

# HEALTH AND EDUCATION CENTRE

England & Wales · Charity number 1150279

## Details

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**Other names** KENSINGTON YOGA AND THERAPY CENTRE, KENYTC

**Status** Registered

**Legal form** Charitable company

**Company number** [07874367](#)

**Registered** 2012-12-21

**Register** [View on the Charity Commission register](#)

## Contact

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**Address** Northolt Golf Club Ltd  
Huxley Close  
Northolt  
UB5 5UL

**Phone** 02088415550

**Email** [kyogac@gmail.com](mailto:kyogac@gmail.com)

**Website** <http://www.kensingtonyoga.co.uk/>

## Activities

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**Objects:** THE PRESERVATION AND PROTECTION OF GOOD PHYSICAL AND MENTAL HEALTH FOR THE PUBLIC BENEFIT BY THE PROVISION OF COMPLEMENTARY THERAPIES IN MASSAGE, MEDITATION AND YOGA, THERAPEUTIC COUNSELLING AND ADVICE ON DIET AND HEALTH.

**Activities:** Teaching and promotion of Yoga  
Promotion of awareness of various health problems affecting the community and preventing them through education and holistic means and methods.  
Promotion of physical well being through yoga and meditation  
Holistic health support activities such as massage etc  
Stress relief  
Promoting healthy life-style for mind and body

## Classification

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- **How:** Provides Services
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives
- **Who:** The General Public/mankind

## Geography

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- India
- Ealing
- Hammersmith And Fulham
- Kensington And Chelsea
- Merton

## Finances

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Period end	Income	Expenditure	Assets	Employees
2025-03-31		£0	£625	-
2024-03-31		£0	£828	-
2023-03-31		£0	£828	-
2022-03-31		£0	£828	-
2021-03-31		£0	£834	-

## Trustees

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Name	Role	Appointed
AKSHATA ASHOK KHANDEKAR AKSHATA	Chair	2012-12-19
ALKA MAHADEO BHIDE MBBS, MD		2012-04-16
DR MAHA BHIDE		2012-04-16
KUSH KHANDEKAR		2012-12-21