

CARERS WORLDWIDE

England & Wales · Charity number 1150214

Details

Status	Registered
Legal form	Charitable company
Company number	08083816
Registered	2012-12-18
Register	View on the Charity Commission register

Contact

Address	30 Lodgefield Welwyn Garden City AL7 1SD
Phone	07745608438
Email	info@carersworldwide.org
Website	www.carersworldwide.org

Activities

Objects: THE OBJECTS OF THE CHARITY ARE:TO PROMOTE THE RELIEF OF PEOPLE WHO REQUIRE CARE DUE TO PHYSICAL OR MENTAL ILL HEALTH, DISABILITY, OLD AGE, FRAILITY, SUBSTANCE MISUSE OR ANY OTHER CAUSE, IN PARTICULAR (BUT WITHOUT LIMITATION) BY:3.1.1 RAISING THE AWARENESS OF CARERS AND THE GENERAL PUBLIC AS TO THE NEEDS OF AND DIFFICULTIES EXPERIENCED BY INDIVIDUALS AS A RESULT OF THEIR ROLE AS CARERS;3.1.2 RELIEVING FINANCIAL HARDSHIP, SICKNESS AND DISTRESS AMONG CARERS; AND3.1.3 THE RELIEF OF INDIVIDUALS BEING CARED FOR BY IMPROVING THE QUALITY OF THEIR CARE AND REHABILITATION THROUGH THE PROVISION OF TRAINING, SUPPORT AND ADVICE TO CARERS.“CARER” MEANS AN INDIVIDUAL OF ANY AGE WHO CARES FOR OR NURSES A RELATIVE, FRIEND OR PARTNER REQUIRING THIS HELP DUE TO PHYSICAL OR MENTAL ILL HEALTH, DISABILITY, OLD AGE, FRAILITY, SUBSTANCE MISUSE OR ANY OTHER CAUSE.

Activities: Works with partner organisations in developing countries to:1) facilitate provision of support for carers and their families, bringing them better health, wellbeing and economic security and 2) bring about systemic change in the work of governments, charities and other agencies so they recognise and respond to the needs of carers in the developing world.

Classification

- **How:** Makes Grants To Organisations, Provides Services, Provides Advocacy/advice/information, Sponsors Or Undertakes Research, Acts As An Umbrella Or Resource Body
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives, Disability, The Prevention Or Relief Of Poverty, Economic/community Development/employment
- **Who:** Children/young People, Elderly/old People, People With Disabilities, Other Charities Or Voluntary Bodies, Other Defined Groups

Geography

- Bangladesh
- India
- Nepal

Finances

Period end	Income	Expenditure	Assets	Employees
2024-12-31	£233,458	£319,896	-	-
2023-12-31	£368,161	£412,752	-	-
2022-12-31	£325,023	£406,626	-	-
2021-12-31	£365,264	£279,711	-	-
2020-12-31	£349,180	£249,792	-	-

Trustees

Name	Role	Appointed
JEHANGIR SUTERWALLA	Chair	2023-03-17
Amber June Meikle		2024-07-26
David Stuart Gill		2024-07-26
Dhanya Vamadevan		2020-07-10
Maria Lilian Andrews		2021-07-09
Maveen Soares Pereira		2021-07-09
Pushkaraj Chandrakant Gumaste		2025-03-14
Ranjeev Bindra		2026-07-10

CARERS WORLDWIDE

England & Wales - Charity number 1150214

Accounts

Carers Worldwide
(a company limited by guarantee)

Financial Statements
for the year ended
31 December 2024

Registered Charity Number 1150214

Registered Company Number (Registered in England and Wales) 08083816

Carers Worldwide

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Carers Worldwide

Charity and Company Information

Registered Office and Principal Address	Carers Worldwide 30 Lodgefield Welwyn Garden City Hertfordshire AL7 1SD
Bankers	CAF Bank Ltd 25 Kings Hill Avenue Kings Hill West Malling Kent ME19 4JQ
Independent Examiner	Karon Cook FCA 1 Therapia Road London SE22 0SF
Registered Charity	1150214
Registered Company	08083816 (England and Wales)

Carers Worldwide

The Report of the Trustee-Directors of Carers Worldwide for the year ending December 2024

Structure, governance and management

Carers Worldwide's governance is described in its Memorandum and Articles of Association. The policy and strategic decisions of Carers Worldwide rest with the Trustee-Directors who meet three times a year to oversee, plan and monitor its activities. Two committees – Finance and Risk, and Fundraising and Marketing - comprising Trustees and staff meet before each Trustee Board meeting to consider progress towards annual plans and recommend future actions. The current Board of Trustee-Directors is shown on page eight. Potential candidates for the Board are considered by the existing Trustee-Directors on the basis of how their skills and experience match the organisation's needs. The Board of Trustee-Directors delegates the day to day running of the charity to the Founder and Executive Director, Anil Patil who is responsible for the implementation of the organisation's strategy and its programmes: currently in India, Nepal and Bangladesh, and expanding into Pakistan and East Africa in the near future; partnership development; financial accountability; marketing; quality assurance; policy and new programmes. The Development Director, Ruth Patil, works closely with the Executive Director to actively support the day to day operations of the charity, particularly partnership development, fundraising, HR, compliance and implementation of its strategy. The Trustee-Directors approve policies, the strategic plan of Carers Worldwide, annual plan and budget, and financial contracts as set out in the delegated authority. Amongst the Trustee-Directors, responsibility for oversight during the year was assigned as follows: Treasurer and Chair of Finance and Risk Committee – Dhanya Vamadevan and Chair of Fundraising and Marketing Committee – Maria Andrews. The Trustee-Directors meet regularly with Anil Patil and other staff members to ensure strategic objectives are met and statutory and donor compliance is maintained. The Chair of the Trustee-Directors, Jonathan Freeman, oversees the activities of the Trustee-Directors and the Executive Director. He is responsible for conducting the Executive Director's performance management process.

Objectives and activities

Carers Worldwide's objects, as defined in its Memorandum and Articles of Association incorporated 25th May 2012 and amended by special resolution 6th December 2012, are:

To promote the relief of people who require care due to physical or mental ill health, disability, old age, frailty, substance misuse or any other cause, in particular (but without limitation) by:

- 1.1 raising the awareness of carers and the general public as to the needs of and difficulties experienced by individuals as a result of their role as carers;*
- 1.2 relieving financial hardship, sickness and distress among carers; and*
- 1.3 the relief of individuals being cared for by improving the quality of their care and rehabilitation through the provision of training, support and advice to carers.*

"Carer" means an individual of any age who cares for or nurses a relative, friend or partner requiring this help due to physical or mental ill health, disability, old age, frailty, substance misuse or any other cause.

In practice, Carers Worldwide works in partnership with established, well reputed organisations to implement strategies and programmes that will improve the lives of unpaid family carers and those for whom they care. Carers Worldwide designs and develops programmes, provides specialist advice and training and advises on advocacy and policy issues, as well as providing links to other organisations, sources of knowledge, skills and funds. Increasingly, the organisation is also fulfilling its objects through collaborations with other national and international NGOs, local government in the countries where it operates and the private sector through providing training and advisory services.

Public Benefit

The Trustees of Carers Worldwide consider that the activities undertaken to achieve its charitable objectives through a combination of partnership, advocacy and knowledge sharing provide a public benefit to its direct beneficiaries, namely people who require care due to physical or mental ill health, disability, old age, frailty, substance misuse or any other cause and their carers in the countries in which it operates.

The Trustees confirm that they have complied with the duty in section 17 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission in determining the activities undertaken by the charity.

During the period from January to December 2024, the charity's key achievements included:

- reaching a total of 10,803 new unpaid family carers, along with the 11,004 relatives they care for (7,394 disabled adults and children, and 3,610 people living with mental health conditions), transforming lives through practical support and further building the visibility and recognition of unpaid family carers across India, Nepal and Bangladesh
- continuing to implement the charity's strategic plan for the period 2023 – 2025, increasing grass roots partnerships and collaborating with national and international NGOs to further our reach
- co-creating, sourcing funding for and implementing activities with 13 implementing partners working across five states in India, in Nepal and in Bangladesh
- completing the transition of its longest standing partners: SACRED, SAMUHA, NBJK (in India) and LEADS Nepal from implementing partners to resource partners
- raising the profile of the needs of unpaid family carers with local government authorities and local service providers in Nepal and Bangladesh through continued strengthening of the national Carers Alliances in both countries
- securing inclusion of a monetary Carers Allowance in the annual budget of the Government of Karnataka (south India) with the potential to benefit over 100,000 carers
- promoting 1,600 carers groups in collaboration with state government in Karnataka
- celebrating the UN's International Day of Care and Support in collaboration with all its project partners and in collaboration with the Government of Karnataka where 30,000 carers were included
- strengthening the capacity of the Carers Worldwide India team, particularly in fundraising and communications
- carrying out a feasibility study in Pakistan
- offering consultancy and advisory support to international charities to enable them to bring the issue of carers into their existing activities

- participating in national and international policy level and advocacy initiatives to raise awareness of the needs of carers globally
- further building the governance of the charity
- further raising the profile of the charity within the UK and internationally, with increased activity on social media platforms, and participation in media interviews, podcasts and webinars
- continuing to fundraise from Trusts and Foundations, individuals and community groups (including holding an inaugural charity golf day), and major donors

Staff and Trustees continued to work according to the charity’s operational plan and fundraising strategy, which complement the charity’s strategic plan. This suite of documents, along with the charity’s vision, mission and strategic goal statements and its core values, communicates clearly to staff, Trustees, beneficiaries, partners, donors and other key stakeholders our aims and how we will reach them.

Vision

Our vision is a world in which every carer is valued and their needs are met.

Mission

Our mission is to achieve recognition of the role of carers and to transform the lives of carers, their families and their communities.

Strategic Goal

Our strategic goal is to **act as a catalyst** to:

1. **Change attitudes and promote support** for carers, their families and communities, empowering them towards better health, wellbeing and economic security
2. **Inspire systemic change** in the government, private and third sectors so they recognise and respond to the needs of carers.

OUR CORE VALUES

			
We Challenge	We Ignite Imaginations	We Amplify Voices	We Inspire Change
We constantly look for ways to innovate and evolve, and challenge others to do the same.	We inspire ambition and bold ideas to tackle the issues facing carers everywhere.	We listen to and value everyone's voice, amplifying the voices of those currently unheard.	We empower people and organisations to make lasting changes for carers and their communities.

Strategic Plan

The charity continued to implement its strategic plan for the period 2023 – 2025, with the following strategic objectives:

1. To increase the reach and impact of the Carers Worldwide model, thereby achieving greater inclusion of family carers in low and middle income countries by:
 - empowering existing partners to mainstream and advocate for carers and to demonstrate the benefits of doing so
 - establishing new partnerships with carefully selected organisations based in low and middle income countries who are well placed to deliver the Carers Worldwide model.
2. To achieve recognition of family carers at governmental and inter-governmental level by:
 - building national and regional alliances that will advocate for long term policy change.
3. To enable national and international NGOs and government agencies to support family carers in their respective spheres of influence by:
 - developing and delivering a high quality, bespoke training service focussing on topics relating to carers and caring.
4. To promote carer friendly workplaces and raise awareness of family carers in the workplace by:
 - developing and delivering a consultancy service to the corporate sector.
5. To inform future policy and practice by:
 - building up a body of evidence on family carers and the interventions that support them in their caring roles

Desired Outcomes

Our desired outcomes are that by the end of 2025:

- We will have empowered 30 locally led partners based in low and middle income countries to raise **awareness and achieve recognition** of the needs of unpaid family carers in their respective regions and **embedded in local communities the skills required to meet those needs**.
- We will have improved the lives of **150,000 carers and 450,000 family members** across South Asia and initiated partnerships in sub-Saharan Africa.
- We will have increased the **range of carer groups** with whom we work, specifically young carers, carers of the elderly, carers of people living with dementia, carers of people with cancer, carers of people with non-communicable diseases.
- We will have promoted **three national and one regional carers alliances across South Asia** resulting in policy level change for family carers being on the agenda of governmental and inter-governmental agencies across the region.
- We will have promoted **carer-friendly workplaces** through targeted engagement with the corporate sector.
- We will have brought about **specific changes in the policies of the state and national governments** where we are working which will promote inclusion and support of family carers.

Progress towards desired outcomes by the end of this reporting period

- We have engaged in partnerships with 13 implementing partners: 10 in India, 2 in Nepal (increased from 1 in 2023) and 1 in Bangladesh.
- We have completed the process of transition of 4 implementing partners to resource partners with whom we continue to have active non-financial partnerships aimed at further promoting the issue of carers amongst local government, communities, service providers and NGOs in their geographic locations.
- Through our collaborations with other NGOs we have begun to impact greater numbers of carers of the elderly and carers of people living with dementia, as well as continued to work with a majority of carers of disabled children and adults and carers of people living with a range of mental health conditions.
- We have promoted national Carers Alliances in India, Nepal and Bangladesh which are gaining in local autonomy and preparing national strategies and actions.
- At state level in India, through our strong relationship with the Government of Karnataka, we have secured implementation of a carers allowance for the first time with the necessary funding included in the state budget for 2024/25.

After a period of external consultation, the Trustees made the decision to divert focus from the strategic objective of promoting 'carer-friendly workplaces' through engagement with the corporate sector in order to focus capacity on the other four objectives. The charity remains open to corporate engagement on this topic and welcomes approaches from interested companies.

The Carers Worldwide model remains at the core of the charity's work. The model consists of five core elements:

- **Carers' support groups** - to reduce loneliness and isolation, create social networks and support emotional wellbeing;
- **Health services** - to provide access to physical and mental health services, including locally available counselling services;
- **Respite and short breaks** - to offer a break from caring responsibilities along with the development of alternative high quality care options such as day care centres;
- **Employment, training and education** - to facilitate access to employment, training or education, tailored as appropriate to co-exist with caring responsibilities;
- **Advocacy** - to strengthen the collective voice of carers to advocate for their needs and the provision they require at community, regional and national level, leading to changes in policy and practice.

We continued to strengthen the charity with regard to its statutory obligations and the desire to comply with best practice as set out by the Charity Commission.

Achievements and performance

Carers Worldwide works with local, well-established partner organisations across India, Nepal and Bangladesh to implement its programmes. During 2024, the charity continued to work with 13 implementing partners and strengthened its ongoing relationships with 4 resource partners. Together with these partners, the charity reached 10,803 new carers and 11,004 family members living with disabilities or a mental health condition. Since its inception in 2012, the charity has now made a real and practical impact on the lives of almost 250,000 people: 41,369 carers, 41,815 sick or

disabled family members and approximately 165,000 other immediate family members. Upwards of 86% of the carers receiving support are women and girls.

Carers have benefited from packages of holistic support tailored to their individual needs and promoting their social, mental, physical and economic wellbeing. This has taken the form of mutual support groups; access to general and specialist healthcare; counselling and emotional support; vocational training and access to micro-finance; and respite opportunities. Carers have also had the opportunity to take part in group activities focussed on equipping them to speak up for their rights and the rights of their family members, thus amplifying their voices with local decision makers and leading to long term, sustainable change for them, their families and their communities.

As well as the carers and families that the charity directly impacts through the activities described above, it is now impacting thousands of other unpaid family carers as a result of its lobbying of the state government of Karnataka in south India, which has implemented a carers allowance of INR 1,000 per month. Included in the state government's budget for 2024/2025, the new allowance is initially available to carers looking after a family member with one of the following conditions: cerebral palsy, Parkinson's, muscular dystrophy, multiple sclerosis. Additional conditions will be included in the coming year's budget.

Programmes – India

During the period, the charity continued working with its existing 13 partners across five states in India, expanding to include a larger number of carers and individuals receiving care into existing and new projects. The charity's three longest standing partners – NBJK in Jharkhand, SACRED in Andhra Pradesh and SAMUHA in Karnataka – became resource partners, working closely with the Carers Associations promoted in their project areas to further strengthen their capacity and independence and working alongside Carers Worldwide staff advising other NGOs on carer inclusion and developing carer support services.

Carers Worldwide India, which has been operating as an independent Trust in India since December 2018, continued to receive close support from the Executive Director of Carers Worldwide, who also serves as a Trustee on the Carers Worldwide India Board. The charity supports Carers Worldwide India by providing strategic, operational, and fundraising capacity. The Carers Worldwide India team in-country ensures the effective implementation, monitoring, and reporting of projects and programmes. They also provide the necessary on-the-ground presence to enable consistent advocacy at the local and state government levels, aiming to include carers in existing policies and develop carer-supportive policies and practices. The charity continued to offer technical support to Carers Worldwide India and partner organisations in raising funds for work within India from Indian funders. During the period, £3,430 was raised for Carers Worldwide India from individual supporters and training activities (a reduction of £1,152 compared to 2023), and £134,863 was raised for projects implemented in partnership with Ekta, SPREAD and WORD in Odisha and the Vasantham Federation in Tamil Nadu from one Foundation (an increase of £39,230 compared to 2023). These funds are raised from Indian donors and are paid directly to Carers Worldwide India. The majority of the funds raised are restricted for specific projects with partner organisations. None of these funds are received by Carers Worldwide in the UK.

The following is a summary of the activities that took place in partnership with the charity's 13 implementing partners in India:

Karnataka – Margadarshi, BIRDS, Narendra Foundation, Shruti Special Academy

The charity's work with its three rural partners Margadarshi, Narendra Foundation and BIRDS continued to focus on strengthening carers networks at village, cluster and district levels in order to tackle social isolation, raise awareness of the issues facing carers and promote carer inclusion. Increasing numbers of families gained access to government benefits and schemes, thereby improving their financial stability. There was a continued focus on promoting livelihoods for carers that can co-exist alongside their caring responsibilities and further promote financial wellbeing. Carers Co-operatives were established in the Margadarshi and BIRDS project areas as a vehicle for local and beneficiary managed financial inclusion of carers. The charity collaborated with the team at Shruti Special Academy to facilitate technical support to its rural partners.

Andhra Pradesh - UETS

The charity's project in partnership with UETS, focused on identifying and treating people with mental health needs alongside supporting the needs of their carers, was completed. A total of 531 people living with a range of mental health conditions and their 531 carers were actively involved in the project. 52 carers groups were formed and met regularly, providing information, advice and peer support. Mental health camps were organised to provide vital treatment and counselling services to all the project participants. 496 individuals engaged in regular treatment, resulting in their mental health condition becoming stable. A district level Carers Association was promoted enabling local advocacy and training sessions took place for local community resource persons, including healthcare professionals, equipping them with the skills needed to provide long term sustainable support people living with mental health conditions and their carers. The project impact is now being sustained through further capacity strengthening of the UETS team and selected carer representatives.

Odisha – Ekta, SPREAD and WORD

The charity's three partners in Odisha further strengthened their support of people living with mental illness and their carers living in tribal areas and continued to work with a total of 6,600 individuals with activities are focused around all elements of the Carers Worldwide model. The funding for this work comes solely from within India.

Tamil Nadu – Vasantham Federation and WORD Pudokkattai

The charity's work with the Vasantham Federation, an organization of people with disabilities based in Tiruvallur, continued to promote the mental health and wellbeing of carers and people with mental illness with a focus on access to mental health services, the promotion of peer support and the empowerment of carers to advocate for their needs and the needs of those for whom they care. Work with WORD Pudokkattai continued to focus on a group of 282 carers and their family members who are all living with mental health challenges. 20 carers groups met regularly for ongoing support and to provide a platform for carers to receive recognition and support. There was an increasing focus on economic empowerment with carers being supported to identify and start up sustainable livelihoods.

Programmes – Nepal

During the reporting period, the charity worked with two implementing partners, both highly experienced NGOs operating across urban and rural Nepalese communities. Its partnership with

longstanding partner LEADS Nepal evolved into LEADS Nepal becoming a resource partner. The Nepal Carers Alliance continued to grow and strengthen, including local stakeholders across a range of sectors including disability, mental health and the elderly.

Kathmandu Valley – Self-Help Group Cerebral Palsy (SGCP)

The charity's partnership with Self-Help Group Cerebral Palsy (SGCP), a local organisation working with individuals affected by cerebral palsy and other neurological disorders, primarily in the Kathmandu Valley continued. The telephone helpline for carers, the first of its kind in South Asia provided information and counselling support to increasing numbers of carers from across the country, signposting them to practical, accessible support through a network of disability organisations co-ordinated by SGCP. The Kathmandu-based Carers Association, set up as part of our previous National Lottery Community Fund funded project continued to receive support in partnership with SGCP to promote its self-management and sustainability. A new project focussed on carer to carer support was initiated across four districts and impacted 1,020 parent carers and family members. SGCP successfully secured funding from other international donors to allow it to integrate carers into its other programmes of work across Nepal.

Bagmati province, central Nepal – TPO Nepal

The charity implemented its first project in partnership with TPO Nepal, one of Nepal's leading psychosocial organisations. The project involved training 18 local female health volunteers to recognise and promote the mental wellbeing of carers, providing support, advice and counselling via home visits

Programmes – Bangladesh

The charity continued its partnership with the Centre for Disability in Development (CDD), working with carers in the Savar sub-district on the outskirts of Dhaka. The three-year project, funded by the CareTech Foundation and the Rangoonwala Foundation, offering emotional support, physical and mental health services, and livelihood opportunities to 1,008 carers (93% of whom were women) was completed during this period. An independent final evaluation was conducted, the details of which are summarised here: [The Carers Worldwide Model in Bangladesh – Exceeding Expectations](#). The Carers Association promoted as part of the project continued to spearhead carer empowerment and lobbying of local government. Additional funding from other Trusts and Foundations, along with individual supporters, supported the continuation of seven community caring centres across the project area. These centres provided educational and therapeutic support for children with complex disabilities and offered emotional support and respite for their carers, predominantly mothers. Further funding was also secured to provide additional medical, nutritional, and therapeutic support for carers and disabled children and adults. In collaboration with CDD, the Bangladesh Carers Alliance expanded its representation from a range of disability organisations as well as from organisations working in the mental health, palliative care and elderly sectors.

Policy work

The charity continued to pursue its objective of amplifying the voices of carers and promoting their inclusion by focusing on advocacy and campaigning at village, district, state, and national levels in India, Nepal, and Bangladesh. Carer representatives on the district level Carers Associations

promoted by the charity and its local partners are increasingly confident in lobbying local government officials and presenting requests to improve the quality of life for themselves and their families. In India, the State Level Carers Forums continued to increase in profile and activity. At the national level in each country of operation, the charity collaborated with a range of stakeholders, including government representatives, national and international NGOs, practitioners and academics via the Carers Alliances. These alliances aim to elevate the voices of carers from the village level to national decision-makers. In Karnataka state, southern India, the charity's continued collaboration with Carers Worldwide India and partner organisations and lobbying of the State Government resulted in the inclusion of a carers allowance into the 2024/2025 state budget for carers of people living with cerebral palsy, muscular dystrophy, Parkinson's disease and multiple sclerosis. Building on this success, the charity continued to lobby for inclusion of a wider range of disabilities and health conditions in Karnataka and for other state governments to adopt the carers allowance. The government of Karnataka also commissioned the charity (through collaboration with Carers Worldwide India) to train its community rehabilitation workers on carer recognition and inclusion. This subsequently led to the establishment of 1600 village level carers groups across the state.

The charity continues to collect data on the demographics, wellbeing, and challenges of carers involved in its programmes, as well as the effectiveness of support systems implemented through its partnerships with local NGOs. This data is used to advocate for the inclusion of carers in mainstream development programs and to establish carer-specific support systems.

Networking

The charity continued to raise its profile and spread awareness of the importance of working with carers in low and middle-income countries among various charities, organisations, and funders both in the UK and internationally. Promotion efforts, especially focusing on carer stories and project activities, were carried out through the website and social media channels, leading to increased attention from individuals and others working in the various sectors that the charity spans. The Executive Director and Development Director represented the charity at national and international conferences and webinars, targeting the international development sector and organisations working in disability, aging, mental health and young carers. These efforts consistently raised awareness of the needs of family carers in low and middle-income countries, inspiring new audiences to take practical steps toward carer inclusion.

Financial Review

The statement of financial activities shows an income of £233,458 and expenditure of £319,896 during the period.

The charity implemented its fundraising strategy, continuing to focus on diversifying its income streams to mitigate against the continued impact of aid cuts, changing funder priorities and unstable markets on the funding available for charities across the sector. Fundraising from Trusts and Foundations continued to be the main area of income with funding secured from four new Trusts and Foundations and repeat funding secured from nine previous donors, three of whom gave on multiple occasions during the year. These were primarily restricted funds for specific projects across the three countries of operation and were for both multiyear and single year projects. The charity continued to focus efforts on attracting donations from individual supporters and the number of regular donors increased. It also ran another successful match funded festive campaign which successfully combined grants from Trusts and donations from individuals. The fundraising strategy for the year included a focus on continuing to build engagement with individual and major donors as well as continuing to steward existing donors.

Income decreased in comparison to 2023. Expenditure was lower than in 2023 and higher than the income due to the carryover of restricted reserves from 2023 which were spent during the year. The majority of funds were dispersed to the charity's partner organisations in India, Nepal and Bangladesh to implement programmes which have now impacted the lives of almost 250,000 individuals: 41,369 carers, the 41,815 relatives living with a disability or mental ill-health for whom they care and approximately 165,000 family members.

The charity extends thanks and appreciation to all its supporters for their belief in its work and for their commitment to improving the lives of carers and their families.

The income for the period was spent on charitable activities and enabled the activities outlined earlier in the report to be conducted.

Reserves and reserves policy

The Trustee-Directors reviewed the charity's reserves policy during the year and continue to aim to retain unrestricted reserves of £40,000 or 3 months operating costs (whichever is the largest) to ensure the charity can continue its operations in the short term while seeking further funding as necessary. The Trustee-Directors added a new clause in the reserves policy which outlines the aim of strengthening the charity's financial resilience and supporting its next phase of growth and development by increasing unrestricted reserves to a level of £120,000 within the next three years.

During this period, funds remained above the reserves level at all times. The level of reserves is presented to the Trustee-Directors at each Board meeting and the reserves policy is formally reviewed annually by the Board. The end of year balance of the free unrestricted reserves, over and above the £40K reserve policy, of £45,145 will be spent during 2025 to cover human resources, administration and charitable activities.

Risk Management

The Trustee-Directors have reviewed the risks to which a small charity operating overseas with limited funding and five or less employees is exposed. The additional risks presented by the continuation of the sector's funding crisis were reviewed on an ongoing basis and appropriate

mitigating actions put in place. Financial management reports are used to identify and monitor financial risks monthly. The careful use of consultants and the experience and expertise of the Trustee-Directors are judged to mitigate the risk of having a small number of paid staff members, and this is reviewed regularly. A Risk Register is maintained which is approved by the Trustee-Directors, with specific areas of monitoring oversight assigned to named Trustee-Directors and staff members. This is discussed at each meeting of the Finance and Risk Committee with key risks and mitigating actions being referred to the full Board three times a year.

Safeguarding

Carers Worldwide is committed to ensuring the safety and wellbeing of everyone with whom it works, including carers, the individuals for whom they care and their families, as well as of the partner staff with whom we work and our own staff, trustees and volunteers. The Trustees review the charity's suite of safeguarding policies and procedures, including its code of conduct every three years, and pay close attention to latest guidance from the FCDO and sector bodies.

Directors of the company during the year to 31st December 2024 were

Maria Andrews

Jonathan Freeman

David Gill (appointed 26th July 2024)

Nicole Hunter

Amber Meikle (appointed 26th July 2024)

Maveen Pereira

Pramod Prabhakaran

Ruwaida Randeree

Jehangir Suterwalla

Dhanya Vamadevan

Dionne Williams (stepped down 15th March 2024)

Ian Yates (stepped down 29th November 2024)

All currently serving directors were also in place at the date when the directors' report and accounts were approved.

All directors are also trustees.

Company Secretary

Ruth Patil

Executive Director

Anil Patil

Statement of Directors' Responsibilities

The Charities Acts and the Companies Acts require the Board of Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity as at the end of the financial year and of the surplus or deficit of the charity.

In preparing those financial statements the Board is required to:-

- select suitable accounting policies and then apply them consistently
- make judgements and estimates that are reasonable and prudent
- state whether applicable accounting standards and statements of recommended practice have been followed subject to any departure disclosed and explained in the financial statements
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue to operate.

The trustees are also responsible for maintaining adequate accounting records which disclose with reasonable accuracy at any time the financial position of the charity and which are sufficient to show and explain the charity's transactions and enable them to ensure that the financial statements comply with regulations made under the Charities Act.

They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

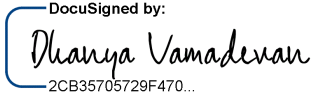
The trustees are also responsible for the contents of the trustees' report, and the responsibility of the independent examiner in relation to the trustees' report is limited to examining the report and ensuring that, on the face of the report, there are no inconsistencies with the figures disclosed in the financial statements.

The trustees are responsible for the maintenance and integrity of the charity and financial information included on the charity's website.

Method of preparation of accounts

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

This report was approved by the board of directors on: 14/07/2025

Director  2CB35705729F470...

Name Dhanya Vamadevan

Carers Worldwide

Independent Examiner's Report to the directors of Carers Worldwide (a company limited by guarantee)

I report on the financial statements of the company for the period ended 31 December 2024 as set out on pages 17 to 28.

This report is made solely to the charity's trustees, as a body, in accordance with Section 145 of the Charities Act 2011. My work has been undertaken so that I might state to the charity's trustees those matters I am required to state to them in this report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the charity and the charity's trustees as a body, for my work, for this report, or for the opinions I have formed.

Respective responsibilities of trustees and examiner

The charity's trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of financial statements. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the '2011 Act') and that an independent examination is needed.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the financial statements under section 145 of the 2011 Act
- to follow the procedures laid down in the General Directions given by the Charity Commission under section 145(5) of the 2011 Act; and
- to state where particular matters have come to my attention

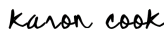
Basis of the independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the financial statements presented with those records. It also includes consideration of any unusual items or disclosures in the financial statements and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the financial statements present a 'true and fair view' and the report is limited to those matters set out in the statements below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- a) Which gives me reasonable cause to believe that in any material respect the requirements:
- to keep accounting records in accordance with section 386 of the Companies Act 2006; and
 - to prepare financial statements which accord with the accounting records and to comply with the accounting requirements of the section 396 of the Companies Act 2006 and with
 - the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities have not been met; or
- b) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the financial statements to be reached.

DocuSigned by:

 726EFF50E30D45B...

Karon Cook FCA
 Infinity Accountants Ltd
 1 Therapia Road
 London, SE22 0SF

Date: 15/07/2025

Statement of Financial Activities (including Income and Expenditure Account)

For the year ended 31 December 2024

Carers Worldwide

		Unrestricted Funds 31st Dec 2024 £	Restricted Funds 31st Dec 2024 £	Total Funds 31st Dec 2024 £	Unrestricted Funds 31st Dec 2023 £	Restricted Funds 31st Dec 2023 £	Total Funds 31st Dec 2023 £
Income and Endowments from:	Notes						
Donations and legacies	4	60,976	12,500	73,476	64,584	4,110	68,694
Charitable Activities	5	10,998	145,059	156,057	20,417	275,706	296,123
Other	6	3,925	-	3,925	3,344	-	3,344
Total		75,899	157,559	233,458	88,345	279,816	368,161
Expenditure on:							
Raising Funds	7	4,422	1,579	6,001	6,534	45	6,579
Charitable Activities	8	83,823	230,072	313,895	92,862	313,311	406,173
Total		88,245	231,651	319,896	99,396	313,356	412,752
Net expenditure		(12,346)	(74,092)	(86,438)	(11,051)	(33,540)	(44,591)
Net movement in funds		(12,346)	(74,092)	(86,438)	(11,051)	(33,540)	(44,591)
Reconciliation of funds:							
Total Funds brought forward		97,491	153,030	250,521	108,542	186,570	295,112
Total funds carried forward		85,145	78,938	164,083	97,491	153,030	250,521

The statement of financial activities includes all gains and losses in the year.

All incoming resources and resources expended derive from continuing activities

Balance Sheet

For the year ended 31 December 2024

Carers Worldwide

Company Number 08083816	Notes	2024 £	2024 £	2023 £	2023 £
Fixed Assets					
Tangible Assets	10		697		1,505
Total Fixed Assets			<u>697</u>		<u>1,505</u>
Current Assets:					
Debtors	11	18,281		32,278	
Cash at bank and in hand		147,991		218,060	
Liabilities					
Creditors: amounts falling due within one year	12	<u>2,886</u>		<u>1,322</u>	
Net current assets			<u>163,386</u>		<u>249,016</u>
Total assets less current liabilities			<u>164,083</u>		<u>250,521</u>
Net Assets			<u>164,083</u>		<u>250,521</u>
The Funds of the Charity:					
Restricted income Funds	13,14		78,938		153,030
Unrestricted income funds	13,14		85,145		97,491
Total Charity Funds	14		<u>164,083</u>		<u>250,521</u>

The notes form part of these financial statements

The Trustees acknowledge their responsibilities for complying with the requirements of the Companies Act 2006. Under Companies Act 2006, Section 454, on a voluntary basis, the trustees can amend these financial statements if they subsequently prove to be defective.

The Directors of the Company acknowledge their responsibilities for:

- ensuring the company keeps accounting records which comply with Section 386 Companies Act 2006.
- preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of the financial period and of its statement of financial affairs for the period in accordance with the requirements of Sections 394 and 395 Companies Act 2006 and which otherwise complies with the requirements of the Act relating to accounts so far as they are applicable to the company.

For the year ending 31/12/2024 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibility for complying with the requirements of the Act with respect to accounting records and for the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the Directors and signed on its behalf:

14/07/2025

Date:

DocuSigned by:

Director:

Dhanya Vamadevan

Name: Dhanya Vamadevan

Notes to the accounts

For the year ended 31 December 2024

Carers Worldwide

Accounting Policies

1. Basis of Preparation of the accounts

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)(effective 1 January 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), the Update Bulletin to the Charities SORP (FRS 102) and the Companies Act 2006.

The Charity constitutes a public benefit entity as defined by FRS 102.

The accounts are presented in pounds Sterling (£) which is the functional currency of the charitable company. Monetary amounts in these accounts are rounded to the nearest whole pound.

The Trustees consider that there are no material uncertainties about the Charity's ability to continue as a going concern.

The charity has taken advantage of the exemption in the Update Bulletin amending the Charities SORP (FRS 102) from the requirement to produce a cash flow statement on the grounds it does not qualify as a large company.

Accounting Convention

The financial statements are prepared on a going concern basis, under historical cost convention.

Income

All incoming resources are included in the Statement of Financial Activities when the Trust is legally entitled to the income, it is probable that the income will be received, and the amount can be quantified with reasonable accuracy.

Expenditure

Costs of raising funds

This comprises costs of raising income for the charity.

Charitable Expenditure

This comprises all expenditure directly relating to the objectives of the charity.

Governance costs

This comprises the costs of running the charity itself as an organisation.

Depreciation Policy

Capital Assets are defined as a unit of property that:

- (1) has an economic useful life that extends beyond 12 months; and
- (2) was acquired for a cost of over £100

Capital Assets are depreciated over 4 years (25% each year).

Debtors

Debtors are recognised at the settlement amount due. Prepayments are valued at the amount prepaid.

Creditors

Creditors and provisions are recognised where there is a present obligation from a past event that will probably result in the transfer of funds to a third party and the amount due can be measured or estimated reliably. They are recognised at the settlement amount due.

Cash

Cash at bank and in hand includes cash and short term highly liquid investments with a maturity of three months or less from the date of acquisition of opening of the deposit or similar account.

Currency of financial statements

The financial statements are prepared in sterling which is the functional currency of the charity.

Taxation

As a registered charity, the company is exempt from income and corporation tax to the extent that its income and gains are applicable to charitable purposes only. Value Added Tax is not recoverable by the company and is therefore included in the relevant costs in the Statement of Financial Activities.

2. Winding up or dissolution of the charity

If upon winding up or dissolution of the charity there remain any assets, after the satisfaction of all debts and liabilities, the assets represented by the accumulated fund shall be transferred to some other charitable body or bodies having similar objectives to the charity.

Notes to the accounts continued

3 Expenses & remuneration paid to Trustees or persons connected with Trustees

Trustees did not receive any remuneration or expenses in the year 2024 or in 2023.

4 Income from Donations and Legacies

	Year to 31st Dec 2024	Year to 31st Dec 2024	Year to 31st Dec 2024	Year to 31st Dec 2023	Year to 31st Dec 2023	Year to 31st Dec 2023
	Unrestricted	Restricted	Total	Unrestricted	Restricted	Total
	Funds	Funds		Funds	Funds	
	£	£	£	£	£	£
Donations	53,562	10,500	64,062	55,756	50	55,806
Gift Aid	7,414	2,000	9,414	8,828	4,060	12,888
Income from Donations and Legacies	60,976	12,500	73,476	64,584	4,110	68,694

5 Income from Charitable Activities

	Year to 31st Dec 2024	Year to 31st Dec 2024	Year to 31st Dec 2024	Year to 31st Dec 2023	Year to 31st Dec 2023	Year to 31st Dec 2023
	Unrestricted	Restricted	Total	Unrestricted	Restricted	Total
	Funds	Funds		Funds	Funds	
	£	£	£	£	£	£
Grants	2,000	140,403	142,403	20,417	275,706	296,123
Event costs	8,923	-	8,923	-	-	-
Training consultancy	75	4,656	4,731	-	-	-
Income from Charitable Activities	10,998	145,059	156,057	20,417	275,706	296,123

6 Other

	Year to 31st Dec 2024	Year to 31st Dec 2024	Year to 31st Dec 2024	Year to 31st Dec 2023	Year to 31st Dec 2023	Year to 31st Dec 2023
	Unrestricted	Restricted	Total	Unrestricted	Restricted	Total
	Funds	Funds		Funds	Funds	
	£	£	£	£	£	£
Bank deposit interest received	3,925	-	3,925	3,344	-	3,344
Other Income	3,925	-	3,925	3,344	-	3,344

7 Expenditure on Raising funds

	Year to 31st Dec 2024	Year to 31st Dec 2024	Year to 31st Dec 2024	Year to 31st Dec 2023	Year to 31st Dec 2023	Year to 31st Dec 2023
	Unrestricted	Restricted	Total	Unrestricted	Restricted	Total
	Funds	Funds		Funds	Funds	
	£	£	£	£	£	£
Fund raising costs	4,422	1,579	6,001	6,534	45	6,579
Other Income	4,422	1,579	6,001	6,534	45	6,579

Notes to the accounts continued

8 Expenditure On Charitable activities

a) Grants payable

During the period grants totalling £123,349 (2023 £185,556) were made to the following recipients

	Year to 31st Dec 2024	Year to 31st Dec 2024	Year to 31st Dec 2024	Year to 31st Dec 2023	Year to 31st Dec 2023	Year to 31st Dec 2023
	Unrestricted Funds	Restricted Funds	Total	Unrestricted Funds	Restricted Funds	Total
	£	£	£	£	£	£
Sacred	-	-	-	-	2,435	2,435
NBJK	-	-	-	-	3,058	3,058
SGCP	1,463	9,813	11,276	-	9,950	9,950
CDD	-	62,438	62,438	-	73,466	73,466
Carers Worldwide India	-	-	-	-	4,232	4,232
NIMHANS	-	-	-	-	518	518
Margadarshi	-	16,304	16,304	-	11,500	11,500
EKTA	-	-	-	-	2,579	2,579
SPREAD	-	-	-	-	2,579	2,579
WORD Pudukottai	-	4,764	4,764	-	4,910	4,910
Narendra Foundation	-	7,158	7,158	-	5,966	5,966
BIRDS	2,332	4,197	6,529	-	16,000	16,000
UETS	-	-	-	-	31,657	31,657
Shristi Special Academy	-	-	-	-	16,706	16,706
TPO	-	14,880	14,880	-	-	-
Total institutional grants	3,795	119,554	123,349	-	185,556	185,556
Total grants to individuals	-	-	-	-	-	-
Total grants paid	3,795	119,554	123,349	-	185,556	185,556

b) Activities undertaken directly

	Year to 31st Dec 2024	Year to 31st Dec 2024	Year to 31st Dec 2024	Year to 31st Dec 2023	Year to 31st Dec 2023	Year to 31st Dec 2023
	Unrestricted Funds	Restricted Funds	Total	Unrestricted Funds	Restricted Funds	Total
	£	£	£	£	£	£
Trainings and meetings	256	597	853	1,956	14,474	16,430
Studies	-	775	775	5,000	-	5,000
Research Report	-	-	-	-	675	675
Annual Monitoring	-	1,948	1,948	-	-	-
Project evaluation	-	2,004	2,004	-	1,176	1,176
Total Activities undertaken directly	256	5,324	5,580	6,956	16,325	23,281

c) Other Charitable Activities costs

	Year to 31st Dec 2024	Year to 31st Dec 2024	Year to 31st Dec 2024	Year to 31st Dec 2023	Year to 31st Dec 2023	Year to 31st Dec 2023
	Unrestricted Funds	Restricted Funds	Total	Unrestricted Funds	Restricted Funds	Total
	£	£	£	£	£	£
Salaries, Employers NI and pension	53,168	78,485	131,653	58,457	58,114	116,571
Overseas Associates	2,547	2,467	5,014	1,350	6,621	7,971
Depreciation	733	75	808	1,000	75	1,075
Travel and subsistence	4,630	13,365	17,995	2,120	2,095	4,215
Postage	81	17	98	91	40	131
Stationery	123	275	398	392	264	656
Telephone	86	128	214	50	33	83
IT & Website	8,022	1,956	9,978	10,866	177	11,043
Other	4,522	489	5,011	4,917	2,192	7,109
Recruitment costs	-	-	-	605	6,000	6,605
Consultancy costs	4,017	7,914	11,931	4,331	35,819	40,150
Subscriptions	523	23	546	406	-	406
Total Support costs	78,452	105,194	183,646	84,585	111,430	196,015
Independent examiner fee	1,320	-	1,320	1,260	-	1,260
Trustee recruitment	-	-	-	61	-	61
Total Governance costs	1,320	-	1,320	1,321	-	1,321
Total Expenditure on charitable Activities	83,823	230,072	313,895	92,862	313,311	406,173

Charitable activity expenditure is allocated to restricted income funds according to the actual expenditure incurred on each project except for salaries where it is apportioned according to time spent on each project

Notes to the accounts continued**Staff costs and emoluments**

	Year to 31st Dec 2024 £	Year to 31st Dec 2023 £
Gross salaries	118,251	107,359
Employer National Insurance contributions	5,426	3,136
Employer's pension contributions	7,976	6,076
	<u>131,653</u>	<u>116,571</u>

Numbers of full time employees or full time equivalents

	Year to 31st Dec 2024	Year to 31st Dec 2023
Engaged in management and administration	5	5
	<u>5</u>	<u>5</u>

In 2024, key management personnel received total compensation of £47,765 (2023: £45,259)

No employee received remuneration above £60,000 in 2024 or 2023

No volunteers were used by the charity during 2024 (2023:1)

Tangible fixed assets

	Year to 31st Dec 2024 Office Equipment £	Year to 31st Dec 2023 Office Equipment £
Cost		
Brought forward at 1 Jan	7,369	6,806
Additions	-	563
carried forward at 31 Dec	<u>7,369</u>	<u>7,369</u>
Depreciation		
Brought forward at 1 Jan	5,864	4,788
Charge in the year	808	1,076
Carried forward at 31 Dec	<u>6,672</u>	<u>5,864</u>
Net book value at 31 Dec	<u>697</u>	<u>1,505</u>

Debtors

	Year to 31st Dec 2024 £	Year to 31st Dec 2023 £
Gift Aid recoverable	2,585	11,763
Accrued income	15,000	20,000
Staff expenses	696	515
	<u>18,281</u>	<u>32,278</u>

Creditors: amounts falling due within one year

	Year to 31st Dec 2024 £	Year to 31st Dec 2023 £
Accrued Expenses	2,886	1,322
	<u>2,886</u>	<u>1,322</u>

Notes to the accounts continued

Reconciliation of Funds

	Balance c/f at 31 December 2023	Income	Expenditure	Transfer of funds	Balance c/f at 31 December 2024
Unrestricted funds	97,491	75,899	(88,245)	-	85,145
Major Donors Fund	2,500	-	(2,500)	-	-
Angus Lawson Memorial Trust	19,925	-	(19,925)	-	-
Belacqua Charitable Trust	-	1,500	(1,500)	-	-
Be One Foundation	3,391	-	(3,391)	-	-
Bryan Guinness Charitable Trust	5,000	-	(5,000)	-	-
CareTech Foundation	848	37,342	(31,274)	-	6,916
CareTech Foundation	-	2,500	(2,500)	-	-
CB & HH Taylor 1984 Trust	1,000	-	-	-	1,000
Nepal Project	63	-	(63)	-	-
COSARAF Charitable Foundation	-	4,240	(4,240)	-	-
COSARAF Charitable Foundation	-	4,349	(3,649)	-	700
COSARAF Charitable Foundation	-	1,000	(493)	-	507
Daughters of Jesus	23,090	-	(4,764)	-	18,326
Embracing Carers	7,733	-	(7,733)	-	-
Embracing Carers	6,083	-	(6,083)	-	-
Eurofins Foundation	12,670	-	(12,670)	-	-
Farthing Trust	-	5,000	(4,733)	-	267
Fresh Leaf Charitable Foundation	7,402	-	(7,402)	-	-
Fresh Leaf Charitable Foundation	-	23,120	-	-	23,120
Grace Trust	750	-	(750)	-	-
Greendale Foundation	15,000	-	(14,037)	-	963
King Charles III Charitable Fund	-	5,000	(4,652)	-	348
Kirby Laing Foundation	-	6,000	(3,694)	-	2,306
Anonymous donation	-	10,000	-	-	10,000
PSC Prop Ltd	5,000	-	(5,000)	-	-
Queens University	-	7,064	(6,847)	-	217
Rangoonwala Foundation	12,084	14,880	(26,964)	-	-
Rangoonwala Foundation	-	5,000	(1,222)	-	3,778
Scott Bader Commonwealth	6,990	-	(6,990)	-	-
Scott Bader Commonwealth	-	2,490	-	-	2,490
SMB Trust	-	2,000	-	-	2,000
Souter Charitable Trust	-	6,000	-	-	6,000
The Goyal Foundation	-	12,500	(12,500)	-	-
The James Tudor Foundation	5,000	-	(5,000)	-	-
Unity Foundation	2,786	-	(2,786)	-	-
Improve healthcare access for people with mental illness and carers in India Fund	5,395	-	(5,395)	-	-
Improve healthcare access for people with mental illness and carers in India Fund	10,320	-	(10,320)	-	-
Improve healthcare access for people with mental illness and carers in India Fund	-	7,574	(7,574)	-	-
	250,521	233,458	(319,896)	-	164,083

Notes to the accounts continued

Reconciliation of Funds continued

Comparative 2023

	Balance c/f at 31 December 2022	Income	Expenditure	Transfer of funds	Balance c/f at 31 December 2023
Unrestricted funds	108,542	88,345	(99,396)	-	97,491
Major Donors Fund	-	20,233	(17,733)	-	2,500
Angus Lawson Memorial Trust	-	19,925	-	-	19,925
Be One Foundation	-	3,768	(377)	-	3,391
British and Foreign Schools Society	10,781	11,093	(21,874)	-	-
Bryan Guinness Charitable Trust	-	5,000	-	-	5,000
Bryan Guinness Charitable Trust	4,000	-	(4,000)	-	-
CareTech Foundation	7,545	44,887	(51,584)	-	848
CB & HH Taylor 1984 Trust	-	1,000	-	-	1,000
Nepal Project	-	63	-	-	63
Commonwealth Foundation Grant 2	5,588	(4,319)	(1,269)	-	-
COSARAF Charitable Foundation	-	4,902	(4,902)	-	-
COSARAF Charitable Foundation	1,750	-	(1,750)	-	-
Cumber Family Trust	-	1,000	(1,000)	-	-
Daughters of Jesus	-	30,000	(6,910)	-	23,090
Dhamecha Group	-	1,000	(1,000)	-	-
Eleanor Rathbone Charitable Trust	1,000	-	(1,000)	-	-
Embracing Carers	45,000	-	(37,267)	-	7,733
Embracing Carers	29,662	-	(23,579)	-	6,083
Eurofins Foundation	-	12,670	-	-	12,670
Fresh Leaf Charitable Foundation	9,871	8,688	(11,157)	-	7,402
Grace Trust	-	750	-	-	750
Greendale Foundation	-	15,000	-	-	15,000
Hemraj Goyal Foundation	3,014	-	(3,014)	-	-
National Lottery Community Fund	1,344	-	(1,344)	-	-
PSC Prop Ltd	-	7,500	(2,500)	-	5,000
Rangoonwala Foundation	4,887	32,148	(24,951)	-	12,084
Scott Bader Commonwealth	-	25,000	(18,010)	-	6,990
Souter Charitable Trust	-	5,000	(5,000)	-	-
Stone King Foundation	500	-	(500)	-	-
The James Tudor Foundation	-	5,000	-	-	5,000
The Light Fund	4,860	-	(4,860)	-	-
Unity Foundation	-	3,915	(1,129)	-	2,786
Risk Pool Fund	-	11,698	(11,698)	-	-
Improve healthcare access for people with mental illness and carers in India Fund	-	9,895	(4,500)	-	5,395
Improve healthcare access for people with mental illness and carers in India Fund	56,768	-	(46,448)	-	10,320
W.F. Southall Trust	-	2,000	(2,000)	-	-
Wyn and Ken Lo Memorial Foundation	-	2,000	(2,000)	-	-
	295,112	368,161	(412,752)	-	250,521

Notes to the accounts continued

Description of restricted income funds

Major Donors fund

An ongoing donation from a single donor is supporting the setting up and operation of a free telephone helpline for carers across Nepal in partnership with Self Help Group Cerebral Palsy.

Angus Lawson Memorial Trust

The Angus Lawson Memorial Trust is funding our Community Caring Centres project which offers children and teenagers with disabilities a chance to engage in therapeutic and educational activities as well as provides mothers the chance to socialise and take some time off from caring. Their first one-year grant has funded the operation of two new Community Caring Centres (CCCs) in Savar sub-district, Bangladesh. Their second three-year grant is funding the continuation of the two community caring centres along with a staff development programme for staff and volunteers at all the CCCs operated in partnership with the charity's Bangladesh partner CDD.

Belacqua Charitable Trust

The Belacqua Charitable Trust supported the running of a Community Caring Centre to provide early intervention, therapeutic and educational activities for children with disabilities in Bangladesh.

Be One Foundation

The grant from the Be One Foundation is contributing to the promotion of livelihoods activities for family carers in Karnataka, south India in collaboration with the charity's partner Margadarshi, which will lead to increased financial security for carers and their families.

British and Foreign Schools Society

The grant from the British and Foreign Schools Society is enabling the charity to work in an urban setting in India for the first time, in partnership with the Shristi Special Academy. Working with 70 disabled children, their siblings and mothers, the project will promote online access to education and therapy for children who are unable to travel to the Academy's centre.

Bryan Guinness Charitable Trust

The charity was in receipt of two grants from the Bryan Guinness Charitable Trust during this financial year. The first contributed to the running of a new Community Caring Centre in Savar sub-district of Dhaka, Bangladesh, in partnership with the Centre for Disability in Development. The second grant contributed to the promotion of livelihoods activities for family carers in Karnataka, south India in collaboration with the charity's partner the Narendra Foundation, which will lead to increased financial security for carers and their families.

CareTech Foundation

The grant from the CareTech Foundation is for a three-year project, also part funded by the Rangoonwala Foundation, being implemented on the outskirts of Dhaka by our partner The Centre for Disability in Development. Working with just over 1,000 carers of disabled children and adults, the project is further expanding the charity's previous work in the area.

CB & HH Taylor 1984 Trust

The grant from the CB & HH Taylor 1984 Trust will contribute to a planned project which will take place in Tamil Nadu, south India and will promote the wellbeing of carers of the elderly.

Nepal Project

The money raised by the charity's festive appeal is supporting a new project with SGCP, its partner in Kathmandu, Nepal, which will train family carers to provide basic health and wellbeing support to other carers.

Commonwealth Foundation

The grant from the Commonwealth Foundation is for a four year project being implemented across four states in India and also at national level in partnership with six of our partner organisations: NBJK, SACRED, SAMUHA, Ekta, SPREAD and WORD. The project, which runs from October 2018 to September 2023 is entitled "Family caregiving and public policy in India" and will create new opportunities for recognition and support of carers of those living with a disability or mental health condition.

COSARAF Foundation

The COSARAF Foundation provided a grant to provide nutritious food and vital emergency medical and therapeutic support to disabled children and family carers during the holy month of Ramadan in collaboration with CDD in Savar sub-district of Dhaka, Bangladesh

Cumber Family Charitable Trust

The grant from the Cumber Family Charitable Trust contributed to the successful running of a Community Caring Centre in Kathmandu, Nepal in collaboration with our partner SGCP.

Daughters of Jesus

The grant from Daughters of Jesus is for promoting the economic inclusion of women carers in India via the promotion of livelihoods and income generation initiatives.

Dhamecha Group

The donation from the Dhamecha Group is contributing to the promotion of livelihoods activities for family carers in Karnataka, south India in collaboration with the charity's partner the Narendra Foundation, which will lead to increased financial security for carers and their families.

Notes to the accounts continued

Description of restricted income funds continued

Eleanor Rathbone Charitable Trust

The Eleanor Rathbone Charitable Trust provided a grant in support of health camps for carers, implemented in partnership with the Centre for Disability in Development in Savar sub-district, Dhaka, Bangladesh.

Embracing Carers 02

A donation from Embracing Carers has been given to support the charity to diversify its income through the development of a training and consultancy offer to corporates and other charities, and specifically to support the personnel costs associated with this development. The charity has been engaged in a process of consultation with potential stakeholders and has completed a business modelling process. This process has now been concluded and the funds will be utilised during the 2023 accounting period. charity's advocacy work in India, specifically to allow them to organise and deliver one state level and one national level workshop to engage stakeholders in discussions about policy relating to carers and to promote state and national level carers forums.

Embracing Carers 03

A further donation from Embracing Carers was given to support the charity's celebration of its 10 year anniversary and to support our work with charity partners in Odisha who are working with people with mental illness and their carers.

Eurofins Foundation

The grant from the Eurofins Foundation is supplementing the charity's health focussed activities which are promoting the physical health of carers in Savar sub-district, on the outskirts of Dhaka, Bangladesh in collaboration with local partner CDD.

Farthing Trust

An income-generation programme to support unpaid family carers of people with mental illness (PWMI) in the Kakinada district of Andhra Pradesh, India.

Fresh Leaf Charitable Foundation

This grant is supporting our partner, Margadarshi, to deliver livelihoods training and equipment to enable 300 unpaid family carers in Karnataka, south India to generate sustainable income. The grant will also enable the establishment of a revolving fund which will benefit future carers.

Grace Trust

The grant from the Grace Trust is contributing to the promotion of livelihoods activities for family carers in Karnataka, south India in collaboration with the charity's partner the Narendra Foundation, which will lead to increased financial security for carers and their families.

Greendale Foundation

The grant from the Greendale Foundation is contributing to a project aimed at promoting the emotional wellbeing and mental health of family carers in rural Nepal, in partnership with local partner TPO Nepal.

Hemraj Goyal Foundation

The one-year grant from the Hemraj Goyal Foundation is to support the charity's work across India with a specific focus on strengthening carers groups, livelihoods initiatives and advocacy efforts.

King Charles III Charitable Fund

The project supports unpaid family carers in the rural and impoverished area of Chamarajanagar, Karnataka, India. The funds are being used to train 10 local staff.

Kirby Laing Foundation

Barefoot counselling service to improve wellbeing of unpaid family carers.

Anonymous donation

The anonymous donation is for the purpose of developing an online data collection system to better streamline the partners' management of data relating to beneficiaries and our reporting of impact.

Notes to the accounts continued

Description of restricted income funds continued

National Lottery Community Fund

The National Lottery Community Fund grant was awarded as part of the Fund's Rebuilding Communities grant programme for Nepal. It was for a three-year project running from November 2016 to October 2019, extended to July 2020, promoting the social, emotional, medical and economic wellbeing of 500 carers, mostly mothers, of children with cerebral palsy and other neurological disorders in the Kathmandu valley, run in partnership with Cerebral Palsy Nepal (SGCP). Due to the COVID19 pandemic the grant period was extended into 2023.

P5C Prop Ltd

The donation from P5C Prop Ltd is contributing to the funding of a feasibility study looking at the charity's potential expansion of its programmes into Pakistan.

Rangoonwala Foundation

The grant from the Rangoonwala Foundation is for a three-year project, also part funded by the CareTech Foundation, being implemented on the outskirts of Dhaka by the charity's partner The Centre for Disability in Development. Working with just over 1,000 carers of disabled children and adults, the project is further expanding our previous work in the area. A second grant from the Foundation during this financial year is contributing to the funding of a feasibility study looking at the charity's potential expansion of its programmes into Pakistan.

Scott Bader Commonwealth

The grant from Scott Bader Commonwealth is supporting a new project in partnership with the charity's local partner BIRDS in south India. This project will train 150 carers to establish enterprises that will generate an income and promote their family's economic inclusion and financial security.

SMB Trust

The SMB Trust provided a grant to support our livelihoods project in partnership with the Narendra Foundation in Tumkur district in Karnataka, India. The 12-month project directly addressed the financial hardship and wellbeing of 75 carers and their families, alongside establishing a sustainable programme that will benefit future carers, leaving a long-term legacy that will positively impact many more lives over the coming years.

Souter Charitable Trust

The grant from the Souter Charitable Trust contributed to the promotion of livelihoods activities for family carers in Karnataka, south India in collaboration with the charity's partner the Narendra Foundation, which will lead to increased financial security for carers and their families.

Stone King Foundation

Stone King Foundation contributed towards the production costs of the Carers Worldwide Impact Report.

The James Tudor Foundation

The grant from the James Tudor Foundation is supporting a new project with SGCP, the charity's partner in Kathmandu, Nepal, which will train family carers to provide basic health and wellbeing support to other carers.

The Light Fund

Light Fund have contributed to a Community Caring Centre in Kathmandu, Nepal to provide early intervention, therapeutic and educational activities for children with Cerebral Palsy and to provide respite to their carers. The grant will also provide a daily meal and provision of transport to the centre for the children attending.

Unity Charitable Fund, a fund of Tides Foundation

The grant from Unity has supported the charity's strategic objectives, specifically in the area of partnership development in south Asia.

Improve Healthcare Access for people with mental illness and carers in India Fund

This grant is supporting a two-year project with new partner The Uma Educational and Technical Society working in a remote district in Andhra Pradesh, India. The project will support 500 people with mental illness and their carers, with a focus on diagnosis and treatment of those with a mental health condition, the emotional wellbeing of carers and increasing household financial security.

Notes to the accounts continued**Analysis of Total Funds**

	Fixed Assets	Debtors	Cash at Bank	Creditors	Total
	£	£	£	£	£
Unrestricted funds	553	1,281	86,197	(2,886)	85,145
CareTech Foundation	-	-	6,916	-	6,916
CB & HH Taylor 1984 Trust	-	-	1,000	-	1,000
COSARAF Charitable Foundation	-	-	700	-	700
COSARAF Charitable Foundation	-	-	507	-	507
Daughters of Jesus	-	10,000	8,326	-	18,326
Farthing Trust	-	-	267	-	267
Fresh Leaf Charitable Foundation	-	-	23,120	-	23,120
Greendale Charitable Foundation	-	-	963	-	963
King Charles Charity	-	-	348	-	348
Kirby Laing Foundation	-	-	2,306	-	2,306
Anonymous donation	-	2,000	8,000	-	10,000
Queens University	-	-	217	-	217
Rangoonwala Foundation	-	5,000	(1,222)	-	3,778
Scott Bader Commonwealth	-	-	2,490	-	2,490
smb001	-	-	2,000	-	2,000
Souter Charitable Trust	-	-	6,000	-	6,000
Improve healthcare access for people with mental illness and carers in India Fund	144	-	(144)	-	-
Balance of Funds at 31st December 2024	697	18,281	147,991	(2,886)	164,083

Comparative 2023

	Fixed Assets	Debtors	Cash at Bank	Creditors	Total
	£	£	£	£	£
Unrestricted funds	987	8,200	89,086	(782)	97,491
Major Donor	-	4,047	(1,547)	-	2,500
Andrews Charitable Trust (COVID19)	299	-	(299)	-	-
Angus Lawson Memorial Trust	-	-	19,925	-	19,925
Be One Foundation	-	-	3,391	-	3,391
Brian Mercer Trust	-	-	540	(540)	-
Bryan Guinness Charitable Trust	-	-	5,000	-	5,000
CareTech Foundation	-	-	848	-	848
CB & HH Taylor 1984 Trust	-	-	1,000	-	1,000
Nepal Project	-	12	51	-	63
Daughters of Jesus	-	20,000	3,090	-	23,090
Embracing Carers	-	-	7,733	-	7,733
Embracing Carers	-	-	6,083	-	6,083
Eurofins Foundation	-	-	12,670	-	12,670
Evan Cornish Foundation	-	19	(19)	-	-
Fresh Leaf Charitable Foundation	-	-	7,402	-	7,402
Grace Trust	-	-	750	-	750
Greendale Charitable Foundation	-	-	15,000	-	15,000
PSC Prop Ltd	-	-	5,000	-	5,000
Rangoonwala Foundation	-	-	12,084	-	12,084
Scott Bader Commonwealth	-	-	6,990	-	6,990
The James Tudor Foundation	-	-	5,000	-	5,000
Unity Foundation	-	-	2,786	-	2,786
Improve healthcare access for people with mental illness and carers in India Fund	219	-	5,176	-	5,395
Improve healthcare access for people with	-	-	10,320	-	10,320
Balance of Funds at 31st December 2023	1,505	32,278	218,060	(1,322)	250,521

Related Party Transactions

Donations from trustees in 2024 were £20,660 (2023: £14,810). There were no other related party transactions in the reporting period.

CARERS WORLDWIDE

England & Wales - Charity number 1150214

Accounts

Carers Worldwide
(a company limited by guarantee)

Financial Statements
for the year ended
31 December 2023

Registered Charity Number 1150214

Registered Company Number (Registered in England and Wales) 08083816

Carers Worldwide

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Carers Worldwide

Charity and Company Information

Registered Office and Principal Address	Carers Worldwide 30 Lodgefield Welwyn Garden City Hertfordshire AL7 1SD
Bankers	CAF Bank Ltd 25 Kings Hill Avenue Kings Hill West Malling Kent ME19 4JQ
Independent Examiner	Karon Cook FCA 1 Therapia Road London SE22 0SF
Registered Charity	1150214
Registered Company	08083816 (England and Wales)

Carers Worldwide

The Report of the Trustee-Directors of Carers Worldwide for the year ending December 2023

Structure, governance and management

Carers Worldwide's governance is described in its Memorandum and Articles of Association. The policy and strategic decisions of Carers Worldwide rest with the Trustee-Directors who meet three times a year to oversee, plan and monitor its activities. The current Board of Trustee-Directors is shown on page 14. Potential candidates for the Board are considered by the existing Trustee-Directors on the basis of how their skills and experience match the organisation's needs. The Board of Trustee-Directors delegates the day to day running of the charity to the Founder and Executive Director, Anil Patil who is responsible for the day to day delivery of the programmes: currently in India, Nepal and Bangladesh, and potentially expanding into Pakistan in the near future; fundraising; financial accountability; marketing; quality assurance; policy and new programmes. The Development Director, Ruth Patil, works closely with the Executive Director to actively support the day to day operations of the charity and implementation of its strategy. The Trustee-Directors approve policies, the strategic plan of Carers Worldwide, annual plan and budget, and financial contracts as set out in the delegated authority. Amongst the Trustee-Directors, responsibility for oversight during the year was assigned as follows: Treasurer and Finance – Dhanya Vamadevan, Vice Chair – Sarah Ridley (stepped down March 2023) and Fundraising – Maria Andrews. The Trustee-Directors meet regularly with Anil Patil and other staff members to ensure strategic objectives are met and statutory and donor compliance is maintained. The Chair of the Trustee-Directors, Jonathan Freeman, oversees the activities of the Trustee-Directors and the Executive Director. He is responsible for conducting the Executive Director's performance management process.

Objectives and activities

Carers Worldwide's objects, as defined in its Memorandum and Articles of Association incorporated 25th May 2012 and amended by special resolution 6th December 2012, are:

To promote the relief of people who require care due to physical or mental ill health, disability, old age, frailty, substance misuse or any other cause, in particular (but without limitation) by:

- 1.1 raising the awareness of carers and the general public as to the needs of and difficulties experienced by individuals as a result of their role as carers;*
- 1.2 relieving financial hardship, sickness and distress among carers; and*
- 1.3 the relief of individuals being cared for by improving the quality of their care and rehabilitation through the provision of training, support and advice to carers.*

"Carer" means an individual of any age who cares for or nurses a relative, friend or partner requiring this help due to physical or mental ill health, disability, old age, frailty, substance misuse or any other cause.

In practice, Carers Worldwide works in partnership with established, well reputed organisations to implement strategies and programmes that will improve the lives of carers and those for whom they care. Carers Worldwide designs and develops programmes, provides specialist advice and training and advises on advocacy and policy issues, as well as providing links to other organisations, sources of knowledge, skills and funds.

Public Benefit

The Trustees of Carers Worldwide consider that the activities undertaken to achieve its charitable objectives through a combination of partnership, advocacy and knowledge sharing provide a public benefit to its direct beneficiaries, namely people who require care due to physical or mental ill health, disability, old age, frailty, substance misuse or any other cause and their carers in the countries in which it operates.

The Trustees confirm that they have complied with the duty in section 17 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission in determining the activities undertaken by the charity.

During the period from January to December 2023, the charity's key achievements included:

- marking a milestone of transforming the lives of 30,000 unpaid family carers along with over 153,000 family members and thereby surpassing the desired outcome of our strategic plan for the period 2020 - 2022
- implementing and reviewing the charity's new strategic plan for the period 2023 – 2025
- continuing to deliver the charity's 10 year vision incorporating its existing partnership working alongside further work on influencing the policy and practice of other stakeholders, most notably local, state and national level government in India, Nepal and Bangladesh.
- planning, sourcing funding for and implementing activities with its expanding base of partner organisations working across five states in India, in Nepal and in Bangladesh
- working in close collaboration with its longest standing partners: SACRED, SAMUHA, NBJK and LEADS Nepal to continue their transition from implementing partners to resource partners
- raising the profile of the needs of carers with state level government authorities in India through continued strengthening of State Level Carer Forums in five states in collaboration with Carers Worldwide India
- establishing national Carers Alliances in Nepal and Bangladesh to promote carer recognition and inclusion amongst government agencies and other NGOs and INGOs
- offering consultancy and advisory support to international charities to enable them to bring the issue of carers into their existing activities
- participating in national and international policy level and advocacy initiatives to raise awareness of the needs of carers globally
- further building the governance of the charity
- further raising the profile of the charity within the UK and internationally, with an increasingly successful digital presence via our new website and increased activity on social media platforms
- continuing to fundraise from Trusts and Foundations, individuals and community groups, and major donors
- holding a successful engagement event at the House of Lords for new and existing supporters of the charity, hosted by Baroness Uddin

Staff and Trustees continued to work according to the charity's operational plan and fundraising strategy, which complement the charity's strategic plan. This suite of documents, along with the charity's vision, mission and strategic goal statements and its core values, communicates clearly to

staff, Trustees, beneficiaries, partners, donors and other key stakeholders our aims and how we will reach them.

Vision

Our vision is a world in which every carer is valued and their needs are met.

Mission

Our mission is to achieve recognition of the role of carers and to transform the lives of carers, their families and their communities.

Strategic Goal

Our strategic goal is to **act as a catalyst** to:

- 1. **Change attitudes and promote support** for carers, their families and communities, empowering them towards better health, wellbeing and economic security
- 2. **Inspire systemic change** in the government, private and third sectors so they recognise and respond to the needs of carers

OUR CORE VALUES



We Challenge

We constantly look for ways to innovate and evolve, and challenge others to do the same.



We Ignite Imaginations

We inspire ambition and bold ideas to tackle the issues facing carers everywhere.



We Amplify Voices

We listen to and value everyone's voice, amplifying the voices of those currently unheard.



We Inspire Change

We empower people and organisations to make lasting changes for carers and their communities.

Strategic Plan

The charity embarked on implementation of its new strategic plan for the period 2023 – 2025, with the following strategic objectives:

1. To increase the reach and impact of the Carers Worldwide model, thereby achieving greater inclusion of family carers in low and middle income countries by:
 - empowering existing partners to mainstream and advocate for carers and to demonstrate the benefits of doing so
 - establishing new partnerships with carefully selected organisations based in low and middle income countries who are well placed to deliver the Carers Worldwide model.
2. To achieve recognition of family carers at governmental and inter-governmental level by:
 - building national and regional alliances that will advocate for long term policy change.
3. To enable national and international NGOs and government agencies to support family carers in their respective spheres of influence by:
 - developing and delivering a high quality, bespoke training service focussing on topics relating to carers and caring.
4. To promote carer friendly workplaces and raise awareness of family carers in the workplace by:
 - developing and delivering a consultancy service to the corporate sector.
5. To inform future policy and practice by:
 - building up a body of evidence on family carers and the interventions that support them in their caring roles

Desired Outcomes

Our desired outcomes are that by the end of 2025:

1. We will have empowered 30 locally led partners based in low and middle income countries to raise **awareness and achieve recognition** of the needs of unpaid family carers in their respective regions and **embedded in local communities the skills required to meet those needs**.
2. We will have improved the lives of **150,000 carers and 450,000 family members** across South Asia and initiated partnerships in sub-Saharan Africa.
3. We will have increased the **range of carer groups** with whom we work, specifically young carers, carers of the elderly, carers of people living with dementia, carers of people with cancer, carers of people with non-communicable diseases.
4. We will have promoted **three national and one regional carers alliances across South Asia** resulting in policy level change for family carers being on the agenda of governmental and inter-governmental agencies across the region.

5. We will have promoted **carer-friendly workplaces** through targeted engagement with the corporate sector.
6. We will have brought about **specific changes in the policies of the state and national governments** where we are working which will promote inclusion and support of family carers.

During 2023, we made significant progress towards the achievement of these desired outcomes.

The Carers Worldwide model remains at the core of the charity's work. The model consists of five core elements:

- **Carers' support groups** - to reduce loneliness and isolation, create social networks and support emotional wellbeing;
- **Health services** - to provide access to physical and mental health services, including locally available counselling services;
- **Respite and short breaks** - to offer a break from caring responsibilities along with the development of alternative high quality care options such as day care centres;
- **Employment, training and education** - to facilitate access to employment, training or education, tailored as appropriate to co-exist with caring responsibilities;
- **Advocacy** - to strengthen the collective voice of carers to advocate for their needs and the provision they require at community, regional and national level, leading to changes in policy and practice.

We continued to strengthen the charity with regard to its statutory obligations and the desire to comply with best practice as set out by the Charity Commission.

Achievements and performance

Carers Worldwide works with local, well-established partner organisations to implement its programmes. During 2023, new partnerships were initiated with WORD in Tamil Nadu, India and with TPO Nepal which operates across Nepal implementing effective mental health strategies. This brought the total number of partnerships to 17.

Total Individuals Benefited: 183,641 across India, Nepal, and Bangladesh

- Carers: 30,566
- Relatives with Disabilities/Mental Health Challenges: 30,811
- Family Members: 122,264

Gender Representation: 86% of supported carers are women, peaking at 97% in some areas

The impact of the Carers Worldwide Model:

- **Community Engagement and Support**
 - 1,165 village-level carer groups formed
 - 86 cluster level committees operating
 - Equivalent of £140,500 saved in group savings accounts
- **Health and Well-being**
 - 97% of carers reported improved health due to physical and mental health support programmes
 - 12,710 carers accessed our health services

- **Employment, Training and Education**
 - 10,281 carers now earning an income due to our training and support
 - 9,220 carers accessing government provided support
 - Equivalent of £373,065 available in revolving funds for livelihoods initiatives
 - 532 young carers have resumed their education
- **Respite and short breaks**
 - 63 community caring centres operating, providing alternative care options
 - 5,170 carers accessing short breaks opportunities
- **Advocacy**
 - Formation of 14 Carers Associations and 4 Carers Cooperatives registered with local authorities
 - 5 State-Level multistakeholder Carers Forums in five Indian states
 - 3 national level Carers Alliances established
 - Carers and family members accessing financial support exceeding the equivalent of £2.23 million from local governments

Training and Capacity Building

- 862 local staff and carers trained in barefoot counselling skills
- 987 health professionals trained to support carers effectively

Programmes – India

During the period, the charity continued working with its existing 12 partners, expanding to include a larger number of carers and individuals receiving care into existing and new projects. The charity began partnering with local NGO WORD, operating in Pudukkottai district in Tamil Nadu.

Carers Worldwide India, which has been operating as an independent Trust in India since December 2018, continued to receive close support from the Executive Director of Carers Worldwide, who also serves as a Trustee on the Carers Worldwide India Board. The charity supports Carers Worldwide India by providing strategic, operational, and fundraising capacity. The Carers Worldwide India team in-country ensures the effective implementation, monitoring, and reporting of projects and programmes. They also provide the necessary on-the-ground presence to enable consistent advocacy at the local and state government levels, aiming to include carers in existing policies and develop carer-supportive policies and practices. The charity continued to offer technical support to Carers Worldwide India and partner organisations in raising funds for work within India. During the period, £4,582 was raised for Carers Worldwide India from individual supporters and training activities, and £95,633 was raised for projects implemented in partnership with Ekta, SPREAD and WORD in Odisha and the Vasantham Federation in Tamil Nadu from one Foundation. This amount was more than double the amount raised in 2022. These funds are raised from Indian donors and are paid directly to Carers Worldwide India. The majority of the funds raised are restricted for specific projects with partner organisations. None of these funds are received by Carers Worldwide in the UK.

Karnataka, Andhra Pradesh and Jharkhand – SAMUHA, SACRED and NBJK

The charity's longest standing partners, SAMUHA, SACRED and NBJK continued to promote the inclusion and wellbeing of carers through carer-specific support systems and mainstreaming carers and their families into local government programmes. All three organisations were active in promoting improved mental health and livelihoods provision to support carers and their families to recover from the impacts of the COVID 19 pandemic. These three organisations continue to be instrumental in the strengthening of the State Level Carers Forums in their respective states. Working closely with the Executive Director and with the support of Carers Worldwide India, these three organisations have continued along the pathway of transitioning from implementing partners to resource partners. They are working closely with the Carers Associations promoted in their project areas to further strengthen their capacity and independence. They have also begun to work alongside Carers Worldwide staff advising other NGOs on carer inclusion and developing carer support services.

Karnataka – Margadarshi, BIRDS, Narendra Foundation, Shristi Special Academy

The charity's work with its three rural partners Margadarshi, Narendra Foundation and BIRDS continued to focus on strengthening carers networks at village, cluster and district levels in order to tackle social isolation, raise awareness of the issues facing carers and promote carer inclusion. Increasing numbers of families gained access to government benefits and schemes, thereby improving their financial stability. Alongside this, there was a focus on promoting livelihoods for carers that can co-exist alongside their caring responsibilities and further promote financial wellbeing. Carers Co-operatives were established in the Margadarshi and BIRDS project areas as a vehicle for local and beneficiary managed financial inclusion of carers. The project with Shristi Special Academy, our first urban partner in India, which was focussed on support to parent carers and sibling carers alongside promoting high quality education for children with a range of physical and learning disabilities came to an end. An independent final evaluation found that 64 out of 68 carers reported their child had learned new skills such as feeding or dressing themselves, meaning they were now less dependent on their carer. At the start of the project, 84.4% of carers felt unable to get the help and information they needed for their caring role. By the end, that number had dramatically reduced to only 5.8%, with 94.2% expressing confidence in finding help and information. Similarly, at the beginning of the project, 75% of carers were not aware of their and their household's rights and entitlements such as government benefits. By the end of the project, the information sharing and peer support provided meant that this figure had reduced to 7.3% with 92.7% of carers aware and confident to access the benefits which are their family's right.

Andhra Pradesh - UETS

Our project in partnership with UETS, which is focused on identifying and treating people with mental health needs alongside supporting the needs of their carers, continued to meet its objectives and directly benefited a total of 540 people living with mental illness and their 540 carers are actively involved in the project. 496 individuals are engaging in regular treatment and their mental health is stabilising. An awareness film made as part of the project won in the Mental Health category of the Big Syn International Film Festival. Carers are receiving counselling to promote their own wellbeing and 52 carers groups are meeting regularly, providing information, advice and peer support.

Odisha – Ekta, SPREAD and WORD

The charity's three partners in Odisha further strengthened their support of people living with mental illness and their carers living in tribal areas and are now working with a total of 6,600 individuals. Initiatives are focused around all elements of the Carers Worldwide model. The funding for this work comes solely from within India.

Tamil Nadu – Vasantham Federation and WORD

The charity's work with the Vasantham Federation, an organization of people with disabilities based in Tiruvallar, continued to promote the mental health and wellbeing of carers and people with mental illness with a focus on access to mental health services, the promotion of peer support and the empowerment of carers to advocate for their needs and the needs of those for whom they care. The charity's newest partner WORD, based in Pudokkattai district started working with 282 carers and their family members who are all living with mental health challenges. The focus has been on training local staff and establishing 20 carers groups for ongoing support and to provide a platform for carers to receive recognition and support.

Programmes – Nepal

During the reporting period, the charity continued to work with two highly experienced local NGOs across urban and rural Nepalese communities, and also initiated a new partnership with TPO Nepal with a view to providing training to local community health volunteers. The Nepal Carers Alliance was established, comprised of local NGOs, practitioners and government representatives.

Kathmandu Valley – Self-Help Group Cerebral Palsy (SGCP)

The charity's partnership with Self-Help Group Cerebral Palsy (SGCP), a local organisation working with individuals affected by cerebral palsy and other neurological disorders, primarily in the Kathmandu Valley continued. The telephone helpline for carers, the first of its kind in South Asia provided information and counselling support to increasing numbers of carers from across the country, signposting them to practical, accessible support through a network of disability organisations co-ordinated by SGCP. The Kathmandu-based Carers Association, set up as part of our previous National Lottery Community Fund funded project continued to receive support in partnership with SGCP to promote its self-management and sustainability. SGCP successfully secured funding from other international donors to continue its work with carers across Nepal.

Baglung and Myagdi districts, Western Region – LEADS Nepal

LEADS Nepal, the charity's partner in the Western region of the country, transitioned from being an implementing partner to resource partner and continued to independently secure funding to continue its work with carers.

Bagmati province, central Nepal – TPO Nepal

The charity initiated a new partnership with TPO Nepal, one of Nepal's leading psychosocial organisations which operates across 27 districts nationwide. The initial focus will be on training local health volunteers to recognise and promote the mental wellbeing of carers and the first joint project will start in 2024.

Programmes – Bangladesh

The charity continued its partnership with the Centre for Disability in Development (CDD), working with carers in the Savar sub-district on the outskirts of Dhaka. The three-year project, funded by the CareTech Foundation and the Rangoonwala Foundation, continued throughout this period, offering emotional support, physical and mental health services, and livelihood opportunities to over 1,000 carers. This initiative also strengthened links with local government and empowered carers to advocate for their own needs, promoting sustainable impact. The Carers Association promoted as part of the project became increasingly active and was included in project planning and review activities. Additional funding from other Trusts and Foundations, along with individual supporters, enabled the establishment and operation of new community caring centres across the project area. These centres provided educational and therapeutic support for children with complex disabilities and offered emotional support and respite for their carers, predominantly mothers. Further funding was also secured to provide additional medical, nutritional, and therapeutic support for carers and disabled children and adults. In collaboration with CDD, the Bangladesh Carers Alliance was established with representation from a range of disability organisations as well as links with stakeholders from the mental health, palliative care and elderly sectors.

Policy work

The charity has remained dedicated to amplifying the voices of carers and promoting their inclusion by focusing on advocacy and campaigning at village, district, state, and national levels in India, Nepal, and Bangladesh. District-level Carers Associations in all three countries are becoming recognised as influential stakeholders locally and are becoming increasingly involved in local programmatic decisions. Carer representatives on these associations are increasingly confident in lobbying local government officials and presenting requests to improve the quality of life for themselves and their families. In India, State Level Carers Forums are increasing in profile. At the national level in each country of operation, the charity is convening a range of stakeholders, including government representatives, national and international NGOs, practitioners and academics. Each country now has an established national Carers Alliance. These alliances aim to elevate the voices of carers from the village level to national decision-makers. In Karnataka state, southern India, the charity's collaboration with Carers Worldwide India and partner organisations has successfully worked with the State Government to increase implementation of a carers allowance. This has now been included in the 2024/2025 state budget for carers of people living with cerebral palsy, muscular dystrophy, Parkinson's disease and multiple sclerosis. This is a significant achievement and the charity will continue to lobby for wider inclusion of a range of disabilities and health conditions. This success is inspiring similar advocacy efforts by partner organisations and carers in other states.

The charity continues to collect data on the demographics, wellbeing, and challenges of carers involved in its programmes, as well as the effectiveness of support systems implemented through its partnerships with local NGOs. This data is used to advocate for the inclusion of carers in mainstream development programs and to establish carer-specific support systems.

Networking

The charity continued to raise its profile and spread awareness of the importance of working with carers in low and middle-income countries among various charities, organisations, and funders both in the UK and internationally. Promotion efforts, especially focusing on carer stories and project activities, were carried out through the website and social media channels, leading to increased attention from individuals and others working in the various sectors that the charity spans. The webinar series that was started as part of the charity's 10th anniversary celebrations in 2022 continued and reached a wide global audience, successfully attracting further interest in carers living in low and middle-income countries. The Executive Director and Development Director represented the charity at national and international conferences and webinars, targeting the international development sector and organisations working in disability, aging, mental health and young carers. These efforts consistently raised awareness of the needs of family carers in low and middle-income countries, inspiring new audiences to take practical steps toward carer inclusion.

Financial Review

The statement of financial activities shows an income of £368,161 and expenditure of £412,752 during the period.

The charity implemented its fundraising strategy, continuing to focus on diversifying its income streams to mitigate against the continued impact of aid cuts, changing funder priorities and unstable markets on the funding available for charities across the sector. Fundraising from Trusts and Foundations continued to be the main area of income with funding secured from thirteen new Trusts and Foundations and repeat funding secured from thirteen previous donors. These were primarily restricted funds for specific projects across the three countries of operation and were for both multiyear and single year projects. The charity continued to focus efforts on attracting donations from individual supporters and the number of regular donors increased. It also ran another successful match funded festive campaign which successfully combined grants from Trusts and donations from individuals. The fundraising strategy for the year included a focus on continuing to build engagement with major donors and corporates.

The charity extends thanks and appreciation to all its supporters for their belief in its work and for their commitment to improving the lives of carers and their families.

The income for the period was spent on charitable activities and enabled the activities outlined earlier in the report to be conducted.

Reserves and reserves policy

The Trustee-Directors reviewed the charity's reserves policy during the year and continues to aim to retain unrestricted reserves of £40,000 or 3 months operating costs (whichever is the largest) to ensure the charity can continue its operations in the short term while seeking further funding as necessary. During this period, funds remained above the reserves level at all times. The level of reserves is presented to the Trustee-Directors at each Board meeting and the reserves policy is formally reviewed annually by the Board. The end of year balance of the free unrestricted reserves, over and above the £40K reserve policy, of £95,986 will be spent during 2024 to cover human resources, administration and charitable activities.

Risk Management

The Trustee-Directors have reviewed the risks to which a small charity operating overseas with limited funding and five or less employees is exposed. The additional risks presented by the continuation of the sector's funding crisis were reviewed on an ongoing basis and appropriate mitigating actions put in place. Financial management reports are used to identify and monitor financial risks monthly. The careful use of consultants and the experience and expertise of the Trustee-Directors are judged to mitigate the risk of having a small number of paid staff members, and this is reviewed regularly. A Risk Register is maintained which is approved by the Trustee-Directors, with specific areas of monitoring oversight assigned to named Trustee-Directors and staff members. This is discussed at each Board meeting and reviewed in full annually.

Safeguarding

Carers Worldwide is committed to ensuring the safety and wellbeing of everyone with whom it works, including carers, the individuals for whom they care and their families, as well as of the partner staff with whom we work and our own staff, trustees and volunteers. The Trustees review the charity's suite of safeguarding policies and procedures, including its code of conduct annually, and pay close attention to latest guidance from the FCDO and sector bodies.

Directors of the company during the year to 31st December 2023 were

Maria Andrews

Jonathan Freeman

Nicole Hunter (appointed 17th March 2023)

Alastair Page (stepped down 13th July 2023)

Maveen Pereira

Pramod Prabhakaran (appointed 17th March 2023)

Ruwaida Randeree (appointed 17th March 2023)

Sarah Ridley (stepped down 17th March 2023)

Jehangir Suterwalla (appointed 17th March 2023)

Dhanya Vamadevan

Dionne Williams (stepped down 15th March 2024)

Ian Yates

All currently serving directors were also in place at the date when the directors' report and accounts were approved.

All directors are also trustees.

Company Secretary

Ruth Patil

Executive Director

Anil Patil

Statement of Directors' Responsibilities

The Charities Acts and the Companies Acts require the Board of Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity as at the end of the financial year and of the surplus or deficit of the charity.

In preparing those financial statements the Board is required to:-

- select suitable accounting policies and then apply them consistently
- make judgements and estimates that are reasonable and prudent
- state whether applicable accounting standards and statements of recommended practice have been followed subject to any departure disclosed and explained in the financial statements
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue to operate.

The trustees are also responsible for maintaining adequate accounting records which disclose with reasonable accuracy at any time the financial position of the charity and which are sufficient to show and explain the charity's transactions and enable them to ensure that the financial statements comply with regulations made under the Charities Act.

They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are also responsible for the contents of the trustees' report, and the responsibility of the independent examiner in relation to the trustees' report is limited to examining the report and ensuring that, on the face of the report, there are no inconsistencies with the figures disclosed in the financial statements.

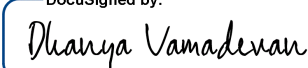
The trustees are responsible for the maintenance and integrity of the charity and financial information included on the charity's website.

Method of preparation of accounts

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

This report was approved by the board of directors on: 12/08/2024

Director

DocuSigned by:

 Name 2CB35705729F470...
 Dhanya Vamadevan

Carers Worldwide

Independent Examiner's Report to the directors of Carers Worldwide (a company limited by guarantee)

I report on the financial statements of the company for the period ended 31 December 2023 as set out on pages 17 to 28. This report is made solely to the charity's trustees, as a body, in accordance with Section 145 of the Charities Act 2011. My work has been undertaken so that I might state to the charity's trustees those matters I am required to state to them in this report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the charity and the charity's trustees as a body, for my work, for this report, or for the opinions I have formed.

Respective responsibilities of trustees and examiner

The charity's trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of financial statements. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the '2011 Act') and that an independent examination is needed.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the financial statements under section 145 of the 2011 Act
- to follow the procedures laid down in the General Directions given by the Charity Commission under section 145(5) of the 2011 Act; and
- to state where particular matters have come to my attention

Basis of the independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the financial statements presented with those records. It also includes consideration of any unusual items or disclosures in the financial statements and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the financial statements present a 'true and fair view' and the report is limited to those matters set out in the statements below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- a) Which gives me reasonable cause to believe that in any material respect the requirements:
- to keep accounting records in accordance with section 386 of the Companies Act 2006; and
 - to prepare financial statements which accord with the accounting records and to comply with the accounting requirements of the section 396 of the Companies Act 2006 and with
 - the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities have not been met; or
- b) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the financial statements to be reached.

DocuSigned by:
Karon Cook
726EFF50E30D45B...

Karon Cook FCA
Infinity Accountants Ltd
1 Therapia Road
London, SE22 0SF

Date: 14/08/2024

Statement of Financial Activities (including Income and Expenditure Account)

For the year ended 31 December 2023

Carers Worldwide

	Notes	Unrestricted Funds 31st Dec 2023 £	Restricted Funds 31st Dec 2023 £	Total Funds 31st Dec 2023 £	Unrestricted Funds 31st Dec 2022 £	Restricted Funds 31st Dec 2022 £	Total Funds 31st Dec 2022 £
Income and Endowments from:							
Donations and legacies	4	64,584	4,110	68,694	40,155	3,794	43,949
Charitable Activities	5	20,417	275,706	296,123	-	280,425	280,425
Other	6	3,344	-	3,344	649	-	649
Total		88,345	279,816	368,161	40,804	284,219	325,023
Expenditure on:							
Raising Funds	7	6,534	45	6,579	5,687	989	6,676
Charitable Activities	8	92,862	313,311	406,173	48,377	351,573	399,950
Total		99,396	313,356	412,752	54,064	352,562	406,626
Net income/(expenditure)		(11,051)	(33,540)	(44,591)	(13,260)	(68,343)	(81,603)
Net movement in funds		(11,051)	(33,540)	(44,591)	(13,260)	(68,343)	(81,603)
Reconciliation of funds:							
Total Funds brought forward		108,542	186,570	295,112	121,802	254,913	376,715
Total funds carried forward		97,491	153,030	250,521	108,542	186,570	295,112

The statement of financial activities includes all gains and losses in the year.

All incoming resources and resources expended derive from continuing activities

Balance Sheet

For the year ended 31 December 2023

Carers Worldwide

Company Number 08083816	Notes	2023 £	2023 £	2022 £	2022 £
Fixed Assets					
Tangible Assets	10		1,505		2,018
Total Fixed Assets			<u>1,505</u>		<u>2,018</u>
Current Assets:					
Debtors	11	32,278		60,448	
Cash at bank and in hand		218,060		235,478	
Liabilities					
Creditors: amounts falling due within one year	12	<u>1,322</u>		<u>2,832</u>	
Net current assets			<u>249,016</u>		<u>293,094</u>
Total assets less current liabilities			<u>250,521</u>		<u>295,112</u>
Creditors: amounts falling due after one year			-		-
Net Assets			<u>250,521</u>		<u>295,112</u>
The Funds of the Charity:					
Restricted income Funds	13		153,030		186,570
Unrestricted income funds			97,491		108,542
Total Charity Funds	14		<u>250,521</u>		<u>295,112</u>

The notes form part of these financial statements

The Trustees acknowledge their responsibilities for complying with the requirements of the Companies Act 2006. Under Companies Act 2006, Section 454, on a voluntary basis, the trustees can amend these financial statements if they subsequently prove to be defective.

The Directors of the Company acknowledge their responsibilities for:

- ensuring the company keeps accounting records which comply with Section 386 Companies Act 2006.
- preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of the financial period and of its statement of financial affairs for the period in accordance with the requirements of Sections 394 and 395 Companies Act 2006 and which otherwise complies with the requirements of the Act relating to accounts so far as they are applicable to the company.

For the year ending 31/12/2023 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

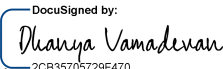
The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibility for complying with the requirements of the Act with respect to accounting records and for the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the Directors and signed on its behalf:

Date: 12/08/2024

Director: 
Name: Dhanya Vamadevan

Notes to the accounts

For the year ended 31 December 2023

Carers Worldwide

Accounting Policies

1. Basis of Preparation of the accounts

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)(effective 1 January 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), the Update Bulletin to the Charities SORP (FRS 102) and the Companies Act 2006.

The Charity constitutes a public benefit entity as defined by FRS 102.

The accounts are presented in pounds Sterling (£) which is the functional currency of the charitable company. Monetary amounts in these accounts are rounded to the nearest whole pound.

The Trustees consider that there are no material uncertainties about the Charity's ability to continue as a going concern.

The charity has taken advantage of the exemption in the Update Bulletin amending the Charities SORP (FRS 102) from the requirement to produce a cash flow statement on the grounds it does not qualify as a large company.

Accounting Convention

The financial statements are prepared on a going concern basis, under historical cost convention.

Income

All incoming resources are included in the Statement of Financial Activities when the Trust is legally entitled to the income, it is probable that the income will be received, and the amount can be quantified with reasonable accuracy.

Expenditure

Costs of raising funds

This comprises costs of raising income for the charity.

Charitable Expenditure

This comprises all expenditure directly relating to the objectives of the charity.

Governance costs

This comprises the costs of running the charity itself as an organisation.

Depreciation Policy

Capital Assets are defined as a unit of property that:

- (1) has an economic useful life that extends beyond 12 months; and
- (2) was acquired for a cost of over £100

Capital Assets are depreciated over 4 years (25% each year).

Debtors

Debtors are recognised at the settlement amount due. Prepayments are valued at the amount prepaid.

Creditors

Creditors and provisions are recognised where there is a present obligation from a past event that will probably result in the transfer of funds to a third party and the amount due can be measured or estimated reliably. They are recognised at the settlement amount due.

Cash

Cash at bank and in hand includes cash and short term highly liquid investments with a maturity of three months or less from the date of acquisition of opening of the deposit or similar account.

Currency of financial statements

The financial statements are prepared in sterling which is the functional currency of the charity.

Taxation

As a registered charity, the company is exempt from income and corporation tax to the extent that its income and gains are applicable to charitable purposes only. Value Added Tax is not recoverable by the company and is therefore included in the relevant costs in the Statement of Financial Activities.

2. Winding up or dissolution of the charity

If upon winding up or dissolution of the charity there remain any assets, after the satisfaction of all debts and liabilities, the assets represented by the accumulated fund shall be transferred to some other charitable body or bodies having similar objectives to the charity.

Notes to the accounts continued**3 Expenses & remuneration paid to Trustees or persons connected with Trustees**

Trustees did not receive any remuneration or expenses in the year 2023 or in 2023.

4 Income from Donations and Legacies

	Year to 31st Dec 2023	Year to 31st Dec 2023	Year to 31st Dec 2023	Year to 31st Dec 2022
	Unrestricted Funds	Restricted Funds	Total	Total
	£	£	£	£
Donations	55,756	50	55,806	37,495
Gift Aid	8,828	4,060	12,888	6,454
Income from Donations and Legacies	64,584	4,110	68,694	43,949

5 Income from Charitable Activities

	Year to 31st Dec 2023	Year to 31st Dec 2023	Year to 31st Dec 2023	Year to 31st Dec 2022
	Unrestricted Funds	Restricted Funds	Total	Total
	£	£	£	£
Grants	20,417	275,706	296,123	280,425
Income from Charitable Activities	20,417	275,706	296,123	280,425

6 Other

	Year to 31st Dec 2023	Year to 31st Dec 2023	Year to 31st Dec 2023	Year to 31st Dec 2022
	Unrestricted Funds	Restricted Funds	Total	Total
	£	£	£	£
Bank deposit interest received	3,344	-	3,344	649
Other Income	3,344	-	3,344	649

7 Expenditure on Raising funds

	Year to 31st Dec 2023	Year to 31st Dec 2023	Year to 31st Dec 2023	Year to 31st Dec 2022
	Unrestricted Funds	Restricted Funds	Total	Total
	£	£	£	£
Fund raising costs	6,534	45	6,579	6,676
Other Income	6,534	45	6,579	6,676

Notes to the accounts continued

8 Expenditure On Charitable activities

a) Grants payable

During the period grants totalling £185,556 (2022 £212,338) were made to the following recipients

	Year to 31st Dec 2023	Year to 31st Dec 2023	Year to 31st Dec 2023	Year to 31st Dec 2022	Year to 31st Dec 2022	Year to 31st Dec 2022
	Unrestricted Funds	Restricted Funds	Total	Unrestricted Funds	Restricted Funds	Total
	£	£	£	£	£	£
Sacred	-	2,435	2,435	-	8,867	8,867
NBJK	-	3,058	3,058	-	4,162	4,162
Samuha	-	-	-	-	-	-
SGCP	-	9,950	9,950	-	18,500	18,500
CDD	-	73,466	73,466	-	70,585	70,585
Carers Worldwide India	-	4,232	4,232	-	12,181	12,181
NIMHANS	-	518	518	-	-	-
Margararshi	-	11,500	11,500	-	20,321	20,321
EKTA	-	2,579	2,579	-	11,275	11,275
SPREAD	-	2,579	2,579	-	13,024	13,024
Leads	-	-	-	5	-	5
WORD	-	-	-	-	5,798	5,798
WORD Pudukottai	-	4,910	4,910	-	-	-
Narendra Foundation	-	5,966	5,966	-	5,940	5,940
BIRDS	-	16,000	16,000	-	6,058	6,058
UETS	-	31,657	31,657	-	25,000	25,000
Shristi Special Academy	-	16,706	16,706	-	10,622	10,622
Total institutional grants	-	185,556	185,556	5	212,333	212,338
Total grants to individuals	-	-	-	-	-	-
Total grants paid	-	185,556	185,556	5	212,333	212,338

b) Activities undertaken directly

	Year to 31st Dec 2023	Year to 31st Dec 2023	Year to 31st Dec 2023	Year to 31st Dec 2022	Year to 31st Dec 2022	Year to 31st Dec 2022
	Unrestricted Funds	Restricted Funds	Total	Unrestricted Funds	Restricted Funds	Total
	£	£	£	£	£	£
Trainings and meetings	1,956	14,474	16,430	-	-	-
Studies	5,000	-	5,000	-	2,240	2,240
Research Report	-	675	675	-	13,339	13,339
Annual Monitoring	-	-	-	-	7,602	7,602
Project evaluation	-	1,176	1,176	-	1,656	1,656
Total Activities undertaken directly	6,956	16,325	23,281	-	24,837	24,837

c) Other Charitable Activities costs

	Year to 31st Dec 2023	Year to 31st Dec 2023	Year to 31st Dec 2023	Year to 31st Dec 2022	Year to 31st Dec 2022	Year to 31st Dec 2022
	Unrestricted Funds	Restricted Funds	Total	Unrestricted Funds	Restricted Funds	Total
	£	£	£	£	£	£
Salaries, Employers NI and pension	58,457	58,114	116,571	21,040	68,742	89,782
Overseas Associates	1,350	6,621	7,971	675	27,136	27,811
Depreciation	1,000	75	1,075	1,095	6	1,101
Travel and subsistence	2,120	2,095	4,215	3,539	4,863	8,402
Postage	91	40	131	95	52	147
Stationery	392	264	656	232	335	567
Telephone	50	33	83	30	30	60
IT & Website	10,866	177	11,043	3,026	-	3,026
Other	4,917	2,192	7,109	2,464	1,126	3,590
Recruitment costs	605	6,000	6,605	704	-	704
Consultancy costs	4,331	35,819	40,150	7,525	8,068	15,593
Subscriptions	406	-	406	672	-	672
Publicity	-	-	-	156	3,962	4,118
Website	-	-	-	5,713	83	5,796
Total Support costs	84,585	111,430	196,015	46,966	114,403	161,369
Independent examiner fee	1,260	-	1,260	1,170	-	1,170
Trustee meeting expenses	-	-	-	236	-	236
Trustee recruitment	61	-	61	-	-	-
Total Governance costs	1,321	-	1,321	1,406	-	1,406
Total Expenditure on charitable Activities	92,862	313,311	406,173	48,377	351,573	399,950

Charitable activity expenditure is allocated to restricted income funds according to the actual expenditure incurred on each project except for salaries where it is apportioned according to time spent on each project

Notes to the accounts continued**9 Staff costs and emoluments**

	Year to 31st Dec 2023	Year to 31st Dec 2022
	£	£
Gross salaries	107,359	83,202
Employer National Insurance contributions	3,136	1,610
Employer's pension contributions	6,076	4,970
	<u>116,571</u>	<u>89,782</u>

Numbers of full time employees or full time equivalents

	Year to 31st Dec 2023	Year to 31st Dec 2022
Engaged in management and administration	5	5
	<u>5</u>	<u>5</u>

In 2023, key management personnel received total compensation of £45,259 (2022:£48,671)

No employee received remuneration above £60,000 in 2023 or 2022

1 volunteer was used by the charity during 2023 (2022:4)

10 Tangible fixed assets

	Year to 31st Dec 2023	Year to 31st Dec 2022
	Office Equipment	Office Equipment
Cost	£	£
Brought forward at 1 Jan	6,806	5,788
Additions	563	1,018
carried forward at 31 Dec	<u>7,369</u>	<u>6,806</u>
Depreciation		
Brought forward at 1 Jan	4,788	3,687
Charge in the year	1,076	1,101
Carried forward at 31 Dec	<u>5,864</u>	<u>4,788</u>
Net book value at 31 Dec	<u>1,505</u>	<u>2,018</u>

11 Debtors

	Year to 31st Dec 2023	Year to 31st Dec 2022
	£	£
Gift Aid recoverable	11,763	530
Accrued income	20,000	59,300
Staff expenses	515	618
	<u>32,278</u>	<u>60,448</u>

12 Creditors: amounts falling due within one year

	Year to 31st Dec 2023	Year to 31st Dec 2022
	£	£
Accrued Expenses	1,322	2,832
	<u>1,322</u>	<u>2,832</u>

Notes to the accounts continued

13	Reconciliation of Funds	Balance c/f at 31 December 2022	Income	Expenditure	Transfer of funds	Balance c/f at 31 December 2023
	Unrestricted funds	108,542	88,345	(99,396)	-	97,491
	Major Donor	-	20,233	(17,733)	-	2,500
	Angus Lawson Memorial Trust	-	19,925	-	-	19,925
	Be One Foundation	-	3,768	(377)	-	3,391
	British and Foreign Schools Society	10,781	11,093	(21,874)	-	-
	Bryan Guinness Charitable Trust	-	5,000	-	-	5,000
	Bryan Guinness Charitable Trust	4,000	-	(4,000)	-	-
	CareTech Foundation	7,545	44,887	(51,584)	-	848
	CB & HH Taylor 1984 Trust	-	1,000	-	-	1,000
	Nepal Project	-	63	-	-	63
	Commonwealth Foundation Grant 2	5,588	(4,319)	(1,269)	-	-
	COSARAF Charitable Foundation	-	4,902	(4,902)	-	-
	COSARAF Charitable Foundation	1,750	-	(1,750)	-	-
	Cumber Family Trust	-	1,000	(1,000)	-	-
	Daughters of Jesus	-	30,000	(6,910)	-	23,090
	Dhamecha Group	-	1,000	(1,000)	-	-
	Eleanor Rathbone Charitable Trust	1,000	-	(1,000)	-	-
	Embracing Carers 02	45,000	-	(37,267)	-	7,733
	Embracing Carers 03	29,662	-	(23,579)	-	6,083
	Eurofins Foundation	-	12,670	-	-	12,670
	Fresh Leaf Charitable Foundation	9,871	8,688	(11,157)	-	7,402
	Grace Trust	-	750	-	-	750
	Greendale Charitable Foundation	-	15,000	-	-	15,000
	Hemraj Goyal Foundation	3,014	-	(3,014)	-	-
	National Lottery Community Fund	1,344	-	(1,344)	-	-
	P5C Prop Ltd	-	7,500	(2,500)	-	5,000
	Rangoonwala Foundation	4,887	32,148	(24,951)	-	12,084
	Scott Bader Commonwealth	-	25,000	(18,010)	-	6,990
	Souter Charitable Trust	-	5,000	(5,000)	-	-
	Stone King Foundation	500	-	(500)	-	-
	The James Tudor Foundation	-	5,000	-	-	5,000
	The Light Fund	4,860	-	(4,860)	-	-
	Unity Foundation	-	3,915	(1,129)	-	2,786
	Risk Pool Fund	-	11,698	(11,698)	-	-
	Improve healthcare access for people with mental illness and carers in India Fund	-	9,895	(4,500)	-	5,395
	Improve healthcare access for people with mental illness and carers in India Fund	56,768	-	(46,448)	-	10,320
	W.F. Southall Trust	-	2,000	(2,000)	-	-
	Wyn and Ken Lo Memorial Foundation	-	2,000	(2,000)	-	-
		295,112	368,161	(412,752)	-	250,521

Notes to the accounts continued

2022	Balance c/f at 31 December 2021	Income	Expenditure	Transfer of funds	Balance c/f at 31 December 2022
	£	£	£		£
Allan and Nesta Ferguson	4,914	-	4,914	-	-
Major Donor	14,849	18,968	33,817	-	-
Andrews Charitable Trust (COVID19)	20,000	-	20,000	-	-
Angus Lawson Memorial Trust	-	13,468	13,468	-	-
British and Foreign Schools Society	3,936	23,548	16,703	-	10,781
Brian Mercer Trust	6,519	-	6,519	-	-
Bryan Guinness Charitable Trust	-	4,000	-	-	4,000
CareTech Foundation	8,510	41,025	41,990	-	7,545
Christadelphian Samaritan Fund	-	400	400	-	-
Commonwealth Foundation Grant 2	46,710	-	41,122	-	5,588
COSARAF Charitable Foundation	-	4,699	4,699	-	-
COSARAF Charitable Foundation	-	1,750	-	-	1,750
Emergency Appeal Covid 19	4,953	-	4,953	-	-
Eleanor Rathbone Charitable Trust	-	1,000	-	-	1,000
Embracing Carers	16,745	-	16,745	-	-
Embracing Carers	45,000	-	-	-	45,000
Embracing Carers	-	52,300	22,638	-	29,662
Fresh Leaf Charitable Foundation	-	19,877	10,006	-	9,871
Gilchrist Educational Trust	-	1,000	1,000	-	-
Hemraj Goyal Foundation	15,000	-	11,986	-	3,014
The Light Fund	-	4,860	-	-	4,860
National Lottery Community Fund	4,500	-	3,156	-	1,344
Open Gate Trust	-	1,000	1,000	-	-
Rangoonwala Foundation	20,699	15,667	31,479	-	4,887
Souter Charitable Trust	-	4,500	4,500	-	-
St James Place	-	9,984	9,984	-	-
Stone King Foundation	-	500	-	-	500
Improve healthcare access for people with mental illness and carers in India Fund	41,078	63,673	47,983	-	56,768
Wyn Ken Lo Memorial Fund	1,500	2,000	3,500	-	-
	254,913	284,219	352,562	-	186,570

Notes to the accounts continued

Description of restricted income funds

Allan and Nesta Ferguson Charitable Trust

The grant from the Allan and Nesta Ferguson Charitable Trust was awarded to fund the set up and operation for one year of a new community caring centre in Savar sub-district of Dhaka, Bangladesh in partnership with the Centre for Disability in Development.

Major Donors fund

An ongoing donation from a single donor is supporting the setting up and operation of a free telephone helpline for carers across Nepal in partnership with Self Help Group Cerebral Palsy.

Andrews Charitable Trust

The Andrews Charitable Trust provided funding to support the charity's post COVID19 recovery work.

Angus Lawson Memorial Trust

The Angus Lawson Charitable Trust is funding our Community Caring Centres project which offers children and teenagers with disabilities a chance to engage in therapeutic and educational activities as well as provides mothers the chance to socialise and take some time off from caring. Their first one-year grant has funded the operation of two new Community Caring Centres (CCCs) in Savar sub-district, Bangladesh. Their second three-year grant is funding the continuation of the two community caring centres along with a staff development programme for staff and volunteers at all the CCCs operated in partnership with the charity's Bangladesh partner CDD.

Be One Foundation

The grant from the Be One Foundation is contributing to the promotion of livelihoods activities for family carers in Karnataka, south India in collaboration with the charity's partner Margadarshi, which will lead to increased financial security for carers and their families.

British and Foreign Schools Society

The grant from the British and Foreign Schools Society is enabling the charity to work in an urban setting in India for the first time, in partnership with the Shristi Special Academy. Working with 70 disabled children, their siblings and mothers, the project will promote online access to education and therapy for children who are unable to travel to the Academy's centre.

Brian Mercer Trust

The grant from the Brian Mercer Trust has part funded a one-year project working with 1,850 people with mental illness and epilepsy and carers in Koraput district, Odisha, India in collaboration with two of our partners Ekta and SPREAD.

Bryan Guinness Charitable Trust

The charity was in receipt of two grants from the Bryan Guinness Charitable Trust during this financial year. The first contributed to the running of a new Community Caring Centre in Savar sub-district of Dhaka, Bangladesh, in partnership with the Centre for Disability in Development. The second grant contributed to the promotion of livelihoods activities for family carers in Karnataka, south India in collaboration with the charity's partner the Narendra Foundation, which will lead to increased financial security for carers and their families.

CareTech Foundation

The grant from the CareTech Foundation is for a three-year project, also part funded by the Rangoonwala Foundation, being implemented on the outskirts of Dhaka by our partner The Centre for Disability in Development. Working with just over 1,000 carers of disabled children and adults, the project is further expanding the charity's previous work in the area.

CB & HH Taylor 1984 Trust

The grant from the CB & HH Taylor 1984 Trust will contribute to a planned project which will take place in Tamil Nadu, south India and will promote the wellbeing of carers of the elderly.

Nepal Project

The money raised by the charity's festive appeal is supporting a new project with SGCP, its partner in Kathmandu, Nepal, which will train family carers to provide basic health and wellbeing support to other carers.

Christadelphian Samaritan Fund

Christadelphian Samaritan Fund is supporting impoverished carers of people with disabilities and long-term illness in Karnataka – one of India's least developed states, in partnership with our charity partner Margadarshi. By implementing a sustainable income-generation programme, our project is improving living conditions, health, and wellbeing of 300 carers who are struggling mentally, physically and financially.

Commonwealth Foundation

The grant from the Commonwealth Foundation is for a four year project being implemented across four states in India and also at national level in partnership with six of our partner organisations: NBJK, SACRED, SAMUHA, Ekta, SPREAD and WORD. The project, which runs from October 2018 to September 2023 is entitled "Family caregiving and public policy in India" and will create new opportunities for recognition and support of carers of those living with a disability or mental health condition.

Notes to the accounts continued

COSARAF Foundation

The COSARAF Foundation provided a grant to provide nutritious food and vital emergency medical and therapeutic support to disabled children and family carers during the holy month of Ramadan in collaboration with CDD in Savar sub-district of Dhaka, Bangladesh

Cumber Family Charitable Trust

The grant from the Cumber Family Charitable Trust contributed to the successful running of a Community Caring Centre in Kathmandu, Nepal in collaboration with our partner SGCP.

Daughters of Jesus

The grant from Daughters of Jesus is for promoting the economic inclusion of women carers in India via the promotion of livelihoods and income generation initiatives.

Dhamecha Group

The donation from the Dhamecha Group is contributing to the promotion of livelihoods activities for family carers in Karnataka, south India in collaboration with the charity's partner the Narendra Foundation, which will lead to increased financial security for carers and their families.

Eleanor Rathbone Charitable Trust

The Eleanor Rathbone Charitable Trust provided a grant in support of health camps for carers, implemented in partnership with the Centre for Disability in Development in Savar sub-district, Dhaka, Bangladesh.

Embracing Carers 02

A donation from Embracing Carers has been given to support the charity to diversify its income through the development of a training and consultancy offer to corporates and other charities, and specifically to support the personnel costs associated with this development. The charity has been engaged in a process of consultation with potential stakeholders and has completed a business modelling process. This process has now been concluded and the funds will be utilised during the 2023 accounting period. charity's advocacy work in India, specifically to allow them to organise and deliver one state level and one national level workshop to engage stakeholders in discussions about policy relating to carers and to promote state and national level carers forums.

Embracing Carers 03

A further donation from Embracing Carers was given to support the charity's celebration of its 10 year anniversary and to support our work with charity partners in Odisha who are working with people with mental illness and their carers.

Eurofins Foundation

The grant from the Eurofins Foundation is supplementing the charity's health focussed activities which are promoting the physical health of carers in Savar sub-district, on the outskirts of Dhaka, Bangladesh in collaboration with local partner CDD.

Fresh Leaf Charitable Foundation

This grant is supporting our partner, Margadarshi, to deliver livelihoods training and equipment to enable 300 unpaid family carers in Karnataka, south India to generate sustainable income. The grant will also enable the establishment of a revolving fund which will benefit future carers.

Grace Trust

The grant from the Grace Trust is contributing to the promotion of livelihoods activities for family carers in Karnataka, south India in collaboration with the charity's partner the Narendra Foundation, which will lead to increased financial security for carers and their families.

Greendale Charitable Foundation

The grant from the Greendale Charitable Foundation is contributing to a project aimed at promoting the emotional wellbeing and mental health of family carers in rural Nepal, in partnership with local partner TPO Nepal.

Gilchrist Educational Trust

Gilchrist Educational Trust contributed to our project with Shristi Special Academy (SSA) to deliver effective and engaging online learning for children with disabilities in Bangalore, India.

Hemraj Goyal Foundation

The one-year grant from the Hemraj Goyal Foundation is to support the charity's work across India with a specific focus on strengthening carers groups, livelihoods initiatives and advocacy efforts.

National Lottery Community Fund

The National Lottery Community Fund grant was awarded as part of the Fund's Rebuilding Communities grant programme for Nepal. It was for a three-year project running from November 2016 to October 2019, extended to July 2020, promoting the social, emotional, medical and economic wellbeing of 500 carers, mostly mothers, of children with cerebral palsy and other neurological disorders in the Kathmandu valley, run in partnership with Cerebral Palsy Nepal (SGCP). Due to the COVID19 pandemic the grant period was extended into 2023.

Notes to the accounts continued

Open Gate Trust

The Open Gate Trust grant has supported carers to identify suitable sustainable livelihoods that co-exist alongside their caring responsibilities and has enabled them to set up livelihood activities. This work was carried out in partnership with our local partner Margadarshi.

P5C Prop Ltd

The donation from P5C Prop Ltd is contributing to the funding of a feasibility study looking at the charity's potential expansion of its programmes into Pakistan.

Rangoonwala Foundation

The grant from the Rangoonwala Foundation is for a three-year project, also part funded by the CareTech Foundation, being implemented on the outskirts of Dhaka by the charity's partner The Centre for Disability in Development. Working with just over 1,000 carers of disabled children and adults, the project is further expanding our previous work in the area. A second grant from the Foundation during this financial year is contributing to the funding of a feasibility study looking at the charity's potential expansion of its programmes into Pakistan.

Scott Bader Commonwealth

The grant from Scott Bader Commonwealth is supporting a new project in partnership with the charity's local partner BIRDS in south India. This project will train 150 carers to establish enterprises that will generate an income and promote their family's economic inclusion and financial security.

Souter Charitable Trust

The grant from the Souter Charitable Trust contributed to the promotion of livelihoods activities for family carers in Karnataka, south India in collaboration with the charity's partner the Narendra Foundation, which will lead to increased financial security for carers and their families.

St. James Place

The grant from St James Place is supporting 500 people with mental illness and their 500 carers through the development of support groups and the improvement of local mental health services. The project, in partnership with our partner WORD, is taking place in Koraput district in the eastern state of Odisha, India.

Stone King Foundation

Stone King Foundation contributed towards the production costs of the Carers Worldwide Impact Report.

The James Tudor Foundation

The grant from the James Tudor Foundation is supporting a new project with SGCP, the charity's partner in Kathmandu, Nepal, which will train family carers to provide basic health and wellbeing support to other carers.

The Light Fund

Light Fund have contributed to a Community Caring Centre in Kathmandu, Nepal to provide early intervention, therapeutic and educational activities for children with Cerebral Palsy and to provide respite to their carers. The grant will also provide a daily meal and provision of transport to the centre for the children attending.

Unity Charitable Fund, a fund of Tides Foundation

The grant from Unity has supported the charity's strategic objectives, specifically in the area of partnership development in south Asia.

Improve Healthcare Access for people with mental illness and carers in India Fund

This grant is supporting a two-year project with new partner The Uma Educational and Technical Society working in a remote district in Andhra Pradesh, India. The project will support 500 people with mental illness and their carers, with a focus on diagnosis and treatment of those with a mental health condition, the emotional wellbeing of carers and increasing household financial security.

W.F. Southall Trust

The grant from the W.F. Southall Trust is contributing to the promotion of livelihoods activities for family carers in Karnataka, south India in collaboration with the charity's partner Margadarshi, which will lead to increased financial security for carers and their families.

Wyn and Ken Lo Memorial Foundation

The grant from the Wyn and Ken Lo Memorial Foundation supported the pursuance of the charity's strategic objectives in particular the ongoing development of its partnerships in south Asia.

Notes to the accounts continued**14 Analysis of Total Funds**

	Fixed Assets	Debtors	Cash at Bank	Creditors	Total
	£	£	£	£	£
Unrestricted funds	987	8,200	89,086	(782)	97,491
Major Donor	-	4,047	(1,547)	-	2,500
Andrews Charitable Trust (COVID19)	299	-	(299)	-	-
Angus Lawson Memorial Trust	-	-	19,925	-	19,925
Be One Foundation	-	-	3,391	-	3,391
Brian Mercer Trust	-	-	540	(540)	-
Bryan Guinness Charitable Trust	-	-	5,000	-	5,000
CareTech Foundation	-	-	848	-	848
CB & HH Taylor 1984 Trust	-	-	1,000	-	1,000
Nepal Project	-	12	51	-	63
Daughters of Jesus	-	20,000	3,090	-	23,090
Embracing Carers	-	-	7,733	-	7,733
Embracing Carers	-	-	6,083	-	6,083
Eurofins Foundation	-	-	12,670	-	12,670
Evan Cornish Foundation	-	19	(19)	-	-
Fresh Leaf Charitable Foundation	-	-	7,402	-	7,402
Grace Trust	-	-	750	-	750
Greendale Charitable Foundation	-	-	15,000	-	15,000
P5C Prop Ltd	-	-	5,000	-	5,000
Rangoonwala Foundation	-	-	12,084	-	12,084
Scott Bader Commonwealth	-	-	6,990	-	6,990
The James Tudor Foundation	-	-	5,000	-	5,000
Unity Foundation	-	-	2,786	-	2,786
Improve healthcare access for people with mental illness and carers in India Fund	219	-	5,176	-	5,395
Improve healthcare access for people with mental illness and carers in India Fund	-	-	10,320	-	10,320
Balance of Funds at 31st December 2023	1,505	32,278	218,060	(1,322)	250,521

2022	Fixed Assets	Debtors	Cash at Bank	Creditors	Total
	£	£	£	£	£
Unrestricted funds	1,170	3,148	107,596	(3,372)	108,542
Andrews Charitable Trust (COVID19)	554	-	(554)	-	-
British and Foreign Schools Society	-	-	10,781	-	10,781
Brian Mercer Trust	-	-	(540)	540	-
Bryan Guinness Charitable Trust	-	-	4,000	-	4,000
CareTech Foundation	-	-	7,545	-	7,545
Commonwealth Foundation Grant 2	-	5,000	588	-	5,588
COSARAF Charitable Foundation	-	-	1,750	-	1,750
Eleanor Rathbone Charitable Trust	-	-	1,000	-	1,000
Embracing Carers	-	-	45,000	-	45,000
Embracing Carers	-	52,300	(22,638)	-	29,662
Fresh Leaf Charitable Foundation	-	-	9,871	-	9,871
Hemraj Goyal Foundation	-	-	3,014	-	3,014
The Light Fund	-	-	4,860	-	4,860
National Lottery Community Fund	-	-	1,344	-	1,344
Rangoonwala Foundation	-	-	4,887	-	4,887
Stone King Foundation	-	-	500	-	500
Improve healthcare access for people with mental illness and carers in India Fund	294	-	56,474	-	56,768
Balance of Funds at 31st December 2023	2,018	60,448	235,478	(2,832)	295,112

15 Related Party Transactions

There were no donations from trustees in 2023 (2022:£17,528). There were no other related party transactions in the reporting period.

CARERS WORLDWIDE

England & Wales - Charity number 1150214

Accounts

Registered Charity Number
1150214

Registered Company Number
(Registered in England and Wales)
08083816

Carers Worldwide
(a company limited by guarantee)

Financial Statements
for the year ended
31 December 2022

Carers Worldwide

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Carers Worldwide

Charity and Company Information

Registered Office and Principal Address	Carers Worldwide 30 Lodgefield Welwyn Garden City Hertfordshire AL7 1SD
Bankers	CAF Bank Ltd 25 Kings Hill Avenue Kings Hill West Malling Kent ME19 4JQ
Independent Examiner	Karon Cook FCA 1 Therapia Road London SE22 0SF
Registered Charity	1150214
Registered Company	08083816 (England and Wales)

Carers Worldwide

The Report of the Trustee-Directors of Carers Worldwide for the year ending December 2022

Structure, governance and management

Carers Worldwide's governance is described in its Memorandum and Articles of Association. The policy and strategic decisions of Carers Worldwide rest with the Trustee-Directors who meet three times a year to oversee, plan and monitor its activities. The current Board of Trustee-Directors is shown on page eight. Potential candidates for the Board are considered by the existing Trustee-Directors on the basis of how their skills and experience match the organisation's needs. The Board of Trustee-Directors delegates the day to day running of the charity to the Founder and Executive Director, Anil Patil who is responsible for the day to day delivery of the programmes: currently in India, Nepal and Bangladesh, and potentially expanding into Pakistan in the near future; fundraising; financial accountability; marketing; quality assurance; policy and new programmes. During the year, the Operations Manager, Ruth Patil, took on the role of Development Director in order to further assist the Executive Director. The Trustee-Directors approve policies, the strategic plan of Carers Worldwide, annual plan and budget, and financial contracts as set out in the delegated authority. Amongst the Trustee-Directors, responsibility for oversight during the year was assigned as follows: Treasurer and Finance – Dhanya Vamadevan, Vice Chair – Sarah Ridley and Fundraising – Maria Andrews. The Trustee-Directors meet regularly with Anil Patil and other staff members to ensure strategic objectives are met and statutory and donor compliance is maintained. The Chair of the Trustee-Directors, Jonathan Freeman, oversees the activities of the Trustee-Directors and the Executive Director. He is responsible for conducting the Executive Director's performance management process.

Objectives and activities

Carers Worldwide's objects, as defined in its Memorandum and Articles of Association incorporated 25th May 2012 and amended by special resolution 6th December 2012, are:

To promote the relief of people who require care due to physical or mental ill health, disability, old age, frailty, substance misuse or any other cause, in particular (but without limitation) by:

- 1.1 raising the awareness of carers and the general public as to the needs of and difficulties experienced by individuals as a result of their role as carers;*
- 1.2 relieving financial hardship, sickness and distress among carers; and*
- 1.3 the relief of individuals being cared for by improving the quality of their care and rehabilitation through the provision of training, support and advice to carers.*

"Carer" means an individual of any age who cares for or nurses a relative, friend or partner requiring this help due to physical or mental ill health, disability, old age, frailty, substance misuse or any other cause.

Report of the Trustees (continued)

In practice, Carers Worldwide works in partnership with established, well reputed organisations to implement strategies and programmes that will improve the lives of carers and those for whom they care. Carers Worldwide designs and develops programmes, provides specialist advice and training and advises on advocacy and policy issues, as well as providing links to other organisations, sources of knowledge, skills and funds.

Public Benefit

The Trustees of Carers Worldwide consider that the activities undertaken to achieve its charitable objectives through a combination of partnership, advocacy and knowledge sharing provide a public benefit to its direct beneficiaries, namely people who require care due to physical or mental ill health, disability, old age, frailty, substance misuse or any other cause and their carers in the countries in which it operates.

The Trustees confirm that they have complied with the duty in section 17 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission in determining the activities undertaken by the charity.

During the period from January to December 2022, the charity's key achievements included:

- implementing and reviewing the charity's strategic plan for the period 2020 – 2022
- developing the strategy for the upcoming period 2023 - 2025
- celebrating its 10th anniversary and using the opportunity to highlight its achievements and involve supporters in its future plans; an important part of this was commissioning MzN International to carry out an independent report of the charity's 10 year impact and calculating its social return on investment, with the resulting demonstration that for every £1 invested in Carers Worldwide, £7.79 of social and material return is generated
- continuing to deliver the charity's 10 year vision incorporating its existing partnership working alongside the development of a training and consultancy strand and further work on influencing the policy and practice of other stakeholders
- supporting partner organisations and carers to focus on recovery from the COVID pandemic, with a particular emphasis on mental health support and promoting economic security
- planning, sourcing funding for and implementing activities with its expanding base of partner organisations working across five states in India: SAMUHA, Margadarshi, Narendra Foundation, BIRDS and Shristi Special Academy in Karnataka; SACRED and UETS in Andhra Pradesh; NBJK in Jharkhand; WORD, SPREAD and Ekta in Odisha; and new partner Vasantham Federation in Tamil Nadu; with two existing partner organisations in two provinces of Nepal: LEADS Nepal in Baglung and Myagdi districts and Self Help Group Cerebral Palsy (SGCP) in the Kathmandu Valley; and with one existing partner organisation in Bangladesh, the Centre for Disability in Development
- working in close collaboration with its longest standing partners: SACRED, SAMUHA, NBJK and LEADS Nepal to promote their transition from implementing partners to resource partners
- raising the profile of the needs of carers with state level government authorities in India through the strengthening of State Level Carer Forums, in collaboration with Carers Worldwide India and initiating a similar process at national level in Nepal and Bangladesh
- raising the profile of family carers by co-ordinating the first Carers Day across India, Nepal and Bangladesh involving carers; those receiving care; partner organisations; local government officials, service providers, NGOs and businesses

Report of the Trustees (continued)

- offering consultancy and advisory support to international charities to enable them to bring the issue of carers into their existing activities
- participating in national and international policy level and advocacy initiatives to raise awareness of the needs of carers globally
- further building the governance of the charity
- further raising the profile of the charity within the UK and internationally, including a focus on promoting its digital presence and reach; as part of this, the charity delivered a successful webinar series “Let’s Talk About Carers....” which attracted a global audience
- continuing to fundraise from Trusts and Foundations, individuals and community groups, with an additional focus on engaging with major donors and corporates

The Executive Director and Trustees continued to work according to the charity’s operational plan and fundraising strategy, which complement the charity’s strategic plan. This suite of documents, along with the charity’s vision, mission and strategic goal statements and its core values, communicates clearly to staff, Trustees, beneficiaries, partners, donors and other key stakeholders our aims and how we will reach them.

Vision

Our vision is a world in which every carer is valued and their needs are met.

Mission

Our mission is to achieve recognition of the role of carers and to transform the lives of carers, their families and their communities.

Strategic Goal

Our strategic goal is to **act as a catalyst** to:

1. **Change attitudes and promote support** for carers, their families and communities, empowering them towards better health, wellbeing and economic security
2. **Inspire systemic change** in the government, private and third sectors so they recognise and respond to the needs of carers

Report of the Trustees (continued)

Core Values

OUR CORE VALUES

			
We Challenge	We Ignite Imaginations	We Amplify Voices	We Inspire Change
We constantly look for ways to innovate and evolve, and challenge others to do the same.	We inspire ambition and bold ideas to tackle the issues facing carers everywhere.	We listen to and value everyone's voice, amplifying the voices of those currently unheard.	We empower people and organisations to make lasting changes for carers and their communities.

Strategic Plan

The charity continued to implement its strategic plan for the period 2020 – 2022, with the following strategic objectives:

- To increase the **reach and impact** of the Carers Worldwide model through **empowering existing partners** to mainstream and advocate for greater carer inclusion and through **establishing new partnerships** with carefully selected organisations across Southern Asia
- To **develop a high quality, bespoke training and consultancy service** focussing on topics relating to carers and caring for use with national and international level NGOs, government agencies and corporates to enable them to support family carers in their respective spheres of influence.
- Through the network of partnerships and communities supported by Carers Worldwide to **build up a body of evidence** on family carers and the interventions that support them in their caring roles in order to inform future policy and practice
- To engage in **policy and advocacy work at regional, national and international levels** in order to achieve recognition and inclusion of carers, and to promote the formation of regional and national level carers' forums, ultimately leading to the voice of carers being heard by policy makers and practitioners at all levels and across sectors

Desired Outcomes

Our desired outcomes were that by the end of 2022:

1. We will increase our visibility and impact, operating as an internationally recognised and respected catalyst for change, working through partners and others to raise awareness and achieve recognition of the needs of unpaid family carers in low and middle income countries and embed the skills required to deal with these needs in local communities.
2. We will have improved the lives of **30,000 carers** and **120,000 family members** across South and South East Asia.
3. We will promote the development of **carer-friendly workplaces** in our countries of operation through targeted engagement with the corporate sector

Report of the Trustees (continued)

4. We will increase the **range of carer groups** with whom we work, specifically young carers, carers of the elderly, carers of people living with dementia, carers of people with cancer, carers of people with non-communicable diseases¹

The Carers Worldwide model remains at the core of the charity's work. The model consists of five core elements:

- **Carers' support groups** - to reduce loneliness and isolation, create social networks and support emotional wellbeing;
- **Health services** - to provide access to physical and mental health services, including locally available counselling services;
- **Respite and short breaks** - to offer a break from caring responsibilities along with the development of alternative high quality care options such as day care centres;
- **Employment, training and education** - to facilitate access to employment, training or education, tailored as appropriate to co-exist with caring responsibilities;
- **Advocacy** - to strengthen the collective voice of carers to advocate for their needs and the provision they require at community, regional and national level, leading to changes in policy and practice.

We continued to strengthen the charity with regard to its statutory obligations and the desire to comply with best practice as set out by the Charity Commission.

Achievements and performance

Carers Worldwide has successfully completed a decade of operation, positively transforming the lives of over 150,000 individuals across India, Nepal, and Bangladesh. Among this number, 29,996 carers, 30,239 relatives living with disabilities or mental health challenges, and 89,998 family members have benefited from our catalytic approach and efforts in working with local, well-established partner organisations. Notably, approximately 84% of the supported carers are women, reaching as high as 97% in some areas.

Over 80% of carers have achieved sustainable livelihoods while fulfilling their caring responsibilities, enabling them to balance work and caring. Additionally, more than 300 young carers have resumed their education, and the establishment of over 30 community caring centres has provided alternative care options. Furthermore, over 400 carers have been trained in barefoot counselling skills and have become frontline resources in the community.

Carers Worldwide's programmes have had a significant impact, with 97% of carers reporting improved health. The organisation has facilitated the formation of over 750 village-level carer groups, which are further organised into cluster-level committees and district-level Carers Associations. Currently, there are 14 Carers Associations and 2 Carers Cooperatives registered with local authorities. State-Level Carers Forums have been successfully established in five Indian states. Carers Worldwide, in collaboration with local partners and other significant stakeholders, is also promoting the formation of National Carers Alliances in India, Nepal and Bangladesh.

Carers and their families have accessed financial support of over £1.3 million, equivalent in local currency, from local governments in India, Nepal, and Bangladesh. Through capacity-building

¹ not an exhaustive list and will depend on need/opportunity

Report of the Trustees (continued)

activities, Carers Worldwide has trained over 2,670 partner staff, carer representatives, and local professionals, equipping them with the necessary skills to effectively support carers.

The charity's projects are implemented via its charity partners in the three countries of operations. Focus has remained on carers caring for relatives with a range of disabilities and mental health needs, though the charity has also engaged in exploratory consultations with organisations working with the elderly and people with long term health conditions. One new Indian partner organisation, the Vasantham Federation, joined the network during this period, increasing the number of partners to 15. Funding was secured to start a multi-year project with the new partner, as well as to continue working with existing partners. Four of the charity's longest standing partners – SACRED, SAMUHA and NBJK in India and LEADS Nepal in Nepal began the process of transitioning from implementing partners to resource partners.

As well as continuing to raise funds from existing donors, funds were secured from a total of six new Trusts and Foundations, one of which funded two projects during the period and two of which may lead to multi-year funding. The charity continued to engage with individual supporters and launched a new fundraising initiative Curry for Carers, as part of which and in collaboration with the Cinnamon Club it held its first major donor event. The charity organised a successful festive campaign combining support from Trusts and Foundations with individual donations. As part of the fundraising strategy, a new post of Corporate and Community Fundraiser was created with the primary purpose of promoting corporate engagement.

Programmes – India

During the period, the charity continued working with its existing 12 partners and expanded its work with them to provide support for a larger number of carers and individuals being cared for.

Carers Worldwide India, which has been operating as an independent Trust in India since December 2018, received close support from the Executive Director of Carers Worldwide, who also serves as a Trustee on the Carers Worldwide India Board. The charity supports Carers Worldwide India by providing strategic, operational, and fundraising capacity. The Carers Worldwide India team in-country ensures the effective implementation, monitoring, and reporting of projects and programmes. They also provide the necessary on-the-ground presence to enable consistent advocacy at the local and state government levels, aiming to include carers in existing policies and develop carer-supportive policies and practices. The charity continued to offer technical support to Carers Worldwide India and partner organisations in raising funds for work within India. During the period, £5,860 was raised for Carers Worldwide India from individual supporters and training activities, and £40,398 was raised for the projects in Odisha and Tamil Nadu from one Foundation. These funds are raised from Indian donors and are paid directly to Carers Worldwide India. The majority of the funds raised are restricted for specific projects with partner organisations. None of these funds are received by Carers Worldwide in the UK.

The project funded by the Commonwealth Foundation and entitled "Family caregiving and public policy in India: creating new opportunities for recognition and support" drew to its conclusion during this period. This project, running from since October 2018 is being implemented in four states of

Report of the Trustees (continued)

India, in partnership with six partners. The key priorities of the project, which is guiding the charity's strategy in India include:

- Implementing services at a local level that directly support carers, and ensuring the services become enshrined in policy at a local and national level
- Designing an engagement approach that is capable of influencing local, state and national level policy that will immediately enrich plans for the charity's work in India. This approach is also now shaping the work further afield in Nepal and Bangladesh and assisting formation of a longer-term South Asia strategy for the charity
- Leveraging the infrastructure and capacity created to date at the village and district levels in order to achieve significant steps towards establishing a robust civil society movement that is able to successfully petition for the recognition of the human rights of Indian carers. This is being done in practice by enhancing the capacity of the Carers Associations and increasing the representation of carers from grass roots level upwards.

The four State Level Carers Forums (SLCFs) established as part of the project in 2019 have remained active and are now enhancing their independence under the guidance of Carers Worldwide. They are also networking collaboratively to exchange knowledge and insights. Each Forum consists of diverse representatives from partner organisations, government agencies, private businesses, academic institutions and network associations.

Karnataka, Andhra Pradesh and Jharkhand – SAMUHA, SACRED and NBJK

The charity's longest standing partners, SAMUHA, SACRED and NBJK continued to promote the inclusion and wellbeing of carers through carer-specific support systems and mainstreaming carers and their families into local government programmes. All three organisations were active in promoting improved mental health and livelihoods provision to support carers and their families to recover from the impacts of the COVID 19 pandemic. These three organisations continue to be instrumental in the strengthening of the State Level Carers Forums in their respective states. Working closely with the Executive Director and with the support of Carers Worldwide India, these three organisations have continued along the pathway of transitioning from implementing partners to resource partners. They are working closely with the Carers Associations promoted in their project areas to further strengthen their capacity and independence. They have also begun to work alongside Carers Worldwide staff advising other NGOs on carer inclusion and developing carer support services.

Karnataka – Margadarshi, BIRDS, Narendra Foundation, Shristi Special Academy

The charity's work with Margadarshi was strengthened through the initiation of a livelihoods programme focussed on training carers and providing loans for them to set up new income generating enterprises. These funds will create a revolving fund within the project area which will be used to provide loans to greater numbers of carers via the local Carers Association. Activities with our two other rural partners in the state, Narendra Foundation and BIRDS, continued with a focus on village level carers groups; the establishment of cluster and district level groups of carers for empowerment and advocacy purposes; and facilitating access to government benefits and schemes for carers and their families. The project with Shristi Special Academy, our first urban partner in India, evolved as schools and communities emerged from the COVID19 pandemic and focussed on

Report of the Trustees (continued)

support to parent carers and sibling carers alongside promoting high quality education for children with a range of physical and learning disabilities.

Andhra Pradesh - UETS

Our project in partnership with UETS, which is focused on identifying and treating people with mental health needs alongside supporting the needs of their carers, continued to meet its objectives. Large scale celebrations of Mental Health Day and Carers Day succeeded in significantly raising awareness of mental health and caring amongst the local community and with government staff and officials.

Odisha – Ekta, SPREAD and WORD

The charity's three partners in Odisha further strengthened their relationship with local government authorities and provided a range of supports for people with mental health needs and their carers, including health and livelihoods interventions alongside the promotion of peer support systems and an active advocacy platform. Ongoing funding, including from within India, allowed the charity to extend its support to more carers and families over a larger project area.

Tamil Nadu – Vasantham Federation

The charity initiated a new partnership with the Vasantham Federation, an organization of people with disabilities based in Tiruvallar, south India, bringing the Carers Worldwide model into its fifth state in the country. Together, the two organisations worked on promoting the mental health and wellbeing of carers and people with mental illness with a focus on access to mental health services, the promotion of peer support and the empowerment of carers to advocate for their needs and the needs of those for whom they care.

Programmes – Nepal

During the reporting period, the charity continued to work with two highly experienced local NGOs across urban and rural Nepalese communities, and also explored opportunities for new partnerships with local and international NGOs operating in the country. Plans were developed for the establishment of the Nepal National Alliance for Carers.

Kathmandu Valley – Self-Help Group Cerebral Palsy (SGCP)

The charity's partnership with Self-Help Group Cerebral Palsy (SGCP), a local organisation working with individuals affected by cerebral palsy and other neurological disorders, primarily in the Kathmandu Valley continued. An external evaluation of the project "Care for Carers: empowering parents of disabled children in Nepal" funded by the National Lottery Community Fund Rebuilding Nepal programme concluded that "there has been significant improvement in carers' overall wellbeing including their personal life, improved relationships, increase finances, improved physical and mental health." It also noted that these gains were proving to be sustainable and were also replicated amongst the wider community of carers, not just those directly involved in the original project. During the period, the two organisations set up an innovative telephone helpline project in order to extend opportunities for accessible support for carers across the country.

Report of the Trustees (continued)

Baglung and Myagdi districts, Western Region – LEADS Nepal

LEADS Nepal, the charity's partner in the Western region of the country, continued to transition from being an implementing partner to resource partner and independently secured funding to continue its work with carers, demonstrating the potential for sustainability of the Carers Worldwide model across the network of partner organisations.

Programmes – Bangladesh

The charity continued its partnership with the Centre for Disability in Development (CDD), working with carers in Savar sub-district on the outskirts of Dhaka. The three year project funded by the CareTech Foundation and the Rangoonwala Foundation continued throughout the period, bringing emotional support, physical and mental health support, and livelihoods opportunities to over 1,000 carers as well as the chance to further strengthen links with local government and empower carers to advocate for their own needs, thus promoting sustainability of impact. Additional funding secured from four Trusts and Foundations and individual supporters enabled the setting up and running of new community caring centres across the project area to provide educational and therapeutic input for children with complex disabilities and emotional support and respite for their carers, mostly mothers. Funding was also secured to provide additional medical, nutritional and therapeutic support for carers and disabled children and adults.

Policy work

The charity has maintained its focus on amplifying the voice of carers and promoting their inclusion by focussing on advocacy and campaigning efforts at village, district, state and national level in all three countries – India, Nepal and Bangladesh - where it operates. District level Carers Associations in the three countries along with the State Level Carers Forums in India are gaining recognition as influential stakeholders at district and state level. The carer representatives sitting on the Carers Associations are increasingly confident at lobbying local government officials, presenting requests that will improve the quality of life of themselves and their families. At national level in the three countries, the charity is bringing together a range of stakeholders including government representatives, national and international NGOs and academics to promote national level alliances which will serve to elevate the voices of carers from village level through to national decision makers. In Karnataka state (south India), campaigning by the charity in collaboration with Carers Worldwide India and partner organisations has secured implementation of the 'caregivers allowance' provided for in the Rights of Persons with Disabilities Act 2016. Partner organisations and carers in other states are now following this example of successful advocacy. Sustained lobbying of the Disability Directorate in Karnataka has secured a commitment by state government to establish 6,500 carers groups across the state, which will see the charity formally collaborating with state authorities for the first time and bringing support to over 70,000 family carers.

The charity continued to gather data on the demographics of carers involved in its programmes, their wellbeing and the issues facing them, as well as the efficacy of the support systems implemented through its partnerships with local NGOs. This data is used to advocate more widely for the need to include carers into mainstream development programmes as well as the need to establish carer-specific support.

Report of the Trustees (continued)

Networking

The charity continued to raise its profile and spread awareness of the relevance of working with carers in low and middle income countries with a range of other charities, organisations and funders, both within the UK and on the international stage. The promotion of the charity, especially focussing on carer stories and project activities continued via the website and social media channels and resulted in an increase in attention from individuals and other organisations. The webinar series which took place as part of the charity's 10th anniversary celebrations proved highly effective in reaching a wider global audience. A successful campaign centred around the Carers Charter which was launched on Carers Day attracted significant engagement with over 5,000 signatories to date. The Executive Director and Development Director represented the charity on the national and international stage, speaking at conferences and taking part in webinars targeting the international development sector and organisations working in the spheres of disability, aging and the elderly, young carers, medical training and corporate engagement, each time raising awareness of the needs of family carers in low and middle income countries and inspiring new audiences to take practical steps towards carer inclusion.

Financial Review

The statement of financial activities shows an income of £325,023 and expenditure of £406,626 during the period.

The charity implemented its fundraising strategy, continuing to focus on diversifying its income streams to mitigate against the continued impact of aid cuts, COVID19 and unstable markets on the funding available for charities across the sector. Fundraising from Trusts and Foundations continued to be an area of strength with funding secured from six new Trusts and Foundations and repeat funding secured from previous donors. These were primarily restricted funds for specific projects across the three countries of operation. During the period, the charity concluded its multiyear funding from the National Lottery Community Fund and the Commonwealth Foundation, which were restricted funds for two large scale programmes in Nepal and India. Grants from other Trusts and Foundations were for multiyear and single year projects. The charity focussed efforts on attracting donations from individual supporters and the number of regular donors increased. It also ran a successful match funded festive campaign which successfully combined grants from Trusts and donations from individuals. The fundraising strategy for the year included a new focus on engaging with major donors and corporates and the foundations were laid for individual strategies in both these areas.

Income decreased slightly in comparison to 2021. Expenditure was higher than in 2021 and higher than the income due to the carryover of restricted reserves from 2021 which were spent during the year. The majority of funds were dispersed to the charity's partner organisations in India, Nepal and Bangladesh to implement programmes which have now impacted the lives of over 150,000 individuals: 29,996 carers, the 30,239 relatives living with a disability or mental ill-health for whom they care and 89,998 family members.

The charity extends thanks and appreciation to all its supporters for their belief in its work and for their commitment to improving the lives of carers and their families.

Report of the Trustees (continued)

The income for the period was spent on charitable activities and enabled the activities outlined earlier in the report to be conducted.

Reserves and reserves policy

The Trustee-Directors reviewed the charity's reserves policy during the year and continues to aim to retain unrestricted reserves of £40,000 or 3 months operating costs (whichever is the largest) to ensure the charity can continue its operations in the short term while seeking further funding as necessary. During this period, funds remained above the reserves level at all times. The level of reserves is presented to the Trustee-Directors at each Board meeting and the reserves policy is formally reviewed annually by the Board. The end of year balance of the free unrestricted reserves, over and above the £40K reserve policy, of £68,542 will be spent during 2023 to cover human resources, administration and charitable activities.

Risk Management

The Trustee-Directors have reviewed the risks to which a small charity operating overseas with limited funding and five or less employees is exposed. The additional risks presented by the continuation of the sector's funding crisis were reviewed on an ongoing basis and appropriate mitigating actions put in place. Financial management reports are used to identify and monitor financial risks monthly. The careful use of consultants and the experience and expertise of the Trustee-Directors are judged to mitigate the risk of having a small number of paid staff members, and this is reviewed regularly. A Risk Register is maintained which is approved by the Trustee-Directors, with specific areas of monitoring oversight assigned to named Trustee-Directors and staff members. This is discussed at each Board meeting and reviewed in full annually.

Safeguarding

Carers Worldwide is committed to ensuring the safety and wellbeing of everyone with whom it works, including carers, the individuals for whom they care and their families, as well as of the partner staff with whom we work and our own staff, trustees and volunteers. The Trustees review the charity's suite of safeguarding policies and procedures, including its code of conduct annually, and pay close attention to latest guidance from the FCDO and sector bodies.

Directors of the company during the year to 31st December 2022 were

Maria Andrews

Jonathan Freeman

Alastair Page

Maveen Pereira

Sarah Ridley

Dhanya Vamadevan

Dionne Williams

Ian Yates

Report of the Trustees (continued)

All currently serving directors were also in place at the date when the directors' report and accounts were approved.

All directors are also trustees.

Company Secretary

Ruth Patil

Executive Director

Anil Patil

Report of the Trustees (continued)

Statement of Directors' Responsibilities

The Charities Acts and the Companies Acts require the Board of Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity as at the end of the financial year and of the surplus or deficit of the charity.

In preparing those financial statements the Board is required to:-

- select suitable accounting policies and then apply them consistently
- make judgements and estimates that are reasonable and prudent
- state whether applicable accounting standards and statements of recommended practice have been followed subject to any departure disclosed and explained in the financial statements
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue to operate.

The trustees are also responsible for maintaining adequate accounting records which disclose with reasonable accuracy at any time the financial position of the charity and which are sufficient to show and explain the charity's transactions and enable them to ensure that the financial statements comply with regulations made under the Charities Act.

They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are also responsible for the contents of the trustees' report, and the responsibility of the independent examiner in relation to the trustees' report is limited to examining the report and ensuring that, on the face of the report, there are no inconsistencies with the figures disclosed in the financial statements.

The trustees are responsible for the maintenance and integrity of the charity and financial information included on the charity's website.

Method of preparation of accounts

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

This report was approved by the board of directors on: 13th July 2023

Director

DocuSigned by:

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Name : Dhanya Vamadevan

Carers Worldwide

Independent Examiner's Report to the directors of Carers Worldwide (a company limited by guarantee)

I report on the financial statements of the company for the period ended 31 December 2022 as set out on pages 18 to 28.

This report is made solely to the charity's trustees, as a body, in accordance with Section 145 of the Charities Act 2011. My work has been undertaken so that I might state to the charity's trustees those matters I am required to state to them in this report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the charity and the charity's trustees as a body, for my work, for this report, or for the opinions I have formed.

Respective responsibilities of trustees and examiner

The charity's trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of financial statements. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the '2011 Act') and that an independent examination is needed.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the financial statements under section 145 of the 2011 Act
- to follow the procedures laid down in the General Directions given by the Charity Commission under section 145(5) of the 2011 Act; and
- to state where particular matters have come to my attention

Basis of the independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the financial statements presented with those records. It also includes consideration of any unusual items or disclosures in the financial statements and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the financial statements present a 'true and fair view' and the report is limited to those matters set out in the statements below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- a) Which gives me reasonable cause to believe that in any material respect the requirements:
 - to keep accounting records in accordance with section 386 of the Companies Act 2006; and
 - to prepare financial statements which accord with the accounting records and to comply with the accounting requirements of the section 396 of the Companies Act 2006 and with
 - the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities have not been met; or
- b) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the financial statements to be reached.

Karon Cook FCA
Infinity Accountants Ltd

DocuSigned by:
Karon Cook
726EFF50E30D45B...

1 Therapia Road
London, SE22 0SF

Date 21/07/2023

Statement of Financial Activities (including Income and Expenditure Account)

For the year ended 31 December 2022

Carers Worldwide

		Unrestricted Funds 31st Dec 2022 £	Restricted Funds 31st Dec 2022 £	Total Funds 31st Dec 2022 £	Unrestricted Funds 31st Dec 2021 £	Restricted Funds 31st Dec 2021 £	Total Funds 31st Dec 2021 £
Notes							
Income and Endowments from:							
Donations and legacies	4	40,155	3,794	43,949	43,105	22,645	65,750
Charitable Activities	5	-	280,425	280,425	-	299,265	299,265
Other	6	649	-	649	249	-	249
Total		40,804	284,219	325,023	43,354	321,910	365,264
Expenditure on:							
Raising Funds	7	5,687	989	6,676	842	-	842
Charitable Activities	8	48,377	351,573	399,950	84,307	194,562	278,869
Total		54,064	352,562	406,626	85,149	194,562	279,711
Net income/(expenditure)		(13,260)	(68,343)	(81,603)	(41,795)	127,348	85,553
Transfer of funds		-	-	-	4,662	(4,662)	-
Net movement in funds		(13,260)	(68,343)	(81,603)	(37,133)	122,686	85,553
Reconciliation of funds:							
Total Funds brought forward		121,802	254,913	376,715	158,935	132,227	291,162
Total funds carried forward		108,542	186,570	295,112	121,802	254,913	376,715

The statement of financial activities includes all gains and losses in the year.

All incoming resources and resources expended derive from continuing activities

Balance Sheet

For the year ended 31 December 2022

Carers Worldwide

Company Number 08083816	Notes	2022 £	2022 £	2021 £	2021 £
Fixed Assets					
Tangible Assets	10		2,018		2,101
Total Fixed Assets			<u>2,018</u>		<u>2,101</u>
Current Assets:					
Debtors	11	60,448		119,040	
Cash at bank and in hand		235,478		257,849	
Liabilities					
Creditors: amounts falling due within one year	12	<u>2,832</u>		<u>2,275</u>	
Net current assets			<u>293,094</u>		<u>374,614</u>
Total assets less current liabilities			<u>295,112</u>		<u>376,715</u>
Creditors: amounts falling due after one year			-		-
Net Assets			<u>295,112</u>		<u>376,715</u>
The Funds of the Charity:					
Restricted income Funds	13		186,570		254,913
Unrestricted income funds			108,542		121,802
Total Charity Funds	14		<u>295,112</u>		<u>376,715</u>

The notes form part of these financial statements

The Trustees acknowledge their responsibilities for complying with the requirements of the Companies Act 2006. Under Companies Act 2006, Section 454, on a voluntary basis, the trustees can amend these financial statements if they subsequently prove to be defective.

The Directors of the Company acknowledge their responsibilities for:

- ensuring the company keeps accounting records which comply with Section 386 Companies Act 2006.
- preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of the financial period and of its statement of financial affairs for the period in accordance with the requirements of Sections 394 and 395 Companies Act 2006 and which otherwise complies with the requirements of the Act relating to accounts so far as they are applicable to the company.

For the year ending 31/12/2022 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibility for complying with the requirements of the Act with respect to accounting records and for the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the Directors and signed on its behalf:

Date: 13th July 2023

Director:

Name: Dhanya Vamadevan

DocuSigned by:

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Notes to the accounts

For the year ended 31 December 2022

Carers Worldwide

Accounting Policies

1. Basis of Preparation of the accounts

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)(effective 1 January 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), the Update Bulletin to the Charities SORP (FRS 102) and the Companies Act 2006.

The Charity constitutes a public benefit entity as defined by FRS 102.

The accounts are presented in pounds Sterling (£) which is the functional currency of the charitable company. Monetary amounts in these accounts are rounded to the nearest whole pound.

The Trustees consider that there are no material uncertainties about the Charity's ability to continue as a going concern.

The charity has taken advantage of the exemption in the Update Bulletin amending the Charities SORP (FRS 102) from the requirement to produce a cash flow statement on the grounds it does not qualify as a large company.

Accounting Convention

The financial statements are prepared on a going concern basis, under historical cost convention.

Income

All incoming resources are included in the Statement of Financial Activities when the Trust is legally entitled to the income, it is probable that the income will be received, and the amount can be quantified with reasonable accuracy.

Expenditure

Costs of raising funds

This comprises costs of raising income for the charity.

Charitable Expenditure

This comprises all expenditure directly relating to the objectives of the charity.

Governance costs

This comprises the costs of running the charity itself as an organisation.

Depreciation Policy

Capital Assets are defined as a unit of property that:

- (1) has an economic useful life that extends beyond 12 months; and
- (2) was acquired for a cost of over £100

Capital Assets are depreciated over 4 years (25% each year).

Debtors

Debtors are recognised at the settlement amount due. Prepayments are valued at the amount prepaid.

Creditors

Creditors and provisions are recognised where there is a present obligation from a past event that will probably result in the transfer of funds to a third party and the amount due can be measured or estimated reliably. They are recognised at the settlement amount due.

Cash

Cash at bank and in hand includes cash and short term highly liquid investments with a maturity of three months or less from the date of acquisition of opening of the deposit or similar account.

Currency of financial statements

The financial statements are prepared in sterling which is the functional currency of the charity.

Taxation

As a registered charity, the company is exempt from income and corporation tax to the extent that its income and gains are applicable to charitable purposes only. Value Added Tax is not recoverable by the company and is therefore included in the relevant costs in the Statement of Financial Activities.

2. Winding up or dissolution of the charity

If upon winding up or dissolution of the charity there remain any assets, after the satisfaction of all debts and liabilities, the assets represented by the accumulated fund shall be transferred to some other charitable body or bodies having similar objectives to the charity.

Notes to the accounts continued

3 Expenses paid to Trustees or persons connected with Trustees

	Year to 31st Dec 2022 £	Year to 31st Dec 2021 £
The aggregate amount of expenses paid to directors was	-	-
Trustees did not receive any remuneration or expenses in the year 2022 or in 2021.		

4 Income from Donations and Legacies

	Year to 31st Dec 2022 Unrestricted Funds £	Year to 31st Dec 2022 Restricted Funds £	Year to 31st Dec 2022 Total £	Year to 31st Dec 2021 £
Donations	37,495	-	37,495	55,700
Gift Aid	2,660	3,794	6,454	10,050
Income from Donations and Legacies	40,155	3,794	43,949	65,750

5 Income from Charitable Activities

	Year to 31st Dec 2022 Unrestricted Funds £	Year to 31st Dec 2022 Restricted Funds £	Year to 31st Dec 2022 Total £	Year to 31st Dec 2021 £
Grants	-	280,425	280,425	299,265
Income from Charitable Activities	-	280,425	280,425	299,265

6 Other

	Year to 31st Dec 2022 Unrestricted Funds £	Year to 31st Dec 2022 Restricted Funds £	Year to 31st Dec 2022 Total £	Year to 31st Dec 2021 £
Bank deposit interest received	649	-	649	19
T-Shirt donation	-	-	-	230
Other Income	649	-	649	249

7 Expenditure on Raising funds

	Year to 31st Dec 2022 Unrestricted Funds £	Year to 31st Dec 2022 Restricted Funds £	Year to 31st Dec 2022 Total £	Year to 31st Dec 2021 £
Fund raising costs	5,687	989	6,676	842
Other Income	5,687	989	6,676	842

Notes to the accounts continued

8 Expenditure On Charitable activities

a) Grants payable

During the period grants totalling £212,338 (2021 £128,734) were made to the following recipients

	Year to 31st Dec 2022 Unrestricted	Year to 31st Dec 2022 Restricted	Year to 31st Dec 2022 Total	Year to 31st Dec 2021 Unrestricted	Year to 31st Dec 2021 Restricted	Year to 31st Dec 2021 Total	
	Funds	Funds		Funds	Funds		
	£	£	£	£	£	£	
Sacred	-	8,867	8,867	-	4,423	4,423	-
NBJK	-	4,162	4,162	-	6,482	6,482	
Samuha	-	-	-	-	4,348	4,348	
SGCP	-	18,500	18,500	-	15,000	15,000	
CDD	-	70,585	70,585	2,030	28,806	30,836	
Carers Worldwide India	-	12,181	12,181	-	3,523	3,523	
Margadarshi	-	20,321	20,321	-	8,506	8,506	
EKTA	-	11,275	11,275	-	10,084	10,084	
SPREAD	-	13,024	13,024	-	10,084	10,084	
Leads	5	-	5	-	5,913	5,913	
WORD	-	5,798	5,798	-	2,483	2,483	
Narendra Foundation	-	5,940	5,940	-	4,487	4,487	
BIRDS	-	6,058	6,058	-	2,565	2,565	
UETS	-	25,000	25,000	-	10,000	10,000	
Shristi Special Academy	-	10,622	10,622	-	10,000	10,000	
Total institutional grants	5	212,333	212,338	2,030	126,704	128,734	
Total grants to individuals	-	-	-	-	-	-	
Total grants paid	5	212,333	212,338	2,030	126,704	128,734	

b) Activities undertaken directly

	Year to 31st Dec 2022 Unrestricted	Year to 31st Dec 2022 Restricted	Year to 31st Dec 2022 Total	Year to 31st Dec 2021 Unrestricted	Year to 31st Dec 2021 Restricted	Year to 31st Dec 2021 Total	
	Funds	Funds		Funds	Funds		
	£	£	£	£	£	£	
Trainings and meetings	-	-	-	-	2,229	2,229	
Studies	-	2,240	2,240	295	504	799	
Research Report	-	13,339	13,339	-	-	-	
Annual Monitoring	-	7,602	7,602	-	-	-	
Project evaluation	-	1,656	1,656	-	1,500	1,500	
Total Activities undertaken directly	-	24,837	24,837	295	4,233	4,528	

c) Other Charitable Activities costs

	Year to 31st Dec 2022 Unrestricted	Year to 31st Dec 2022 Restricted	Year to 31st Dec 2022 Total	Year to 31st Dec 2021 Unrestricted	Year to 31st Dec 2021 Restricted	Year to 31st Dec 2021 Total	
	Funds	Funds		Funds	Funds		
	£	£	£	£	£	£	
Salaries, Employers NI and pension	21,040	68,742	89,782	62,103	40,064	102,167	
Overseas Associates	675	27,136	27,811	675	11,970	12,645	
Depreciation	1,095	6	1,101	640	249	889	
Travel and subsistence	3,539	4,863	8,402	1,375	916	2,291	
Postage	95	52	147	72	117	189	
Stationery	232	335	567	312	185	497	
Telephone	30	30	60	53	63	116	
IT	3,026	-	3,026	966	5,291	6,257	
Other	2,464	1,126	3,590	4,496	2,349	6,845	
Recruitment costs	704	-	704	1,513	-	1,513	
Consultancy costs	7,525	8,068	15,593	6,577	2,421	8,998	
Subscriptions	672	-	672	1,045	-	1,045	
Publicity	156	3,962	4,118	-	-	-	
Tax services provided by independent examiner	-	-	-	540	-	540	
Website	5,713	83	5,796	-	-	-	
Total Support costs	46,966	114,403	161,369	80,367	63,625	143,992	
Independent examiner fee	1,170	-	1,170	1,080	-	1,080	
Trustee meeting expenses	236	-	236	535	-	535	
Total Governance costs	1,406	-	1,406	1,615	-	1,615	
Total Expenditure on charitable Activities	48,377	351,573	399,950	84,307	194,562	278,869	

Charitable activity expenditure is allocated to restricted income funds according to the actual expenditure incurred on each project except for salaries where it is apportioned according to time spent on each project

Notes to the accounts continued

9	Staff costs and emoluments		
		Year to 31st Dec 2022	Year to 31st Dec 2021
		£	£
	Gross salaries	83,202	92,623
	Employer National Insurance contributions	1,610	3,828
	Employer's pension contributions	4,970	5,716
		<u>89,782</u>	<u>102,167</u>
	Numbers of full time employees or full time equivalents	Year to 31st Dec 2022	Year to 31st Dec 2021
	Engaged in management and administration	5	4
		<u>5</u>	<u>4</u>
	In 2022, key management personnel received total compensation of £48,671 (2021: £47,733)		
	No employee received remuneration above £60,000 in 2022 or 2021		
	4 volunteers were used by the charity during 2022 (2021:4)		
10	Tangible fixed assets		
		Year to 31st Dec 2022	Year to 31st Dec 2021
		Office Equipment	Office Equipment
	Cost	£	£
	Brought forward at 1 Jan	5,788	4,065
	Additions	1,018	1,723
	carried forward at 31 Dec	<u>6,806</u>	<u>5,788</u>
	Depreciation		
	Brought forward at 1 Jan	3,687	2,798
	Charge in the year	1,101	889
	Carried forward at 31 Dec	<u>4,788</u>	<u>3,687</u>
	Net book value at 31 Dec	<u>2,018</u>	<u>2,101</u>
11	Debtors	Year to 31st Dec 2022	Year to 31st Dec 2021
		£	£
	Gift Aid recoverable	530	6,877
	Accrued income	59,300	112,067
	Staff expenses	618	96
		<u>60,448</u>	<u>119,040</u>

Notes to the accounts continued

12	Creditors: amounts falling due within one year	Year to 31st Dec 2022 £	Year to 31st Dec 2021 £
	Accrued Expenses	2,832	2,275
		<u>2,832</u>	<u>2,275</u>

13	Restricted Income Funds	Balance c/f at 31 December 2021 £	Income £	Expenditure £	Transfer of funds	Balance c/f at 31 December 2022 £
	Allan and Nesta Ferguson	4,914	-	4,914	-	-
	Major Donor	14,849	18,968	33,817	-	-
	Andrews Charitable Trust (COVID19)	20,000	-	20,000	-	-
	Angus Lawson Memorial Trust	-	13,468	13,468	-	-
	British Foreign School Society	3,936	23,548	16,703	-	10,781
	Brian Mercer Trust	6,519	-	6,519	-	-
	Bryan Guinness Charitable Trust CareTech Foundation	- 8,510	4,000	- 41,990	-	4,000 7,545
	Christadelphian Samaritan Fund	-	400	400	-	-
	Commonwealth Foundation Grant 2	46,710	-	41,122	-	5,588
	COSARAF Foundation	-	4,699	4,699	-	-
	COSARAF Foundation	-	1,750	-	-	1,750
	Emergency Appeal Covid 19	4,953	-	4,953	-	-
	Eleanor Rathbone Charitable Trust	-	1,000	-	-	1,000
	Embracing Carers 01	16,745	-	16,745	-	-
	Embracing Carers 02	45,000	-	-	-	45,000
	Embracing Carers 03	-	52,300	22,638	-	29,662
	Fresh Leaf Charitable Foundation Gilchrist	-	19,877	10,006	-	9,871
	Educational Trust	-	1,000	1,000	-	-
	Hemraj Goyal Foundation	15,000	-	11,986	-	3,014
	Light Fund	-	4,860	-	-	4,860
	National Lottery Community Fund	4,500	-	3,156	-	1,344
	Open Gate Trust	-	1,000	1,000	-	-
	Rangoonwala Foundation	20,699	15,667	31,479	-	4,887
	Souter Charitable Trust	-	4,500	4,500	-	-
	St James Charitable Foundation	-	9,984	9,984	-	-
	Stone King Foundation	-	500	-	-	500
	Improve healthcare access for people with mental illness and carers in India Fund	41,078	63,673	47,983	-	56,768
	Wyn Ken Lo Memorial Fund	1,500	2,000	3,500	-	-
		<u>254,913</u>	<u>284,219</u>	<u>352,562</u>	<u>-</u>	<u>186,570</u>

Notes to the accounts continued

2021	Balance c/f at 31 December 2020	Income	Expenditure	Transfer of funds	Balance c/f at 31 December 2021
	£	£	£		£
Ashoka	7,179	-	7,179	-	-
National Lottery Community Fund	21,794	-	17,294	-	4,500
Commonwealth Foundation	38,509	50,000	41,799	-	46,710
Eleanor Rathbone Charitable Trust	1,000	-	1,000	-	-
Embracing Carers 1	21,394	110	4,759	-	16,745
Guernsey Overseas Aid Commission	1,596	-	1,596	-	-
Kit 4 Carers	5,879	-	5,879	-	-
James McNab Trust	2,000	-	2,000	-	-
Randal Charitable Foundation	10,000	-	10,000	-	-
Skoll Foundation	7,500	-	7,500	-	-
Souter Charitable Trust	2,600	-	2,600	-	-
Southall Trust	264	-	264	-	-
UK Aid Direct (SCCF)	11,821	869	12,690	-	-
UK Aid Direct (JCMG)	691	3,000	3,691	-	-
Andrews Charitable Trust 3	-	20,000	-	-	20,000
Major Donor	-	23,300	3,789	(4,662)	14,849
British Foreign School Society	-	12,455	8,519	-	3,936
Bryan Guinness Charitable Trust	-	3,000	3,000	-	-
CareTech	-	17,020	8,510	-	8,510
COVID 19	-	17,985	13,032	-	4,953
Embracing Carers 2	-	45,000	-	-	45,000
Allan and Nesta Ferguson	-	6,720	1,806	-	4,914
Hemraj Goyal Foundation	-	15,000	-	-	15,000
Brian Mercer Trust	-	14,723	8,204	-	6,519
Open Gate Trust	-	1,000	1,000	-	-
Rangoonwala Foundation	-	31,333	10,634	-	20,699
Scott Bader	-	4,000	4,000	-	-
Improve healthcare access for people with mental illness and carers in India Fund	-	54,395	13,317	-	41,078
Wyn Ken Lo Memorial Fund	-	2,000	500	-	1,500
	132,227	321,910	194,562	(4,662)	254,913

Description of restricted income funds*Allan and Nesta Ferguson Charitable Trust*

The grant from the Allan and Nesta Ferguson Charitable Trust was awarded to fund the set up and operation for one year of a new community caring centre in Savar sub-district of Dhaka, Bangladesh in partnership with the Centre for Disability in Development.

Major Donors fund

An ongoing donation from a single donor is supporting the setting up and operation of a free telephone helpline for carers across Nepal in partnership with Self Help Group Cerebral Palsy.

Andrews Charitable Trust

The Andrews Charitable Trust provided funding to support the charity's post COVID19 recovery work.

Angus Lawson Memorial Trust

The Angus Lawson Charitable Trust is funding our Community Caring Centres project which offers children and teenagers with disabilities a chance to engage in therapeutic and educational activities as well as provides mothers the chance to socialise and take some time off from caring. The one-year grant will fund the operation of two new Community Caring Centres (CCCs) in Savar sub-district, Bangladesh.

British and Foreign Schools Society

The grant from the British and Foreign Schools Society is enabling the charity to work in an urban setting in India for the first time, in partnership with the Shristi Special Academy. Working with 70 disabled children, their siblings and mothers, the project will promote online access to education and therapy for children who are unable to travel to the Academy's centre.

Brian Mercer Trust

The grant from the Brian Mercer Trust has part funded a one-year project working with 1,850 people with mental illness and epilepsy and carers in Koraput district, Odisha, India in collaboration with two of our partners Ekta and SPREAD.

Bryan Guinness Charitable Trust

The grant from the Bryan Guinness Charitable Trust is contributing to the running of a new Community Caring Centre in Savar sub-district of Dhaka, Bangladesh, in partnership with the Centre for Disability in Development.

Notes to the accounts continued

CareTech Foundation

The grant from the CareTech Foundation is for a three-year project, also part funded by the Rangoonwala Foundation, being implemented on the outskirts of Dhaka by our partner The Centre for Disability in Development. Working with just over 1,000 carers of disabled children and adults, the project is further expanding the charity's previous work in the area.

Christadelphian Samaritan Fund

Christadelphian Samaritan Fund is supporting impoverished carers of people with disabilities and long-term illness in Karnataka – one of India's least developed states, in partnership with our charity partner Margadarshi. By implementing a sustainable income-generation programme, our project is improving living conditions, health, and wellbeing of 300

Commonwealth Foundation

The grant from the Commonwealth Foundation is for a four year project being implemented across four states in India and also at national level in partnership with six of our partner organisations: NBJK, SACRED, SAMUHA, Ekta, SPREAD and WORD. The project, which runs from October 2018 to September 2022 is entitled "Family caregiving and public policy in India" and will create new opportunities for recognition and support of carers of those living with a disability or mental health condition.

COSARAF Foundation

Two grants were to provide nutritious food and vital emergency medical and therapeutic support to 70 disabled children and 231 family carers during the holy month of Ramadan and to support the setting up and operation of a new Centre for Disability in Development (CDD) in Savar sub-district of Dhaka, Bangladesh.

COVID19 Emergency Appeal

The charity raised funds from the public to provide relief and recovery support via its partner organisations to carers and families in India during the second wave of the COVID19 pandemic.

Eleanor Rathbone Charitable Trust

The Eleanor Rathbone Charitable Trust provided a grant in support of health camps for carers, implemented in partnership with the Centre for Disability in Development in Savar sub-district, Dhaka, Bangladesh.

Embracing Carers 02

A donation from Embracing Carers has been given to support the charity to diversify its income through the development of a training and consultancy offer to corporates and other charities, and specifically to support the personnel costs associated with this development. The charity has been engaged in a process of consultation with potential stakeholders and has completed a business modelling process. This process has now been concluded and the funds will be utilised during the 2023 accounting period. charity's advocacy work in India, specifically to allow them to organise and deliver one state level and one national level workshop to engage stakeholders in discussions about policy relating to carers and to promote state and national level carers forums.

Embracing Carers 03

A further donation from Embracing Carers was given to support the charity's celebration of its 10 year anniversary and to support our work with charity partners in Odisha who are working with people with mental illness and their carers.

Fresh Leaf Charitable Foundation

This grant is supporting our partner, Margadarshi, to deliver livelihoods training and equipment to enable 300 unpaid family carers in Karnataka, south India to generate sustainable income. The grant will also enable the establishment of a revolving fund which will benefit future carers.

Gilchrist Educational Trust

Gilchrist Educational Trust contributed to our project with Shristi Special Academy (SSA) to deliver effective and engaging online learning for children with disabilities in Bangalore, India.

Hemraj Goyal Foundation

The one-year grant from the Hemraj Goyal Foundation is to support the charity's work across India with a specific focus on strengthening carers groups, livelihoods initiatives and advocacy efforts.

Light Fund

Light Fund have contributed to a Community Caring Centre in Kathmandu, Nepal to provide early intervention, therapeutic and educational activities for children with Cerebral Palsy and to provide respite to their carers. The grant will also provide a daily meal and provision of transport to the centre for the children attending.

National Lottery Community Fund

The National Lottery Community Fund grant was awarded as part of the Fund's Rebuilding Communities grant programme for Nepal. It was for a three-year project running from November 2016 to October 2019, extended to July 2020, promoting the social, emotional, medical and economic wellbeing of 500 carers, mostly mothers, of children with cerebral palsy and other neurological disorders in the Kathmandu valley, run in partnership with Cerebral Palsy Nepal (SGCP). Due to the COVID19 pandemic the grant period was extended into 2022.

Open Gate Trust

The Open Gate Trust grant has supported carers to identify suitable sustainable livelihoods that co-exist alongside their caring responsibilities and has enabled them to set up livelihood activities. This work was carried out in partnership with our local partner Margadarshi.

Notes to the accounts continued

Rangoonwala Foundation

The grant from the Rangoonwala Foundation is for a three-year project, also part funded by the CareTech Foundation, being implemented on the outskirts of Dhaka by the charity's partner The Centre for Disability in Development. Working with just over 1,000 carers of disabled children and adults, the project is further expanding our previous work in the area.

St. James Place

The grant from St James Place is supporting 500 people with mental illness and their 500 carers through the development of support groups and the improvement of local mental health services. The project, in partnership with our partner WORD, is taking place in Koraput district in the eastern state of Odisha, India.

Stone King Foundation

Stone King Foundation contributed towards the production costs of the Carers Worldwide Impact Report.

Improve Healthcare Access for people with mental illness and carers in India Fund

This grant is supporting a two-year project with new partner The Uma Educational and Technical Society working in a remote district in Andhra Pradesh, India. The project will support 500 people with mental illness and their carers, with a focus on diagnosis and treatment of those with a mental health condition, the emotional wellbeing of carers and increasing household financial security.

Wyn and Ken Lo Memorial Foundation

The grant from the Wyn and Ken Lo Memorial Foundation is supporting an innovative project in partnership with the Narendra Foundation and local government which will benefit 500 carers of children and adults with severe disabilities in Tumkur district, Karnataka, India. Health professionals are being trained to work with carers and access to carers support groups and government benefits is being promoted.

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Analysis of Total Funds

2022	Fixed Assets	Debtors	Cash at Bank	Creditors	Total
	£	£	£	£	£
Unrestricted funds	1,170	3,148	107,596	(3,372)	108,542
Major Donor	-	-	-	-	-
Andrews Charitable Trust (COVID19)	554	-	(554)	-	-
British Foreign School Society	-	-	10,781	-	10,781
Brian Mercer Trust	-	-	(540)	540	-
Bryan Guinness Charitable Trust	-	-	4,000	-	4,000
CareTech Foundation	-	-	7,545	-	7,545
Commonwealth Foundation Grant 2	-	5,000	588	-	5,588
COSARAF Foundation	-	-	1,750	-	1,750
Eleanor Rathbone Charitable Trust	-	-	1,000	-	1,000
Embracing Carers 02	-	-	45,000	-	45,000
Embracing Carers 03	-	52,300	(22,638)	-	29,662
Fresh Leaf Charitable Foundation	-	-	9,871	-	9,871
Hemraj Goyal Foundation	-	-	3,014	-	3,014
Light Fund	-	-	4,860	-	4,860
National Lottery Community Fund	-	-	1,344	-	1,344
Rangoonwala Foundation	-	-	4,887	-	4,887
Stone King Foundation	-	-	500	-	500
Improve healthcare access for people with mental illness and carers in India Fund	294	-	56,474	-	56,768
Balance of Funds at 31st December 2022	2,018	60,448	235,478	(2,832)	295,112

Notes to the accounts continued

2021	Fixed Assets	Debtors	Cash at Bank	Creditors	Total
	£	£	£	£	£
Unrestricted funds	1,851	15,511	106,262	(1,822)	121,802
National Lottery Community Fund	-	-	4,500	-	4,500
Commonwealth Foundation	-	50,000	(3,290)	-	46,710
Caretech	-	8,510	-	-	8,510
Embracing Carers 1	-	-	16,745	-	16,745
UK Aid Direct Small Charities Challenge Fun	250	-	(250)	-	-
Andrews Charitable Trust 3	-	-	20,000	-	20,000
Major donors	-	-	15,302	(453)	14,849
British Foreign School Society	-	-	3,936	-	3,936
COVID 19	-	-	4,953	-	4,953
Evans Cornish Foundation	-	19	(19)	-	-
Embracing Carers 2	-	45,000	-	-	45,000
Allan and Nesta Ferguson	-	-	4,914	-	4,914
Hemraj Goyal Foundation	-	-	15,000	-	15,000
Brian Mercer Trust	-	-	6,519	-	6,519
Rangoonwala Foundation	-	-	20,699	-	20,699
Improving healthcare access for people with mental illness and carers India fund	-	-	41,078	-	41,078
Wyn Ken Lo Memorial Fund	-	-	1,500	-	1,500
Balance of Funds at 31st December 2021	2,101	119,040	257,849	(2,275)	376,715

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Related Party Transactions

Donations from trustees amounted to £17,528 in 2022. There were no other related party transactions in the reporting period.

CARERS WORLDWIDE

England & Wales - Charity number 1150214

Accounts

Registered Charity Number
1150214

Registered Company Number
(Registered in England and Wales)
08083816

Carers Worldwide
(a company limited by guarantee)

Financial Statements
for the year ended
31 December 2021

Carers Worldwide

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Carers Worldwide

Charity and Company Information

Registered Office and Principal Address	Carers Worldwide 30 Lodgefield Welwyn Garden City Hertfordshire AL7 1SD
Bankers	CAF Bank Ltd 25 Kings Hill Avenue Kings Hill West Malling Kent ME19 4JQ
Independent Examiner	Karon Cook FCA 1 Therapia Road London SE22 0SF
Registered Charity	1150214
Registered Company	08083816 (England and Wales)

Report of the Trustees continued

Carers Worldwide

The Report of the Trustee-Directors of Carers Worldwide for the year ending December 2021

Introduction

2021 has been a year of growth for the charity, particularly in relation to programmes and governance.

The number of partner organisations has increased from ten to fourteen with growth taking place in India as part of a wider strategy of focussing on government staff involvement in projects and advocacy with local authorities in the four states where the charity is working. Work with existing partners has expanded and scaled up in terms of numbers of project participants and geographic reach. This growth has been particularly vital as carers, their families and communities seek to recover from the brutal impacts of COVID19 on health and livelihoods. The charity has now transformed the lives of over 119,000 individuals since its inception in 2012: 19,834 carers, the 20,069 relatives living with a disability or mental ill-health for whom they care and 79,336 family members.

Alongside support through grassroots activities, the charity has continued to increase its presence in the sphere of influencing policy and practice through sustained lobbying of local and state government in India and individual government agencies in Bangladesh and Nepal. Amplifying the voices of carers and advocating for carers' inclusion into mainstream programmes alongside carer-specific support is vital for the achievement of sustainable change for carers and remains a focus of the charity's strategy and long term vision.

Strengthening governance is key to the success of the charity's strategic goals and sustainability. This year has seen a new Chair come into post and the Board of Trustee-Directors expand from five to eight, with all new Trustee-Directors bringing specific skills necessary to guide the charity into the next phase of its growth and development. The charity also appointed its first Ambassador.

Despite the challenges currently faced by charities in fundraising for their work, Carers Worldwide has again increased its income compared to all previous years. This is once again a testament to the dedication of the team of staff and Trustee-Directors, the trust placed in the charity by long standing and new supporters, and the quality of the work and impacts being achieved in collaboration with the partner organisations in India, Nepal and Bangladesh.

Structure, governance and management

Carers Worldwide's governance is described in its Memorandum and Articles of Association. The policy and strategic decisions of Carers Worldwide rest with the Trustee-Directors who meet three times a year to oversee, plan and monitor its activities. The current Board of Trustee-Directors is shown on page eight. Potential candidates for the Board are considered by the existing Trustee-Directors on the basis of how their skills and experience match the organisation's needs. The Board of Trustee-Directors delegates the day to day running of the charity to the Founder and Executive Director, Anil Patil who is responsible for the day to day delivery of the programmes: currently in India, Nepal and Bangladesh; fundraising; financial accountability; marketing; quality assurance; policy and new programmes. The Trustee-Directors approve policies, the strategic plan of Carers

Report of the Trustees continued

Worldwide, annual plan and budget, and financial contracts as set out in the delegated authority. Amongst the Trustee-Directors, responsibility for oversight is assigned as follows: Treasurer and Finance – Dhanya Vamadevan, Vice Chair and Programmes (to July 2021) - Siân Edwards, Vice Chair (July 2021 onwards) and Fundraising – Sarah Ridley and Strategy – Alastair Page. Each of the Trustee-Directors meets regularly with Anil Patil to ensure strategic objectives are met and statutory and donor compliance is maintained. The Chair of the Trustee-Directors - Chris Underhill (to July 2021) and Jonathan Freeman (July 2021 onwards) - oversees the activities of the Trustee-Directors and the Executive Director. He is responsible for conducting the Executive Director's performance management process.

During the year, the Trustee-Directors and senior management team completed a recruitment process to seek a replacement for the Chair of the Trustee-Directors since the current Chair was due to step down in July 2021. Alongside this, four more Trustee-Directors were recruited to further strengthen the skills and diversity of the Board.

Objectives and activities

Carers Worldwide's objects, as defined in its Memorandum and Articles of Association incorporated 25th May 2012 and amended by special resolution 6th December 2012, are:

To promote the relief of people who require care due to physical or mental ill health, disability, old age, frailty, substance misuse or any other cause, in particular (but without limitation) by:

1.1 raising the awareness of carers and the general public as to the needs of and difficulties experienced by individuals as a result of their role as carers;

1.2 relieving financial hardship, sickness and distress among carers; and

1.3 the relief of individuals being cared for by improving the quality of their care and rehabilitation through the provision of training, support and advice to carers.

"Carer" means an individual of any age who cares for or nurses a relative, friend or partner requiring this help due to physical or mental ill health, disability, old age, frailty, substance misuse or any other cause.

In practice, Carers Worldwide works in partnership with established, well reputed organisations to implement strategies and programmes that will improve the lives of carers and those for whom they care. Carers Worldwide designs and develops programmes, provides specialist advice and training and advises on advocacy and policy issues, as well as providing links to other organisations, sources of knowledge, skills and funds.

Public Benefit

The Trustees of Carers Worldwide consider that the activities undertaken to achieve its charitable objectives through a combination of partnership, advocacy and knowledge sharing provide a public benefit to its direct beneficiaries, namely people who require care due to physical or mental ill health, disability, old age, frailty, substance misuse or any other cause and their carers in the countries in which it operates.

Report of the Trustees continued

The Trustees confirm that they have complied with the duty in section 17 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission in determining the activities undertaken by the charity.

During the period from January to December 2021, Carers Worldwide focussed on:

- continuing to implement the charity's strategic plan (Strategic Plan 2020 – 2022)
- embarking on delivery of the charity's 10 year vision incorporating its existing partnership working alongside the development of a training and consultancy strand and further work on influencing the policy and practice of other stakeholders
- continuing to respond to further waves of the COVID19 pandemic and collaborating with the charity's existing partner organisations in India, Nepal and Bangladesh in order to respond to the emergency needs of carers and their families and to mitigate against the ongoing social, health and economic impacts
- continuing to plan and implement activities with its expanding base of partner organisations working across four states in India: SAMUHA, Margadarshi, Narendra Foundation, BIRDS and Shristi Special Academy in Karnataka; SACRED and UETS in Andhra Pradesh; NBJK in Jharkhand and WORD, SPREAD and Ekta in Odisha; with two existing partner organisations in two provinces of Nepal: LEADS Nepal in Baglung and Myagdi districts and Self Help Group Cerebral Palsy (SGCP) in the Kathmandu Valley; and with one existing partner organisation in Bangladesh, the Centre for Disability in Development
- raising the profile of the needs of carers with state level government authorities in India through the strengthening of State Level Carer Forums, in collaboration with Carers Worldwide India
- offering consultancy and advisory support to international charities to enable them to bring the issue of carers into their existing activities
- participating in national and international policy level and advocacy initiatives to raise awareness of the needs of carers globally
- further building the governance of the charity
- further raising the profile of the charity within the UK and internationally
- responding to the impacts on funding as a result of COVID19 and UK Aid Direct funding, continuing to fundraise from Trusts and Foundations, individuals and community groups, and strengthening the charity's digital presence as a way of attracting new supporters

The Executive Director and Trustees continued to work according to the charity's operational plan and fundraising strategy, which complement the charity's strategic plan. This suite of documents communicates clearly to staff, Trustees, beneficiaries, partners, donors and other key stakeholders our goals and how we will reach them. During this period the wording of the charity's vision, mission and strategic goals were re-worded. A set of core values was also developed. These reflect the overall guiding principles of the charity:

Report of the Trustees continued

Vision

Our vision is a world in which every carer is valued and their needs are met.

Mission

Our mission is to achieve recognition of the role of carers and to transform the lives of carers, their families and their communities.

Strategic Goal

Our strategic goal is to **act as a catalyst** to:

1. **Change attitudes and promote support** for carers, their families and communities, empowering them towards better health, wellbeing and economic security
2. **Inspire systemic change** in the government, private and third sectors so they recognise and respond to the needs of carers

Core Values

OUR CORE VALUES



We Challenge

We constantly look for ways to innovate and evolve, and challenge others to do the same.



We Ignite Imaginations

We inspire ambition and bold ideas to tackle the issues facing carers everywhere.



We Amplify Voices

We listen to and value everyone's voice, amplifying the voices of those currently unheard.



We Inspire Change

We empower people and organisations to make lasting changes for carers and their communities.

Strategic Plan

The charity continued to implement its strategic plan for the period 2020 – 2022, with the following strategic objectives:

- To increase the **reach and impact** of the Carers Worldwide model through **empowering existing partners** to mainstream and advocate for greater carer inclusion and through **establishing new partnerships** with carefully selected organisations across Southern Asia
- To **develop a high quality, bespoke training and consultancy service** focussing on topics relating to carers and caring for use with national and international level NGOs, government agencies and corporates to enable them to support family carers in their respective spheres of influence.

Report of the Trustees continued

- Through the network of partnerships and communities supported by Carers Worldwide to **build up a body of evidence** on family carers and the interventions that support them in their caring roles in order to inform future policy and practice
- To engage in **policy and advocacy work at regional, national and international levels** in order to achieve recognition and inclusion of carers, and to promote the formation of regional and national level carers' forums, ultimately leading to the voice of carers being heard by policy makers and practitioners at all levels and across sectors

Desired Outcomes

Our desired outcomes are that by 2022:

1. We will increase our visibility and impact, operating as an internationally recognised and respected catalyst for change, working through partners and others to raise awareness and achieve recognition of the needs of unpaid family carers in low and middle income countries and embed the skills required to deal with these needs in local communities.
2. We will have improved the lives of **30,000 carers** and **120,000 family members** across South and South East Asia.
3. We will promote the development of **carer-friendly workplaces** in our countries of operation through targeted engagement with the corporate sector
4. We will **increase the range of carer groups** with whom we work, specifically young carers, carers of the elderly, carers of people living with dementia, carers of people with cancer, carers of people with non-communicable diseases¹

The Carers Worldwide model remains at the core of the charity's work. The model consists of five core elements:

- **Carers' support groups** - to reduce loneliness and isolation, create social networks and support emotional wellbeing;
- **Health services** - to provide access to physical and mental health services, including locally available counselling services;
- **Respite and short breaks** - to offer a break from caring responsibilities along with the development of alternative high quality care options such as day care centres;
- **Employment, training and education** - to facilitate access to employment, training or education, tailored as appropriate to co-exist with caring responsibilities;
- **Advocacy** - to strengthen the collective voice of carers to advocate for their needs and the provision they require at community, regional and national level, leading to changes in policy and practice.

We continued to strengthen the charity with regard to its statutory obligations and the desire to comply with best practice as set out by the Charity Commission.

Achievements and performance

Completing its ninth year of operation, Carers Worldwide has now transformed the lives of 19,834 carers, the 20,069 relatives living with a disability or mental ill-health for whom they care and 79,336 family members across India, Nepal and Bangladesh. Across all programmes, an average of 84% of

¹ not an exhaustive list and will depend on need/opportunity

Report of the Trustees continued

the carers the charity supports are women, although in some project areas this figure increased to 94%. 80% of carers are now earning a living that can co-exist alongside their caring responsibilities and more than 300 young carers have returned to education. 24 community caring centres have been set up to assist in the provision of alternative care. 78% of carers report improved health. 631 village level carers groups are operating, which are federated into cluster level committees and district level Carers Associations, with a total of 8 Carers Associations and 2 Carers Co-operatives now registered with local authorities. Carers and their families have accessed an equivalent of over £859,000 in support from local government in India, Nepal and Bangladesh. State Level Carers Forums have been set up in 4 states in India. Through a comprehensive range of capacity building activities, over 1,980 partner staff, carer representatives and local professionals have been trained.

The charity's projects are implemented via its charity partners in the three countries of operations. Four new Indian partner organisations completed the due diligence process during this period, expanding the partner network to 14. Funding was secured to start projects with each of those partners, as well as to continue working with existing partners.

As the COVID19 pandemic continued to impact South Asia in successive waves, the charity continued to adapt its activities in collaboration with its partner organisations and carer representatives in order to respond to emergency situations as they arose. In particular, an emergency appeal was launched to support carers and families in India. Project planning also evolved to specifically focus on the longer term social, health and economic impacts of the pandemic in all three countries of operation.

As well as continuing to raise funds from existing donors, funds were secured from a total of nine new Trusts and Foundations, two of which committed to multi-year funding. The charity, with the support of broadcaster Jackie Ashley also recorded a successful BBC Radio 4 Charity appeal which attracted significant new attention.

Programmes – India

In partnership with eleven NGOs across four states, the charity remained focused on the carers of those living with a disability or mental illness. Plans for partnerships with organisations and professionals working in other sectors including the elderly, chronically ill and those living with non-communicable diseases had slowed due to the COVID19 pandemic but with the increased focus on caring and carers as a result of the pandemic, collaborations are now being actively revived.

Carers Worldwide India (registered as an independent Trust in India in December 2018) continued operating, closely supported by the Executive Director of Carers Worldwide who also sits as a Trustee on the Carers Worldwide India Board. The charity supports Carers Worldwide India with strategic, operational and fundraising capacity. Having an independent registered entity in-country has enabled the charity to increasingly advocate at local and state government level for the inclusion of carers into existing policies and to promote the development of carer-friendly policy and practice. Specifically in relation to fundraising, the charity continued to provide technical support to Carers Worldwide India and to partner organisations to raise funds for work within India. During the period,

Report of the Trustees continued

an equivalent of £6,898 was raised for Carers Worldwide India from a combination of Trusts and individual supporters and an equivalent of £31,235 was raised for the three partners in Odisha from one Trust. These funds are raised from Indian donors and are paid directly to the Indian organisations: Carers Worldwide India and specific partner organisations. The majority of the funds raised are restricted for specific projects. None of these funds are received by Carers Worldwide in the UK.

Despite the continued impacts of COVID19 on the needs of carers and the priorities of the charity and its partners, building the capacity and voice of carers and stakeholders working in sectors closely related to caring continued to be a focus through the charity's Commonwealth Foundation funded project "Family caregiving and public policy in India: creating new opportunities for recognition and support." This project, running from October 2018 to September 2022 is being implemented in all four states of India where the charity currently operates, in partnership with six partners. The key priorities of the project, which is guiding the charity's strategy in India include:

- Implementing services at a local level that directly support carers, and ensuring the services become enshrined in policy at a local and national level
- Designing an engagement approach that is capable of influencing local, state and national level policy that will immediately enrich plans for our work in India. This approach is also now shaping our work further afield in Nepal and Bangladesh and assisting the formation of our longer-term South Asia strategy
- Leveraging the infrastructure and capacity created by our work to date at the village and district levels in order to achieve significant steps towards establishing a robust civil society movement that is able to successfully petition for the recognition of the human rights of Indian carers. This is being done in practice by enhancing the capacity of the Carers Associations and increasing the representation of carers from grass roots level upwards.

The four State Level Carers Forums (SLCFs) established in 2019 have continued to operate and are further developing their own autonomy whilst at the same time networking with each other to share learning and experiences. Each Forum comprises a wide range of representatives from partner organisations, government, the private sector, academic institutes and network bodies. In their respective states, they have been at the forefront of ensuring the inclusion of carers and their families in the COVID19 responses of other NGOs and the local government. In Karnataka state, the charity, Carers Worldwide India and SLCF members together secured priority status for carers in the COVID19 vaccination programme.

Karnataka, Andhra Pradesh and Jharkhand – SAMUHA, SACRED and NBJK

The charity's longest standing partners, SAMUHA, SACRED and NBJK continued to promote the inclusion and wellbeing of carers through carer-specific support systems and mainstreaming carers and their families into local government programmes and COVID19 responses. All three organisations were active in supporting government relief programmes, as well as in advocating for improved mental health and livelihoods provision to support carers and their families to recover from the impacts of the pandemic. These three organisations are at the forefront of the State Level Carers Forums in their respective states. In line with the charity's strategic plan, these three organisations are now starting the process of transitioning from implementing partners to resource

Report of the Trustees continued

partners, taking on roles of advising other NGOs on carer inclusion and further strengthening their local Carers Associations.

Karnataka – Margadarshi, BIRDS, Narendra Foundation, Shristi Special Academy

The charity's work with Margadarshi was strengthened through the formation of more carers' groups and the launch of a barefoot counselling service, providing mental health first aid to carers. During the period, the charity entered into new partnerships with three more organisations in Karnataka: Narendra Foundation and BIRDS located in rural settings and Shristi Special Academy, our first urban partner in India. The focus of our work with the Narendra Foundation and BIRDS is engaging closely with local government staff, empowering them to understand and support carers directly. The project with Shristi Special Academy will pioneer innovative online ways of engaging disabled children and their carers, reaching families who would otherwise be unable to access services.

Andhra Pradesh - UETS

The fourth new partner during the period, the Uma Educational and Technical Society (UETS) works in remote rural districts where there are few services available, meaning that our joint project is focussing equally on identifying and treating people with mental health needs along with the family members who are caring for them.

Odisha – Ekta, SPREAD and WORD

The charity's three partners in Odisha continued to work closely with local government authorities to secure support for people with mental health needs and their carers. New funding meant we could expand our work to new blocks and reach more carers and families. Funds were also secured from within India to implement joint projects with the charity's Odisha partners, in collaboration with Carers Worldwide India, with Carers Worldwide providing strategic, technical and communications support.

Programmes – Nepal

Through its work in Nepal, Carers Worldwide works with the carers of people living with mental illness and epilepsy, cerebral palsy and other neurological conditions. During the reporting period, the charity continued to work with two highly experienced local NGOs across urban and rural Nepalese communities.

Kathmandu Valley – Self-Help Group Cerebral Palsy (SGCP)

The charity's partnership with Self-Help Group Cerebral Palsy (SGCP), a local organisation working with individuals affected by cerebral palsy and other neurological disorders, primarily in the Kathmandu Valley continued. The project "Care for Carers: empowering parents of disabled children in Nepal" funded by the National Lottery Community Fund Rebuilding Nepal programme was impacted by the COVID19 pandemic and as a result the project period was extended and completed in 2021, with a final evaluation planned for 2022. The Carers Association promoted by the project has strengthened throughout the period with carer representatives advocating increasingly independently with local government to access local development funds. Community caring centres were able to restart after the pandemic, with increased demand for educational and therapeutic support for children and respite for their carers, mostly mothers.

Report of the Trustees continued

Baglung and Myagdi districts, Western Region – LEADS Nepal

The charity's two year project "Promoting social and economic empowerment of carers by strengthening women-led Carers Associations", funded by a UK Aid Direct Jo Cox Memorial Strengthening Grant and implemented in partnership with LEADS Nepal concluded during this period. The final evaluation highlighted the following project achievements:

- Pre-project, 85% of carers and their families were living below the poverty line. At the end of the project, 80% were above the poverty line.
- 77% of carers involved in the project had gained control over their own development and were confident to hold decision makers to account.
- Carers Association and cluster groups are now lobbying effectively with local government authorities, are well organised and planning their own actions.

The project received an A+ rating from the FCDO Fund Managers, with specific positive comments about the approach to social inclusion and the sustainability of the impact. The project design was judged to have been robust and the project 'very good value for money.'

LEADS Nepal is now transitioning from implementing partner to resource partner.

Programmes – Bangladesh

The charity continued its partnership with the Centre for Disability in Development (CDD), working with carers in Savar sub-district on the outskirts of Dhaka. The joint project funded by the UK Aid Direct Small Charities Challenge Fund that ended in September 2020 received an A rating. The project funded by the Guernsey Overseas Aid Commission, focussed on promoting sustainable livelihoods and alternative care options, was extended into 2021 due to the COVID19 pandemic and concluded during the period. Further funding secured from four Trusts and Foundations enabled the continuation of health camps for carers and the setting up and running of community caring centres across the project area to provide educational and therapeutic input for children with complex disabilities and emotional support and respite for their carers, mostly mothers. A new three year project funded by the CareTech Foundation and the Rangoonwala Foundation started during the period, bringing emotional support, physical and mental health support, and livelihoods opportunities to over 1,000 carers as well as the chance to further strengthen links with local government and empower carers to advocate for their own needs, thus promoting sustainability of impact.

Policy work

The charity has continued to amplify the voice of carers and promote their inclusion through its focus on advocacy and campaigning work from village through to district and state level in all three countries of operation. Carers Associations in the three countries and the State Level Carers Forums in India are becoming recognised as key players at district and state level. Evidence of their increasing success includes successful inclusion of carers in COVID19 relief and recovery initiatives and prioritisation of carers in vaccination campaigns. During the period, a campaign was launched in Karnataka to secure greater implementation of the 'caregivers allowance' provided for in the Rights of Persons with Disabilities Act 2016. The charity published a series of policy toolkits for use by local partners and carer representatives.

Report of the Trustees continued

The charity conducted baseline surveys to explore the needs of carers in Bangladesh and India and also completed external evaluations of its work with carers in Nepal and India. The results of these studies have been used to further demonstrate the need for carer inclusion and carer-specific support, and to prove the effectiveness of the Carers Worldwide model.

Networking

The charity continued to raise its profile and spread awareness of the relevance of working with carers in low and middle income countries with a range of other charities, organisations and funders, both within the UK and on the international stage. An increased focus on external communications via the charity's website and social media channels increased opportunities for new and existing supporters – individuals and organisations – to engage with the charity. The Executive Director continued to represent the charity on the international stage through the charity's membership of the International Alliance of Carer Organisations (IACO) and his advisory work on the "Embracing Carers" global advocacy campaign led by Merck Pharmaceuticals. For the first time, India was included as a focus country in the Global State of Care report. The Executive Director also engaged in conferences and webinars on topics as diverse as young carers, autism, respite and short breaks, the sustainable development goals and longevity, each time raising awareness of the needs of family carers and inspiring new audiences to take practical steps towards carer inclusion.

Financial Review

The statement of financial activities shows the total income of £365,264 (2020: £349,180) and expenditure of £279,711 (2020: £249,792) contributed to a net surplus of £85,553 (2020: 99,388). The charity ended the year with total reserves of £376,715 of which £254,913 (2020: £132,227) were in restricted funds. This represents grants awarded and funds received at the end of the year that will be spent during 2022. The unrestricted reserve of £121,802 represents £40,000 which is held according to the Reserve Policy. The remaining £81,802 will cover human resource, administration and charitable activities to be incurred in 2022.

At the year end the charity held £257,849 (2020: £245,797) of cash at bank and in hand. It had £2,275 (2020: £1,080) of credit balances. Net assets of the charity at the year-end were £376,715 (2020: £291,162).

The charity continued to focus on diversifying its income streams to mitigate against the continued impact of COVID19 on the funding available for charities across the sector. The charity was directly impacted by the UK Government's aid cuts with a new approved project planned in partnership with SGCP in Nepal being cut the month before it was due to start. The funds required for the project have subsequently been provided by a private donor. Fundraising from Trusts and Foundations was successful during the period with funding secured from eight new Trusts and Foundations. These were primarily restricted funds for specific projects across the three countries of operation. During the period, the charity continued to receive significant multiyear grants from the National Lottery Community Fund and the Commonwealth Foundation and concluded its multi-year funding from the Foreign, Commonwealth and Development Office (through its UK Aid Direct fund). These are restricted funds for three large scale programmes in Nepal and India. The charity also ran an emergency campaign to provide relief to carers and their families in India during the COVID19 pandemic. Funds raised were dispersed directly to existing partner organisations in India. Support from individuals continued to increase steadily and a number of community and sponsorship events resumed.

Report of the Trustees continued

Income and expenditure both increased in comparison to 2020. The majority of funds were spent on charitable activities, including disbursements to the charity's partner organisations in India, Nepal and Bangladesh to implement programmes which have now impacted the lives of over 119,000 individuals: 19,834 carers, the 20,069 relatives living with a disability or mental ill-health for whom they care and 79,336 family members.

The charity extends thanks and appreciation to all its supporters for their belief in its work and for their commitment to improving the lives of carers and their families.

The income for the period was spent wholly on charitable activities and enabled the activities outlined earlier in the report to be conducted.

Reserves and reserves policy

The Trustee-Directors reviewed the charity's reserves policy during the year and continues to aim to retain unrestricted reserves of £40,000 or 3 months operating costs (whichever is the largest) to ensure the charity can continue its operations in the short term while seeking further funding as necessary. During this period, funds remained above the reserves level at all times. The level of reserves is presented to the Trustee-Directors at each Board meeting and the reserves policy is formally reviewed annually by the Board. The end of year balance of the free unrestricted reserves, over and above the £40K reserve policy, of £81,802 will be spent in 2022 to cover human resource, administration and charitable activities.

Risk Management

The Trustee-Directors have reviewed the risks to which a small charity operating overseas with limited funding and only four employees is exposed. The additional risks presented by the continuation of the COVID19 pandemic were reviewed on an ongoing basis and appropriate mitigating actions put in place. Financial management reports are used to identify and monitor financial risks monthly. The strong network of volunteers, careful use of consultants and the experience and expertise of the Trustee-Directors are judged to mitigate the risk of only having four paid staff members, and this is reviewed regularly. The potential risk of simultaneously appointing a new Chair and four new Trustee-Directors was mitigated by continuing the terms of existing Trustees and appointing Sarah Ridley as Vice Chair. A Risk Register is maintained which is approved by the Trustee-Directors, with specific areas of monitoring oversight assigned to named Trustee-Directors and staff members. This is discussed at each Board meeting and reviewed in full annually.

Safeguarding

Carers Worldwide is committed to ensuring the safety and wellbeing of everyone with whom it works, including carers, the individuals for whom they care and their families, as well as of the partner staff with whom we work and our own staff, trustees and volunteers. The Trustees review the charity's suite of safeguarding policies and procedures, including its code of conduct annually, and these were updated during the period in response to new guidance from the FCDO.

Report of the Trustees continued

Directors of the company during the year to 31st December 2021 were

Siân Edwards (to July 2021)

Christopher Underhill (to July 2021)

Alastair Page

Sarah Ridley

Dhanya Vamadevan

Maria Andrews (from July 2021)

Jonathan Freeman (from July 2021)

Maveen Pereira (from July 2021)

Dionne Williams (from July 2021)

Ian Yates (from July 2021)

All currently serving directors were also in place at the date when the directors' report and accounts were approved.

All directors are also trustees.

Company Secretary

Ruth Patil

Executive Director

Anil Patil

Ambassador

Chris Underhill (from July 2021)

Report of the Trustees continued

Statement of Directors' Responsibilities

The Charities Acts and the Companies Acts require the Board of Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity as at the end of the financial year and of the surplus or deficit of the charity.

In preparing those financial statements the Board is required to:-

- select suitable accounting policies and then apply them consistently
- make judgements and estimates that are reasonable and prudent
- state whether applicable accounting standards and statements of recommended practice have been followed subject to any departure disclosed and explained in the financial statements
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue to operate.

The trustees are also responsible for maintaining adequate accounting records which disclose with reasonable accuracy at any time the financial position of the charity and which are sufficient to show and explain the charity's transactions and enable them to ensure that the financial statements comply with regulations made under the Charities Act.

They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are also responsible for the contents of the trustees' report, and the responsibility of the independent examiner in relation to the trustees' report is limited to examining the report and ensuring that, on the face of the report, there are no inconsistencies with the figures disclosed in the financial statements.

The trustees are responsible for the maintenance and integrity of the charity and financial information included on the charity's website.

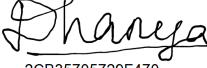
Report of the Trustees continued

Method of preparation of accounts

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

This report was approved by the board of directors on 15th July 2022

Director

DocuSigned by:

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Name : Dhanya Vamadevan

Carers Worldwide

Independent Examiner's Report to the directors of Carers Worldwide (a company limited by guarantee)

I report on the financial statements of the company for the period ended 31 December 2021 as set out on pages 18 to 29.

This report is made solely to the charity's trustees, as a body, in accordance with Section 145 of the Charities Act 2011. My work has been undertaken so that I might state to the charity's trustees those matters I am required to state to them in this report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the charity and the charity's trustees as a body, for my work, for this report, or for the opinions I have formed.

Respective responsibilities of trustees and examiner

The charity's trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of financial statements. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the '2011 Act') and that an independent examination is needed.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the financial statements under section 145 of the 2011 Act
- to follow the procedures laid down in the General Directions given by the Charity Commission under section 145(5) of the 2011 Act; and
- to state where particular matters have come to my attention

Basis of the independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the financial statements presented with those records. It also includes consideration of any unusual items or disclosures in the financial statements and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the financial statements present a 'true and fair view' and the report is limited to those matters set out in the statements below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- a) Which gives me reasonable cause to believe that in any material respect the requirements:
 - to keep accounting records in accordance with section 386 of the Companies Act 2006; and
 - to prepare financial statements which accord with the accounting records and to comply with the accounting requirements of the section 396 of the Companies Act 2006 and with
 - the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities have not been met; or
- b) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the financial statements to be reached.

Karon Cook FCA
Infinity Accountants Ltd

Date: 13/09/2022

DocuSigned by:
Karon Cook
726EFF50E30D45B...

1 Therapia Road
London, SE22 0SF

Statement of Financial Activities (including Income and Expenditure Account)

For the year ended 31 December 2021

Carers Worldwide

	Notes	Unrestricted Funds 31st Dec 2021 £	Restricted Funds 31st Dec 2021 £	Total Funds 31st Dec 2021 £	Unrestricted Funds 31st Dec 2020 £	Restricted Funds 31st Dec 2020 £	Total Funds 31st Dec 2020 £
Income and Endowments from:							
Donations and legacies	4	43,105	22,645	65,750	33,245	-	33,245
Charitable Activities	5	-	299,265	299,265	92,273	223,446	315,719
Other	6	249	-	249	216	-	216
Total		<u>43,354</u>	<u>321,910</u>	<u>365,264</u>	<u>125,734</u>	<u>223,446</u>	<u>349,180</u>
Expenditure on:							
Raising Funds	7	842	-	842	678	170	848
Charitable Activities	8	84,307	194,562	278,869	41,715	207,229	248,944
Total		<u>85,149</u>	<u>194,562</u>	<u>279,711</u>	<u>42,393</u>	<u>207,399</u>	<u>249,792</u>
Net income/(expenditure)		<u>(41,795)</u>	<u>127,348</u>	<u>85,553</u>	<u>83,341</u>	<u>16,047</u>	<u>99,388</u>
Transfer of funds		4,662	(4,662)	-	4,181	(4,181)	-
Net movement in funds		<u>(37,133)</u>	<u>122,686</u>	<u>85,553</u>	<u>87,522</u>	<u>11,866</u>	<u>99,388</u>
Reconciliation of funds:							
Total Funds brought forward		<u>158,935</u>	<u>132,227</u>	<u>291,162</u>	<u>71,413</u>	<u>120,361</u>	<u>191,774</u>
Total funds carried forward		<u>121,802</u>	<u>254,913</u>	<u>376,715</u>	<u>158,935</u>	<u>132,227</u>	<u>291,162</u>

The statement of financial activities includes all gains and losses in the year.

All incoming resources and resources expended derive from continuing activities

Balance Sheet

For the year ended 31

December 2021

Carers Worldwide

Company Number 08083816

	Notes	2021 £	2021 £	2020 £	2020 £
Fixed Assets					
Tangible Assets	10		2,101		1,267
Total Fixed Assets			2,101		1,267
Current Assets:					
Debtors	11	119,040		45,178	
Cash at bank and in hand		257,849		245,797	
Liabilities					
Creditors: amounts falling due within one year	12	2,275		1,080	
Net current assets			374,614		289,895
Total assets less current liabilities			376,715		291,162
Creditors: amounts falling due after one year			-		-
Net Assets	13		376,715		291,162
The Funds of the Charity:					
Restricted income Funds	13		254,913		132,227
Unrestricted income funds			121,802		158,935
Total Charity Funds	14		376,715		291,162

The notes form part of these financial statements

The Trustees acknowledge their responsibilities for complying with the requirements of the Companies Act 2006. Under Companies Act 2006, Section 454, on a voluntary basis, the trustees can amend these financial statements if they subsequently prove to be defective.

The Directors of the Company acknowledge their responsibilities for:

- ensuring the company keeps accounting records which comply with Section 386 Companies Act 2006.
- preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of the financial period and of its statement of financial affairs for the period in accordance with the requirements of Sections 394 and 395 Companies Act 2006 and which otherwise complies with the requirements of the Act relating to accounts so far as they are applicable to the company.

For the year ending 31/12/2021 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

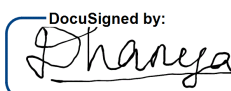
The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibility for complying with the requirements of the Act with respect to accounting records and for the preparation of accounts.

These accounts have been prepared in accordance with the special provisions applicable to companies subject to the small companies regime.

Approved by the Directors and signed on its behalf:

Date: 15th July 2022

Director: 
Name: Dhanya Vamadevan

Notes to the accounts

For the year ended 31 December 2021

Carers Worldwide

Accounting Policies

1. Basis of Preparation of the accounts

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)(effective 1 January 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), the Update Bulletin to the Charities SORP (FRS 102) and the Companies Act 2006.

The Charity constitutes a public benefit entity as defined by FRS 102.

The accounts are presented in pounds Sterling (£) which is the functional currency of the charitable company. Monetary amounts in these accounts are rounded to the nearest whole pound.

The Trustees consider that there are no material uncertainties about the Charity's ability to continue as a going concern.

The charity has taken advantage of the exemption in the Update Bulletin amending the Charities SORP (FRS 102) from the requirement to produce a cash flow statement on the grounds it does not qualify as a large company.

Accounting Convention

The financial statements are prepared on a going concern basis, under historical cost convention.

Income

All incoming resources are included in the Statement of Financial Activities when the Trust is legally entitled to the income, it is probable that the income will be received, and the amount can be quantified with reasonable accuracy.

Expenditure

Charitable Expenditure

This comprises all expenditure directly relating to the objectives of the charity.

Governance costs

This comprises the costs of running the charity itself as an organisation.

Depreciation Policy

Capital Assets are defined as a unit of property that:

- (1) has an economic useful life that extends beyond 12 months; and
- (2) was acquired for a cost of over £100

Capital Assets are depreciated over 4 years (25% each year).

Debtors

Debtors are recognised at the settlement amount due. Prepayments are valued at the amount prepaid.

Creditors

Creditors and provisions are recognised where there is a present obligation from a past event that will probably result in the transfer of funds to a third party and the amount due can be measured or estimated reliably. They are recognised at the settlement amount due.

Cash

Cash at bank and in hand includes cash and short term highly liquid investments with a maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

Notes to the Accounts (continued)

Currency of financial statements

The financial statements are prepared in sterling which is the functional currency of the charity.

Taxation

As a registered charity, the company is exempt from income and corporation tax to the extent that its income and gains are applicable to charitable purposes only. Value Added Tax is not recoverable by the company and is therefore included in the relevant costs in the Statement of Financial Activities.

2. Winding up or dissolution of the charity

If upon winding up or dissolution of the charity there remain any assets, after the satisfaction of all debts and liabilities, the assets represented by the accumulated fund shall be transferred to some other charitable body or bodies having similar objectives to the charity.

3 Expenses paid to Trustees or persons connected with Trustees

	Year to 31st Dec 2021	Year to 31st Dec 2020
	£	£
The aggregate amount of expenses paid to directors was	-	-

Trustees did not receive any remuneration in the year 2021 or in 2020.

4 Income from Donations and Legacies

	Year to 31st Dec 2021	Year to 31st Dec 2021	Year to 31st Dec 2021	Year to 31st Dec 2020
	Unrestricted Funds	Restricted Funds	Total	
	£	£	£	£
Donations	40,223	15,477	55,700	28,340
Gift Aid	2,882	7,168	10,050	4,905
Income from Donations and Legacies	43,105	22,645	65,750	33,245

5 Income from Charitable Activities

	Year to 31st Dec 2021	Year to 31st Dec 2021	Year to 31st Dec 2021	Year to 31st Dec 2020
	Unrestricted Funds	Restricted Funds	Total	
	£	£	£	£
Grants	-	299,265	299,265	293,778
Contractual income	-	-	-	21,941
Income from Charitable Activities	-	299,265	299,265	315,719

6 Other

	Year to 31st Dec 2021	Year to 31st Dec 2021	Year to 31st Dec 2021	Year to 31st Dec 2020
	Unrestricted Funds	Restricted Funds	Total	
	£	£	£	£
Bank deposit interest received	19	-	19	121
T-Shirt donation	230	-	230	95
Other Income	249	-	249	216

Notes to the Accounts (continued)

7 Expenditure on Raising funds	Year to 31st Dec 2021	Year to 31st Dec 2021	Year to 31st Dec 2021	Year to 31st Dec 2020
	Unrestricted Funds	Restricted Funds	Total	Total
	£	£	£	£
Fund raising costs	842	-	842	848
Other Income	842	-	842	848

8 Expenditure On Charitable activities

a) Grants payable

During the period grants totalling £128,734 (2020 £133,715) were made to the following recipients

	Year to 31st Dec 2021	Year to 31st Dec 2021	Year to 31st Dec 2021	Year to 31st Dec 2020	Year to 31st Dec 2020	Year to 31st Dec 2020
	Unrestricted Funds	Restricted Funds	Total	Unrestricted Funds	Restricted Funds	Total
	£	£	£	£	£	£
Sacred	-	4,423	4,423	-	5,409	5,409
NBJK	-	6,482	6,482	-	7,649	7,649
Samuha	-	4,348	4,348	-	6,183	6,183
SGCP	-	15,000	15,000	-	24,000	24,000
CDD	2,030	28,806	30,836	-	38,661	38,661
Carers Worldwide India	-	3,523	3,523	-	12,029	12,029
Margadarshi	-	8,506	8,506	-	8,293	8,293
EKTA	-	10,084	10,084	-	2,689	2,689
SPREAD	-	10,084	10,084	-	2,154	2,154
Leads	-	5,913	5,913	-	26,648	26,648
WORD	-	2,483	2,483	-	-	-
Narendra Foundation	-	4,487	4,487	-	-	-
BIRDS	-	2,565	2,565	-	-	-
UETS	-	10,000	10,000	-	-	-
Shristi Special Academy	-	10,000	10,000	-	-	-
Total institutional grants	2,030	126,704	128,734	-	133,715	133,715
Total grants to individuals	-	-	-	-	-	-
Total grants paid	2,030	126,704	128,734	-	133,715	133,715

b) Activities undertaken directly

	Year to 31st Dec 2021	Year to 31st Dec 2021	Year to 31st Dec 2021	Year to 31st Dec 2020	Year to 31st Dec 2020	Year to 31st Dec 2020
	Unrestricted Funds	Restricted Funds	Total	Unrestricted Funds	Restricted Funds	Total
	£	£	£	£	£	£
Trainings and meetings	-	2,229	2,229	-	-	-
Studies	295	504	799	-	-	-
Project evaluation	-	1,500	1,500	-	2,301	2,301
Total Activities undertaken directly	295	4,233	4,528	-	2,301	2,301

Notes to the Accounts (continued)

	Year to 31st Dec 2021	Year to 31st Dec 2021	Year to 31st Dec 2021	Year to 31st Dec 2020	Year to 31st Dec 2020	Year to 31st Dec 2020
	Unrestricted Funds	Restricted Funds	Total	Unrestricted Funds	Restricted Funds	Total
	£	£	£	£	£	£
c) Other Charitable Activities costs						
Salaries, Employers NI contributions and pension	62,103	40,064	102,167	32,944	53,496	86,440
Overseas Associates	675	11,970	12,645	-	845	845
Depreciation	640	249	889	400	-	400
Travel and subsistence	1,375	916	2,291	609	1,510	2,119
Postage	72	117	189	80	206	286
Stationery	312	185	497	121	335	456
Phone	53	63	116	20	110	130
IT	966	5,291	6,257	716	3,524	4,240
Other	4,496	2,349	6,845	3,835	2,626	6,461
Recruitment costs	1,513	-	1,513	-	395	395
Consultancy costs	6,577	2,421	8,998	1,763	7,758	9,521
Subscriptions	1,045	-	1,045	147	408	555
Independent examiner fee	1,080	-	1,080	1,080	-	1,080
Tax services provided by independent examiner	540	-	540	-	-	-
Trustee meeting expenses	535	-	535	-	-	-
Total Support costs	81,982	63,625	145,607	41,715	71,213	112,928
Total Expenditure on charitable Activities	84,307	194,562	278,869	41,715	207,229	248,944

Charitable activity expenditure is allocated to restricted income funds according to the actual expenditure incurred on each project except for salaries where it is apportioned according to time spent on each project

9 Staff costs and emoluments

	Year to 31st Dec 2021 £	Year to 31st Dec 2020 £
Gross salaries	92,623	81,954
Employer's National Insurance contributions	3,828	2,916
Employer's pension contributions	5,716	5,149
Furlough income from HMRC	-	(3,579)
	<u>102,167</u>	<u>86,440</u>
Numbers of full time employees or full time equivalents	Year to 31st Dec 2021	Year to 31st Dec 2020
Engaged in management and administration	4	4
	<u>4</u>	<u>4</u>

In 2021, key management personnel received total compensation of £ 47,733 (2020: £46,937)

No employee received remuneration above £60,000 in 2021 or 2020

4 volunteers were used by the charity during 2021 (2020:4)

Notes to the Accounts (continued)

10 Tangible fixed assets

	Year to 31st Dec 2021	Year to 31st Dec 2020
	Office Equipment	Office Equipment
Cost	£	£
Brought forward at 1 Jan	4,065	3,465
Additions	1,723	600
carried forward at 31 Dec	5,788	4,065
Depreciation		
Brought forward at 1 Jan	2,798	2,398
Charge in the year	889	400
Carried forward at 31 Dec	3,687	2,798
Net book value at 31 Dec	2,101	1,267

11 Debtors

	Year to 31st Dec 2021	Year to 31st Dec 2020
	£	£
Gift Aid recoverable	6,877	256
Accrued income	112,067	44,422
Staff Advance	96	500
	119,040	45,178

12 Creditors: amounts falling due within one year

	Year to 31st Dec 2021	Year to 31st Dec 2020
	£	£
Accrued Expenses	2,275	1,080
	2,275	1,080

Notes to the Accounts (continued)

13 Restricted Income Funds

	Balance c/f at 31 December 2020	Income	Expenditure	Transfer of funds	Balance c/f at 31 December 2021
2021	£	£	£		£
Ashoka	7,179	-	7,179	-	-
National Lottery Community Fund	21,794	-	17,294	-	4,500
Commonwealth Foundation	38,509	50,000	41,799	-	46,710
Eleanor Rathbone Charitable Trust	1,000	-	1,000	-	-
Embracing Carers 1	21,394	110	4,759	-	16,745
Guernsey Overseas Aid Commission	1,596	-	1,596	-	-
Kit 4 Carers	5,879	-	5,879	-	-
James McNab Trust	2,000	-	2,000	-	-
Randal Charitable Foundation	10,000	-	10,000	-	-
Skoll Foundation	7,500	-	7,500	-	-
Souter Charitable Trust	2,600	-	2,600	-	-
Southall Trust	691	3,000	3,690	-	-
UK Aid Direct (SCCF)	264	-	264	-	-
UK Aid Direct (JCMG)	11,821	869	12,690	-	-
Andrews Charitable Trust 3	-	20,000	-	-	20,000
Major Donors	-	23,300	3,789	(4,662)	14,849
British Foreign School Society	-	12,455	8,519	-	3,936
Bryan Guinness Charitable Trust	-	3,000	3,000	-	-
CareTech Foundation	-	17,020	8,510	-	8,510
COVID 19 Emergency Appeal	-	17,985	13,032	-	4,953
Embracing Carers 2	-	45,000	-	-	45,000
Allan and Nesta Ferguson	-	6,720	1,806	-	4,914
Hemraj Goyal Foundation	-	15,000	-	-	15,000
Brian Mercer Trust	-	14,723	8,204	-	6,519
Open Gate Trust	-	1,000	1,000	-	-
Rangoonwala Foundation	-	31,333	10,634	-	20,699
Scott Bader	-	4,000	4,000	-	-
Improving healthcare access for people with mental illness and carers in India Fund	-	54,395	13,317	-	41,078
Wyn Ken Lo Memorial Fund	-	2,000	500	-	1,500
	132,227	321,910	194,562	(4,662)	254,913

Notes to the Accounts (continued)

2020	Balance c/f at 31 December 2019	Income	Expenditure	Transfer of funds	Balance c/f at 31 December 2020
	£	£	£		£
Andrews Charitable Trust 1	125	-	(98)	(27)	-
Andrews Charitable Trust 2	4,154	-	-	(4,154)	-
Ashoka	-	7,574	(395)	-	7,179
National Lottery Community Fund	31,034	14,538	(23,778)	-	21,794
Boehringer Ingelheim	1,387	-	(1,387)	-	-
Commonwealth Foundation	35,773	50,000	(47,264)	-	38,509
Embracing Carers	22,666	20,000	(21,272)	-	21,394
Gilchrist Educational Trust	1,642	-	(1,642)	-	-
Guernsey Overseas Aid Commission	3,658	19,422	(21,484)	-	1,596
Kit 4 Carers	-	12,530	(6,651)	-	5,879
James McNab Trust	-	2,000	-	-	2,000
Major Donors	-	10,000	(10,000)	-	-
Randal Charitable Foundation	-	10,000	-	-	10,000
Rangoonwala Foundation	-	8,000	(8,000)	-	-
Eleanor Rathbone Charitable Trust	-	1,000	-	-	1,000
Skoll Foundation	-	7,500	-	-	7,500
Souter Charitable Trust	3,000	2,600	(3,000)	-	2,600
Southall Trust	-	5,000	(4,309)	-	691
Thomas Cook Childrens Charity	5,442	-	(5,442)	-	-
UK Aid Direct (SCCF)	2,555	5,616	(7,907)	-	264
UK Aid Direct (JCMG)	8,925	47,666	(44,770)	-	11,821
	120,361	223,446	(207,399)	(4,181)	132,227

Description of restricted income funds*Ashoka*

A grant was awarded through the Making More Health partnership to support the charity during the COVID19 pandemic.

National Lottery Community Fund

The National Lottery Community Fund grant was awarded as part of the Fund's Rebuilding Communities grant programme for Nepal. It is for a three year project running from November 2016 to October 2019, extended to July 2020, promoting the social, emotional, medical and economic wellbeing of 500 carers, mostly mothers, of children with cerebral palsy and other neurological disorders in the Kathmandu valley, run in partnership with Cerebral Palsy Nepal (SGCP). Due to the COVID19 pandemic the grant period was extended into 2021.

Commonwealth Foundation

The grant from the Commonwealth Foundation is for a four year project being implemented across four states in India and also at national level in partnership with six of our partner organisations: NBJK, SACRED, SAMUHA, Ekta, SPREAD and WORD. The project, which runs from October 2018 to September 2022 is entitled "Family caregiving and public policy in India" and will create new opportunities for recognition and support of carers of those living with a disability or mental health condition.

Embracing Carers

A donation from Embracing Carers has been given to support the charity's advocacy work in India, specifically to allow them to organise and deliver one state level and one national level workshop to engage stakeholders in discussions about policy relating to carers and to promote state and national level carers forums. A second donation was given during 2020 to support the charity's work with its partner organisations during the COVID19 pandemic and to raise awareness of the needs of carers and advocate for their inclusion in COVID19 responses.

Notes to the Accounts (continued)

Guernsey Overseas Aid Commission

The grant from the Guernsey Overseas Aid Commission was awarded to promote the social and economic inclusion of 300 homebased family carers of people with mental illness or disabilities in the sub-district of Savar, on the outskirts of Dhaka, Bangladesh. The project is in partnership with the Centre for Disability in Development and runs from June 2019 – May 2020. Due to the COVID19 pandemic the grant period was extended into 2021. This grant is from the UK Government.

Kit 4 Carers

Kit 4 Carers provided a grant to enable manufacture and distribution of masks, PPE and hygiene kits to carers, family members and frontline workers in Karnataka, India in collaboration with our partners SAMUHA and Margadarshi. A second grant was awarded to support our initiatives promoting carer mental health with our partners in Odisha.

James McNab Trust

The grant from the James McNab Trust was towards the charity's COVID19 appeal.

Randal Charitable Foundation

The grant from the Randal Charitable Foundation was awarded for a project conducted in partnership with the Centre for Disability in Development to support the ongoing operation of two Community Caring Centres in Savar sub-district, Dhaka, Bangladesh, providing education and therapy opportunities to children with complex disabilities and respite to their carers.

Eleanor Rathbone Charitable Trust

The Eleanor Rathbone Charitable Trust provided a grant in support of health camps for carers, implemented in partnership with the Centre for Disability in Development in Savar sub-district, Dhaka, Bangladesh.

Skoll Foundation

The Skoll Foundation provided a grant to support the charity's implementation of a digital strategy to aid in raising awareness of the need for targeted support and social protection for family carers in low and middle income countries.

Souter Charitable Trust

The grant from the Souter Charitable Trust was awarded to support a project conducted in partnership with the Centre for Disability in Development to promote access to aids and appliances for children and adults with disabilities in Savar sub-district, Dhaka, Bangladesh and in so doing, reduce some of the physical impacts of caring on family carers. An additional grant was received to support a project in partnership with the Shristi Special Academy, establishing Community Education and Caring Centres in Bangalore, India. The project has been delayed due to the COVID19 pandemic and will commence in 2021.

Rangoonwala Foundation

The grant from the Rangoonwala Foundation is for a three year project, also part funded by the CareTech Foundation, being implemented on the outskirts of Dhaka by the charity's partner The Centre for Disability in Development. Working with just over 1,000 carers of disabled children and adults, the project is further expanding our previous work in the area.

Southall Trust

The Southall Trust provided a grant to support the charity's work in partnership with Ekta and SPREAD in Koraput district, Odisha, India promoting services for people living with mental illness and epilepsy and their carers and facilitating access to medical care.

UK Aid Direct (Small Charities Challenge Fund)

The UK Aid Direct grant is for a project in partnership with the Centre for Disability in Development, which aims to transform the lives of 500 carers and their immediate family members in Savar sub-district on the outskirts of Dhaka, the capital of Bangladesh, over a period of 18 months from October 2018 to March 2020. Due to the COVID19 pandemic the grant period was extended to September 2020. This grant is from the UK Government.

UK Aid Direct (Jo Cox Memorial: Strengthening Grant)

The second UK Aid Direct grant is for a project in partnership with LEADS Nepal which aims to promote the social and economic inclusion of carers in Baglung and Myagdi districts, western Nepal through the strengthening of women-led Carers Associations. The project period is April 2019 – March 2021. This grant is from the UK Government.

Notes to the Accounts (continued)

Allan and Nesta Ferguson Charitable Trust

The grant from the Allan and Nesta Ferguson Charitable Trust was awarded to fund the set up and operation for one year of a new community caring centre in Savar sub-district of Dhaka, Bangladesh in partnership with the Centre for Disability in Development.

Andrews Charitable Trust

The Andrews Charitable Trust awarded a one year grant in June 2020 to support the next phase of the charity's growth. They also provided funding to support the charity's post COVID19 recovery work.

Brian Mercer Trust

The grant from the Brian Mercer Trust has part funded a one year project working with 1,850 people with mental illness and epilepsy and carers in Koraput district, Odisha, India in collaboration with two of our partners Ekta and SPREAD.

British and Foreign Schools Society

The grant from the British and Foreign Schools Society is enabling the charity to work in an urban setting in India for the first time, in partnership with the Shristi Special Academy. Working with 70 disabled children, their siblings and mothers, the project will promote online access to education and therapy for children who are unable to travel to the Academy's centre.

Bryan Guinness Charitable Trust

The Trust contributed to the charity's COVID19 emergency appeal which provided targeted relief to carers and their families in India during the second wave of the COVID19 pandemic.

CareTech Foundation

The grant from the CareTech Foundation is for a three year project, also part funded by the Rangoonwala Foundation, being implemented on the outskirts of Dhaka by our partner The Centre for Disability in Development. Working with just over 1,000 carers of disabled children and adults, the project is further expanding the charity's previous work in the area.

COVID19 Emergency Appeal

The charity raised funds from the public to provide emergency relief via its partner organisations to carers and families in India during the second wave of the COVID19 pandemic.

Hemraj Goyal Foundation

The one year grant from the Hemraj Goyal Foundation is to support the charity's work across India with a specific focus on strengthening carers groups, livelihoods initiatives and advocacy efforts.

Major Donors fund

An ongoing donation from a single donor is supporting the setting up and operation of a free telephone helpline for carers across Nepal in partnership with Self Help Group Cerebral Palsy.

Open Gate Trust

The grant from the Open Gate Trust has part funded livelihoods activities with carers in the Chamarajanagar district of southern Karnataka, India in collaboration with the charity's partner Margadarshi.

Scott Bader Company Limited

The grant for the Scott Bader Company is supporting the setting up and running of a barefoot counselling service for carers in order to provide first stage mental health first aid. The project is implemented in partnership with the charity's partner Margadarshi and takes place in Chamarajanagar district, southern Karnataka, India.

Improving healthcare access for people with mental illness and carers in India

A grant was received to support a two year project with new partner The Uma Educational and Technical Society working in a remote district in Andhra Pradesh, India. The project will support 500 people with mental illness and their carers, with a focus on diagnosis and treatment of those with a mental health condition, the emotional wellbeing of carers and increasing household financial security.

Notes to the Accounts (continued)

Wyn and Ken Lo Memorial Foundation

The grant from the Wyn and Ken Lo Memorial Foundation is supporting an innovative project in partnership with the Narendra Foundation and local government which will benefit 500 carers of children and adults with severe disabilities in Tumkur district, Karnataka, India. Health professionals are being trained to work with carers and access to carers support groups and government benefits is being promoted.

14 Analysis of Total Funds

2021	Fixed Assets	Debtors	Cash at Bank	Creditors	Total
	£	£	£	£	£
Unrestricted funds	1,851	15,511	106,262	(1,822)	121,802
National Lottery Community Fund	-	-	4,500	-	4,500
Commonwealth Foundation	-	50,000	(3,290)	-	46,710
Caretech	-	8,510	-	-	8,510
Embracing Carers 1	-	-	16,745	-	16,745
UK Aid Direct Small Charities Challenge Fund	250	-	(250)	-	-
Andrews Charitable Trust 3	-	-	20,000	-	20,000
Alistair Page	-	-	15,302	(453)	14,849
British Foreign School Society	-	-	3,936	-	3,936
COVID 19	-	-	4,953	-	4,953
Evans Cornish Foundation	-	19	(19)	-	-
Embracing Carers 2	-	45,000	-	-	45,000
Allan and Nesta Ferguson	-	-	4,914	-	4,914
Hemraj Goyal Foundation	-	-	15,000	-	15,000
Brian Mercer Trust	-	-	6,519	-	6,519
Rangoonwala Foundation	-	-	20,699	-	20,699
Improving healthcare access for people with mental illness and carers in India Fund	-	-	41,078	-	41,078
Wyn Ken Lo Memorial Fund	-	-	1,500	-	1,500
Balance of Funds at 31st December 2021	2,101	119,040	257,849	(2,275)	376,715
2020	Fixed Assets	Debtors	Cash at Bank	Creditors	Total
	£	£	£	£	£
Unrestricted funds	668	25,756	133,591	(1,080)	158,935
Andrews Charitable Trust 1	100	-	(100)	-	-
Andrews Charitable Trust 2	-	-	-	-	-
Ashoka	-	-	7,179	-	7,179
National Lottery Community Fund	-	-	21,794	-	21,794
Commonwealth Foundation	-	-	38,509	-	38,509
Embracing Carers	-	-	21,394	-	21,394
Guernsey Overseas Aid Commission	-	19,422	(17,826)	-	1,596
Kit 4 Carers	-	-	5,879	-	5,879
James McNab Trust	-	-	2,000	-	2,000
Randal Charitable Foundation	-	-	10,000	-	10,000
Eleanor Rathbone Charitable Trust	-	-	1,000	-	1,000
Skoll Foundation	-	-	7,500	-	7,500
Souter Charitable Trust	-	-	2,600	-	2,600
Southall Trust	-	-	691	-	691
UK Aid Direct (SCCF)	499	-	(235)	-	264
UK Aid Direct (JCMG)	-	-	11,821	-	11,821
Balance of Funds at 31st December 2020	1,267	45,178	245,797	(1,080)	291,162

Notes to the Accounts (continued)

15 Related Party Transactions

There were no related party transactions in the reporting period (2020: none)

CARERS WORLDWIDE

England & Wales - Charity number 1150214

Accounts

Registered Charity Number
1150214

Registered Company Number
(Registered in England and Wales)
08083816

Carers Worldwide
(a company limited by guarantee)

Financial Statements
for the year ended
31 December 2020

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Charity and Company Information

Registered Office and Principal Address	Carers Worldwide 30 Lodgefield Welwyn Garden City Hertfordshire AL7 1SD
Bankers	CAF Bank Ltd 25 Kings Hill Avenue Kings Hill West Malling Kent ME19 4JQ
Independent Examiner	Karon Cook FCA 1 Therapia Road London SE22 0SF
Registered Charity	1150214
Registered Company	08083816 (England and Wales)

Carers Worldwide

The Report of the Trustee-Directors of Carers Worldwide for the year ending December 2020

Introduction

2020 has been a challenging year for everyone and has reminded us all that we live in a global society where we are all inter-connected. This has been of particular relevance to Carers Worldwide as the organisation, along with its partners in-country, has responded to and continued to support carers and their families in India, Nepal and Bangladesh through the height of the COVID19 pandemic.

The organisation has now transformed the lives of over 73,000 carers and family members, working with over 10,000 carers and 47,600 family members during 2020 alone. Responses to COVID19 included emergency food packages, sanitation packages, delivery of medicines, phone and video based counselling, access to telemedicine, phone and online carers support group meetings, COVID19 awareness activities and facilitating access to government support. This support was vital to carers and their families, especially given the vulnerable health of many disabled family members.

Alongside this, Carers Worldwide has continue to forge ahead with its advocacy strategy with significant gains being made in India at state level and globally in collaboration with the International Alliance of Carer Organisations where Carers Worldwide is the only representative voice from low and middle income countries.

Despite the wide ranging impacts of COVID19, including the impact on the usual fundraising activities available to small charities, Carers Worldwide has increased its income compared to all previous years. This is a testament to the dedication of its team, Trustee Board and supporters.

Structure, governance and management

Carers Worldwide's governance is described in its Memorandum and Articles of Association. The policy and strategic decisions of Carers Worldwide rest with the Trustee-Directors who meet three times a year to oversee, plan and monitor its activities. The current Board of Trustee-Directors is shown on page 11. Potential candidates for the Board are considered by the existing Trustee-Directors on the basis of how their skills and experience match the organisation's needs. The Board of Trustee-Directors delegates the day to day running of the charity to the Founder and Executive Director, Anil Patil who is responsible for the day to day delivery of the programmes: currently in India, Nepal and Bangladesh; fundraising; financial accountability; marketing; quality assurance; policy and new programmes. The Trustee-Directors approve policies, the strategic plan of Carers Worldwide, annual plan and budget, and financial contracts as set out in the delegated authority. Amongst the Trustee-Directors, responsibility for oversight is assigned as follows: Treasurer and Finance – Sue Taylor (to July 2020) and Dhanya Vamadevan (July 2020 onwards), Fundraising – Sarah Ridley, Programmes – Siân Edwards and Strategy – Alastair Page. Each of the Trustee-Directors meets regularly with Anil Patil to ensure strategic objectives are met and statutory and donor compliance is maintained. As Chair of the Trustee-Directors, Chris Underhill oversees the activities of the Trustee-Directors and the Executive Director. He is responsible for conducting the Executive Director's performance management process.

During the year, the Trustee-Directors and senior management team began a recruitment process to seek a replacement for the Chair of the Trustee-Directors since the current Chair will be stepping down in July 2021. Alongside this, recruitment also started to replace Siân Edwards who will be stepping down in July 2021 and to recruit two additional Trustee-Directors to further strengthen the Board as the charity embarks on its new 10 year vision.

Objectives and activities

Carers Worldwide's objects, as defined in its Memorandum and Articles of Association incorporated 25th May 2012 and amended by special resolution 6th December 2012, are:

To promote the relief of people who require care due to physical or mental ill health, disability, old age, frailty, substance misuse or any other cause, in particular (but without limitation) by:

- 1.1. raising the awareness of carers and the general public as to the needs of and difficulties experienced by individuals as a result of their role as carers;
- 1.2. relieving financial hardship, sickness and distress among carers; and
- 1.3. the relief of individuals being cared for by improving the quality of their care and rehabilitation through the provision of training, support and advice to carers.

"Carer" means an individual of any age who cares for or nurses a relative, friend or partner requiring this help due to physical or mental ill health, disability, old age, frailty, substance misuse or any other cause.

In practice, Carers Worldwide works in partnership with established, well reputed organisations to implement strategies and programmes that will improve the lives of carers and those for whom they care. Carers Worldwide designs and develops programmes, provides specialist advice and training and advises on advocacy and policy issues, as well as providing links to other organisations, sources of knowledge, skills and funds.

Public Benefit

The Trustees of Carers Worldwide consider that the activities undertaken to achieve its charitable objectives through a combination of partnership, advocacy and knowledge sharing provide a public benefit to its direct beneficiaries, namely people who require care due to physical or mental ill health, disability, old age, frailty, substance misuse or any other cause and their carers in the countries in which it operates.

The Trustees confirm that they have complied with the duty in section 17 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission in determining the activities undertaken by the charity.

During the period from January to December 2020, Carers Worldwide focussed on:

- implementing the charity's new strategic plan (Strategic Plan 2020 – 2022) which was approved by the Trustee-Directors at the end of 2019
- developing the charity's 10 year vision incorporating its existing partnership working alongside the development of a training and consultancy strand and further work on influencing the policy and practice of other stakeholders; the vision was approved by the Trustee-Directors in November 2020
- responding to the COVID19 pandemic and collaborating with the charity's 10 existing partner organisations in India, Nepal and Bangladesh in order to respond to the emergency needs of carers and their families and to mitigate against the ongoing social, health and economic impacts
- continuing to plan and implement activities with seven existing partner organisations working across four states in India: Margadarshi and SAMUHA in Karnataka, SACRED in Andhra Pradesh, NBJK in Jharkhand and WORD, SPREAD and Ekta in Odisha; and with two existing partner organisations in two provinces of Nepal: LEADS Nepal in Baglung and Myagdi districts and Self Help Group Cerebral Palsy (SGCP) in the Kathmandu Valley
- entering into a new partnership with Shristi Special Academy in order to implement the charity's first urban programme in India (implementation delayed due to COVID19)
- completing and evaluating its pilot project in Bangladesh in partnership with the Centre for Disability in Development in Dhaka, implementing the Carers Worldwide model with 500 carers
- raising the profile of the needs of carers with state level government authorities in India through the establishment of State Level Carer Forums, in collaboration with Carers Worldwide India
- offering consultancy and advisory support to international charities to enable them to bring the issue of carers into their existing activities

- participating in national and international policy level and advocacy initiatives to raise awareness of the needs of carers globally
- further building the governance of the organisation
- further raising the profile of the charity within the UK and internationally
- responding to the impacts on funding as a result of COVID19, continuing to fundraise from institutional donors, Trusts and Foundations, individuals and community groups, and embarking on a plan for greater digital engagement and fundraising moving forward

The Executive Director and Trustees continued to work according to the charity's operational plan and fundraising strategy, which complement the charity's strategic plan. This suite of documents communicates clearly to staff, Trustees, beneficiaries, partners, donors and other key stakeholders our goals and how we will reach them. The overall guiding principles of the charity are as follows:

Vision

Our vision is a world in which the needs of every carer are routinely met in order to achieve physical, emotional, economic and social wellbeing for each individual.

Mission

Our mission is to enable carers, service providers, policy makers and other stakeholders to recognise and respond to the needs of carers in the developing world, ensuring balance and equal value is given to the needs of the carer and the person receiving care.

Strategic Goals

Our strategic goal is to serve as a catalyst to:

1. Bring about systemic change in the work of governments, charities and other agencies so that they recognise and respond to the needs of carers in the developing world.
2. Facilitate the provision of support for individual carers and their families in the developing world, bringing them better health, wellbeing and economic security.

Strategic Plan

This year saw the charity embark on its new strategic plan for the period 2020 – 2022, with the following strategic objectives:

- To increase the **reach and impact** of the Carers Worldwide model through **empowering existing partners** to mainstream and advocate for greater carer inclusion and through **establishing new partnerships** with carefully selected organisations across Southern Asia.
- To **develop a high quality, bespoke training and consultancy service** focussing on topics relating to carers and caring for use with national and international level NGOs, government agencies and corporates to enable them to support family carers in their respective spheres of influence.
- Through the network of partnerships and communities supported by Carers Worldwide to **build up a body of evidence** on family carers and the interventions that support them in their caring roles in order to inform future policy and practice.
- To engage in **policy and advocacy work at regional, national and international levels** in order to achieve recognition and inclusion of carers, and to promote the formation of regional and national level carers' forums, ultimately leading to the voice of carers being heard by policy makers and practitioners at all levels and across sectors.

Desired Outcomes

Our desired outcomes are that by 2022:

1. We will increase our visibility and impact, operating as an internationally recognised and respected catalyst for change, working through partners and others to raise awareness and achieve recognition of the needs of unpaid family carers in low and middle income countries and embed the skills required to deal with these needs in local communities.
2. We will have improved the lives of **30,000 carers** and **120,000 family members** across South and South East Asia.
3. We will promote the development of **carer-friendly workplaces** in our countries of operation through targeted engagement with the corporate sector
4. We will **increase the range of carer groups** with whom we work, specifically young carers, carers of the elderly, carers of people living with dementia, carers of people with cancer, carers of people with non-communicable diseases¹

¹ not an exhaustive list and will depend on need/opportunity

The Carers Worldwide model remains at the core of the charity's work. The model consists of five core elements:

- **Carers' support groups** - to reduce loneliness and isolation, create social networks and support emotional wellbeing;
- **Health services** - to provide access to physical and mental health services, including locally available counselling services;
- **Respite and short breaks** - to offer a break from caring responsibilities along with the development of alternative high quality care options such as day care centres;
- **Employment, training and education** - to facilitate access to employment, training or education, tailored as appropriate to co-exist with caring responsibilities;
- **Advocacy** - to strengthen the collective voice of carers to advocate for their needs and the provision they require at community, regional and national level, leading to changes in policy and practice.

We continued to strengthen the charity with regard to its statutory obligations and the desire to comply with best practice as set out by the Charity Commission.

Achievements and performance

Completing its eighth year of operation, Carers Worldwide has now touched the lives of 12,264 carers, the 12,499 relatives living with a disability or mental ill-health for whom they care and 49,056 family members across India, Nepal and Bangladesh. 84% of carers are women. 81% of carers are now earning a living that can co-exist alongside their caring responsibilities and more than 300 young carers have returned to education. 22 community caring centres have been set up to assist in the provision of alternative care. 78% of carers report improved health. 557 village level carers groups are operating, which are federated into cluster level committees and district level Carers Associations, with a total of 7 Carers Associations and 2 Carers Co-operatives now registered with local authorities. State Level Carers Forums have been set up in 4 states in India. Through a comprehensive range of capacity building activities, over 1,980 partner staff, carer representatives and local professionals have been trained.

As the COVID19 pandemic began impacting on India, Nepal and Bangladesh, the charity pivoted and adapted its activities in collaboration with its partner organisations and carer representatives in order to respond to the emergency situation and then to mitigate against the immediate and longer term social, health and economic impacts. During the year, 10,838 carers were supported along with 47,601 family members across 1,830 villages. Support provided included: emergency food packages, sanitation packages, delivery of medicines, phone and video based counselling, access to telemedicine, phone and online carers support group meetings, COVID19 awareness activities and facilitating access to government support. This support was vital to carers and their families, especially given the vulnerable health of many disabled family members.

Programmes – India

In partnership with seven NGOs across four states, the charity remains focused on the carers of those living with a disability or mental illness. Plans for partnerships with organisations and professionals working in other sectors including the elderly, chronically ill and those living with non-communicable diseases inevitably slowed during 2020 due to the COVID19 pandemic. Carers Worldwide India (registered as an independent Trust in India in December 2018) continued operating, closely supported by the Executive Director of Carers Worldwide who also sits as a Trustee on the Carers Worldwide India Board. The charity supports Carers Worldwide India with strategic, operational and fundraising capacity. Having an independent registered entity in-country has enabled the charity to increasingly advocate at local and state government level for the inclusion of carers into existing policies and to promote the development of care-friendly policy and practice.

Despite the impacts of COVID19 on the needs of carers and the priorities of the charity and its partners, building the capacity and voice of carers and stakeholders working in sectors closely related to caring continued to be a focus through the charity's Commonwealth Foundation funded project "Family caregiving and public policy in India: creating new opportunities for recognition and support." This project, running from October 2018 to September 2022 is being implemented in all four states of India where the charity currently operates, in partnership with six partners. The key priorities of the project, which is guiding the charity's strategy in India include:

- Implementing services at a local level that directly support carers, and ensuring the services become enshrined in policy at a local and national level
- Designing an engagement approach that is capable of influencing local, state and national level policy that will immediately enrich plans for our work in India. This approach will then shape our work further afield in Nepal and Bangladesh and assist our formation of our longer-term South Asia strategy
- Leveraging the infrastructure and capacity created by our work to date at the village and district levels in order to achieve significant steps towards establishing a robust civil society movement that is able to successfully petition for the recognition of the human rights of Indian carers. This will be done by enhancing the capacity of the Carers Associations and increasing the representation of carers from grass roots level upwards.

The four State Level Carers Forums established in 2019 have continued to operate and, with their wide range of representatives from partner organisations, government, the private sector, academic institutes and network bodies, have been at the forefront of ensuring the inclusion of carers and their families in the COVID19 responses of other NGOs and the local government.

Karnataka, Andhra Pradesh and Jharkhand – SAMUHA, Margadarshi, SACRED and NBJK

The charity's longest standing partners, SAMUHA, SACRED and NBJK along with new partner Margadarshi continued to promote the inclusion and wellbeing of carers through carer-specific support systems and mainstreaming carers and their families into COVID19 responses. All four organisations were active in providing support to their local communities and in supporting government relief programmes, providing physical space and staff capacity as well as organising activities such as the manufacture of masks and the distribution of sanitation packages. The ongoing priorities of carers that emerged as the immediate impacts of the pandemic lessened were mainly related to mental health and to livelihoods, and project planning has responded to those.

Odisha – Ekta, SPREAD and WORD

The charity's three partners in Odisha engaged intensively in COVID19 relief and response activities, implementing their own activities and working closely with local government to increase access of carers and others most likely to be otherwise excluded.

The Rangoonwala Foundation (India) Trust supported project "A Voice for Carers: Achieving recognition and inclusion of family carers of the disabled and mentally ill from Adivasi communities of Odisha" working with

1500 carers ended in August 2020. Carers Worldwide provided strategic, technical and expert support to our three Odisha partners to build their capacity to address the issues of carers and cared for individuals. Despite the impacts of COVID19 on the last stage of the project, the key outcomes were met. 75% of carers reported improved physical and mental health. 68% of carers were engaged in regular earning activities and increasing their household income. 92% of carers were participating in a local carers group and were empowered to advocate for their needs and rights. Strong links were established with local government and service providers resulting in 75% of carers being able to access medical treatment for their disabled or mentally ill relative and over the equivalent of over £620,000 of government schemes being accessed.

Carers Worldwide India continued to implement projects with funding from the Indian-based Live Love Laugh Foundation in partnership with WORD, SPREAD and Ekta and reaching 2,000 people with mental illness and their carers. Carers Worldwide provided strategic, technical and expert support. Additional funding was secured from the Southall Trust to continue to promote services for people with mental illness and their carers.

Programmes – Nepal

Through its work in Nepal, Carers Worldwide works with the carers of people living with mental illness and epilepsy, cerebral palsy and other neurological conditions. During the reporting period, the charity continued to work with two highly experienced local NGOs across urban and rural Nepalese communities.

Kathmandu Valley – Self-Help Group Cerebral Palsy (SGCP)

The charity's partnership with Self-Help Group Cerebral Palsy (SGCP), a local organisation working with individuals affected by cerebral palsy and other neurological disorders, primarily in the Kathmandu Valley continued. The project "Care for Carers: empowering parents of disabled children in Nepal" funded by the National Lottery Community Fund Rebuilding Nepal programme was impacted by the COVID19 pandemic and as a result the project period has been extended into 2021. All of the carers and families involved in the project were included in SGCP's extensive COVID19 response, which included access to food relief and the extension of existing mental health support.

Baglung and Myagdi districts, Western Region – LEADS Nepal

The charity's two-year project "Promoting social and economic empowerment of carers by strengthening women-led Carers Associations", funded by a UK Aid Direct Jo Cox Memorial Strengthening Grant continued in partnership with LEADS Nepal. The project is proving effective in extending and consolidating the work of the two Carers Associations and two Carers Cooperatives promoted by the charity and LEADS Nepal during their previous UK Aid Direct funded project (2014 – 2017). The gains made in raising awareness of carers' existence, role and needs, lobbying for practical support, and advocating with local government for policy changes and recognition were especially impactful during the COVID19 pandemic since they ensured carers were included in all local COVID19 responses. By pivoting and adapting project activities, with the approval of the UK Aid Direct team, the charity and LEADS Nepal were able to ensure carers were supported with sanitation packages and mental health support. In addition, COVID19 awareness messages disseminated via local radio and social media positively impacted the wider community as well as carers and their families.

Programmes – Bangladesh

The charity continued its partnership with the Centre for Disability in Development (CDD), working with carers in Savar sub-district on the outskirts of Dhaka. An 18-month project funded by the UK Aid Direct Small Charities Challenge Fund was due to end in March 2020 but was granted a no-cost extension to September 2020 due to the impacts of COVID19. With the approval of the UK Aid Direct team, a final phase of activities was implemented to focus on COVID19 response for carers and their families, in particular sanitation packages and mental health support. Additional funds were sourced to provide emergency food packages to families impacted by lockdown. Due to COVID19, an external evaluation of the UK Aid Direct funded project was unable to go ahead as planned, but an internal evaluation was conducted. The results showed that 87% of

carers involved in the project joined a carers support group and gained access to emotional support, advice and information. 97% of carers surveyed at the end of the project reported an improvement in their physical and/or mental health. The families of all carers who had received livelihoods support through the project ended the period living above the poverty line. Most significantly, local and national government agencies became closely involved in the project and its activities and were committed to continuing to extend support to carers in the area. The project funded by the Guernsey Overseas Aid Commission, focussed on promoting sustainable livelihoods and alternative care options, was also impacted by COVID19 and the project period was extended into 2021. At the end of 2020, funding was secured from the Randal Charitable Foundation to continue running two Community Caring Centres providing education and therapy to children with complex disabilities and respite for their mothers.

Policy work

The charity has continued to amplify the voice of carers and promote their inclusion through its focus on advocacy and campaigning work from village through to district and state level in all three countries of operation. This has been especially critical this year in order to ensure the inclusion of carers into COVID19 relief and response activities as well as the consideration of their needs in 'building back better' programmes. The four State Level Carers Forums in India continued to extend their reach and supported the charity's work with state level governments on implementation of the Rights of Persons with Disabilities Act 2016 and the Mental Health Act 2017. The charity published a Policy Review of existing legislation and policies in India that can be utilised or revised to promote inclusion of carers.

The charity completed two evaluations of its work with carers in Bangladesh and in Odisha, India. The positive results demonstrated the impact of the charity's work, further evidencing the effectiveness of its approach and in turn strengthening its policy work.

Networking

The charity continued to raise its profile and spread awareness of the relevance of working with carers in low and middle income countries with a range of other charities, organisations and funders, both within the UK and on the international stage. The spotlight thrown on carers as a result of the COVID19 pandemic drew new interest in the charity. The Executive Director continued to represent the charity on the international stage through the charity's membership of the International Alliance of Carer Organisations (IACO). His advisory work on the "Embracing Carers" global advocacy campaign led by Merck Pharmaceuticals gave opportunities to promote the voice of carers from low and middle income countries and to bring their issues to a global platform. The Executive Director also engaged in conferences and webinars with the Down Syndrome community, Pallium India (on the topic of palliative care), and attended a series of roundtable events on aging organised by Ashoka US and aimed at promoting new approaches to aging and care.

Financial Review

The statement of financial activities shows an income of £349,180 and expenditure of £249,792 during the period.

The impact of COVID19 on the funding streams available for charities across the sector, and in particular for those working internationally, was significant. The charity responded by engaging with existing supporters, adapting events fundraising to go virtual, and intensifying its interactions with those Trusts and Foundations still open to funding international work. It continued to target institutional donors but in a context of additional pressures on aid funding and the merger of the UK Government's Department for International Development and Foreign Office. The charity also undertook consultancy assignments as part of its involvement with the International Alliance of Carer Organisations and which were judged to be in line with its charitable objects. During the period, the charity continued to receive significant multiyear grants from the National Lottery Community Fund, the Commonwealth Foundation and the Department of International Development (through its UKAid Direct fund). These are restricted funds for four large scale programmes and the majority of the funds received are dispersed to our partner organisations in India, Nepal and Bangladesh.

The charity completed a multiyear grant from the Andrews Charitable Trust to support the strategic direction of the organisation and received a further one year of funding to support the initiation of the new 10 year vision. Following a detailed review of the current grant agreements, the grant from the Andrews Charitable Trust was identified as meeting all 3 tests for income recognition as set out in the Charities SORP FRS 102 (2019) at the point of signing of the agreement. The tests, as laid out in the SORP, are

- 1) does the charity have entitlement to the funds
- 2) is the grant payment probable and
- 3) can the monetary value be measured reliably

The grant provided by the Andrews Charitable Trust will be paid in 2 instalments, one in 2020 and one in 2021. However, in accordance with the accounting treatment required by the SORP, the total grant awarded (£50,000) is recognised as income in the 2020 accounts.

The Rangoonwala Foundation (India) Trust (RFIT) completed its support of the charity's work in Odisha state in India and the Live Love Laugh Foundation (TLLLF) in India continued to support activities in Odisha. Funds from RFIT and TLLLF are dispersed directly from the Trusts in India to the partner organisations in India and to Carers Worldwide India. No funds are received by Carers Worldwide in the UK. The charity's project activities and COVID19 relief efforts were also supported by the Guernsey Overseas Aid Commission, the Gilchrist Educational Trust, the Souter Charitable Trust, the Thomas Cook Children's Charity, Embracing Carers, Boehringer Ingelheim, Ashoka (through its Making More Health partnership with Boehringer Ingelheim), Kit4Carers, the James McNab Trust, the Randal Charitable Foundation, the Rangoonwala Foundation, the Eleanor Rathbone Charitable Trust, the Skoll Foundation and the Southall Trust. The charity was grateful to receive increased support from individual donors through one-off donations, regular giving and virtual events. Particularly in the context of the COVID19 pandemic, the charity extends thanks and appreciation to all its supporters for their belief in its work and their efforts towards raising funds.

Income increased in comparison to 2019 and expenditure reduced slightly. The majority of funds were dispersed to the charity's partner organisations in India, Nepal and Bangladesh to implement programmes which have now impacted the lives of almost 75,000 individuals: 12,264 carers, the 12,499 relatives living with a disability or mental ill-health for whom they care and 49,056 family members

The income for the period was spent wholly on charitable activities and enabled the activities outlined above to be conducted.

Reserves and reserves policy

The Trustee-Directors revised its reserves policy during the year and now looks to retain unrestricted reserves of £40,000 (increased from £30,000) or 3 months operating costs (whichever is the largest) to ensure the charity can continue its operations in the short term while seeking further funding as necessary. During this period, funds remained above the reserves level at all times. The level of reserves is presented to the Trustee-Directors at each Board meeting and the reserves policy is formally reviewed annually by the Board. At year end, the charity had free reserves of £139,815.

Risk Management

The Trustee-Directors have reviewed the risks to which a small charity operating overseas with limited funding and only four employees is exposed. The additional risks presented by the COVID19 pandemic were reviewed on an ongoing basis and appropriate mitigating actions put in place. Financial management reports are used to identify and monitor financial risks monthly. The strong network of volunteers, careful use of consultants and the experience and expertise of the Trustee-Directors are judged to mitigate the risk of only having four paid staff members, and this is reviewed regularly. A Risk Register is maintained which is approved by the Trustee-Directors, with specific areas of monitoring oversight assigned to named Trustee-Directors. This is discussed at each Board meeting and reviewed in full annually.

Safeguarding

Carers Worldwide is committed to ensuring the safety and wellbeing of everyone with whom it works, including carers, the individuals for whom they care and their families, as well as of the partner staff with whom we work and our own staff, trustees and volunteers. The Trustees review the charity's suite of safeguarding policies and procedures, including its code of conduct annually.

Directors of the company during the year to 31st December 2020 were:

Siân Edwards
Sarah Ridley
Susan Taylor (to July 2020)
Alastair Page
Christopher Underhill
Dhanya Vamadevan (from July 2020)

All currently serving directors were also in place at the date when the directors' report and accounts were approved. All directors are also trustees.

Ruth Patil, Company Secretary

Anil Patil, Executive Director

Statement of Directors' Responsibilities

The Charities Acts and the Companies Acts require the Board of Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity as at the end of the financial year and of the surplus or deficit of the charity.

In preparing those financial statements the Board is required to:-

- select suitable accounting policies and then apply them consistently
- make judgements and estimates that are reasonable and prudent
- state whether applicable accounting standards and statements of recommended practice have been followed subject to any departure disclosed and explained in the financial statements
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue to operate.

The trustees are also responsible for maintaining adequate accounting records which disclose with reasonable accuracy at any time the financial position of the charity and which are sufficient to show and explain the charity's transactions and enable them to ensure that the financial statements comply with regulations made under the Charities Act. *

They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are also responsible for the contents of the trustees' report, and the responsibility of the independent examiner in relation to the trustees' report is limited to examining the report and ensuring that, on the face of the report, there are no inconsistencies with the figures disclosed in the financial statements.

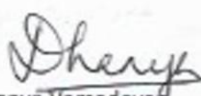
The trustees are responsible for the maintenance and integrity of the charity and financial information included on the charity's website.

Method of preparation of accounts

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

This report was approved by the board of directors on: **26th March, 2021**

Director:


Name: Dhanya Vamadevan

Date: **26 March 2021**

Carers Worldwide

Independent Examiner's Report to the directors of Carers Worldwide (a company limited by guarantee)

I report on the financial statements of the company for the period ended 31 December 2020 as set out on pages 16 to 25.

This report is made solely to the charity's trustees, as a body, in accordance with Section 145 of the Charities Act 2011. My work has been undertaken so that I might state to the charity's trustees those matters I am required to state to them in this report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the charity and the charity's trustees as a body, for my work, for this report, or for the opinions I have formed.

Respective responsibilities of trustees and examiner

The charity's trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of financial statements. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the '2011 Act') and that an independent examination is needed.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the financial statements under section 145 of the 2011 Act
- to follow the procedures laid down in the General Directions given by the Charity Commission under section 145(5) of the 2011 Act; and
- to state where particular matters have come to my attention

Basis of the independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the financial statements presented with those records. It also includes consideration of any unusual items or disclosures in the financial statements and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the financial statements present a 'true and fair view' and the report is limited to those matters set out in the statements below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- a) Which gives me reasonable cause to believe that in any material respect the requirements:
- to keep accounting records in accordance with section 386 of the Companies Act 2006; and
 - to prepare financial statements which accord with the accounting records and to comply with the accounting requirements of the section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities have not been met; or

- b) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the financial statements to be reached.

K.S. Cook

Karon Cook FCA
Infinity Accountants Ltd

1 Therapia Road
London, SE22 0SF

12/6/21

Date:

Statement of Financial Activities

For the year ended 31 December 2020

Carers Worldwide

	Notes	Unrestricted Funds 31st Dec 2020 £	Restricted Funds 31st Dec 2020 £	Total Funds 31st Dec 2020 £	Unrestricted Funds 31st Dec 2019 £	Restricted Funds 31st Dec 2019 £	Total Funds 31st Dec 2019 £
Income and Endowments from:							
Donations and legacies	4	33,245	-	33,245	31,805	-	31,805
Charitable Activities	5	92,273	223,446	315,719	150	304,875	305,025
Other	6	216	-	216	171	-	171
Total		125,734	223,446	349,180	32,126	304,875	337,001
Expenditure on:							
Raising Funds	7	678	170	848	910	3,554	4,464
Charitable Activities	8	41,715	207,229	248,944	12,739	252,044	264,783
Total		42,393	207,399	249,792	13,649	255,598	269,247
Net income/(expenditure)		83,341	16,047	99,388	18,477	49,277	67,754
Transfer of funds		4,181	(4,181)	-	-	-	-
Net movement in funds		87,522	11,866	99,388	18,477	49,277	67,754
Reconciliation of funds:							
Total Funds brought forward		71,413	120,361	191,774	52,936	71,084	124,020
Total funds carried forward		158,935	132,227	291,162	71,413	120,361	191,774

The statement of financial activities includes all gains and losses in the year.

All incoming resources and resources expended derive from continuing activities

Balance Sheet

For the year ended 31 December 2020

Carers Worldwide

Company Number 08083816	Notes	2020 £	2020 £	2019 £	2019 £
Fixed Assets					
Tangible Assets	10		1,267		1,067
Total Fixed Assets			1,267		1,067
Current Assets:					
Debtors	11	45,178		900	
Cash at bank and in hand		245,797		193,815	
Liabilities					
Creditors: amounts falling due within one year	12	1,080		4,008	
Net current assets			289,895		190,707
Total assets less current liabilities			291,162		191,774
Creditors: amounts falling due after one year					
Net Assets	13		291,162		191,774
The Funds of the Charity:					
Restricted income Funds	13		132,227		120,361
Unrestricted income funds			158,935		71,413
Total Charity Funds	14		291,162		191,774

The notes form part of these financial statements

The Trustees acknowledge their responsibilities for complying with the requirements of the Companies Act 2006. Under Companies Act 2006, Section 454, on a voluntary basis, the trustees can amend these financial statements if they subsequently prove to be defective.

The Directors of the Company acknowledge their responsibilities for:

- ensuring the company keeps accounting records which comply with Section 386 Companies Act 2006.
- preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of the financial period and of its statement of financial affairs for the period in accordance with the requirements of Sections 394 and 395 Companies Act 2006 and which otherwise complies with the requirements of the Act relative to accounts so far as they are applicable to the company.

The charity is entitled to exemption from audit under section 475 and 477 of the Companies Act 2006 relating to small companies and no members have deposited a notice requiring an audit to be carried out.

Approved by the Directors and signed on its behalf:

Date: 26 March 2021

Director:

Name: Dhanya Vamadevan

Notes to the accounts

For the year ended 31 December 2020

Carers Worldwide

Accounting Policies

1. Basis of Preparation of the accounts

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), the Update Bulletin to the Charities SORP (FRS 102) and the Companies Act 2006.

The Charity constitutes a public benefit entity as defined by FRS 102.

The Trustees consider that there are no material uncertainties about the Charity's ability to continue as a going concern.

The charity has taken advantage of the exemption in the Update Bulletin amending the Charities SORP (FRS 102) from the requirement to produce a cash flow statement on the grounds it does not qualify as a large company.

Accounting Convention

The financial statements are prepared on a going concern basis, under historical cost convention.

Income

All incoming resources are included in the Statement of Financial Activities when the Trust is legally entitled to the income, it is probable that the income will be received, and the amount can be quantified with reasonable accuracy.

Expenditure

Charitable Expenditure

This comprises all expenditure directly relating to the objectives of the charity.

Governance costs

This comprises the costs of running the charity itself as an organisation.

Depreciation Policy

Capital Assets are defined as a unit of property that:

- (1) has an economic useful life that extends beyond 12 months; and
- (2) was acquired for a cost of over £100

Capital Assets are depreciated over 4 years (25% each year).

Debtors

Debtors are recognised at the settlement amount due. Prepayments are valued at the amount prepaid.

Creditors

Creditors and provisions are recognised where there is a present obligation from a past event that will probably result in the transfer of funds to a third party and the amount due can be measured or estimated reliably. They are recognised at the settlement amount due.

Cash

Cash at bank and in hand includes cash and short term highly liquid investments with a maturity of three months or less from the date of acquisition of opening of the deposit or similar account.

Currency of financial statements

The financial statements are prepared in sterling which is the functional currency of the charity.

Taxation

As a registered charity, the company is exempt from income and corporation tax to the extent that its income and gains are applicable to charitable purposes only. Value Added Tax is not recoverable by the company and is therefore included in the relevant costs in the Statement of Financial Activities.

2. Winding up or dissolution of the charity

If upon winding up or dissolution of the charity there remain any assets, after the satisfaction of all debts and liabilities, the assets represented by the accumulated fund shall be transferred to some other charitable body or bodies having similar objectives to the charity.

3 Expenses paid to Directors or persons connected with Directors

Year to 31st Dec 2020	Year to 31st Dec 2019
£	£

The aggregate amount of expenses paid to directors was

4 Income from Donations and Legacies

	Year to 31st Dec 2020 Unrestricted Funds £	Year to 31st Dec 2020 Restricted Funds £	Year to 31st Dec 2020 Total £	Year to 31st Dec 2019 £
Donations	28,340	-	28,340	31,805
Gift Aid	4,905	-	4,905	-
Income from Donations and Legacies	33,245	-	33,245	31,805

5 Income from Charitable Activities

	Year to 31st Dec 2020 Unrestricted Funds £	Year to 31st Dec 2020 Restricted Funds £	Year to 31st Dec 2020 Total £	Year to 31st Dec 2019 £
Grants	70,332	223,446	293,778	304,875
Contractual income	21,941	-	21,941	150
Income from Charitable Activities	92,273	223,446	315,719	305,025

6 Other

	Year to 31st Dec 2020 Unrestricted Funds £	Year to 31st Dec 2020 Restricted Funds £	Year to 31st Dec 2020 Total £	Year to 31st Dec 2019 £
Bank deposit interest received	121	-	121	171
T-Shirt donation	95	-	95	-
Other income	216	-	216	171

7 Expenditure on Raising funds

	Year to 31st Dec 2020 Unrestricted Funds £	Year to 31st Dec 2020 Restricted Funds £	Year to 31st Dec 2020 Total £	Year to 31st Dec 2019 £
Fund raising costs	678	170	848	4,464
Other income	678	170	848	4,464

8 Expenditure On Charitable activities

a) Grants payable

During the period grants totalling £133,715 (2019 £137,368) were made to the following recipients

	Year to 31st Dec 2020	Year to 31st Dec 2020	Year to 31st Dec 2020	Year to 31st Dec 2019	Year to 31st Dec 2019	Year to 31st Dec 2019
	Unrestricted Funds	Restricted Funds	Total	Unrestricted Funds	Restricted Funds	Total
	£	£	£	£	£	£
Sacred	-	5,409	5,409	-	10,195	10,195
NSUK	-	7,649	7,649	-	4,071	4,071
Somaha	-	6,383	6,383	-	5,147	5,147
SGCP	-	24,000	24,000	1,039	19,000	20,039
CDD	-	38,661	38,661	-	41,744	41,744
Carers Worldwide India	-	12,029	12,029	-	22,622	22,622
NIMHANS	-	-	-	-	753	753
Margadarshi	-	8,293	8,293	-	4,457	4,457
EKTA	-	2,689	2,689	-	879	879
SPREAD	-	2,354	2,354	-	-	-
Leeds	-	26,648	26,648	170	27,291	27,461
Total institutional grants	-	133,715	133,715	1,209	136,159	137,368
Total grants to individuals	-	-	-	-	-	-
Total grants paid	-	133,715	133,715	1,209	136,159	137,368

b) Activities undertaken directly

	Year to 31st Dec 2020	Year to 31st Dec 2020	Year to 31st Dec 2020	Year to 31st Dec 2019	Year to 31st Dec 2019	Year to 31st Dec 2019
	Unrestricted Funds	Restricted Funds	Total	Unrestricted Funds	Restricted Funds	Total
	£	£	£	£	£	£
Trainings and meetings	-	-	-	-	836	836
Studies	-	-	-	-	1,000	1,000
Fees for services	-	-	-	-	1,129	1,129
Project evaluation	-	2,301	2,301	-	-	-
Total Activities undertaken directly	-	2,301	2,301	-	2,965	2,965

c) Other Charitable Activities costs

	Year to 31st Dec 2020	Year to 31st Dec 2020	Year to 31st Dec 2020	Year to 31st Dec 2019	Year to 31st Dec 2019	Year to 31st Dec 2019
	Unrestricted Funds	Restricted Funds	Total	Unrestricted Funds	Restricted Funds	Total
	£	£	£	£	£	£
Salaries, Employers NI contributions and Overseas Associates	32,944	53,496	86,440	3,568	76,242	79,810
Depreciation	400	-	400	130	574	724
Travel and subsistence	609	1,510	2,119	4,334	15,365	19,699
Postage	80	206	286	30	129	159
Stationery	121	335	456	19	345	364
Phone	20	110	130	39	226	265
IT	716	3,524	4,240	-	1,144	1,144
Other	3,835	2,626	6,461	292	3,143	3,435
Recruitment costs	-	395	395	-	325	325
Consultancy costs	1,763	7,758	9,521	-	11,600	11,600
Subscriptions	147	408	555	-	137	137
Accountancy fees	-	-	-	780	13	793
Examiner's remuneration	1,080	-	1,080	900	-	900
Trustee meeting expenses	-	-	-	1,418	160	1,578
Total Support costs	41,715	71,213	112,928	11,530	112,920	124,450
Total Expenditure on charitable Activities	41,715	207,229	248,944	12,739	252,044	264,783

Charitable activity expenditure is allocated to restricted income funds according to the actual expenditure incurred on each project except for salaries where it is apportioned according to time spent on each project.

9 Staff costs and emoluments

	Year to 31st Dec 2020	Year to 31st Dec 2019
	£	£
Gross salaries	81,954	70,893
Employer National Insurance contributions	2,916	3,026
Employer's pension contributions	5,149	5,891
Furlough income from HMRC	(3,579)	-
	<u>86,440</u>	<u>79,810</u>
Numbers of full time employees or full time equivalents		
Engaged in management and administration	<u>4</u>	<u>3</u>

In 2020, key management personnel received total compensation of £ 46,937 (2019: £41,077)

No employee received remuneration above £60,000 in 2020 or 2019

4 volunteers were used by the charity during 2020 (2019: 5)

10 Tangible fixed assets

	Year to 31st Dec 2020	Year to 31st Dec 2019
	Office Equipment	Office Equipment
	£	£
Cost		
Brought forward at 1 Jan	3,465	3,179
Additions	600	286
Disposals	-	-
Carried forward at 31 Dec	<u>4,065</u>	<u>3,465</u>
Depreciation		
Brought forward at 1 Jan	2,398	1,674
Charge in the year	400	724
Eliminated on disposal	-	-
Carried forward at 31 Dec	<u>2,798</u>	<u>2,398</u>
Net book value at 31 Dec	<u>1,267</u>	<u>1,067</u>

11 Debtors

	Year to 31st Dec 2020	Year to 31st Dec 2019
	£	£
Gift Aid recoverable	256	221
Accrued income	44,422	546
Staff expenses	500	133
	<u>45,178</u>	<u>900</u>

12	Creditors: amounts falling due within one year	Year to 31st Dec 2020	Year to 31st Dec 2019
		£	£
	Accrued Expenses	1,080	4,008
		<u>1,080</u>	<u>4,008</u>

13 Restricted Income Funds

2020	31 December 2019	Income	Expenditure	Transfer of funds	Balance c/f at 31 December 2020
	£	£	£		£
Andrews Charitable Trust 1	125	-	(98)	(27)	-
Andrews Charitable Trust 2	4,154	-	-	(4,154)	-
Ashoka	-	7,574	(395)	-	7,179
National Lottery Community Fund	31,034	14,538	(23,778)	-	21,794
Boehringer Ingelheim	1,387	-	(1,387)	-	-
Commonwealth Foundation	35,773	50,000	(47,264)	-	38,509
Embracing Carers	22,666	20,000	(21,272)	-	21,394
Gilchrist Educational Trust	1,642	-	(1,642)	-	-
Guernsey Overseas Aid Commission	3,658	19,422	(21,484)	-	1,596
Kit 4 Carers	-	12,530	(6,651)	-	5,879
James McNab Trust	-	2,000	-	-	2,000
Major Donors	-	10,000	(10,000)	-	-
Randal Charitable Foundation	-	10,000	-	-	10,000
Rangonwala Foundation	-	8,000	(8,000)	-	-
Eleanor Rathbone Charitable Trust	-	1,000	-	-	1,000
Skoll Foundation	-	7,500	-	-	7,500
Souter Charitable Trust	3,000	2,600	(3,000)	-	2,600
Southall Trust	-	5,000	(4,309)	-	691
Thomas Cook Childrens Charity	5,442	-	(5,442)	-	-
UK Aid Direct (SCCF)	2,555	5,616	(7,907)	-	264
UK Aid Direct (JCMG)	8,925	47,666	(44,770)	-	11,821
	<u>120,361</u>	<u>223,446</u>	<u>(207,399)</u>	<u>(4,181)</u>	<u>132,227</u>

2019	Balance c/f at 31 December 2018	Income	Expenditure	Balance c/f at 31 December 2019
	£	£	£	£
Andrews Charitable Trust	-	50,000	(49,875)	125
Andrews Charitable Trust	4,154	-	-	4,154
National Lottery Community Fund	33,412	29,076	(31,454)	31,034
Boehringer Ingelheim	-	5,237	(3,850)	1,387
Commonwealth Foundation	2,231	90,000	(56,458)	35,773
Embracing Carers	16,500	16,200	(10,034)	22,666
Gilchrist Educational Trust	1,500	142	-	1,642
Guernsey Overseas Aid Comms	-	19,422	(15,764)	3,658
Souter Charitable Trust	-	3,000	-	3,000
Wyn and Ken Lo Memorial Foundation	772	-	(772)	-
Thomas Cook Childrens Charity	-	5,442	-	5,442
Wellcome Trust	4,352	2,995	(7,347)	-
UK Aid Direct (SCCF)	8,163	30,514	(36,122)	2,555
UK Aid Direct (JCMG)	-	52,847	(43,922)	8,925
	<u>71,084</u>	<u>304,875</u>	<u>(255,598)</u>	<u>170,361</u>

Description of restricted income funds

Andrews Charitable Trust

The Andrews Charitable Trust grant was awarded for a period of three years from June 2017 to May 2020 to support organisational capacity, primarily in fundraising and communications, as well as to support the conducting of a feasibility study and initial piloting of a social enterprise approach to paid-for care in India. A further one year grant was awarded from June 2020 to support the next phase of the organisation's growth.

Ashoka

A grant was awarded through the Making More Health partnership to support the charity during the COVID19 pandemic.

National Lottery Community Fund

The National Lottery Community Fund grant was awarded as part of the Fund's Rebuilding Communities grant programme for Nepal. It is for a three year project running from November 2016 to October 2019, extended to July 2020, promoting the social, emotional, medical and economic wellbeing of 500 carers, mostly mothers, of children with cerebral palsy and other neurological disorders in the Kathmandu valley, run in partnership with Cerebral Palsy Nepal (SGCP). Due to the COVID19 pandemic the grant period was extended into 2021.

Boehringer Ingelheim

The grant from Boehringer Ingelheim was to support the publication of our 2019 Impact Report and the costs of a supporter event held to showcase our achievements and publicise our future plans.

Commonwealth Foundation

The grant from the Commonwealth Foundation is for a four year project being implemented across four states in India and also at national level in partnership with six of our partner organisations: NIMH, SACRED, SAMUHA, Ikta, SPREAD and WORD. The project, which runs from October 2018 to September 2022 is entitled "Family caregiving and public policy in India" and will create new opportunities for recognition and support of carers of those living with a disability or mental health condition.

Embracing Carers

A donation from Embracing Carers has been given to support the charity's advocacy work in India, specifically to allow them to organise and deliver one state level and one national level workshop to engage stakeholders in discussions about policy relating to carers and to promote state and national level carers forums. A second donation was given during 2020 to support the charity's work with its partner organisations during the COVID19 pandemic and to raise awareness of the needs of carers and advocate for their inclusion in COVID19 responses.

Gilchrist Educational Trust

The grant from the Gilchrist Educational Trust was given for a 12 month project running from July 2018 to July 2019, which is supporting 52 child carers and their families in Nepal, enabling them to re-engage with education and gain support from their peers and the community.

Guernsey Overseas Aid Commission

The grant from the Guernsey Overseas Aid Commission was awarded to promote the social and economic inclusion of 300 homebased family carers of people with mental illness or disabilities in the sub-district of Savar, on the outskirts of Dhaka, Bangladesh. The project is in partnership with the Centre for Disability in Development and runs from June 2019 – May 2020. Due to the COVID19 pandemic the grant period was extended into 2021. This grant is from the UK Government.

Kit 4 Carers

Kit 4 Carers provided a grant to enable manufacture and distribution of masks, PPE and hygiene kits to carers, family members and frontline workers in Karnataka, India in collaboration with our partners SAMUHA and Margadarshi. A second grant was awarded to support our initiatives promoting carer mental health with our partners in Odisha.

James McNab Trust

The grant from the James McNab Trust was towards the charity's COVID19 appeal.

Major Donors fund

A donation from a donor who wishes to remain anonymous was received to support COVID19 emergency responses for children with cerebral palsy and other neurological conditions, their carers and family members in partnership with SGCP, Nepal.

Randall Charitable Foundation

The grant from the Randall Charitable Foundation was awarded for a project conducted in partnership with the Centre for Disability in Development to support the ongoing operation of two Community Caring Centres in Savar sub-district, Dhaka, Bangladesh, providing education and therapy opportunities to children with complex disabilities and respite to their carers.

Rangonwala Foundation

The Rangonwala Foundation provided a grant for the provision of emergency food relief to 508 carers and their families in Savar sub-district, Dhaka, Bangladesh during the COVID19 pandemic in partnership with the Centre for Disability in Development.

Eleanor Rathbone Charitable Trust

The Eleanor Rathbone Charitable Trust provided a grant in support of health camps for carers, implemented in partnership with the Centre for Disability in Development in Savar sub-district, Dhaka, Bangladesh.

Skoll Foundation

The Skoll Foundation provided a grant to support the charity's implementation of a digital strategy to aid in raising awareness of the need for targeted support and social protection for family carers in low and middle income countries.

Souter Charitable Trust

The grant from the Souter Charitable Trust was awarded to support a project conducted in partnership with the Centre for Disability in Development to promote access to aids and appliances for children and adults with disabilities in Savar sub-district, Dhaka, Bangladesh and in so doing, reduce some of the physical impacts of caring on family carers. An additional grant was received to support a project in partnership with the Shree Sri Special Academy, establishing Community Education and Caring Centres in Bangalore, India. The project has been delayed due to the COVID19 pandemic and will commence in 2021.

Southall Trust

The Southall Trust provided a grant to support the charity's work in partnership with Uktu and SPREAD in Koraput district, Odisha, India promoting services for people living with mental illness and epilepsy and their carers and facilitating access to medical care.

Thomas Cook Children's Charity

The grant from the Thomas Cook Children's Charity was awarded for a project conducted in partnership with the Centre for Disability in Development to promote access to aids and appliances for children and adults with disabilities in Savar sub-district, Dhaka, Bangladesh and in so doing, reduce some of the physical impacts of caring on family carers.

UK Aid Direct (Small Charities Challenge Fund)

The UK Aid Direct grant is for a project in partnership with the Centre for Disability in Development, which aims to transform the lives of 500 carers and their immediate family members in Savar sub-district on the outskirts of Dhaka, the capital of Bangladesh, over a period of 18 months from October 2018 to March 2020. Due to the COVID19 pandemic the grant period was extended to September 2020. This grant is from the UK Government.

UK Aid Direct (Jo Cox Memorial) Strengthening Grant

The second UK Aid Direct grant is for a project in partnership with LEADS Nepal which aims to promote the social and economic inclusion of carers in Baglung and Myagdi districts, western Nepal through the strengthening of women-led Carers Associations. The project period is April 2019 – March 2021. This grant is from the UK Government.

	2019/20	2020/21	2021/22	2022/23	2023/24	2024/25
UK Aid Direct (Small Charities Challenge Fund)	1,111,111	1,111,111	1,111,111	1,111,111	1,111,111	1,111,111
UK Aid Direct (Jo Cox Memorial) Strengthening Grant	1,111,111	1,111,111	1,111,111	1,111,111	1,111,111	1,111,111
Other grants	1,111,111	1,111,111	1,111,111	1,111,111	1,111,111	1,111,111
Total	3,333,333	3,333,333	3,333,333	3,333,333	3,333,333	3,333,333

14 Analysis of Total Funds

2020	Fixed Assets	Debtors	Cash at Bank	Creditors	Total
	£	£	£	£	£
Unrestricted funds	668	25,756	133,591	(1,080)	158,935
Andrews Charitable Trust 1	100	-	(100)	-	-
Andrews Charitable Trust 2	-	-	-	-	-
Ashoka	-	-	7,179	-	7,179
National Lottery Community Fund	-	-	21,794	-	21,794
Commonwealth Foundation	-	-	38,509	-	38,509
Embracing Carers	-	-	21,394	-	21,394
Guernsey Overseas Aid Commission	-	19,422	(17,826)	-	1,596
Kit 4 Carers	-	-	5,879	-	5,879
James McNab Trust	-	-	2,000	-	2,000
Randal Charitable Foundation	-	-	10,000	-	10,000
Eleanor Rathbone Charitable Trust	-	-	1,000	-	1,000
Skoll Foundation	-	-	7,500	-	7,500
Souter Charitable Trust	-	-	2,600	-	2,600
Southall Trust	-	-	691	-	691
UK Aid Direct (SCCF)	499	-	(235)	-	264
UK Aid Direct (JCMG)	-	-	11,821	-	11,821
Balance of Funds at 31st December 2020	1,267	45,178	245,797	(1,080)	291,162

A sum of £17,853 was received in 2020 from the International Alliance of Carer Organisations for fulfilment of a contract and this amount is included in unrestricted reserves. It is however ring-fenced for a specific project and is therefore not included in free reserves.

2019	Fixed Assets	Debtors	Cash at Bank	Creditors	Total
	£	£	£	£	£
Unrestricted Fund	368	900	74,153	(4,008)	71,413
Commonwealth Foundation	-	-	35,773	-	35,773
UK Aid Direct (SCCF)	499	-	2,056	-	2,555
Souter Charitable Trust	-	-	3,000	-	3,000
Andrews Charitable Trust 1	200	-	(75)	-	125
Andrews Charitable Trust 2	-	-	4,154	-	4,154
Boehringer Ingelheim	-	-	1,387	-	1,387
National Lottery Community Fund	-	-	31,034	-	31,034
UK Aid Direct (JCMG)	-	-	8,925	-	8,925
Embracing Carers	-	-	22,666	-	22,666
Gilchrist Educational Trust	-	-	1,642	-	1,642
Guernsey Overseas Aid Commis	-	-	3,658	-	3,658
Thomas Cook Childrens Charity	-	-	5,442	-	5,442
Balance of Funds at 31st December 2019	1,067	900	193,815	(4,008)	191,774

15 Related Party Transactions

There were no related party transactions in the reporting period (2019: none)