

DISABILITY SPORTS COACH

England & Wales · Charity number 1150294

Details

Other names	DSC
Status	Registered
Legal form	Charitable company
Company number	08045641
Registered	2012-12-27
Register	View on the Charity Commission register

Contact

Address	House of Sport Marathon House 190 Great Dover Street London SE1 4YB
Phone	07971957898
Email	peter@disabilitysportscoach.co.uk
Website	www.disabilitysportscoach.co.uk

Activities

Objects: THE TRUSTEES SHALL HOLD OR APPLY THE CAPITAL AND INCOME OF THE CHARITY FOR THE ADVANCEMENT OF HEALTH, EDUCATION AND AMATEUR SPORT THE ADVANCEMENT OF WHICH PROMOTE HEALTH BY INVOLVING PHYSICAL OR MENTAL SKILL OR EXERTION BY MEANS INCLUDING THE PROVISION OF:(A) SPORTS COACHING TO DISABLED PEOPLE FROM GRASS ROOTS TO INTERNATIONAL LEVEL;(B) TRAINING AND MENTORING TO SPORT LEADERS AND COACHES INCLUDING SUPPORTING DISABLED PEOPLE WHO WISH TO BECOME COACHES;(C) TRAINING IN ADAPTED SPORTS AND DISABILITY AWARENESS ACROSS ALL THE IMPAIRMENT GROUPS THROUGHOUT THE UK; AND(D) OFFICIALS AND ASSISTANCE TO THOSE RUNNING SPORTING EVENTS FOR THE DISABLED.(THE "OBJECTS")

Activities: ? maximise access and provision of disabled sports across the UK;? raise awareness of the sporting opportunities for people with disabilities;? raise awareness of the sporting possibilities for the disabled amongst the able bodied community.

Classification

- **How:** Provides Human Resources, Provides Buildings/facilities/open Space, Provides Services
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives, Disability, Amateur Sport
- **Who:** People With Disabilities

Geography

- **Area of benefit:** ENGLAND AND WALES
- Throughout England And Wales

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£400,806	£442,260	-	-
2024-03-31	£486,711	£428,579	-	-
2023-03-31	£468,491	£464,411	-	-
2022-03-31	£433,688	£415,673	-	-
2021-03-31	£439,308	£342,770	-	-

Trustees

Name	Role	Appointed
Karen Sorab OBE	Chair	2022-01-20
Agneta Bamanian		2021-02-01
CHRISTOPHER MICHAEL MOUNSEY-THEAR		2012-10-26
Chris Randall		2018-05-10
Meagan Leggett		2022-01-24
Phil Lloyd		2025-02-11
Sam Vardy		2021-02-01
Tim Copley		2025-02-06

DISABILITY SPORTS COACH

England & Wales - Charity number 1150294

Accounts

Company registration number: 08045641

Charity registration number: 1150294

Disability Sports Coach

(A company limited by guarantee)

Annual Report and Financial Statements

for the Year Ended 31 March 2025



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**CHARTERED ACCOUNTANTS
& BUSINESS ADVISERS**

Disability Sports Coach

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Disability Sports Coach

Reference and Administrative Details

Trustees: K E Sorab OBE
S Vardy
A Bamania
M Leggett
C D Randall
C M Mounsey-Thear
A M Bhuta (appointed 6 February 2025 and resigned 3 October 2025)
T J Copley (appointed 6 February 2025)
P Lloyd (appointed 11 February 2025)

Secretary P M Ackred

Charity Registration Number 1150294

Company Registration Number 08045641

Registered Office The charity is incorporated in England and Wales.
Marathon Building
C/O House of Sport
190 Great Dover Street
London
SE1 4YB

Independent Examiner Westcotts (SW) LLP
47 Boutport Street
Barnstaple
Devon
EX31 1SQ

Disability Sports Coach

Trustees' Report

The trustees, who are directors for the purposes of company law, present the annual report together with the financial statements of the charitable company for the year ended 31 March 2025.

The accounts have been prepared in accordance with the accounting policies set out in note 1 of the accounts, and comply with the Charity's governing document, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective January 2021)".

The main objectives of Disability Sports Coach (DSC) are to:

- Maximise access to and provision of disabled sports across the UK.
- Raise awareness of the need for sporting, physical activity and social opportunities for disabled people.
- Raise awareness of the sporting, physical activity and social possibilities for disabled people to become active.

The Trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the Charity should undertake.

On behalf of the Board, we would like to thank the staff for their continuous dedicated support of the Charity's work. We would also like to extend our gratitude to our invaluable volunteers and funders who continually support our cause.

Disability Sports Coach

Trustees' Report

Message from our Chair



As Chair of Trustees, I am honoured to reflect on a year of remarkable progress and profound impact at Disability Sports Coach.

Our mission to enhance lives through the power of sport has never felt more urgent or more inspiring. This year, we've seen disabled people across the capital empowered to participate, connect, and thrive. From new Community Clubs to inclusive coaching programmes, our work continues to break down barriers and build lasting change.

Behind every achievement are passionate individuals, including our staff, volunteers, partners, and fellow trustees, who dedicate themselves to our success. I extend my heartfelt thanks to each of you for your unwavering commitment.

We remain focused on the future: expanding our reach, strengthening our partnerships, and ensuring that every disabled person has access to inclusive, high-quality opportunities to be active and belong.

Together, we are building a more inclusive society, one where sport is a catalyst for confidence, community, and change.

K E Sorab OBE
Chair of Trustees
Disability Sports Coach

Disability Sports Coach

Trustees' Report

Message from our CEO



As we reflect on the past year, I am proud to share the remarkable progress Disability Sports Coach has made in empowering, educating, and enriching the lives of disabled people through sport and physical activity.

Our strategy, *Enhancing Lives*, continues to guide everything we do. From expanding our Community Clubs to delivering inclusive training programmes and specialist coaching services, we have seen firsthand the transformative impact of our work.

The stories of individuals who grew in confidence and resilience through our sessions remind us why our mission matters.

This year, we've reached more participants than ever before, launched new clubs in Brent and Merton, and strengthened our partnerships with organisations like Nike, Sport England, local councils, and schools. These collaborations have enabled us to break down barriers, create inclusive environments, and build a more representative workforce.

I want to thank our dedicated staff, volunteers, trustees, and partners for their unwavering commitment. Your passion and belief in our mission make everything we achieve possible.

Looking ahead, we remain focused on expanding our reach, deepening our impact, and ensuring that every disabled person has the opportunity to thrive through sport.

Together, we are enhancing lives.

Peter Ackred
Chief Executive Officer
Disability Sports Coach

Disability Sports Coach

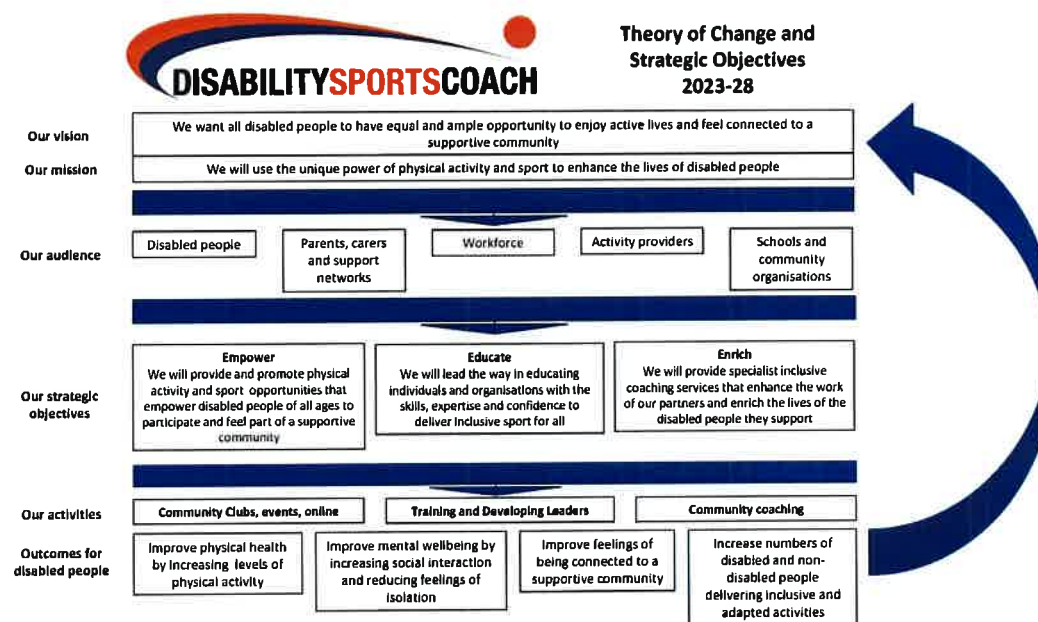
Trustees' Report

Our Strategy: Enhancing Lives

Our Charity has a single mission; we use the unique power of sport and physical activity to enhance the lives of disabled people.

Our Strategy, Enhancing Lives, was launched in April 2023 and outlines three key objectives to deliver this mission.

1. **Empower** disabled people of all ages to participate in sport and feel part of a supportive community
2. **Educate** individuals and organisations with the skills, expertise and confidence to deliver inclusive activities for all
3. **Enrich** the lives of disabled people by providing specialist services that enhance the work of our partners



Disability Sports Coach

Trustees' Report

Objective 1: Empower

We will provide and promote physical activity and sport opportunities that empower disabled people of all ages to participate and feel part of a supportive community.

How do we do this?

- Our weekly Community Clubs across London bring disabled people together to get active, meet friends and feel part of the community. Sessions are run during school term-time by specialist coaches and supported by incredible volunteers.
- Our free Active at Home sessions include online dance, yoga and online quizzes, providing more opportunities for people to get active and engage with others.

Key highlights:

- We reached 317 unique participants across our Community Clubs – up from 215 the previous year, an increase of 47%.
 - Thanks to our fantastic partners, we established two new Community Clubs in London:
 - Our first ever club dedicated to disabled girls, launched in Brent in partnership with Nike.
 - Our first club in Merton, launched in partnership with the local council and the Tim Henman Foundation.
- We were thrilled to welcome Team GB Paralympian and Strictly Come Dancing Star Ellie Simmonds to Community Club Brent! Ellie joined us in her role as Ambassador for Sure's|Breaking Limits Programme, which provides training resources for coaches and supports young people to get more active.

What's next?

- Increase the reach of our Community Clubs through new initiatives and partnerships
- Provide a high-quality experience for all disabled people and their supporters at all Community Clubs
- Respond to the needs of our communities by delivering accessible physical activity and sports wherever needed – such as events, holiday programmes and online sessions
- Work with partners to promote opportunities for disabled people to participate in more activities in the community



Disability Sports Coach

Trustees' Report

Objective 2: Educate

We will lead the way in educating individuals and organisations with the skills, expertise and confidence to deliver inclusive physical activity and sport for all.

How do we do this?

- Deliver training programmes to increase the number of appropriately skilled individuals who can deliver more inclusive activities for disabled people and improve existing services.
- Train and mentor disabled people to become volunteers, sports coaches and community leaders with access to fulfilling employment opportunities.
- Our training courses are accredited by CIMSPA (The Chartered Institute for the Management of Sport and Physical Activity), highlighting our commitment to delivering high-quality education.

Key highlights:

- Our team trained 175 people, giving them the skills and confidence to adapt activities so disabled people aren't excluded.
- Thanks to our incredible partners at Nike, we delivered another successful Inclusive Activity Leaders programme. This programme trained 25 disabled and non-disabled people to become fully qualified sports coaches, breaking down barriers to employment and creating a more representative workforce.
- Our team joined Nike to share our experiences of training inclusive sports coaches on the global stage at the 2024 Paris Paralympics.



What's next?

- Continue our innovative partnership with Nike to deliver the Inclusive Activity Leaders programme, training more disabled and non-disabled sports coaches.
- Continue to educate coaches, volunteers, teachers and organisations, to make activities inclusive for all.

Disability Sports Coach

Trustees' Report

Objective 3: Enrich

We will provide specialist inclusive coaching services that enhance the work of our partners and enrich the lives of the disabled people they support.

How do we do this?

- Deliver accessible physical activity and sports coaching sessions with a range of community partners supporting disabled people of all ages and backgrounds

Key highlights:

- We partnered with Nike to deliver the Paralympic Roadshow, delivering inclusive sport sessions in schools across London. The programme reached 1,125 schoolchildren, building accessibility habits from an early age.
- Thanks to Nike, Paralympian legend Sophie Hahn joined us at College Park School, Westminster. Sophie led sprinting games and joined in with disability football using an audible ball.
- Our specialist inclusive coaches provided accessible sports sessions for 330 people from ages 5 to 65.

Last term, when Disability Sports Coach joined us, we noticed a real difference in Laura and her attitude to sport. Gradually, she began to take part more actively and enthusiastically, enjoying the mindful and inclusive activities. Laura started taking part more in teamwork exercises, communicating with her peers. It was a joy to see her smiling and fully participating with her classmates. She grew in confidence and is more resilient both in and out of class - a real success story."

Emma Bonnin, Headteacher, Pakeman Primary School



Disability Sports Coach

Trustees' Report

What's next?

- Work more closely with disability organisations and community partners to improve and increase the provision of inclusive sport opportunities for disabled children and young people.

Fundraising

We are hugely grateful to the following Trusts, Foundations and Donors for their support throughout the year, including but not limited to:

Beyond Sport and Sure - Breaking Limits Programme
Brent Council
Charities Aid Foundation
Charterhouse in Southwark
Childwick Trust
Hackney Council
Henry Smith Foundation
London Sport
Lululemon
Masonic Charitable Foundation
MIGSO - PCubed
Nike
Royal Borough of Kensington and Chelsea
Sporting Chance Prize Draw
Team London Bridge
Tim Henman Foundation
Wimbledon Foundation

Governance and Financial Review

As we continually develop, it is vitally important that we review our Governance Code to make sure that it is up to date and compliant with any new and changing charity guidance.

Financial review

During the year, the charity received income totalling £400,806 (2024: £486,711), of this income £208,799 (2024: £175,346) related to unrestricted income and £192,007 (2024: £311,365) related to restricted income.

Expenditure totalled £442,260 (2024: £428,579) with £272,974 (2024: £258,649) relating to unrestricted expenses and £169,286 (2024: £169,930) relating to restricted expenditure.

As at 31st March, total reserves held were £168,782 (2024: £210,236), of these funds £99,228 (2024: £119,346) were restricted.

Reserves and Ongoing Concerns

Reserves are needed to bridge the gap between expenditure and income. The Trustees consider the ideal unrestricted reserves level (as at 31st March 2025) to be 3 months of operating costs. At the end of 2024/25, our free reserves were £66,717, which represents just over 3 months of the charity's operating costs. During times of uncertainty, we may seek to hold more unrestricted reserves, if possible, to allow the Charity to deliver its objectives, given that income can be unpredictable for charities like ours.

Disability Sports Coach

Trustees' Report

Trustees Recruitment

Over 2024/25, we conducted a search for new trustees to join our board. We successfully recruited 3 new trustees to our board in January 2025, filling the skills gap identified in 2023/24.

Trustee Induction Policy and Procedures

All new trustees follow our Trustee induction recruitment policy and procedures, which include DBS checks, Trustee and safeguarding training and meetings with key senior staff and board members to support them in understanding their role as a trustee and provide further guidance on our charity.

Future Priorities

Structure, Governance and Management

The Charity is a company that is limited by guarantee and does not have share capital. The liability of members is limited. Every member of the company undertakes to contribute to the assets of the company if it is wound up whilst they are members, or within one year of ceasing to be a member, and such accounts are limited to £1.00.

Supplier Payment Policy

The Charity's current policy concerning the payment of trade creditors is to follow the CBI's Prompt Payers Code (copies are available from the CBI, Centre Point, 103 New Oxford Street, London WC1A 1DU).

The Charity's current policy concerning the payment of trade creditors is to:

- settle the terms of payment with suppliers when agreeing on the terms of each transaction;
- ensure that suppliers are made aware of the terms of payment by inclusion of the relevant terms in contracts; and
- pay in accordance with the Charity's contractual and other legal obligations.

Trade creditors of the Charity at the year-end were equivalent to 30 days' purchases, based on the average daily amount invoiced by suppliers during the year.

None of the Directors of the Company (who are also Trustees of the Charity) are remunerated for their work. The day-to-day management is carried out by the Chief Executive (P Ackred). The Trustees provide regular support for the Chief Executive.

Statement of trustees' responsibilities

The trustees (who are also the directors of Disability Sports Coach for the purposes of company law) are responsible for preparing the trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice), including FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland". The report and accounts have been prepared in accordance with the provisions in the Companies Act 2006 relating to small companies.

Company law requires the trustees to prepare financial statements for each financial year. Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including its income and expenditure, of the charitable company for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;

Disability Sports Coach

Trustees' Report

- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards, comprising FRS 102 have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records that can disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Small companies provision statement

This report has been prepared in accordance with the small companies regime under the Companies Act 2006.

The annual report was approved by the trustees of the charity on ^{16/12/2025}..... and signed on its behalf by:

Karen Sorab

.....
K E Sorab OBE
Trustee

Disability Sports Coach

Independent Examiner's Report to the trustees of Disability Sports Coach ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2025.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.


Independent examiner's statement

Since the Company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of , which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of Disability Sports Coach as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.


Catherine Williams FCA DChA
Independent Examiner
Westcotts (SW) LLP
47 Boutport Street
Barnstaple
Devon
EX31 1SQ

Date: 17 December 2025

Disability Sports Coach

Statement of Financial Activities for the Year Ended 31 March 2025 (Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

	Note	Unrestricted funds £	Restricted funds £	Total 2025 £	Total 2024 £
Income and Endowments from:					
Donations and legacies	3	102,283	-	102,283	107,722
Charitable activities	4	96,711	192,007	288,718	372,374
Investment income	5	9,805	-	9,805	6,615
Total income		<u>208,799</u>	<u>192,007</u>	<u>400,806</u>	<u>486,711</u>
Expenditure on:					
Raising funds	6	(21,137)	-	(21,137)	(17,134)
Charitable activities	7	(251,837)	(169,286)	(421,123)	(411,445)
Total expenditure		<u>(272,974)</u>	<u>(169,286)</u>	<u>(442,260)</u>	<u>(428,579)</u>
Net (expenditure)/income		(64,175)	22,721	(41,454)	58,132
Transfers between funds		<u>42,839</u>	<u>(42,839)</u>	<u>-</u>	<u>-</u>
Net movement in funds		(21,336)	(20,118)	(41,454)	58,132
Reconciliation of funds					
Total funds brought forward		<u>90,890</u>	<u>119,346</u>	<u>210,236</u>	<u>152,104</u>
Total funds carried forward	17	<u><u>69,554</u></u>	<u><u>99,228</u></u>	<u><u>168,782</u></u>	<u><u>210,236</u></u>

All of the charity's activities derive from continuing operations during the above two periods.
The funds breakdown for 2024 is shown in note 17.

The notes on pages 15 to 25 form an integral part of these financial statements.

Disability Sports Coach

(Registration number: 08045641)
Balance Sheet as at 31 March 2025

	Note	2025 £	2024 £ (as restated)
Fixed assets			
Tangible assets	13	2,657	1,887
Current assets			
Debtors	14	29,877	24,678
Cash at bank and in hand	15	<u>160,665</u>	<u>204,947</u>
		190,542	229,625
Creditors: Amounts falling due within one year	16	<u>(24,417)</u>	<u>(21,276)</u>
Net current assets		<u>166,125</u>	<u>208,349</u>
Net assets		<u>168,782</u>	<u>210,236</u>
Funds of the charity:			
Restricted income funds			
Restricted funds		99,228	119,346
Unrestricted income funds			
Unrestricted funds		<u>69,554</u>	<u>90,890</u>
Total funds	17	<u>168,782</u>	<u>210,236</u>

For the financial year ending 31 March 2025 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the charity to obtain an audit of its accounts for the year in question in accordance with section 476; and
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These financial statements have been prepared in accordance with the special provisions relating to companies subject to the small companies regime within Part 15 of the Companies Act 2006.

The financial statements on pages 13 to 25 were approved by the trustees, and authorised for issue on 16/12/2025 and signed on their behalf by:

Karen Sorab

.....
K E Sorab OBE
Trustee

The notes on pages 15 to 25 form an integral part of these financial statements.

Disability Sports Coach

Notes to the Financial Statements for the Year Ended 31 March 2025

1 Charity status

The charity is limited by guarantee, incorporated in England and Wales, and consequently does not have share capital. Each of the trustees is liable to contribute an amount not exceeding £1 towards the assets of the charity in the event of liquidation.

The address of its registered office is:

Marathon Building
C/O House of Sport
190 Great Dover Street
London
SE1 4YB

2 Accounting policies

Summary of significant accounting policies and key accounting estimates

The principal accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all the years presented, unless otherwise stated.

Statement of compliance

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)) (issued in October 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Basis of preparation

Disability Sports Coach meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes. The financial statements are prepared in sterling which is the functional currency of the charity.

Going concern

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern nor any significant areas of uncertainty that affect the carrying value of assets held by the charity.

Exemption from preparing a cash flow statement

The charity opted to adopt Bulletin 1 published on 2 February 2016 and have therefore not included a cash flow statement in these financial statements.

Disability Sports Coach

Notes to the Financial Statements for the Year Ended 31 March 2025

Prior period errors

The prior period figures have been amended to update the allocation of expenditure between restricted and unrestricted expenditure. There was no impact to the overall financial position of the charity.

Income and endowments

All income is recognised once the charity has entitlement to the income, it is probable that the income will be received and the amount of the income receivable can be measured reliably.

Donations and legacies

Donations are recognised when the charity has been notified in writing of both the amount and settlement date. In the event that a donation is subject to conditions that require a level of performance by the charity before the charity is entitled to the funds, the income is deferred and not recognised until either those conditions are fully met, or the fulfilment of those conditions is wholly within the control of the charity and it is probable that these conditions will be fulfilled in the reporting period.

Investment income

Dividends are recognised once the dividend has been declared and notification has been received of the dividend due.

Expenditure

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

Raising funds

These are costs incurred in attracting voluntary income, the management of investments and those incurred in trading activities that raise funds.

Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Support costs

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, for example, allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.

Disability Sports Coach

Notes to the Financial Statements for the Year Ended 31 March 2025

Taxation

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

Tangible fixed assets

Individual fixed assets are initially recorded at cost, less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

Depreciation and amortisation

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

Asset class	Depreciation method and rate
Furniture and fittings	5 years straight line
IT equipment	3 years straight line
Sports equipment	3 years straight line

Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

Fund structure

Unrestricted income funds are general funds that are available for use at the trustees discretion in furtherance of the objectives of the charity.

Restricted income funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

Financial instruments

Classification

Financial assets and financial liabilities are recognised when the charity becomes a party to the contractual provisions of the instrument.

Financial liabilities and equity instruments are classified according to the substance of the contractual arrangements entered into. An equity instrument is any contract that evidences a residual interest in the assets of the charity after deducting all of its liabilities.

Disability Sports Coach

Notes to the Financial Statements for the Year Ended 31 March 2025

Recognition and measurement

All financial assets and liabilities are initially measured at transaction price (including transaction costs), except for those financial assets classified as at fair value through profit or loss, which are initially measured at fair value (which is normally the transaction price excluding transaction costs), unless the arrangement constitutes a financing transaction. If an arrangement constitutes a financing transaction, the financial asset or financial liability is measured at the present value of the future payments discounted at a market rate of interest for a similar debt instrument.

3 Income from donations and legacies

	Unrestricted funds General £	Total 2025 £
Grants receivable	84,447	84,447
Donations and gifts	17,836	17,836
	<u>102,283</u>	<u>102,283</u>

	Unrestricted funds General £	Total 2024 £
Grants receivable	70,744	70,744
Donations and gifts	36,978	36,978
	<u>107,722</u>	<u>107,722</u>

4 Income from charitable activities

	Unrestricted funds General £	Restricted funds £	Total 2025 £
Coaching	65,428	25,168	90,596
Training courses	7,885	5,584	13,469
Community clubs	23,398	80,255	103,653
Sport England	-	81,000	81,000
	<u>96,711</u>	<u>192,007</u>	<u>288,718</u>

Disability Sports Coach

Notes to the Financial Statements for the Year Ended 31 March 2025

	Unrestricted funds General £	Restricted funds £	Total 2024 £
Coaching	44,671	15,640	60,311
Training courses	8,325	760	9,085
Community clubs	8,013	155,905	163,918
Inclusive activity leaders	-	58,060	58,060
Sport England	-	81,000	81,000
	61,009	311,365	372,374

5 Investment income

	Unrestricted funds General £	Total 2025 £
Interest receivable on bank deposits	9,805	9,805
	Unrestricted funds General £	Total 2024 £
Interest receivable on bank deposits	6,615	6,615

6 Expenditure on raising funds

a) Costs of generating donations and legacies

	Note	Unrestricted funds General £	Total 2025 £
Staff Costs		17,930	17,930
Allocated support costs	8	3,207	3,207
		21,137	21,137
	Note	Unrestricted funds General £	Total 2024 £
Staff Costs		14,185	14,185
Allocated support costs	8	2,949	2,949
		17,134	17,134

Disability Sports Coach

Notes to the Financial Statements for the Year Ended 31 March 2025

7 Expenditure on charitable activities

	Unrestricted funds General £	Restricted funds £	Total 2025 £
Access to Work	17,816	-	17,816
Coaching	92,902	15,859	108,761
Training Courses	6,832	31	6,863
Community Clubs	62,830	56,092	118,922
Inclusive Activity Leaders	34,646	39,065	73,711
Sport England	36,811	58,239	95,050
	<u>251,837</u>	<u>169,286</u>	<u>421,123</u>
	Unrestricted funds General £	Restricted funds £	Total 2024 £
Access to Work	11,334	-	11,334
Coaching	73,211	2,493	75,704
Training Courses	3,537	600	4,137
Community Clubs	45,336	60,724	106,060
Inclusive Activity Leaders	8,369	11,527	19,896
Sport England	99,729	94,585	194,314
	<u>241,516</u>	<u>169,929</u>	<u>411,445</u>

	Activity undertaken directly £	Staff costs £	Activity support costs £	2025 £	2024 £
Access to Work	6,989	8,444	2,383	17,816	11,334
Coaching	41,635	52,349	14,777	108,761	75,704
Training Courses	2,533	3,377	953	6,863	4,137
Community Clubs	33,254	71,844	13,824	118,922	106,060
Inclusive Activity Leaders	16,088	49,996	7,627	73,711	19,896
Sport England	6,421	80,525	8,104	95,050	194,314
	<u>106,920</u>	<u>266,535</u>	<u>47,668</u>	<u>421,123</u>	<u>411,445</u>

Disability Sports Coach

Notes to the Financial Statements for the Year Ended 31 March 2025

8 Analysis of support costs

Support costs allocated to charitable activities

	Raising funds £	Access to work £	Coaching £	Training Courses £	Community Clubs £	Inclusive Activity Leaders £	Sport England £	Total 2025 £	Total 2024 £
Advertising & Promotions	129	96	595	38	556	307	326	2,047	133
Rent	439	326	2,023	131	1,893	1,044	1,109	6,965	5,644
Travel & subsistence	29	21	132	8	123	68	72	453	101
Printing, postage and stationery	2	1	8	1	8	4	5	29	18
Telephone	85	63	390	25	365	201	214	1,343	1,109
IT Software & Consumables	545	405	2,512	162	2,349	1,296	1,377	8,646	9,725
Insurance	810	602	3,731	241	3,490	1,926	2,046	12,846	8,117
Subscriptions & Memberships	40	29	182	12	171	94	100	628	356
General Expenses	219	163	1,012	65	947	522	555	3,483	2,559
Professional Fees (Inc Accountancy)	738	549	3,403	220	3,183	1,756	1,866	11,715	2,870
Bank charges	52	39	240	15	224	124	132	826	-
Depreciation Charge	119	89	550	35	515	284	302	1,894	2,028
	<u>3,207</u>	<u>2,383</u>	<u>14,778</u>	<u>953</u>	<u>13,824</u>	<u>7,626</u>	<u>8,104</u>	<u>50,875</u>	<u>32,660</u>

Disability Sports Coach

Notes to the Financial Statements for the Year Ended 31 March 2025

9 Net incoming/outgoing resources

Net (outgoing)/incoming resources for the year include:

	2025	2024
	£	£
Depreciation of fixed assets	<u>1,894</u>	<u>1,845</u>

10 Trustees remuneration and expenses

No trustees, nor any persons connected with them, have received any remuneration from the charity during the year.

No trustees have received any reimbursed expenses or any other benefits from the charity during the year.

11 Staff costs

The aggregate payroll costs were as follows:

	2025	2024
	£	£
Staff costs during the year were:		
Wages and salaries	256,523	265,053
Social security costs	22,471	22,104
Pension costs	<u>5,471</u>	<u>5,711</u>
	<u>284,465</u>	<u>292,868</u>

The monthly average number of persons (including senior management / leadership team) employed by the charity during the year was as follows:

	2025	2024
	No	No
Employees	<u>7</u>	<u>8</u>

The number of employees whose emoluments fell within the following bands was:

	2025	2024
	No	No
£70,001 - £80,000	<u>1</u>	<u>1</u>

The key management personnel of the charity comprise the Trustees and Chief Executive Officer. The total remuneration of the key management personnel of the charity was £80,739 (2024: £79,729).

Disability Sports Coach

Notes to the Financial Statements for the Year Ended 31 March 2025

12 Taxation

The charity is a registered charity and is therefore exempt from taxation.

13 Tangible fixed assets

	Furniture and equipment £	Total £
Cost		
At 1 April 2024	11,905	11,905
Additions	<u>2,664</u>	<u>2,664</u>
At 31 March 2025	<u>14,569</u>	<u>14,569</u>
Depreciation		
At 1 April 2024	10,018	10,018
Charge for the year	<u>1,894</u>	<u>1,894</u>
At 31 March 2025	<u>11,912</u>	<u>11,912</u>
Net book value		
At 31 March 2025	<u>2,657</u>	<u>2,657</u>
At 31 March 2024	<u>1,887</u>	<u>1,887</u>

14 Debtors

	2025 £	2024 £
Trade debtors	26,109	20,270
Prepayments	<u>3,768</u>	<u>4,408</u>
	<u>29,877</u>	<u>24,678</u>

15 Cash and cash equivalents

	2025 £	2024 £
Cash at bank	<u>160,665</u>	<u>204,947</u>

Disability Sports Coach

Notes to the Financial Statements for the Year Ended 31 March 2025

16 Creditors: amounts falling due within one year

	2025 £	2024 £
Trade creditors	13,817	13,678
Other taxation and social security	7,004	6,208
Other creditors	1,150	1,061
Accruals	2,446	329
	<u>24,417</u>	<u>21,276</u>

17 Funds

	Balance at 1 April 2024 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31 March 2025 £
Unrestricted funds					
General Funds	90,890	208,799	(272,974)	42,839	69,554
Restricted funds					
Community Clubs	42,392	80,255	(56,093)	(40,839)	25,715
Sport England	18,923	81,000	(58,238)	-	41,685
Inclusive Activity Leaders	58,031	-	(39,065)	-	18,966
Coaching	-	25,168	(15,859)	-	9,309
Training Courses	-	5,584	(31)	(2,000)	3,553
	<u>119,346</u>	<u>192,007</u>	<u>(169,286)</u>	<u>(42,839)</u>	<u>99,228</u>
Total funds	<u>210,236</u>	<u>400,806</u>	<u>(442,260)</u>	<u>-</u>	<u>168,782</u>
	Balance at 1 April 2023 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31 March 2024 £
Unrestricted funds					
General Funds	93,497	175,346	(258,649)	80,696	90,890
Restricted funds					
Community Clubs	14,600	155,905	(60,724)	(67,389)	42,392
Sport England	32,508	81,000	(94,585)	-	18,923
Inclusive Activity Leaders	11,499	58,060	(11,528)	-	58,031
Coaching	-	15,640	(2,493)	(13,147)	-
Training Courses	-	760	(600)	(160)	-
	<u>58,607</u>	<u>311,365</u>	<u>(169,930)</u>	<u>(80,696)</u>	<u>119,346</u>
Total funds	<u>152,104</u>	<u>486,711</u>	<u>(428,579)</u>	<u>-</u>	<u>210,236</u>

Disability Sports Coach

Notes to the Financial Statements for the Year Ended 31 March 2025

Transfers between funds

Once the project has been completed, any remaining balance is transferred into our general reserves in agreement with the funders.

Purpose of restricted funds

Restricted funds are sought to support the delivery of the charitable objects and its delivery mechanisms which include, Community Clubs, Training, Coaching and Inclusive Activity Leaders.

18 Analysis of net assets between funds

	Unrestricted funds General £	Restricted funds £	Total funds at 31 March 2025 £
Tangible fixed assets	2,657	-	2,657
Current assets	91,314	99,228	190,542
Current liabilities	(24,417)	-	(24,417)
Total net assets	<u>69,554</u>	<u>99,228</u>	<u>168,782</u>

	Unrestricted funds General £	Restricted funds £	Total funds at 31 March 2024 £
Tangible fixed assets	1,887	-	1,887
Current assets	110,279	119,346	229,625
Current liabilities	(21,276)	-	(21,276)
Total net assets	<u>90,890</u>	<u>119,346</u>	<u>210,236</u>

19 Related party transactions

There were no related party transactions in the year.

DISABILITY SPORTS COACH

England & Wales - Charity number 1150294

Accounts

Charity registration number: 1150294
Company registration number: 08045641 (England and Wales)

DISABILITY SPORTS COACH
ANNUAL REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024

DISABILITY SPORTS COACH

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	K E Sorab OBE, Chair S Vardy, Vice Chair A Bamania M Leggett C Randall C M Mounsey-Thear
Secretary	P Ackred
Charity number	1150294
Company number	08045641
Registered office	Marathon Building C/O House of Sport 190 Great Dover Street London SE41 4YB
External auditor	Hazlewoods LLP Staverton Court Staverton Cheltenham GL51 0UX

DISABILITY SPORTS COACH

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DISABILITY SPORTS COACH

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 March 2024

The Trustees present their annual report and financial statements for the year ended 31 March 2024.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 of the financial statements and comply with the Charity's governing document, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their financial statements in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)".

Objectives and Activities

The main objectives of Disability Sports Coach (DSC) are to:

- Maximise access and provision of disabled sports across the UK.
- Raise awareness of the need for sporting, physical activity and social opportunities for Disabled people.
- Raise awareness of the sporting, physical activity and social possibilities for Disabled people to become active.

The Trustees have paid due regard to guidance issues by the Charity Commission in deciding what activities the Charity should undertake.

In shaping our objectives for the year and planning our activities, the Trustees have considered the Charity Commission's guidance on public benefit, including the guidance 'Public Benefit: Running a Charity (PB2)'.

Achievements and Performance

The Charity continues to develop in the services it delivers, ensuring that disabled people and their support networks are supported throughout its work. Below you will be able to see a small number of key highlights from the year ending March 2024.

- Directly engaged with over 3,557 individual disabled people and their support network across our programmes.
- Educated over 144 disabled and non-disabled people as sports coaches.
- Deployed over 36 disabled and non-disabled volunteers throughout our programmes.

On behalf of the Board, we would like to thank the staff for their continuous dedicated support of the Charity's work. We would also like to extend our gratitude to our invaluable volunteers and funders who continually support our cause.

Our Strategy

Our charity has a single mission; we use the unique power of sport and physical activity to enhance the lives of disabled people.

In the following pages, we outline our plans to achieve this mission. We have three key objectives:

1. Empower disabled people of all ages to participate in sport and feel part of a supportive community

DISABILITY SPORTS COACH

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 March 2024

2. Educate individuals and organisations with the skills, expertise and confidence to deliver inclusive activities for all
3. Enrich the lives of disabled people by providing specialist services that enhances the work of our partners

There's no one better to lead our mission than the people we serve. That's why we're proud that over 40% of our coach and volunteer workforce are disabled people who deliver fun, inclusive sport sessions every week at our Community Clubs across London.

We have big ambitions, but we can't do it alone. That's why at the heart of our plan lies partnerships with communities, supporters, volunteers and coaches.

Our Delivery Programmes

Coaching Programmes

DSC delivers coaching programmes ranging from one-off events to all year-round programmes for a wide number of organisations such as schools (including Special Educational Needs schools), colleges, Local Authorities, day care providers, Disabled People's Organisations, charities and other agencies wishing to offer sport and physical activity for disabled people.

Coaching Workforce

Our coaching network is entirely made up of freelance sport and physical activity leaders who support the delivery of our services. Over the last 12 months we have recruited further but we have found recruitment of sufficient numbers of adequately skilled and experienced staff a significant challenge. This is mainly due to much of the sector's existing workforce retraining and moving into other professions during and following Covid-19. We are regularly reassessing ways to access the right staff to support our work. In line with the inclusive nature of our work, we are pleased to report that approximately 42% of our existing workforce, including regular volunteers and coaches have disclosed that they are disabled.

Community Clubs

DSC's award-winning Community Clubs are specialist, weekly sports activities for all disabled people. The purpose of the Community Club network is to ensure disabled people are more active, more often, whilst being integrated in their local community with the opportunity to develop independence and social skills. We have Community Clubs in 10 London Boroughs. Each is delivered in partnership with Local Authorities and Leisure Providers.

Community Club aims and objectives are:

- Improve disabled people's physical, mental and social wellbeing by attending weekly sessions, competitions and annual events.
- Provide support to ensure members can access other opportunities to be more integrated in their local community.
- Support and train disabled people and their network to become volunteers and coaches, creating a more representative workforce.

DISABILITY SPORTS COACH

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 March 2024

Over the last 12 months we have provided this programme to over 215 disabled people and their families across 10 Community Clubs, providing nearly 800 hours of activity, amassing almost 3,677 individual visits. This is slightly down by around 15% on last year's participation figures which can mainly be attributed to the rise in the cost of living. Whilst we charge a nominal fee of £4 per club visit to help support and sustain the programme, we take individual circumstances into account to ensure payment is not a barrier to disabled people being active.

Home Activity Programme

Throughout the year we have continued to deliver our Home Activity Programme. These weekly sessions include dance, yoga and an online quiz, providing more opportunities for participants to get active and engage with other people.

Training Courses

DSC delivers a range of training workshops to help upskill teachers, coaches, leaders, volunteers and professionals working with disabled people to help them improve their knowledge of providing inclusive and adapted sports sessions. All courses are available to members of the public as well as privately for individual organisations.

Adapted Sports Course:

An introductory practical course, ideal for coaches, teachers, volunteers and others that work with disabled people who want to be able to support the delivery of inclusive sports sessions. The course gives the delegates the opportunity to learn how to adapt and modify activities through boccia, goalball, table cricket, polybat and new age curling.

Disability Awareness in Sports Coaching:

This course introduces the concept of disability awareness in sport, helping delegates feel more confident when working with disabled people in a sport setting. Delegates learn about different types of disability, examine social attitudes and barriers towards disabled people, and the use of appropriate terminology and communication.

ELearning: Disability Awareness in Sport:

This is an online course, designed to help coaches, teachers, volunteers or others working with disabled people, learn about different types of disability, examine social attitudes and barriers towards disabled people and the use of appropriate terminology. Delegates explore practical ways to make coaching inclusive through the Inclusion Spectrum and STEPS principles and identify how different types of communication can also impact on this.

Inclusive Coaching Workshop:

The Inclusive Coaching Workshop is designed as an introductory course for organisations that want to be able to support the delivery of inclusive activities for disabled people. The course provides individuals with practical experience in how to adapt sports sessions for different impairment groups focusing on

DISABILITY SPORTS COACH

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 March 2024

mainstream and adapted sports, communication and language explored through interactive tasks and an introduction to different types of activities. Organisations can choose sports and the length of course.

Disability Equality Workshop

A bespoke course to improve individuals' knowledge and understanding of barriers that deaf and disabled people may face in a sports facility, reasons why it is important and beneficial to make services inclusive and how organisations can effectively engage with deaf and disabled people.

Over 2023/24 we delivered reaching over 300 delegates nationwide to become more inclusive so disabled people can safely participate and engage in sport and physical activity.

Inclusive Activity Leaders

We are proud to have partnered with Nike for a second year to deliver an innovative programme called Inclusive Activity Leaders. The programme has now trained 50 disabled and non-disabled people alongside each other to become fully qualified sports coaches. The aim of the programme was to develop a more inclusive workforce and give more disabled people the chance to enjoy a career in sports coaching – ensuring activities *for* disabled people are delivered *by* disabled people.

Each Leader gained new coaching qualifications, mentoring from specialist coaches and work experience at our Community Clubs. As part of the programme, Leaders delivered fun, community sports activities to over 400 disabled people across London.

Fundraising

We are again hugely grateful to the following Trusts, Foundations and Donors for their support throughout the year, including but not limited to:

Arnold Clark Community Fund
Bailey Thomas Foundation
Brent Council
Boost Charitable Trust
Cash4Clubs
City Bridge Trust
Credit Agricole
DWF Foundation
Edward Gosling Foundation
Elephant and Castle Development UK Ltd.
Everyone Active
February Foundation
Garfield Weston Foundation
Greenwich Leisure Limited (GLL)

DISABILITY SPORTS COACH

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 March 2024

Greater London Authority
GVC Holdings – (London Community Foundation)
Hedley Foundation
Henry Smith Charity
Jack Petchey Foundation
London Borough of Hackney
Lululemon
Masonic Charitable Foundation
Mi-GSO - PCUBED
National Lottery
Nike
Royal Borough of Kensington & Chelsea Leisure Services
Sport England
Sporting Chance Prize Draw
Team London Bridge
The Boshier Hinton Foundation
The Dan Maskell Trust
United St. Saviour's Charity
Wimbledon Foundation
Woodroffe Benton Foundation

Financial Review

2023/24 continued to be a positive year for the Charity through fundraising from Trusts, Foundations, and individual donors, which has enabled the Charity to sustain its capacity to support its beneficiaries through its various programmes. Donations included legacy donations; we are extremely grateful for such gestures of support in difficult times.

We continually seek to increase the proportion of our unrestricted income as well as increasing the organisations financial sustainability.

With the economic situation facing all charities over the last 12 months we are increasingly under pressure to delivery are services at a sustainable cost with costs rising. It is therefore prudent for us to continue to gain support and develop our existing funding partnerships to gain longer term commitments over the next 12 months.

Governance and Financial review

Reserves and on- going concerns

Reserves are needed to bridge the gap between expenditure and income. The Trustees consider the ideal unrestricted reserves level (as at 31st March 2024) to be 3 months of operating costs. During times of uncertainty, we may seek to hold more unrestricted reserves, if possible, in order to allow the Charity to deliver its objectives given that income can be unpredictable for charities like ours.

DISABILITY SPORTS COACH

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 March 2024

The 2023/24 financial statements show that our unrestricted reserves currently stands at £83,009 (equivalent to 3.2 months expenditure).

Statement on Going Concern

The Trustees have reviewed the charity's financial forecasts, projections, and reserves and are confident the charity has sufficient resources to continue operating for the foreseeable future. As such, the going concern basis has been adopted in preparing the financial statements.

The key risk is the potential loss of significant funding. To address this, the charity focuses on sustainable funding from existing funders and expanding collaboration with diverse sector partners. Regular financial monitoring ensures the organisation adapts to maintain stability.

The Trustees are confident Disability Sports Coach can continue delivering its mission in England and Wales.

Future Priorities

Over 2024/25, we are looking to ensure that the Charity is complaint and fit to support its beneficiaries.

We will do this in 3 main ways over the next 12 months

- Review our current delivery mechanism to ensure these are still fit for purpose and supporting our community
- Review our skills gap at board level and ensure that these skills are filled
- Create and sustain longer term funding partnerships so that we are able to plan more effective for future

Structure, governance and management

The Charity is a company that is limited by guarantee and does not have share capital. The liability of members is limited. Every member of the company undertakes to contribute to the assets of the company if it is wound up whilst they are members, or within one year of ceasing to be a member, such accounts are limited to £1.00.

The Trustees, who are also the directors for the purposes of company law, and who served during the year and up to the date of signature of the financial statements were:

Name
K E Sorab OBE (Chair)
S Vardy (Vice Chair)
Chris Mounsey-Thear
Chris Randall
Agneta Bamania
Meagan Leggett

There were no changes to the board of Trustees in 2023/24.

DISABILITY SPORTS COACH

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 March 2024

Governance update Statement

As we continually develop it is vitally important that we review our Governance code to make sure that it is up to date and compliant with any new and changing charity guidance.

During this financial year the board undertook a skills audit to identify gaps in expertise. As a result a recruitment programme was put in place to commence in autumn 2024. We will report on the outcome of our recruitment campaign in next year's trustee report but we are pleased to say that it was very successful.

Supplier Payment policy

The Charity's current policy concerning the payment of trade creditors is to follow the CBI's Prompt Payers Code (copies are available from the CBI, Centre Point, 103 New Oxford Street, London WC1A 1DU).

The Charity's current policy concerning the payment of trade creditors is to:

- settle the terms of payment with suppliers when agreeing the terms of each transaction;
- ensure that suppliers are made aware of the terms of payment by inclusion of the relevant terms in contracts; and
- pay in accordance with the Charity's contractual and other legal obligations.

Trade creditors of the Charity at the year-end were equivalent to 30 day's purchases, based on the average daily amount invoiced by suppliers during the year.

None of the Directors of the Company (who are also Trustees of the Charity) are remunerated for their work. The day-to-day management is carried out by the Chief Executive (P Ackred). The Trustees provide regular support for the Chief Executive.

Statements of Trustees' responsibilities in relation to the financial statements

The Trustees (who are also directors of the charity for the purposes of company law) are responsible for preparing the Trustees' report and the financial statements in accordance with applicable law and United Kingdom accounting standards, including Financial Reporting Standard 102. The Financial Reporting Standard, applicable in the United Kingdom and Republic of Ireland (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Trustees to prepare financial statements for each financial year, which give a true and fair view of the state of affairs of the charity and of the income and expenditure of the charity for that period.

In preparing those financial statements the Trustees are required to:

- Select suitable accounting policies and then apply them consistently
- Observe the methods and principles in the Charities SORP
- Make judgements and accounting estimates that are reasonable and prudent
- State whether applicable UK accounting standards and statements of recommended practice have been followed, subject to any material departures disclosed and explained in the financial statements and

DISABILITY SPORTS COACH

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 March 2024

- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The Trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time, the financial position of the charity and which enable them to ensure that the financial statements comply with the Companies Act 2006. The Trustees are also responsible for safeguarding the assets of the charity and therefore for taking reasonable steps for the prevention and detection of fraud and other irregularities.

So far as the Trustees are aware:

- There is no relevant audit information of which the charitable company's auditors are unaware and
- The Trustees have taken all steps that they ought to have taken, to make themselves aware of any relevant audit information and to establish that the auditors are aware of that information.
- The Trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the United Kingdom, governing the preparation and dissemination of financial statements, may differ from legislation in other jurisdictions.

Members of the charity guarantee to contribute an amount not exceeding £1 to the assets of the charity in the event of winding up. The Trustees are members of the charity, but this entitles them only to voting rights. The Trustees have no beneficial interest in the charity.

Statement as to disclosure to our Auditor

The Trustees confirm that, so far as they are aware at the time of approving the Trustees' annual report, there is no relevant information of which the charity's Auditor is unaware. They have taken all the steps that they ought to have taken as Trustees in order to make themselves aware of any relevant information and to establish that the charity's Auditor is aware of that information.

Auditors

Hazlewoods LLP Chartered Accountants and Statutory Auditors continue to act as auditors to Disability Sports Coach.

The Trustees' report was approved by the Board of Trustees.

K Sorab OBE, Chair

Karen Sorab
.....

16/12/2024
Date:

DISABILITY SPORTS COACH

INDEPENDENT AUDITORS' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

Opinion

We have audited the financial statements of Disability Sports Coach (the 'charitable company') for the year ended 31 March 2024 which comprise the statement of financial activities, balance sheet, statement of cash flows and the related notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102: The Financial Reporting Standard applicable in the UK and Republic of Ireland (United Kingdom Generally Accepted Accounting Practice).

In our opinion, the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2024 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Emphasis of Matter – Prior Period Financial Statements Not Audited

We draw attention to Note 1 of the financial statements, which describes that the financial statements of the Company for the year ended 31 March 2023 were not audited. Our opinion is not modified in respect of this matter.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustee's use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charity's ability to continue as a going concern for a period of at least twelve months from when the original financial statements were authorised for issue.

Our responsibilities and the responsibilities of the Trustees with respect to going concern are described in the relevant sections of this report

Other information

The Trustees are responsible for the other information. The other information comprises the information included in the annual report other than the financial statements and our auditor's report thereon. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are

DISABILITY SPORTS COACH

INDEPENDENT AUDITORS' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Opinion on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the Trustees' Report, which includes the Directors' Report prepared for the purposes of company law for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the Directors' Report included within the Trustees' Report has been prepared in accordance with applicable legal requirements.

Matters on which we are required to report by exception

In the light of the knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the Directors Report included in the Trustees' Report. We have nothing to report in respect of the following matters in relation to which the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept or returns adequate for our audit have not been received from branches not visited by us;
- the financial statements are not in agreement with the accounting records and returns;
- certain disclosures of Trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations necessary for the purposes of our audit.

Responsibilities of the Trustees

As explained more fully in the Trustees' Responsibilities Statement set out in the Trustees' Report, the Trustees (who are also the directors of the charitable company for the purpose of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the Trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the Trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the Trustees either intend to liquidate the charity or to cease operations, or have no realistic alternative but to do so.

Our responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations.

We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

DISABILITY SPORTS COACH

INDEPENDENT AUDITORS' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

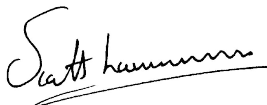
- We obtained an understanding of the legal and regulatory frameworks applicable to the charity financial statements or that had a fundamental effect on the operations of the charity. We determined that the most significant laws and regulations included United Kingdom Generally Accepted Accounting Practice and Companies Act 2006.
- We understood how the charity is complying with those legal and regulatory frameworks by making inquiries of management, and those responsible for legal and compliance procedures.
- We assessed the susceptibility of the charity's financial statements to material misstatement including how fraud might occur. Audit procedures performed by the engagement team included:
 - identifying and assessing the design effectiveness of controls management has in place to prevent and detect fraud;
 - understanding how those charged with governance considered and addressed the potential for override of controls or other inappropriate influence over the financial reporting process;
 - challenging assumptions and judgements made by management in its significant accounting estimates; and
 - identifying and testing journal entries, in particular any journal entries with unusual characteristics.

Owing to the inherent limitations of an audit, there is an unavoidable risk that material misstatements in the financial statements may not be detected, even though the audit is properly planned and performed in accordance with ISAs (UK).

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at: www.frc.org.uk/auditorsresponsibilities. This description forms part of our auditor's report.

Use of our report

This report is made solely to the charity's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charity's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charity's members as a body, for our audit work, for this report, or for the opinions we have formed.



.....
Scott Lawrence FCA DChA
(Senior Statutory Auditor)

For and on behalf of:
Hazlewoods LLP
Chartered Accountants and Statutory Auditors
Staverton Court
Staverton
Cheltenham
GL51 0UX

Date: 16/12/2024

DISABILITY SPORTS COACH

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2024

	Notes	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £	Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £
<u>Income from:</u>							
Grants receivable for core activities	3	80,905	26,817	107,722	145,398	-	145,398
Charitable activities	4	100,220	272,154	372,374	71,429	251,664	323,093
Bank interest		6,615	-	6,615	3,034	-	3,034
Total income		<u>187,740</u>	<u>298,971</u>	<u>486,711</u>	<u>219,861</u>	<u>251,664</u>	<u>471,525</u>
<u>Expenditure on:</u>							
Raising funds	7	6,610	10,524	17,134	8,356	9,423	17,779
Charitable activities	7	<u>145,430</u>	<u>266,015</u>	<u>411,445</u>	<u>216,539</u>	<u>233,127</u>	<u>449,666</u>
Total expenditure		<u>152,040</u>	<u>276,539</u>	<u>428,579</u>	<u>224,895</u>	<u>242,550</u>	<u>467,445</u>
Net (expenditure)/ income for the year/ Net movement in funds							
		35,700	22,432	58,132	(5,034)	9,114	4,080
Fund balances at 1 April 2023		<u>47,309</u>	<u>104,795</u>	<u>152,104</u>	<u>52,343</u>	<u>95,681</u>	<u>148,024</u>
Fund balances at 31 March 2024		<u><u>83,009</u></u>	<u><u>127,227</u></u>	<u><u>210,236</u></u>	<u><u>47,309</u></u>	<u><u>104,795</u></u>	<u><u>152,104</u></u>

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

DISABILITY SPORTS COACH**BALANCE SHEET**

AS AT 31 MARCH 2024

	Notes	2024 £	£	2023 £	£
Fixed assets					
Tangible assets	10	1,887			3,089
Current assets					
Debtors	11	24,678		17,744	
Cash at bank and in hand		204,947		152,208	
		<u>229,625</u>		<u>169,952</u>	
Creditors: amounts falling due within one year	12	<u>(21,276)</u>		<u>(20,937)</u>	
Net current assets			<u>208,349</u>		<u>149,015</u>
Total assets less current liabilities			<u>210,236</u>		<u>152,104</u>
Income funds					
Restricted funds			127,227		104,795
Unrestricted funds			83,009		47,309
			<u>210,236</u>		<u>152,104</u>

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

16/12/2024

The financial statements were approved by the Trustees on

Karen Sorab

.....

K E Sorab OBE, Chair

Trustee**Company registration number 08045641**

DISABILITY SPORTS COACH

NOTES TO THE FINANCIAL STATEMENTS

AS AT 31 MARCH 2024

1. Accounting policies

Charity information

Disability Sports Coach is a private company limited by guarantee incorporated in England and Wales. The registered office is Marathon Building C/O House of Sport, 190 Great Dover Street, London, SE1 4YB.

1.1. Accounting convention

The financial statements have been prepared in accordance with the charity's governing document, the Companies Act 2006, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their financial statements in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

1.2. Going concern

At the time of approving the financial statements, the Trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the Trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3. Charitable funds

Unrestricted funds are available for use at the discretion of the Trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

1.4. Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

DISABILITY SPORTS COACH

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

AS AT 31 MARCH 2024

Income (continued)

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

Assets for distribution are recognised only when distributed. Assets given for use by the charity are recognised when receivable. Stocks of undistributed donated goods are not valued for balance sheet purposes.

1.5. Expenditure

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably. Expenditure excludes attributable VAT where it is recovered. Where VAT is irrecoverable, it is included within support costs.

Expenditure is allocated to particular activities where the cost relates directly to that activity. Support costs comprise costs relating to the overall direction and administration on each activity, including salary, and overhead and governance costs of the central function. Support costs are apportioned to activities on the basis of usage.

Support costs are to be allocated between charitable activities and costs of fundraising on the basis of time spent.

1.6. Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Fixtures and fittings	5 years straight line basis
IT equipment	3 years straight line basis
Sports equipment	3 years straight line basis

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

1.7. Impairment of fixed assets

At each reporting end date, the charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

1.8. Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

DISABILITY SPORTS COACH

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

AS AT 31 MARCH 2024

1.9. Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

1.10. Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

1.11. Comparative information

The financial statements for the year ended 31 March 2024 include comparative information for the year ended 31 March 2023 which were not audited.

DISABILITY SPORTS COACH

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

AS AT 31 MARCH 2024

1.12. Reclassification of income and expenditure

The prior year figures have been restated to better reflect the allocation between income and expenditure on charitable activities and raising funds. There is no impact on the net income for the year or the overall funds carried forward.

2. Critical accounting estimates and judgements

In the application of the charity's accounting policies, the Trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

3. Grants receivable for core activities

	Unrestricted Funds 2024 £	Restricted Funds 2024 £	Total 2024 £	Unrestricted Funds 2023 £	Restricted Funds 2023 £	Total 2023 £
Donations and gifts	36,978	-	36,978	16,580	-	16,580
Grants receivable	<u>43,927</u>	<u>26,817</u>	<u>70,744</u>	<u>128,818</u>	<u>-</u>	<u>128,818</u>
	<u>80,905</u>	<u>26,817</u>	<u>107,722</u>	<u>145,398</u>	<u>-</u>	<u>145,398</u>

4. Income from charitable activities

	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £	Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £
Coaching	44,671	15,640	60,311	54,188	-	54,188
Training courses	8,325	760	9,085	8,746	-	8,746
Community clubs	47,224	116,694	163,918	8,495	149,794	158,289
Inclusive activity leaders	-	58,060	58,060	-	63,870	63,870
Together fund	<u>-</u>	<u>81,000</u>	<u>81,000</u>	<u>-</u>	<u>38,000</u>	<u>38,000</u>
	<u>100,220</u>	<u>272,154</u>	<u>372,374</u>	<u>71,429</u>	<u>251,664</u>	<u>323,093</u>

DISABILITY SPORTS COACH

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

AS AT 31 MARCH 2024

5. Expenditure by activity

	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £	Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £
Access to work	8,144	7,123	15,267	-	-	-
Coaching	51,905	50,067	101,972	40,925	44,138	85,063
Training courses	2,417	3,239	5,656	3,733	4,025	7,758
Community clubs	26,442	63,787	90,229	60,876	65,656	126,532
Inclusive activity leaders	4,915	11,860	16,775	20,991	22,638	43,629
Together fund	<u>58,217</u>	<u>140,463</u>	<u>198,680</u>	<u>98,370</u>	<u>106,093</u>	<u>204,463</u>
	<u>152,040</u>	<u>276,539</u>	<u>428,579</u>	<u>224,895</u>	<u>242,550</u>	<u>467,445</u>

6. Expenditure by activity

	Direct 2024 £	Staff 2024 £	Other 2024 £	Total 2024 £
Access to work	3,671	10,433	1,163	15,267
Coaching	24,519	69,682	7,771	101,972
Training courses	1,360	3,865	431	5,656
Community clubs	21,695	61,658	6,876	90,229
Inclusive activity leaders	4,034	11,463	1,278	16,775
Together fund	<u>47,773</u>	<u>135,767</u>	<u>15,140</u>	<u>198,680</u>
	<u>103,051</u>	<u>292,868</u>	<u>32,660</u>	<u>428,579</u>

DISABILITY SPORTS COACH

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

AS AT 31 MARCH 2024

6. Expenditure by activity (continued)

	Direct 2023 £	Staff 2023 £	Other 2023 £	Total 2023 £
Coaching	25,689	51,889	7,485	85,063
Training courses	2,343	4,733	682	7,758
Community clubs	38,213	77,186	11,133	126,532
Inclusive activity leaders	13,176	26,614	3,839	43,629
Together fund	<u>61,748</u>	<u>124,723</u>	<u>17,992</u>	<u>204,463</u>
	<u>141,169</u>	<u>285,145</u>	<u>41,131</u>	<u>467,445</u>

7. Total expenditure

	Raising funds 2024 £	Charitable activities 2024 £	Total 2024 £	Raising funds 2023 £	Charitable activities 2023 £	Total 2023 £
Charitable activities	-	103,051	103,051	-	141,169	141,169
Staff costs	14,184	278,684	292,868	14,065	271,080	285,145
	<u>14,184</u>	<u>381,735</u>	<u>395,919</u>	<u>14,065</u>	<u>412,249</u>	<u>426,314</u>

DISABILITY SPORTS COACH

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

AS AT 31 MARCH 2024

7. Total expenditure (continued)

	Raising funds 2024 £	Charitable activities 2024 £	Total 2024 £	Raising funds 2023 £	Charitable activities 2023 £	Total 2023 £
Support costs:						
Advertising and promotions	12	121	133	407	4,101	4,508
Rent	510	5,134	5,644	577	5,816	6,393
Travel and subsistence	9	92	101	328	3,302	3,630
Printing, postage and stationary	2	16	18	4	35	39
Telephone	100	1,009	1,109	84	842	926
IT software and consumables	878	8,847	9,725	339	3,414	3,753
Insurance	733	7,384	8,117	511	5,152	5,663
Subscriptions and memberships	32	324	356	49	489	538
General expenses	126	1,257	1,383	109	1,117	1,226
Recruitment and training	106	1,070	1,176	372	3,742	4,114
Professional fees	259	2,611	2,870	730	7,355	8,085
Depreciation	183	1,845	2,028	204	2,052	2,256
Total support costs	<u>2,950</u>	<u>29,710</u>	<u>32,660</u>	<u>3,715</u>	<u>37,416</u>	<u>41,131</u>
Total expenditure	<u>17,134</u>	<u>411,445</u>	<u>428,579</u>	<u>17,779</u>	<u>449,666</u>	<u>467,445</u>

8. Trustees

None of the Trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

DISABILITY SPORTS COACH

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

AS AT 31 MARCH 2024

9. Employees

The average monthly number of employees during the year was:

	2024	2023
	Number	Number
	<u>8</u>	<u>7</u>
	2024	2023
	£	£
Employment costs		
Wages and salaries	265,053	258,156
Social security costs	22,104	21,837
Pension costs	<u>5,711</u>	<u>5,152</u>
	<u>292,868</u>	<u>285,145</u>

One employee (2023: one) received total remuneration of more than £60,000.

The key management personnel of the charity comprise the Trustees and the Chief Executive Officer ("CEO"). The total remuneration of the key management personnel of the charity was £79,729 (2023: £79,729).

The Trustees were not paid and did not receive any other benefits from employment in the year (2023: £Nil).

10. Tangible fixed assets

	Fixtured and fittings £	IT equipment £	Sports equipment £	Total £
Cost				
At 1 April 2023	395	8,685	2,000	11,080
Additions	<u>-</u>	<u>825</u>	<u>-</u>	<u>825</u>
At 31 March 2024	<u>395</u>	<u>9,510</u>	<u>2,000</u>	<u>11,905</u>
Depreciation and impairment				
At 1 April 2023	395	6,262	1,334	7,991
Depreciation charged in the year	<u>-</u>	<u>1,361</u>	<u>666</u>	<u>2,027</u>
At 31 March 2024	<u>395</u>	<u>7,623</u>	<u>2,000</u>	<u>10,018</u>
Carrying amount				
At 31 March 2024	<u>-</u>	<u>1,887</u>	<u>-</u>	<u>1,887</u>
At 31 March 2023	<u>-</u>	<u>2,423</u>	<u>666</u>	<u>3,089</u>

DISABILITY SPORTS COACH

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

AS AT 31 MARCH 2024

11. Debtors

Amounts falling within one year:

	2024 £	2023 £
Trade debtors	20,270	14,540
Other debtors	-	-
Prepayments and accrued income	4,408	3,204
	<u>24,678</u>	<u>17,744</u>

12. Creditors

Amounts falling within one year:

	2024 £	2023 £
Other taxation and social security	7,269	7,071
Trade creditors	13,678	9,392
Other creditors	-	879
Accruals and deferred income	329	3,595
	<u>21,276</u>	<u>20,937</u>

13. Retirement benefit schemes

The charity operates a defined contribution pension scheme for all qualifying employees. The assets of the scheme are held separately from those of the charity in an independently administered fund.

14. Analysis of net assets between fund

	Unrestricted Funds 2024 £	Restricted Funds 2024 £	Total 2024 £	Unrestricted Funds 2023 £	Restricted Funds 2023 £	Total 2023 £
Fund balances at 31 March 2024 are represented by:						
Tangible assets	1,887	-	1,887	3,089	-	3,089
Current assets/(liabilities)	<u>81,122</u>	<u>127,227</u>	<u>208,349</u>	<u>44,220</u>	<u>104,795</u>	<u>149,015</u>
	<u>83,009</u>	<u>127,227</u>	<u>210,236</u>	<u>47,309</u>	<u>104,795</u>	<u>152,104</u>

DISABILITY SPORTS COACH

England & Wales - Charity number 1150294

Accounts

Charity registration number 1150294

Company registration number 08045641 (England and Wales)

DISABILITY SPORTS COACH
ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023

DISABILITY SPORTS COACH

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees

K E Sorab OBE, Chair
A Bamania
M Leggett
C Randall
C M Mounsey-Thear
S Vardy
J Allen (Resigned 15 June 2022)
K Grey (Resigned 8 March 2023)
A J Hulston (Resigned 2 November 2022)

Secretary

P Ackred

Charity number

1150294

Company number

08045641

Registered office

Marathon Building C/O House of Sport
190 Great Dover Street
London
SE41 4YB

Independent examiner

Hazlewoods LLP
Staverton Court
Staverton
Cheltenham
GL51 0UX

DISABILITY SPORTS COACH

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DISABILITY SPORTS COACH

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT)

FOR THE YEAR ENDED 31 MARCH 2023

The Trustees present their annual report and financial statements for the year ended 31 March 2023.

The accounts have been prepared in accordance with the accounting policies set out in note 1 of the accounts and comply with the charity's governing document, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)".

Objectives and Activities

The main objectives of Disability Sports Coach (DSC) are to:

- Maximise access and provision of disabled sports across the UK.
- Raise awareness of the need for sporting, physical activity and social opportunities for Disabled people.
- Raise awareness of the sporting, physical activity and social possibilities for Disabled people to become active.

The Trustees have paid due regard to guidance issues by the Charity Commission in deciding what activities the Charity should undertake.

Achievements and Performance

The Charity continues to develop in the services it delivers, ensuring that disabled people and their support networks are supported throughout its work. Below you will be able to see some key highlights from the year ending March 2023.

- Engaged with over 3,557 individual disabled people and their support network across our programmes.
- Provided 2,034 hours of activity.
- Trained over 300 disabled and non-disabled people as coaches.
- Deployed over 62 disabled and non-disabled volunteers throughout our programmes.

On behalf of the Board, we would like to thank the staff for their continuous dedicated support of the Charity's work. We would also like to extend our gratitude to our invaluable volunteers and funders who continually support our cause.

Coaching Programmes

DSC delivers coaching programmes ranging from one-off events to all year-round programmes for a wide number of organisations such as schools (including Special Educational Needs schools), colleges, Local Authorities, day care providers, Disabled People's Organisations, charities and other agencies wishing to offer sport and physical activity for disabled people.

Coaching Workforce

Our coaching network is entirely made up of freelance sport and physical activity leaders who support the delivery of our services. Over the last 12 months we have recruited further but we have found recruitment of sufficient numbers of adequately skilled and experienced staff a significant challenge. This is mainly due to much of the sector's existing workforce retraining and moving into other professions during and following Covid-19. We are regularly reassessing ways to access the right staff to support our work. In line with the inclusive nature of our work, we are pleased to report that approximately 42% of our existing workforce, including Trustees and regular volunteers and coaches have disclosed that they are disabled.

DISABILITY SPORTS COACH

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

Coaching hours

During the year we have delivered over 1,242 hours of coaching activities. This is a slight increase in hours delivered for this service compared to last year (1,200).

Summary of Key indicators

- Number of unique disabled people reached through the Charity's coaching programmes (1,742)
- Number of hours delivered (1,242)

Key achievements

- Increasing the number of sessions offered to our clients and increasing our unrestricted income above pre-pandemic levels.
- Continually providing high quality sports and physical activity services for our partners.
- Upskilling 6 freelance coaches to support more disabled people wanting to take part in sport and physical activity.
- Continually developing our holiday programmes in targeted London Boroughs to support more disabled people and their families keep active during the holiday periods.

Community Clubs

DSC's award-winning Community Clubs are specialist, weekly sports activities for all disabled people. The purpose of the Community Club network is to ensure disabled people are more active, more often, whilst being integrated in their local community with the opportunity to develop independence and social skills.

Community Club aims and objectives are:

- Improve disabled people's physical, mental and social wellbeing by attending weekly sessions, competitions and annual events.
- Provide support to ensure members can access other opportunities to be more integrated in their local community.
- Support and train disabled people and their network to become volunteers and coaches, creating a more representative workforce.

Each Community Club is delivered in partnership with the Local Authority and Leisure Provider, and all follow a similar delivery model including:

- Specialist coaches and volunteer support.
- Hosted by an accessible, community venue open to members of the public.
- Providing termly structured sports sessions and promoting other local and national inclusive sports opportunities that are available to our members.
- Festivals and events with a mixture of taster activities and competition, in partnership with National Governing Bodies (NGB's), delivery agencies and local club support.
- Working with key partners throughout the community to promote the programme and engage more disabled people.

DISABILITY SPORTS COACH

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

In the face of significant resource challenges, we have successfully restarted 11 Community Clubs following lockdowns due to the Coronavirus pandemic.

Over the last 12 months we have provided this programme to over 215 disabled people and their families across 11 Community Clubs, providing nearly 800 hours of activity, amassing almost 3,677 individual visits. This is slightly down by around 15% on last year's participation figures which can mainly be attributed to the rise in the cost of living. Whilst we charge a nominal fee of £4 per club visit to help support and sustain the programme, we will not enforce this if it is a barrier to a disabled person being active.

Home activity Programme

Throughout the year we have continued to deliver the Home Activity Programme for members who could not attend face-to-face. These sessions are weekly and include dance, yoga and an online quiz to help keep beneficiaries engaged with the Charity.

During the latter end of the year, it was pleasing to see that many of these members returned to face-to-face activities through the Community Club programme, while also continuing to attend the online sessions.

Training Courses

DSC delivers a range of training workshops to help upskill teachers, coaches, leaders, volunteers and professionals working with disabled people to help them improve their knowledge of delivering inclusive and adapted sports sessions. All courses are available to members of the public as well as privately for individual organisations.

Adapted Sports Course:

An introductory practical course, ideal for coaches, teachers, volunteers and others that work with disabled people who want to be able to support the delivery of inclusive sports sessions. The course gives the delegates the opportunity to learn how to adapt and modify activities through boccia, goalball, table cricket, polybat and new age curling.

Disability Awareness in Sports Coaching:

This course introduces the concept of disability awareness in sport, helping delegates feel more confident when working with disabled people in a sport setting. Delegates learn about different types of disability, examine social attitudes and barriers towards disabled people, and the use of appropriate terminology and communication.

ELearning: Disability Awareness in Sport:

This is an online course, designed to help coaches, teachers, volunteers or others working with disabled people, learn about different types of disability, examine social attitudes and barriers towards disabled people and the use of appropriate terminology. Delegates explore practical ways to make coaching inclusive through the Inclusion Spectrum and STEPS principles and identify how different types of communication can also impact on this.

Inclusive Coaching Workshop:

The Inclusive Coaching Workshop is designed as an introductory course for organisations that want to be able to support the delivery of inclusive activities for disabled people. The course provides individuals with practical experience in how to adapt sports sessions for different impairment groups focusing on mainstream and adapted sports, communication and language explored through interactive tasks and an introduction to different types of activities. Organisations can choose sports and the length of course.

DISABILITY SPORTS COACH

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

Disability Equality Workshop

A bespoke course to improve individuals' knowledge and understanding of barriers that deaf and disabled people may face in a sports facility, reasons why it is important and beneficial to make services inclusive and how organisations can effectively engage with deaf and disabled people.

Over 2022/23 we delivered 41 training courses (27 online and 14 in person) reaching over 300 delegates nationwide to become more inclusive to disabled people in their sessions.

Business Development

Throughout the reporting period, efforts have been made to:

- Identify different methods of service delivery as a means of promoting sustainable growth.
- Diversify the portfolio of the Charity's services with a view to enabling partner organisations to develop their own inclusive physical activity programmes.

Licensing (Empowered programme)

A pilot programme was delivered during the reporting period and concluded in July 2022, which explored the possibilities of our Community Clubs being delivered independently by third parties, under a Service Level Agreement. A full programme report was presented to the Board of Trustees in the Autumn 2022, which highlighted the key programme findings and made recommendations regarding strengths and areas for improvement in the event of future implementation.

Sport England TiF/Together Fund

In our capacity as a national partner of Sport England, we have managed to secure funding which has been granted, through a competitive application process, to like-minded partner organisations in London with aspirations of developing physical activity and sports programmes for the disabled people they directly support. This grant funding programme has allowed us to extend the reach of our services and facilitate an even larger number of disabled people in leading more healthy and active lives.

During the reporting period, we supported 10 non-profit disability organisations in gaining access to Sport England's grants amounting to almost £46,500. This funding was put towards both the purchase of home activity sports equipment packs and the creation of new physical activity projects.

We estimate that this funding enabled an additional 1600 disabled people and their support network in London to keep active and return to healthier lifestyles after long periods of inactivity due to the impact of Covid-19.

Inclusive Activity Leaders

We are proud to have partnered with Nike to deliver an innovative new programme called Inclusive Activity Leaders. The programme trained 25 disabled and non-disabled people alongside each other to become fully qualified sports coaches. The aim of the programme was to develop a more inclusive workforce and give more disabled people the chance to enjoy inclusive sport.

Each Leader gained new coaching qualifications, mentoring from specialist coaches and work experience at our Community Clubs, with the aim of beginning a career as inclusive sports coaches. As part of the programme, Leaders delivered fun, community sports activities to over 200 disabled people across London.

DISABILITY SPORTS COACH

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

Fundraising

We are again hugely grateful to the following Trusts, Foundations and Donors for their support throughout the year, including but not limited to:

Arnold Clark Community Fund
Brent Council
Boost Charitable Trust
City Bridge Trust
Credit Agricole
Edward Gosling Foundation
Everyone Active
February Foundation
Garfield Weston Foundation
Greenwich Leisure Limited (GLL)
Greater London Authority
GVC Holdings – (London Community Foundation)
Henry Smith Charity
Jack Petchey Foundation
Lambeth Council
Mi-GSO - PCUBED
National Lottery
Nike
Royal Borough of Kensington & Chelsea Leisure Services
Sport England
Sporting Chance Prize Draw
Team London Bridge
United St. Saviour's Charity
Wimbledon Foundation

Financial Review

2022/23 continued to be a positive year for the Charity through fundraising from Trusts, Foundations, and individual donors, which has enabled the Charity to sustain its capacity to support its beneficiaries through its various programmes. Donations included legacy donations; we are extremely grateful for such gestures of support in difficult times.

We continually seek to increase the proportion of our unrestricted income as well as increasing its sustainability.

With some of our larger funders coming to a natural end in March 2023, we have increased our efforts in seeking other funding partnerships and diversifying our income.

DISABILITY SPORTS COACH

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

Due to the 'cost of living' crisis and the focus of funding from Trusts and Foundations on essential services such as food and shelter, it is expected to be challenging for the Charity to continue provide the level of services in 2023/24 that we have delivered since it started in 2013. As such, it is important for the Charity to be realistic about what we can achieve. Forecasting for the next 12 months is expected to be a lot more around sustainability than growth.

Reserves and going concern

Reserves are needed to bridge the gap between expenditure and income. The Trustees consider the ideal unrestricted reserves level (as at 31st March 2023) to be 3 months of operating costs. During times of uncertainty, we may seek to hold more unrestricted reserves, if possible, in order to allow the Charity to deliver its objectives given that income can be unpredictable for charities like ours.

Future Priorities

Looking into 2023/24, we are seeking to:

- Launch our new strategy and embed this across the work that we do.
- Continually review our governance procedures and make sure that these remain fit for purpose for a charity of our size and complexity.
- Reviewing the Charity's structure to ensure sustainability of its services.
- Reviewing the Board of Trustees to make sure that the Charity is resourced in line with developing Governance guidelines.
- Gain further financial support from Corporates, Trusts, Foundations and members of the public donating to the Charity.

Structure, governance and management

The Charity is a company that is limited by guarantee and does not have share capital. The liability of members is limited. Every member of the company undertakes to contribute to the assets of the company if it is wound up whilst they are members, or within one year of ceasing to be a member, such accounts are limited to £1.00.

The Trustees, who are also the directors for the purposes of company law, and who served during the year and up to the date of signature of the financial statements were:

Name	
Chris Mounsey-Thear	
Chris Randall	
James Allen	(Resigned 15 th June 2022)
Kate Grey	(Resigned 8 th March 2023)
A Bamania	
S Vardy (Deputy Chair)	
A J Hulston	(Resigned 2 nd November 2022)
M Leggett	
K E Sorab OBE (Chair)	

There were 3 changes to the membership of the Board of Trustees (or directors) during the year. The Trustees are aware of their responsibilities to any new Trustees.

DISABILITY SPORTS COACH

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

Governance update statement

As we continually develop it is vitally important that we review our Governance code to make sure that it is up to date and compliant with any new and changing charity guidance.

At the beginning of 2022/23 we reviewed our Board governance and current structure to ensure that we were complying with our Memorandum and Articles of Association. This led to a Chair of Trustees (Karen Sorab OBE) and Sam Vardy (Deputy Vice Chair) being elected during the first quarter of the year taking over from Chris Mounsey-Thear after 6 years in the role. The Trustees would like to take this opportunity to thank Chris for his valued work and invaluable contribution over his time as Chair and look forward to his continued support as he was elected to continue as a valued board member.

Looking into 2023/24, the Trustees are aware of importance and benefits of diversity and inclusion in the make-up of the Charity's Board. A skills gap analysis of the Board of Trustees will periodically be refreshed to identify areas of expertise needed within the Charity in the first quarter with a view to recruiting new Trustees during the latter part of the year.

Supplier payment policy

The Charity's current policy concerning the payment of trade creditors is to follow the CBI's Prompt Payers Code (copies are available from the CBI, Centre Point, 103 New Oxford Street, London WC1A 1DU).

The Charity's current policy concerning the payment of trade creditors is to:

- settle the terms of payment with suppliers when agreeing the terms of each transaction;
- ensure that suppliers are made aware of the terms of payment by inclusion of the relevant terms in contracts; and
- pay in accordance with the Charity's contractual and other legal obligations.

Trade creditors of the Charity at the year-end were equivalent to 30 day's purchases, based on the average daily amount invoiced by suppliers during the year.

None of the Directors of the Company (who are also Trustees of the Charity) are remunerated for their work. The day-to-day management is carried out by the Chief Executive (P Ackred). The Trustees provide regular support for the Chief Executive.

The Trustees' report was approved by the Board of Trustees.

K Sorab OBE, Chair

Karen Sorab

.....

18/12/2023

Date:

DISABILITY SPORTS COACH

INDEPENDENT EXAMINER'S REPORT

TO THE TRUSTEES OF DISABILITY SPORTS COACH

For the year ended 31 March 2023

I report on the financial statement of Disability Sports Coach for the year ended 31 March 2023, which comprise the statement of financial activities, the balance sheet and the related notes. These financial statements have been prepared under the historical cost convention and the accounting policies set out therein.

Respective responsibilities of Trustees and Examiner

As the Charity's Trustees of the Company (who are also the Directors of the company for the purposes of company law), you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 ("the 2006 Act").

Having satisfied myself that the financial statements of the Company are not required to be audited for this year under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your Charity's financial statements as carried out under section 145 of the Charities Act 2011 ("the 2011 Act"). In carrying out my examination, I have followed the Directions given by the Charity Commission (under section 145(5)(b) of the 2011 Act).

Independent Examiner's statement

The Company's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of the Institute of Chartered Accountants in England and Wales.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below) which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 386 of the Companies Act 2006; or
- the financial statements do not accord with such records; or
- the financial statements do not comply with relevant accounting requirements under section 396 of the Companies Act 2006 other than any requirement that the financial statements give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- the financial statements have not been prepared in accordance with the Charities SORP (FRS102).

I have considered the disclosures made in Note 1 to the financial statements with regards to the charity's ability to continue as a going concern.

I have no other concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.



.....
Scott Lawrence FCA, DChA
HAZLEWOODS LLP

Date 19/12/2023

Staverton Court
Staverton
Cheltenham
GL51 0UX

DISABILITY SPORTS COACH

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2023

	Notes	Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £	Unrestricted funds 2022 £	Restricted funds 2022 £	Total 2022 £
<u>Income from:</u>							
Grants receivable for core activities	3	92,811	251,664	344,475	61,165	278,836	340,001
Charitable activities	4	124,016	-	124,016	93,687	-	93,687
Total income		216,827	251,664	468,491	154,852	278,836	433,688
<u>Expenditure on:</u>							
Raising funds	5	29,475	38,212	67,687	31,394	40,630	72,024
Charitable activities	6	192,386	204,338	396,724	161,705	181,944	343,649
Total expenditure		221,861	242,550	464,411	193,099	222,574	415,673
Net (expenditure)/ income for the year/ Net movement in funds		(5,034)	9,114	4,080	(38,247)	56,262	18,015
Fund balances at 1 April 2022		52,343	95,681	148,024	90,590	39,419	130,009
Fund balances at 31 March 2023		47,309	104,795	152,104	52,343	95,681	148,024

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

DISABILITY SPORTS COACH**BALANCE SHEET****AS AT 31 MARCH 2023**

	Notes	2023 £	£	2022 £	£
Fixed assets					
Tangible assets	9		3,089		4,115
Current assets					
Debtors	10	17,744		102,715	
Cash at bank and in hand		<u>152,208</u>		<u>68,986</u>	
		169,952		171,701	
Creditors: amounts falling due within one year	11	<u>(20,937)</u>		<u>(27,792)</u>	
Net current assets			<u>149,015</u>		<u>143,909</u>
Total assets less current liabilities			<u>152,104</u>		<u>148,024</u>
Income funds					
Restricted funds			104,795		95,681
Unrestricted funds			<u>47,309</u>		<u>52,343</u>
			<u>152,104</u>		<u>148,024</u>

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2023.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

18/12/2023

The financial statements were approved by the Trustees on

Karen Sorab

.....
K E Sorab OBE, Chair
Trustee

Company registration number 08045641

DISABILITY SPORTS COACH

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2023

1 Accounting policies

Charity information

Disability Sports Coach is a private company limited by guarantee incorporated in England and Wales. The registered office is Marathon Building C/O House of Sport, 190 Great Dover Street, London, SE1 4YB.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's governing document, the Companies Act 2006, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention, [modified to include the revaluation of freehold properties and to include investment properties and certain financial instruments at fair value]. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the Trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the Trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the Trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

Assets for distribution are recognised only when distributed. Assets given for use by the charity are recognised when receivable. Stocks of undistributed donated goods are not valued for balance sheet purposes.

DISABILITY SPORTS COACH

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

1 Accounting policies

(Continued)

1.5 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably. Expenditure excludes attributable VAT where it is recovered. Where VAT is irrecoverable, it is included within support costs.

Expenditure is allocated to particular activities where the cost relates directly to that activity. Support costs comprise costs relating to the overall direction and administration on each activity, including salary, and overhead and governance costs of the central function. Support costs are apportioned to activities on the basis of usage.

1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Fixtures and fittings	5 years straight line basis
IT equipment	3 years straight line basis
Sports equipment	3 years straight line basis

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

1.7 Impairment of fixed assets

At each reporting end date, the charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

1.8 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.9 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

DISABILITY SPORTS COACH

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

1 Accounting policies

(Continued)

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

1.10 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the Trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

3 Grants receivable for core activities

	Unrestricted Funds 2023 £	Restricted Funds 2023 £	Total 2023 £	Unrestricted Funds 2022 £	Restricted Funds 2022 £	Total 2022 £
Donations and gifts	16,580	-	16,580	26,006	-	26,006
Grants receivable	76,231	251,664	327,895	35,159	278,836	313,995
	<u>92,811</u>	<u>251,664</u>	<u>344,475</u>	<u>61,165</u>	<u>278,836</u>	<u>340,001</u>

DISABILITY SPORTS COACH

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

4 Charitable activities

	Charitable Income 2023 £	Charitable Income 2022 £
Sales within charitable activities (unrestricted funds)	124,016	93,687

5 Raising funds

	Unrestricted Funds 2023 £	Restricted Funds 2023 £	Total 2023 £	Total 2022 £
<u>Trading costs</u>				
Property expenses	6,393	11,846	18,239	17,421
Office admin costs	5,944	8,205	13,969	20,778
Professional charges	11,252	14,903	26,155	27,096
Travel costs	3,630	3,439	7,069	4,395
Depreciation and impairment	2,256	-	2,256	2,334
	<u>29,475</u>	<u>38,212</u>	<u>67,687</u>	<u>72,024</u>
For the year ended 31 March 2022				
Trading costs	<u>31,394</u>	<u>40,630</u>		<u>72,024</u>

£34,188 of expenditure incurred in 2022 has been reclassified from raising funds to charitable activities below since the expenditure related to providing grants and purchasing equipment to be delivered directly to beneficiaries. This reclass has no impact on the overall funds, or the split between restricted and unrestricted expenditure presented in the financial statements.

DISABILITY SPORTS COACH

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

6 Charitable activities

	Charitable Expenditure 2023 £	Charitable Expenditure 2022 £
Staff and volunteer costs	322,668	300,945
Programme materials and marketing	4,508	8,516
Funding to external partners	69,548	34,188
	<u>396,724</u>	<u>343,649</u>
Analysis by fund		
Unrestricted funds	192,386	161,705
Restricted funds	204,338	181,944
	<u>396,724</u>	<u>343,649</u>

7 Trustees

None of the Trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

8 Employees

The average monthly number of employees during the year was:

	2023 Number	2022 Number
	<u>7</u>	<u>7</u>
Employment costs		
	2023 £	2022 £
Wages and salaries	249,811	223,558
Social security costs	26,837	17,849
Pension costs	5,152	5,372
	<u>281,800</u>	<u>246,779</u>

DISABILITY SPORTS COACH

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

9 Tangible fixed assets

	Fixtured and fittings £	IT equipment £	Sports equipment £	Total £
Cost				
At 1 April 2022	481	8,156	2,135	10,772
Additions	-	1,230	-	1,230
Disposals	(86)	(701)	(135)	(922)
	<u>395</u>	<u>8,685</u>	<u>2,000</u>	<u>11,080</u>
At 31 March 2023	<u>395</u>	<u>8,685</u>	<u>2,000</u>	<u>11,080</u>
Depreciation and impairment				
At 1 April 2022	481	5,374	802	6,657
Depreciation charged in the year	-	1,589	667	2,256
Depreciation eliminated on disposal	(86)	(701)	(135)	(922)
	<u>395</u>	<u>6,262</u>	<u>1,334</u>	<u>7,991</u>
At 31 March 2023	<u>395</u>	<u>6,262</u>	<u>1,334</u>	<u>7,991</u>
Carrying amount				
At 31 March 2023	<u>-</u>	<u>2,423</u>	<u>666</u>	<u>3,089</u>
At 31 March 2022	<u>-</u>	<u>2,782</u>	<u>1,333</u>	<u>4,115</u>

10 Debtors

Amounts falling due within one year:	2023 £	2022 £
Trade debtors	14,540	100,058
Other debtors	-	-
Prepayments and accrued income	<u>3,204</u>	<u>2,657</u>
	<u>17,744</u>	<u>102,715</u>

11 Creditors: amounts falling due within one year

	2023 £	2022 £
Other taxation and social security	7,071	6,689
Trade creditors	9,392	12,963
Other creditors	879	5,220
Accruals and deferred income	<u>3,595</u>	<u>2,920</u>
	<u>20,937</u>	<u>27,792</u>

DISABILITY SPORTS COACH

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

12 Retirement benefit schemes

The charity operates a defined contribution pension scheme for all qualifying employees. The assets of the scheme are held separately from those of the charity in an independently administered fund.

13 Analysis of net assets between funds

	Unrestricted Funds 2023 £	Restricted Funds 2023 £	Total 2023 £	Unrestricted Funds 2022 £	Restricted Funds 2022 £	Total 2022 £
Fund balances at 31 March 2023 are represented by:						
Tangible assets	3,089	-	3,089	4,115	-	4,115
Current assets/(liabilities)	<u>44,220</u>	<u>104,795</u>	<u>149,015</u>	<u>8,750</u>	<u>135,159</u>	<u>143,909</u>
	<u>47,309</u>	<u>104,795</u>	<u>152,104</u>	<u>12,865</u>	<u>135,159</u>	<u>148,024</u>

DISABILITY SPORTS COACH

England & Wales - Charity number 1150294

Accounts

Charity registration number 1150294

Company registration number 08045641 (England and Wales)

DISABILITY SPORTS COACH
ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022

DISABILITY SPORTS COACH

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	C M Mounsey-Thear, Chair J Allen C Randall K Grey A Briedyte S Vardy A J Hulston M Leggett K E Sorab	(Appointed 20 October 2021) (Appointed 24 January 2022) (Appointed 20 January 2022)
Secretary	P Ackred	
Charity number	1150294	
Company number	08045641	
Registered office	Marathon Building C/O House Of Sport 190 Great Dover Street London SE1 4YB	
Independent examiner	M J Bushell Ltd 8 High Street Brentwood Essex CM14 4AB	

DISABILITY SPORTS COACH

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DISABILITY SPORTS COACH

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT)

FOR THE YEAR ENDED 31 MARCH 2022

The Trustees present their annual report and financial statements for the year ended 31 March 2022.

The accounts have been prepared in accordance with the accounting policies set out in note 1 of the accounts and comply with the charity's governing document, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)".

Objectives and Activities

The main objectives of Disability Sports Coach (DSC) are to:

- Maximise access and provision of disabled sports across the UK.
- Raise awareness of the need for sporting, physical activity and social opportunities for Disabled people.
- Raise awareness of the sporting, physical activity and social possibilities for Disabled people to become active.

The Trustees have paid due regard to guidance issues by the Charity Commission in deciding what activities the Charity should undertake.

Achievements and Performance

We continue to see growth across the Charity's work and are pleased to report a successful year during the emergence from lockdowns and despite the continued impact of Covid-19 and general economic uncertainty. A few of the Charity's highlights have been noted below but it should also be noted that we have seen a significant increase compared to the previous year:

- Engaged with over 3,500 disabled people across our programmes.
- Over 16,500 disabled people participated in our services.
- Provided 1,750 hours of activity.

On behalf of the Board, we would like to thank the staff for their continuous dedicated support of the Charity's work. We would also like to extend our gratitude to our invaluable volunteers and funders who continually support our cause.

DISABILITY SPORTS COACH

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2022

Coaching Programmes

DSC delivers coaching programmes ranging from one-off events to all year-round programmes for a wide number of organisations such as schools (including Special Educational Needs schools), Colleges, Local Authorities, Day Care Centres, Disabled People's Organisations, Charities and other agencies wishing to offer sport and physical activity for disabled people.

Coaching Workforce

Our coaching network is entirely made up of freelance sport and physical activity leaders who support the delivery of our services. Over the last 12 months we have recruited further but we have found recruitment of sufficient numbers of adequately skilled and experienced staff a significant challenge. This is mainly due to the number of the sector's existing workforce retraining and moving into other professions. We are regularly reassessing ways to access the right staff to support our work. In line with the inclusive nature of our work, we are pleased to report that over 40% of our existing workforce have disclosed that they have a disability.

Coaching hours

During the year we have delivered over 1,200 hours of coaching activities both in person and online. This is a significant increase from our 2020/21 report (410 hours).

Summary of Key indicators

- Number of unique disabled people reached through the Charity's coaching programmes (1,728).
- Number of hours delivered (1,203).

Key achievements

- Increasing the number of sessions offered to our clients and increasing our unrestricted income above pre-pandemic levels.
- Continually providing high quality sports and physical activity services for our partners.
- Upskilling 6 freelance coaches to support more disabled people wanting to take part in sport and physical activity.

Community Clubs

Disability Sport Coach's award-winning Community Clubs are specialist, weekly sports activities for all disabled people. The purpose of the Community Club network is to ensure disabled people are more active, more often, whilst being integrated in their local community with the opportunity to develop independence and social skills.

Community Clubs aims and objectives are:

- Improve disabled people's physical, mental and social wellbeing by attending weekly sessions, competitions and annual events.
- Provide support to ensure members can access other opportunities to be more integrated in their local community.
- Support and train disabled people and their network to become volunteers and coaches, creating a more representative workforce.

DISABILITY SPORTS COACH

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

Each Community Club is delivered in partnership with the Local Authority and Leisure Provider, and all follow a similar delivery model including:

- Specialist coaches and volunteer support.
- Hosted by an accessible, community venue open to members of the public.
- Termly sports structure with recommended local and national exit routes.
- Festivals and events with a mixture of taster activities and competition, in partnership with National Governing Bodies (NGB's), delivery agencies and local club support.
- Expert promotion and focused outreach with relevant partners.

Since the project began in 2013 it has engaged over 21,000 disabled people and 2,900 structured sports sessions have been delivered.

In the face of significant resource challenges we have successfully restarted 11 Community Clubs following lockdowns due to the Coronavirus pandemic.

Home activity Programme

Throughout the year we have continued to deliver the Home Activity Programme for members who could not attend face to face. These sessions are weekly and include Dance, Yoga and an online quiz to help keep beneficiaries engaged with the Charity.

During the latter end of the year it was pleasing to see that many of these members returned to face-to-face activities through the Community club programme, while also continuing to attend the online sessions.

Training Courses

Disability Sports Coach delivers a range of training workshops to help upskill teachers, coaches, leaders, volunteers and professionals working with disabled people to help them improve their knowledge of delivering inclusive and adapted sports sessions. All courses are available to members of the public as well as privately for individual organisations.

Adapted Sports Course:

An introductory practical course, ideal for coaches, teachers, volunteers and others that work with disabled people who want to be able to support the delivery of inclusive sports sessions. The course gives the delegates the opportunity to learn how to adapt and modify activities through Boccia, Goalball, Table Cricket, Polybat and New Age Kurling.

Disability Awareness in Sports Coaching:

This course introduces the concept of disability awareness in sport, helping delegates feel more confident when working with disabled people in a sport setting. Delegates learn about different types of disability, examine social attitudes and barriers towards disabled people, and the use of appropriate terminology and communication.

ELearning: Disability Awareness in Sport:

The ELearning: Disability Awareness in Sport course is an online course, designed to help coaches, teachers, volunteers or others working with disabled people, learn about different types of disability, examine social attitudes and barriers towards disabled people and the use of appropriate terminology. Delegates explore practical ways to make coaching inclusive through the Inclusion Spectrum and STEPS principals and identify how different types of communication can also impact on this.

DISABILITY SPORTS COACH

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2022

Inclusive Coaching Workshop:

The Inclusive Coaching Workshop is designed as an introductory course for organisations that want to be able to support the delivery of inclusive activities for disabled people. Provides individuals with practical experience in how to adapt sports sessions for different impairment groups focusing on mainstream and adapted sports, communication and language explored through interactive tasks and an introduction to different types of activities. Organisations can choose sports and length of course.

Disability Equality Workshop

A bespoke course to improve individuals' knowledge and understanding of barriers that deaf and disabled people may face in a sports facility, reasons why it is important and beneficial to make services inclusive and how organisations can effectively engage with deaf and disabled people

Courses delivered in 2021/22	
Adapted Sports Course	1
ELearning: Disability Awareness in Sport	54
Inclusive Coaching Workshop	5
Disability Equality Training	1
Disability Awareness in Sport Coaching	-
Total	61

As you will see from the table above, we are slowly rebuilding the Charity's training programme following the pandemic. Whilst this is not yet at pre-pandemic levels, we are seeing this build slowly and hope to return to normal over 2022-23.

Business Development

Throughout the reporting period, efforts have been made to:

- Identify different methods of service delivery as a means of promoting sustainable growth.
- Diversify the portfolio of the Charity's services with a view to enabling partner organisations to develop their own inclusive physical activity programmes.

Licensing (Empowered programme)

A pilot programme has been developed whereby third-party non-profit organisations have been recruited and empowered, through a Service Level Agreement, to take responsibility for managing some of our London-based Community Clubs. Once concluded we will be able to analyse if this approach is more effective in achieving future growth and sustainability. The trial programme is scheduled to conclude in July 2022 when a full review and evaluation report will be produced.

DISABILITY SPORTS COACH

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

Sport England TiF/Together Fund

In our capacity as a national partner of Sport England, we have managed to secure funding which has been granted, through a competitive application process, to like-minded partner organisations in London with aspirations of developing physical activity and sports programmes for the disabled people they directly support. This grant funding programme has allowed us to extend the reach of our services and facilitate an even larger number of disabled people in leading more healthy and active lives.

During the reporting period, we supported 22 non-profit disability organisations with grants amounting to almost £40,000. This funding was put towards both the purchase of home activity sports equipment packs and the creation of new physical activity projects.

We estimate that this funding enabled an additional 600 disabled people in London to keep active and return to healthier lifestyles after long periods of inactivity due to the impact of Covid 19.

Fundraising

We are again hugely grateful to the following Trusts, Foundations and Donors for their support throughout the year, including:

Aviva
Brent Council
City Bridge Trust
City of Westminster Council
Comic Relief
Everyone Active
Garfield Weston Foundation
Greater London Authority
HCF Training & Development
Jack Petchey Foundation
John Lyon's Charity
London City Airport Community Fund
Mi-GSO PCUBED
Parkgate House School
Royal Borough of Kensington & Chelsea Leisure Services
Southwark Council
Tower Hamlets London Borough Council
Sport England
Team London Bridge
The Astor Foundation
Toyota Parasport Fund (Sport England)
United Saint Saviour's Charity
Wimbledon Foundation

DISABILITY SPORTS COACH

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

Financial Review

2021/2022 continued to be a positive year for the Charity through fundraising from trusts, foundations and individual donors, which has enabled the Charity to sustain its capacity to support its beneficiaries through its various programmes. Donations included legacy donations; we are extremely grateful for such gestures of support in difficult times.

We continue to build on both our unrestricted and restricted income through the Charity's services and at the end of March 2022 the unrestricted income represented 36% of the Charity's total income. We are delighted with this following the difficulty of the pandemic, with all of the Charity's services now back up and running for a full year.

We are continually thankful to our long-term partners at the City Bridge Trust and Sport England.

Reserves and going concern

Reserves are needed to bridge the gap between expenditure and income. The Trustees consider the ideal unrestricted reserves level (as at 31st March 2022) to be 3 months of operating costs. During times of uncertainty, we may seek to hold more unrestricted reserves, if possible, in order to allow the Charity to sustainably deliver its objectives given that income can be unpredictable for charities like ours.

Future Priorities

Looking into 2022/23:

- Create a strategy that is for the benefit of its beneficiaries and stakeholders for the next 5 years.
- Continually review its governance procedures and make sure that these are fit for purpose.
- Reviewing the Charity's structure to allow for more streamline growth.
- Reviewing the Board of Trustees to make sure that the Charity is resourced in line with developing Governance guidelines.
- Gain further financial support from Corporates, Trusts, foundations and members of the public donating to the Charity.
- Identifying further opportunities where we can support Disabled people across England and Wales.

DISABILITY SPORTS COACH

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

Structure, governance and management

The Charity is a company that is limited by guarantee and does not have a shared capital. The liability of members is limited. Every member of the company undertakes to contribute to the assets of the company if it is wound up whilst they are members, or within one year of ceasing to be a member, such accounts are limited to £1.00.

The Trustees, who are also the directors for the purposes of company law, and who served during the year and up to the date of signature of the financial statements were:

Name	
Chris Mounsey-Thear (Chair)	
Chris Randall	
James Allen	
Kate Grey	
A Briedyte	
S Vardy	
A J Hulston	(Appointed 20 th October 2021)
M Leggett	(Appointed 24 th January 2022)
K E Sorab	(Appointed 20 January 2022)

There were 3 changes to changes to the constitution of the Board of Trustees (or directors) during the year. The Trustees are aware of their responsibilities to any new Trustees.

Governance update statement

As we continually develop it is vital important that we review our Governance code to make sure that it is up to date and compliant with any new and changing charity guidance.

In 2021/22 we appointed 3 new Trustees with the responsibility for making sure that the Charity is in a strong position to leverage an appropriately broad and skilled experience and skillset in order to best support delivery of its services and is compliant with guidance. We have continually reviewed governance documents and procedures over the year and are making steady progress with our financial and risk management procedures. Going into 2022/23 we look to develop this further and look at the Board membership specifically looking at the skills needed.

Supplier payment policy

The Charity's current policy concerning the payment of trade creditors is to follow the CBI's Prompt Payers Code (copies are available from the CBI, Centre Point, 103 New Oxford Street, London WC1A 1DU).

The Charity's current policy concerning the payment of trade creditors is to:

- settle the terms of payment with suppliers when agreeing the terms of each transaction;
- ensure that suppliers are made aware of the terms of payment by inclusion of the relevant terms in contracts; and
- pay in accordance with the Charity's contractual and other legal obligations.

Trade creditors of the Charity at the year-end were equivalent to 30 day's purchases, based on the average daily amount invoiced by suppliers during the year.

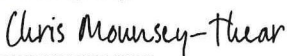
All the directors of the Company are also Trustees of the Charity. The day-to-day management is carried out by the Chief Executive (P Ackred). The Trustees provide regular support for the Chief Executive.

DISABILITY SPORTS COACH

**TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022**

The Trustees' report was approved by the Board of Trustees.

C M Mounsey-Thear, Chair

DocuSigned by:

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12 December 2022
Date:

DISABILITY SPORTS COACH

INDEPENDENT EXAMINER'S REPORT

TO THE TRUSTEES OF DISABILITY SPORTS COACH

I report on the accounts of the charity for the year ended 31 March 2022, which are set out on pages 7 to 16.

Respective responsibilities of Trustees and examiner

The charity's Trustees, who are also the directors of Disability Sports Coach for the purposes of company law, are responsible for the preparation of the financial statements. The Trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed. The charity's gross income exceeded £250,000 and I am qualified to undertake the examination being a qualified member of ACA FCCA.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- (i) examine the financial statements under section 145 of the 2011 Act;
- (ii) to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- (iii) to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the financial statements presented with those records. It also includes consideration of any unusual items or disclosures in the financial statements and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the financial statements present a 'true and fair view' and the report is limited to those matters set out in the next statement.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- (a) which gives me reasonable cause to believe that in any material respect the requirements:
 - (i) to keep accounting records in accordance with section 386 of the Companies Act 2006; and
 - (ii) to prepare financial statements which accord with the accounting records, comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities;have not been met or
- (b) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the financial statements to be reached.



Corné von Wielligh ACA

M J Bushell Ltd
8 High Street
Brentwood
Essex
CM14 4AB

Dated: 12/12/22

DISABILITY SPORTS COACH

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2022

		Unrestricted funds 2022	Restricted funds 2022	Total 2022	Unrestricted funds 2021	Restricted funds 2021	Total 2021
	Notes	£	£	£	£	£	£
Income from:							
Grants receivable for core activities	3	61,165	278,836	340,001	157,299	218,272	375,571
Charitable activities	4	93,687	-	93,687	63,737	-	63,737
Total income		154,852	278,836	433,688	221,036	218,272	439,308
Expenditure on:							
Raising funds	5	31,394	74,818	106,212	27,095	62,069	89,164
Charitable activities	6	161,705	147,756	309,461	136,822	116,784	253,606
Total expenditure		193,099	222,574	415,673	163,917	178,853	342,770
Net (expenditure)/income for the year/							
Net movement in funds		(38,247)	56,262	18,015	57,119	39,419	96,538
Fund balances at 1 April 2021		90,590	39,419	130,009	33,471	-	33,471
Fund balances at 31 March 2022		52,343	95,681	148,024	90,590	39,419	130,009

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

DISABILITY SPORTS COACH**BALANCE SHEET****AS AT 31 MARCH 2022**

	Notes	2022		2021	
		£	£	£	£
Fixed assets					
Tangible assets	9		4,115		6,121
Current assets					
Debtors	10	102,715		40,643	
Cash at bank and in hand		68,986		112,667	
		<u>171,701</u>		<u>153,310</u>	
Creditors: amounts falling due within one year	11	<u>(27,792)</u>		<u>(29,422)</u>	
Net current assets			143,909		123,888
Total assets less current liabilities			<u>148,024</u>		<u>130,009</u>
Income funds					
Restricted funds			95,681		39,419
Unrestricted funds			52,343		90,590
			<u>148,024</u>		<u>130,009</u>

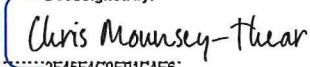
The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2022.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the Trustees on 12 December 2022

DocuSigned by:

 2F45F4C9E91CAE6...
 C M Mounsey-Thear, Chair
 Trustee

Company registration number 08045641

DISABILITY SPORTS COACH

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2022

1 Accounting policies

Charity information

Disability Sports Coach is a private company limited by guarantee incorporated in England and Wales. The registered office is Marathon Building C/O House Of Sport, 190 Great Dover Street, London, SE1 4TB.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's [governing document], the Companies Act 2006, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £1.

The financial statements have been prepared under the historical cost convention, [modified to include the revaluation of freehold properties and to include investment properties and certain financial instruments at fair value]. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the Trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the Trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the Trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

Assets for distribution are recognised only when distributed. Assets given for use by the charity are recognised when receivable. Stocks of undistributed donated goods are not valued for balance sheet purposes.

DISABILITY SPORTS COACH

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

1 Accounting policies

(Continued)

1.5 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably. Expenditure excludes attributable VAT where it is recovered. Where VAT is irrecoverable, it is included within support costs.

Expenditure is allocated to particular activities where the cost relates directly to that activity. Support costs comprise costs relating to the overall direction and administration on each activity, including salary, and overhead and governance costs of the central function. Support costs are apportioned to activities on the basis of usage.

1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Fixtures and fittings	5 years straight line basis
IT equipment	3 years straight line basis
Sports equipment	3 years straight line basis

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

1.7 Impairment of fixed assets

At each reporting end date, the charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

1.8 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.9 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

DISABILITY SPORTS COACH

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

1 Accounting policies

(Continued)

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

1.10 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the Trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

3 Grants receivable for core activities

	Unrestricted funds	Restricted funds	Total	Unrestricted funds	Restricted funds	Total
	2022	2022	2022	2021	2021	2021
	£	£	£	£	£	£
Donations and gifts	26,006	-	26,006	25,302	-	25,302
Grants receivable	35,159	278,836	313,995	131,997	218,272	350,269
	<u>61,165</u>	<u>278,836</u>	<u>340,001</u>	<u>157,299</u>	<u>218,272</u>	<u>375,571</u>

DISABILITY SPORTS COACH

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

4 Charitable activities

	Charitable Income 2022 £	Charitable Income 2021 £
Sales within charitable activities (unrestricted funds)	93,687	63,737

5 Raising funds

	Unrestricted funds 2022 £	Restricted funds 2022 £	Total 2022 £	Total 2021 £
<u>Fundraising and publicity</u>				
Staging virtual events	-	34,188	34,188	45,305
<u>Trading costs</u>				
Property expenses	4,826	12,595	17,421	13,030
Office admin costs	12,246	8,532	20,778	14,074
Professional charges	11,250	15,846	27,096	13,464
Travel costs	738	3,657	4,395	1,652
Depreciation and impairment	2,334	-	2,334	1,639
Trading costs	31,394	40,630	72,024	43,859
	31,394	74,818	106,212	89,164
For the year ended 31 March 2021				
Fundraising and publicity	-	45,305		45,305
Trading costs	27,095	16,764		43,859
	27,095	62,069		89,164

DISABILITY SPORTS COACH

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2022

6 Charitable activities

	Charitable Expenditure 2022 £	Charitable Expenditure 2021 £
Staff and volunteer costs	300,945	253,444
Programme materials and marketing	8,516	162
	<u>309,461</u>	<u>253,606</u>
	<u>309,461</u>	<u>253,606</u>
Analysis by fund		
Unrestricted funds	161,705	136,822
Restricted funds	147,756	116,784
	<u>309,461</u>	<u>253,606</u>

7 Trustees

None of the Trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

8 Employees

The average monthly number of employees during the year was:

	2022 Number	2021 Number
	<u>7</u>	<u>8</u>
Employment costs		
	2022 £	2021 £
Wages and salaries	223,558	221,725
Social security costs	17,849	16,417
	<u>241,407</u>	<u>238,142</u>

DISABILITY SPORTS COACH

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

9 Tangible fixed assets

	Fixtures and fittings	IT equipment	Sports equipment	Total
	£	£	£	£
Cost				
At 1 April 2021	481	7,827	2,135	10,443
Additions	-	329	-	329
At 31 March 2022	481	8,156	2,135	10,772
Depreciation and impairment				
At 1 April 2021	481	3,706	135	4,322
Depreciation charged in the year	-	1,668	667	2,335
At 31 March 2022	481	5,374	802	6,657
Carrying amount				
At 31 March 2022	-	2,782	1,333	4,115
At 31 March 2021	-	4,121	2,000	6,121

10 Debtors

	2022	2021
	£	£
Amounts falling due within one year:		
Trade debtors	100,058	33,464
Other debtors	-	2,314
Prepayments and accrued income	2,657	4,865
	102,715	40,643

11 Creditors: amounts falling due within one year

	2022	2021
	£	£
Other taxation and social security	6,689	13,454
Trade creditors	12,963	12,976
Other creditors	5,220	-
Accruals and deferred income	2,920	2,992
	27,792	29,422

12 Retirement benefit schemes

The charity operates a defined contribution pension scheme for all qualifying employees. The assets of the scheme are held separately from those of the charity in an independently administered fund.

DISABILITY SPORTS COACH**NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)****FOR THE YEAR ENDED 31 MARCH 2022****13 Analysis of net assets between funds**

	Unrestricted funds 2022 £	Restricted funds 2022 £	Total 2022 £	Unrestricted funds 2021 £	Restricted funds 2021 £	Total 2021 £
Fund balances at 31 March 2022 are represented by:						
Tangible assets	4,115	-	4,115	6,121	-	6,121
Current assets/(liabilities)	8,750	135,159	143,909	43,995	79,893	123,888
	<u>12,865</u>	<u>135,159</u>	<u>148,024</u>	<u>50,116</u>	<u>79,893</u>	<u>130,009</u>

DISABILITY SPORTS COACH

England & Wales - Charity number 1150294

Accounts

Charity Registration No. 1150294

Company Registration No. 08045641 (England and Wales)

DISABILITY SPORTS COACH
ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021

DISABILITY SPORTS COACH

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	C M Mounsey-Thear, Chair J Allen C Randall K Grey A Briedyte S Vardy	(Appointed 1 February 2021) (Appointed 1 February 2021)
Secretary	P Ackred	
Charity number	1150294	
Company number	08045641	
Registered office	8 High Street Brentwood Essex CM14 4AB	
Independent examiner	M J Bushell Ltd 8 High Street Brentwood Essex CM14 4AB	

DISABILITY SPORTS COACH

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DISABILITY SPORTS COACH

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT)

FOR THE YEAR ENDED 31 MARCH 2021

The Trustees present their report and financial statements for the year ended 31 March 2021.

The accounts have been prepared in accordance with the accounting policies set out in note 1 of the accounts and comply with the charity's governing document, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)"

Objectives and activities

The main objectives of Disability Sports Coach are to:

- maximise access and provision of disabled sports across the UK.
- raise awareness of the need for sporting, physical activity and social opportunities for disabled people.
- raise awareness of the sporting, physical activity and social possibilities for disabled people to become active.

The Trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

DISABILITY SPORTS COACH

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

Achievements and performance

Despite the unprecedented challenges, we have had another successful year for the charity in 2020/21. Where possible we have continued existing activities and introduced popular new services to help disabled people keep active throughout the pandemic. Highlights include:

- Engagement of 5,849 Disabled People in sporting activities
- Launch of our new Home Activity Programme
- Provided 573 hours of activity through the pandemic both face to face and online

On behalf of the Board, we would like to thank the staff for their continuous dedicated support of the charity's work. We would also like to extend our gratitude to our invaluable volunteers and funders who continually support our cause.

Coaching Programmes

The charity delivers coaching programmes ranging from one-off events to all year-round programmes for a wide number of organisations such as schools (including Special Educational Needs schools), Colleges, Local Authorities, Days Care Centres, Disabled People's Organisations, Charities and other agencies wishing to offer sport and physical activity for disabled people.

These services are now available both online and face-to-face.

Coaching Workforce

The charity's coaching workforce now consists entirely of skilled freelance sports coaches who travel throughout London to deliver sessions at various community settings as well as via online sessions. They range in age and experience and support is provided by the core team, when required, in ensuring that their sessions are adapted and modified appropriately to ensure all participants feel properly included. Sadly, the economic impact of the pandemic took its toll on our workforce with some coaches leaving the sector and others moving away from London to pursue their coaching careers elsewhere.

Coaching Hours

From 1 April 2020 to 31 March 2021 a total of 410 hours of coaching was delivered. Sessions consisted of a combination of online and face-to-face delivery, depending on the needs of the client and the availability of coaches. This, unsurprisingly, reflects a decrease compared with 2019/20 due to the enforced closure of many services across all our contracts from March 2020. Pleasingly, we saw some coaching activity return during the latter half of the year, but we are not yet back to where we were before the pandemic.

Summary of Key Indicators

- Number of unique disabled people reached through the coaching programme (414)
- Number of hours delivered (410)

Key Achievements

- Ability to pivot our delivery model to successfully introduce online coaching sessions.
- Ability to continue to provide safe physical activity and sports sessions for our partners.
- Upskilling our freelance coaches to enable them to deliver effective, safe and enjoyable online sessions.

The Impact of COVID-19 on our Coaching Programme

The pandemic has had a significant impact on how we deliver our services to other organisations and their users. We have had to adapt our services to ensure that disabled people have been able to keep active during this year. This came in the form of the introduction of online sessions and our clients were impressed by the speed with which we adapted our services as well as maintaining high levels of quality.

DISABILITY SPORTS COACH

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2021

Whilst our overall coaching income was considerably hit by COVID-19 (around 50% decrease), we are now slowly seeing the return of existing clients and the appearance of new clients wanting our services. This is very reassuring and bodes well for the recovery of our coaching programme.

Community Clubs

Disability Sport Coach's award-winning Community Clubs are specialist, weekly sports activities for all disabled people. The purpose of the Community Club network is to ensure disabled people are more active, more often, whilst being integrated in their local community with the opportunity to develop independence and social skills.

Community Clubs' aims and objectives are:

- Improve disabled people's physical, mental and social wellbeing by attending weekly sessions, competitions and annual events.
- Provide support to ensure members can access other opportunities to be more integrated in their local community.
- Support and train disabled people and their network to become volunteers and coaches, creating a more representative workforce.

Each Community Club is delivered in partnership with the Local Authority and Leisure Provider, and all follow a similar delivery model including:

- Specialist coaches and volunteer support.
- Hosted by an accessible, community venue, open to members of the public.
- Termly structure with recommended local and national exit routes to other sporting opportunities
- Festivals and events with a mixture of taster activities and competition, in partnership with National Governing Bodies (NGBs), delivery agencies and local club support.
- Expert promotion and focused outreach with relevant partners.

Since the project began in 2013 it has engaged over 20,500 disabled people and 2,800 structured sports sessions have been delivered.

The Impact of COVID-19 on our Community Club programme.

The government decision to impose several stringent national lockdown measures across the country since March 2020 has had an impact on our Community Club programme, with all clubs being suspended during most of 2020/21. We had a small window which allowed us to open a few of the clubs during September and October 2020 and this allowed us to deliver 37 sessions and attract 59 unique participants. Sadly, from November 2020 through to March 2021 the clubs were closed again due to compulsory national restrictions.

The Summer Festival was due to be held in August 2020 at Westway Sport Centre. This event has traditionally attracted hundreds of disabled people and their families and has provided an excellent opportunity to showcase our services. Unfortunately, the need to observe national guidelines and protocols meant the festival could not be held in person this year. Instead, we adapted and innovated to deliver an enjoyable online event which attracted over 190 disabled people including people from as far away as Morocco. The event also attracted National Governing Bodies of Sport and other key agencies including Sport England.

With restrictions slowly being lifted in March 2021, we are planning for a safe return to in-person Club activity for all our members. We know that this is going to take some time with significant logistical considerations as well as helping our members feel comfortable to return, with many being at greater risk of contracting COVID-19. We, therefore, plan to deliver outdoor sessions during the summer months, and then transition to indoor activity in the autumn.

DISABILITY SPORTS COACH

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

Training Courses

Disability Sports Coach delivers a range of training workshops to help upskill teachers, coaches, leaders, volunteers and professionals working with disabled people to help them improve their knowledge of delivering inclusive and adapted sports sessions. All courses are available to members of the public as well as privately for individual organisations.

Adapted Sports Course:

An introductory practical course, ideal for coaches, teachers, volunteers and others that work with disabled people who want to be able to support the delivery of inclusive sports sessions. The course gives the delegates the opportunity to learn how to adapt and modify activities through Boccia, Goalball, Table Cricket, Polybat and New Age Kurling.

Disability Awareness in Sports Coaching:

This course introduces the concept of disability awareness in sport, helping delegates feel more confident when working with disabled people in a sport setting. Delegates learn about different types of disability, examine social attitudes and barriers towards disabled people, and the use of appropriate terminology and communication.

ELearning: Disability Awareness in Sport:

The ELearning: Disability Awareness in Sport course is an online course, designed to help coaches, teachers, volunteers or others working with disabled people, learn about different types of disability, examine social attitudes and barriers towards disabled people and the use of appropriate terminology. Delegates explore practical ways to make coaching inclusive through the Inclusion Spectrum and STEPS principals and identify how different types of communication can also impact on this.

Inclusive Coaching Workshop:

The Inclusive Coaching Workshop is designed as an introductory course for organisations that want to be able to support the delivery of inclusive activities for disabled people. It provides individuals with practical experience in how to adapt sports sessions for different impairment groups focusing on mainstream and adapted sports, language and communication explored through interactive tasks and an introduction to different types of activities. Organisations can choose sports and length of course.

Disability Equality Workshop (on behalf of London Sport)

A bespoke course to improve individuals' knowledge and understanding of barriers that deaf and disabled people may face in a sports facility, reasons why it is important and beneficial to make services inclusive and how organisations can effectively engage with deaf and disabled people.

The Impact of COVID-19 on our Training Programme

The charity's training courses have, understandably, been significantly impacted by COVID-19. Whilst we had some windows of opportunity to deliver during the year, uptake on our face-to-face courses was very low.

The online courses allowed us to earn some income during the year but with only a small uptake due mainly to the increasingly competitive nature of online training as well as the need for us to prioritise other parts of the business during such difficult times.

Once traditional delivery methods can be resumed, it is anticipated that the Project Officers will take greater responsibility for identifying, promoting, organising and delivering training courses in their respective areas of London, whilst the Partnership Manager will be responsible for the development of opportunities outside the Capital.

DISABILITY SPORTS COACH

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

Home Activity Programme

One of the new additions to our services was the creation of our 'DSC At Home' programme which ensured that disabled people within our community were still able to be active during the pandemic. Disability Sports Coach was one of the first organisations in the country to take this approach in early April 2021 and we are proud that we were able to support so many disabled people and their families during this time.

The programme was designed and built to enable us to continue providing for our community and allowing disabled people to join our online sessions via Zoom. Activities such as Dance, Yoga and ball activities have all been very successful. Whilst this was very much needed and served both existing and new members, we quickly realised that not all our community could access online activities for a variety of different reasons. At the end of April 2021, we sent out our first batch of free sports equipment packs directly to 130 families most in need. These contained items such as table tennis bats and balls, bean bags, skipping ropes as well as more tactile items for people with heightened sensory needs. All this equipment could be used at home and the packs were also accompanied with an easy-read guide of different games and instructions on how the equipment could be safely and effectively used. This guide was available for free in print as well as online and was downloaded across the world. We consider the introduction of our DSC At Home programme to be one of our major successes throughout the pandemic and we are proud of the way in which it meant we could support as many disabled people as possible during such difficult times.

Key successes of the programme include:

- Delivered 1,218 free equipment packs across our network.
- Over 2,000 disabled people and family members accessed our Active at Home guides.
- Provided over 110 hours of online activity with multiple attendees.

Whilst this programme was in direct response to COVID-19 and the need for a solution to the prevention of in-person activity, we envisage that a hybrid approach of both online activity and face-to-face sessions will be an important characteristic of our delivery programme for the foreseeable future. Blended delivery will enable us to re-engage with our former clients as well as reaching new markets.

DISABILITY SPORTS COACH

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

Fundraising

We are hugely grateful to all the trusts, foundations, and donors that supported us throughout the year, including but not limited to:

Active Lambeth
Barchester Foundation
Laureus Sport for Good Foundation
Boost Charitable Trust
Brent Council
Cash4Clubs
Charities Aid Foundation (CAF)
Checkout.com
City Bridge Trust
Credit Agricole CIB - Helping Hands
The London Community Foundation
Field Family Charitable Trust
Jack Petchey Foundation
John Lyon's Charity
London Legacy Development Corporation
London Sport
Made By Sport
Making A Difference Locally (MADL)
MIGSO-Pcubed
Nike Community Impact Fund, managed by the King Baudouin Foundation
Philip Rudling
Royal Borough of Kensington & Chelsea
Sir Jules Thorn Charitable Trust
Southwark Council
Sport England
Tesco
The Blakemore Foundation
UCB Community Health Fund
Wandsworth Council
Wimbledon Foundation

We would also like to thank to our corporate partners MIGSO-Pcubed for their invaluable support over the last 12 months. The team have continued their fundraising efforts, raising a total of £3,000 through a team of 19 taking on the Big Half Marathon in London. The team have also shared guidance and insight which will help the long-term development of the charity.

DISABILITY SPORTS COACH

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

Financial review

It has been a challenging year for the charity due to government restrictions, causing the loss of around 40% of earned income from coaching and training services. However, the charity was fortunate to be supported by emergency COVID19 funding from Trusts and grants throughout 2020/21. Over this year we have applied for a total of £685,437 and were successful with £212,958, representing a 31% success rate - well above the national average of 14-15%.

We are thankful to our long-term partners at the City Bridge Trust and Sport England, whose ongoing support through the Tackling Inequalities Fund has allowed us to adapt our services and reach vulnerable disabled people at a time our services were needed most.

Reserves are needed to bridge the gap between expenditure and income. The Trustees consider the ideal reserve level (at 31st March 2021) to be 3 months of operating costs. During times of uncertainty, we may seek to hold more reserves if at all possible, in order to allow the charity to sustainably deliver its objectives.

The Trustees have assessed the major risks to which the charity is exposed and are satisfied those systems are in place to mitigate exposure to these risks.

Looking forward into 2021/22, the following areas have been addressed to fit within our growth plan:

- Reviewing the support for disabled people delivered by other organisations after COVID-19 to identify gaps and opportunities in service.
- Reviewing the charity's structure to allow it to be more streamlined for growth.
- Reviewing our current services to meet the needs of disabled people, helping increase active levels.
- Reviewing the Board of Trustees to make sure that the charity is resourced in line with our continually developing Governance guidelines.
- Gain further financial support from Corporate Partners, Trusts, Foundations and members of the public donating to the charity.
- Identifying new opportunities where we can support disabled people and organisations to increase physical activity and sports opportunities across England and Wales.
- Reviewing and developing the charity's strategy and business plan for the next 5 years.

Structure, governance and management

The charity is a company that is limited by guarantee and does not have share capital. The liability of members is limited. Every member of the company undertakes to contribute to the assets of the company if it is wound up whilst they are members, or within one year of ceasing to be a member, such amounts are limited to £1.00.

The Trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

J McIlwraith	(Resigned 1 January 2021)
C M Mounsey-Thear, Chair	
J Allen	
C Randall	
K Grey	
A Briedyte	(Appointed 1 February 2021)
S Vardy	(Appointed 1 February 2021)

There were no changes to the constitution of the board of trustees (or directors) during the year. The trustees are aware of their responsibilities to any new trustee.

DISABILITY SPORTS COACH

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2021

Governance update statement

As we continually develop, it is vital important that we review our Governance infrastructure that we put in place to make sure that it continues to be up to date and compliant with any new and changing charity guidance.

In 2019 we appointed a new Trustee James Allen with the responsibility for making sure that the charity is compliant with the charity's infrastructure. We have continually reviewed governance documents and procedures over 2020/21 and are making steady progress to further enhance our financial and risk management procedures. Going into 2021/22, we aim to develop this further by reviewing our board membership and identifying skills that will further support the charity's growth.

The company's current policy concerning the payment of trade creditors is to follow the CBI's Prompt Payers Code (copies are available from the CBI, Centre Point, 103 New Oxford Street, London WC1A 1DU).

The company's current policy concerning the payment of trade creditors is to:

- settle the terms of payment with suppliers when agreeing the terms of each transaction;
- ensure that suppliers are made aware of the terms of payment by inclusion of the relevant terms in contracts; and
- pay in accordance with the company's contractual and other legal obligations.

Trade creditors of the company at the year end were equivalent to 25 day's purchases, based on the average daily amount invoiced by suppliers during the year.

All the directors of the company are also trustees of the charity. The day-to-day management is carried out by the Chief Executive (P Ackred). The trustees provide regular support for the Chief Executive.

The Trustees' report was approved by the Board of Trustees.

DocuSigned by:

.....944C736CA5554E5.....
C M Mounsey-Thear, Chair

22 December 2021
Dated:

DISABILITY SPORTS COACH

INDEPENDENT EXAMINER'S REPORT

TO THE TRUSTEES OF DISABILITY SPORTS COACH

I report on the accounts of the charity for the year ended 31 March 2021, which are set out on pages 7 to 16.

Respective responsibilities of Trustees and examiner

The charity's Trustees, who are also the directors of Disability Sports Coach for the purposes of company law, are responsible for the preparation of the financial statements. The Trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed. The charity's gross income exceeded £250,000 and I am qualified to undertake the examination being a qualified member of ACA FCCA.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- (i) examine the financial statements under section 145 of the 2011 Act;
- (ii) to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- (iii) to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the financial statements presented with those records. It also includes consideration of any unusual items or disclosures in the financial statements, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the financial statements present a 'true and fair view' and the report is limited to those matters set out in the next statement.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- (a) which gives me reasonable cause to believe that in any material respect the requirements:
 - (i) to keep accounting records in accordance with section 386 of the Companies Act 2006; and
 - (ii) to prepare financial statements which accord with the accounting records, comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities;have not been met or
- (b) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the financial statements to be reached.



Ian Warwick ACA FCCA

M J Bushell Ltd
8 High Street
Brentwood
Essex
CM14 4AB

Dated: 22.12.2021

DISABILITY SPORTS COACH

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2021

	Notes	Unrestricted funds 2021 £	Restricted funds 2021 £	Total 2021 £	Unrestricted funds 2020 £	Restricted funds 2020 £	Total 2020 £
<u>Income from:</u>							
Grants receivable for core activities	3	157,299	218,272	375,571	18,857	185,235	204,092
Charitable activities	4	63,737	-	63,737	106,628	-	106,628
Total income		221,036	218,272	439,308	125,485	185,235	310,720
<u>Expenditure on:</u>							
Raising funds	5	27,095	62,069	89,164	39,859	38,186	78,045
Charitable activities	6	136,822	116,784	253,606	87,658	146,696	234,354
Total resources expended		163,917	178,853	342,770	127,517	184,882	312,399
Net income/(expenditure) for the year/							
Net movement in funds		57,119	39,419	96,538	(2,032)	353	(1,679)
Fund balances at 1 April 2020		33,471	-	33,471	35,149	-	35,149
Fund balances at 31 March 2021		90,590	39,419	130,009	33,117	353	33,470

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

DISABILITY SPORTS COACH**BALANCE SHEET****AS AT 31 MARCH 2021**

	Notes	2021 £	£	2020 £	£
Fixed assets					
Tangible assets	9		6,121		3,123
Current assets					
Debtors	10	40,643		59,712	
Cash at bank and in hand		112,667		28,346	
		<u>153,310</u>		<u>88,058</u>	
Creditors: amounts falling due within one year	11	<u>(29,422)</u>		<u>(57,711)</u>	
Net current assets			123,888		30,347
Total assets less current liabilities			<u>130,009</u>		<u>33,470</u>
Income funds					
Restricted funds			39,419		353
Unrestricted funds			90,590		33,117
			<u>130,009</u>		<u>33,470</u>

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2021.

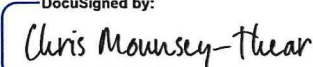
The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

22 December 2021

The financial statements were approved by the Trustees on

DocuSigned by:

944C736CA5594E9...
 C M Mounsey-Thear, Chair
 Trustee

Company Registration No. 08045641

DISABILITY SPORTS COACH

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2021

1 Accounting policies

Charity information

Disability Sports Coach is a private company limited by guarantee incorporated in England and Wales. The registered office is 8 High Street, Brentwood, Essex, CM14 4AB.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's [governing document], the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)". The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities applying FRS 102 Update Bulletin 1 not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention, modified to include the revaluation of freehold properties and to include investment properties and certain financial instruments at fair value. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the Trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the Trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the Trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

DISABILITY SPORTS COACH

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

1 Accounting policies (Continued)

Assets for distribution are recognised only when distributed. Assets given for use by the charity are recognised when receivable. Stocks of undistributed donated goods are not valued for balance sheet purposes.

1.5 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably. Expenditure excludes attributable VAT where it is recovered. Where VAT is irrecoverable, it is included within support costs.

Expenditure is allocated to particular activities where the cost relates directly to that activity. Support costs comprise costs relating to the overall direction and administration on each activity, including salary, and overhead and governance costs of the central function. Support costs are apportioned to activities on the basis of usage.

1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Fixtures and fittings	5 years straight line basis
IT equipment	3 years straight line basis
Sports equipment	3 years straight line basis

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in net income/(expenditure) for the year.

1.7 Impairment of fixed assets

At each reporting end date, the charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

1.8 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.9 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

DISABILITY SPORTS COACH

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

1 Accounting policies

(Continued)

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

1.10 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the Trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

DISABILITY SPORTS COACH

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

3 Grants receivable for core activities

	Unrestricted funds	Restricted funds	Total	Unrestricted funds	Restricted funds	Total
	2021	2021	2021	2020	2020	2020
	£	£	£	£	£	£
Donations and gifts	25,302	-	25,302	18,857	-	18,857
Grants receivable	131,997	218,272	350,269	-	185,235	185,235
	<u>157,299</u>	<u>218,272</u>	<u>375,571</u>	<u>18,857</u>	<u>185,235</u>	<u>204,092</u>

4 Charitable activities

	Charitable Income 2021	Charitable Income 2020
	£	£
Sales within charitable activities (unrestricted funds)	<u>63,737</u>	<u>106,628</u>

5 Raising funds

	Unrestricted funds	Restricted funds	Total	Total
	2021	2021	2021	2020
	£	£	£	£
<u>Fundraising and publicity</u>				
Staging virtual events	-	45,305	45,305	-
<u>Trading costs</u>				
Property expenses	4,562	8,468	13,030	35,075
Office admin costs	10,790	3,284	14,074	17,762
Professional charges	9,662	3,802	13,464	18,009
Travel costs	442	1,210	1,652	5,936
Depreciation and impairment	1,639	-	1,639	1,263
Trading costs	<u>27,095</u>	<u>16,764</u>	<u>43,859</u>	<u>78,045</u>
	<u>27,095</u>	<u>62,069</u>	<u>89,164</u>	<u>78,045</u>
For the year ended 31 March 2020				
Trading costs	<u>39,859</u>	<u>38,186</u>		<u>78,045</u>

DISABILITY SPORTS COACH

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

6 Charitable activities

	Charitable Expenditure 2021 £	Charitable Expenditure 2020 £
Staff and volunteer costs	253,444	234,335
Programme materials and marketing	162	19
	<u>253,606</u>	<u>234,354</u>
	<u>253,606</u>	<u>234,354</u>
Analysis by fund		
Unrestricted funds	136,822	87,658
Restricted funds	116,784	146,696
	<u>253,606</u>	<u>234,354</u>

7 Trustees

None of the Trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

8 Employees

Number of employees

The average monthly number of employees during the year was:

	2021 Number	2020 Number
	8	11
	<u>8</u>	<u>11</u>
Employment costs	2021 £	2020 £
Wages and salaries	197,844	135,460
Social security costs	18,054	11,645
	<u>197,844</u>	<u>135,460</u>
	<u>18,054</u>	<u>11,645</u>

During 2019/20 the charity had a number of part-time employees leave their posts. A charity restructure replaced all part-time roles with full-time positions and created a new management role in 2020/21.

DISABILITY SPORTS COACH

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

9 Tangible fixed assets

	Fixtures and fittings	IT equipment	Sports equipment	Total
	£	£	£	£
Cost				
At 1 April 2020	481	8,956	135	9,572
Additions	-	2,655	2,000	4,655
Disposals	-	(3,784)	-	(3,784)
At 31 March 2021	481	7,827	2,135	10,443
Depreciation and impairment				
At 1 April 2020	481	5,833	135	6,449
Depreciation charged in the year	-	1,657	-	1,657
Eliminated in respect of disposals	-	(3,784)	-	(3,784)
At 31 March 2021	481	3,706	135	4,322
Carrying amount				
At 31 March 2021	-	4,121	2,000	6,121
At 31 March 2020	-	3,123	-	3,123

10 Debtors

	2021	2020
	£	£
Amounts falling due within one year:		
Trade debtors	33,464	56,312
Other debtors	2,314	350
Prepayments and accrued income	4,865	3,050
	40,643	59,712

11 Creditors: amounts falling due within one year

	2021	2020
	£	£
Other taxation and social security	13,454	12,561
Trade creditors	12,976	9,358
Other creditors	-	33,032
Accruals and deferred income	2,992	2,760
	29,422	57,711

DISABILITY SPORTS COACH

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

12 Retirement benefit schemes

The charity operates a defined contribution pension scheme for all qualifying employees. The assets of the scheme are held separately from those of the charity in an independently administered fund.

13 Analysis of net assets between funds

	Unrestricted funds	Restricted funds	Total	Unrestricted funds	Restricted funds	Total
	2021	2021	2021	2020	2020	2020
	£	£	£	£	£	£
Fund balances at 31 March 2021 are represented by:						
Tangible assets	6,121	-	6,121	3,123	-	3,123
Current assets/ (liabilities)	43,995	79,893	123,888	28,020	2,327	30,347
	<u>50,116</u>	<u>79,893</u>	<u>130,009</u>	<u>31,143</u>	<u>2,327</u>	<u>33,470</u>