength ability improved	91% (30/33)
Percentage of clients whose strength ability decreased	0%
Percentage of clients whose strength ability remained the same	3% (1/33)
Percentage of clients who were unable to take the retest	6% (2/33)

STAMINA ABILITY OUTCOME

Percentage of clients whose stamina ability improved	91% (30/33)
Percentage of clients whose stamina ability decreased	0%
Percentage of clients whose stamina ability remained the same	3% (1/33)
Percentage of clients who were unable to take the retest	6% (2/33)

Average percent in strength ability increase over the year. 49%

Average percent increase in strength ability per quarter

Q1	40%
Q2	52%
Q3	55%
Q4	50%

Average percent increase in stamina ability over the year. 38%

Average percent increase in stamina ability per quarter

Q1	11%
Q2	37%
Q3	51%
Q4	53%

BEHAVIOUR CHANGE OUTCOMES

CONFIDENCE MEASURE OUTCOME

Percentage of clients whose confidence improved	94% (31/33)
Percentage of clients whose confidence decreased	0%
Percentage of clients whose confidence remained the same	6% (2/33)
Average percent in confidence score over the year	29%

Average percent in confidence increase per quarter.

Q1	30
Q2	32%
Q3	30%
Q4	25%

POST PROGRAMME WIDER BENEFITS

Name of service client referred onto post Reconditioning Programme	Number
Age UK Out&About Service and/or Befriending Service	17
GBA Ever Active Programme	9
Older Adult Social Groups/lunch clubs	1
Local Gyms	2

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31ST MARCH 2024**

Other health related charities	1
Local Tai-Chi classes	1
Declined ongoing referral	2

3.4 Fall Proof: Our Fall Proof Resources focus on six exercises which are designed to improve strength and balance. Our Fall Proof resources come in the form of six prompt cards, with one exercise on each card. The cards are designed to be placed around the home in specific locations as a reminder to complete the exercises daily. For Example, one card reads 'Going Past the stairs? Now's the time to complete your stepping up a step exercise.' All cards contain a written and visual explanation of how to perform the exercises safely and effectively. During April 2023 - March 2024 GBA distributed over 500 Fall Proof cards.

Cross Cutting Themes

4.1 Workforce:

- Team Berkshire: After consultation it was decided that our Team Berkshire site would be closed down and content would be moved onto the main website. This was to make it easier for groups to view and not confuse our "brand".

- Support for the Workforce and Organisations within Berkshire. We have been successful with a £5k bid from the Berkshire Community Foundation, with £3k in kind from our workforce budget we have £8K dedicated to supporting organisations and the workforce with relevant webinars, workshops, training and 1-1 mentoring. We will kick off the support with 3 webinars run by Our Community Enterprise on the Funding Cycle. The sessions will break down how organisations would go about accessing and applying for different funding pots. Over the year we will also work with OCE to provide funding and "business" development support to selected clubs and small charities.

4.2 Themed Forums and Support: Over the past year we have continued to hold regular partner engagement events which enable us to connect different organisations and link parts of the physical activity and wellbeing system together.

- Our quarterly local authority forums continue to provide a platform to bring different departments together to discuss a range of topics, share learning, and more recently integrate systems change thinking. Over the past 12 months we have had key topics and relevant speakers including; Place Based Working (where Laureus presented) and Physical Activity for Health Pathways (where Move Consulting presented)

- The Berkshire Inclusion Network consists of local, regional and national partners who come together to share learning and listen to experts in different fields of inclusion. A forum focused on funding took place in July which was well attended and provided an opportunity for partners to hear about funding opportunities, top tips and make connections with other organisations and was well received.

- The Berkshire quarterly Physical Activity in Maternity Network was established and has been well received. This network provides an opportunity to bring a range of workforces together across Berkshire (e.g. midwives, health visitors, female physios, public health, social prescribers, pregnant and postnatal exercise instructors, charities etc) to share learning, ideas and opportunities to support more pregnant and postnatal women adopt more active lifestyles and improve their mental wellbeing.

- GBA continues to help drive the National Active Partnership Maternity network, helping facilitate quarterly meetings and arranging speakers and sharing learning. This top-down bottom-up approach to the work in this space has proved invaluable in sharing challenges, ideas and understanding system change approaches across the network.

- GBA have delivered National Governing Body (NGB) Forums to bring together those who govern the sport sector to think about systemic change and collaboration that will increase physical activity at the local level. Our 1st structured NGB forum was delivered in Jan 24, with 17 different sports represented in the room. The session introduced the new Sport Welfare Officer to the delegates and introduced GBA's way of thinking around system thinking and tackling issues all are facing through a systemic lens. The second session is planned for May 24 with the longer-term aim of bringing NGB and Clubs together in a Sport Conference on October 24.

- GBA delivered a 'Sport For Development' forum. This brought together over 60 partners, creating connections / raising their capabilities to achieve social outcomes through sport.

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31ST MARCH 2024**

4.3 Measuring, evaluating and learning: We use different measures and targets of success to help us understand how our programmes/interventions are performing as well as how we are progressing in achieving our strategic objectives. These are regularly reflected on and updated as our work evolves. Evaluation frameworks help us to plan how and when to measure and evaluate. The final part, learning, has become increasingly more important to support us in reflecting on the blockers and enablers to achieving our aims. Internal learning reviews and sharing learning with partners is crucial to improving as an organisation.

4.4 Insight: We use local and national data, insight and research to help us understand the needs of people in Berkshire and the unrepresented groups that we target, as well as various insight/mapping tools. It helps us to identify areas most in need and those facing the greatest inequalities to help allocate our funding, resources and time appropriately and effectively.

4.5 Marketing and Communications: We've used our marketing and communications channels to engage in campaigns that help us to raise awareness of inequality in Berkshire. A number of our most successful campaigns have been around targeting women and girls, encouraging sharing of stories, raising awareness of safety issues and providing information on opportunities to get active. Video has taken a more prominent role in our content in multiple aspects. One of the biggest benefits of this being the ability to showcase the faces of the team to build familiarity on our channels. Our website has been and is being continually updated to reflect our target audiences in a more representative way, including segmenting pages and signposting based on audience.

4.6 Leadership / Team Building training: We delivered training to leaders from the 3rd sector through experiential learning (MTC) activities. We received an overall average rating of 9 out of 10 from participants. This training focussed on developing self-awareness and leadership and communication skills for senior officers / managers.

We delivered team building and essential skills development training to a number of partner organisations such as Ways into Work and DWP.

4.7 System Training: We have created various system training programmes to support groups of partners to understand what system thinking is. This training also helps partners understand how to identify system changes that are needed in order to tackle inactivity locally - and how they can contribute to this. We delivered x6 workshops to local authorities, health partners, police, providers, 3rd sector partners and more. We have also delivered training to Active Partnerships within the national network to support their understanding and capabilities around system thinking. This includes leading on a national systems thinking community of learning.

4.8 Strategic Partnership Support: GBA have supported public health teams with 'Healthy Weight System Approaches'. We attended and helped facilitate / design workshops and strategic plans to tackle obesity with Slough public health team. The planning stages for this work are also underway in Reading and Wokingham.

- GBA have also initiated a joint strategic planning process with Street Games to build a county-wide approach to crime prevention through sport and physical activity.

- GBA have attended local area climate change partnerships and supported the development of local plans. In particular in Reading and Bracknell we have supported the strategic thinking in these groups to consider system level interventions.

Key Policies & Standards:

5.1 Equality, Equity, Diversity and Inclusion (EEDI): Get Berkshire Active have focused their work on the Diversity and Inclusion Plan (DIAP), which initially is a 12-month assessed plan (led by AKD Solutions and Sport England as part of our Governance requirement). Key elements addressed include Strategy and Leadership, Recruitment, Stakeholder Participation, Governance, Marketing and Data. GBA have had an initial 'good' rated assessment of our DIAP but this work will continually be embedded across all we do to ensure we check and challenge ourselves to work towards a truly inclusive and equitable organisation, internally and with our external work. We have created a resource hub and involve team members and our Board Champion in the work we are developing and exploring, including re-writing our EEDI policy, holding workshops on Transgender inclusion and reviewing our recruitment practices.

5.2 Safeguarding: GBA continues to be committed to ensuring that the safeguarding and protection of young people and adults at risk is at the heart of what we and our partners do. Over the past 12 months we have

- Delivered our 2023 Safeguarding plan and implemented aspects of the 2024 plan
- Reviewed and updated our Safeguarding policies
- Been assessed by the Child Protection in Sport Unit and met their assessment criteria
- Engaged with GBA's Safeguarding Board Champion resulting in regular meetings to review and develop our safeguarding work including the production of a safeguarding dashboard for the board
- Updated our website so that support tools and key information is available to partners

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31ST MARCH 2024**

- Regularly put important safeguarding information on social media content and newsletters
- Put plans in place to measure the impact of our safeguarding interventions
- Recruit a Sport Welfare Officer (funded by Sport England) to provide support to clubs and NGB's around Safeguarding and Welfare. More details below.
- Submitted our evidence for the Ann Craft Trust Safeguarding Adults Framework (feedback and result due April 2024)

5.3 Sport Welfare Officer: The Sport Welfare Officer (SWO) role has been developed following the Whyte review into British Gymnastics. A network of new officers is being deployed across all Active Partnerships to assist National Governing Bodies (NGB's) and their clubs with safeguarding and welfare needs. The main focus of the project is to encourage NGB's and clubs to move from compliance with safeguarding legislation to creating a culture where safeguarding is a key aspect of everyday practices by supporting them with training, sharing of best practice and understanding the wider safeguarding network such as Child Protection in Sport Unit (CPSU), Ann Craft Trust and Local Authority Designated Officers (LADO's).

Meeting with NGB's has been the main focus of the initial part of the project, to explain the existing safeguarding landscape of each sport and help both parties understand how best to work together. So far, we have met with, Berks & Bucks FA, British Judo, England Boxing, Lawn Tennis Association (LTA), England Netball, Volleyball England, England Athletics, Basketball England, Badminton England, British Cycling, Boccia England and Paddle UK (formerly British Canoeing and Kayaking). We have begun the process of contacting clubs in Berkshire and will continue to do so once we get the green light from more NGB's.

Finances:

6.1 Investment: It is part of Get Berkshire Active's role to source funding for sport and physical activity in the community. During this period, a total of £826K has been secured for programmes in Berkshire - £216K from non-Sport England sources and £610K has been invested in the county through Sport England's investment in our programmes.

6.2 Results for the year: The results are set out in the Statement of Financial Activities. Incoming resources for the year were £826K (2023: £997K), resources expended were £844K (2023: £1,018K) and the deficit for the year was £18K (deficit 2023: £21K). The fund balances carried forward at 31st March 2024 were £454K represented by unrestricted funds of £280K (2023: £286K) and restricted funds of £174K (2023: £185K).

6.3 Reserves Policy: The company will set aside a sum by way of a reserve against unforeseen contingencies. This sum will be used in the event of the organisation being threatened with closure, for redundancy payments, to cover long term sickness liabilities and maternity pay. The company will seek to maintain reserves equivalent to three months budgeted expenditure and will include a sum for this operating reserve in budget planning. The charity holds reserves exceeding this amount and has started to fund some projects within the county and continues to maintain capacity in excess of current Sport England funding to deliver our objectives. The charity will continue to hold higher reserves short-term but the investment in projects and capacity should reduce unrestricted reserves to the minimum for complying with our policy by the end of this funding cycle (March 2027).

Structure, Governance and Management

7.1 Governing Document: The company is governed by its Memorandum and Articles of Association dated 17th August 2011 as amended by Special Resolutions dated 7th December 2012, 17th December 2015, 20th September 2017 and 11th December 2019 and constitutes a limited company, limited by guarantee, as defined by the Companies act 2006. GBA also publishes an annual governance statement in accordance with the UK Code of Sports Governance.

7.2 Board of Trustees: There have been no retirements of new additions to the board in this period. Details of our board can be found here. All Board Members/Trustees are registered on the Companies House and Charity Commission portals. We worked hard during this period to ensure we maintained our compliance with the UK Code of Sports Governance, including meeting a new or enhanced requirements in 7 areas of the code. These included appointing a welfare champion and creating a succession plan for senior executive and board roles. We have been informed by the Sport England Governance Team that we have met all the requirements.

7.3 Trustee Recruitment & Induction: Trustees are recruited through an open and competitive process using this recruitment pack. We aim to cast our net far and wide and recruit a diverse range of suitably qualified individuals paying attention to both gender and other diverse categories. There is an induction process which helps to guide the new trustee in the first weeks/months of their appointment.

7.4 Management: GBA is led and managed by the CEO supported by an experienced Senior Leadership Team and a paid staff of mixed full and part-time roles. The organisation of the staff and their roles were reviewed alongside the implementation of our new strategic intent.

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31ST MARCH 2024**

STRUCTURE, GOVERNANCE AND MANAGEMENT

Organisational Structure

The CEO, Brett Nicholls, is ultimately responsible for the day to day management and long-term strategic leadership of the organisation. He is supported in this by four senior members (Nick West-Oram, Kirsty Heath, James Craggs and Cathy Carr) whom together make up the Senior Leadership team (SLT). In total, including the SLT, GBA employs 14 staff in a mixture of full and part-time roles to deliver its Strategic Intent. The CEO and GBA's Finance Director (Dr Claire Sweeney) report to the Board through its Chair (Richard Parker) and to the Finance & Governance Committee (a sub-committee of the full board) through its Chair (Avril Couper).

STATEMENT OF TRUSTEES' RESPONSIBILITIES

The trustees (who are also the directors of Get Berkshire Active Ltd for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) including Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland".

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the trustees are aware:

- there is no relevant audit information of which the charitable company's auditors are unaware; and
- the trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditors are aware of that information.

Approved by order of the board of trustees on and signed on its behalf by:

.....
R A Parker - Trustee

REPORT OF THE INDEPENDENT AUDITORS TO THE MEMBERS OF GET BERKSHIRE ACTIVE LTD

Opinion

We have audited the financial statements of Get Berkshire Active Ltd (the 'charitable company') for the year ended 31st March 2024 which comprise the Statement of Financial Activities, the Balance Sheet, the Cash Flow Statement and notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice), including Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland'.

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31st March 2024 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice, including Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland'; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditors' responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The trustees are responsible for the other information. The other information comprises the information included in the Annual Report, other than the financial statements and our Report of the Independent Auditors thereon.

Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

Opinions on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the Report of the Trustees for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the Report of the Trustees has been prepared in accordance with applicable legal requirements.

REPORT OF THE INDEPENDENT AUDITORS TO THE MEMBERS OF GET BERKSHIRE ACTIVE LTD

Matters on which we are required to report by exception

In the light of the knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the Report of the Trustees.

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the trustees were not entitled to take advantage of the small companies exemption from the requirement to prepare a Strategic Report or in preparing the Report of the Trustees.

Responsibilities of trustees

As explained more fully in the Statement of Trustees' Responsibilities, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Our responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue a Report of the Independent Auditors that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

We gained an understanding of the legal and regulatory framework applicable to Get Berkshire Active and the sector in which it operates, and considered the risk of acts by the charity that were contrary to applicable laws and regulations, including fraud. We designed audit procedures to respond to the risk, recognising that the risk of not detecting a material misstatement due to fraud is higher than the risk of not detecting one resulting from error, as fraud may involve deliberate concealment by, for example, forgery or intentional misrepresentations, or through collusion.

We focussed on laws and regulations which could give rise to a material misstatement in the financial statements, including, but not limited to, the Charities Act 2011 and UK tax legislation. Our procedures included:

- agreeing the financial statement disclosures to underlying supporting documentation
- enquiries with management
- understanding of management's internal controls designed to prevent and detect irregularities.

There are inherent limitations in the audit procedures described above and, the further removed non-compliance with laws and regulations is from the events and transactions reflected in the financial statements, the less likely we would become aware of it. As in all our audits, we also addressed the risk of management override of internal controls, including testing journals and evaluating whether there was evidence of bias by the directors that represented a risk of material misstatement due to fraud.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at www.frc.org.uk/auditorsresponsibilities. This description forms part of our Report of the Independent Auditors.

**REPORT OF THE INDEPENDENT AUDITORS TO THE MEMBERS OF
GET BERKSHIRE ACTIVE LTD**

Use of our report

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.

Kevin Ellerby (Senior Statutory Auditor)
for and on behalf of Richardson Jones
Chartered Accountants &
Registered Auditors
Mercury House
19-21 Chapel Street
Marlow
Buckinghamshire
SL7 3HN

Date:

GET BERKSHIRE ACTIVE LTD

STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31ST MARCH 2024

	Notes	Unrestricted fund £	Restricted fund £	31.3.24 Total funds £	31.3.23 Total funds £
INCOME AND ENDOWMENTS FROM					
Charitable activities	3				
Sport England		-	609,502	609,502	770,363
Local Authority		-	120,919	120,919	81,990
Other public body		-	16,400	16,400	106,567
Non-public		3,990	62,500	66,490	33,195
Investment income	2	12,870	-	12,870	4,880
Total		<u>16,860</u>	<u>809,321</u>	<u>826,181</u>	<u>996,995</u>
EXPENDITURE ON					
Charitable activities	4				
Sport England		-	623,823	623,823	760,704
Local Authority		-	109,901	109,901	86,616
Other public body		-	31,306	31,306	79,771
Non-public		21,299	57,559	78,858	90,592
Total		<u>21,299</u>	<u>822,589</u>	<u>843,888</u>	<u>1,017,683</u>
NET INCOME/(EXPENDITURE)		(4,439)	(13,268)	(17,707)	(20,688)
Transfers between funds	11	<u>(1,880)</u>	<u>1,880</u>	<u>-</u>	<u>-</u>
Net movement in funds		(6,319)	(11,388)	(17,707)	(20,688)
RECONCILIATION OF FUNDS					
Total funds brought forward		285,898	185,436	471,334	492,022
TOTAL FUNDS CARRIED FORWARD		<u><u>279,579</u></u>	<u><u>174,048</u></u>	<u><u>453,627</u></u>	<u><u>471,334</u></u>

The notes form part of these financial statements

GET BERKSHIRE ACTIVE LTD (REGISTERED NUMBER: 07743643)

**BALANCE SHEET
31ST MARCH 2024**

	Notes	Unrestricted fund £	Restricted fund £	31.3.24 Total funds £	31.3.23 Total funds £
CURRENT ASSETS					
Debtors	9	-	65,700	65,700	92,718
Cash at bank		279,579	208,744	488,323	544,986
		<u>279,579</u>	<u>274,444</u>	<u>554,023</u>	<u>637,704</u>
CREDITORS					
Amounts falling due within one year	10	-	(100,396)	(100,396)	(166,370)
		<u>279,579</u>	<u>174,048</u>	<u>453,627</u>	<u>471,334</u>
NET CURRENT ASSETS					
		<u>279,579</u>	<u>174,048</u>	<u>453,627</u>	<u>471,334</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>279,579</u>	<u>174,048</u>	<u>453,627</u>	<u>471,334</u>
NET ASSETS		<u>279,579</u>	<u>174,048</u>	<u>453,627</u>	<u>471,334</u>
FUNDS	11				
Unrestricted funds				279,579	285,898
Restricted funds				174,048	185,436
TOTAL FUNDS				<u>453,627</u>	<u>471,334</u>

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on and were signed on its behalf by:

.....
R A Parker - Trustee

.....
P W Owen OBE - Trustee

The notes form part of these financial statements

GET BERKSHIRE ACTIVE LTD

CASH FLOW STATEMENT
FOR THE YEAR ENDED 31ST MARCH 2024

	Notes	31.3.24 £	31.3.23 £
Cash flows from operating activities			
Cash generated from operations	1	(69,533)	(17,573)
Net cash used in operating activities		<u>(69,533)</u>	<u>(17,573)</u>
Cash flows from investing activities			
Interest received		<u>12,870</u>	<u>4,880</u>
Net cash provided by investing activities		<u>12,870</u>	<u>4,880</u>
Change in cash and cash equivalents in the reporting period		<u>(56,663)</u>	<u>(12,693)</u>
Cash and cash equivalents at the beginning of the reporting period		<u>544,986</u>	<u>557,679</u>
Cash and cash equivalents at the end of the reporting period		<u><u>488,323</u></u>	<u><u>544,986</u></u>

The notes form part of these financial statements

GET BERKSHIRE ACTIVE LTD

NOTES TO THE CASH FLOW STATEMENT
FOR THE YEAR ENDED 31ST MARCH 2024

1. RECONCILIATION OF NET EXPENDITURE TO NET CASH FLOW FROM OPERATING ACTIVITIES

	31.3.24 £	31.3.23 £
Net expenditure for the reporting period (as per the Statement of Financial Activities)	(17,707)	(20,688)
Adjustments for:		
Interest received	(12,870)	(4,880)
Decrease/(increase) in debtors	27,018	(45,617)
(Decrease)/increase in creditors	(65,974)	53,612
Net cash used in operations	<u>(69,533)</u>	<u>(17,573)</u>

2. ANALYSIS OF CHANGES IN NET FUNDS

	At 1.4.23 £	Cash flow £	At 31.3.24 £
Net cash			
Cash at bank	544,986	(56,663)	488,323
	<u>544,986</u>	<u>(56,663)</u>	<u>488,323</u>
Total	<u>544,986</u>	<u>(56,663)</u>	<u>488,323</u>

The notes form part of these financial statements

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST MARCH 2024**

1. ACCOUNTING POLICIES**Basis of preparing the financial statements**

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Allocation and apportionment of costs

Charitable activities expenditure represents all costs incurred which are directly attributable to projects. Costs of generating funds represents expenditure incurred to promote the charity.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Fixed asset capitalisation policy

The charity has a policy not to capitalise assets under £1,000.

Pension

The charitable company pays into an auto-enrolment compliant group scheme since April 2015. This is a defined contribution pension scheme and payments are at the same rate for each employee. Contributions are charged to the Statement of Financial Activities in the period to which they relate.

2. INVESTMENT INCOME

	31.3.24	31.3.23
	£	£
Bank interest received	12,870	4,880
	<u>12,870</u>	<u>4,880</u>

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31ST MARCH 2024**

3. INCOME FROM CHARITABLE ACTIVITIES

		31.3.24	31.3.23
	Activity	£	£
Grants/Commissioned projects	Sport England	609,502	770,363
Grants/Commissioned projects	Local Authority	120,919	81,990
Grants/Commissioned projects	Other public body	16,400	106,567
Grants/Commissioned projects	Non-public	66,490	33,195
		<u>813,311</u>	<u>992,115</u>

All grants received in the year related to the primary objects and activities of the charity.

4. CHARITABLE ACTIVITIES COSTS

	Direct Costs £	Support costs (see note 5) £	Totals £
Sport England	133,952	489,871	623,823
Local Authority	85,345	24,556	109,901
Other public body	14,663	16,643	31,306
Non-public	63,346	15,512	78,858
	<u>297,306</u>	<u>546,582</u>	<u>843,888</u>

5. SUPPORT COSTS

	Management £
Sport England	489,871
Local Authority	24,556
Other public body	16,643
Non-public	15,512
	<u>546,582</u>

Support costs, included in the above, are as follows:

Management

	Sport England £	Local Authority £	Other public body £
Wages	361,518	22,736	12,800
Social security	32,692	(1,872)	728
Pensions	35,636	3,336	867
Rent	12,185	-	-
Travel	4,773	356	559
Insurance	3,211	-	-
Partnership meetings	2,044	-	-
Post, printing and stationery	561	-	-
IT and communications	2,713	-	689
Marketing	4,668	-	-
Computer and website costs	15,914	-	-
Other office costs	4,681	-	-
Payroll costs	756	-	-
	<u>481,352</u>	<u>24,556</u>	<u>15,643</u>
Carried forward			

GET BERKSHIRE ACTIVE LTD

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31ST MARCH 2024**

5. SUPPORT COSTS - continued

Management - continued

	Sport England £	Local Authority £	Other public body £
Brought forward	481,352	24,556	15,643
Governance and Board meetings	2,489	-	1,000
Audit fee	6,030	-	-
	<u>489,871</u>	<u>24,556</u>	<u>16,643</u>
		31.3.24	31.3.23
		Total	Total
	Non-public	activities	activities
	£	£	£
Wages	12,786	409,840	403,910
Social security	1,163	32,711	33,523
Pensions	1,227	41,066	43,670
Rent	-	12,185	11,028
Travel	336	6,024	4,701
Insurance	-	3,211	2,945
Partnership meetings	-	2,044	5,453
Post, printing and stationery	-	561	767
IT and communications	-	3,402	4,145
Marketing	-	4,668	3,241
Computer and website costs	-	15,914	21,281
Other office costs	-	4,681	5,109
Payroll costs	-	756	648
Governance and Board meetings	-	3,489	1,905
Audit fee	-	6,030	3,553
	<u>15,512</u>	<u>546,582</u>	<u>545,879</u>

6. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31st March 2024 nor for the year ended 31st March 2023.

Trustees' expenses

Trustees expenses of £104 (2023 : £40) were paid to 1 Trustee (2023: 4 Trustees) during the year ended 31 March 2024. These expenses were all reimbursements for travel costs.

7. STAFF COSTS

No employee received a salary at a rate of more than £66,188 per annum in the period.

The average numbers of staff during the year was 13 (2023 : 13).

GET BERKSHIRE ACTIVE LTD

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31ST MARCH 2024

8. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted fund £	Total funds £
INCOME AND ENDOWMENTS FROM			
Charitable activities			
Sport England	-	770,363	770,363
Local Authority	-	81,990	81,990
Other public body	-	106,567	106,567
Non-public	5,045	28,150	33,195
Investment income	4,880	-	4,880
Total	<u>9,925</u>	<u>987,070</u>	<u>996,995</u>
EXPENDITURE ON			
Charitable activities			
Sport England	-	760,704	760,704
Local Authority	-	86,616	86,616
Other public body	-	79,771	79,771
Non-public	1,968	88,624	90,592
Total	<u>1,968</u>	<u>1,015,715</u>	<u>1,017,683</u>
NET INCOME/(EXPENDITURE)	7,957	(28,645)	(20,688)
Transfers between funds	13,203	(13,203)	-
Net movement in funds	21,160	(41,848)	(20,688)
RECONCILIATION OF FUNDS			
Total funds brought forward	264,738	227,284	492,022
TOTAL FUNDS CARRIED FORWARD	<u>285,898</u>	<u>185,436</u>	<u>471,334</u>

9. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.24 £	31.3.23 £
Trade debtors	61,211	90,969
Prepayments and accrued income	4,489	1,749
	<u>65,700</u>	<u>92,718</u>

GET BERKSHIRE ACTIVE LTD

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31ST MARCH 2024**

10. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.24	31.3.23
	£	£
Trade creditors	51,113	22,908
Other creditors	4,816	4,816
Accruals and deferred income	44,467	138,646
	<u>100,396</u>	<u>166,370</u>

Deferred income consists of grant income that belongs to the next fiscal year. The balance of deferred income at the year end is £17,513 (2023: Nil) which is attributable to the BCF Resilience grant, the SCTC for Pregnancy Grant and the income for the School's Conference.

11. MOVEMENT IN FUNDS

The fund balances are held for the following purposes:

General fund

- Represents unrestricted funds held for the general running and administration of the charitable company.

Restricted funds

- Represents all grants and related expenditure where the donor has specified how the funds should be applied, for example grants from Sport England, Greenham Common Trust, Berkshire Community Foundation and other local organisations.

Transfers between funds

During the year £1,880 was transferred between unrestricted and restricted funds for the year ended 31 March 2023 (2022: £13,203).

12. RELATED PARTY DISCLOSURES

During the year, the charity made payments of £200 (2023: £900) to the Berkshire Cricket Community Foundation as grants, where the Finance director for both entities is the same individual. There was an outstanding balance owed to Berkshire Cricket Community Foundation of £1,100 at the year end (2023: Nil).

13. ULTIMATE CONTROLLING PARTY

The operations of the charitable company are controlled by the Directors.

14. SHARE CAPITAL

The charitable company has no share capital, being limited by guarantee under the provisions of the Companies Act 2006.

15. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Restricted funds £	General funds £	Total funds £
Fund balances at 31 March 2024 are represented by:-			
Tangible fixed assets	-	-	-
Current assets	274,444	279,579	554,023
Current liabilities	(100,396)	-	(100,396)
	<u>174,048</u>	<u>£279,579</u>	<u>£453,627</u>

Accounts

**REPORT OF THE TRUSTEES AND
FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST MARCH 2023
FOR
GET BERKSHIRE ACTIVE LTD**

Richardson Jones
Chartered Accountants &
Registered Auditors
Mercury House
19-21 Chapel Street
Marlow
Buckinghamshire
SL7 3HN

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FOR THE YEAR ENDED 31ST MARCH 2023**

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GET BERKSHIRE ACTIVE LTD

**REFERENCE AND ADMINISTRATIVE DETAILS
FOR THE YEAR ENDED 31ST MARCH 2023**

TRUSTEES

K R Ross MBE
A M Couper
P W Owen OBE
C Thelwall-Jones (resigned 24.11.22)
G Harrison (resigned 23.3.23)
J S Worthy (resigned 24.11.22)
R Leach
T Hussain
R A Parker
J Halliday
H S Obhi
H E Batchelor (appointed 24.11.22)
V Bradley (appointed 24.11.22)

COMPANY SECRETARY

B A Nicholls

REGISTERED OFFICE

Salisbury Room
Bisham Abbey Sports Centre
Marlow Road
Nr Marlow
Bucks
SL7 1RR

REGISTERED COMPANY NUMBER 07743643 (England and Wales)

REGISTERED CHARITY NUMBER 1150486

AUDITORS

Richardson Jones
Chartered Accountants &
Registered Auditors
Mercury House
19-21 Chapel Street
Marlow
Buckinghamshire
SL7 3HN

BANKERS

Barclays Bank
Leicester
LE87 2BB

GET BERKSHIRE ACTIVE LTD
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31ST MARCH 2023

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31st March 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND AIMS

The Objectives of the Charitable Company, in accordance with its Memorandum of Association, are for the public benefit to promote community participation in healthy recreation for the benefit of the inhabitants of Berkshire in particular by:

- 1) Working with and through local agencies to increase levels of participation in sport and physical activity;
- 2) Promoting and providing programmes and services for sport, recreation, physical activity, informal education and other leisure time occupation for healthy recreation;
- 3) Promoting and providing facilities and services for recreational, sporting or other leisure time occupation in the interests of social welfare for the public at large or those who by reason of their youth, age, infirmity or disablement, financial hardship or social and economic circumstances, have need of such facilities and services;
- 4) The improvement and preservation of good health and well-being through participation in healthy recreation;
- 5) Education, training and coaching courses which promote physical health and fitness; and
- 6) Facilitating and providing impact evaluation, performance measurement and related intelligence for public benefit in the context of sport, recreation, physical activity and wider health and well-being.

In setting their objectives and planning their activities the Board have given careful consideration to the Charity Commission's guidance on public benefit.

ACHIEVEMENTS AND PERFORMANCE 2022-2023

Who We Are

Get Berkshire Active (GBA) is part of a network of 43 other similar organisations - Active Partnerships (APs) in England. We are loosely federated to and supported by a national team. We are a charity with a purpose to promote physical activity and sport to the benefit of the whole Berkshire population but specifically to support those most normally excluded.

Recovering from Covid-19 and Lockdowns

The aftermath of the pandemic is having lasting effects. On the one hand more and more organisations and partners are understanding the value and importance of physical activity. However, the legacy of Covid and the cost-of-living crisis has had a disproportionately negative impact on those who were already the least likely and able to be regularly active. Thus, our work, and aim to tackle inequalities, is even more important.

In terms of staff the ways of working accelerated by the lockdowns have enabled us to be a mainly home and flexible working-based organisation. The vast majority of our key partners switched to online meetings during the pandemic and have remained operating that way.

Our Work with Sport England

We continue to work closely with Sport England (SE) and they remain our major source of funding which comes in these two forms: System Role funding and delivery funding. System Role funding allows us to exist, operate and deliver our primary role to help SE achieve their national 'Uniting the Movement' strategy. Delivery funding is granted specifically to deliver defined projects such as the School Games.

This was the first year of the new 5-year cycle of SE funding and, in addition to their planned system and programme funding we received additional funding in the form of the Together Fund which we distributed in terms of covid recovery and cost of living crisis support. More detail on how and to whom we distributed this money is contained later in this report. As part of our work with Sport England we were required to produce a detailed 6-monthly progress report and an Impact Report for our work in the previous year. This report can be found here: <https://getberkshireactive.org/impact>

GET BERKSHIRE ACTIVE LTD

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31ST MARCH 2023

A key role of all Active Partnerships is developing strategic networks across the county. GBA's role is to be the leading advocate for Sport and Physical Activity (PA) ensuring that key stakeholders such as NHS, Clinical Commissioning Groups (CCGs), Education Sector and Public Authorities maintain an emphasis and priority on physical activity. Our strategic engagement continues to grow locally and regionally. Due to the significantly increased interest in and importance of physical activity (due to covid and social isolation) our networks and conversations both with strategic partners and community led organisations have increased exponentially. This has been significantly supported and enhanced by the Together Fund and our Starting Life Well Fund - more of which later in this report. The Local Authority Forums have continued virtually with good representation across the six local authorities.

GBA Strategic Intent

This last year saw us delivering on the first year of our new Strategic Intent which is significantly aligned to the principles of Sport England's Uniting the Movement 10-year strategy. Our key objective is tackling inequalities both in the provision and uptake of physical activity but also in using physical activity to tackle wider societal issues such as around health and education. Our 3 key themed areas of work are Starting Life Well, Living Life Well and Ageing Well. This report is first split by these three themes (although some areas of work do cross boundaries).

HOW WE WORK

Across our 3 themes we have five specific pillars (or objective areas) and by working in these pillars we believe we will be having an overall positive effect on our mission. These standard pillars are:

- i. **Systems Change:** If we are going to have a positive effect, we need to understand the levers and blockers to change to enable us to create the platform for change.
- ii. **Networks & Partners:** We will continue to build wider partnerships especially with non-sporting /PA organisations that work with our key target audiences:
- iii. **Workforce:** We will support all areas of the workforce to enable them to change and improve their delivery
- iv. **Interventions:** Co-ordinating and enabling collaboration between the myriad interventions / delivery that is happening; driving change within them to support disadvantaged groups is key to success.
- v. **Learning & Improving:** Continuous and incremental improvement, using detailed insight, is the key to successful and sustainable change.

Our Key Theme Work

Theme 1: Starting Life Well

1.1 Early Years Work - Through funding from the Sports Council Trust we have started to work with partners who work with under 5's (Children's Centres and Nurseries) knowing how important it is to get young people physically active early in life. As part of the work we have distributed funding to settings in our most disadvantaged areas for physical activity, provided workforce training to early years professionals through forums and giving partners the opportunity to form networks and share good practice.

1.2 Primary School Premium: Due to our work being targeted and place based we haven't been given a formal role around the Primary School Sports Premium (PSSP) however we update our webpages and support schools when asked questions related to the premium. Over the course of the last year we have continued to work together with Brighter Futures for Children on their Move More programme. Move More is a programme aimed at increasing physical activity levels amongst young people in targeted parts of Reading. GBA has put together content and arranged speakers for teachers' network meetings over the last 12 months.

1.3 Berkshire School Games - As part of our SE investment we have continued to deliver the Berkshire School Games working with the county's School Games Organisers. The games have continued to evolve over the last 12 months with even more of an emphasis on pupils who are less sporty and face barriers to participation and schools from more disadvantaged areas. Our spring festival in March 2023 saw us use Braywick Leisure Centre, Maidenhead for the first time.

1.4 Starting Life Well Fund- The fund is a programme funded by SE and aims to support Children and Young People (5-18) through Physical activity and sport delivery programmes. Along with increasing physical activity levels the fund also provides opportunities for inactive young people in a fun and accessible way, based on individual and community needs. Alongside this, these projects will also tackle wider social outcomes such as opportunities for people living with disabilities and diverse communities.

GET BERKSHIRE ACTIVE LTD
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31ST MARCH 2023

1.5 Opening School Facilities (OSF) - Alongside all other Active Partnerships we have started to distribute Department for Education funding in a programme called Opening School Facilities (OSF). The purpose of the funding is to support schools in more disadvantaged areas to increase extra-curricular physical activity opportunities to pupils who face barriers accessing them and to open up to the wider community (not just pupils of the school). We will be working with a minimum of 17 Berkshire primary, secondary and special schools as part of the 3-year programme. Youth Sport Trust and Street games are also partners in the programme.

1.6 Children & Young People Active Lives Survey - We have continued to administer the survey in Berkshire on behalf of Sport England going out to the randomly selected schools each term.

1.7 Crime Prevention: We have continued to fund some projects that directly or indirectly support crime prevention agendas. We have worked alongside Street Games to support their work to map local provision and to support their role out of Ministry of Justice funding in the region that will tackle crime through sports interventions. We have also continued to support organisations within our network and the workforce to develop the understanding and skills needed to support people at risk of becoming involved / already involved in crime.

Theme 2: Living Life Well

2.1 Together Fund: The Together Fund (TF) supports local organisations with funding. It is now in its fourth year with a continued focus on tackling inequalities in the most disadvantaged communities. We have continued to work on systemic projects through the fund, with a recent adjustment towards supporting organisations and residents struggling with the cost of living crisis. We have funded 30 projects this year and distributed £199K across projects that support those with disabilities, those from lower socio-economic groups, those with a long-term health condition or from an ethnically diverse community.

2.2 The Active Medicine Programme: The Active Medicine Programme (AMP) is an umbrella term for various educational programmes to facilitate conversations around helping people and families to become more active. During April 2022 to March 2023 699* people engaged in the programme.

2.3 Mum's Zone: The Mums' Zone programme has been supporting pregnant women and new mums in deprived communities to access physical activity to improve mental health issues. A collaborative partnership with Sport in Mind was launched in September 2022 commissioning this charity to lead on the face-to-face delivery programme across various settings in Slough, allowing GBA to lead on more of the strategic elements as outlined previously through embedding PA within maternity pathways. We plan to continue the collaboration with Sport in Mind after the announcement in April of £38,500 investment to expand the programme. The This Mum Moves Ambassador cascade training course was first delivered in November 2022, coordinated by GBA and delivered by The Institute of Health Visiting with the aim of upskilling all parts of the maternity workforce, from midwives and health visitors to women's physios and instructors working with pregnant and postnatal women.

2.4 Employability Programmes (Adults): Funded by the DWP and Groundworks London, the two programmes were aimed at tackling employment by using physical activity, experiential learning and emotional intelligence to address the soft skills of individuals that contribute towards their employability. Through the 2 programmes we delivered training to 95 adults.

Theme 3: Ageing Well

3.1 Ever Active: Ever Active is a programme that supports older and disabled adults, who are seeking to improve their health and fitness through the joy of seated exercise and wellness sessions and, in turn reduce the feelings of loneliness and isolation. We currently deliver our Ever Active Programme in the Reading and West Berkshire area in various locations such as older adult lunch clubs, church halls, residential homes, Dementia Cafes and wellbeing groups for people living with Long-Term Health Conditions (LTHC). With our West Berkshire Programme, GBA work in collaboration with AgeUK, Berkshire Vision and Mencap to deliver an inclusive and varied programme.

3.2 Live Longer Better: Live Longer Better launched in 2020 as a collaboration between a number of Active Partnerships across the UK (including GBA), to fully capture the serious health crisis faced by older people and the ageing process. The over 80's population will double within ten years, with the majority of those aged 65 and over likely to experience poor health for more than half their remaining years causing additional stress on our current health and social care services. The Live Longer Better mission is to enable people to Live Longer Better (mainly through the power of movement and science and strong evidence based statistics), to increase healthy life expectancy and reduce the period of time at the end of life when people are very dependent on others. GBA support the Live Longer Better mission through our ageing well programmes such as our Ever Active and the Reconditioning Programme, plus GBA also host quarterly Live Longer Better online webinars, where we invite various health professionals to present for GBA, to discuss the importance of physical activity as we age. Our Live Longer Better webinars for 22/23 have included:

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- **April 2022** Living with Dementia, Focusing on Dementia - 40 attendees.
- **October 2022** Standing up to Falling Down Fall Prevention Webinar - 80 attendees.
- **February 2023** More Movement = Less Pain. The importance of Physical activity and managing LTHC - 100+ Attendees

NB: Information on all our previous webinars can be found [here](#).

3.3 Reconditioning Programme: GBA'S Reconditioning Programme aim is to improve the fitness, strength and mobility of older adults (in the Reading Region and currently a one day a week programme) who are unable to leave their homes due to low mobility and/or low confidence. This is achieved by offering our clients an average of eight one-to-one coaching sessions from the comfort of their own home. Our sessions are designed to meet the aims and objectives of the clients' needs by improving their overall fitness. Their progress is monitored and recorded through a fitness test (which GBA calls a movement ability check form). On completion of the Reconditioning Programme, Clients are referred to Age UK for information on services such as the out and about service to help maintain their mobility independence and improve feelings of isolation. Due to the success of the programme, GBA have secured funding for another year through RBC. During April 2022 and March 2023 GBA Supported 22 Reconditioning Clients with the following results:

- Average strength Improvement - 38% increase in ability.
- Average stamina improvement - 32 % increase in ability.

3.4 Fall Proof: Our Fall Proof Resources focus on six exercises which are designed to improve strength and balance. Our Fall Proof resources come in the form of six prompt cards, with one exercise on each card. The cards are designed to be placed around the home in specific locations as a reminder to complete the exercises daily. For Example, one card reads 'Going Past the stairs? Now's the time to complete your stepping up a step exercise.' All cards contain a written and visual explanation of how to perform the exercises safely and effectively. During April 2022 - March 2023 GBA distributed over 250 Fall Proof cards.

Cross Cutting Themes

4.1 Workforce: Team Berkshire has been designed to be the workforce portal for everyone who are considered 'workforce'. There is a hybrid of creating networks to build the relationship with our workforce and resources to further develop individual understanding and knowledge. We have targeted funding on several large projects that have supported the coaching (and wider workforce) to develop the skills needed to tackle various agendas in the Sport for Development space. This includes how to support those with Special Educational Needs and Disabilities, those at risk of being involved in crime and those with mental health issues. We have also helped those working in the mental health sphere to develop the skills and understanding of how physical activity can help their clients. Our training has included systems training for public sector and 3rd sector partners to help them understand how to tackle physical inactivity through changes to the system itself. We have also delivered organisational development training to our partners through Mobile Team Challenge techniques, including leadership, team building, emotional intelligence, communication etc.

4.2 Themed Forums and Support: Over the past year we have continued to hold regular partner engagement events which enable us to connect different organisations and link parts of the physical activity and wellbeing system together.

- Our quarterly local authority forums provide a platform to bring different departments together to discuss a range of topics, share learning, and more recently integrate systems change thinking. These forums are always well attended and local authorities have regularly commented on the usefulness of GBA facilitating these meetings and bringing partners together.

- In March 2023 GBA partnered with Sport in Mind to host our second face-to-face partner networking forum (since Covid) with 75 delegates attending. This Movement for Mental Health forum included demonstrating the importance and evidence of movement for mental health, sharing impact stories of local Berkshire projects and providing an opportunity to network and collaborate across different sectors to support better connections. The feedback has been very positive; all attendees found it useful to their work and 95% agreed it helped them to connect or reconnect with other partners.

- GBA coordinated regular East Berkshire Inclusion network meetings and has recently opened this network as a Berkshire wide inclusion network. The network consists of local, regional and national partners who come together to share learning and listen to experts in different fields of inclusion. A face-to-face forum (the first since Covid) took place in June '22 at Reading FC with over 50 organisations attending and with very positive feedback.

GET BERKSHIRE ACTIVE LTD
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31ST MARCH 2023

- GBA continues to help drive the National Active Partnership Maternity network, helping facilitate quarterly meetings and arranging speakers and sharing learning. This top-down bottom-up approach to the work in this space has proved invaluable in sharing challenges, ideas and understanding system change approaches across the network.

- GBA have delivered National Governing Body (NGB) Forums to bring together those who govern the sport sector to think about systemic change and collaboration that will increase physical activity at the local level.

4.3 Measuring, evaluating and learning: Using various methods we measure the progress of our programmes and strategic objectives to help us understand our impact and effectiveness. Learning is an important aspect of our work and reflecting on our successes and challenges helps us to improve and continually adapt.

4.4 Insight: We use local and national data, insight and research to help us understand the needs of people in Berkshire and the unrepresented groups that we target. It helps us to focus on specific areas of need and allocate our funding, resources and time appropriately.

4.5 Marketing and Communications: Our new Marketing and Communications strategy has been developed to target specific underrepresented communities and those least active, aiming to serve them through our public channels, informing and inciting an active lifestyle. We also use our channels to serve and amplify the voice of partners we work with, sharing our reach and our knowledge to help assist in creating change.

4.6 Leadership / Team Building training: Working directly with the TVP Violence Reduction Unit (VRU) we delivered 2 Team Building Days to a newly developed team within the VRU. Alongside Mobile Team Challenge, the first day was structured to bring together individuals from different organisations, with the aim of getting them to work together as one entity, building trust and understanding so they could move through the next year of delivery. The final day was done 4 weeks before the end of the programme and brought the group back together to reflect and plan the next steps individually and for the group.

Key Policies & Standards:

5.1 Equality & Diversity: Get Berkshire Active is fully committed to the principles of equality of opportunity. We have a Board member championing this area and ensure staff and Board members complete the Equality training through our online training portal. As part of our equality work we have statements and areas on our web site around 'Tackling Racism and Racial Inequality' and on 'Promoting female safety' we are also a 'White Ribbon Supporter' to show our commitment to ending male violence against women. GBA has signed up to the Inclusive Employers training and some workshops have already taken place. This includes working up a plan of focus for the year which will include support for the strategy. We are still awaiting Sport England to confirm the new expectations for the Diversity Inclusion Action Plan (DIAP) which will be key in guiding our work and direction in this area. We are addressing this agenda locally via the Inclusion Network and forums which will all support the direction of our work locally.

5.2 Safeguarding: GBA continues to be committed to ensuring that the safeguarding and protection of young people and adults at risk is at the heart of what we and our partners do. Over the past 12 months we have

- Delivered our 2022 Safeguarding plan and implemented aspects of the 2023 plan
- Reviewed and updated our Safeguarding policies
- Been assessed by the Child Protection in Sport Unit and met their assessment criteria
- Engaged with the GBA Board around our CYP Safeguarding work
- Updated our website so that support tools and key information is available to partners
- Regularly put important safeguarding information on social media content and newsletters
- Put plans in place to measure the impact of our safeguarding interventions
- Commenced the Ann Craft Trust Adult Safeguarding Framework audit

Finances:

6.1 Investment: It is part of Get Berkshire Active's role to source funding for sport and physical activity in the community. During this period, a total of £997K has been secured for programmes in Berkshire - £227K from non-Sport England sources and £770K has been invested in the county through Sport England's investment in our programmes.

6.2 Results for the year: The results are set out in the Statement of Financial Activities. Incoming resources for the year were £997K (2022: £889K), resources expended were £1,018K (2022: £923K) and the deficit for the year was £21K (deficit 2022: £34K). The fund balances carried forward at 31st March 2023 were £471K represented by unrestricted funds of £286K (2022: £268K) and restricted funds of £185K (2022: £224K).

GET BERKSHIRE ACTIVE LTD
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6.3 Reserves Policy: The company will set aside a sum by way of a reserve against unforeseen contingencies. This sum will be used in the event of the organisation being threatened with closure, for redundancy payments, to cover long term sickness liabilities and maternity pay. The company will seek to maintain reserves equivalent to three months budgeted expenditure and will include a sum for this operating reserve in budget planning. The charity holds reserves exceeding this amount and has started to fund some projects within the county and continues to maintain capacity in excess of current Sport England funding to deliver our objectives. The charity will continue to hold higher reserves short-term but the investment in projects and capacity should reduce unrestricted reserves to the minimum for complying with our policy by the end of this funding cycle (March 2027).

7.1 Governing Document: The company is governed by its Memorandum and Articles of Association dated 17th August 2011 as amended by Special Resolutions dated 7th December 2012, 17th December 2015, 20th September 2017 and 11th December 2019 and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006. GBA also publishes an annual governance statement in accordance with the UK Code of Sports Governance.

7.2 Board of Trustees: We had two retirements and two new additions to the Board in this period. Details of our board can be found here. All Board Members/Trustees are registered on the Companies House and Charity Commission portals. We remain a Tier 3 organisation in terms of the UK Code of Sports Governance and believe we will be in a good position to maintain 'accreditation' to this when expected changes and updates take place in the next reporting period. Part of this is the requirement to have an external board evaluation every 4 years and the latest external evaluation was conducted during the period Mar-Jun 2021. The review looked both at current compliance, ways of operating and at strategic improvements. The review was very positive and showed no specific issues in any area. The review was shared with SE and is available here.

7.3 Trustee Recruitment & Induction: Trustees are recruited through an open and competitive process using this recruitment pack. We aim to cast our net far and wide and recruit a diverse range of suitably qualified individuals paying attention to both gender and other diverse categories. There is an induction process which helps to guide the new trustee in the first weeks/months of their appointment.

7.4 Management: GBA is led and managed by the CEO supported by an experienced Senior Leadership Team and a paid staff of mixed full and part-time roles. The organisation of the staff and their roles were reviewed alongside the implementation of our new strategic intent.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Organisational Structure

The CEO, Brett Nicholls, is ultimately responsible for the day to day management and long-term strategic leadership of the organisation. He is supported in this by four senior members (Nick West-Oram, Kirsty Heath, James Craggs and Cathy Carr) whom together make up the Senior Leadership team (SLT). In total, including the SLT, GBA employs 14 staff in a mixture of full and part-time roles to deliver its Strategic Intent. The CEO and GBA's Finance Director (Dr Claire Sweeney) report to the Board through its Chair (Richard Parker) and to the Finance & Governance Committee (a sub-committee of the full board) through its Chair (Avril Couper).

STATEMENT OF TRUSTEES' RESPONSIBILITIES

The trustees (who are also the directors of Get Berkshire Active Ltd for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) including Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland".

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

GET BERKSHIRE ACTIVE LTD
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31ST MARCH 2023

STATEMENT OF TRUSTEES' RESPONSIBILITIES - continued

In so far as the trustees are aware:

- there is no relevant audit information of which the charitable company's auditors are unaware; and
- the trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditors are aware of that information.

Approved by order of the board of trustees on and signed on its behalf by:

.....
R A Parker - Trustee

REPORT OF THE INDEPENDENT AUDITORS TO THE MEMBERS OF GET BERKSHIRE ACTIVE LTD

Opinion

We have audited the financial statements of Get Berkshire Active Ltd (the 'charitable company') for the year ended 31st March 2023 which comprise the Statement of Financial Activities, the Balance Sheet, the Cash Flow Statement and notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice), including Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland'.

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31st March 2023 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice, including Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland'; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditors' responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The trustees are responsible for the other information. The other information comprises the information included in the Annual Report, other than the financial statements and our Report of the Independent Auditors thereon.

Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

Opinions on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the Report of the Trustees for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the Report of the Trustees has been prepared in accordance with applicable legal requirements.

REPORT OF THE INDEPENDENT AUDITORS TO THE MEMBERS OF GET BERKSHIRE ACTIVE LTD

Matters on which we are required to report by exception

In the light of the knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the Report of the Trustees.

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the trustees were not entitled to take advantage of the small companies exemption from the requirement to prepare a Strategic Report or in preparing the Report of the Trustees.

Responsibilities of trustees

As explained more fully in the Statement of Trustees' Responsibilities, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Our responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue a Report of the Independent Auditors that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

We gained an understanding of the legal and regulatory framework applicable to Get Berkshire Active and the sector in which it operates, and considered the risk of acts by the charity that were contrary to applicable laws and regulations, including fraud. We designed audit procedures to respond to the risk, recognising that the risk of not detecting a material misstatement due to fraud is higher than the risk of not detecting one resulting from error, as fraud may involve deliberate concealment by, for example, forgery or intentional misrepresentations, or through collusion.

We focussed on laws and regulations which could give rise to a material misstatement in the financial statements, including, but not limited to, the Charities Act 2011 and UK tax legislation. Our procedures included:

- agreeing the financial statement disclosures to underlying supporting documentation
- enquiries with management
- understanding of management's internal controls designed to prevent and detect irregularities.

There are inherent limitations in the audit procedures described above and, the further removed non-compliance with laws and regulations is from the events and transactions reflected in the financial statements, the less likely we would become aware of it. As in all our audits, we also addressed the risk of management override of internal controls, including testing journals and evaluating whether there was evidence of bias by the directors that represented a risk of material misstatement due to fraud.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at www.frc.org.uk/auditorsresponsibilities. This description forms part of our Report of the Independent Auditors.

**REPORT OF THE INDEPENDENT AUDITORS TO THE MEMBERS OF
GET BERKSHIRE ACTIVE LTD**

Use of our report

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.

Kevin Ellerby (Senior Statutory Auditor)
for and on behalf of Richardson Jones
Chartered Accountants &
Registered Auditors
Mercury House
19-21 Chapel Street
Marlow
Buckinghamshire
SL7 3HN

Date:

GET BERKSHIRE ACTIVE LTD

STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31ST MARCH 2023

	Notes	Unrestricted fund £	Restricted fund £	31.3.23 Total funds £	31.3.22 Total funds £
INCOME AND ENDOWMENTS FROM					
Charitable activities	3				
Sport England		-	770,363	770,363	692,483
Local Authority		-	81,990	81,990	90,638
Other public body		-	106,567	106,567	21,284
Non-public		5,045	28,150	33,195	80,974
Investment income	2	4,880	-	4,880	3,659
Total		<u>9,925</u>	<u>987,070</u>	<u>996,995</u>	<u>889,038</u>
EXPENDITURE ON					
Charitable activities	4				
Sport England		-	760,704	760,704	740,468
Local Authority		-	86,616	86,616	95,388
Other public body		-	79,771	79,771	32,669
Non-public		1,968	88,624	90,592	54,581
Total		<u>1,968</u>	<u>1,015,715</u>	<u>1,017,683</u>	<u>923,106</u>
NET INCOME/(EXPENDITURE)		7,957	(28,645)	(20,688)	(34,068)
Transfers between funds	11	<u>13,203</u>	<u>(13,203)</u>	<u>-</u>	<u>-</u>
Net movement in funds		21,160	(41,848)	(20,688)	(34,068)
RECONCILIATION OF FUNDS					
Total funds brought forward		264,738	227,284	492,022	526,090
TOTAL FUNDS CARRIED FORWARD		<u><u>285,898</u></u>	<u><u>185,436</u></u>	<u><u>471,334</u></u>	<u><u>492,022</u></u>

The notes form part of these financial statements

GET BERKSHIRE ACTIVE LTD

**BALANCE SHEET
31ST MARCH 2023**

	Notes	Unrestricted fund £	Restricted fund £	31.3.23 Total funds £	31.3.22 Total funds £
CURRENT ASSETS					
Debtors	9	92,718	-	92,718	47,101
Cash at bank		359,550	185,436	544,986	557,679
		<u>452,268</u>	<u>185,436</u>	<u>637,704</u>	<u>604,780</u>
CREDITORS					
Amounts falling due within one year	10	(166,370)	-	(166,370)	(112,758)
NET CURRENT ASSETS		<u>285,898</u>	<u>185,436</u>	<u>471,334</u>	<u>492,022</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>285,898</u>	<u>185,436</u>	<u>471,334</u>	<u>492,022</u>
NET ASSETS		<u>285,898</u>	<u>185,436</u>	<u>471,334</u>	<u>492,022</u>
FUNDS	11				
Unrestricted funds				285,898	264,738
Restricted funds				185,436	227,284
TOTAL FUNDS				<u>471,334</u>	<u>492,022</u>

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on and were signed on its behalf by:

.....
R A Parker - Trustee

.....
A M Couper - Trustee

The notes form part of these financial statements

GET BERKSHIRE ACTIVE LTD

**CASH FLOW STATEMENT
FOR THE YEAR ENDED 31ST MARCH 2023**

	Notes	31.3.23 £	31.3.22 £
Cash flows from operating activities			
Cash generated from operations	1	(17,573)	(17,048)
Net cash used in operating activities		<u>(17,573)</u>	<u>(17,048)</u>
Cash flows from investing activities			
Interest received		4,880	3,659
Net cash provided by investing activities		<u>4,880</u>	<u>3,659</u>
Change in cash and cash equivalents in the reporting period		<u>(12,693)</u>	<u>(13,389)</u>
Cash and cash equivalents at the beginning of the reporting period		<u>557,679</u>	<u>571,068</u>
Cash and cash equivalents at the end of the reporting period		<u><u>544,986</u></u>	<u><u>557,679</u></u>

The notes form part of these financial statements

GET BERKSHIRE ACTIVE LTD

NOTES TO THE CASH FLOW STATEMENT
FOR THE YEAR ENDED 31ST MARCH 2023

1. RECONCILIATION OF NET EXPENDITURE TO NET CASH FLOW FROM OPERATING ACTIVITIES

	31.3.23 £	31.3.22 £
Net expenditure for the reporting period (as per the Statement of Financial Activities)	(20,688)	(34,068)
Adjustments for:		
Interest received	(4,880)	(3,659)
(Increase)/decrease in debtors	(45,617)	57,517
Increase/(decrease) in creditors	53,612	(36,838)
Net cash used in operations	<u>(17,573)</u>	<u>(17,048)</u>

2. ANALYSIS OF CHANGES IN NET FUNDS

	At 1.4.22 £	Cash flow £	At 31.3.23 £
Net cash			
Cash at bank	557,679	(12,693)	544,986
	<u>557,679</u>	<u>(12,693)</u>	<u>544,986</u>
Total	<u>557,679</u>	<u>(12,693)</u>	<u>544,986</u>

The notes form part of these financial statements

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST MARCH 2023**

1. ACCOUNTING POLICIES**Basis of preparing the financial statements**

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Allocation and apportionment of costs

Charitable activities expenditure represents all costs incurred which are directly attributable to projects. Costs of generating funds represents expenditure incurred to promote the charity.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Fixed asset capitalisation policy

The charity has a policy not to capitalise assets under £1,000.

Pension

The charitable company pays into an auto-enrolment compliant group scheme since April 2015. This is a defined contribution pension scheme and payments are at the same rate for each employee. Contributions are charged to the Statement of Financial Activities in the period to which they relate.

2. INVESTMENT INCOME

	31.3.23	31.3.22
	£	£
Bank interest received	4,880	3,659
	<u>4,880</u>	<u>3,659</u>

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31ST MARCH 2023**

3. INCOME FROM CHARITABLE ACTIVITIES

		31.3.23	31.3.22
	Activity	£	£
Grants/Commissioned projects	Sport England	770,363	692,483
Grants/Commissioned projects	Local Authority	81,990	90,638
Grants/Commissioned projects	Other public body	106,567	21,284
Grants/Commissioned projects	Non-public	33,195	80,974
		<u>992,115</u>	<u>885,379</u>

All grants received in the year related to the primary objects and activities of the charity.

4. CHARITABLE ACTIVITIES COSTS

	Direct Costs £	Support costs (see note 5) £	Totals £
Sport England	327,738	432,966	760,704
Local Authority	73,060	13,556	86,616
Other public body	11,490	68,281	79,771
Non-public	59,516	31,076	90,592
	<u>471,804</u>	<u>545,879</u>	<u>1,017,683</u>

5. SUPPORT COSTS

	Management £
Sport England	432,966
Local Authority	13,556
Other public body	68,281
Non-public	31,076
	<u>545,879</u>

Support costs, included in the above, are as follows:

Management

	Sport England £	Local Authority £	Other public body £
Wages	310,553	13,593	53,910
Social security	28,948	(2,569)	5,113
Pensions	33,408	2,489	5,235
Rent	11,028	-	-
Travel	1,640	43	2,365
Insurance	2,945	-	-
Post, printing and stationery	767	-	-
IT and communications	3,487	-	658
Marketing	12,008	-	-
Computer and website costs	17,967	-	-
Other office costs	4,109	-	1,000
Payroll costs	648	-	-
Professional fees	-	-	-
Carried forward	<u>427,508</u>	<u>13,556</u>	<u>68,281</u>

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31ST MARCH 2023**

5. SUPPORT COSTS - continued**Management - continued**

	Sport England £	Local Authority £	Other public body £
Brought forward	427,508	13,556	68,281
Governance and Board meetings	1,905	-	-
Audit fee	3,553	-	-
	<u>432,966</u>	<u>13,556</u>	<u>68,281</u>
		31.3.23	31.3.22
		Total	Total
	Non-public £	activities £	activities £
Wages	25,854	403,910	392,928
Social security	2,031	33,523	31,737
Pensions	2,538	43,670	39,191
Rent	-	11,028	19,873
Travel	653	4,701	979
Insurance	-	2,945	2,282
Post, printing and stationery	-	767	727
IT and communications	-	4,145	5,696
Marketing	-	12,008	2,231
Computer and website costs	-	17,967	10,508
Other office costs	-	5,109	9,486
Payroll costs	-	648	648
Professional fees	-	-	693
Governance and Board meetings	-	1,905	3,930
Audit fee	-	3,553	3,671
	<u>31,076</u>	<u>545,879</u>	<u>524,580</u>

6. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31st March 2023 nor for the year ended 31st March 2022.

Trustees' expenses

Trustees expenses of £40 were paid during the year ended 31 March 2023 (2022 : £NIL). These consisted solely of car parking expenses reimbursed to 4 Trustees.

7. STAFF COSTS

No employee received a salary at a rate of more than £65,100 per annum in the period.

The average numbers of staff during the year was 14 (2021 : 13).

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31ST MARCH 2023

8. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted fund £	Total funds £
INCOME AND ENDOWMENTS FROM			
Charitable activities			
Sport England	-	692,483	692,483
Local Authority	-	90,638	90,638
Other public body	-	21,284	21,284
Non-public	10,082	70,892	80,974
Investment income	3,659	-	3,659
Total	<u>13,741</u>	<u>875,297</u>	<u>889,038</u>
EXPENDITURE ON			
Charitable activities			
Sport England	-	740,468	740,468
Local Authority	-	95,388	95,388
Other public body	-	32,669	32,669
Non-public	5,391	49,190	54,581
Total	<u>5,391</u>	<u>917,715</u>	<u>923,106</u>
NET INCOME/(EXPENDITURE)	8,350	(42,418)	(34,068)
Transfers between funds	<u>(703)</u>	<u>703</u>	<u>-</u>
Net movement in funds	7,647	(41,715)	(34,068)
RECONCILIATION OF FUNDS			
Total funds brought forward	257,091	268,999	526,090
TOTAL FUNDS CARRIED FORWARD	<u><u>264,738</u></u>	<u><u>227,284</u></u>	<u><u>492,022</u></u>

9. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.23 £	31.3.22 £
Trade debtors	90,969	42,464
Prepayments and accrued income	1,749	4,637
	<u>92,718</u>	<u>47,101</u>

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31ST MARCH 2023

10. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.23	31.3.22
	£	£
Trade creditors	22,908	16,969
Other creditors	4,816	4,816
Accruals and deferred income	138,646	90,973
	<u>166,370</u>	<u>112,758</u>

11. MOVEMENT IN FUNDS

The fund balances are held for the following purposes:

General fund

- Represents unrestricted funds held for the general running and administration of the charitable company.

Restricted funds

- Represents all grants and related expenditure where the donor has specified how the funds should be applied, for example grants from Sport England, Greenham Common Trust, Berkshire Community Foundation and other local organisations.

Transfers between funds

During the year £13,203 was transferred between restricted and unrestricted funds representing the surpluses for the years ended 31 March 2023 (2022: £703).

12. RELATED PARTY DISCLOSURES

During the year, the charity made payments of £1,400 (2022: £1,216) to the Berkshire Cricket Community Foundation as grants, where the finance director for both entities is the same individual. There were no outstanding balances at the year end (2022: nil).

13. ULTIMATE CONTROLLING PARTY

The operations of the charitable company are controlled by the Directors.

14. SHARE CAPITAL

The charitable company has no share capital, being limited by guarantee under the provisions of the Companies Act 2006.

15. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Restricted funds £	General funds £	Total funds £
Fund balances at 31 March 2023 are represented by:-			
Tangible fixed assets	-	-	-
Current assets	153,607	484,097	637,704
Current liabilities	-	(166,370)	(166,370)
	<u>153,607</u>	<u>£317,727</u>	<u>£471,334</u>

GET BERKSHIRE ACTIVE LTD

DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31ST MARCH 2023

	31.3.23 £	31.3.22 £
INCOME AND ENDOWMENTS		
Investment income		
Bank interest received	4,880	3,659
Charitable activities		
Grants/Commissioned projects	992,115	885,379
Total incoming resources	996,995	889,038
EXPENDITURE		
Charitable activities		
Project expenses	-	393,317
Programme delivery	471,804	5,209
	471,804	398,526
Support costs		
Management		
Wages	403,910	392,928
Social security	33,523	31,737
Pensions	43,670	39,191
Rent	11,028	19,873
Travel	4,701	979
Insurance	2,945	2,282
Post, printing and stationery	767	727
IT and communications	4,145	5,696
Marketing	12,008	2,231
Computer and website costs	17,967	10,508
Other office costs	5,109	9,486
Payroll costs	648	648
Professional fees	-	693
Governance and Board meetings	1,905	3,930
Audit fee	3,553	3,671
	545,879	524,580
Total resources expended	1,017,683	923,106
Net expenditure	(20,688)	(34,068)

This page does not form part of the statutory financial statements

Accounts

REGISTERED COMPANY NUMBER: 07743643 (England and Wales)
REGISTERED CHARITY NUMBER: 1150486

**REPORT OF THE TRUSTEES AND
FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022
FOR
GET BERKSHIRE ACTIVE LTD**

Richardson Jones
Chartered Accountants &
Registered Auditors
Mercury House
19-21 Chapel Street
Marlow
Buckinghamshire
SL7 3HN

GET BERKSHIRE ACTIVE LTD

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FOR THE YEAR ENDED 31 MARCH 2022**

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GET BERKSHIRE ACTIVE LTD

**REFERENCE AND ADMINISTRATIVE DETAILS
FOR THE YEAR ENDED 31 MARCH 2022**

TRUSTEES

K R Ross MBE
A M Couper
P W Owen OBE
C Thelwall-Jones
G Harrison
J S Worthy
R Leach
T Hussain
R A Parker
J Halliday
H S Obhi

COMPANY SECRETARY

B A Nicholls

REGISTERED OFFICE

Salisbury Room
Bisham Abbey Sports Centre
Marlow Road
Nr Marlow
Bucks
SL7 1RR

REGISTERED COMPANY NUMBER 07743643 (England and Wales)

REGISTERED CHARITY NUMBER 1150486

AUDITORS

Richardson Jones
Chartered Accountants &
Registered Auditors
Mercury House
19-21 Chapel Street
Marlow
Buckinghamshire
SL7 3HN

BANKERS

Barclays Bank
Leicester
LE87 2BB

GET BERKSHIRE ACTIVE LTD
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2022

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2022. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND AIMS

The Objectives of the Charitable Company, in accordance with its Memorandum of Association, are for the public benefit to promote community participation in healthy recreation for the benefit of the inhabitants of Berkshire in particular by:

- 1) Working with and through local agencies to increase levels of participation in sport and physical activity;
- 2) Promoting and providing programmes and services for sport, recreation, physical activity, informal education and other leisure time occupation for healthy recreation;
- 3) Promoting and providing facilities and services for recreational, sporting or other leisure time occupation in the interests of social welfare for the public at large or those who by reason of their youth, age, infirmity or disablement, financial hardship or social and economic circumstances, have need of such facilities and services;
- 4) The improvement and preservation of good health and well-being through participation in healthy recreation;
- 5) Education, training and coaching courses which promote physical health and fitness; and
- 6) Facilitating and providing impact evaluation, performance measurement and related intelligence for public benefit in the context of sport, recreation, physical activity and wider health and well-being.

In setting their objectives and planning their activities the Board have given careful consideration to the Charity Commission's guidance on public benefit.

ACHIEVEMENTS AND PERFORMANCE 2021-2022

Who We Are

Get Berkshire Active (GBA) is part of a network of 43 other similar organisations - Active Partnerships (APs) in England. We are loosely federated to and supported by a national team. We are a charity with a purpose to promote physical activity and sport to the benefit of the whole Berkshire population but specifically to support those most normally excluded.

Covid-19 & National Lockdowns

The early part of this period was still heavily affected by the pandemic and intermittent lockdowns and restrictions. Our change of working mainly from home is now permanent. We still provide an office space whenever staff wish to use it and collectively for whole team meetings every two weeks. Many, if not most, of our networking events and partner meetings also remain online. We have found greater attendance via this method plus it is a more environmentally friendly approach and reduces our travel costs.

Delivery of programmes have gradually returned to face to face and, in most cases, this has been very welcome by participants who get as much from the social interaction of our interventions as they do from the activity itself.

Our Work with Sport England

We continue to work closely with Sport England and they remain our major source of funding. Funding from Sport England (SE) is in two forms. Our System Role funding which effectively allows us to exist and operate and deliver our primary role outputs in helping SE achieve their national 'Uniting the Movement' strategy. The other source is programme funding which is granted specifically to deliver defined projects. During the first ¾ of this reporting period specific discussions and work with SE has revolved around:

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- The Future funding arrangements - the current funding cycle theoretically ended in March 2021. However, due to the pandemic SE very helpfully rolled over the funding cycle for 1 further year (2021-2022) and provided much greater flexibility around the use of the funds awarded. We were required (along with SE's 140 or so other 'System Partners') to provide significant detail around the alignment of our strategy with theirs and assurance of our governance, suitability and financial structure. This was achieved and we were successful in securing a 5-year funding agreement (with increased funding) for our system role and a 3-year funding agreement for the delivery aspect.

A key role of all Active Partnerships is developing strategic networks across the county. GBA's role is to be the leading advocate for Sport and Physical Activity (PA) ensuring that key stakeholders such as NHS, Clinical Commissioning Groups (CCGs), Education Sector and Public Authorities maintain an emphasis and priority on physical activity. Our strategic engagement continues to grow locally and regionally. Due to the significantly increased interest in and importance of physical activity (due to covid and social isolation) our networks and conversations both with strategic partners but also community led organisations have increased exponentially. This has been significantly supported and enhanced by the Tackling Inequalities Fund (TIF) - more of which later in this report. The Local Authority Forums have continued virtually with good representation across the six local authorities.

GBA Strategic Intent

From April 2021 we have been working to our new (2021-2026) [Strategic Intent](#) and have developed a set of clear objectives across the 3 lines of operation. We have also worked hard to create a purposeful Measurement, Evaluation and Learning strategy to go alongside our intent to ensure we are both measuring outcomes and considering the wider learning around how we work, what is successful and what is not.

Our Sport England Programmes of Work:

[Workforce and Volunteering](#)

Coach Core:

The autumn of 2021 saw all our apprentices (8 in total) complete their End Point Assessment, achieve their multi-Skills level 2 qualification and finish their Coach Core apprenticeship. After the first cohort we undertook a review of the programme which included meeting with our neighbouring AP (LEAP) Buckinghamshire and Milton Keynes to consider a joint programme. We concluded that we can't take a second cohort now, but we will review it if our circumstances change. We gained significant learning from the programme which we will utilise across our work.

Department of Education:

The pandemic has had wide ranging of impact on young people, not least so on their employment prospects. In conjunction with Mobile Team Challenge (MTC) and Greenham Youth and Community Project, a June 2021 Department for Education (DfE) funded project taught a group of 20 young people, including looked after children, refugees and young carers, about emotional intelligence and self-awareness, developing skills to become strong leaders and good volunteers. This targeted intervention aimed to reduce inequalities in education and develop further opportunities in volunteering and employment. This programme has reached the end of its funding cycle, but we hope to continue to deliver a life skills programme in the future.

Training & Courses: Get Berkshire Active organised a series of 13 workshops in 2021 to support 138 members of the PA workforce that focussed on mental health, serious youth violence, safeguarding and general CPD as well as sessions aimed specifically at clubs.

Team Berkshire: Our Workforce offer has been rebranded and redeveloped to ensure it fits the needs of targeted workforce groups. With continual input from an advisory board of local partners and sports clubs, we have now built a [bespoke online portal](#) that hosts useful resources and e-learning for members. This includes the student and teacher leadership programme developed by the School Games Organisers, employment resources and Club, community and volunteer support.

Project 500: Get Berkshire Active are working with 6 other Active Partnerships to campaign for Project 500. The campaign empowers women to get into coaching with the use of local and regional social media, blogs, community champions and ambassadors and female focused bursaries. We are also being supported by youth leaders via SGOs to deliver aspects of the campaign to engage a younger audience.

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School Games

With the COVID 19 pandemic continuing in 2021, School Games delivery continued to be virtual during the early part of the year enabling us to reach more schools. Schools were given flexibility as events didn't have to take place on set days. Schools were given 2-3 weeks to take part in events across the spring and summer term for all key stages. For younger ages events were given themes, for example, in the spring we had Circus skills and The Gruffalo. For older pupils events were focused on the less active and included Foot Golf and Outdoor Adventurous Activities.

For event 1 in the summer term, 37 schools and 6750 pupils participated. With restrictions easing we were able to plan face to face events for spring 2022 which has included badged events in Athletics, Netball and our Winter festival in March 2022. Our Winter festival had a focus on disability, special educational needs, and girls. These groups face barriers to taking part in sport and physical activity. During this time, we have continued to share and develop resources through 'Dan the Skipping Man', put leadership resources online via the Team Berkshire portal and updated our Health and Wellbeing and Inclusion in PE resources.

Starting Life Well Fund

The Starting Life Well Fund, provided by Sport England, is in replacement of the Satellite Clubs programme. The fund targets under-represented groups by supporting community clubs and organisations to deliver sport and PA sessions. We have had to be, and will continue to be, flexible with the fund and understanding of those who needed to change their applications or experienced delays due to restrictions and stricter Covid-19 rules in some settings. Positively we have found that there are an increasing number of applications from non-sporting organisations who have wanted to offer PA since the pandemic, demonstrating the broadening understanding of the positive benefits of being active. So far, we have distributed £70,700 to 18 clubs, supporting 322 young people to become physically active.

Primary School Sports Premium (PSSP)

During 2021-22 GBA provided effective support to primary schools using a range of methods and mechanisms.

- Working in partnership with 'Brighter Futures For Children' we have co-ordinated themed networking meetings to support schools including connecting them to local providers. In addition, we have been a key partner in an active participation project focusing on Central, West and South Reading schools
- Working with our neighbouring AP's (LEAP) Bucks & Milton Keynes and Active Oxfordshire we have co-ordinated and delivered online physical activity awareness training to help support staff have conversations with families
- GBA's Strategic Lead for Starting Life Well continues to be involved in several school sport partnership steering groups and can pass on key information about the premium and physical activity messaging
- Regularly updating the PSSP section of our website with key information and cascading it to partners and schools. Throughout the period of this report we have also updated the COVID19 guidance on these pages

Children & Young People Active Lives Survey

2021-22 was the fourth year of the Active Lives Children & Young People Survey, a national survey administered locally by GBA on behalf of Sport England. A random mix of primary, secondary, state and private schools from across the county are selected each term to complete the survey which is completed by pupils, parents of younger pupils and one teacher per school. After completing the required number of surveys, schools receive a bespoke report detailing the findings which helps them with their future planning. During this academic year we are currently on track to receive area reports for all our local authorities. The pandemic continued to bring challenges with the survey being completed by many pupils at home rather than in school.

Inclusive Sport and Physical Activity

Over the past year we have supported the development of inclusive sport and physical activity by our partners in a range of ways including:

- Providing investment for projects and workforce development through the Together and Starting Life Well funds
- Co-ordinating workforce training for deliverers predominantly through Activity Alliance Inclusive Active Programme training
- An online Inclusion Network forum took place on 16th March with over 45 partners attending from a range of sectors. This provided an opportunity for partners to listen to a range of presentations, have an opportunity to feed in ideas, challenges and solutions across a range of topics and share insight. It has also given deliverers the opportunity to connect and support each other. Following on from this online forum and feedback obtained, partners expressed an interest to meet face-to-face which will happen in June 2022

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- The formation of a new East Berkshire Inclusion Network with terms of reference and action plan. The network has come about through listening to the needs of our partners in strategy consultation sessions and the need to focus more resource on disability provision. This network provides an opportunity for a range of sectors across East Berkshire to collaborate, support local challenges and share good practice. The group has met three times and is working on a new inclusive sport and physical activity directory to raise awareness for participants and partners on inclusive sport and physical activity opportunities.

Tackling Inequalities Fund

The Tackling Inequalities Fund (TIF) is provided by Sport England and distributed by GBA as a response to the Pandemic. It is intended to support local organisations to survive, who SE were not connecting to at a national level, and to support those disadvantaged groups who were already less active or excluded but were then affected even more disproportionately by Covid. This fund is now rebranded to the 'Together Fund' and is focusing on the recovery phase, post-pandemic.

We have funded 56 projects so far, 28 of these during the 2021-22 period. TIF supported a wide range of projects, from Hydrotherapy to help for The Multiple Sclerosis Therapy Centre to basketball for those with SEN needs. TIF has distributed over £153,000 into the local system. Over 70% of projects have been with non-traditional (non-sport) partners through community groups, health and youth partners. The table below illustrates the split between types of audience we have supported.

Lower Socio-Economic Groups,	Disability	Black & Minority Ethnic groups	Long Term Health Conditions
33%	21%	21%	25%

The programme has been deemed a significant success locally and nationally and helped position GBA as an agency that really can help when things are tough. It has connected us to many new partners and the most disadvantaged audiences. Most important of all it has helped almost 3,682 of the most vulnerable during this time. As the focus of the programme changes post-pandemic, we have started to use the funding to develop bigger collaborative projects that aim to contribute to system change rather than simply funding disparate organisations / projects.

The Active Medicine Programme

Thanks to the continued availability of funding (Health Education England added funding on top of the initial Sport England money) we were able to sustain the Active Medicine Programme (AMP) beyond its original planned end date of Sep 2021. The original programme manager who had done an amazing job developing and delivering the programme over the first two years left on promotion to a new role and we recruited Dr Marlice De Vivo in a part-time role to further develop the programme. As planned the local delivery of training to health care professionals and other allied staff continued across the Buckinghamshire, Oxfordshire and Berkshire West Integrated Care System [BOB ICS] and is now sustained without the need for a specific project manager. An external learning and evaluation report together with a metrics report was delivered as planned. These reports plus much more about the programme can be read [here](#).

The role of the programme manager has shifted to promoting the programme to other Aps and national organisations, linking with national programmes and developing additional arms of the AMP such as Active Medicine in Practice (AMiP) which is aimed at supporting GP surgeries achieve the Royal College of General Practice (RCGP) Active Practice Charter. Funding for this additional element of work was provided by the Sports Council Trust Company in 2020 but work was inevitably delayed by the pandemic. It has now started with three pilot practices across the BOB ICS and will be reported upon next year.

Key Policies & Standards:

Equality & Diversity

Get Berkshire Active is fully committed to the principles of equality of opportunity. We have a Board member championing this area and ensure staff and Board members complete the Equality training through our online training portal. As part of our equality work we have statements and areas on our web site around [Tackling Racism and Racial Inequality](#) and on [Promoting female safety](#) we are also a 'White Ribbon Supporter' to show our commitment to ending male violence against women.

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GBA has signed up to the Inclusive Employers training and some workshops have already taken place. This includes working up a plan of focus for the year which will include support for the strategy. We are still awaiting Sport England to confirm the new expectations for the Diversity Inclusion Action Plan (DIAP) which will be key in guiding our work and direction in this area. We are addressing this agenda locally via the Inclusion Network and forums which will all support the direction of our work locally.

Safeguarding

GBA continues to be committed to ensuring that the safeguarding and protection of young people and vulnerable adults is at the heart of what we and our partners do. Over the past 12 months we have implemented planned work but we have also carried out work as a result of the pandemic

- " We have delivered our 2021-22 Safeguarding Implementation plan
- " Reviewed and updated our Safeguarding policies
- " Been assessed by the Child Protection in Sport Unit and met their assessment criteria
- " Organised a series of specialised training to support coaches who work with targeted groups including training around adverse childhood experiences, mental health awareness
- " Updated our website with COVID 19 and virtual delivery guidance covering remote teaching and delivery and online abuse
- " Regularly putting important safeguarding information on social media content and newsletters

Local Programmes and Commissions (Non-Sport England Funded)

Living Well- employment support:

Department of Work and Pensions (DWP): Having previously delivered a successful employability programme, we were approached by DWP and asked to develop another similar application, this time supporting those at risk of becoming involved in criminal activity. This was developed in partnership (and funded by) the police and Reading Borough Council. The bid after being submitted for some time, was successful and granted with the programme starting in December 2021. Issues with accessing the target audience i.e., younger ages/those at risk of crime means we have opened to more demographics. We are working with DWP to find ways of increasing the number of referrals and new programmes. Measures are in place to further the programme by going into Job Centres to advertise directly to Work Coaches. So far, we have put 20 people through the programme. The Reading JCP, through 2 cohorts, have had the biggest attendance with 10 individuals so far. Another successful programme was run with Launchpad for 6 individuals. Positive feedback has been received from Work Coaches about their client's journey and from clients themselves. One person is in work after completing the programme with another 8 taking on further learning and training with GBA partners. Many more have reported positive outcomes around mental health/resilience and well-being.

Groundworks - Employability Programme: Funded by ESFA (Education and Skills Funding Agency) (European Social Funds), we established a similar programme to the DWP programme, providing essential skills development through experiential learning. Once again, the implementation was seriously impacted by Covid. The programme was adapted to an online option, working with MTC to deliver online, coach-led, group sessions. We worked with several partners, including a homeless charity, and DWP to obtain referrals. Coming out of lockdown allowed us to run face-to-face cohorts which helped with numbers. 31 people in total engaged in this programme with positive feedback and positive outcomes around self-esteem/confidence and future planning. However, the key outcome around jobs has been extremely challenging due to the economic environment, with only 1 person known to find work 25 days after the programme had finished. We have finished Groundworks 1, although paperwork compliance was an issue, we are now in the final stages of completing the end of programme report and monitoring. A second Groundwork fund was granted to GBA with the programme starting in March 2022. This is all delivered Face-face in conjunction with MTC. We have run 1 cohort so far with Alana House (PACT) which saw 6 participants attend weekly sessions. More cohorts are planned to start in June onwards.

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Building Better Opportunities (BBO): BBO is funded by European Social Funds and Big Lottery to tackle employment and associated social issues in deprived communities. This programme has remained an important strategic relationship with GBA appointed vice chair of the steering group. In turn this positions GBA very well within community development in East Berkshire, providing connection / reputation with Local Authority Community Development departments and 3rd sector partners. Whilst lockdown meant we have delivered very little for participants for much of the first part of 2021 we have delivered three training programmes to partner staff. This included motivational interviewing training to DWP work coaches. Through our position we were approached to work with individuals that were part of the Slough Employ-Ability programme. As a trial, a successful programme was delivered to individuals with learning difficulties and autism, focusing in on breaking the "lock down mentality" and providing an environment where the participants could have fun and socialise. 6 participants attended all the sessions and made visible improvements on communication and self-confidence. Through BBO funding we were able to take the group to a climbing session at Longridge, an experience none of them had ever had before. This has led onto work with Ways into Work who asked GBA to run these sessions delivered specifically to their clients with learning difficulties/disabilities. The 1st cohort saw 10 people attend with incredibly positive feedback from WiW staff, with another cohort planned for the end of May 22.

Ageing Well – creating the conditions for a happy, fulfilling, independent later life

Ever Active West Berkshire & Reading: Our Ever-Active programmes, targeting older people are designed to provide social, community-based provision. Following the easing of restrictions, we have relaunched face to face sessions across Reading and West Berkshire – these are often set up in collaboration with an existing older people's group, a coffee morning, social group or similar. Whilst the exercises within these sessions focus on rebuilding strength, stamina, suppleness and skill there is an emphasis on reconnection and socialising.

Reconditioning Programme: Currently only taking place in Reading, funded by Reading Borough Council's Covid Recovery Fund this programme focuses on improving the fitness and strength of older people identified by Age UK Berkshire and referred to Get Berkshire Active. This is achieved by offering these individuals a series of one-to-one coaching sessions that take place within their home (or garden). If safe to do so, individuals are given a series of exercises to complete between one-to-one visits. On average, everyone is seen 4 times (an initial 1.5hr intro/assessment session and 3 follow up visits). Where appropriate individuals are then encouraged to engage with local community provision.

Live Longer Better: GBA, along with 20+ other Active Partnerships have joined a national 'Community of Practice and Learning' focused on Older People. Our role is to disseminate any learning to our local partners and use this to influence the culture and approach to supporting older people locally to be more active. Our achievements so far include:

- two 'Live Longer Better in Berkshire' forums, focused on Deconditioning and Reconditioning and Dementia
- Creating an online hub on the GBA website to collate relevant resources
- Offering free access to a learning programme to a group of local partners, designed to improve their knowledge regarding older people and the ageing process

Starting Well and Living Well - supporting mental health:

Mums' Zone: The Mums' Zone pre and postnatal intervention supporting mental health involves both the delivery element and work to support system change. Funded by three separate funders has provided an opportunity to deliver an 18-month programme. The online sessions have dropped in numbers since January '22 so this will stop from June but the face-to-face programme at Chalvey and the JMIC mosque continue. A new partnership with Abri housing was also established and a 12-week programme is running from the community centre near the housing estate. A partnership with The Baby Bank has provided women with some of the basic necessities for them and their babies. This project also involves the integration of a community allotment project for perinatal women linked to Wexham Park hospital through a collaboration with Home-Start Slough. Additional work has included engaging and championing physical activity training for community midwives through raising awareness of the current national physical activity guidelines and empowering pregnant women and new mothers to make informed choices about physical activity throughout motherhood. Mums' Zone is a scalable and adaptable model and with the support of the Preconception and Maternity system and strong influencing role community midwives can play, GBA can play a strong role in supporting system change.

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Measuring, evaluating and learning:

Since Spring 2021 GBA have been on an explorative journey to better understand and demonstrate the impact of our work and continuously learn from how we are working. Through measuring, evaluating and learning (MEL) we can do this in a way that captures traditional KPIs, as well as personal reflections and elements of system change. As well as proving what we do and demonstrating our successes, we want to focus on improving and embedding a culture within our team where learning from our failures is just as important as celebrating our successes. Understanding what is helping us progress and what is blocking this progress are also crucial elements. Learning has become an important aspect of our relationship with Sport England and a part of our funding requirement is to develop MEL processes and highlight our impact through learning. We therefore engaged with Sport England and the AP network to attend training sessions, take part in discussions and shared our plans with partners to fully engage with this way of thinking. GBA have developed some tools and processes of our own and we will continue to learn from others how best to measure, evaluate and learn and to fully embed these processes in our work.

We were also required, by Sport England as a requisite of their 2021-2022 roll-over funding, to compile an Impact Report. There was no specific guidance on style or content so we spent time designing a new type of report that would: satisfy Sport England's immediate requirement, match and mirror our new Strategic Intent and provide a template to use in future years. Our Impact Report can be accessed [here](#).

Marketing and Communications

GBA has begun to adapt the marketing approach with a goal to utilise digital channels and bring the output in line with our strategic intent. During this process particular attention has been paid to adopting a social media strategy which fulfils some core aims within the topics of our three objectives. These aims are to inform, to inspire, build authority, brand awareness and relationship building. This has been done in various ways including identifying key content pillars based on stand out areas within each objective i.e., inactivity, inequality, disability, mental health etc, involvement in relevant national campaigns and using our social channels to support partners and promote signups for our own programmes. We are also creating a team culture of content creation and aiming to use insight and market research to inform future approaches, which will allow us to consistently develop. Other areas of development include beginning to create a cohesive brand aesthetic inclusive of our three objectives and building on communications plans for each of GBA's objective areas.

Funding support for the sector:

Project Activate: The Sports Council Trust Company (SCTC) awarded funding to GBA to administer small grants to physical activity projects seeking to target low socio-economic communities. 19 projects were awarded funding, covering a diverse range of groups across Berkshire. Many projects had to go on hold during lockdown, but some continued to offer a virtual programme and other projects will deliver as more restrictions ease. A further two projects will be delivered in 2022.

Investment:

It is part of Get Berkshire Active's role to source funding for sport and physical activity in the community. During this period, a total of £889K has been secured for programmes in Berkshire - £196K from non-Sport England sources and £692K has been invested in the county through Sport England's investment in our programmes.

Financial Review:

Results for the year: The results are set out in the Statement of Financial Activities. Incoming resources for the year were £889K (2021: £916K), resources expended were £923K (2021: £772K) and the deficit for the year was £34K (surplus 2021: £144K).

The fund balances carried forward at 31st March 2022 were £492K represented by unrestricted funds of £268K (2021: £257K) and restricted funds of £224K (2021: £269K).

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Reserves Policy:

The company will set aside a sum by way of a reserve against unforeseen contingencies. This sum will be used in the event of the organisation being threatened with closure, for redundancy payments, to cover long term sickness liabilities and maternity pay. The company will seek to maintain reserves equivalent to three months budgeted expenditure and will include a sum for this operating reserve in budget planning. The charity holds reserves exceeding this amount and has started to fund some projects within the county and continues to maintain capacity in excess of current Sport England funding to deliver our objectives. The charity will continue to hold higher reserves short-term but the investment in projects and capacity should reduce unrestricted reserves to the minimum for complying with our policy by the end of this funding cycle (March 2027).

Partnerships

The Local Authority Forums take place quarterly consisting of public health and leisure colleagues from the 6 local authorities. These continue to be well attended and provide an opportunity to support collaboration and learning across Berkshire. External presenters on specific topics often attend these forums to provide expertise and insight.

Structure, Governance and Management

Governing Document

The company is governed by its Memorandum and Articles of Association dated 17th August 2011 as amended by Special Resolutions dated 7th December 2012, 17th December 2015, 20th September 2017 and 11th December 2019 and constitutes a limited company, limited by guarantee, as defined by the Companies act 2006. GBA also publishes an annual [governance statement](#) in accordance with the UK Code of Sports Governance.

Board of Trustees

We had just one addition to the Board of Directors/Trustees during this period. Details of our board can be found [here](#). We remain a Tier 3 organisation in terms of the UK Code of Sports Governance and believe we will be in a good position to maintain 'accreditation' to this when expected changes and updates take place in the next reporting period. Part of this is the requirement to have an external board evaluation every 4 years and the latest external evaluation was conducted during the period Mar-Jun 2021. The review looked both at current compliance, ways of operating and at strategic improvements. The review was very positive and showed no specific issues in any area. The review was shared with SE and is available [here](#).

Trustee Recruitment & Induction

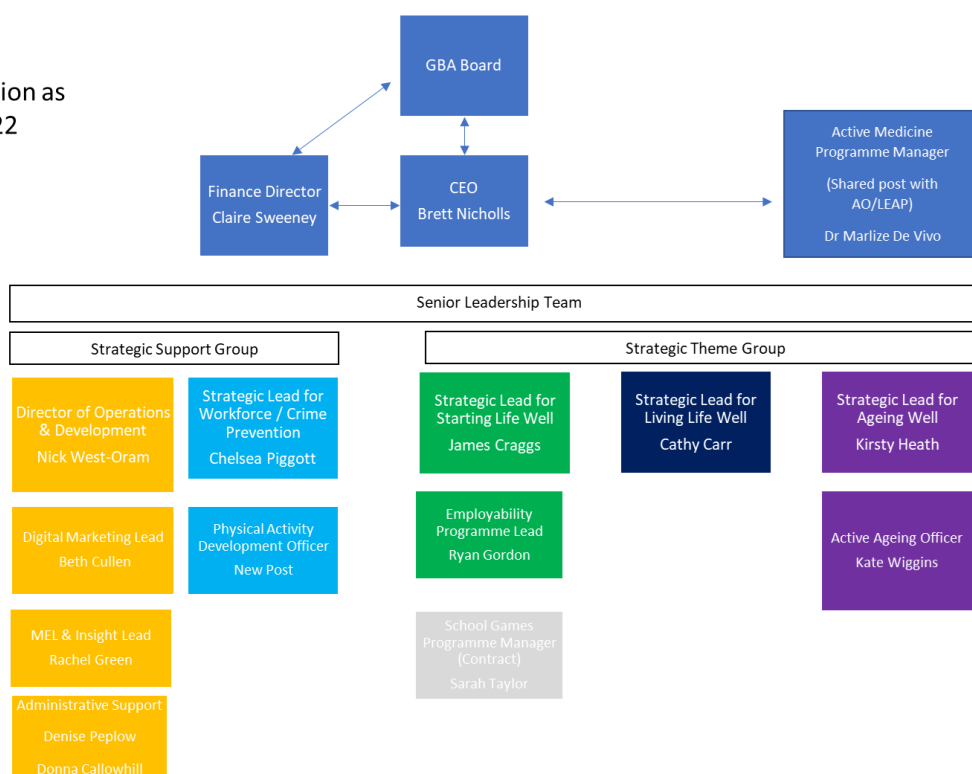
Trustees are recruited through an open and competitive process using this [recruitment pack](#). We aim to cast our net far and wide and recruit a diverse range of suitably qualified individuals paying attention to both gender and other diverse categories. There is an [induction process](#) which helps to guide the new trustee in the first weeks/months of their appointment.

Management

GBA is led and managed by the CEO supported by an experienced Senior Leadership Team and a paid staff of mixed full and part-time. The organisation of the staff and their roles were reviewed alongside the implementation of our new strategic intent. The current organisational chart is shown below.

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GBA Organisation as
of Feb 2022



Risk Management

The Directors have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error. The Directors continue to keep the Company's activities under review, particularly with regards to any major risks that may arise from time to time as well the systems and procedures to manage them.

The Directors are satisfied that for all major risks identified appropriate controls have been put in place and maintained to mitigate those risks adequately. It is recognised that systems can provide only reasonable but not absolute assurance that major risks have been managed.

STATEMENT OF TRUSTEES' RESPONSIBILITIES

The trustees (who are also the directors of Get Berkshire Active Ltd for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) including Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland"

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

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STATEMENT OF TRUSTEES' RESPONSIBILITIES - continued

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the trustees are aware:

- there is no relevant audit information of which the charitable company's auditors are unaware; and
- the trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditors are aware of that information.

Approved by order of the board of trustees on and signed on its behalf by:

.....
R A Parker - Trustee

REPORT OF THE INDEPENDENT AUDITORS TO THE MEMBERS OF GET BERKSHIRE ACTIVE LTD

Opinion

We have audited the financial statements of Get Berkshire Active Ltd (the 'charitable company') for the year ended 31 March 2022 which comprise the Statement of Financial Activities, the Balance Sheet, the Cash Flow Statement and notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice), including Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland'.

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2022 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice, including Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland'; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditors' responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The trustees are responsible for the other information. The other information comprises the information included in the Annual Report, other than the financial statements and our Report of the Independent Auditors thereon.

Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

Opinions on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the Report of the Trustees for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the Report of the Trustees has been prepared in accordance with applicable legal requirements.

REPORT OF THE INDEPENDENT AUDITORS TO THE MEMBERS OF GET BERKSHIRE ACTIVE LTD

Matters on which we are required to report by exception

In the light of the knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the Report of the Trustees.

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the trustees were not entitled to take advantage of the small companies exemption from the requirement to prepare a Strategic Report or in preparing the Report of the Trustees.

Responsibilities of trustees

As explained more fully in the Statement of Trustees' Responsibilities, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Our responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue a Report of the Independent Auditors that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

We gained an understanding of the legal and regulatory framework applicable to Get Berkshire Active Limited and the sector in which it operates, and considered the risk of acts by the charity that were contrary to applicable laws and regulations, including fraud. We designed audit procedures to respond to the risk, recognising that the risk of not detecting a material misstatement due to fraud is higher than the risk of not detecting one resulting from error, as fraud may involve deliberate concealment by, for example, forgery or intentional misrepresentations, or through collusion.

We focussed on laws and regulations which could give rise to a material misstatement in the financial statements, including, but not limited to, the Charities Act 2011 and UK tax legislation. Our procedures included:

- agreeing the financial statement disclosures to underlying supporting documentation
- enquiries with management
- understanding of management's internal controls designed to prevent and detect irregularities.

There are inherent limitations in the audit procedures described above and, the further removed non-compliance with laws and regulations is from the events and transactions reflected in the financial statements, the less likely we would become aware of it. As in all our audits, we also addressed the risk of management override of internal controls, including testing journals and evaluating whether there was evidence of bias by the directors that represented a risk of material misstatement due to fraud.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at www.frc.org.uk/auditorsresponsibilities. This description forms part of our Report of the Independent Auditors.

**REPORT OF THE INDEPENDENT AUDITORS TO THE MEMBERS OF
GET BERKSHIRE ACTIVE LTD**

Use of our report

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.

Kevin Ellerby (Senior Statutory Auditor)
for and on behalf of Richardson Jones
Chartered Accountants &
Registered Auditors
Mercury House
19-21 Chapel Street
Marlow
Buckinghamshire
SL7 3HN

Date:

GET BERKSHIRE ACTIVE LTD

STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2022

	Notes	Unrestricted fund £	Restricted fund £	31.3.22 Total funds £	31.3.21 Total funds £
INCOME AND ENDOWMENTS FROM					
Charitable activities	3				
Sport England		-	692,483	692,483	659,281
Local Authority		-	90,638	90,638	115,228
Other public body		-	21,284	21,284	91,750
Non-public		10,082	70,892	80,974	44,865
Investment income	2	<u>3,659</u>	<u>-</u>	<u>3,659</u>	<u>4,606</u>
Total		13,741	875,297	889,038	915,730
EXPENDITURE ON					
Charitable activities	4				
Sport England		-	740,468	740,468	608,566
Local Authority		-	95,388	95,388	76,450
Other public body		-	32,669	32,669	13,257
Non-public		5,391	49,190	54,581	73,746
Total		5,391	917,715	923,106	772,019
NET INCOME/(EXPENDITURE)		8,350	(42,418)	(34,068)	143,711
Transfers between funds	11	<u>(703)</u>	<u>703</u>	<u>-</u>	<u>-</u>
Net movement in funds		7,647	(41,715)	(34,068)	143,711
RECONCILIATION OF FUNDS					
Total funds brought forward		257,091	268,999	526,090	382,379
TOTAL FUNDS CARRIED FORWARD		<u>264,738</u>	<u>227,284</u>	<u>492,022</u>	<u>526,090</u>

The notes form part of these financial statements

GET BERKSHIRE ACTIVE LTD

**BALANCE SHEET
31 MARCH 2022**

	Notes	Unrestricted fund £	Restricted fund £	31.3.22 Total funds £	31.3.21 Total funds £
CURRENT ASSETS					
Debtors	9	-	47,101	47,101	104,618
Cash at bank		<u>264,738</u>	<u>292,941</u>	<u>557,679</u>	<u>571,068</u>
		264,738	340,042	604,780	675,686
CREDITORS					
Amounts falling due within one year	10	-	(112,758)	(112,758)	(149,596)
		<u>264,738</u>	<u>227,284</u>	<u>492,022</u>	<u>526,090</u>
NET CURRENT ASSETS					
		264,738	227,284	492,022	526,090
TOTAL ASSETS LESS CURRENT LIABILITIES					
		<u>264,738</u>	<u>227,284</u>	<u>492,022</u>	<u>526,090</u>
NET ASSETS					
		<u>264,738</u>	<u>227,284</u>	<u>492,022</u>	<u>526,090</u>
FUNDS	11				
Unrestricted funds				264,738	257,091
Restricted funds				<u>227,284</u>	<u>268,999</u>
TOTAL FUNDS				<u>492,022</u>	<u>526,090</u>

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on and were signed on its behalf by:

.....
R A Parker - Trustee

.....
A M Couper - Trustee

The notes form part of these financial statements

GET BERKSHIRE ACTIVE LTD

**CASH FLOW STATEMENT
FOR THE YEAR ENDED 31 MARCH 2022**

	Notes	31.3.22 £	31.3.21 £
Cash flows from operating activities			
Cash generated from operations	1	<u>(17,048)</u>	<u>83,171</u>
Net cash (used in)/provided by operating activities		<u>(17,048)</u>	<u>83,171</u>
Cash flows from investing activities			
Interest received		<u>3,659</u>	<u>4,606</u>
Net cash provided by investing activities		<u>3,659</u>	<u>4,606</u>
Change in cash and cash equivalents in the reporting period		(13,389)	87,777
Cash and cash equivalents at the beginning of the reporting period		<u>571,068</u>	<u>483,291</u>
Cash and cash equivalents at the end of the reporting period		<u><u>557,679</u></u>	<u><u>571,068</u></u>

The notes form part of these financial statements

GET BERKSHIRE ACTIVE LTD

NOTES TO THE CASH FLOW STATEMENT
FOR THE YEAR ENDED 31 MARCH 2022

1. RECONCILIATION OF NET (EXPENDITURE)/INCOME TO NET CASH FLOW FROM OPERATING ACTIVITIES

	31.3.22 £	31.3.21 £
Net (expenditure)/income for the reporting period (as per the Statement of Financial Activities)	(34,068)	143,711
Adjustments for:		
Interest received	(3,659)	(4,606)
Decrease/(increase) in debtors	57,517	(43,909)
Decrease in creditors	<u>(36,838)</u>	<u>(12,025)</u>
Net cash (used in)/provided by operations	<u>(17,048)</u>	<u>83,171</u>

2. ANALYSIS OF CHANGES IN NET FUNDS

	At 1.4.21 £	Cash flow £	At 31.3.22 £
Net cash			
Cash at bank	<u>571,068</u>	<u>(13,389)</u>	<u>557,679</u>
	<u>571,068</u>	<u>(13,389)</u>	<u>557,679</u>
Total	<u>571,068</u>	<u>(13,389)</u>	<u>557,679</u>

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022**

1. ACCOUNTING POLICIES**Basis of preparing the financial statements**

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Allocation and apportionment of costs

Charitable activities expenditure represents all costs incurred which are directly attributable to projects. Costs of generating funds represents expenditure incurred to promote the charity.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Fixed asset capitalisation policy

The charity has a policy not to capitalise assets under £1,000.

Pension

The charitable company pays into an auto-enrolment compliant group scheme since April 2015. This is a defined contribution pension scheme and payments are at the same rate for each employee. Contributions are charged to the Statement of Financial Activities in the period to which they relate.

2. INVESTMENT INCOME

	31.3.22	31.3.21
	£	£
Bank interest received	<u>3,659</u>	<u>4,606</u>

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2022

3. INCOME FROM CHARITABLE ACTIVITIES

	31.3.22	31.3.21
Activity	£	£
Grants/Commissioned projects Sport England	692,483	659,281
Grants/Commissioned projects Local Authority	90,638	115,228
Grants/Commissioned projects Other public body	21,284	91,750
Grants/Commissioned projects Non-public	<u>80,974</u>	<u>44,865</u>
	<u>885,379</u>	<u>911,124</u>

All grants received in the year related to the primary objects and activities of the charity.

4. CHARITABLE ACTIVITIES COSTS

	Direct Costs	Support costs (see note 5)	Totals
	£	£	£
Sport England	279,916	460,552	740,468
Local Authority	58,446	36,942	95,388
Other public body	14,394	18,275	32,669
Non-public	<u>45,770</u>	<u>8,811</u>	<u>54,581</u>
	<u>398,526</u>	<u>524,580</u>	<u>923,106</u>

5. SUPPORT COSTS

	Management
	£
Sport England	460,552
Local Authority	36,942
Other public body	18,275
Non-public	<u>8,811</u>
	<u>524,580</u>

Support costs, included in the above, are as follows:

Management

	Sport England	Local Authority	Other public body
	£	£	£
Wages	337,652	30,389	14,411
Social security	30,540	2,450	1,801
Pensions	33,634	2,931	1,801
Rent	19,873	-	-
Travel	185	142	262
Insurance	2,282	-	-
Post, printing and stationery	727	-	-
IT and communications	5,522	-	-
Marketing	1,731	500	-
Computer and website costs	<u>10,508</u>	<u>-</u>	<u>-</u>
Carried forward	442,654	36,412	18,275

GET BERKSHIRE ACTIVE LTD

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2022

5. SUPPORT COSTS - continued

Management - continued

	Sport England £	Local Authority £	Other public body £
Brought forward	442,654	36,412	18,275
Other office costs	8,956	530	-
Payroll costs	648	-	-
Professional fees	693	-	-
Governance and Board meetings	3,930	-	-
Audit fee	<u>3,671</u>	<u>-</u>	<u>-</u>
	<u>460,552</u>	<u>36,942</u>	<u>18,275</u>
		31.3.22	31.3.21
	Non-public	Total	Total
	£	activities	activities
	£	£	£
Wages	10,476	392,928	366,784
Social security	(3,054)	31,737	28,099
Pensions	825	39,191	35,483
Rent	-	19,873	19,755
Travel	390	979	19
Insurance	-	2,282	1,588
Post, printing and stationery	-	727	757
IT and communications	174	5,696	3,800
Marketing	-	2,231	4,660
Computer and website costs	-	10,508	13,429
Other office costs	-	9,486	5,900
Payroll costs	-	648	972
Professional fees	-	693	-
Governance and Board meetings	-	3,930	2,324
Audit fee	<u>-</u>	<u>3,671</u>	<u>3,540</u>
	<u>8,811</u>	<u>524,580</u>	<u>487,110</u>

6. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2022 nor for the year ended 31 March 2021.

Trustees' expenses

Trustees' expenses of £NIL were paid during the year ended 31 March 2022 (2021: £NIL).

GET BERKSHIRE ACTIVE LTD

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2022

7. STAFF COSTS

No employee received a salary at a rate of more than £65,100 per annum in the period.

The average numbers of staff during the year was 13 (2021: 13).

8. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted fund £	Total funds £
INCOME AND ENDOWMENTS FROM			
Charitable activities			
Sport England	-	659,281	659,281
Local Authority	-	115,228	115,228
Other public body	-	91,750	91,750
Non-public	8,655	36,210	44,865
Investment income	4,606	-	4,606
Total	13,261	902,469	915,730
EXPENDITURE ON			
Charitable activities			
Sport England	-	608,566	608,566
Local Authority	-	76,450	76,450
Other public body	-	13,257	13,257
Non-public	19,520	54,226	73,746
Total	19,520	752,499	772,019
NET INCOME/(EXPENDITURE)	(6,259)	149,970	143,711
Transfers between funds	890	(890)	-
Net movement in funds	(5,369)	149,080	143,711
RECONCILIATION OF FUNDS			
Total funds brought forward	262,460	119,919	382,379
TOTAL FUNDS CARRIED FORWARD	<u>257,091</u>	<u>268,999</u>	<u>526,090</u>

9. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.22 £	31.3.21 £
Trade debtors	42,464	103,692
Prepayments and accrued income	4,637	926
	<u>47,101</u>	<u>104,618</u>

GET BERKSHIRE ACTIVE LTD

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2022**

10. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.22	31.3.21
	£	£
Trade creditors	16,969	12,919
Other creditors	4,816	4,816
Accruals and deferred income	<u>90,973</u>	<u>131,861</u>
	<u>112,758</u>	<u>149,596</u>

11. MOVEMENT IN FUNDS

The fund balances are held for the following purposes:

General fund

- Represents unrestricted funds held for the general running and administration of the charitable company.

Restricted funds

- Represents all grants and related expenditure where the donor has specified how the funds should be applied, for example grants from Sport England, Sports Council Charity Trust and other local organisations.

Transfers between funds

During the year £703 was transferred between unrestricted and restricted funds.

12. RELATED PARTY DISCLOSURES

During the year, the charity made payments of £1,216 (2021: £2,800) to the Berkshire Cricket Community Foundation as grants, where the finance director for both entities is the same individual. There were no outstanding balances at the year end (2021: nil).

13. ULTIMATE CONTROLLING PARTY

The operations of the charitable company are controlled by the Directors.

14. SHARE CAPITAL

The charitable company has no share capital, being limited by guarantee under the provisions of the Companies Act 2006.

15. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Restricted funds £	General funds £	Total funds £
Fund balances at 31 March 2022 are represented by:-			
Tangible fixed assets	-	-	-
Current assets	340,042	264,738	604,780
Current liabilities	(112,758)	-	(112,758)
	<u>227,284</u>	<u>£264,738</u>	<u>£492,022</u>

GET BERKSHIRE ACTIVE LTD

DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2022

	31.3.22 £	31.3.21 £
INCOME AND ENDOWMENTS		
Investment income		
Bank interest received	3,659	4,606
Charitable activities		
Grants/Commissioned projects	<u>885,379</u>	<u>911,124</u>
Total incoming resources	889,038	915,730
EXPENDITURE		
Charitable activities		
Project expenses	393,317	-
Programme delivery	<u>5,209</u>	<u>284,909</u>
	398,526	284,909
Support costs		
Management		
Wages	392,928	366,784
Social security	31,737	28,099
Pensions	39,191	35,483
Rent	19,873	19,755
Travel	979	19
Insurance	2,282	1,588
Post, printing and stationery	727	757
IT and communications	5,696	3,800
Marketing	2,231	4,660
Computer and website costs	10,508	13,429
Other office costs	9,486	5,900
Payroll costs	648	972
Professional fees	693	-
Governance and Board meetings	3,930	2,324
Audit fee	<u>3,671</u>	<u>3,540</u>
	<u>524,580</u>	<u>487,110</u>
Total resources expended	<u>923,106</u>	<u>772,019</u>
Net (expenditure)/income	<u>(34,068)</u>	<u>143,711</u>

This page does not form part of the statutory financial statements

Accounts

Charity Registration No. 1150486 (England and Wales)
Company Registration No. 07743643 (England and Wales)

GET BERKSHIRE ACTIVE LIMITED
ANNUAL REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021

GET BERKSHIRE ACTIVE LIMITED

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	A M Couper G Harrison P W Owen OBE K R Ross MBE C Thelwall-Jones J S Worthy J Halliday T Hussain R Leach R A Parker Dr H Singh	(Appointed 28 May 2020) (Appointed 18 June 2020) (Appointed 18 June 2020) (Appointed 18 June 2020) (Appointed 18 June 2020) (Appointed 11 March 2021)
Secretary	B A Nicholls	
Charity number	1150486	
Company number	07743643	
Registered office	Temple Room Bisham Abbey Sports Centre Marlow Road Marlow Buckinghamshire United Kingdom SL7 1RR	
Auditor	Azets Audit Services 7-8 Eghams Court Boston Drive Bourne End Buckinghamshire United Kingdom SL8 5YS	
Bankers	Barclays Bank PLC Leicester Leicestershire United Kingdom LE87 2BB	

GET BERKSHIRE ACTIVE LIMITED

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GET BERKSHIRE ACTIVE LIMITED

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 MARCH 2021

The trustees present their report and financial statements for the year ended 31 March 2021.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's Memorandum and Articles of Association, the Companies Act 2006 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

Objectives and activities

Objectives and aims

The Objectives of the Charitable Company, in accordance with its Memorandum of Association, are for the public benefit to promote community participation in healthy recreation for the benefit of the inhabitants of Berkshire in particular by:

- 1) Working with and through local agencies to increase levels of participation in sport and physical activity;
- 2) Promoting and providing programmes and services for sport, recreation, physical activity, informal education and other leisure time occupation for healthy recreation;
- 3) Promoting and providing facilities and services for recreational, sporting or other leisure time occupation in the interests of social welfare for the public at large or those who by reason of their youth, age, infirmity or disablement, financial hardship or social and economic circumstances, have need of such facilities and services;
- 4) The improvement and preservation of good health and well-being through participation in healthy recreation;
- 5) Education, training and coaching courses which promote physical health and fitness; and
- 6) Facilitating and providing impact evaluation, performance measurement and related intelligence for public benefit in the context of sport, recreation, physical activity and wider health and well-being.

In setting their objectives and planning their activities the Board have given careful consideration to the Charity Commission's guidance on public benefit.

Achievements and performance

Who We Are

Get Berkshire Active (GBA) are part of a network of 43 other similar organisations – Active Partnerships (APs) in England. We are loosely federated to and supported by a national team. We are a charity with a purpose to promote physical activity and sport to the benefit of the whole Berkshire population but specifically to support those most normally excluded.

GET BERKSHIRE ACTIVE LIMITED

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2021

Covid-19 & National Lockdowns

This has been an unprecedented year which has affected all corners of society. We know that inequalities have widened and the ability to play sport and take part in physical activity has been dramatically impacted. At the same time, the understanding of the importance of physical activity to promote and support individual physical and mental wellbeing and community cohesion has never been higher. This report will highlight throughout the effect all this has had on GBA and how we have responded to it.

The most immediate and dramatic effect directly upon GBA and its staff was of course the requirement for remote working. Thankfully, as an organisation we had adopted significant IT changes, updates and improvements as far back as 2016. This included adopting MS 365 and the ability to work flexibly and remotely. This came to the fore during this period and the whole team were able to continue to work effectively and safely from home.

Our Work with Sport England

We continue to work closely with Sport England and they remain our major source of funding. Funding from Sport England (SE) is, in simple terms, in two forms. Our Primary Role funding; this allows us to exist and operate and deliver our primary role outputs. The other source is Programme funding which is granted specifically to deliver defined projects. During this period specific discussions and work with SE has revolved around:

- Responding to the pandemic and supporting organisations to maintain and adapt their offers. This has specifically come through and been delivered by SE's Tackling Inequality Fund (TIF) which is covered in detail in this report.
- Future funding arrangements - the current funding cycle theoretically ended in March 2021. However, due to the pandemic SE very helpfully rolled over the funding cycle for 1 further year and provided much greater flexibility around the use of the funds awarded. Discussion has been ongoing about changing the current funding system, whereby funds are specifically dedicated to certain projects and programmes dictated at a national level by SE, to a merged 'pot' that each AP can make decisions about how best to use based upon local knowledge and insight. This has started to have some effect already but will be more prevalent in the next reporting period (2021-2022) and beyond.
- SE have also spent the last year consulting on developing their new 10-year strategic plan which was launched in March 2021. In brief and at the top level it is about 'uniting the movement'. GBA has taken this opportunity to develop our own Strategic Intent and we have consulted our partners and stakeholders in its production. This is covered in more detail later in this report.

During this period we also had our performance follow-up review followed by a very positive one to one meeting with Sport England. We continue to be highly regarded by them.

Strategic Networking

A key role of all Active Partnerships is developing strategic networks across the county. GBA's role is to be the leading advocate for Sport and Physical Activity (PA) ensuring that key stakeholders such as NHS, Clinical Commissioning Groups (CCGs), Education Sector and Public Authorities maintain an emphasis and priority on physical activity. Our strategic engagement continues to grow locally and regionally. Due to the significantly increased interest in and importance of physical activity (due to covid and social isolation) our networks and conversations both with strategic partners but also community led organisations have increased exponentially. This has been significantly supported and enhanced by the Tackling Inequalities Fund (TIF) – more of which later in this report.

The Local Authority Forums have continued virtually with good representation across the six local authorities.

GET BERKSHIRE ACTIVE LIMITED

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2021

GBA Strategic Intent

During this reporting period we have done intensive work to prepare and develop our new Strategic Intent. The timespan of our current Strategic Intent ran from April 2017 to March 2020 and thus we have worked with our board and key partners to develop our new 'fit for post pandemic' Strategic Intent ready for launch in April 2021. We have of course lent into the work that SE have been doing as they develop their own new 10-year strategy 'Uniting the Movement'. In developing our new intent during 2020 we have identified one priority built around three key themes. Our agreed priority going forward is 'tackling inequalities' - both in the provision and take up of PA/Sport and by using this to help tackle wider inequalities in society. This key priority will be tackled through the following key themes: 'Starting Life Well', 'Living Life Well' and 'Ageing Well'.

Our Sport England Programmes of Work:

Workforce and Volunteering

Coach Core: March 2020 saw the Coach Core programme in Berkshire pause, whereby apprentices were put on "a break" in learning due to furlough affecting the national programme tutors and their own employment. As the sector re-opened with easing Covid restrictions, apprentices were able to resume their learning virtually delivered by the programme tutor as well as some forms of coach delivery (some virtual and face-to-face). Due to the break in learning, the programme in Berkshire was extended to longer than 15 months to allow apprentices the time to continue gaining experience delivering in the sector and to prepare for the End Point Assessments.

Final grant payments to employers were made in December 2020, to support the employers to continue paying apprentices or to invest in delivery hours to provide apprentices with further experience in coaching and leading sessions. Two identified employers were supported with some extra funding via Coach Core's emergency funding stream to support them through the lockdown period in December.

March 2021 saw two out of the eight apprentices begin their final assessments and practical delivery of their community action projects, which makes up their End Point Assessment and final apprenticeship grade towards the Community Activator Level 2 qualification. All apprentices are scheduled to complete their Multi-Skills level 2 qualification by June 2021, and the remainder of the cohort are scheduled to have completed the apprenticeship by August 2021; however due to the nature of the extended programme the apprentices will be supported indefinitely through to completion of the programme.

Get Berkshire Active are committed to continue supporting and utilising the "future coaches" in our work provide high quality sport and physical activity across the county. Additionally, all of the apprentices have been guaranteed employment with their respective employer post-graduation from the Coach Core programme.

Department of Education

We have continued our work with DfE to deliver an online version of the leaders and volunteers programme focused on life skills. We've had a cohort of seven young people from a youth club in Bracknell complete an 8 week CPD accredited course, alongside one face to face session with mobile team challenge. The young people also took part in a 7 week walking challenge and social action programme instead of taking part in the School Games, as this was delivered virtually due to the pandemic.

Training & Courses: Get Berkshire Active organised a wide range and number of courses to support clubs and partners. Online workshops such as safeguarding, and Club Matters club development sessions were hosted as open courses. A bespoke and online mental health awareness workshop was delivered to local clubs and partners.

Club Support: From the commencement of lockdown in March 2020, support webpages were constructed to collate the latest guidance and resources published by various national partners including NGBs, Sport England and the Government, to support clubs and the workforce. Guidance on the national and local restrictions were also outlined to ensure that clubs and 3rd sector organisations were informed.

We sent out a survey in May 2020, to gather insight on how Covid-19 was affecting local sector organisations and clubs. We established that 54% of clubs at the time were still delivering to participants in an online format, and we ascertained key challenges being faced.

GET BERKSHIRE ACTIVE LIMITED

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) *FOR THE YEAR ENDED 31 MARCH 2021*

The survey helped us to create an online clubs' forum event which was run in September 2020 to highlight best practice and to cover key emerging guidance about delivering club sessions during the lockdown and eventually return to play. Online delivery of sessions was a key focus for clubs, as was finding suitable facilities and venues for their return.

Team Berkshire: Our Workforce offer is being rebranded and redeveloped to ensure it fits the needs of targeted workforce groups. With continual input from an advisory board of local partners and sports clubs, we have redeveloped the workforce plan to enhance our workforce monitoring and the support that we offer to the professional and volunteer workforce in Berkshire. A bespoke online portal is in the early stages of design, which will host useful resources and e-learning for members of the workforce and will have a focus on supporting young leaders and coaches into careers within the sport & physical activity sector.

School Games

As a result of the COVID 19 pandemic there was a significant shift in how the School Games was delivered in the county with all of the delivery being virtual rather than face to face. This presented new challenges to GBA and the local School Games Networks that we work alongside but we had many successes.

These include:

- Reaching more schools who find it difficult accessing a face-to-face School Games
- Reaching many more young people in the county

During the year we:

- Engaged with 64,217 participants
- Delivered 26 events and 134 challenges
- Reached out to 117 schools
- Awarded 449 participation certificates and 576 awards
- Our skipping series engaged over 4000 pupils
- Paula Radcliffe's 2.15 Challenge engaged 3151 families

Our impact didn't stop with participation; 256 pupils from 22 schools became young leaders and 120 teachers were trained through the Youth Sport Trust Inclusion Schools programme.

Finally, we produced 51 resources to help support schools and families be active during the pandemic.

GET BERKSHIRE ACTIVE LIMITED

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2021

In addition to the conference we also supported schools and School Games Organisers by:

- Regularly updating the PSSP section of our website with key information and cascading it to partners and schools
- Meeting with individual primaries and clusters and supporting them with areas they want to develop

We also carried out some very localised mapping of how schools in Reading were allocating their premium. This was used to help shape a borough led, GBA supported project around increasing physical activity levels of young people and families in targeted communities.

Children & Young People Active Lives Survey

2020-21 was the third year of the Active Lives Children & Young People Survey, a national survey administered locally by GBA on behalf of Sport England. A random mix of primary, secondary, state and private schools from across the county are selected each term to complete the survey which is completed by pupils, parents of younger pupils and one teacher per school. The pandemic brought up many challenges with the survey being completed by many pupils at home rather than in school. Despite the challenges, GBA met the expectations of Sport England in terms of the number of schools who completed the survey. The survey helps us connect and engage with schools as well as it being a useful tool for schools to find out physical activity levels and habits of their pupils.

Inclusive Sport

Over the past year Inclusive sport has become embedded across the work of GBA with delivery through Ever Active and our Virtual School Games offer, support has also been provided to clubs and disability organisations through Satellite Clubs and Tackling Inequalities investment. The mental health support that we have been able to provide groups and clubs has also grown over the past year as result of us playing an active role in the South East Mind regional network led by Active Oxfordshire. We have been able to organise needs led workshops for clubs and plan an extensive support programme which is in the process of being delivered.

Tackling Inequalities Fund

The Tackling Inequalities Fund (TIF) is funded by Sport England and distributed by GBA as a response to the Pandemic. It is intended to support very small local organisations to survive, who SE were not connecting to at a national level, and to support those disadvantaged groups who were already less active or excluded, but were then affected even more disproportionately by Covid.

We have funded 44 projects so far, supporting a wide range of projects, from Rambling to Tennis, to footcare for the elderly and help for The Multiple Sclerosis Therapy Centre. TIF has distributed over £120,000 into the local system. Almost 70% of projects have been with non-traditional (non-sport) partners through community groups, health and youth partners. The below table illustrates the split between types of audience we have supported.

Lower Socio-Economic Groups,	Disability	Black & Minority Ethnic groups	Long Term Health Conditions
42%	21%	13%	23%

The programme has been deemed a significant success locally and nationally and helped position GBA as an agency that really can help when things are tough. It has also connected us to many new partners and the most disadvantaged audiences in a unique way. Most important of all it has helped almost 2,000 of the most vulnerable during this time. SE are considering how to continue this programme in the longer term, with another round of funding planned for the Autumn.

GET BERKSHIRE ACTIVE LIMITED

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2021

The Active Medicine Programme

2020-21 is the first full year of the Active Medicine Programme (AMP), a collaboration between the three Active Partnerships in Thames Valley and the Bucks, Oxon, and Berkshire West Integrated Care System (ICS), funded by a 2-year Sport England Workforce Innovation Fund. Its over-arching aim is to upskill health and social care workforces to have positive conversations that encourage and support patients to be more active.

After an intense 6-month scoping and planning period, April 2020 was due to be the launch of a series of face-to-face Motivational Interviewing (MI) training courses. While this was not the case, what has happened instead has arguably been even better. The team saw an opportunity to upskill the wider voluntary and community sector workforce in supporting residents to stay active during the pandemic through online workshops. As well as running with an idea to pilot online open 'lunch & learn' physical activity sessions to healthcare professionals across Thames Valley, and converting face-to-face MI training into an online modular course.

By working together across the Active Partnerships, nearly 700 people across various health and social care roles were trained in physical activity during this period, from doctors to social prescribers, telephone befrienders to employment advisors (185 in Berkshire). Evaluation results have shown that following training, people feel having conversations about being active are more important and feel more confident in having them. Due to this success, a further year of funding has been awarded from Health Education England Thames Valley.

Key Policies & Standards:

Equality & Diversity

Get Berkshire Active is fully committed to the principles of equality of opportunity. We have a Board member championing this area and ensure staff and Board members complete the Equality training through our online training portal. We are currently awaiting guidance from Sports Structures and the Sports Council Equality Group for the new Framework when we will update our policy and action plan. As part of our equality work we have recently released statements for 'Tackling Racism and Racial Inequality' and on 'Promoting female safety' and signed up as a White Ribbon Supporter to show our commitment to ending male violence against women.

Safeguarding

GBA continues to be committed to ensuring that the safeguarding and protection of young people and vulnerable adults is at the heart of what we and our partners do. Over the past 12 months we have implemented planned work but we have also carried out work as a result of the pandemic

- We have delivered our 2020-21 Safeguarding Implementation plan
- Reviewed and updated our Safeguarding policies
- Organised a number Safeguarding courses for clubs and coaches all delivered in a virtual format
- Organised a series of specialised training to support coaches who work with targeted groups. This includes training around adverse childhood experiences
- Updated our website in line with COVID 19 and virtual delivery, this includes guidance on remote teaching and delivery and online abuse

GET BERKSHIRE ACTIVE LIMITED

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2021

Local Programmes and Commissions (Non-Sport England Funded)

Living Well- employment support:

Department of Work and Pensions (DWP): Having previously delivered a successful employability programme, we were approached by DWP and asked to develop another similar application, this time supporting those at risk of becoming involved in criminal activity. This was developed in partnership (and funded by) the police and Reading Borough Council. A bid was submitted to DWP but put on pause due to covid, however we were successful with the other funders.

Elevate Employability - Crime Prevention Programme: Funded through Reading Borough Council, using Elevate City Deal legacy funds, we established a programme of personal and essential skills development using experiential learning. The implementation was seriously impacted by Covid, meaning we could not run face to face activities. The programme was adapted to an online option, working with partners; MTC and the Moonshot Series to blend GBA knowledge with their expertise. Moonshot delivered a self-led online personal development programme, whilst MTC delivered online, coach led, group sessions. We worked with several youth groups and DWP to obtain referrals. 41 young people accessed this programme with extremely positive feedback and positive outcomes for participants. Many of the outcomes were around Mental Health / resilience which became an increasingly significant concern in lockdown.

Cranbury College – Employability & Crime Prevention Programme: Funded by the Police as part of the above partnership programme, this element focussed on young people at most risk of unemployment and criminal exploitation when they left school. Working through the Pupil Referral Unit and with MTC, we ran an experiential learning programme which engaged 19 pupils. The feedback from pupils and staff was extremely positive in terms of the pupil's engagement and behaviour. Unfortunately, we only completed four weeks of the course as covid forced the school to stop external visitors prior to lockdown. We are currently talking to the Police about repurposing remaining funds.

Groundworks - Employability Programme: Funded by ESFA (European Social Funds), we established a similar programme to the Elevate programme, providing essential skills development through experiential learning. Once again, the implementation was seriously impacted by Covid. The programme was adapted to an online option, working with MTC to deliver online, coach-led, group sessions. We worked with several partners, including a homeless charity, and DWP to obtain referrals. 18 people accessed this programme with positive feedback and positive outcomes around self-esteem and future planning. However, the key outcome around jobs has been extremely challenging due to the economic environment. This is due to finish in Summer 2021.

Building Better Opportunities (BBO): BBO is funded by European Social Funds and Big Lottery to tackle employment and associated social issues in deprived communities. This programme has remained an important strategic relationship with GBA appointed vice chair of the steering group. In turn this positions GBA very well within community development in East Berkshire, providing connection / reputation with Local Authority Community Development departments and 3rd sector partners. Whilst lockdown has meant we have delivered very little for participants on this programme we have still delivered three training programmes to partner staff. This included motivational interviewing training.

Living Well – Reductions in crime:

Thames Valley Police (Project Activate): Project Activate has been paused for much of the year due to covid restrictions which have impacted on providers, venues, partners and participants being able to take part in any activity. However, we adapted various online and other forms of support which have included virtual boxing sessions and sharing positive messages through our social media platforms.

GET BERKSHIRE ACTIVE LIMITED

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2021

Project Activate has had a successful 1.5 years of delivery, having provided ten Engagement events / tasters, three ongoing regular clubs (two boxing, 1 rugby) and we have engaged over 550 young people. The programme has proved to be very challenging due to the type of community and social issues being addressed and it has taken longer to see results. We have refined and adjusted our approach as our learning has improved and local trust has built. We have been successful in engaging young people, developing long term, local clubs and providing transferable skills to disadvantaged children through our targeted skills programme. We have worked well with multiple public and voluntary agencies through our role as steering group lead.

This programme is due to finish in Summer 2021, having extended the finish date due to Covid. The strategic impact of this programme provides exponentially greater added value as GBA now have a good relationship with local Thames Valley Police, Police & Crime Commissioners' office and Community Safety Partnerships. Reflected in being invited to present to the regional police conference and GBA leading on a crime prevention forum with TVP.

Ageing Well – tackling social isolation and loneliness:

Recruitment of new Active Ageing Officer: a new part time officer was recruited in January 2021 to lead on the coordination and delivery of our Ever-Active programmes.

Ever Active West Berkshire & Reading: Our Ever-Active programmes, targeting older people are designed to provide social, community-based provision. Throughout the pandemic, other than a short series of sessions throughout the summer, very little face to face delivery has taken place. A series of virtual sessions were launched in January, all chair based and still attempting to capture the social benefits associated with coming together as a group by building in some time for this at the end of each session. Our relationships with other organisations involved in these projects has remained and, in some instances, has strengthened and evolved. For example, Reading Borough Council recently funded us to pilot a one-to-one coaching programme for older people who have been shielding within their homes for several months.

Starting Well and Living Well – supporting mental health:

Mums' Zone: The Mums' Zone work involves both the delivery intervention and work to support system change in the Preconception and Maternity Frimley Integrated Care Service (ICS). From April 2020, the intervention changed to a weekly virtual offer for postpartum women with over 30 women participating during lockdown. The aim of the first intervention was to improve the mental wellbeing of postpartum women through a physical activity, social support and signposting programme. Following the success of the first intervention, Cathy secured a further £19K from Frimley ICS along with £10K from the Sports Council Trust to expand the intervention across Slough over a 12-month period which commenced in April 2021 with the virtual programme consisting of two classes per week. The new intervention targets both pregnant and postpartum women with the aims of supporting women with postnatal depression or at risk of mental health conditions through a physical activity and social support intervention. A face-to-face programme will take place from the summer alongside an on-going virtual offer. This project also involves the integration of a community allotment project for perinatal women linked to Wexham Park hospital through a collaboration with Home-Start Slough. Additional work has included engaging and championing physical activity training for community midwives through raising awareness of the current national physical activity guidelines and empowering pregnant women and new mothers to make informed choices about physical activity throughout motherhood. Mums' Zone is a scalable and adaptable model and with the support of the Preconception and Maternity system and strong influencing role community midwives can play GBA can influence this system in supporting an active lifestyle for pregnant and postpartum women and in turn giving babies a good start in life.

Funding support for the sector:

Project Activate: The Sports Council Trust Company (SCTC) awarded funding to GBA to administer small grants to physical activity projects seeking to target low socio-economic communities. 19 projects were awarded funding, covering a diverse range of groups across Berkshire. Many projects had to go on hold during lockdown, but some continued to offer a virtual programme and other projects will deliver as more restrictions ease.

GET BERKSHIRE ACTIVE LIMITED

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2021

Investment:

It is part of Get Berkshire Active's role to source funding for sport and physical activity in the community. During this period, a total of £916K has been secured for programmes in Berkshire - £256K from non-Sport England sources and £660K has been invested in the county through Sport England's investment in our programmes.

Financial review

Results for the year:

The results are set out in the Statement of Financial Activities. Income for the year were £916K (2020: £826K), expenditure were £772K (2020: £807K) and the surplus for the year was £144K (surplus 2020: £19K). The fund balances carried forward at 31st March 2021 were £526K (2020: £382K) represented by unrestricted funds of £257K (2020: £262K) and restricted funds of £269K (2020: £120K).

Reserves Policy:

The company will set aside a sum by way of a reserve against unforeseen contingencies. This sum will be used in the event of the organisation being threatened with closure, for redundancy payments, to cover long term sickness liabilities and maternity pay. The company will seek to maintain reserves equivalent to three months budgeted expenditure and will include a sum for this operating reserve in budget planning. The charity now holds reserves exceeding this amount and has started to fund some projects within the county and maintain capacity in excess of current Sport England funding in order to deliver our objectives. The charity will continue to hold higher reserves short-term as the trustees recognise that this is prudent while we await our new funding settlement from Sport England. This is likely to be for the period April 2022-Mar 2025 but we will not know the amount until September 2021.

Structure, governance and management

Governing Document

The company is governed by its Memorandum and Articles of Association dated 17th August 2011 as amended by Special Resolutions dated 7th December 2012, 17th December 2015, 20th September 2017 and 11th December 2019 and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006. GBA also publishes an annual governance statement in accordance with the UK Code of Sports Governance.

Board of Trustees

We had significant changes to the Board of Directors/Trustees at the very start of this period with the resignation of our previous Chair (due to increasing business and personal commitments) and the recruitment of a new Chair and several new board members. Details of our board can be found here. Later in this reporting period we had one further board departure and the recruitment of a further new member. We remain a Tier 3 organisation in terms of the UK Code of Sports Governance and believe we will be in a good position to maintain 'accreditation' to this when expected changes and updates take place in the next reporting period. Part of this is the requirement to have an external board evaluation every 4 years. During this reporting period we considered how best to conduct this and used a tender process for an external consultant to undertake this work. The review was initiated at the very end of this reporting period and thus its results will be reported next year.

The trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

S J Anstiss MBE	(Resigned 18 June 2020)
A M Couper	
A K Foister OBE	(Resigned 18 June 2020)
G Harrison	

GET BERKSHIRE ACTIVE LIMITED

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) *FOR THE YEAR ENDED 31 MARCH 2021*

R C Ingleby	(Resigned 17 December 2020)
T Lindfield	(Resigned 11 March 2021)
P W Owen OBE	
D J Peaple	(Resigned 18 June 2020)
K R Ross MBE	
C Thelwall-Jones	
J S Worthy	(Appointed 28 May 2020)
J Halliday	(Appointed 18 June 2020)
T Hussain	(Appointed 18 June 2020)
R Leach	(Appointed 18 June 2020)
R A Parker	(Appointed 18 June 2020)
Dr H Singh	(Appointed 11 March 2021)
C J Bird	(Resigned 26 September 2020)

Trustee Recruitment

Trustees are recruited through an open and competitive process using this recruitment pack. We aim to cast our net far and wide and recruit a diverse range of suitably qualified individuals paying attention to both gender and other diverse categories. There is an induction process which helps to guide the new trustee in the first weeks/months of their appointment.

GET BERKSHIRE ACTIVE LIMITED

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) ***FOR THE YEAR ENDED 31 MARCH 2021***

Management

GBA is led and managed by the CEO supported by an experienced Senior Leadership Team and a paid staff of mixed full and part-time. The current organisational chart is shown below:

Organisational structure

The company, which operates under the name Get Berkshire Active, commenced in August 2011 and was registered as a charity on 14 January 2014 (registered Charity Commission no. 1150486).

The Directors give of their time freely and no remuneration was paid in the year.

The Directors meet as a Board at least three times a year to determine the general policy of the Charitable Company and to review its overall management and control for which they are legally responsible. The day to day running of the Company is delegated to the Company Secretary, Brett Nicholls, in his capacity as Chief Executive and the management team.

Induction and training of new trustees

The Directors operate a continuing training programme designed to keep them informed and updated on current issues in the sector and regulatory requirements.

Risk management

The Directors have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error. The Directors continue to keep the Company's activities under review, particularly with regards to any major risks that may arise from time to time as well the systems and procedures to manage them.

The Directors are satisfied that for all major risks identified appropriate controls have been put in place and maintained to mitigate those risks adequately. It is recognised that systems can provide only reasonable but not absolute assurance that major risks have been managed.

GET BERKSHIRE ACTIVE LIMITED

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2021

Statement of trustees' responsibilities

The trustees, who are also the directors of Get Berkshire Active Limited for the purpose of company law, are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company Law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that year.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Auditor

In accordance with the company's articles, a resolution proposing that Azets Audit Services be reappointed as auditor of the company will be put at a General Meeting.

Disclosure of information to auditor

Each of the trustees has confirmed that there is no information of which they are aware which is relevant to the audit, but of which the auditor is unaware. They have further confirmed that they have taken appropriate steps to identify such relevant information and to establish that the auditor is aware of such information.

The trustees' report was approved by the Board of Trustees.

.....
R A Parker

Trustee

Dated:

GET BERKSHIRE ACTIVE LIMITED

INDEPENDENT AUDITOR'S REPORT

TO THE TRUSTEES OF GET BERKSHIRE ACTIVE LIMITED

Opinion

We have audited the financial statements of Get Berkshire Active Limited (the 'charity') for the year ended 31 March 2021 which comprise the statement of financial activities, the balance sheet, the statement of cash flows and the notes to the financial statements, including significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including FRS 102 *The Financial Reporting Standard applicable in the UK and Republic of Ireland* (United Kingdom Generally Accepted Accounting Practice).

In our opinion, the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2021 and of its incoming resources and application of resources, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charity's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The other information comprises the information included in the annual report other than the financial statements and our auditor's report thereon. The trustees are responsible for the other information contained within the annual report. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon. Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit, or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Opinions on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of our audit:

- the information given in the trustees' report, which includes the directors' report prepared for the purposes of company law, for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the directors' report included within the trustees' report has been prepared in accordance with applicable legal requirements.

GET BERKSHIRE ACTIVE LIMITED

INDEPENDENT AUDITOR'S REPORT (CONTINUED)

TO THE TRUSTEES OF GET BERKSHIRE ACTIVE LIMITED

Matters on which we are required to report by exception

In the light of the knowledge and understanding of the charity and its environment obtained in the course of the audit, we have not identified material misstatements in the directors' report included within the trustees' report.

We have nothing to report in respect of the following matters in relation to which the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept, or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the trustees were not entitled to prepare the financial statements in accordance with the small companies regime and take advantage of the small companies' exemptions in preparing the trustees' report and from the requirement to prepare a strategic report.

Responsibilities of trustees

As explained more fully in the statement of trustees' responsibilities, the trustees, who are also the directors of the charity for the purpose of company law, are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error. In preparing the financial statements, the trustees are responsible for assessing the charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

A further description of our responsibilities is available on the Financial Reporting Council's website at: <https://www.frc.org.uk/auditorsresponsibilities>. This description forms part of our auditor's report.

GET BERKSHIRE ACTIVE LIMITED

INDEPENDENT AUDITOR'S REPORT (CONTINUED)

TO THE TRUSTEES OF GET BERKSHIRE ACTIVE LIMITED

Extent to which the audit was considered capable of detecting irregularities, including fraud

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above and on the Financial Reporting Council's website, to detect material misstatements in respect of irregularities, including fraud.

We obtain and update our understanding of the entity, its activities, its control environment, and likely future developments, including in relation to the legal and regulatory framework applicable and how the entity is complying with that framework. Based on this understanding, we identify and assess the risks of material misstatement of the financial statements, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. This includes consideration of the risk of acts by the entity that were contrary to applicable laws and regulations, including fraud.

In response to the risk of irregularities and non-compliance with laws and regulations, including fraud, we designed procedures which included:

- Enquiry of management and those charged with governance around actual and potential litigation and claims as well as actual, suspected and alleged fraud;
- Reviewing minutes of meetings of those charged with governance;
- Assessing the extent of compliance with the laws and regulations considered to have a direct material effect on the financial statements or the operations of the entity through enquiry and inspection;
- Reviewing financial statement disclosures and testing to supporting documentation to assess compliance with applicable laws and regulations;
- Performing audit work over the risk of management bias and override of controls, including testing of journal entries and other adjustments for appropriateness, evaluating the business rationale of significant transactions outside the normal course of business and reviewing accounting estimates for indicators of potential bias.
- Reviewing the allocation of restricted fund income and expenditure to ensure compliance with the legal requirements of the SORP in relation to restricted funds.

Because of the inherent limitations of an audit, there is a risk that we will not detect all irregularities, including those leading to a material misstatement in the financial statements or non-compliance with regulation. This risk increases the more that compliance with a law or regulation is removed from the events and transactions reflected in the financial statements, as we will be less likely to become aware of instances of non-compliance. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.

GET BERKSHIRE ACTIVE LIMITED

INDEPENDENT AUDITOR'S REPORT (CONTINUED)

TO THE TRUSTEES OF GET BERKSHIRE ACTIVE LIMITED

Use of our report

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.

Christopher Nisbet BA(Hons) FCA (Senior Statutory Auditor)
for and on behalf of Azets Audit Services

.....

Chartered Accountants
Statutory Auditor

7-8 Eghams Court
Boston Drive
Bourne End
Buckinghamshire
United Kingdom
SL8 5YS

GET BERKSHIRE ACTIVE LIMITED

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2021

	Notes	Unrestricted funds 2021 £	Restricted funds 2021 £	Total 2021 £	Unrestricted funds 2020 £	Restricted funds 2020 £	Total 2020 £
Income from:							
Charitable activities	3	8,655	902,469	911,124	34,837	787,875	822,712
Investments	4	4,606	-	4,606	3,628	-	3,628
Total income		13,261	902,469	915,730	38,465	787,875	826,340
Expenditure on:							
Charitable activities	5	19,520	752,499	772,019	44,840	762,187	807,027
Net (outgoing)/ incoming resources before transfers		(6,259)	149,970	143,711	(6,375)	25,688	19,313
Gross transfers between funds		890	(890)	-	(4,662)	4,662	-
Net (expenditure)/income for the year/ Net movement in funds		(5,369)	149,080	143,711	(11,037)	30,350	19,313
Fund balances at 1 April 2020		262,460	119,919	382,379	273,496	89,120	362,616
Fund balances at 31 March 2021		257,091	268,999	526,090	262,459	119,919	382,378

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

GET BERKSHIRE ACTIVE LIMITED

BALANCE SHEET

AS AT 31 MARCH 2021

	Notes	2021 £	£	2020 £	£
Current assets					
Debtors	8	104,618		60,709	
Cash at bank and in hand		571,068		483,290	
		<u>675,686</u>		<u>543,999</u>	
Creditors: amounts falling due within one year	9	(149,596)		(161,621)	
Net current assets			526,090		382,378
			<u><u>526,090</u></u>		<u><u>382,378</u></u>
Income funds					
Restricted funds	10	268,999		119,919	
Unrestricted funds		257,091		262,459	
		<u>526,090</u>		<u>382,378</u>	
			<u><u>526,090</u></u>		<u><u>382,378</u></u>

The financial statements were approved by the Trustees on

.....
P W Owen OBE
Trustee

.....
R A Parker
Trustee

Company Registration No. 07743643

GET BERKSHIRE ACTIVE LIMITED

STATEMENT OF CASH FLOWS

FOR THE YEAR ENDED 31 MARCH 2021

	Notes	2021 £	£	2020 £	£
Cash flows from operating activities					
Cash generated from operations	13		83,172		38,264
Investing activities					
Interest received		4,606		3,628	
Net cash generated from investing activities			4,606		3,628
Net cash used in financing activities			-		-
Net increase in cash and cash equivalents			87,778		41,892
Cash and cash equivalents at beginning of year			483,290		441,398
Cash and cash equivalents at end of year			571,068		483,290

GET BERKSHIRE ACTIVE LIMITED

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2021

1 Accounting policies

Charity information

Get Berkshire Active Limited is a private company limited by guarantee incorporated in England and Wales. The registered office is Temple Room, Bisham Abbey Sports Centre, Marlow Road, Marlow, Buckinghamshire, SL7 1RR, United Kingdom.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's [governing document], the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102). The charity is a Public Benefit Entity as defined by FRS 102.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention, modified to include the revaluation of freehold properties and to include investment properties and certain financial instruments at fair value. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

1.5 Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

GET BERKSHIRE ACTIVE LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2021

1 Accounting policies

(Continued)

1.6 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.7 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

1.8 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

1.9 Retirement benefits

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

GET BERKSHIRE ACTIVE LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2021

1 Accounting policies (Continued)

1.10 Leases

Rentals payable under operating leases, including any lease incentives received, are charged as an expense on a straight line basis over the term of the relevant lease.

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

3 Charitable activities - Income

	Sports England 2021 £	Local Authority 2021 £	Other public body 2021 £	Non - public 2021 £	Total 2021 £	Total 2020 £
Sales within charitable activities	659,281	115,228	91,750	44,865	911,124	822,712
Analysis by fund						
Unrestricted funds	-	-	-	8,655	8,655	34,837
Restricted funds	659,281	115,228	91,750	36,210	902,469	787,875
	659,281	115,228	91,750	44,865	911,124	822,712

For the year ended 31 March 2020

	Sports England £	Local Authority £	Other public body £	Non - public £	Total 2020 £
Sales within charitable activities	552,808	104,067	10,000	155,837	822,712
Analysis by fund					
Unrestricted funds	-	-	-	34,837	34,837
Restricted funds	552,808	104,067	10,000	121,000	787,875
	552,808	104,067	10,000	155,837	822,712

GET BERKSHIRE ACTIVE LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2021

4 Investments

	Unrestricted funds	Unrestricted funds
	2021 £	2020 £
Interest receivable	4,606	3,628

5 Charitable activities - Expenditure

	Sport England 2021 £	Local Authority 2021 £	Other public body 2021 £	Non - public 2021 £	Total 2021 £	Total 2020 £
Staff costs	362,604	21,965	4,000	41,797	430,366	405,974
Direct costs	189,218	54,485	9,257	31,949	284,909	329,436
Governance and board meetings	2,324	-	-	-	2,324	2,202
Rent	19,755	-	-	-	19,755	19,501
Travel	19	-	-	-	19	7,726
Insurance	1,588	-	-	-	1,588	2,019
Partnership meetings	-	-	-	-	-	4,983
Post, printing and stationery	757	-	-	-	757	1,771
IT and communications	3,800	-	-	-	3,800	3,449
Marketing	4,660	-	-	-	4,660	9,401
Computer and website costs	13,429	-	-	-	13,429	7,920
Other office costs	5,900	-	-	-	5,900	8,360
Payroll costs	972	-	-	-	972	702
	605,026	76,450	13,257	73,746	768,479	803,444
Audit fee	3,540	-	-	-	3,540	3,583
	608,566	76,450	13,257	73,746	772,019	807,027
Analysis by fund						
Unrestricted funds	-	-	-	19,520	19,520	44,840
Restricted funds	608,566	76,450	13,257	54,226	752,499	762,187
	608,566	76,450	13,257	73,746	772,019	807,027

GET BERKSHIRE ACTIVE LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2021

5 Charitable activities - Expenditure

(Continued)

For the year ended 31 March 2020

	Sport England £	Local Authority £	Other public body £	Non - public £	Total 2020 £
Staff costs	332,157	22,065	9,015	42,737	405,974
Direct costs	145,037	79,618	10,942	93,839	329,436
Governance and board meetings	2,202	-	-	-	2,202
Rent	19,501	-	-	-	19,501
Travel	5,734	801	595	596	7,726
Insurance	2,019	-	-	-	2,019
Partnership meetings	4,983	-	-	-	4,983
Post, printing and stationery	1,771	-	-	-	1,771
IT and communications	3,449	-	-	-	3,449
Marketing	9,401	-	-	-	9,401
Computer and website costs	7,920	-	-	-	7,920
Other office costs	5,199	599	25	2,537	8,360
Payroll costs	702	-	-	-	702
	540,075	103,083	20,577	139,709	803,444
Audit fee	3,583	-	-	-	3,583
	543,658	103,083	20,577	139,709	807,027
Analysis by fund					
Unrestricted funds	-	-	-	44,840	44,840
Restricted funds	543,658	103,083	20,577	94,869	762,187
	543,658	103,083	20,577	139,709	807,027

6 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year. (2020: same)

In the current year, Directors/Trustees indemnity insurance was included within the overall insurance cover for the period. (2020: same)

GET BERKSHIRE ACTIVE LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2021

7 Employees

Number of employees

The average monthly number of employees during the year was:

	2021 Number	2020 Number
Average number of employees	13	12

Employment costs

	2021 £	2020 £
Wages and salaries	366,784	348,205
Social security costs	28,099	26,431
Other pension costs	35,483	31,338
	430,366	405,974

	2021 Number	2020 Number
The number of employees whose annual remuneration was £60,000 or more were:	1	1

8 Debtors

	2021 £	2020 £
Amounts falling due within one year:		
Trade debtors	103,692	51,646
Prepayments and accrued income	926	9,063
	104,618	60,709

9 Creditors: amounts falling due within one year

	2021 £	2020 £
Trade creditors	12,919	22,634
Other creditors	4,816	4,816
Accruals and deferred income	131,861	134,171
	149,596	161,621

GET BERKSHIRE ACTIVE LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2021

10 Restricted funds

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:

	Movement in funds				Balance at 31 March 2021 £
	Balance at 1 April 2020 £	Incoming resources £	Resources expended £	Transfers £	
Sports England	65,620	659,281	(609,204)	(561)	115,136
Active Medicine (non-SE)	10,678	73,000	(6,331)	-	77,347
Mum's Zone	-	21,750	(144)	-	21,606
Elevate	-	35,000	(20,877)	-	14,123
Berkshire Community Fund (School Games)	10,000	-	-	-	10,000
Others (11 smaller projects)	33,621	113,438	(115,943)	(329)	30,787
	<u>119,919</u>	<u>902,469</u>	<u>(752,499)</u>	<u>(890)</u>	<u>268,999</u>

The restricted funds and their purpose have been detailed in the trustees report on page 2 to 9.

11 Analysis of net assets between funds

	Unrestricted funds 2021 £	Restricted funds 2021 £	Total 2021 £	Unrestricted funds 2020 £	Restricted funds 2020 £	Total 2020 £
Fund balances at 31 March 2021 are represented by:						
Current assets/ (liabilities)	257,091	268,999	526,090	262,907	119,471	382,378
	<u>257,091</u>	<u>268,999</u>	<u>526,090</u>	<u>262,907</u>	<u>119,471</u>	<u>382,378</u>

12 Related party transactions

Remuneration of key management personnel

The remuneration of key management personnel is as follows.

	2021 £	2020 £
Aggregate compensation	<u>96,686</u>	<u>96,377</u>

During the year, the charity made payments of £2,800 (2020: £3,600) to the Berkshire Cricket Foundation as grants, where the finance director for both entities is the same individual. There were no outstanding balances at the year end (2020: £nil).

GET BERKSHIRE ACTIVE LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2021

13	Cash generated from operations	2021 £	2020 £
	Surplus for the year	143,711	19,313
	Adjustments for:		
	Investment income recognised in statement of financial activities	(4,606)	(3,628)
	Movements in working capital:		
	(Increase) in debtors	(43,910)	(22,130)
	(Decrease)/increase in creditors	(12,025)	44,709
	Cash generated from operations	<u>83,170</u>	<u>38,264</u>
14	Analysis of changes in net funds		
	The charity had no debt during the year.		