

Charity No: 1150229

RHEMA COUNSELLING
FINANCIAL STATEMENTS
Year ended
30 JUNE 2021

Phoenix Accountancy and Business Consultancy Limited

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For the year ended 30 June 2021**

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**Trustees Annual Report
For the year ended 30 June 2021**

The trustees present their report with the financial statements of the charity for the year ended 30 June 2021.

Reference and Administration Details

| | | |
|---|--|--|
| <u>Name of Charity:</u> | Rhema Counselling (previously Restoration House Ministries Hull) | |
| <u>Charity Registration No:</u> | 1150229 | |
| <u>Trustees:</u> (for the period of accounts unless otherwise stated) | Ian Baker Valerie Howat-Hindle Geoff Hall Jackie Lygo | Chairperson to 03.02.21 Chairperson from 03.02.21 |
| <u>Contact Address:</u> | Rhema Counselling (RHM Recovery) Selby Street Mission Hull East Yorkshire HU3 3PB | |
| <u>Independent Examiner:</u> | Rebecca Triffitt MAAT Practice Accountant, employee of Phoenix Accountancy and Business Consultancy Limited Morley's Cottage Morley's Yard Walkergate Beverley East Yorkshire HU17 9BY | |
| <u>Bankers:</u> | HSBC 1 King Street Bridlington East Yorkshire YO15 2DL | |

Trustees Annual Report For the year ended 30 June 2021

Structure, Governance and Management

Governing Document:

Rhema Counselling is a registered charity governed by its Constitution, which was adopted on 01 July 2011 and amended on 12th December 2012 and 02 December 2020.

Trustees Recruitment and Responsibilities:

Rhema Counselling is run and managed by its Trustees on a voluntary basis. Trustees are appointed to the Board.

Objectives and Activities

Summary of the objects of the charity set out in its governing document:

The aim of Rhema Counselling is the advancement of the Christian faith in particular but not exclusively by the relief of poverty, sickness and distress among those persons who are dependent upon or affected by addiction to drugs and alcohol by the provisions of advice, support and counselling.

Summary of the main activities undertaken for the public benefit in relation to these objects:

In developing the main activities of Rhema Counselling the Trustees have given regard to the Charity Commission guidance on public benefit.

- 12-Step Classes for addicts to attend in a group setting that enables them to overcome their addictions such as alcohol, drugs, sex, pornography, gambling etc.
- 1-2-1 Counselling sessions for clients both suffering with addictions and also for emotional problems to aid their recovery from all kinds of issues. This is open to the public and not just those suffering from addictions.
- Boundaries Course – This is a continuous rolling program that helps people to relate to others in their relationships with family members, work colleagues and those that we come into contact with.
- 12-Step Training. We provide teaching, training and mentoring to churches and communities that need an addiction recovery centre in their area. We have been able to plant 2 recovery centres.
- Outreach to the homeless, those in the hostels and those in poverty, we provide food and advice.

**Trustees Annual Report
For the year ended 30 June 2021****Achievements and Performance**Summary of the main achievements of the charity during the year:

Our main achievements are listed below:

- With the difficult year of Covid19 it hasn't been possible to have the same activities as normal.
- We have been able to maintain our 12-Step classes but on Zoom which have been well attended.
- With this now being our Tenth Year, we have been able to help numerous people in their recovery from addictions and struggling with mental health issues.
- We have made new networking partners this year and hopefully establish these funding partnerships in the years to come. Two Ridings Foundation, Martin Lewis and Morrisons Foundation have all contributed to our outreach to the homeless and hostels in Hull, where we provide surplus food from M&S, Aldi and Lidl's.
- We continue to develop our partnership with Selby St Mission, and they see this partnership as a strategic development of their resources to the community and therefore, have built extra capacity in the building to accommodate further provision.
- Over the last few years we have partnered with East Riding College (ERC) and Yorkshire Counselling Training, to offer trainee placements for counsellors in training. However, this year we partnered with Coventry & Roehampton Universities. This has been a great success for us with nineteen trainees utilising this project where they must complete 100hrs 1-2-1 with clients and the many clients that receive counselling from us have benefitted from this endeavour.
- In November 2020 we were able to negotiate a government contract for the HMRC working in partnership with Shaw Trust providing 1-2-1 counselling across the nation via online. We anticipate providing 300 places for clients.
- We did continue throughout with our outreach project to the homeless and up scaled our food parcels to those in the community that needed help working closely with Eternal Benefits offering daily food provisions.

**Trustees Annual Report
For the year ended 30 June 2021****Financial Review**Reserves Policy:

We currently do not have a reserves policy, all reserves are carried forward to ensure we can continue to provide support throughout the following year.

Principal Funding Sources

See note 7 of the "Notes to the Accounts" for a detailed explanation of the Company's restricted funds. The main income sources to unrestricted funds is through grants, contracts, and donations. During the year all expenditure has been concentrated on the key objectives of the charity.

Independent Examination

As the income of the Charity is below £1 million, Rhema Counselling has opted for a Charity Independent Examination for the year ending 30 June 2021 in line with the Charities Act 2011.

Rebecca Triffitt MAAT of Phoenix Accountancy and Business Consultancy Limited has undertaken the Independent Examination.

Statement of disclosure of information to Independent Examiner

We, the trustees of the Charity who held office at the date of approval of these financial statements, each confirm so far as we are aware, that:

- ⊗ there is no relevant information of which the Charity's Independent Examiner is unaware; and
- ⊗ we have taken all the steps that we ought to have taken as Trustees in order to make ourselves aware of any relevant information and to establish that the Charity's Independent Examiner is aware of that information.

Statement of Trustee's responsibilities

The charity Trustees are responsible for preparing a Trustees' Annual Report and financial statements in accordance with the requirements of the Charities Commission and applicable law.

In line with the Charities Act, the Charity has elected to prepare their accounts on the Receipts and Payments basis which is an allowable format for charities with an income below £250,000.

**Report of the Board of Trustees
For the year ended 30 June 2021****Statement of Trustee's responsibilities (continued)**

The Trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Charities Act 2011. They are also responsible for safeguarding the assets of the charity and hence taking reasonable steps for the prevention and detection of fraud and other irregularities.

The Trustees are responsible for the maintenance and integrity of the corporate and financial information included on the Charity's website.

Declaration

The trustees declare that they have approved the Trustees' report above.

Signed on behalf of the charity's trustees:



Valerie Howat-Hindle
Chairperson

Date: 21/3/2022

Independent Examiner's Report to the Members of Rhema Counselling

I report on the accounts of Rhema Counselling for the year ended 30 June 2021, which are set out on pages 9 to 13.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act;
- to follow the procedures laid down in the General Directions given by the Charity Commissioners under section 145 (5)(b) of the Charities Act; and
- to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the view given by the accounts.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:


- (1) which gives me reasonable cause to believe that in any material respect the requirements
- to keep accounting records in accordance with section 130 and 131 of the Charities Act; and
 - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act
- have not been met; or

- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Rebecca Triffitt, MAAT

Practice Accountant, employee of:
Phoenix Accountancy and Business Consultancy Limited
Morley's Cottage
Morley's Yard
Walkergate
Beverley
HU17 9BY

Date: 28/3/22



Receipts and Payments Account **For the year ended 30 June 2021**

| | Notes | 2021 | | 2021 | | 2021 | | 2020 | | 2020 | |
|--|----------------------|--------------|------------|------------|---------|--------------|--------|--------------|------------|--------|--|
| | | Unrestricted | Restricted | Restricted | Total | Unrestricted | Total | Unrestricted | Restricted | Total | |
| | | £ | £ | £ | £ | £ | £ | £ | £ | £ | |
| RECEIPTS | | | | | | | | | | | |
| 1 | Grants | | | | 7,496 | 23,000 | | 19,339 | | 42,339 | |
| 2 | Contracts | 5,000 | 2,496 | - | 84,095 | - | - | - | - | - | |
| | Donations | 84,095 | - | - | 13,488 | 15,912 | - | - | - | 15,912 | |
| | Gift Aid | 13,488 | - | - | 1,970 | 3,972 | - | - | - | 3,972 | |
| | | 1,970 | - | - | | | | | | | |
| | | 104,553 | 2,496 | | 107,049 | 42,884 | | 19,339 | | 62,223 | |
| PAYMENTS | | | | | | | | | | | |
| 4 | Staffing Costs | 58,838 | 1,997 | | 60,835 | 9,718 | | 17,558 | | 27,276 | |
| | Training | 765 | - | - | 765 | 3,726 | - | - | - | 3,726 | |
| | Donations | 1,245 | - | - | 1,245 | - | - | - | - | - | |
| | Insurance | 862 | - | - | 862 | 628 | - | - | - | 628 | |
| | Office Costs | 3,283 | - | - | 3,283 | 4,225 | 2,065 | 2,065 | - | 6,290 | |
| | Fuel & Vehicle costs | 3,515 | 1,555 | | 5,070 | 2,822 | 450 | 450 | - | 3,272 | |
| | Client Meals | 1,553 | - | - | 1,553 | 766 | 3 | 3 | - | 769 | |
| | Activities | - | - | - | - | 5 | - | - | - | 5 | |
| | Trips | 281 | - | - | 281 | 689 | - | - | - | 689 | |
| | Professional Fees | 1,009 | - | - | 1,009 | 1,430 | - | - | - | 1,430 | |
| | Volunteer Expenses | - | - | - | - | 379 | - | - | - | 379 | |
| 5 | Equipment | 3,690 | - | - | 3,690 | - | - | - | - | - | |
| | Miscellaneous | 160 | - | - | 160 | 1,224 | - | - | - | 1,224 | |
| | | 75,201 | 3,552 | | 78,753 | 25,612 | 20,076 | 20,076 | | 45,688 | |
| Net surplus/(deficit) for the year | | | | | | | | | | | |
| | | 29,352 | (1,056) | | 28,296 | 17,272 | (737) | (737) | | 16,535 | |
| Cash and bank balances brought forward | | | | | | | | | | | |
| | | 18,449 | 1,056 | | 19,505 | 1,177 | 1,793 | 1,793 | | 2,970 | |
| Cash and bank balances carried forward | | | | | | | | | | | |
| | | 47,801 | 0 | | 47,801 | 18,449 | 1,056 | 1,056 | | 19,505 | |

Statement of Assets and Liabilities
As at 30 June 2021

| | Notes | 2021 £ | 2020 £ |
|---|-------|----------------|---------------|
| Monetary Assets | | | |
| Current Account | | 47,428 | 19,493 |
| Cash | | 373 | 12 |
| Total Monetary Assets | | <u>47,801</u> | <u>19,505</u> |
| Comprising: | | | |
| Unrestricted Funds | | 47,801 | 18,449 |
| Restricted Funds | 7 | - | 1,056 |
| | | <u>47,801</u> | <u>19,505</u> |
| Non Monetary Assets and Liabilities | | | |
| Fixed Assets for the Charity's use (at cost) | | | |
| 2 I Pads | | 760 | - |
| 1 I Phone 12 Pro Max | | 1,199 | - |
| Printer | | 200 | - |
| Fridge Freezer | | 620 | - |
| | | <u>2,779</u> | - |
| Debtors | | - | - |
| Creditors | | | |
| Accounts Fees – Current Year | | (610) | (386) |
| Other Creditors – NEST | | (237) | (114) |
| Other Creditors – PAYE | | (456) | - |
| | | <u>(1,303)</u> | <u>(500)</u> |

These financial statements were approved by the committee on 21/3/2022 and signed on its behalf by:

 Valerie Howat-Hindle, Chairperson

The notes on pages 11 to 13 form part of these financial statements.

Notes to the Accounts

For the year ended 30 June 2021

Notes

1 Basis of Preparation

These accounts have been prepared on a receipts and payments (R&P) basis in line with charity commission guidance for a charity of this size. The organisation registered as a charity on the 12th December 2012.

The comparative figures are for the year ending 30 June 2020.

2 Grants Received

| | 2021 Unrestricted £ | 2021 Restricted £ | 2021 Total £ | 2020 Unrestricted £ | 2020 Restricted £ | 2020 Total £ |
|---|---------------------------|-------------------------|--------------------|---------------------------|-------------------------|--------------------|
| HMRC: Coronavirus Job Retention Scheme | - | 2,496 | 2,496 | - | 999 | 999 |
| Humber Learning Consortium – Community Grants | - | - | - | - | 16,340 | 16,340 |
| Martin Lewis Foundation | - | - | - | 10,000 | - | 10,000 |
| Morrisons Foundation | - | - | - | 8,000 | - | 8,000 |
| Sir James Reckitt Charity | 5,000 | - | 5,000 | 5,000 | - | 5,000 |
| Two Ridings Community Foundation | - | - | - | - | - | - |
| – Coronavirus Community Fund | - | - | - | - | 2,000 | 2,000 |
| | 5,000 | 2,496 | 7,496 | 23,000 | 19,339 | 42,339 |

Notes to the Accounts
For the year ended 30 June 2021

3 Taxation

The association is a registered charity, registration number 1150299. All the associations' income is applied to its charitable objectives and the association is therefore exempt under current legislation from most forms of taxation.

4 Staffing Costs

| | Total 2021 | Total 2020 |
|----------------------------|-----------------------|-----------------------|
| | £ | £ |
| Gross Pay | 35,270 | 26,695 |
| Employers Pension | 975 | 581 |
| Sub-contracted Counsellors | 24,590 | - |
| | <u>60,835</u> | <u>27,276</u> |

Average number of paid employees

| 2021 | 2020 |
|-------------|-------------|
| 2 | 2 |

There are no higher paid staff

5 Equipment

| | Total 2021 | Total 2020 |
|--|-----------------------|-----------------------|
| | £ | £ |
| Equipment Capitalised (as per Statement of Assets and Liabilities) | 2,779 | - |
| Small Equipment not capitalised | 911 | - |
| | <u>3,690</u> | <u>-</u> |

6 Trustee Remuneration

No remuneration directly or indirectly out of the funds of the charity was paid or payable for the year to any Trustee.

There was no reimbursement of travel expenses amounting to Trustees in respect of the year.

Notes to the Accounts
For the year ended 30 June 2021

7 Restricted Funds

| | Balance as at 01/07/20 | Incoming | Outgoing | Transfers Between Funds | Balance as at 30/06/21 |
|------|------------------------------|----------|----------|-------------------------------|------------------------------|
| | £ | £ | £ | £ | £ |
| HMRC | (499) | 499 | - | - | - |
| TRCF | 1,555 | - | (1,555) | - | - |
| | 1,056 | 499 | (1,555) | - | - |

A brief description of the restricted funds is given below:

HMRC: Coronavirus Job Retention Scheme

Restricted funding was received from the HMRC Coronavirus Job Retention Scheme for the wages of employees who were put on furlough due to the Coronavirus Pandemic (Covid-19).

TRCF: Two Ridings Community Foundation

Restricted funding was received from the Two Ridings Community Foundation, Coronavirus Community Fund to cover running costs, fuel and volunteer expenses.