

Registered Charity No: 1150366  
Registered Company No: 05847662  
(England & Wales)

**SOCIAL TRAINING ACTIVITIES AND RECREATIONAL SPORT LIMITED**  
(A Company Limited by Guarantee)

**Annual Report and Financial Statements**

**For the year ended**

**31 March 2023**



**SOCIAL TRAINING ACTIVITIES AND RECREATIONAL SPORT LIMITED**

**INDEX TO THE ANNUAL REPORT AND FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 MARCH 2023**

---

	<b>Page</b>
Charity Reference and Administrative Details	2
Trustees' Annual Report (incorporating Director's Report)	3 - 6
Independent Examiners Report	7
Statement of Financial Activities (incorporating Income & Expenditure Account)	8
Balance Sheet	9
Notes to the Accounts	10 - 17
Detailed Income & Expenditure Account	18
Appendix 1: Case Study	19 - 20

## SOCIAL TRAINING ACTIVITIES AND RECREATIONAL SPORT LIMITED

### CHARITY REFERENCE AND ADMINISTRATIVE DETAILS FOR THE YEAR ENDED 31 MARCH 2023

---

**Charity Name:** Social Training Activities and Recreational Sport Limited  
(referred to hereafter in this report as STARS)

**Charity Registration Number:** 1150366

**Company Registration Number:** 05847662 (England & Wales)

**Registered Office:** 80 Jackson Road  
Bagworth  
Leicester  
LE67 1HL

**Trustees/Directors:** The directors of the charitable company are also its trustees for the purpose of charitable law. The trustees who have served during the year and since the year end are as follows:

Daniel Griffiths  
Neil Prince  
Jevon Payne  
Tim Warner  
Scott Thornton  
Olivia Shackleton

All the Trustees are also members of the charity.

**Independent Examiner:** Stephanie Beeston-Clarke FCCA  
Beeston-Clarke Accountants Limited  
Chartered Certified Accountants  
242 Leicester Road  
Markfield  
Leicester  
LE67 9RG

**Bankers:** Co-operative Bank plc  
79 Market Place  
Leicester

## **SOCIAL TRAINING ACTIVITIES AND RECREATIONAL SPORT LIMITED**

### **TRUSTEE'S ANNUAL REPORT (incorporating Director's Report) FOR THE YEAR ENDED 31 MARCH 2023**

---

The trustees present their report and financial statements of the charity for the year ended 31 March 2023. The trustees have adopted the provisions of the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities" (FRS102) in preparing the annual financial statements of the charity.

The financial statements have been prepared in accordance with the accounting policies set out in the notes to the accounts and comply with the charity governing document, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland published in October 2019 (second edition).

#### **STRUCTURE, GOVERNANCE AND MANAGEMENT**

The organisation is a charitable company limited by guarantee, without a share capital. The company's governing document is the Memorandum and Articles of Association which established the objects and powers of the charitably company.

In the event of the company being wound up members are required to contribute an amount not exceeding £1.

#### **Recruitment and Appointment of Trustees**

When new or additional Trustees are required, beneficiaries and client organisations are invited to submit nominations and subject to their compliance with the Memorandum and Articles of Association, they are considered by the governing body of Trustees for election.

#### **OBJECTIVES AND ACTIVITIES**

The principal objectives of the charity continue to be:

1. To advance in life and help young people through:
  - a. The provision of recreational and leisure time activities provided in the interest of social welfare, designed to improve their conditions of life;
  - b. Providing support and activities which develop their skills, capacities and capabilities to enable them to participate in society as mature and responsible individuals.
2. Such charitable purposes for the public benefit as are exclusively charitable according to the laws of England and Wales, as the Trustees may from time to time determine.

During the year STARS continued to focus on two areas of delivery:

**Stepping Stones Programme** - Aimed at supporting vulnerable young people (typically, 16 - 25 year olds) into Education, Employment, or Training (EET) that may otherwise become NEET (Not in Education, Employment or Training). We do this by building trust, raising self-esteem and confidence, and improving their employability skills. The programme includes 1-to-1, and group sessions, with trained youth workers, volunteering and work experience, and external short training courses such as first aid and CV writing.

## SOCIAL TRAINING ACTIVITIES AND RECREATIONAL SPORT LIMITED

### TRUSTEE'S ANNUAL REPORT (incorporating Director's Report) FOR THE YEAR ENDED 31 MARCH 2023 (continued)

**Preparing for Life After School** - We made very slow progress in setting up our Life After School programme based mainly around staffing and you will see in our plans for 23-24 this is a priority and one which is being addressed.

In setting our objectives and planning our activities, the Trustees have given careful consideration to the Charity Commission's guidance on public benefit, including the guidance 'public benefit: running a Charity (PB2)'. In particular to its supplementary public benefit guidance on advancing education and on fee charging.

Our key objectives for the year included:

- a) To continue to work with vulnerable young people, with a particular focus on 16 to 19 year-olds that find themselves out of work;
- b) Increase the number of young people we deliver programmes to by providing programmes across new areas.

#### **ACHIEVEMENTS AND PERFORMANCE**

This year has been quieter than normal, with our NEET 2 EET programme working with 8 learners. We have used 8k of 13k in funding on this project. We have had 7 positive outcomes including employment, apprenticeship, college, mental health improvement and progression onto further support programmes.

OUTCOME	TARGET	ACTUAL
Project start date	Jun 22	<b>Jun 22</b>
Project completion date	Mar 23	<b>Mar 23</b>
# funded places	8	<b>8</b>
# young people who applied	8	<b>8</b>
# young people who enrolled	8	<b>8</b>
# positive destinations	4	<b>7</b>
<i># young people who gained employment</i>	<i>1</i>	<i>1</i>
<i># young people who gained an apprenticeship</i>	<i>1</i>	<i>0</i>
<i># young people who gained a college place</i>	<i>1</i>	<i>1</i>
<i># young people who improved their mental health</i>	<i>4</i>	<i>2</i>
<i># young people who progressed onto another programme</i>	<i>1</i>	<i>3</i>
# negative destinations	1	<b>1</b>

## **SOCIAL TRAINING ACTIVITIES AND RECREATIONAL SPORT LIMITED**

### **TRUSTEE'S ANNUAL REPORT (incorporating Director's Report) FOR THE YEAR ENDED 31 MARCH 2023 (continued)**

---

#### Plans for the future 1<sup>st</sup> April 2023 to 31<sup>st</sup> March 2024

This year's focus is that of the Preparing for Life After School programme being monitored and reviewed as it is the new programme we have introduced. We have the programme in place at four centres with agreements with Educ8 to provide the staffing required to deliver the programme.

We would like to see the NEET TO EET programme expand to new areas outside of Leicester. This includes Northumberland, where we would also like to make improvements to the facility we use and grants have been submitted to provide a safe outdoor space for young people.

Summary of plans for the future and the trustees' perspective of the future direction of the charity:

We will continue to focus on our core skill of supporting vulnerable young people leaving or having left education. We have managed to set up programmes for our year 11 cohorts across all four regions we operate in. Our next goal is to set up our NEET to EET programme in all four areas, where at present we only have one.

The Trustees remain confident that the Charitable Company remains a going concern.

#### **FINANCIAL REVIEW**

The Trustees consider the financial performance by the charity during the year to 31 March 2023 to have not changed significantly since the previous year.

The Statement of Financial Activities show net overall incoming resources of £2,823 (2022: £8,963) The total Unrestricted Funds at the year-end were £11,120 (2022: £12,550), £11,099 of this is made up of fixed and intangible assets and is therefore not available to spend. Restricted Funds at year end were £22,884 (2022: £18,632).

#### **RESERVES POLICY**

Our policy is to retain a small level of free reserves to ensure the financial stability, in cash flow terms, of the organisation. This should not exceed £15,000. We continue to invest reserves in programmes to support our objectives. At 31 March 2023 we held £21 (2022: £10,604) in free reserves.

During the year the unrestricted reserves at 31 March 2022 were allocated to programme delivery leaving us with very little unrestricted reserves at 31 March 2023. Currently all of our programme delivery is from grant (restricted) funding and the Trustees are continuing to investigate ways of increasing our unrestricted reserves.

The Trustees are satisfied that the charity's assets in each fund are available and adequate to fulfil its obligations.

## SOCIAL TRAINING ACTIVITIES AND RECREATIONAL SPORT LIMITED

### TRUSTEE'S ANNUAL REPORT (incorporating Director's Report) FOR THE YEAR ENDED 31 MARCH 2023 (continued)

---

#### **TRUSTEES' RESPONSIBILITIES STATEMENT**

The Trustees, who are also directors of the charity are responsible for preparing the Trustees' Report and financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year, which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources of the charitable company for the year.

In preparing those financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP 2019 (FRS 102);
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements.
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in operation.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report has been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities 2019 (FRS 102) and in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by the Trustees/Directors on 22nd June 2023 and signed on its behalf by:



---

Jevon Payne  
Trustee/Director

## SOCIAL TRAINING ACTIVITIES AND RECREATIONAL SPORT LIMITED

### INDEPENDENT EXAMINERS' REPORT FOR THE YEAR ENDED 31 MARCH 2023

---

We report to the trustees on our examination of the accounts of the company for the year ended 31 March 2023 which are set out on pages 8 to 20.

#### **Responsibilities and basis of report**

As the charity trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ("the 2006 Act").

Having satisfied ourselves that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, we report in respect of our examination of your company's accounts as carried out under section 145 of the Charities Act 2011 ("the 2011 Act"). In carrying out our examination, we have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

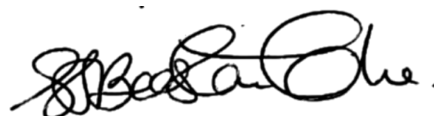
#### **Independent Examiner's Statement**

We have completed our examination. We can confirm that no matters have come to our attention in connection with the examination giving us cause to believe that in any material respect:

1. accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a "true and fair view" which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by Charities (applicable to charities preparing their accounts in accordance with Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

We have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report to enable a proper understanding of the accounts to be reached.

Stephanie J Beeston-Clarke FCCA  
Beeston-Clarke Accountants Limited  
Chartered Certified Accountants  
242 Leicester Road  
Markfield  
Leicester  
LE67 9RG



Dated: 26 June 2023



**SOCIAL TRAINING ACTIVITIES AND RECREATIONAL SPORT LIMITED**

**STATEMENT OF FINANCIAL ACTIVITIES  
YEAR ENDED 31 MARCH 2023  
(Incorporating Income and Expenditure Account)**

		<u>2023</u>	<u>2023</u>	<u>2023</u>	<u>2022</u>	<u>2022</u>	<u>2022</u>
		<u>Unrestricted</u>	<u>Restricted</u>	<u>Total</u>	<u>Unrestricted</u>	<u>Restricted</u>	<u>Total</u>
	Note	<u>Funds</u>	<u>Funds</u>	<u>Funds</u>	<u>Funds</u>	<u>Funds</u>	<u>Funds</u>
<b>INCOME</b>							
Donations, legacies & gift aid	3	<b>2,868</b>	<b>37,880</b>	<b>40,748</b>	13,355	32,917	46,272
<b>Income from Charitable Activities</b>							
Charitable activities		-	-	-	-	-	-
<b>Income from Investments</b>							
Bank interest	4	<b>26</b>	-	<b>26</b>	6	-	6
<b>Total Incoming Resources</b>		<b>2,894</b>	<b>37,880</b>	<b>40,774</b>	<b>13,361</b>	<b>32,917</b>	<b>46,278</b>
<b>Expenditure on:</b>							
Charitable activities	5	<b>8,956</b>	<b>23,938</b>	<b>32,894</b>	1,549	32,766	34,315
Fundraising	5	<b>5,058</b>	-	<b>5,058</b>	3,000	-	3,000
<b>Total Expenditure</b>	5	<b>14,014</b>	<b>23,938</b>	<b>37,952</b>	<b>4,549</b>	<b>32,766</b>	<b>37,315</b>
<b>Net income / expenditure before transfers</b>		<b>(11,120)</b>	<b>13,942</b>	<b>2,823</b>	<b>8,812</b>	<b>152</b>	<b>8,963</b>
Transfer between funds		<b>9,690</b>	<b>(9,690)</b>	-	(835)	835	-
<b>Net movement in funds</b>		<b>(1,430)</b>	<b>4,252</b>	<b>2,823</b>	<b>7,977</b>	<b>987</b>	<b>8,963</b>
<b>Reconciliation of funds:</b>							
Total funds brought forward at 31 March 2022		<b>12,550</b>	<b>18,632</b>	<b>31,181</b>	4,573	17,645	22,218
<b>Total funds carried forward at 31 March 2023</b>		<b>11,120</b>	<b>22,884</b>	<b>34,004</b>	<b>12,550</b>	<b>18,632</b>	<b>31,181</b>

All figures relate to continuing operations.

There were no recognised gains or losses for the current or previous period other than as stated above. The movement in funds is due to the net incoming resources for the year.

The notes attached on pages 10 to 18 form an integral part of these accounts

# SOCIAL TRAINING ACTIVITIES AND RECREATIONAL SPORT LIMITED

## BALANCE SHEET AS AT 31 MARCH 2023 Company Number 05847662 (England)

		<u>2023</u>	<u>2022</u>
	Note	£	£
<b>FIXED ASSETS</b>			
Intangible	8a	1,200	1,800
Tangible	8b	9,899	146
		<u>11,099</u>	<u>1,946</u>
<b>CURRENT ASSETS</b>			
Debtors and prepayments	9	-	2,500
Cash at bank and in hand		<u>26,209</u>	<u>34,546</u>
		<u>26,209</u>	<u>37,046</u>
<b>CREDITORS: Amounts falling due within one year</b>	10	<u>3,304</u>	<u>7,811</u>
<b>NET CURRENT ASSETS</b>		22,905	29,234
<b>NET ASSETS</b>		<u><u>34,004</u></u>	<u><u>31,181</u></u>
<b>FUNDS</b>			
Unrestricted	14	21	10,603
Designated	14	11,099	1,947
Restricted	14	22,884	18,632
<b>TOTAL FUNDS</b>		<u><u>34,004</u></u>	<u><u>31,181</u></u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act for the year ended 31 March 2023.

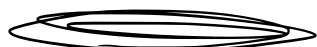
The members have not required the charitable company to obtain an audit of the financial statements for the year ended 31 March 2023 in accordance with Section 476 of the Companies Act 2016.

The trustees acknowledge their responsibilities for:

- a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006; and
- b) preparing financial statements which give a true and fair view of the state of the charitable company as at the end of the financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to a charitable company.

These financial statements have been approved in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small charitable companies.

Approved by the Trustees/Directors on 22nd June 2023 and signed on its behalf by:



Jevon Payne  
Trustee/Director

The notes attached on pages 10 to 18 form an integral part of these accounts

# **SOCIAL TRAINING ACTIVITIES AND RECREATIONAL SPORT LIMITED**

## **NOTES TO THE ACCOUNTS YEAR ENDED 31 MARCH 2023**

### **1 Accounting Policies**

#### **1 Summary of significant accounting policies**

##### **a General information and basis of preparation**

Social Training Activities and Recreational Sport is a registered charity in England and Wales and also a company limited by guarantee. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the Charity. The address of the charity's office is given on page 1 of these financial statements. The nature of the charity's operations and principal activities detailed on page 2 of these financial statements.

The charity constitutes a public benefit entity as defined by FRS 102. The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102), the Charities Act 2011, the Companies Act 2006 and UK Generally Accepted Accounting practice.

The financial statements are prepared on a going concern basis under the historical cost convention, modified to include certain items at fair value where considered necessary. The financial statements are presented in sterling which is the functional currency of the charity and rounded to the nearest pound.

##### **b Funds**

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity and which have not been designated for other purposes.

Designated funds comprise unrestricted funds that have been set aside by the trustees for particular purposes. The aim and use of each designated fund is set out in the notes to the financial statements.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the charity for particular purposes. The cost of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

##### **c Income recognition**

All incoming resources are included in the Statement of Financial Activities (SoFA) when the charity is legally entitled to the income after any performance of conditions have been met, the amount can be measured reliably and it is probable that the income will be received.

**NOTES TO THE ACCOUNTS  
FOR THE YEAR ENDED 31 MARCH 2023 (CONTINUED)**

**1 Accounting Policies (Continued)**

**1 Summary of significant accounting policies (Continued)**

**c Income recognition (Continued)**

For donations to be recognised the charity will have been notified of the amounts and the settlement date in writing. If there are conditions attached to the donation and this requires a level of performance before entitlement can be obtained then income is deferred until those conditions are fully met or the fulfilment of those conditions is within the control of the charity and it is probable that they will be fulfilled.

Donated facilities and donated services are recognised in income at their fair value when their economic benefit is probable, it can be measured reliably and the charity has control over the item. Fair value is determined on the basis of the value of the gift to the charity. A corresponding amount is recognised in expenditure.

No amount of time is included in the financial statements for volunteer time in line with SORP FRS (102). Further detail is given in the Trustees Annual Report.

Where practicable, gifts in kind donated for distribution to the beneficiaries of the charity are included in stock and donations in the financial statements upon receipt. If it is impracticable to assess the fair value at receipt or if the costs to undertake such a valuation outweigh any benefits then the fair value is recognised as a component of donations when it is distributed and an equivalent amount recognised as charitable expenditure.

Fixed assets donated gifts are recognised as income when receivable and are included at fair value. The income is not deferred over the life of the asset.

For legacies, entitlement is the earlier of the charity being notified of an impending distribution or the legacy being received. At this point income is recognised. On occasion, legacies will be notified to the charity however it is not possible to measure the amount expected to be distributed on these occasions, the legacy is treated as a contingent asset and disclosed.

Income from trading activities includes income earned from fundraising events and trading activities to raise funds for the charity. Income is received in exchange for supplying goods and services in order to raise funds and is recognised when entitlement has occurred.

Investment income is earned through holding assets for investment purposes such as interest. Interest income is recognised using the effective interest method. Any dividend and rent income is recognised as the charity's right to receive payment is established.

# SOCIAL TRAINING ACTIVITIES AND RECREATIONAL SPORT LIMITED

## NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2023 (CONTINUED)

### 1 Accounting Policies (Continued)

#### 1 Summary of significant accounting policies (Continued)

##### d Expenditure recognition

All expenditure is accounted for on an accruals basis and has been classified under headings

- Cost of raising funds
- Expenditure on charitable activities
- Other expenditure represents those items not falling into the above categories.

Irrecoverable VAT is charged as an expense against the activity for which the expenditure

##### e Support costs allocation

Support costs are those that assist the work of the charity but do not directly represent charitable activities and include office costs, governance costs and administrative costs. They are incurred directly in support of expenditure on the objects of the charity.

The basis for apportionment is consistently applied and proportionate to the circumstances is:

Staffing	Time spent in connection with a particular activity
Premises costs	Floor area occupied by a particular activity
Non-specific support costs	Usage of resources, in terms of time taken, capacity used, requests made or other measures

Fundraising costs are those incurred in seeking voluntary contributions and do not include the costs of disseminating information in support of the charitable activities.

The analysis of these costs is included in note 6.

##### f Fixed Assets

###### Intangible Fixed Assets

Intangible fixed assets are measured at their original cost value, or subsequent revaluation, or if donated, as described above. Cost includes all costs expended in bringing the asset into its intended working condition.

Amortisation has been provided at the following rates in order to write off the assets to their anticipated residual value over their estimated useful lives:

Intellectual property	20% straight line
-----------------------	-------------------

###### Tangible Fixed Assets

Tangible fixed assets are measured at their original cost value, or if donated, as described above. Cost includes all costs expended in bringing the asset into its intended working condition.

Depreciation has been provided at the following rates in order to write off the assets to their anticipated residual value over their estimated useful lives:

Leasehold Property Improvements	2% straight line
Plant and machinery	20% straight line
Motor vehicles	25% straight line

# SOCIAL TRAINING ACTIVITIES AND RECREATIONAL SPORT LIMITED

## NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2023 (CONTINUED)

### 1 Accounting Policies (Continued)

#### 1 Summary of significant accounting policies (Continued)

#### g Debtors and creditors receivable / payable within one year

Debtors and creditors with no stated interest rate and receivable or payable within one year are recorded at transaction price. Any losses arising from impairment are recognised in expenditure.

#### h Provisions

Provisions are recognised when the charity has an obligation at the balance sheet date as a result of a past event, It is probable that an outflow of economic benefits will be required in settlement and the amount can be reliably estimated.

#### i Leases

Rentals payable or receivable under operating leases are charged to the SoFA on a straight line basis over the period of the lease.

#### j Taxation

The charity is exempt from corporation tax on its charitable activities.

#### k Going concern

The financial statements have been prepared on a going concern basis as the trustees believe that no material uncertainties exist. The trustees have considered the level of funds held and the expected level of income and expenditure for 12 months from authorising these financial statements. The budgeted income and expenditure is sufficient with the level of funds for the charity to be able to continue as a going concern.

### 2 Net Income / (Expenditure) for the year

This is stated after charging:

Depreciation

Independent Examiners Fees

2023	2022
£	£
248	42
780	738

### 3 Donations, legacies & gift aid

Unrestricted

Restricted

Henry Smith

Awards for All

LCC Community Grant

The 29th May Charitable Trust

The Sheldon Trust

The PCC for Leicestershire

Workers Educational Association

Clothworkers Foundation

Bernard Sunley

Leicestershire & Rutland Community Foundation

Peter Harrison Foundation

KFC Foundation

2023	2022
£	£
2,868	13,355
-	9,900
9,880	655
-	2,000
4,000	4,000
-	5,977
-	9,880
-	1,160
10,000	-
5,000	-
3,000	-
4,000	-
2,000	-
37,880	33,572
40,748	46,927

**Total donations, legacies & gift aid**

**SOCIAL TRAINING ACTIVITIES AND RECREATIONAL SPORT LIMITED**

**NOTES TO THE ACCOUNTS  
FOR THE YEAR ENDED 31 MARCH 2023 (CONTINUED)**

<b>4 Bank interest</b>	<b>2023</b>	<b>2022</b>
	<b>£</b>	<b>£</b>
Bank interest received	26	6

**5 Analysis of Expenditure on Charitable Activities**

	<b>Activities undertaken directly</b>	<b>Governance &amp; support costs</b>	<b>Total 2023</b>	<b>Total 2022</b>
<b>Analysis of expenditure on</b>				
<b>Charitable activities - unrestricted funds</b>	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
Stepping stones programme	6,596	2,360	8,956	1,549
Preparing for Life After School programme	-	-	-	-
<b>Total unrestricted expenditure</b>	<b>6,596</b>	<b>2,360</b>	<b>8,956</b>	<b>1,549</b>
<i>2022 analysis</i>	<i>104</i>	<i>1,446</i>		<i>1,549</i>
<b>Analysis of expenditure on</b>				
<b>Charitable activities - restricted funds</b>				
Stepping stones programme	20,546	226	20,773	32,766
Preparing for Life After School programme	3,165	-	3,165	-
<b>Total restricted expenditure</b>	<b>23,712</b>	<b>226</b>	<b>23,938</b>	<b>32,766</b>
<i>2022 analysis</i>	<i>32,042</i>	<i>723</i>		<i>32,766</i>
Fundraising				
Unrestricted	5,058	-	5,058	3,000
Restricted	-	-	-	-
<b>Total resources expended</b>	<b>35,365</b>	<b>2,586</b>	<b>37,952</b>	<b>37,315</b>
<i>2022 analysis</i>	<i>35,146</i>	<i>2,169</i>		<i>37,315</i>

<b>6 Support Costs</b>	<b>Unrestricted funds</b>	<b>Restricted funds</b>	<b>2023</b>	<b>2022</b>
			<b>£</b>	<b>£</b>
Depreciation & amortisation	848	-	848	642
Bank interest payable	-	-	-	-
Office & admin	732	213	945	776
Governance (note 7)	780	13	793	751
	<b>2,360</b>	<b>226</b>	<b>2,586</b>	<b>2,169</b>
<i>2022 analysis</i>	<i>1,446</i>	<i>723</i>		<i>2,169</i>

<b>7 Governance Costs</b>	<b>2023</b>	<b>2022</b>
	<b>£</b>	<b>£</b>
Independent examiners fee	780	738
Accountancy	-	-
Legal fees	13	13
	<b>793</b>	<b>751</b>

# SOCIAL TRAINING ACTIVITIES AND RECREATIONAL SPORT LIMITED

## NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2023 (CONTINUED)

8a Intangible Fixed Assets	<u>Intellectual</u>	
	<u>Property</u>	<u>Total</u>
<b>Cost:</b>		
	£	£
As 1 April 2022	3,000	3,000
Additions	-	-
As at 31 March 2023	<u>3,000</u>	<u>3,000</u>
<b>Amortisation:</b>		
As 1 April 2022	1,200	1,200
Charge for the year	600	600
As at 31 March 2023	<u>1,800</u>	<u>1,800</u>
<b>Net Book Value:</b>		
As at 31 March 2022	<u>1,800</u>	<u>1,800</u>
As at 31 March 2023	<u>1,200</u>	<u>1,200</u>
<b>8b Tangible Fixed Assets</b>		
	<u>Leasehold</u>	<u>Plant &amp;</u>
	<u>Property</u>	<u>Machinery</u>
<b>Cost:</b>	<u>Improvements</u>	<u>Total</u>
	£	£
As 1 April 2022	-	239
Additions	10,000	-
As at 31 March 2023	<u>10,000</u>	<u>239</u>
<b>Depreciation:</b>		
As 1 April 2022	-	92
Charge for the year	200	48
Disposal	-	-
As at 31 March 2023	<u>200</u>	<u>140</u>
<b>Net Book Value:</b>		
As at 31 March 2022	<u>-</u>	<u>146</u>
As at 31 March 2023	<u>9,800</u>	<u>99</u>
<b>9 Debtors</b>	<b>2023</b>	<b>2022</b>
	£	£
Trade debtors	-	-
Sundry debtors & prepayments	-	2,500
	<u>-</u>	<u>2,500</u>
<b>10 Creditors: Amounts falling due within one year</b>	<b>2023</b>	<b>2022</b>
	£	£
Trade creditors	454	2,243
Accruals	2,850	1,728
Other creditors	-	3,840
	<u>3,304</u>	<u>7,811</u>



# SOCIAL TRAINING ACTIVITIES AND RECREATIONAL SPORT LIMITED

## NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2023 (CONTINUED)

### 11 Wages and Salaries

The charity does not employ any members of staff.

### 12 Trustees and Related Party Transactions

None of the Trustees have been paid any remuneration in their role as a Trustee in respect of the year ended 31 March 2023. However, the following have been paid remuneration or received other benefits as a worker/supplier for the charity in accordance with the Memorandum and Articles of Association:

	2023	2022
Educ8 Business Consultancy Ltd	1,864	748
Sportfit Programmes Ltd	-	2,980
Cre8 Music Education Ltd	2,844	3,200
Educ8 Coventry & Warwickshire Ltd	-	200
Educ8 Liverpool Ltd	-	2,006
	<u>4,708</u>	<u>9,134</u>

Trustees Jevon Payne and Timothy Warner are directors of Educ8 Business Consultancy Ltd and Sportfit Programmes Ltd. Timothy Warner is a director of Educ8 Coventry & Warwickshire Ltd. Neil Prince is a director of Educ8 Liverpool Ltd. The wife of Trustee Jevon Payne is a director of Cre8 Music Education Ltd.

During the year the Trustees and Related Parties made no donations to the Charity without attached conditions (2022: £10,000). No donations were made by Trustees and Related Parties with conditions attached.

### 13 Movement in funds

	01 Apr 2022	Incoming Resources	Outgoing Resources	Transfers	31 Mar 2023
	£	£	£	£	£
<b>Unrestricted:</b>					
Capital fund (designated)	1,947	-	848	10,000	11,099
Free reserves	10,603	2,894	13,166	(310)	21
	<u>12,550</u>	<u>2,894</u>	<u>14,014</u>	<u>9,690</u>	<u>11,120</u>
<b>Restricted:</b>					
Henry Smith	2,344	-	2,344	-	-
Awards for All	-	9,880	5,301	-	4,579
Rothley Trust	897	-	-	-	897
DWF Foundation	2,500	-	-	-	2,500
The 29th May Charitable Trust	3,344	4,000	3,165	104	4,283
The Sheldon Trust	5,450	-	-	-	5,450
The PCC for Leicestershire	4,097	-	4,301	204	-
Clothworkers Foundation	-	10,000	-	(10,000)	-
Bernard Sunley	-	5,000	5,000	-	-
Leicestershire & Rutland					
Community Foundation	-	3,000	3,002	2	-
Peter Harrison Foundation	-	4,000	825	-	3,175
KFC Foundation	-	2,000	-	-	2,000
	<u>18,632</u>	<u>37,880</u>	<u>23,938</u>	<u>(9,690)</u>	<u>22,884</u>
<b>Total funds</b>	<u>31,182</u>	<u>40,774</u>	<u>37,952</u>	<u>-</u>	<u>34,004</u>

The Capital Fund represents the net book value of the fixed assets of the charity and is not freely available for use unless the asset is sold.

## SOCIAL TRAINING ACTIVITIES AND RECREATIONAL SPORT LIMITED

### NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2023 (CONTINUED)

#### 13 Movement in Funds (cont)

##### Funders & Funding

All funding granted during the year from the funders below has been used by STARS to focus on their Stepping Stone Programme which aims to support vulnerable young people from NEET (Not in Education, Employment, or Training) to EET (Education, Employment, or Training); or on their Preparing for Life After School Programme (new for 2023).

##### Henry Smith Foundation

Provide grants to enable organisations to work with people to reduce social and economic disadvantage.

##### Awards for All

National Lottery Community Funding.

##### Rothley Trust

Gives small grants to assist groups with charitable work in the north east, focusing on the needs of children and young people in areas of disadvantage.

##### DWF Foundation

Provides funds, resources and mentoring support to help individuals, groups and communities to achieve their full potential. The start date has been delayed due to staffing issues. This has been agreed with the funder.

##### The 29th May Charitable Trust

Supporting year 11 learners at risk of becoming NEET in the Coventry area.

##### The Sheldon Trust

Supporting year 11 learners at risk of becoming NEET in the Coventry area.

##### The (Police & Crime Commissioner) PCC for Leicestershire

Supporting young people in disadvantaged areas of Leicester.

##### Clothworkers Foundation

This grant was provided to assist with the refurbishment of a training centre in Liverpool.

##### Bernard Sunley

This grant was provided to assist with the refurbishment of a training centre in Liverpool.

##### Leicestershire & Rutland Community Foundation

This funding was provided for the NEET to EET programme in Leicestershire.

##### Peter Harrison Foundation

Funding towards a 24 week course of 'Wanna be a Sports Coach' programme of 20 young people aged 16-25.

##### KFC Foundation

Funding for the Preparing for Life After School project in Northumberland.

#### 14 Analysis of net assets between funds

Fund balances at 31 March 2023:	Free reserves	Capital fund	Restricted funds	Total 2023	Total 2022
Fixed Assets	-	11,099	-	11,099	1,947
Net current assets	21	-	22,884	22,905	29,235
	<u>21</u>	<u>11,099</u>	<u>22,884</u>	<u>34,004</u>	<u>31,181</u>

#### 15 Controlling Interest

The company is controlled by the trustees / directors.

#### 16 Share Capital

The company is limited by guarantee and therefore has no share capital. The members have agreed to contribute to the assets in the event of winding up to an amount not exceeding £1.

**SOCIAL TRAINING ACTIVITIES AND RECREATIONAL SPORT LIMITED**

**DETAILED INCOME AND EXPENDITURE ACCOUNT  
YEAR ENDED 31 MARCH 2023**

	Unrestricted funds	Restricted funds	2023	Unrestricted funds	Restricted funds	2022
			£			£
Donations & gift aid	1,003	-	1,003	12,700	-	12,700
Donated goods / services	1,865	-	1,865	655	-	655
Henry Smith Foundation	-	-	-	-	9,900	9,900
Awards for All	-	9,880	9,880	655	-	655
LCC Community Grant	-	-	-	-	2,000	2,000
The 29th May Charitable Trust	-	4,000	4,000	-	4,000	4,000
The Sheldon Trust	-	-	-	-	5,977	5,977
The PCC for Leicestershire	-	-	-	-	9,880	9,880
Workers Educational Association	-	-	-	-	1,160	1,160
Clothworkers Foundation	-	10,000	10,000	-	-	-
Bernard Sunley	-	5,000	5,000	-	-	-
Leicestershire & Rutland						
Community Foundation	-	3,000	3,000	-	-	-
Peter Harrison Foundation	-	4,000	4,000	-	-	-
KFC Foundation	-	2,000	2,000	-	-	-
Bank interest	26	-	26	6	-	6
	<b>2,894</b>	<b>37,880</b>	<b>40,774</b>	<b>14,016</b>	<b>32,917</b>	<b>46,933</b>
Coaching (subcontractors) & resources	-	10,882	10,882	78	20,514	20,592
Fundraising	5,058	-	5,058	3,000	-	3,000
Premises	-	4,950	4,950	-	-	3,000
Uniforms	140	-	140	26	182	207
Office & administration	483	-	483	-	256	256
Staff Recruitment & Training	-	-	-	66	80	146
Travel costs	-	213	213	-	131	131
Subsistence	-	-	-	-	83	83
Venue hire	5,429	7,891	13,320	-	11,347	11,347
Membership subscriptions	249	-	249	-	161	161
Bank interest payable	-	-	-	-	-	-
Insurance	1,014	-	1,014	-	-	-
Legal & professional fees	13	-	13	-	13	13
Independent examination	780	-	780	738	-	738
Depreciation	248	-	248	42	-	42
Amortisation	600	-	600	600	-	600
	<b>14,014</b>	<b>23,938</b>	<b>37,952</b>	<b>4,549</b>	<b>32,766</b>	<b>40,315</b>
<b>Net Income (deficit) for the year</b>	<b>(11,120)</b>	<b>13,943</b>	<b>2,823</b>	<b>9,467</b>	<b>152</b>	<b>6,618</b>

## **Case Study**

Current employment status: NEET

### *Background Information:*

My name is CR and I live in Ansty [Leicestershire] with my mum and brother and our dog. Currently I am not in employment and I have been diagnosed with ADHD but currently struggling with my medication. I consider myself to be polite and helpful to others if needed but at the same time I can have a temper and become angry quickly. I also feel that I am judged on my appearance, and it takes me a while to trust people. I do use cannabis most days and feel that it helps me stay calm and relaxed, currently I do not want to stop using cannabis as I feel it helps with my ADHD. Daniel at the start of the programme has mentioned doing a Turning Point referral when, and if, I am ready but I am ok for now.

### *Education:*

My school attendance was 'hit and miss' through my later years of school but also my engagement dropped in lessons. At the time of this I was not 100% focused and had other issues in my life which contributed to me not attending. I also feel that my ADHD medication and my ability to control my anger at times also contributed to me not going to school along with some of the teachers not recognising that I may need support. I left school with no formal qualifications.

### *STARS NEET to EET programme:*

I started to work with Daniel around October 2022. I believe it may have been my school which signposted me to the programme. The first step for me was that Daniel (my youth worker) made contact with my Mum and organised a home visit to meet my Mum and me and gain our voice. We then started to meet once a week and build a relationship and then plan what we felt would help me progress. I informed Daniel I would like to do my CSCS card but I struggled to mix in large groups.

Daniel informed me he would look into me completing the CSCS card online and then feedback. He found that I could complete the first part online which I am currently doing but to be honest it is taking me a little longer than I would like. Daniel and me try to meet up once a week but with me having some commitments we see each other every couple of

weeks. I am hoping that I can gain employment working as a brickie or builder once I gain my card.

I like the STARS programme because Daniel tried to help me learn in the way I feel comfortable and it's flexible to when we can meet. We have met in different settings such as a service station, walk around the village, KFC, and now at the Educ8 centre.

*Next Steps:*

We will be applying for a Citizenship card so I have photo ID as I don't have a passport or driving licence.

Now that I have completed the full CSCS course (around 7 units) I now need to sit an online test to gain my certificate. Once I have this I will be able to apply for jobs.