

RHEMA COUNSELLING  
FINANCIAL STATEMENTS  
Year ended  
30 JUNE 2024

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For the year ended 30 June 2024**

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**Trustees Annual Report  
For the year ended 30 June 2024**

The trustees present their report with the financial statements of the charity for the year ended 30 June 2024.

**Reference and Administration Details**

Name of Charity: Rhema Counselling (previously Restoration House Ministries Hull)

Charity Registration No: 1150229

Trustees:

(for the period of accounts unless otherwise stated) Valerie Howat-Hindle Chairperson from 03.02.21  
Geoff Hall  
Jackie Lygo

Contact Address:

Rhema Counselling  
(RHM Recovery)  
Selby Street Mission  
Hull  
East Yorkshire  
HU3 3PB

Independent Examiner:

Rebecca Triffitt MAAT  
Practice Accountant, employee of  
Phoenix Accountancy and Business Consultancy Limited  
Morley's Cottage  
Morley's Yard  
Walkergate  
Beverley  
East Yorkshire  
HU17 9BY

Bankers:

HSBC  
1 King Street  
Bridlington  
East Yorkshire  
YO15 2DL

**Trustees Annual Report  
For the year ended 30 June 2024****Structure, Governance and Management**Governing Document:

Rhema Counselling is a registered charity governed by its Constitution, which was adopted on 01 July 2011 and amended on 12th December 2012 and 02 December 2020.

Trustees Recruitment and Responsibilities:

Rhema Counselling is run and managed by its Trustees on a voluntary basis. Trustees are appointed to the Board.

**Objectives and Activities**Summary of the objects of the charity set out in its governing document:

The aim of Rhema Counselling is the advancement of the Christian faith in particular but not exclusively by the relief of poverty, sickness and distress among those persons who are dependent upon or affected by addiction to drugs and alcohol by the provisions of advice, support and counselling.

Summary of the main activities undertaken for the public benefit in relation to these objects:

In developing the main activities of Rhema Counselling the Trustees have given regard to the Charity Commission guidance on public benefit.

- 12-Step Classes for addicts to attend in a group setting that enables them to overcome their addictions such as alcohol, drugs, sex, pornography, gambling etc.
- 1-2-1 Counselling sessions for clients both suffering with addictions and also for emotional problems to aid their recovery from all kinds of issues. This is open to the public and not just those suffering from addictions.
- Boundaries Course – This is a continuous rolling program that helps people to relate to others in their relationships with family members, work colleagues and those that we come into contact with.
- 12-Step Training. We provide teaching, training and mentoring to churches and communities that need an addiction recovery centre in their area. We have been able to plant 2 recovery centres.
- Outreach to the homeless, those in the hostels and those in poverty, we provide food and advice.

**Trustees Annual Report  
For the year ended 30 June 2024****Achievements and Performance**Summary of the main achievements of the charity during the year:

Our main achievements are listed below:

- We have continued our 12-Step groups but also kept on Zoom classes which have been well attended.
- With this now being our thirtieth year, we continue to use many volunteers and sub-contractors for our counselling clients. We have been able to help numerous people in their recovery from addictions and impending struggle with mental health issues.
- Sources of funding this year has again been on a declining trajectory, however, we've been able to manage our activities to keep them at the current levels.
- We continue to develop our partnership with Selby St Mission, and they see this partnership as a strategic development of their resources to the community and therefore, have increased their funding towards helping us accommodate this further provision.
- Our partnerships with existing colleges and universities in the north, have provided trainee counsellors and now we've expanding our training to include doctorate candidates from St Johns University York. This helps provide low cost counselling for those on low incomes and many clients that received counselling from us have benefitted from this endeavour.
- We've continued our partnership with First College from February 2023 to provide counselling for the HMRC and have just received knowledge of increased partnership for another two years.

**Financial Review**Reserves Policy:

We currently do not have a reserves policy, all reserves are carried forward to ensure we can continue to provide support throughout the following year.

Principal Funding Sources

See note 7 of the "Notes to the Accounts" for a detailed explanation of the Company's restricted funds. The main income sources to unrestricted funds is through grants, contracts, and donations. During the year all expenditure has been concentrated on the key objectives of the charity.

**Trustees Annual Report  
For the year ended 30 June 2024****Independent Examination**

As the income of the Charity is below £1 million, Rhema Counselling has opted for a Charity Independent Examination for the year ending 30 June 2023 in line with the Charities Act 2011.

Rebecca Triffitt MAAT of Phoenix Accountancy and Business Consultancy Limited has undertaken the Independent Examination.

**Statement of disclosure of information to Independent Examiner**

We, the trustees of the Charity who held office at the date of approval of these financial statements, each confirm so far as we are aware, that:

- ⊗ there is no relevant information of which the Charity's Independent Examiner is unaware; and
- ⊗ we have taken all the steps that we ought to have taken as Trustees in order to make ourselves aware of any relevant information and to establish that the Charity's Independent Examiner is aware of that information.

**Statement of Trustee's responsibilities**

The charity Trustees are responsible for preparing a Trustees' Annual Report and financial statements in accordance with the requirements of the Charities Commission and applicable law.

In line with the Charities Act, the Charity has elected to prepare their accounts on the Receipts and Payments basis which is an allowable format for charities with an income below £250,000.

The Trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Charities Act 2011. They are also responsible for safeguarding the assets of the charity and hence taking reasonable steps for the prevention and detection of fraud and other irregularities.

The Trustees are responsible for the maintenance and integrity of the corporate and financial information included on the Charity's website.

**Report of the Board of Trustees  
For the year ended 30 June 2024**

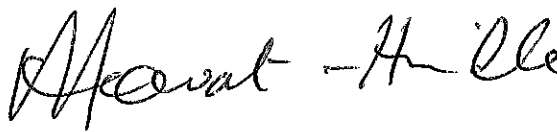
**Statement of Trustee's responsibilities (continued)**

**Declaration**

The trustees declare that they have approved the Trustees' report above.

Signed on behalf of the charity's trustees:

Valerie Howat-Hindle  
Chairperson

A handwritten signature in black ink, appearing to read 'Valerie Howat-Hindle', written over a horizontal line.

Date:

27<sup>th</sup> October 2024

**Independent Examiner's Report to the Members of Rhema Counselling**

I report on the accounts of Rhema Counselling for the year ended 30 June 2024, which are set out on pages 9 to 13.

**Respective responsibilities of trustees and examiner**

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act;
- to follow the procedures laid down in the General Directions given by the Charity Commissioners under section 145 (5)(b) of the Charities Act; and
- to state whether particular matters have come to my attention.

**Basis of independent examiner's report**

My examination was carried out in accordance with the General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the view given by the accounts.

**Independent examiner's statement**

In connection with my examination, no matter has come to my attention:

- (1) which gives me reasonable cause to believe that in any material respect the requirements
- to keep accounting records in accordance with section 130 and 131 of the Charities Act; and
  - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act
- have not been met; or

- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Rebecca Triffitt, MAAT

Practice Accountant, employee of:  
Phoenix Accountancy and Business Consultancy Limited  
Morley's Cottage  
Morley's Yard  
Walkergate  
Beverley  
HU17 9BY



Date:

13/11/24



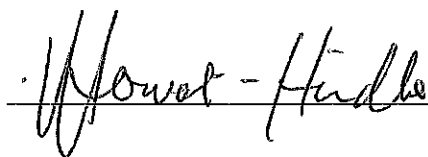
## Receipts and Payments Account For the year ended 30 June 2024

	Notes	2024		2024		2023		2023	
		Unrestricted	Restricted	Total	Unrestricted	Restricted	Total	Unrestricted	Restricted
		£	£	£	£	£	£	£	£
<b>RECEIPTS</b>									
Grants	1	-	10,000	10,000	3,000	2,000	5,000	-	-
Contracts	2	-	-	-	-	-	-	-	-
Donations		9,445	-	9,445	21,799	-	21,799	-	-
Sales		9,093	-	9,093	4,117	-	4,117	-	-
Gift Aid		1,377	-	1,377	3,638	-	3,638	-	-
		19,915	10,000	29,915	32,554	2,000	34,554	-	-
<b>PAYMENTS</b>									
Staffing Costs	4	6,991	2,955	9,945	34,155	-	34,155	-	-
Training		68	-	68	871	-	871	-	-
Insurance		638	100	738	908	-	908	-	-
Office Costs		4,170	682	4,852	6,498	-	6,498	-	-
Fuel & Vehicle costs		6,726	573	7,299	6,270	-	6,270	-	-
Client Meals & Volunteer Costs		1,497	545	2,042	213	2,000	2,213	-	-
Venue Hire		750	-	750	4,800	-	4,800	-	-
Trips		722	-	722	647	-	647	-	-
Professional Fees		604	-	604	640	-	640	-	-
Accounts Fees		327	-	327	850	-	850	-	-
Equipment	5	-	-	-	599	-	599	-	-
Advertising & Marketing		455	145	600	651	-	651	-	-
Bank Charges		83	-	83	114	-	114	-	-
Miscellaneous		238	-	238	219	-	219	-	-
		23,269	4,999	28,268	57,435	2,000	59,435	-	-
<b>Net surplus/(deficit) for the year</b>									
Cash and bank balances brought forward		(3,354)	5,001	1,647	(24,881)	-	(24,881)	-	-
		3,653	-	3,653	28,534	-	28,534	-	-
<b>Cash and bank balances carried forward</b>		<b>299</b>	<b>5,001</b>	<b>5,300</b>	<b>3,653</b>	<b>-</b>	<b>3,653</b>	<b>-</b>	<b>-</b>

**Statement of Assets and Liabilities**  
**As at 30 June 2024**

	Notes	2024 £	2023 £
<b>Monetary Assets</b>			
Current Account		5,778	3,281
Cash		372	372
Loan		(850)	-
<b>Total Monetary Assets</b>		<b>5,300</b>	<b>3,653</b>
Comprising:			
Unrestricted Funds		299	3,653
Restricted Funds	7	5,001	-
		<b>5,300</b>	<b>3,653</b>
<b>Non Monetary Assets and Liabilities</b>			
<b>Fixed Assets for the Charity's use (at cost)</b>			
2 I Pads		760	760
1 I Phone 12 Pro Max		1,199	1,199
Printer		200	200
Fridge Freezer		620	620
Projector		400	400
Speaker		199	199
Air con unit – series 8000		330	330
2 Filing Cabinets		269	269
		<b>3,977</b>	<b>3,977</b>
<b>Debtors</b>			
HMRC - Overpayment		-	-
		<b>-</b>	<b>-</b>
<b>Creditors</b>			
Accounts Fees – Current Year		(299)	(320)
Other Creditors – NEST		(53)	(120)
Other Creditors – PAYE		-	-
		<b>(352)</b>	<b>(440)</b>

These financial statements were approved by the committee on 27 Oct 2024 and signed on its behalf by:



Valerie Howat-Hindle, Chairperson

The notes on pages 11 to 13 form part of these financial statements.

**Notes to the Accounts  
For the year ended 30 June 2024**

**Notes**

**1 Basis of Preparation**

These accounts have been prepared on a receipts and payments (R&P) basis in line with charity commission guidance for a charity of this size. The organisation registered as a charity on the 12th December 2012.

The comparative figures are for the year ending 30 June 2023.

**2 Grants Received**

	2024		2024		2023		2023	
	Unrestricted	Restricted	Unrestricted	Total	Unrestricted	Restricted	Total	Total
	£	£	£	£	£	£	£	£
Two Ridings Community	-	10,000	10,000	10,000	3,000	2,000	5,000	5,000
	-	10,000	10,000	10,000	3,000	2,000	5,000	5,000

**Notes to the Accounts**  
**For the year ended 30 June 2024**

**3 Taxation**

The association is a registered charity, registration number 1150299. All the associations' income is applied to its charitable objectives and the association is therefore exempt under current legislation from most forms of taxation.

**4 Staffing Costs**

	<b>Total 2024</b>	<b>Total 2023</b>
	£	£
Gross Pay	5,557	22,914
Employers Pension	170	681
HMRC Overpayment	-	-
Sub-contracted Counsellors	4,218	10,560
	<u>9,945</u>	<u>34,155</u>

**Average number of paid employees**

<b>2024</b>	<b>2023</b>
1	1.33

There are no higher paid staff

**5 Equipment**

	<b>Total 2024</b>	<b>Total 2023</b>
	£	£
Equipment Capitalised (as per Statement of Assets and Liabilities)	-	599
Small Equipment not capitalised	-	-
	<u>-</u>	<u>599</u>

**6 Trustee Remuneration**

No remuneration directly or indirectly out of the funds of the charity was paid or payable for the year to any Trustee.

There was no reimbursement of travel expenses amounting to Trustees in respect of the year.

**Notes to the Accounts**  
**For the year ended 30 June 2024**

**7 Restricted Funds**

	Balance as at 01/07/23	Incoming	Outgoing	Transfers	Balance as at 30/06/24
	£	£	£	£	£
Two Ridings Community	-	10,000	(4,999)	-	5,001
	-	10,000	(4,999)	-	5,001

A brief description of the restricted funds are shown below:

**Two Ridings Community – Cost of Living Crisis Fund**

Restricted funding was received from Two Ridings Community Fund. The funds were to be spent on wages, and external counselling fees, travel, food overheads.