

Registered Charity Number
1150214

Registered Company Number
(Registered in England and Wales)
08083816

Carers Worldwide
(a company limited by guarantee)

Financial Statements
for the year ended
31 December 2020

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Charity and Company Information

Registered Office and Principal Address	Carers Worldwide 30 Lodgefield Welwyn Garden City Hertfordshire AL7 1SD
Bankers	CAF Bank Ltd 25 Kings Hill Avenue Kings Hill West Malling Kent ME19 4JQ
Independent Examiner	Karon Cook FCA 1 Therapia Road London SE22 0SF
Registered Charity	1150214
Registered Company	08083816 (England and Wales)

Carers Worldwide

The Report of the Trustee-Directors of Carers Worldwide for the year ending December 2020

Introduction

2020 has been a challenging year for everyone and has reminded us all that we live in a global society where we are all inter-connected. This has been of particular relevance to Carers Worldwide as the organisation, along with its partners in-country, has responded to and continued to support carers and their families in India, Nepal and Bangladesh through the height of the COVID19 pandemic.

The organisation has now transformed the lives of over 73,000 carers and family members, working with over 10,000 carers and 47,600 family members during 2020 alone. Responses to COVID19 included emergency food packages, sanitation packages, delivery of medicines, phone and video based counselling, access to telemedicine, phone and online carers support group meetings, COVID19 awareness activities and facilitating access to government support. This support was vital to carers and their families, especially given the vulnerable health of many disabled family members.

Alongside this, Carers Worldwide has continued to forge ahead with its advocacy strategy with significant gains being made in India at state level and globally in collaboration with the International Alliance of Carer Organisations where Carers Worldwide is the only representative voice from low and middle income countries.

Despite the wide ranging impacts of COVID19, including the impact on the usual fundraising activities available to small charities, Carers Worldwide has increased its income compared to all previous years. This is a testament to the dedication of its team, Trustee Board and supporters.

Structure, governance and management

Carers Worldwide's governance is described in its Memorandum and Articles of Association. The policy and strategic decisions of Carers Worldwide rest with the Trustee-Directors who meet three times a year to oversee, plan and monitor its activities. The current Board of Trustee-Directors is shown on page 11. Potential candidates for the Board are considered by the existing Trustee-Directors on the basis of how their skills and experience match the organisation's needs. The Board of Trustee-Directors delegates the day to day running of the charity to the Founder and Executive Director, Anil Patil who is responsible for the day to day delivery of the programmes: currently in India, Nepal and Bangladesh; fundraising; financial accountability; marketing; quality assurance; policy and new programmes. The Trustee-Directors approve policies, the strategic plan of Carers Worldwide, annual plan and budget, and financial contracts as set out in the delegated authority. Amongst the Trustee-Directors, responsibility for oversight is assigned as follows: Treasurer and Finance – Sue Taylor (to July 2020) and Dhanya Vamadevan (July 2020 onwards), Fundraising – Sarah Ridley, Programmes – Siân Edwards and Strategy – Alastair Page. Each of the Trustee-Directors meets regularly with Anil Patil to ensure strategic objectives are met and statutory and donor compliance is maintained. As Chair of the Trustee-Directors, Chris Underhill oversees the activities of the Trustee-Directors and the Executive Director. He is responsible for conducting the Executive Director's performance management process.

During the year, the Trustee-Directors and senior management team began a recruitment process to seek a replacement for the Chair of the Trustee-Directors since the current Chair will be stepping down in July 2021. Alongside this, recruitment also started to replace Siân Edwards who will be stepping down in July 2021 and to recruit two additional Trustee-Directors to further strengthen the Board as the charity embarks on its new 10 year vision.

Objectives and activities

Carers Worldwide's objects, as defined in its Memorandum and Articles of Association incorporated 25th May 2012 and amended by special resolution 6th December 2012, are:

To promote the relief of people who require care due to physical or mental ill health, disability, old age, frailty, substance misuse or any other cause, in particular (but without limitation) by:

- 1.1. raising the awareness of carers and the general public as to the needs of and difficulties experienced by individuals as a result of their role as carers;
- 1.2. relieving financial hardship, sickness and distress among carers; and
- 1.3. the relief of individuals being cared for by improving the quality of their care and rehabilitation through the provision of training, support and advice to carers.

"Carer" means an individual of any age who cares for or nurses a relative, friend or partner requiring this help due to physical or mental ill health, disability, old age, frailty, substance misuse or any other cause.

In practice, Carers Worldwide works in partnership with established, well reputed organisations to implement strategies and programmes that will improve the lives of carers and those for whom they care. Carers Worldwide designs and develops programmes, provides specialist advice and training and advises on advocacy and policy issues, as well as providing links to other organisations, sources of knowledge, skills and funds.

Public Benefit

The Trustees of Carers Worldwide consider that the activities undertaken to achieve its charitable objectives through a combination of partnership, advocacy and knowledge sharing provide a public benefit to its direct beneficiaries, namely people who require care due to physical or mental ill health, disability, old age, frailty, substance misuse or any other cause and their carers in the countries in which it operates.

The Trustees confirm that they have complied with the duty in section 17 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission in determining the activities undertaken by the charity.

During the period from January to December 2020, Carers Worldwide focussed on:

- implementing the charity's new strategic plan (Strategic Plan 2020 – 2022) which was approved by the Trustee-Directors at the end of 2019
- developing the charity's 10 year vision incorporating its existing partnership working alongside the development of a training and consultancy strand and further work on influencing the policy and practice of other stakeholders; the vision was approved by the Trustee-Directors in November 2020
- responding to the COVID19 pandemic and collaborating with the charity's 10 existing partner organisations in India, Nepal and Bangladesh in order to respond to the emergency needs of carers and their families and to mitigate against the ongoing social, health and economic impacts
- continuing to plan and implement activities with seven existing partner organisations working across four states in India: Margadarshi and SAMUHA in Karnataka, SACRED in Andhra Pradesh, NBJK in Jharkhand and WORD, SPREAD and Ekta in Odisha; and with two existing partner organisations in two provinces of Nepal: LEADS Nepal in Baglung and Myagdi districts and Self Help Group Cerebral Palsy (SGCP) in the Kathmandu Valley
- entering into a new partnership with Shristi Special Academy in order to implement the charity's first urban programme in India (implementation delayed due to COVID19)
- completing and evaluating its pilot project in Bangladesh in partnership with the Centre for Disability in Development in Dhaka, implementing the Carers Worldwide model with 500 carers
- raising the profile of the needs of carers with state level government authorities in India through the establishment of State Level Carer Forums, in collaboration with Carers Worldwide India
- offering consultancy and advisory support to international charities to enable them to bring the issue of carers into their existing activities

- participating in national and international policy level and advocacy initiatives to raise awareness of the needs of carers globally
- further building the governance of the organisation
- further raising the profile of the charity within the UK and internationally
- responding to the impacts on funding as a result of COVID19, continuing to fundraise from institutional donors, Trusts and Foundations, individuals and community groups, and embarking on a plan for greater digital engagement and fundraising moving forward

The Executive Director and Trustees continued to work according to the charity's operational plan and fundraising strategy, which complement the charity's strategic plan. This suite of documents communicates clearly to staff, Trustees, beneficiaries, partners, donors and other key stakeholders our goals and how we will reach them. The overall guiding principles of the charity are as follows:

Vision

Our vision is a world in which the needs of every carer are routinely met in order to achieve physical, emotional, economic and social wellbeing for each individual.

Mission

Our mission is to enable carers, service providers, policy makers and other stakeholders to recognise and respond to the needs of carers in the developing world, ensuring balance and equal value is given to the needs of the carer and the person receiving care.

Strategic Goals

Our strategic goal is to serve as a catalyst to:

1. Bring about systemic change in the work of governments, charities and other agencies so that they recognise and respond to the needs of carers in the developing world.
2. Facilitate the provision of support for individual carers and their families in the developing world, bringing them better health, wellbeing and economic security.

Strategic Plan

This year saw the charity embark on its new strategic plan for the period 2020 – 2022, with the following strategic objectives:

- To increase the **reach and impact** of the Carers Worldwide model through **empowering existing partners** to mainstream and advocate for greater carer inclusion and through **establishing new partnerships** with carefully selected organisations across Southern Asia.
- To **develop a high quality, bespoke training and consultancy service** focussing on topics relating to carers and caring for use with national and international level NGOs, government agencies and corporates to enable them to support family carers in their respective spheres of influence.
- Through the network of partnerships and communities supported by Carers Worldwide to **build up a body of evidence** on family carers and the interventions that support them in their caring roles in order to inform future policy and practice.
- To engage in **policy and advocacy work at regional, national and international levels** in order to achieve recognition and inclusion of carers, and to promote the formation of regional and national level carers' forums, ultimately leading to the voice of carers being heard by policy makers and practitioners at all levels and across sectors.

Desired Outcomes

Our desired outcomes are that by 2022:

1. We will increase our visibility and impact, operating as an internationally recognised and respected catalyst for change, working through partners and others to raise awareness and achieve recognition of the needs of unpaid family carers in low and middle income countries and embed the skills required to deal with these needs in local communities.
2. We will have improved the lives of **30,000 carers** and **120,000 family members** across South and South East Asia.
3. We will promote the development of **carer-friendly workplaces** in our countries of operation through targeted engagement with the corporate sector
4. We will **increase the range of carer groups** with whom we work, specifically young carers, carers of the elderly, carers of people living with dementia, carers of people with cancer, carers of people with non-communicable diseases¹

¹ not an exhaustive list and will depend on need/opportunity

The Carers Worldwide model remains at the core of the charity's work. The model consists of five core elements:

- **Carers' support groups** - to reduce loneliness and isolation, create social networks and support emotional wellbeing;
- **Health services** - to provide access to physical and mental health services, including locally available counselling services;
- **Respite and short breaks** - to offer a break from caring responsibilities along with the development of alternative high quality care options such as day care centres;
- **Employment, training and education** - to facilitate access to employment, training or education, tailored as appropriate to co-exist with caring responsibilities;
- **Advocacy** - to strengthen the collective voice of carers to advocate for their needs and the provision they require at community, regional and national level, leading to changes in policy and practice.

We continued to strengthen the charity with regard to its statutory obligations and the desire to comply with best practice as set out by the Charity Commission.

Achievements and performance

Completing its eighth year of operation, Carers Worldwide has now touched the lives of 12,264 carers, the 12,499 relatives living with a disability or mental ill-health for whom they care and 49,056 family members across India, Nepal and Bangladesh. 84% of carers are women. 81% of carers are now earning a living that can co-exist alongside their caring responsibilities and more than 300 young carers have returned to education. 22 community caring centres have been set up to assist in the provision of alternative care. 78% of carers report improved health. 557 village level carers groups are operating, which are federated into cluster level committees and district level Carers Associations, with a total of 7 Carers Associations and 2 Carers Co-operatives now registered with local authorities. State Level Carers Forums have been set up in 4 states in India. Through a comprehensive range of capacity building activities, over 1,980 partner staff, carer representatives and local professionals have been trained.

As the COVID19 pandemic began impacting on India, Nepal and Bangladesh, the charity pivoted and adapted its activities in collaboration with its partner organisations and carer representatives in order to respond to the emergency situation and then to mitigate against the immediate and longer term social, health and economic impacts. During the year, 10,838 carers were supported along with 47,601 family members across 1,830 villages. Support provided included: emergency food packages, sanitation packages, delivery of medicines, phone and video based counselling, access to telemedicine, phone and online carers support group meetings, COVID19 awareness activities and facilitating access to government support. This support was vital to carers and their families, especially given the vulnerable health of many disabled family members.

Programmes – India

In partnership with seven NGOs across four states, the charity remains focused on the carers of those living with a disability or mental illness. Plans for partnerships with organisations and professionals working in other sectors including the elderly, chronically ill and those living with non-communicable diseases inevitably slowed during 2020 due to the COVID19 pandemic. Carers Worldwide India (registered as an independent Trust in India in December 2018) continued operating, closely supported by the Executive Director of Carers Worldwide who also sits as a Trustee on the Carers Worldwide India Board. The charity supports Carers Worldwide India with strategic, operational and fundraising capacity. Having an independent registered entity in-country has enabled the charity to increasingly advocate at local and state government level for the inclusion of carers into existing policies and to promote the development of care-friendly policy and practice.

Despite the impacts of COVID19 on the needs of carers and the priorities of the charity and its partners, building the capacity and voice of carers and stakeholders working in sectors closely related to caring continued to be a focus through the charity's Commonwealth Foundation funded project "Family caregiving and public policy in India: creating new opportunities for recognition and support." This project, running from October 2018 to September 2022 is being implemented in all four states of India where the charity currently operates, in partnership with six partners. The key priorities of the project, which is guiding the charity's strategy in India include:

- Implementing services at a local level that directly support carers, and ensuring the services become enshrined in policy at a local and national level
- Designing an engagement approach that is capable of influencing local, state and national level policy that will immediately enrich plans for our work in India. This approach will then shape our work further afield in Nepal and Bangladesh and assist our formation of our longer-term South Asia strategy
- Leveraging the infrastructure and capacity created by our work to date at the village and district levels in order to achieve significant steps towards establishing a robust civil society movement that is able to successfully petition for the recognition of the human rights of Indian carers. This will be done by enhancing the capacity of the Carers Associations and increasing the representation of carers from grass roots level upwards.

The four State Level Carers Forums established in 2019 have continued to operate and, with their wide range of representatives from partner organisations, government, the private sector, academic institutes and network bodies, have been at the forefront of ensuring the inclusion of carers and their families in the COVID19 responses of other NGOs and the local government.

Karnataka, Andhra Pradesh and Jharkhand – SAMUHA, Margadarshi, SACRED and NBJK

The charity's longest standing partners, SAMUHA, SACRED and NBJK along with new partner Margadarshi continued to promote the inclusion and wellbeing of carers through carer-specific support systems and mainstreaming carers and their families into COVID19 responses. All four organisations were active in providing support to their local communities and in supporting government relief programmes, providing physical space and staff capacity as well as organising activities such as the manufacture of masks and the distribution of sanitation packages. The ongoing priorities of carers that emerged as the immediate impacts of the pandemic lessened were mainly related to mental health and to livelihoods, and project planning has responded to those.

Odisha – Ekta, SPREAD and WORD

The charity's three partners in Odisha engaged intensively in COVID19 relief and response activities, implementing their own activities and working closely with local government to increase access of carers and others most likely to be otherwise excluded.

The Rangoonwala Foundation (India) Trust supported project "A Voice for Carers: Achieving recognition and inclusion of family carers of the disabled and mentally ill from Adivasi communities of Odisha" working with

1500 carers ended in August 2020. Carers Worldwide provided strategic, technical and expert support to our three Odisha partners to build their capacity to address the issues of carers and cared for individuals. Despite the impacts of COVID19 on the last stage of the project, the key outcomes were met. 75% of carers reported improved physical and mental health. 68% of carers were engaged in regular earning activities and increasing their household income. 92% of carers were participating in a local carers group and were empowered to advocate for their needs and rights. Strong links were established with local government and service providers resulting in 75% of carers being able to access medical treatment for their disabled or mentally ill relative and over the equivalent of over £620,000 of government schemes being accessed.

Carers Worldwide India continued to implement projects with funding from the Indian-based Live Love Laugh Foundation in partnership with WORD, SPREAD and Ekta and reaching 2,000 people with mental illness and their carers. Carers Worldwide provided strategic, technical and expert support. Additional funding was secured from the Southall Trust to continue to promote services for people with mental illness and their carers.

Programmes – Nepal

Through its work in Nepal, Carers Worldwide works with the carers of people living with mental illness and epilepsy, cerebral palsy and other neurological conditions. During the reporting period, the charity continued to work with two highly experienced local NGOs across urban and rural Nepalese communities.

Kathmandu Valley – Self-Help Group Cerebral Palsy (SGCP)

The charity's partnership with Self-Help Group Cerebral Palsy (SGCP), a local organisation working with individuals affected by cerebral palsy and other neurological disorders, primarily in the Kathmandu Valley continued. The project "Care for Carers: empowering parents of disabled children in Nepal" funded by the National Lottery Community Fund Rebuilding Nepal programme was impacted by the COVID19 pandemic and as a result the project period has been extended into 2021. All of the carers and families involved in the project were included in SGCP's extensive COVID19 response, which included access to food relief and the extension of existing mental health support.

Baglung and Myagdi districts, Western Region – LEADS Nepal

The charity's two-year project "Promoting social and economic empowerment of carers by strengthening women-led Carers Associations", funded by a UK Aid Direct Jo Cox Memorial Strengthening Grant continued in partnership with LEADS Nepal. The project is proving effective in extending and consolidating the work of the two Carers Associations and two Carers Cooperatives promoted by the charity and LEADS Nepal during their previous UK Aid Direct funded project (2014 – 2017). The gains made in raising awareness of carers' existence, role and needs, lobbying for practical support, and advocating with local government for policy changes and recognition were especially impactful during the COVID19 pandemic since they ensured carers were included in all local COVID19 responses. By pivoting and adapting project activities, with the approval of the UK Aid Direct team, the charity and LEADS Nepal were able to ensure carers were supported with sanitation packages and mental health support. In addition, COVID19 awareness messages disseminated via local radio and social media positively impacted the wider community as well as carers and their families.

Programmes – Bangladesh

The charity continued its partnership with the Centre for Disability in Development (CDD), working with carers in Savar sub-district on the outskirts of Dhaka. An 18-month project funded by the UK Aid Direct Small Charities Challenge Fund was due to end in March 2020 but was granted a no-cost extension to September 2020 due to the impacts of COVID19. With the approval of the UK Aid Direct team, a final phase of activities was implemented to focus on COVID19 response for carers and their families, in particular sanitation packages and mental health support. Additional funds were sourced to provide emergency food packages to families impacted by lockdown. Due to COVID19, an external evaluation of the UK Aid Direct funded project was unable to go ahead as planned, but an internal evaluation was conducted. The results showed that 87% of

carers involved in the project joined a carers support group and gained access to emotional support, advice and information. 97% of carers surveyed at the end of the project reported an improvement in their physical and/or mental health. The families of all carers who had received livelihoods support through the project ended the period living above the poverty line. Most significantly, local and national government agencies became closely involved in the project and its activities and were committed to continuing to extend support to carers in the area. The project funded by the Guernsey Overseas Aid Commission, focussed on promoting sustainable livelihoods and alternative care options, was also impacted by COVID19 and the project period was extended into 2021. At the end of 2020, funding was secured from the Randal Charitable Foundation to continue running two Community Caring Centres providing education and therapy to children with complex disabilities and respite for their mothers.

Policy work

The charity has continued to amplify the voice of carers and promote their inclusion through its focus on advocacy and campaigning work from village through to district and state level in all three countries of operation. This has been especially critical this year in order to ensure the inclusion of carers into COVID19 relief and response activities as well as the consideration of their needs in 'building back better' programmes. The four State Level Carers Forums in India continued to extend their reach and supported the charity's work with state level governments on implementation of the Rights of Persons with Disabilities Act 2016 and the Mental Health Act 2017. The charity published a Policy Review of existing legislation and policies in India that can be utilised or revised to promote inclusion of carers.

The charity completed two evaluations of its work with carers in Bangladesh and in Odisha, India. The positive results demonstrated the impact of the charity's work, further evidencing the effectiveness of its approach and in turn strengthening its policy work.

Networking

The charity continued to raise its profile and spread awareness of the relevance of working with carers in low and middle income countries with a range of other charities, organisations and funders, both within the UK and on the international stage. The spotlight thrown on carers as a result of the COVID19 pandemic drew new interest in the charity. The Executive Director continued to represent the charity on the international stage through the charity's membership of the International Alliance of Carer Organisations (IACO). His advisory work on the "Embracing Carers" global advocacy campaign led by Merck Pharmaceuticals gave opportunities to promote the voice of carers from low and middle income countries and to bring their issues to a global platform. The Executive Director also engaged in conferences and webinars with the Down Syndrome community, Pallium India (on the topic of palliative care), and attended a series of roundtable events on aging organised by Ashoka US and aimed at promoting new approaches to aging and care.

Financial Review

The statement of financial activities shows an income of £349,180 and expenditure of £249,792 during the period.

The impact of COVID19 on the funding streams available for charities across the sector, and in particular for those working internationally, was significant. The charity responded by engaging with existing supporters, adapting events fundraising to go virtual, and intensifying its interactions with those Trusts and Foundations still open to funding international work. It continued to target institutional donors but in a context of additional pressures on aid funding and the merger of the UK Government's Department for International Development and Foreign Office. The charity also undertook consultancy assignments as part of its involvement with the International Alliance of Carer Organisations and which were judged to be in line with its charitable objects. During the period, the charity continued to receive significant multiyear grants from the National Lottery Community Fund, the Commonwealth Foundation and the Department of International Development (through its UKAid Direct fund). These are restricted funds for four large scale programmes and the majority of the funds received are dispersed to our partner organisations in India, Nepal and Bangladesh.

The charity completed a multiyear grant from the Andrews Charitable Trust to support the strategic direction of the organisation and received a further one year of funding to support the initiation of the new 10 year vision. Following a detailed review of the current grant agreements, the grant from the Andrews Charitable Trust was identified as meeting all 3 tests for income recognition as set out in the Charities SORP FRS 102 (2019) at the point of signing of the agreement. The tests, as laid out in the SORP, are

- 1) does the charity have entitlement to the funds
- 2) is the grant payment probable and
- 3) can the monetary value be measured reliably

The grant provided by the Andrews Charitable Trust will be paid in 2 instalments, one in 2020 and one in 2021. However, in accordance with the accounting treatment required by the SORP, the total grant awarded (£50,000) is recognised as income in the 2020 accounts.

The Rangoonwala Foundation (India) Trust (RFIT) completed its support of the charity's work in Odisha state in India and the Live Love Laugh Foundation (TLLLF) in India continued to support activities in Odisha. Funds from RFIT and TLLLF are dispersed directly from the Trusts in India to the partner organisations in India and to Carers Worldwide India. No funds are received by Carers Worldwide in the UK. The charity's project activities and COVID19 relief efforts were also supported by the Guernsey Overseas Aid Commission, the Gilchrist Educational Trust, the Souter Charitable Trust, the Thomas Cook Children's Charity, Embracing Carers, Boehringer Ingelheim, Ashoka (through its Making More Health partnership with Boehringer Ingelheim), Kit4Carers, the James McNab Trust, the Randal Charitable Foundation, the Rangoonwala Foundation, the Eleanor Rathbone Charitable Trust, the Skoll Foundation and the Southall Trust. The charity was grateful to receive increased support from individual donors through one-off donations, regular giving and virtual events. Particularly in the context of the COVID19 pandemic, the charity extends thanks and appreciation to all its supporters for their belief in its work and their efforts towards raising funds.

Income increased in comparison to 2019 and expenditure reduced slightly. The majority of funds were dispersed to the charity's partner organisations in India, Nepal and Bangladesh to implement programmes which have now impacted the lives of almost 75,000 individuals: 12,264 carers, the 12,499 relatives living with a disability or mental ill-health for whom they care and 49,056 family members

The income for the period was spent wholly on charitable activities and enabled the activities outlined above to be conducted.

Reserves and reserves policy

The Trustee-Directors revised its reserves policy during the year and now looks to retain unrestricted reserves of £40,000 (increased from £30,000) or 3 months operating costs (whichever is the largest) to ensure the charity can continue its operations in the short term while seeking further funding as necessary. During this period, funds remained above the reserves level at all times. The level of reserves is presented to the Trustee-Directors at each Board meeting and the reserves policy is formally reviewed annually by the Board. At year end, the charity had free reserves of £139,815.

Risk Management

The Trustee-Directors have reviewed the risks to which a small charity operating overseas with limited funding and only four employees is exposed. The additional risks presented by the COVID19 pandemic were reviewed on an ongoing basis and appropriate mitigating actions put in place. Financial management reports are used to identify and monitor financial risks monthly. The strong network of volunteers, careful use of consultants and the experience and expertise of the Trustee-Directors are judged to mitigate the risk of only having four paid staff members, and this is reviewed regularly. A Risk Register is maintained which is approved by the Trustee-Directors, with specific areas of monitoring oversight assigned to named Trustee-Directors. This is discussed at each Board meeting and reviewed in full annually.

Safeguarding

Carers Worldwide is committed to ensuring the safety and wellbeing of everyone with whom it works, including carers, the individuals for whom they care and their families, as well as of the partner staff with whom we work and our own staff, trustees and volunteers. The Trustees review the charity's suite of safeguarding policies and procedures, including its code of conduct annually.

Directors of the company during the year to 31st December 2020 were:

Siân Edwards
Sarah Ridley
Susan Taylor (to July 2020)
Alastair Page
Christopher Underhill
Dhanya Vamadevan (from July 2020)

All currently serving directors were also in place at the date when the directors' report and accounts were approved. All directors are also trustees.

Ruth Patil, Company Secretary

Anil Patil, Executive Director

Statement of Directors' Responsibilities

The Charities Acts and the Companies Acts require the Board of Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity as at the end of the financial year and of the surplus or deficit of the charity.

In preparing those financial statements the Board is required to:-

- select suitable accounting policies and then apply them consistently
- make judgements and estimates that are reasonable and prudent
- state whether applicable accounting standards and statements of recommended practice have been followed subject to any departure disclosed and explained in the financial statements
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue to operate.

The trustees are also responsible for maintaining adequate accounting records which disclose with reasonable accuracy at any time the financial position of the charity and which are sufficient to show and explain the charity's transactions and enable them to ensure that the financial statements comply with regulations made under the Charities Act. *

They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are also responsible for the contents of the trustees' report, and the responsibility of the independent examiner in relation to the trustees' report is limited to examining the report and ensuring that, on the face of the report, there are no inconsistencies with the figures disclosed in the financial statements.

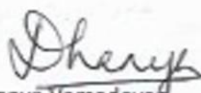
The trustees are responsible for the maintenance and integrity of the charity and financial information included on the charity's website.

Method of preparation of accounts

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

This report was approved by the board of directors on: **26th March, 2021**

Director:


Name: Dhanya Vamadevan

Date: **26 March 2021**

Carers Worldwide

Independent Examiner's Report to the directors of Carers Worldwide (a company limited by guarantee)

I report on the financial statements of the company for the period ended 31 December 2020 as set out on pages 16 to 25.

This report is made solely to the charity's trustees, as a body, in accordance with Section 145 of the Charities Act 2011. My work has been undertaken so that I might state to the charity's trustees those matters I am required to state to them in this report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the charity and the charity's trustees as a body, for my work, for this report, or for the opinions I have formed.

Respective responsibilities of trustees and examiner

The charity's trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of financial statements. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the '2011 Act') and that an independent examination is needed.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the financial statements under section 145 of the 2011 Act
- to follow the procedures laid down in the General Directions given by the Charity Commission under section 145(5) of the 2011 Act; and
- to state where particular matters have come to my attention

Basis of the independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the financial statements presented with those records. It also includes consideration of any unusual items or disclosures in the financial statements and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the financial statements present a 'true and fair view' and the report is limited to those matters set out in the statements below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- a) Which gives me reasonable cause to believe that in any material respect the requirements:
- to keep accounting records in accordance with section 386 of the Companies Act 2006; and
 - to prepare financial statements which accord with the accounting records and to comply with the accounting requirements of the section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities have not been met; or

- b) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the financial statements to be reached.

K.S. Cook

Karon Cook FCA
Infinity Accountants Ltd

1 Therapia Road
London, SE22 0SF

12/6/21

Date:

Statement of Financial Activities

For the year ended 31 December 2020

Carers Worldwide

	Notes	Unrestricted Funds 31st Dec 2020 £	Restricted Funds 31st Dec 2020 £	Total Funds 31st Dec 2020 £	Unrestricted Funds 31st Dec 2019 £	Restricted Funds 31st Dec 2019 £	Total Funds 31st Dec 2019 £
Income and Endowments from:							
Donations and legacies	4	33,245	-	33,245	31,805	-	31,805
Charitable Activities	5	92,273	223,446	315,719	150	304,875	305,025
Other	6	216	-	216	171	-	171
Total		125,734	223,446	349,180	32,126	304,875	337,001
Expenditure on:							
Raising Funds	7	678	170	848	910	3,554	4,464
Charitable Activities	8	41,715	207,229	248,944	12,739	252,044	264,783
Total		42,393	207,399	249,792	13,649	255,598	269,247
Net income/(expenditure)		83,341	16,047	99,388	18,477	49,277	67,754
Transfer of funds		4,181	(4,181)	-	-	-	-
Net movement in funds		87,522	11,866	99,388	18,477	49,277	67,754
Reconciliation of funds:							
Total Funds brought forward		71,413	120,361	191,774	52,936	71,084	124,020
Total funds carried forward		158,935	132,227	291,162	71,413	120,361	191,774

The statement of financial activities includes all gains and losses in the year.

All incoming resources and resources expended derive from continuing activities

Balance Sheet

For the year ended 31 December 2020

Carers Worldwide

Company Number 08083816	Notes	2020 £	2020 £	2019 £	2019 £
Fixed Assets					
Tangible Assets	10		1,267		1,067
Total Fixed Assets			1,267		1,067
Current Assets:					
Debtors	11	45,178		900	
Cash at bank and in hand		245,797		193,815	
Liabilities					
Creditors: amounts falling due within one year	12	1,080		4,008	
Net current assets			289,895		190,707
Total assets less current liabilities			291,162		191,774
Creditors: amounts falling due after one year					
Net Assets	13		291,162		191,774
The Funds of the Charity:					
Restricted income Funds	13		132,227		120,361
Unrestricted income funds			158,935		71,413
Total Charity Funds	14		291,162		191,774

The notes form part of these financial statements

The Trustees acknowledge their responsibilities for complying with the requirements of the Companies Act 2006. Under Companies Act 2006, Section 454, on a voluntary basis, the trustees can amend these financial statements if they subsequently prove to be defective.

The Directors of the Company acknowledge their responsibilities for:

- ensuring the company keeps accounting records which comply with Section 386 Companies Act 2006.
- preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of the financial period and of its statement of financial affairs for the period in accordance with the requirements of Sections 394 and 395 Companies Act 2006 and which otherwise complies with the requirements of the Act relative to accounts so far as they are applicable to the company.

The charity is entitled to exemption from audit under section 475 and 477 of the Companies Act 2006 relating to small companies and no members have deposited a notice requiring an audit to be carried out.

Approved by the Directors and signed on its behalf:

Date: 26 March 2021

Director:

Name: Dhanya Vamadevan

Notes to the accounts

For the year ended 31 December 2020

Carers Worldwide

Accounting Policies

1. Basis of Preparation of the accounts

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), the Update Bulletin to the Charities SORP (FRS 102) and the Companies Act 2006.

The Charity constitutes a public benefit entity as defined by FRS 102.

The Trustees consider that there are no material uncertainties about the Charity's ability to continue as a going concern.

The charity has taken advantage of the exemption in the Update Bulletin amending the Charities SORP (FRS 102) from the requirement to produce a cash flow statement on the grounds it does not qualify as a large company.

Accounting Convention

The financial statements are prepared on a going concern basis, under historical cost convention.

Income

All incoming resources are included in the Statement of Financial Activities when the Trust is legally entitled to the income, it is probable that the income will be received, and the amount can be quantified with reasonable accuracy.

Expenditure

Charitable Expenditure

This comprises all expenditure directly relating to the objectives of the charity.

Governance costs

This comprises the costs of running the charity itself as an organisation.

Depreciation Policy

Capital Assets are defined as a unit of property that:

- (1) has an economic useful life that extends beyond 12 months; and
- (2) was acquired for a cost of over £100

Capital Assets are depreciated over 4 years (25% each year).

Debtors

Debtors are recognised at the settlement amount due. Prepayments are valued at the amount prepaid.

Creditors

Creditors and provisions are recognised where there is a present obligation from a past event that will probably result in the transfer of funds to a third party and the amount due can be measured or estimated reliably. They are recognised at the settlement amount due.

Cash

Cash at bank and in hand includes cash and short term highly liquid investments with a maturity of three months or less from the date of acquisition of opening of the deposit or similar account.

Currency of financial statements

The financial statements are prepared in sterling which is the functional currency of the charity.

Taxation

As a registered charity, the company is exempt from income and corporation tax to the extent that its income and gains are applicable to charitable purposes only. Value Added Tax is not recoverable by the company and is therefore included in the relevant costs in the Statement of Financial Activities.

2. Winding up or dissolution of the charity

If upon winding up or dissolution of the charity there remain any assets, after the satisfaction of all debts and liabilities, the assets represented by the accumulated fund shall be transferred to some other charitable body or bodies having similar objectives to the charity.

3 Expenses paid to Directors or persons connected with Directors

Year to 31st Dec 2020	Year to 31st Dec 2019
£	£

The aggregate amount of expenses paid to directors was

-

4 Income from Donations and Legacies

	Year to 31st Dec 2020 Unrestricted Funds	Year to 31st Dec 2020 Restricted Funds	Year to 31st Dec 2020 Total	Year to 31st Dec 2019
	£	£	£	£
Donations	28,340	-	28,340	31,805
Gift Aid	4,905	-	4,905	-
Income from Donations and Legacies	33,245	-	33,245	31,805

5 Income from Charitable Activities

	Year to 31st Dec 2020 Unrestricted Funds	Year to 31st Dec 2020 Restricted Funds	Year to 31st Dec 2020 Total	Year to 31st Dec 2019
	£	£	£	£
Grants	70,332	223,446	293,778	304,875
Contractual income	21,941	-	21,941	150
Income from Charitable Activities	92,273	223,446	315,719	305,025

6 Other

	Year to 31st Dec 2020 Unrestricted Funds	Year to 31st Dec 2020 Restricted Funds	Year to 31st Dec 2020 Total	Year to 31st Dec 2019
	£	£	£	£
Bank deposit interest received	121	-	121	171
T-Shirt donation	95	-	95	-
Other income	216	-	216	171

7 Expenditure on Raising funds

	Year to 31st Dec 2020 Unrestricted Funds	Year to 31st Dec 2020 Restricted Funds	Year to 31st Dec 2020 Total	Year to 31st Dec 2019
	£	£	£	£
Fund raising costs	678	170	848	4,464
Other income	678	170	848	4,464

8 Expenditure On Charitable activities

a) Grants payable

During the period grants totalling £133,715 (2019 £137,368) were made to the following recipients

	Year to 31st Dec 2020	Year to 31st Dec 2020	Year to 31st Dec 2020	Year to 31st Dec 2019	Year to 31st Dec 2019	Year to 31st Dec 2019
	Unrestricted Funds	Restricted Funds	Total	Unrestricted Funds	Restricted Funds	Total
	£	£	£	£	£	£
Sacred	-	5,409	5,409	-	10,195	10,195
NSUK	-	7,649	7,649	-	4,071	4,071
Somaha	-	6,383	6,383	-	5,147	5,147
SGCP	-	24,000	24,000	1,039	19,000	20,039
CDD	-	38,661	38,661	-	41,744	41,744
Carers Worldwide India	-	12,029	12,029	-	22,622	22,622
NIMHANS	-	-	-	-	753	753
Margadarshi	-	8,293	8,293	-	4,457	4,457
EKTA	-	2,689	2,689	-	879	879
SPREAD	-	2,354	2,354	-	-	-
Leeds	-	26,648	26,648	170	27,291	27,461
Total institutional grants	-	133,715	133,715	1,209	136,159	137,368
Total grants to individuals	-	-	-	-	-	-
Total grants paid	-	133,715	133,715	1,209	136,159	137,368

b) Activities undertaken directly

	Year to 31st Dec 2020	Year to 31st Dec 2020	Year to 31st Dec 2020	Year to 31st Dec 2019	Year to 31st Dec 2019	Year to 31st Dec 2019
	Unrestricted Funds	Restricted Funds	Total	Unrestricted Funds	Restricted Funds	Total
	£	£	£	£	£	£
Trainings and meetings	-	-	-	-	836	836
Studies	-	-	-	-	1,000	1,000
Fees for services	-	-	-	-	1,129	1,129
Project evaluation	-	2,301	2,301	-	-	-
Total Activities undertaken directly	-	2,301	2,301	-	2,965	2,965

c) Other Charitable Activities costs

	Year to 31st Dec 2020	Year to 31st Dec 2020	Year to 31st Dec 2020	Year to 31st Dec 2019	Year to 31st Dec 2019	Year to 31st Dec 2019
	Unrestricted Funds	Restricted Funds	Total	Unrestricted Funds	Restricted Funds	Total
	£	£	£	£	£	£
Salaries, Employers NI contributions and Overseas Associates	32,944	53,496	86,440	3,568	76,242	79,810
Depreciation	400	-	400	130	574	724
Travel and subsistence	609	1,510	2,119	4,334	15,365	19,699
Postage	80	206	286	30	129	159
Stationery	121	335	456	19	345	364
Phone	20	110	130	39	226	265
IT	716	3,524	4,240	-	1,144	1,144
Other	3,835	2,626	6,461	292	3,143	3,435
Recruitment costs	-	395	395	-	325	325
Consultancy costs	1,763	7,758	9,521	-	11,600	11,600
Subscriptions	147	408	555	-	137	137
Accountancy fees	-	-	-	780	13	793
Examiner's remuneration	1,080	-	1,080	900	-	900
Trustee meeting expenses	-	-	-	1,418	160	1,578
Total Support costs	41,715	71,213	112,928	11,530	112,920	124,450
Total Expenditure on charitable Activities	41,715	207,229	248,944	12,739	252,044	264,783

Charitable activity expenditure is allocated to restricted income funds according to the actual expenditure incurred on each project except for salaries where it is apportioned according to time spent on each project.

9 Staff costs and emoluments

	Year to 31st Dec 2020	Year to 31st Dec 2019
	£	£
Gross salaries	81,954	70,893
Employer National Insurance contributions	2,916	3,076
Employer's pension contributions	5,149	5,891
Furlough income from HMRC	(3,579)	-
	<u>86,440</u>	<u>79,810</u>
Numbers of full time employees or full time equivalents		
Engaged in management and administration	<u>4</u>	<u>3</u>

In 2020, key management personnel received total compensation of £46,937 (2019: £41,077)

No employee received remuneration above £60,000 in 2020 or 2019

4 volunteers were used by the charity during 2020 (2019: 5)

10 Tangible fixed assets

	Year to 31st Dec 2020	Year to 31st Dec 2019
	Office Equipment	Office Equipment
	£	£
Cost		
Brought forward at 1 Jan	3,465	3,179
Additions	600	286
Disposals	-	-
Carried forward at 31 Dec	<u>4,065</u>	<u>3,465</u>
Depreciation		
Brought forward at 1 Jan	2,398	1,674
Charge in the year	400	724
Eliminated on disposal	-	-
Carried forward at 31 Dec	<u>2,798</u>	<u>2,398</u>
Net book value at 31 Dec	<u>1,267</u>	<u>1,067</u>

11 Debtors

	Year to 31st Dec 2020	Year to 31st Dec 2019
	£	£
Gift Aid recoverable	256	221
Accrued income	44,422	546
Staff expenses	500	133
	<u>45,178</u>	<u>900</u>

12	Creditors: amounts falling due within one year	Year to 31st Dec 2020	Year to 31st Dec 2019
		£	£
	Accrued Expenses	1,080	4,008
		<u>1,080</u>	<u>4,008</u>

13 Restricted Income Funds

2020	31 December 2019	Income	Expenditure	Transfer of funds	Balance c/f at 31 December 2020
	£	£	£		£
Andrews Charitable Trust 1	125	-	(98)	(27)	-
Andrews Charitable Trust 2	4,154	-	-	(4,154)	-
Ashoka	-	7,574	(395)	-	7,179
National Lottery Community Fund	31,034	14,538	(23,778)	-	21,794
Boehringer Ingelheim	1,387	-	(1,387)	-	-
Commonwealth Foundation	35,773	50,000	(47,264)	-	38,509
Embracing Carers	22,666	20,000	(21,272)	-	21,394
Gilchrist Educational Trust	1,642	-	(1,642)	-	-
Guernsey Overseas Aid Commission	3,658	19,422	(21,484)	-	1,596
Kit 4 Carers	-	12,530	(6,651)	-	5,879
James McNab Trust	-	2,000	-	-	2,000
Major Donors	-	10,000	(10,000)	-	-
Randal Charitable Foundation	-	10,000	-	-	10,000
Rangonwala Foundation	-	8,000	(8,000)	-	-
Eleanor Rathbone Charitable Trust	-	1,000	-	-	1,000
Skoll Foundation	-	7,500	-	-	7,500
Souter Charitable Trust	3,000	2,600	(3,000)	-	2,600
Southall Trust	-	5,000	(4,309)	-	691
Thomas Cook Childrens Charity	5,442	-	(5,442)	-	-
UK Aid Direct (SCCF)	2,555	5,616	(7,907)	-	264
UK Aid Direct (JCMG)	8,925	47,666	(44,770)	-	11,821
	<u>120,361</u>	<u>223,446</u>	<u>(207,399)</u>	<u>(4,181)</u>	<u>132,227</u>

2019	Balance c/f at 31 December 2018	Income	Expenditure	Balance c/f at 31 December 2019
	£	£	£	£
Andrews Charitable Trust	-	50,000	(49,875)	125
Andrews Charitable Trust	4,154	-	-	4,154
National Lottery Community Fund	33,412	29,076	(31,454)	31,034
Boehringer Ingelheim	-	5,237	(3,850)	1,387
Commonwealth Foundation	2,231	90,000	(56,458)	35,773
Embracing Carers	16,500	16,200	(10,034)	22,666
Gilchrist Educational Trust	1,500	142	-	1,642
Guernsey Overseas Aid Comms	-	19,422	(15,764)	3,658
Souter Charitable Trust	-	3,000	-	3,000
Wyn and Ken Lo Memorial Foundation	772	-	(772)	-
Thomas Cook Childrens Charity	-	5,442	-	5,442
Wellcome Trust	4,352	2,995	(7,347)	-
UK Aid Direct (SCCF)	8,163	30,514	(36,122)	2,555
UK Aid Direct (JCMG)	-	52,847	(43,922)	8,925
	<u>71,084</u>	<u>304,875</u>	<u>(255,598)</u>	<u>170,361</u>

Description of restricted income funds

Andrews Charitable Trust

The Andrews Charitable Trust grant was awarded for a period of three years from June 2017 to May 2020 to support organisational capacity, primarily in fundraising and communications, as well as to support the conducting of a feasibility study and initial piloting of a social enterprise approach to paid-for care in India. A further one year grant was awarded from June 2020 to support the next phase of the organisation's growth.

Ashoka

A grant was awarded through the Making More Health partnership to support the charity during the COVID19 pandemic.

National Lottery Community Fund

The National Lottery Community Fund grant was awarded as part of the Fund's Rebuilding Communities grant programme for Nepal. It is for a three year project running from November 2016 to October 2019, extended to July 2020, promoting the social, emotional, medical and economic wellbeing of 500 carers, mostly mothers, of children with cerebral palsy and other neurological disorders in the Kathmandu valley, run in partnership with Cerebral Palsy Nepal (SGCP). Due to the COVID19 pandemic the grant period was extended into 2021.

Boehringer Ingelheim

The grant from Boehringer Ingelheim was to support the publication of our 2019 Impact Report and the costs of a supporter event held to showcase our achievements and publicise our future plans.

Commonwealth Foundation

The grant from the Commonwealth Foundation is for a four year project being implemented across four states in India and also at national level in partnership with six of our partner organisations: NIMH, SACRED, SAMUHA, Ikta, SPREAD and WORD. The project, which runs from October 2018 to September 2022 is entitled "Family caregiving and public policy in India" and will create new opportunities for recognition and support of carers of those living with a disability or mental health condition.

Embracing Carers

A donation from Embracing Carers has been given to support the charity's advocacy work in India, specifically to allow them to organise and deliver one state level and one national level workshop to engage stakeholders in discussions about policy relating to carers and to promote state and national level carers forums. A second donation was given during 2020 to support the charity's work with its partner organisations during the COVID19 pandemic and to raise awareness of the needs of carers and advocate for their inclusion in COVID19 responses.

Gilchrist Educational Trust

The grant from the Gilchrist Educational Trust was given for a 12 month project running from July 2018 to July 2019, which is supporting 52 child carers and their families in Nepal, enabling them to re-engage with education and gain support from their peers and the community.

Guernsey Overseas Aid Commission

The grant from the Guernsey Overseas Aid Commission was awarded to promote the social and economic inclusion of 300 homebased family carers of people with mental illness or disabilities in the sub-district of Savar, on the outskirts of Dhaka, Bangladesh. The project is in partnership with the Centre for Disability in Development and runs from June 2019 – May 2020. Due to the COVID19 pandemic the grant period was extended into 2021. This grant is from the UK Government.

Kit 4 Carers

Kit 4 Carers provided a grant to enable manufacture and distribution of masks, PPE and hygiene kits to carers, family members and frontline workers in Karnataka, India in collaboration with our partners SAMUHA and Margadarshi. A second grant was awarded to support our initiatives promoting carer mental health with our partners in Odisha.

James McNab Trust

The grant from the James McNab Trust was towards the charity's COVID19 appeal.

Major Donors fund

A donation from a donor who wishes to remain anonymous was received to support COVID19 emergency responses for children with cerebral palsy and other neurological conditions, their carers and family members in partnership with SGCP, Nepal.

Randall Charitable Foundation

The grant from the Randall Charitable Foundation was awarded for a project conducted in partnership with the Centre for Disability in Development to support the ongoing operation of two Community Caring Centres in Savar sub-district, Dhaka, Bangladesh, providing education and therapy opportunities to children with complex disabilities and respite to their carers.

Rangonwala Foundation

The Rangonwala Foundation provided a grant for the provision of emergency food relief to 508 carers and their families in Savar sub-district, Dhaka, Bangladesh during the COVID19 pandemic in partnership with the Centre for Disability in Development.

Eleonore Ruthvenne Christable Trust

The Eleanor Rathbone Charitable Trust provided a grant in support of health camps for carers, implemented in partnership with the Centre for Disability in Development in Saver sub-district, Dhaka, Bangladesh.

Shell Foundation

The Skoll Foundation provided a grant to support the charity's implementation of a digital strategy to aid in raising awareness of the need for targeted support and social protection for family carers in low and middle income countries.

Sauter Charitable Trust

The grant from the Souter Charitable Trust was awarded to support a project conducted in partnership with the Centre for Disability in Development to promote access to aids and appliances for children and adults with disabilities in Savar sub-district, Dhaka, Bangladesh and in so doing, reduce some of the physical impacts of caring on family carers. An additional grant was received to support a project in partnership with the Shirdhi Special Academy, establishing Community Education and Caring Centres in Bangalore, India. The project has been delayed due to the COVID19 pandemic and will commence in 2021.

Southon Trust

The Southall Trust provided a grant to support the charity's work in partnership with Utka and SPREAD in Koraput district, Orisha, India promoting services for people living with mental illness and epilepsy and their carers and facilitating access to medical care.

Thomas Cook Children's Charity

The grant from the Thomas Cook Children's Charity was awarded for a project conducted in partnership with the Centre for Disability in Development to promote access to aids and appliances for children and adults with disabilities in Savar sub-district, Dhaka, Bangladesh and in so doing, reduce some of the physical impacts of caring on family carers.

UK Aid Direct (Small Charities Challenge Fund)

The UK Aid Direct grant is for a project in partnership with the Centre for Disability in Development, which aims to transform the lives of 500 carers and their immediate family members in Savar sub-district on the outskirts of Dhaka, the capital of Bangladesh, over a period of 18 months from October 2018 to March 2020. Due to the COVID19 pandemic the grant period was extended to September 2020. This grant is from the UK Government.

LAW Aid Direct (to Cox Memorial Strengthening Grant)

The second UK Aid Direct grant is for a project in partnership with LEADS Nepal which aims to promote the social and economic inclusion of carers in Baglung and Myagdi districts, western Nepal through the strengthening of women-led Carers Associations. The project period is April 2019 – March 2021. This grant is from the UK Government.

14 Analysis of Total Funds

2020	Fixed Assets	Debtors	Cash at Bank	Creditors	Total
	£	£	£	£	£
Unrestricted funds	668	25,756	133,591	(1,080)	158,935
Andrews Charitable Trust 1	100	-	(100)	-	-
Andrews Charitable Trust 2	-	-	-	-	-
Ashoka	-	-	7,179	-	7,179
National Lottery Community Fund	-	-	21,794	-	21,794
Commonwealth Foundation	-	-	38,509	-	38,509
Embracing Carers	-	-	21,394	-	21,394
Guernsey Overseas Aid Commission	-	19,422	(17,826)	-	1,596
Kit 4 Carers	-	-	5,879	-	5,879
James McNab Trust	-	-	2,000	-	2,000
Randal Charitable Foundation	-	-	10,000	-	10,000
Eleanor Rathbone Charitable Trust	-	-	1,000	-	1,000
Skoll Foundation	-	-	7,500	-	7,500
Souter Charitable Trust	-	-	2,600	-	2,600
Southall Trust	-	-	691	-	691
UK Aid Direct (SCCF)	499	-	(235)	-	264
UK Aid Direct (JCMG)	-	-	11,821	-	11,821
Balance of Funds at 31st December 2020	1,267	45,178	245,797	(1,080)	291,162

A sum of £17,853 was received in 2020 from the International Alliance of Carer Organisations for fulfilment of a contract and this amount is included in unrestricted reserves. It is however ring-fenced for a specific project and is therefore not included in free reserves.

2019	Fixed Assets	Debtors	Cash at Bank	Creditors	Total
	£	£	£	£	£
Unrestricted Fund	368	900	74,153	(4,008)	73,413
Commonwealth Foundation	-	-	35,773	-	35,773
UK Aid Direct (SCCF)	499	-	2,056	-	2,555
Souter Charitable Trust	-	-	3,000	-	3,000
Andrews Charitable Trust 1	200	-	(75)	-	125
Andrews Charitable Trust 2	-	-	4,154	-	4,154
Boehringer Ingelheim	-	-	1,387	-	1,387
National Lottery Community Fund	-	-	31,034	-	31,034
UK Aid Direct (JCMG)	-	-	8,925	-	8,925
Embracing Carers	-	-	22,666	-	22,666
Gilchrist Educational Trust	-	-	1,642	-	1,642
Guernsey Overseas Aid Commis	-	-	3,658	-	3,658
Thomas Cook Childrens Charity	-	-	5,442	-	5,442
Balance of Funds at 31st December 2019	1,067	900	193,815	(4,008)	191,774

15 Related Party Transactions

There were no related party transactions in the reporting period (2019: none)