

Registered Charity Number
1150214

Registered Company Number
(Registered in England and Wales)
08083816

Carers Worldwide
(a company limited by guarantee)

Financial Statements
for the year ended
31 December 2021

Carers Worldwide

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Carers Worldwide

Charity and Company Information

Registered Office and Principal Address	Carers Worldwide 30 Lodgefield Welwyn Garden City Hertfordshire AL7 1SD
Bankers	CAF Bank Ltd 25 Kings Hill Avenue Kings Hill West Malling Kent ME19 4JQ
Independent Examiner	Karon Cook FCA 1 Therapia Road London SE22 0SF
Registered Charity	1150214
Registered Company	08083816 (England and Wales)

Report of the Trustees continued

Carers Worldwide

The Report of the Trustee-Directors of Carers Worldwide for the year ending December 2021

Introduction

2021 has been a year of growth for the charity, particularly in relation to programmes and governance.

The number of partner organisations has increased from ten to fourteen with growth taking place in India as part of a wider strategy of focussing on government staff involvement in projects and advocacy with local authorities in the four states where the charity is working. Work with existing partners has expanded and scaled up in terms of numbers of project participants and geographic reach. This growth has been particularly vital as carers, their families and communities seek to recover from the brutal impacts of COVID19 on health and livelihoods. The charity has now transformed the lives of over 119,000 individuals since its inception in 2012: 19,834 carers, the 20,069 relatives living with a disability or mental ill-health for whom they care and 79,336 family members.

Alongside support through grassroots activities, the charity has continued to increase its presence in the sphere of influencing policy and practice through sustained lobbying of local and state government in India and individual government agencies in Bangladesh and Nepal. Amplifying the voices of carers and advocating for carers' inclusion into mainstream programmes alongside carer-specific support is vital for the achievement of sustainable change for carers and remains a focus of the charity's strategy and long term vision.

Strengthening governance is key to the success of the charity's strategic goals and sustainability. This year has seen a new Chair come into post and the Board of Trustee-Directors expand from five to eight, with all new Trustee-Directors bringing specific skills necessary to guide the charity into the next phase of its growth and development. The charity also appointed its first Ambassador.

Despite the challenges currently faced by charities in fundraising for their work, Carers Worldwide has again increased its income compared to all previous years. This is once again a testament to the dedication of the team of staff and Trustee-Directors, the trust placed in the charity by long standing and new supporters, and the quality of the work and impacts being achieved in collaboration with the partner organisations in India, Nepal and Bangladesh.

Structure, governance and management

Carers Worldwide's governance is described in its Memorandum and Articles of Association. The policy and strategic decisions of Carers Worldwide rest with the Trustee-Directors who meet three times a year to oversee, plan and monitor its activities. The current Board of Trustee-Directors is shown on page eight. Potential candidates for the Board are considered by the existing Trustee-Directors on the basis of how their skills and experience match the organisation's needs. The Board of Trustee-Directors delegates the day to day running of the charity to the Founder and Executive Director, Anil Patil who is responsible for the day to day delivery of the programmes: currently in India, Nepal and Bangladesh; fundraising; financial accountability; marketing; quality assurance; policy and new programmes. The Trustee-Directors approve policies, the strategic plan of Carers

Report of the Trustees continued

Worldwide, annual plan and budget, and financial contracts as set out in the delegated authority. Amongst the Trustee-Directors, responsibility for oversight is assigned as follows: Treasurer and Finance – Dhanya Vamadevan, Vice Chair and Programmes (to July 2021) - Siân Edwards, Vice Chair (July 2021 onwards) and Fundraising – Sarah Ridley and Strategy – Alastair Page. Each of the Trustee-Directors meets regularly with Anil Patil to ensure strategic objectives are met and statutory and donor compliance is maintained. The Chair of the Trustee-Directors - Chris Underhill (to July 2021) and Jonathan Freeman (July 2021 onwards) - oversees the activities of the Trustee-Directors and the Executive Director. He is responsible for conducting the Executive Director's performance management process.

During the year, the Trustee-Directors and senior management team completed a recruitment process to seek a replacement for the Chair of the Trustee-Directors since the current Chair was due to step down in July 2021. Alongside this, four more Trustee-Directors were recruited to further strengthen the skills and diversity of the Board.

Objectives and activities

Carers Worldwide's objects, as defined in its Memorandum and Articles of Association incorporated 25th May 2012 and amended by special resolution 6th December 2012, are:

To promote the relief of people who require care due to physical or mental ill health, disability, old age, frailty, substance misuse or any other cause, in particular (but without limitation) by:

1.1 raising the awareness of carers and the general public as to the needs of and difficulties experienced by individuals as a result of their role as carers;

1.2 relieving financial hardship, sickness and distress among carers; and

1.3 the relief of individuals being cared for by improving the quality of their care and rehabilitation through the provision of training, support and advice to carers.

"Carer" means an individual of any age who cares for or nurses a relative, friend or partner requiring this help due to physical or mental ill health, disability, old age, frailty, substance misuse or any other cause.

In practice, Carers Worldwide works in partnership with established, well reputed organisations to implement strategies and programmes that will improve the lives of carers and those for whom they care. Carers Worldwide designs and develops programmes, provides specialist advice and training and advises on advocacy and policy issues, as well as providing links to other organisations, sources of knowledge, skills and funds.

Public Benefit

The Trustees of Carers Worldwide consider that the activities undertaken to achieve its charitable objectives through a combination of partnership, advocacy and knowledge sharing provide a public benefit to its direct beneficiaries, namely people who require care due to physical or mental ill health, disability, old age, frailty, substance misuse or any other cause and their carers in the countries in which it operates.

Report of the Trustees continued

The Trustees confirm that they have complied with the duty in section 17 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission in determining the activities undertaken by the charity.

During the period from January to December 2021, Carers Worldwide focussed on:

- continuing to implement the charity's strategic plan (Strategic Plan 2020 – 2022)
- embarking on delivery of the charity's 10 year vision incorporating its existing partnership working alongside the development of a training and consultancy strand and further work on influencing the policy and practice of other stakeholders
- continuing to respond to further waves of the COVID19 pandemic and collaborating with the charity's existing partner organisations in India, Nepal and Bangladesh in order to respond to the emergency needs of carers and their families and to mitigate against the ongoing social, health and economic impacts
- continuing to plan and implement activities with its expanding base of partner organisations working across four states in India: SAMUHA, Margadarshi, Narendra Foundation, BIRDS and Shristi Special Academy in Karnataka; SACRED and UETS in Andhra Pradesh; NBJK in Jharkhand and WORD, SPREAD and Ekta in Odisha; with two existing partner organisations in two provinces of Nepal: LEADS Nepal in Baglung and Myagdi districts and Self Help Group Cerebral Palsy (SGCP) in the Kathmandu Valley; and with one existing partner organisation in Bangladesh, the Centre for Disability in Development
- raising the profile of the needs of carers with state level government authorities in India through the strengthening of State Level Carer Forums, in collaboration with Carers Worldwide India
- offering consultancy and advisory support to international charities to enable them to bring the issue of carers into their existing activities
- participating in national and international policy level and advocacy initiatives to raise awareness of the needs of carers globally
- further building the governance of the charity
- further raising the profile of the charity within the UK and internationally
- responding to the impacts on funding as a result of COVID19 and UK Aid Direct funding, continuing to fundraise from Trusts and Foundations, individuals and community groups, and strengthening the charity's digital presence as a way of attracting new supporters

The Executive Director and Trustees continued to work according to the charity's operational plan and fundraising strategy, which complement the charity's strategic plan. This suite of documents communicates clearly to staff, Trustees, beneficiaries, partners, donors and other key stakeholders our goals and how we will reach them. During this period the wording of the charity's vision, mission and strategic goals were re-worded. A set of core values was also developed. These reflect the overall guiding principles of the charity:

Report of the Trustees continued

Vision

Our vision is a world in which every carer is valued and their needs are met.

Mission

Our mission is to achieve recognition of the role of carers and to transform the lives of carers, their families and their communities.

Strategic Goal

Our strategic goal is to **act as a catalyst** to:

1. **Change attitudes and promote support** for carers, their families and communities, empowering them towards better health, wellbeing and economic security
2. **Inspire systemic change** in the government, private and third sectors so they recognise and respond to the needs of carers

Core Values

OUR CORE VALUES



We Challenge

We constantly look for ways to innovate and evolve, and challenge others to do the same.



We Ignite Imaginations

We inspire ambition and bold ideas to tackle the issues facing carers everywhere.



We Amplify Voices

We listen to and value everyone's voice, amplifying the voices of those currently unheard.



We Inspire Change

We empower people and organisations to make lasting changes for carers and their communities.

Strategic Plan

The charity continued to implement its strategic plan for the period 2020 – 2022, with the following strategic objectives:

- To increase the **reach and impact** of the Carers Worldwide model through **empowering existing partners** to mainstream and advocate for greater carer inclusion and through **establishing new partnerships** with carefully selected organisations across Southern Asia
- To **develop a high quality, bespoke training and consultancy service** focussing on topics relating to carers and caring for use with national and international level NGOs, government agencies and corporates to enable them to support family carers in their respective spheres of influence.

Report of the Trustees continued

- Through the network of partnerships and communities supported by Carers Worldwide to **build up a body of evidence** on family carers and the interventions that support them in their caring roles in order to inform future policy and practice
- To engage in **policy and advocacy work at regional, national and international levels** in order to achieve recognition and inclusion of carers, and to promote the formation of regional and national level carers' forums, ultimately leading to the voice of carers being heard by policy makers and practitioners at all levels and across sectors

Desired Outcomes

Our desired outcomes are that by 2022:

1. We will increase our visibility and impact, operating as an internationally recognised and respected catalyst for change, working through partners and others to raise awareness and achieve recognition of the needs of unpaid family carers in low and middle income countries and embed the skills required to deal with these needs in local communities.
2. We will have improved the lives of **30,000 carers** and **120,000 family members** across South and South East Asia.
3. We will promote the development of **carer-friendly workplaces** in our countries of operation through targeted engagement with the corporate sector
4. We will **increase the range of carer groups** with whom we work, specifically young carers, carers of the elderly, carers of people living with dementia, carers of people with cancer, carers of people with non-communicable diseases¹

The Carers Worldwide model remains at the core of the charity's work. The model consists of five core elements:

- **Carers' support groups** - to reduce loneliness and isolation, create social networks and support emotional wellbeing;
- **Health services** - to provide access to physical and mental health services, including locally available counselling services;
- **Respite and short breaks** - to offer a break from caring responsibilities along with the development of alternative high quality care options such as day care centres;
- **Employment, training and education** - to facilitate access to employment, training or education, tailored as appropriate to co-exist with caring responsibilities;
- **Advocacy** - to strengthen the collective voice of carers to advocate for their needs and the provision they require at community, regional and national level, leading to changes in policy and practice.

We continued to strengthen the charity with regard to its statutory obligations and the desire to comply with best practice as set out by the Charity Commission.

Achievements and performance

Completing its ninth year of operation, Carers Worldwide has now transformed the lives of 19,834 carers, the 20,069 relatives living with a disability or mental ill-health for whom they care and 79,336 family members across India, Nepal and Bangladesh. Across all programmes, an average of 84% of

¹ not an exhaustive list and will depend on need/opportunity

Report of the Trustees continued

the carers the charity supports are women, although in some project areas this figure increased to 94%. 80% of carers are now earning a living that can co-exist alongside their caring responsibilities and more than 300 young carers have returned to education. 24 community caring centres have been set up to assist in the provision of alternative care. 78% of carers report improved health. 631 village level carers groups are operating, which are federated into cluster level committees and district level Carers Associations, with a total of 8 Carers Associations and 2 Carers Co-operatives now registered with local authorities. Carers and their families have accessed an equivalent of over £859,000 in support from local government in India, Nepal and Bangladesh. State Level Carers Forums have been set up in 4 states in India. Through a comprehensive range of capacity building activities, over 1,980 partner staff, carer representatives and local professionals have been trained.

The charity's projects are implemented via its charity partners in the three countries of operations. Four new Indian partner organisations completed the due diligence process during this period, expanding the partner network to 14. Funding was secured to start projects with each of those partners, as well as to continue working with existing partners.

As the COVID19 pandemic continued to impact South Asia in successive waves, the charity continued to adapt its activities in collaboration with its partner organisations and carer representatives in order to respond to emergency situations as they arose. In particular, an emergency appeal was launched to support carers and families in India. Project planning also evolved to specifically focus on the longer term social, health and economic impacts of the pandemic in all three countries of operation.

As well as continuing to raise funds from existing donors, funds were secured from a total of nine new Trusts and Foundations, two of which committed to multi-year funding. The charity, with the support of broadcaster Jackie Ashley also recorded a successful BBC Radio 4 Charity appeal which attracted significant new attention.

Programmes – India

In partnership with eleven NGOs across four states, the charity remained focused on the carers of those living with a disability or mental illness. Plans for partnerships with organisations and professionals working in other sectors including the elderly, chronically ill and those living with non-communicable diseases had slowed due to the COVID19 pandemic but with the increased focus on caring and carers as a result of the pandemic, collaborations are now being actively revived.

Carers Worldwide India (registered as an independent Trust in India in December 2018) continued operating, closely supported by the Executive Director of Carers Worldwide who also sits as a Trustee on the Carers Worldwide India Board. The charity supports Carers Worldwide India with strategic, operational and fundraising capacity. Having an independent registered entity in-country has enabled the charity to increasingly advocate at local and state government level for the inclusion of carers into existing policies and to promote the development of carer-friendly policy and practice. Specifically in relation to fundraising, the charity continued to provide technical support to Carers Worldwide India and to partner organisations to raise funds for work within India. During the period,

Report of the Trustees continued

an equivalent of £6,898 was raised for Carers Worldwide India from a combination of Trusts and individual supporters and an equivalent of £31,235 was raised for the three partners in Odisha from one Trust. These funds are raised from Indian donors and are paid directly to the Indian organisations: Carers Worldwide India and specific partner organisations. The majority of the funds raised are restricted for specific projects. None of these funds are received by Carers Worldwide in the UK.

Despite the continued impacts of COVID19 on the needs of carers and the priorities of the charity and its partners, building the capacity and voice of carers and stakeholders working in sectors closely related to caring continued to be a focus through the charity's Commonwealth Foundation funded project "Family caregiving and public policy in India: creating new opportunities for recognition and support." This project, running from October 2018 to September 2022 is being implemented in all four states of India where the charity currently operates, in partnership with six partners. The key priorities of the project, which is guiding the charity's strategy in India include:

- Implementing services at a local level that directly support carers, and ensuring the services become enshrined in policy at a local and national level
- Designing an engagement approach that is capable of influencing local, state and national level policy that will immediately enrich plans for our work in India. This approach is also now shaping our work further afield in Nepal and Bangladesh and assisting the formation of our longer-term South Asia strategy
- Leveraging the infrastructure and capacity created by our work to date at the village and district levels in order to achieve significant steps towards establishing a robust civil society movement that is able to successfully petition for the recognition of the human rights of Indian carers. This is being done in practice by enhancing the capacity of the Carers Associations and increasing the representation of carers from grass roots level upwards.

The four State Level Carers Forums (SLCFs) established in 2019 have continued to operate and are further developing their own autonomy whilst at the same time networking with each other to share learning and experiences. Each Forum comprises a wide range of representatives from partner organisations, government, the private sector, academic institutes and network bodies. In their respective states, they have been at the forefront of ensuring the inclusion of carers and their families in the COVID19 responses of other NGOs and the local government. In Karnataka state, the charity, Carers Worldwide India and SLCF members together secured priority status for carers in the COVID19 vaccination programme.

Karnataka, Andhra Pradesh and Jharkhand – SAMUHA, SACRED and NBJK

The charity's longest standing partners, SAMUHA, SACRED and NBJK continued to promote the inclusion and wellbeing of carers through carer-specific support systems and mainstreaming carers and their families into local government programmes and COVID19 responses. All three organisations were active in supporting government relief programmes, as well as in advocating for improved mental health and livelihoods provision to support carers and their families to recover from the impacts of the pandemic. These three organisations are at the forefront of the State Level Carers Forums in their respective states. In line with the charity's strategic plan, these three organisations are now starting the process of transitioning from implementing partners to resource

Report of the Trustees continued

partners, taking on roles of advising other NGOs on carer inclusion and further strengthening their local Carers Associations.

Karnataka – Margadarshi, BIRDS, Narendra Foundation, Shristi Special Academy

The charity's work with Margadarshi was strengthened through the formation of more carers' groups and the launch of a barefoot counselling service, providing mental health first aid to carers. During the period, the charity entered into new partnerships with three more organisations in Karnataka: Narendra Foundation and BIRDS located in rural settings and Shristi Special Academy, our first urban partner in India. The focus of our work with the Narendra Foundation and BIRDS is engaging closely with local government staff, empowering them to understand and support carers directly. The project with Shristi Special Academy will pioneer innovative online ways of engaging disabled children and their carers, reaching families who would otherwise be unable to access services.

Andhra Pradesh - UETS

The fourth new partner during the period, the Uma Educational and Technical Society (UETS) works in remote rural districts where there are few services available, meaning that our joint project is focussing equally on identifying and treating people with mental health needs along with the family members who are caring for them.

Odisha – Ekta, SPREAD and WORD

The charity's three partners in Odisha continued to work closely with local government authorities to secure support for people with mental health needs and their carers. New funding meant we could expand our work to new blocks and reach more carers and families. Funds were also secured from within India to implement joint projects with the charity's Odisha partners, in collaboration with Carers Worldwide India, with Carers Worldwide providing strategic, technical and communications support.

Programmes – Nepal

Through its work in Nepal, Carers Worldwide works with the carers of people living with mental illness and epilepsy, cerebral palsy and other neurological conditions. During the reporting period, the charity continued to work with two highly experienced local NGOs across urban and rural Nepalese communities.

Kathmandu Valley – Self-Help Group Cerebral Palsy (SGCP)

The charity's partnership with Self-Help Group Cerebral Palsy (SGCP), a local organisation working with individuals affected by cerebral palsy and other neurological disorders, primarily in the Kathmandu Valley continued. The project "Care for Carers: empowering parents of disabled children in Nepal" funded by the National Lottery Community Fund Rebuilding Nepal programme was impacted by the COVID19 pandemic and as a result the project period was extended and completed in 2021, with a final evaluation planned for 2022. The Carers Association promoted by the project has strengthened throughout the period with carer representatives advocating increasingly independently with local government to access local development funds. Community caring centres were able to restart after the pandemic, with increased demand for educational and therapeutic support for children and respite for their carers, mostly mothers.

Report of the Trustees continued

Baglung and Myagdi districts, Western Region – LEADS Nepal

The charity's two year project "Promoting social and economic empowerment of carers by strengthening women-led Carers Associations", funded by a UK Aid Direct Jo Cox Memorial Strengthening Grant and implemented in partnership with LEADS Nepal concluded during this period. The final evaluation highlighted the following project achievements:

- Pre-project, 85% of carers and their families were living below the poverty line. At the end of the project, 80% were above the poverty line.
- 77% of carers involved in the project had gained control over their own development and were confident to hold decision makers to account.
- Carers Association and cluster groups are now lobbying effectively with local government authorities, are well organised and planning their own actions.

The project received an A+ rating from the FCDO Fund Managers, with specific positive comments about the approach to social inclusion and the sustainability of the impact. The project design was judged to have been robust and the project 'very good value for money.'

LEADS Nepal is now transitioning from implementing partner to resource partner.

Programmes – Bangladesh

The charity continued its partnership with the Centre for Disability in Development (CDD), working with carers in Savar sub-district on the outskirts of Dhaka. The joint project funded by the UK Aid Direct Small Charities Challenge Fund that ended in September 2020 received an A rating. The project funded by the Guernsey Overseas Aid Commission, focussed on promoting sustainable livelihoods and alternative care options, was extended into 2021 due to the COVID19 pandemic and concluded during the period. Further funding secured from four Trusts and Foundations enabled the continuation of health camps for carers and the setting up and running of community caring centres across the project area to provide educational and therapeutic input for children with complex disabilities and emotional support and respite for their carers, mostly mothers. A new three year project funded by the CareTech Foundation and the Rangoonwala Foundation started during the period, bringing emotional support, physical and mental health support, and livelihoods opportunities to over 1,000 carers as well as the chance to further strengthen links with local government and empower carers to advocate for their own needs, thus promoting sustainability of impact.

Policy work

The charity has continued to amplify the voice of carers and promote their inclusion through its focus on advocacy and campaigning work from village through to district and state level in all three countries of operation. Carers Associations in the three countries and the State Level Carers Forums in India are becoming recognised as key players at district and state level. Evidence of their increasing success includes successful inclusion of carers in COVID19 relief and recovery initiatives and prioritisation of carers in vaccination campaigns. During the period, a campaign was launched in Karnataka to secure greater implementation of the 'caregivers allowance' provided for in the Rights of Persons with Disabilities Act 2016. The charity published a series of policy toolkits for use by local partners and carer representatives.

Report of the Trustees continued

The charity conducted baseline surveys to explore the needs of carers in Bangladesh and India and also completed external evaluations of its work with carers in Nepal and India. The results of these studies have been used to further demonstrate the need for carer inclusion and carer-specific support, and to prove the effectiveness of the Carers Worldwide model.

Networking

The charity continued to raise its profile and spread awareness of the relevance of working with carers in low and middle income countries with a range of other charities, organisations and funders, both within the UK and on the international stage. An increased focus on external communications via the charity's website and social media channels increased opportunities for new and existing supporters – individuals and organisations – to engage with the charity. The Executive Director continued to represent the charity on the international stage through the charity's membership of the International Alliance of Carer Organisations (IACO) and his advisory work on the "Embracing Carers" global advocacy campaign led by Merck Pharmaceuticals. For the first time, India was included as a focus country in the Global State of Care report. The Executive Director also engaged in conferences and webinars on topics as diverse as young carers, autism, respite and short breaks, the sustainable development goals and longevity, each time raising awareness of the needs of family carers and inspiring new audiences to take practical steps towards carer inclusion.

Financial Review

The statement of financial activities shows the total income of £365,264 (2020: £349,180) and expenditure of £279,711 (2020: £249,792) contributed to a net surplus of £85,553 (2020: 99,388). The charity ended the year with total reserves of £376,715 of which £254,913 (2020: £132,227) were in restricted funds. This represents grants awarded and funds received at the end of the year that will be spent during 2022. The unrestricted reserve of £121,802 represents £40,000 which is held according to the Reserve Policy. The remaining £81,802 will cover human resource, administration and charitable activities to be incurred in 2022.

At the year end the charity held £257,849 (2020: £245,797) of cash at bank and in hand. It had £2,275 (2020: £1,080) of credit balances. Net assets of the charity at the year-end were £376,715 (2020: £291,162).

The charity continued to focus on diversifying its income streams to mitigate against the continued impact of COVID19 on the funding available for charities across the sector. The charity was directly impacted by the UK Government's aid cuts with a new approved project planned in partnership with SGCP in Nepal being cut the month before it was due to start. The funds required for the project have subsequently been provided by a private donor. Fundraising from Trusts and Foundations was successful during the period with funding secured from eight new Trusts and Foundations. These were primarily restricted funds for specific projects across the three countries of operation. During the period, the charity continued to receive significant multiyear grants from the National Lottery Community Fund and the Commonwealth Foundation and concluded its multi-year funding from the Foreign, Commonwealth and Development Office (through its UK Aid Direct fund). These are restricted funds for three large scale programmes in Nepal and India. The charity also ran an emergency campaign to provide relief to carers and their families in India during the COVID19 pandemic. Funds raised were dispersed directly to existing partner organisations in India. Support from individuals continued to increase steadily and a number of community and sponsorship events resumed.

Report of the Trustees continued

Income and expenditure both increased in comparison to 2020. The majority of funds were spent on charitable activities, including disbursements to the charity's partner organisations in India, Nepal and Bangladesh to implement programmes which have now impacted the lives of over 119,000 individuals: 19,834 carers, the 20,069 relatives living with a disability or mental ill-health for whom they care and 79,336 family members.

The charity extends thanks and appreciation to all its supporters for their belief in its work and for their commitment to improving the lives of carers and their families.

The income for the period was spent wholly on charitable activities and enabled the activities outlined earlier in the report to be conducted.

Reserves and reserves policy

The Trustee-Directors reviewed the charity's reserves policy during the year and continues to aim to retain unrestricted reserves of £40,000 or 3 months operating costs (whichever is the largest) to ensure the charity can continue its operations in the short term while seeking further funding as necessary. During this period, funds remained above the reserves level at all times. The level of reserves is presented to the Trustee-Directors at each Board meeting and the reserves policy is formally reviewed annually by the Board. The end of year balance of the free unrestricted reserves, over and above the £40K reserve policy, of £81,802 will be spent in 2022 to cover human resource, administration and charitable activities.

Risk Management

The Trustee-Directors have reviewed the risks to which a small charity operating overseas with limited funding and only four employees is exposed. The additional risks presented by the continuation of the COVID19 pandemic were reviewed on an ongoing basis and appropriate mitigating actions put in place. Financial management reports are used to identify and monitor financial risks monthly. The strong network of volunteers, careful use of consultants and the experience and expertise of the Trustee-Directors are judged to mitigate the risk of only having four paid staff members, and this is reviewed regularly. The potential risk of simultaneously appointing a new Chair and four new Trustee-Directors was mitigated by continuing the terms of existing Trustees and appointing Sarah Ridley as Vice Chair. A Risk Register is maintained which is approved by the Trustee-Directors, with specific areas of monitoring oversight assigned to named Trustee-Directors and staff members. This is discussed at each Board meeting and reviewed in full annually.

Safeguarding

Carers Worldwide is committed to ensuring the safety and wellbeing of everyone with whom it works, including carers, the individuals for whom they care and their families, as well as of the partner staff with whom we work and our own staff, trustees and volunteers. The Trustees review the charity's suite of safeguarding policies and procedures, including its code of conduct annually, and these were updated during the period in response to new guidance from the FCDO.

Report of the Trustees continued

Directors of the company during the year to 31st December 2021 were

Siân Edwards (to July 2021)

Christopher Underhill (to July 2021)

Alastair Page

Sarah Ridley

Dhanya Vamadevan

Maria Andrews (from July 2021)

Jonathan Freeman (from July 2021)

Maveen Pereira (from July 2021)

Dionne Williams (from July 2021)

Ian Yates (from July 2021)

All currently serving directors were also in place at the date when the directors' report and accounts were approved.

All directors are also trustees.

Company Secretary

Ruth Patil

Executive Director

Anil Patil

Ambassador

Chris Underhill (from July 2021)

Report of the Trustees continued

Statement of Directors' Responsibilities

The Charities Acts and the Companies Acts require the Board of Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity as at the end of the financial year and of the surplus or deficit of the charity.

In preparing those financial statements the Board is required to:-

- select suitable accounting policies and then apply them consistently
- make judgements and estimates that are reasonable and prudent
- state whether applicable accounting standards and statements of recommended practice have been followed subject to any departure disclosed and explained in the financial statements
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue to operate.

The trustees are also responsible for maintaining adequate accounting records which disclose with reasonable accuracy at any time the financial position of the charity and which are sufficient to show and explain the charity's transactions and enable them to ensure that the financial statements comply with regulations made under the Charities Act.

They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are also responsible for the contents of the trustees' report, and the responsibility of the independent examiner in relation to the trustees' report is limited to examining the report and ensuring that, on the face of the report, there are no inconsistencies with the figures disclosed in the financial statements.

The trustees are responsible for the maintenance and integrity of the charity and financial information included on the charity's website.

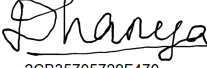
Report of the Trustees continued

Method of preparation of accounts

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

This report was approved by the board of directors on 15th July 2022

Director

DocuSigned by:

2CB35705729F470...

Name : Dhanya Vamadevan

Carers Worldwide

Independent Examiner's Report to the directors of Carers Worldwide (a company limited by guarantee)

I report on the financial statements of the company for the period ended 31 December 2021 as set out on pages 18 to 29.

This report is made solely to the charity's trustees, as a body, in accordance with Section 145 of the Charities Act 2011. My work has been undertaken so that I might state to the charity's trustees those matters I am required to state to them in this report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the charity and the charity's trustees as a body, for my work, for this report, or for the opinions I have formed.

Respective responsibilities of trustees and examiner

The charity's trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of financial statements. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the '2011 Act') and that an independent examination is needed.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the financial statements under section 145 of the 2011 Act
- to follow the procedures laid down in the General Directions given by the Charity Commission under section 145(5) of the 2011 Act; and
- to state where particular matters have come to my attention

Basis of the independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the financial statements presented with those records. It also includes consideration of any unusual items or disclosures in the financial statements and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the financial statements present a 'true and fair view' and the report is limited to those matters set out in the statements below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- a) Which gives me reasonable cause to believe that in any material respect the requirements:
 - to keep accounting records in accordance with section 386 of the Companies Act 2006; and
 - to prepare financial statements which accord with the accounting records and to comply with the accounting requirements of the section 396 of the Companies Act 2006 and with
 - the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities have not been met; or
- b) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the financial statements to be reached.

Karon Cook FCA
Infinity Accountants Ltd

Date: 13/09/2022

DocuSigned by:
Karon Cook
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1 Therapia Road
London, SE22 0SF

Statement of Financial Activities (including Income and Expenditure Account)

For the year ended 31 December 2021

Carers Worldwide

	Notes	Unrestricted Funds 31st Dec 2021 £	Restricted Funds 31st Dec 2021 £	Total Funds 31st Dec 2021 £	Unrestricted Funds 31st Dec 2020 £	Restricted Funds 31st Dec 2020 £	Total Funds 31st Dec 2020 £
Income and Endowments from:							
Donations and legacies	4	43,105	22,645	65,750	33,245	-	33,245
Charitable Activities	5	-	299,265	299,265	92,273	223,446	315,719
Other	6	249	-	249	216	-	216
Total		<u>43,354</u>	<u>321,910</u>	<u>365,264</u>	<u>125,734</u>	<u>223,446</u>	<u>349,180</u>
Expenditure on:							
Raising Funds	7	842	-	842	678	170	848
Charitable Activities	8	84,307	194,562	278,869	41,715	207,229	248,944
Total		<u>85,149</u>	<u>194,562</u>	<u>279,711</u>	<u>42,393</u>	<u>207,399</u>	<u>249,792</u>
Net income/(expenditure)		<u>(41,795)</u>	<u>127,348</u>	<u>85,553</u>	<u>83,341</u>	<u>16,047</u>	<u>99,388</u>
Transfer of funds		4,662	(4,662)	-	4,181	(4,181)	-
Net movement in funds		<u>(37,133)</u>	<u>122,686</u>	<u>85,553</u>	<u>87,522</u>	<u>11,866</u>	<u>99,388</u>
Reconciliation of funds:							
Total Funds brought forward		<u>158,935</u>	<u>132,227</u>	<u>291,162</u>	<u>71,413</u>	<u>120,361</u>	<u>191,774</u>
Total funds carried forward		<u>121,802</u>	<u>254,913</u>	<u>376,715</u>	<u>158,935</u>	<u>132,227</u>	<u>291,162</u>

The statement of financial activities includes all gains and losses in the year.

All incoming resources and resources expended derive from continuing activities

Balance Sheet

For the year ended 31

December 2021

Carers Worldwide

Company Number 08083816

	Notes	2021 £	2021 £	2020 £	2020 £
Fixed Assets					
Tangible Assets	10		2,101		1,267
Total Fixed Assets			2,101		1,267
Current Assets:					
Debtors	11	119,040		45,178	
Cash at bank and in hand		257,849		245,797	
Liabilities					
Creditors: amounts falling due within one year	12	2,275		1,080	
Net current assets			374,614		289,895
Total assets less current liabilities			376,715		291,162
Creditors: amounts falling due after one year			-		-
Net Assets	13		376,715		291,162
The Funds of the Charity:					
Restricted income Funds	13		254,913		132,227
Unrestricted income funds			121,802		158,935
Total Charity Funds	14		376,715		291,162

The notes form part of these financial statements

The Trustees acknowledge their responsibilities for complying with the requirements of the Companies Act 2006. Under Companies Act 2006, Section 454, on a voluntary basis, the trustees can amend these financial statements if they subsequently prove to be defective.

The Directors of the Company acknowledge their responsibilities for:

- ensuring the company keeps accounting records which comply with Section 386 Companies Act 2006.
- preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of the financial period and of its statement of financial affairs for the period in accordance with the requirements of Sections 394 and 395 Companies Act 2006 and which otherwise complies with the requirements of the Act relating to accounts so far as they are applicable to the company.

For the year ending 31/12/2021 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

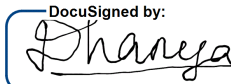
The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibility for complying with the requirements of the Act with respect to accounting records and for the preparation of accounts.

These accounts have been prepared in accordance with the special provisions applicable to companies subject to the small companies regime.

Approved by the Directors and signed on its behalf:

Date: 15th July 2022

Director: 
Name: Dhanya Vamadevan

Notes to the accounts

For the year ended 31 December 2021

Carers Worldwide

Accounting Policies

1. Basis of Preparation of the accounts

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)(effective 1 January 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), the Update Bulletin to the Charities SORP (FRS 102) and the Companies Act 2006.

The Charity constitutes a public benefit entity as defined by FRS 102.

The accounts are presented in pounds Sterling (£) which is the functional currency of the charitable company. Monetary amounts in these accounts are rounded to the nearest whole pound.

The Trustees consider that there are no material uncertainties about the Charity's ability to continue as a going concern.

The charity has taken advantage of the exemption in the Update Bulletin amending the Charities SORP (FRS 102) from the requirement to produce a cash flow statement on the grounds it does not qualify as a large company.

Accounting Convention

The financial statements are prepared on a going concern basis, under historical cost convention.

Income

All incoming resources are included in the Statement of Financial Activities when the Trust is legally entitled to the income, it is probable that the income will be received, and the amount can be quantified with reasonable accuracy.

Expenditure

Charitable Expenditure

This comprises all expenditure directly relating to the objectives of the charity.

Governance costs

This comprises the costs of running the charity itself as an organisation.

Depreciation Policy

Capital Assets are defined as a unit of property that:

- (1) has an economic useful life that extends beyond 12 months; and
- (2) was acquired for a cost of over £100

Capital Assets are depreciated over 4 years (25% each year).

Debtors

Debtors are recognised at the settlement amount due. Prepayments are valued at the amount prepaid.

Creditors

Creditors and provisions are recognised where there is a present obligation from a past event that will probably result in the transfer of funds to a third party and the amount due can be measured or estimated reliably. They are recognised at the settlement amount due.

Cash

Cash at bank and in hand includes cash and short term highly liquid investments with a maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

Notes to the Accounts (continued)

Currency of financial statements

The financial statements are prepared in sterling which is the functional currency of the charity.

Taxation

As a registered charity, the company is exempt from income and corporation tax to the extent that its income and gains are applicable to charitable purposes only. Value Added Tax is not recoverable by the company and is therefore included in the relevant costs in the Statement of Financial Activities.

2. Winding up or dissolution of the charity

If upon winding up or dissolution of the charity there remain any assets, after the satisfaction of all debts and liabilities, the assets represented by the accumulated fund shall be transferred to some other charitable body or bodies having similar objectives to the charity.

3 Expenses paid to Trustees or persons connected with Trustees

	Year to 31st Dec 2021	Year to 31st Dec 2020
	£	£
The aggregate amount of expenses paid to directors was	-	-

Trustees did not receive any remuneration in the year 2021 or in 2020.

4 Income from Donations and Legacies

	Year to 31st Dec 2021	Year to 31st Dec 2021	Year to 31st Dec 2021	Year to 31st Dec 2020
	Unrestricted Funds	Restricted Funds	Total	
	£	£	£	£
Donations	40,223	15,477	55,700	28,340
Gift Aid	2,882	7,168	10,050	4,905
Income from Donations and Legacies	43,105	22,645	65,750	33,245

5 Income from Charitable Activities

	Year to 31st Dec 2021	Year to 31st Dec 2021	Year to 31st Dec 2021	Year to 31st Dec 2020
	Unrestricted Funds	Restricted Funds	Total	
	£	£	£	£
Grants	-	299,265	299,265	293,778
Contractual income	-	-	-	21,941
Income from Charitable Activities	-	299,265	299,265	315,719

6 Other

	Year to 31st Dec 2021	Year to 31st Dec 2021	Year to 31st Dec 2021	Year to 31st Dec 2020
	Unrestricted Funds	Restricted Funds	Total	
	£	£	£	£
Bank deposit interest received	19	-	19	121
T-Shirt donation	230	-	230	95
Other Income	249	-	249	216

Notes to the Accounts (continued)

7 Expenditure on Raising funds	Year to 31st Dec 2021	Year to 31st Dec 2021	Year to 31st Dec 2021	Year to 31st Dec 2020
	Unrestricted Funds	Restricted Funds	Total	Total
	£	£	£	£
Fund raising costs	842	-	842	848
Other Income	842	-	842	848

8 Expenditure On Charitable activities

a) Grants payable

During the period grants totalling £128,734 (2020 £133,715) were made to the following recipients

	Year to 31st Dec 2021	Year to 31st Dec 2021	Year to 31st Dec 2021	Year to 31st Dec 2020	Year to 31st Dec 2020	Year to 31st Dec 2020
	Unrestricted Funds	Restricted Funds	Total	Unrestricted Funds	Restricted Funds	Total
	£	£	£	£	£	£
Sacred	-	4,423	4,423	-	5,409	5,409
NBJK	-	6,482	6,482	-	7,649	7,649
Samuha	-	4,348	4,348	-	6,183	6,183
SGCP	-	15,000	15,000	-	24,000	24,000
CDD	2,030	28,806	30,836	-	38,661	38,661
Carers Worldwide India	-	3,523	3,523	-	12,029	12,029
Margadarshi	-	8,506	8,506	-	8,293	8,293
EKTA	-	10,084	10,084	-	2,689	2,689
SPREAD	-	10,084	10,084	-	2,154	2,154
Leads	-	5,913	5,913	-	26,648	26,648
WORD	-	2,483	2,483	-	-	-
Narendra Foundation	-	4,487	4,487	-	-	-
BIRDS	-	2,565	2,565	-	-	-
UETS	-	10,000	10,000	-	-	-
Shristi Special Academy	-	10,000	10,000	-	-	-
Total institutional grants	2,030	126,704	128,734	-	133,715	133,715
Total grants to individuals	-	-	-	-	-	-
Total grants paid	2,030	126,704	128,734	-	133,715	133,715

b) Activities undertaken directly

	Year to 31st Dec 2021	Year to 31st Dec 2021	Year to 31st Dec 2021	Year to 31st Dec 2020	Year to 31st Dec 2020	Year to 31st Dec 2020
	Unrestricted Funds	Restricted Funds	Total	Unrestricted Funds	Restricted Funds	Total
	£	£	£	£	£	£
Trainings and meetings	-	2,229	2,229	-	-	-
Studies	295	504	799	-	-	-
Project evaluation	-	1,500	1,500	-	2,301	2,301
Total Activities undertaken directly	295	4,233	4,528	-	2,301	2,301

Notes to the Accounts (continued)

	Year to 31st Dec 2021	Year to 31st Dec 2021	Year to 31st Dec 2021	Year to 31st Dec 2020	Year to 31st Dec 2020	Year to 31st Dec 2020
	Unrestricted Funds	Restricted Funds	Total	Unrestricted Funds	Restricted Funds	Total
	£	£	£	£	£	£
c) Other Charitable Activities costs						
Salaries, Employers NI contributions and pension	62,103	40,064	102,167	32,944	53,496	86,440
Overseas Associates	675	11,970	12,645	-	845	845
Depreciation	640	249	889	400	-	400
Travel and subsistence	1,375	916	2,291	609	1,510	2,119
Postage	72	117	189	80	206	286
Stationery	312	185	497	121	335	456
Phone	53	63	116	20	110	130
IT	966	5,291	6,257	716	3,524	4,240
Other	4,496	2,349	6,845	3,835	2,626	6,461
Recruitment costs	1,513	-	1,513	-	395	395
Consultancy costs	6,577	2,421	8,998	1,763	7,758	9,521
Subscriptions	1,045	-	1,045	147	408	555
Independent examiner fee	1,080	-	1,080	1,080	-	1,080
Tax services provided by independent examiner	540	-	540	-	-	-
Trustee meeting expenses	535	-	535	-	-	-
Total Support costs	81,982	63,625	145,607	41,715	71,213	112,928
Total Expenditure on charitable Activities	84,307	194,562	278,869	41,715	207,229	248,944

Charitable activity expenditure is allocated to restricted income funds according to the actual expenditure incurred on each project except for salaries where it is apportioned according to time spent on each project

9 Staff costs and emoluments

	Year to 31st Dec 2021	Year to 31st Dec 2020
	£	£
Gross salaries	92,623	81,954
Employer's National Insurance contributions	3,828	2,916
Employer's pension contributions	5,716	5,149
Furlough income from HMRC	-	(3,579)
	<u>102,167</u>	<u>86,440</u>
Numbers of full time employees or full time equivalents	Year to 31st Dec 2021	Year to 31st Dec 2020
Engaged in management and administration	4	4
	<u>4</u>	<u>4</u>

In 2021, key management personnel received total compensation of £ 47,733 (2020: £46,937)

No employee received remuneration above £60,000 in 2021 or 2020

4 volunteers were used by the charity during 2021 (2020:4)

Notes to the Accounts (continued)

10 Tangible fixed assets

	Year to 31st Dec 2021	Year to 31st Dec 2020
	Office Equipment	Office Equipment
Cost	£	£
Brought forward at 1 Jan	4,065	3,465
Additions	1,723	600
carried forward at 31 Dec	5,788	4,065
Depreciation		
Brought forward at 1 Jan	2,798	2,398
Charge in the year	889	400
Carried forward at 31 Dec	3,687	2,798
Net book value at 31 Dec	2,101	1,267

11 Debtors

	Year to 31st Dec 2021	Year to 31st Dec 2020
	£	£
Gift Aid recoverable	6,877	256
Accrued income	112,067	44,422
Staff Advance	96	500
	119,040	45,178

12 Creditors: amounts falling due within one year

	Year to 31st Dec 2021	Year to 31st Dec 2020
	£	£
Accrued Expenses	2,275	1,080
	2,275	1,080

Notes to the Accounts (continued)

13 Restricted Income Funds

	Balance c/f at 31 December 2020	Income	Expenditure	Transfer of funds	Balance c/f at 31 December 2021
2021	£	£	£		£
Ashoka	7,179	-	7,179	-	-
National Lottery Community Fund	21,794	-	17,294	-	4,500
Commonwealth Foundation	38,509	50,000	41,799	-	46,710
Eleanor Rathbone Charitable Trust	1,000	-	1,000	-	-
Embracing Carers 1	21,394	110	4,759	-	16,745
Guernsey Overseas Aid Commission	1,596	-	1,596	-	-
Kit 4 Carers	5,879	-	5,879	-	-
James McNab Trust	2,000	-	2,000	-	-
Randal Charitable Foundation	10,000	-	10,000	-	-
Skoll Foundation	7,500	-	7,500	-	-
Souter Charitable Trust	2,600	-	2,600	-	-
Southall Trust	691	3,000	3,690	-	-
UK Aid Direct (SCCF)	264	-	264	-	-
UK Aid Direct (JCMG)	11,821	869	12,690	-	-
Andrews Charitable Trust 3	-	20,000	-	-	20,000
Major Donors	-	23,300	3,789	(4,662)	14,849
British Foreign School Society	-	12,455	8,519	-	3,936
Bryan Guinness Charitable Trust	-	3,000	3,000	-	-
CareTech Foundation	-	17,020	8,510	-	8,510
COVID 19 Emergency Appeal	-	17,985	13,032	-	4,953
Embracing Carers 2	-	45,000	-	-	45,000
Allan and Nesta Ferguson	-	6,720	1,806	-	4,914
Hemraj Goyal Foundation	-	15,000	-	-	15,000
Brian Mercer Trust	-	14,723	8,204	-	6,519
Open Gate Trust	-	1,000	1,000	-	-
Rangoonwala Foundation	-	31,333	10,634	-	20,699
Scott Bader	-	4,000	4,000	-	-
Improving healthcare access for people with mental illness and carers in India Fund	-	54,395	13,317	-	41,078
Wyn Ken Lo Memorial Fund	-	2,000	500	-	1,500
	132,227	321,910	194,562	(4,662)	254,913

Notes to the Accounts (continued)

2020	Balance c/f at 31 December 2019	Income	Expenditure	Transfer of funds	Balance c/f at 31 December 2020
	£	£	£		£
Andrews Charitable Trust 1	125	-	(98)	(27)	-
Andrews Charitable Trust 2	4,154	-	-	(4,154)	-
Ashoka	-	7,574	(395)	-	7,179
National Lottery Community Fund	31,034	14,538	(23,778)	-	21,794
Boehringer Ingelheim	1,387	-	(1,387)	-	-
Commonwealth Foundation	35,773	50,000	(47,264)	-	38,509
Embracing Carers	22,666	20,000	(21,272)	-	21,394
Gilchrist Educational Trust	1,642	-	(1,642)	-	-
Guernsey Overseas Aid Commission	3,658	19,422	(21,484)	-	1,596
Kit 4 Carers	-	12,530	(6,651)	-	5,879
James McNab Trust	-	2,000	-	-	2,000
Major Donors	-	10,000	(10,000)	-	-
Randal Charitable Foundation	-	10,000	-	-	10,000
Rangoonwala Foundation	-	8,000	(8,000)	-	-
Eleanor Rathbone Charitable Trust	-	1,000	-	-	1,000
Skoll Foundation	-	7,500	-	-	7,500
Souter Charitable Trust	3,000	2,600	(3,000)	-	2,600
Southall Trust	-	5,000	(4,309)	-	691
Thomas Cook Childrens Charity	5,442	-	(5,442)	-	-
UK Aid Direct (SCCF)	2,555	5,616	(7,907)	-	264
UK Aid Direct (JCMG)	8,925	47,666	(44,770)	-	11,821
	120,361	223,446	(207,399)	(4,181)	132,227

Description of restricted income funds*Ashoka*

A grant was awarded through the Making More Health partnership to support the charity during the COVID19 pandemic.

National Lottery Community Fund

The National Lottery Community Fund grant was awarded as part of the Fund's Rebuilding Communities grant programme for Nepal. It is for a three year project running from November 2016 to October 2019, extended to July 2020, promoting the social, emotional, medical and economic wellbeing of 500 carers, mostly mothers, of children with cerebral palsy and other neurological disorders in the Kathmandu valley, run in partnership with Cerebral Palsy Nepal (SGCP). Due to the COVID19 pandemic the grant period was extended into 2021.

Commonwealth Foundation

The grant from the Commonwealth Foundation is for a four year project being implemented across four states in India and also at national level in partnership with six of our partner organisations: NBJK, SACRED, SAMUHA, Ekta, SPREAD and WORD. The project, which runs from October 2018 to September 2022 is entitled "Family caregiving and public policy in India" and will create new opportunities for recognition and support of carers of those living with a disability or mental health condition.

Embracing Carers

A donation from Embracing Carers has been given to support the charity's advocacy work in India, specifically to allow them to organise and deliver one state level and one national level workshop to engage stakeholders in discussions about policy relating to carers and to promote state and national level carers forums. A second donation was given during 2020 to support the charity's work with its partner organisations during the COVID19 pandemic and to raise awareness of the needs of carers and advocate for their inclusion in COVID19 responses.

Notes to the Accounts (continued)

Guernsey Overseas Aid Commission

The grant from the Guernsey Overseas Aid Commission was awarded to promote the social and economic inclusion of 300 homebased family carers of people with mental illness or disabilities in the sub-district of Savar, on the outskirts of Dhaka, Bangladesh. The project is in partnership with the Centre for Disability in Development and runs from June 2019 – May 2020. Due to the COVID19 pandemic the grant period was extended into 2021. This grant is from the UK Government.

Kit 4 Carers

Kit 4 Carers provided a grant to enable manufacture and distribution of masks, PPE and hygiene kits to carers, family members and frontline workers in Karnataka, India in collaboration with our partners SAMUHA and Margadarshi. A second grant was awarded to support our initiatives promoting carer mental health with our partners in Odisha.

James McNab Trust

The grant from the James McNab Trust was towards the charity's COVID19 appeal.

Randal Charitable Foundation

The grant from the Randal Charitable Foundation was awarded for a project conducted in partnership with the Centre for Disability in Development to support the ongoing operation of two Community Caring Centres in Savar sub-district, Dhaka, Bangladesh, providing education and therapy opportunities to children with complex disabilities and respite to their carers.

Eleanor Rathbone Charitable Trust

The Eleanor Rathbone Charitable Trust provided a grant in support of health camps for carers, implemented in partnership with the Centre for Disability in Development in Savar sub-district, Dhaka, Bangladesh.

Skoll Foundation

The Skoll Foundation provided a grant to support the charity's implementation of a digital strategy to aid in raising awareness of the need for targeted support and social protection for family carers in low and middle income countries.

Souter Charitable Trust

The grant from the Souter Charitable Trust was awarded to support a project conducted in partnership with the Centre for Disability in Development to promote access to aids and appliances for children and adults with disabilities in Savar sub-district, Dhaka, Bangladesh and in so doing, reduce some of the physical impacts of caring on family carers. An additional grant was received to support a project in partnership with the Shristhi Special Academy, establishing Community Education and Caring Centres in Bangalore, India. The project has been delayed due to the COVID19 pandemic and will commence in 2021.

Rangoonwala Foundation

The grant from the Rangoonwala Foundation is for a three year project, also part funded by the CareTech Foundation, being implemented on the outskirts of Dhaka by the charity's partner The Centre for Disability in Development. Working with just over 1,000 carers of disabled children and adults, the project is further expanding our previous work in the area.

Southall Trust

The Southall Trust provided a grant to support the charity's work in partnership with Ekta and SPREAD in Koraput district, Odisha, India promoting services for people living with mental illness and epilepsy and their carers and facilitating access to medical care.

UK Aid Direct (Small Charities Challenge Fund)

The UK Aid Direct grant is for a project in partnership with the Centre for Disability in Development, which aims to transform the lives of 500 carers and their immediate family members in Savar sub-district on the outskirts of Dhaka, the capital of Bangladesh, over a period of 18 months from October 2018 to March 2020. Due to the COVID19 pandemic the grant period was extended to September 2020. This grant is from the UK Government.

UK Aid Direct (Jo Cox Memorial: Strengthening Grant)

The second UK Aid Direct grant is for a project in partnership with LEADS Nepal which aims to promote the social and economic inclusion of carers in Baglung and Myagdi districts, western Nepal through the strengthening of women-led Carers Associations. The project period is April 2019 – March 2021. This grant is from the UK Government.

Notes to the Accounts (continued)

Allan and Nesta Ferguson Charitable Trust

The grant from the Allan and Nesta Ferguson Charitable Trust was awarded to fund the set up and operation for one year of a new community caring centre in Savar sub-district of Dhaka, Bangladesh in partnership with the Centre for Disability in Development.

Andrews Charitable Trust

The Andrews Charitable Trust awarded a one year grant in June 2020 to support the next phase of the charity's growth. They also provided funding to support the charity's post COVID19 recovery work.

Brian Mercer Trust

The grant from the Brian Mercer Trust has part funded a one year project working with 1,850 people with mental illness and epilepsy and carers in Koraput district, Odisha, India in collaboration with two of our partners Ekta and SPREAD.

British and Foreign Schools Society

The grant from the British and Foreign Schools Society is enabling the charity to work in an urban setting in India for the first time, in partnership with the Shristi Special Academy. Working with 70 disabled children, their siblings and mothers, the project will promote online access to education and therapy for children who are unable to travel to the Academy's centre.

Bryan Guinness Charitable Trust

The Trust contributed to the charity's COVID19 emergency appeal which provided targeted relief to carers and their families in India during the second wave of the COVID19 pandemic.

CareTech Foundation

The grant from the CareTech Foundation is for a three year project, also part funded by the Rangoonwala Foundation, being implemented on the outskirts of Dhaka by our partner The Centre for Disability in Development. Working with just over 1,000 carers of disabled children and adults, the project is further expanding the charity's previous work in the area.

COVID19 Emergency Appeal

The charity raised funds from the public to provide emergency relief via its partner organisations to carers and families in India during the second wave of the COVID19 pandemic.

Hemraj Goyal Foundation

The one year grant from the Hemraj Goyal Foundation is to support the charity's work across India with a specific focus on strengthening carers groups, livelihoods initiatives and advocacy efforts.

Major Donors fund

An ongoing donation from a single donor is supporting the setting up and operation of a free telephone helpline for carers across Nepal in partnership with Self Help Group Cerebral Palsy.

Open Gate Trust

The grant from the Open Gate Trust has part funded livelihoods activities with carers in the Chamarajanagar district of southern Karnataka, India in collaboration with the charity's partner Margadarshi.

Scott Bader Company Limited

The grant for the Scott Bader Company is supporting the setting up and running of a barefoot counselling service for carers in order to provide first stage mental health first aid. The project is implemented in partnership with the charity's partner Margadarshi and takes place in Chamarajanagar district, southern Karnataka, India.

Improving healthcare access for people with mental illness and carers in India

A grant was received to support a two year project with new partner The Uma Educational and Technical Society working in a remote district in Andhra Pradesh, India. The project will support 500 people with mental illness and their carers, with a focus on diagnosis and treatment of those with a mental health condition, the emotional wellbeing of carers and increasing household financial security.

Notes to the Accounts (continued)

Wyn and Ken Lo Memorial Foundation

The grant from the Wyn and Ken Lo Memorial Foundation is supporting an innovative project in partnership with the Narendra Foundation and local government which will benefit 500 carers of children and adults with severe disabilities in Tumkur district, Karnataka, India. Health professionals are being trained to work with carers and access to carers support groups and government benefits is being promoted.

14 Analysis of Total Funds

2021	Fixed Assets	Debtors	Cash at Bank	Creditors	Total
	£	£	£	£	£
Unrestricted funds	1,851	15,511	106,262	(1,822)	121,802
National Lottery Community Fund	-	-	4,500	-	4,500
Commonwealth Foundation	-	50,000	(3,290)	-	46,710
Caretech	-	8,510	-	-	8,510
Embracing Carers 1	-	-	16,745	-	16,745
UK Aid Direct Small Charities Challenge Fund	250	-	(250)	-	-
Andrews Charitable Trust 3	-	-	20,000	-	20,000
Alistair Page	-	-	15,302	(453)	14,849
British Foreign School Society	-	-	3,936	-	3,936
COVID 19	-	-	4,953	-	4,953
Evans Cornish Foundation	-	19	(19)	-	-
Embracing Carers 2	-	45,000	-	-	45,000
Allan and Nesta Ferguson	-	-	4,914	-	4,914
Hemraj Goyal Foundation	-	-	15,000	-	15,000
Brian Mercer Trust	-	-	6,519	-	6,519
Rangoonwala Foundation	-	-	20,699	-	20,699
Improving healthcare access for people with mental illness and carers in India Fund	-	-	41,078	-	41,078
Wyn Ken Lo Memorial Fund	-	-	1,500	-	1,500
Balance of Funds at 31st December 2021	2,101	119,040	257,849	(2,275)	376,715
2020	Fixed Assets	Debtors	Cash at Bank	Creditors	Total
	£	£	£	£	£
Unrestricted funds	668	25,756	133,591	(1,080)	158,935
Andrews Charitable Trust 1	100	-	(100)	-	-
Andrews Charitable Trust 2	-	-	-	-	-
Ashoka	-	-	7,179	-	7,179
National Lottery Community Fund	-	-	21,794	-	21,794
Commonwealth Foundation	-	-	38,509	-	38,509
Embracing Carers	-	-	21,394	-	21,394
Guernsey Overseas Aid Commission	-	19,422	(17,826)	-	1,596
Kit 4 Carers	-	-	5,879	-	5,879
James McNab Trust	-	-	2,000	-	2,000
Randal Charitable Foundation	-	-	10,000	-	10,000
Eleanor Rathbone Charitable Trust	-	-	1,000	-	1,000
Skoll Foundation	-	-	7,500	-	7,500
Souter Charitable Trust	-	-	2,600	-	2,600
Southall Trust	-	-	691	-	691
UK Aid Direct (SCCF)	499	-	(235)	-	264
UK Aid Direct (JCMG)	-	-	11,821	-	11,821
Balance of Funds at 31st December 2020	1,267	45,178	245,797	(1,080)	291,162

Notes to the Accounts (continued)

15 Related Party Transactions

There were no related party transactions in the reporting period (2020: none)