

RHEMA COUNSELLING  
FINANCIAL STATEMENTS  
Year ended  
30 JUNE 2022

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For the year ended 30 June 2022**

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**Trustees Annual Report  
For the year ended 30 June 2022**

The trustees present their report with the financial statements of the charity for the year ended 30 June 2021.

**Reference and Administration Details**

Name of Charity: Rhema Counselling (previously Restoration House Ministries Hull)

Charity Registration No: 1150229

<u>Trustees:</u> (for the period of accounts unless otherwise stated)	Ian Baker	Chairperson to 03.02.21
	Valerie Howat-Hindle	Chairperson from 03.02.21
	Geoff Hall	
	Jackie Lygo	

Contact Address: Rhema Counselling  
(RHM Recovery)  
Selby Street Mission  
Hull  
East Yorkshire  
HU3 3PB

Independent Examiner: Rebecca Triffitt MAAT  
Practice Accountant, employee of  
Phoenix Accountancy and Business Consultancy Limited  
Morley's Cottage  
Morley's Yard  
Walkergate  
Beverley  
East Yorkshire  
HU17 9BY

Bankers: HSBC  
1 King Street  
Bridlington  
East Yorkshire  
YO15 2DL

## **Trustees Annual Report For the year ended 30 June 2022**

### **Structure, Governance and Management**

#### Governing Document:

Rhema Counselling is a registered charity governed by its Constitution, which was adopted on 01 July 2011 and amended on 12th December 2012 and 02 December 2020.

#### Trustees Recruitment and Responsibilities:

Rhema Counselling is run and managed by its Trustees on a voluntary basis. Trustees are appointed to the Board.

### **Objectives and Activities**

#### Summary of the objects of the charity set out in its governing document:

The aim of Rhema Counselling is the advancement of the Christian faith in particular but not exclusively by the relief of poverty, sickness and distress among those persons who are dependent upon or affected by addiction to drugs and alcohol by the provisions of advice, support and counselling.

#### Summary of the main activities undertaken for the public benefit in relation to these objects:

In developing the main activities of Rhema Counselling the Trustees have given regard to the Charity Commission guidance on public benefit.

- 12-Step Classes for addicts to attend in a group setting that enables them to overcome their addictions such as alcohol, drugs, sex, pornography, gambling etc.
- 1-2-1 Counselling sessions for clients both suffering with addictions and also for emotional problems to aid their recovery from all kinds of issues. This is open to the public and not just those suffering from addictions.
- Boundaries Course – This is a continuous rolling program that helps people to relate to others in their relationships with family members, work colleagues and those that we come into contact with.
- 12-Step Training. We provide teaching, training and mentoring to churches and communities that need an addiction recovery centre in their area. We have been able to plant 2 recovery centres.
- Outreach to the homeless, those in the hostels and those in poverty, we provide food and advice.

**Trustees Annual Report  
For the year ended 30 June 2022****Achievements and Performance**Summary of the main achievements of the charity during the year:

Our main achievements are listed below:

- With Covid19 still in the minds of people that use our face to face services, it hasn't been possible to have the same activities as normal.
- We have re-engaged face to face our 12-Step classes but on Zoom which have been well attended.
- With this now being our eleventh year, we expanded our staff (sub – contractors) & volunteers to cope with the extra workload of counselling clients. We have been able to help numerous people in their recovery from addictions and impending struggle with mental health issues.
- We have made new networking partners and sources of funding this year and hopefully establish these funding partnerships in the years to come. These funding opportunities have allowed our outreach projects to the homeless and hostels in Hull, where we provide surplus food from M&S, Aldi and Lidl's.
- We continue to develop our partnership with Selby St Mission, and they see this partnership as a strategic development of their resources to the community and therefore, have built extra capacity in the building to accommodate further provision.
- With continued our partnerships with existing counselling colleges and universities but we're expanded our portfolio of college's to include Leeds University this year and will be adding two more universities for the start of the academic year in September. This has been a great success for us with nineteen trainees utilising this project where they must complete 100hrs 1-2-1 with clients and the many clients that receive counselling from us have benefitted from this endeavour.
- We completed our project with the HMRC in partnership with Shaw Trust ending in February 2022 with tremendous outcome for client entering work for the first time and others improving in their mental health and others consider work opportunities or further education. Nearly 700 clients were given weekly counselling sessions, and over 8,000 counselling hours were provided by our dedicated counsellors.
- We did continue throughout with our outreach project to the homeless and up scaled our food parcels to those in the community that needed help working closely with Eternal Benefits offering daily food provisions.

**Trustees Annual Report  
For the year ended 30 June 2022****Financial Review**Reserves Policy:

We currently do not have a reserves policy, all reserves are carried forward to ensure we can continue to provide support throughout the following year.

Principal Funding Sources

See note 7 of the "Notes to the Accounts" for a detailed explanation of the Company's restricted funds. The main income sources to unrestricted funds is through grants, contracts, and donations. During the year all expenditure has been concentrated on the key objectives of the charity.

**Independent Examination**

As the income of the Charity is below £1 million, Rhema Counselling has opted for a Charity Independent Examination for the year ending 30 June 2022 in line with the Charities Act 2011.

Rebecca Triffitt MAAT of Phoenix Accountancy and Business Consultancy Limited has undertaken the Independent Examination.

**Statement of disclosure of information to Independent Examiner**

We, the trustees of the Charity who held office at the date of approval of these financial statements, each confirm so far as we are aware, that:

- ⊗ there is no relevant information of which the Charity's Independent Examiner is unaware; and
- ⊗ we have taken all the steps that we ought to have taken as Trustees in order to make ourselves aware of any relevant Information and to establish that the Charity's Independent Examiner is aware of that information.

**Statement of Trustee's responsibilities**

The charity Trustees are responsible for preparing a Trustees' Annual Report and financial statements in accordance with the requirements of the Charities Commission and applicable law.

In line with the Charities Act, the Charity has elected to prepare their accounts on the Receipts and Payments basis which is an allowable format for charities with an income below £250,000.

**Report of the Board of Trustees  
For the year ended 30 June 2022****Statement of Trustee's responsibilities (continued)**

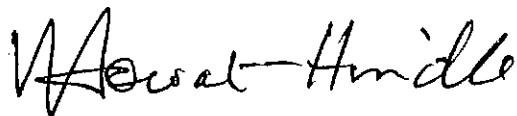
The Trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Charities Act 2011. They are also responsible for safeguarding the assets of the charity and hence taking reasonable steps for the prevention and detection of fraud and other irregularities.

The Trustees are responsible for the maintenance and integrity of the corporate and financial information included on the Charity's website.

**Declaration**

The trustees declare that they have approved the Trustees' report above.

Signed on behalf of the charity's trustees:



Valerie Howat-Hindle  
Chairperson

Date: 23 Feb 2023

**Independent Examiner's Report to the Members of Rhema Counselling**

I report on the accounts of Rhema Counselling for the year ended 30 June 2022, which are set out on pages 9 to 13.

**Respective responsibilities of trustees and examiner**

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act;
- to follow the procedures laid down in the General Directions given by the Charity Commissioners under section 145 (5)(b) of the Charities Act; and
- to state whether particular matters have come to my attention.

**Basis of independent examiner's report**

My examination was carried out in accordance with the General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the view given by the accounts.

**Independent examiner's statement**

In connection with my examination, no matter has come to my attention:

- (1) which gives me reasonable cause to believe that in any material respect the requirements
- to keep accounting records in accordance with section 130 and 131 of the Charities Act; and
  - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act

have not been met; or

- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Rebecca Triffitt, MAAT

Practice Accountant, employee of:  
Phoenix Accountancy and Business Consultancy Limited  
Morley's Cottage  
Morley's Yard  
Walkergate  
Beverley  
HU17 9BY

Date:

6/3/23.



## Receipts and Payments Account

### For the year ended 30 June 2022

	Notes	2022		2022		2021		2021		2021	
		Unrestricted	Restricted	Total		Unrestricted	Restricted	Total		Unrestricted	Restricted
		£	£	£		£	£	£		£	£
<b>RECEIPTS</b>											
1	Grants	-	-	-		5,000	2,496	7,496			
2	Contracts	115,839	-	115,839		84,095	-	84,095			
	Donations	10,715	-	10,715		13,488	-	13,488			
	Sales	125	-	125		-	-	-			
	Gift Aid	-	-	-		1,970	-	1,970			
		126,679	-	126,679		104,553	2,496	107,049			
<b>PAYMENTS</b>											
4	Staffing Costs	106,107	-	106,107		58,838	1,997	60,835			
	Training	150	-	150		765	-	765			
	Donations	1,795	-	1,795		1,245	-	1,245			
	Insurance	1,323	-	1,323		862	-	862			
	Office Costs	4,472	-	4,472		3,283	-	3,283			
	Fuel & Vehicle costs	11,727	-	11,727		3,515	1,555	5,070			
	Client Meals	3,794	-	3,794		1,553	-	1,553			
	Venue Hire	13,600	-	13,600		-	-	-			
	Trips	364	-	364		281	-	281			
	Professional Fees	645	-	645		1,009	-	1,009			
	Accounts Fees	610	-	610		-	-	-			
5	Equipment	749	-	749		3,690	-	3,690			
	Miscellaneous	610	-	610		160	-	160			
		145,946	-	145,946		75,201	3,552	78,753			
		(19,267)	-	(19,267)		29,352	(1,056)	28,296			
		47,801	-	47,801		18,449	1,056	19,505			
		28,534	-	28,534		47,801	0	47,801			

### Net surplus/(deficit) for the year

Cash and bank balances brought forward

**Cash and bank balances carried forward**

**Statement of Assets and Liabilities**  
**As at 30 June 2022**

	Notes	2022 £	2021 £
<b>Monetary Assets</b>			
Current Account		28,152	47,428
Cash		382	373
<b>Total Monetary Assets</b>		<u>28,534</u>	<u>47,801</u>
Comprising:			
Unrestricted Funds		28,534	47,801
Restricted Funds	7	-	-
		<u>28,534</u>	<u>47,801</u>
<b>Non Monetary Assets and Liabilities</b>			
<b>Fixed Assets for the Charity's use (at cost)</b>			
2 I Pads		760	760
1 I Phone 12 Pro Max		1,199	1,199
Printer		200	200
Fridge Freezer		620	620
Projector		400	-
Speaker		199	-
		<u>3,378</u>	<u>2,779</u>
<b>Debtors</b>			
HMRC - Overpayment		441	-
		<u>441</u>	<u>-</u>
<b>Creditors</b>			
Accounts Fees – Current Year		(850)	(610)
Other Creditors – NEST		(226)	(237)
Other Creditors – PAYE		-	(456)
		<u>(1,076)</u>	<u>(1,303)</u>

These financial statements were approved by the committee on 20<sup>th</sup> Feb 2023 and signed on its behalf by:

Valerie Howat-Hindle Valerie Howat-Hindle, Chairperson

The notes on pages 11 to 13 form part of these financial statements.

# **Notes to the Accounts** **For the year ended 30 June 2022**

## **Notes**

### **1 Basis of Preparation**

These accounts have been prepared on a receipts and payments (R&P) basis in line with charity commission guidance for a charity of this size. The organisation registered as a charity on the 12th December 2012.

The comparative figures are for the year ending 30 June 2021.

### **2 Grants Received**

	2022		2022		2021		2021	
	Unrestricted	Restricted	Total	Unrestricted	Restricted	Total	Unrestricted	Restricted
	£	£	£	£	£	£	£	£
HMRC: Coronavirus Job Retention Scheme	-	-	-	-	-	-	2,496	2,496
Sir James Reckitt Charity	-	-	-	5,000	-	5,000	-	-
	-	-	-	5,000	2,496	7,496		

**Notes to the Accounts**  
**For the year ended 30 June 2022**

**3 Taxation**

The association is a registered charity, registration number 1150299. All the associations' income is applied to its charitable objectives and the association is therefore exempt under current legislation from most forms of taxation.

**4 Staffing Costs**

	<b>Total 2022</b>	<b>Total 2021</b>
	£	£
Gross Pay	42,824	35,270
Employers Pension	1,278	975
HMRC Overpayment	441	-
Sub-contracted Counsellors	61,564	24,590
	<u>106,107</u>	<u>60,835</u>

**Average number of paid employees**

<b>2022</b>	<b>2021</b>
2	2

There are no higher paid staff

**5 Equipment**

	<b>Total 2022</b>	<b>Total 2021</b>
	£	£
Equipment Capitalised (as per Statement of Assets and Liabilities)	599	2,779
Small Equipment not capitalised	150	911
	<u>749</u>	<u>3,690</u>

**6 Trustee Remuneration**

No remuneration directly or indirectly out of the funds of the charity was paid or payable for the year to any Trustee.

There was no reimbursement of travel expenses amounting to Trustees in respect of the year.

**Notes to the Accounts  
For the year ended 30 June 2022**

**7 Restricted Funds**

No restricted funding during the year.