

RHEMA COUNSELLING
FINANCIAL STATEMENTS
Year ended
30 JUNE 2023

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For the year ended 30 June 2023**

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**Trustees Annual Report
For the year ended 30 June 2023**

The trustees present their report with the financial statements of the charity for the year ended 30 June 2023.

Reference and Administration Details

Name of Charity: Rhema Counselling (previously Restoration House Ministries Hull)

Charity Registration No: 1150229

Trustees:

(for the period of accounts unless otherwise stated) Valerie Howat-Hindle Chairperson from 03.02.21
Geoff Hall
Jackie Lygo

Contact Address: Rhema Counselling
(RHM Recovery)
Selby Street Mission
Hull
East Yorkshire
HU3 3PB

Independent Examiner: Rebecca Triffitt MAAT
Practice Accountant, employee of
Phoenix Accountancy and Business Consultancy Limited
Morley's Cottage
Morley's Yard
Walkergate
Beverley
East Yorkshire
HU17 9BY

Bankers: HSBC
1 King Street
Bridlington
East Yorkshire
YO15 2DL

**Trustees Annual Report
For the year ended 30 June 2023****Structure, Governance and Management**Governing Document:

Rhema Counselling is a registered charity governed by its Constitution, which was adopted on 01 July 2011 and amended on 12th December 2012 and 02 December 2020.

Trustees Recruitment and Responsibilities:

Rhema Counselling is run and managed by its Trustees on a voluntary basis. Trustees are appointed to the Board.

Objectives and ActivitiesSummary of the objects of the charity set out in its governing document:

The aim of Rhema Counselling is the advancement of the Christian faith in particular but not exclusively by the relief of poverty, sickness and distress among those persons who are dependent upon or affected by addiction to drugs and alcohol by the provisions of advice, support and counselling.

Summary of the main activities undertaken for the public benefit in relation to these objects:

In developing the main activities of Rhema Counselling the Trustees have given regard to the Charity Commission guidance on public benefit.

- 12-Step Classes for addicts to attend in a group setting that enables them to overcome their addictions such as alcohol, drugs, sex, pornography, gambling etc.
- 1-2-1 Counselling sessions for clients both suffering with addictions and also for emotional problems to aid their recovery from all kinds of issues. This is open to the public and not just those suffering from addictions.
- Boundaries Course – This is a continuous rolling program that helps people to relate to others in their relationships with family members, work colleagues and those that we come into contact with.
- 12-Step Training. We provide teaching, training and mentoring to churches and communities that need an addiction recovery centre in their area. We have been able to plant 2 recovery centres.
- Outreach to the homeless, those in the hostels and those in poverty, we provide food and advice.

**Trustees Annual Report
For the year ended 30 June 2023****Achievements and Performance**Summary of the main achievements of the charity during the year:

Our main achievements are listed below:

- We have continued our 12-Step groups but also kept on Zoom classes which have been well attended.
- With this now being our twelfth year, we expanded our staff (sub – contractors) & volunteers to cope with the extra workload of counselling clients. We have been able to help numerous people in their recovery from addictions and impending struggle with mental health issues.
- We have made new networking partners that have benefitted our outreach programs. Yet sources of funding this year has been declining due to the financial crisis that people are feeling the effects of these issues. Funding opportunities have been difficult to obtain, but we are still optimistic that we've been able to endure this climate that other charities have been unable to and have had to close, yet we feel that although our income has declined we have still maintained all of our outreach programs.
- We continue to develop our partnership with Selby St Mission, and they see this partnership as a strategic development of their resources to the community and therefore, have built extra capacity in the building to accommodate further provision.
- With continued our partnerships with existing counselling colleges and universities but we've expanded our portfolio of college's to include Leeds University this year and will be adding two more universities for the start of the academic year in September. This has been a great success for us with nineteen trainees utilising this project where they must complete 100hrs 1-2-1 with clients and the many clients that receive counselling from us have benefitted from this endeavour.
- We started a partnership with First College in February 2023 to provide counselling for HMRC which is very similar to the partnership with Shaw Trust. We anticipate that this is a long-term partnership and we hope to see this develop over the coming months.

**Trustees Annual Report
For the year ended 30 June 2023****Financial Review**Reserves Policy:

We currently do not have a reserves policy, all reserves are carried forward to ensure we can continue to provide support throughout the following year.

Principal Funding Sources

See note 7 of the "Notes to the Accounts" for a detailed explanation of the Company's restricted funds. The main income sources to unrestricted funds is through grants, contracts, and donations. During the year all expenditure has been concentrated on the key objectives of the charity.

Independent Examination

As the Income of the Charity is below £1 million, Rhema Counselling has opted for a Charity Independent Examination for the year ending 30 June 2023 in line with the Charities Act 2011.

Rebecca Triffitt MAAT of Phoenix Accountancy and Business Consultancy Limited has undertaken the Independent Examination.

Statement of disclosure of information to Independent Examiner

We, the trustees of the Charity who held office at the date of approval of these financial statements, each confirm so far as we are aware, that:

- ⊗ there is no relevant information of which the Charity's Independent Examiner is unaware; and
- ⊗ we have taken all the steps that we ought to have taken as Trustees in order to make ourselves aware of any relevant information and to establish that the Charity's Independent Examiner is aware of that information.

Statement of Trustee's responsibilities

The charity Trustees are responsible for preparing a Trustees' Annual Report and financial statements in accordance with the requirements of the Charities Commission and applicable law.

In line with the Charities Act, the Charity has elected to prepare their accounts on the Receipts and Payments basis which is an allowable format for charities with an income below £250,000.

**Report of the Board of Trustees
For the year ended 30 June 2023****Statement of Trustee's responsibilities (continued)**

The Trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Charities Act 2011. They are also responsible for safeguarding the assets of the charity and hence taking reasonable steps for the prevention and detection of fraud and other irregularities.

The Trustees are responsible for the maintenance and integrity of the corporate and financial information included on the Charity's website.

Declaration

The trustees declare that they have approved the Trustees' report above.

Signed on behalf of the charity's trustees:

Valerie Howat-Hindle
Chairperson



Date: 18/12/23

Independent Examiner's Report to the Members of Rhema Counselling

I report on the accounts of Rhema Counselling for the year ended 30 June 2023, which are set out on pages 9 to 13.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act;
- to follow the procedures laid down in the General Directions given by the Charity Commissioners under section 145 (5)(b) of the Charities Act; and
- to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the view given by the accounts.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- (1) which gives me reasonable cause to believe that in any material respect the requirements
- to keep accounting records in accordance with section 130 and 131 of the Charities Act; and
 - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act
- have not been met; or

- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Rebecca Triffitt, MAAT

Practice Accountant, employee of:
Phoenix Accountancy and Business Consultancy Limited
Morley's Cottage
Morley's Yard
Walkergate
Beverley
HU17 9BY



Date: 20/12/23.

Receipts and Payments Account

For the year ended 30 June 2023

| Notes | 2023 | | 2023 | | 2023 | | 2022 | | 2022 | |
|---|-----------------|--------------|--------------|------------|-----------------|--|-----------------|------------|-------|-----------------|
| | Unrestricted | Restricted | Unrestricted | Restricted | Total | | Unrestricted | Restricted | Total | |
| | £ | £ | £ | £ | £ | | £ | £ | £ | |
| RECEIPTS | | | | | | | | | | |
| Grants | 3,000 | 2,000 | | | 5,000 | | - | - | - | - |
| Contracts | - | - | | | - | | 115,839 | - | - | 115,839 |
| Donations | 21,799 | - | | | 21,799 | | 10,715 | - | - | 10,715 |
| Sales | 4,117 | - | | | 4,117 | | 125 | - | - | 125 |
| Gift Aid | 3,638 | - | | | 3,638 | | - | - | - | - |
| | 32,554 | 2,000 | | | 34,554 | | 126,679 | | | 126,679 |
| PAYMENTS | | | | | | | | | | |
| Staffing Costs | 34,155 | - | | | 34,155 | | 106,107 | - | - | 106,107 |
| Training | 871 | - | | | 871 | | 150 | - | - | 150 |
| Donations | - | - | | | - | | 1,795 | - | - | 1,795 |
| Insurance | 908 | - | | | 908 | | 1,323 | - | - | 1,323 |
| Office Costs | 6,498 | - | | | 6,498 | | 4,472 | - | - | 4,472 |
| Fuel & Vehicle costs | 6,270 | - | | | 6,270 | | 11,727 | - | - | 11,727 |
| Client Meals | 213 | 2,000 | | | 2,213 | | 3,794 | - | - | 3,794 |
| Venue Hire | 4,800 | - | | | 4,800 | | 13,600 | - | - | 13,600 |
| Trips | 647 | - | | | 647 | | 364 | - | - | 364 |
| Professional Fees | 640 | - | | | 640 | | 645 | - | - | 645 |
| Accounts Fees | 850 | - | | | 850 | | 610 | - | - | 610 |
| Equipment | 599 | - | | | 599 | | 749 | - | - | 749 |
| Advertising & Marketing | 651 | - | | | 651 | | - | - | - | - |
| Miscellaneous | 333 | - | | | 333 | | 610 | - | - | 610 |
| | 57,435 | 2,000 | | | 59,435 | | 145,946 | | | 145,946 |
| Net surplus/(deficit) for the year | (24,881) | - | | | (24,881) | | (19,267) | - | - | (19,267) |
| Cash and bank balances brought forward | 28,534 | - | | | 28,534 | | 47,801 | - | - | 47,801 |
| Cash and bank balances carried forward | 3,653 | - | | | 3,653 | | 28,534 | - | - | 28,534 |

Statement of Assets and Liabilities
As at 30 June 2023

| | Notes | 2023 £ | 2022 £ |
|---|-------|--------------|----------------|
| Monetary Assets | | | |
| Current Account | | 3,281 | 28,152 |
| Cash | | 372 | 382 |
| Total Monetary Assets | | <u>3,653</u> | <u>28,534</u> |
| Comprising: | | | |
| Unrestricted Funds | | 3,653 | 28,534 |
| Restricted Funds | 7 | - | - |
| | | <u>3,653</u> | <u>28,534</u> |
| Non Monetary Assets and Liabilities | | | |
| Fixed Assets for the Charity's use (at cost) | | | |
| 2 I Pads | | 760 | 760 |
| 1 I Phone 12 Pro Max | | 1,199 | 1,199 |
| Printer | | 200 | 200 |
| Fridge Freezer | | 620 | 620 |
| Projector | | 400 | 400 |
| Speaker | | 199 | 199 |
| Air con unit – series 8000 | | 330 | - |
| 2 Filing Cabinets | | 269 | - |
| | | <u>3,977</u> | <u>3,378</u> |
| Debtors | | | |
| HMRC - Overpayment | | - | 441 |
| | | <u>-</u> | <u>441</u> |
| Creditors | | | |
| Accounts Fees – Current Year | | (320) | (850) |
| Other Creditors – NEST | | (120) | (226) |
| Other Creditors – PAYE | | - | - |
| | | <u>(440)</u> | <u>(1,076)</u> |

These financial statements were approved by the committee on 18/12/2023 and signed on its behalf by:



Valerie Howat-Hindle, Chairperson

The notes on pages 11 to 13 form part of these financial statements.

Notes to the Accounts For the year ended 30 June 2023

Notes

1 Basis of Preparation

These accounts have been prepared on a receipts and payments (R&P) basis in line with charity commission guidance for a charity of this size. The organisation registered as a charity on the 12th December 2012.

The comparative figures are for the year ending 30 June 2022.

2 Grants Received

| | 2023 Unrestricted £ | 2023 Restricted £ | 2023 Total £ | 2022 Unrestricted £ | 2022 Restricted £ | 2022 Total £ |
|-----------------------|---------------------------|-------------------------|--------------------|---------------------------|-------------------------|--------------------|
| Two Ridings Community | 3,000 | 2,000 | 5,000 | - | - | - |
| | 3,000 | 2,000 | 5,000 | - | - | - |

Notes to the Accounts
For the year ended 30 June 2023

3 Taxation

The association is a registered charity, registration number 1150299. All the associations' income is applied to its charitable objectives and the association is therefore exempt under current legislation from most forms of taxation.

4 Staffing Costs

| | Total 2023 | Total 2022 |
|----------------------------|-----------------------|-----------------------|
| | £ | £ |
| Gross Pay | 22,914 | 42,824 |
| Employers Pension | 681 | 1,278 |
| HMRC Overpayment | - | 441 |
| Sub-contracted Counsellors | 10,560 | 61,564 |
| | <u>34,155</u> | <u>106,107</u> |

Average number of paid employees

| 2023 | 2022 |
|-------------|-------------|
| 1.33 | 2 |

There are no higher paid staff

5 Equipment

| | Total 2023 | Total 2022 |
|--|-----------------------|-----------------------|
| | £ | £ |
| Equipment Capitalised (as per Statement of Assets and Liabilities) | 599 | 599 |
| Small Equipment not capitalised | - | 150 |
| | <u>599</u> | <u>749</u> |

6 Trustee Remuneration

No remuneration directly or indirectly out of the funds of the charity was paid or payable for the year to any Trustee.

There was no reimbursement of travel expenses amounting to Trustees in respect of the year.

Notes to the Accounts
For the year ended 30 June 2023

7 Restricted Funds

| | Balance as at 01/07/22 | Incoming | Outgoing | Transfers | Balance as at 30/06/23 |
|-----------------------|------------------------------|----------|----------|-----------|------------------------------|
| | £ | £ | £ | £ | £ |
| Two Ridings Community | - | 2000 | (2000) | - | - |
| | - | 2,000 | (2,000) | - | - |

A brief description of the restricted funds are shown below:

Two Ridings Community – Cost of Living Crisis Fund

Restricted funding was received from Two Ridings Community Fund. The funds were to be spent on food support. Also £3,000 of unrestricted grant was also given from two Ridings community for the charity to use on their own core costs.