



# Trustees' Annual Report for the period

Period start date

1<sup>st</sup> April 2021

Period end date

31<sup>st</sup> March 2022

From

To

## Section A

### Reference and administration details

Charity name

Mid Tendring Education Partnership

Other names charity is known by

Registered charity number (if any)

1150415

Charity's principal address

Brightlingsea Primary School

Eastern Road

Brightlingsea

Postcode

CO7 0HU

### Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Leesa Sharpe	Chair (ceased 14/3/22)		
2	Jennifer Grotier			
3	Sarah Dukelow	Chair (appointed 14/3/22)		
4	Kate Martin		01/04/21 – 14/3/22	
5	Cherry Curle		01/04/21 – 05/07/21	
6	Diane Fawcett		05/07/21 appointed	
7	Stephen Burke		14/03/22 – appointed	
8				
9				

### Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

### Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

### Name of chief executive or names of senior staff members (Optional information)

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## Section B

## Structure, governance and management

### Description of the charity's trusts

Type of governing document  
(eg. trust deed, constitution)

Memorandum & Articles of Association incorporated 29<sup>th</sup> March 2012

How the charity is constituted  
(eg. trust, association, company)

Charitable Company Limited by Guarantee - Consisting of Schools & Partners holding full and associate membership as appropriate.

Trustee selection methods  
(eg. appointed by, elected by)

Trustees are appointed or reappointed at the Annual General Meeting as detailed in the Articles of Association.

### Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

Mid Tendring Education Partnership is a Charitable Company Limited by Guarantee with full and associate membership of schools and partners. The partnership's Articles of Association contains the organisational structure to detail that a minimum of 5 Directors are required to represent both Secondary Schools, a feeder Primary School from both Colne and TTC clusters and a Special school. The partnership also works with the other organisations to ensure that the local needs are communicated to inform strategic decisions and local commissioning opportunities are acted upon.

Mid Tendring Education Partnership has a range of policies and procedures in place in relation to the direct delivery of services provided by the Family Support Workers and Strategic Lead undertaking the company business, including Safeguarding Children along with comprehensive Insurance cover to include Professional and Trustee Indemnity.

## Section C

## Objectives and activities

**Summary of the objects of the charity set out in its governing document**

The charity's objects are to work collaboratively for the advancement of education for public benefit of the children young people and families in the Mid-Tendring area in order to improve life chances and outcomes, by

- (a) facilitating the delivery or brokering additional extra-curricular opportunities
- (b) promoting public and family access to schools and member resources
- (c) facilitating the delivery or brokering support training and opportunities for public and families
- (d) facilitating the delivery or brokering services to meet the needs of families and the public not currently met by statutory or local authority provision
- (e) cultivating an ethos that fosters a positive sentiment towards education and lifelong learning for the public benefit in the Mid-Tendring area.

**Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)**

Mid Tendring Education Partnership ensures that all undertakings and commissions are in accordance with the Charity Commission's guidance on public benefit. We strive to provide opportunities and activities which will benefit our children, families and communities by increasing their relevant capabilities, competencies, skills and experiences.

Promotion and access to community facilities including school facilities outside of the school day – provides increased opportunities for families to access local support services who provide information, advice and guidance to improve the knowledge, understanding and experience of the parents, children and families, as well as community enrichment and engagement. .

Facilitating and Delivering Training and Workshops and Family Learning- for schools, children, families and the community.

Brokering & Delivering Services to meet need – without exception the services commissioned aim to develop and teach the families to seek their own solutions to remove barriers to improve moral, spiritual, cultural and mental development of the families, to prepare them for the opportunities, responsibilities and experiences when engaging with society

Creating an ethos and environment in which families can enjoy learning, reflect, improve and grow in confidence, is fundamental. We will communicate an expectation that learning is important and enjoyable, and that everyone can achieve - we are ambitious for our families and expectations of learning are high. We will develop a culture of collaborative learning that builds on what all families from diverse backgrounds know and understand.

### Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

## Section D

## Achievements and performance

## Section D

## Achievements and performance

### Summary of the main achievements of the charity during the year

Due to the ongoing COVID-19 Pandemic, and emergence of Omicron Covid variant and expedient rate of infections, this has been an incredibly challenging time for Mid Tending Education Partnership. As children returned to schools in April 21, the full impact of the Pandemic on our children and families to include their mental health became clear. Many of our vulnerable families struggled with isolation, increased risk of domestic abuse, relationship breakdown, financial worries, challenging behaviour of children and anxiety, and due to the restrictions on schools and services, many of these problems have become entrenched and more complex as they were unable to seek support at an earlier opportunity. Parents have experienced a sharp increase in both their own and children's anxiety levels caused by COVID - 19 which has led to increases in difficult behaviour, anger and psychological stress. All of this has led to an increase in demand for our services and parents reaching out to us for support.

A review of our Charities Policies and Procedures has been conducted to incorporate and adapt to the safe introduction of online support, GDPR Consent and COVID Risk Assessments incorporating increased risks and safeguarding considerations, along with Track & Trace requirements. The use of Zoom, within our practice has proved successful and is therefore something that we have retained for blended delivery to compliment face to face family and therapeutic support.

Vulnerable and Isolated Parents of children with Special Educational Needs have been provided with online support meetings with the MTEP Disability Worker who provides information, advice and direct support for parents and carers of children with additional needs such as ASD, ADHD, Global Delay & other neurological and physical disabilities. These groups also provide valuable opportunities for parents to build support networks with other parents, increase their confidence and reduce social isolation.

We have learnt through the COVID Pandemic to embrace change, flexibility and adapt our practice to deliver the support services to meet the needs of our children and families in different ways. We have maintained a responsive service that is adaptive to restrictions, outbreaks and delivery barriers to continue offer blended practice of face to face (where possible) alongside online and telephone delivery to maintain vital support during the pandemic and increased demand.

- **'Theraplay' and Dyadic Development Psychotherapy (DDP)** interventions for our children and families presenting with emotional, psychological and mental health difficulties, in order to attain real change for our children to be 'Emotionally Well'. Theraplay is a therapeutic 12 week 1:1 programme of interactive play for children 5-19, who have experienced trauma. DDP is delivered alongside Theraplay, as a family centred treatment approach to strengthen attachment and resolve trauma. The goal is to enhance attachment, trust, self-esteem and joyful engagement and to empower parents to continue on their own- the health promoting interactions of the treatment sessions. **Due to COVID -19 restrictions, and close nature of this intervention, delivery was restricted to the Family Affect premises in Coggeshall, where they have sprinkler and ventilation systems installed to enable continuation of the service. 6 Children and Families Completed 12 Sessions of Theraplay and a further 5 Children started sessions. 11 children and Families received Support From April 21 – March 22**

- **Commissioned Freelance and 2 Day per Week Contracted BACP Qualified Child Counsellors** to provide for Primary age children and their families, who are presenting with emerging emotional, psychological and mental health difficulties, to attain real change for our children to be 'Emotionally well; free from or experiencing a reduction in emotional distress. The Counsellor's work with children and families to assist with the varied emotional and practical difficulties and to empower families through learning new skills and coping mechanisms to help move them forward and deal with future family difficulties, achieving positive change in self-esteem and emotional wellbeing. **April 21 – March 22 Freelance Counsellors = 100 Children Completed Counselling and a Further 17 started Sessions to Complete. 2 Day Commissioned Counsellor = 36 Children Completed Counselling and a further 11 started Sessions to Complete.**

**Total Number of Children who have received Therapeutic Counselling Support = 164 April 21 – March 22**

**Quotes–**

'Keep doing what your doing as it's amazing and my daughter is now back to her old self and a happy little girl'.

'Thank you for helping my daughter to start to trust adults again. She self regulates so much better'

'Massively improved, overall deals with things better. Lots of coping strategies passed on to not only our daughter but us as parents and how we can help. We have seen a more positive daughter, who loves the Counselling sessions and you have truly helped us cope better as a family. Thank you so much for all you have done for us'

'My child seems to have matured and flourished within being more able to cope with her feelings with the help of Counsellor's weekly sessions and will truly miss her. Thank you so much for all your hard work and supporting us as parents to also continue coping with it'

'Really helped X understand her feelings better. She loves every session and is sad they will end '

'Thank you very much for everything. X has really improved and it's made a huge difference to her well-being. She is now better at home and enjoying things much more. Even asked to get a dog after having a huge fear'.

'Noticed change at home. Happy with outcome'

- **Family Support Worker and Disability & Additional Needs Worker** providing early intervention support, advice and guidance for parents; helping them to increase their skills, confidence, and ability to parent effectively. Families have received expert advice and support for families via a range of methods including, 1:1 delivery, group work, Online, telephone support, Online parent drop-in sessions, consultation sessions for school staff and parents. Due to the COVID 19 Pandemic and restrictions support has predominately moved to online and telephone. Many of our vulnerable families have struggled with isolation, risk of domestic abuse, increased challenging behaviour of children and anxiety, with no other family support. Parents have experienced a sharp increase in both their own and children's anxiety levels caused by COVID - 19 which has led to increases in difficult behaviour, anger and psychological stress. All of this has led to an increase in demand and parents

reaching out for support. Our Family Workers have responded to meet the needs of our children and families, providing regular weekly support, advice, guidance and empathic responses to their experiences, to improve outcomes, behaviour and emotional well-being. Where needed Family Workers have provided emergency Risk Assessed COVID outdoor visits to those vulnerable families to carry out welfare checks, get medication and to provide the vital encouragement and support for the parent to keep going and find resilience during the difficult days. **Due to a resignation of our previous Disability Worker who left in June, we were without a worker until the start of the Academic year September 22. This obviously had an impact on our capacity and waiting times for support alongside increased demand. Despite this from April 21 – March 22- 66 Families supported.**

#### **Quotes & Feedback -**

'I always feel better after I've spoken to you, like I can change things.'

'Things are much calmer at home now that I have some strategies and I know I'm doing the right thing.'

'I don't know what I would have done without you to talk to when I'm stressed and worried about the kids.'

- **Additional Family Support Services** – Further to the 1:1 Family Support offer, both Family and Disability & Additional Needs Workers have provided additional support to schools, children and families to include. **21 Consultations, 69 Child Observations, 34 Pupil Perceptions, 15 School Reviews, 2 Paediatric Appointments, 50 Team Around The Family (TAF) Meetings and 34 One Plan Meetings.**

- **1:1 Child Therapeutic Support** – The Family Support Worker has also provided identified children with additional 1:1 time. Therapeutic support focusing on enhancing and developing interpersonal social skills and emotional wellbeing; was offered through a range of creative techniques including art, play and mindfulness activities. **36 Sessions provided**  
**Quote: 'My Child looks forward to coming into school when you're visiting and doesn't want the sessions to end.'**

- **Freelance Play Therapists** - MTEP engages PTUK qualified Play Therapists to work with our children to provide an evidenced based psychotherapeutic provision. The therapy sessions in school will benefit children experiencing social and emotional difficulties. Children are provided with 12 sessions usually lasting 45 minutes, where they have access to creative materials to include sand, clay, paint, puppets, dressing up and music. This specialist approach ensures the therapist meets the need of the child, and a trusting relationship is formed, and the child feels listened to and understood. With weekly therapy the child's emotional regulation improves, appropriate self-expression is empowered and the need to act out or internalise emotions is alleviated, appropriate self-expression is empowered and the need to act out or internalise emotions is alleviated.  
**22 Children completed 12 weeks of Play Therapy April 21 – March 22.**

- **Freelance Art Therapist** - MTEP engages, a qualified Art Therapist to work with our children and families. Art Therapy is a form of psychotherapy that uses art media as its primary mode of communication. When children and young people are experiencing emotional difficulties they find learning very hard and their inclusion in school life is affected. Art Therapy as a form of intervention can assist with individual's psychological, emotional, educational, social and physical development. Art Therapists can help identify new strategies for managing feelings, thoughts and behaviours at home and school. They can build resilience in the child and encourage and support the child, their primary carers, and teachers through the process of making positive changes

Art Therapy can help improve behaviour, raise achievement, encourage attendance and help pupils take part more fully in school life

**16 Children completed 8 weeks of Art Therapy Additional 5 Children Started Sessions April 21 – March 22**

- **Fear-Less Anxiety Parenting Programme** - In response to the number of children experiencing anxiety, MTEP was successful in its application to become a provider for the International evidenced based Triple P new online Fear-less Parenting programme. Fear-Less is a free Online Cognitive Behavioural programme, to support parents to help their children to manage Anxiety. The programme involves six 1-hour modules with videos and interactive activities to include:

1. Understanding Anxiety
2. Promoting Emotional Resilience
3. Setting a good example – encouraging flexible, realistic thinking
4. Overcoming Avoidance
5. Responding to children's anxiety
6. Constructive problem solving

Fear-Less aims to help parents to improve their children's ability to cope with the anxiety, become more emotionally resilience and develop skills and strategies. In addition to offering parents access to the course independently, MTEP Family Support team offered an online group for parents to complete the training together and to have support from the Family Support Team and of course other parents in the group. **22 Parents have benefit from this CBT Anxiety Parenting Programme and individualised Parenting Support Plan.**

- **Group Brief Solution Focused Therapy** – In Response to the impact of the Pandemic on our children's emotional wellbeing and vital funding received from Colchester Catalyst, MTEP has been able to provide a Group Brief Solution Focused Therapy (BSFT) programme for Eight schools delivered by a qualified Psychologist providing support for young people whose emotional wellbeing has been impacted by Covid 19 resulting in high levels of social anxiety, separation anxiety and school refusal which is impacting on their school attendance, learning and overall school experience. Each School could identify up to 10 children, Year 3 and above who are struggling with their return to school including: Children presenting with ASD/ADHD, Social and Emotional Difficulties,



Anxiety, Low Self Esteem & School Refusal. BFST focuses on current strengths, resources, and future hopes rather than focusing too heavily on present problems and past difficulties.

- The benefits and outcomes include:
- Improved Emotional Well-Being
- Reduction in Anger & Conflict
- Improved Reintegration & School Attendance
- Improved Resilience & Psychosocial Functioning
- Improvement of Conduct to Reduce Negative Feelings and Externalising Behavioural Problems

**73 Children have benefited from participating in GBFST**

Quotes from Children:

'This has helped my mental health, met friends, its been amazing and its helped me feel better'.

'I had fun, got rid of some worries and now know that I can share emotions'.

'I have gained more confidence and more friends'.

'I feel more confident'

'This has been amazing, five stars! Helped my mental health, made friends and helped me not hate myself'.

'This has helped me so much, I have more friends and I am less worried'

"I am happier and more trusting of people"

"I would like to give £20 to the charity that funded this as will miss it "

- **Free Parent Law Clinics** MTEP has worked in partnership with Essex University Law Department to provide a solution to the impact of the withdrawal of Legal Aid for separating families where children are involved in disputes including maintenance and access arrangements. This exciting project provides our parents with a free 45 minute legal advice meeting with law students from Essex Uni along with their supervising solicitor, and a follow up advice letter. This provides an essential service for our families who otherwise are unable to afford to get the advice they need, and also provides the law students with real community work experience. The free clinics are offered in our schools and rotate around the area to ensure equality of access. **Due to COVID Restrictions Legal Clinic was provided online for MTEP parents to access.**

## Section E

## Financial review

### Brief statement of the charity's policy on reserves

Mid Tendring Education Partnership takes an active and realistic approach to the management of our Reserves, which accords with the regulatory frameworks in which we work and with good practice as laid down by the Charity Commission.

In order to sustain existing work for which funding has ceased, Mid Tendring Education Partnership aims to maintain the General Reserve at a minimum level. In accordance with Charity Commission guidelines, MTEP has set this level to be equal to the costs of discharging our liabilities in the event of the company being wound up plus the costs represented by three to six months of continued operations.

### Details of any funds materially in deficit

Not Applicable

### Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

This year Mid Tendring Education Partnership has been successful in securing external funding to support the charities vital work.

- ECC Kickstarter Funds – Art Therapy
- Essex Association of Local Councils - COVID Funding for Vulnerable Families
- Realising Ambitions Partnership Emotional Wellbeing funding for 1 Counsellor.
- Catalyst Funding to support children with SEN/Emotional Wellbeing Anxiety difficulties with Brief Solution Focused Therapy for transition and reintegration back into school following lockdown. Due to continued school closures funding carried forward into 21/22 Financial year for delivery.

## Section F

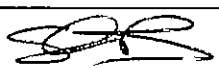

## Other optional information

## Section G

## Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Sarah Dukelow	Liz Pickford
Position (eg Secretary, Chair, etc)	Chair	Company Officer
Date	21/06/2022	

Mid Tending Education Partnership		Charity No	1150415		
		Company No	8012490		
Annual accounts for the period					
Period start date	01/04/2021	To	Period end date	31/03/2022	

## Section A Statement of financial activities (including summary income and expenditure account)

Recommended categories by activity	Guidance Note	Unrestricted funds	Restricted Income funds	Endowment funds	Total funds	Prior year funds
		£ F01	£ F02	£ F03	£ F04	£ F05
<b>Income (Note 3)</b>						
<b>Income and endowments from:</b>						
Donations and legacies	S01		33,356		33,356	49,300
Charitable activities	S02	83,910			83,910	84,060
Other trading activities	S03				-	2,009
Investments	S04	75			75	432
Separate material item of income	S05	-			-	
Other	S06	-			-	
<b>Total</b>	S07	83,985	33,356		117,341	135,801
<b>Expenditure (Notes 6)</b>						
<b>Expenditure on:</b>						
Raising funds	S08	13,033			13,033	12,805
Charitable activities	S09	92,353	33,356		125,709	97,821
Separate material expense item	S10					
Other	S11	3,605			3,605	2,076
<b>Total</b>	S12	108,991	33,356		142,347	112,702
<b>Net income/(expenditure) before tax for the reporting period</b>	S13	- 25,005	-	-	- 25,005	23,100
Tax payable	S14	-	-	-	-	-
<b>Net income/(expenditure) after tax before investment gains/(losses)</b>	S15	- 25,005	-	-	- 25,005	23,100
Net gains/(losses) on investments	S16	-	-	-	-	-
<b>Net income/(expenditure)</b>	S17	- 25,005	-	-	- 25,005	23,100
<b>Extraordinary items</b>	S18	-	-	-	-	-
<b>Transfers between funds</b>	S19	-	-	-	-	-
<b>Other recognised gains/(losses):</b>						
Gains and losses on revaluation of fixed assets for the charity's own use	S20	-	-	-	-	-
Other gains/(losses)	S21	-	-	-	-	-
<b>Net movement in funds</b>	S22	- 25,005	-	-	- 25,005	23,100
<b>Reconciliation of funds:</b>						
Total funds brought forward	S23	174,833		-	174,833	151,733
<b>Total funds carried forward</b>	S24	149,828	-		149,828	174,833

**Section B Balance sheet**

		Guidance No	Unrestricted funds £ F01	Restricted income funds £ F02	Endowment funds £ F03	Total this year £ F04	Total last year £ F05
<b>Fixed assets</b>							
Intangible assets (Note 16)		B01	-	-	-	-	-
Tangible assets (Note 14)		B02	-	-	-	-	-
Heritage assets (Note 16)		B03	-	-	-	-	-
Investments (Note 17)		B04	-	-	-	-	-
<b>Total fixed assets</b>		B05	-	-	-	-	-
<b>Current assets</b>							
Stocks (Note 18)		B06	-	-	-	-	-
Debtors (Note 19)		B07	-	-	-	-	-
Investments (Note 17.4)		B08	-	-	-	-	-
Cash at bank and in hand (Note 24)		B09	153,432	-	-	153,432	176,909
<b>Total current assets</b>		B10	153,432	-	-	153,432	176,909
<b>Creditors: amounts falling due within one year</b> (Note 20)		B11	3,605	-	-	3,605	2,076
<b>Net current assets/(liabilities)</b>		B12	149,827	-	-	149,827	174,833
<b>Total assets less current liabilities</b>		B13	149,827	-	-	149,827	174,833
<b>Creditors: amounts falling due after one year</b> (Note 20)		B14	-	-	-	-	-
<b>Provisions for liabilities</b>		B15	-	-	-	-	-
<b>Total net assets or liabilities</b>		B16	149,827	-	-	149,827	174,833
<b>Funds of the Charity</b>							
Endowment funds (Note 27)		B17	-	-	-	-	-
Restricted income funds (Note 27)		B18	-	-	-	-	39,300
Unrestricted funds		B19	149,827	-	-	149,827	135,533
Revaluation reserve		B20	-	-	-	-	-
Fair value reserve		B21	-	-	-	-	-
<b>Total funds</b>		B22	149,827	-	-	149,827	174,833

The company was entitled to exemption from audit under s477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.


The directors acknowledge their responsibilities for complying with the requirements of the Companies Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to small companies subject to the small companies regime and in accordance with FRS102 SORP.

Signed by one or two trustees/directors on behalf of all the trustees/directors

Print Name	Date of approval dd/mm/yyyy
SARAH DUKELOW	11/7/22

Signature of director authenticating accounts being sent to Companies House

Signature	Date dd/mm/yyyy
	11/7/22
	Print name



# CHARITY COMMISSION FOR ENGLAND AND WALES

## Independent examiner's report on the accounts

### Section A

### Independent Examiner's Report

Report to the trustees/  
members of

Charity Name  
Mid Tending Education Partnership

On accounts for the year  
ended

31<sup>st</sup> March 2022

Charity no  
(if any)

1150415

Set out on pages

1-3

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity for the year ended DD / MM / YYYY.

Responsibilities and  
basis of report

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

Independent  
examiner's statement

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

I have completed my examination. I confirm that no material matters have come to my attention (other than that disclosed below \*) in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

\* Please delete the words in the brackets if they do not apply.

Signed:

Date:

11/07/2022

Name:

SUZANNE GOODY

Relevant professional  
qualification(s) or body  
(if any):

FCA – FELLOW OF THE ICAEW

Address:

8 OLD FORGE COURT COLCHESTER ROAD ELMSTEAD  
ESSEX, CO7 7EA

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.