

Registered Charity No: 1150366
Registered Company No: 05847662
(England & Wales)

SOCIAL TRAINING ACTIVITIES AND RECREATIONAL SPORT LIMITED
(A Company Limited by Guarantee)

Annual Report and Financial Statements

For the year ended

31 March 2022



SOCIAL TRAINING ACTIVITIES AND RECREATIONAL SPORT LIMITED

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FOR THE YEAR ENDED 31 MARCH 2022**

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SOCIAL TRAINING ACTIVITIES AND RECREATIONAL SPORT LIMITED

CHARITY REFERENCE AND ADMINISTRATIVE DETAILS FOR THE YEAR ENDED 31 MARCH 2022

Charity Name: Social Training Activities and Recreational Sport Limited
(referred to hereafter in this report as STARS)

Charity Registration Number: 1150366

Company Registration Number: 05847662 (England & Wales)

Registered Office: 80 Jackson Road
Bagworth
Leicester
LE67 1HL

Trustees/Directors: The directors of the charitable company are also its trustees for the purpose of charitable law. The trustees who have served during the year and since the year end are as follows:

Daniel Griffiths

Neil Prince

Jevon Payne

Tim Warner

Scott Thornton

Olivia Shackleton

Appointed 30/09/2021

All the Trustees are also members of the charity.

Independent Examiner: Beeston-Clarke Accountants Limited
Chartered Certified Accountants
242 Leicester Road
Markfield
Leicester
LE67 9RG

Bankers: Co-operative Bank plc
79 Market Place
Leicester

SOCIAL TRAINING ACTIVITIES AND RECREATIONAL SPORT LIMITED

TRUSTEE'S ANNUAL REPORT (incorporating Director's Report) FOR THE YEAR ENDED 31 MARCH 2022

The trustees present their report and financial statements of the charity for the year ended 31 March 2022. The trustees have adopted the provisions of the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities" (FRS102) in preparing the annual financial statements of the charity.

The financial statements have been prepared in accordance with the accounting policies set out in the notes to the accounts and comply with the charity governing document, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland published in October 2019 (second edition).

STRUCTURE, GOVERNANCE AND MANAGEMENT

The organisation is a charitable company limited by guarantee, without a share capital. The company's governing document is the Memorandum and Articles of Association which established the objects and powers of the charitably company.

In the event of the company being wound up members are required to contribute an amount not exceeding £1.

Recruitment and Appointment of Trustees

When new or additional Trustees are required, beneficiaries and client organisations are invited to submit nominations and subject to their compliance with the Memorandum and Articles of Association, they are considered by the governing body of Trustees for election.

OBJECTIVES AND ACTIVITIES

The principal objectives of the charity continue to be:

1. To advance in life and help young people through:
 - a. The provision of recreational and leisure time activities provided in the interest of social welfare, designed to improve their conditions of life;
 - b. Providing support and activities which develop their skills, capacities and capabilities to enable them to participate in society as mature and responsible individuals.
2. Such charitable purposes for the public benefit as are exclusively charitable according to the laws of England and Wales, as the Trustees may from time to time determine.

During the year STARS continued to focus on one existing area of delivery:

Stepping Stones Programme - Aimed at supporting vulnerable young people (typically, 16 - 25 year olds) into Education, Employment, or Training (EET) that may otherwise become NEET (Not in Education, Employment or Training). We do this by building trust, raising self-esteem and confidence, and improving their employability skills. The programme includes 1-to-1, and group sessions, with trained youth workers, volunteering and work experience, and external short training courses such as first aid and CV writing.

SOCIAL TRAINING ACTIVITIES AND RECREATIONAL SPORT LIMITED

TRUSTEE'S ANNUAL REPORT (incorporating Director's Report) FOR THE YEAR ENDED 31 MARCH 2022 (continued)

In setting our objectives and planning our activities, the Trustees have given careful consideration to the Charity Commission's guidance on public benefit, including the guidance 'public benefit: running a Charity (PB2)'. In particular to its supplementary public benefit guidance on advancing education and on fee charging.

Our key objectives for the year included:

- a) To continue to work with vulnerable young people, with a particular focus on 16 to 19 year olds that find themselves out of work;
- b) Increase the number of young people we deliver programmes to by providing programmes across new areas.

ACHIEVEMENTS AND PERFORMANCE

During the year we have continued to deliver and improve the 'Stepping Stones Programme'. This was delivered through existing funding received in previous years and funding received during the year from five funders:

1. The Henry Smith Foundation

This programme originally started in October 2020 and repeat funding was obtained in November 2021. The programme supported year 11 learners at risk of becoming NEET and those that had left school and were currently NEET. It will continue to support 4 young people through to the project completion. The support provided was mainly mentor led provision including 1-to-1 meetings and communications on a weekly basis.

Outcomes	Target	Actual (at 31st Mar '22)
<i>Date funding awarded</i>	N/A	Nov 21
<i>Date programme started</i>	Dec 21	Dec 21
<i>Date project completed</i>	Mar 22	Jun 22
<i>Number of funded places</i>	10	10
<i>Number of beneficiaries applied</i>	10	15
<i>Number of beneficiaries enrolled</i>	10	15
<i>Beneficiaries remaining on programme</i>	N/A	4
<i>Total positive outcomes</i>	8	9
<i>Progressed to employment</i>	2	2
<i>Progressed to an apprenticeship</i>	3	3
<i>Progressed to college</i>	3	4
<i>Progressed to another STARS programme</i>	0	0
<i>Total negative outcomes</i>	2	2

SOCIAL TRAINING ACTIVITIES AND RECREATIONAL SPORT LIMITED

TRUSTEE'S ANNUAL REPORT (incorporating Director's Report) FOR THE YEAR ENDED 31 MARCH 2022 (continued)

2. Leicestershire Community Grant (Leicestershire County Council)

This programme originally started in April '20 and additional funding was obtained in May '21. The programme supported year 11 learners at risk of becoming NEET and those that had left school and were currently NEET. The support provided was mainly mentor led provision including 1-to-1 meetings and communications on a weekly basis.

Outcomes	Target	Actual (at 31st Mar '22)
<i>Date funding awarded</i>	N/A	May 21
<i>Date programme started</i>	Apr 20	Apr 20
<i>Date project completed</i>	Aug 21	Aug 21
<i>Number of funded places</i>	2	2
<i>Number of beneficiaries applied</i>	2	2
<i>Number of beneficiaries enrolled</i>	2	2
<i>Beneficiaries remaining on programme</i>	N/A	0
<i>Total positive outcomes</i>	2	2
<i>Progressed to employment</i>	0	0
<i>Progressed to an apprenticeship</i>	0	0
<i>Progressed to college</i>	2	1
<i>Progressed to another STARS programme</i>	0	1
<i>Total negative outcomes</i>	0	0

3. The 29th May Charitable Trust & The Sheldon Trust

This programme started in April 21 and supported year 11 learners at risk of becoming NEET. It will continue to support 4 young people over the next 12 months. This will be in the form of after school support and IAG programmes to support them with their progression.

Outcomes	Target	Actual (at 31st Mar '22)
<i>Date funding awarded</i>	N/A	Jun 21 & Aug 21
<i>Date programme started</i>	Apr 21	Apr 21
<i>Date project completed</i>	Mar 22	Mar 22
<i>Number of funded places</i>	6	6
<i>Number of beneficiaries applied</i>	6	7
<i>Number of beneficiaries enrolled</i>	6	7
<i>Beneficiaries remaining on programme</i>	N/A	7
<i>Total positive outcomes</i>	3	0
<i>Progressed to employment</i>	0	0
<i>Progressed to an apprenticeship</i>	0	0
<i>Progressed to college</i>	3	0
<i>Progressed to another STARS programme</i>	0	0
<i>Total negative outcomes</i>	3	0

SOCIAL TRAINING ACTIVITIES AND RECREATIONAL SPORT LIMITED

TRUSTEE'S ANNUAL REPORT (incorporating Director's Report) FOR THE YEAR ENDED 31 MARCH 2022 (continued)

4. The Police & Crime Commissioner for Leicestershire

We have 10 young people who have been identified at high risk, not engaging in any programme, and all have been allocated a key worker. The programme to date has supported 5 young people with a further 5 targeted for support between June and December 22.

Outcomes	Target	Actual (at 31st Mar '22)
<i>Date funding awarded</i>	N/A	Jun 21
<i>Date programme started</i>	Oct 21	Oct 21
<i>Date project completed</i>	Mar 22	Dec 22
<i>Number of funded places</i>	5	5
<i>Number of beneficiaries applied</i>	5	5
<i>Number of beneficiaries enrolled</i>	5	5
<i>Beneficiaries remaining on programme</i>	N/A	2
<i>Total positive outcomes</i>	2	2
<i>Progressed to employment</i>	0	1
<i>Progressed to an apprenticeship</i>	1	0
<i>Progressed to college</i>	1	0
<i>Progressed to another STARS programme</i>		1
<i>Total negative outcomes</i>	1	1

5. Other Income received during this year

WEA (Workers Education Association) ESF Liverpool £5,000 - This programme did not run due to complications with staff and COVID and funding of £3,840 was returned to WEA.

Outcomes to beneficiaries and the wider society

The programme has just completed its second year of running the **Stepping Stone Programme**. The overall results are as follows:

Outcomes	Actual (at 31st Mar '22)
<i>Programmes run</i>	5
<i>Programme funding</i>	£36,757
<i>Number of funded places*</i>	23
<i>Number of beneficiaries enrolled</i>	29
<i>Beneficiaries remaining on programme</i>	13
<i>Total positive outcomes</i>	13
<i>Progressed to employment</i>	3
<i>Progressed to an apprenticeship</i>	3
<i>Progressed to college</i>	5
<i>Progressed to another STARS programme</i>	2
<i>Total negative outcomes</i>	3

*These are based on a 26-week place

SOCIAL TRAINING ACTIVITIES AND RECREATIONAL SPORT LIMITED

TRUSTEE'S ANNUAL REPORT (incorporating Director's Report) FOR THE YEAR ENDED 31 MARCH 2022 (continued)

Plans for the future & Going Concern

Our plan in the financial year to 31st March 2023 and beyond is to work with similar like-minded charities to form a consortium approach to delivery. Four Leicestershire based organisations are coming together to form a partnership agreement to expand the level of services we can support young people with. By being part of this consortium, this will enable STARS to apply for larger funding opportunities. We are also going to research the needs of each area in different support packages we can bring to vulnerable young people.

We aim to continue further Stepping Stone programmes targeting the following areas:

- Leicester – using £6k of funding from The PCC for Leicestershire and Henry Smith Foundation carried over, plus Arnold Clarke new funding £1k;
- Coventry – using £8K from May 29th Charitable Trust and £5k from Sheldon trust carried over;
- Redcar - using £10k of new funding from the National Lottery Awards for All programme, to start in August 2022;
- Northumberland – using £1k from Rothley trust carried forward;
- Liverpool – using £15k of new funding from Clothworkers trust and £5k from Bernard Sunley, to improve facilities.

The Trustees are committed to the continued support of young people affected by COVID. We will step up our plans to attract funding to support this group. For the next year we have to date funding from Police Commissioners funding (£4K) and Awards for All (£10k) to support a further 12 young people.

The Trustees remain confident that the Charitable Company remains a going concern.

FINANCIAL REVIEW

The Trustees consider the financial performance by the charity during the year to 31 March 2022 to have improved significantly on the previous year.

The Statement of Financial Activities show net overall incoming resources of £8,963 (2021: £1,981) with total Unrestricted Funds at the year-end of £12,550 (2021: £4,573) and Restricted Funds of £18,632 (2021: £17,645).

RESERVES POLICY

Our policy is to retain a small level of free reserves to ensure the financial stability, in cash flow terms, of the organisation. This should not exceed £15,000 (revised from £10,000 in 2021 due to increased activity). We continue to invest reserves in programmes to support our objectives. At 31 March 2022 we held £10,604 (2021: £1,984) in free reserves. We plan to allocate this to programme delivery during the forthcoming year. The Trustees are satisfied that the charity's assets in each fund are available and adequate to fulfil its obligations in respect of each fund.

SOCIAL TRAINING ACTIVITIES AND RECREATIONAL SPORT LIMITED

TRUSTEE'S ANNUAL REPORT (incorporating Director's Report) FOR THE YEAR ENDED 31 MARCH 2022 (continued)

TRUSTEES' RESPONSIBILITIES STATEMENT

The Trustees, who are also directors of the charity are responsible for preparing the Trustees' Report and financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year, which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources of the charitable company for the year.

In preparing those financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP 2019 (FRS 102);
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements.
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in operation.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report has been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities 2019 (FRS 102) and in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by the Trustees/Directors on ^{30/11/2022}..... and signed on its behalf by:



Jevon Payne
Trustee/Director

SOCIAL TRAINING ACTIVITIES AND RECREATIONAL SPORT LIMITED

INDEPENDENT EXAMINERS' REPORT FOR THE YEAR ENDED 31 MARCH 2022

We report to the trustees on our examination of the accounts of the company for the year ended 31 March 2022 which are set out on pages 13 to 20.

Responsibilities and basis of report

As the charity trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ("the 2006 Act").

Having satisfied ourselves that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, we report in respect of our examination of your company's accounts as carried out under section 145 of the Charities Act 2011 ("the 2011 Act"). In carrying out our examination, we have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

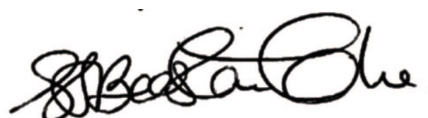
Independent Examiner's Statement

We have completed our examination. We can confirm that no matters have come to our attention in connection with the examination giving us cause to believe that in any material respect:

1. accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a "true and fair view" which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by Charities (applicable to charities preparing their accounts in accordance with Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

We have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report to enable a proper understanding of the accounts to be reached.

Stephanie J Beeston-Clarke FCCA
Beeston-Clarke Accountants Limited
Chartered Certified Accountants
242 Leicester Road
Markfield
Leicester
LE67 9RG



Dated: 30 November 2022

SOCIAL TRAINING ACTIVITIES AND RECREATIONAL SPORT LIMITED

**STATEMENT OF FINANCIAL ACTIVITIES
YEAR ENDED 31 MARCH 2022
(Incorporating Income and Expenditure Account)**

		<u>2022</u>	<u>2022</u>	<u>2022</u>	<u>2021</u>	<u>2021</u>	<u>2021</u>
		<u>Unrestricted</u>	<u>Restricted</u>	<u>Total</u>	<u>Unrestricted</u>	<u>Restricted</u>	<u>Total</u>
	Note	<u>Funds</u>	<u>Funds</u>	<u>Funds</u>	<u>Funds</u>	<u>Funds</u>	<u>Funds</u>
INCOME							
Donations, legacies & gift aid	3	13,355	32,917	46,272	934	27,303	28,237
Income from Charitable Activities							
Charitable activities		-	-	-	-	-	-
Income from Investments							
Bank interest	4	6	-	6	3	-	3
Total Incoming Resources		13,361	32,917	46,278	937	27,303	28,240
Expenditure on:							
Charitable activities	5	1,549	32,766	34,315	2,248	21,966	24,214
Fundraising	5	3,000	-	3,000	1,916	129	2,045
Total Expenditure	5	4,549	32,766	37,315	4,164	22,095	26,259
Net income / expenditure before transfers		8,812	152	8,963	(3,227)	5,208	1,981
Transfer between funds		(835)	835	-	2,393	(2,393)	-
Net movement in funds		7,977	987	8,963	(834)	2,815	1,981
Reconciliation of funds:							
Total funds brought forward at 31 March 2020		4,573	17,645	22,218	5,407	14,830	20,237
Total funds carried forward at 31 March 2021		12,550	18,632	31,181	4,573	17,645	22,218

All figures relate to continuing operations.

There were no recognised gains or losses for the current or previous period other than as stated above. The movement in funds is due to the net incoming resources for the year.

The notes attached on pages 13 to 20 form an integral part of these accounts

SOCIAL TRAINING ACTIVITIES AND RECREATIONAL SPORT LIMITED

BALANCE SHEET

AS AT 31 MARCH 2022

Company Number 05847662 (England)

		<u>2022</u>		<u>2021</u>	
	Note	£	£	£	£
FIXED ASSETS					
Intangible	8a	1,800		2,400	
Tangible	8b	146		189	
			<u>1,946</u>		<u>2,589</u>
CURRENT ASSETS					
Debtors and prepayments	9	2,500		-	
Cash at bank and in hand		<u>34,546</u>		<u>22,079</u>	
		<u>37,046</u>		<u>22,079</u>	
CREDITORS: Amounts falling due within one year	10	<u>7,811</u>		<u>2,450</u>	
NET CURRENT ASSETS			29,234		19,629
NET ASSETS			<u><u>31,181</u></u>		<u><u>22,218</u></u>
FUNDS					
Unrestricted	14		10,603		1,984
Designated	14		1,947		2,589
Restricted	14		18,632		17,645
TOTAL FUNDS			<u><u>31,181</u></u>		<u><u>22,218</u></u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act for the year ended 31 March 2022.

The members have not required the charitable company to obtain an audit of the financial statements for the year ended 31 March 2022 in accordance with Section 476 of the Companies Act 2016.

The trustees acknowledge their responsibilities for:

- a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006; and
- b) preparing financial statements which give a true and fair view of the state of the charitable company as at the end of the financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to a charitable company.

These financial statements have been approved in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small charitable companies.

Approved by the Trustees/Directors on 30/11/2022 and signed on its behalf by:



Jevon Payne
Trustee/Director

The notes attached on pages 13 to 20 form an integral part of these accounts

NOTES TO THE ACCOUNTS
YEAR ENDED 31 MARCH 2022

1 Accounting Policies

1 Summary of significant accounting policies

a General information and basis of preparation

Social Training Activities and Recreational Sport is a registered charity in England and Wales and also a company limited by guarantee. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the Charity. The address of the charity's office is given on page 1 of these financial statements. The nature of the charity's operations and principal activities detailed on page 2 of these financial statements.

The charity constitutes a public benefit entity as defined by FRS 102. The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102), the Charities Act 2011, the Companies Act 2006 and UK Generally Accepted Accounting practice.

The financial statements are prepared on a going concern basis under the historical cost convention, modified to include certain items at fair value where considered necessary. The financial statements are presented in sterling which is the functional currency of the charity and rounded to the nearest pound.

b Funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity and which have not been designated for other purposes.

Designated funds comprise unrestricted funds that have been set aside by the trustees for particular purposes. The aim and use of each designated fund is set out in the notes to the financial statements.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the charity for particular purposes. The cost of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

c Income recognition

All incoming resources are included in the Statement of Financial Activities (SoFA) when the charity is legally entitled to the income after any performance of conditions have been met, the amount can be measured reliably and it is probable that the income will be received.

NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31 MARCH 2022 (CONTINUED)

1 Accounting Policies (Continued)

1 Summary of significant accounting policies (Continued)

c Income recognition (Continued)

For donations to be recognised the charity will have been notified of the amounts and the settlement date in writing. If there are conditions attached to the donation and this requires a level of performance before entitlement can be obtained then income is deferred until those conditions are fully met or the fulfilment of those conditions is within the control of the charity and it is probable that they will be fulfilled.

Donated facilities and donated services are recognised in income at their fair value when their economic benefit is probable, it can be measured reliably and the charity has control over the item. Fair value is determined on the basis of the value of the gift to the charity. A corresponding amount is recognised in expenditure.

No amount of time is included in the financial statements for volunteer time in line with SORP FRS (102). Further detail is given in the Trustees Annual Report.

Where practicable, gifts in kind donated for distribution to the beneficiaries of the charity are included in stock and donations in the financial statements upon receipt. If it is impracticable to assess the fair value at receipt or if the costs to undertake such a valuation outweigh any benefits then the fair value is recognised as a component of donations when it is distributed and an equivalent amount recognised as charitable expenditure.

Fixed assets donated gifts are recognised as income when receivable and are included at fair value. The income is not deferred over the life of the asset.

For legacies, entitlement is the earlier of the charity being notified of an impending distribution or the legacy being received. At this point income is recognised. On occasion, legacies will be notified to the charity however it is not possible to measure the amount expected to be distributed on these occasions, the legacy is treated as a contingent asset and disclosed.

Income from trading activities includes income earned from fundraising events and trading activities to raise funds for the charity. Income is received in exchange for supplying goods and services in order to raise funds and is recognised when entitlement has occurred.

Investment income is earned through holding assets for investment purposes such as interest. Interest income is recognised using the effective interest method. Any dividend and rent income is recognised as the charity's right to receive payment is established.

**NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31 MARCH 2022 (CONTINUED)**

1 Accounting Policies (Continued)

1 Summary of significant accounting policies (Continued)

d Expenditure recognition

All expenditure is accounted for on an accruals basis and has been classified under headings

- Cost of raising funds
- Expenditure on charitable activities
- Other expenditure represents those items not falling into the above categories.

Irrecoverable VAT is charged as an expense against the activity for which the expenditure

e Support costs allocation

Support costs are those that assist the work of the charity but do not directly represent charitable activities and include office costs, governance costs and administrative costs. They are incurred directly in support of expenditure on the objects of the charity.

The basis for apportionment is consistently applied and proportionate to the circumstances is:

Staffing	Time spent in connection with a particular activity
Premises costs	Floor area occupied by a particular activity
Non-specific support costs	Usage of resources, in terms of time taken, capacity used, requests made or other measures

Fundraising costs are those incurred in seeking voluntary contributions and do not include the costs of disseminating information in support of the charitable activities.

The analysis of these costs is included in note 6.

f Fixed Assets

Intangible Fixed Assets

Intangible fixed assets are measured at their original cost value, or subsequent revaluation, or if donated, as described above. Cost includes all costs expended in bringing the asset into its intended working condition.

Amortisation has been provided at the following rates in order to write off the assets to their anticipated residual value over their estimated useful lives:

Intellectual property	20% straight line
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Tangible Fixed Assets

Tangible fixed assets are measured at their original cost value, or if donated, as described above. Cost includes all costs expended in bringing the asset into its intended working condition.

Depreciation has been provided at the following rates in order to write off the assets to their anticipated residual value over their estimated useful lives:

Freehold/leasehold premises	2% straight line
Plant and machinery	20% straight line
Motor vehicles	25% straight line

SOCIAL TRAINING ACTIVITIES AND RECREATIONAL SPORT LIMITED

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2022 (CONTINUED)

1 Accounting Policies (Continued)

1 Summary of significant accounting policies (Continued)

g Debtors and creditors receivable / payable within one year

Debtors and creditors with no stated interest rate and receivable or payable within one year are recorded at transaction price. Any losses arising from impairment are recognised in expenditure.

h Provisions

Provisions are recognised when the charity has an obligation at the balance sheet date as a result of a past event, It is probable that an outflow of economic benefits will be required in settlement and the amount can be reliably estimated.

i Leases

Rentals payable or receivable under operating leases are charged to the SoFA on a straight line basis over the period of the lease.

j Taxation

The charity is exempt from corporation tax on its charitable activities.

k Going concern

The financial statements have been prepared on a going concern basis as the trustees believe that no material uncertainties exist. The trustees have considered the level of funds held and the expected level of income and expenditure for 12 months from authorising these financial statements. The budgeted income and expenditure is sufficient with the level of reserves for the charity to be able to continue as a going concern.

2 Net Income / (Expenditure) for the year

This is stated after charging:

Depreciation

Independent Examiners Fees

2022	2021
£	£
42	42
738	615
<u>738</u>	<u>615</u>

3 Donations, legacies & gift aid

Unrestricted

Restricted

Henry Smith

ESF

LCC Community Grant

Rothley Trust

DWF Foundation

The 29th May Charitable Trust

The Sheldon Trust

The PCC for Leicestershire

Workers Educational Association

2022	2021
£	£
13,355	934
<u>13,355</u>	<u>934</u>
9,900	9,900
-	3,903
2,000	10,000
-	1,000
-	2,500
4,000	-
5,977	-
9,880	-
1,160	-
<u>32,917</u>	<u>27,303</u>
<u>46,272</u>	<u>28,237</u>

Total donations, legacies & gift aid

SOCIAL TRAINING ACTIVITIES AND RECREATIONAL SPORT LIMITED

**NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31 MARCH 2022 (CONTINUED)**

4 Bank interest	2022	2021
	£	£
Bank interest received	<u>6</u>	<u>30</u>

5 Analysis of Expenditure on Charitable Activities

	Activities undertaken directly	Governance & support costs	Total 2021	Total 2020
Analysis of expenditure on Charitable activities - unrestricted funds	£	£	£	£
Stepping stones programme	104	1,446	1,549	2,248
Total unrestricted expenditure	<u>104</u>	<u>1,446</u>	<u>1,549</u>	<u>2,248</u>
<i>2021 analysis</i>	<i>133</i>	<i>2,115</i>		<i>2,248</i>

**Analysis of expenditure on
Charitable activities - restricted funds**

Stepping stones programme	32,042	723	32,766	21,966
Total restricted expenditure	<u>32,042</u>	<u>723</u>	<u>32,766</u>	<u>21,966</u>
<i>2021 analysis</i>	<i>21,901</i>	<i>65</i>		<i>21,966</i>
Fundraising	3,000	-	3,000	1,916
Unrestricted				
Restricted	-	-	-	129
Total resources expended	<u>35,146</u>	<u>2,169</u>	<u>37,315</u>	<u>26,259</u>
<i>2021 analysis</i>	<i>24,079</i>	<i>2,180</i>		<i>26,259</i>

6 Support Costs	Unrestricted funds	Restricted funds	2022	2021
			£	£
Depreciation & amortisation	642	-	642	642
Bank interest payable	-	-	-	-
Office & admin	66	710	776	823
Governance (note 7)	738	13	751	715
	<u>1,446</u>	<u>723</u>	<u>2,169</u>	<u>2,180</u>
<i>2021 analysis</i>	<i>2,115</i>	<i>65</i>		<i>2,180</i>

7 Governance Costs	2022	2021
	£	£
Independent examiners fee	738	615
Accountancy	-	100
Legal fees	13	-
	<u>751</u>	<u>715</u>

SOCIAL TRAINING ACTIVITIES AND RECREATIONAL SPORT LIMITED

**NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31 MARCH 2022 (CONTINUED)**

8a Intangible Fixed Assets	<u>Intellectual</u>	
	<u>Property</u>	Total
Cost:		
	£	£
As 1 April 2021	3,000	3,000
Additions	-	-
As at 31 March 2022	<u>3,000</u>	<u>3,000</u>
Amortisation:		
As 1 April 2021	600	600
Charge for the year	600	600
As at 31 March 2022	<u>1,200</u>	<u>1,200</u>
Net Book Value:		
As at 31 March 2021	<u>2,400</u>	<u>2,400</u>
As at 31 March 2022	<u>1,800</u>	<u>1,800</u>
8b Tangible Fixed Assets		
Cost:	<u>Plant & Machinery</u>	Total
	£	£
As 1 April 2021	2,798	2,798
Disposals	- 2,560	- 2,560
As at 31 March 2022	<u>239</u>	<u>239</u>
Depreciation:		
As 1 April 2021	2,610	2,610
Charge for the year	42	42
Disposal	- 2,560	- 2,560
As at 31 March 2022	<u>92</u>	<u>92</u>
Net Book Value:		
As at 31 March 2021	<u>188</u>	<u>188</u>
As at 31 March 2022	<u>146</u>	<u>146</u>
9 Debtors	2022	2021
	£	£
Trade debtors	-	-
Sundry debtors & prepayments	2,500	-
	<u>2,500</u>	<u>-</u>
10 Creditors: Amounts falling due within one year	2022	2021
	£	£
Trade creditors	2,243	1,835
Accruals	1,728	615
Other creditors	3,840	-
	<u>7,811</u>	<u>2,450</u>

SOCIAL TRAINING ACTIVITIES AND RECREATIONAL SPORT LIMITED

**NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31 MARCH 2022 (CONTINUED)**

11 Wages and Salaries

The charity no longer employs any members of staff.

12 Trustees and Related Party Transactions

None of the Trustees have been paid any remuneration in their role as a Trustee in respect of the year ended 31 March 2022. However, the following have been paid remuneration or received other benefits as a worker/supplier for the charity in accordance with the Memorandum and Articles of Association:

	2022	2021
Educ8 Business Consultancy Ltd	748	990
Sportfit Programmes Ltd	2,980	5,910
Cre8 Music Education Ltd	3,200	1,900
Educ8 Coventry & Warwickshire Ltd	200	-
Educ8 Liverpool Ltd	2,006	-
	<u>9,134</u>	<u>8,800</u>

Trustees Jevon Payne and Timothy Warner are directors of Educ8 Business Consultancy Ltd and Sportfit Programmes Ltd. Timothy Warner is a director of Educ8 Coventry & Warwickshire Ltd. Neil Prince is a director of Educ8 Liverpool Ltd. The wife of Trustee Jevon Payne is a director of Cre8 Music Education Ltd.

During the year the Trustees and Related Parties have made donations to the Charity without attached conditions of £10,000 (2021: nil). No donations were made by Trustees and Related Parties with conditions

13 Movement in funds	01 Apr 2021	Incoming Resources	Outgoing Resources	Transfers	31 Mar 2022
	£	£	£	£	£
Unrestricted:					
Capital fund (designated)	2,589	-	642	-	1,947
Free reserves	1,984	13,361	3,907	(835)	10,603
	<u>4,573</u>	<u>13,361</u>	<u>4,549</u>	<u>(835)</u>	<u>12,550</u>
Restricted:					
Henry Smith	8,981	9,900	16,537	-	2,344
ESF Community Grant	612	-	-	(612)	-
Awards for All	5,364	-	5,364	-	(0)
LCC Community Grant	(781)	2,000	1,219	-	0
Rothley Trust	969	-	72	-	897
DWF Foundation	2,500	-	-	-	2,500
The 29th May Charitable Trust	-	4,000	656	-	3,344
The Sheldon Trust	-	5,977	527	-	5,450
The PCC for Leicestershire	-	9,880	5,783	-	4,097
Workers Educational Association	-	1,160	2,607	1,447	-
	<u>17,645</u>	<u>32,917</u>	<u>32,766</u>	<u>835</u>	<u>18,632</u>
Total funds	<u>22,218</u>	<u>46,278</u>	<u>37,315</u>	<u>-</u>	<u>31,181</u>

The Capital Fund represents the net book value of the fixed assets of the charity and is not freely available for use unless the asset is sold.

**NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31 MARCH 2022 (CONTINUED)**

13 Movement in Funds (cont)**Funders & Funding**

All funding granted during the year from the funders below has been used by STARS to focus on their Stepping Stone Programme which aims to support vulnerable young people from NEET (Not in Education, Employment, or Training) to EET (Education, Employment, or Training).

Henry Smith Foundation

Provide grants to enable organisations to work with people to reduce social and economic disadvantage.

Awards for All

National Lottery Community Funding.

Leicestershire County Council (LCC) Community Grant

Provide support to voluntary and community sector groups, charities and social enterprises. The fund is overspent at the year end, but top-up funding received after the year end to cover this and further costs.

Rothley Trust

Gives small grants to assist groups with charitable work in the north east, focusing on the needs of children and young people in areas of disadvantage.

DWF Foundation

Provides funds, resources and mentoring support to help individuals, groups and communities to achieve their full potential. The start date has been delayed due to staffing issues. This has been agreed with the funder.

The 29th May Charitable Trust

Supporting year 11 learners at risk of becoming NEET in the Coventry area.

The Sheldon Trust

Supporting year 11 learners at risk of becoming NEET in the Coventry area.

The (Police & Crime Commissioner) PCC for Leicestershire

Supporting young people in disadvantaged areas of Leicester.

Workers Educational Association

Supporting young people in disadvantaged areas of Liverpool. However, the programme did not run due to complications with staff and COVID

14 Analysis of net assets between funds

Fund balances at 31 March 2021:	Free reserves	Capital fund	Restricted funds	Total 2022	Total 2021
Fixed Assets	-	1,946	-	1,946	2,589
Net current assets	10,603	-	18,632	29,235	19,629
	<u>10,603</u>	<u>1,946</u>	<u>18,632</u>	<u>31,181</u>	<u>22,218</u>

15 Controlling Interest

The company is controlled by the trustees / directors.

16 Share Capital

The company is limited by guarantee and therefore has no share capital. The members have agreed to contribute to the assets in the event of winding up to an amount not exceeding £1.

SOCIAL TRAINING ACTIVITIES AND RECREATIONAL SPORT LIMITED

**DETAILED INCOME AND EXPENDITURE ACCOUNT
YEAR ENDED 31 MARCH 2022**

	Unrestricted funds	Restricted funds	2021 £	Unrestricted funds	Restricted funds	2020 £
Donations & gift aid	12,700	-	12,700	46	-	46
Donated goods / services	655	-	655	888	-	888
Henry Smith Foundation	-	9,900	9,900	-	9,900	9,900
ESF	-	-	-	-	3,903	3,903
LCC Community Grant	-	2,000	2,000	-	10,000	10,000
Rothley Trust	-	-	-	-	1,000	1,000
DWF Foundation	-	-	-	-	2,500	2,500
The 29th May Charitable Trust	-	4,000	4,000	-	-	-
The Sheldon Trust	-	5,977	5,977	-	-	-
The PCC for Leicestershire	-	9,880	9,880	-	-	-
Workers Educational Association	-	1,160	1,160	-	-	-
Bank interest	6	-	6	3	-	3
	13,361	32,917	46,278	937	27,303	28,240
Coaching (subcontractors) & resources	78	20,514	20,592	-	19,904	19,904
E-learning	-	-	-	-	1,200	1,200
Fundraising	3,000	-	3,000	1,916	129	2,045
Uniforms	26	182	207	133	41	174
Office & administration	-	256	256	758	121	879
Staff Recruitment & Training	66	80	146	-	-	-
Travel costs	-	131	131	-	-	-
Subsistence	-	83	83	-	-	-
Venue hire	-	11,347	11,347	-	700	700
Membership subscriptions	-	161	161	-	-	-
Bank interest payable	-	-	-	-	-	-
Legal & professional fees	-	13	13	-	-	-
Independent examination	738	-	738	615	-	615
Accountancy	-	-	-	100	-	100
Depreciation	42	-	42	42	-	42
Amortisation	600	-	600	600	-	600
	4,549	32,766	37,315	4,164	22,095	26,259
Net Income (deficit) for the year	8,812	152	8,963	(3,227)	5,208	1,981



Case Study 2021-2022 – JR

When I first started working with JR he was not in education or employment, he was rarely leaving the house, he suffered from insomnia and anxiety. He was waiting on an assessment with CAMHS to see if he had ADHD/ASD. He had attended one day at a college, which was six months ago.

JR said "I found the school environment too chaotic, the challenges I faced everyday sent my anxiety through the roof. I missed so much school, eventually they let me have all my lessons away from the main school with six others who had additional needs. I managed to do my GCSE's and I got a place at college. I never visited the college until my first day. I was so anxious; I had a panic attack on the way and whilst at college felt totally out of my depth. I could not wait for the day to end. When I think about that day it still causes me great anxiety."

The first few sessions working with JR, I encouraged him to come out of the house, we would go for walks and talk through his anxieties. We looked at ways to help with his sleeping and having a healthier lifestyle. Together we applied for an EHCP, to ensure once he was ready to attend college the support would be in place. We looked through courses at a local college and I took him there on two occasions, one to meet the pastoral team and two to meet the tutors. We also practised going on the bus, so that he was prepared for the induction days. During the summer we did a variety of activities, all to build up his confidence and social skills, we did bike riding in groups, go-karting, air rifle shooting, walks etc. JR said "By the end of the summer I was really looking forward to starting college. I was managing to sleep and feeling a lot less anxious."

JR has attended college every day, when we meet up, he can't wait to tell me what he has been up to.

JR said "I cannot believe I am where I am, I never thought I would cope with college. Yes, some days my anxiety can be tricky but having the routine of college and the support of my STARS worker I'm in such a better place."