

Registered Charity Number
1150214

Registered Company Number
(Registered in England and Wales)
08083816

Carers Worldwide
(a company limited by guarantee)

Financial Statements
for the year ended
31 December 2022

Carers Worldwide

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Carers Worldwide

Charity and Company Information

Registered Office and Principal Address	Carers Worldwide 30 Lodgefield Welwyn Garden City Hertfordshire AL7 1SD
Bankers	CAF Bank Ltd 25 Kings Hill Avenue Kings Hill West Malling Kent ME19 4JQ
Independent Examiner	Karon Cook FCA 1 Therapia Road London SE22 0SF
Registered Charity	1150214
Registered Company	08083816 (England and Wales)

Carers Worldwide

The Report of the Trustee-Directors of Carers Worldwide for the year ending December 2022

Structure, governance and management

Carers Worldwide's governance is described in its Memorandum and Articles of Association. The policy and strategic decisions of Carers Worldwide rest with the Trustee-Directors who meet three times a year to oversee, plan and monitor its activities. The current Board of Trustee-Directors is shown on page eight. Potential candidates for the Board are considered by the existing Trustee-Directors on the basis of how their skills and experience match the organisation's needs. The Board of Trustee-Directors delegates the day to day running of the charity to the Founder and Executive Director, Anil Patil who is responsible for the day to day delivery of the programmes: currently in India, Nepal and Bangladesh, and potentially expanding into Pakistan in the near future; fundraising; financial accountability; marketing; quality assurance; policy and new programmes. During the year, the Operations Manager, Ruth Patil, took on the role of Development Director in order to further assist the Executive Director. The Trustee-Directors approve policies, the strategic plan of Carers Worldwide, annual plan and budget, and financial contracts as set out in the delegated authority. Amongst the Trustee-Directors, responsibility for oversight during the year was assigned as follows: Treasurer and Finance – Dhanya Vamadevan, Vice Chair – Sarah Ridley and Fundraising – Maria Andrews. The Trustee-Directors meet regularly with Anil Patil and other staff members to ensure strategic objectives are met and statutory and donor compliance is maintained. The Chair of the Trustee-Directors, Jonathan Freeman, oversees the activities of the Trustee-Directors and the Executive Director. He is responsible for conducting the Executive Director's performance management process.

Objectives and activities

Carers Worldwide's objects, as defined in its Memorandum and Articles of Association incorporated 25th May 2012 and amended by special resolution 6th December 2012, are:

To promote the relief of people who require care due to physical or mental ill health, disability, old age, frailty, substance misuse or any other cause, in particular (but without limitation) by:

- 1.1 raising the awareness of carers and the general public as to the needs of and difficulties experienced by individuals as a result of their role as carers;*
- 1.2 relieving financial hardship, sickness and distress among carers; and*
- 1.3 the relief of individuals being cared for by improving the quality of their care and rehabilitation through the provision of training, support and advice to carers.*

"Carer" means an individual of any age who cares for or nurses a relative, friend or partner requiring this help due to physical or mental ill health, disability, old age, frailty, substance misuse or any other cause.

Report of the Trustees (continued)

In practice, Carers Worldwide works in partnership with established, well reputed organisations to implement strategies and programmes that will improve the lives of carers and those for whom they care. Carers Worldwide designs and develops programmes, provides specialist advice and training and advises on advocacy and policy issues, as well as providing links to other organisations, sources of knowledge, skills and funds.

Public Benefit

The Trustees of Carers Worldwide consider that the activities undertaken to achieve its charitable objectives through a combination of partnership, advocacy and knowledge sharing provide a public benefit to its direct beneficiaries, namely people who require care due to physical or mental ill health, disability, old age, frailty, substance misuse or any other cause and their carers in the countries in which it operates.

The Trustees confirm that they have complied with the duty in section 17 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission in determining the activities undertaken by the charity.

During the period from January to December 2022, the charity's key achievements included:

- implementing and reviewing the charity's strategic plan for the period 2020 – 2022
- developing the strategy for the upcoming period 2023 - 2025
- celebrating its 10th anniversary and using the opportunity to highlight its achievements and involve supporters in its future plans; an important part of this was commissioning MzN International to carry out an independent report of the charity's 10 year impact and calculating its social return on investment, with the resulting demonstration that for every £1 invested in Carers Worldwide, £7.79 of social and material return is generated
- continuing to deliver the charity's 10 year vision incorporating its existing partnership working alongside the development of a training and consultancy strand and further work on influencing the policy and practice of other stakeholders
- supporting partner organisations and carers to focus on recovery from the COVID pandemic, with a particular emphasis on mental health support and promoting economic security
- planning, sourcing funding for and implementing activities with its expanding base of partner organisations working across five states in India: SAMUHA, Margadarshi, Narendra Foundation, BIRDS and Shristi Special Academy in Karnataka; SACRED and UETS in Andhra Pradesh; NBJK in Jharkhand; WORD, SPREAD and Ekta in Odisha; and new partner Vasantham Federation in Tamil Nadu; with two existing partner organisations in two provinces of Nepal: LEADS Nepal in Baglung and Myagdi districts and Self Help Group Cerebral Palsy (SGCP) in the Kathmandu Valley; and with one existing partner organisation in Bangladesh, the Centre for Disability in Development
- working in close collaboration with its longest standing partners: SACRED, SAMUHA, NBJK and LEADS Nepal to promote their transition from implementing partners to resource partners
- raising the profile of the needs of carers with state level government authorities in India through the strengthening of State Level Carer Forums, in collaboration with Carers Worldwide India and initiating a similar process at national level in Nepal and Bangladesh
- raising the profile of family carers by co-ordinating the first Carers Day across India, Nepal and Bangladesh involving carers; those receiving care; partner organisations; local government officials, service providers, NGOs and businesses

Report of the Trustees (continued)

- offering consultancy and advisory support to international charities to enable them to bring the issue of carers into their existing activities
- participating in national and international policy level and advocacy initiatives to raise awareness of the needs of carers globally
- further building the governance of the charity
- further raising the profile of the charity within the UK and internationally, including a focus on promoting its digital presence and reach; as part of this, the charity delivered a successful webinar series “Let’s Talk About Carers....” which attracted a global audience
- continuing to fundraise from Trusts and Foundations, individuals and community groups, with an additional focus on engaging with major donors and corporates

The Executive Director and Trustees continued to work according to the charity’s operational plan and fundraising strategy, which complement the charity’s strategic plan. This suite of documents, along with the charity’s vision, mission and strategic goal statements and its core values, communicates clearly to staff, Trustees, beneficiaries, partners, donors and other key stakeholders our aims and how we will reach them.

Vision

Our vision is a world in which every carer is valued and their needs are met.

Mission

Our mission is to achieve recognition of the role of carers and to transform the lives of carers, their families and their communities.

Strategic Goal

Our strategic goal is to **act as a catalyst** to:

1. **Change attitudes and promote support** for carers, their families and communities, empowering them towards better health, wellbeing and economic security
2. **Inspire systemic change** in the government, private and third sectors so they recognise and respond to the needs of carers

Report of the Trustees (continued)

Core Values

OUR CORE VALUES

			
We Challenge	We Ignite Imaginations	We Amplify Voices	We Inspire Change
We constantly look for ways to innovate and evolve, and challenge others to do the same.	We inspire ambition and bold ideas to tackle the issues facing carers everywhere.	We listen to and value everyone's voice, amplifying the voices of those currently unheard.	We empower people and organisations to make lasting changes for carers and their communities.

Strategic Plan

The charity continued to implement its strategic plan for the period 2020 – 2022, with the following strategic objectives:

- To increase the **reach and impact** of the Carers Worldwide model through **empowering existing partners** to mainstream and advocate for greater carer inclusion and through **establishing new partnerships** with carefully selected organisations across Southern Asia
- To **develop a high quality, bespoke training and consultancy service** focussing on topics relating to carers and caring for use with national and international level NGOs, government agencies and corporates to enable them to support family carers in their respective spheres of influence.
- Through the network of partnerships and communities supported by Carers Worldwide to **build up a body of evidence** on family carers and the interventions that support them in their caring roles in order to inform future policy and practice
- To engage in **policy and advocacy work at regional, national and international levels** in order to achieve recognition and inclusion of carers, and to promote the formation of regional and national level carers' forums, ultimately leading to the voice of carers being heard by policy makers and practitioners at all levels and across sectors

Desired Outcomes

Our desired outcomes were that by the end of 2022:

1. We will increase our visibility and impact, operating as an internationally recognised and respected catalyst for change, working through partners and others to raise awareness and achieve recognition of the needs of unpaid family carers in low and middle income countries and embed the skills required to deal with these needs in local communities.
2. We will have improved the lives of **30,000 carers** and **120,000 family members** across South and South East Asia.
3. We will promote the development of **carer-friendly workplaces** in our countries of operation through targeted engagement with the corporate sector

Report of the Trustees (continued)

4. We will increase the **range of carer groups** with whom we work, specifically young carers, carers of the elderly, carers of people living with dementia, carers of people with cancer, carers of people with non-communicable diseases¹

The Carers Worldwide model remains at the core of the charity's work. The model consists of five core elements:

- **Carers' support groups** - to reduce loneliness and isolation, create social networks and support emotional wellbeing;
- **Health services** - to provide access to physical and mental health services, including locally available counselling services;
- **Respite and short breaks** - to offer a break from caring responsibilities along with the development of alternative high quality care options such as day care centres;
- **Employment, training and education** - to facilitate access to employment, training or education, tailored as appropriate to co-exist with caring responsibilities;
- **Advocacy** - to strengthen the collective voice of carers to advocate for their needs and the provision they require at community, regional and national level, leading to changes in policy and practice.

We continued to strengthen the charity with regard to its statutory obligations and the desire to comply with best practice as set out by the Charity Commission.

Achievements and performance

Carers Worldwide has successfully completed a decade of operation, positively transforming the lives of over 150,000 individuals across India, Nepal, and Bangladesh. Among this number, 29,996 carers, 30,239 relatives living with disabilities or mental health challenges, and 89,998 family members have benefited from our catalytic approach and efforts in working with local, well-established partner organisations. Notably, approximately 84% of the supported carers are women, reaching as high as 97% in some areas.

Over 80% of carers have achieved sustainable livelihoods while fulfilling their caring responsibilities, enabling them to balance work and caring. Additionally, more than 300 young carers have resumed their education, and the establishment of over 30 community caring centres has provided alternative care options. Furthermore, over 400 carers have been trained in barefoot counselling skills and have become frontline resources in the community.

Carers Worldwide's programmes have had a significant impact, with 97% of carers reporting improved health. The organisation has facilitated the formation of over 750 village-level carer groups, which are further organised into cluster-level committees and district-level Carers Associations. Currently, there are 14 Carers Associations and 2 Carers Cooperatives registered with local authorities. State-Level Carers Forums have been successfully established in five Indian states. Carers Worldwide, in collaboration with local partners and other significant stakeholders, is also promoting the formation of National Carers Alliances in India, Nepal and Bangladesh.

Carers and their families have accessed financial support of over £1.3 million, equivalent in local currency, from local governments in India, Nepal, and Bangladesh. Through capacity-building

¹ not an exhaustive list and will depend on need/opportunity

Report of the Trustees (continued)

activities, Carers Worldwide has trained over 2,670 partner staff, carer representatives, and local professionals, equipping them with the necessary skills to effectively support carers.

The charity's projects are implemented via its charity partners in the three countries of operations. Focus has remained on carers caring for relatives with a range of disabilities and mental health needs, though the charity has also engaged in exploratory consultations with organisations working with the elderly and people with long term health conditions. One new Indian partner organisation, the Vasantham Federation, joined the network during this period, increasing the number of partners to 15. Funding was secured to start a multi-year project with the new partner, as well as to continue working with existing partners. Four of the charity's longest standing partners – SACRED, SAMUHA and NBJK in India and LEADS Nepal in Nepal began the process of transitioning from implementing partners to resource partners.

As well as continuing to raise funds from existing donors, funds were secured from a total of six new Trusts and Foundations, one of which funded two projects during the period and two of which may lead to multi-year funding. The charity continued to engage with individual supporters and launched a new fundraising initiative Curry for Carers, as part of which and in collaboration with the Cinnamon Club it held its first major donor event. The charity organised a successful festive campaign combining support from Trusts and Foundations with individual donations. As part of the fundraising strategy, a new post of Corporate and Community Fundraiser was created with the primary purpose of promoting corporate engagement.

Programmes – India

During the period, the charity continued working with its existing 12 partners and expanded its work with them to provide support for a larger number of carers and individuals being cared for.

Carers Worldwide India, which has been operating as an independent Trust in India since December 2018, received close support from the Executive Director of Carers Worldwide, who also serves as a Trustee on the Carers Worldwide India Board. The charity supports Carers Worldwide India by providing strategic, operational, and fundraising capacity. The Carers Worldwide India team in-country ensures the effective implementation, monitoring, and reporting of projects and programmes. They also provide the necessary on-the-ground presence to enable consistent advocacy at the local and state government levels, aiming to include carers in existing policies and develop carer-supportive policies and practices. The charity continued to offer technical support to Carers Worldwide India and partner organisations in raising funds for work within India. During the period, £5,860 was raised for Carers Worldwide India from individual supporters and training activities, and £40,398 was raised for the projects in Odisha and Tamil Nadu from one Foundation. These funds are raised from Indian donors and are paid directly to Carers Worldwide India. The majority of the funds raised are restricted for specific projects with partner organisations. None of these funds are received by Carers Worldwide in the UK.

The project funded by the Commonwealth Foundation and entitled "Family caregiving and public policy in India: creating new opportunities for recognition and support" drew to its conclusion during this period. This project, running from since October 2018 is being implemented in four states of

Report of the Trustees (continued)

India, in partnership with six partners. The key priorities of the project, which is guiding the charity's strategy in India include:

- Implementing services at a local level that directly support carers, and ensuring the services become enshrined in policy at a local and national level
- Designing an engagement approach that is capable of influencing local, state and national level policy that will immediately enrich plans for the charity's work in India. This approach is also now shaping the work further afield in Nepal and Bangladesh and assisting formation of a longer-term South Asia strategy for the charity
- Leveraging the infrastructure and capacity created to date at the village and district levels in order to achieve significant steps towards establishing a robust civil society movement that is able to successfully petition for the recognition of the human rights of Indian carers. This is being done in practice by enhancing the capacity of the Carers Associations and increasing the representation of carers from grass roots level upwards.

The four State Level Carers Forums (SLCFs) established as part of the project in 2019 have remained active and are now enhancing their independence under the guidance of Carers Worldwide. They are also networking collaboratively to exchange knowledge and insights. Each Forum consists of diverse representatives from partner organisations, government agencies, private businesses, academic institutions and network associations.

Karnataka, Andhra Pradesh and Jharkhand – SAMUHA, SACRED and NBJK

The charity's longest standing partners, SAMUHA, SACRED and NBJK continued to promote the inclusion and wellbeing of carers through carer-specific support systems and mainstreaming carers and their families into local government programmes. All three organisations were active in promoting improved mental health and livelihoods provision to support carers and their families to recover from the impacts of the COVID 19 pandemic. These three organisations continue to be instrumental in the strengthening of the State Level Carers Forums in their respective states. Working closely with the Executive Director and with the support of Carers Worldwide India, these three organisations have continued along the pathway of transitioning from implementing partners to resource partners. They are working closely with the Carers Associations promoted in their project areas to further strengthen their capacity and independence. They have also begun to work alongside Carers Worldwide staff advising other NGOs on carer inclusion and developing carer support services.

Karnataka – Margadarshi, BIRDS, Narendra Foundation, Shruti Special Academy

The charity's work with Margadarshi was strengthened through the initiation of a livelihoods programme focussed on training carers and providing loans for them to set up new income generating enterprises. These funds will create a revolving fund within the project area which will be used to provide loans to greater numbers of carers via the local Carers Association. Activities with our two other rural partners in the state, Narendra Foundation and BIRDS, continued with a focus on village level carers groups; the establishment of cluster and district level groups of carers for empowerment and advocacy purposes; and facilitating access to government benefits and schemes for carers and their families. The project with Shruti Special Academy, our first urban partner in India, evolved as schools and communities emerged from the COVID19 pandemic and focussed on

Report of the Trustees (continued)

support to parent carers and sibling carers alongside promoting high quality education for children with a range of physical and learning disabilities.

Andhra Pradesh - UETS

Our project in partnership with UETS, which is focused on identifying and treating people with mental health needs alongside supporting the needs of their carers, continued to meet its objectives. Large scale celebrations of Mental Health Day and Carers Day succeeded in significantly raising awareness of mental health and caring amongst the local community and with government staff and officials.

Odisha – Ekta, SPREAD and WORD

The charity's three partners in Odisha further strengthened their relationship with local government authorities and provided a range of supports for people with mental health needs and their carers, including health and livelihoods interventions alongside the promotion of peer support systems and an active advocacy platform. Ongoing funding, including from within India, allowed the charity to extend its support to more carers and families over a larger project area.

Tamil Nadu – Vasantham Federation

The charity initiated a new partnership with the Vasantham Federation, an organization of people with disabilities based in Tiruvallar, south India, bringing the Carers Worldwide model into its fifth state in the country. Together, the two organisations worked on promoting the mental health and wellbeing of carers and people with mental illness with a focus on access to mental health services, the promotion of peer support and the empowerment of carers to advocate for their needs and the needs of those for whom they care.

Programmes – Nepal

During the reporting period, the charity continued to work with two highly experienced local NGOs across urban and rural Nepalese communities, and also explored opportunities for new partnerships with local and international NGOs operating in the country. Plans were developed for the establishment of the Nepal National Alliance for Carers.

Kathmandu Valley – Self-Help Group Cerebral Palsy (SGCP)

The charity's partnership with Self-Help Group Cerebral Palsy (SGCP), a local organisation working with individuals affected by cerebral palsy and other neurological disorders, primarily in the Kathmandu Valley continued. An external evaluation of the project "Care for Carers: empowering parents of disabled children in Nepal" funded by the National Lottery Community Fund Rebuilding Nepal programme concluded that "there has been significant improvement in carers' overall wellbeing including their personal life, improved relationships, increase finances, improved physical and mental health." It also noted that these gains were proving to be sustainable and were also replicated amongst the wider community of carers, not just those directly involved in the original project. During the period, the two organisations set up an innovative telephone helpline project in order to extend opportunities for accessible support for carers across the country.

Report of the Trustees (continued)

Baglung and Myagdi districts, Western Region – LEADS Nepal

LEADS Nepal, the charity's partner in the Western region of the country, continued to transition from being an implementing partner to resource partner and independently secured funding to continue its work with carers, demonstrating the potential for sustainability of the Carers Worldwide model across the network of partner organisations.

Programmes – Bangladesh

The charity continued its partnership with the Centre for Disability in Development (CDD), working with carers in Savar sub-district on the outskirts of Dhaka. The three year project funded by the CareTech Foundation and the Rangoonwala Foundation continued throughout the period, bringing emotional support, physical and mental health support, and livelihoods opportunities to over 1,000 carers as well as the chance to further strengthen links with local government and empower carers to advocate for their own needs, thus promoting sustainability of impact. Additional funding secured from four Trusts and Foundations and individual supporters enabled the setting up and running of new community caring centres across the project area to provide educational and therapeutic input for children with complex disabilities and emotional support and respite for their carers, mostly mothers. Funding was also secured to provide additional medical, nutritional and therapeutic support for carers and disabled children and adults.

Policy work

The charity has maintained its focus on amplifying the voice of carers and promoting their inclusion by focussing on advocacy and campaigning efforts at village, district, state and national level in all three countries – India, Nepal and Bangladesh - where it operates. District level Carers Associations in the three countries along with the State Level Carers Forums in India are gaining recognition as influential stakeholders at district and state level. The carer representatives sitting on the Carers Associations are increasingly confident at lobbying local government officials, presenting requests that will improve the quality of life of themselves and their families. At national level in the three countries, the charity is bringing together a range of stakeholders including government representatives, national and international NGOs and academics to promote national level alliances which will serve to elevate the voices of carers from village level through to national decision makers. In Karnataka state (south India), campaigning by the charity in collaboration with Carers Worldwide India and partner organisations has secured implementation of the 'caregivers allowance' provided for in the Rights of Persons with Disabilities Act 2016. Partner organisations and carers in other states are now following this example of successful advocacy. Sustained lobbying of the Disability Directorate in Karnataka has secured a commitment by state government to establish 6,500 carers groups across the state, which will see the charity formally collaborating with state authorities for the first time and bringing support to over 70,000 family carers.

The charity continued to gather data on the demographics of carers involved in its programmes, their wellbeing and the issues facing them, as well as the efficacy of the support systems implemented through its partnerships with local NGOs. This data is used to advocate more widely for the need to include carers into mainstream development programmes as well as the need to establish carer-specific support.

Report of the Trustees (continued)

Networking

The charity continued to raise its profile and spread awareness of the relevance of working with carers in low and middle income countries with a range of other charities, organisations and funders, both within the UK and on the international stage. The promotion of the charity, especially focussing on carer stories and project activities continued via the website and social media channels and resulted in an increase in attention from individuals and other organisations. The webinar series which took place as part of the charity's 10th anniversary celebrations proved highly effective in reaching a wider global audience. A successful campaign centred around the Carers Charter which was launched on Carers Day attracted significant engagement with over 5,000 signatories to date. The Executive Director and Development Director represented the charity on the national and international stage, speaking at conferences and taking part in webinars targeting the international development sector and organisations working in the spheres of disability, aging and the elderly, young carers, medical training and corporate engagement, each time raising awareness of the needs of family carers in low and middle income countries and inspiring new audiences to take practical steps towards carer inclusion.

Financial Review

The statement of financial activities shows an income of £325,023 and expenditure of £406,626 during the period.

The charity implemented its fundraising strategy, continuing to focus on diversifying its income streams to mitigate against the continued impact of aid cuts, COVID19 and unstable markets on the funding available for charities across the sector. Fundraising from Trusts and Foundations continued to be an area of strength with funding secured from six new Trusts and Foundations and repeat funding secured from previous donors. These were primarily restricted funds for specific projects across the three countries of operation. During the period, the charity concluded its multiyear funding from the National Lottery Community Fund and the Commonwealth Foundation, which were restricted funds for two large scale programmes in Nepal and India. Grants from other Trusts and Foundations were for multiyear and single year projects. The charity focussed efforts on attracting donations from individual supporters and the number of regular donors increased. It also ran a successful match funded festive campaign which successfully combined grants from Trusts and donations from individuals. The fundraising strategy for the year included a new focus on engaging with major donors and corporates and the foundations were laid for individual strategies in both these areas.

Income decreased slightly in comparison to 2021. Expenditure was higher than in 2021 and higher than the income due to the carryover of restricted reserves from 2021 which were spent during the year. The majority of funds were dispersed to the charity's partner organisations in India, Nepal and Bangladesh to implement programmes which have now impacted the lives of over 150,000 individuals: 29,996 carers, the 30,239 relatives living with a disability or mental ill-health for whom they care and 89,998 family members.

The charity extends thanks and appreciation to all its supporters for their belief in its work and for their commitment to improving the lives of carers and their families.

Report of the Trustees (continued)

The income for the period was spent on charitable activities and enabled the activities outlined earlier in the report to be conducted.

Reserves and reserves policy

The Trustee-Directors reviewed the charity's reserves policy during the year and continues to aim to retain unrestricted reserves of £40,000 or 3 months operating costs (whichever is the largest) to ensure the charity can continue its operations in the short term while seeking further funding as necessary. During this period, funds remained above the reserves level at all times. The level of reserves is presented to the Trustee-Directors at each Board meeting and the reserves policy is formally reviewed annually by the Board. The end of year balance of the free unrestricted reserves, over and above the £40K reserve policy, of £68,542 will be spent during 2023 to cover human resources, administration and charitable activities.

Risk Management

The Trustee-Directors have reviewed the risks to which a small charity operating overseas with limited funding and five or less employees is exposed. The additional risks presented by the continuation of the sector's funding crisis were reviewed on an ongoing basis and appropriate mitigating actions put in place. Financial management reports are used to identify and monitor financial risks monthly. The careful use of consultants and the experience and expertise of the Trustee-Directors are judged to mitigate the risk of having a small number of paid staff members, and this is reviewed regularly. A Risk Register is maintained which is approved by the Trustee-Directors, with specific areas of monitoring oversight assigned to named Trustee-Directors and staff members. This is discussed at each Board meeting and reviewed in full annually.

Safeguarding

Carers Worldwide is committed to ensuring the safety and wellbeing of everyone with whom it works, including carers, the individuals for whom they care and their families, as well as of the partner staff with whom we work and our own staff, trustees and volunteers. The Trustees review the charity's suite of safeguarding policies and procedures, including its code of conduct annually, and pay close attention to latest guidance from the FCDO and sector bodies.

Directors of the company during the year to 31st December 2022 were

Maria Andrews

Jonathan Freeman

Alastair Page

Maveen Pereira

Sarah Ridley

Dhanya Vamadevan

Dionne Williams

Ian Yates

Report of the Trustees (continued)

All currently serving directors were also in place at the date when the directors' report and accounts were approved.

All directors are also trustees.

Company Secretary

Ruth Patil

Executive Director

Anil Patil

Report of the Trustees (continued)

Statement of Directors' Responsibilities

The Charities Acts and the Companies Acts require the Board of Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity as at the end of the financial year and of the surplus or deficit of the charity.

In preparing those financial statements the Board is required to:-

- select suitable accounting policies and then apply them consistently
- make judgements and estimates that are reasonable and prudent
- state whether applicable accounting standards and statements of recommended practice have been followed subject to any departure disclosed and explained in the financial statements
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue to operate.

The trustees are also responsible for maintaining adequate accounting records which disclose with reasonable accuracy at any time the financial position of the charity and which are sufficient to show and explain the charity's transactions and enable them to ensure that the financial statements comply with regulations made under the Charities Act.

They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are also responsible for the contents of the trustees' report, and the responsibility of the independent examiner in relation to the trustees' report is limited to examining the report and ensuring that, on the face of the report, there are no inconsistencies with the figures disclosed in the financial statements.

The trustees are responsible for the maintenance and integrity of the charity and financial information included on the charity's website.

Method of preparation of accounts

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

This report was approved by the board of directors on: 13th July 2023

Director

DocuSigned by:

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Name : Dhanya Vamadevan

Carers Worldwide

Independent Examiner's Report to the directors of Carers Worldwide (a company limited by guarantee)

I report on the financial statements of the company for the period ended 31 December 2022 as set out on pages 18 to 28.

This report is made solely to the charity's trustees, as a body, in accordance with Section 145 of the Charities Act 2011. My work has been undertaken so that I might state to the charity's trustees those matters I am required to state to them in this report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the charity and the charity's trustees as a body, for my work, for this report, or for the opinions I have formed.

Respective responsibilities of trustees and examiner

The charity's trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of financial statements. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the '2011 Act') and that an independent examination is needed.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the financial statements under section 145 of the 2011 Act
- to follow the procedures laid down in the General Directions given by the Charity Commission under section 145(5) of the 2011 Act; and
- to state where particular matters have come to my attention

Basis of the independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the financial statements presented with those records. It also includes consideration of any unusual items or disclosures in the financial statements and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the financial statements present a 'true and fair view' and the report is limited to those matters set out in the statements below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- a) Which gives me reasonable cause to believe that in any material respect the requirements:
 - to keep accounting records in accordance with section 386 of the Companies Act 2006; and
 - to prepare financial statements which accord with the accounting records and to comply with the accounting requirements of the section 396 of the Companies Act 2006 and with
 - the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities have not been met; or
- b) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the financial statements to be reached.

Karon Cook FCA
Infinity Accountants Ltd

DocuSigned by:
Karon Cook
726EFF50E30D45B...

1 Therapia Road
London, SE22 0SF

Date 21/07/2023

Statement of Financial Activities (including Income and Expenditure Account)

For the year ended 31 December 2022

Carers Worldwide

	Notes	Unrestricted Funds 31st Dec 2022 £	Restricted Funds 31st Dec 2022 £	Total Funds 31st Dec 2022 £	Unrestricted Funds 31st Dec 2021 £	Restricted Funds 31st Dec 2021 £	Total Funds 31st Dec 2021 £
Income and Endowments from:							
Donations and legacies	4	40,155	3,794	43,949	43,105	22,645	65,750
Charitable Activities	5	-	280,425	280,425	-	299,265	299,265
Other	6	649	-	649	249	-	249
Total		40,804	284,219	325,023	43,354	321,910	365,264
Expenditure on:							
Raising Funds	7	5,687	989	6,676	842	-	842
Charitable Activities	8	48,377	351,573	399,950	84,307	194,562	278,869
Total		54,064	352,562	406,626	85,149	194,562	279,711
Net income/(expenditure)		(13,260)	(68,343)	(81,603)	(41,795)	127,348	85,553
Transfer of funds		-	-	-	4,662	(4,662)	-
Net movement in funds		(13,260)	(68,343)	(81,603)	(37,133)	122,686	85,553
Reconciliation of funds:							
Total Funds brought forward		121,802	254,913	376,715	158,935	132,227	291,162
Total funds carried forward		108,542	186,570	295,112	121,802	254,913	376,715

The statement of financial activities includes all gains and losses in the year.

All incoming resources and resources expended derive from continuing activities

Balance Sheet

For the year ended 31 December 2022

Carers Worldwide

Company Number 08083816	Notes	2022 £	2022 £	2021 £	2021 £
Fixed Assets					
Tangible Assets	10		2,018		2,101
Total Fixed Assets			<u>2,018</u>		<u>2,101</u>
Current Assets:					
Debtors	11	60,448		119,040	
Cash at bank and in hand		235,478		257,849	
Liabilities					
Creditors: amounts falling due within one year	12	<u>2,832</u>		<u>2,275</u>	
Net current assets			<u>293,094</u>		<u>374,614</u>
Total assets less current liabilities			<u>295,112</u>		<u>376,715</u>
Creditors: amounts falling due after one year			-		-
Net Assets			<u>295,112</u>		<u>376,715</u>
The Funds of the Charity:					
Restricted income Funds	13		186,570		254,913
Unrestricted income funds			108,542		121,802
Total Charity Funds	14		<u>295,112</u>		<u>376,715</u>

The notes form part of these financial statements

The Trustees acknowledge their responsibilities for complying with the requirements of the Companies Act 2006. Under Companies Act 2006, Section 454, on a voluntary basis, the trustees can amend these financial statements if they subsequently prove to be defective.

The Directors of the Company acknowledge their responsibilities for:

- ensuring the company keeps accounting records which comply with Section 386 Companies Act 2006.
- preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of the financial period and of its statement of financial affairs for the period in accordance with the requirements of Sections 394 and 395 Companies Act 2006 and which otherwise complies with the requirements of the Act relating to accounts so far as they are applicable to the company.

For the year ending 31/12/2022 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibility for complying with the requirements of the Act with respect to accounting records and for the preparation of accounts.

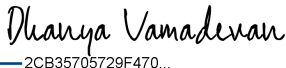
These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the Directors and signed on its behalf:

Date: 13th July 2023

Director:

Name: Dhanya Vamadevan

DocuSigned by:

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Notes to the accounts

For the year ended 31 December 2022

Carers Worldwide

Accounting Policies

1. Basis of Preparation of the accounts

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)(effective 1 January 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), the Update Bulletin to the Charities SORP (FRS 102) and the Companies Act 2006.

The Charity constitutes a public benefit entity as defined by FRS 102.

The accounts are presented in pounds Sterling (£) which is the functional currency of the charitable company. Monetary amounts in these accounts are rounded to the nearest whole pound.

The Trustees consider that there are no material uncertainties about the Charity's ability to continue as a going concern.

The charity has taken advantage of the exemption in the Update Bulletin amending the Charities SORP (FRS 102) from the requirement to produce a cash flow statement on the grounds it does not qualify as a large company.

Accounting Convention

The financial statements are prepared on a going concern basis, under historical cost convention.

Income

All incoming resources are included in the Statement of Financial Activities when the Trust is legally entitled to the income, it is probable that the income will be received, and the amount can be quantified with reasonable accuracy.

Expenditure

Costs of raising funds

This comprises costs of raising income for the charity.

Charitable Expenditure

This comprises all expenditure directly relating to the objectives of the charity.

Governance costs

This comprises the costs of running the charity itself as an organisation.

Depreciation Policy

Capital Assets are defined as a unit of property that:

- (1) has an economic useful life that extends beyond 12 months; and
- (2) was acquired for a cost of over £100

Capital Assets are depreciated over 4 years (25% each year).

Debtors

Debtors are recognised at the settlement amount due. Prepayments are valued at the amount prepaid.

Creditors

Creditors and provisions are recognised where there is a present obligation from a past event that will probably result in the transfer of funds to a third party and the amount due can be measured or estimated reliably. They are recognised at the settlement amount due.

Cash

Cash at bank and in hand includes cash and short term highly liquid investments with a maturity of three months or less from the date of acquisition of opening of the deposit or similar account.

Currency of financial statements

The financial statements are prepared in sterling which is the functional currency of the charity.

Taxation

As a registered charity, the company is exempt from income and corporation tax to the extent that its income and gains are applicable to charitable purposes only. Value Added Tax is not recoverable by the company and is therefore included in the relevant costs in the Statement of Financial Activities.

2. Winding up or dissolution of the charity

If upon winding up or dissolution of the charity there remain any assets, after the satisfaction of all debts and liabilities, the assets represented by the accumulated fund shall be transferred to some other charitable body or bodies having similar objectives to the charity.

Notes to the accounts continued

3 Expenses paid to Trustees or persons connected with Trustees

	Year to 31st Dec 2022 £	Year to 31st Dec 2021 £
The aggregate amount of expenses paid to directors was	-	-
Trustees did not receive any remuneration or expenses in the year 2022 or in 2021.		

4 Income from Donations and Legacies

	Year to 31st Dec 2022 Unrestricted Funds £	Year to 31st Dec 2022 Restricted Funds £	Year to 31st Dec 2022 Total £	Year to 31st Dec 2021 £
Donations	37,495	-	37,495	55,700
Gift Aid	2,660	3,794	6,454	10,050
Income from Donations and Legacies	40,155	3,794	43,949	65,750

5 Income from Charitable Activities

	Year to 31st Dec 2022 Unrestricted Funds £	Year to 31st Dec 2022 Restricted Funds £	Year to 31st Dec 2022 Total £	Year to 31st Dec 2021 £
Grants	-	280,425	280,425	299,265
Income from Charitable Activities	-	280,425	280,425	299,265

6 Other

	Year to 31st Dec 2022 Unrestricted Funds £	Year to 31st Dec 2022 Restricted Funds £	Year to 31st Dec 2022 Total £	Year to 31st Dec 2021 £
Bank deposit interest received	649	-	649	19
T-Shirt donation	-	-	-	230
Other Income	649	-	649	249

7 Expenditure on Raising funds

	Year to 31st Dec 2022 Unrestricted Funds £	Year to 31st Dec 2022 Restricted Funds £	Year to 31st Dec 2022 Total £	Year to 31st Dec 2021 £
Fund raising costs	5,687	989	6,676	842
Other Income	5,687	989	6,676	842

Notes to the accounts continued

8 Expenditure On Charitable activities

a) Grants payable

During the period grants totalling £212,338 (2021 £128,734) were made to the following recipients

	Year to 31st Dec 2022	Year to 31st Dec 2022	Year to 31st Dec 2022	Year to 31st Dec 2021	Year to 31st Dec 2021	Year to 31st Dec 2021
	Unrestricted	Restricted		Unrestricted	Restricted	
	Funds	Funds	Total	Funds	Funds	Total
	£	£	£	£	£	£
Sacred	-	8,867	8,867	-	4,423	4,423
NBJK	-	4,162	4,162	-	6,482	6,482
Samuha	-	-	-	-	4,348	4,348
SGCP	-	18,500	18,500	-	15,000	15,000
CDD	-	70,585	70,585	2,030	28,806	30,836
Carers Worldwide India	-	12,181	12,181	-	3,523	3,523
Margadarshi	-	20,321	20,321	-	8,506	8,506
EKTA	-	11,275	11,275	-	10,084	10,084
SPREAD	-	13,024	13,024	-	10,084	10,084
Leads	5	-	5	-	5,913	5,913
WORD	-	5,798	5,798	-	2,483	2,483
Narendra Foundation	-	5,940	5,940	-	4,487	4,487
BIRDS	-	6,058	6,058	-	2,565	2,565
UETS	-	25,000	25,000	-	10,000	10,000
Shristi Special Academy	-	10,622	10,622	-	10,000	10,000
Total institutional grants	5	212,333	212,338	2,030	126,704	128,734
Total grants to individuals	-	-	-	-	-	-
Total grants paid	5	212,333	212,338	2,030	126,704	128,734

b) Activities undertaken directly

	Year to 31st Dec 2022	Year to 31st Dec 2022	Year to 31st Dec 2022	Year to 31st Dec 2021	Year to 31st Dec 2021	Year to 31st Dec 2021
	Unrestricted	Restricted		Unrestricted	Restricted	
	Funds	Funds	Total	Funds	Funds	Total
	£	£	£	£	£	£
Trainings and meetings	-	-	-	-	2,229	2,229
Studies	-	2,240	2,240	295	504	799
Research Report	-	13,339	13,339	-	-	-
Annual Monitoring	-	7,602	7,602	-	-	-
Project evaluation	-	1,656	1,656	-	1,500	1,500
Total Activities undertaken directly	-	24,837	24,837	295	4,233	4,528

c) Other Charitable Activities costs

	Year to 31st Dec 2022	Year to 31st Dec 2022	Year to 31st Dec 2022	Year to 31st Dec 2021	Year to 31st Dec 2021	Year to 31st Dec 2021
	Unrestricted	Restricted		Unrestricted	Restricted	
	Funds	Funds	Total	Funds	Funds	Total
	£	£	£	£	£	£
Salaries, Employers NI and pension	21,040	68,742	89,782	62,103	40,064	102,167
Overseas Associates	675	27,136	27,811	675	11,970	12,645
Depreciation	1,095	6	1,101	640	249	889
Travel and subsistence	3,539	4,863	8,402	1,375	916	2,291
Postage	95	52	147	72	117	189
Stationery	232	335	567	312	185	497
Telephone	30	30	60	53	63	116
IT	3,026	-	3,026	966	5,291	6,257
Other	2,464	1,126	3,590	4,496	2,349	6,845
Recruitment costs	704	-	704	1,513	-	1,513
Consultancy costs	7,525	8,068	15,593	6,577	2,421	8,998
Subscriptions	672	-	672	1,045	-	1,045
Publicity	156	3,962	4,118	-	-	-
Tax services provided by independent examiner	-	-	-	540	-	540
Website	5,713	83	5,796	-	-	-
Total Support costs	46,966	114,403	161,369	80,367	63,625	143,992
Independent examiner fee	1,170	-	1,170	1,080	-	1,080
Trustee meeting expenses	236	-	236	535	-	535
Total Governance costs	1,406	-	1,406	1,615	-	1,615
Total Expenditure on charitable Activities	48,377	351,573	399,950	84,307	194,562	278,869

Charitable activity expenditure is allocated to restricted income funds according to the actual expenditure incurred on each project except for salaries where it is apportioned according to time spent on each project

Notes to the accounts continued

9 Staff costs and emoluments

	Year to 31st Dec 2022 £	Year to 31st Dec 2021 £
Gross salaries	83,202	92,623
Employer National Insurance contributions	1,610	3,828
Employer's pension contributions	4,970	5,716
	<u>89,782</u>	<u>102,167</u>

Numbers of full time employees or full time equivalents	Year to 31st Dec 2022	Year to 31st Dec 2021
Engaged in management and administration	5	4
	<u>5</u>	<u>4</u>

In 2022, key management personnel received total compensation of £48,671 (2021: £47,733)

No employee received remuneration above £60,000 in 2022 or 2021

4 volunteers were used by the charity during 2022 (2021:4)

10 Tangible fixed assets

	Year to 31st Dec 2022 Office Equipment £	Year to 31st Dec 2021 Office Equipment £
Cost		
Brought forward at 1 Jan	5,788	4,065
Additions	1,018	1,723
carried forward at 31 Dec	<u>6,806</u>	<u>5,788</u>
Depreciation		
Brought forward at 1 Jan	3,687	2,798
Charge in the year	1,101	889
Carried forward at 31 Dec	<u>4,788</u>	<u>3,687</u>
Net book value at 31 Dec	<u>2,018</u>	<u>2,101</u>

11 Debtors

	Year to 31st Dec 2022 £	Year to 31st Dec 2021 £
Gift Aid recoverable	530	6,877
Accrued income	59,300	112,067
Staff expenses	618	96
	<u>60,448</u>	<u>119,040</u>

Notes to the accounts continued

12	Creditors: amounts falling due within one year	Year to 31st Dec 2022 £	Year to 31st Dec 2021 £
	Accrued Expenses	2,832	2,275
		<u>2,832</u>	<u>2,275</u>

13	Restricted Income Funds	Balance c/f at 31 December 2021 £	Income £	Expenditure £	Transfer of funds	Balance c/f at 31 December 2022 £
	Allan and Nesta Ferguson	4,914	-	4,914	-	-
	Major Donor	14,849	18,968	33,817	-	-
	Andrews Charitable Trust (COVID19)	20,000	-	20,000	-	-
	Angus Lawson Memorial Trust	-	13,468	13,468	-	-
	British Foreign School Society	3,936	23,548	16,703	-	10,781
	Brian Mercer Trust	6,519	-	6,519	-	-
	Bryan Guinness Charitable Trust CareTech Foundation	- 8,510	4,000	- 41,990	-	4,000 7,545
	Christadelphian Samaritan Fund	-	400	400	-	-
	Commonwealth Foundation Grant 2	46,710	-	41,122	-	5,588
	COSARAF Foundation	-	4,699	4,699	-	-
	COSARAF Foundation	-	1,750	-	-	1,750
	Emergency Appeal Covid 19	4,953	-	4,953	-	-
	Eleanor Rathbone Charitable Trust	-	1,000	-	-	1,000
	Embracing Carers 01	16,745	-	16,745	-	-
	Embracing Carers 02	45,000	-	-	-	45,000
	Embracing Carers 03	-	52,300	22,638	-	29,662
	Fresh Leaf Charitable Foundation Gilchrist Educational Trust	- -	19,877 1,000	10,006 1,000	-	9,871 -
	Hemraj Goyal Foundation	15,000	-	11,986	-	3,014
	Light Fund	-	4,860	-	-	4,860
	National Lottery Community Fund	4,500	-	3,156	-	1,344
	Open Gate Trust	-	1,000	1,000	-	-
	Rangoonwala Foundation	20,699	15,667	31,479	-	4,887
	Souter Charitable Trust	-	4,500	4,500	-	-
	St James Charitable Foundation	-	9,984	9,984	-	-
	Stone King Foundation	-	500	-	-	500
	Improve healthcare access for people with mental illness and carers in India Fund	41,078	63,673	47,983	-	56,768
	Wyn Ken Lo Memorial Fund	1,500	2,000	3,500	-	-
		<u>254,913</u>	<u>284,219</u>	<u>352,562</u>	<u>-</u>	<u>186,570</u>

Notes to the accounts continued

2021	Balance c/f at 31 December 2020	Income	Expenditure	Transfer of funds	Balance c/f at 31 December 2021
	£	£	£		£
Ashoka	7,179	-	7,179	-	-
National Lottery Community Fund	21,794	-	17,294	-	4,500
Commonwealth Foundation	38,509	50,000	41,799	-	46,710
Eleanor Rathbone Charitable Trust	1,000	-	1,000	-	-
Embracing Carers 1	21,394	110	4,759	-	16,745
Guernsey Overseas Aid Commission	1,596	-	1,596	-	-
Kit 4 Carers	5,879	-	5,879	-	-
James McNab Trust	2,000	-	2,000	-	-
Randal Charitable Foundation	10,000	-	10,000	-	-
Skoll Foundation	7,500	-	7,500	-	-
Souter Charitable Trust	2,600	-	2,600	-	-
Southall Trust	264	-	264	-	-
UK Aid Direct (SCCF)	11,821	869	12,690	-	-
UK Aid Direct (JCMG)	691	3,000	3,691	-	-
Andrews Charitable Trust 3	-	20,000	-	-	20,000
Major Donor	-	23,300	3,789	(4,662)	14,849
British Foreign School Society	-	12,455	8,519	-	3,936
Bryan Guinness Charitable Trust	-	3,000	3,000	-	-
CareTech	-	17,020	8,510	-	8,510
COVID 19	-	17,985	13,032	-	4,953
Embracing Carers 2	-	45,000	-	-	45,000
Allan and Nesta Ferguson	-	6,720	1,806	-	4,914
Hemraj Goyal Foundation	-	15,000	-	-	15,000
Brian Mercer Trust	-	14,723	8,204	-	6,519
Open Gate Trust	-	1,000	1,000	-	-
Rangoonwala Foundation	-	31,333	10,634	-	20,699
Scott Bader	-	4,000	4,000	-	-
Improve healthcare access for people with mental illness and carers in India Fund	-	54,395	13,317	-	41,078
Wyn Ken Lo Memorial Fund	-	2,000	500	-	1,500
	132,227	321,910	194,562	(4,662)	254,913

Description of restricted income funds*Allan and Nesta Ferguson Charitable Trust*

The grant from the Allan and Nesta Ferguson Charitable Trust was awarded to fund the set up and operation for one year of a new community caring centre in Savar sub-district of Dhaka, Bangladesh in partnership with the Centre for Disability in Development.

Major Donors fund ☐

An ongoing donation from a single donor is supporting the setting up and operation of a free telephone helpline for carers across Nepal in partnership with Self Help Group Cerebral Palsy.

Andrews Charitable Trust

The Andrews Charitable Trust provided funding to support the charity's post COVID19 recovery work.

Angus Lawson Memorial Trust

The Angus Lawson Charitable Trust is funding our Community Caring Centres project which offers children and teenagers with disabilities a chance to engage in therapeutic and educational activities as well as provides mothers the chance to socialise and take some time off from caring. The one-year grant will fund the operation of two new Community Caring Centres (CCCs) in Savar sub-district, Bangladesh.

British and Foreign Schools Society

The grant from the British and Foreign Schools Society is enabling the charity to work in an urban setting in India for the first time, in partnership with the Shristi Special Academy. Working with 70 disabled children, their siblings and mothers, the project will promote online access to education and therapy for children who are unable to travel to the Academy's centre.

Brian Mercer Trust

The grant from the Brian Mercer Trust has part funded a one-year project working with 1,850 people with mental illness and epilepsy and carers in Koraput district, Odisha, India in collaboration with two of our partners Ekta and SPREAD.

Bryan Guinness Charitable Trust

The grant from the Bryan Guinness Charitable Trust is contributing to the running of a new Community Caring Centre in Savar sub-district of Dhaka, Bangladesh, in partnership with the Centre for Disability in Development.

Notes to the accounts continued

CareTech Foundation

The grant from the CareTech Foundation is for a three-year project, also part funded by the Rangoonwala Foundation, being implemented on the outskirts of Dhaka by our partner The Centre for Disability in Development. Working with just over 1,000 carers of disabled children and adults, the project is further expanding the charity's previous work in the area.

Christadelphian Samaritan Fund

Christadelphian Samaritan Fund is supporting impoverished carers of people with disabilities and long-term illness in Karnataka – one of India's least developed states, in partnership with our charity partner Margadarshi. By implementing a sustainable income-generation programme, our project is improving living conditions, health, and wellbeing of 300

Commonwealth Foundation

The grant from the Commonwealth Foundation is for a four year project being implemented across four states in India and also at national level in partnership with six of our partner organisations: NBJK, SACRED, SAMUHA, Ekta, SPREAD and WORD. The project, which runs from October 2018 to September 2022 is entitled "Family caregiving and public policy in India" and will create new opportunities for recognition and support of carers of those living with a disability or mental health condition.

COSARAF Foundation

Two grants were to provide nutritious food and vital emergency medical and therapeutic support to 70 disabled children and 231 family carers during the holy month of Ramadan and to support the setting up and operation of a new Centre for Disability in Development (CDD) in Savar sub-district of Dhaka, Bangladesh.

COVID19 Emergency Appeal

The charity raised funds from the public to provide relief and recovery support via its partner organisations to carers and families in India during the second wave of the COVID19 pandemic.

Eleanor Rathbone Charitable Trust

The Eleanor Rathbone Charitable Trust provided a grant in support of health camps for carers, implemented in partnership with the Centre for Disability in Development in Savar sub-district, Dhaka, Bangladesh.

Embracing Carers 02

A donation from Embracing Carers has been given to support the charity to diversify its income through the development of a training and consultancy offer to corporates and other charities, and specifically to support the personnel costs associated with this development. The charity has been engaged in a process of consultation with potential stakeholders and has completed a business modelling process. This process has now been concluded and the funds will be utilised during the 2023 accounting period. charity's advocacy work in India, specifically to allow them to organise and deliver one state level and one national level workshop to engage stakeholders in discussions about policy relating to carers and to promote state and national level carers forums.

Embracing Carers 03

A further donation from Embracing Carers was given to support the charity's celebration of its 10 year anniversary and to support our work with charity partners in Odisha who are working with people with mental illness and their carers.

Fresh Leaf Charitable Foundation

This grant is supporting our partner, Margadarshi, to deliver livelihoods training and equipment to enable 300 unpaid family carers in Karnataka, south India to generate sustainable income. The grant will also enable the establishment of a revolving fund which will benefit future carers.

Gilchrist Educational Trust

Gilchrist Educational Trust contributed to our project with Shristi Special Academy (SSA) to deliver effective and engaging online learning for children with disabilities in Bangalore, India.

Hemraj Goyal Foundation

The one-year grant from the Hemraj Goyal Foundation is to support the charity's work across India with a specific focus on strengthening carers groups, livelihoods initiatives and advocacy efforts.

Light Fund

Light Fund have contributed to a Community Caring Centre in Kathmandu, Nepal to provide early intervention, therapeutic and educational activities for children with Cerebral Palsy and to provide respite to their carers. The grant will also provide a daily meal and provision of transport to the centre for the children attending.

National Lottery Community Fund

The National Lottery Community Fund grant was awarded as part of the Fund's Rebuilding Communities grant programme for Nepal. It was for a three-year project running from November 2016 to October 2019, extended to July 2020, promoting the social, emotional, medical and economic wellbeing of 500 carers, mostly mothers, of children with cerebral palsy and other neurological disorders in the Kathmandu valley, run in partnership with Cerebral Palsy Nepal (SGCP). Due to the COVID19 pandemic the grant period was extended into 2022.

Open Gate Trust

The Open Gate Trust grant has supported carers to identify suitable sustainable livelihoods that co-exist alongside their caring responsibilities and has enabled them to set up livelihood activities. This work was carried out in partnership with our local partner Margadarshi.

Notes to the accounts continued

Rangoonwala Foundation

The grant from the Rangoonwala Foundation is for a three-year project, also part funded by the CareTech Foundation, being implemented on the outskirts of Dhaka by the charity's partner The Centre for Disability in Development. Working with just over 1,000 carers of disabled children and adults, the project is further expanding our previous work in the area.

St. James Place

The grant from St James Place is supporting 500 people with mental illness and their 500 carers through the development of support groups and the improvement of local mental health services. The project, in partnership with our partner WORD, is taking place in Koraput district in the eastern state of Odisha, India.

Stone King Foundation

Stone King Foundation contributed towards the production costs of the Carers Worldwide Impact Report.

Improve Healthcare Access for people with mental illness and carers in India Fund

This grant is supporting a two-year project with new partner The Uma Educational and Technical Society working in a remote district in Andhra Pradesh, India. The project will support 500 people with mental illness and their carers, with a focus on diagnosis and treatment of those with a mental health condition, the emotional wellbeing of carers and increasing household financial security.

Wyn and Ken Lo Memorial Foundation

The grant from the Wyn and Ken Lo Memorial Foundation is supporting an innovative project in partnership with the Narendra Foundation and local government which will benefit 500 carers of children and adults with severe disabilities in Tumkur district, Karnataka, India. Health professionals are being trained to work with carers and access to carers support groups and government benefits is being promoted.

14

Analysis of Total Funds

2022	Fixed Assets	Debtors	Cash at Bank	Creditors	Total
	£	£	£	£	£
Unrestricted funds	1,170	3,148	107,596	(3,372)	108,542
Major Donor	-	-	-	-	-
Andrews Charitable Trust (COVID19)	554	-	(554)	-	-
British Foreign School Society	-	-	10,781	-	10,781
Brian Mercer Trust	-	-	(540)	540	-
Bryan Guinness Charitable Trust	-	-	4,000	-	4,000
CareTech Foundation	-	-	7,545	-	7,545
Commonwealth Foundation Grant 2	-	5,000	588	-	5,588
COSARAF Foundation	-	-	1,750	-	1,750
Eleanor Rathbone Charitable Trust	-	-	1,000	-	1,000
Embracing Carers 02	-	-	45,000	-	45,000
Embracing Carers 03	-	52,300	(22,638)	-	29,662
Fresh Leaf Charitable Foundation	-	-	9,871	-	9,871
Hemraj Goyal Foundation	-	-	3,014	-	3,014
Light Fund	-	-	4,860	-	4,860
National Lottery Community Fund	-	-	1,344	-	1,344
Rangoonwala Foundation	-	-	4,887	-	4,887
Stone King Foundation	-	-	500	-	500
Improve healthcare access for people with mental illness and carers in India Fund	294	-	56,474	-	56,768
Balance of Funds at 31st December 2022	2,018	60,448	235,478	(2,832)	295,112

Notes to the accounts continued

2021	Fixed Assets	Debtors	Cash at Bank	Creditors	Total
	£	£	£	£	£
Unrestricted funds	1,851	15,511	106,262	(1,822)	121,802
National Lottery Community Fund	-	-	4,500	-	4,500
Commonwealth Foundation	-	50,000	(3,290)	-	46,710
Caretech	-	8,510	-	-	8,510
Embracing Carers 1	-	-	16,745	-	16,745
UK Aid Direct Small Charities Challenge Fun	250	-	(250)	-	-
Andrews Charitable Trust 3	-	-	20,000	-	20,000
Major donors	-	-	15,302	(453)	14,849
British Foreign School Society	-	-	3,936	-	3,936
COVID 19	-	-	4,953	-	4,953
Evans Cornish Foundation	-	19	(19)	-	-
Embracing Carers 2	-	45,000	-	-	45,000
Allan and Nesta Ferguson	-	-	4,914	-	4,914
Hemraj Goyal Foundation	-	-	15,000	-	15,000
Brian Mercer Trust	-	-	6,519	-	6,519
Rangoonwala Foundation	-	-	20,699	-	20,699
Improving healthcare access for people with mental illness and carers India fund	-	-	41,078	-	41,078
Wyn Ken Lo Memorial Fund	-	-	1,500	-	1,500
Balance of Funds at 31st December 2021	2,101	119,040	257,849	(2,275)	376,715

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Related Party Transactions

Donations from trustees amounted to £17,528 in 2022. There were no other related party transactions in the reporting period.